

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
NELSON LOUREIRO	Individual	1092	1	01:03:43.043	00:00:00.000
JOÃO NOGUEIRA	Oralklass - Amigos Do Trail	1216	2	01:09:26.807	00:05:43.764
EURICO PEREIRA	Trail Team Bifase	1180	3	01:11:04.337	00:07:21.294
IVAN SILVA	Edv - Viana Trail	1155	4	01:11:31.813	00:07:48.770
PEDRO GONÇALVES	Ecovegan	1140	5	01:12:13.063	00:08:30.020
ANTONIO AMORIM	Fiães Sport Clube	266	6	01:13:07.313	00:09:24.270
MÁRCIO MELO	Bravos E Bravitas	1099	7	01:16:27.823	00:12:44.780
NICOLAS LEBECHEC	Individual	1075	8	01:16:33.570	00:12:50.527
HENRIQUE LOUREIRO	Individual	1148	9	01:16:53.073	00:13:10.030
JOEL BATISTA	Lourival Bike Team	1152	10	01:18:13.080	00:14:30.037
NUNO SOUSA	Kitty Teem	1047	11	01:20:51.830	00:17:08.787
JOAO OLIVEIRA	Individual	1003	12	01:21:10.083	00:17:27.040
RICARDO MARQUES	Wolves	1171	13	01:21:23.333	00:17:40.290
RICARDO FERREIRA	Individual	1129	14	01:21:53.333	00:18:10.290
VITOR CUNHA	Clube Trilheiros E Amigos	1116	15	01:22:05.837	00:18:22.794
PAULO CAMPOS	Hora Do Lobo Trail - Cf Perosinho	1127	16	01:22:25.333	00:18:42.290
GONÇALO ROCHA	Individual	1150	17	01:23:19.837	00:19:36.794
VITOR NETO	Individual	1166	18	01:24:15.087	00:20:32.044
ALBERTINO BARBOSA	Iniciados	1109	19	01:24:38.337	00:20:55.294
ÂNGELO NETO	Trail Team Bifase	1189	20	01:26:56.843	00:23:13.800
DIOGO BARROS	Cb Run	1010	21	01:26:56.847	00:23:13.804
RICARDO SILVA	Individual	1117	22	01:27:07.097	00:23:24.054
DIAMANTINO RIBEIRO	Bora Lá Correr	1021	23	01:29:52.350	00:26:09.307
FLORINDO PEREIRA	Nova Linha Trail Runners	1031	24	01:29:55.600	00:26:12.557
CARLOS SOARES	Alpha Running	1027	25	01:30:04.850	00:26:21.807
BRIGIDA PINTO	Oralklass - Amigos Do Trail	1197	26	01:30:05.353	00:26:22.310
RICARDO COSTA	Individual	1149	27	01:30:06.850	00:26:23.807
SERGIO CUNHA	Individual	1019	28	01:30:41.853	00:26:58.810
JOSÉ CAPELA	Individual	1194	29	01:31:26.357	00:27:43.314
FÁBIO JUSTO	Running Espinho	1175	30	01:31:28.853	00:27:45.810
RICARDO PAIS	Running Espinho	1055	31	01:31:31.610	00:27:48.567
PEDRO MAGALHÃES	Individual	1015	32	01:31:49.603	00:28:06.560
ANTÓNIO NEVES	Fardetas	1079	33	01:32:23.357	00:28:40.314
TIAGO COSTA	Individual	1151	34	01:32:33.610	00:28:50.567
SARA FERREIRA	Individual	1135	35	01:32:54.607	00:29:11.564
CIDÁLIA FERREIRA	Nova Linha Trail Runners	1051	36	01:33:42.610	00:29:59.567
FERNANDO FERREIRA	Porto	1157	37	01:34:12.860	00:30:29.817
JOSÉ BARBOSA	Individual	1111	38	01:34:35.367	00:30:52.324
EUCLIDES COIMBRA	Individual	1173	39	01:35:14.613	00:31:31.570
PEDRO MOREIRA	Individual	1177	40	01:35:22.367	00:31:39.324
JORGE GOMES	Running Trail Penafiel	1182	41	01:35:57.360	00:32:14.317
PETRA HRUBA	Individual	1200	42	01:35:58.863	00:32:15.820
JOSE MENDES	Os Santa Apolonia	1103	43	01:36:58.617	00:33:15.574
JOAO COSTA	Papatrails	1084	44	01:37:01.367	00:33:18.324

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ANDRÉ BENTO	Individual	1146	45	01:37:16.623	00:33:33.580
JOAO MOREIRA	Individual	1145	46	01:37:17.117	00:33:34.074
DANIEL VIEIRA	Fama Runners	1193	47	01:37:25.873	00:33:42.830
FERNANDO ALMEIDA	Individual	1201	48	01:38:39.617	00:34:56.574
VALTER PINHO	Lobao	1131	49	01:38:46.117	00:35:03.074
VERA LEITE	Lobao	1133	50	01:38:50.890	00:35:07.847
NUNO SOUSA	Oralklass - Amigos Do Trail	1134	51	01:39:11.120	00:35:28.077
SILVIO FERREIRA	Mocidade Sangemil	1020	52	01:39:14.870	00:35:31.827
LEANDRO MATOS	Amigos Do Trail	1094	53	01:39:23.870	00:35:40.827
ÁLVARO OLIVEIRA	Bora Lá Correr	1024	54	01:39:58.623	00:36:15.580
PAULO SOARES	Individual	1052	55	01:40:52.373	00:37:09.330
TIAGO MARINHO	Individual	1026	56	01:40:54.873	00:37:11.830
SERGIO SOUSA	Individual	1115	57	01:41:02.877	00:37:19.834
JORGE ALMEIDA	Soplabifana	1045	58	01:41:12.877	00:37:29.834
MARCOS SOUSA	Nova Linha Trail Runners	1033	59	01:42:03.877	00:38:20.834
HUGO NERI	Individual	1206	60	01:42:04.127	00:38:21.084
PAULO FERREIRA	Iniciados	1108	61	01:42:08.377	00:38:25.334
PATRÍCIA DOMINGOS	#Nsp_Ontour	1162	62	01:42:25.377	00:38:42.334
MIGUEL FERREIRA	Bravos E Bravitas	1012	63	01:43:33.877	00:39:50.834
RUI MACHADO	Individual	1138	64	01:43:58.877	00:40:15.834
ANTONIO MIRANDA	Yogurtnest Trail Running Team	1139	65	01:44:06.880	00:40:23.837
IGOR BESSA	Team Sem Stress	1072	66	01:44:22.390	00:40:39.347
JULIO CAMPOS	Team Sem Stress	1073	67	01:44:23.127	00:40:40.084
GUSTAVO SANTOS	Gramidense Ifc	1100	68	01:44:34.883	00:40:51.840
PAULO FERREIRA	Amigos Do Trail	1097	69	01:46:17.387	00:42:34.344
CLARA NÓBREGA	Insane Trail Team	1186	70	01:47:04.633	00:43:21.590
VERA PINHO	Amigos Do Trail	1095	71	01:47:37.137	00:43:54.094
PEDRO RIBEIRO	Lousadabtt	1172	72	01:48:21.637	00:44:38.594
NUNO OLIVEIRA	Cb Run	1158	73	01:48:24.413	00:44:41.370
ANTONIO SILVA	Individual	1002	74	01:48:39.637	00:44:56.594
ANA OLIVEIRA	Bora Lá Correr	1022	75	01:48:56.677	00:45:13.634
HUMBERTO CARVALHO	Boa Lá Correr	1023	76	01:48:56.677	00:45:13.634
MARIA ALVES	Cb Run	1160	77	01:49:09.390	00:45:26.347
RICARDO FERREIRA	Individual	1081	78	01:49:18.890	00:45:35.847
SILVÉRIO PEREIRA	Individual	1066	79	01:50:09.643	00:46:26.600
MÓNICA MAGALHAES	Papatrails	1048	80	01:50:14.640	00:46:31.597
FLÁVIO SOUSA	#Nsp_Ontour	1179	81	01:50:24.643	00:46:41.600
MÁRIO PEREIRA	Hjk Gaia	1008	82	01:50:50.397	00:47:07.354
DUARTE MALHEIRO	Hjk Gaia	1009	83	01:50:52.143	00:47:09.100
CARLOS MOREIRA	Team Sem Stress	1107	84	01:50:56.143	00:47:13.100
FERNANDO NETO	Team Sem Stress	1074	85	01:51:01.393	00:47:18.350
SOUSA HENRIQUE	Soplabifana	1054	86	01:51:04.643	00:47:21.600
MARGARIDA PINTO	Fama Runners	1034	87	01:51:49.647	00:48:06.604
DORINDA GOMES	Lobao	1132	88	01:51:58.897	00:48:15.854

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
MIGUEL QUEIRÓS	Fardetas	1078	89	01:53:46.900	00:50:03.857
PAULO SILVA	Iniciados	1110	90	01:54:29.400	00:50:46.357
ANA ALVES	Papatrails	1064	91	01:54:35.150	00:50:52.107
CELESTE RIBEIRO	Pernetas	1195	92	01:54:50.400	00:51:07.357
ISABEL LOBO	Individual	1039	93	01:55:05.657	00:51:22.614
NELSON FERREIRA	Individual	1040	94	01:55:06.403	00:51:23.360
ISABEL OLIVEIRA	Lousadabtt	1077	95	01:55:18.907	00:51:35.864
MANUEL PAIVA	Paiva Team	1025	96	01:56:14.903	00:52:31.860
CARMO NUNES	Individual	1176	97	01:56:26.657	00:52:43.614
EMANUEL DAMASO	Individual	1128	98	01:56:36.903	00:52:53.860
PEDRO ALVES	Spa	1046	99	01:56:50.657	00:53:07.614
MIGUEL COSTA	Rouxinóis	1156	100	01:58:05.170	00:54:22.127
JOSÉ CASTELO	Fardetas	1080	101	01:58:27.660	00:54:44.617
GABRIELA MADEIRA	#Mirras	1087	102	01:58:37.660	00:54:54.617
JOAQUIM MOREIRA	Running Trail Penafiel	1181	103	01:59:13.660	00:55:30.617
JOSE ALVES	Papatrails	1083	104	02:00:26.917	00:56:43.874
PAULA PINHO	Sportarc.Running	1154	105	02:00:47.673	00:57:04.630
ABEL FALCAO	Individual	1016	106	02:01:16.413	00:57:33.370
DANIELA MARQUES	Fama Runners	1192	107	02:01:28.913	00:57:45.870
RICARDO MILHAZES	Individual	1017	108	02:03:37.170	00:59:54.127
CARLOS SILVA	Individual	1018	109	02:03:38.170	00:59:55.127
MARTA PIMENTA	Os Goguinhos	1086	110	02:04:10.920	01:00:27.877
DIOGO PIMENTA	Os Goguinhos	1085	111	02:04:21.680	01:00:38.637
JULIETA ARAÚJO	Fama Runners	1190	112	02:04:58.923	01:01:15.880
CRISTINA CRUZ	Fama Runners	1191	113	02:05:00.670	01:01:17.627
INÊS PEREIRA	Rho Systems Runners	1043	114	02:05:30.677	01:01:47.634
SUSANA FERREIRA	Insane Trail Team	1185	115	02:06:16.453	01:02:33.410
JOEL SILVA	Insane Trail Team	1184	116	02:06:17.923	01:02:34.880
SANDRA OLIVEIRA	Papatrails	1044	117	02:06:30.423	01:02:47.380
ANDRÉS FERREIRA	Amigos Do Trail	1096	118	02:06:35.673	01:02:52.630
VÍTOR MARQUES	Rho Systems Runners	1042	119	02:06:39.427	01:02:56.384
PEDRO DINIS	Corre Comigo Riba De Ave	1004	120	02:06:46.427	01:03:03.384
RUI COSTA	Corre Comigo Riba De Ave	1005	121	02:07:51.927	01:04:08.884
RAQUEL RIBEIRO	Individual	1199	122	02:08:29.180	01:04:46.137
GINA NOGUEIRA	Individual	1198	123	02:12:07.937	01:08:24.894
FABIOLA MARTINS	Belo Par De Jarras	1118	124	02:12:10.197	01:08:27.154
SANDRO MARTINS	Belo Par De Jarras	1119	125	02:12:13.440	01:08:30.397
ALEXANDRE MONTEIRO	Individual	1001	126	02:12:53.937	01:09:10.894
JOÃO SOUSA	Individual	1178	127	02:13:07.940	01:09:24.897
JOSE ALMEIDA	Individual	1123	128	02:13:15.437	01:09:32.394
LUCIA RIOS	Individual	1205	129	02:13:31.190	01:09:48.147
MARIA MOREIRA	Individual	1143	130	02:13:34.443	01:09:51.400
SARA SILVA	Individual	1141	131	02:13:39.937	01:09:56.894
PEDRO LEITE	Individual	1049	132	02:13:48.947	01:10:05.904

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
HUGO DIAS	Turistrail	1063	133	02:14:10.927	01:10:27.884
AUGUSTA BARBOSA	Individual	1053	134	02:14:13.690	01:10:30.647
JOAO MOREIRA	Individual	1105	135	02:14:30.940	01:10:47.897
LUÍS BARBOSA	Individual	1106	136	02:14:31.193	01:10:48.150
JOAO SILVA	Amigos Do Trail	1098	137	02:14:55.943	01:11:12.900
FILIPA ALMEIDA	Sai Da Frente	1101	138	02:15:59.697	01:12:16.654
PEDRO MENDES	Individual	1093	139	02:15:59.700	01:12:16.657
RITA COELHO	Toca Do Coelho	1174	140	02:15:59.947	01:12:16.904
JOAQUIM CARDOSO	Individual	1014	141	02:16:53.697	01:13:10.654
ALEXANDRA FERREIRA	Individual	1013	142	02:16:53.947	01:13:10.904
BEATRIZ LOUREIRO	Pernetas	1161	143	02:17:14.697	01:13:31.654
ANA CANEZ	Pernetas	1183	144	02:17:15.197	01:13:32.154
ANDREIA VIEIRA	Boavista Trail	1050	145	02:17:28.207	01:13:45.164
FERNANDO RODRIGUES	Vila Lusa Imobiliária	1153	146	02:17:41.197	01:13:58.154
PAULO PACHECO	Desousacs	1069	147	02:18:22.203	01:14:39.160
PAULA MONTEIRO	Desousacs	1070	148	02:18:22.700	01:14:39.657
JOAQUIM FONSECA	Individual	1169	149	02:19:24.203	01:15:41.160
HELENA ALVES	Individual	1170	150	02:19:24.703	01:15:41.660
NUNO VIGÁRIO	Individual	1124	151	02:19:54.450	01:16:11.407
ISABEL PINHO	Individual	1167	152	02:20:27.203	01:16:44.160
ANTÓNIO ROCHA	Individual	1112	153	02:20:56.707	01:17:13.664
CLÁUDIA SILVA	Individual	1142	154	02:21:19.957	01:17:36.914
VALTER CASEIRO	Individual	1113	155	02:21:28.207	01:17:45.164
VALTER MOTA	Lobao	1130	156	02:22:49.207	01:19:06.164
ILÍDIO DIAS	Turistrail	1062	157	02:23:22.957	01:19:39.914
DANIELA DIAS	Turistrail	1061	158	02:23:35.457	01:19:52.414
ANA FERREIRA	Individual	1136	159	02:24:24.460	01:20:41.417
VERÓNICA SALGADO	Individual	1165	160	02:24:30.467	01:20:47.424
LUÍS ARAÚJO	Individual	1164	161	02:24:31.210	01:20:48.167
ANTONIO RAMOS	Individual	1203	162	02:25:39.470	01:21:56.427
SANDRA SILVA	Vimos Só Caminhar	1038	163	02:26:29.717	01:22:46.674
BRUNO NUNES	Vimos Só Caminhar	1037	164	02:26:30.213	01:22:47.170
EUNICE COSTA	Individual	1082	165	02:27:28.717	01:23:45.674
ALBERTO AZEVEDO	Individual	1030	166	02:27:30.217	01:23:47.174
ALEXANDRA SÁ	Individual	1159	167	02:39:35.237	01:35:52.194
ANABELA GASPAR	Moles & Lesmas	1068	168	02:40:15.490	01:36:32.447
PEDRO SARAIVA	Moles & Lesmas	1067	169	02:40:18.743	01:36:35.700
PAULA COELHO	Baltar Trail Runners	1090	170	02:41:50.997	01:38:07.954
ALBINO EUSÉBIO	Baltar Trail Runners	1091	171	02:41:51.247	01:38:08.204
PATRÍCIA SOUSA	Individual	1035	172	02:46:27.263	01:42:44.220
TIAGO DIAS	Individual	1036	173	02:46:28.503	01:42:45.460
ALEXANDER MARQUES	Rho Systems Runners	1041	174	02:51:36.263	01:47:53.220
CARLA LEAL	Amigos De Outono	1060	175	02:52:05.267	01:48:22.224
PATRÍCIA SILVA	Amigos De Outono	1059	176	02:52:05.517	01:48:22.474

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
DIANA TRIGUEIRA	Amigos De Outono	1056	177	02:52:05.763	01:48:22.720
CARLA MOREIRA	Individual	1088	178	03:49:16.877	02:45:33.834