

TRAIL LONGO - STAGE 1

28 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	08:30	17°C	93%
End	14:42	22.8°C	60%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	89	Luís Pedro Ferreira de Sousa Martins	oralklass - amigos do trail	Senior Masculino	02:45:14		05:54
2	16	Sergio Sá	águias de alvelos	Senior Masculino	02:47:53	+02:39	06:00
3	81	André Ribeiro	viana running	Senior Masculino	02:49:38	+04:23	06:04
4	150	Nelson Teixeira	tua saude	Senior Masculino	02:50:41	+05:26	06:06
5	64	Gabriel Fagundes Meira	edv viana trail	Veterano M40	02:52:57	+07:42	06:11
6	13	Francisco Fernandes	águias de alvelos	Senior Masculino	02:53:27	+08:12	06:12
7	143	Tozé Amorim	serviços sociais câmara municipal santa maria feira	Veterano M40	02:59:03	+13:48	06:24
8	14	Hugo Araújo	águias de alvelos	Senior Masculino	02:59:56	+14:41	06:26
9	39	Pedro Vale	arca barcelos runners	Senior Masculino	03:00:26	+15:11	06:27
10	17	Adriano Sa	águias de alvelos	Veterano M40	03:01:17	+16:02	06:28
11	43	Jose falcao rodrigues	arca barcelos runners	Veterano M50	03:01:39	+16:24	06:29
12	34	Carlos Peixoto	amigos da montanha	Veterano M40	03:02:19	+17:05	06:31
13	23	João Afonso	alexandra carvalho team	Senior Masculino	03:03:20	+18:05	06:33
14	19	carlos martins	airorun	Veterano M40	03:05:45	+20:30	06:38
15	61	Marcelo Ramos Martins	edl trail	Senior Masculino	03:06:49	+21:34	06:40
16	111	Paulo Jorge da Costa Simões	individual	Veterano M40	03:08:19	+23:04	06:44
17	63	Artur Matos	edv viana trail	Veterano M40	03:14:36	+29:21	06:57
18	6	Isaac Costa	addicted to trail	Veterano M40	03:14:40	+29:25	06:57
19	92	Ricardo Boucinha	individual	Senior Masculino	03:14:54	+29:39	06:58
20	137	Filipe Fernandes	palmeira runners	Senior Masculino	03:15:21	+30:06	06:59
21	101	Francisco Pinheiro	individual	Veterano M40	03:15:21	+30:06	06:59
22	110	paulo Filipe	individual	Veterano M40	03:16:56	+31:41	07:02
23	142	Sérgio Monteiro	sardonisca runners	Senior Masculino	03:17:56	+32:41	07:04
24	127	Ivan Silva	limitless	Senior Masculino	03:19:20	+34:05	07:07
25	132	Miguel Jaques	olímpico vianense trail	Senior Masculino	03:20:27	+35:12	07:10
26	33	Nuno Filipe Costa Soares	amigos da montanha	Senior Masculino	03:20:28	+35:13	07:10
27	86	Germano Figueira	individual	Senior Masculino	03:21:12	+35:57	07:11
28	48	Sérgio Araújo	brothers trail team	Senior Masculino	03:22:55	+37:40	07:15
29	82	Antonio	individual	Senior Masculino	03:24:34	+39:19	07:18
30	28	Fernando Silva	alexandra carvalho team	Veterano M40	03:24:34	+39:19	07:18
31	126	Jorge Domingues	lebres minhotas	Veterano M40	03:25:08	+39:53	07:20
32	67	José Pinto	equipa a	Veterano M40	03:25:27	+40:12	07:20
33	53	Paulo Castro	clube efacec	Senior Masculino	03:26:00	+40:46	07:21
34	131	Joao Branco	olímpico vianense trail	Senior Masculino	03:26:13	+40:59	07:22
35	59	Rui Franco	dive into the mountains	Veterano M40	03:28:16	+43:01	07:26
36	40	André Sousa	arca barcelos runners	Veterano M40	03:28:41	+43:26	07:27
37	35	Carlos Pedrinhas	amigos da montanha	Veterano M50	03:29:43	+44:28	07:29
38	68	Helder Robalinho	fiaes s.c.	Senior Masculino	03:30:14	+44:59	07:31
39	69	Carlos Fazendeiro	fiaes s.c.	Veterano M50	03:31:26	+46:11	07:33
40	103	Guilherme Pires	individual	Veterano M40	03:31:27	+46:13	07:33
41	46	Arlindo Ferreira	bits&bikes/trail running	Veterano M50	03:32:03	+46:48	07:34

Official Timekeeper: Lap2Go	1 / 3	generate 22-Jul-2018 14:51
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TRAIL LONGO - STAGE 1

28 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	79	Hélio Silva	gtt-armazém do caffè	Veterano M40	03:33:06	+47:51	07:37
43	148	Nuno Miguel Silva Moreira	team tt	Senior Masculino	03:33:56	+48:42	07:38
44	88	lourengo de sousa	individual	Senior Masculino	03:35:28	+50:13	07:42
45	15	Pedro Dourado	águias de alvelos	Senior Masculino	03:36:36	+51:21	07:44
46	29	José Silva	alexandra carvalho team	Veterano M40	03:37:25	+52:10	07:46
47	91	Pedro Cruz	individual	Senior Masculino	03:37:40	+52:25	07:46
48	94	Sergio Torre	individual	Senior Masculino	03:37:43	+52:28	07:47
49	55	Arnaldo Rodrigues	desnivel positivo	Veterano M50	03:38:12	+52:57	07:48
50	139	Ricardo Sousa	saí do sofá - amigos a correr	Senior Masculino	03:38:15	+53:00	07:48
51	80	Carla Pereira	individual	Senior Feminino	03:38:34	+53:19	07:48
52	133	Nuno Paredinha100	olímpico vianense trail	Senior Masculino	03:38:35	+53:20	07:48
53	10	Ricardo Briote	ade trail running	Senior Masculino	03:39:16	+54:01	07:50
54	9	Nuno Lomba	ade trail running	Senior Masculino	03:44:34	+59:19	08:01
55	134	Rui Lima	olímpico vianense trail	Senior Masculino	03:44:47	+59:32	08:02
56	71	Pedro alves	g.d castelense	Senior Masculino	03:45:00	+59:45	08:02
57	72	Samuel Amorim	g.d castelense	Senior Masculino	03:45:00	+59:45	08:02
58	125	António Martins	lebres minhotas	Senior Masculino	03:47:04	+01:01:50	08:07
59	45	José Alberto Castro	b.t.m.	Veterano M40	03:47:54	+01:02:39	08:08
60	42	J. Carlos Cardoso	arca barcelos runners	Veterano M50	03:48:42	+01:03:27	08:10
61	147	Ivo Daniel Azevedo Sampaio	team tt	Senior Masculino	03:49:15	+01:04:01	08:11
62	108	Marco Rijk	individual	Veterano M40	03:50:53	+01:05:38	08:15
63	105	José Organista	individual	Veterano M40	03:54:07	+01:08:52	08:22
64	130	Pedro Novoa	minho aventura	Veterano M50	03:55:44	+01:10:29	08:25
65	140	Nuno Jaime	saí do sofá - amigos a correr	Veterano M40	03:55:54	+01:10:39	08:26
66	146	Paulo Oliveira	spin&run esposende	Senior Masculino	03:57:24	+01:12:10	08:29
67	74	Ricardo Silva	gtrunners	Senior Masculino	03:57:33	+01:12:18	08:29
68	11	José Lima	afifense trail	Senior Masculino	03:59:05	+01:13:51	08:32
69	1110	André Alves	banda de músicos	Senior Masculino	03:59:17	+01:14:02	08:33
70	151	Nuno Meneses	vamos equipe	Veterano M40	04:01:17	+01:16:02	08:37
71	66	José Ponte	edv viana trail	Veterano M60	04:01:49	+01:16:34	08:38
72	8	Mauro Roxo	ade trail running	Senior Masculino	04:04:09	+01:18:55	08:43
73	7	joao laranjeira	ade trail running	Senior Masculino	04:04:09	+01:18:55	08:43
74	12	Vera Lúcia Cruz Fernandes	águias de alvelos	Senior Feminino	04:04:36	+01:19:21	08:44
75	49	Luís Teixeira	budeguita runners	Veterano M40	04:04:57	+01:19:42	08:45
76	70	Catarina Amorim	g.d castelense	Senior Feminino	04:05:10	+01:19:55	08:45
77	37	Paulo Ribeiro	apúlia a correr	Senior Masculino	04:05:41	+01:20:26	08:46
78	1209	Luis Vaz	gtt-armazém do caffè	Senior Masculino	04:05:43	+01:20:28	08:47
79	117	Carlos Freixo	individual	Veterano M50	04:06:44	+01:21:29	08:49
80	90	Paulo Melo	individual	Senior Masculino	04:07:23	+01:22:08	08:50
81	119	José Fernandes	individual	Veterano M50	04:08:22	+01:23:07	08:52
82	93	Rui Carvalho	individual	Senior Masculino	04:08:29	+01:23:14	08:52
83	87	José Padrão	individual	Senior Masculino	04:09:08	+01:23:54	08:54
84	5	Blandine Craveiro	addicted to trail	Veterana F40	04:09:20	+01:24:05	08:54
85	100	Fernando Enes	individual	Veterano M40	04:12:06	+01:26:52	09:00
86	24	Pedro Costa	alexandra carvalho team	Senior Masculino	04:14:07	+01:28:53	09:05
87	75	Vitor Rocha	gtrunners	Veterano M40	04:14:57	+01:29:42	09:06

TRAIL LONGO - STAGE 1

28 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
88	83	Bruno Lemos IAT	individual	Senior Masculino	04:15:05	+01:29:50	09:07
89	21	joana maia	alexandra carvalho team	Senior Feminino	04:15:15	+01:30:00	09:07
90	141	Paulo Marques	saí do sofá - amigos a correr	Veterano M40	04:16:54	+01:31:39	09:11
91	56	rui torres	desnivel positivo	Veterano M50	04:17:02	+01:31:47	09:11
92	51	Raul Fernandes	cerveira team running	Veterano M60	04:19:36	+01:34:21	09:16
93	138	Vasco Faria	portilame	Senior Masculino	04:20:26	+01:35:11	09:18
94	84	Carlos Carreira	individual	Senior Masculino	04:22:17	+01:37:02	09:22
95	78	Conceição Queiroz	gtt-armazém do caffè	Veterana F50	04:22:45	+01:37:31	09:23
96	62	Patricia Palma	edv viana trail	Senior Feminino	04:23:11	+01:37:56	09:24
97	107	Leonel Carlos Cardoso Teixeira Pinto	individual	Veterano M40	04:23:19	+01:38:04	09:24
98	136	Ana Branco	os marretas	Senior Feminino	04:23:59	+01:38:45	09:26
99	20	Carina Silva	alexandra carvalho team	Senior Feminino	04:24:04	+01:38:49	09:26
100	54	Pedro Castro	clube efaced	Senior Masculino	04:24:20	+01:39:06	09:26
101	73	Paulo Matos	gtrunners	Senior Masculino	04:24:40	+01:39:25	09:27
102	57	Carla Antunes	dive into the mountains	Veterana F40	04:25:30	+01:40:15	09:29
103	58	Maria Sá	dive into the mountains	Veterana F40	04:25:31	+01:40:16	09:29
104	118	Hendrik Wielinga	individual	Veterano M50	04:27:32	+01:42:17	09:33
105	145	Fátima Vieira	somos nós team	Veterana F50	04:29:06	+01:43:52	09:37
106	44	Paulo Reis	arcorun	Veterano M40	04:29:12	+01:43:57	09:37
107	102	Georges Gomes	individual	Veterano M40	04:38:23	+01:53:08	09:57
108	27	César Rocha	alexandra carvalho team	Veterano M40	04:45:00	+01:59:45	10:11
109	50	Sérgio Ferreira	caac - clube de atletismo de arentim e cunha	Senior Masculino	04:50:52	+02:05:37	10:23
110	41	Firmino Silva	arca barcelos runners	Veterano M50	04:52:58	+02:07:44	10:28
111	109	Mílton	individual	Veterano M40	04:55:13	+02:09:58	10:33
112	30	Luís Marques	alexandra carvalho team	Veterano M40	04:56:46	+02:11:31	10:36
113	96	Amélia Moreira	amigos da montanha	Veterana F50	04:59:08	+02:13:54	10:41
114	22	Raquel Maia	alexandra carvalho team	Senior Feminino	04:59:27	+02:14:12	10:42
115	31	Diana Patrícia Teixeira Ribeiro	amigos da montanha	Senior Feminino	05:06:15	+02:21:00	10:56
116	32	Carlos Alberto Peixoto Soares	amigos da montanha	Senior Masculino	05:06:15	+02:21:00	10:56
117	121	Pedro Vicente	individual	Veterano M50	05:16:26	+02:31:11	11:18
118	144	Francisco Gomes	shots international runners	Veterano M40	05:24:59	+02:39:44	11:36
119	1548	Isabel Goncalves	olímpico vianense trail	Veterana F40	06:11:50	+03:26:35	13:17

Trail Longo

28 KM

[illegible]

OFFICIAL RESULT

[illegible]

28	133	Nuno Paredinha100	OLÍMPICO VIANENSE TRAIL	Senior Masculino	03:38:35	+53:20	07:48
29	10	Ricardo Briote	ADE Trail Running	Senior Masculino	03:39:16	+54:01	07:50
30	9	Nuno Lomba	ADE Trail Running	Senior Masculino	03:44:34	+59:19	08:01
31	134	Rui Lima	OLÍMPICO VIANENSE TRAIL	Senior Masculino	03:44:47	+59:32	08:02
32	71	Pedro alves	G.D Castelense	Senior Masculino	03:45:00	+59:45	08:03
33	72	Samuel Amorim	G.D Castelense	Senior Masculino	03:45:00	+59:45	08:02
34	125	António Martins	LEBRES MINHOTAS	Senior Masculino	03:47:04	+01:01:50	08:07
35	147	Ivo Daniel Azevedo Sampaio	TEAM TT	Senior Masculino	03:49:15	+01:04:01	08:11
36	146	Paulo Oliveira	Spin&Run Esposende	Senior Masculino	03:57:24	+01:12:10	08:29
37	74	Ricardo Silva	GTRunners	Senior Masculino	03:57:33	+01:12:18	08:29
38	11	José Lima	Afifense Trail	Senior Masculino	03:59:05	+01:13:51	08:32
39	1110	André Alves	Banda de Músicos	Senior Masculino	03:59:17	+01:14:02	08:33
40	8	Mauro Roxo	ADE Trail Running	Senior Masculino	04:04:09	+01:18:55	08:43
41	7	joao Iaranjeira	ADE Trail Running	Senior Masculino	04:04:09	+01:18:55	08:43
42	37	Paulo Ribeiro	Apúlia a Correr	Senior Masculino	04:05:41	+01:20:26	08:46
43	1209	Luis Vaz	GTT-Armazém do Caffè	Senior Masculino	04:05:43	+01:20:28	08:47
44	90	Paulo Melo	Individual	Senior Masculino	04:07:23	+01:22:08	08:50
45	93	Rui Carvalho	Individual	Senior Masculino	04:08:29	+01:23:14	08:52
46	87	José Padrão	Individual	Senior Masculino	04:09:08	+01:23:54	08:54
47	24	Pedro Costa	Alexandra Carvalho Team	Senior Masculino	04:14:07	+01:28:53	09:05
48	83	Bruno Lemos IAT	Individual	Senior Masculino	04:15:05	+01:29:50	09:07
49	138	Vasco Faria	PORTILAME	Senior Masculino	04:20:26	+01:35:11	09:18
50	84	Carlos Carreira	Individual	Senior Masculino	04:22:17	+01:37:02	09:22
51	54	Pedro Castro	Clube Efacec	Senior Masculino	04:24:20	+01:39:06	09:26
52	73	Paulo Matos	GTRunners	Senior Masculino	04:24:40	+01:39:25	09:27
53	50	Sérgio Ferreira	CAAC - Clube de Atletismo de Arentim e Cunha	Senior Masculino	04:50:52	+02:05:37	10:23
54	32	Carlos Alberto Peixoto Soares	Amigos da Montanha	Senior Masculino	05:06:15	+02:21:00	10:56

Veterana F40

1	5	Blandine Craveiro	Addicted to trail	Veterana F40	04:09:20	+01:24:05	08:54
2	57	Carla Antunes	DiVE Into The Mountains	Veterana F40	04:25:30	+01:40:15	09:29
3	58	Maria Sá	DiVE Into The Mountains	Veterana F40	04:25:31	+01:40:16	09:29
4	1548	Isabel Goncalves	OLÍMPICO VIANENSE TRAIL	Veterana F40	06:11:50	+03:26:35	13:17

Veterana F50

1	78	Conceição Queiroz	GTT-Armazém do Caffè	Veterana F50	04:22:45	+01:37:31	09:23
2	145	Fátima Vieira	Somos Nós Team	Veterana F50	04:29:06	+01:43:52	09:37
3	96	Amélia Moreira	Amigos da Montanha	Veterana F50	04:59:08	+02:13:54	10:41

Veterano M40

1	64	Gabriel Fagundes Meira	EDV Viana Trail	Veterano M40	02:52:57	+07:42	06:11
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Trail Longo

28 KM

[illegible]

OFFICIAL RESULT

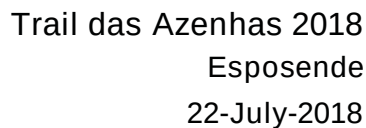
[illegible]

2	143	Tozé Amorim	Serviços Sociais Câmara Municipal Santa Maria Feira	Veterano M40	02:59:03	+13:48	06:24
3	17	Adriano Sa	ÁGUIAS DE ALVELOS	Veterano M40	03:01:17	+16:02	06:28
4	34	Carlos Peixoto	Amigos da Montanha	Veterano M40	03:02:19	+17:05	06:31
5	19	carlos martins	AIRORUN	Veterano M40	03:05:45	+20:30	06:38
6	111	Paulo Jorge da Costa Simões	Individual	Veterano M40	03:08:19	+23:04	06:44
7	63	Artur Matos	EDV Viana Trail	Veterano M40	03:14:36	+29:21	06:57
8	6	Isaac Costa	Addicted to trail	Veterano M40	03:14:40	+29:25	06:57
9	101	Francisco Pinheiro	Individual	Veterano M40	03:15:21	+30:06	06:59
10	110	paulo Filipe	Individual	Veterano M40	03:16:56	+31:41	07:02
11	28	Fernando Silva	Alexandra Carvalho Team	Veterano M40	03:24:34	+39:19	07:18
12	126	Jorge Domingues	LEBRES MINHOTAS	Veterano M40	03:25:08	+39:53	07:20
13	67	José Pinto	Equipa A	Veterano M40	03:25:27	+40:12	07:20
14	59	Rui Franco	DiVE Into The Mountains	Veterano M40	03:28:16	+43:01	07:26
15	40	André Sousa	ARCA BarceloS runners	Veterano M40	03:28:41	+43:26	07:27
16	103	Guilherme Pires	Individual	Veterano M40	03:31:27	+46:13	07:33
17	79	Hélio Silva	GTT-Armazém do Caffè	Veterano M40	03:33:06	+47:51	07:37
18	29	José Silva	Alexandra Carvalho Team	Veterano M40	03:37:25	+52:10	07:46
19	45	José Alberto Castro	B.T.M.	Veterano M40	03:47:54	+01:02:39	08:08
20	108	Marco Rijk	Individual	Veterano M40	03:50:53	+01:05:38	08:15
21	105	José Organista	Individual	Veterano M40	03:54:07	+01:08:52	08:22
22	140	Nuno Jaime	Saí do Sofá - Amigos a Correr	Veterano M40	03:55:54	+01:10:39	08:26
23	151	Nuno Meneses	VAMOS EQUIPE	Veterano M40	04:01:17	+01:16:02	08:37
24	49	Luís Teixeira	BUDEGUITA RUNNERS	Veterano M40	04:04:57	+01:19:42	08:45
25	100	Fernando Enes	Individual	Veterano M40	04:12:06	+01:26:52	09:00
26	75	Vitor Rocha	GTRunners	Veterano M40	04:14:57	+01:29:42	09:06
27	141	Paulo Marques	Saí do Sofá - Amigos a Correr	Veterano M40	04:16:54	+01:31:39	09:11
28	107	Leonel Carlos Cardoso Teixeira Pinto	Individual	Veterano M40	04:23:19	+01:38:04	09:24
29	44	Paulo Reis	ARCORUN	Veterano M40	04:29:12	+01:43:57	09:37
30	102	Georges Gomes	Individual	Veterano M40	04:38:23	+01:53:08	09:57
31	27	César Rocha	Alexandra Carvalho Team	Veterano M40	04:45:00	+01:59:45	10:11
32	109	Mílton	Individual	Veterano M40	04:55:13	+02:09:58	10:33
33	30	Luís Marques	Alexandra Carvalho Team	Veterano M40	04:56:46	+02:11:31	10:36
34	144	Francisco Gomes	Shots International Runners	Veterano M40	05:24:59	+02:39:44	11:36

Veterano M50

1	43	Jose falcao rodrigues	ARCA BarceloS runners	Veterano M50	03:01:39	+16:24	06:29
2	35	Carlos Pedrinhas	Amigos da Montanha	Veterano M50	03:29:43	+44:28	07:29
3	69	Carlos Fazendeiro	Fiaes s.c.	Veterano M50	03:31:26	+46:11	07:33
4	46	Arlindo Ferreira	Bits&Bikes/Trail Running	Veterano M50	03:32:03	+46:48	07:34
5	55	Arnaldo Rodrigues	DESNIVEL POSITIVO	Veterano M50	03:38:12	+52:57	07:48
6	42	J. Carlos Cardoso	ARCA BarceloS runners	Veterano M50	03:48:42	+01:03:27	08:10
7	130	Pedro Novoa	MINHO AVENTURA	Veterano M50	03:55:44	+01:10:29	08:25
8	117	Carlos Freixo	Individual	Veterano M50	04:06:44	+01:21:29	08:49
9	119	José Fernandes	Individual	Veterano M50	04:08:22	+01:23:07	08:52

Official Timekeeper: Lap2Go	3 / 4	generate 22-Jul-2018 14:51
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28 KM

OFFICIAL RESULT

10	56	rui torres	DESNIVEL POSITIVO	Veterano M50	04:17:02	+01:31:47	09:11
11	118	Hendrik Wielinga	Individual	Veterano M50	04:27:32	+01:42:17	09:33
12	41	Firmino Silva	ARCA BarceloS runners	Veterano M50	04:52:58	+02:07:44	10:28
13	121	Pedro Vicente	Individual	Veterano M50	05:16:26	+02:31:11	11:18

1	66	José Ponte	EDV Viana Trail	Veterano M60	04:01:49	+01:16:34	08:38
2	51	Raul Fernandes	Cerveira Team Running	Veterano M60	04:19:36	+01:34:21	09:16