

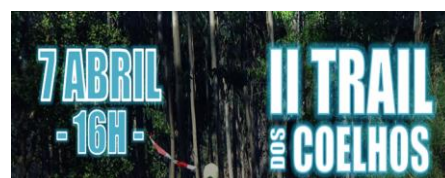


Nome da Prova: II Trail dos Coelhos - PesoNeutro

Organizador: Ginásio PesoNeutro - Guia

Classe: Trail

Categoria: Geral Absoluta



Pos	Dorsal	Chip	Atleta	Sexo	Categoria	Equipa	Prova	6.0 km	Ritmo	Tempo
1	40	630	Licínio Carreira	M	Master M		Trail 15km	0:30:57	4:42	1:10:36
2	18	610	Orlando Pires	M	Master M	Formobikettrailrunning	Trail 15km	0:30:56	4:43	1:10:56
3	57	647	Bruno Filipe	M	Elite M	Individual	Trail 15km	0:31:48	4:49	1:12:26
4	6	579	Mauro Moderno	M	Elite M	Inércia Sport Clube	Trail 15km	0:33:02	5:04	1:16:02
5	95	685	Paulo Ferreira	M	Elite M	Clube Desportivo Ribeirense	Trail 15km	0:32:50	5:10	1:17:40
6	36	626	Joaquim Duarte	M	Elite M	GT RUNNING	Trail 15km	0:33:59	5:11	1:17:48
7	47	637	Rui Cadete	M	Elite M	Lama Solta	Trail 15km	0:34:16	5:12	1:18:08
8	74	664	Joel Couto	M	Elite M		Trail 15km	0:33:59	5:12	1:18:11
9	79	669	Fábio Rodrigues	M	Elite M	Nao	Trail 15km	0:34:34	5:13	1:18:17
10	97	687	André Fernandes	M	Master M	Grupo Alegre Unido Bajouca	Trail 15km	0:34:42	5:15	1:18:54
11	35	625	João Branco	M	Elite M	Ocr Portugal Lab	Trail 15km	0:34:34	5:20	1:20:04
13	68	658	Milton Branco	M	Elite M		Trail 15km	0:36:30	5:21	1:20:18
12	19	611	Ricardo Nunes	M	Elite M	ACRM SILVEIRINHA GRANDE CLAR.	Trail 15km	0:34:02	5:21	1:20:27
14	78	668	Joel Oliveira	M	Elite M	Inércia Sport Clube	Trail 15km	0:34:40	5:25	1:21:27
15	14	606	Celso Fernandes	M	Elite M		Trail 15km	0:35:29	5:32	1:23:05
16	32	622	Martinho Pedrosa	M	Master M	Individual	Trail 15km	0:38:31	5:41	1:25:26
17	53	643	Paulo Neves	M	Elite M	Lama Solta	Trail 15km	0:36:47	5:43	1:25:54
18	91	681	Renato Santos	M	Elite M	Individual	Trail 15km	0:38:01	5:57	1:29:28
19	46	636	Ricardo Ribeiro	M	Elite M	Grupo Cicloturismo Barquinense	Trail 15km	0:39:41	6:01	1:30:15
20	25	617	João Batista Batista	M	Elite M	Inércia Sport Clube	Trail 15km	0:38:49	6:01	1:30:21
21	54	644	Luis Oliveira	M	Elite M	Lama Solta	Trail 15km	0:39:08	6:01	1:30:23
22	73	663	Filipe Oliveira	M	Master M	Conquista Ginásio	Trail 15km	0:38:49	6:03	1:30:57
23	56	646	MARCIO DUARTE	M	Elite M	GT RUNNING	Trail 15km	0:40:23	6:04	1:31:09
24	43	633	Marco Reis	M	Elite M	Grupo Alegre Unido Bajouca	Trail 15km	0:40:12	6:12	1:33:01
25	87	677	Luis Henriques	M	Master M	Pisopedal	Trail 15km	0:42:13	6:16	1:34:12
26	48	638	Miguel Eugénio	M	Elite M		Trail 15km	0:38:57	6:22	1:35:40
27	51	641	Gil Ribeiro	M	Elite M	Os Violinos	Trail 15km	0:46:07	6:24	1:36:07
28	67	657	Paulo Fernandes	M	Master M	GDI	Trail 15km	0:42:40	6:25	1:36:26
29	75	665	Renato Alexandre	M	Elite M		Trail 15km	0:41:56	6:26	1:36:43
31	71	661	André Pereira Crespo	M	Elite M		Trail 15km	0:42:27	6:28	1:37:14
30	58	648	Cláudia Torres	F	Elite F	Individual	Trail 15km	0:42:29	6:30	1:37:38
33	84	674	João Duarte	M	Master M	Kiimanjaro 2020	Trail 15km	0:43:21	6:30	1:37:44
32	49	639	Valter Leite	M	Elite M		Trail 15km	0:40:03	6:31	1:37:46
34	89	679	Sandro Vilela	M	Master M	Amigos do descanso	Trail 15km	0:45:42	6:33	1:38:26
35	70	660	João Costa	M	Elite M	Individual	Trail 15km	0:44:35	6:36	1:39:12
36	92	682	Rui Ferreira	M	Master M	Casa do Benfica Figueira da Foz	Trail 15km	0:45:09	6:42	1:40:43
37	72	662	João Pedro Maria	M	Elite M		Trail 15km	0:47:49	6:49	1:42:23
38	33	623	João Fernandes	M	Master M		Trail 15km	0:43:13	6:54	1:43:33
39	64	654	Bruno Miguel Ferreira Simões Lima	M	Elite M	CSCRFCHARNECA	Trail 15km	0:45:33	7:01	1:45:27
40	76	666	Ana Bárbara	F	Elite F		Trail 15km	0:47:33	7:03	1:45:46
41	61	651	Ricardo Martins	M	Elite M		Trail 15km	0:43:24	7:05	1:46:20
42	1	574	Guilherme Gonçalves	M	Master M		Trail 15km	0:46:22	7:09	1:47:28
43	12	604	Carolina Rosa	F	Elite F	Agostinho.inlnda	Trail 15km	0:48:23	7:10	1:47:42
44	30	620	Jorge Crespo	M	Master M		Trail 15km	0:46:53	7:25	1:51:19
45	26	618	André Crespo	M	Elite M		Trail 15km	0:46:50	7:25	1:51:20
46	44	634	Duarte Carvalho	M	Elite M		Trail 15km	0:38:46	7:27	1:51:55
47	66	656	Virgínia Margarida Sintra	F	Elite F	CSCRFCHARNECA	Trail 15km	0:53:16	7:28	1:52:07
48	11	603	Aurea Agostinho	F	Elite F	Agostinho.inlnda	Trail 15km	0:51:58	7:33	1:53:19
49	69	659	Nuno Miguel	M	Master M	Cluve	Trail 15km	0:49:03	7:34	1:53:44
50	77	667	Nelson Fernandes	M	Elite M		Trail 15km	0:46:54	7:34	1:53:44
51	65	655	Carlos António Mota Longo da Conceição	M	Master M	CSCRFCHARNECA	Trail 15km	0:50:03	7:42	1:55:39
52	50	640	Cátia Ferreira	F	Elite F	Os Violinos	Trail 15km	0:50:10	7:47	1:56:53
53	2	575	Goreti Gaudêncio	F	Elite F		Trail 15km	0:52:39	7:49	1:57:15
54	13	605	João Antunes	M	Elite M	Agostinho.inlnda	Trail 15km	0:53:28	7:57	1:59:16
55	62	652	Carolina Longo	F	Elite F	CSCRFCHARNECA	Trail 15km	0:54:46	7:57	1:59:21
56	8	581	Olga Agostinho	F	Master F	Agostinho.inlnda	Trail 15km	0:54:06	8:08	2:02:06
59	80	670	André Delgado	M	Elite M		Trail 15km	0:54:06	8:11	2:02:54
57	63	653	Pascoal Duarte Oliveira	M	Master M	CSCRFCHARNECA	Trail 15km	0:53:17	8:11	2:02:55
58	81	671	Patrícia Bárbara	F	Elite F		Trail 15km	0:53:32	8:11	2:02:55
60	82	672	Liliana Pedrosa	F	Master F	rocket team	Trail 15km	0:59:24	8:38	2:09:43
61	86	676	Silvia Leonardo	F	Master F	Cabritos do Mato	Trail 15km	0:57:35	8:43	2:10:51
62	88	678	André Pinto	M	Elite M	Pinto	Trail 15km	1:00:55	8:47	2:11:56
63	85	675	Alexandra Santos	F	Elite F	Pinto	Trail 15km	1:00:55	8:47	2:11:57
64	42	632	Ricardo Carvalho	M	Master M		Trail 15km	1:04:35	8:48	2:12:09
65	20	612	Sabrina Sintra	F	Elite F		Trail 15km	0:59:07	8:53	2:13:16
66	39	629	Neuza Monteiro	F	Elite F		Trail 15km	0:59:05	8:53	2:13:16
67	17	609	carlos marques	M	Master M	indiv	Trail 15km	1:01:00	8:54	2:13:31
68	3	576	Andreia Dias	F	Elite F	Piordaperna	Trail 15km	1:03:49	9:27	2:21:57
69	34	624	Adriana Cabecinhas	F	Elite F	Ocr Portugal Lab	Trail 15km	1:03:39	9:30	2:22:41
70	96	686	Paulo Cabecinhas	M	Elite M		Trail 15km	1:03:30	9:30	2:22:42
71	38	628	David Cabecinhas	M	Master M		Trail 15km	1:03:33	9:30	2:22:42
72	93	683	Dino Marques	M	Elite M		Trail 15km	1:12:31	9:46	2:26:41
73	83	673	Cláudio Tereso	M	Master M		Trail 15km	1:10:29	10:04	2:31:12
74	15	607	Catarina Duarte	F	Elite F		Trail 15km	1:10:43	10:31	2:37:51
75	7	580	Beatriz Coelho	F	Elite F		Trail 15km	1:10:58	10:34	2:38:32
76	16	608	Sidalina Serra	F	Elite F		Trail 15km	1:10:55	10:37	2:39:27
77	41	631	Margarida Carvalho	F	Master F		Trail 15km	1:04:48	10:55	2:43:46
78	94	684	Miguel Dias	M	Elite M		Trail 15km	1:12:47	11:02	2:45:35
81	22	614	Catarina Ferreira	F	Elite F	Tokandar	Trail 15km	1:21:02	11:38	2:54:42
79	21	613	Sara Carreira	F	Elite F	Tokandar	Trail 15km	1:21:00	11:38	2:54:43
80	31	621	Tânia Carreira	F	Elite F	Tokandar	Trail 15km	1:21:03	11:38	2:54:43
82	24	616	Gonçalo Ferreira	M	Elite M	Tokandar	Trail 15km	1:19:35	11:38	2:54:43