

TRAIL - STAGE 1

19 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:15	15.6°C	93%
End	13:47	17.5°C	72%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1038	Marco Faria	dá-lhe gás	Veterano M40	01:34:47		04:59
2	1186	Paulo pinto	individual	Veterano M40	01:42:30	+07:42	05:24
3	1055	Patrick Marques	fridão sem limites	Veterano M40	01:47:33	+12:45	05:40
4	1041	Ricardo Sousa	dive - dive into the mountains	Senior Masculino	01:48:36	+13:49	05:43
5	1037	Joaquim Leal	dá-lhe gás	Veterano M40	01:50:40	+15:53	05:49
6	1013	Miguel Ângelo Pacheco Cruz	bitrunners	Senior Masculino	01:51:04	+16:16	05:51
7	1029	Nuno Lemos	clube atletismo fafe	Veterano M40	01:51:51	+17:04	05:53
8	1238	Fernando Taborda	oralklass amigosa do trail	Veterano M40	01:52:26	+17:38	05:55
9	1019	Marco Pinto	brabus runners	Senior Masculino	01:53:18	+18:30	05:58
10	1093	Bruno Pinto	individual	Senior Masculino	01:54:00	+19:13	06:00
11	1155	Antonio Lino	individual	Veterano M40	01:54:11	+19:23	06:01
12	1035	Carlos Prudêncio	dá-lhe gás	Senior Masculino	01:55:08	+20:20	06:04
13	1247	Raul Silva	profisio team	Veterano M40	01:55:21	+20:34	06:04
14	1112	João Oliveira	individual	Senior Masculino	01:57:41	+22:54	06:12
15	1217	João Luís Teixeira de Queirós	movets	Senior Masculino	01:57:56	+23:09	06:12
16	1040	RUI TAVARES	ddt runners	Senior Masculino	01:58:09	+23:21	06:13
17	1069	Jose paulo Ribeiro	gondomar futsal clube	Veterano M40	01:58:49	+24:01	06:15
18	1173	José Ribeiro	individual	Veterano M40	01:59:13	+24:25	06:16
19	1200	Paulo Baltasar Martins	individual	Veterano M50	01:59:58	+25:11	06:19
20	1225	José Meneses	nocturnos de paredes	Senior Masculino	02:00:38	+25:50	06:21
21	1033	Aderito Oliveira	dá-lhe gás	Senior Masculino	02:00:53	+26:05	06:22
22	1002	LEONEL NEVES	aliança gandra	Veterano M40	02:00:54	+26:06	06:22
23	1116	JORGE PEREIRA	individual	Senior Masculino	02:01:14	+26:26	06:23
24	1072	Paulo Santos	gr corredoura dnc	Senior Masculino	02:02:02	+27:14	06:25
25	1050	António coelho	falta tempo	Veterano M40	02:02:14	+27:27	06:26
26	1284	Fernando Gomes	individual	Veterano M40	02:02:17	+27:29	06:26
27	1103	Gabriel Coutinho	individual	Senior Masculino	02:02:19	+27:32	06:26
28	1119	José Manuel Gonçalves Barbosa	individual	Senior Masculino	02:04:57	+30:10	06:35
29	1265	dionisio antonio marinho ferreira	team trail bem viver	Senior Masculino	02:05:01	+30:14	06:35
30	1164	Fernando Nunes 28	individual	Veterano M40	02:05:51	+31:04	06:37
31	1201	Paulo Silva	individual	Veterano M50	02:06:03	+31:16	06:38
32	1206	Joel Batista	lourival bike team	Senior Masculino	02:06:39	+31:52	06:40
33	1258	Rui Bessa	sob efeito trail	Senior Masculino	02:06:49	+32:02	06:41
34	1162	Carlos Raposa	individual	Veterano M40	02:07:26	+32:39	06:42
35	1287	Pedro Cerqueira	individual	Senior Masculino	02:08:32	+33:45	06:46
36	1161	Carlos Nogueira	individual	Veterano M40	02:08:56	+34:09	06:47
37	1135	Rafael Mota	individual	Senior Masculino	02:09:01	+34:14	06:47
38	1252	Hugo lobo	run4all	Senior Masculino	02:09:19	+34:32	06:48
39	1067	Manuel Silva	gondomar futsal clube	Senior Masculino	02:10:03	+35:16	06:51
40	1251	Francisco Costa	rosário extreme	Veterano M50	02:11:11	+36:24	06:54

TRAIL - STAGE 1

19 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	1172	Jose Pereira	individual	Veterano M40	02:11:14	+36:27	06:54
42	1043	José Lopes	dive - dive into the mountains	Veterano M40	02:11:15	+36:28	06:55
43	1188	RICARDO LEMOS	individual	Veterano M40	02:11:23	+36:36	06:55
44	1015	António Pinto	bitrunners	Veterano M50	02:11:42	+36:55	06:56
45	1100	Emanuel Bessa	individual	Senior Masculino	02:11:45	+36:58	06:56
46	1083	Mariana Figueiredo Delgado	individual	Senior Feminino	02:11:50	+37:02	06:56
47	1272	Agostinho Mendes	trail team casa das reparações	Senior Masculino	02:11:52	+37:05	06:56
48	1012	Marco Sousa	baltar trailrunners	Veterano M40	02:11:52	+37:05	06:56
49	1167	Jorge Anjos	individual	Veterano M40	02:12:14	+37:27	06:58
50	1169	Jorge Sousa	individual	Veterano M40	02:12:18	+37:31	06:58
51	1214	AGOSTINHO SOUSA	moinhos run	Veterano M50	02:12:21	+37:34	06:58
52	1096	Carlos Manuel de Carvalho Teixeira	individual	Senior Masculino	02:12:58	+38:11	07:00
53	1224	Daniel Silva	nocturnos de paredes	Senior Masculino	02:13:53	+39:06	07:03
54	1280	Miguel Leal	yogurntnest trail running team	Veterano M40	02:13:54	+39:07	07:03
55	1090	André Filipe Semedo da Costa	individual	Senior Masculino	02:15:29	+40:42	07:08
56	1058	NUNO FERREIRA	fugitivos urbanos	Senior Masculino	02:15:57	+41:10	07:09
57	1231	Carmino Gomes	nocturnos de paredes	Veterano M40	02:15:58	+41:11	07:09
58	1111	João Figueiredo	individual	Senior Masculino	02:15:58	+41:11	07:09
59	1268	Rui Miguel Moreira Madureira	team trail bem viver	Senior Masculino	02:16:14	+41:27	07:10
60	1259	Fátima Coelho	somos nós team	Veterana F40	02:16:30	+41:43	07:11
61	1047	Pedro Cruz	elite runners	Senior Masculino	02:16:39	+41:52	07:12
62	1288	Jennifer Leal	individual	Senior Feminino	02:16:39	+41:52	07:12
63	1001	Gisela Sousa	16.9 crossfit	Senior Feminino	02:16:51	+42:04	07:12
64	1098	Diogo Filipe Pinto Alves	individual	Senior Masculino	02:17:13	+42:26	07:13
65	1060	TOMÉ MARQUES	fugitivos urbanos	Senior Masculino	02:17:48	+43:01	07:15
66	1274	Alexandre Brito	trail team casa das reparações	Veterano M40	02:17:48	+43:01	07:15
67	1233	Fernando Almeida	nocturnos de paredes	Veterano M40	02:17:59	+43:12	07:16
68	1036	Vitor Silva	dá-lhe gás	Senior Masculino	02:18:13	+43:26	07:17
69	1260	Fernando Morais	somos nós team	Veterano M40	02:18:20	+43:32	07:17
70	1153	André Figueiredo	individual	Veterano M40	02:18:21	+43:34	07:17
71	1248	Vitor Maia	rachão trail team	Senior Masculino	02:19:57	+45:10	07:22
72	1276	João Sousa	trail team casa das reparações	Veterano M40	02:20:33	+45:46	07:24
73	1170	José da Rocha Rodrigues	individual	Veterano M40	02:21:08	+46:21	07:26
74	1123	Manuel Henriques Castro	individual	Senior Masculino	02:21:27	+46:40	07:27
75	1105	Helder José da rocha Oliveira	individual	Senior Masculino	02:21:45	+46:58	07:28
76	1023	Adão Rocha	btt alegria // tubani	Veterano M50	02:22:57	+48:10	07:31
77	1275	Armando Machado	trail team casa das reparações	Veterano M40	02:23:30	+48:43	07:33
78	1171	José Paulino	individual	Veterano M40	02:25:43	+50:56	07:40
79	1127	Nuno Meireles	individual	Senior Masculino	02:25:56	+51:08	07:41
80	1156	António Malheiro	individual	Veterano M40	02:25:58	+51:11	07:41
81	1163	Eduardo Nascimento	individual	Veterano M40	02:26:30	+51:43	07:43
82	1057	MÁRCIO PEREIRA	fugitivos urbanos	Senior Masculino	02:26:31	+51:44	07:43
83	1120	josé Martins	individual	Senior Masculino	02:26:34	+51:46	07:43
84	1227	Pedro Barbosa	nocturnos de paredes	Senior Masculino	02:26:53	+52:06	07:44
85	1246	Nelson Machado	profisio team	Senior Masculino	02:27:01	+52:14	07:44

TRAIL - STAGE 1

19 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	1051	luis oliveira	felgueiras team trail	Veterano M40	02:27:05	+52:18	07:44
87	1228	Pedro Nunes	nocturnos de paredes	Senior Masculino	02:27:48	+53:01	07:47
88	1250	Roberto Moura	rompe trilhos	Senior Masculino	02:27:48	+53:01	07:47
89	1092	Bruno Barros	individual	Senior Masculino	02:27:52	+53:05	07:47
90	1074	Paulo Moura	honra team	Senior Masculino	02:27:54	+53:07	07:47
91	1273	Eduardo Soares	trail team casa das reparações	Senior Masculino	02:28:13	+53:25	07:48
92	1249	Pedro Ribeiro	rompe trilhos	Senior Masculino	02:28:21	+53:33	07:48
93	1160	carlos Figueiredo	individual	Veterano M40	02:28:31	+53:44	07:49
94	1267	Ricardo Fernandes	team trail bem viver	Senior Masculino	02:29:03	+54:16	07:51
95	1107	Hugo Carvalho	individual	Senior Masculino	02:29:27	+54:40	07:52
96	1117	Jose Almeida	individual	Senior Masculino	02:29:28	+54:41	07:52
97	1134	Pedro Viana da Fonseca	individual	Senior Masculino	02:30:17	+55:30	07:55
98	1071	Rui Teixeira	gondomar futsal clube	Veterano M40	02:31:32	+56:45	07:59
99	1068	Filipe Ramos	gondomar futsal clube	Veterano M40	02:31:33	+56:46	07:59
100	1255	Igor bessa	sem stress	Sub 23 Masculino	02:31:38	+56:51	07:59
101	1138	Silvio Freitas	individual	Senior Masculino	02:32:01	+57:14	08:00
102	1176	Marcos Gandra	individual	Veterano M40	02:32:31	+57:44	08:02
103	1199	Joaquim Paulo Andrade Reis	individual	Veterano M50	02:32:43	+57:56	08:02
104	1203	Tomas Correia	individual	Veterano M50	02:32:46	+57:59	08:02
105	1204	Luís Vieira	kunalama runners	Senior Masculino	02:32:55	+58:07	08:03
106	1178	Natalia Graça	individual	Veterano M40	02:32:56	+58:09	08:03
107	1042	David Ribeiro	dive - dive into the mountains	Veterano M40	02:33:05	+58:18	08:03
108	1062	marco pinto	fundação pai pinto	Veterano M40	02:33:12	+58:25	08:04
109	1154	António Gaspar Vieira Moreira	individual	Veterano M40	02:33:26	+58:39	08:05
110	1049	Joao Oliveira	facort running team	Senior Masculino	02:33:34	+58:46	08:05
111	1108	Ivo André Amorim Monteiro	individual	Senior Masculino	02:33:34	+58:47	08:05
112	1046	Américo Lucas	elite runners	Senior Masculino	02:33:44	+58:57	08:06
113	1082	Liliana Teixeira	individual	Senior Feminino	02:33:47	+59:00	08:06
114	1257	Pedro Oliveira	sob efeito trail	Senior Masculino	02:33:53	+59:06	08:06
115	1125	Márcio.barreto79@hotmail.com	individual	Senior Masculino	02:33:57	+59:10	08:06
116	1174	Luis Santos	individual	Veterano M40	02:34:04	+59:17	08:07
117	1191	Rui Vilaça	individual	Veterano M40	02:34:14	+59:27	08:07
118	1175	Luis Silva	individual	Veterano M40	02:34:15	+59:28	08:07
119	1184	PAULO MANUEL SOUSA CRUZ	individual	Veterano M40	02:34:15	+59:28	08:07
120	1132	Pedro Manuel Pinto Ferraz	individual	Senior Masculino	02:34:50	+01:00:03	08:09
121	1030	Manuel Freire	clube trilheiros & amigos	Veterano M40	02:34:56	+01:00:09	08:09
122	1025	Andrea Ferreirinha	cá bom_h24	Veterana F40	02:35:03	+01:00:16	08:10
123	1024	João Teixeira	cá bom_h24	Senior Masculino	02:35:03	+01:00:16	08:10
124	1005	Pedro Silveira	amigos das sapatilhas	Senior Masculino	02:35:22	+01:00:35	08:11
125	1193	António Manuel Pinto Ribeiro	individual	Veterano M50	02:35:41	+01:00:54	08:12
126	1095	Bruno Ricardo Oliveira Teixeira	individual	Senior Masculino	02:35:45	+01:00:58	08:12
127	1063	Hugo Seabra	gang das rhotas	Senior Masculino	02:35:54	+01:01:07	08:12
128	1070	Paulo Henriques	gondomar futsal clube	Veterano M40	02:35:56	+01:01:09	08:12
129	1073	Fábio Ferreira	honra team	Senior Masculino	02:37:04	+01:02:17	08:16
130	1269	Fernando Leite	tnt - trilhos natura team	Senior Masculino	02:37:08	+01:02:20	08:16

TRAIL - STAGE 1

19 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	1032	Paulo Silva	cmds	Veterano M50	02:38:31	+01:03:44	08:21
132	1226	Marcelo Barros	nocturnos de paredes	Senior Masculino	02:38:45	+01:03:58	08:21
133	1202	Silvino Mendes	individual	Veterano M50	02:38:50	+01:04:03	08:22
134	1045	Carlos Maia	eles estão à rasca	Veterano M40	02:39:20	+01:04:33	08:23
135	1285	Luis Gomes	individual	Veterano M40	02:39:26	+01:04:39	08:24
136	1004	Liliana Alves	alive runners	Senior Feminino	02:40:08	+01:05:21	08:26
137	1243	JORGE OLIVEIRA	paredes aventura	Veterano M40	02:40:15	+01:05:28	08:26
138	1194	ANTONIO MIRANDA	individual	Veterano M50	02:40:41	+01:05:54	08:27
139	1121	José Matos	individual	Senior Masculino	02:41:03	+01:06:16	08:29
140	1244	André Silva	porto sentido runners	Senior Masculino	02:42:17	+01:07:30	08:33
141	1245	Bruno Guedes	porto sentido runners	Senior Masculino	02:42:17	+01:07:30	08:33
142	1139	Tiago Gomes	individual	Senior Masculino	02:42:58	+01:08:11	08:35
143	1165	João CRUZ	individual	Veterano M40	02:44:04	+01:09:17	08:38
144	1081	Liliana Cristina Soares	individual	Senior Feminino	02:44:04	+01:09:17	08:38
145	1262	Avelino Pereira de Sousa	tartarugas do asfalto	Veterano M50	02:44:13	+01:09:26	08:39
146	1028	Marta Sousa	caracois do monte	Senior Feminino	02:45:07	+01:10:20	08:41
147	1177	Mario	individual	Veterano M40	02:45:33	+01:10:46	08:43
148	1147	Salete Maria Mendes Soares	individual	Veterana F40	02:45:35	+01:10:48	08:43
149	1064	Luis Pinto	gang do quintal	Senior Masculino	02:45:49	+01:11:02	08:44
150	1065	Nuno Ganhao	gang do quintal	Senior Masculino	02:45:49	+01:11:02	08:44
151	1099	Diogo Moita	individual	Senior Masculino	02:47:11	+01:12:24	08:48
152	1131	Pedro Ferreira	individual	Senior Masculino	02:47:29	+01:12:42	08:49
153	1198	Filipe Mota	individual	Veterano M50	02:47:50	+01:13:03	08:50
154	1152	Amandio Sousa	individual	Veterano M40	02:47:59	+01:13:12	08:50
155	1003	Cristiana Lagoa	alive runners	Senior Feminino	02:47:59	+01:13:12	08:50
156	1059	SÉRGIO SILVA	fugitivos urbanos	Senior Masculino	02:48:02	+01:13:15	08:51
157	1011	Carlos Ferreira	baltar trailrunners	Senior Masculino	02:48:15	+01:13:28	08:51
158	1196	Fernando Silva	individual	Veterano M50	02:49:00	+01:14:13	08:54
159	1261	Monica Sá	tartarugas do asfalto	Veterana F40	02:49:00	+01:14:13	08:54
160	1145	Martinha Alves.	individual	Veterana F40	02:49:20	+01:14:33	08:55
161	1130	Paulo Ribeiro	individual	Senior Masculino	02:50:16	+01:15:29	08:58
162	1140	Tiago Moreira	individual	Senior Masculino	02:51:15	+01:16:28	09:01
163	1104	Gilberto sousa	individual	Senior Masculino	02:51:15	+01:16:28	09:01
164	1144	Amândia Alves	individual	Veterana F40	02:51:29	+01:16:42	09:02
165	1136	Ricardo Faria	individual	Senior Masculino	02:51:43	+01:16:56	09:02
166	1277	Joaquim Nogueira	trail team casa das reparações	Veterano M50	02:51:52	+01:17:05	09:03
167	1221	Nuno Jaime	nem que chova	Veterano M40	02:52:00	+01:17:13	09:03
168	1129	paulo lima	individual	Senior Masculino	02:52:19	+01:17:32	09:04
169	1271	Leonardo Elias Diaz Costa	tonís	Senior Masculino	02:52:21	+01:17:34	09:04
170	1270	Susana Miranda da Silva	tonís	Senior Feminino	02:52:22	+01:17:35	09:04
171	1143	Adelina sousa	individual	Veterana F40	02:53:45	+01:18:58	09:09
172	1189	Roberto costa	individual	Veterano M40	02:53:46	+01:18:59	09:09
173	1223	Tânia Cardoso	nocturnos de paredes	Senior Feminino	02:54:21	+01:19:34	09:11
174	1114	Joaquim Cardoso	individual	Senior Masculino	02:54:23	+01:19:36	09:11
175	1101	Fernando Neto	individual	Senior Masculino	02:55:51	+01:21:04	09:15
176	1256	Júlio Campos	sem stress	Veterano M40	02:55:51	+01:21:04	09:15

TRAIL - STAGE 1

19 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
177	1075	Paulo Pinto	honra team	Senior Masculino	02:55:59	+01:21:12	09:16
178	1027	André Cardoso	caldas corre +	Senior Masculino	02:56:02	+01:21:15	09:16
179	1026	Carla Dias	caldas corre +	Senior Feminino	02:56:02	+01:21:15	09:16
180	1237	Marta Pimenta	os goguinhos	Senior Feminino	02:56:17	+01:21:30	09:17
181	1213	Rogério Ribeiro	marco runners	Veterano M40	02:57:14	+01:22:27	09:20
182	1232	Daniel Pereira	nocturnos de paredes	Veterano M40	02:57:18	+01:22:30	09:20
183	1229	Mónica Gomes	nocturnos de paredes	Veterana F40	02:57:18	+01:22:31	09:20
184	1234	Luís Filipe Santos	nocturnos de paredes	Veterano M40	02:57:18	+01:22:31	09:20
185	1010	Albino Eusébio	baltar trailrunners	Senior Masculino	02:58:43	+01:23:56	09:24
186	1137	Ricardo Jorge Vale Moreira	individual	Senior Masculino	02:58:43	+01:23:56	09:24
187	1239	Diogo Pimenta	os goguinhos	Senior Masculino	03:00:27	+01:25:40	09:30
188	1230	António Barros	nocturnos de paredes	Veterano M40	03:00:47	+01:26:00	09:31
189	1087	Yolanda Gonzalez Valverde	individual	Senior Feminino	03:01:12	+01:26:25	09:32
190	1009	Paula Raquel	baltar trailrunners	Senior Feminino	03:01:37	+01:26:50	09:34
191	1020	Vitor coutinho	brabus runners	Veterano M50	03:02:05	+01:27:17	09:35
192	1118	José Francisco Brandão Batista	individual	Senior Masculino	03:03:32	+01:28:45	09:40
193	1048	Pedro Isabel	elite runners	Senior Masculino	03:05:10	+01:30:23	09:45
194	1076	Ana da Costa Pinho	individual	Senior Feminino	03:05:25	+01:30:38	09:46
195	1205	Margarida Brás	lesmas & caracóis	Senior Feminino	03:05:47	+01:31:00	09:47
196	1180	Nuno Silva	individual	Veterano M40	03:05:47	+01:31:00	09:47
197	1190	Rui Miguel Silva Almeida Teixeira	individual	Veterano M40	03:05:49	+01:31:02	09:47
198	1079	Isabel Fernandes Nogueira	individual	Senior Feminino	03:06:00	+01:31:13	09:47
199	1182	Paulo Jorge	salgueiros running	Veterano M40	03:06:14	+01:31:27	09:48
200	1007	emidio pontes	amigos s.pedro da cova	Veterano M50	03:06:21	+01:31:34	09:49
201	1187	Pedro Freitas	individual	Veterano M40	03:06:40	+01:31:53	09:49
202	1146	Paula Coelho	individual	Veterana F40	03:06:58	+01:32:11	09:50
203	1014	Iria Cruz	bitrunners	Veterana F50	03:07:09	+01:32:22	09:51
204	1181	Paulo Inácio	individual	Veterano M40	03:07:12	+01:32:25	09:51
205	1197	Fernando Costa	individual	Veterano M50	03:07:13	+01:32:26	09:51
206	1183	paulo jorge pires dos santos	individual	Veterano M40	03:07:32	+01:32:45	09:52
207	1109	JOÃO ALEIXO	individual	Senior Masculino	03:07:36	+01:32:49	09:52
208	1150	Alberto Carlos Lima Pereira	individual	Veterano M40	03:07:45	+01:32:58	09:53
209	1106	Hugo Alexandre Alves	individual	Senior Masculino	03:08:31	+01:33:44	09:55
210	1141	Victor Cardoso	individual	Senior Masculino	03:09:07	+01:34:19	09:57
211	1219	Ivo Pereira	nem que chova	Veterano M40	03:09:50	+01:35:03	09:59
212	1151	Alexandre Mota	individual	Veterano M40	03:11:36	+01:36:49	10:05
213	1021	Sara Rocha	btt alegria // tubani	Senior Feminino	03:12:07	+01:37:20	10:07
214	1148	Paulina soares	individual	Veterana F50	03:13:03	+01:38:16	10:10
215	1066	Miguel Costa	gansos	Veterano M40	03:14:50	+01:40:03	10:15
216	1122	Luis Martins	individual	Senior Masculino	03:14:50	+01:40:03	10:15
217	1241	Marta Duarte	outsiders	Senior Feminino	03:15:31	+01:40:44	10:17
218	1240	JOANA AMORIM	outsiders	Senior Feminino	03:15:31	+01:40:44	10:17
219	1126	Mário Graça	individual	Senior Masculino	03:15:48	+01:41:00	10:18
220	1149	Abílio Silva	individual	Veterano M40	03:16:09	+01:41:22	10:19
221	1279	Mirko Bertolucci	venum	Senior Masculino	03:17:50	+01:43:03	10:25

TRAIL - STAGE 1

19 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
222	1278	Edo Bosh	venum	Senior Masculino	03:17:50	+01:43:03	10:25
223	1084	Natalia Graça	individual	Senior Feminino	03:18:39	+01:43:52	10:27
224	1008	serafim fonseca	amigos s.pedro da cova	Veterano M50	03:18:56	+01:44:09	10:28
225	1006	joao fonseca	amigos s.pedro da cova	Senior Masculino	03:18:56	+01:44:09	10:28
226	1016	Carlos Alberto da Rocha Cruz	bitrunners	Veterano M50	03:21:02	+01:46:15	10:35
227	1195	Carlos Almeida	individual	Veterano M50	03:21:07	+01:46:20	10:35
228	1085	Sophie Duarte	individual	Senior Feminino	03:21:07	+01:46:20	10:35
229	1289	Vanessa Dias	individual	Senior Feminino	03:21:07	+01:46:20	10:35
230	1080	Joana Ferreira	individual	Senior Feminino	03:23:05	+01:48:18	10:41
231	1086	Ssusana Patricia Alves	individual	Senior Feminino	03:23:06	+01:48:19	10:41
232	1168	Jorge Caria	individual	Veterano M40	03:25:15	+01:50:28	10:48
233	1216	Dinis Pereira Amorim do Rego	movets	Senior Masculino	03:26:50	+01:52:03	10:53
234	1115	Joel Rego	individual	Senior Masculino	03:26:50	+01:52:03	10:53
235	1158	Artur Fonseca	individual	Veterano M40	03:29:10	+01:54:23	11:01
236	1215	Isabel Santos	mountain climbers	Veterana F40	03:31:08	+01:56:21	11:07
237	1022	Susana Sousa	btt alegria // tubani	Senior Feminino	03:31:08	+01:56:21	11:07
238	1054	Giselle Netto	freemotionclub	Veterana F40	03:33:22	+01:58:35	11:14
239	1222	clemente Meireles	nem que chova	Veterano M50	03:39:31	+02:04:44	11:33
240	1218	Gastao Ferreira	nem que chova	Senior Masculino	03:39:32	+02:04:45	11:33
241	1113	João sousa	individual	Senior Masculino	03:41:49	+02:07:02	11:41
242	1094	Bruno Pinto	individual	Senior Masculino	03:44:10	+02:09:23	11:48
243	1077	Daniela Marques	individual	Senior Feminino	03:53:27	+02:18:40	12:17
244	1263	Marta Moreira	team moreira	Sub 23 Feminino	04:16:47	+02:42:00	13:31
245	1264	Joao Moreira	team moreira	Sub 23 Masculino	04:16:47	+02:42:00	13:31

Trail

19 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:15	15.6°C	93%
End	13:47	17.5°C	72%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
------	-----	------	------	-----	--------	------	------

Senior Feminino

1	1083	Mariana Figueiredo Delgado	Individual	Senior Feminino	02:11:50	+37:02	06:56
2	1288	Jennifer Leal	Individual	Senior Feminino	02:16:39	+41:52	07:12
3	1001	Gisela Sousa	16.9 Crossfit	Senior Feminino	02:16:51	+42:04	07:12
4	1082	Liliana Teixeira	Individual	Senior Feminino	02:33:47	+59:00	08:06
5	1004	Liliana Alves	Alive Runners	Senior Feminino	02:40:08	+01:05:21	08:26
6	1081	Liliana Cristina Soares	Individual	Senior Feminino	02:44:04	+01:09:17	08:38
7	1028	Marta Sousa	Caracois do Monte	Senior Feminino	02:45:07	+01:10:20	08:41
8	1003	Cristiana Lagoa	Alive Runners	Senior Feminino	02:47:59	+01:13:12	08:50
9	1270	Susana Miranda da Silva	Tonís	Senior Feminino	02:52:22	+01:17:35	09:04
10	1223	Tânia Cardoso	NOCTURNOS DE PAREDES	Senior Feminino	02:54:21	+01:19:34	09:11
11	1026	Carla Dias	Caldas Corre +	Senior Feminino	02:56:02	+01:21:15	09:16
12	1237	Marta Pimenta	Os Goguinhos	Senior Feminino	02:56:17	+01:21:30	09:17
13	1087	Yolanda Gonzalez Valverde	Individual	Senior Feminino	03:01:12	+01:26:25	09:32
14	1009	Paula Raquel	Baltar TrailRunners	Senior Feminino	03:01:37	+01:26:50	09:34
15	1076	Ana da Costa Pinho	Individual	Senior Feminino	03:05:25	+01:30:38	09:46
16	1205	Margarida Brás	Lesmas & Caracóis	Senior Feminino	03:05:47	+01:31:00	09:47
17	1079	Isabel Fernandes Nogueira	Individual	Senior Feminino	03:06:00	+01:31:13	09:47
18	1021	Sara Rocha	BTT Alegria // TUBANI	Senior Feminino	03:12:07	+01:37:20	10:07
19	1241	Marta Duarte	OUTSIDERS	Senior Feminino	03:15:31	+01:40:44	10:17
20	1240	JOANA AMORIM	OUTSIDERS	Senior Feminino	03:15:31	+01:40:44	10:17
21	1084	Natalia Graça	Individual	Senior Feminino	03:18:39	+01:43:52	10:27
22	1085	Sophie Duarte	Individual	Senior Feminino	03:21:07	+01:46:20	10:35
23	1289	Vanessa Dias	Individual	Senior Feminino	03:21:07	+01:46:20	10:35
24	1080	Joana Ferreira	Individual	Senior Feminino	03:23:05	+01:48:18	10:41
25	1086	Ssusana Patricia Alves	Individual	Senior Feminino	03:23:06	+01:48:19	10:41
26	1022	Susana Sousa	BTT Alegria // TUBANI	Senior Feminino	03:31:08	+01:56:21	11:07
27	1077	Daniela Marques	Individual	Senior Feminino	03:53:27	+02:18:40	12:17

Senior Masculino

1	1041	Ricardo Sousa	DIVE - DIVE into the mountains	Senior Masculino	01:48:36	+13:49	05:43
2	1013	Miguel Ângelo Pacheco Cruz	BitRunners	Senior Masculino	01:51:04	+16:16	05:51
3	1019	Marco Pinto	Brabus Runners	Senior Masculino	01:53:18	+18:30	05:58
4	1093	Bruno Pinto	Individual	Senior Masculino	01:54:00	+19:13	06:00
5	1035	Carlos Prudêncio	Dá-Lhe Gás	Senior Masculino	01:55:08	+20:20	06:04
6	1112	João Oliveira	Individual	Senior Masculino	01:57:41	+22:54	06:12
7	1217	João Luís Teixeira de Queirós	Movets	Senior Masculino	01:57:56	+23:09	06:12
8	1040	RUI TAVARES	DDT RUNNERS	Senior Masculino	01:58:09	+23:21	06:13
9	1225	José Meneses	NOCTURNOS DE PAREDES	Senior Masculino	02:00:38	+25:50	06:21

Official Timekeeper: Lap2Go	1 / 7	generate 27-May-2018 16:48
-----------------------------	-------	----------------------------

Trail

19 KM

[illegible]

OFFICIAL RESULT

[illegible]

10	1033	Aderito Oliveira	Dá-Lhe Gás	Senior Masculino	02:00:53	+26:05	06:22
11	1116	JORGE PEREIRA	Individual	Senior Masculino	02:01:14	+26:26	06:23
12	1072	Paulo Santos	GR Corredoura DNC	Senior Masculino	02:02:02	+27:14	06:25
13	1103	Gabriel Coutinho	Individual	Senior Masculino	02:02:19	+27:32	06:26
14	1119	José Manuel Gonçalves Barbosa	Individual	Senior Masculino	02:04:57	+30:10	06:35
15	1265	dionisio antonio marinho ferreira	Team Trail Bem Viver	Senior Masculino	02:05:01	+30:14	06:35
16	1206	Joel Batista	Lourival Bike Team	Senior Masculino	02:06:39	+31:52	06:40
17	1258	Rui Bessa	Sob Efeito Trail	Senior Masculino	02:06:49	+32:02	06:40
18	1287	Pedro Cerqueira	Individual	Senior Masculino	02:08:32	+33:45	06:46
19	1135	Rafael Mota	Individual	Senior Masculino	02:09:01	+34:14	06:47
20	1252	Hugo lobo	Run4all	Senior Masculino	02:09:19	+34:32	06:48
21	1067	Manuel Silva	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:10:03	+35:16	06:51
22	1100	Emanuel Bessa	Individual	Senior Masculino	02:11:45	+36:58	06:56
23	1272	Agostinho Mendes	TRAIL TEAM CASA DAS REPARAÇÕES	Senior Masculino	02:11:52	+37:05	06:56
24	1096	Carlos Manuel de Carvalho Teixeira	Individual	Senior Masculino	02:12:58	+38:11	07:00
25	1224	Daniel Silva	NOCTURNOS DE PAREDES	Senior Masculino	02:13:53	+39:06	07:03
26	1090	André Filipe Semedo da Costa	Individual	Senior Masculino	02:15:29	+40:42	07:08
27	1058	NUNO FERREIRA	Fugitivos Urbanos	Senior Masculino	02:15:57	+41:10	07:09
28	1111	João Figueiredo	Individual	Senior Masculino	02:15:58	+41:11	07:09
29	1268	Rui Miguel Moreira Madureira	Team Trail Bem Viver	Senior Masculino	02:16:14	+41:27	07:10
30	1047	Pedro Cruz	Elite Runners	Senior Masculino	02:16:39	+41:52	07:12
31	1098	Diogo Filipe Pinto Alves	Individual	Senior Masculino	02:17:13	+42:26	07:13
32	1060	TOMÉ MARQUES	Fugitivos Urbanos	Senior Masculino	02:17:48	+43:01	07:15
33	1036	Vitor Silva	Dá-Lhe Gás	Senior Masculino	02:18:13	+43:26	07:17
34	1248	Vítor Maia	Rachão Trail Team	Senior Masculino	02:19:57	+45:10	07:22
35	1123	Manuel Henriques Castro	Individual	Senior Masculino	02:21:27	+46:40	07:27
36	1105	Helder José da rocha Oliveira	Individual	Senior Masculino	02:21:45	+46:58	07:28
37	1127	Nuno Meireles	Individual	Senior Masculino	02:25:56	+51:08	07:41
38	1057	MÁRCIO PEREIRA	Fugitivos Urbanos	Senior Masculino	02:26:31	+51:44	07:43
39	1120	josé Martins	Individual	Senior Masculino	02:26:34	+51:46	07:43
40	1227	Pedro Barbosa	NOCTURNOS DE PAREDES	Senior Masculino	02:26:53	+52:06	07:44
41	1246	Nelson Machado	Profisio Team	Senior Masculino	02:27:01	+52:14	07:44
42	1228	Pedro Nunes	NOCTURNOS DE PAREDES	Senior Masculino	02:27:48	+53:01	07:47
43	1250	Roberto Moura	Rompe trilhos	Senior Masculino	02:27:48	+53:01	07:47
44	1092	Bruno Barros	Individual	Senior Masculino	02:27:52	+53:05	07:47
45	1074	Paulo Moura	HONRA TEAM	Senior Masculino	02:27:54	+53:07	07:47
46	1273	Eduardo Soares	TRAIL TEAM CASA DAS REPARAÇÕES	Senior Masculino	02:28:13	+53:25	07:48
47	1249	Pedro Ribeiro	Rompe trilhos	Senior Masculino	02:28:21	+53:33	07:48
48	1267	Ricardo Fernandes	Team Trail Bem Viver	Senior Masculino	02:29:03	+54:16	07:51
49	1107	Hugo Carvalho	Individual	Senior Masculino	02:29:27	+54:40	07:52
50	1117	Jose Almeida	Individual	Senior Masculino	02:29:28	+54:41	07:52
51	1134	Pedro Viana da Fonseca	Individual	Senior Masculino	02:30:17	+55:30	07:55
52	1138	Silvio Freitas	Individual	Senior Masculino	02:32:01	+57:14	08:00
53	1204	Luís Vieira	Kunalama runners	Senior Masculino	02:32:55	+58:07	08:03
54	1049	Joao Oliveira	Facort running team	Senior Masculino	02:33:34	+58:46	08:00

Official Timekeeper: Lap2Go	2 / 7	generate 27-May-2018 16:48
-----------------------------	-------	----------------------------

Trail

19 KM

[illegible]

OFFICIAL RESULT

[illegible]

55	1108	Ivo André Amorim Monteiro	Individual	Senior Masculino	02:33:34	+58:47	08:05
56	1046	Américo Lucas	Elite Runners	Senior Masculino	02:33:44	+58:57	08:06
57	1257	Pedro Oliveira	Sob Efeito Trail	Senior Masculino	02:33:53	+59:06	08:06
58	1125	Márcio.barreto79@hotmail.com	Individual	Senior Masculino	02:33:57	+59:10	08:06
59	1132	Pedro Manuel Pinto Ferraz	Individual	Senior Masculino	02:34:50	+01:00:03	08:09
60	1024	João Teixeira	CÁ BOM_H24	Senior Masculino	02:35:03	+01:00:16	08:10
61	1005	Pedro Silveira	Amigos das Sapatilhas	Senior Masculino	02:35:22	+01:00:35	08:11
62	1095	Bruno Ricardo Oliveira Teixeira	Individual	Senior Masculino	02:35:45	+01:00:58	08:12
63	1063	Hugo Seabra	Gang das RHOTas	Senior Masculino	02:35:54	+01:01:07	08:12
64	1073	Fábio Ferreira	HONRA TEAM	Senior Masculino	02:37:04	+01:02:17	08:16
65	1269	Fernando Leite	TNT - Trilhos Natura Team	Senior Masculino	02:37:08	+01:02:20	08:16
66	1226	Marcelo Barros	NOCTURNOS DE PAREDES	Senior Masculino	02:38:45	+01:03:58	08:21
67	1121	José Matos	Individual	Senior Masculino	02:41:03	+01:06:16	08:29
68	1244	André Silva	PORTO SENTIDO RUNNERS	Senior Masculino	02:42:17	+01:07:30	08:33
69	1245	Bruno Guedes	PORTO SENTIDO RUNNERS	Senior Masculino	02:42:17	+01:07:30	08:33
70	1139	Tiago Gomes	Individual	Senior Masculino	02:42:58	+01:08:11	08:35
71	1064	Luis Pinto	Gang do quintal	Senior Masculino	02:45:49	+01:11:02	08:44
72	1065	Nuno Ganhao	Gang do quintal	Senior Masculino	02:45:49	+01:11:02	08:44
73	1099	Diogo Moita	Individual	Senior Masculino	02:47:11	+01:12:24	08:48
74	1131	Pedro Ferreira	Individual	Senior Masculino	02:47:29	+01:12:42	08:49
75	1059	SÉRGIO SILVA	Fugitivos Urbanos	Senior Masculino	02:48:02	+01:13:15	08:51
76	1011	Carlos Ferreira	Baltar TrailRunners	Senior Masculino	02:48:15	+01:13:28	08:51
77	1130	Paulo Ribeiro	Individual	Senior Masculino	02:50:16	+01:15:29	08:58
78	1140	Tiago Moreira	Individual	Senior Masculino	02:51:15	+01:16:28	09:01
79	1104	Gilberto sousa	Individual	Senior Masculino	02:51:15	+01:16:28	09:01
80	1136	Ricardo Faria	Individual	Senior Masculino	02:51:43	+01:16:56	09:02
81	1129	paulo lima	Individual	Senior Masculino	02:52:19	+01:17:32	09:04
82	1271	Leonardo Elias Diaz Costa	Tonís	Senior Masculino	02:52:21	+01:17:34	09:04
83	1114	Joaquim Cardoso	Individual	Senior Masculino	02:54:23	+01:19:36	09:11
84	1101	Fernando Neto	Individual	Senior Masculino	02:55:51	+01:21:04	09:15
85	1075	Paulo Pinto	HONRA TEAM	Senior Masculino	02:55:59	+01:21:12	09:16
86	1027	André Cardoso	Caldas Corre +	Senior Masculino	02:56:02	+01:21:15	09:16
87	1010	Albino Eusébio	Baltar TrailRunners	Senior Masculino	02:58:43	+01:23:56	09:24
88	1137	Ricardo Jorge Vale Moreira	Individual	Senior Masculino	02:58:43	+01:23:56	09:24
89	1239	Diogo Pimenta	Os Goguinhos	Senior Masculino	03:00:27	+01:25:40	09:30
90	1118	José Francisco Brandão Batista	Individual	Senior Masculino	03:03:32	+01:28:45	09:40
91	1048	Pedro Isabel	Elite Runners	Senior Masculino	03:05:10	+01:30:23	09:45
92	1109	JOÃO ALEIXO	Individual	Senior Masculino	03:07:36	+01:32:49	09:52
93	1106	Hugo Alexandre Alves	Individual	Senior Masculino	03:08:31	+01:33:44	09:55
94	1141	Victor Cardoso	Individual	Senior Masculino	03:09:07	+01:34:19	09:57
95	1122	Luis Martins	Individual	Senior Masculino	03:14:50	+01:40:03	10:15
96	1126	Mário Graça	Individual	Senior Masculino	03:15:48	+01:41:00	10:18
97	1279	Mirko Bertolucci	Venum	Senior Masculino	03:17:50	+01:43:03	10:25
98	1278	Edo Bosh	Venum	Senior Masculino	03:17:50	+01:43:03	10:25
99	1006	joao fonseca	amigos s.pedro da cova	Senior Masculino	03:18:56	+01:44:09	10:28
100	1216	Dinis Pereira Amorim do Rego	Movets	Senior Masculino	03:26:50	+01:52:03	10:53

Official Timekeeper: Lap2Go	3 / 7	generate 27-May-2018 16:48
-----------------------------	-------	----------------------------

Trail

19 KM

[illegible]

OFFICIAL RESULT

[illegible]

101	1115	Joel Rego	Individual	Senior Masculino	03:26:50	+01:52:03	10:53
102	1218	Gastao Ferreira	nem que chova	Senior Masculino	03:39:32	+02:04:45	11:33
103	1113	João sousa	Individual	Senior Masculino	03:41:49	+02:07:02	11:41
104	1094	Bruno Pinto	Individual	Senior Masculino	03:44:10	+02:09:23	11:48

Sub 23 Feminino

1	1263	Marta Moreira	Team Moreira	Sub 23 Feminino	04:16:47	+02:42:00	13:31
---	------	---------------	--------------	-----------------	----------	-----------	-------

Sub 23 Masculino

1	1255	Igor bessa	Sem Stress	Sub 23 Masculino	02:31:38	+56:51	07:59
2	1264	Joao Moreira	Team Moreira	Sub 23 Masculino	04:16:47	+02:42:00	13:31

Veterana F40

1	1259	Fátima Coelho	Somos Nós Team	Veterana F40	02:16:30	+41:43	07:11
2	1025	Andrea Ferreirinha	CÁ BOM_H24	Veterana F40	02:35:03	+01:00:16	08:10
3	1147	Salete Maria Mendes Soares	Individual	Veterana F40	02:45:35	+01:10:48	08:43
4	1261	Monica Sá	Tartarugas do Asfalto	Veterana F40	02:49:00	+01:14:13	08:54
5	1145	Martinha Alves.	Individual	Veterana F40	02:49:20	+01:14:33	08:55
6	1144	Amândia Alves	Individual	Veterana F40	02:51:29	+01:16:42	09:02
7	1143	Adelina sousa	Individual	Veterana F40	02:53:45	+01:18:58	09:09
8	1229	Mónica Gomes	NOCTURNOS DE PAREDES	Veterana F40	02:57:18	+01:22:31	09:20
9	1146	Paula Coelho	Individual	Veterana F40	03:06:58	+01:32:11	09:50
10	1215	Isabel Santos	Mountain Climbers	Veterana F40	03:31:08	+01:56:21	11:07
11	1054	Giselle Netto	FreemotionClub	Veterana F40	03:33:22	+01:58:35	11:14

Veterana F50

1	1014	Iria Cruz	BitRunners	Veterana F50	03:07:09	+01:32:22	09:51
2	1148	Paulina soares	Individual	Veterana F50	03:13:03	+01:38:16	10:10

Veterano M40

1	1038	Marco Faria	Dá-Lhe Gás	Veterano M40	01:34:47	04:59
2	1186	Paulo pinto	Individual	Veterano M40	01:42:30	+07:42 05:24
3	1055	Patrick Marques	Fridão Sem Limites	Veterano M40	01:47:33	+12:45 05:40
4	1037	Joaquim Leal	Dá-Lhe Gás	Veterano M40	01:50:40	+15:53 05:49
5	1029	Nuno Lemos	Clube Atletismo Fafe	Veterano M40	01:51:51	+17:04 05:53
6	1238	Fernando Taborda	Oralklass Amigosa do trail	Veterano M40	01:52:26	+17:38 05:55
7	1155	Antonio Lino	Individual	Veterano M40	01:54:11	+19:23 06:01
8	1247	Raul Silva	Profisio Team	Veterano M40	01:55:21	+20:34 06:04
9	1069	Jose paulo Ribeiro	GONDOMAR FUTSAL CLUBE	Veterano M40	01:58:49	+24:01 06:15

Trail

19 KM

[illegible]

OFFICIAL RESULT

[illegible]

10	1173	José Ribeiro	Individual	Veterano M40	01:59:13	+24:25	06:16
11	1002	LEONEL NEVES	Aliança Gandra	Veterano M40	02:00:54	+26:06	06:22
12	1050	António coelho	falta tempo	Veterano M40	02:02:14	+27:27	06:26
13	1284	Fernando Gomes	Individual	Veterano M40	02:02:17	+27:29	06:26
14	1164	Fernando Nunes 28	Individual	Veterano M40	02:05:51	+31:04	06:37
15	1162	Carlos Raposa	Individual	Veterano M40	02:07:26	+32:39	06:42
16	1161	Carlos Nogueira	Individual	Veterano M40	02:08:56	+34:09	06:47
17	1172	Jose Pereira	Individual	Veterano M40	02:11:14	+36:27	06:54
18	1043	José Lopes	DIVE - Dive into the mountains	Veterano M40	02:11:15	+36:28	06:55
19	1188	RICARDO LEMOS	Individual	Veterano M40	02:11:23	+36:36	06:55
20	1012	Marco Sousa	Baltar TrailRunners	Veterano M40	02:11:52	+37:05	06:56
21	1167	Jorge Anjos	Individual	Veterano M40	02:12:14	+37:27	06:58
22	1169	Jorge Sousa	Individual	Veterano M40	02:12:18	+37:31	06:58
23	1280	Miguel Leal	YogurtNest Trail Running Team	Veterano M40	02:13:54	+39:07	07:03
24	1231	Carmino Gomes	NOCTURNOS DE PAREDES	Veterano M40	02:15:58	+41:11	07:09
25	1274	Alexandre Brito	TRAIL TEAM CASA DAS REPARAÇÕES	Veterano M40	02:17:48	+43:01	07:15
26	1233	Fernando Almeida	NOCTURNOS DE PAREDES	Veterano M40	02:17:59	+43:12	07:16
27	1260	Fernando Moraes	Somos Nós Team	Veterano M40	02:18:20	+43:32	07:17
28	1153	André Figueiredo	Individual	Veterano M40	02:18:21	+43:34	07:17
29	1276	João Sousa	TRAIL TEAM CASA DAS REPARAÇÕES	Veterano M40	02:20:33	+45:46	07:24
30	1170	José da Rocha Rodrigues	Individual	Veterano M40	02:21:08	+46:21	07:26
31	1275	Armando Machado	TRAIL TEAM CASA DAS REPARAÇÕES	Veterano M40	02:23:30	+48:43	07:33
32	1171	José Paulino	Individual	Veterano M40	02:25:43	+50:56	07:40
33	1156	António Malheiro	Individual	Veterano M40	02:25:58	+51:11	07:41
34	1163	Eduardo Nascimento	Individual	Veterano M40	02:26:30	+51:43	07:43
35	1051	luis oliveira	felgueiras team trail	Veterano M40	02:27:05	+52:18	07:44
36	1160	carlos Figueiredo	Individual	Veterano M40	02:28:31	+53:44	07:49
37	1071	Rui Teixeira	GONDOMAR FUTSAL CLUBE	Veterano M40	02:31:32	+56:45	07:59
38	1068	Filipe Ramos	GONDOMAR FUTSAL CLUBE	Veterano M40	02:31:33	+56:46	07:59
39	1176	Marcos Gandra	Individual	Veterano M40	02:32:31	+57:44	08:02
40	1178	Natalia Graça	Individual	Veterano M40	02:32:56	+58:09	08:03
41	1042	David Ribeiro	DIVE - Dive into the mountains	Veterano M40	02:33:05	+58:18	08:03
42	1062	marco pinto	Fundação Pai Pinto	Veterano M40	02:33:12	+58:25	08:04
43	1154	António Gaspar Vieira Moreira	Individual	Veterano M40	02:33:26	+58:39	08:05
44	1174	Luis Santos	Individual	Veterano M40	02:34:04	+59:17	08:07
45	1191	Rui Vilaça	Individual	Veterano M40	02:34:14	+59:27	08:07
46	1175	Luis Silva	Individual	Veterano M40	02:34:15	+59:28	08:07
47	1184	PAULO MANUEL SOUSA CRUZ	Individual	Veterano M40	02:34:15	+59:28	08:07
48	1030	Manuel Freire	Clube Trilheiros & Amigos	Veterano M40	02:34:56	+01:00:09	08:09
49	1070	Paulo Henriques	GONDOMAR FUTSAL CLUBE	Veterano M40	02:35:56	+01:01:09	08:12
50	1045	Carlos Maia	eles estão à rasca	Veterano M40	02:39:20	+01:04:33	08:23
51	1285	Luis Gomes	Individual	Veterano M40	02:39:26	+01:04:39	08:24
52	1243	JORGE OLIVEIRA	PAREDES AVENTURA	Veterano M40	02:40:15	+01:05:28	08:26
53	1165	João CRUZ	Individual	Veterano M40	02:44:04	+01:09:17	08:38

Official Timekeeper: Lap2Go	5 / 7	generate 27-May-2018 16:48
-----------------------------	-------	----------------------------

Trail

19 KM

[illegible]

OFFICIAL RESULT

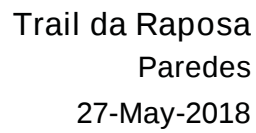
[illegible]

54	1177	Mario	Individual	Veterano M40	02:45:33	+01:10:46	08:43
55	1152	Amandio Sousa	Individual	Veterano M40	02:47:59	+01:13:12	08:50
56	1221	Nuno Jaime	nem que chova	Veterano M40	02:52:00	+01:17:13	09:03
57	1189	Roberto costa	Individual	Veterano M40	02:53:46	+01:18:59	09:09
58	1256	Júlio Campos	Sem Stress	Veterano M40	02:55:51	+01:21:04	09:15
59	1213	Rogério Ribeiro	Marco Runners	Veterano M40	02:57:14	+01:22:27	09:20
60	1232	Daniel Pereira	NOCTURNOS DE PAREDES	Veterano M40	02:57:18	+01:22:30	09:20
61	1234	Luís Filipe Santos	NOCTURNOS DE PAREDES	Veterano M40	02:57:18	+01:22:31	09:20
62	1230	António Barros	NOCTURNOS DE PAREDES	Veterano M40	03:00:47	+01:26:00	09:31
63	1180	Nuno Silva	Individual	Veterano M40	03:05:47	+01:31:00	09:47
64	1190	Rui Miguel Silva Almeida Teixeira	Individual	Veterano M40	03:05:49	+01:31:02	09:47
65	1182	Paulo Jorge	Salgueiros Running	Veterano M40	03:06:14	+01:31:27	09:48
66	1187	Pedro Freitas	Individual	Veterano M40	03:06:40	+01:31:53	09:49
67	1181	Paulo Inácio	Individual	Veterano M40	03:07:12	+01:32:25	09:51
68	1183	paulo jorge pires dos santos	Individual	Veterano M40	03:07:32	+01:32:45	09:52
69	1150	Alberto Carlos Lima Pereira	Individual	Veterano M40	03:07:45	+01:32:58	09:53
70	1219	Ivo Pereira	nem que chova	Veterano M40	03:09:50	+01:35:03	09:59
71	1151	Alexandre Mota	Individual	Veterano M40	03:11:36	+01:36:49	10:05
72	1066	Miguel Costa	Gansos	Veterano M40	03:14:50	+01:40:03	10:15
73	1149	Abílio Silva	Individual	Veterano M40	03:16:09	+01:41:22	10:19
74	1168	Jorge Caria	Individual	Veterano M40	03:25:15	+01:50:28	10:48
75	1158	Artur Fonseca	Individual	Veterano M40	03:29:10	+01:54:23	11:01

Veterano M50

1	1200	Paulo Baltasar Martins	Individual	Veterano M50	01:59:58	+25:11	06:19
2	1201	Paulo Silva	Individual	Veterano M50	02:06:03	+31:16	06:38
3	1251	Francisco Costa	ROSÁRIO EXTREME	Veterano M50	02:11:11	+36:24	06:54
4	1015	António Pinto	BitRunners	Veterano M50	02:11:42	+36:55	06:56
5	1214	AGOSTINHO SOUSA	Moinhos Run	Veterano M50	02:12:21	+37:34	06:58
6	1023	Adão Rocha	BTT Alegria // TUBANI	Veterano M50	02:22:57	+48:10	07:31
7	1199	Joaquim Paulo Andrade Reis	Individual	Veterano M50	02:32:43	+57:56	08:02
8	1203	Tomas Correia	Individual	Veterano M50	02:32:46	+57:59	08:02
9	1193	António Manuel Pinto Ribeiro	Individual	Veterano M50	02:35:41	+01:00:54	08:12
10	1032	Paulo Silva	CMDS	Veterano M50	02:38:31	+01:03:44	08:21
11	1202	Silvino Mendes	Individual	Veterano M50	02:38:50	+01:04:03	08:22
12	1194	ANTONIO MIRANDA	Individual	Veterano M50	02:40:41	+01:05:54	08:27
13	1262	Avelino Pereira de Sousa	Tartarugas do Asfalto	Veterano M50	02:44:13	+01:09:26	08:39
14	1198	Filipe Mota	Individual	Veterano M50	02:47:50	+01:13:03	08:50
15	1196	Fernando Silva	Individual	Veterano M50	02:49:00	+01:14:13	08:54
16	1277	Joaquim Nogueira	TRAIL TEAM CASA DAS REPARAÇÕES	Veterano M50	02:51:52	+01:17:05	09:03
17	1020	Vitor coutinho	Brabus Runners	Veterano M50	03:02:05	+01:27:17	09:35
18	1007	emidio pontes	amigos s.pedro da cova	Veterano M50	03:06:21	+01:31:34	09:49
19	1197	Fernando Costa	Individual	Veterano M50	03:07:13	+01:32:26	09:51
20	1008	serafim fonseca	amigos s.pedro da cova	Veterano M50	03:18:56	+01:44:09	10:28

Official Timekeeper: Lap2Go	6 / 7	generate 27-May-2018 16:48
-----------------------------	-------	----------------------------



19 KM

OFFICIAL RESULT

21	1016	Carlos Alberto da Rocha Cruz	BitRunners	Veterano M50	03:21:02	+01:46:15	10:35
22	1195	Carlos Almeida	Individual	Veterano M50	03:21:07	+01:46:20	10:35
23	1222	clemente Meireles	nem que chova	Veterano M50	03:39:31	+02:04:44	11:33

[illegible]

Official Timekeeper: Lap2Go	1 / 1	generate 27-May-2018 16:49
-----------------------------	-------	----------------------------