

TRAIL PENEDO DA MOURA



Classificação Geral

Trail 18 km

Pos.	Dor.	Nome	Clube	Cat.	Pos.Cat	Tempo	T/Km.	Dif.
1	2102	Pedro Oliveira,	Fama Runners	L-SenM	1	1:36:44.35	05:22	
2	4018	João Paulo Dias Gonçalves,	Airórun	L-V40M	1	1:37:47.07	05:26	0:01:03
3	2513	Patrick Marques,		L-V40M	2	1:40:06.54	05:34	0:03:23
4	3029	Joel Pinto,		L-SenM	2	1:41:45.08	05:39	0:05:01
5	3015	Tiago Lima,	Aves Runners	L-SenM	3	1:43:02.83	05:43	0:06:19
6	2068	Sérgio Pereira,	ErmidaFit	L-SenM	4	1:45:39.26	05:52	0:08:55
7	5005	Narciso Machado,	Profisio Team	L-V50M	1	1:45:52.08	05:53	0:09:08
8	2078	Nuno Figueiredo,	Dive Into the mountains	L-SenM	5	1:46:11.43	05:54	0:09:27
9	2563	Pedro Vieira,	Fama Runners	L-SenM	6	1:46:17.76	05:54	0:09:34
10	4029	Rui Pinto,		L-V40M	3	1:46:27.01	05:55	0:09:43
11	2077	Ricardo Sousa,	Dive Into the mountains	L-SenM	7	1:46:41.18	05:56	0:09:57
12	2031	Luis Miguel Santos,	Vimarunners	L-SenM	8	1:46:46.62	05:56	0:10:03
13	4035	Raul Silva,	Profisio Team	L-V40M	4	1:46:48.28	05:56	0:10:04
14	2114	Joaquim Pinheiro,	ErmidaFit	L-V50M	2	1:49:00.40	06:03	0:12:16
15	2081	Zé Carlos Leitão,	Airão Trail Team	L-SenM	9	1:49:29.95	06:05	0:12:46
16	4037	Abilio Pereira,	Profisio Team	L-V40M	5	1:50:04.29	06:07	0:13:20
17	2016	Romeu Sousa,	Roriz Aventura	L-SenM	10	1:50:06.28	06:07	0:13:22
18	2059	André Costa,	Corredores da Noite	L-SenM	11	1:52:45.19	06:16	0:16:01
19	5003	Luís Araújo,	Fama Runners	L-V50M	3	1:52:47.05	06:16	0:16:03
20	4014	Carlos Silva,	Corredores da Noite	L-V40M	6	1:53:02.60	06:17	0:16:19
21	2113	Bruno Rodrigues,	Exercito Português - Escola dos Serviç	L-SenM	12	1:53:03.21	06:17	0:16:19
22	4010	Nuno Martins,	MAGIC FRIENDS RUNNERS	L-V40M	7	1:53:26.32	06:18	0:16:42
23	2045	Pedro Fernandes,		L-SenM	13	1:53:41.24	06:19	0:16:57
24	3009	Horácio Reis,	Os Rotos	L-SenM	14	1:53:42.00	06:19	0:16:58
25	2040	Bruno Pereira,	ADECA	L-SenM	15	1:54:12.69	06:21	0:17:29
26	2116	Daniel Cruz,	Exercito Português - Escola dos Serviç	L-SenM	16	1:54:35.28	06:22	0:17:51
27	2058	Ivo Fernandes,	Amigos Do Empeno - Trail Running	L-SenM	17	1:54:50.11	06:23	0:18:06
28	2522	Miguel Silva,	Minho Aventura	L-V40M	8	1:54:50.52	06:23	0:18:07
29	4003	Daniel Silva,	Minho Aventura	L-V40M	9	1:54:51.08	06:23	0:18:07
30	4022	Pascoal Melo,	Minho Aventura	L-V40M	10	1:54:54.75	06:23	0:18:11
31	2048	Pedro Cerqueira,	Airórun	L-SenM	18	1:55:24.23	06:25	0:18:40
32	4008	jose Costa,	AD Carril	L-V40M	11	1:55:58.66	06:27	0:19:15
33	3031	Nelson Vaz,	Profisio Team	L-SenM	19	1:56:37.97	06:29	0:19:54
34	4028	André Martins,	TESCO TEAM RUNNING	L-V40M	12	1:56:40.93	06:29	0:19:57
35	2506	José António Ferreira Costa,	Fama Runners	L-V40M	13	1:57:19.55	06:31	0:20:36
36	3010	David Ferreira,	AD Carril	L-SenM	20	1:57:21.44	06:31	0:20:37
37	2007	Nuno Moreira,	TEAM TT	L-SenM	21	1:57:22.03	06:31	0:20:38
38	3021	Helder Santos,	Central Runners	L-SenM	22	1:57:37.95	06:32	0:20:54
39	2023	João Ricardo,	Vimarunners	L-SenM	23	1:57:38.03	06:32	0:20:54
40	4006	André Mesquita Guimarães,	Luanda Runners	L-V40M	14	1:57:42.49	06:32	0:20:58
41	2507	Francisco Morais,	ADECA	L-V40M	15	1:57:45.35	06:33	0:21:01
42	2017	Filipe Correia,	Exercito Português - Escola dos Serviç	L-SenM	24	1:57:57.22	06:33	0:21:13
43	2115	Ricardo Pais,	ErmidaFit	L-SenM	25	1:58:06.39	06:34	0:21:22

44	2552	Manuel Gomes,	Fama Runners	L-V40M	16	1:58:21.08	06:35	0:21:37
45	4024	Rui Oliveira,	GAIA TRAIL	L-V40M	17	1:59:06.21	06:37	0:22:22
46	2082	Daniel Oliveira,	Airão Trail Team	L-SenM	26	1:59:06.36	06:37	0:22:22
47	2124	Carlos Ribeiro,	Dive Into the mountains	L-SenM	27	1:59:57.81	06:40	0:23:14
48	2038	André Fraga,	Locomotiva de Paranhos	L-SenM	28	2:00:02.90	06:40	0:23:19
49	2500	Milton Cabral,	#AVIDAEPACURTIR	L-V40M	18	2:00:10.15	06:41	0:23:26
50	2533	ARMANDO OLIVEIRA,	MAGIC FRIENDS RUNNERS	L-V40M	19	2:00:20.52	06:41	0:23:37
51	4007	artur Mendes,		L-V40M	20	2:00:47.60	06:43	0:24:04
52	4030	Manuela Faria,	PORTOCARGO RUNNERS	L-V40F	1	2:00:50.21	06:43	0:24:06
53	2008	Rui Samuel Gonçalves,	GTT - ARMAZÉM DO CAFFÉ	L-SenM	29	2:01:08.99	06:44	0:24:25
54	3001	Ricardo Miguel Silva,		L-SenM	30	2:01:12.68	06:44	0:24:29
55	2013	Elisabete Alves,		L-SenF	1	2:01:35.80	06:45	0:24:52
56	2570	Afonso Torres,	Aves Runners	L-V40M	21	2:01:40.11	06:46	0:24:56
57	3003	Carla Silva,	Royal Wellness Center	L-SenF	2	2:01:46.32	06:46	0:25:02
58	4015	Angelo Ribeiro,	Corredores da Noite	L-V40M	22	2:01:59.50	06:47	0:25:16
59	2019	David Sousa,	Type	L-SenM	31	2:02:01.58	06:47	0:25:18
60	2545	Miguel de Oliveira,	Airão Trail Team	L-V40M	23	2:02:19.45	06:48	0:25:35
61	4042	Xavier Oliveira,	Fisiojoane	L-V40M	24	2:02:29.80	06:48	0:25:46
62	2523	Lucas Morgado,	Royal Wellness Center	L-V40M	25	2:03:05.22	06:50	0:26:21
63	3002	Leonel F.,	Royal Wellness Center	L-SenM	32	2:03:11.45	06:51	0:26:27
64	2009	João Machado,	ADECA	L-SenM	33	2:03:40.70	06:52	0:26:57
65	4044	António Machado,	Fisiojoane	L-V50M	4	2:04:28.23	06:55	0:27:44
66	4031	RENATO OLIVEIRA,	PORTOCARGO RUNNERS	L-V40M	26	2:04:45.07	06:56	0:28:01
67	4017	José Martins,	Corredores da Noite	L-V40M	27	2:04:45.34	06:56	0:28:01
68	5004	Carlos Natividade Silva,	Dr.Merino/4moove	L-V50M	5	2:06:02.78	07:00	0:29:19
69	2060	Daniel Almeida,	Exercito Português - Escola dos Serviç	L-SenM	34	2:06:27.08	07:02	0:29:43
70	2018	Pedro Catarino,	Dragon Club	L-SenM	35	2:06:34.31	07:02	0:29:50
71	5002	Casemiro Tavares,	Corredores da Noite	L-V50M	6	2:07:10.69	07:04	0:30:27
72	2526	Vitor Araújo,	Minho Aventura	L-V40M	28	2:07:16.36	07:04	0:30:32
73	4026	Rui Gonçalves,	Fama Runners	L-V40M	29	2:07:20.92	07:04	0:30:37
74	3007	Gabriela Fonseca,	GTT - ARMAZÉM DO CAFFÉ	L-SenF	3	2:07:23.21	07:05	0:30:39
75	2503	André Vieira De Castro,		L-V40M	30	2:08:16.03	07:08	0:31:32
76	2109	Rafael Costa,	Fama Runners	L-SenM	36	2:08:32.83	07:08	0:31:49
77	4036	Mario Balloteli,	Profisio Team	L-V40M	31	2:09:22.07	07:11	0:32:38
78	2042	Silvia Pereira,	BAREJO TEAM	L-SenF	4	2:09:24.88	07:11	0:32:41
79	4004	Rui Manuel Azevedo Araújo Araújo,		L-V40M	32	2:09:37.17	07:12	0:32:53
80	4041	Paulo Saldanha,	Fisiojoane	L-V40M	33	2:09:40.06	07:12	0:32:56
81	3026	Rui Carneiro,	Alive Runner	L-SenM	37	2:10:13.13	07:14	0:33:29
82	4000	Daniel Marco Gomes Miranda,	Os Pastilhas	L-V40M	34	2:11:34.15	07:19	0:34:50
83	2002	Ivo Sampaio,	TEAM TT	L-SenM	38	2:11:34.52	07:19	0:34:51
84	3019	Rafael Silva,		L-SenM	39	2:12:01.19	07:20	0:35:17
85	2001	Rogério Santos,		L-SenM	40	2:12:10.81	07:21	0:35:27
86	4023	JOAQUIM FERREIRA,	A.C. VERMOIM	L-V50M	7	2:12:14.37	07:21	0:35:30
87	2537	Paulo Ribeiro,	Dive Into the mountains	L-V40M	35	2:12:21.52	07:21	0:35:38
88	2535	Pedro Costa,	Dive Into the mountains	L-V40M	36	2:12:22.98	07:21	0:35:39
89	2094	Mauro Fernandes,	Fama Runners	L-SenM	41	2:12:26.58	07:21	0:35:43
90	2572	José Morais Bento,	GAIA TRAIL	L-V50M	8	2:12:34.44	07:22	0:35:50
91	3022	Nelson Ricardo,	AD Carril	L-SenM	42	2:12:50.33	07:23	0:36:06
92	3012	Sérgio Enes,	ESCOLA DOS SERVIÇOS - EXERCIL	L-SenM	43	2:13:12.95	07:24	0:36:29
93	3000	António Monteiro,	Exercito Português - Escola dos Serviç	L-SenM	44	2:13:13.31	07:24	0:36:29
94	3004	José Dias,	Exercito Português - Escola dos Serviç	L-SenM	45	2:13:14.63	07:24	0:36:31
95	2583	Antonio Ferreira,	A.C. VERMOIM	L-V50M	9	2:13:41.50	07:26	0:36:58
96	5006	Goreti Sousa,	Profisio Team	L-V50F	1	2:14:34.61	07:29	0:37:51
97	2520	Francisco Duarte,	New Cycle Team - Ncteam BTT	L-V40M	37	2:14:40.39	07:29	0:37:56
98	3014	Flávio Sampaio,	A D Esmeriz Running	L-SenM	46	2:14:40.66	07:29	0:37:57
99	2015	Elson Carvalho,	Habcarpintaria	L-SenM	47	2:14:56.16	07:30	0:38:12
100	2004	Susana Rodrigues,	Clube Atletismo Fafe	L-SenF	5	2:15:10.23	07:31	0:38:26
101	3011	Patrícia Carvalho,	Amigos Do Empeno - Trail Running	L-SenF	6	2:15:19.43	07:31	0:38:35
102	2012	Vítor Manuel Gonçalves,	EDV - VIANA TRAIL	L-SenM	48	2:15:55.47	07:33	0:39:11

103	5000	Antonio Mendes,		L-V50M	10	2:16:14.73	07:34	0:39:31
104	3032	Bruno Pereira,	Profisio Team	L-SenM	49	2:16:39.74	07:36	0:39:56
105	2568	José Silva,	Fama Runners	L-V40M	38	2:17:19.26	07:38	0:40:35
106	5001	Álvaro Pereira,	Aves Runners	L-V50M	11	2:17:26.31	07:38	0:40:42
107	2528	Pedro Rocha,		L-V50M	12	2:17:53.21	07:40	0:41:09
108	2043	Pedro Araújo,		L-SenM	50	2:18:38.57	07:42	0:41:55
109	2539	Anabela Keta,	Dive Into the mountains	L-V40F	2	2:18:41.32	07:42	0:41:57
110	2053	Nuno Caraça,	Exercito Português - Escola dos Serviç	L-SenM	51	2:19:13.14	07:44	0:42:29
111	2527	Amadeu Soares,	Casa da Costura/Fisicorpus/Citybike	L-V40M	39	2:19:47.68	07:46	0:43:04
112	4012	Rui Rodrigues,		L-V40M	40	2:20:08.55	07:47	0:43:25
113	2554	Lígia Santos,	Fama Runners	L-SenF	7	2:20:16.62	07:48	0:43:33
114	2516	Rui Azevedo,		L-V40M	41	2:20:31.36	07:48	0:43:47
115	2021	Joao Laranjeira,	ade trail running	L-SenM	52	2:20:32.30	07:48	0:43:48
116	2569	Silvério Pereira,	ErmidaFit	L-V40M	42	2:21:02.73	07:50	0:44:19
117	4009	Sérgio Paulo Correia Rocha,	Corre pra frente	L-V40M	43	2:21:23.22	07:51	0:44:39
118	3024	Luis Manuel Oliveira Soares,	Os improváveis	L-SenM	53	2:21:42.34	07:52	0:44:58
119	4043	José Moreira,	Fisiojoane	L-V50M	13	2:21:44.43	07:52	0:45:00
120	2071	Helder Neves,		L-SenM	54	2:21:47.60	07:53	0:45:04
121	3037	Glória Pereira,	Fisiojoane	L-SenF	8	2:21:53.10	07:53	0:45:09
122	2540	Maria Sá,	Dive Into the mountains	L-V40F	3	2:22:23.00	07:55	0:45:39
123	2543	Joana Morais,	Dive Into the mountains	L-V40F	4	2:22:24.00	07:55	0:45:40
124	4005	Miguel Machado,	Amigos Do Empeno - Trail Running	L-V40M	44	2:22:24.58	07:55	0:45:41
125	2073	Daniela Vilas Boas,	Dragon Club	L-SenF	9	2:24:01.75	08:00	0:47:18
126	2066	Diane Pereira,		L-SenF	10	2:24:12.79	08:01	0:47:29
127	4027	Sandra Mesquita,	Os Santa Apolónia	L-V40F	5	2:24:57.56	08:03	0:48:14
128	3013	Gabriel Carneiro,	Aves Runners	L-SenM	55	2:25:25.12	08:05	0:48:41
129	2070	Angelica Rocha,	Dragon Club	L-SenF	11	2:26:14.18	08:07	0:49:30
130	2582	Nuno Cunha,		L-V40M	45	2:26:45.31	08:09	0:50:01
131	3005	Andre Fernandes,	Eu e o meu primo	L-SenM	56	2:27:02.74	08:10	0:50:19
132	2515	Jose Mendes,	BAREJO TEAM	L-V40M	46	2:27:49.45	08:13	0:51:05
133	2041	Ricardo Mendes,	BAREJO TEAM	L-SenM	57	2:27:49.90	08:13	0:51:06
134	2108	Rui Bezerra,	Tartarugas Velozes	L-SenM	58	2:28:05.88	08:14	0:51:22
135	2103	Pedro Oliveira,	Fama Runners	L-SenM	59	2:28:07.88	08:14	0:51:24
136	2578	Maria Oliveira,	Braguinhas Runners	L-V50F	2	2:28:21.11	08:15	0:51:37
137	2064	Paulo Laranjo,		L-SenM	60	2:28:51.27	08:16	0:52:07
138	3006	Tiago Fernandes,	Eu e o meu primo	L-SenM	61	2:29:06.95	08:17	0:52:23
139	2501	Pedro Lima,	TEAM TT	L-V40M	47	2:29:40.34	08:19	0:52:56
140	4016	José Augusto,	Corredores da Noite	L-V40M	48	2:30:04.42	08:20	0:53:20
141	2519	Hugo Ribeiro,	Barbatana Trail Team	L-V40M	49	2:31:57.31	08:27	0:55:13
142	2020	Carla Araújo,		L-SenF	12	2:34:00.83	08:33	0:57:17
143	2504	Agostinho Pedrosa,	Habcarpintaria	L-V50M	14	2:34:10.47	08:34	0:57:26
144	2118	Jorge Vale,	Fama Runners	L-SenM	62	2:36:36.35	08:42	0:59:52
145	2534	ÉLIA OLIVEIRA,	MAGIC FRIENDS RUNNERS	L-V40F	6	2:37:06.73	08:44	1:00:23
146	2532	NILDA MAGALHÃES,	MAGIC FRIENDS RUNNERS	L-V50F	3	2:37:06.74	08:44	1:00:23
147	3035	Rui Barbosa,	Profisio Team	L-SenM	63	2:37:34.92	08:45	1:00:51
148	2122	Flávio Rocha,		L-SenM	64	2:38:14.01	08:47	1:01:30
149	3025	Paula Carneiro,	A Voar	L-SenF	13	2:38:39.78	08:49	1:01:56
150	2119	Hernâni Veríssimo,		L-SenM	65	2:38:47.84	08:49	1:02:04
151	2087	Filipe Fonseca,	Fama Runners	L-SenM	66	2:38:52.68	08:50	1:02:09
152	2557	Jorge Vale,	Fama Runners	L-V50M	15	2:38:53.30	08:50	1:02:09
153	2085	Inês Matos,	Fama Runners	L-SenF	14	2:38:53.50	08:50	1:02:10
154	2511	Fernando Costa,	Exercito Português - Escola dos Serviç	L-V40M	50	2:39:12.90	08:51	1:02:29
155	4034	Eduarda Freitas,		L-V40F	7	2:39:34.33	08:52	1:02:50
156	3030	Marinha Nogueira,		L-SenF	15	2:39:54.01	08:53	1:03:10
157	4001	Joao Silva,	Porto Sentido Runners	L-V40M	51	2:40:58.46	08:57	1:04:14
158	2054	Joana Alves,	NA BOA	L-SenF	16	2:41:08.97	08:57	1:04:25
159	2092	Catarina Costa,	Fama Runners	L-SenF	17	2:41:43.08	08:59	1:04:59
160	4033	PAULO FERREIRA,	PORTOCARGO RUNNERS	L-V40M	52	2:42:07.05	09:00	1:05:23
161	2555	Miguel Carneiro,	Fama Runners	L-V50M	16	2:42:29.39	09:02	1:05:45

162	2548 Francisco Melo,		L-V40M	53	2:42:56.97	09:03	1:06:13
163	4019 Francisco Maia,	Os Santa Apolónia	L-V40M	54	2:42:58.38	09:03	1:06:14
164	4013 Anabela Silva,		L-V40F	8	2:45:38.74	09:12	1:08:55
165	2512 Francisco Rua,		L-V40M	55	2:45:59.75	09:13	1:09:16
166	4020 Fernando Filipe,		L-V40M	56	2:46:00.12	09:13	1:09:16
167	4039 Joaquim Ferreira,	Profisio Team	L-V40M	57	2:48:42.41	09:22	1:11:58
168	3016 Rui Dinis,		L-SenM	67	2:51:36.27	09:32	1:14:52
169	2546 João Miguel Freitas,	Fama Runners	L-V40M	58	2:52:32.13	09:35	1:15:48
170	2566 Paula Ribeiro,	Fama Runners	L-V40F	9	2:54:05.31	09:40	1:17:21
171	2521 Luís Filipe P. Rodrigues,		L-V40M	59	2:55:21.05	09:45	1:18:37
172	3023 Carlos Manuel Oliveira Campos,	Os improváveis	L-SenM	68	2:59:08.64	09:57	1:22:25
173	4011 Zélia Cardoso,	REQUIÃO	L-V40F	10	2:59:32.95	09:58	1:22:49
174	3008 Helder Araújo,	Corre pra frente	L-SenM	69	2:59:36.01	09:59	1:22:52
175	2559 Teresa Correia,	Fama Runners	L-V40F	11	3:03:21.59	10:11	1:26:38
176	2514 Gabriel Ferreira,	Running Espinho	L-V40M	60	3:05:57.28	10:20	1:29:13
177	3033 Paula Alves,	Profisio Team	L-SenF	18	3:07:12.64	10:24	1:30:29
178	4040 Sandra Peixoto,	Profisio Team	L-V40F	12	3:11:29.47	10:38	1:34:45
179	4038 Benedita Ferreira,	Profisio Team	L-V40F	13	3:11:32.86	10:38	1:34:49
180	2542 Miguel Soares,	Dive Into the mountains	L-V40M	61	3:13:44.47	10:46	1:37:00
181	2541 Diana Moura,	Dive Into the mountains	L-V40F	14	3:13:46.37	10:46	1:37:02
182	2510 Andreia Vieira,	Sapatilhas Pensadoras	L-V40F	15	3:14:25.30	10:48	1:37:41
183	4021 Sonia Sampaio,	Metralhas Runners	L-V40F	16	3:22:50.27	11:16	1:46:06
184	3020 Hugo Carvalho,	Metralhas Runners	L-SenM	70	3:22:54.94	11:16	1:46:11
185	2580 Rui Martins,	Barbatana Trail Team	L-V40M	62	3:27:18.80	11:31	1:50:35
186	2104 Paulo Carvalho,	Fama Runners	L-SenM	71	3:38:23.91	12:08	2:01:40