

POS.	DORSAL	NOME	EQUIPA	TEMPO	DIFERENÇA
1	115	Vasco Pereira	Escola De Atletismo De Coimbra Intermarché Condeixa	01:58:41.540	00:00:00.000
2	28	Nelson Costa	Escola De Atletismo De Coimbra Intermarché Condeixa	01:58:41.640	00:00:00.100
3	65	Miguel Pires	Escola De Atletismo De Coimbra Intermarché Condeixa	02:01:04.603	00:02:23.063
4	122	Gustavo Barandas	Escola De Atletismo De Coimbra Intermarché Condeixa	02:01:17.753	00:02:36.213
5	35	Orlando Pires	Formobike Btt & Trail Running	02:01:17.837	00:02:36.297
6	37	Valter Lopes	Acdrs Quinhendros	02:03:10.883	00:04:29.343
7	9	João Lopes	Grupo Desportivo Da Parreira	02:04:30.977	00:05:49.437
8	92	Nuno Veloso	Montanha Clube Trail Running/Efapel	02:05:22.367	00:06:40.827
9	157	Jorge Pereira	Ozxtreme/Adcrpereira	02:05:50.903	00:07:09.363
10	50	Pedro Mendes	Vikings Trail Runners / Ccr Alcabideque	02:06:00.023	00:07:18.483
11	156	José Pereira	Ozxtreme/Adcrpereira	02:06:23.100	00:07:41.560
12	79	Hélder Piedade	Sabia Opinião	02:06:29.680	00:07:48.140
13	5	Bruno Pereira	Individual	02:06:33.973	00:07:52.433
14	121	Edgar Faria	Ozxtreme/Adcrpereira	02:07:10.933	00:08:29.393
15	25	José Leal	Bttrain	02:08:07.700	00:09:26.160
16	84	Pedro Simões	Arsm - Associação Recreativa De S. Miguel	02:08:56.707	00:10:15.167
17	46	Carlos Simões	Arsm - Associação Recreativa De S. Miguel	02:10:17.113	00:11:35.573
18	69	Eduardo Moreira	Sc Povoense - Caracóis De Corrida	02:11:22.527	00:12:40.987
19	160	Carlos Correia	Ozxtreme/Adcrpereira	02:11:33.040	00:12:51.500
20	52	Vasco Monteiro	Vikings Trail Runners / Ccr Alcabideque	02:11:36.023	00:12:54.483
21	58	Filipe Rocha	Ozxtreme/Adcrpereira	02:12:04.977	00:13:23.437
22	34	Jose Jesus	Formobike Btt & Trail Running	02:12:44.390	00:14:02.850
23	15	Paulo Santos	Grupo Desportivo Ferreirense	02:12:58.777	00:14:17.237
24	76	Fernando Santos	Cmm-Escaravelhos Team	02:13:22.070	00:14:40.530
25	49	Renato Melo	Vikings Trail Runners / Ccr Alcabideque	02:14:05.147	00:15:23.607
26	124	José Santos	Individual	02:14:28.060	00:15:46.520
27	158	Manuel Silva	Ozxtreme/Adcrpereira	02:14:52.407	00:16:10.867
28	155	Tiago Santos	Ozxtreme/Adcrpereira	02:15:17.330	00:16:35.790
29	89	Rodrigo Quintal	Sc Povoense - Caracóis De Corrida	02:17:32.157	00:18:50.617
30	162	Vitor Francisco	Individual	02:17:57.020	00:19:15.480
31	107	David Silva	Farmácia Luciano E Matos	02:18:06.993	00:19:25.453
32	148	Paulo Rodrigues	Arcd - Venda Da Luísa	02:19:32.627	00:20:51.087
33	111	Paulo Silva	Ab Cansado Trail	02:21:03.357	00:22:21.817
34	57	Vitor Faim	Individual	02:21:06.883	00:22:25.343
35	21	Paulo Gregório	Gteam	02:22:15.507	00:23:33.967
36	24	Duarte Cruz	Norte E Soure	02:22:37.503	00:23:55.963
37	20	Joze Ferreira	Individual	02:22:43.857	00:24:02.317
38	39	José Santos	Sc Povoense - Caracóis De Corrida	02:22:57.743	00:24:16.203
39	131	Miguel Viegas	Dci/Ccdrpedrulha-Mealhada	02:23:16.103	00:24:34.563
40	170	André Carvalho	Viana Trail	02:23:16.473	00:24:34.933
41	142	Joaquim Baltazar	Arcd - Venda Da Luísa	02:24:04.337	00:25:22.797
42	14	Arlindo Ribeiro	Falsos Lentos	02:24:27.507	00:25:45.967
43	73	Pedro Moreira	Escola De Atletismo De Coimbra Intermarché Condeixa	02:24:28.283	00:25:46.743
44	117	Fernando Carvalho	Ozxtreme/Adcrpereira	02:24:45.480	00:26:03.940
45	108	Tiago Costa	Formobike Btt & Trail Running	02:24:52.600	00:26:11.060

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46	23	Arnaldo Ferreira	Bttrain	02:25:14.397	00:26:32.857
47	45	Licínio Sequeira	O Mundo Da Corrida	02:26:12.580	00:27:31.040
48	116	Bruno Martins	O Mundo Da Corrida	02:26:18.947	00:27:37.407
49	93	Tiago Rodrigues	Montanha Clube Trail Running/Efapel	02:26:54.393	00:28:12.853
50	71	Jorge Justo	O Mundo Da Corrida	02:26:55.257	00:28:13.717
51	27	André Fonte	Escola De Atletismo De Coimbra Intermarché Condeixa	02:27:57.860	00:29:16.320
52	77	Vítor Dias	Escola De Atletismo De Coimbra Intermarché Condeixa	02:28:03.867	00:29:22.327
53	53	André Costa	Vikings Trail Runners / Ccr Alcabideque	02:28:23.617	00:29:42.077
54	19	Nuno Coutinho	Norte E Soure	02:29:27.217	00:30:45.677
55	173	Tiago Mateus	O Mundo Da Corrida	02:29:58.087	00:31:16.547
56	1	Nélio Girão	Formobike Btt & Trail Running	02:32:24.443	00:33:42.903
57	80	Fátima Alendouro	Juventude Vidigalense	02:33:24.497	00:34:42.957
58	32	José Pinto	Escola De Atletismo De Coimbra Intermarché Condeixa	02:33:26.280	00:34:44.740
59	127	Pedro Ferreira	Falsos Lentos	02:34:05.820	00:35:24.280
60	56	Diogo Alves	Vikings Trail Runners / Ccr Alcabideque	02:34:19.490	00:35:37.950
61	98	Pedro Bonito	Acdrs Quinhendros	02:35:16.460	00:36:34.920
62	4	Anabela Remédios	Individual	02:35:21.913	00:36:40.373
63	102	Vítor Gomes	Flashover - Bvpenela	02:35:22.797	00:36:41.257
64	159	Ramiro Alves	Ozxtreme/Adcrpereira	02:36:37.147	00:37:55.607
65	29	Tiago Maia	Formobike Btt & Trail Running	02:37:20.017	00:38:38.477
66	134	André Monteiro	Montanha Clube Trail Running/Efapel	02:37:20.440	00:38:38.900
67	154	Vera Bernardo	Arcd - Venda Da Luísa	02:37:20.937	00:38:39.397
68	11	Tózé Serra	Acdrs Quinhendros	02:37:58.713	00:39:17.173
69	54	Luis Caridade	Vikings Trail Runners / Ccr Alcabideque	02:38:01.280	00:39:19.740
70	105	Álvaro Centeio	Ugas Trail Running	02:38:04.080	00:39:22.540
71	59	Norberto Rosa	Individual	02:39:13.857	00:40:32.317
72	31	Helder Gante	Individual	02:39:33.327	00:40:51.787
73	101	Miguel Pimenta	Coimbra Trail Running	02:40:54.593	00:42:13.053
74	75	Paulo Carvalho	Coimbra Trail Running	02:41:22.790	00:42:41.250
75	67	André Paiva	Farmácia Luciano E Matos	02:41:56.773	00:43:15.233
76	55	Tiago Matias	Vikings Trail Runners / Ccr Alcabideque	02:42:09.947	00:43:28.407
77	144	José Santos	Arcd - Venda Da Luísa	02:42:23.857	00:43:42.317
78	119	Sérgio Varela	Ozxtreme/Adcrpereira	02:44:18.177	00:45:36.637
79	40	Fidel Conde	.	02:45:00.277	00:46:18.737
80	141	Joao Reis	Arcd - Venda Da Luísa	02:46:18.933	00:47:37.393
81	66	Carla Leite	Clube Sem	02:46:21.523	00:47:39.983
82	12	Bruno Torreira	Acdrs Quinhendros	02:46:29.997	00:47:48.457
83	104	Miguel Ribeiro	Sc Povoense - Caracóis De Corrida	02:46:44.110	00:48:02.570
84	51	Mónica Ribeiro	Vikings Trail Runners / Ccr Alcabideque	02:46:58.323	00:48:16.783
85	136	César Ramalho	Arcd - Venda Da Luísa	02:47:56.840	00:49:15.300
86	83	Marcelo Coutinho	This Side Up - Run Team	02:49:06.433	00:50:24.893
87	149	Pedro Martins	Arcd - Venda Da Luísa	02:49:07.183	00:50:25.643
88	30	Cristiano Gante	Individual	02:49:11.320	00:50:29.780
89	60	Manuel Gaspar	Individual	02:50:40.820	00:51:59.280
90	43	Antonio Carvalho	Fk-Figueira Kayak Clube	02:52:08.113	00:53:26.573

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91	87	Renato Carvalho	Individual	02:52:14.013	00:53:32.473
92	74	Joao Queiros	Nel - Pédatleta	02:53:45.867	00:55:04.327
93	118	Sérgio Martins	Casmilo Trail	02:53:55.830	00:55:14.290
94	147	Marco Oliveira	Arcd - Venda Da Luísa	02:54:17.810	00:55:36.270
95	13	Ricardo Santos	Escola De Atletismo De Coimbra Intermarché Condeixa	02:54:35.497	00:55:53.957
96	47	Gonçalo Gonçalves	Vikings Trail Runners / Ccr Alcabideque	02:54:37.713	00:55:56.173
97	128	Nuno Gonçalves	Montanha Clube Trail Running/Efapel	02:55:00.383	00:56:18.843
98	163	Alexandro Tarquini	Individual	02:55:04.583	00:56:23.043
99	90	Hermínio Amaral	Montanha Clube Trail Running/Efapel	02:55:04.987	00:56:23.447
100	133	Eunice Magalhães	Dci/Ccdrpedrulha-Mealhada	02:56:07.367	00:57:25.827
101	68	Lora Pereira	Acdrs Quinhendros	02:56:18.527	00:57:36.987
102	41	Vitor Pereira	Individual	02:57:39.327	00:58:57.787
103	22	Luis Pereira	Cmm-Escaravelhos Team	02:57:59.207	00:59:17.667
104	96	António Silva	Acdrs Quinhendros	02:58:36.337	00:59:54.797
105	152	Sara	Arcd - Venda Da Luísa	02:59:56.953	01:01:15.413
106	129	Ricardo Pereira	Individual	02:59:59.747	01:01:18.207
107	18	André Ferro	Clube Condeixa	03:00:37.367	01:01:55.827
108	100	António Melo	Vikings Trail Runners / Ccr Alcabideque	03:01:30.277	01:02:48.737
109	153	Tiago Almeida	Arcd - Venda Da Luísa	03:01:53.737	01:03:12.197
110	70	Tiago Simões	Individual	03:01:57.463	01:03:15.923
111	126	Roberto Duarte	Vikings Trail Runners / Ccr Alcabideque	03:05:11.530	01:06:29.990
112	72	Fernando Fonseca	O Mundo Da Corrida	03:08:14.530	01:09:32.990
113	38	Magda Vieira	Individual	03:12:35.920	01:13:54.380
114	113	Amílcar Ramos	Individual	03:12:37.020	01:13:55.480
115	26	Cidália Oliveira	Acdrs Quinhendros	03:12:42.300	01:14:00.760
116	16	Vitor Santos	Escola De Atletismo De Coimbra Intermarché Condeixa	03:12:55.427	01:14:13.887
117	78	Pedro Bandeira	Arsm - Associação Recreativa De S. Miguel	03:13:42.187	01:15:00.647
118	145	Liliane Vaz	Arcd - Venda Da Luísa	03:14:11.943	01:15:30.403
119	103	Artur Freitas	Adm Ori-Mondego	03:14:38.613	01:15:57.073
120	125	Daniela Gonçalves	Vikings Trail Runners / Ccr Alcabideque	03:15:25.537	01:16:43.997
121	7	Fausto Carvalho	Arsm - Associação Recreativa De S. Miguel	03:18:35.780	01:19:54.240
122	146	Luísa Miranda	Arcd - Venda Da Luísa	03:18:37.047	01:19:55.507
123	138	Elza Cordeiro	Arcd - Venda Da Luísa	03:19:54.390	01:21:12.850
124	62	Sara Pinheiro	Desliza Team/Ozxtreme	03:19:56.390	01:21:14.850
125	88	Pedro Oliveira	Grupo Desportivo Da Parreira	03:20:55.300	01:22:13.760
126	150	Ruben Almeida	Arcd - Venda Da Luísa	03:22:32.107	01:23:50.567
127	132	André Antunes	Arcd - Venda Da Luísa	03:22:33.067	01:23:51.527
128	8	Catarina Palmeiro	Cbrunningteam	03:25:30.643	01:26:49.103
129	120	Catarina Gomes	Arsm - Associação Recreativa De S. Miguel	03:26:52.663	01:28:11.123
130	130	Bruno Botelho	Kickrunners	03:27:35.117	01:28:53.577
131	64	Mélanie Duarte	Farmácia Luciano E Matos	03:27:52.840	01:29:11.300
132	36	Pedro Lemos	Tiba Running Team	03:29:49.117	01:31:07.577
133	10	Maria Baptista	Cbrunningteam	03:33:32.047	01:34:50.507
134	42	Maria Luisa	.	03:35:43.113	01:37:01.573
135	61	Inês Peres	Desliza Team/Ozxtreme	03:37:02.580	01:38:21.040

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136	94	Maria Almida	Individual	03:37:04.787	01:38:23.247
137	171	Desconhecido	Individual	03:37:24.487	01:38:42.947
138	140	João Carvalho	Arcd - Venda Da Luísa	03:37:29.807	01:38:48.267
139	109	João Azeiteiro	Farmácia Luciano E Matos	03:37:33.410	01:38:51.870
140	63	Inês Mendonça	Desliza Team/Ozxtreme	03:42:48.377	01:44:06.837
141	91	Liliana Azenha	Arsm - Associação Recreativa De S. Miguel	03:42:49.660	01:44:08.120
142	137	Cidália Canais	Arcd - Venda Da Luísa	03:45:31.377	01:46:49.837
143	143	José Correia	Arcd - Venda Da Luísa	03:45:31.663	01:46:50.123
144	114	Andreia Costa	Ozxtreme/Adcrpereira	03:47:21.200	01:48:39.660
145	106	Elisabete Vitorino	Individual	03:51:59.153	01:53:17.613
146	86	Céu Santos	O Mundo Da Corrida	03:51:59.977	01:53:18.437
147	123	João	Individual	03:52:32.777	01:53:51.237
148	151	Rui Monteiro	Arcd - Venda Da Luísa	04:04:33.700	02:05:52.160
149	139	Jéssica Correia	Arcd - Venda Da Luísa	04:04:38.607	02:05:57.067
150	3	Nuno Alves	Casa Do Benfica De Condeixa	04:33:09.073	02:34:27.533