



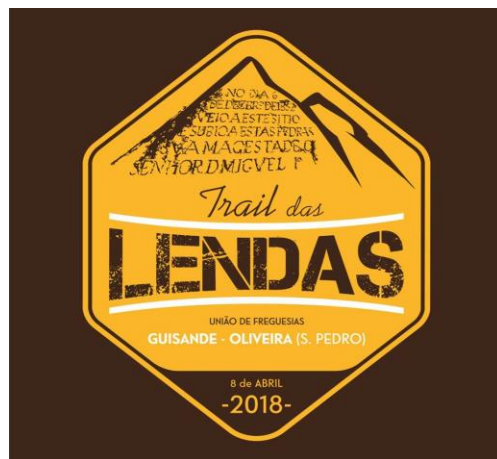
Trail das Lendas

Trail das Lendas

Guisande - Oliveira (S. Pedro)

8 de Abril

Chrono.pt



Classificação Geral Trail Curto

12,00 Km.

Pos.	Dor. Nome	Clube	Cat	Pos. Cat.	Tempo Km/h.	Diferencia
1	93 Rafael Sá		S23	1	1:05:24.52 11,01	
2	126 Pedro Martins	Águias de Alvelos	S	1	1:05:26.05 11,00	0:00:01
3	128 Marcelo Ramos Martins	M EDL Trail	S	2	1:05:49.32 10,94	0:00:24
4	321 Fernando Silva		40	1	1:05:55.00 10,92	0:00:30
5	314 Paulo Duarte		S	3	1:05:56.85 10,92	0:00:32
6	102 Filipe Meneses		S	4	1:06:07.32 10,89	0:00:42
7	317 Tiago Portela		S	5	1:06:14.24 10,87	0:00:49
8	302 Augusto Leitão		40	2	1:06:17.91 10,86	0:00:53
9	92 Andre Martins	TESCO TEAM RUNNING	40	3	1:07:22.16 10,69	0:01:57
10	3 Felisberto Arcipreste		S	6	1:09:29.44 10,36	0:04:04
11	105 Luís Sá		S	7	1:09:30.81 10,36	0:04:06
12	95 Fábio Barbosa	RUILHE RUNNERS	S	8	1:09:34.00 10,35	0:04:09
13	26 Paulo Vilaça	CDC priscos	40	4	1:09:37.18 10,34	0:04:12
14	121 Hélder Ferreira	Índios da montanha	40	5	1:09:38.59 10,34	0:04:14
15	120 Hélder Antunes	Índios da montanha	40	6	1:09:46.71 10,32	0:04:22
16	39 Dario Coelho		40	7	1:09:56.88 10,30	0:04:32
17	19 António Ribeiro	OADA - OS Amigos da Aventura	S	9	1:10:27.64 10,22	0:05:03
18	76 Ricardo Mota	Tescoteamrunning	S	10	1:10:30.09 10,21	0:05:05
19	27 Luis Coutinho	Team Workout 48/CAM	S	11	1:10:31.76 10,21	0:05:07
20	37 Damião Duarte	Travassós Running Fafe	S	12	1:10:34.27 10,20	0:05:09
21	540 Adriana Gomes	Minho Aventura	SF	1	1:10:41.10 10,19	0:05:16
22	11 João Bernardino		S23	2	1:10:41.93 10,19	0:05:17
23	33 Miguel Cruz		S	13	1:11:39.89 10,05	0:06:15
24	129 Artur Gil		S	14	1:13:05.79 9,85	0:07:41
25	119 Maria José Ribeiro	Palmeira Runners	F40	1	1:13:06.49 9,85	0:07:41
26	116 Ariana Araújo	Minho Aventura	SF	2	1:13:36.65 9,78	0:08:12
27	56 Eduardo Gonçalves		S23	3	1:13:44.30 9,76	0:08:19
28	303 Adosinda Maciel		F50	1	1:13:52.69 9,75	0:08:28
29	124 Artur Fernandes		40	8	1:14:22.77 9,68	0:08:58
30	50 José Carvalho	Travassós Running Fafe	S	15	1:14:32.41 9,66	0:09:07
31	535 Paulo Lopes		S	16	1:14:32.54 9,66	0:09:08
32	110 Helder Martins	Rumoaventura	S	17	1:14:40.71 9,64	0:09:16
33	9 Miguel Ângelo Castro		S	18	1:14:42.12 9,64	0:09:17
34	536 Bruno Rodrigues	Team Workout 48/CAM	S	19	1:14:51.39 9,62	0:09:26
35	55 J.Manuel Barbosa	GDU Oliveirense	40	9	1:14:58.54 9,60	0:09:34
36	94 Joel Antunes	Socialite Bracarense	S	20	1:15:04.84 9,59	0:09:40
37	305 António Fernandes		40	10	1:15:05.26 9,59	0:09:40
38	97 Cristina Teixeira	Solemates	SF	3	1:15:15.56 9,57	0:09:51
39	329 Mário Braga		40	11	1:15:22.22 9,55	0:09:57
40	91 Alberto Sá	Insanos	60	1	1:15:55.90 9,48	0:10:31
41	10 Eliana Pereira	Team Workout 48/CAM	SF	4	1:16:03.59 9,47	0:10:39
42	4 Rogério Pereira	Manus	S	21	1:24:06.00 8,56	0:18:41
43	313 Carlos Granja		40	12	1:24:11.76 8,55	0:18:47
44	107 Miguel Araújo		S	22	1:24:12.05 8,55	0:18:47





45	47 Carlos Torres		S	23	1:24:18.20 8,54	0:18:53
46	319 Daniel Barreto		60	2	1:24:21.03 8,54	0:18:56
47	532 Celina Luis		SF	5	1:24:21.60 8,54	0:18:57
48	14 Lúcia Dias		SF	6	1:24:34.89 8,51	0:19:10
49	113 Nuno Barbosa	Quarteto	S23	4	1:24:36.54 8,51	0:19:12
50	34 Florinda Fernandes	Team Workout 48/CAM	F40	2	1:24:37.69 8,51	0:19:13
51	118 Jose luis Leao	Roriz aventura	S	24	1:24:42.82 8,50	0:19:18
52	64 Tiago Martins	Team Embutequir	S	25	1:24:48.48 8,49	0:19:23
53	75 Fernando Ribeiro		S	26	1:24:50.41 8,49	0:19:25
54	62 Daniel Gonçalves	Team Embutequir	S	27	1:24:51.62 8,49	0:19:27
55	63 Moisés Pimenta		S	28	1:24:51.98 8,49	0:19:27
56	87 Rui Silva		S	29	1:24:53.80 8,48	0:19:29
57	20 Marcelo Teixeira		S	30	1:24:57.48 8,48	0:19:32
58	320 Jorge Pereira		40	13	1:24:58.28 8,47	0:19:33
59	61 Leonel Martins		40	14	1:24:58.60 8,47	0:19:34
60	86 Amandio Martins		S	31	1:25:02.82 8,47	0:19:38
61	96 Nuno Rodrigues Rodrigues		S	32	1:25:06.62 8,46	0:19:42
62	85 Helena Fernandes	N14 Crossfit	F40	3	1:25:07.41 8,46	0:19:42
63	51 Carlos Tiago Rodrigues		S	33	1:25:14.18 8,45	0:19:49
64	326 Vítor Martins		40	15	1:25:14.27 8,45	0:19:49
65	99 Carlos Lomba	NO LIMIT GYM	S	34	1:25:16.26 8,44	0:19:51
66	43 Pedro Ribeiro		S	35	1:25:20.44 8,44	0:19:55
67	328 Vitor Grança	DA ESPACO	S	36	1:25:22.09 8,43	0:19:57
68	57 Gonçalo Gomes	OADA - OS Amigos da Aventura	S23	5	1:25:22.55 8,43	0:19:58
69	84 João Carlos Da Silva Gomes		40	16	1:25:22.62 8,43	0:19:58
70	100 Gabriel Sousa	Solemates	S	37	1:25:24.81 8,43	0:20:00
71	304 Edgar Sousa		40	17	1:25:25.28 8,43	0:20:00
72	71 Nuno Pinto	Team Lantemil	S	38	1:25:36.39 8,41	0:20:11
73	104 Sócrates Martins	Roriz Aventura	S	39	1:25:50.08 8,39	0:20:25
74	322 Manuel Andrade		60	3	1:26:11.69 8,35	0:20:47
75	310 Eulália Miranda		F50	2	1:26:12.95 8,35	0:20:48
76	28 Miguel Pinto		S	40	1:26:14.04 8,35	0:20:49
77	31 Tomás Moura		S	41	1:26:14.14 8,35	0:20:49
78	38 José Gonçalves	Go Rookie Bootcamp	50	1	1:26:20.72 8,34	0:20:56
79	18 Miguel Carvalhido	OADA - OS Amigos da Aventura	40	18	1:26:21.98 8,34	0:20:57
80	306 Francisca Costa Leite		SF	7	1:26:22.38 8,34	0:20:57
81	315 André Silva		S	42	1:26:27.64 8,33	0:21:03
82	308 Susana Queiróz		F40	4	1:26:31.42 8,32	0:21:06
83	123 Fernando Pimentel	Palmeira Runners	40	19	1:26:31.88 8,32	0:21:07
84	114 Eduardo Mendes		S23	6	1:26:32.00 8,32	0:21:07
85	74 José Ferreira	Palmeira Runners	40	20	1:26:32.83 8,32	0:21:08
86	704 Elsa Rodrigues		F40	5	1:27:13.50 8,26	0:21:49
87	117 João Manuel Costa Araujo Araujo		50	2	1:27:24.76 8,24	0:22:00
88	59 PEDRO FALCÃO	ADDC RUN	40	21	1:27:26.46 8,23	0:22:01
89	60 VITOR BRITO	ADDC RUN	40	22	1:27:27.71 8,23	0:22:03
90	2 José Marques		S	43	1:27:34.27 8,22	0:22:09
91	53 Rui Silva	SCS Sub12	40	23	1:27:58.88 8,18	0:22:34
92	54 Carlos Silva	SCS Sub12	S	44	1:27:59.28 8,18	0:22:34
93	122 Carmo Ferreira	Palmeira Runners	F40	6	1:28:02.86 8,18	0:22:38
94	17 Henrique Gonçalves	OADA - OS Amigos da Aventura	S	45	1:28:52.24 8,10	0:23:27
95	1 Rui Cambra		S	46	1:29:01.79 8,09	0:23:37
96	73 Mario Oliveira		40	24	1:29:52.51 8,01	0:24:28
97	72 LILIANA PINTO		S	47	1:30:10.84 7,99	0:24:46
98	307 Marlene Ferreira		F40	7	1:30:24.53 7,96	0:25:00
99	130 Ana Luisa Ferreira	Team Workout 48/CAM	SF	8	1:31:03.00 7,91	0:25:38
100	48 Armindo Ferreira		50	3	1:32:38.12 7,77	0:27:13
101	49 Flavio Ferreira		S	48	1:32:39.49 7,77	0:27:14
102	311 Paula Martins		F50	3	1:32:53.53 7,75	0:27:29
103	702 José Ribeiro		50	4	1:32:53.85 7,75	0:27:29





104	35 Clara Rua		F40	8	1:33:13.21 7,72	0:27:48
105	89 Rui Vilaça	Socialite Bracarense	S	49	1:33:28.48 7,70	0:28:03
106	108 Ema Guerra	Palmeira Runners	SF	9	1:33:37.20 7,69	0:28:12
107	69 Bruno Rodrigues		S	50	1:33:38.13 7,69	0:28:13
108	58 Rui Silva	ADDC RUN	40	25	1:34:18.46 7,64	0:28:53
109	125 Elisabete Santos		F40	9	1:34:19.35 7,63	0:28:54
110	30 Marta Reguengo		SF	10	1:34:20.92 7,63	0:28:56
111	98 patricia martins	NO LIMIT GYM	SF	11	1:34:26.77 7,62	0:29:02
112	77 Sónia Teixeira	Tescoteamrunning	SF	12	1:35:17.24 7,56	0:29:52
113	78 Sónia Ferreira	Tescoteamrunning	SF	13	1:35:26.01 7,54	0:30:01
114	127 António Antunes	Palmeira Runners	60	4	1:35:40.69 7,53	0:30:16
115	301 Isabel Leita		F40	10	1:36:12.78 7,48	0:30:48
116	300 Alexandra Carvalho		SF	14	1:36:27.59 7,47	0:31:03
117	700 César Rocha		S	51	1:36:28.34 7,46	0:31:03
118	81 Pedro Oliveira	AD Esmeriz Running	S	52	1:44:51.13 6,87	0:39:26
119	112 Catarina Mendes	Quarteto	SF23	1	1:45:14.18 6,84	0:39:49
120	103 Sérgio Filipe Ferreira Lope	Magnificos	S	53	1:45:30.03 6,82	0:40:05
121	67 Silvia Costa		F40	11	1:45:30.26 6,82	0:40:05
122	101 João Marques	Insanos	60	5	1:45:39.14 6,81	0:40:14
123	22 Susana Pinto	Go Rookie Bootcamp	F40	12	1:46:22.37 6,77	0:40:57
124	23 António Costa	Go Rookie Bootcamp	40	26	1:46:24.02 6,77	0:40:59
125	82 Bruno Oliveira	AD Esmeriz Running	S	54	1:46:26.58 6,76	0:41:02
126	109 Ana Isabel Rodrigues	NO LIMIT GYM	SF	15	1:46:49.96 6,74	0:41:25
127	538 Susana Oliveira	BRAGA RUNNERS	F40	13	1:46:50.05 6,74	0:41:25
128	537 Carlos Carvalho	BRAGA RUNNERS	40	27	1:46:52.54 6,74	0:41:28
129	88 Bruno Baptista	Socialite Bracarense	S	55	1:46:54.37 6,74	0:41:29
130	324 Joana Maia		SF	16	1:47:03.17 6,73	0:41:38
131	316 Carina Silva		SF	17	1:47:04.24 6,72	0:41:39
132	6 Hugo Barbosa		S	56	1:47:13.90 6,72	0:41:49
133	25 Lurdes Alves	Go Rookie Bootcamp	F40	14	1:47:17.13 6,71	0:41:52
134	312 Andreia Granja		SF	18	1:47:17.99 6,71	0:41:53
135	24 Fatima Amorim	Go Rookie Bootcamp	F40	15	1:47:19.60 6,71	0:41:55
136	68 Augusto Lopes		50	5	1:47:30.18 6,70	0:42:05
137	106 Delfina Costa	Palmeira Runners	SF	19	1:47:44.69 6,68	0:42:20
138	115 Pedro Costa		S23	7	1:48:27.92 6,64	0:43:03
139	80 Carlos Manuel Moreira Ro	Magnificos	40	28	1:53:11.82 6,36	0:47:47
140	90 Susana Vieira		F40	16	1:53:12.81 6,36	0:47:48
141	79 Maria Filipa Oliveira Marti	Magnificos	SF	20	1:53:15.30 6,36	0:47:50
142	323 Raquel Maia		SF	21	1:54:03.12 6,31	0:48:38
143	12 Vítor Mendes	Befitness Runners	S	57	2:02:52.26 5,86	0:57:27
144	13 Andreia Pelicano	Befitness Runners	SF	22	2:02:54.34 5,86	0:57:29
145	36 Tânia Faíscas		SF23	2	2:03:08.96 5,85	0:57:44
146	5 Catarina Mendes		SF23	3	2:03:34.10 5,83	0:58:09
147	52 Maria Clara Rodrigues		F40	17	2:20:11.76 5,14	1:14:47
148	534 Claudia Azevedo		F40	18	2:21:09.98 5,10	1:15:45

