

Classificação Geral e Escalão

Trail Curto

1/10/2020

Pos	Dorsal	Nome	Clube	Sexo	Escalao	P_Esc	Tempo	Ritmo	Diferença
1	1108	PEDRO CASTRO	AD MARCO 09	M	S	1	01:20:59	5.4	00:00:00
2	1004	Fábio Barbosa	Fc Penafiel	M	S	2	01:23:33	5.57	00:02:34
3	1010	Fábio Nunes	AD MARCO 09	M	S	3	01:27:25	5.83	00:06:26
4	1038	Pedro Rocha	Turbo kings 2.0 / A. D. Ancede	M	S	4	01:28:40	5.91	00:07:41
5	1107	AGOSTINHO CARNEIRO	AD MARCO 09	M	M50	1	01:31:06	6.07	00:10:07
6	1184	Eduardo Barbosa		M	S	5	01:31:50	6.12	00:10:51
7	1025	Valentin Ivanov		M	S	6	01:33:13	6.21	00:12:14
8	1124	Nuno Moura	A.D.Amarante	M	M40	1	01:35:44	6.38	00:14:45
9	1125	Filipe Pinheiro	A.D.Amarante	M	M40	2	01:37:07	6.47	00:16:08
10	1114	Fábio Vides	Cinfães a Correr	M	S	7	01:37:59	6.53	00:17:00
11	1070	Jorge Sousa	Turbo kings 2.0 / A. D. Ancede	M	S	8	01:38:03	6.54	00:17:04
12	1183	Alexandre Pinto	Fridão Sem Limites	M	M40	3	01:38:11	6.55	00:17:12
13	1100	Luis Santos	Espeliosos	M	S	9	01:38:12	6.55	00:17:13
14	1071	José Augusto Pinto	Turbo kings 2.0 / A. D. Ancede	M	M40	4	01:38:19	6.55	00:17:20
15	1115	Paulo Soares		M	S	10	01:42:23	6.83	00:21:24
16	1126	Carina Pereira	A.D.Amarante	F	SF	1	01:42:56	6.86	00:21:57
17	1142	Bruno Soares	Fitness Palace	M	S	11	01:42:58	6.86	00:21:59
18	1106	TIAGO MARINHO	AD MARCO 09	M	S	12	01:43:06	6.87	00:22:07
19	1031	Carlos Carneiro	Here4Beer	M	M40	5	01:43:35	6.91	00:22:36
20	1129	Rui Filipe Coelho	PATROL	M	S	13	01:43:40	6.91	00:22:41
21	1090	Antonio Teixeira	Turbo kings 2.0 / A. D. Ancede	M	S	14	01:44:08	6.94	00:23:09
22	1057	Eduardo esteves	art	M	M23	1	01:44:12	6.95	00:23:13
23	1053	cipriano oliveira	art	M	M23	2	01:44:31	6.97	00:23:32
24	1030	André Matos	Here4Beer	M	S	15	01:44:33	6.97	00:23:34
25	1092	Antonio Monteiro		M	M40	6	01:46:07	7.07	00:25:08
26	1138	Gilberto Teixeira	Fitness Palace	M	S	16	01:47:01	7.13	00:26:02
27	1024	Pedro Ribeiro	Rompe Trilhos	M	S	17	01:47:02	7.14	00:26:03
28	1023	Paulo Moura	Rompe Trilhos	M	S	18	01:47:03	7.14	00:26:04
29	1060	Nuno Pereira	art	M	S	19	01:47:06	7.14	00:26:07
30	1009	Artur Pinto		M	S	20	01:47:09	7.14	00:26:10
31	1096	Jorge Costa	Visão Textil	M	S	21	01:48:56	7.26	00:27:57
32	1140	Flávio Carvalho	Fitness Palace	M	S	22	01:49:08	7.28	00:28:09
33	1041	José Silva	Bota Brita	M	S	23	01:49:30	7.3	00:28:31
34	1093	Ricardo Quintas	Visão Textil	M	M40	7	01:51:14	7.42	00:30:15
35	1116	Pedro Nunes	Marco de Canaveses	M	S	24	01:51:33	7.44	00:30:34
36	1029	isabel Andrade	Cinfães a Correr	F	SF	2	01:51:58	7.46	00:30:59
37	1130	Joaquim Coelho	PATROL	M	M50	2	01:52:50	7.52	00:31:51
38	1132	Tiago Costa		M	S	25	01:53:42	7.58	00:32:43
39	1134	Célia Silva	A.D.Amarante	F	F40	1	01:54:27	7.63	00:33:28
40	1139	Mauro Moura	Fitness Palace	M	M40	8	01:54:30	7.63	00:33:31
41	1146	Rui Madureira	Marco Runners	M	S	26	01:55:53	7.73	00:34:54
42	1137	Rogério Matos	Fitness Palace	M	S	27	01:56:06	7.74	00:35:07
43	1155	Luís Rafael Leitão Correia		M	M23	3	01:56:32	7.77	00:35:33
44	1076	Angelo Silva	Espeliosos	M	M40	9	01:58:27	7.9	00:37:28
45	1145	Pedro Ricardo	Medimarco	M	M23	4	01:59:22	7.96	00:38:23

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46	1135	Carlos Macedo	A.D.Amarante	M	M50	3		01:59:53	7.99	00:38:54
47	1122	Marco Nunes	A.D.Amarante	M	M40	10		01:59:53	7.99	00:38:54
48	1042	Pedro Vieira	Bota Brita	M	M40	11		02:00:53	8.06	00:39:54
49	1072	ricardo correia	www.gaiasaude.pt	M	M40	12		02:01:11	8.08	00:40:12
50	1020	Valter Barbosa	STCP Runners	M	S	28		02:02:02	8.14	00:41:03
51	1102	Diogo Damiao	Autistic Runners	M	M23	5		02:02:14	8.15	00:41:15
52	1021	Cristiano Silva	PATROL	M	S	29		02:02:14	8.15	00:41:15
53	1103	José Loureiro	Autistic Runners	M	M50	4		02:02:16	8.15	00:41:17
54	1083	Joao Marinho		M	M40	13		02:02:30	8.17	00:41:31
55	1059	lucas molen	art	M	M23	6		02:03:04	8.2	00:42:05
56	1111	Luis Pinto		M	S	30		02:03:06	8.21	00:42:07
57	1117	Lucia Leite	A.D.Amarante	F	SF	3		02:03:37	8.24	00:42:38
58	1118	Daniel Correia	A.D.Amarante	M	M40	14		02:03:39	8.24	00:42:40
59	1062	Antonio Miranda	LOUSADA RUNNERS	M	M50	5		02:03:51	8.26	00:42:52
60	1105	Pedro Martins	Marco de Canaveses	M	S	31		02:04:19	8.29	00:43:20
61	1091	Carlos Monteiro	Turbo kings 2.0 / A. D. Ancede	M	S	32		02:05:28	8.36	00:44:29
62	1086	Rafael Costa		M	S	33		02:05:39	8.38	00:44:40
63	42	Liliana Carvalho	Pimentinhas	F	SF	4		02:05:50	8.39	00:44:51
64	1109	Carlos Ferreira	Autistic Runners	M	M50	6		02:05:52	8.39	00:44:53
65	1064	Ricardo Vaz		M	S	34		02:06:05	8.41	00:45:06
66	1104	Pedro Pinto	Marco de Canaveses	M	S	35		02:07:09	8.48	00:46:10
67	1035	Mário Jorge Vieira Santos	Fireteam	M	S	36		02:07:55	8.53	00:46:56
68	1033	Fábio César Ribeiro	Fireteam	M	S	37		02:07:56	8.53	00:46:57
69	1034	Tiago José Santos Guedes	Fireteam	M	S	38		02:07:57	8.53	00:46:58
70	1094	Fabio Teixeira		M	S	39		02:08:21	8.56	00:47:22
71	1171	Rui Filipe Mendes Moura		M	M40	15		02:08:28	8.56	00:47:29
72	1008	Nelson Nogueira		M	M50	7		02:09:42	8.65	00:48:43
73	1063	Ricardo Pinto	Turbo kings 2.0/ A.D. Ancede	M	S	40		02:11:05	8.74	00:50:06
74	1078	Pedro Pinheiro	Turbo kings 2.0 / A. D. Ancede	M	M23	7		02:11:05	8.74	00:50:06
75	1077	Nuno Goncalves	Espeliosos	M	S	41		02:11:22	8.76	00:50:23
76	1027	José Mário Magalhães De Pereira		M	M50	8		02:11:40	8.78	00:50:41
77	1052	Luís rasquinho	art	M	M40	16		02:11:45	8.78	00:50:46
78	1141	Maria Aguiar	Fitness Palace	F	F50	1		02:11:50	8.79	00:50:51
79	1148	Paulo Antonio Pereira Monteiro		M	S	42		02:12:22	8.82	00:51:23
80	1079	Liliana Teixeira	Lesmas& Caracóis	F	SF	5		02:12:40	8.84	00:51:41
81	1121	Albano Coelho	A.D.Amarante	M	M40	17		02:13:10	8.88	00:52:11
82	1082	Rui Madureira		M	S	43		02:14:16	8.95	00:53:17
83	1110	André Correia	102 Treino	M	S	44		02:14:51	8.99	00:53:52
84	1036	Cátia Matos	Cinfães a Correr	F	SF	6		02:15:20	9.02	00:54:21
85	1133	Armando Meireles	A.D.Amarante	M	M40	18		02:15:40	9.04	00:54:41
86	1002	Hélder Bruno Serdoura	Turbo kings 2.0 / A. D. Ancede	M	S	45		02:15:43	9.05	00:54:44
87	1119	Luis Mendes	A.D.Amarante	M	S	46		02:16:05	9.07	00:55:06
88	1014	Rodrigo Moreira	Superindios trail	M	M40	19		02:16:42	9.11	00:55:43
89	1112	Miguel Cerqueira	Penafiel	M	M40	20		02:19:33	9.3	00:58:34
90	1084	Filipa PINTO	Nocturnos de Paredes	F	SF	7		02:19:42	9.31	00:58:43
91	1097	EDUARDO CARDOSO	Só Saúde	M	M40	21		02:19:51	9.32	00:58:52
92	1113	Marcelo Cerqueira	Penafiel	M	S	47		02:20:44	9.38	00:59:45
93	1011	César Sousa	Superindios trail	M	S	48		02:20:50	9.39	00:59:51
94	1012	Ricardo Pinto	Superindios trail	M	S	49		02:20:50	9.39	00:59:51
95	1131	João Teixeira	103 Treino	M	S	50		02:21:02	9.4	01:00:03

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96	1056	luís borges	art	M	M23	8		02:21:17	9.42	01:00:18
97	1058	rui manta	art	M	M23	9		02:21:17	9.42	01:00:18
98	1095	André Pinto		M	S	51		02:21:32	9.44	01:00:33
99	1081	Vera Pereira	Lesmas& Caracóis	F	SF	8		02:21:51	9.46	01:00:52
100	1066	José Pessoa		M	M50	9		02:22:40	9.51	01:01:41
101	1087	Ana Luísa Pereira		F	SF	9		02:23:17	9.55	01:02:18
102	1088	Álvaro Martins		M	S	52		02:23:17	9.55	01:02:18
103	1120	Margarida Brás	A.D.Amarante	F	SF	10		02:23:17	9.55	01:02:18
104	1073	Michael Barros	Espeliosos	M	S	53		02:23:26	9.56	01:02:27
105	1099	daniela castro	Marco de Canaveses	F	SF	11		02:28:26	9.9	01:07:27
106	1049	andre botas	art	M	M23	10		02:28:59	9.93	01:08:00
107	1047	josé rodrigues	art	M	M23	11		02:29:00	9.93	01:08:01
108	1051	mariana santos	art	F	F23	1		02:29:00	9.93	01:08:01
109	1046	Gonçalo Rogério Monteiro narciso narciso	art	M	M23	12		02:29:00	9.93	01:08:01
110	1136	José Pereira	Futebol Clube de Frende	M	M40	22		02:29:47	9.99	01:08:48
111	1045	Bruno Rodrigues		M	S	54		02:30:32	10.04	01:09:33
112	1144	Manuel Couto	Fitness Palace	M	M40	23		02:34:08	10.28	01:13:09
113	1143	Sandra Rocha	Fitness Palace	F	SF	12		02:34:09	10.28	01:13:10
114	1068	Ricardo Costa		M	M40	24		02:36:24	10.43	01:15:25
115	1069	Sandra Cerqueira		F	F40	2		02:36:25	10.43	01:15:26
116	1089	Pedro Monteiro	Turbo kings 2.0 / A. D. Ancede	M	S	55		02:37:35	10.51	01:16:36
117	1013	Pedro Monteiro	Superindios trail	M	S	56		02:39:59	10.67	01:19:00
118	1067	Guilherme Pessoa	nks.pt	M	M50	10		02:41:08	10.74	01:20:09
119	1147	Catarina Fernandes	TAYLORS	F	SF	13		02:41:09	10.74	01:20:10
120	1085	António Monteiro	Turbo kings 2.0 / A. D. Ancede	M	S	57		02:41:44	10.78	01:20:45
121	1098	Cristina Marques	Só Saúde	F	F40	3		02:46:20	11.09	01:25:21
122	1043	Claudia Silva		F	SF	14		02:49:58	11.33	01:28:59
123	1044	Silvia Silva		F	SF	15		02:50:01	11.33	01:29:02
124	1006	Lurdes Monteiro	CTAD - Consumo Zero	F	F50	2		02:52:55	11.53	01:31:56
125	1007	Ana Luísa Ramos	CTAD - Consumo Zero	F	F40	4		02:57:34	11.84	01:36:35
126	1065	Elisabete Carvalho	Não tenho	F	F40	5		03:02:36	12.17	01:41:37
127	1061	Carla Oliveira	Vassouras Trail Curto	F	SF	16		03:16:05	13.07	01:55:06
128	1039	Daniela Pinto	Vassouras Trail Curto	F	SF	17		03:28:18	13.89	02:07:19
129	1154	Sílvia Marinho	Vassouras Trail Curto	F	SF	18		03:28:19	13.89	02:07:20