

Lugar	Nome/Equipa	Dorsal	Tempo	Ritmo	Sexo	Escalão	
1	AMÂNDIO FERREIRA	1337	02:09:01	05:10	M	Seniores Masculinos	1
2	Paulo Costa	1268	02:10:27	05:14	M	Veteranos 35 Masc	1
3	BRUNO RIBEIRO	1297	02:10:50	05:14	M	Veteranos 35 Masc	2
4	Luís martins	1258	02:13:36	05:21	M	Veteranos 40 Masc	1
5	Nuno Carneiro	1235	02:14:51	05:24	M	Seniores Masculinos	2
6	André Machado	1195	02:18:07	05:32	M	Seniores Masculinos	3
7	Carlos Ferreira	1324	02:19:45	05:36	M	Seniores Masculinos	4
8	Carlos Coelho	1108	02:23:35	05:45	M	Seniores Masculinos	5
9	Tiago Subtil	1142	02:24:07	05:46	M	Veteranos 35 Masc	3
10	MIGUEL NETO	1083	02:27:03	05:53	M	Seniores Masculinos	6
11	CARLOS PEIXOTO	1343	02:27:10	05:54	M	Veteranos 40 Masc	2
12	Filipe Pinto	1055	02:27:26	05:54	M	Veteranos 35 Masc	4
13	Ricardo Rego	1092	02:28:05	05:56	M	Seniores Masculinos	7
14	HUGO ARAUJO	1298	02:31:42	06:05	M	Seniores Masculinos	8
15	Nuno Cardoso	1278	02:32:43	06:07	M	Veteranos 40 Masc	3
16	Ricardo Miranda	1054	02:33:43	06:09	M	Seniores Masculinos	9
17	Bruno Costa	1326	02:33:43	06:09	M	Veteranos 35 Masc	5
18	André Costa	1101	02:34:28	06:11	M	Seniores Masculinos	10
19	José Dias	1012	02:35:10	06:13	M	Seniores Masculinos	11
20	Narciso machado	1042	02:36:33	06:16	M	Veteranos 50 Masc	1
21	Tiago Aragão	1242	02:37:04	06:17	M	Veteranos 40 Masc	4
22	Manuel Carvalho	1017	02:37:12	06:18	M	Veteranos 40 Masc	5
23	Orlando Silva	1341	02:37:51	06:19	M	Veteranos 35 Masc	6
24	Filipe Carneiro	1048	02:37:57	06:20	M	Veteranos 35 Masc	7
25	José Dias	1007	02:39:47	06:24	M	Veteranos 50 Masc	2
26	Pedro alves	1184	02:39:55	06:24	M	Seniores Masculinos	12
27	Diogo Torres	1320	02:42:47	06:31	M	Sub23 Masc	1
28	AVELINO FIGUEIREDO	1154	02:46:12	06:39	M	Veteranos 40 Masc	6
29	David Tavares	1308	02:46:19	06:40	M	Veteranos 50 Masc	3
30	paulo oliveira	1058	02:47:11	06:42	M	Seniores Masculinos	13
31	Manuel Ferreira	1344	02:47:29	06:42	M	Veteranos 50 Masc	4
32	Marco Silva	1227	02:47:56	06:44	M	Veteranos 40 Masc	7
33	LUCAS MORGADO	1082	02:49:55	06:48	M	Veteranos 40 Masc	8
34	Sérgio Matos	1346	02:50:34	06:50	M	Seniores Masculinos	14
35	Hugo Moreira	1022	02:51:34	06:52	M	Veteranos 40 Masc	9
36	Luís Vilarinho	1204	02:52:18	06:54	M	Veteranos 40 Masc	10
37	José Silva	1212	02:53:00	06:56	M	Veteranos 40 Masc	11
38	Jorge Moreira	1300	02:53:13	06:56	M	Veteranos 50 Masc	5
39	João Tinoco	1005	02:53:49	06:58	M	Veteranos 35 Masc	8
40	DUARTE CERQUEIRA	1085	02:54:25	06:59	M	Veteranos 35 Masc	9
41	Joaquim Pinheiro	1045	02:54:36	07:00	M	Veteranos 50 Masc	6
42	Paula Lage	1073	02:54:45	07:00	F	Veteranos 40 Fem	1
43	Nuno Silva	1066	02:54:58	07:00	M	Seniores Masculinos	15
44	Fernando Oliveira	1322	02:56:46	07:05	M	Veteranos 60 Masc	1

Lugar	Nome/Equipa	Dorsal	Tempo	Ritmo	Sexo	Escalão	
45	Maria GonçalvesOralklass - Amigos do Trail, Portugal	1039	02:57:37	07:07	F	Seniores Femininos	1
46	Miguel BarbosaCorrer antas, Portugal	1301	02:57:56	07:08	M	Seniores Masculinos	16
47	Pedro PereiraGTT - Armazém do Caffè, Portugal	1079	02:58:20	07:08	M	Veteranos 40 Masc	12
48	Luís SáPortugal	1137	02:58:47	07:10	M	Seniores Masculinos	17
49	José CostaARPO, Portugal	1219	03:00:40	07:14	M	Veteranos 40 Masc	13
50	Miguel DominguesLebres Minhotas, Portugal	1217	03:00:53	07:15	M	Veteranos 40 Masc	14
51	Pedro GuimaraesCTAD - Consumo zero, Portugal	1169	03:01:30	07:16	M	Veteranos 40 Masc	15
52	Guilherme PiresBanco BPI, Portugal	1234	03:01:34	07:16	M	Veteranos 40 Masc	16
53	Ricardo BomtempoIndividual, Portugal	1318	03:01:36	07:16	M	Veteranos 35 Masc	10
54	Nuno GomesB.T.M., Portugal	1025	03:01:49	07:17	M	Veteranos 35 Masc	11
55	João PassosOlímpico Vianense, Portugal	1277	03:01:54	07:17	M	Veteranos 50 Masc	7
56	Daniel FernandesÁguias de Alvelos, Portugal	1203	03:03:16	07:20	M	Veteranos 40 Masc	17
57	Pedro RibeiroCTAD - Consumo zero, Portugal	1317	03:03:51	07:22	M	Veteranos 50 Masc	8
58	PORFIRIO LOMBAPortugal	1330	03:05:20	07:25	M	Veteranos 40 Masc	18
59	Nuno CruzARCA BarceloS runners, Portugal	1080	03:05:49	07:26	M	Veteranos 35 Masc	12
60	Luis NecoARCA BarceloS runners, Portugal	1325	03:06:50	07:29	M	Veteranos 40 Masc	19
61	Rui AzevedoPortugal	1290	03:08:34	07:33	M	Veteranos 40 Masc	20
62	Carlos MartinsUrânio team, Portugal	1172	03:08:54	07:34	M	Seniores Masculinos	18
63	João SousaPortugal	1100	03:08:55	07:34	M	Veteranos 40 Masc	21
64	Rúben AlvesCarpeDiemTrailRunning, Portugal	1251	03:09:40	07:36	M	Veteranos 40 Masc	22
65	António GomesÁguias de Alvelos, Portugal	1275	03:10:42	07:38	M	Veteranos 40 Masc	23
66	Hugo SáIndividual, Portugal	1060	03:11:30	07:40	M	Veteranos 35 Masc	13
67	SILVIA PEREIRAOs santa Apolonia, Portugal	1178	03:11:43	07:41	F	Veteranos 40 Fem	2
68	Pedro CostaALEXANDRA CARVALHO TEAM, Portugal	1313	03:11:52	07:41	M	Seniores Masculinos	19
69	Rui TerraPortugal	1284	03:12:22	07:42	M	Seniores Masculinos	20
70	Bruno MouraPortugal	1033	03:12:22	07:42	M	Veteranos 35 Masc	14
71	Fábio CarneiroManetas, Portugal	1241	03:12:23	07:42	M	Seniores Masculinos	21
72	Raquel AndradePortugal	1032	03:12:23	07:42	F	Veteranos 35 Fem	1
73	SÉRGIO FARIAPortugal	1328	03:12:46	07:43	M	Seniores Masculinos	22
74	Jose CardosoARCA BarceloS runners, Portugal	1090	03:12:54	07:43	M	Veteranos 50 Masc	9
75	Filipe AlvesDesnível Positivo, Portugal	1256	03:12:55	07:43	M	Veteranos 40 Masc	24
76	José cruzEi Team Trail, Portugal	1117	03:14:09	07:46	M	Veteranos 35 Masc	15
77	Elisabete AlvesTrogloditas Runners, Portugal	1015	03:14:10	07:46	F	Seniores Femininos	2
78	Vítor GonçalvesTrogloditas Runners, Portugal	1018	03:14:11	07:47	M	Seniores Masculinos	23
79	IVÁN PÉREZOS TORAKKA, Portugal	1316	03:14:51	07:48	M	Veteranos 35 Masc	16
80	Pedro CostaPortugal	1043	03:14:58	07:48	M	Seniores Masculinos	24
81	Bruno CastroJuventude das Ribeiras, Portugal	1216	03:16:16	07:52	M	Seniores Masculinos	25
82	Miguel SoaresARCA BarceloS runners, Portugal	1327	03:17:01	07:53	M	Veteranos 35 Masc	17
83	Raul CurvaPortugal	1050	03:17:13	07:54	M	Veteranos 40 Masc	25
84	MANUEL CUNHAPortugal	1329	03:17:27	07:54	M	Veteranos 40 Masc	26
85	Carlos FernandesPortugal	1166	03:17:53	07:55	M	Veteranos 35 Masc	18
86	FERNANDO AREZESGTT - Armazém do Caffè, Portugal	1128	03:17:54	07:55	M	Veteranos 50 Masc	10
87	João SantosPortugal	1077	03:18:18	07:56	M	Sub23 Masc	2
88	Paulo LaranjoPortugal	1189	03:18:51	07:58	M	Veteranos 35 Masc	19

Lugar	Nome/Equipa	Dorsal	Tempo	Ritmo	Sexo	Escalão	
89	Manuel CarriçoPortugal	1185	03:18:53	07:58	M	Veteranos 50 Masc	11
90	Nuno AlmeidaGAIA RUNNING, Portugal	1340	03:19:05	07:58	M	Veteranos 40 Masc	27
91	Marieta BrancoCTAD - Consumo zero, Portugal	1157	03:20:05	08:01	F	Veteranos 40 Fem	3
92	jorge rodriguesCTAD - Consumo zero, Portugal	1156	03:20:05	08:01	M	Veteranos 40 Masc	28
93	Manuel Sampaioindividual, Portugal	1034	03:20:06	08:01	M	Veteranos 60 Masc	2
94	Elisabete RepasGaia-Running, Portugal	1180	03:20:12	08:01	F	Veteranos 50 Fem	1
95	Filipe GomesPortugal	1030	03:20:29	08:02	M	Veteranos 35 Masc	20
96	Paulo MoraisNocturnos de Paredes, Portugal	1164	03:21:15	08:03	M	Veteranos 50 Masc	12
97	RICARDO MENDESOs santa Apolonia, Portugal	1179	03:21:33	08:04	M	Veteranos 35 Masc	21
98	julia sousaescola atletismo trofa, Portugal	1230	03:22:57	08:08	F	Veteranos 50 Fem	2
99	João RibeiroIndividual, Portugal	1283	03:23:39	08:09	M	Veteranos 50 Masc	13
100	Bruno MonteiroTOG - Associação Running Team, Portugal	1023	03:24:15	08:11	M	Veteranos 35 Masc	22
101	Clara TeixeiraOs Preguiças, Portugal	1021	03:24:59	08:12	F	Seniores Femininos	3
102	José PadrãoARCA BarceloS runners, Portugal	1129	03:24:59	08:12	M	Veteranos 40 Masc	29
103	Paulo GomesOs Preguiças, Portugal	1019	03:25:04	08:13	M	Veteranos 40 Masc	30
104	Gabriela FonsecaDive Into the Mountains, Portugal	1347	03:25:28	08:14	F	Sub 23 Fem	1
105	José Almeida4266, Portugal	1104	03:26:18	08:16	M	Veteranos 50 Masc	14
106	Raul FernandesCerveira Team Running, Portugal	1139	03:27:01	08:17	M	Veteranos 60 Masc	3
107	Pedro OliveiraCTAD - Consumo zero, Portugal	1008	03:27:52	08:19	M	Veteranos 40 Masc	31
108	José LimaAfifense Trail, Portugal	1291	03:28:21	08:21	M	Veteranos 35 Masc	23
109	Fernando SantosGTT - Trail Running Team, Portugal	1255	03:29:03	08:22	M	Veteranos 40 Masc	32
110	Francisco AreiasGin team, Portugal	1002	03:29:26	08:23	M	Veteranos 40 Masc	33
111	PEDRO LOPESClube Zupper, Portugal	1225	03:29:27	08:23	M	Veteranos 40 Masc	34
112	Pedro RodriguesClube Zupper, Portugal	1224	03:29:27	08:23	M	Veteranos 35 Masc	24
113	Paulo MartinsBOSCH, Portugal	1099	03:29:36	08:24	M	Veteranos 50 Masc	15
114	Lutz WellingBOSCH, Portugal	1191	03:29:40	08:24	M	Veteranos 50 Masc	16
115	duarte ribeiroPortugal	1112	03:29:41	08:24	M	Veteranos 50 Masc	17
116	Rui EstradaPortugal	1062	03:31:24	08:28	M	Seniores Masculinos	26
117	Nuno SantosAdventureiros, Portugal	1190	03:32:52	08:31	M	Veteranos 40 Masc	35
118	Carlos OliveiraPortugal	1131	03:33:51	08:34	M	Seniores Masculinos	27
119	Sandra SilvaBEfitness RUNNERS, Portugal	1103	03:34:36	08:36	F	Veteranos 35 Fem	2
120	Isabel morimSSBOX, Portugal	1145	03:34:52	08:36	F	Veteranos 35 Fem	3
121	Marcio AraujoBrothers Trail Team, Portugal	1260	03:34:53	08:36	M	Veteranos 35 Masc	25
122	Diana CachadaPortugal	1213	03:35:36	08:38	F	Seniores Femininos	4
123	Vitor SilvaFama Runners, Portugal	1155	03:36:40	08:40	M	Veteranos 50 Masc	18
124	José LeçaSem medo, Portugal	1044	03:36:48	08:41	M	Veteranos 50 Masc	19
125	Dores cachetasAkuafit, Portugal	1252	03:36:58	08:41	F	Veteranos 40 Fem	4
125	Paulo SousaAkuafit, Portugal	1248	03:36:58	08:41	M	Veteranos 40 Masc	36
127	Sandra SilvaCorrer Social.Recreativa da Granja, Portugal	1200	03:37:40	08:43	F	Veteranos 40 Fem	5
128	Mário EstêvãoBTT Alegria // TUBANI, Portugal	1056	03:38:07	08:44	M	Seniores Masculinos	28
129	Sergio CoelhoBTT Alegria // TUBANI, Portugal	1243	03:38:07	08:44	M	Seniores Masculinos	29
130	Vitor MartinsALEXANDRA CARVALHO TEAM, Portugal	1153	03:38:48	08:46	M	Veteranos 40 Masc	37
131	Francisco GomesShots International Runners, Portugal	1102	03:38:52	08:46	M	Veteranos 40 Masc	38
132	Fatima VieiraNocturnos de Paredes, Portugal	1163	03:38:52	08:46	F	Veteranos 50 Fem	3

Lugar	Nome/Equipa	Dorsal	Tempo	Ritmo	Sexo	Escalão	
133	Pedro SantosPortugal	1147	03:39:10	08:46	M	Veteranos 40 Masc	39
134	Manuel RodriguesCORRER LEÇA, Portugal	1345	03:39:45	08:48	M	Veteranos 60 Masc	4
135	José DuartePortugal	1239	03:39:53	08:48	M	Veteranos 40 Masc	40
136	Gaspar FernandesVaiatéondeosteuspéstelevar, Portugal	1127	03:40:10	08:49	M	Veteranos 50 Masc	20
137	Amílcar Teixeira100meta, Portugal	1250	03:40:44	08:50	M	Veteranos 40 Masc	41
138	Jose CostaPortugal	1134	03:41:21	08:52	M	Veteranos 40 Masc	42
139	Cláudia CarcauLion Runners-G.D. Leões da Guarda, Portugal	1349	03:41:44	08:53	F	Veteranos 35 Fem	4
140	Manuel OliveiraPortugal	1162	03:42:09	08:54	M	Veteranos 40 Masc	43
141	Ju AredeGaia-Running, Portugal	1332	03:42:29	08:54	F	Seniores Femininos	5
142	Antonio MoraisEla Corre Com Eles, Portugal	1009	03:42:29	08:54	M	Veteranos 40 Masc	44
143	Orlanda RegoGaia-Running, Portugal	1181	03:42:30	08:54	F	Veteranos 40 Fem	6
144	Andreia PereiraTeam Lantermil, Portugal	1226	03:43:12	08:56	F	Seniores Femininos	6
145	OSVALDO RODRIGUESCorrer Soc. Recreativa da Granja, Portugal	1199	03:43:15	08:56	M	Veteranos 40 Masc	45
146	Paulo RibeiroPortugal	1026	03:45:23	09:01	M	Veteranos 40 Masc	46
147	Vitor AraujoBrothers Trail Team, Portugal	1262	03:49:04	09:10	M	Veteranos 40 Masc	47
148	Fernando LopesTerror dos Montes, Portugal	1064	03:49:24	09:11	M	Veteranos 50 Masc	21
149	Patricia AraujoBrothers Trail Team, Portugal	1261	03:51:06	09:15	F	Veteranos 35 Fem	5
150	Tiago SampaioGTT - Armazém do Caffè, Portugal	1075	03:54:10	09:22	M	Veteranos 40 Masc	48
151	Carlos GuilhermePortugal	1159	03:54:47	09:24	M	Veteranos 35 Masc	26
151	Bruno CavadasPortugal	1168	03:54:47	09:24	M	Veteranos 35 Masc	26
153	Alberto PereiraPortugal	1232	03:54:58	09:24	M	Veteranos 50 Masc	22
154	Fernando OliveiraPortugal	1093	03:56:50	09:29	M	Veteranos 40 Masc	49
155	Mário Barbosazoobelinho - DBT - BFF, Portugal	1059	03:59:51	09:36	M	Veteranos 40 Masc	50
156	Marco LimaEyeti Solutions, Portugal	1336	04:00:00	09:36	M	Veteranos 35 Masc	28
157	Regina SilvaCorrer para o Sucesso, Portugal	1013	04:00:04	09:37	F	Seniores Femininos	7
158	LUCINDA GOMESLION RUNNERS - G. D. Leões da Guarda, Portugal	1348	04:01:11	09:39	F	Veteranos 50 Fem	4
159	Sílvia VieiraPortugal	1208	04:01:53	09:41	F	Veteranos 35 Fem	6
160	Nelson VazProfisioeupagoTeam, Portugal	1174	04:01:55	09:41	M	Veteranos 35 Masc	29
161	Ricardo PiresDá-lhe Gás Trail Team Fisioduo, Portugal	1067	04:02:08	09:42	M	Veteranos 40 Masc	51
162	Vasco EscobarEi Team Trail, Portugal	1140	04:04:58	09:48	M	Veteranos 35 Masc	30
163	Helder OliveiraTerror dos Montes, Portugal	1041	04:05:12	09:49	M	Seniores Masculinos	30
164	Simão FernandesAventureiros, Portugal	1188	04:05:59	09:51	M	Veteranos 35 Masc	31
165	Fernando SousaSpartan Beer Team, Portugal	1124	04:06:57	09:53	M	Seniores Masculinos	31
166	Fernando AmaroPortugal	1107	04:07:22	09:54	M	Veteranos 50 Masc	23
167	Nelson FernandesCorrer para o Sucesso, Portugal	1014	04:11:41	10:05	M	Veteranos 35 Masc	32
168	Cândido GomesPortugal	1294	04:13:49	10:10	M	Veteranos 35 Masc	33
169	Catarina MilheiroPortugal	1115	04:13:56	10:10	F	Seniores Femininos	8
170	Diogo coutoMOREIRA RELAX RUNNERS, Portugal	1293	04:15:01	10:13	M	Seniores Masculinos	32
171	Rodrigo DuarteMaia Runners, Portugal	1040	04:17:41	10:19	M	Veteranos 40 Masc	52
172	José MatosPortugal	1095	04:19:09	10:22	M	Veteranos 40 Masc	53
173	Ricardo AzevedoValério Hunters, Portugal	1016	04:19:11	10:23	M	Seniores Masculinos	33
174	Luís MarvãoPortugal	1292	04:21:50	10:29	M	Veteranos 40 Masc	54
175	Ricardo BeirãoLION RUNNERS - G. D. LEÕES DA GURADA, Portugal	1244	04:22:17	10:30	M	Veteranos 50 Masc	24
176	Eduarda BarrosPortugal	1004	04:23:55	10:34	F	Veteranos 35 Fem	7

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177	Quim AraújoCerveira Team Running, Portugal	1281	04:27:16	10:42	M	Veteranos 40 Masc	55
178	Sandra AraújoCerveira Team Running, Portugal	1280	04:27:16	10:42	F	Veteranos 40 Fem	7
179	Gentil PereiraHyundai Team, Portugal	1175	04:29:06	10:46	M	Veteranos 40 Masc	56
180	Ivo SilvaSpartan Beer Team, Portugal	1342	04:29:07	10:46	M	Seniores Masculinos	34
181	José TeixeiraGaia-Running, Portugal	1321	04:29:15	10:47	M	Veteranos 50 Masc	25
182	José FerreiraPortugal	1051	04:29:16	10:47	M	Veteranos 50 Masc	26
183	Ana BritoPortugal	36	04:30:23	10:49	F	Veteranos 40 Fem	8
184	José CastroB.T.M., Portugal	1011	04:30:25	10:49	M	Veteranos 40 Masc	57
185	Luís MagalhãesPortugal	1118	04:31:23	10:52	M	Veteranos 40 Masc	58
186	ISABEL MARTINSAmigos da Montanha, Portugal	1038	04:37:35	11:07	F	Veteranos 50 Fem	5
187	Diana RibeiroAmigos da Montanha, Portugal	1031	04:37:35	11:07	F	Veteranos 35 Fem	8
188	Claudia MouraPortugal	1010	04:38:00	11:08	F	Veteranos 35 Fem	9
189	Paulo SilvaPoster Digital, Portugal	1094	04:39:03	11:10	M	Veteranos 40 Masc	59
190	Carlos TaveiraPortugal	1057	04:39:26	11:11	M	Veteranos 50 Masc	27
191	Carmen LimaEla Corre Com Eles, Portugal	1052	04:39:27	11:11	F	Veteranos 40 Fem	9
192	Maria SantosRegufe, Portugal	1097	04:45:53	11:27	F	Veteranos 40 Fem	10
193	Marco DiasHyundai Team, Portugal	1223	04:48:13	11:32	M	Veteranos 35 Masc	34
194	Maria MorimPortugal	1279	04:51:20	11:40	F	Veteranos 35 Fem	10