

Resultados

Trail 10Km

Resultado (Multiple Items)

Escalão	Nome	Clube	Tempo
Fem	Isa Silva	Team Açai	1:11:14
	Telma Silva	(blank)	1:12:48
	Ana Casal	Ori-Estarreja	1:12:59
	Ana Moreira	Team Duas Faces	1:14:24
	Paula Nascimento	A. C. Alfenense	1:14:32
	Marcia Silva	Juventude Vidigalense	1:14:35
	Marisa Pereira	Juventude Vidigalense	1:14:38
	Cristina Pereira	Longusbike - Amigos do Trail	1:15:48
	Maria Jesus	Os Carros Vassoura	1:18:26
	Patricia Rosas	(blank)	1:18:33
	Lucilia Loureiro	Longusbike - Amigos do Trail	1:19:10
	Sandra Maria Finisterra Araújo T	(blank)	1:19:51
	Manuela Nogueira	Ori-Estarreja	1:19:56
	Berta Maria dos Santos Ferreira	(blank)	1:20:24
	Armandina da Silva Torres	Longusbike - Amigos do Trail	1:20:58
	Lucelia Ferreira	Engomadoria L&A TEAM	1:21:35
	Carla Santos	(blank)	1:22:12
	Ana Dias	(blank)	1:22:17
	Sónia Adão	(blank)	1:22:25
	Joana Ferreira Direito	(blank)	1:22:30
	Patricia Silva	(blank)	1:24:09
	Sílvia Teixeira	Team Duas Faces	1:24:15
	Adelaide Almeida	(blank)	1:24:17
	Manuela Tavares	(blank)	1:24:55
	Sílvia Sousa	(blank)	1:25:03
	Maria Rocha	(blank)	1:25:22
	Marta Moreira	MAIA A.C.	1:26:24
	Manuela Barros	MAIA A.C.	1:26:26
	Ana Isabel Sousa	(blank)	1:30:15
	Joana Couto Fernandes	(blank)	1:30:19
	Daniela Pereira	(blank)	1:31:42
	Anette Kind	Clube Veteranos Porto	1:31:51
	Olivia Carmo	Clube Veteranos Porto	1:32:08
	Ivete Carneiro	Os Carros Vassoura	1:33:25
	Ana Sofia Lopes	Virgin Active Health Club	1:33:27
	Branca Marques	Ginasio Factor X	1:33:34
	Sandra Oliveira	Team Duas Faces	1:33:41
	Tania Santos	Ginasio Factor X	1:33:43
	Séverine Boiteau	(blank)	1:34:00
	Elsa de Jesus Sequeira Cardoso N	Longusbike - Amigos do Trail	1:34:04
	Carla Castro	Kangaroo Runners	1:34:31
	Sandra Lopes	(blank)	1:34:35
	Andreia Amaral	(blank)	1:34:44
	Ana Helena Rodrigues	groupama trail team	1:34:53
	Ana Ferreira	rasga montanha	1:36:26

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Escalão	Nome	Clube	Tempo
Fem	Carla Araújo	rasga montanha	1:36:28
	Alfredina Cecília	(blank)	1:37:02
	Luisa Caramelo	(blank)	1:37:04
	Elisabete Santos	(blank)	1:37:44
	Célia Vital	Vianarunners	1:37:48
	Helena Sousa	Vianarunners	1:37:50
	Lígia Fernandes	Vianarunners	1:45:00
	Ana Catarina Fernandes	Vianarunners	1:45:01
	Sónia Pereira	(blank)	1:48:12
Masc			
	Hélder Marcolino	Team INOV-8 Portugal	0:46:34
	Adelino Silva	Grupo Dramático Recreativo Retorta	0:46:54
	Tiago Pinto	Alunos de Meirim F.C.	0:52:07
	José Carlos Pereira	(blank)	0:54:16
	João Pedro Casal	Ori-Estarreja	0:56:40
	Emanuel Sardo Fidalgo	(blank)	0:59:08
	Rui Borges	MAIA A.C.	0:59:12
	José Rocha	Centro de Atletismo de Ermesinde	0:59:49
	Ivo Alexandre Silva	(blank)	1:00:04
	Pedro Oliveira	Run Team Lantemil	1:00:48
	Paulo Oliveira	Ginasio Factor X	1:02:00
	André Ribeiro Fraga	Locomotiva de Paranhos	1:02:13
	Virgilio Jaime Silva	Ginasio Factor X	1:02:16
	André Trigais	(blank)	1:02:25
	Fernando Martins	GRFNZ/AUTOSIMPORTADOS	1:02:44
	Pedro Alves	Dasdikes	1:02:48
	Pedro Maia	Laguima	1:02:51
	Fernando Jorge Oliveira	Ffitness Gaia	1:02:53
	Bruno Rocha	(blank)	1:03:25
	Hugo Jesus	(blank)	1:03:55
	Diogo João Moutinho Loureiro	Fugitivos da Crise	1:05:08
	Bruno Neves	Ginasio Factor X	1:07:30
	Fernando Pereira	Ginasio Factor X	1:07:38
	Ricardo Fernandes	DeniroVIP	1:07:56
	Manuel Morais	(blank)	1:08:09
	Dinis Pires	MAIA A.C.	1:08:40
	José Carlos Cunha	MBTT	1:08:47
	Nuno Miguel Aguiar Cardoso	(blank)	1:09:24
	Daniel Filipe Pereira Teixeira	(blank)	1:09:49
	Joaquim Fernando	Centro de Atletismo de Ermesinde	1:10:02
	Hugo Pereira	Run Team Lantemil	1:10:05
	Paulo Jorge Marques	(blank)	1:10:43
	Nuno Soares	GRFNZ/AUTOSIMPORTADOS	1:10:45
	Simão Faria	(blank)	1:10:49
	Manuel Teixeira	(blank)	1:10:57
	Bruno Rodrigues	(blank)	1:10:59
	Francisco Paulo Pinto	(blank)	1:11:04
	Gil Melo	MAIA A.C.	1:11:11
	Carlos Vieira	Team Açai	1:11:16

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Escalão	Nome	Clube	Tempo
Masc	Leandro Rocha	Virgin Active Health Club	1:11:36
	Rui Jesus	(blank)	1:11:39
	Nelson Pinto	Os Barriguitas	1:11:42
	Nuno Filipe Amorim da Silva	(blank)	1:11:49
	Luis Martins	(blank)	1:12:02
	Diogo Silva	(blank)	1:12:13
	António Oliveira	(blank)	1:12:35
	José Manuel Gomes Almeida	(blank)	1:13:38
	Gonçalo Aroso	(blank)	1:13:42
	Pedro Leão	Os Barriguitas	1:13:51
	Rui Pedro Oliveira	Ginasio Factor X	1:13:54
	Jorge Ribeiro	(blank)	1:14:02
	Jorge Alberto Águas Santos	(blank)	1:14:18
	Vítor Manuel Oliveira da Silva	(blank)	1:14:29
	Rui Filipe Costa	(blank)	1:14:51
	Paulo Marques	(blank)	1:15:05
	Tiago Almeida	(blank)	1:15:07
	Ângelo Alves	Wild	1:15:25
	Pedro Cid Ferreira	Longusbike - Amigos do Trail	1:15:45
	João Carlos Pereira Ferreira	Fugitivos da Crise	1:16:03
	Pedro Antunes	P&A Team	1:16:10
	Paulo Roberto Gonçalves Silva	GRFNZ/AUTOSIMPORTADOS	1:16:35
	Gonçalo Rodrigues	(blank)	1:17:19
	Diogo Aguiar	(blank)	1:17:21
	José Pereira	MAIA A.C.	1:17:59
	Mário Macedo	GRFNZ/AUTOSIMPORTADOS	1:18:10
	Paulo Dias	(blank)	1:18:14
	Rui Santos	Longusbike - Amigos do Trail	1:18:18
	Pedro Gil Alves	Os Carros Vassoura	1:18:29
	José Santos	GRFNZ/AUTOSIMPORTADOS	1:19:12
	David Morais	Longusbike - Amigos do Trail	1:19:23
	Fernando Andrade	No Tomorrow Running Team	1:19:27
	Rui Faria	(blank)	1:19:30
	António Pedro Gonçalves	(blank)	1:20:20
	Nuno Graça	(blank)	1:20:33
	Emílio Gonçalves	No Tomorrow Running Team	1:20:35
	José Carlos Ramos	(blank)	1:20:41
	Fernando Silva	GRFNZ/AUTOSIMPORTADOS	1:20:44
	Nuno Silva	Longusbike - Amigos do Trail	1:21:01
	Paulo Girão	MAIA A.C.	1:22:16
	Armandino Cramez	G.D.Leões do Veneza	1:22:33
	Nuno Pinto	(blank)	1:22:36
	Cristiano Batista	(blank)	1:22:39
	Daniel Machado	IFive	1:23:54
	Henrique Almeida	(blank)	1:23:58
	José Casanova	(blank)	1:24:05
	Germano Moura	Os Barriguitas	1:24:12
	António Costa	(blank)	1:24:43
	Christophe Manuel	(blank)	1:25:06

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Escalão	Nome	Clube	Tempo
Masc	Hugo Vítor Correia	(blank)	1:26:12
	Antonio Queiros	Ginasio Factor X	1:26:21
	Nuno Rabaça	(blank)	1:30:08
	Ilídio Pires	(blank)	1:31:00
	Rogério Santos	(blank)	1:33:56
	Tiago Ramalho	(blank)	1:33:58
	João Alberto Martins Pinheiro	(blank)	1:34:57
	Fernando Pinto	(blank)	1:35:03
	Luís Alves	MAIA A.C.	1:37:21
	Pedro Gomes	(blank)	1:37:46
	Micael Humberto Rocha Moreira	(blank)	1:38:40
	António Miguel Rodrigues Furtado	Academia de Atletismo de Oliveira do Douro	1:38:44
	Nuno Almeida	Ecobike	1:39:48
	Rui Amaro	Fugitivos da Crise	1:41:12