



GERAL MINI TRAIL				INDIVIDUAL		
Class	Dorsal	Nome	Nº	Equipa	Escalão	Tempo
1	266	PEDRO SANTOS	40	FUGITIVOS URBANOS	VETERANO M40-MASC	01:25:07.48
2	215	CAMILO GUEDES	25	CLUBE DO PESSOAL AGUAS GAL	VETERANO M40-MASC	01:26:57.14
3	227	PAULO SILVA	28	DÁ-LHE GAS	VETERANO M40-MASC	01:27:42.35
4	275	ARTUR BARBOSA	41	G D FERROVIARIOS CAMPANHA	SENIORES-MASC	01:28:12.59
5	572	JOSÉ RODRIGUES ALMEIDA	0	INDIVIDUAL	VETERANO M40-MASC	01:31:35.63
6	237	BRUNO SANTOS	30	DOUROCONTA TRAIL TEAM	SENIORES-MASC	01:33:44.29
7	256	PAULO TEIXEIRA SOUSA	39	FRIDÃO SEM LIMITES	VETERANO M40-MASC	01:34:21.26
8	274	ANTÓNIO MOREIRA	41	G D FERROVIARIOS CAMPANHA	SENIORES-MASC	01:35:04.64
9	139	FERNANDO PACHECO	7	ALIANÇA DE GANDRA	VETERANO M40-MASC	01:35:37.05
10	474	FILIFE MIGUEL TEIXEIRA	98	UNIDADE ESPECIAL DE CORRIDA	SENIORES-MASC	01:37:36.52
11	473	CÉSAR LEÃO	98	UNIDADE ESPECIAL DE CORRIDA	SENIORES-MASC	01:37:36.68
12	282	ALCINO GOMES	45	KEMEDO TEAM	VETERANO M40-MASC	01:37:55.82
13	606	PAULO SAMPAIO	0	INDIVIDUAL	SENIORES-MASC	01:38:18.97
14	225	CARLOS PRUDÊNCIO	28	DÁ-LHE GAS	SENIORES-MASC	01:38:23.35
15	597	MIGUEL CRUZ	0	INDIVIDUAL	SENIORES-MASC	01:39:25.60
16	250	RICARDO ROCHA	36	FAST AO KM	SENIORES-MASC	01:40:13.05
17	173	PEDRO SILVA	11	AMIGOS DO SOFÁ	SENIORES-MASC	01:40:58.56
18	138	FERNANDO OLIVEIRA	7	ALIANÇA DE GANDRA	VETERANO M40-MASC	01:41:17.55
19	251	ADÃO JOSÉ REGADAS	37	FOGE FOGUE BANDIDO	VETERANO M40-MASC	01:41:41.68
20	229	VITOR SILVA	28	DÁ-LHE GAS	SENIORES-MASC	01:43:24.62
21	165	RUI PEDRO LOPES	10	AMIGOS DO PEDAL TRAILAGARE	VETERANO M40-MASC	01:43:27.76
22	465	JOÃO OLIVEIRA	95	TRINCA ORELHAS DE GATO	SENIORES-MASC	01:43:29.34
23	255	ADÃO PAULO MONTEIRO	39	FRIDÃO SEM LIMITES	SENIORES-MASC	01:44:08.64
24	140	FILIFE MOREIRA	7	ALIANÇA DE GANDRA	SENIORES-MASC	01:44:09.13
25	415	MARCO BARBOSA	83	SWEET RUNNERS	SENIORES-MASC	01:45:19.62
26	130	CARLOS MARTINS	7	ALIANÇA DE GANDRA	SENIORES-MASC	01:45:46.62
27	640	VITOR MANUEL DIAS	0	INDIVIDUAL	SENIORES-MASC	01:46:02.15
28	284	LAURINDO OSORIO	45	KEMEDO TEAM	VETERANO M40-MASC	01:46:37.96
29	551	JOÃO FILIFE LEITE	0	INDIVIDUAL	SENIORES-MASC	01:47:00.41
30	525	FILIFE NEVES	0	INDIVIDUAL	SENIORES-MASC	01:47:12.10
31	213	DANIEL MOREIRA	24	CLUBE ANA PORTO	SENIORES-MASC	01:47:41.51
32	566	JOSÉ LOPES	0	INDIVIDUAL	VETERANO M40-MASC	01:47:47.85
33	283	JOSE AUGUSTO COSTA	45	KEMEDO TEAM	VETERANO M40-MASC	01:49:23.58
34	329	MARIO TABORDA	60	ORALKLASS-AMIGOS DO TRAIL	SENIORES-MASC	01:49:39.50
35	506	CARLOS RAPOSA	0	INDIVIDUAL	SENIORES-MASC	01:50:24.33
36	124	ANDRÉ FERNANDES	7	ALIANÇA DE GANDRA	SENIORES-MASC	01:50:26.10
37	322	ALBERTINA CUNHA	57	NOCTURNOS DE PAREDES	SENIORES-FEM	01:50:39.48
38	646	SAMUEL FERRAZ	0	INDIVIDUAL	SENIORES-MASC	01:50:45.19
39	385	CRISTIANA FERREIRA	75	RUNNING ESPINHO	SENIORES-FEM	01:50:53.26
40	169	TIAGO ANDRÉ DURÃES	10	AMIGOS DO PEDAL TRAILAGARE	SENIORES-MASC	01:51:24.93
41	600	NUNO JOSÉ CRUZ	0	INDIVIDUAL	SENIORES-MASC	01:51:50.41
42	141	HÉLDER MOREIRA	7	ALIANÇA DE GANDRA	SENIORES-MASC	01:52:34.23
43	314	RUI MADUREIRA	53	MARCO RUNNERS	SENIORES-MASC	01:52:38.47
44	276	ANA MARIA AMARAL	42	GONDOMAR FUTSAL CLUBE	VETERANO F40-FEM	01:52:41.77
45	587	MARCO SOUSA	0	INDIVIDUAL	SENIORES-MASC	01:52:56.99
46	361	MANUEL BARBOSA	67	PAREDES RUNNING	SENIORES-MASC	01:53:40.03
47	113	RICARDO SILVA	3	10TEMIDOS	SENIORES-MASC	01:53:47.65
48	328	MANUEL MARTINS VIEIRA	59	OPORTO BLUE WHIPPETS	SENIORES-MASC	01:53:55.09
49	429	HUGO FILIFE SOUSA	89	TECLA 3 RUNNERS	SENIORES-MASC	01:55:07.60



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Class	Dorsal	Nome	Nº	Equipa	Escalão	Tempo
50	430	LUCILIA MARLENE SILVA	89	TECLA 3 RUNNERS	SENIORES-FEM	01:55:07.77
51	312	FILIPPE ANDRADE ROCHA	53	MARCO RUNNERS	SENIORES-MASC	01:55:11.31
52	423	JOSÉ RODRIGUES	87	TEAM COEEVO PORTUGAL	SENIORES-MASC	01:55:45.49
53	530	FLÁVIO AZEVEDO	0	INDIVIDUAL	SENIORES-MASC	01:56:06.58
54	471	VICTOR CARDOSO	95	TRINCA ORELHAS DE GATO	VETERANO M40-MASC	01:56:13.26
55	441	LUIS TEIXEIRA	93	TOO STUPID TO STOP	SENIORES-MASC	01:56:43.94
56	404	FERNANDO MORAIS	79	SOMOS NÓS TEAM	VETERANO M40-MASC	01:57:08.22
57	273	TOMÉ MARQUES	40	FUGITIVOS URBANOS	SENIORES-MASC	01:57:10.84
58	519	ERNESTO BARBOSA	0	INDIVIDUAL	SENIORES-MASC	01:57:54.50
59	308	MÁRIO MOURA	50	LEÕES DE TARDARIZ TRAIL	VETERANO M40-MASC	01:58:07.45
60	327	ANDRÉ ROCHA	58	NOT RUN ALONE	SENIORES-MASC	01:58:12.95
61	537	HÉLDER RODRIGUES	0	INDIVIDUAL	SENIORES-MASC	01:58:30.26
62	503	CARLOS MANUEL LOPES	0	INDIVIDUAL	VETERANO M40-MASC	01:58:46.52
63	607	PAULO SERGIO GOMES	0	INDIVIDUAL	VETERANO M40-MASC	01:59:24.48
64	254	AMERICO FRANÇA	38	FRANÇA	VETERANO M40-MASC	02:00:21.45
65	463	FERNANDO PEREIRA	95	TRINCA ORELHAS DE GATO	VETERANO M40-MASC	02:00:45.80
66	413	EDUARDO MOREIRA	83	SWEET RUNNERS	VETERANO M40-MASC	02:00:53.90
67	412	ANDRÉ FILIPE MAGALHÃES	82	ST TRAIL	SENIORES-MASC	02:01:13.11
68	442	VITOR MOREIRA	93	TOO STUPID TO STOP	SENIORES-MASC	02:01:18.06
69	281	SANDRA PERA	42	GONDOMAR FUTSAL CLUBE	SENIORES-FEM	02:01:23.73
70	453	JOSE MANUEL PORTUGAL	94	TREPA TRILHOS TRAIL TEAM	VETERANO M40-MASC	02:01:28.06
71	559	JOEL SANTOS	0	INDIVIDUAL	SENIORES-MASC	02:02:04.65
72	122	ÁLVARO SANTOS	7	ALIANÇA DE GANDRA	SENIORES-MASC	02:02:26.38
73	120	SERGIO SILVA	5	ACADEMIA FERNANDA RIBEIRO	SENIORES-MASC	02:02:50.56
74	265	PEDRO LOUREIRO	40	FUGITIVOS URBANOS	SENIORES-MASC	02:02:52.37
75	238	MARIA CASIMIRA MOURA	31	DRMERINOCLINICAMEDICA/NUT	VETERANO F40-FEM	02:02:53.37
76	602	OSCAR SOARES	0	INDIVIDUAL	SENIORES-MASC	02:02:53.41
77	588	IVO BRAS	0	INDIVIDUAL	SENIORES-MASC	02:03:00.25
78	439	CHRISTOPHE SOUSA	93	TOO STUPID TO STOP	SENIORES-MASC	02:03:06.00
79	204	ADELINO BARBOSA PINHEI	21	BTT SAI DA FRENTE	VETERANO M40-MASC	02:03:06.60
80	220	ANTONIO MALHEIRO	27	CORRE TASCAS RUNNING CLUB	VETERANO M40-MASC	02:03:07.89
81	118	PEDRO MIGUEL VIEIRA	4	A.D.SEBOLIDO TRAIL BONECA D	SENIORES-MASC	02:03:09.34
82	491	ANDRÉ FILIPE CASTRO	0	INDIVIDUAL	SENIORES-MASC	02:04:06.04
83	562	JOSÉ ANDRADE	0	INDIVIDUAL	SENIORES-MASC	02:04:06.22
84	371	SÉRGIO SANTOS	69	PENA TEAM	SENIORES-MASC	02:04:17.20
85	313	PEDRO MIGUEL NOGUEIRA	53	MARCO RUNNERS	SENIORES-MASC	02:04:22.39
86	224	MANUEL SILVA	27	CORRE TASCAS RUNNING CLUB	SENIORES-MASC	02:04:34.25
87	228	RICARDO PIRES	28	DÁ-LHE GAS	SENIORES-MASC	02:04:37.09
88	205	GILBERTO ORLANDO SILVA	21	BTT SAI DA FRENTE	SENIORES-MASC	02:04:48.87
89	604	PAULO ASSIS	0	INDIVIDUAL	SENIORES-MASC	02:04:59.29
90	239	LUISA CRUZ	32	EQUIPA MOINHOS RUN	SENIORES-FEM	02:05:07.08
91	496	ORLANDO NOGUEIRA	60	ORALKLASS-AMIGOS DO TRAIL	VETERANO M40-MASC	02:05:07.29
92	476	LUIS SAMUEL FERREIRA	101	VILELA TRAIL TEAM	SENIORES-MASC	02:05:12.97
93	470	VICENTE SOUSA	95	TRINCA ORELHAS DE GATO	SENIORES-MASC	02:05:20.16
94	219	ANA RITA SILVA	27	CORRE TASCAS RUNNING CLUB	SENIORES-FEM	02:05:24.20
95	223	CARLA MALHEIRO	27	CORRE TASCAS RUNNING CLUB	SENIORES-FEM	02:05:30.52
96	261	HUGO OLIVEIRA	40	FUGITIVOS URBANOS	SENIORES-MASC	02:05:36.44
97	427	ANDREA BARBOSA COELHO	89	TECLA 3 RUNNERS	VETERANO F40-FEM	02:05:39.00
98	230	ANDREA CUNHA	29	DANADOS	SENIORES-FEM	02:05:42.44



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Class	Dorsal	Nome	Nº	Equipa	Escalão	Tempo
99	116	VALTER GOUVEIA	3	10TEMIDOS	SENIORES-MASC	02:06:24.71
100	206	NUNO FERNANDO PEREIRA	21	BTT SAI DA FRENTE	SENIORES-MASC	02:06:33.78
101	495	ANTONIO FILIPE PINTO	0	INDIVIDUAL	SENIORES-MASC	02:07:11.04
102	625	SERGIO ALBERTO SOUSA	0	INDIVIDUAL	VETERANO M40-MASC	02:07:15.24
103	542	HUGO MIGUEL FERREIRA	0	INDIVIDUAL	SENIORES-MASC	02:07:15.67
104	280	PAULO JORGE CARVALHO	42	GONDOMAR FUTSAL CLUBE	VETERANO M40-MASC	02:08:01.54
105	214	JOSÉ ANTÓNIO MOREIRA	24	CLUBE ANA PORTO	SENIORES-MASC	02:08:15.36
106	605	PAULO MOREIRA	0	INDIVIDUAL	VETERANO M40-MASC	02:08:19.36
107	505	CARLOS MOREIRA	0	INDIVIDUAL	SENIORES-MASC	02:08:20.34
108	143	JOSÉ DIAS	7	ALIANÇA DE GANDRA	SENIORES-MASC	02:08:21.68
109	109	ANA CAMPANHÃ	3	10TEMIDOS	SENIORES-FEM	02:08:23.72
110	117	WILSON FONSECA	3	10TEMIDOS	VETERANO M40-MASC	02:08:24.12
111	217	ARMANDO MOREIRA	26	CLUBE ZUPPER	VETERANO M40-MASC	02:08:46.64
112	121	ALEXANDRA PADILHA	7	ALIANÇA DE GANDRA	VETERANO F40-FEM	02:09:07.39
113	105	CELESTINO CAMPOS	2	100PRESSA	VETERANO M40-MASC	02:09:08.81
114	269	SÉRGIO SILVA	40	FUGITIVOS URBANOS	SENIORES-MASC	02:09:54.36
115	617	RUI FERNANDES	0	INDIVIDUAL	VETERANO M40-MASC	02:10:15.03
116	212	FERNANDO SANTOS	23	CLANDESTINOS	SENIORES-MASC	02:10:45.03
117	518	EMANUEL BESSA	0	INDIVIDUAL	SENIORES-MASC	02:11:11.08
118	211	ANDREIA MOREIRA	23	CLANDESTINOS	SENIORES-FEM	02:11:14.78
119	103	ANTÓNIO ALBERTO SOUSA	1	1001 TRILHOS	VETERANO M40-MASC	02:11:16.05
120	336	AGOSTINHO SILVA	64	OSFAZCONTA	VETERANO M40-MASC	02:11:18.64
121	293	RICARDO SILVA	46	KINKIPA	SENIORES-MASC	02:11:49.22
122	307	JOSÉ RIBEIRO	50	LEÕES DE TARDARIZ TRAIL	SENIORES-MASC	02:12:01.25
123	356	HELDER BARROS	67	PAREDES RUNNING	SENIORES-MASC	02:12:33.59
124	203	TONY MENDES	20	BTT ALEGRIA / TUBANI	VETERANO M40-MASC	02:12:40.98
125	216	JOSÉ BARBOSA	25	CLUBE DO PESSOAL AGUAS GAIA	VETERANO M40-MASC	02:12:43.48
126	593	MARIA IVONE FERREIRA	0	INDIVIDUAL	VETERANO F40-FEM	02:13:45.14
127	532	GERSON ALVES	0	INDIVIDUAL	SENIORES-MASC	02:13:53.41
128	202	PAULO NUNES	20	BTT ALEGRIA / TUBANI	VETERANO M40-MASC	02:14:15.00
129	207	RICARDO MANUEL RIBEIRO	21	BTT SAI DA FRENTE	SENIORES-MASC	02:14:23.25
130	534	HELDER FILIPE BARBOSA	0	INDIVIDUAL	SENIORES-MASC	02:14:38.76
131	144	MARCO MOREIRA	7	ALIANÇA DE GANDRA	SENIORES-MASC	02:15:03.30
132	166	SÉRGIO FILIPE SILVA	10	AMIGOS DO PEDAL TRAILAGARE	SENIORES-MASC	02:15:06.36
133	516	EDUARDO FERREIRA	0	INDIVIDUAL	SENIORES-MASC	02:15:17.24
134	370	PAULO TORRES	69	PENA TEAM	SENIORES-MASC	02:15:59.87
135	501	BRUNO MOREIRA	0	INDIVIDUAL	SENIORES-MASC	02:17:49.40
136	151	SÉRGIO PEREIRA	7	ALIANÇA DE GANDRA	SENIORES-MASC	02:18:23.83
137	111	PAULO RIBEIRO	3	10TEMIDOS	VETERANO M40-MASC	02:18:42.26
138	425	FERNANDO MANUEL MEND	88	TEAM SHARK	VETERANO M40-MASC	02:18:55.02
139	428	ANDREIA PATRICIA PACHECO	89	TECLA 3 RUNNERS	SENIORES-FEM	02:19:09.39
140	150	SARA RAFAEL	7	ALIANÇA DE GANDRA	SENIORES-FEM	02:19:23.38
141	577	LUÍS MORAIS	0	INDIVIDUAL	SENIORES-MASC	02:20:12.13
142	149	ROBERTO MOREIRA	7	ALIANÇA DE GANDRA	SENIORES-MASC	02:20:56.14
143	535	HELDER JOSE COSTA	0	INDIVIDUAL	VETERANO M40-MASC	02:21:01.89
144	253	TIAGO DANIEL RIBEIRO	37	FOGE FOGE BANDIDO	SENIORES-MASC	02:21:59.32
145	440	JOÃO SILVA	93	TOO STUPID TO STOP	SENIORES-MASC	02:23:00.21
146	569	JOSÉ MÁRIO PEREIRA	0	INDIVIDUAL	VETERANO M40-MASC	02:23:00.60
147	479	JORGE MOUTINHO	103	VKT	SENIORES-MASC	02:23:37.28



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148	407	MINDA COELHO	79	SOMOS NÓS TEAM	VETERANO F40-FEM	02:23:57.77
149	524	FERNANDO PACHECO	0	INDIVIDUAL	SENIORES-MASC	02:25:18.57
150	379	RICARDO NOGUEIRA	73	RNMJRJ	SENIORES-MASC	02:25:18.63
151	316	LILIANA MAGALHÃES	55	MONTAIN RUNNERS	SENIORES-FEM	02:25:36.13
152	417	SILVIA SASA	83	SWEET RUNNERS	SENIORES-FEM	02:25:57.24
153	596	MARLENE ALVES SILVA	0	INDIVIDUAL	SENIORES-FEM	02:26:12.48
154	285	LUIS GOMES	45	KEMEDO TEAM	VETERANO M40-MASC	02:26:58.50
155	137	FERNANDA MACHADO	7	ALIANÇA DE GANDRA	SENIORES-FEM	02:27:02.68
156	405	IRENE SILVA	79	SOMOS NÓS TEAM	VETERANO F40-FEM	02:27:16.17
157	475	SERGIO DINIS	99	USF-TS	SENIORES-MASC	02:27:16.72
158	409	TIAGO SERRANO	79	SOMOS NÓS TEAM	SENIORES-MASC	02:27:16.88
159	568	JOSÉ MANUEL FAIA LIMA	0	INDIVIDUAL	SENIORES-MASC	02:27:38.98
160	112	PEDRO SOUSA	3	10TEMIDOS	VETERANO M40-MASC	02:28:02.02
161	355	ANTONIO BARBOSA	67	PAREDES RUNNING	SENIORES-MASC	02:28:31.17
162	362	RUI FONSECA	67	PAREDES RUNNING	SENIORES-MASC	02:28:31.64
163	595	MARIA MARGARIDA CUNHA	0	INDIVIDUAL	VETERANO F40-FEM	02:28:38.72
164	599	NINA SILVA	0	INDIVIDUAL	VETERANO F40-FEM	02:28:38.80
165	435	ABÍLIO SÉRGIO SANTOS	92	TOME	SENIORES-MASC	02:28:39.07
166	578	LUIS TEIXEIRA	0	INDIVIDUAL	VETERANO M40-MASC	02:28:42.87
167	561	JOSÉ AMORIM	0	INDIVIDUAL	SENIORES-MASC	02:28:43.90
168	332	FERNANDO OLIVEIRA	62	OS SAPATILHAS DE S. PEDRO	VETERANO M40-MASC	02:28:47.01
169	515	DIOGO SILVA	0	INDIVIDUAL	SENIORES-MASC	02:29:14.29
170	482	MANUEL REIS	104	VOU NA RODA	VETERANO M40-MASC	02:29:54.51
171	589	MARIA FÁTIMA PINTO	0	INDIVIDUAL	SENIORES-FEM	02:30:24.58
172	159	CRISTINA SOUSA	10	AMIGOS DO PEDAL TRAILAGARE	VETERANO F40-FEM	02:30:33.29
173	158	CARMEN MOREIRA	10	AMIGOS DO PEDAL TRAILAGARE	VETERANO F40-FEM	02:30:33.38
174	571	JOSÉ RIBEIRO	0	INDIVIDUAL	SENIORES-MASC	02:31:11.63
175	549	JOAO ALBERTO PINHEIRO	0	INDIVIDUAL	VETERANO M40-MASC	02:31:18.12
176	232	CARLOS MENDES BARBOSA	29	DANADOS	SENIORES-MASC	02:31:43.07
177	403	FERNANDO JORGE COELHO	79	SOMOS NÓS TEAM	SENIORES-MASC	02:32:13.10
178	410	HENRIQUE SOUSA	80	SOPLABIFANA	SENIORES-MASC	02:32:16.63
179	136	FERNANDA LEAL	7	ALIANÇA DE GANDRA	VETERANO F40-FEM	02:32:17.05
180	245	LUIS NEVES	34	EQUIPOTÊNCIA TRAIL TEAM	SENIORES-MASC	02:32:22.79
181	246	VITOR MARTINS	34	EQUIPOTÊNCIA TRAIL TEAM	SENIORES-MASC	02:32:23.11
182	243	JOAQUIM RIBEIRO	34	EQUIPOTÊNCIA TRAIL TEAM	SENIORES-MASC	02:32:23.29
183	249	MANUEL ROCHA	36	FAST AO KM	VETERANO M40-MASC	02:32:25.62
184	406	JOSÉ TEIXEIRA	79	SOMOS NÓS TEAM	VETERANO M40-MASC	02:33:11.19
185	620	SANDRA ISABEL CUNHA	0	INDIVIDUAL	VETERANO F40-FEM	02:33:14.83
186	411	JORGE ALMEIDA	80	SOPLABIFANA	VETERANO M40-MASC	02:33:23.54
187	126	CARLA PEREIRA	7	ALIANÇA DE GANDRA	SENIORES-FEM	02:33:54.86
188	512	DAVID CAMPOS	0	INDIVIDUAL	SENIORES-MASC	02:34:09.04
189	363	SONIA SILVA	67	PAREDES RUNNING	SENIORES-FEM	02:34:35.60
190	373	MIGUEL TEIXEIRA	71	PM	VETERANO M40-MASC	02:34:35.79
191	536	HELDER MANUEL TELES	0	INDIVIDUAL	SENIORES-MASC	02:34:45.32
192	644	VITOR VIEIRA	0	INDIVIDUAL	SENIORES-MASC	02:34:45.34
193	433	TIAGO SILVA	91	TIAGINHO	SENIORES-MASC	02:34:45.65
194	554	JOAQUIM BARBOSA	0	INDIVIDUAL	SENIORES-MASC	02:34:54.23
195	462	CARLOS CONDE	95	TRINCA ORELHAS DE GATO	VETERANO M40-MASC	02:35:10.66
196	466	LUIS MARTINS	95	TRINCA ORELHAS DE GATO	SENIORES-MASC	02:35:11.12



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197	555	JOAQUIM CARDOSO	0	INDIVIDUAL	SENIORES-MASC	02:35:32.09
198	171	ARMINDO MOREIRA	11	AMIGOS DO SOFÁ	VETERANO M40-MASC	02:35:57.85
199	553	JOAQUIM AUGUSTO SECA	0	INDIVIDUAL	VETERANO M40-MASC	02:36:16.76
200	611	RICARDO PEREIRA	0	INDIVIDUAL	SENIORES-MASC	02:36:52.54
201	615	RUI EUSÉBIO	0	INDIVIDUAL	SENIORES-MASC	02:36:52.65
202	461	CARLOS ANJOS	95	TRINCA ORELHAS DE GATO	VETERANO M40-MASC	02:37:07.11
203	376	ANTÓNIO SOUSA	72	PORTO SENTIDO RUNNERS	VETERANO M40-MASC	02:37:20.32
204	556	JOAQUIM MOREIRA	0	INDIVIDUAL	VETERANO M40-MASC	02:37:28.69
205	377	CIDÁLIA SOARES	72	PORTO SENTIDO RUNNERS	VETERANO F40-FEM	02:37:28.74
206	445	ANTÓNIO FERNANDES	94	TREPA TRILHOS TRAIL TEAM	VETERANO M40-MASC	02:37:37.19
207	125	ANGELO MONTEIRO	7	ALIANÇA DE GANDRA	VETERANO M40-MASC	02:37:53.37
208	543	ISAAC BATISTA PEREIRA	0	INDIVIDUAL	VETERANO M40-MASC	02:38:20.08
209	289	AMÂNDIO SOUSA	46	KINKIPA	VETERANO M40-MASC	02:38:59.65
210	296	SÉRGIO ROCHA	46	KINKIPA	SENIORES-MASC	02:39:00.74
211	443	ALEXANDRA MADALENA C	94	TREPA TRILHOS TRAIL TEAM	SENIORES-FEM	02:39:02.87
212	446	ANTÓNIO FRANCISCO GARC	94	TREPA TRILHOS TRAIL TEAM	SENIORES-MASC	02:39:02.91
213	459	AGOSTINHO COSTA	95	TRINCA ORELHAS DE GATO	VETERANO M40-MASC	02:39:27.12
214	643	VITOR SANTOS	0	INDIVIDUAL	SENIORES-MASC	02:39:30.77
215	401	CRISTIANO MANUEL COELH	79	SOMOS NÓS TEAM	SENIORES-MASC	02:39:31.98
216	157	CARLA NATÉRCIA TEIXEIRA	10	AMIGOS DO PEDAL TRAILAGARE	SENIORES-FEM	02:39:49.04
217	164	PATRÍCIA MARTINS	10	AMIGOS DO PEDAL TRAILAGARE	SENIORES-FEM	02:39:55.75
218	350	MONICA MAGALHAES	66	PAPATRAILS	SENIORES-FEM	02:39:55.80
219	346	ANA ALVES	66	PAPATRAILS	VETERANO F40-FEM	02:40:03.78
220	386	MANUELA SOUSA	75	RUNNING ESPINHO	VETERANO F40-FEM	02:40:11.52
221	264	NUNO FERREIRA	40	FUGITIVOS URBANOS	SENIORES-MASC	02:40:27.51
222	372	HUGO FIGUEIREDO	71	PM	SENIORES-MASC	02:40:40.09
223	375	PAULO SILVA	71	PM	SENIORES-MASC	02:40:40.12
224	563	JOSE CARLOS NOGUEIRA	0	INDIVIDUAL	SENIORES-MASC	02:40:45.08
225	649	MARTA LUCIANA MOTA	0	INDIVIDUAL	SENIORES-FEM	02:40:56.27
226	366	CÉSAR MOREIRA	69	PENA TEAM	SENIORES-MASC	02:41:32.45
227	477	SÓNIA PINTO	102	VIVER SAUDAVEL	SENIORES-FEM	02:41:36.18
228	334	PAULA MOREIRA	63	OS TURBOMULA	VETERANO F40-FEM	02:41:57.30
229	645	BRUNO CASTELO	11	AMIGOS DO SOFÁ	SENIORES-MASC	02:42:05.53
230	194	CARLOS VIEIRA	20	BTT ALEGRIA / TUBANI	SENIORES-MASC	02:42:07.64
231	310	BRUNO VALE	52	MANCOS TEAM	SENIORES-MASC	02:43:24.05
232	311	DANIEL LOPES	52	MANCOS TEAM	SENIORES-MASC	02:43:24.87
233	309	JOÃO CARVALHO	51	LUSOS XXI	SENIORES-MASC	02:43:41.02
234	467	MIGUEL COSTA	95	TRINCA ORELHAS DE GATO	VETERANO M40-MASC	02:44:07.86
235	641	VITOR NEVES	0	INDIVIDUAL	SENIORES-MASC	02:44:34.04
236	179	HELENA FERREIRA	12	AMOTINADOS	VETERANO F40-FEM	02:45:25.44
237	260	FÁBIO MOREIRA	40	FUGITIVOS URBANOS	SENIORES-MASC	02:45:42.68
238	349	MAFALDA ALVES	66	PAPATRAILS	SENIORES-FEM	02:45:43.12
239	191	MAFALDA PINTO BULL	18	BILLA	SENIORES-FEM	02:45:51.28
240	258	CARLOS RODRIGUES	40	FUGITIVOS URBANOS	SENIORES-MASC	02:46:07.20
241	177	CARLA SUSANA MONTEIRO	12	AMOTINADOS	SENIORES-FEM	02:47:24.52
242	348	JOSE ALVES	66	PAPATRAILS	VETERANO M40-MASC	02:47:41.24
243	387	AUGUSTO PINTO BARBOSA	76	S.LUIZ	VETERANO M40-MASC	02:47:43.63
244	388	MARIA LUCINDA MOREIRA	76	S.LUIZ	VETERANO F40-FEM	02:47:43.90
245	181	JOSE FERREIRA	12	AMOTINADOS	VETERANO M40-MASC	02:48:00.09



GERAL MINI TRAIL				INDIVIDUAL		
Class	Dorsal	Nome	Nº	Equipa	Escalão	Tempo
246	153	VERÓNICA FONTES	7	ALIANÇA DE GANDRA	VETERANO F40-FEM	02:48:18.88
247	175	SANDRA COSTA	11	AMIGOS DO SOFÁ	SENIORES-FEM	02:48:18.95
248	522	FERNANDA MARIA OLIVEIRA	0	INDIVIDUAL	SENIORES-FEM	02:48:39.06
249	421	ALEXANDRA FÁTIMA BESSA	86	TEAM AGUENTA AÍ	VETERANO F40-FEM	02:48:39.13
250	267	RUI COELHO	40	FUGITIVOS URBANOS	VETERANO M40-MASC	02:49:23.29
251	298	GABRIEL LARA	49	LAROCAS TEAM	SENIORES-MASC	02:49:36.64
252	347	ESTELA OLIVEIRA	66	PAPATRAILS	SENIORES-FEM	02:50:24.39
253	391	EMANUEL DURÃES	77	SAI DA FRENTE	VETERANO M40-MASC	02:50:42.99
254	394	LURDES LOUREIRO	77	SAI DA FRENTE	SENIORES-FEM	02:50:43.13
255	300	PAULO LARA	49	LAROCAS TEAM	VETERANO M40-MASC	02:51:21.54
256	652	DELFINA DIAS	0	INDIVIDUAL	VETERANO M40-MASC	02:51:29.25
257	315	CLAUDIA MARISA SOUSA	55	MONTAIN RUNNERS	SENIORES-FEM	02:52:24.92
258	262	MÁRCIO PEREIRA	40	FUGITIVOS URBANOS	SENIORES-MASC	02:53:22.89
259	499	BRUNO DANIEL MAGALHÃES	0	INDIVIDUAL	SENIORES-MASC	02:53:34.80
260	193	BRUNO MARQUES	19	BRUNO VENDING	SENIORES-MASC	02:55:07.06
261	278	FÁBIO SILVA	42	GONDOMAR FUTSAL CLUBE	SENIORES-MASC	02:55:07.88
262	538	HELENA MARIA FERNANDES	0	INDIVIDUAL	SENIORES-FEM	02:55:57.60
263	513	DELFINA MARIA	0	INDIVIDUAL	VETERANO F40-FEM	02:57:12.61
264	541	HENRIQUE LOPES	0	INDIVIDUAL	SENIORES-MASC	02:57:27.93
265	517	ÉLIO VEIGA	0	INDIVIDUAL	SENIORES-MASC	02:57:41.68
266	622	SANDRA RAMOS	0	INDIVIDUAL	SENIORES-FEM	02:58:01.41
267	558	JOAQUIM RAMOS	0	INDIVIDUAL	VETERANO M40-MASC	02:58:01.53
268	337	BRIGIDA DUARTE	64	OSFAZCONTA	SENIORES-FEM	02:58:01.66
269	176	VANESSA SANTOS	11	AMIGOS DO SOFÁ	SENIORES-FEM	02:58:08.05
270	591	MARIA GORETI FERREIRA	0	INDIVIDUAL	VETERANO F40-FEM	02:58:12.51
271	351	VITOR TEIXEIRA	66	PAPATRAILS	SENIORES-MASC	02:58:20.17
272	630	SOFIA FERREIRA	0	INDIVIDUAL	SENIORES-FEM	02:58:20.62
273	299	PATRÍCIA SILVA	49	LAROCAS TEAM	SENIORES-FEM	02:58:30.63
274	564	JOSÉ CARLOS SILVA	0	INDIVIDUAL	VETERANO M40-MASC	02:58:32.21
275	634	SUSANA FERREIRA	0	INDIVIDUAL	SENIORES-FEM	02:58:33.33
276	303	GUALTER CASTRO	50	LEÕES DE TARDARIZ TRAIL	VETERANO M40-MASC	02:58:42.48
277	629	SOFIA DIAS	0	INDIVIDUAL	SENIORES-FEM	03:00:38.37
278	603	PAULA SOUSA	0	INDIVIDUAL	VETERANO F40-FEM	03:00:38.46
279	128	CARLA SOUSA	7	ALIANÇA DE GANDRA	VETERANO F40-FEM	03:00:50.91
280	560	JORGE MOREIRA	0	INDIVIDUAL	SENIORES-MASC	03:01:14.60
281	492	ANDRÉ VIEIRA	0	INDIVIDUAL	SENIORES-MASC	03:01:14.67
282	344	VANIA SOARES	64	OSFAZCONTA	SENIORES-FEM	03:01:45.05
283	286	ADRIANO CASTRO	46	KINKIPA	SENIORES-MASC	03:02:45.11
284	290	AUGUSTO TEIXEIRA	46	KINKIPA	VETERANO M40-MASC	03:02:45.34
285	514	DIANA VANESSA GONÇALVES	0	INDIVIDUAL	SENIORES-FEM	03:02:45.97
286	345	VÍTOR MIGUEL FERREIRA	65	PÃO EM CASA	SENIORES-MASC	03:02:46.92
287	584	MANUELA DIAS	0	INDIVIDUAL	VETERANO F40-FEM	03:03:25.59
288	182	PAULO JORGE MIRANDA	12	AMOTINADOS	VETERANO M40-MASC	03:04:21.55
289	297	SÓNIA GONÇALVES	46	KINKIPA	SENIORES-FEM	03:04:22.50
290	279	MÁRIO RIBEIRO	42	GONDOMAR FUTSAL CLUBE	VETERANO M40-MASC	03:04:23.22
291	277	ANTÓNIO JOSÉ QUEIROZ	42	GONDOMAR FUTSAL CLUBE	VETERANO M40-MASC	03:04:24.56
292	431	MARLENE RODRIGUES	90	THUNDER TEAM	VETERANO F40-FEM	03:04:24.74
293	432	PEDRO RODRIGUES	90	THUNDER TEAM	VETERANO M40-MASC	03:04:25.11
294	416	MARIA JOÃO LEAL ALVES	83	SWEET RUNNERS	SENIORES-FEM	03:04:27.42



GERAL MINI TRAIL					INDIVIDUAL	
Class	Dorsal	Nome	Nº	Equipa	Escalão	Tempo
295	414	ELISETE VIEGAS	83	SWEET RUNNERS	VETERANO F40-FEM	03:04:29.63
296	392	FÁBIO ALMEIDA	77	SAI DA FRENTE	SENIORES-MASC	03:04:34.25
297	438	ANA SILVA	93	TOO STUPID TO STOP	SENIORES-FEM	03:05:16.75
298	339	CARLOS BERNARDO	64	OSFAZCONTA	VETERANO M40-MASC	03:06:28.12
299	295	ROGÉRIO MARTINS	46	KINKIPA	VETERANO M40-MASC	03:06:38.02
300	178	GUILHERMINA ROSA TEMP	12	AMOTINADOS	VETERANO F40-FEM	03:06:49.35
301	183	TELMO JOEL COSTA	12	AMOTINADOS	VETERANO M40-MASC	03:06:51.81
302	259	DANIEL SILVA	40	FUGITIVOS URBANOS	SENIORES-MASC	03:06:59.07
303	160	GUILHERMINA MARIA ROC	10	AMIGOS DO PEDAL TRAILAGARE	VETERANO F40-FEM	03:07:01.69
304	106	DAVID AZEVEDO	2	100PRESSA	VETERANO M40-MASC	03:07:12.85
305	486	ALEXANDRA SILVA	0	INDIVIDUAL	SENIORES-FEM	03:07:16.84
306	651	SARA BARBOSA	0	INDIVIDUAL	SENIORES-FEM	03:07:41.99
307	419	HELENA ANDREIA CERQUE	85	TARTARUGA RAPIDA	SENIORES-FEM	03:08:01.31
308	420	HUGO LUIS MARTINS	85	TARTARUGA RAPIDA	SENIORES-MASC	03:08:01.53
309	107	JOAQUIM LEITE	2	100PRESSA	VETERANO M40-MASC	03:08:34.60
310	180	JORGE MANUEL VERDE	12	AMOTINADOS	VETERANO M40-MASC	03:08:36.95
311	393	HUGO TEIXEIRA	77	SAI DA FRENTE	SENIORES-MASC	03:08:45.18
312	621	SANDRA RAIMUNDO	0	INDIVIDUAL	VETERANO F40-FEM	03:08:45.55
313	306	JOSÉ FERREIRA	50	LEÕES DE TARDARIZ TRAIL	VETERANO M40-MASC	03:09:21.43
314	304	JOÃO CARDOSO	50	LEÕES DE TARDARIZ TRAIL	VETERANO M40-MASC	03:09:21.72
315	531	FRANCISCO DANIEL ROCHA	0	INDIVIDUAL	SENIORES-MASC	03:09:26.64
316	636	SUSE MARLENE CUNHA	0	INDIVIDUAL	SENIORES-FEM	03:10:35.91
317	546	JACINTO JORGE BARBOSA	0	INDIVIDUAL	SENIORES-MASC	03:10:35.97
318	186	ANA GRAÇA FERREIRA	14	AS 3 DA VIDA AIRADA	SENIORES-FEM	03:10:50.46
319	389	ANA DURÃES	77	SAI DA FRENTE	SENIORES-FEM	03:10:59.05
320	395	MARTA BARBOSA	77	SAI DA FRENTE	SENIORES-FEM	03:10:59.34
321	354	ANTERO BESSA	67	PAREDES RUNNING	VETERANO M40-MASC	03:11:07.53
322	648	CARLA NUNES	0	INDIVIDUAL	SENIORES-FEM	03:11:16.59
323	390	ÂNGELO NUNES	77	SAI DA FRENTE	VETERANO M40-MASC	03:11:18.86
324	108	LUÍS BARBOSA	2	100PRESSA	VETERANO M40-MASC	03:11:37.52
325	146	MARIA OLIVEIRA	7	ALIANÇA DE GANDRA	VETERANO F40-FEM	03:11:41.70
326	132	CELINA FERREIRA	7	ALIANÇA DE GANDRA	SENIORES-FEM	03:11:42.49
327	552	JOAO SOUSA	0	INDIVIDUAL	VETERANO M40-MASC	03:11:45.57
328	548	JOANA SOUSA	0	INDIVIDUAL	SENIORES-FEM	03:11:45.73
329	626	SÉRGIO ANTÓNIO ROCHA	0	INDIVIDUAL	VETERANO M40-MASC	03:11:45.81
330	235	RUI FERREIRA	29	DANADOS	SENIORES-MASC	03:12:15.90
331	236	SUSANA ALMEIDA	29	DANADOS	SENIORES-FEM	03:12:50.88
332	378	RUI MOREIRA	72	PORTO SENTIDO RUNNERS	SENIORES-MASC	03:13:19.89
333	148	NATÁLIA MOREIRA	7	ALIANÇA DE GANDRA	SENIORES-FEM	03:14:37.80
334	145	MARIA NEVES	7	ALIANÇA DE GANDRA	VETERANO F40-FEM	03:14:38.44
335	190	RUI AVELINO	17	AVELINO	VETERANO M40-MASC	03:14:39.89
336	544	ISABEL CASTRO	0	INDIVIDUAL	VETERANO F40-FEM	03:14:44.24
337	189	ALINE SILVA	17	AVELINO	SENIORES-FEM	03:14:42.79
338	623	SARA CRISTINA CARDOSO	0	INDIVIDUAL	SENIORES-FEM	03:14:46.62
339	631	SÓNIA CARDOSO	0	INDIVIDUAL	SENIORES-FEM	03:14:46.89
340	613	ROSA ODÍLIA LEAL	0	INDIVIDUAL	SENIORES-FEM	03:14:47.27
341	507	CARMEN PAULA FERREIRA	0	INDIVIDUAL	VETERANO F40-FEM	03:14:47.40
342	637	TERESA BARBOSA	0	INDIVIDUAL	SENIORES-FEM	03:14:49.98
343	199	FILIPE TEIXEIRA	20	BTT ALEGRIA / TUBANI	VETERANO M40-MASC	03:16:11.49



GERAL MINI TRAIL				INDIVIDUAL		
Class	Dorsal	Nome	Nº	Equipa	Escalão	Tempo
344	248	RITA LEAL	35	FAMILIA PATANISCA	SENIORES-FEM	03:16:34.85
345	460	ALCINO TAVARES	95	TRINCA ORELHAS DE GATO	VETERANO M40-MASC	03:16:45.23
346	484	ADÃO FERNANDO CASTRO	0	INDIVIDUAL	VETERANO M40-MASC	03:16:48.85
347	609	RICARDO GAIO CARRIÇO	0	INDIVIDUAL	SENIORES-MASC	03:16:49.71
348	502	CARLA MAIA	0	INDIVIDUAL	SENIORES-FEM	03:17:17.08
349	612	ROSA COSTA	0	INDIVIDUAL	VETERANO F40-FEM	03:17:53.64
350	358	LUIS RIBEIRO	67	PAREDES RUNNING	VETERANO M40-MASC	03:18:01.85
351	527	FILIFE SOUSA	0	INDIVIDUAL	SENIORES-MASC	03:18:24.06
352	619	SANDRA ALMENDRA	0	INDIVIDUAL	VETERANO F40-FEM	03:18:28.36
353	161	MADALENA NOGUEIRA	10	AMIGOS DO PEDAL TRAILAGARE	VETERANO F40-FEM	03:18:29.54
354	162	MARILIA DIAS	10	AMIGOS DO PEDAL TRAILAGARE	VETERANO F40-FEM	03:18:29.77
355	168	TELMA FILIPA ROCHA	10	AMIGOS DO PEDAL TRAILAGARE	SENIORES-FEM	03:18:38.87
356	302	DAMIÃO SANTOS PONTES	50	LEÕES DE TARDARIZ TRAIL	VETERANO M40-MASC	03:19:02.14
357	353	ANA FERREIRA	67	PAREDES RUNNING	VETERANO F40-FEM	03:19:04.30
358	624	SARA RAQUEL SILVA	0	INDIVIDUAL	SENIORES-FEM	03:19:46.75
359	573	JOSÉ VITOR GAMA	0	INDIVIDUAL	SENIORES-MASC	03:19:46.87
360	163	NATÁLIA CECÍLIA FERREIR	10	AMIGOS DO PEDAL TRAILAGARE	VETERANO F40-FEM	03:20:05.94
361	218	CÉLIA VIEIRA	26	CLUBE ZUPPER	VETERANO F40-FEM	03:20:08.03
362	590	MARIA FILOMENA MARCEL	0	INDIVIDUAL	VETERANO F40-FEM	03:20:08.29
363	454	LÍGIA LOPES	94	TREPA TRILHOS TRAIL TEAM	SENIORES-FEM	03:20:34.01
364	452	JORGE COSTA	94	TREPA TRILHOS TRAIL TEAM	SENIORES-MASC	03:20:34.62
365	447	FRANCISCO JOSÉ OLIVEIRA	94	TREPA TRILHOS TRAIL TEAM	VETERANO M40-MASC	03:20:34.67
366	357	LUCINDA MARQUES	67	PAREDES RUNNING	VETERANO F40-FEM	03:20:39.91
367	156	CARINA GONÇALVES FERR	10	AMIGOS DO PEDAL TRAILAGARE	SENIORES-FEM	03:21:04.18
368	155	ANA RITA COELHO	10	AMIGOS DO PEDAL TRAILAGARE	SENIORES-FEM	03:21:05.79
369	594	MARIA JOÃO ALMEIDA	0	INDIVIDUAL	SENIORES-FEM	03:21:09.54
370	335	ADRIANA DUARTE	64	OSFAZCONTA	SENIORES-FEM	03:21:10.96
371	422	MANUEL JORGE SILVA	86	TEAM AGUENTA AÍ	VETERANO M40-MASC	03:21:21.76
372	384	NUNO CORREIA	74	RUN2EAT	SENIORES-MASC	03:22:01.20
373	576	LINA ISABEL NUNES	0	INDIVIDUAL	SENIORES-FEM	03:22:01.27
374	381	CARLA EUNICE FERREIRA	74	RUN2EAT	SENIORES-FEM	03:22:01.51
375	472	CARLA LEAL	97	UH LÁ LÁ	SENIORES-FEM	03:22:01.65
376	456	MARIA MOURA	94	TREPA TRILHOS TRAIL TEAM	VETERANO F40-FEM	03:23:11.03
377	185	RAQUEL LOPES	13	ARRASTASSOLAS	SENIORES-FEM	03:23:26.70
378	547	JOANA OLIVEIRA	0	INDIVIDUAL	SENIORES-FEM	03:25:24.52
379	364	ALEXANDRE TELES	68	PATASNEGRAS	SENIORES-MASC	03:25:30.36
380	319	DIOGO MOREIRA	56	MOREIRA RELAX RUNNERS	SENIORES-MASC	03:25:48.37
381	318	BRUNO MIGUEL PEREIRA	56	MOREIRA RELAX RUNNERS	SENIORES-MASC	03:25:48.99
382	408	ROSALINA PEREIRA	79	SOMOS NÓS TEAM	VETERANO F40-FEM	03:26:02.92
383	343	MARIA JACINTA SOARES	64	OSFAZCONTA	VETERANO F40-FEM	03:26:04.74
384	133	ELISA GARCÊS	7	ALIANÇA DE GANDRA	SENIORES-FEM	03:27:01.86
385	458	SÉRGIO MANUEL PEREIRA	94	TREPA TRILHOS TRAIL TEAM	VETERANO M40-MASC	03:27:13.00
386	450	HELENA PINTO	94	TREPA TRILHOS TRAIL TEAM	SENIORES-FEM	03:27:13.49
387	455	LUÍS SOUSA	94	TREPA TRILHOS TRAIL TEAM	VETERANO M40-MASC	03:27:13.66
388	268	SANDRA SILVA	40	FUGITIVOS URBANOS	SENIORES-FEM	03:29:50.42
389	271	SOFIA COELHO	40	FUGITIVOS URBANOS	SENIORES-FEM	03:29:51.11
390	208	LUCILIA FERREIRA	22	CAPITÃO E GRILOS	SENIORES-FEM	03:31:47.54
391	114	RUI SÁ	3	10TEMIDOS	VETERANO M40-MASC	03:33:29.53
392	115	TIAGO CASTRO	3	10TEMIDOS	SENIORES-MASC	03:33:29.70



GERAL MINI TRAIL				INDIVIDUAL		
Class	Dorsal	Nome	Nº	Equipa	Escalão	Tempo
393	396	CARLOS CUNHA	78	SÓ DESCIDAS!!	VETERANO M40-MASC	03:33:51.10
394	399	MARTA OLIVEIRA	78	SÓ DESCIDAS!!	SENIORES-FEM	03:33:52.55
395	398	LILIANA LOPES	78	SÓ DESCIDAS!!	SENIORES-FEM	03:33:52.59
396	397	ISOLINO COELHO	78	SÓ DESCIDAS!!	SENIORES-MASC	03:33:53.11
397	520	FÁTIMA FREITAS	0	INDIVIDUAL	SENIORES-FEM	03:34:30.72
398	633	SONIA SOUSA	0	INDIVIDUAL	SENIORES-FEM	03:34:30.82
399	608	PEDRO ANTUNES	0	INDIVIDUAL	SENIORES-MASC	03:34:31.49
400	585	MARCIO ALEXANDRE BORG	0	INDIVIDUAL	SENIORES-MASC	03:35:44.88
401	494	ANDREIA RAQUEL MARTINS	0	INDIVIDUAL	SENIORES-FEM	03:35:50.04
402	436	ALICE TABORDA	93	TOO STUPID TO STOP	SENIORES-FEM	03:39:29.81
403	210	VITOR NEVES	22	CAPITÃO E GRILOS	SENIORES-MASC	03:40:26.45
404	195	CRISTINA NEVES	20	BTT ALEGRIA / TUBANI	SENIORES-FEM	03:40:37.93
405	201	PAULA SILVA	20	BTT ALEGRIA / TUBANI	SENIORES-FEM	03:40:38.55
406	104	ANTÓNIO MARTINS	2	100PRESSA	VETERANO M40-MASC	03:41:02.45
407	448	HELDER RODRIGUES	94	TREPA TRILHOS TRAIL TEAM	SENIORES-MASC	03:41:07.16
408	481	TERESA MONTENEGRO	103	VKT	SENIORES-FEM	03:42:00.27
409	478	FILOMENA FERREIRA	103	VKT	SENIORES-FEM	03:42:00.37
410	209	MANUELA NEVES	22	CAPITÃO E GRILOS	SENIORES-FEM	03:43:27.67
411	342	JORGE SILVA	64	OSFAZCONTA	SENIORES-MASC	03:44:55.96
412	579	LUISA ROCHA	0	INDIVIDUAL	SENIORES-FEM	03:48:36.39
413	521	FÁTIMA RAMOS	0	INDIVIDUAL	VETERANO F40-FEM	03:49:49.31
414	614	ROSA SOARES	0	INDIVIDUAL	VETERANO F40-FEM	03:49:50.36
415	598	MÓNICA PEREIRA	0	INDIVIDUAL	SENIORES-FEM	03:53:38.97
416	323	ANA MARTINS	57	NOCTURNOS DE PAREDES	SENIORES-FEM	03:53:39.03
417	628	SÍLVIA MANUELA TEIXEIRA	0	INDIVIDUAL	SENIORES-FEM	03:53:39.49
418	324	ANTÓNIO MARTINS	57	NOCTURNOS DE PAREDES	SENIORES-MASC	03:53:39.66
419	326	SARA TELES	57	NOCTURNOS DE PAREDES	SENIORES-FEM	03:53:40.05
420	487	ANA CATARINA MONIZ	0	INDIVIDUAL	SENIORES-FEM	03:53:40.83
421	489	ANA RAQUEL TAVARES	0	INDIVIDUAL	SENIORES-FEM	03:53:41.20
422	650	TÂNIA CARDOSO	57	NOCTURNOS DE PAREDES	SENIORES-FEM	03:53:41.32
423	317	ANA SÁ	56	MOREIRA RELAX RUNNERS	SENIORES-FEM	04:01:04.54
424	321	JOANA ALVES	56	MOREIRA RELAX RUNNERS	SENIORES-FEM	04:01:04.77
425	320	EMILIA ARAUJO	56	MOREIRA RELAX RUNNERS	SENIORES-FEM	04:01:05.59
426	510	CRIS SANTIAGO	0	INDIVIDUAL	VETERANO F40-FEM	04:07:31.02
427	457	PAULA MARTINS	94	TREPA TRILHOS TRAIL TEAM	VETERANO F40-FEM	04:08:01.00
428	444	ANA RODRIGUES	94	TREPA TRILHOS TRAIL TEAM	SENIORES-FEM	04:08:01.19
429	231	ANITA SILVA	29	DANADOS	SENIORES-FEM	04:11:04.15
430	233	ELSA DIAS	29	DANADOS	VETERANO F40-FEM	04:11:04.26
431	234	MARISA VIEIRA	29	DANADOS	SENIORES-FEM	04:11:12.62
432	154	SUSANA RITO	8	ALL ABOUT	SENIORES-FEM	04:17:20.81
433	242	MARIA JOSÉ PERES	33	EQUIPA REIS	VETERANO F40-FEM	04:17:21.94
434	529	FLAVIA NOGUEIRA	0	INDIVIDUAL	SENIORES-FEM	04:18:45.90
435	488	ANA FARIA	0	INDIVIDUAL	SENIORES-FEM	04:18:45.97
436	635	SUSANA SILVA	0	INDIVIDUAL	VETERANO F40-FEM	04:21:51.51
437	142	JOANA PAIVA	7	ALIANÇA DE GANDRA	SENIORES-FEM	04:23:38.48
438	627	SILVIA COELHO	0	INDIVIDUAL	SENIORES-FEM	04:23:38.69
439	526	FILIPE PINTO	0	INDIVIDUAL	SENIORES-MASC	04:23:38.78
440	147	MARISA CUNHA	7	ALIANÇA DE GANDRA	SENIORES-FEM	04:23:39.66



GERAL MINI TRAIL	COLETIVA
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Class	Nº Equipa	Equipa	Pontuação
1ª Equipa	28	DÁ-LHE GAS	(3 + 14 + 20) = 37
2ª Equipa	7	ALIANÇA DE GANDRA	(9 + 18 + 24) = 51
3ª Equipa	45	KEMEDO TEAM	(12 + 28 + 33) = 73
4ª Equipa	40	FUGITIVOS URBANOS	(1 + 57 + 74) = 132
5ª Equipa	95	TRINCA ORELHAS DE GATO	(22 + 54 + 65) = 141
6ª Equipa	53	MARCO RUNNERS	(43 + 51 + 85) = 179
7ª Equipa	10	AMIGOS DO PEDAL TRAILAGARES	(21 + 40 + 132) = 193
8ª Equipa	89	TECLA 3 RUNNERS	(49 + 50 + 97) = 196
9ª Equipa	93	TOO STUPID TO STOP	(55 + 68 + 78) = 201
10ª Equipa	42	GONDOMAR FUTSAL CLUBE	(44 + 69 + 104) = 217
11ª Equipa	83	SWEET RUNNERS	(25 + 66 + 152) = 243
12ª Equipa	3	10TEMIDOS	(47 + 99 + 109) = 255
13ª Equipa	27	CORRE TASCAS RUNNING CLUB	(80 + 86 + 94) = 260
14ª Equipa	21	BTT SAI DA FRENTE	(79 + 88 + 100) = 267
15ª Equipa	67	PAREDES RUNNING	(46 + 123 + 161) = 330
16ª Equipa	79	SOMOS NÓS TEAM	(56 + 148 + 156) = 360
17ª Equipa	69	PENA TEAM	(84 + 134 + 226) = 444
18ª Equipa	11	AMIGOS DO SOFÁ	(17 + 198 + 229) = 444
19ª Equipa	20	BTT ALEGRIA / TUBANI	(124 + 128 + 230) = 482
20ª Equipa	94	TREPA TRILHOS TRAIL TEAM	(70 + 206 + 211) = 487
21ª Equipa	46	KINKIPA	(121 + 209 + 210) = 540
22ª Equipa	34	EQUIPOTÊNCIA TRAIL TEAM	(180 + 181 + 182) = 543
23ª Equipa	71	PM	(190 + 222 + 223) = 635
24ª Equipa	66	PAPATRAILS	(218 + 219 + 238) = 675