

TRAIL LONGO - STAGE 1

23 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:00	12,6°C	100%
End	13:40	12,6°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	141	Fernando Lemos	gaia trail	Senior Masculino	01:58:37		05:09
2	121	Nuno Fernandes	clube atletismo fafe	Senior Masculino	02:03:51	+05:13	05:23
3	178	André Machado	os santa apolónia	Senior Masculino	02:09:47	+11:09	05:39
4	147	Joaquim Freitas	gdr retorta	Veterano M40	02:10:12	+11:35	05:40
5	120	Mario Castro	clube atletismo fafe	Senior Masculino	02:10:37	+11:59	05:41
6	123	RUI povo	clube atletismo fafe	Veterano M40	02:12:47	+14:10	05:46
7	144	Luis Gil	gaia trail	Veterano M40	02:13:38	+15:00	05:49
8	146	Adelino Martins Da Silva Silva	gdr retorta	Veterano M45	02:17:45	+19:08	05:59
9	175	Filipe Lemos	nortrail	Senior Masculino	02:20:17	+21:40	06:06
10	172	Tiago Soares	moinhos run-adrm	Senior Masculino	02:20:48	+22:11	06:07
11	190	Marcelo Araújo	team trail 3pros15	Senior Masculino	02:22:13	+23:36	06:11
12	239	Flávio Oliveira	gdr retorta	Senior Masculino	02:22:45	+24:08	06:12
13	237	Eurico Moura	kemedo team	Veterano M40	02:22:45	+24:08	06:12
14	238	Orlando Barbosa	gdr retorta	Veterano M45	02:23:30	+24:53	06:14
15	201	André Silva	individual	Senior Masculino	02:23:48	+25:10	06:15
16	132	Ivo Barbosa	devasta trilhos	Senior Masculino	02:26:10	+27:33	06:21
17	247	Sérgio Rodrigues	trinca orelhas gato	Senior Masculino	02:26:40	+28:02	06:23
18	212	Henrique Barbosa	individual	Senior Masculino	02:27:06	+28:29	06:24
19	189	Tiago Sousa	team lanthemil	Senior Masculino	02:28:50	+30:13	06:28
20	243	Carlos Prudêncio	dá-lhe gás	Senior Masculino	02:29:08	+30:31	06:29
21	140	Carlos Alves	gaia trail	Senior Masculino	02:29:16	+30:38	06:29
22	179	Miguel Sousa	os santa apolónia	Veterano M40	02:29:24	+30:47	06:30
23	101	Rui Araújo	águas de alvelos	Sub 23 Masculino	02:31:13	+32:36	06:35
24	205	Eduardo Benigno	individual	Veterano M40	02:33:32	+34:55	06:41
25	185	Ricardo Filipe Pereira	rpstudio trail team	Senior Masculino	02:34:46	+36:08	06:44
26	105	José Gaspar	aliança de gandra	Sub 23 Masculino	02:35:09	+36:31	06:45
27	166	Fausto Teixeira	lobos do monte	Veterano M45	02:35:13	+36:35	06:45
28	131	Pedro Dias	dá-lhe gás	Senior Masculino	02:35:24	+36:47	06:45
29	215	João Pereira	individual	Senior Masculino	02:35:24	+36:47	06:45
30	196	Sérgio Gomes	trinca orelhas gato	Veterano M40	02:35:32	+36:55	06:46
31	143	Joaquim Pereira	gaia trail	Veterano M50	02:35:36	+36:59	06:46
32	155	Bruno Ramiro	kemedo team	Senior Masculino	02:35:49	+37:12	06:47
33	156	Fernando Gomes	kemedo team	Veterano M45	02:35:50	+37:12	06:47
34	106	Luís Silva	aliança de gandra	Senior Masculino	02:36:05	+37:27	06:47
35	188	Paulo Gomes	team lanthemil	Senior Masculino	02:36:13	+37:36	06:48
36	174	Paulo Ferreira	nocturnos de paredes	Veterano M40	02:39:09	+40:32	06:55
37	161	Hugo Martins	la zinco	Veterano M40	02:39:20	+40:43	06:56
38	137	David Gonçalves	factor x / s4l / medense fc	Senior Masculino	02:40:22	+41:44	06:58
39	122	Ricardo Gonçalves	clube atletismo fafe	Senior Masculino	02:40:40	+42:02	06:59
40	171	Agostinho Sousa	moinhos run-adrm	Veterano M60	02:41:28	+42:51	07:01
41	194	Bruno Monteiro	trinca orelhas gato	Senior Masculino	02:42:23	+43:46	07:04
42	217	Jorge Silva	individual	Veterano M40	02:42:37	+43:59	07:04

TRAIL LONGO - STAGE 1

23 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	223	Miguel Ferreira	individual	Senior Masculino	02:43:11	+44:34	07:06
44	114	José afonso	brasinhas	Senior Masculino	02:43:57	+45:20	07:08
45	138	José Miguel Mendes	falsos lentos	Senior Masculino	02:44:07	+45:29	07:08
46	165	Vitor Santos	leões de tardariz trail	Veterano M45	02:45:31	+46:53	07:12
47	219	Luís Gomes	individual	Senior Masculino	02:45:32	+46:54	07:12
48	224	Miguel Lopes	individual	Senior Masculino	02:45:33	+46:55	07:12
49	198	Alexandra Fernandes	individual	Veterana F50	02:45:35	+46:57	07:12
50	167	Miguel pereira	lobos do monte	Veterano M40	02:46:53	+48:15	07:15
51	246	Luís Sá	individual	Senior Masculino	02:47:03	+48:25	07:16
52	193	Luis Miguel Moreira Dos Santos	trailistas "eu é que sei!"	Veterano M45	02:47:24	+48:47	07:17
53	218	José Mesquita	individual	Veterano M50	02:48:21	+49:43	07:19
54	248	Arnaldo Marinho	gd leões do veneza	Veterano M55	02:48:33	+49:56	07:20
55	136	Francisco Fonseca	equipa joao ferreira	Veterano M45	02:48:58	+50:21	07:21
56	242	Vicente Sousa	trinca orelhas gato	Veterano M40	02:49:17	+50:40	07:22
57	150	Hermenegildo Mendes	gondomar futsal clube	Senior Masculino	02:50:43	+52:05	07:25
58	109	Jose magalhaes	atletico clube alfenense	Veterano M60	02:50:44	+52:06	07:25
59	240	João Bandeira	navigator	Veterano M45	02:52:06	+53:28	07:29
60	154	Bruno Araujo	kemedo team	Veterano M40	02:52:13	+53:35	07:29
61	245	Henrique Borges	individual	Veterano M50	02:52:46	+54:09	07:31
62	249	Rodrigo Oliveira	individual	Veterano M40	02:52:55	+54:17	07:31
63	133	Sérgio Rodrigues	dr. merino/4moove	Senior Masculino	02:53:27	+54:49	07:32
64	139	Vitor Barroso	fontainhas runners	Veterano M40	02:54:11	+55:33	07:34
65	227	Paulo Costa	individual	Veterano M40	02:55:06	+56:29	07:37
66	231	Raquel Andrade	individual	Senior Feminino	02:55:46	+57:09	07:39
67	202	Bruno Moura	individual	Senior Masculino	02:55:47	+57:09	07:39
68	162	Joaquim Leite	leões de tardariz trail	Veterano M55	02:56:01	+57:23	07:39
69	135	Filipe Escobar	ei team trail	Veterano M40	02:59:13	+01:00:36	07:48
70	153	Luis Lucas	gtt armazem do caffè	Veterano M40	02:59:17	+01:00:40	07:48
71	208	Fábio Campos	individual	Senior Masculino	02:59:28	+01:00:51	07:48
72	119	Adelino Silva	ccd- siemens	Veterano M45	02:59:36	+01:00:59	07:49
73	102	Sara Ferreira	águias de alvelos	Senior Feminino	03:00:58	+01:02:21	07:52
74	197	Victor Cardoso	trinca orelhas gato	Veterano M40	03:01:17	+01:02:40	07:53
75	210	Francisco Nogueira	individual	Veterano M50	03:01:21	+01:02:44	07:53
76	173	Paulo Gomes	no tomorrow running team	Veterano M45	03:03:30	+01:04:53	07:59
77	152	HUGO PALMEIRA	gtt armazem do caffè	Senior Masculino	03:03:45	+01:05:08	07:59
78	129	Luis Miguel	cr candoso	Veterano M40	03:03:47	+01:05:10	07:59
79	236	Vitor Coelho	individual	Veterano M45	03:03:53	+01:05:16	08:00
80	104	Fernanda Machado	aliança de gandra	Senior Feminino	03:04:23	+01:05:46	08:01
81	199	Andre Costa	individual	Senior Masculino	03:05:29	+01:06:51	08:04
82	169	Alcídio Moreira	mata elefantes	Veterano M45	03:05:34	+01:06:56	08:04
83	103	Carla Pereira	aliança de gandra	Senior Feminino	03:06:28	+01:07:50	08:06
84	110	Pedro Policiano	atletico clube alfenense	Veterano M40	03:07:14	+01:08:36	08:08
85	116	Pedro fernandes	brasinhas	Senior Masculino	03:08:29	+01:09:52	08:12
86	160	Sara Rafael Rafael	kemedo team	Veterana F40	03:08:58	+01:10:20	08:13
87	107	Nuno Monteiro	aliança de gandra	Veterano M40	03:09:02	+01:10:25	08:13

TRAIL LONGO - STAGE 1

23 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
88	234	Tiago Martins	individual	Senior Masculino	03:10:36	+01:11:59	08:17
89	206	Eduardo Ferreira	individual	Veterano M45	03:11:03	+01:12:26	08:18
90	250	Ricardo Araújo	akuafit	Senior Masculino	03:14:44	+01:16:07	08:28
91	214	Iracema Costa	individual	Veterana F50	03:16:19	+01:17:42	08:32
92	211	Hélder Agostinho	individual	Veterano M40	03:16:37	+01:17:59	08:33
93	159	Luís Gomes	kemedo team	Veterano M45	03:16:41	+01:18:04	08:33
94	209	Fernando Santos	individual	Veterano M45	03:16:42	+01:18:05	08:33
95	168	Paulo reis	lobos do monte	Senior Masculino	03:16:46	+01:18:08	08:33
96	157	Gerson Alves	kemedo team	Senior Masculino	03:17:19	+01:18:42	08:35
97	222	Marlene Soares	individual	Senior Feminino	03:17:47	+01:19:10	08:36
98	108	José Carlos Pereira Gomes	alto relevo - clube de montanhismo	Veterano M60	03:21:49	+01:23:11	08:46
99	127	Flor Madureira	confraria trotamontes	Veterana F50	03:22:30	+01:23:52	08:48
100	639	Raquel Pinto	oporto team	Senior Feminino	03:24:53	+01:26:16	08:55
101	126	Paulo Morais	clube zipper	Senior Masculino	03:26:25	+01:27:48	08:59
102	232	Ricardo Silva	individual	Veterano M45	03:27:02	+01:28:25	09:00
103	115	Paulo freitas	brasinhas	Veterano M45	03:27:30	+01:28:52	09:01
104	117	Sergio ricardo	brasinhas	Senior Masculino	03:28:21	+01:29:44	09:04
105	230	Pedro Rodrigues	individual	Senior Masculino	03:30:14	+01:31:37	09:08
106	235	Tiago Salgueiro	individual	Senior Masculino	03:32:23	+01:33:46	09:14
107	182	Fernando Marques	psp viseu runners	Veterano M40	03:34:27	+01:35:50	09:19
108	183	Susana castro	psp viseu runners	Veterana F40	03:34:28	+01:35:50	09:19
109	128	José Teixeira	correr leça	Senior Masculino	03:35:29	+01:36:52	09:22
110	180	Lino Moreira	os turbomula	Veterano M60	03:41:04	+01:42:27	09:37
111	187	Sergio Sousa	team benji	Senior Masculino	03:41:32	+01:42:55	09:38
112	229	Pedro Neves	individual	Senior Masculino	03:41:37	+01:43:00	09:38
113	170	Hélder Moreira	mata elefantes	Senior Masculino	03:42:23	+01:43:45	09:40
114	241	André Bandeira	navigator	Veterano M40	03:44:30	+01:45:53	09:46
115	163	Manuel Alvarino	leões de tardariz trail	Veterano M45	03:48:28	+01:49:51	09:56
116	220	Manuel Ruivo	individual	Senior Masculino	03:56:10	+01:57:32	10:16
117	111	Ricardo Mendes	avf team	Senior Masculino	04:06:01	+02:07:23	10:42
118	244	Rita Freitas	individual	Senior Feminino	04:06:01	+02:07:24	10:42
119	203	Cláudia Pinto	individual	Veterana F40	04:11:33	+02:12:56	10:56
120	233	Rui Guimaraes	individual	Senior Masculino	04:17:31	+02:18:54	11:12
121	221	Mário Castro	individual	Veterano M45	04:18:21	+02:19:44	11:14
122	125	PEDRO LOURENÇO	clube novo banco-delegação do norte	Senior Masculino	04:29:53	+02:31:16	11:44
123	207	Evandro Morgado	individual	Veterano M40	04:30:10	+02:31:32	11:45
124	192	Vítor Ribeiro	the mountains are calling	Veterano M40	04:38:42	+02:40:05	12:07
125	225	Nelson Santos	individual	Veterano M40	04:38:45	+02:40:08	12:07
126	216	Jorge Mesquita	individual	Veterano M40	04:38:46	+02:40:09	12:07

Trail Longo

23 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:00	12,6°C	100%
End	13:40	12,6°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	231	Raquel Andrade	Individual	Senior Feminino	02:55:46	+57:09	07:39:00
2	102	Sara Ferreira	ÂGUIAS DE ALVELOS	Senior Feminino	03:00:58	+01:02:21	07:52:00
3	104	Fernanda Machado	Aliança de Gandra	Senior Feminino	03:04:23	+01:05:46	08:01:00
4	103	Carla Pereira	Aliança de Gandra	Senior Feminino	03:06:28	+01:07:50	08:06:00
5	222	Marlene Soares	Individual	Senior Feminino	03:17:47	+01:19:10	08:36:00
6	639	Raquel Pinto	Oporto Team	Senior Feminino	03:24:53	+01:26:16	08:55:00
7	244	Rita Freitas	Individual	Senior Feminino	04:06:01	+02:07:24	10:42:00

Senior Masculino

1	141	Fernando Lemos	Gaia Trail	Senior Masculino	01:58:37	05:09
2	121	Nuno Fernandes	Clube Atletismo Fafe	Senior Masculino	02:03:51	+05:13 05:23
3	178	André Machado	Os Santa Apolónia	Senior Masculino	02:09:47	+11:09 05:39
4	120	Mario Castro	Clube Atletismo Fafe	Senior Masculino	02:10:37	+11:59 05:41
5	175	Filipe Lemos	NorTrail	Senior Masculino	02:20:17	+21:40 06:06
6	172	Tiago Soares	Moinhos Run-ADRM	Senior Masculino	02:20:48	+22:11 06:07
7	190	Marcelo Araújo	Team Trail 3pros15	Senior Masculino	02:22:13	+23:36 06:11
8	239	Flávio Oliveira	GDR Retorta	Senior Masculino	02:22:45	+24:08 06:12
9	201	André Silva	Individual	Senior Masculino	02:23:48	+25:10 06:15
10	132	Ivo Barbosa	Devasta trilhos	Senior Masculino	02:26:10	+27:33 06:21
11	247	Sérgio Rodrigues	Trinca Orelhas Gato	Senior Masculino	02:26:40	+28:02 06:23
12	212	Henrique Barbosa	Individual	Senior Masculino	02:27:06	+28:29 06:24
13	189	Tiago Sousa	Team Lantemil	Senior Masculino	02:28:50	+30:13 06:28
14	243	Carlos Prudêncio	Dá-Lhe Gás	Senior Masculino	02:29:08	+30:31 06:29
15	140	Carlos Alves	Gaia Trail	Senior Masculino	02:29:16	+30:38 06:29
16	185	Ricardo Filipe Pereira	Rpstudio trail team	Senior Masculino	02:34:46	+36:08 06:44
17	131	Pedro Dias	Dá-Lhe Gás	Senior Masculino	02:35:24	+36:47 06:45
18	215	João Pereira	Individual	Senior Masculino	02:35:24	+36:47 06:45
19	155	Bruno Ramiro	KeMedo Team	Senior Masculino	02:35:49	+37:12 06:47
20	106	Luís Silva	Aliança de Gandra	Senior Masculino	02:36:05	+37:27 06:47
21	188	Paulo Gomes	Team Lantemil	Senior Masculino	02:36:13	+37:36 06:48
22	137	David Gonçalves	Factor X / S4L / Medense FC	Senior Masculino	02:40:22	+41:44 06:58
23	122	Ricardo Gonçalves	Clube Atletismo Fafe	Senior Masculino	02:40:40	+42:02 06:59
24	194	Bruno Monteiro	Trinca Orelhas Gato	Senior Masculino	02:42:23	+43:46 07:04
25	223	Miguel Ferreira	Individual	Senior Masculino	02:43:11	+44:34 07:06
26	114	José afonso	BRASINHAS	Senior Masculino	02:43:57	+45:20 07:08
27	138	José Miguel Mendes	Falsos Lentos	Senior Masculino	02:44:07	+45:29 07:08
28	219	Luís Gomes	Individual	Senior Masculino	02:45:32	+46:54 07:12
29	224	Miguel Lopes	Individual	Senior Masculino	02:45:33	+46:55 07:12

Official Timekeeper: Lap2Go	1 / 4	generate 06-jun-2018 23:17
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Trail Longo

23 KM

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OFFICIAL RESULT

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30	246	Luís Sá	Individual	Senior Masculino	02:47:03	+48:25	07:16
31	150	Hermenegildo Mendes	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:50:43	+52:05	07:25
32	133	Sérgio Rodrigues	Dr. Merino/4moove	Senior Masculino	02:53:27	+54:49	07:32
33	202	Bruno Moura	Individual	Senior Masculino	02:55:47	+57:09	07:39
34	208	Fábio Campos	Individual	Senior Masculino	02:59:28	+01:00:51	07:48
35	152	HUGO PALMEIRA	GTT Armazem do Caffè	Senior Masculino	03:03:45	+01:05:08	07:59
36	199	Andre Costa	Individual	Senior Masculino	03:05:29	+01:06:51	08:04
37	116	Pedro fernandes	BRASINHAS	Senior Masculino	03:08:29	+01:09:52	08:12
38	234	Tiago Martins	Individual	Senior Masculino	03:10:36	+01:11:59	08:17
39	250	Ricardo Araújo	Akuafit	Senior Masculino	03:14:44	+01:16:07	08:28
40	168	Paulo reis	Lobos Do Monte	Senior Masculino	03:16:46	+01:18:08	08:33
41	157	Gerson Alves	KeMedo Team	Senior Masculino	03:17:19	+01:18:42	08:35
42	126	Paulo Morais	Clube Zupper	Senior Masculino	03:26:25	+01:27:48	08:59
43	117	Sergio ricardo	BRASINHAS	Senior Masculino	03:28:21	+01:29:44	09:04
44	230	Pedro Rodrigues	Individual	Senior Masculino	03:30:14	+01:31:37	09:08
45	235	Tiago Salgueiro	Individual	Senior Masculino	03:32:23	+01:33:46	09:14
46	128	José Teixeira	Correr Leça	Senior Masculino	03:35:29	+01:36:52	09:22
47	187	Sergio Sousa	TEAM BENJI	Senior Masculino	03:41:32	+01:42:55	09:38
48	229	Pedro Neves	Individual	Senior Masculino	03:41:37	+01:43:00	09:38
49	170	Hélder Moreira	Mata Elefantes	Senior Masculino	03:42:23	+01:43:45	09:40
50	220	Manuel Ruivo	Individual	Senior Masculino	03:56:10	+01:57:32	10:16
51	111	Ricardo Mendes	AVF Team	Senior Masculino	04:06:01	+02:07:23	10:42
52	233	Rui Guimaraes	Individual	Senior Masculino	04:17:31	+02:18:54	11:12
53	125	PEDRO LOURENÇO	CLUBE NOVO BANCO- DELEGAÇÃO DO NORTE	Senior Masculino	04:29:53	+02:31:16	11:44

Sub 23 Masculino

1	101	Rui Araújo	ÁGUIAS DE ALVELOS	Sub 23 Masculino	02:31:13	+32:36	06:35
2	105	José Gaspar	Aliança de Gandra	Sub 23 Masculino	02:35:09	+36:31	06:45

Veterana F40

1	160	Sara Rafael Rafael	KeMedo Team	Veterana F40	03:08:58	+01:10:20	08:13
2	183	Susana castro	PSP VISEU RUNNERS	Veterana F40	03:34:28	+01:35:50	09:19
3	203	Cláudia Pinto	Individual	Veterana F40	04:11:33	+02:12:56	10:56

Veterana F50

1	198	Alexandra Fernandes	Individual	Veterana F50	02:45:35	+46:57	07:12
2	214	Iracema Costa	Individual	Veterana F50	03:16:19	+01:17:42	08:32
3	127	Flor Madureira	Confraria Trotamontes	Veterana F50	03:22:30	+01:23:52	08:48

Trail Longo

23 KM

[illegible]

OFFICIAL RESULT

[illegible]

Veterano M40

1	147	Joaquim Freitas	GDR Retorta	Veterano M40	02:10:12	+11:35	05:40
2	123	RUI povo	Clube Atletismo Fafe	Veterano M40	02:12:47	+14:10	05:46
3	144	Luis Gil	Gaia Trail	Veterano M40	02:13:38	+15:00	05:49
4	237	Eurico Moura	KeMedo Team	Veterano M40	02:22:45	+24:08	06:12
5	179	Miguel Sousa	Os Santa Apolónia	Veterano M40	02:29:24	+30:47	06:30
6	205	Eduardo Benigno	Individual	Veterano M40	02:33:32	+34:55	06:41
7	196	Sérgio Gomes	Trinca Orelhas Gato	Veterano M40	02:35:32	+36:55	06:46
8	174	Paulo Ferreira	NOCTURNOS DE PAREDES	Veterano M40	02:39:09	+40:32	06:55
9	161	Hugo Martins	LA ZINCO	Veterano M40	02:39:20	+40:43	06:56
10	217	Jorge Silva	Individual	Veterano M40	02:42:37	+43:59	07:04
11	167	Miguel pereira	Lobos Do Monte	Veterano M40	02:46:53	+48:15	07:15
12	242	Vicente Sousa	Trinca Orelhas Gato	Veterano M40	02:49:17	+50:40	07:22
13	154	Bruno Araujo	KeMedo Team	Veterano M40	02:52:13	+53:35	07:29
14	249	Rodrigo Oliveira	Individual	Veterano M40	02:52:55	+54:17	07:31
15	139	Vitor Barroso	Fontainhas Runners	Veterano M40	02:54:11	+55:33	07:34
16	227	Paulo Costa	Individual	Veterano M40	02:55:06	+56:29	07:37
17	135	Filipe Escobar	Ei Team Trail	Veterano M40	02:59:13	+01:00:36	07:48
18	153	Luis Lucas	GTT Armazem do Caffè	Veterano M40	02:59:17	+01:00:40	07:48
19	197	Victor Cardoso	Trinca Orelhas Gato	Veterano M40	03:01:17	+01:02:40	07:53
20	129	Luis Miguel	CR CANDOSO	Veterano M40	03:03:47	+01:05:10	07:59
21	110	Pedro Policiano	Atlético Clube Alfenense	Veterano M40	03:07:14	+01:08:36	08:08
22	107	Nuno Monteiro	Aliança de Gandra	Veterano M40	03:09:02	+01:10:25	08:13
23	211	Hélder Agostinho	Individual	Veterano M40	03:16:37	+01:17:59	08:33
24	182	Fernando Marques	PSP VISEU RUNNERS	Veterano M40	03:34:27	+01:35:50	09:19
25	241	André Bandeira	Navigator	Veterano M40	03:44:30	+01:45:53	09:46
26	207	Evandro Morgado	Individual	Veterano M40	04:30:10	+02:31:32	11:45
27	192	Vitor Ribeiro	The Mountains are calling	Veterano M40	04:38:42	+02:40:05	12:07
28	225	Nelson Santos	Individual	Veterano M40	04:38:45	+02:40:08	12:07
29	216	Jorge Mesquita	Individual	Veterano M40	04:38:46	+02:40:09	12:07

Veterano M45

1	146	Adelino Martins Da Silva Silva	GDR Retorta	Veterano M45	02:17:45	+19:08	05:59
2	238	Orlando Barbosa	GDR Retorta	Veterano M45	02:23:30	+24:53	06:14
3	166	Fausto Teixeira	Lobos Do Monte	Veterano M45	02:35:13	+36:35	06:45
4	156	Fernando Gomes	KeMedo Team	Veterano M45	02:35:50	+37:12	06:47
5	165	Vitor Santos	Leões de Tardariz Trail	Veterano M45	02:45:31	+46:53	07:12
6	193	Luis Miguel Moreira Dos Santos	Trailistas "Eu é que sei!"	Veterano M45	02:47:24	+48:47	07:17
7	136	Francisco Fonseca	EQUIPA JOAO FERREIRA	Veterano M45	02:48:58	+50:21	07:21
8	240	João Bandeira	Navigator	Veterano M45	02:52:06	+53:28	07:29
9	119	Adelino Silva	CCD- Siemens	Veterano M45	02:59:36	+01:00:59	07:49
10	173	Paulo Gomes	NO TOMORROW RUNNING TEAM	Veterano M45	03:03:30	+01:04:53	07:59
11	236	Vitor Coelho	Individual	Veterano M45	03:03:53	+01:05:16	08:00

23 KM

OFFICIAL RESULT

12	169	Alcídio Moreira	Mata Elefantes	Veterano M45	03:05:34	+01:06:56	08:04
13	206	Eduardo Ferreira	Individual	Veterano M45	03:11:03	+01:12:26	08:18
14	159	Luís Gomes	KeMedo Team	Veterano M45	03:16:41	+01:18:04	08:33
15	209	Fernando Santos	Individual	Veterano M45	03:16:42	+01:18:05	08:33
16	232	Ricardo Silva	Individual	Veterano M45	03:27:02	+01:28:25	09:00
17	115	Paulo freitas	BRASINHAS	Veterano M45	03:27:30	+01:28:52	09:01
18	163	Manuel Alvarino	Leões de Tardariz Trail	Veterano M45	03:48:28	+01:49:51	09:56
19	221	Mário Castro	Individual	Veterano M45	04:18:21	+02:19:44	11:14

1	143	Joaquim Pereira	Gaia Trail	Veterano M50	02:35:36	+36:59	06:46
2	218	José Mesquita	Individual	Veterano M50	02:48:21	+49:43	07:19
3	245	Henrique Borges	Individual	Veterano M50	02:52:46	+54:09	07:31
4	210	Francisco Nogueira	Individual	Veterano M50	03:01:21	+01:02:44	07:53

1	248	Arnaldo Marinho	GD Leões do Veneza	Veterano M55	02:48:33	+49:56	07:20
2	162	Joaquim Leite	Leões de Tardariz Trail	Veterano M55	02:56:01	+57:23	07:39

1	171	Agostinho Sousa	Moinhos Run-ADRM	Veterano M60	02:41:28	+42:51	07:01
2	109	Jose magalhaes	Atlético Clube Alfenense	Veterano M60	02:50:44	+52:06	07:25
3	108	José Carlos Pereira Gomes	Alto Relevo - Clube de Montanhismo	Veterano M60	03:21:49	+01:23:11	08:46
4	180	Lino Moreira	Os TurboMula	Veterano M60	03:41:04	+01:42:27	09:37

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Official Timekeeper: Lap2Go	1 / 1	generate 03-jun-2018 13:46
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