

Femininos mini trail 12 Km

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
1	9	Carla Barbosa	Os Matrecos	01:15:15	00:00:00
2	11	Sandra Quintas	Os Matrecos	01:16:07	00:00:52
3	87	Inês Dias	Individual	01:26:50	00:11:35
4	32	Marta Gomes	Just for Fun	01:27:46	00:12:31
5	34	Cristiana Lima	Just for Fun	01:28:00	00:12:45
6	23	Sónia Cardoso	Friends and Sisters	01:30:28	00:15:13
7	66	Magda Simoes	Os Ponta Branca UDA	01:33:46	00:18:31
8	89	Mafalda Duarte	Os Ponta Branca UDA	01:33:47	00:18:32
9	35	Joana Almeida	Os Matrecos	01:34:31	00:19:16
10	54	Luísa Dias	Os Matrecos	01:34:32	00:19:17
11	47	Maria Raquel Pratas Batista Correia	CEM QUEDAS	01:36:33	00:21:18
12	43	Patricia Antunes	Os Ponta Branca UDA	01:38:55	00:23:40
13	133	Raquel Henriques	Friendsisters	01:40:27	00:25:12
14	15	Susana Rosa	Individual	01:40:49	00:25:34
15	128	Eunice Pires	Individual	01:40:57	00:25:42
16	62	Andreia Gomes	Individual	01:41:28	00:26:13
17	108	Cláudia Mourato	Two Slow	01:44:02	00:28:47
18	114	Fernanda Pratas	Sem Quedas	01:45:19	00:30:04
19	101	Ana Santos	GCBarquinhense	01:45:22	00:30:07
20	132	Tânia Pires	ONDA TRILHOS	01:46:53	00:31:38
21	16	Paula Guerreiro	Husband & Wife	01:48:19	00:33:04
22	81	Elizabete Mendes	Alverca Urban Runners	01:52:34	00:37:19
23	74	Sandra Isidro	Rx Runners	01:53:22	00:38:07
24	25	Sónia Martins	Strong Women	01:54:23	00:39:08
25	29	Margarida Nunes	Strong Women	01:54:25	00:39:10
26	79	Carina Silva	Os Ponta Branca UDA	01:54:36	00:39:21
27	120	Maria Real	CLAC	01:55:00	00:39:45
28	140	Ana Cristina Fagulha	Individual	01:55:59	00:40:44
29	93	Elisabete Freire dos Santos	Judocas	01:56:54	00:41:39
30	51	Isabel Riachos	Friends and Systers	01:58:51	00:43:36
31	52	Susana Dias	Friends and Systers	01:58:52	00:43:37
32	59	Susana Antunes	Onda Trilhos	01:58:54	00:43:39
33	14	Maria Fernandes	Individual	01:59:36	00:44:21
34	42	Lesie Tavares	Os Ponta Branca UDA	02:05:33	00:50:18
35	40	Leonor Condeço	Os Ponta Branca UDA	02:06:15	00:51:00
36	129	Angela Condeço	Os Ponta Branca UDA	02:06:18	00:51:03
37	70	Joana Faria	Imparáveis	02:06:44	00:51:29
38	71	Patricia Marques	imparáveis	02:06:46	00:51:31
39	50	Conceição Alegria	Imparáveis	02:06:47	00:51:32
40	115	Cecilia Pena	Individual	02:11:02	00:55:47
41	121	Ana Mateus	Individual	02:11:03	00:55:48
42	37	Selma Preciosa	Individual	02:12:40	00:57:25
43	75	Marina Mateus	Individual	02:13:30	00:58:15

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
44	88	Elisa Maria Dias	Galgos	02:18:03	01:02:48
45	95	Ana Évora	Individual	02:29:36	01:14:21
46	385	Paula Sardinha	Individual	02:39:19	01:24:04
47	387	Helena Romão	Individual	02:39:21	01:24:06
48	384	Terezinha Gonçalves	Individual	02:39:26	01:24:11
49	382	Teresa Martins	Individual	02:39:28	01:24:13
50	104	Ana Rafael	Individual	02:40:21	01:25:06
51	103	Ana Rita Fernandes	Individual	02:40:22	01:25:07
52	130	Fernanda Maria Alves Diogo Delgado	Individual	03:02:29	01:47:14
53	135	Fernanda Curado	Individual	03:02:30	01:47:15
54	99	Donzília Silva	individual	03:02:33	01:47:18
55	27	Maria Isabel Ferreira Barbosa Marques	Individual	03:03:34	01:48:19
56	142	Inês Leite	Individual	03:02:53	01:47:38

Masculinos mini trail 12 Km

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
1	63	António Silvino	A ENERGIA DA CORRIDA	00:59:34	00:00:00
2	2	Nelson Oliveira	CLAC Entroncamento	01:00:54	00:01:20
3	8	João Pinheiro	Os Matrecos	01:02:17	00:02:43
4	44	Andre Rosario	Os Ponta Branca UDA	01:04:57	00:05:23
5	100	Cláudio Lopes	Escudo Zurique	01:07:49	00:08:15
6	0	João Machado	Os Matrecos	01:08:02	00:08:28
7	30	Mário Santos	Just For Fun	01:08:35	00:09:01
8	112	Luis António Santos Ferreira	SUPERFRESCO TRAIL TEAM	01:08:50	00:09:16
9	113	António A. Ferreira Reis	SUPERFRESCO TRAIL TEAM	01:09:49	00:10:15
10	7	Duarte Antunes	Os Matrecos	01:11:16	00:11:42
11	122	Paulo Cesar Branco Freitas	SUPERFRESCO TRAIL TEAM	01:12:25	00:12:51
12	56	Carlos Manuel Navalho Isidro	Cem quedas	01:13:09	00:13:35
13	65	Nelson Aguiar	SFLUR(Sociedade F. Lealdade U. Ribereense)	01:13:20	00:13:46
14	107	Emanuel Lopes Costa	Individual	01:13:54	00:14:20
15	69	Joel Santos	Os Ponta Branca UDA	01:14:37	00:15:03
16	26	Armindo de Jesus Santos	Individual	01:15:47	00:16:13
17	136	Carlos Rodrigues	Individual	01:16:53	00:17:19
18	19	Luis Sales	Os últimos	01:16:56	00:17:22
19	6	Hermínio Ferreira	Os Matrecos	01:17:31	00:17:57
20	39	Fabio Condeço	Os Ponta Branca UDA	01:17:35	00:18:01
21	24	Carlos Miguel	Individual	01:18:38	00:19:04
22	111	Rui José Pouseiro Dias	SUPERFRESCO TRAIL TEAM	01:18:58	00:19:24
23	139	Diogo Dias	Individual	01:19:15	00:19:41
24	53	Lúcio Mendes	Os Matrecos	01:19:37	00:20:03
25	137	Nuno Mendes	Individual	01:20:45	00:21:11
26	110	Sérgio Manuel Bento Lopes	SUPERFRESCO TRAIL TEAM	01:20:48	00:21:14
27	82	Jose Carola	Os Ponta Branca UDA	01:21:32	00:21:58
28	68	Ruben Simoes	Os Ponta Branca UDA	01:22:32	00:22:58

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
29	116	André Pena	Individual	01:23:10	00:23:36
30	72	Luis Gonçalves	Os Matrecos	01:23:26	00:23:52
31	73	Pedro Evangelista	Os Matrecos	01:23:29	00:23:55
32	144	Sergio Costa	Individual	01:24:33	00:24:59
33	22	António José P Cebola	Individual	01:25:07	00:25:33
34	388	Ricardo Honório	Individual	01:25:10	00:25:36
35	48	João Manuel Damas Jacinto	Cem Quedas	01:25:48	00:26:14
36	60	Hugo Oliveira	Individual	01:26:27	00:26:53
37	80	Bruno Caldeira	Os Ponta Branca UDA	01:26:31	00:26:57
38	5	Emílio Miranda	Os Matrecos	01:26:54	00:27:20
39	124	António Seca	Clube de Atletismo "Os Pesados"	01:26:58	00:27:24
40	78	Jorge Rodrigues	Individual	01:27:03	00:27:29
41	92	Gonçalo Quitério	individual	01:27:57	00:28:23
42	97	Mário Augusto Ferreira	GFPTancos	01:28:26	00:28:52
43	41	Gabriel Jesus	Os Ponta Branca UDA	01:28:56	00:29:22
44	102	Manuel Lopes Martins	Individual	01:29:14	00:29:40
45	134	Dionísio Alegria	Individual	01:29:48	00:30:14
46	57	Marco Silva	Individual	01:30:05	00:30:31
47	98	Daniel Conceição	Individual	01:30:08	00:30:34
48	117	Marcos Flambó	Individual	01:31:49	00:32:15
49	20	Jorge Mendes	Os últimos	01:33:18	00:33:44
50	21	Sérgio Pêgas	Os últimos	01:33:20	00:33:46
51	18	José Mariquitos	Os últimos	01:33:22	00:33:48
52	91	Pedro Vital	Os Ponta Branca UDA	01:33:49	00:34:15
53	125	Manuel Maia	CLAC	01:33:54	00:34:20
54	55	Carlo Boto	Abt night runners	01:34:41	00:35:07
55	33	João Santos	Individual	01:34:52	00:35:18
56	143	Bruno Alexandre Gaspar	Individual	01:35:22	00:35:48
57	67	David Canhoto	Os Ponta Branca UDA	01:37:01	00:37:27
58	127	Fernando Silva	Individual	01:40:43	00:41:09
59	126	Antonio Paixão	CLAC	01:40:59	00:41:25
60	61	Tiago Conceição	Individual	01:41:33	00:41:59
61	109	Rui Lopes	Two Slow	01:44:04	00:44:30
62	4	Manuel Machado	Os Matrecos	01:46:29	00:46:55
63	10	António Ramos	Os Matrecos	01:46:42	00:47:08
64	17	Antonio Ribeiro	Husband & Wife	01:48:22	00:48:48
65	119	Jose Real	CLAC	01:52:18	00:52:44
66	141	Rui Telmo Belo	Individual	01:55:57	00:56:23
67	94	Fernando Pratas Quaresma	Judocas	01:56:53	00:57:19
68	138	Joaquim Santos	Auto Pirâmide & Farmácia Santos	01:58:45	00:59:11
69	36	João Conde	Individual	02:12:41	01:13:07
70	76	Fernando Bento	Individual	02:13:31	01:13:57
71	118	Carlos Manuel Alves Pires	Individual	02:21:03	01:21:29
72	96	Ricardo Machado	GCBarquinhense	02:29:37	01:30:03
73	386	Gilberto Romão	Individual	02:39:29	01:39:55

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
74	383	José Martins	Individual	02:39:31	01:39:57
75	131	Joaquim Gravilha Delgado	Individual	03:02:54	02:03:20
76	28	Carlos José Pereira Marques	Individual	03:03:09	02:03:35