

Lugar	Dorsal	Nome	Equipa	Sexo	Categoria	Tempo	Chip	Média	Cat.
1.	668	Bruno SILVA	S. C. Espinho Anónimo Leitão	Male	M40-MASC	01:04:40.280	01:04:40.060	04:58	1
2.	664	Márcio PINTO	Retorta - Quinta das Arcas	Male	SEN-MASC	01:04:49.400	01:04:49.400	04:59	1
3.	507	José GASPAR	Aliança de Gandra	Male	S23-MASC	01:06:17.350	01:06:15.660	05:06	1
4.	665	Tiago PINTO	Retorta - Quinta das Arcas	Male	SEN-MASC	01:06:32.820	01:06:31.300	05:07	2
5.	723	Carlos MONTEIRO		Male	M40-MASC	01:06:58.010	01:06:57.150	05:09	2
6.	663	Márcio CARVALHO	Retorta - Quinta das Arcas	Male	SEN-MASC	01:09:40.480	01:09:37.930	05:22	3
7.	591	Belmiro FERREIRA	Lion Runners - GD Leões da Guarda	Male	M50-MASC	01:09:46.820	01:09:46.820	05:22	1
8.	509	Luís SILVA	Aliança de Gandra	Male	SEN-MASC	01:12:33.830	01:12:32.560	05:35	4
9.	510	Manuel GASPAR	Aliança de Gandra	Male	SEN-MASC	01:12:37.790	01:12:33.670	05:35	5
10.	506	Hugo MOUTINHO	Aliança de Gandra	Male	SEN-MASC	01:13:54.260	01:13:51.680	05:41	6
11.	515	Bruno PEREIRA	Amigos 100 Limites	Male	SEN-MASC	01:14:56.550	01:14:56.150	05:46	7
12.	785	Pedro BARBOSA		Male	M40-MASC	01:15:05.850	01:15:04.090	05:47	3
13.	733	Fernando SEABRA		Male	M50-MASC	01:15:59.750	01:15:59.300	05:50	2
14.	583	João OLIVEIRA	Gansos	Male	SEN-MASC	01:16:26.350	01:16:25.370	05:53	8
15.	537	Arlindo SOUSA	Atlético Clube Alfenense	Male	M50-MASC	01:16:31.050	01:16:29.430	05:53	3
16.	596	José PERDIGÃO	Grupo Desportivo de Meda	Male	M50-MASC	01:16:46.340	01:16:45.040	05:55	4
17.	561	Carlos SOUSA	Devasta Trilhos	Male	M50-MASC	01:17:29.840	01:17:25.040	05:58	5
18.	508	Leonel NEVES	Aliança de Gandra	Male	M40-MASC	01:17:55.460	01:17:51.950	05:59	4
19.	722	Carlos MAGALHÃES		Male	S23-MASC	01:18:23.960	01:18:21.730	06:02	2
20.	755	José LOPES		Male	M50-MASC	01:19:00.240	01:18:58.610	06:05	6
21.	501	Domingos NOGUEIRA	ACM	Male	M40-MASC	01:19:26.340	01:19:23.590	06:07	5
22.	585	Jorge BELIAGO	Gansos	Male	SEN-MASC	01:19:32.580	01:19:29.760	06:07	9
23.	502	Carlos SILVA	Aliança de Gandra	Male	M50-MASC	01:19:43.370	01:19:43.370	06:08	7
24.	667	Carlos VINHA	Running Penafiel Trail	Male	M50-MASC	01:20:03.000	01:20:03.000	06:10	8
25.	666	Carlos BARBOSA	Running Penafiel Trail	Male	M40-MASC	01:20:24.980	01:20:24.980	06:11	6
26.	505	Hélder BORGES	Aliança de Gandra	Male	M40-MASC	01:21:28.830	01:21:24.050	06:16	7
27.	698	Carlos SILVA	TOG-Trinca Orelhas de Gato	Male	SEN-MASC	01:21:40.460	01:21:40.460	06:17	10
28.	624	Marcelo FERREIRA	NPrint AG	Male	M40-MASC	01:22:32.810	01:22:31.830	06:21	8
29.	744	João BARROS	Devasta Trilhos	Male	M40-MASC	01:22:39.760	01:22:36.880	06:22	9
30.	555	Nuno OLIVEIRA	Conservatório de Música de Vila do Conde	Male	M40-MASC	01:23:17.110	01:23:17.110	06:25	10
31.	538	Carlos CAMPOS	Atlético Clube Alfenense	Male	M40-MASC	01:23:23.590	01:23:18.350	06:25	11
32.	815	Sara FERREIRA	Águias de Alvelos	Female	SEN-FEM	01:23:38.150	01:23:34.730	06:26	1
33.	550	Pedro CANCELO	Clube Zupper	Male	SEN-MASC	01:24:58.140	01:24:58.140	06:32	11
34.	514	António GONÇALVES	Amigos 100 Limites	Male	S23-MASC	01:25:08.600	01:25:07.270	06:33	3
35.	553	Paulo SANTOS	CLUBENOVOBANCODELEGAÇÃO NORTE	Male	M40-MASC	01:25:12.060	01:25:02.970	06:33	12
36.	570	Ivo OLIVEIRA	Factor X / S4L / MedenseFC	Male	M40-MASC	01:25:12.630	01:25:12.630	06:33	13
37.	530	Pedro PINTO	Aperta Cordões	Male	SEN-MASC	01:25:55.420	01:25:55.420	06:37	12
38.	504	Fernanda MACHADO	Aliança de Gandra	Female	SEN-FEM	01:25:57.710	01:25:57.710	06:37	2
39.	539	Henrique VICÊNCIO	Atlético Clube Alfenense	Male	M40-MASC	01:27:02.750	01:26:52.960	06:41	14
40.	620	Carlos CARVALHO	Nata da nata	Male	SEN-MASC	01:27:49.100	01:27:45.700	06:46	13
41.	563	José CONCEIÇÃO	Douroconta Trail Team	Male	SEN-MASC	01:28:13.380	01:28:13.380	06:47	14
42.	520	Hélder MONTEIRO	Amigos 100 Limites	Male	M40-MASC	01:28:15.810	01:28:12.950	06:47	15
43.	707	Vicente SOUSA	TOG-Trinca Orelhas de Gato	Male	M40-MASC	01:28:37.280	01:28:36.060	06:49	16
44.	743	J DURAES		Male	M40-MASC	01:29:15.600	01:29:05.810	06:52	17

Lugar	Dorsal	Nome	Equipa	Sexo	Categoria	Tempo	Chip	Média	Cat.
45.	531	José FERREIRA	Arrasa Trilhos	Male	M40-MASC	01:29:36.520	01:29:33.700	06:53	18
46.	593	Luís FERNANDES	Lion Runners - GD Leões da Guarda	Male	M60-MASC	01:29:40.750	01:29:35.970	06:54	1
47.	636	Fernando TEIXEIRA	Os Preguiças Team	Male	SEN-MASC	01:31:08.880	01:31:05.920	07:01	15
48.	773	Nelson TEIXEIRA		Male	SEN-MASC	01:31:58.550	01:31:48.090	07:04	16
49.	657	Jorge GONÇALVES	Raçados a Javali	Male	SEN-MASC	01:33:01.500	01:32:35.130	07:10	17
50.	816	Luís BESSA		Male	SEN-MASC	01:33:13.630	01:33:09.230	07:10	18
51.	750	Joaquim ALVES		Male	SEN-MASC	01:33:30.610	01:33:26.880	07:11	19
52.	786	Pedro COELHO		Male	SEN-MASC	01:33:49.950	01:33:41.950	07:13	20
53.	727	Diana MARTINS		Female	SEN-FEM	01:33:59.650	01:33:55.000	07:14	3
54.	552	Eugénio GONÇALVES	CLUBENOVOBANCODELEGAÇÃO NORTE	Male	M40-MASC	01:34:03.760	01:34:03.760	07:14	19
55.	551	Joaquim ROCHA	CLUBENOVOBANCODELEGAÇÃO NORTE	Male	M50-MASC	01:34:09.890	01:34:07.080	07:14	9
56.	638	Pedro ANTUNES	P&A Team	Male	M40-MASC	01:34:18.420	01:33:49.300	07:15	20
57.	781	Paulo FERNANDES		Male	M50-MASC	01:34:50.390	01:34:42.620	07:17	10
58.	518	Fernando PEREIRA	Amigos 100 Limites	Male	M40-MASC	01:35:32.150	01:35:26.210	07:21	21
59.	603	Carlos LEAL	KeMedo Team	Male	SEN-MASC	01:35:32.800	01:35:19.100	07:21	21
60.	788	Pedro DIAS		Male	SEN-MASC	01:35:44.110	01:35:24.810	07:22	22
61.	558	Diogo CARDOSO	Dá corda aos vitorinos	Male	SEN-MASC	01:35:46.930	01:35:43.030	07:22	23
62.	689	João CORREIA	Sem Medo	Male	M40-MASC	01:36:18.550	01:36:02.910	07:25	22
63.	572	António NEVES	Fardetas	Male	M40-MASC	01:36:25.790	01:36:09.040	07:25	23
64.	547	Helder MENDES	Clube Zupper	Male	SEN-MASC	01:37:30.310	01:37:26.610	07:30	24
65.	559	José CARDOSO	Dá corda aos vitorinos	Male	M50-MASC	01:37:37.210	01:37:33.280	07:31	11
66.	676	Joao CARDOSO	S. S. Montepio	Male	M40-MASC	01:38:09.510	01:37:36.330	07:33	24
67.	673	Fernando CARVALHO	S. S. Montepio	Male	M50-MASC	01:38:09.770	01:37:35.700	07:33	12
68.	703	Jorge MARTINS	TOG-Trinca Orelhas de Gato	Male	M40-MASC	01:38:12.180	01:38:09.200	07:33	25
69.	202	Joel FERREIRA	Os Aventureiros	Male	SEN-MASC	01:38:53.140	01:38:38.750	07:37	25
70.	595	Severino COSTA	GDG-GRANJA-TRUTAS DO MAU-CASTRO DAIRE	Male	M60-MASC	01:39:00.760	01:38:54.800	07:37	2
71.	712	Alexandre PEREIRA		Male	M40-MASC	01:39:08.720	01:38:50.570	07:38	26
72.	582	Alcino TAVARES	Gansos	Male	M40-MASC	01:39:18.590	01:38:58.010	07:38	27
73.	541	António TEIXEIRA	Caminheiros de Ermesinde	Male	M50-MASC	01:39:35.150	01:39:33.440	07:40	13
74.	571	Susana SILVA	Factor X / S4L / MedenseFC	Female	SEN-FEM	01:39:54.660	01:39:51.930	07:41	4
75.	683	Rui CARVALHO	S. S. Montepio	Male	M40-MASC	01:39:59.840	01:39:26.150	07:41	28
76.	671	Antonio OLIVEIRA	S. S. Montepio	Male	M40-MASC	01:40:00.010	01:39:27.560	07:41	29
77.	754	José LOPES		Male	M40-MASC	01:40:06.910	01:39:47.090	07:42	30
78.	634	Clara TEIXEIRA	Os Preguiças Team	Female	SEN-FEM	01:40:08.090	01:40:05.490	07:42	5
79.	513	Alcino SILVA	Amigos 100 Limites	Male	SEN-MASC	01:41:17.150	01:41:17.150	07:47	26
80.	730	Edgar CÂMARA		Male	M40-MASC	01:41:38.610	01:41:20.260	07:49	31
81.	765	Manuel DOMINGUES		Male	M50-MASC	01:42:16.120	01:42:07.340	07:52	14
82.	604	Jorge ESTEVES	KeMedo Team	Male	M50-MASC	01:42:43.330	01:42:17.770	07:54	15
83.	751	Jorge PINTO		Male	M40-MASC	01:43:02.630	01:42:59.010	07:56	32
84.	770	Nelson DIAS		Male	SEN-MASC	01:44:31.710	01:44:15.310	08:02	27
85.	782	Paulo GONÇALVES		Male	SEN-MASC	01:44:43.210	01:44:32.650	08:04	28
86.	562	Lino ABREU	Dive into the Mountains	Male	M40-MASC	01:45:10.540	01:44:50.160	08:05	33
87.	769	Nelson ALMEIDA		Male	SEN-MASC	01:45:10.880	01:44:50.380	08:05	29
88.	729	Duarte DIAS		Male	SEN-MASC	01:45:15.970	01:45:08.940	08:06	30

Lugar	Dorsal	Nome	Equipa	Sexo	Categoria	Tempo	Chip	Média	Cat.
89.	719	Angela VIEIRA		Female	SEN-FEM	01:45:27.430	01:45:25.370	08:07	6
90.	629	Bruno CASTELO	Os Aventureiros	Male	SEN-MASC	01:45:34.430	01:45:21.580	08:07	31
91.	600	Marisa PEREIRA	Kalenji Team By Decathlon	Female	SEN-FEM	01:45:37.890	01:45:31.150	08:07	7
92.	601	Humberto BARROS	Kaninos	Male	SEN-MASC	01:45:47.990	01:45:33.390	08:08	32
93.	565	Jorge VASCONCELOS	Equipa A	Male	M40-MASC	01:45:50.730	01:45:31.880	08:08	34
94.	693	Miguel PACHECO	TARTARUGAS VELOCISTAS	Male	SEN-MASC	01:45:52.930	01:45:24.660	08:08	33
95.	549	Paula GUALTER	Clube Zupper	Female	F40-FEM	01:45:54.770	01:45:54.770	08:09	1
96.	560	Ricardo FERNANDES	DeniroVip	Male	M40-MASC	01:46:07.770	01:45:53.100	08:10	35
97.	592	Leopoldo FERNANDES	Lion Runners - GD Leões da Guarda	Male	M60-MASC	01:46:07.810	01:45:52.760	08:10	3
98.	817	Paulo MEGRE		Male	M40-MASC	01:46:12.790	01:45:53.480	08:10	36
99.	799	Cristina MADUREIRA	CMValongo	Female	F40-FEM	01:46:21.500	01:46:08.620	08:11	2
100.	701	Paulo SANTOS	TOG-Trinca Orelhas de Gato	Male	M40-MASC	01:46:27.560	01:46:24.480	08:11	37
101.	774	Nicolas LOPES		Male	SEN-MASC	01:46:46.380	01:46:16.920	08:13	34
102.	772	Nelson NOGUEIRA		Male	M60-MASC	01:46:47.030	01:46:38.050	08:13	4
103.	545	Armando MOREIRA	Clube Zupper	Male	M50-MASC	01:46:47.170	01:46:43.280	08:13	16
104.	753	José FERREIRA		Male	M40-MASC	01:47:13.880	01:47:05.640	08:15	38
105.	639	Rui ALVES	Paços Runners	Male	M40-MASC	01:47:18.930	01:47:06.240	08:15	39
106.	669	Alexandre LEITE	S. S. Montepio	Male	M40-MASC	01:47:28.560	01:47:22.570	08:16	40
107.	602	Antonio FIDALGO	KeMedo Team	Male	M50-MASC	01:47:30.870	01:47:15.710	08:16	17
108.	630	Patrícia SANTOS	Oralklass - Amigos do Trail	Female	SEN-FEM	01:47:31.100	01:47:17.700	08:16	8
109.	718	André SANTOS		Male	SEN-MASC	01:49:05.270	01:48:44.460	08:23	35
110.	704	Manuel BARROS	TOG-Trinca Orelhas de Gato	Male	M60-MASC	01:49:25.240	01:49:23.660	08:25	5
111.	575	Sandra AFONSO	Fardetas	Female	F40-FEM	01:49:30.140	01:49:16.610	08:25	3
112.	717	André OLIVEIRA		Male	SEN-MASC	01:49:32.870	01:49:25.760	08:26	36
113.	705	Paulo FERREIRA	TOG-Trinca Orelhas de Gato	Male	M40-MASC	01:49:47.260	01:49:47.260	08:26	41
114.	806	Joaquim COELHO		Male	M50-MASC	01:49:55.470	01:49:31.560	08:28	18
115.	805	Rui Coelho		Male	SEN-MASC	01:49:55.610	01:49:31.940	08:28	37
116.	623	Hugo ROCHA	Nortrail RT	Male	SEN-MASC	01:49:59.210	01:49:58.560	08:28	38
117.	578	Manuel ROCHA	FAST AO KM	Male	M60-MASC	01:50:02.550	01:49:54.830	08:28	6
118.	622	Jorge NETO	Nata da nata	Male	M40-MASC	01:50:56.740	01:50:52.460	08:32	42
119.	809	Nuno RIBEIRO	Boavista Trail	Male	M40-MASC	01:51:01.880	01:50:31.500	08:32	43
120.	810	André CABRAL	Boavista Trail	Male	M40-MASC	01:51:03.430	01:50:33.590	08:32	44
121.	588	Pedro COELHO	Gansos	Male	SEN-MASC	01:51:04.000	01:50:45.880	08:32	39
122.	642	Antonio BARBOSA	Paredes Running	Male	M40-MASC	01:51:12.360	01:51:07.400	08:33	45
123.	644	Lucinda MARQUES	Paredes Running	Female	F40-FEM	01:51:35.080	01:51:18.610	08:35	4
124.	702	João MARTINS	TOG-Trinca Orelhas de Gato	Male	S23-MASC	01:51:35.770	01:51:33.140	08:35	4
125.	796	Sofia FERREIRA		Female	F40-FEM	01:51:46.520	01:51:24.040	08:36	5
126.	738	Helder SILVA		Male	SEN-MASC	01:51:55.740	01:51:43.740	08:37	40
127.	611	Miguel REIS	Leões de Tardariz Trail	Male	SEN-MASC	01:52:06.860	01:51:59.610	08:37	41
128.	794	Sílvia FERREIRA		Female	F40-FEM	01:52:14.300	01:52:06.050	08:38	6
129.	787	Pedro COSTA		Male	M40-MASC	01:52:42.100	01:52:37.650	08:40	46
130.	760	Juliana SALGADO		Female	SEN-FEM	01:52:43.480	01:52:38.430	08:40	9
131.	747	Joao COSTA		Male	SEN-MASC	01:52:43.510	01:52:36.750	08:40	42
132.	678	Julio SANTOS	S. S. Montepio	Male	M40-MASC	01:53:21.610	01:53:15.550	08:43	47

Lugar	Dorsal	Nome	Equipa	Sexo	Categoria	Tempo	Chip	Média	Cat.
133.	621	Jonas CAETANO	Nata da nata	Male	SEN-MASC	01:54:09.830	01:54:06.220	08:47	43
134.	612	Ana CRUZ	Maia AC	Female	S23-FEM	01:54:25.700	01:54:20.690	08:48	1
135.	626	Adelaide VELUDO	OPraticante.pt	Female	F60-FEM	01:54:28.060	01:54:23.750	08:49	1
136.	791	Ricardo SOUSA		Male	SEN-MASC	01:54:32.750	01:54:01.600	08:49	44
137.	713	Americo SOUSA		Male	M50-MASC	01:54:33.110	01:54:02.090	08:49	19
138.	635	Daniela MOUTINHO	Os Preguiças Team	Female	SEN-FEM	01:54:33.140	01:54:30.880	08:49	10
139.	556	Alessandra MOSCATO	CORRER LEÇA	Female	SEN-FEM	01:54:52.660	01:54:47.780	08:50	11
140.	573	José CASTELO	Fardetas	Male	M60-MASC	01:55:29.670	01:55:14.450	08:53	7
141.	631	António PIRES	Os Esquilos	Male	M40-MASC	01:56:38.230	01:56:30.730	08:58	48
142.	655	Antonio ALMEIDA	Raçados a Javali	Male	SEN-MASC	01:57:16.710	01:56:48.330	09:01	45
143.	597	Mariana ARAÚJO	JOANE Corre Corre	Female	S23-FEM	01:57:20.560	01:57:06.430	09:02	2
144.	692	Bruno GONÇALVES	TARTARUGAS VELOCISTAS	Male	SEN-MASC	01:58:59.980	01:58:31.320	09:09	46
145.	691	Benilde FREITAS	TARTARUGAS VELOCISTAS	Female	SEN-FEM	01:59:02.160	01:58:34.010	09:10	12
146.	540	Pedro POLICIANO	Atlético Clube Alfenense	Male	M40-MASC	01:59:21.620	01:59:12.240	09:11	49
147.	776	Nuno DUARTE		Male	M40-MASC	01:59:38.800	01:59:26.220	09:12	50
148.	517	Fábio MOREIRA	Amigos 100 Limites	Male	SEN-MASC	01:59:50.500	01:59:45.560	09:13	47
149.	605	Liliana VIEIRA	KeMedo Team	Female	SEN-FEM	02:01:04.720	02:00:39.520	09:19	13
150.	814	Sofia AZEVEDO	Maia Runners	Female	SEN-FEM	02:01:34.860	02:01:30.020	09:21	14
151.	661	Vitor RODRIGUES	Raçados a Javali	Male	SEN-MASC	02:01:37.590	02:01:10.210	09:22	48
152.	780	Paulo DIAS		Male	M50-MASC	02:01:40.070	02:01:32.150	09:22	20
153.	656	Carlos COSTA	Raçados a Javali	Male	SEN-MASC	02:02:00.610	02:01:34.390	09:23	49
154.	734	Fernando TEIXEIRA		Male	M50-MASC	02:02:01.020	02:01:32.230	09:23	21
155.	695	Joana TEIXEIRA	Teixeira's e Silva	Female	SEN-FEM	02:02:03.950	02:01:44.100	09:23	15
156.	694	Ana SILVA	Teixeira's e Silva	Female	SEN-FEM	02:02:04.080	02:01:45.190	09:23	16
157.	522	Maria FERREIRA	Amigos 100 Limites	Female	F50-FEM	02:02:06.550	02:02:00.170	09:23	1
158.	696	Ricardo TEIXEIRA	Teixeira's e Silva	Male	M40-MASC	02:02:08.120	02:01:48.530	09:23	51
159.	715	Ana MONTEIRO		Female	SEN-FEM	02:02:14.900	02:01:50.550	09:24	17
160.	607	Mónica FONSECA	KeMedo Team	Female	F40-FEM	02:02:33.800	02:02:12.810	09:26	7
161.	557	Pedro MOREIRA	CRPJ Água Longa	Male	S23-MASC	02:02:35.930	02:02:29.590	09:26	5
162.	542	Nilda MAGALHÃES	"Casa da costura	Female	F50-FEM	02:02:37.260	02:02:34.690	09:26	2
163.	680	Patricia ABREU	S. S. Montepio	Female	SEN-FEM	02:02:43.650	02:02:12.390	09:26	18
164.	804	Sónia AZEVEDO		Female	SEN-FEM	02:02:43.650	02:02:14.150	09:26	19
165.	670	Alfredo ABREU	S. S. Montepio	Male	M40-MASC	02:02:43.790	02:02:10.810	09:26	52
166.	688	Celina CORREIA	Sem Medo	Female	F40-FEM	02:02:52.390	02:02:37.240	09:27	8
167.	813	João COELHO		Male	S23-MASC	02:03:09.100	02:02:32.240	09:28	6
168.	519	Flávio TEIXEIRA	Amigos 100 Limites	Male	SEN-MASC	02:03:18.940	02:03:18.280	09:29	50
169.	525	Ricardo LEAL	Amigos 100 Limites	Male	SEN-MASC	02:03:19.570	02:03:15.430	09:29	51
170.	745	João CARDOSO		Male	SEN-MASC	02:03:39.060	02:03:13.480	09:31	52
171.	800	Joana GONÇALVES	CMValongo	Female	F40-FEM	02:03:59.330	02:03:48.800	09:32	9
172.	784	Paulo SOUSA		Male	SEN-MASC	02:03:59.930	02:03:43.220	09:32	53
173.	554	Luís MONTEIRO	CMC - CARAP AUS	Male	M40-MASC	02:04:00.370	02:03:53.680	09:32	53
174.	606	Lucia NUNES	KeMedo Team	Female	SEN-FEM	02:04:08.000	02:03:44.150	09:33	20
175.	652	Paulo MACEDO	Pari Passu	Male	M50-MASC	02:04:10.920	02:04:03.410	09:33	22
176.	653	Pedro SANTOS	Pari Passu	Male	M40-MASC	02:04:11.480	02:04:02.430	09:33	54

Lugar	Dorsal	Nome	Equipa	Sexo	Categoria	Tempo	Chip	Média	Cat.
177.	812	Vitor COELHO		Male	M50-MASC	02:04:17.090	02:03:41.860	09:34	23
178.	757	José TEIXEIRA		Male	M50-MASC	02:04:20.380	02:03:53.690	09:34	24
179.	777	Nuno TEIXEIRA		Male	SEN-MASC	02:05:37.100	02:05:08.750	09:40	54
180.	682	Ricardo RESENDE	S. S. Montepio	Male	M40-MASC	02:05:57.140	02:05:22.580	09:41	55
181.	650	Sonia SILVA	Paredes Running	Female	F40-FEM	02:05:58.120	02:05:52.080	09:41	10
182.	674	Filipe SOARES	S. S. Montepio	Male	SEN-MASC	02:06:05.610	02:05:31.350	09:42	55
183.	574	Miguel QUEIRÓS	Fardetas	Male	M40-MASC	02:06:21.810	02:06:05.170	09:43	56
184.	598	Carlos OLIVEIRA	Jumanji Crooks	Male	SEN-MASC	02:06:53.410	02:06:37.620	09:46	56
185.	599	Marlene MADUREIRA	Jumanji Crooks	Female	SEN-FEM	02:06:53.830	02:06:37.890	09:46	21
186.	775	Noémia PINTO		Female	SEN-FEM	02:06:55.230	02:06:49.470	09:46	22
187.	516	Cláudia PEREIRA	Amigos 100 Limites	Female	SEN-FEM	02:08:10.580	02:08:09.350	09:52	23
188.	675	Francisco MOREIRA	S. S. Montepio	Male	M40-MASC	02:08:11.330	02:07:38.780	09:52	57
189.	811	Sérgio TAVARES	Salgueiros	Male	M40-MASC	02:08:11.440	02:07:49.530	09:52	58
190.	521	João MOREIRA	Amigos 100 Limites	Male	M50-MASC	02:09:01.540	02:08:56.700	09:55	25
191.	761	Liliana SILVA		Female	SEN-FEM	02:09:16.330	02:08:50.560	09:56	24
192.	758	Jose VALES		Male	M40-MASC	02:09:30.810	02:08:57.750	09:58	59
193.	762	Luis FEITEIRA		Male	M40-MASC	02:10:38.650	02:10:08.120	10:03	60
194.	690	António PINHEIRO	SiM Summit	Male	SEN-MASC	02:11:03.490	02:10:54.090	10:05	57
195.	711	Adrien ROCHA		Male	M40-MASC	02:12:12.720	02:12:02.820	10:10	61
196.	566	Mário ARAÚJO	Equipa A	Male	M40-MASC	02:12:35.390	02:12:14.720	10:12	62
197.	741	Isa QUEIRÓS		Female	SEN-FEM	02:12:50.450	02:12:27.330	10:13	25
198.	503	Fátima RAMOS	Aliança de Gandra	Female	F40-FEM	02:13:27.320	02:13:22.700	10:16	11
199.	706	Rosa SANTOS	TOG-Trinca Orelhas de Gato	Female	F50-FEM	02:13:30.150	02:13:25.230	10:16	3
200.	808	Márcia SILVA	Éjali...clube de amigos trailrunners	Female	SEN-FEM	02:13:48.000	02:13:38.500	10:17	26
201.	564	Pedro GOMES	Éjali...clube de amigos trailrunners	Male	SEN-MASC	02:13:48.110	02:13:40.240	10:17	58
202.	801	José MAIA		Male	M60-MASC	02:13:49.420	02:13:41.090	10:17	8
203.	790	Pedro MARCOS		Male	SEN-MASC	02:14:48.750	02:14:18.690	10:22	59
204.	587	Paulo SILVA	Gansos	Male	M50-MASC	02:15:22.040	02:15:01.420	10:25	26
205.	795	Sílvia MARINHO		Female	SEN-FEM	02:15:23.010	02:15:09.630	10:25	27
206.	586	Carlos ANJOS	Gansos	Male	M40-MASC	02:15:23.120	02:15:03.780	10:25	63
207.	548	Estefânia MATIAS	Clube Zupper	Female	F40-FEM	02:15:29.390	02:15:24.160	10:25	12
208.	608	Patricia NETO	KeMedo Team	Female	SEN-FEM	02:16:57.330	02:16:36.840	10:32	28
209.	609	Pedro DUARTE	KeMedo Team	Male	SEN-MASC	02:16:58.310	02:16:31.680	10:32	60
210.	627	Nuno FERNANDES	OPraticante.pt	Male	SEN-MASC	02:17:22.390	02:17:12.570	10:34	61
211.	779	Paula SAMPAIO		Female	SEN-FEM	02:19:27.810	02:19:03.850	10:44	29
212.	594	Mario RODRIGUES	GDG-GRANJA-TRUTAS DO MAU-CASTRO DAIRE	Male	M40-MASC	02:19:46.570	02:13:09.810	10:45	64
213.	511	Ricardo ROCHA	Aliança de Gandra	Male	SEN-MASC	02:20:03.290	02:19:59.080	10:46	62
214.	523	Marina MOREIRA	Amigos 100 Limites	Female	SEN-FEM	02:20:08.070	02:20:04.080	10:47	30
215.	803	António MARCULINO	Maia AC	Male	M50-MASC	02:20:12.540	02:20:08.540	10:47	27
216.	529	Nuno LEÃO	Aperta Cordões	Male	M40-MASC	02:20:14.150	02:20:08.470	10:47	65
217.	526	Cristina GOMES	Aperta Cordões	Female	F40-FEM	02:20:33.510	02:20:26.790	10:49	13
218.	700	Goreti ROCHA	TOG-Trinca Orelhas de Gato	Female	F40-FEM	02:21:19.090	02:21:11.560	10:52	14
219.	746	Joao COSTA		Male	SEN-MASC	02:21:20.220	02:21:04.790	10:52	63
220.	581	José SILVA	G. D. Vale do Ave	Male	SEN-MASC	02:22:12.390	02:21:43.130	10:56	64

Lugar	Dorsal	Nome	Equipa	Sexo	Categoria	Tempo	Chip	Média	Cat.
221.	736	Gonçalo ANTUNES		Male	SEN-MASC	02:22:29.750	02:22:25.120	10:58	65
222.	759	Júlia GOUVEIA		Female	SEN-FEM	02:23:37.380	02:23:07.730	11:03	31
223.	528	Fatima VIEIRA	Aperta Cordões	Female	F50-FEM	02:25:19.480	02:25:13.010	11:11	4
224.	716	Ana REIS		Female	F60-FEM	02:25:52.920	02:21:32.700	11:13	2
225.	660	Valter FERNANDES	Raçados a Javali	Male	SEN-MASC	02:27:45.670	02:27:19.030	11:22	66
226.	658	Mário BARBOSA	Raçados a Javali	Male	SEN-MASC	02:27:45.970	02:27:20.110	11:22	67
227.	789	Pedro LEITE		Male	M40-MASC	02:28:03.250	02:27:28.420	11:23	66
228.	567	Helder TEIXEIRA	Eu e Elas	Male	SEN-MASC	02:28:57.200	02:28:44.430	11:28	68
229.	569	Sonia SOUSA	Eu e Elas	Female	SEN-FEM	02:28:57.300	02:28:44.800	11:28	32
230.	617	Angela SILVA	MIRRAS	Female	SEN-FEM	02:29:45.280	02:29:12.870	11:31	33
231.	797	Sónia SOUSA		Female	SEN-FEM	02:31:26.820	02:30:57.620	11:39	34
232.	610	Sandra LOPES	KeMedo Team	Female	F40-FEM	02:31:27.050	02:31:05.790	11:39	15
233.	756	José RAMOS		Male	M60-MASC	02:31:27.280	02:31:04.870	11:39	9
234.	807	Paulo VILARIRNHO	Gaia Running	Male	M40-MASC	02:33:52.240	02:33:35.940	11:50	67
235.	731	Eulália DIAS		Female	F40-FEM	02:33:56.580	02:33:39.000	11:50	16
236.	752	José CONDE		Male	M50-MASC	02:33:57.270	02:33:39.000	11:50	28
237.	732	Fátima MIRANTE		Female	F40-FEM	02:34:00.000	02:33:42.890	11:51	17
238.	685	Rui VASQUES	S. S. Montepio	Male	M40-MASC	02:35:11.530	02:34:37.750	11:56	68
239.	793	Sandra TORRES		Female	F40-FEM	02:36:52.060	02:36:30.020	12:04	18
240.	584	Joaquim GARCES	Gansos	Male	M50-MASC	02:38:08.560	02:37:48.420	12:10	29
241.	589	Rosa FERREIRA	Gansos	Female	F40-FEM	02:38:09.030	02:38:00.310	12:10	19
242.	625	Filomena SOARES	OPraticante.pt	Female	F60-FEM	02:39:52.390	02:39:45.890	12:18	3
243.	580	João JERÓNIMO	Força nas Canetas	Male	SEN-MASC	02:40:29.570	02:40:15.550	12:20	69
244.	579	Andreia BRANDÃO	Força nas Canetas	Female	SEN-FEM	02:40:29.770	02:40:14.800	12:20	35
245.	628	Helena SANTOS	OPraticante.pt	Female	SEN-FEM	02:42:52.170	02:42:44.760	12:32	36
246.	616	Alexandra MOUTA	MIRRAS	Female	SEN-FEM	02:43:10.010	02:42:38.570	12:33	37
247.	618	Rita MEDON	MIRRAS	Female	SEN-FEM	02:43:10.140	02:42:39.740	12:33	38
248.	699	Deolinda CAMPANHÃ	TOG-Trinca Orelhas de Gato	Female	F50-FEM	02:43:10.360	02:43:05.030	12:33	5
249.	648	Sandra SILVA	Paredes Running	Female	SEN-FEM	02:43:38.380	02:37:02.750	12:35	39
250.	766	Maria MARCELO		Female	F60-FEM	02:43:51.000	02:43:51.000	12:36	4
251.	633	Sara OLIVEIRA	Os Finos	Female	S23-FEM	02:44:53.830	02:44:28.930	12:41	3
252.	632	Isabel SÁ	Os Finos	Female	F40-FEM	02:44:53.860	02:44:28.780	12:41	20
253.	742	Isabel CUNHA		Female	SEN-FEM	02:45:02.070	02:40:41.030	12:41	40
254.	590	Sonia MARQUES	Gansos	Female	F40-FEM	02:45:21.660	02:45:03.040	12:43	21
255.	654	Manuel SILVA	Projeto 56K	Male	M40-MASC	02:45:35.300	02:45:21.510	12:44	69
256.	615	Zulmira MARINHO	Minute Print	Female	SEN-FEM	02:46:24.300	02:46:18.730	12:48	41
257.	614	Bruno MARINHO	Minute Print	Male	M40-MASC	02:46:25.180	02:46:18.510	12:48	70
258.	662	Ricardo BRAGA	Rechonchudos Trail Runners	Male	SEN-MASC	02:47:06.730	02:46:38.640	12:51	70
259.	613	Sonia SAMPAIO	Metralhas Runners	Female	F40-FEM	02:47:12.880	02:47:00.190	12:52	22
260.	527	Elio GONÇALVES	Aperta Cordões	Male	M40-MASC	02:49:33.000	02:49:28.750	13:02	71
261.	764	Manuel LEONARDO		Male	M60-MASC	02:50:49.160	02:50:45.970	13:08	10
262.	672	Carlos CABOUÇO	S. S. Montepio	Male	M40-MASC	02:50:51.640	02:50:25.070	13:08	72
263.	536	Paulo MATOS	As Tarequinhas da Maia	Male	M50-MASC	02:51:26.010	02:51:11.390	13:11	30
264.	532	Carina MENDES	As Tarequinhas da Maia	Female	F40-FEM	02:51:32.480	02:51:17.380	13:11	23

Lugar	Dorsal	Nome	Equipa	Sexo	Categoria	Tempo	Chip	Média	Cat.
265.	686	Sergio OLIVEIRA	S. S. Montepio	Male	M40-MASC	02:52:49.530	02:52:21.090	13:17	73
266.	679	Lilian GOMES	S. S. Montepio	Female	SEN-FEM	02:52:49.820	02:52:21.380	13:17	42
267.	641	Ana FERREIRA	Paredes Running	Female	F40-FEM	02:59:26.330	02:59:04.560	13:48	24
268.	740	Igor SANTOS		Male	SEN-MASC	03:04:11.030	03:03:58.380	14:10	71
269.	714	Ana CARAVANA		Female	SEN-FEM	03:04:11.940	03:04:00.540	14:10	43
270.	646	Manuela SANTOS	Paredes Running	Female	F50-FEM	03:04:50.580	03:04:29.870	14:13	6
271.	819	Edite MARQUES		Female	SEN-FEM	03:04:56.010	03:04:48.620	14:14	44
272.	783	Paulo ANDRADE		Male	SEN-MASC	03:04:56.380	03:04:49.860	14:14	72
273.	721	Bruna PEIXOTO		Female	SEN-FEM	03:05:31.900	03:05:20.420	14:16	45
274.	659	Sofia FERNANDES	Raçados a Javali	Female	SEN-FEM	03:05:32.950	02:58:58.450	14:16	46
275.	645	Luís RIBEIRO	Paredes Running	Male	M40-MASC	03:09:01.940	03:08:39.270	14:32	74
276.	649	Sonia SANTOS	Paredes Running	Female	SEN-FEM	03:09:14.360	03:08:51.020	14:34	47
277.	647	Nelson SANTOS	Paredes Running	Male	M40-MASC	03:09:22.890	03:08:57.910	14:34	75
278.	533	Margarida JÚLIO	As Tarequinhas da Maia	Female	F50-FEM	03:10:17.070	03:10:01.600	14:38	7
279.	534	Maria FERRAZ	As Tarequinhas da Maia	Female	F50-FEM	03:10:20.530	03:10:02.370	14:38	8
280.	709	Fábio SOUSA	W3 R0ck	Male	SEN-MASC	03:34:51.870	03:33:08.220	16:32	73
281.	708	Daniela CAMPOS	W3 R0ck	Female	SEN-FEM	03:42:02.640	03:40:25.460	17:05	48
-	512	Sérgio PEREIRA	Aliança de Gandra	Male	M40-MASC	Withdrawal			
-	802	Fátima MARCULINO	Maia AC	Female	F50-FEM	Withdrawal			