

Nome	Equipa	Lugar	Tempo	Diferença
NELSON LOUREIRO	Individual	1	01:11:29.497	00:00:00.000
ADÃO PINTO	A.D.Amarante Trail Running	2	01:16:07.437	00:04:37.940
ROSA MADUREIRA	F. C. Penafiel	3	01:17:10.677	00:05:41.180
CARLOS QUEIRÓS	A.D.Amarante Trail Running	4	01:17:50.260	00:06:20.763
JOSÉ PEIXOTO	Sabores Do Campo	5	01:21:12.263	00:09:42.766
PATRICK MARQUES	Fridão Sem Limites	6	01:22:01.020	00:10:31.523
BRUNO TEIXEIRA	Individual	7	01:22:16.140	00:10:46.643
AGOSTINHO SOARES	Fridão Sem Limites	8	01:23:24.017	00:11:54.520
RICARDO NUNES	Fridão Sem Limites	9	01:23:54.870	00:12:25.373
JORGE OLIVEIRA	A.D.Amarante Trail Running	10	01:26:04.853	00:14:35.356
DANIEL PEREIRA	Amigo Trail Run	11	01:26:59.030	00:15:29.533
MANUEL VIEIRA	A.D.Amarante Trail Running	12	01:28:03.590	00:16:34.093
CARLOS PEREIRA	Casa Do Povo De Soalhães	13	01:28:50.027	00:17:20.530
FLÁVIO MENDES	Fridão Sem Limites	14	01:29:14.027	00:17:44.530
AUGUSTO VIEIRA	Medimarco	15	01:30:32.580	00:19:03.083
LUIS CARRIL	Individual	16	01:30:38.030	00:19:08.533
PEDRO NEVES	Juventude Desportiva De Gondomar	17	01:32:32.300	00:21:02.803
JOÃO RIBEIRO	Manu'S Therapy	18	01:34:03.037	00:22:33.540
FERNANDO VIEIRA	Amigo Trail Run	19	01:35:10.777	00:23:41.280
PEDRO MONTEIRO	Turbo Kings 2.0	20	01:35:39.540	00:24:10.043
TIAGO PORTELA	Turbo Kings 2.0	21	01:35:42.520	00:24:13.023
SIMÃO SOUSA	Moinhos Run - Adrm	22	01:35:46.023	00:24:16.526
ANTÓNIO COELHO	Individual	23	01:35:46.547	00:24:17.050
HUGO SOARES	Moinhos Run - Adrm	24	01:35:46.783	00:24:17.286
RUI SOUSA	Turbotrinhos	25	01:36:08.280	00:24:38.783
NANDO NUNES	Lousada Btt	26	01:36:33.543	00:25:04.046
SOUSA MARTINS	Individual	27	01:36:35.013	00:25:05.516
AURELIO VIEIRA	Casa Do Povo De Soalhães	28	01:36:35.263	00:25:05.766
MANUEL FERREIRA	Individual	29	01:38:37.797	00:27:08.300
RAFAEL MOTA	Individual	30	01:38:42.293	00:27:12.796
MIGUEL SANTOS	Moinhos Run - Adrm	31	01:38:47.993	00:27:18.496
MANUEL TEIXEIRA	Fridão Sem Limites	32	01:39:18.993	00:27:49.496
NUNO MOURA	A.D.Amarante Trail Running	33	01:39:52.233	00:28:22.736
JOÃO RIBEIRO	Clube Atletismo De Vila Boa Do Bispo	34	01:40:02.493	00:28:32.996
JOSE FERNANDES	Nova Linha Trail Runners	35	01:40:19.983	00:28:50.486
CLAUDIO MACEDO	Sabores Do Campo	36	01:40:20.547	00:28:51.050
RAÚL MOURA	Bttás9	37	01:40:45.727	00:29:16.230
NELSON NOGUEIRA	Gaiasaúde Lojasnascente	38	01:41:02.727	00:29:33.230
RAQUEL ANDRADE	Individual	39	01:41:26.047	00:29:56.550
BRUNO MOURA	Individual	40	01:41:28.723	00:29:59.226
GIL RIBEIRO	Individual	41	01:41:41.797	00:30:12.300
HENRIQUE MAGALHÃES	Individual	42	01:41:43.970	00:30:14.473
FÁBIO NUNES	Fridão Sem Limites	43	01:41:53.047	00:30:23.550
NUNO FARIA	Individual	44	01:41:58.720	00:30:29.223
BRUNO FERREIRA	Turbo Kings 2.0	45	01:42:17.547	00:30:48.050
ANTÓNIO NEVES	Fardetas	46	01:43:40.463	00:32:10.966
VALENTIN IVANOV	Chicken Bodystation Team	47	01:43:54.203	00:32:24.706
NUNO PEREIRA	Amigo Trail Run	48	01:44:35.303	00:33:05.806
MANUEL BESSA	Individual	49	01:45:23.310	00:33:53.813
DAVID VIEIRA	Maus Caminhos Team	50	01:45:23.690	00:33:54.193
CIDALIA FERREIRA	Nova Linha Trail Runners	51	01:45:26.937	00:33:57.440
NELSON SILVA	Individual	52	01:45:28.187	00:33:58.690
PAULO MOURA	Rompe Trilhos	53	01:45:34.687	00:34:05.190
RUI FARIA	Bigodes De Tinto	54	01:45:48.807	00:34:19.310
FILIPE BASTOS	Individual	55	01:45:49.437	00:34:19.940
AGOSTINHO NEVES	Juventude Desportiva De Gondomar	56	01:46:07.053	00:34:37.556
AGOSTINHO PACHECO	Ofrunning	57	01:46:13.933	00:34:44.436
ANTÓNIO CUNHA	Individual	58	01:46:17.057	00:34:47.560
FRANCISCO PINTO	Por Maus Caminhos Team	59	01:46:24.940	00:34:55.443
FLORINDO PEREIRA	Nova Linha Trail Runners	60	01:46:28.183	00:34:58.686
NELSON LOPES	Turbotrinhos	61	01:46:30.690	00:35:01.193
VÍTOR SILVA	Marco Runners	62	01:46:37.057	00:35:07.560
PEDRO SOUSA	Gondomar Futsal Clube	63	01:47:07.557	00:35:38.060
PEDRO VIEIRA	C.C.Recreativo De São Martinho	64	01:47:23.310	00:35:53.813

Nome	Equipa	Lugar	Tempo	Diferença
ANTONIO TEIXEIRA	Turbo Kings 2.0	65	01:47:33.927	00:36:04.430
ANDREIA AMORIM	Gondomar Futsal Clube	66	01:47:42.060	00:36:12.563
TIAGO CAETANO	Chicken Bodystation Team	67	01:48:16.173	00:36:46.676
RUI CARRIL	Individual	68	01:49:11.417	00:37:41.920
PEDRO RIBEIRO	Rompe Trilhos	69	01:49:11.657	00:37:42.160
HORÁCIO PINTO	Individual	70	01:49:31.560	00:38:02.063
CÉLIA SILVA	A.D.Amarante Trail Running	71	01:49:38.163	00:38:08.666
ELIANA TEIXEIRA	Fridão Sem Limites	72	01:50:51.393	00:39:21.896
JONAS MAIA	Bigodes De Tinto	73	01:51:30.817	00:40:01.320
PEDRO ROCHA	Nova Linha Trail Runners	74	01:51:56.893	00:40:27.396
LUÍS VIEIRA	Kunalama Runners	75	01:52:11.817	00:40:42.320
MARCO MAIA	Bigodes De Tinto	76	01:52:52.090	00:41:22.593
AURELIO REBELO	Joni	77	01:52:54.140	00:41:24.643
MANUELA PINTO	Manu'S Therapy	78	01:53:25.817	00:41:56.320
FELICIANO FERREIRA	Kikas Team	79	01:53:26.570	00:41:57.073
ANTÓNIO MOREIRA	Individual	80	01:54:08.617	00:42:39.120
TIAGO MARINHO	Individual	81	01:54:57.070	00:43:27.573
BRUNO CARDOSO	Turbo Kings 2.0	82	01:55:11.070	00:43:41.573
RUI MADUREIRA	Marco Runners	83	01:56:06.573	00:44:37.076
GONÇALO NOBRE	Runforfun	84	01:56:36.073	00:45:06.576
JOSÉ CARVALHO	Runforfun	85	01:56:36.827	00:45:07.330
JOSÉ NOGUEIRA	Homens Da Dança	86	01:56:39.100	00:45:09.603
FÁBIO SILVA	Chicken Bodystation Team	87	01:56:52.823	00:45:23.326
ROGÉRIO MATOS	Individual	88	01:56:56.843	00:45:27.346
JOSÉ SILVA	J A Moreira Runners	89	01:57:17.577	00:45:48.080
JOÃO RIBEIRO	J A Moreira Runners	90	01:57:18.097	00:45:48.600
CARLOS MACEDO	A.D.Amarante Trail Running	91	01:57:29.583	00:46:00.086
MARISA DORETA	Fardetas	92	01:57:49.083	00:46:19.586
DANIEL VIEIRA	Nova Linha Trail Runners	93	01:57:52.823	00:46:23.326
CARLOS PAULINO	J A Moreira Runners	94	01:58:01.577	00:46:32.080
FILIPE ROCHA	Marco Runners	95	01:58:26.083	00:46:56.586
CARLOS VIEIRA	Turbo Kings 2.0	96	01:58:26.827	00:46:57.330
SÉRGIO ANDRADE	Bitrunners	97	01:59:06.077	00:47:36.580
PATRICIA MOREIRA	Royal Wellness Center	98	01:59:08.840	00:47:39.343
LILIANA COUTO	Individual	99	01:59:09.580	00:47:40.083
VITOR SILVA	Individual	100	01:59:11.567	00:47:42.070
PEDRO PINTO	Individual	101	01:59:44.827	00:48:15.330
HELDER ANTUNES	Bttenros	102	02:00:04.813	00:48:35.316
MARIA CUNHA	A.D.Amarante Trail Running	103	02:00:41.307	00:49:11.810
SÍLVIA MORAIS	Chicken Bodystation Team	104	02:00:43.560	00:49:14.063
LUIS RODRIGUES	Marco Runners	105	02:01:00.583	00:49:31.086
CLARA PACHECO	Individual	106	02:01:01.567	00:49:32.070
PEDRO TEIXEIRA	Turbo Kings 2.0	107	02:01:06.583	00:49:37.086
BRUNO MARANTE	Bigodes De Tinto	108	02:01:08.807	00:49:39.310
MIGUEL MARTINS	Individual	109	02:01:18.583	00:49:49.086
RICARDO CORREIA	Gaiasaúde Lojashascente	110	02:01:29.057	00:49:59.560
FERNANDO CERQUEIRA	A.D.Amarante Trail Running	111	02:01:41.060	00:50:11.563
DANIEL CORREIRA	A.D.Amarante Trail Running	112	02:02:20.833	00:50:51.336
JOSÉ PESSOA	Gaiasaúde Lojashascente	113	02:02:25.293	00:50:55.796
MARCOS SOUSA	Desousacs	114	02:02:36.833	00:51:07.336
CARLOS FERREIRA	Autistic Runners	115	02:02:43.290	00:51:13.793
PAULO MONTEIRO	Wolves	116	02:03:08.040	00:51:38.543
JOSÉ PINTO	Turbo Kings 2.0	117	02:06:31.087	00:55:01.590
DAVIDE ROCHA	Individual	118	02:06:38.590	00:55:09.093
THOMAS MAGALHÃES	Individual	119	02:06:43.507	00:55:14.010
JOAQUIM FERREIRA	Amigo Trail Run	120	02:07:13.013	00:55:43.516
RICARDO CAMPOS	Turbo Kings 2.0	121	02:07:16.093	00:55:46.596
PEDRO SANTOS	Merendeiros	122	02:07:16.757	00:55:47.260
JOÃO SEQUEIRA	Merendeiros	123	02:07:17.510	00:55:48.013
TIAGO VILELA	Merendeiros	124	02:07:22.010	00:55:52.513
LUCAS MAGALHÃES	Individual	125	02:07:33.340	00:56:03.843
JOÃO COSTA	Individual	126	02:07:49.093	00:56:19.596
JOSÉ CASTELO	Fardetas	127	02:07:49.597	00:56:20.100
RICARDO OLIVEIRA	Turbo Kings 2.0	128	02:07:58.840	00:56:29.343

Nome	Equipa	Lugar	Tempo	Diferença
ANDRE VIEIRA	Turbo Kings 2.0	129	02:07:59.097	00:56:29.600
JOÃO BERNARDES	Marco Runners	130	02:08:25.277	00:56:55.780
ROSA CARNEIRO	Bitrunners	131	02:09:52.343	00:58:22.846
NUNO COSTA	Individual	132	02:10:07.490	00:58:37.993
FERNANDO VIEIRA	Remáticos Trail - Baião	133	02:10:10.227	00:58:40.730
RUI MADUREIRA	Gaiasaúde Lojasnascente	134	02:10:23.987	00:58:54.490
JORGE SOARES	Chicken Bodystation Team	135	02:10:26.097	00:58:56.600
MANUELA COUTO	Chicken Bodystation Team	136	02:10:26.727	00:58:57.230
VASCO PERALTA	Chicken Bodystation Team	137	02:10:26.847	00:58:57.350
GERMANO RIBEIRO	Chicken Bodystation Team	138	02:10:35.343	00:59:05.846
LÚCIA LEITE	A.D.Amarante Trail Running	139	02:10:41.980	00:59:12.483
TELMO VIEIRA	Individual	140	02:10:56.097	00:59:26.600
FÁBIO BARBOSA	Individual	141	02:10:56.847	00:59:27.350
PAULO ROCHA	Villa De Basto Trail	142	02:11:29.213	00:59:59.716
JOSÉ TEIXEIRA	Individual	143	02:11:42.963	01:00:13.466
ANDRE MOREIRA	J A Moreira Runners	144	02:11:54.097	01:00:24.600
PEDRO SOUSA	J A Moreira Runners	145	02:11:54.100	01:00:24.603
NELSON SANTOS	Npsantos	146	02:11:59.597	01:00:30.100
SÍLVIO VIEIRA	Marco Runners	147	02:12:15.603	01:00:46.106
HELDER PINTO	Individual	148	02:13:11.847	01:01:42.350
LILIANA TEIXEIRA	Lesmas E Caracóis	149	02:13:14.950	01:01:45.453
PAULA COSTA	Kikas Team	150	02:13:17.100	01:01:47.603
CARLA TEIXEIRA	Fridão Sem Limites	151	02:14:14.947	01:02:45.450
VASCO VIEIRA	Gaiasaúde Lojasnascente	152	02:14:36.353	01:03:06.856
JOAQUIM MATOS	Gondomar Futsal Clube	153	02:14:52.860	01:03:23.363
ANA LÍRIO	A.D.Amarante Trail Running	154	02:15:20.353	01:03:50.856
ARMANDO MEIRELES	A.D.Amarante Trail Running	155	02:15:22.183	01:03:52.686
JOANA PINHEIRO	Marco Runners	156	02:15:53.613	01:04:24.116
ANA PINTO	Individual	157	02:16:20.603	01:04:51.106
NUNO MACHADO	Snack Runners	158	02:16:23.103	01:04:53.606
MAURO SILVA	Snack Runners	159	02:16:23.930	01:04:54.433
DANIEL ANDRADE	Villa De Basto Trail	160	02:16:59.923	01:05:30.426
MARISA MOREIRA	Individual	161	02:18:51.650	01:07:22.153
NUNO SANTOS	Individual	162	02:18:52.160	01:07:22.663
LUÍS JORGE	Individual	163	02:19:07.123	01:07:37.626
BRUNO PAULO	Snack Runners	164	02:19:39.893	01:08:10.396
VANESSA DIAS	Individual	165	02:20:00.397	01:08:30.900
ADELAIDE VIGÁRIO	Gondomar Futsal Clube	166	02:20:06.607	01:08:37.110
FILIPE MOREIRA	Atletas De Fim De Semana	167	02:21:23.613	01:09:54.116
ANTÓNIO ALVES	Atletas De Fim De Semana	168	02:21:24.377	01:09:54.880
PEDRO BARRETO	Atletas De Fim De Semana	169	02:21:25.377	01:09:55.880
RENATO QUINTAS	Atletas De Fim De Semana	170	02:21:25.880	01:09:56.383
ANA TEIXEIRA	Individual	171	02:21:26.110	01:09:56.613
MÁRIO RIBEIRO	Gondomar Futsal Clube	172	02:21:45.613	01:10:16.116
BRUNO SANTOS	Individual	173	02:22:58.373	01:11:28.876
ELISABETE SOARES	Fridão Sem Limites	174	02:23:09.610	01:11:40.113
LUIS LEAL	Individual	175	02:23:43.870	01:12:14.373
LUIS PINHEIRO	Individual	176	02:23:44.863	01:12:15.366
PATRÍCIA PEREIRA	Gondomar Futsal Clube	177	02:24:32.113	01:13:02.616
JORGE TEIXEIRA	Juventude Desportiva De Gondomar	178	02:24:36.600	01:13:07.103
BRUNO CAMARADA	Ajd Tinonis Team	179	02:24:37.097	01:13:07.600
LILIANA MAGALHÃES	Mountain Runners	180	02:25:23.840	01:13:54.343
NELSON NOGUEIRA	Individual	181	02:25:34.597	01:14:05.100
ANA PEREIRA	Chicken Bodystation Team	182	02:26:30.120	01:15:00.623
JOANA PEREIRA	Chicken Bodystation Team	183	02:26:30.367	01:15:00.870
CARINA PEREIRA	A.D.Amarante Trail Running	184	02:27:29.070	01:15:59.573
JOÃO CARDOSO	Individual	185	02:28:01.383	01:16:31.886
ANA OLIVEIRA	Individual	186	02:28:01.620	01:16:32.123
JOAQUIM OLIVEIRA	Juventude Desportiva De Gondomar	187	02:29:07.820	01:17:38.323
AMALIA MONTEIRO	Nova Linha Trail Runners	188	02:29:49.803	01:18:20.306
FERNANDA OLIVEIRA	A.D.Amarante Trail Running	189	02:30:57.293	01:19:27.796
ROSA SOARES	Fridão Sem Limites	190	02:30:58.540	01:19:29.043
CLAUDIA TEIXEIRA	Lesmas E Caracóis	191	02:32:23.627	01:20:54.130
PAULO MARTINS	Gaiasaúde Lojasnascente	192	02:33:15.020	01:21:45.523

Nome	Equipa	Lugar	Tempo	Diferença
JOÃO ALMEIDA	Individual	193	02:37:16.733	01:25:47.236
JOSÉ TEIXEIRA	Juventude Desportiva De Gondomar	194	02:39:45.633	01:28:16.136
ANA CARVALHO	Individual	195	02:39:45.633	01:28:16.136
JOÃO SANTOS	Locomotiva De Paranhos	196	02:40:23.457	01:28:53.960
PAULO SILVA	Ajd Tinonis Team	197	02:40:23.707	01:28:54.210
ANA MAGALHAES	Individual	198	02:43:12.187	01:31:42.690
MARIA SOARES	Individual	199	02:43:34.427	01:32:04.930
JOSÉ SOARES	Individual	200	02:43:35.137	01:32:05.640
AMÉLIA CARDOSO	Fridão Sem Limites	201	02:47:38.647	01:36:09.150
VÍTOR VILELA	Prova De Fogo	202	02:52:28.897	01:40:59.400
CARLA SILVA	Desousacs	203	02:54:27.650	01:42:58.153
ANA SILVA	Desousacs	204	02:54:29.100	01:42:59.603
SÍLVIA PINTO	A.D.Amarante Trail Running	205	02:56:10.090	01:44:40.593
SANDRINE DIAS	Chicken Bodystation Team	206	02:58:23.293	01:46:53.796
DANIELA CASTRO	Chicken Bodystation Team	207	02:58:49.540	01:47:20.043
SILVIA FARIA	Individual	208	03:05:24.987	01:53:55.490
ARMANDO FARIA	Individual	209	03:05:26.483	01:53:56.986
JOSÉ MOURA	Individual	210	03:05:55.487	01:54:25.990
BERTO BARBOSA	Turbo Kings 2.0	211	03:06:01.667	01:54:32.170
ANTONIO MONTEIRO	Turbo Kings 2.0	212	03:06:02.720	01:54:33.223
MARIANA CASTANHEIRA	Individual	213	03:10:16.947	01:58:47.450
ANA SILVA	Individual	214	03:10:17.433	01:58:47.936
JOÃO GOMES	Individual	215	03:10:46.670	01:59:17.173
CATARINA FERREIRA	Chicken Bodystation Team	216	03:14:02.900	02:02:33.403
MÓNICA QUEIRÓS	Chicken Bodystation Team	217	03:14:03.920	02:02:34.423
PAULA QUEIRÓS	Chicken Bodystation Team	218	03:14:05.153	02:02:35.656
MARIANA CAPELA	Individual	219	03:22:33.177	02:11:03.680
MARGARIDA LOUSADA	Individual	220	03:22:33.820	02:11:04.323
JOÃO SANTOS	Fire Runners	221	03:22:46.567	02:11:17.070
ANDRÉ SANTOS	Individual	222	03:22:47.083	02:11:17.586
MIGUEL ASSIS	Ajd Tinonis Team	223	03:22:47.177	02:11:17.680
JORGE NÁPOLES	Individual	224	03:24:26.183	02:12:56.686
SANDRA SOUSA	Individual	225	03:24:28.930	02:12:59.433
FERNANDO SAMPAIO	Fridão Sem Limites	226	03:25:02.680	02:13:33.183
JORGE PESSOA	Gaiasaúde Lojasnascente	227	03:38:02.947	02:26:33.450
LILIANA PINTO	Gaiasaúde Lojasnascente	228	03:38:03.677	02:26:34.180
GUILHERME PESSOA	Gaiasaúde Lojasnascente	229	03:38:04.177	02:26:34.680
SÍLVIA MARINHO	Individual	230	03:42:54.387	02:31:24.890
BEATRIZ BARROS	Individual	231	03:42:55.630	02:31:26.133
CARLA OLIVEIRA	Individual	232	04:04:49.720	02:53:20.223
DANIELA PINTO	Individual	233	04:04:51.720	02:53:22.223
MAURÍCIO TEIXEIRA	Individual	234	04:04:51.967	02:53:22.470