

CORRIDA CAMINHADA 12K - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:30	18,5°C	63,4%
End	14:30	20,3°C	61%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	3745	Renato Barros Coelho	individual	Senior Masculino	01:23:26		06:57
2	3756	Rui Filipe Coelho Rodrigues	individual	Senior Masculino	01:23:27	+00:01	06:57
3	2306	Tiago Moura	individual	Senior Masculino	01:23:27	+00:01	06:57
4	3065	jorge ferreira gomes	arcorun	Senior Masculino	01:23:27	+00:01	06:57
5	3164	Luis Miguel Ferreira Neves	equipotência	Senior Masculino	01:23:27	+00:01	06:57
6	4051	Agostinho Ferreira Alves	sweet runners	Senior Masculino	01:26:38	+03:12	07:13
7	3140	Ricardo Barros	engomadoria l&a team	Senior Masculino	01:30:15	+06:49	07:3
8	3218	Sérgio Fonseca	feltrail	Senior Masculino	01:30:29	+07:03	07:32
9	3225	Jose Luis Aranha	ffit gaia trail	Senior Masculino	01:30:54	+07:28	07:35
10	4009	Luis Silva	solmaia runners	Senior Masculino	01:31:00	+07:34	07:35
11	3064	Carlos Couto	arcorun	Senior Masculino	01:31:02	+07:36	07:35
12	3067	Leonel fernando Pinto do couto	arcorun	Senior Masculino	01:31:29	+08:03	07:37
13	3975	João Martins	shots international runners	Senior Masculino	01:34:45	+11:19	07:54
14	3798	Hugo Barros	lordelo btt	Senior Masculino	01:35:23	+11:57	07:57
15	3732	Paulo Ferreira	individual	Senior Masculino	01:36:20	+12:54	08:02
16	3138	João Rebelo	engomadoria l&a team	Senior Masculino	01:36:47	+13:21	08:04
17	3226	Mário Santiago	ffit gaia trail	Senior Masculino	01:37:45	+14:19	08:09
18	3216	Hélder Maias	feltrail	Senior Masculino	01:37:46	+14:20	08:09
19	3217	José Carlos Maias	feltrail	Senior Masculino	01:37:46	+14:20	08:09
20	3974	Artur Pereira	shots international runners	Senior Masculino	01:37:48	+14:22	08:09
21	3066	Jorge Manuel Marques dos Santos Silva	arcorun	Senior Masculino	01:38:07	+14:41	08:11
22	3418	Iolanda Sofia de Sousa Mendes	individual	Senior Feminino	01:39:02	+15:36	08:15
23	3137	António Lourenço	engomadoria l&a team	Senior Masculino	01:39:12	+15:46	08:16
24	3752	Rogério Tavares Grabulho	individual	Senior Masculino	01:40:08	+16:42	08:21
25	3800	Jorge Moreira	lordelo btt	Senior Masculino	01:41:10	+17:44	08:26
26	2305	Afonso Moura	individual	Veterano M40	01:41:30	+18:04	08:27
27	3937	José Álvaro da Silva Ribeiro	run4all	Senior Masculino	01:41:53	+18:27	08:29
28	4005	João Morais	solmaia runners	Senior Masculino	01:43:35	+20:09	08:38
29	3175	antonio coelho	ermidafit runners	Senior Masculino	01:44:30	+21:04	08:42
30	3801	Miguel Pinho	lordelo btt	Senior Masculino	01:44:39	+21:13	08:43
31	3214	António Fonseca	feltrail	Senior Masculino	01:45:10	+21:44	08:46
32	3224	Eduardo Jorge Teixeira Bernardino	ffit gaia trail	Senior Masculino	01:46:10	+22:44	08:51
33	3176	francisco silva	ermidafit runners	Senior Masculino	01:46:13	+22:47	08:51
34	3705	Manuel Fernando Máximo Pereira	individual	Senior Masculino	01:46:58	+23:32	08:55
35	2003	´Hugo Vladimiro teixeira da Silva	os potentes	Senior Masculino	01:47:05	+23:39	08:55
36	3096	Ernesto Ribeiro	calheiros runners	Senior Masculino	01:47:09	+23:43	08:56
37	4131	FILIPE OLIVEIRA	tou que nem posso	Senior Masculino	01:47:28	+24:02	08:57
38	3651	fernando carneiro	individual	Senior Masculino	01:47:32	+24:06	08:58
39	3913	Mª Manuela Ferreira	pernetas	Senior Feminino	01:47:35	+24:09	08:58
40	3095	Avelino Rodrigues	calheiros runners	Senior Masculino	01:47:42	+24:16	08:58
41	4136	MIGUEL ÂNGELO	tou que nem posso	Senior Masculino	01:47:43	+24:17	08:59

Official Timekeeper: Lap2Go	1 / 25	generate 31-mai-2015 20:10
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CORRIDA CAMINHADA 12K - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
42	3658	gil silva	individual	Senior Masculino	01:48:02	+24:36	09:00
43	4002	Vasco Fonseca	solmaia runners	Senior Masculino	01:48:02	+24:36	09:00
44	3675	João Pedro de Sousa Meneses	individual	Senior Masculino	01:48:07	+24:41	09:01
45	3733	Pedro Alves	individual	Senior Masculino	01:48:14	+24:48	09:01
46	3724	Nuno Miguel Dos Santos Gaio	individual	Senior Masculino	01:48:16	+24:50	09:01
47	4055	Fernando Alves	sweet runners	Senior Masculino	01:48:40	+25:14	09:03
48	2224	Paulo Jorge Carvalho Pinto	tecla 3 runners	Senior Masculino	01:49:04	+25:38	09:05
49	3947	Jose Antonio Ferras Barbosa	s. s. montepio	Senior Masculino	01:49:55	+26:29	09:10
50	1549	Leandro Correia Ferreira	individual	Senior Masculino	01:50:10	+26:44	09:11
51	3948	Júlio Santos	s. s. montepio	Senior Masculino	01:50:26	+27:00	09:12
52	1875	Nuno Moreira	moinhos run	Senior Masculino	01:50:34	+27:08	09:13
53	3799	Jorge Barbosa	lordelo btt	Senior Masculino	01:50:44	+27:18	09:14
54	3101	Patrício Carvalho	calheiros runners	Senior Masculino	01:51:44	+28:18	09:19
55	3751	roberto rios	individual	Senior Masculino	01:52:12	+28:46	09:21
56	3474	Maria Arminda Silva Coleho	individual	Senior Feminino	01:52:15	+28:49	09:21
57	1437	Bruno Miguel da Costa Ferreira	individual	Senior Masculino	01:53:52	+30:26	09:29
58	3734	pedro bastos	individual	Senior Masculino	01:53:52	+30:26	09:29
59	4177	Nuno Reis	individual	Senior Masculino	01:54:02	+30:36	09:30
60	3037	Vitor Costa	aerodance trail running	Senior Masculino	01:54:09	+30:43	09:31
61	4004	Francisco Fonseca	solmaia runners	Senior Masculino	01:54:44	+31:18	09:34
62	3681	Joaquim Torres	individual	Senior Masculino	01:54:44	+31:18	09:34
63	3099	Hugo Sousa	calheiros runners	Senior Masculino	01:54:46	+31:20	09:34
64	3320	Ana Sofia Gonçalves Freitas	individual	Senior Feminino	01:54:48	+31:22	09:34
65	3731	Paulo Alexandre Babo Ferreira Soares	individual	Senior Masculino	01:54:53	+31:27	09:34
66	3202	Maria Albertina Sá	family pinto	Senior Feminino	01:54:56	+31:30	09:35
67	1014	Joao Silva	adc	Senior Masculino	01:55:16	+31:50	09:36
68	1015	Pedro Moreira	adc	Senior Masculino	01:55:16	+31:50	09:36
69	3299	Ana Isabel Silva Morais	individual	Senior Feminino	01:55:52	+32:26	09:39
70	3491	Maria Fátima Viera da Costa	individual	Senior Feminino	01:55:53	+32:27	09:39
71	3198	Sílvia Cardoso	fama runners	Senior Feminino	01:56:08	+32:42	09:41
72	3717	Michel Rolo	individual	Senior Masculino	01:56:36	+33:10	09:43
73	3648	Diogo Jorge Rodrigues Afonso	individual	Senior Masculino	01:56:48	+33:22	09:44
74	3712	Marcio André Gonçalves Pereira	individual	Senior Masculino	01:58:15	+34:49	09:51
75	3180	nuno miguel	ermidafit runners	Senior Masculino	01:58:52	+35:26	09:54
76	4133	IVO PITBULL	tou que nem posso	Senior Masculino	01:59:30	+36:04	09:58
77	3685	jorge nogueira	individual	Senior Masculino	01:59:54	+36:28	09:59
78	3916	Anabela Choraó	play runners	Senior Feminino	02:00:05	+36:39	10:00
79	3657	GENTIL OLIVEIRA	individual	Senior Masculino	02:00:42	+37:16	10:03
80	1708	teresa mota	individual	Veterana F40	02:00:42	+37:16	10:03
81	3084	Vanda Assunção	budeguita runners	Senior Feminino	02:00:42	+37:16	10:03
82	3551	Sandra Cavalheiro	individual	Senior Feminino	02:01:16	+37:50	10:06
83	3667	Hugo Angelo Ferraz Duarte	individual	Senior Masculino	02:03:03	+39:37	10:15
84	3697	Jose Rafael Bras Pinto	individual	Senior Masculino	02:03:04	+39:38	10:15
85	3210	José Francisco Brandão Batista	fantastic four	Senior Masculino	02:03:07	+39:41	10:16
86	4134	JORGE BARBOSA	tou que nem posso	Senior Masculino	02:03:29	+40:03	10:17

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[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
87	3750	Ricardo Sousa	individual	Senior Masculino	02:03:38	+40:12	10:18
88	3162	Andre Freitas	equipotência	Senior Masculino	02:04:11	+40:45	10:21
89	3181	vítor magalhaes	ermidafit runners	Senior Masculino	02:05:10	+41:44	10:26
90	3365	Céu Vieira	individual	Senior Feminino	02:05:13	+41:47	10:26
91	3165	Vitor Martins	equipotência	Senior Masculino	02:06:50	+43:24	10:34
92	3100	Miguel Carvalho	calheiros runners	Senior Masculino	02:07:24	+43:58	10:37
93	3141	Sérgio Rocha	engomadoria l&a team	Senior Masculino	02:07:31	+44:05	10:38
94	3139	José Moreira	engomadoria l&a team	Senior Masculino	02:07:31	+44:05	10:38
95	1745	Carlos Lopes	individual	Veterano M40	02:07:50	+44:24	10:39
96	4148	ANA PAULA RIBEIRO CRAVEIRO NUNES	usgunas	Senior Feminino	02:07:51	+44:25	10:39
97	3282	Adriana Teresa Silva Rodrigues	individual	Senior Feminino	02:08:00	+44:34	10:40
98	3009	Inês Gonçalves	a.d.amarante trail running	Senior Feminino	02:08:01	+44:35	10:40
99	3773	Tiago Mendes Rocha	individual	Senior Masculino	02:08:13	+44:47	10:41
100	3245	Joao Rocha	funky runners	Senior Masculino	02:09:03	+45:37	10:45
101	3636	Carlos Gomes	individual	Senior Masculino	02:09:32	+46:06	10:48
102	4105	Laurindo Costa	team idealkorpus	Senior Masculino	02:09:34	+46:08	10:48
103	2059	Bruno Silva	run & fitness	Senior Masculino	02:09:37	+46:11	10:48
104	3531	Patrícia Ferreira	individual	Senior Feminino	02:09:43	+46:17	10:49
105	3719	Nelson Ferreira	individual	Senior Masculino	02:09:43	+46:17	10:49
106	3668	Hugo Neto	individual	Senior Masculino	02:09:53	+46:27	10:49
107	3641	Célio Moreira	individual	Senior Masculino	02:10:41	+47:15	10:53
108	3642	Cristiano Silva	individual	Senior Masculino	02:11:02	+47:36	10:55
109	2295	Maria de Fátima Ferreira Coelho	individual	Senior Feminino	02:11:38	+48:12	10:58
110	3498	Maria Jose Ferreira Soares Moreira	individual	Senior Feminino	02:11:39	+48:13	10:58
111	3110	Luis Marques da Silva	clube do pessoal edp - delegação de gaia	Senior Masculino	02:11:44	+48:18	10:59
112	3709	MANUEL PINTO	individual	Senior Masculino	02:11:45	+48:19	10:59
113	4001	Teresa Pinto	solmaia runners	Senior Feminino	02:12:21	+48:55	11:02
114	3670	João Manuel Sousa	individual	Senior Masculino	02:12:23	+48:57	11:02
115	3336	Branca Maria Oliveira Marques	individual	Senior Feminino	02:12:30	+49:04	11:02
116	3687	José Carlos da Rocha Moreira	individual	Senior Masculino	02:13:14	+49:48	11:06
117	3031	Filipe Coutinho	aerodance trail running	Senior Masculino	02:13:21	+49:55	11:07
118	1717	André Gilvaia	individual	Veterano M40	02:14:20	+50:54	11:12
119	1748	FATIMA CARVALHO	individual	Veterano M40	02:14:20	+50:54	11:12
120	3792	Rita Pereira	lagaresport	Senior Feminino	02:14:23	+50:57	11:12
121	2296	Fernando Bruno Caetano Rocha	rompe solas	Senior Masculino	02:14:26	+51:00	11:12
122	3220	Liliana Cardoso	ffit gaia trail	Senior Feminino	02:14:33	+51:07	11:13
123	3755	Rui Eusebio	individual	Senior Masculino	02:14:45	+51:19	11:14
124	3748	Ricardo Pereira	individual	Senior Masculino	02:14:46	+51:20	11:14
125	3629	António Pedro Tavares	individual	Senior Masculino	02:14:46	+51:20	11:14
126	3763	sergio alberto costa sousa	individual	Senior Masculino	02:14:58	+51:32	11:15
127	2228	Isabel Maria da Silva Henriques	terrores do asfalto	Senior Feminino	02:15:13	+51:47	11:16
128	3078	Fátima Costa	bitrunners	Senior Feminino	02:15:26	+52:00	11:17
129	3079	Carlos Moreira	bitrunners	Senior Masculino	02:15:26	+52:00	11:17
130	4092	Eva Ferreira	team idealkorpus	Senior Feminino	02:15:26	+52:00	11:17
131	3172	soraia costa	ermidafit runners	Senior Feminino	02:15:35	+52:09	11:18

CORRIDA CAMINHADA 12K - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
132	3166	catia costa	ermidafit runners	Senior Feminino	02:15:36	+52:10	11:18
133	3389	Elisabete Faria	individual	Senior Feminino	02:15:57	+52:31	11:20
134	3710	Manuel Silva	individual	Senior Masculino	02:15:59	+52:33	11:20
135	3211	Patricio Renato Vidal da Silva	fantastic four	Senior Masculino	02:16:02	+52:36	11:20
136	3664	Helder marques	individual	Senior Masculino	02:16:25	+52:59	11:22
137	3391	Elisabete Pinto	individual	Senior Feminino	02:16:25	+52:59	11:22
138	3298	Ana Gonçalves	individual	Senior Feminino	02:16:38	+53:12	11:23
139	3740	Pedro Nogueira	individual	Senior Masculino	02:16:38	+53:12	11:23
140	3413	Inês Carlos	individual	Senior Feminino	02:16:42	+53:16	11:23
141	3656	Filipe Patrício	individual	Senior Masculino	02:16:42	+53:16	11:24
142	3676	joão silva martins	individual	Senior Masculino	02:16:43	+53:17	11:24
143	3633	BRUNO MOREIRA	individual	Senior Masculino	02:16:43	+53:17	11:24
144	4143	Pedro Reis	toyota 4runner	Senior Masculino	02:17:12	+53:46	11:26
145	3322	ana teresa silva	individual	Senior Feminino	02:17:37	+54:11	11:28
146	3952	Marieta Moreira	sai da frente	Senior Feminino	02:17:43	+54:17	11:29
147	3822	Joana Raquel Ferreira Moreira	moinhos run	Senior Feminino	02:17:48	+54:22	11:29
148	3456	LUCINDA MARQUES	individual	Senior Feminino	02:17:56	+54:30	11:30
149	3097	Fernando Ferraz	calheiros runners	Senior Masculino	02:18:04	+54:38	11:30
150	3331	Arlete Xavier costa Sousa	individual	Senior Feminino	02:18:16	+54:50	11:31
151	4079	Prazeres Pires	team duas faces	Senior Feminino	02:18:16	+54:50	11:31
152	3340	carina alexandra branco da cruz	individual	Senior Feminino	02:18:17	+54:51	11:31
153	3106	Miguel Garcez	cds paredes	Senior Masculino	02:18:33	+55:07	11:33
154	3834	CARINA MOREIRA	nocturnos de paredes	Senior Feminino	02:19:20	+55:54	11:37
155	3678	Joaquim Manuel Ferreira Carvalhinho	individual	Senior Masculino	02:19:20	+55:54	11:37
156	2061	Maria José Teixeira	run & fitness	Veterana F40	02:19:40	+56:14	11:38
157	3991	Maria Fonseca	solmaia runners	Senior Feminino	02:20:03	+56:37	11:40
158	3556	sandra patricia pinto de sousa	individual	Senior Feminino	02:20:03	+56:37	11:40
159	3980	Célia Aroso	solmaia runners	Senior Feminino	02:20:52	+57:26	11:44
160	3713	Marco Azevedo de Carvalho	individual	Senior Masculino	02:21:07	+57:41	11:46
161	3284	Albertina Cunha	individual	Senior Feminino	02:21:15	+57:49	11:46
162	3554	Sandra Ferreira Ramos	individual	Senior Feminino	02:21:16	+57:50	11:46
163	3829	ALEXANDRA TEIXEIRA	nocturnos de paredes	Senior Feminino	02:21:27	+58:01	11:47
164	4012	Ricardo Almeida	solmaia runners	Senior Masculino	02:21:42	+58:16	11:48
165	4098	Marcia de Sousa	team idealkorpus	Senior Feminino	02:21:45	+58:19	11:49
166	3555	sandra madureira	individual	Senior Feminino	02:23:29	+01:00:03	11:57
167	3357	CELIA COELHO DA SILVA	individual	Senior Feminino	02:23:29	+01:00:03	11:57
168	3728	Osvaldo Ferreira	individual	Senior Masculino	02:23:29	+01:00:03	11:57
169	3635	CARLOS AUGUSTO BRAS PINTO NUNES	individual	Senior Masculino	02:23:29	+01:00:03	11:57
170	3839	JULIA PINTO	nocturnos de paredes	Senior Feminino	02:23:41	+01:00:15	11:58
171	3700	Luís Filipe Ribeiro Gonçalves	individual	Senior Masculino	02:24:06	+01:00:40	12:01
172	3776	Lénio Fernando Nogueira Marinho	jobrinde-montes saloios	Senior Masculino	02:24:07	+01:00:41	12:01
173	3995	Rita Oliveira	solmaia runners	Senior Feminino	02:24:14	+01:00:48	12:01
174	3989	Isabel Pinto	solmaia runners	Senior Feminino	02:24:14	+01:00:48	12:01
175	4139	Patrícia Oliveira	toyota 4runner	Senior Feminino	02:24:19	+01:00:53	12:02
176	4144	Rui Costa	toyota 4runner	Senior Masculino	02:24:19	+01:00:53	12:02

CORRIDA CAMINHADA 12K - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
177	3721	Nelson Ribeiro	individual	Senior Masculino	02:24:22	+01:00:56	12:02
178	3640	Carlos Moutinho	individual	Senior Masculino	02:24:22	+01:00:56	12:02
179	3588	Susana Granja	individual	Senior Feminino	02:24:23	+01:00:57	12:02
180	3855	SOFIA AZEVEDO	nocturnos de paredes	Senior Feminino	02:24:41	+01:01:15	12:03
181	3868	GONÇALO CASTRO	nocturnos de paredes	Senior Masculino	02:24:49	+01:01:23	12:04
182	1783	Luis Filipe Lopes dos Santos	individual	Veterano M40	02:24:54	+01:01:28	12:05
183	3316	Ana Rocha	individual	Senior Feminino	02:25:00	+01:01:34	12:05
184	3655	Fernando Ribeiro	individual	Senior Masculino	02:25:05	+01:01:39	12:05
185	1287	Celeste Vieira	gondomar futsal clube	Senior Feminino	02:25:11	+01:01:45	12:06
186	3489	Maria Fatima Santos Ferreira	individual	Senior Feminino	02:25:11	+01:01:45	12:06
187	3945	Sónia Castro	s&r	Senior Feminino	02:25:34	+01:02:08	12:08
188	3946	Ricardo Ribeiro	s&r	Senior Masculino	02:25:34	+01:02:08	12:08
189	3294	Ana de Sá Moreira	individual	Senior Feminino	02:25:35	+01:02:09	12:08
190	3622	Amaro Manuel Barros Moreira	individual	Senior Masculino	02:25:35	+01:02:09	12:08
191	4081	Sílvia Teixeira	team duas faces	Senior Feminino	02:25:44	+01:02:18	12:09
192	3371	Cristina Aleixo	individual	Senior Feminino	02:25:50	+01:02:24	12:09
193	4138	Cristina Costa	toyota 4runner	Senior Feminino	02:25:51	+01:02:25	12:09
194	4142	Pedro Gonçalves	toyota 4runner	Senior Masculino	02:25:51	+01:02:25	12:09
195	3998	Sara Espojeira	solmaia runners	Senior Feminino	02:26:03	+01:02:37	12:10
196	3981	Cláudia Cunha	solmaia runners	Senior Feminino	02:26:10	+01:02:44	12:11
197	3992	Maria Pedrosa	solmaia runners	Senior Feminino	02:26:10	+01:02:44	12:11
198	3996	Sandra Ribeiro	solmaia runners	Senior Feminino	02:26:10	+01:02:44	12:11
199	3988	Inês Almeida	solmaia runners	Senior Feminino	02:26:11	+01:02:45	12:11
200	3626	Antonio Albuquerque	individual	Senior Masculino	02:26:18	+01:02:52	12:12
201	3566	silvia Maciel	individual	Senior Feminino	02:26:18	+01:02:52	12:12
202	3071	Vitor Manuel Fontes Folgado	arcorun	Senior Masculino	02:26:19	+01:02:53	12:12
203	4011	Pedro Sousa	solmaia runners	Senior Masculino	02:27:14	+01:03:48	12:16
204	3930	JOANA QUEIRÓS	run4all	Senior Feminino	02:28:16	+01:04:50	12:21
205	3935	ANTONIO ALMEIDA	run4all	Senior Masculino	02:28:16	+01:04:50	12:21
206	3933	PATRICIA MAGALHÃES	run4all	Senior Feminino	02:28:16	+01:04:50	12:21
207	3986	Diana Teixeira	solmaia runners	Senior Feminino	02:28:25	+01:04:59	12:22
208	4014	Isabel Rangel	swat	Senior Feminino	02:28:27	+01:05:01	12:22
209	3843	MARGARIDA TEIXEIRA	nocturnos de paredes	Senior Feminino	02:29:27	+01:06:01	12:27
210	3209	Fernanda Marília Cardoso Casaca	fantastic four	Senior Feminino	02:29:44	+01:06:18	12:29
211	3848	MARTA COSTA	nocturnos de paredes	Senior Feminino	02:29:44	+01:06:18	12:29
212	3703	Manuel Azevedo	individual	Senior Masculino	02:29:59	+01:06:33	12:30
213	3275	Bruna Nunes	gymrecarei	Senior Feminino	02:30:06	+01:06:40	12:31
214	3276	Luis Cunha	gymrecarei	Senior Masculino	02:30:07	+01:06:41	12:31
215	3192	José Diogo Nunes Magro Dias	eu+ ginásio lma	Senior Masculino	02:30:07	+01:06:41	12:31
216	4101	Maria João Campos	team idealkorpus	Senior Feminino	02:30:08	+01:06:42	12:31
217	4100	Maria Armanda Santos	team idealkorpus	Senior Feminino	02:30:09	+01:06:43	12:31
218	3237	Pituxa Marques	funky runners	Senior Feminino	02:30:17	+01:06:51	12:31
219	3268	António Queiroz	gondomar futsal clube	Senior Masculino	02:31:02	+01:07:36	12:35
220	3205	Nuno Pinto	family pinto	Senior Masculino	02:31:07	+01:07:41	12:36
221	3199	Aldina Pires	family pinto	Senior Feminino	02:31:10	+01:07:44	12:36
222	3204	Emanuel Nunes	family pinto	Senior Masculino	02:31:10	+01:07:44	12:36

CORRIDA CAMINHADA 12K - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
223	3203	Susana Teixeira	family pinto	Senior Feminino	02:31:10	+01:07:44	12:36
224	3200	Daniela Pinto	family pinto	Senior Feminino	02:31:11	+01:07:45	12:36
225	3403	FILIPA PINTO	individual	Senior Feminino	02:31:30	+01:08:04	12:37
226	3999	Sónia Teles	solmaia runners	Senior Feminino	02:31:39	+01:08:13	12:38
227	3219	Adélia Mª Oliveira Ferreira Bernardino	ffit gaia trail	Senior Feminino	02:31:42	+01:08:16	12:38
228	3221	Sara Pereira	ffit gaia trail	Senior Feminino	02:31:42	+01:08:16	12:39
229	3614	Vera Alexandra Oliveira Silva	individual	Senior Feminino	02:31:43	+01:08:17	12:39
230	3661	Hélder almeida	individual	Senior Masculino	02:31:43	+01:08:17	12:39
231	4015	António Pinho	swat	Senior Masculino	02:32:28	+01:09:02	12:42
232	3592	Susana Magalhães	individual	Senior Feminino	02:32:29	+01:09:03	12:42
233	3278	Adelaide Ruão	individual	Senior Feminino	02:32:29	+01:09:03	12:42
234	3270	Pedro Goncalves	gondomar futsal clube	Senior Masculino	02:32:42	+01:09:16	12:43
235	3030	Elias Costa	aerodance trail running	Senior Masculino	02:32:46	+01:09:20	12:44
236	3682	JORGE CARDOSO	individual	Senior Masculino	02:32:57	+01:09:31	12:45
237	1300	Ana Aguiar	individual	Senior Feminino	02:32:57	+01:09:31	12:45
238	3052	Andreia Ferreira	anda-me apanhar	Senior Feminino	02:33:05	+01:09:39	12:45
239	3055	Raul Silva	anda-me apanhar	Senior Masculino	02:33:05	+01:09:39	12:45
240	3054	Manuel Pereira	anda-me apanhar	Senior Masculino	02:33:05	+01:09:39	12:45
241	4165	Monica Pereira	anda-me apanhar	Senior Feminino	02:33:05	+01:09:39	12:45
242	3616	Vera Lúcia Sousa	individual	Senior Feminino	02:33:05	+01:09:39	12:45
243	3804	Pedro Tavares	los manos	Senior Masculino	02:33:08	+01:09:42	12:46
244	3058	Jaime Fernando Moura Teixeira Sousa	andarilhos	Senior Masculino	02:33:12	+01:09:46	12:46
245	2298	Manuel pedro rodrigues	clube praça da armada	Senior Masculino	02:33:20	+01:09:54	12:47
246	3907	César Moreira	pena team	Senior Masculino	02:33:25	+01:09:59	12:47
247	3908	Rui Gomes	pena team	Senior Masculino	02:33:25	+01:09:59	12:47
248	3295	Ana do Vale	individual	Senior Feminino	02:33:47	+01:10:21	12:49
249	3549	Rute Pinto	individual	Senior Feminino	02:33:47	+01:10:21	12:49
250	3955	Rita coelho	sapadores invicta	Senior Feminino	02:34:29	+01:11:03	12:52
251	2227	Carla Carvalho	terrores do asfalto	Senior Feminino	02:34:35	+01:11:09	12:53
252	1338	Daniela Patrícia Soares Ferreira	individual	Senior Feminino	02:35:02	+01:11:36	12:55
253	3376	Daniela Cardoso	individual	Senior Feminino	02:35:11	+01:11:45	12:56
254	3383	Diana Fernanda Dos Santos Gonçalves	individual	Senior Feminino	02:35:11	+01:11:45	12:56
255	3312	Ana Rafaela da Rocha Ferreira	individual	Senior Feminino	02:35:14	+01:11:48	12:56
256	3206	Tiago Carneiro	family pinto	Senior Masculino	02:35:16	+01:11:50	12:56
257	3878	cristina Rodrigues Teixeira Lopes	not run alone	Senior Feminino	02:35:17	+01:11:51	12:56
258	4010	Miguel Moreira	solmaia runners	Senior Masculino	02:35:17	+01:11:51	12:56
259	4000	Susana Coelho	solmaia runners	Senior Feminino	02:35:18	+01:11:52	12:56
260	3519	Marta Pereira	individual	Senior Feminino	02:35:32	+01:12:06	12:58
261	3285	Albertina da Rocha Ferreira	individual	Senior Feminino	02:35:36	+01:12:10	12:58
262	3625	André Mota	individual	Senior Masculino	02:35:36	+01:12:10	12:58
263	3337	Brigida Duarte	individual	Senior Feminino	02:35:36	+01:12:10	12:58
264	3342	Carine Ferreiro Fraga	individual	Senior Feminino	02:35:40	+01:12:14	12:58
265	3178	joao coelho	ermidafit runners	Senior Masculino	02:35:50	+01:12:24	12:59
266	3201	Isa Pereira	family pinto	Senior Feminino	02:35:59	+01:12:33	13:00

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
267	3741	Pedro Tiago Teixeira Gomes	individual	Senior Masculino	02:36:14	+01:12:48	13:01
268	3541	Raquel Moreira	individual	Senior Feminino	02:36:35	+01:13:09	13:03
269	3525	Nádia Guedes	individual	Senior Feminino	02:36:41	+01:13:15	13:03
270	3098	Filipe Maria	calheiros runners	Senior Masculino	02:36:41	+01:13:15	13:03
271	3404	Gabriela Cardoso	individual	Senior Feminino	02:36:47	+01:13:21	13:04
272	3136	Monica Jesus	duros & rijos	Senior Feminino	02:36:56	+01:13:30	13:05
273	3861	ANTONIO MADUREIRA	nocturnos de paredes	Senior Masculino	02:37:03	+01:13:37	13:05
274	3034	Ricardo Araújo	aerodance trail running	Senior Masculino	02:38:20	+01:14:54	13:12
275	3023	Marta Neves	aerodance trail running	Senior Feminino	02:38:20	+01:14:54	13:12
276	4077	Paula Alves Soares Garcia	team duas faces	Senior Feminino	02:38:43	+01:15:17	13:14
277	4021	Cristina Barbosa	sweet runners	Senior Feminino	02:38:49	+01:15:23	13:14
278	3222	Bruno Daniel da Silva Sousa	ffit gaia trail	Senior Masculino	02:39:08	+01:15:42	13:16
279	3274	Bruno Tavares	gulpi trail team	Senior Masculino	02:39:08	+01:15:42	13:16
280	3246	Pedro Reis	funky runners	Senior Masculino	02:39:17	+01:15:51	13:16
281	3375	Cristina Pereira Durães Silva	individual	Senior Feminino	02:39:22	+01:15:56	13:17
282	3823	João Moreira	moinhos run	Senior Masculino	02:39:46	+01:16:20	13:19
283	3821	Edite Lopes	moinhos run	Senior Feminino	02:39:47	+01:16:21	13:19
284	3194	Joana Ferreira	falta muito?	Senior Feminino	02:40:46	+01:17:20	13:24
285	3195	Judite Ferreira	falta muito?	Senior Feminino	02:40:47	+01:17:21	13:24
286	3266	Helena Cardoso	gondomar futsal clube	Senior Feminino	02:40:53	+01:17:27	13:24
287	1601	Pedro Daniel Ferreira Teixeira	individual	Senior Masculino	02:40:53	+01:17:27	13:24
288	2121	Bruno Ferreira	slow motion	Senior Masculino	02:41:02	+01:17:36	13:25
289	4146	Luis António Costa Pereira	trofa team	Senior Masculino	02:41:40	+01:18:14	13:28
290	4145	Leonardo Costa Pereira	trofa team	Senior Masculino	02:41:40	+01:18:14	13:28
291	4147	Manuel Teixeira Gonçalves	trofa team	Senior Masculino	02:41:42	+01:18:16	13:29
292	3288	Alice Viveiros	individual	Senior Feminino	02:41:43	+01:18:17	13:29
293	3074	Bebiana Alves	associação desportiva de cabroelo	Senior Feminino	02:41:43	+01:18:17	13:29
294	3327	ANDREA CRISTIANA TEIXEIRA DA CUNHA	individual	Senior Feminino	02:41:55	+01:18:29	13:30
295	3688	JOSE CARLOS FERREIRA FARIA	individual	Senior Masculino	02:42:03	+01:18:37	13:30
296	4087	Nuno Miguel da Silva Dias	team duas faces	Senior Masculino	02:42:05	+01:18:39	13:30
297	4086	José Manuel Silva Matos	team duas faces	Senior Masculino	02:42:07	+01:18:41	13:31
298	3362	Celina Tomas	individual	Senior Feminino	02:42:09	+01:18:43	13:31
299	1712	alberto martins	individual	Veterano M40	02:42:52	+01:19:26	13:34
300	3557	Sara Marisa Neves Gonçalves	individual	Senior Feminino	02:43:03	+01:19:37	13:35
301	4007	Luis Barrigas	solmaia runners	Senior Masculino	02:43:08	+01:19:42	13:36
302	3366	Clara Costa	individual	Senior Feminino	02:43:11	+01:19:45	13:36
303	3570	Sofia Martins	individual	Senior Feminino	02:43:21	+01:19:55	13:37
304	3702	LUIS RIBEIRO	individual	Senior Masculino	02:43:22	+01:19:56	13:37
305	3247	Sergio Reis	funky runners	Senior Masculino	02:43:22	+01:19:56	13:37
306	3849	MONICA CASTRO	nocturnos de paredes	Senior Feminino	02:43:27	+01:20:01	13:37
307	3448	Liliana	individual	Senior Feminino	02:43:29	+01:20:03	13:37
308	1459	daniel da cunha alves	individual	Senior Masculino	02:43:32	+01:20:06	13:38
309	3438	Joana Sofia Ferreira Oliveira	individual	Senior Feminino	02:43:33	+01:20:07	13:38
310	3116	Joaquim Fernando Moreira Rocha	código musical	Senior Masculino	02:43:38	+01:20:12	13:38
311	3122	Pedro António Garcez Mota	código musical	Senior Masculino	02:43:38	+01:20:12	13:38

CORRIDA CAMINHADA 12K - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
312	3120	Miguel Angelo Pacheco Cruz	código musical	Senior Masculino	02:43:38	+01:20:12	13:38
313	3121	Nelson Diogo Pinto Sousa e Silva	código musical	Senior Masculino	02:43:38	+01:20:12	13:38
314	3113	Tânia Celina Moreira Magalhães	código musical	Senior Feminino	02:43:38	+01:20:12	13:38
315	3370	Cristiana Susete Martins Seabra	individual	Senior Feminino	02:43:40	+01:20:14	13:38
316	3330	Andreia Machado	individual	Senior Feminino	02:43:52	+01:20:26	13:39
317	1886	Ricardo Oliveira	nast	Senior Masculino	02:43:52	+01:20:26	13:39
318	3287	Alice Susana Pinto Ribeiro	individual	Senior Feminino	02:44:26	+01:21:00	13:42
319	3056	Manuela Cristina Simões Machado	andarrilhos	Senior Feminino	02:44:31	+01:21:05	13:43
320	3057	Daniel Nascimento Machado Neto	andarrilhos	Senior Masculino	02:44:31	+01:21:05	13:43
321	3318	Ana Silva	individual	Senior Feminino	02:44:46	+01:21:20	13:44
322	3716	Mário Jorge Teixeira Gomes	individual	Senior Masculino	02:44:47	+01:21:21	13:44
323	3457	Luísa Aguiar	individual	Senior Feminino	02:44:48	+01:21:22	13:44
324	3399	Fátima Silva	individual	Senior Feminino	02:44:52	+01:21:26	13:44
325	3522	Mónica Magalhães	individual	Senior Feminino	02:44:56	+01:21:30	13:45
326	3305	Ana Paula Alves	individual	Senior Feminino	02:44:57	+01:21:31	13:45
327	3045	Vera Ribeiro	afrikan runners	Senior Feminino	02:45:42	+01:22:16	13:49
328	3458	Luisa Maria de Castro Tavares	individual	Senior Feminino	02:45:49	+01:22:23	13:49
329	3690	José Gonçalves	individual	Senior Masculino	02:45:53	+01:22:27	13:49
330	3384	Diana Pina	individual	Senior Feminino	02:45:54	+01:22:28	13:49
331	1198	Selma Brigitte	eu+ ginásio lma	Senior Feminino	02:45:55	+01:22:29	13:50
332	3966	Jose Diogo dos Santos Sousa	shark tale	Senior Masculino	02:45:55	+01:22:29	13:50
333	3267	Silvia Ferreira	gondomar futsal clube	Senior Feminino	02:45:56	+01:22:30	13:50
334	3431	Isilda Fernanda Pinto Leal	individual	Senior Feminino	02:46:07	+01:22:41	13:51
335	3465	Manuela Vale	individual	Senior Feminino	02:46:09	+01:22:43	13:51
336	3482	Maria de Lurdes da Costa Rosendo Loureiro	individual	Senior Feminino	02:46:13	+01:22:47	13:51
337	3669	Ivo Joaquim Leal Loureiro	individual	Senior Masculino	02:46:13	+01:22:47	13:51
338	4052	Álvaro Ribeiro	sweet runners	Senior Masculino	02:46:16	+01:22:50	13:51
339	4112	Tânia Ribeiro	tecla 3 runners	Senior Feminino	02:46:22	+01:22:56	13:52
340	4109	Liliana Pereira	tecla 3 runners	Senior Feminino	02:46:24	+01:22:58	13:52
341	4110	Maria João Gomes	tecla 3 runners	Senior Feminino	02:46:28	+01:23:02	13:52
342	3167	claudia ferreira	ermidafit runners	Senior Feminino	02:46:40	+01:23:14	13:53
343	3171	natalia pereira	ermidafit runners	Senior Feminino	02:46:45	+01:23:19	13:54
344	3722	Nelson Ricardo Moreira	individual	Senior Masculino	02:46:48	+01:23:22	13:54
345	3059	Luís Pedro Pedra Gomes Ribeiro	andarrilhos	Senior Masculino	02:46:51	+01:23:25	13:54
346	3060	Marco José Martins Nunes Mendes	andarrilhos	Senior Masculino	02:46:51	+01:23:25	13:54
347	3422	Isabel Maria Moura castro	individual	Senior Feminino	02:47:20	+01:23:54	13:57
348	3380	Debora Azevedo	individual	Senior Feminino	02:47:21	+01:23:55	13:57
349	3469	Márcia Pinto	individual	Senior Feminino	02:47:21	+01:23:55	13:57
350	3934	SANDRA TEIXEIRA	run4all	Senior Feminino	02:47:30	+01:24:04	13:57
351	3726	Nuno Oliveira Reis Correia	individual	Senior Masculino	02:47:41	+01:24:15	13:58
352	3529	Olga Marisa Barbosa da Silva	individual	Senior Feminino	02:47:41	+01:24:15	13:58
353	3692	José Manuel Nunes Barbosa	individual	Senior Masculino	02:47:42	+01:24:16	13:58
354	3909	Ana Canez	pernetas	Senior Feminino	02:47:52	+01:24:26	13:59
355	3984	Daniela Quelhas	solmaia runners	Senior Feminino	02:47:52	+01:24:26	13:59
356	3572	Sofia Sousa	individual	Senior Feminino	02:47:54	+01:24:28	14:00

CORRIDA CAMINHADA 12K - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
357	3043	Sandra Freitas	afrikan runners	Senior Feminino	02:47:56	+01:24:30	14:00
358	3256	PATRÍCIA SANTOS	ginásio factor x	Senior Feminino	02:48:27	+01:25:01	14:02
359	3326	Anabela Salgueiro Oliveira	individual	Senior Feminino	02:48:30	+01:25:04	14:02
360	3714	Mário Alexandre Ferreira dos Santos	individual	Senior Masculino	02:48:31	+01:25:05	14:03
361	3353	Cátia Cândida Barbosa Fonseca	individual	Senior Feminino	02:48:33	+01:25:07	14:03
362	3957	José Da Rocha Rodrigues	saúde viva	Senior Masculino	02:48:40	+01:25:14	14:03
363	3956	Salete Maria Mendes Soares	saúde viva	Senior Feminino	02:48:40	+01:25:14	14:03
364	3041	Miguela monteiro	afrikan runners	Senior Feminino	02:48:41	+01:25:15	14:03
365	4044	Patrícia Barbosa	sweet runners	Senior Feminino	02:48:50	+01:25:24	14:04
366	4060	Marco Santos	sweet runners	Senior Masculino	02:48:51	+01:25:25	14:04
367	3293	Ana Cláudia da Silva Almeida	individual	Senior Feminino	02:49:10	+01:25:44	14:06
368	4084	Diogo Garcia	team duas faces	Senior Masculino	02:49:21	+01:25:55	14:07
369	3693	José Manuel Teixeira Pinto	individual	Senior Masculino	02:49:31	+01:26:05	14:08
370	3470	Margarida Pinto	individual	Senior Feminino	02:49:31	+01:26:05	14:08
371	3424	Isabel Pereira	individual	Senior Feminino	02:49:34	+01:26:08	14:08
372	3691	José Manuel Gomes Lima	individual	Senior Masculino	02:50:12	+01:26:46	14:11
373	3594	Susana Maria Costa Carrilho	individual	Senior Feminino	02:50:23	+01:26:57	14:12
374	3596	Susana Maria Gomes Garcias Monteiro	individual	Senior Feminino	02:50:23	+01:26:57	14:12
375	1516	Joao Manuel Esteves Penas	individual	Senior Masculino	02:50:24	+01:26:58	14:12
376	3571	Sofia Naldinho	individual	Senior Feminino	02:50:30	+01:27:04	14:13
377	3436	Joana Naldinho	individual	Senior Feminino	02:50:30	+01:27:04	14:13
378	3291	Ana Almeida	individual	Senior Feminino	02:52:02	+01:28:36	14:20
379	3574	Sónia Margarida Ribeiro Ferreira de Brito	individual	Senior Feminino	02:52:04	+01:28:38	14:20
380	3631	António Pinto da Silva	individual	Senior Masculino	02:52:11	+01:28:45	14:21
381	3279	Adelina Marlene Lopes Faria	individual	Senior Feminino	02:52:17	+01:28:51	14:21
382	3277	adelaide maria de sousa teixeira	individual	Senior Feminino	02:52:17	+01:28:51	14:21
383	3760	Rui Pedro Moreira Morais de Sousa	individual	Senior Masculino	02:52:20	+01:28:54	14:22
384	3903	Ana Maria Moreira	"os turbomula" d.o.c.	Senior Feminino	02:52:31	+01:29:05	14:23
385	2009	Paula Figueiredo	"os turbomula" d.o.c.	Senior Feminino	02:52:31	+01:29:05	14:23
386	1313	Anabela Ferreira Dias	individual	Senior Feminino	02:52:32	+01:29:06	14:23
387	4149	carla Alves Barbosa	vê se me apanhas	Senior Feminino	02:52:42	+01:29:16	14:24
388	4150	Marco Moreira	vê se me apanhas	Senior Masculino	02:52:43	+01:29:17	14:24
389	1391	Sílvia Marta Soares do Rêgo	individual	Senior Feminino	02:52:46	+01:29:20	14:24
390	3179	mara rocha	ermidafit runners	Senior Masculino	02:52:46	+01:29:20	14:24
391	3972	Bruna Meireles	shots international runners	Senior Feminino	02:52:54	+01:29:28	14:25
392	3973	Sofia Ferreira	shots international runners	Senior Feminino	02:52:54	+01:29:28	14:25
393	3591	Susana Leal	individual	Senior Feminino	02:53:21	+01:29:55	14:27
394	4124	Susana Ferreira	thunder team	Senior Feminino	02:53:35	+01:30:09	14:28
395	4128	Miguel Andrade	thunder team	Senior Masculino	02:53:35	+01:30:09	14:28
396	3197	Carla Barbosa	fama runners	Senior Feminino	02:53:44	+01:30:18	14:29
397	4104	João Gaspar	team idealkorpus	Senior Masculino	02:53:45	+01:30:19	14:29
398	4091	Avelina Rocha	team idealkorpus	Senior Feminino	02:53:45	+01:30:19	14:29
399	3419	Isabel Carvalho	individual	Senior Feminino	02:53:48	+01:30:22	14:29
400	3068	Luis Manuel Ferreira Gomes	arcorun	Senior Masculino	02:53:52	+01:30:26	14:29

CORRIDA CAMINHADA 12K - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
401	3303	Ana Maria Rebocho Nunes	individual	Senior Feminino	02:54:34	+01:31:08	14:33
402	3775	Carla Isabel Vieira	jc team trail	Senior Feminino	02:54:35	+01:31:09	14:33
403	3803	André Mota	los manos	Senior Masculino	02:54:47	+01:31:21	14:34
404	3802	Daniela Martins	los manos	Senior Feminino	02:54:48	+01:31:22	14:34
405	3704	Manuel Fernando Dos Santos Freitas	individual	Senior Masculino	02:54:56	+01:31:30	14:35
406	3077	Cristina Jesus	beat your limit!	Senior Feminino	02:55:05	+01:31:39	14:35
407	1398	Susana Cambey	individual	Senior Feminino	02:55:05	+01:31:39	14:35
408	3086	Carla Castro	by!! beat your limit!	Senior Feminino	02:55:05	+01:31:39	14:35
409	3777	ELISABETE FONSECA	kunalama adportela rotaromânico btt	Senior Feminino	02:55:33	+01:32:07	14:38
410	1373	Raquel Cristina Barbosa Sousa	individual	Senior Feminino	02:55:34	+01:32:08	14:38
411	3093	Sandra Costa	caetano runners	Senior Feminino	02:56:05	+01:32:39	14:40
412	1087	Zélia Viana	caetano runners	Senior Feminino	02:56:05	+01:32:39	14:40
413	3092	Lourenço Marques	caetano runners	Senior Masculino	02:56:05	+01:32:39	14:40
414	3091	Susana Costa	caetano runners	Senior Feminino	02:56:06	+01:32:40	14:40
415	3411	Helena Lopes	individual	Senior Feminino	02:56:18	+01:32:52	14:42
416	3932	MARLENE LEITE	run4all	Senior Feminino	02:56:43	+01:33:17	14:44
417	3406	Gisela Morais	individual	Senior Feminino	02:56:50	+01:33:24	14:44
418	3851	RAFAELA CORTEZ MARQUES	nocturnos de paredes	Senior Feminino	02:56:53	+01:33:27	14:44
419	3073	ANA ROSA FERREIRA DE SOUSA ALVES	associação desportiva de cabroelo	Senior Feminino	02:57:02	+01:33:36	14:45
420	3576	Sonia Neves Coelho Rodrigues	individual	Senior Feminino	02:57:02	+01:33:36	14:45
421	3072	ANA JANINE FERREIRA ALVES	associação desportiva de cabroelo	Senior Feminino	02:57:04	+01:33:38	14:45
422	3914	Sandra Dias	pernetas	Senior Feminino	02:57:34	+01:34:08	14:48
423	3302	Ana Mafalda Santos	individual	Senior Feminino	02:57:59	+01:34:33	14:50
424	3163	Hello Ribeiro	equipotência	Senior Masculino	02:58:03	+01:34:37	14:50
425	4050	Zita Costa	sweet runners	Senior Feminino	02:58:05	+01:34:39	14:50
426	4054	Ernesto Carneiro	sweet runners	Senior Masculino	02:58:05	+01:34:39	14:50
427	3906	Salomé Gomes	pena team	Senior Feminino	02:58:18	+01:34:52	14:51
428	3904	Bernardina Oliveira	pena team	Senior Feminino	02:58:18	+01:34:52	14:52
429	3905	Cátia Torres	pena team	Senior Feminino	02:58:19	+01:34:53	14:52
430	4019	Claúdia Ferreira	sweet runners	Senior Feminino	02:58:20	+01:34:54	14:52
431	4042	Palmira Coelho Almeida	sweet runners	Senior Feminino	02:58:20	+01:34:54	14:52
432	3780	PEDRO ANDRÉ PINTO ROCHA	kunalama adportela rotaromânico btt	Senior Masculino	02:58:23	+01:34:57	14:52
433	3778	ISABEL MARIA LOPES FONSECA	kunalama adportela rotaromânico btt	Senior Feminino	02:58:24	+01:34:58	14:52
434	3462	Magali Negri	individual	Senior Feminino	02:58:35	+01:35:09	14:53
435	3865	FERNANDO ROCHA	nocturnos de paredes	Senior Masculino	02:58:35	+01:35:09	14:53
436	3852	SALETE SOUSA	nocturnos de paredes	Senior Feminino	02:58:36	+01:35:10	14:53
437	4034	Maria Celeste Lopes	sweet runners	Senior Feminino	02:58:47	+01:35:21	14:54
438	1733	Armando Moreira	individual	Veterano M40	02:58:48	+01:35:22	14:54
439	3787	Andreia Carvalho	la zinco	Senior Feminino	02:58:57	+01:35:31	14:55
440	3378	Daniela Pinto	individual	Senior Feminino	02:59:00	+01:35:34	14:55
441	3408	GUILERMINA MARIA VIEIRA PINTO ROCHA	individual	Senior Feminino	02:59:06	+01:35:40	14:55
442	3885	Ana Ribeiro	os feras	Senior Feminino	02:59:09	+01:35:43	14:56
443	3886	Patrícia Ferreirinha	os feras	Senior Feminino	02:59:09	+01:35:43	14:56
444	3402	Filipa da Conceição Alves Rego	individual	Senior Feminino	02:59:11	+01:35:45	14:56

CORRIDA CAMINHADA 12K - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
445	3461	Mafalda Alves	individual	Senior Feminino	02:59:21	+01:35:55	14:57
446	3990	Jacinta Antunes	solmaia runners	Senior Feminino	02:59:42	+01:36:16	14:58
447	3395	Estela Oliveira	individual	Senior Feminino	02:59:52	+01:36:26	14:59
448	3455	Liliana Truta	individual	Senior Feminino	03:00:00	+01:36:34	15:00
449	4125	João Rodrigues	thunder team	Senior Masculino	03:00:07	+01:36:41	15:01
450	4122	Marlene Rodrigues	thunder team	Senior Feminino	03:00:10	+01:36:44	15:01
451	3582	SUSANA ALMEIDA	individual	Senior Feminino	03:00:14	+01:36:48	15:01
452	4032	Juliana Barbosa	sweet runners	Senior Feminino	03:00:28	+01:37:02	15:02
453	4061	Rui Alves	sweet runners	Senior Masculino	03:00:29	+01:37:03	15:02
454	3263	carla azevedo	giras e boas	Senior Feminino	03:00:35	+01:37:09	15:03
455	3264	sofia martins	giras e boas	Senior Feminino	03:00:35	+01:37:09	15:03
456	3040	maria joão moreira	afrikan runners	Senior Feminino	03:00:45	+01:37:19	15:04
457	3044	Sofia Moreira	afrikan runners	Senior Feminino	03:00:58	+01:37:32	15:05
458	3621	Alexandre Teles	individual	Senior Masculino	03:01:10	+01:37:44	15:06
459	3600	Susana patricia Castro	individual	Senior Feminino	03:01:12	+01:37:46	15:06
460	1411	Adelino Jesus Cunha Lopes Videira	individual	Senior Masculino	03:01:17	+01:37:51	15:06
461	3117	Luís Filipe Dias Ribeiro	código musical	Senior Masculino	03:01:17	+01:37:51	15:06
462	2190	Ana Paula P. Ferreira	team @venida	Veterana F40	03:02:04	+01:38:38	15:10
463	3737	Pedro Miguel Cristóvão Próspero	individual	Senior Masculino	03:02:33	+01:39:07	15:13
464	3428	Isabel Susana da Silva Moreira Próspero	individual	Senior Feminino	03:02:33	+01:39:07	15:13
465	3877	Beatriz Rodrigues	not run alone	Senior Feminino	03:02:37	+01:39:11	15:13
466	3779	MARIA FÁTIMA PEREIRA SOUSA	kunalama adportela rotaromânico btt	Senior Feminino	03:02:38	+01:39:12	15:13
467	3475	Maria Augusta Pereira Sousa	individual	Senior Feminino	03:02:38	+01:39:12	15:13
468	3230	Ana Neves	funky runners	Senior Feminino	03:02:44	+01:39:18	15:14
469	3235	Mafalda Duarte	funky runners	Senior Feminino	03:02:44	+01:39:18	15:14
470	3463	Magda Cardoso	individual	Senior Feminino	03:02:45	+01:39:19	15:14
471	3208	Eunice Silva Valente Leal	fantastic four	Senior Feminino	03:02:45	+01:39:19	15:14
472	3874	TIAGO BARROS	nocturnos de paredes	Senior Masculino	03:02:52	+01:39:26	15:14
473	3109	João Couto	clube do pessoal edp - delegação de gaia	Senior Masculino	03:02:59	+01:39:33	15:15
474	3108	Anabela Lemos	clube do pessoal edp - delegação de gaia	Senior Feminino	03:03:03	+01:39:37	15:15
475	3870	JOAQUIM SANTOS	nocturnos de paredes	Senior Masculino	03:03:05	+01:39:39	15:15
476	3857	SUSANA BARROS	nocturnos de paredes	Senior Feminino	03:03:06	+01:39:40	15:16
477	3449	Liliana Brandão	individual	Senior Feminino	03:03:38	+01:40:12	15:18
478	3090	Filipe Silva	caderneta de cromos	Senior Masculino	03:03:43	+01:40:17	15:19
479	3089	Cátia Francisco	caderneta de cromos	Senior Feminino	03:03:44	+01:40:18	15:19
480	3565	Sílvia Liliana Ferreira Ribeiro	individual	Senior Feminino	03:03:48	+01:40:22	15:19
481	3485	Maria Elisabete Barbosa Ferreira	individual	Senior Feminino	03:03:51	+01:40:25	15:19
482	3879	Maria Sameiro Morais	not run alone	Senior Feminino	03:04:10	+01:40:44	15:21
483	1677	Emilia Maria Nogueira Rodrigues	individual	Veterana F40	03:04:18	+01:40:52	15:22
484	1840	Tomas Alberto de Sousa Ferreira	individual	Veterano M40	03:04:18	+01:40:52	15:22
485	1738	Bruno Filipe Fernandes Rodrigues	individual	Veterano M40	03:04:20	+01:40:54	15:22
486	4053	Domingos Freitas	sweet runners	Senior Masculino	03:04:31	+01:41:05	15:23
487	3910	carina sequeira	pernetas	Senior Feminino	03:04:32	+01:41:06	15:23
488	3605	Tânia Alves	individual	Senior Feminino	03:04:48	+01:41:22	15:24
489	1673	Bernardina de Jesus Nogueira Rodrigues	individual	Veterana F40	03:05:19	+01:41:53	15:27

Official Timekeeper: Lap2Go	11 / 25	generate 31-mai-2015 20:10
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CORRIDA CAMINHADA 12K - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
490	3450	Liliana Campos	individual	Senior Feminino	03:06:17	+01:42:51	15:31
491	4026	Helena Abeu	sweet runners	Senior Feminino	03:06:29	+01:43:03	15:32
492	4049	Teresa Carvalho	sweet runners	Senior Feminino	03:06:30	+01:43:04	15:32
493	4067	Sara Carneiro	tangerinas	Senior Feminino	03:06:32	+01:43:06	15:33
494	3515	Marta isabel Lopes silva	individual	Senior Feminino	03:06:50	+01:43:24	15:34
495	3604	Susete Barbosa	individual	Senior Feminino	03:06:50	+01:43:24	15:34
496	3372	Cristina Fernanda Ferreira Neto	individual	Senior Feminino	03:06:51	+01:43:25	15:34
497	3412	Idalina Fernandes	individual	Senior Feminino	03:06:51	+01:43:25	15:34
498	4013	Raquel Rodríguez	step by step team	Senior Feminino	03:06:53	+01:43:27	15:34
499	4078	Paula Maia	team duas faces	Senior Feminino	03:07:21	+01:43:55	15:37
500	4074	Fátima Silva	team duas faces	Senior Feminino	03:07:28	+01:44:02	15:37
501	4080	Raquel Garcia	team duas faces	Senior Feminino	03:07:28	+01:44:02	15:37
502	1806	Oscar Luis Oliveira Novais	individual	Veterano M40	03:08:05	+01:44:39	15:40
503	3584	Susana Cristina Sousa	individual	Senior Feminino	03:08:09	+01:44:43	15:41
504	3694	Jose Maria Gaspar Garcez	individual	Senior Masculino	03:08:13	+01:44:47	15:41
505	3361	Celina Gomes Pacheco	individual	Senior Feminino	03:09:11	+01:45:45	15:46
506	3478	Maria de Fátima de Sousa Ribeiro	individual	Senior Feminino	03:09:11	+01:45:45	15:46
507	3744	Rafael Gomes Pacheco	individual	Senior Masculino	03:09:12	+01:45:46	15:46
508	3487	Maria Fátima Marques Alves	individual	Senior Feminino	03:10:21	+01:46:55	15:52
509	4062	Filipa Costa	tangerinas	Senior Feminino	03:10:54	+01:47:28	15:54
510	3982	Cláudia Frade	solmaia runners	Senior Feminino	03:10:55	+01:47:29	15:55
511	3994	Rita Gonçalves	solmaia runners	Senior Feminino	03:10:55	+01:47:29	15:55
512	3407	Goretti lima	individual	Senior Feminino	03:10:56	+01:47:30	15:55
513	3118	Luis Manuel Santos Gonçalves	código musical	Senior Masculino	03:10:58	+01:47:32	15:55
514	3953	Angelo Almeida Nunes	sai da frente	Senior Masculino	03:10:58	+01:47:32	15:55
515	3950	Ana Sofia Félix da Silva Durães	sai da frente	Senior Feminino	03:10:58	+01:47:32	15:55
516	3951	Carla Nunes	sai da frente	Senior Feminino	03:10:58	+01:47:32	15:55
517	3954	Carlos Carvalho	sai da frente	Senior Masculino	03:10:58	+01:47:32	15:55
518	4059	Manuel Barbosa	sweet runners	Senior Masculino	03:11:03	+01:47:37	15:55
519	3759	Rui Merino	individual	Senior Masculino	03:11:20	+01:47:54	15:57
520	3488	Maria Fátima Rocha	individual	Senior Feminino	03:11:20	+01:47:54	15:57
521	3236	Patricia Granja	funky runners	Senior Feminino	03:11:26	+01:48:00	15:57
522	3231	Ana Paiva	funky runners	Senior Feminino	03:11:26	+01:48:00	15:57
523	3533	Paula Alexandra Porto Maia Torres	individual	Senior Feminino	03:11:58	+01:48:32	16:00
524	3560	Sara Teixeira	individual	Senior Feminino	03:11:59	+01:48:33	16:00
525	3382	Diana Arminda Moreira da Silva	individual	Senior Feminino	03:12:01	+01:48:35	16:00
526	3846	MARISA GOÇALVES	nocturnos de paredes	Senior Feminino	03:12:09	+01:48:43	16:01
527	1784	Luis Leitão	individual	Veterano M40	03:12:12	+01:48:46	16:01
528	4161	Luis Pedro Moreira e Silva	individual	Senior Masculino	03:12:55	+01:49:29	16:05
529	3796	Ana Trindade	liketomove.com	Senior Feminino	03:13:07	+01:49:41	16:06
530	3797	Paula Costa Soares	liketomove.com	Senior Feminino	03:13:07	+01:49:41	16:06
531	3548	Rosário Cunha	individual	Senior Feminino	03:13:07	+01:49:41	16:06
532	3552	Sandra Cristina Ribeiro da Silva	individual	Senior Feminino	03:13:21	+01:49:55	16:07
533	3927	Joana Filipa de Sousa Pinto	rompe solas	Senior Feminino	03:13:21	+01:49:55	16:07
534	3628	António Bogado	individual	Senior Masculino	03:13:33	+01:50:07	16:08
535	3963	Verónica Vilma dos Santos Sousa	shark tale	Senior Feminino	03:13:33	+01:50:07	16:08

CORRIDA CAMINHADA 12K - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
536	3964	Fernando Jorge Moreira Magalhães	shark tale	Senior Masculino	03:13:33	+01:50:07	16:08
537	3962	Ana Carolina Coelho	shark tale	Senior Feminino	03:13:43	+01:50:17	16:09
538	3824	MARIA ROSA SILVA PEREIRA COSTA	moreira relax runners	Senior Feminino	03:14:04	+01:50:38	16:10
539	3083	Sónia Forte	budeguita runners	Senior Feminino	03:14:05	+01:50:39	16:10
540	1076	Ana Forte	budeguita runners	Senior Feminino	03:14:06	+01:50:40	16:10
541	3459	Mª Cândida Moreira da Silva Ramos Seabra	individual	Senior Feminino	03:14:08	+01:50:42	16:11
542	3537	Paula Oliveira	individual	Senior Feminino	03:14:09	+01:50:43	16:11
543	3398	Fátima Barbosa	individual	Senior Feminino	03:15:01	+01:51:35	16:15
544	3782	Inês Catarina Sousa Rocha	kunochão	Senior Feminino	03:15:02	+01:51:36	16:15
545	3783	Isabel Maria Sousa Moreira	kunochão	Senior Feminino	03:15:03	+01:51:37	16:15
546	3784	Paula Cristina LOurenço Freitas	kunochão	Senior Feminino	03:15:04	+01:51:38	16:15
547	3781	Carla Manuela Camilo Sousa	kunochão	Senior Feminino	03:15:04	+01:51:38	16:15
548	3786	Pedro Miguel Soares Neves	kunochão	Senior Masculino	03:15:04	+01:51:38	16:15
549	4126	Jorge Manuel Ferreira	thunder team	Senior Masculino	03:15:12	+01:51:46	16:16
550	4127	Marco Monteiro	thunder team	Senior Masculino	03:15:12	+01:51:46	16:16
551	4119	Ângela Ferreira	thunder team	Senior Feminino	03:15:14	+01:51:48	16:16
552	3613	Vânia Soares	individual	Senior Feminino	03:15:20	+01:51:54	16:17
553	3281	Adriana Duarte	individual	Senior Feminino	03:15:20	+01:51:54	16:17
554	3686	Jorge Silva	individual	Senior Masculino	03:15:20	+01:51:54	16:17
555	3174	vivalda mouta	ermidafit runners	Senior Feminino	03:15:47	+01:52:21	16:19
556	3173	tania magalhaes	ermidafit runners	Senior Feminino	03:15:47	+01:52:21	16:19
557	3417	Inês Vilela	individual	Senior Feminino	03:16:00	+01:52:34	16:20
558	3568	silvina gama	individual	Senior Feminino	03:16:06	+01:52:40	16:20
559	3853	SALOME GOMES	nocturnos de paredes	Senior Feminino	03:16:21	+01:52:55	16:22
560	1321	Bárbara Neto	individual	Senior Feminino	03:16:23	+01:52:57	16:22
561	3518	Marta Oliveira	individual	Senior Feminino	03:16:55	+01:53:29	16:25
562	3672	João Martins	individual	Senior Masculino	03:16:58	+01:53:32	16:25
563	3880	Rosinda Macedo	os caga tacos running team	Senior Feminino	03:17:04	+01:53:38	16:25
564	3881	António Macedo	os caga tacos running team	Senior Masculino	03:17:05	+01:53:39	16:25
565	3516	Marta Lima	individual	Senior Feminino	03:17:12	+01:53:46	16:26
566	3332	augusta martins	individual	Senior Feminino	03:17:12	+01:53:46	16:26
567	3334	AURORA MORAIS	individual	Senior Feminino	03:17:13	+01:53:47	16:26
568	3311	Ana Pinheiro	individual	Senior Feminino	03:17:14	+01:53:48	16:26
569	3725	Nuno Moreira	individual	Senior Masculino	03:17:15	+01:53:49	16:26
570	2138	Elisabete Melo	soldado desconhecido	Veterana F40	03:17:52	+01:54:26	16:29
571	2139	Paulo Melo	soldado desconhecido	Veterano M40	03:17:53	+01:54:27	16:29
572	3900	Eliseu Lopes	os penduras	Senior Masculino	03:18:58	+01:55:32	16:35
573	3468	Márcia Patricia Lopes Moreira	individual	Senior Feminino	03:19:05	+01:55:39	16:35
574	3967	Paulo Miguel Areal de Sousa	shark tale	Senior Masculino	03:19:20	+01:55:54	16:37
575	3290	Amelia Cardoso	individual	Senior Feminino	03:19:43	+01:56:17	16:39
576	3319	Ana Silva	individual	Senior Feminino	03:19:45	+01:56:19	16:39
577	3746	Ricardo Barbosa	individual	Senior Masculino	03:19:45	+01:56:19	16:39
578	3707	Manuel Joaquim Moreira Soares	individual	Senior Masculino	03:19:46	+01:56:20	16:39
579	3753	Rolando Adolfo Andrade Almeida	individual	Senior Masculino	03:19:46	+01:56:20	16:39
580	3484	Maria Dulce Silva Pereira	individual	Senior Feminino	03:19:46	+01:56:20	16:39

Official Timekeeper: Lap2Go	13 / 25	generate 31-mai-2015 20:10
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CORRIDA CAMINHADA 12K - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
581	3646	Daniel Sousa	individual	Senior Masculino	03:19:47	+01:56:21	16:39
582	3467	marcia lopes	individual	Senior Feminino	03:19:53	+01:56:27	16:39
583	3647	Diogo Jorge Oliveira Ramalhão	individual	Senior Masculino	03:19:53	+01:56:27	16:39
584	3193	Cristina Gonçalves	falta muito?	Senior Feminino	03:19:53	+01:56:27	16:39
585	3189	Isabel Pinto	eu+ ginásio lma	Senior Feminino	03:20:18	+01:56:52	16:42
586	3929	Joana Barbosa	run4all	Senior Feminino	03:20:40	+01:57:14	16:43
587	3931	Lara Andrade	run4all	Senior Feminino	03:20:40	+01:57:14	16:43
588	3578	Sonia Silva	individual	Senior Feminino	03:20:46	+01:57:20	16:44
589	3627	Antonio Barbosa	individual	Senior Masculino	03:20:46	+01:57:20	16:44
590	3577	Sónia Raquel Ferras Silva	individual	Senior Feminino	03:20:59	+01:57:33	16:45
591	3882	Alexandra Sofia Duarte Caldeira	os caldeiras	Senior Feminino	03:21:05	+01:57:39	16:45
592	3884	Jorge Armando de Almeida Caldeira	os caldeiras	Senior Masculino	03:21:05	+01:57:39	16:45
593	3356	celia carvalho	individual	Senior Feminino	03:21:17	+01:57:51	16:46
594	3608	Teresa Montenegro	individual	Senior Feminino	03:21:42	+01:58:16	16:48
595	3400	Fátima Susana Gomes Recarei Azevedo de Carvalho	individual	Senior Feminino	03:21:42	+01:58:16	16:49
596	3363	CELSA MOREIRA DO ESPIRITO SANTO	individual	Senior Feminino	03:21:50	+01:58:24	16:49
597	1404	Tania Isabel Nogueira Rebelo	individual	Senior Feminino	03:21:52	+01:58:26	16:49
598	3315	Ana Rita VRimo Ferreira Oliveira	individual	Senior Feminino	03:21:56	+01:58:30	16:50
599	3595	Susana Maria Ferreira de Oliveira	individual	Senior Feminino	03:21:57	+01:58:31	16:50
600	4057	Lionel Ribeiro	sweet runners	Senior Masculino	03:22:09	+01:58:43	16:51
601	4155	Cristiana Marina Soares Barbosa Pinto do Couto	individual	Senior Feminino	03:22:09	+01:58:43	16:51
602	3742	Pedro Vieira	individual	Senior Masculino	03:22:45	+01:59:19	16:54
603	3757	Rui Fonseca	individual	Senior Masculino	03:22:45	+01:59:19	16:54
604	3377	Daniela Lopes	individual	Senior Feminino	03:22:46	+01:59:20	16:54
605	3248	Nuno Almeida	gaia-running	Senior Masculino	03:22:46	+01:59:20	16:54
606	3615	vera lucia moreira bessa	individual	Senior Feminino	03:22:59	+01:59:33	16:55
607	3639	carlos manuel pinto moreira	individual	Senior Masculino	03:22:59	+01:59:33	16:55
608	4038	Marta Fonseca	sweet runners	Senior Feminino	03:23:00	+01:59:34	16:55
609	4017	Ana Rita Ribeiro	sweet runners	Senior Feminino	03:23:00	+01:59:34	16:55
610	3794	Carlos Manuel da Fonseca Leão	lagaresport	Senior Masculino	03:23:01	+01:59:35	16:55
611	3349	Carla Susana Ferreira Pinto	individual	Senior Feminino	03:23:04	+01:59:38	16:55
612	3569	Silvina Mota	individual	Senior Feminino	03:23:04	+01:59:38	16:55
613	3426	ISABEL REBELO	individual	Senior Feminino	03:23:14	+01:59:48	16:56
614	3730	PAULA SOUSA	individual	Senior Masculino	03:23:15	+01:59:49	16:56
615	3296	Ana Ferro	individual	Senior Feminino	03:23:18	+01:59:52	16:57
616	3553	Sandra Daniela Ferreira Pinto da Costa	individual	Senior Feminino	03:23:19	+01:59:53	16:57
617	3558	Sara Marisa Pinto Ribeiro	individual	Senior Feminino	03:23:27	+02:00:01	16:57
618	3186	Carla Costa	eu+ ginásio lma	Senior Feminino	03:23:31	+02:00:05	16:58
619	3369	Cláudia Isabel Pinto Gonçalves	individual	Senior Feminino	03:23:54	+02:00:28	17:00
620	3869	JACINTO GOMES	nocturnos de paredes	Senior Masculino	03:23:55	+02:00:29	17:00
621	3423	Isabel Maria Pinto Lopes	individual	Senior Feminino	03:23:55	+02:00:29	17:00
622	3791	Luzia da Conceição Sousa Azevedo	lagaresport	Senior Feminino	03:23:56	+02:00:30	17:00

CORRIDA CAMINHADA 12K - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
623	3666	Hugo Alexandre Teixeira Gaspar	individual	Senior Masculino	03:23:56	+02:00:30	17:00
624	4033	Maria Alzira Silva	sweet runners	Senior Feminino	03:24:56	+02:01:30	17:05
625	4037	Marina Pinheiro	sweet runners	Senior Feminino	03:24:57	+02:01:31	17:05
626	4029	Irene Bento	sweet runners	Senior Feminino	03:24:57	+02:01:31	17:05
627	3662	Helder Eduardo Martins Coelho	individual	Senior Masculino	03:25:03	+02:01:37	17:05
628	3348	carla susana durães ferreira	individual	Senior Feminino	03:25:03	+02:01:37	17:05
629	3433	Joana Barbosa	individual	Senior Feminino	03:25:29	+02:02:03	17:07
630	3544	Rosa Maria Castro Moreira	individual	Senior Feminino	03:26:30	+02:03:04	17:12
631	3213	Gustavo Filipe Macedo da Rocha	fast ao km- prr/health&nutrition	Senior Masculino	03:27:18	+02:03:52	17:17
632	4099	Maria Almeida	team idealkorpus	Senior Feminino	03:27:26	+02:04:00	17:17
633	4096	Isabel Delgado	team idealkorpus	Senior Feminino	03:27:26	+02:04:00	17:17
634	3212	Paula Cristina Mesquita Macedo da Rocha	fast ao km- prr/health&nutrition	Senior Feminino	03:27:30	+02:04:04	17:18
635	3271	Ana Ribeiro	gosto de trail	Senior Masculino	03:27:53	+02:04:27	17:19
636	3354	Cátia Soraia Dias Pinto	individual	Senior Feminino	03:27:53	+02:04:27	17:19
637	3272	Margarida Moreira	gosto de trail	Senior Masculino	03:27:53	+02:04:27	17:19
638	3347	Carla Sofia da Rocha Dias	individual	Senior Feminino	03:27:53	+02:04:27	17:19
639	3273	Vasco Lucena	gosto de trail	Senior Masculino	03:27:54	+02:04:28	17:20
640	1365	marta martins	individual	Senior Feminino	03:27:57	+02:04:31	17:20
641	3602	Susana Ribeiro	individual	Senior Feminino	03:27:58	+02:04:32	17:20
642	3761	Rui Ribeiro	individual	Senior Masculino	03:27:58	+02:04:32	17:20
643	3652	Fernando Garces	individual	Senior Masculino	03:28:08	+02:04:42	17:21
644	3564	Silvia Ferreira	individual	Senior Feminino	03:28:08	+02:04:42	17:21
645	3184	Tomás Cardoso Costa	esinval	Senior Masculino	03:28:12	+02:04:46	17:21
646	3183	José Fernando Queiros Costa	esinval	Senior Masculino	03:28:12	+02:04:46	17:21
647	3309	Ana Paula Soares Freitas	individual	Senior Feminino	03:28:36	+02:05:10	17:23
648	3774	Vitor Emanuel de Sousa Ribeiro	individual	Senior Masculino	03:28:37	+02:05:11	17:23
649	3386	Dulce Fernandes	individual	Senior Feminino	03:29:21	+02:05:55	17:27
650	3766	Sérgio Rodrigues	individual	Senior Masculino	03:29:26	+02:06:00	17:27
651	3379	daniela rodrigues	individual	Senior Feminino	03:29:26	+02:06:00	17:27
652	3187	Catarina Preto	eu+ ginásio lma	Senior Feminino	03:29:29	+02:06:03	17:27
653	3253	Paula Rodrigues	gente do norte	Senior Feminino	03:29:48	+02:06:22	17:29
654	3254	Rita Rocha	gente do norte	Senior Feminino	03:29:48	+02:06:22	17:29
655	3252	Marlene Andrade	gente do norte	Senior Feminino	03:29:48	+02:06:22	17:29
656	3250	Luz Mendes	gente do norte	Senior Feminino	03:29:49	+02:06:23	17:29
657	3255	Rui Mendes	gente do norte	Senior Masculino	03:29:49	+02:06:23	17:29
658	2028	pedro brizado	pipb	Veterano M40	03:29:50	+02:06:24	17:29
659	3251	Maria Rosa Taipa	gente do norte	Senior Feminino	03:29:52	+02:06:26	17:29
660	3788	Patrícia Carvalho	la zinco	Senior Feminino	03:29:53	+02:06:27	17:29
661	3831	ANA P.DIAS	nocturnos de paredes	Senior Feminino	03:30:20	+02:06:54	17:32
662	3833	CARINA ALMEIDA	nocturnos de paredes	Senior Feminino	03:30:20	+02:06:54	17:32
663	3841	LILIANA COELHO	nocturnos de paredes	Senior Feminino	03:30:20	+02:06:54	17:32
664	3983	Conceição Martins	solmaia runners	Senior Feminino	03:30:34	+02:07:08	17:33
665	3977	Ana Mota	solmaia runners	Senior Feminino	03:30:34	+02:07:08	17:33
666	3978	Ana Silva	solmaia runners	Senior Feminino	03:30:34	+02:07:08	17:33
667	3997	Sandra Santos	solmaia runners	Senior Feminino	03:30:34	+02:07:08	17:33

Official Timekeeper: Lap2Go	15 / 25	generate 31-mai-2015 20:10
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CORRIDA CAMINHADA 12K - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
668	3985	Diana Pereira	solmaia runners	Senior Feminino	03:30:35	+02:07:09	17:33
669	3979	Carla Morais	solmaia runners	Senior Feminino	03:30:36	+02:07:10	17:33
670	4162	Luis Baldemar Ribeiro da Silva	individual	Senior Masculino	03:30:44	+02:07:18	17:34
671	3168	isabel araujo	ermidafit runners	Senior Feminino	03:30:56	+02:07:30	17:35
672	3170	marisa dias	ermidafit runners	Senior Feminino	03:30:56	+02:07:30	17:35
673	3169	manuela dias	ermidafit runners	Senior Feminino	03:30:56	+02:07:30	17:35
674	3126	Rui Miguel Coelho monteiro	coelho bravo	Senior Masculino	03:31:07	+02:07:41	17:36
675	3191	Ismael Andrade	eu+ ginásio lma	Senior Masculino	03:31:07	+02:07:41	17:36
676	3190	Joana Andrade	eu+ ginásio lma	Senior Feminino	03:31:08	+02:07:42	17:36
677	3125	Eliana Anderia Miranda de Sousa	coelho bravo	Senior Masculino	03:31:08	+02:07:42	17:36
678	3532	Patricia Isabel Leal Moreira	individual	Senior Feminino	03:31:42	+02:08:16	17:39
679	3359	Célia Rocha	individual	Senior Feminino	03:31:43	+02:08:17	17:39
680	1951	David Morais	oralklass-aliança-amigos do trail	Senior Masculino	03:31:44	+02:08:18	17:39
681	1967	Pedro Seixas	oralklass-aliança-amigos do trail	Veterano M40	03:31:44	+02:08:18	17:39
682	4121	Mariana Andrade	thunder team	Senior Feminino	03:31:58	+02:08:32	17:40
683	4123	Rosa Branca Andrade	thunder team	Senior Feminino	03:32:18	+02:08:52	17:42
684	3665	HELDER VIEIRA MOREIRA	individual	Senior Masculino	03:32:19	+02:08:53	17:42
685	3494	MARIA ISABEL DE SOUSA GONÇALVES	individual	Senior Feminino	03:32:19	+02:08:53	17:42
686	3114	David Joaquim Rodrigues Ferreira	código musical	Senior Masculino	03:32:37	+02:09:11	17:43
687	3112	Helena Isabel Gonçalves Ferreira	código musical	Senior Feminino	03:32:38	+02:09:12	17:43
688	3111	Ana Torres	código musical	Senior Feminino	03:32:38	+02:09:12	17:43
689	3119	Luis Miguel Rodrigues Carvalho	código musical	Senior Masculino	03:32:39	+02:09:13	17:43
690	3699	julio borges	individual	Senior Masculino	03:32:59	+02:09:33	17:45
691	3828	ALDINA GOMES	nocturnos de paredes	Senior Feminino	03:33:03	+02:09:37	17:45
692	3624	André Alexandre de Sousa Bessa	individual	Senior Masculino	03:33:04	+02:09:38	17:45
693	3381	Delfina Pereira	individual	Senior Feminino	03:33:11	+02:09:45	17:46
694	3873	MIGUEL MOREIRA	nocturnos de paredes	Senior Masculino	03:33:16	+02:09:50	17:46
695	3836	ISABEL MOREIRA	nocturnos de paredes	Senior Feminino	03:33:16	+02:09:50	17:46
696	3249	Cristina Silva	gente do norte	Senior Feminino	03:33:37	+02:10:11	17:48
697	3501	Maria José Teixeira Duraes	individual	Senior Feminino	03:33:41	+02:10:15	17:48
698	4130	M ALICE COSTA	tou que nem posso	Senior Feminino	03:33:52	+02:10:26	17:49
699	3585	Susana Cristina Sousa Moreira	individual	Senior Feminino	03:33:54	+02:10:28	17:50
700	3325	Anabela Rocha Moreira	individual	Senior Feminino	03:33:56	+02:10:30	17:50
701	3611	Vania Carla Sousa Matos	individual	Senior Feminino	03:33:56	+02:10:30	17:50
702	3771	Tiago Barbosa da Cunha	individual	Senior Masculino	03:34:10	+02:10:44	17:51
703	3343	Carla Manuela Vieira Pinheiro	individual	Senior Feminino	03:34:21	+02:10:55	17:52
704	3160	Micaela Sabina Moreira Santos	equipotência	Senior Feminino	03:35:34	+02:12:08	17:58
705	3161	Susana Filipa Ferreira Taipa	equipotência	Senior Feminino	03:35:34	+02:12:08	17:58
706	1925	ACACIO TEIXEIRA	nocturnos de paredes	Veterano M40	03:35:37	+02:12:11	17:58
707	1578	NUNO MATOS	individual	Senior Masculino	03:35:37	+02:12:11	17:58
708	3158	Ana Moreira	equipotência	Senior Feminino	03:35:53	+02:12:27	17:59
709	3159	Cristina Meireles	equipotência	Senior Feminino	03:35:54	+02:12:28	17:59
710	4065	Patricia Duarte	tangerinas	Senior Feminino	03:36:21	+02:12:55	18:02
711	3832	ANGELA SILVA	nocturnos de paredes	Senior Feminino	03:36:57	+02:13:31	18:05
712	4056	Jorge Augusto Silva	sweet runners	Senior Masculino	03:37:15	+02:13:49	18:06

CORRIDA CAMINHADA 12K - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
713	3308	Ana Paula Santos	individual	Senior Feminino	03:37:26	+02:14:00	18:07
714	3473	Maria Amélia Oliveira Silva	individual	Senior Feminino	03:37:26	+02:14:00	18:07
715	3718	MIGUEL PINTO	individual	Senior Masculino	03:37:48	+02:14:22	18:09
716	3341	Carina MARIA Gonçalves Sousa	individual	Senior Feminino	03:37:50	+02:14:24	18:09
717	3793	Rosa Manuela Sousa Azevedo	lagaresport	Senior Feminino	03:37:51	+02:14:25	18:09
718	3471	MARIA ALICE VIEIRA PINTO	individual	Senior Feminino	03:37:52	+02:14:26	18:09
719	3466	Márcia do Rosário da Silva Oliveira	individual	Senior Feminino	03:37:53	+02:14:27	18:09
720	3609	Teresa Raquel da Silva Oliveira	individual	Senior Feminino	03:37:53	+02:14:27	18:09
721	3521	MAVI GONÇALVES	individual	Senior Feminino	03:38:20	+02:14:54	18:12
722	3352	CATARINA MONTEIRO	individual	Senior Feminino	03:38:43	+02:15:17	18:14
723	3637	Carlos José Barbosa Vieira	individual	Senior Masculino	03:39:09	+02:15:43	18:16
724	4043	Patricia Andreia Soares da Rocha	sweet runners	Senior Feminino	03:39:39	+02:16:13	18:18
725	4018	Carla Sousa	sweet runners	Senior Feminino	03:39:39	+02:16:13	18:18
726	3020	Maria Ferreira	aerodance trail running	Senior Feminino	03:40:25	+02:16:59	18:22
727	3017	Liliana Cerqueira	aerodance trail running	Senior Feminino	03:40:25	+02:16:59	18:22
728	3026	Rosalina Pedroso	aerodance trail running	Senior Feminino	03:40:25	+02:16:59	18:22
729	3025	Rosa Maria Costa	aerodance trail running	Senior Feminino	03:40:25	+02:16:59	18:22
730	3028	Adão Ferreira	aerodance trail running	Senior Masculino	03:40:27	+02:17:01	18:22
731	3765	Sérgio Marco Moreira Lavrador	individual	Senior Masculino	03:40:33	+02:17:07	18:23
732	3350	Catarina Lucas	individual	Senior Feminino	03:40:35	+02:17:09	18:23
733	3768	Sérgio Sousa	individual	Senior Masculino	03:40:35	+02:17:09	18:23
734	3630	Antonio Pedroso	individual	Senior Masculino	03:40:36	+02:17:10	18:23
735	3022	Marina Pereira	aerodance trail running	Senior Feminino	03:40:48	+02:17:22	18:24
736	3036	Sérgio Pereira	aerodance trail running	Senior Masculino	03:40:49	+02:17:23	18:24
737	3680	Joaquim Moreira Moraes	individual	Senior Masculino	03:41:44	+02:18:18	18:29
738	3795	Alexandra Ribeiro	liketomove.com	Senior Feminino	03:42:01	+02:18:35	18:30
739	3039	Carina Moreira	afrikan runners	Senior Feminino	03:42:01	+02:18:35	18:30
740	3038	Ariana Martins	afrikan runners	Senior Feminino	03:42:01	+02:18:35	18:30
741	4008	Luís Dias	solmaia runners	Senior Masculino	03:42:03	+02:18:37	18:30
742	3987	Helena Lopes	solmaia runners	Senior Feminino	03:42:04	+02:18:38	18:30
743	3993	Paula Campos	solmaia runners	Senior Feminino	03:42:04	+02:18:38	18:30
744	3644	Daniel Jesus Magalhaes	individual	Senior Masculino	03:42:07	+02:18:41	18:31
745	3767	Sergio Rui Ferreira Sousa	individual	Senior Masculino	03:42:08	+02:18:42	18:31
746	3452	Liliana Patricia Ferreira Amarante	individual	Senior Feminino	03:42:10	+02:18:44	18:31
747	3085	Ana Ferreira	by!! beat your limit!	Senior Feminino	03:42:25	+02:18:59	18:32
748	3480	Maria de Fátima Silva Teixeira	individual	Senior Feminino	03:42:47	+02:19:21	18:34
749	3289	Amália Maria Miranda Ferreira dos Santos	individual	Senior Feminino	03:42:48	+02:19:22	18:34
750	3479	MARIA DE FATIMA OLIVEIRA SILVA	individual	Senior Feminino	03:42:52	+02:19:26	18:34
751	3227	Alexandra Benedita Azevedo Loureiro Carvalho Graça	fox	Senior Feminino	03:43:15	+02:19:49	18:36
752	3695	jose morais	individual	Senior Masculino	03:43:29	+02:20:03	18:37
753	3542	Raquel Ramos Vilaça	individual	Senior Feminino	03:43:34	+02:20:08	18:38
754	3432	JOANA AMARO	individual	Senior Feminino	03:43:34	+02:20:08	18:38
755	3550	Sandra Carvalho	individual	Senior Feminino	03:43:36	+02:20:10	18:38
756	3527	Olena Myarkovska	individual	Senior Feminino	03:43:36	+02:20:10	18:38

CORRIDA CAMINHADA 12K - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
757	3507	Maria paula cabral	individual	Senior Feminino	03:43:36	+02:20:10	18:38
758	3660	Gonalo Paixo	individual	Senior Masculino	03:43:38	+02:20:12	18:38
759	3520	Marta Ribeiro	individual	Senior Feminino	03:43:38	+02:20:12	18:38
760	3035	Rben Costa	aerodance trail running	Senior Masculino	03:44:01	+02:20:35	18:40
761	3012	Ctia Ferreira	aerodance trail running	Senior Feminino	03:44:01	+02:20:35	18:40
762	3238	Sandra Almeida	funky runners	Senior Feminino	03:44:05	+02:20:39	18:40
763	3292	Ana Brbara Valente de Castro	individual	Senior Feminino	03:44:13	+02:20:47	18:41
764	3405	Gisela de Oliveira Santiago	individual	Senior Feminino	03:44:14	+02:20:48	18:41
765	3969	Raquel Alexandra de Almeida Jesus	sharm el sheikh	Senior Feminino	03:44:14	+02:20:48	18:41
766	3968	Ana Patricia Pinto Oliveira	sharm el sheikh	Senior Feminino	03:44:18	+02:20:52	18:42
767	1426	Antonio Oliveira	individual	Senior Masculino	03:44:18	+02:20:52	18:42
768	3970	Joo Pedro Monteiro de Sousa	sharm el sheikh	Senior Masculino	03:44:22	+02:20:56	18:42
769	3971	Pedro Alexandre Moreira de Almeida	sharm el sheikh	Senior Masculino	03:44:22	+02:20:56	18:42
770	3497	Maria Joo Teixeira Rocha	individual	Senior Feminino	03:44:49	+02:21:23	18:44
771	3492	Maria Ferreira Nunes	individual	Senior Feminino	03:44:50	+02:21:24	18:44
772	3727	Nuno Santos Gonalves	individual	Senior Masculino	03:44:53	+02:21:27	18:44
773	3526	Natalia Cecilia da Rocha Ferreira	individual	Senior Feminino	03:44:53	+02:21:27	18:44
774	3323	Anabela Ferreira Nogueira	individual	Senior Feminino	03:44:54	+02:21:28	18:44
775	3061	Isa Paula Tom Mateus	arcorun	Senior Feminino	03:45:20	+02:21:54	18:47
776	3063	Rafaela Cerdeira Silva	arcorun	Senior Feminino	03:45:20	+02:21:54	18:47
777	3062	Marta Monteiro	arcorun	Senior Feminino	03:45:20	+02:21:54	18:47
778	3300	Ana Lcia Teixeira Correia Vieira	individual	Senior Feminino	03:45:41	+02:22:15	18:48
779	3923	Natrcia Flora Nunes	raposas do porto	Senior Feminino	03:46:51	+02:23:25	18:54
780	3606	Tnia Manuela Ferreira Rocha	individual	Senior Feminino	03:46:52	+02:23:26	18:54
781	3818	Ilidio Jose da Silva Meireles	meireles & cia.	Senior Masculino	03:47:18	+02:23:52	18:56
782	3817	Filipe Alexandre Pacheco Neto Duarte Geada	meireles & cia.	Senior Masculino	03:47:18	+02:23:52	18:57
783	3820	Jose Nuno Gomes Meireles	meireles & cia.	Senior Masculino	03:47:19	+02:23:53	18:57
784	3388	Elisa Lopes	individual	Senior Feminino	03:47:24	+02:23:58	18:57
785	3499	Maria Jos Neves	individual	Senior Feminino	03:47:27	+02:24:01	18:57
786	3743	PEDRO VIEIRA	individual	Senior Masculino	03:47:57	+02:24:31	19:00
787	3304	Ana Melo	individual	Senior Feminino	03:48:00	+02:24:34	19:00
788	3645	Daniel Soares	individual	Senior Masculino	03:48:00	+02:24:34	19:00
789	3082	Tiago Azevedo	bitrunners	Senior Masculino	03:48:08	+02:24:42	19:01
790	3638	Carlos Manuel da Rocha Gomes	individual	Senior Masculino	03:48:14	+02:24:48	19:01
791	3434	Joana Daniela Silva Pereira	individual	Senior Feminino	03:48:15	+02:24:49	19:01
792	3581	Susana Alexandra Vaz Santos Freitas	individual	Senior Feminino	03:48:27	+02:25:01	19:02
793	3563	Slvia de Jesus Bessa Xavier	individual	Senior Feminino	03:48:27	+02:25:01	19:02
794	4089	Victor Moreira	team duas faces	Senior Masculino	03:48:28	+02:25:02	19:02
795	4082	Artur Salazar	team duas faces	Senior Masculino	03:48:30	+02:25:04	19:02
796	4072	Asceno Barbosa	team duas faces	Senior Feminino	03:48:35	+02:25:09	19:03
797	4073	Claudia Ferreira	team duas faces	Senior Feminino	03:48:35	+02:25:09	19:03
798	3182	Clia Maria Cardoso Silva	esinval	Senior Feminino	03:48:36	+02:25:10	19:03
799	3928	Jos Fernando Bessa da Silva	rompe solas	Senior Masculino	03:48:42	+02:25:16	19:03

CORRIDA CAMINHADA 12K - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
800	3926	Ana Maria Caetano Rocha	rompe solas	Senior Feminino	03:48:42	+02:25:16	19:04
801	3397	Eva Natália Borges Oliveira	individual	Senior Feminino	03:49:01	+02:25:35	19:05
802	3654	Fernando Manuel Sousa Maduro	individual	Senior Masculino	03:49:02	+02:25:36	19:05
803	2300	Maria Sofia Arrepia Ferreira	individual	Senior Feminino	03:49:22	+02:25:56	19:07
804	2299	Helena Maria Carneiro Almeida Arrepia Ferreira	individual	Senior Feminino	03:49:22	+02:25:56	19:07
805	4024	Fernanda Rocha	sweet runners	Senior Feminino	03:49:23	+02:25:57	19:07
806	3583	Susana Carneiro	individual	Senior Feminino	03:49:37	+02:26:11	19:08
807	4039	Micaela Rodrigues	sweet runners	Senior Feminino	03:50:03	+02:26:37	19:10
808	3416	Ines Silva	individual	Senior Feminino	03:50:04	+02:26:38	19:10
809	3535	Paula cristina Catarino reis dos anjos	individual	Senior Feminino	03:50:04	+02:26:38	19:10
810	3486	Maria Emília da fonte	individual	Senior Feminino	03:50:05	+02:26:39	19:10
811	4040	Nicole Rodrigues	sweet runners	Senior Feminino	03:50:05	+02:26:39	19:10
812	4097	Marcia Bessa	team idealkorpus	Senior Feminino	03:50:27	+02:27:01	19:12
813	4093	Fabia Santos	team idealkorpus	Senior Feminino	03:50:28	+02:27:02	19:12
814	4090	Ana Bessa	team idealkorpus	Senior Feminino	03:50:29	+02:27:03	19:12
815	4064	Luisa Moreno	tangerinas	Senior Feminino	03:50:36	+02:27:10	19:13
816	4022	Deolinda Barros	sweet runners	Senior Feminino	03:50:55	+02:27:29	19:15
817	4027	Idalina Alves	sweet runners	Senior Feminino	03:50:56	+02:27:30	19:15
818	3390	Elisabete Maia	individual	Senior Feminino	03:50:57	+02:27:31	19:15
819	3762	Rui Teixeira	individual	Senior Masculino	03:50:57	+02:27:31	19:15
820	3429	Isabel Susano	individual	Senior Feminino	03:51:05	+02:27:39	19:15
821	3446	Lídia Vale	individual	Senior Feminino	03:51:05	+02:27:39	19:15
822	3464	Manuela Soares Silva	individual	Senior Feminino	03:51:40	+02:28:14	19:18
823	3562	Sílvia Coelho	individual	Senior Feminino	03:51:41	+02:28:15	19:18
824	3539	Paula Soares Silva	individual	Senior Feminino	03:51:41	+02:28:15	19:18
825	4063	Joana Ferreira	tangerinas	Senior Feminino	03:51:42	+02:28:16	19:18
826	4066	Paula Cardoso	tangerinas	Senior Feminino	03:51:42	+02:28:16	19:19
827	4129	EMILIA PEIXOTO	tou que nem posso	Senior Feminino	03:51:48	+02:28:22	19:19
828	4132	ISABEL LOPES	tou que nem posso	Senior Masculino	03:51:49	+02:28:23	19:19
829	4135	LUÍS PEIXOTO	tou que nem posso	Senior Masculino	03:51:49	+02:28:23	19:19
830	3811	Vanessa Barbosa	mankinhas	Senior Feminino	03:51:53	+02:28:27	19:19
831	3806	Carla Brinco	mankinhas	Senior Feminino	03:51:54	+02:28:28	19:20
832	1812	Paulo Jorge da Silva Costa	individual	Veterano M40	03:52:12	+02:28:46	19:21
833	3530	Olivia Coelho	individual	Senior Feminino	03:52:13	+02:28:47	19:21
834	3241	Susana Meireles	funky runners	Senior Feminino	03:52:17	+02:28:51	19:21
835	3244	Carlos Viana	funky runners	Senior Masculino	03:52:18	+02:28:52	19:21
836	3528	Olga Cristina Moreira Rodrigues	individual	Senior Feminino	03:52:19	+02:28:53	19:22
837	3715	Mário Emanuel Barbosa Ribeiro	individual	Senior Masculino	03:52:20	+02:28:54	19:22
838	3650	Fábio Rafael Machado Nogueira	individual	Senior Masculino	03:52:21	+02:28:55	19:22
839	3447	Lígia Maria Cepeda Machado	individual	Senior Feminino	03:52:21	+02:28:55	19:22
840	3940	RICARDO ALVES	run4fun	Senior Masculino	03:52:23	+02:28:57	19:22
841	3749	Ricardo Santos	individual	Senior Masculino	03:52:23	+02:28:57	19:22
842	3505	Maria Natividade Pereira Esteves	individual	Senior Feminino	03:52:44	+02:29:18	19:24
843	3368	Cláudia Cristina Casimiro Gomes	individual	Senior Feminino	03:52:45	+02:29:19	19:24
844	3895	Mariana Oliveira	os penduras	Senior Feminino	03:53:30	+02:30:04	19:28

CORRIDA CAMINHADA 12K - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
845	3894	Leonor Teixeira	os penduras	Senior Feminino	03:53:31	+02:30:05	19:28
846	3414	Ines LOBO Moreira	individual	Senior Feminino	03:53:47	+02:30:21	19:29
847	3545	Rosa Maria Santos Lobo Moreira	individual	Senior Feminino	03:53:47	+02:30:21	19:29
848	3439	Julia Maria dos Santos Lobo Goncalves Monteiro	individual	Senior Feminino	03:53:48	+02:30:22	19:29
849	4028	Inês Alves	sweet runners	Senior Feminino	03:53:53	+02:30:27	19:29
850	3918	Filipa Rocha	primus run	Senior Feminino	03:54:20	+02:30:54	19:32
851	3919	Isabel Nogueira	primus run	Senior Feminino	03:54:20	+02:30:54	19:32
852	3917	Carla Pacheco	primus run	Senior Feminino	03:54:21	+02:30:55	19:32
853	3019	Manuela Loureiro	aerodance trail running	Senior Feminino	03:54:21	+02:30:55	19:32
854	3016	Juliana Monteiro	aerodance trail running	Senior Feminino	03:54:22	+02:30:56	19:32
855	3867	FLAVIO AGUDO	nocturnos de paredes	Senior Masculino	03:54:22	+02:30:56	19:32
856	3013	Cristina Campos	aerodance trail running	Senior Feminino	03:54:22	+02:30:56	19:32
857	3597	SUSANA MARIA TENTÚGAL COSTA FERREIRA	individual	Senior Feminino	03:54:27	+02:31:01	19:32
858	3739	PEDRO NOEL REIMÃO TORRES INÁCIO	individual	Senior Masculino	03:54:27	+02:31:01	19:32
859	3010	Alexandra Santos	aerodance trail running	Senior Feminino	03:54:34	+02:31:08	19:33
860	3015	Isabete Miranda	aerodance trail running	Senior Feminino	03:54:35	+02:31:09	19:33
861	3735	Pedro Miguel Barbosa Pinto Ramos	individual	Senior Masculino	03:54:59	+02:31:33	19:35
862	3599	Susana Monteiro Pinto	individual	Senior Feminino	03:55:12	+02:31:46	19:36
863	3961	Joana Filipa dos Santos Neto	sem medo nenhum.	Senior Feminino	03:55:31	+02:32:05	19:38
864	3959	Ana Rita Moreira Alves	sem medo nenhum.	Senior Feminino	03:55:31	+02:32:05	19:38
865	4016	Ana Leal	sweet runners	Senior Feminino	03:55:36	+02:32:10	19:38
866	3021	Maria João Mesquita	aerodance trail running	Senior Feminino	03:55:43	+02:32:17	19:39
867	3024	Rosa Castro	aerodance trail running	Senior Feminino	03:55:43	+02:32:17	19:39
868	3014	Irene Bastos	aerodance trail running	Senior Feminino	03:55:44	+02:32:18	19:39
869	3847	MARISA MOREIRA	nocturnos de paredes	Senior Feminino	03:56:09	+02:32:43	19:41
870	3864	DIOGO CASTRO	nocturnos de paredes	Senior Masculino	03:56:10	+02:32:44	19:41
871	3770	Tadeu de Jesus da Rocha Ferreira	individual	Senior Masculino	03:56:18	+02:32:52	19:42
872	3027	Susana Santos	aerodance trail running	Senior Feminino	03:56:25	+02:32:59	19:42
873	3018	Manuela Antunes	aerodance trail running	Senior Feminino	03:56:25	+02:32:59	19:42
874	3420	Isabel Cristina Freitas Marques	individual	Senior Feminino	03:56:28	+02:33:02	19:42
875	3938	MARTA PINHEIRO	run4fun	Senior Feminino	03:56:28	+02:33:02	19:42
876	3858	SUSANA MAGALHAES	nocturnos de paredes	Senior Feminino	03:56:45	+02:33:19	19:44
877	3103	Lucia Lemos	cds paredes	Senior Feminino	03:57:13	+02:33:47	19:46
878	3105	Suse Rocha	cds paredes	Senior Feminino	03:57:13	+02:33:47	19:46
879	3850	MONICA FERREIRA	nocturnos de paredes	Senior Feminino	03:57:32	+02:34:06	19:48
880	3854	SANDRA PINTO	nocturnos de paredes	Senior Feminino	03:57:33	+02:34:07	19:48
881	3673	João Miguel Pereira da Silva Lopes	individual	Senior Masculino	03:58:23	+02:34:57	19:52
882	3435	Joana Freitas	individual	Senior Feminino	03:58:23	+02:34:57	19:52
883	1379	sabrina katia pedone	individual	Senior Feminino	03:59:18	+02:35:52	19:57
884	4102	Maria Nunes	team idealkorpus	Senior Feminino	03:59:19	+02:35:53	19:57
885	3472	Maria Alzira Rocha Silva	individual	Senior Feminino	03:59:28	+02:36:02	19:57
886	3367	Cláudia Catarina Silva Pereira	individual	Senior Feminino	03:59:29	+02:36:03	19:57
887	1902	MARIANA PINTO	nocturnos de paredes	Senior Feminino	03:59:45	+02:36:19	19:59
888	3835	INES URBANO	nocturnos de paredes	Senior Feminino	03:59:45	+02:36:19	19:59

CORRIDA CAMINHADA 12K - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
889	3838	JOANA VILARINHO	nocturnos de paredes	Senior Feminino	03:59:48	+02:36:22	19:59
890	3451	Liliana Maria Almeida Borges	individual	Senior Feminino	03:59:50	+02:36:24	19:59
891	3827	Paulo Araújo	"não sei se aguento"	Senior Masculino	03:59:56	+02:36:30	20:00
892	3912	Fatima Lopes	pernetas	Senior Feminino	03:59:56	+02:36:30	20:00
893	3826	teresa sousa	"não sei se aguento"	Senior Feminino	03:59:57	+02:36:31	20:00
894	3911	Diana Caetano	pernetas	Senior Feminino	03:59:57	+02:36:31	20:00
895	3825	Florbela Santos	"não sei se aguento"	Senior Feminino	03:59:57	+02:36:31	20:00
896	3232	Carla Gomes	funky runners	Senior Feminino	04:01:30	+02:38:04	20:08
897	3240	Sónia Ferreirinha	funky runners	Senior Feminino	04:01:32	+02:38:06	20:08
898	3239	Sara Mota	funky runners	Senior Feminino	04:01:32	+02:38:06	20:08
899	3649	Fábio Daniel Alves Moura	individual	Senior Masculino	04:01:35	+02:38:09	20:08
900	3150	Raquel Daniela Lopes Vieira da Cruz	equipa ebc	Senior Feminino	04:01:35	+02:38:09	20:08
901	3157	Hugo Joaquim da Costa Santos	equipa ebc	Senior Masculino	04:02:07	+02:38:41	20:11
902	3156	Flávio Manuel Brito da Mota Soares	equipa ebc	Senior Masculino	04:02:07	+02:38:41	20:11
903	3147	Joana Margarida Fernandes Ribeiro da Silva	equipa ebc	Senior Feminino	04:02:08	+02:38:42	20:11
904	3148	Noémia Maria de Sousa Barbosa	equipa ebc	Senior Feminino	04:02:08	+02:38:42	20:11
905	3149	Raquel Andreia Ferreira da Rocha	equipa ebc	Senior Feminino	04:02:08	+02:38:42	20:11
906	3143	Fátima Cecília Pereira Barbosa	equipa ebc	Senior Feminino	04:02:09	+02:38:43	20:11
907	4106	Ana Sofia Cunha Ferreira	tecla 3 runners	Senior Feminino	04:02:21	+02:38:55	20:12
908	4111	Marta Filipa Gomes Vieira Ribeiro da Silva	tecla 3 runners	Senior Feminino	04:02:21	+02:38:55	20:12
909	4107	Ângela Sofia Monteiro Vieira	tecla 3 runners	Senior Feminino	04:02:23	+02:38:57	20:12
910	4108	Catarina Rocha	tecla 3 runners	Senior Feminino	04:02:23	+02:38:57	20:12
911	1905	ANTONIO BRITO	nocturnos de paredes	Senior Masculino	04:03:20	+02:39:54	20:17
912	3534	Paula Cardoso de Pinho	individual	Senior Feminino	04:03:44	+02:40:18	20:19
913	3360	Celia Soares Mauricio	individual	Senior Feminino	04:03:44	+02:40:18	20:19
914	3358	Célia Maria Teixeira dos Santos	individual	Senior Feminino	04:03:55	+02:40:29	20:20
915	3339	Candida. Alves	individual	Senior Feminino	04:03:55	+02:40:29	20:20
916	3587	Susana Fernandes	individual	Senior Feminino	04:03:55	+02:40:29	20:20
917	3696	José Pinto	individual	Senior Masculino	04:03:56	+02:40:30	20:20
918	4031	Joana Mota	sweet runners	Senior Feminino	04:04:40	+02:41:14	20:23
919	4058	Luis Silva	sweet runners	Senior Masculino	04:04:40	+02:41:14	20:23
920	2189	Alexandra Flor	team @venida	Veterana F40	04:04:48	+02:41:22	20:24
921	3003	Fatima Borges	@venida team	Senior Feminino	04:04:48	+02:41:22	20:24
922	3410	Helena da Conceição Sousa Silva	individual	Senior Feminino	04:05:08	+02:41:42	20:26
923	3720	Nelson Manuel Dias Gomes	individual	Senior Masculino	04:05:09	+02:41:43	20:26
924	3513	Marlene Dias Gonçalves	individual	Senior Feminino	04:05:13	+02:41:47	20:26
925	4047	Sandra Silva	sweet runners	Senior Feminino	04:05:15	+02:41:49	20:26
926	4020	Cristiana Leal	sweet runners	Senior Feminino	04:05:15	+02:41:49	20:26
927	3151	Sofia Raque Nunes da Rocha	equipa ebc	Senior Feminino	04:05:29	+02:42:03	20:27
928	3153	Susana Patricia da Costa Silva	equipa ebc	Senior Feminino	04:05:29	+02:42:03	20:27
929	1692	Isilda Maria Lima Oliveira	individual	Veterana F40	04:05:47	+02:42:21	20:29
930	3128	Claudia Rocha	desportonolimit	Senior Feminino	04:06:44	+02:43:18	20:34
931	4048	Silvia Ribeiro	sweet runners	Senior Feminino	04:07:05	+02:43:39	20:35

CORRIDA CAMINHADA 12K - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
932	3142	Célia Maria da Silva Barbosa Pereira	equipa ebc	Senior Feminino	04:07:06	+02:43:40	20:36
933	3144	Isabel Filomena dos Santos Barbosa	equipa ebc	Senior Feminino	04:07:06	+02:43:40	20:36
934	3152	Susana Filipa Soares de Barros	equipa ebc	Senior Feminino	04:07:07	+02:43:41	20:36
935	3146	Isabel Maria Rocha Moreira	equipa ebc	Senior Feminino	04:07:07	+02:43:41	20:36
936	3188	Elva Bonifacio Andrade	eu+ ginásio lma	Senior Feminino	04:07:07	+02:43:41	20:36
937	3185	Begoña Perez	eu+ ginásio lma	Senior Feminino	04:07:08	+02:43:42	20:36
938	3229	Ana Meireles	funky runners	Senior Feminino	04:08:45	+02:45:19	20:44
939	3234	Cidália Barros	funky runners	Senior Feminino	04:08:46	+02:45:20	20:44
940	4141	Fernando Graça Pinto	toyota 4runner	Senior Masculino	04:08:53	+02:45:27	20:44
941	4140	Rita Martins	toyota 4runner	Senior Feminino	04:08:53	+02:45:27	20:44
942	3321	Ana Teresa Oliveira Teixeira Pinto	individual	Senior Feminino	04:09:07	+02:45:41	20:46
943	3460	Madalena couto	individual	Senior Feminino	04:09:22	+02:45:56	20:47
944	3427	Isabel ribeiro	individual	Senior Feminino	04:09:22	+02:45:56	20:47
945	1402	Susana Rito	individual	Senior Feminino	04:09:24	+02:45:58	20:47
946	3758	Rui maltez	individual	Senior Masculino	04:09:28	+02:46:02	20:47
947	3333	aurora manuela santos costa	individual	Senior Feminino	04:09:40	+02:46:14	20:48
948	3355	Celeste Barros Lopes	individual	Senior Feminino	04:09:41	+02:46:15	20:48
949	3677	Joaquim Augusto Moreira da Silva	individual	Senior Masculino	04:09:41	+02:46:15	20:48
950	3711	Manuel Silva Alves	individual	Senior Masculino	04:09:42	+02:46:16	20:48
951	4094	Fátima Carvalho	team idealkorpus	Senior Feminino	04:10:31	+02:47:05	20:53
952	4095	Goreti Cruz	team idealkorpus	Senior Feminino	04:10:31	+02:47:05	20:53
953	3286	Alice Matilde Barbosa Ribeiro	individual	Senior Feminino	04:10:47	+02:47:21	20:54
954	3586	Susana Cristina Teixeira Ferreira	individual	Senior Feminino	04:11:39	+02:48:13	20:58
955	3029	Bruno Silva	aerodance trail running	Senior Masculino	04:12:24	+02:48:58	21:02
956	3033	Paulo Silva	aerodance trail running	Senior Masculino	04:12:25	+02:48:59	21:02
957	3011	Carla Reis	aerodance trail running	Senior Feminino	04:12:35	+02:49:09	21:03
958	3032	Manuel Santos	aerodance trail running	Senior Masculino	04:12:35	+02:49:09	21:03
959	3922	Angelico Jorge	rainha club	Senior Masculino	04:12:37	+02:49:11	21:03
960	3921	Cristina Silva	rainha club	Senior Feminino	04:12:37	+02:49:11	21:03
961	1196	Raquel Fernandes	eu+ ginásio lma	Senior Feminino	04:12:41	+02:49:15	21:03
962	1197	Sara Ferreira	eu+ ginásio lma	Senior Feminino	04:12:41	+02:49:15	21:03
963	1303	Ana Catarina Martins	individual	Senior Feminino	04:12:52	+02:49:26	21:04
964	3440	Juliana castro	individual	Senior Feminino	04:12:53	+02:49:27	21:04
965	3385	Diana Portas	individual	Senior Feminino	04:12:54	+02:49:28	21:04
966	3328	Andreia Alice moreira	individual	Senior Feminino	04:12:54	+02:49:28	21:05
967	3307	Ana paula ribeiro	individual	Senior Feminino	04:12:55	+02:49:29	21:05
968	3590	Susana Jorge	individual	Senior Feminino	04:12:56	+02:49:30	21:05
969	3706	Manuel Guimarães	individual	Senior Masculino	04:15:09	+02:51:43	21:16
970	3324	Anabela Guimarães	individual	Senior Feminino	04:15:13	+02:51:47	21:16
971	4025	Filipa Silva	sweet runners	Senior Feminino	04:16:31	+02:53:05	21:23
972	4036	Maria Gloria Dias	sweet runners	Senior Feminino	04:16:31	+02:53:05	21:23
973	4046	Rosária Dias	sweet runners	Senior Feminino	04:16:31	+02:53:05	21:23
974	4035	Maria Freitas	sweet runners	Senior Feminino	04:16:41	+02:53:15	21:23
975	3810	Susana Castro	mankinhas	Senior Feminino	04:17:00	+02:53:34	21:25
976	3807	Mafalda Costa	mankinhas	Senior Feminino	04:17:00	+02:53:34	21:25

CORRIDA CAMINHADA 12K - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
977	3942	Michelle ferreira	rungo	Senior Feminino	04:17:55	+02:54:29	21:30
978	3943	Luís sousa	rungo	Senior Masculino	04:17:55	+02:54:29	21:30
979	1325	Carla Salomé Freitas Lopes dos Santos	individual	Senior Feminino	04:17:58	+02:54:32	21:30
980	1682	fernanda nogueira rodrigues	individual	Veterana F40	04:17:59	+02:54:33	21:30
981	3941	Joana Sousa	rungo	Senior Feminino	04:18:08	+02:54:42	21:31
982	4041	Otacília Silva	sweet runners	Senior Feminino	04:18:20	+02:54:54	21:32
983	4023	Elisete Viegas	sweet runners	Senior Feminino	04:18:20	+02:54:54	21:32
984	4045	Raquel de Jesus Barbosa Leal Gomes	sweet runners	Senior Feminino	04:18:20	+02:54:54	21:32
985	1532	Jonathan Dos Santos	individual	Senior Masculino	04:18:49	+02:55:23	21:34
986	3364	César Filipe Moreira Magalhães	individual	Senior Feminino	04:19:05	+02:55:39	21:35
987	3764	sergio dinis pinto santos	individual	Senior Masculino	04:19:05	+02:55:39	21:35
988	3503	Maria Luisa Pinto Ribeiro	individual	Senior Feminino	04:19:08	+02:55:42	21:36
989	3345	Carla Mariana Moreira Campos	individual	Senior Feminino	04:19:37	+02:56:11	21:38
990	3514	Marlene Manuela Pinto Moreira	individual	Senior Feminino	04:19:37	+02:56:11	21:38
991	3437	Joana sofia Calvario Areal	individual	Senior Feminino	04:19:38	+02:56:12	21:38
992	3840	LIDIA MOTA	nocturnos de paredes	Senior Feminino	04:19:38	+02:56:12	21:38
993	3809	Sara Dias	mankinhas	Senior Feminino	04:20:05	+02:56:39	21:40
994	3897	Suzana Ribeiro	os penduras	Senior Feminino	04:23:29	+03:00:03	21:57
995	3896	Marlene Fernandes	os penduras	Senior Feminino	04:23:30	+03:00:04	21:57
996	3898	Álvaro Gonçalves	os penduras	Senior Masculino	04:23:30	+03:00:04	21:57
997	3346	Carla Natercia Barros Teixeira Moura	individual	Senior Feminino	04:23:52	+03:00:26	21:59
998	3663	Helder Filipe Castro Moura	individual	Senior Masculino	04:23:52	+03:00:26	21:59
999	3659	Gonçalo Costa	individual	Senior Masculino	04:24:08	+03:00:42	22:01
1000	3242	Susana Nunes	funky runners	Senior Feminino	04:24:08	+03:00:42	22:01
1001	3536	Paula Gomes	individual	Senior Feminino	04:24:08	+03:00:42	22:01
1002	3306	ANA PAULA ALVES	individual	Senior Feminino	04:24:41	+03:01:15	22:03
1003	3623	Ana Marta Ribeiro Resende Dias	individual	Senior Masculino	04:26:20	+03:02:54	22:12
1004	3344	Carla Maria Ribeiro de Oliveira	individual	Senior Feminino	04:26:22	+03:02:56	22:12
1005	3453	Liliana Rodrigues	individual	Senior Feminino	04:26:23	+03:02:57	22:12
1006	3612	Vania Patricia Bragança Saraiva	individual	Senior Feminino	04:26:24	+03:02:58	22:12
1007	3297	Ana Filipa Fonseca Nascimento	individual	Senior Feminino	04:26:25	+03:02:59	22:12
1008	3394	Erica Patricia Rodrigues de Almeida e Silva	individual	Senior Feminino	04:26:25	+03:02:59	22:12
1009	3430	Isabel Vitelo	individual	Senior Feminino	04:26:25	+03:02:59	22:12
1010	3607	Tatiana Ferreira	individual	Senior Feminino	04:26:25	+03:02:59	22:12
1011	3373	Cristina Maria Pacheco Barbosa	individual	Senior Feminino	04:26:48	+03:03:22	22:14
1012	3415	ines Pereira da Silva	individual	Senior Feminino	04:26:49	+03:03:23	22:14
1013	3301	Ana Luis Carneiro	individual	Senior Feminino	04:26:49	+03:03:23	22:14
1014	4117	Rosaria Cruz	tecla 3 walking	Senior Feminino	04:26:52	+03:03:26	22:14
1015	4113	Cleonice de Andrade Delgado Mendes	tecla 3 walking	Senior Feminino	04:26:53	+03:03:27	22:14
1016	4114	Maria Esperança Couto Silva Moreira	tecla 3 walking	Senior Feminino	04:26:55	+03:03:29	22:15
1017	3102	Juliana Lemos	cds paredes	Senior Feminino	04:27:35	+03:04:09	22:18
1018	3104	Sandra Lemos	cds paredes	Senior Feminino	04:27:35	+03:04:09	22:18

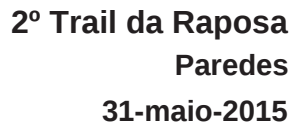
CORRIDA CAMINHADA 12K - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1019	1399	Susana Manuela Vieira Marques	individual	Senior Feminino	04:27:35	+03:04:09	22:18
1020	3338	Bruna Fabiana Lopes Magalhães	individual	Senior Feminino	04:27:43	+03:04:17	22:19
1021	3329	Andreia Filipa Sousa Monteiro	individual	Senior Feminino	04:27:43	+03:04:17	22:19
1022	3483	Maria de Lurdes Saraiva de Sousa Monteiro	individual	Senior Feminino	04:27:44	+03:04:18	22:19
1023	3772	Tiago Daniel Sousa Monteiro	individual	Senior Masculino	04:27:44	+03:04:18	22:19
1024	4085	Eduarda Lopes	team duas faces	Senior Masculino	04:28:06	+03:04:40	22:21
1025	4083	Diniz Ribeiro	team duas faces	Senior Masculino	04:28:06	+03:04:40	22:21
1026	4075	Maria da Glória da Silva Duarte	team duas faces	Senior Feminino	04:28:09	+03:04:43	22:21
1027	4076	Patricia Andrade	team duas faces	Senior Feminino	04:28:09	+03:04:43	22:21
1028	3005	Cesário Costa	@venida team	Senior Masculino	04:29:37	+03:06:11	22:28
1029	3523	Mónica Rocha	individual	Senior Feminino	04:30:15	+03:06:49	22:31
1030	3859	VIVIANA OLIVEIRA	nocturnos de paredes	Senior Feminino	04:30:32	+03:07:06	22:33
1031	3845	MARIA OLIVEIRA	nocturnos de paredes	Senior Feminino	04:30:38	+03:07:12	22:33
1032	3862	ANTONIO OLIVEIRA	nocturnos de paredes	Senior Masculino	04:30:38	+03:07:12	22:33
1033	3893	Inês Couto	os penduras	Senior Feminino	04:33:29	+03:10:03	22:47
1034	3901	Hugo Couto	os penduras	Senior Masculino	04:33:29	+03:10:03	22:47
1035	3441	Juliana Oliveira	individual	Senior Feminino	04:34:13	+03:10:47	22:51
1036	3127	Ilda Maia Teixeira	crossfit vale do ave	Senior Feminino	04:34:14	+03:10:48	22:51
1037	3543	Rita Rodrigues	individual	Senior Feminino	04:34:14	+03:10:48	22:51
1038	1519	João Oliveira	individual	Senior Masculino	04:34:15	+03:10:49	22:51
1039	3002	Cristina Moreira Leão	@venida team	Senior Feminino	04:34:53	+03:11:27	22:54
1040	3001	Cristiana Vieira	@venida team	Senior Feminino	04:34:54	+03:11:28	22:55
1041	3580	Sónia Teixeira	individual	Senior Feminino	04:34:58	+03:11:32	22:55
1042	3506	Maria Nogueira	individual	Senior Feminino	04:34:58	+03:11:32	22:55
1043	3454	Liliana Teixeira	individual	Senior Feminino	04:35:05	+03:11:39	22:55
1044	3196	Sandra Pereira	falta muito?	Senior Feminino	04:35:05	+03:11:39	22:55
1045	3310	ANA PAULA VIEIRA GARCÊS RIBEIRO	individual	Senior Feminino	04:35:09	+03:11:43	22:56
1046	3601	SUSANA PATRICIA LOPES ROCHA	individual	Senior Feminino	04:35:10	+03:11:44	22:56
1047	3738	PEDRO MIGUEL FONTE ROCHA	individual	Senior Masculino	04:35:10	+03:11:44	22:56
1048	3392	ELSA MARIA LOPES MOREIRA ROCHA	individual	Senior Feminino	04:35:11	+03:11:45	22:56
1049	3540	Pureza Silva	individual	Senior Feminino	04:35:27	+03:12:01	22:57
1050	3561	Sílvia Alexandra Rodrigues da Mota	individual	Senior Feminino	04:38:07	+03:14:41	23:11
1051	3589	Susana Idalina Rodrigues Mota	individual	Senior Feminino	04:38:08	+03:14:42	23:11
1052	3603	Susana Simão	individual	Senior Feminino	04:38:09	+03:14:43	23:11
1053	3443	Kelly Florencio	individual	Senior Feminino	04:38:09	+03:14:43	23:11
1054	1714	Alexandrina Bastos	individual	Veterano M40	04:39:44	+03:16:18	23:19
1055	3257	ISABEL FERREIRA	ginasio fit4fun	Senior Feminino	04:39:45	+03:16:19	23:19
1056	3258	JOANA MATOS	ginasio fit4fun	Senior Feminino	04:39:45	+03:16:19	23:19
1057	3259	JULIA JESUS	ginasio fit4fun	Senior Feminino	04:39:45	+03:16:19	23:19
1058	3261	CARLOS CORREIA	ginasio fit4fun	Senior Masculino	04:39:46	+03:16:20	23:19
1059	3262	MARCO JESUS	ginasio fit4fun	Senior Masculino	04:39:46	+03:16:20	23:19
1060	3260	LILIANA SANTIAGO	ginasio fit4fun	Senior Feminino	04:39:52	+03:16:26	23:19
1061	3490	Maria Fatima Silva Fonseca	individual	Senior Feminino	04:47:36	+03:24:10	23:58



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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1062	3051	Pedro Lima	amigos da quinta das freiras	Senior Masculino	04:47:48	+03:24:22	23:59
1063	3050	Teresa Maria Conceição Neves	amigos da quinta das freiras	Senior Feminino	04:47:50	+03:24:24	23:59
1064	3047	Catarina Alexandra Ribeiro Almeida	amigos da quinta das freiras	Senior Feminino	04:47:50	+03:24:24	23:59
1065	3049	Rosa Maria Almeida Ribeiro	amigos da quinta das freiras	Senior Feminino	04:47:50	+03:24:24	23:59
1066	3048	Cristina Lemos	amigos da quinta das freiras	Senior Feminino	04:47:50	+03:24:24	23:59

12 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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1	3418	Iolanda Sofia de Sousa Mendes	Individual	Senior Feminino	01:39:02	08:15
2	3913	Mª Manuela Ferreira	Pernetas	Senior Feminino	01:47:35	+08:33 08:58
3	3474	Maria Arminda Silva Coleho	Individual	Senior Feminino	01:52:15	+13:13 09:21
4	3320	Ana Sofia Gonçalves Freitas	Individual	Senior Feminino	01:54:48	+15:46 09:34
5	3202	Maria Albertina Sá	Family Pinto	Senior Feminino	01:54:56	+15:54 09:35
6	3299	Ana Isabel Silva Morais	Individual	Senior Feminino	01:55:52	+16:50 09:39
7	3491	Maria Fátima Viera da Costa	Individual	Senior Feminino	01:55:53	+16:51 09:39
8	3198	Sílvia Cardoso	FAMA RUNNERS	Senior Feminino	01:56:08	+17:06 09:41
9	3916	Anabela Choro	PLAY RUNNERS	Senior Feminino	02:00:05	+21:03 10:00
10	3084	Vanda Assunção	BUDEGUITA RUNNERS	Senior Feminino	02:00:42	+21:40 10:03
11	3551	Sandra Cavalheiro	Individual	Senior Feminino	02:01:16	+22:14 10:06
12	3365	Céu Vieira	Individual	Senior Feminino	02:05:13	+26:11 10:26
13	4148	ANA PAULA RIBEIRO CRAVEIRO NUNES	USGUNAS	Senior Feminino	02:07:51	+28:49 10:39
14	3282	Adriana Teresa Silva Rodrigues	Individual	Senior Feminino	02:08:00	+28:58 10:40
15	3009	Inês Gonçalves	A.D.Amarante trail running	Senior Feminino	02:08:01	+28:59 10:40
16	3531	Patrícia Ferreira	Individual	Senior Feminino	02:09:43	+30:41 10:49
17	2295	Maria de Fátima Ferreira Coelho	Individual	Senior Feminino	02:11:38	+32:36 10:58
18	3498	Maria Jose Ferreira Soares Moreira	Individual	Senior Feminino	02:11:39	+32:37 10:58
19	4001	Teresa Pinto	Solmaia Runners	Senior Feminino	02:12:21	+33:19 11:02
20	3336	Branca Maria Oliveira Marques	Individual	Senior Feminino	02:12:30	+33:28 11:02
21	3792	Rita Pereira	LagareSport	Senior Feminino	02:14:23	+35:21 11:12
22	3220	Liliana Cardoso	FFit Gaia Trail	Senior Feminino	02:14:33	+35:31 11:13
23	2228	Isabel Maria da Silva Henriques	Terroros do Asfalto	Senior Feminino	02:15:13	+36:11 11:16
24	3078	Fátima Costa	BitRunners	Senior Feminino	02:15:26	+36:24 11:17
25	4092	Eva Ferreira	Team Idealkorpus	Senior Feminino	02:15:26	+36:24 11:17
26	3172	soraia costa	ERMIDAFIT Runners	Senior Feminino	02:15:35	+36:33 11:18
27	3166	catia costa	ERMIDAFIT Runners	Senior Feminino	02:15:36	+36:34 11:18
28	3389	Elisabete Faria	Individual	Senior Feminino	02:15:57	+36:55 11:20
29	3391	Elisabete Pinto	Individual	Senior Feminino	02:16:25	+37:23 11:22
30	3298	Ana Gonçalves	Individual	Senior Feminino	02:16:38	+37:36 11:23
31	3413	Inês Carlos	Individual	Senior Feminino	02:16:42	+37:40 11:23
32	3322	ana teresa silva	Individual	Senior Feminino	02:17:37	+38:35 11:28
33	3952	Marieta Moreira	SAI DA FRENTE	Senior Feminino	02:17:43	+38:41 11:29
34	3822	Joana Raquel Ferreira Moreira	Moinhos Run	Senior Feminino	02:17:48	+38:46 11:29
35	3456	LUCINDA MARQUES	Individual	Senior Feminino	02:17:56	+38:54 11:30
36	3331	Arlete Xavier costa Sousa	Individual	Senior Feminino	02:18:16	+39:14 11:31
37	4079	Prazeres Pires	Team DUAS FACES	Senior Feminino	02:18:16	+39:14 11:31
38	3340	carina alexandra branco da cruz	Individual	Senior Feminino	02:18:17	+39:15 11:31
39	3834	CARINA MOREIRA	NOCTURNOS DE PAREDES	Senior Feminino	02:19:20	+40:18 11:37

12 KM

OFFICIAL RESULT

40	3991	Maria Fonseca	Solmaia Runners	Senior Feminino	02:20:03	+41:01	11:40
41	3556	sandra patricia pinto de sousa	Individual	Senior Feminino	02:20:03	+41:01	11:40
42	3980	Célia Aroso	Solmaia Runners	Senior Feminino	02:20:52	+41:50	11:44
43	3284	Albertina Cunha	Individual	Senior Feminino	02:21:15	+42:13	11:46
44	3554	Sandra Ferreira Ramos	Individual	Senior Feminino	02:21:16	+42:14	11:46
45	3829	ALEXANDRA TEIXEIRA	NOCTURNOS DE PAREDES	Senior Feminino	02:21:27	+42:25	11:47
46	4098	Marcia de Sousa	Team Idealkorpus	Senior Feminino	02:21:45	+42:43	11:49
47	3555	sandra madureira	Individual	Senior Feminino	02:23:29	+44:27	11:57
48	3357	CELIA COELHO DA SILVA	Individual	Senior Feminino	02:23:29	+44:27	11:57
49	3839	JULIA PINTO	NOCTURNOS DE PAREDES	Senior Feminino	02:23:41	+44:39	11:58
50	3995	Rita Oliveira	Solmaia Runners	Senior Feminino	02:24:14	+45:12	12:01
51	3989	Isabel Pinto	Solmaia Runners	Senior Feminino	02:24:14	+45:12	12:01
52	4139	Patrícia Oliveira	Toyota 4Runner	Senior Feminino	02:24:19	+45:17	12:02
53	3588	Susana Granja	Individual	Senior Feminino	02:24:23	+45:21	12:02
54	3855	SOFIA AZEVEDO	NOCTURNOS DE PAREDES	Senior Feminino	02:24:41	+45:39	12:03
55	3316	Ana Rocha	Individual	Senior Feminino	02:25:00	+45:58	12:05
56	1287	Celeste Vieira	GONDOMAR FUTSAL CLUBE	Senior Feminino	02:25:11	+46:09	12:06
57	3489	Maria Fatima Santos Ferreira	Individual	Senior Feminino	02:25:11	+46:09	12:06
58	3945	Sónia Castro	S&R	Senior Feminino	02:25:34	+46:32	12:08
59	3294	Ana de Sá Moreira	Individual	Senior Feminino	02:25:35	+46:33	12:08
60	4081	Sílvia Teixeira	Team DUAS FACES	Senior Feminino	02:25:44	+46:42	12:09
61	3371	Cristina Aleixo	Individual	Senior Feminino	02:25:50	+46:48	12:09
62	4138	Cristina Costa	Toyota 4Runner	Senior Feminino	02:25:51	+46:49	12:09
63	3998	Sara Espojeira	Solmaia Runners	Senior Feminino	02:26:03	+47:01	12:10
64	3981	Cláudia Cunha	Solmaia Runners	Senior Feminino	02:26:10	+47:08	12:11
65	3992	Maria Pedrosa	Solmaia Runners	Senior Feminino	02:26:10	+47:08	12:11
66	3996	Sandra Ribeiro	Solmaia Runners	Senior Feminino	02:26:10	+47:08	12:11
67	3988	Inês Almeida	Solmaia Runners	Senior Feminino	02:26:11	+47:09	12:11
68	3566	sílvia Maciel	Individual	Senior Feminino	02:26:18	+47:16	12:12
69	3930	JOANA QUEIRÓS	Run4all	Senior Feminino	02:28:16	+49:14	12:21
70	3933	PATRICIA MAGALHÃES	Run4all	Senior Feminino	02:28:16	+49:14	12:21
71	3986	Diana Teixeira	Solmaia Runners	Senior Feminino	02:28:25	+49:23	12:22
72	4014	Isabel Rangel	SWAT	Senior Feminino	02:28:27	+49:25	12:22
73	3843	MARGARIDA TEIXEIRA	NOCTURNOS DE PAREDES	Senior Feminino	02:29:27	+50:25	12:27
74	3209	Fernanda Marília Cardoso Casaca	Fantastic Four	Senior Feminino	02:29:44	+50:42	12:29
75	3848	MARTA COSTA	NOCTURNOS DE PAREDES	Senior Feminino	02:29:44	+50:42	12:29
76	3275	Bruna Nunes	GymRecarei	Senior Feminino	02:30:06	+51:04	12:31
77	4101	Maria João Campos	Team Idealkorpus	Senior Feminino	02:30:08	+51:06	12:31
78	4100	Maria Armanda Santos	Team Idealkorpus	Senior Feminino	02:30:09	+51:07	12:31
79	3237	Pituxa Marques	Funky Runners	Senior Feminino	02:30:17	+51:15	12:31
80	3199	Aldina Pires	Family Pinto	Senior Feminino	02:31:10	+52:08	12:36
81	3203	Susana Teixeira	Family Pinto	Senior Feminino	02:31:10	+52:08	12:36
82	3200	Daniela Pinto	Family Pinto	Senior Feminino	02:31:11	+52:09	12:36
83	3403	FILIPA PINTO	Individual	Senior Feminino	02:31:30	+52:28	12:37
84	3999	Sónia Teles	Solmaia Runners	Senior Feminino	02:31:39	+52:37	12:38
85	3219	Adélia Mª Oliveira Ferreira Bernardino	FFit Gaia Trail	Senior Feminino	02:31:42	+52:40	12:38

12 KM

OFFICIAL RESULT

86	3221	Sara Pereira	FFit Gaia Trail	Senior Feminino	02:31:42	+52:40	12:39
87	3614	Vera Alexandra Oliveira Silva	Individual	Senior Feminino	02:31:43	+52:41	12:39
88	3592	Susana Magalhães	Individual	Senior Feminino	02:32:29	+53:27	12:42
89	3278	Adelaide Ruão	Individual	Senior Feminino	02:32:29	+53:27	12:42
90	1300	Ana Aguiar	Individual	Senior Feminino	02:32:57	+53:55	12:45
91	3052	Andreia Ferreira	Anda-me Apanhar	Senior Feminino	02:33:05	+54:03	12:45
92	4165	Monica Pereira	Anda-me Apanhar	Senior Feminino	02:33:05	+54:03	12:45
93	3616	Vera Lúcia Sousa	Individual	Senior Feminino	02:33:05	+54:03	12:45
94	3295	Ana do Vale	Individual	Senior Feminino	02:33:47	+54:45	12:49
95	3549	Rute Pinto	Individual	Senior Feminino	02:33:47	+54:45	12:49
96	3955	Rita coelho	SAPADORES INVICTA	Senior Feminino	02:34:29	+55:27	12:52
97	2227	Carla Carvalho	Terroros do Asfalto	Senior Feminino	02:34:35	+55:33	12:53
98	1338	Daniela Patrícia Soares Ferreira	Individual	Senior Feminino	02:35:02	+56:00	12:55
99	3376	Daniela Cardoso	Individual	Senior Feminino	02:35:11	+56:09	12:56
100	3383	Diana Fernanda Dos Santos Gonçalves	Individual	Senior Feminino	02:35:11	+56:09	12:56
101	3312	Ana Rafaela da Rocha Ferreira	Individual	Senior Feminino	02:35:14	+56:12	12:56
102	3878	cristina Rodrigues Teixeira Lopes	Not Run Alone	Senior Feminino	02:35:17	+56:15	12:56
103	4000	Susana Coelho	Solmaia Runners	Senior Feminino	02:35:18	+56:16	12:56
104	3519	Marta Pereira	Individual	Senior Feminino	02:35:32	+56:30	12:58
105	3285	Albertina da Rocha Ferreira	Individual	Senior Feminino	02:35:36	+56:34	12:58
106	3337	Brigida Duarte	Individual	Senior Feminino	02:35:36	+56:34	12:58
107	3342	Carine Ferreiro Fraga	Individual	Senior Feminino	02:35:40	+56:38	12:58
108	3201	Isa Pereira	Family Pinto	Senior Feminino	02:35:59	+56:57	13:00
109	3541	Raquel Moreira	Individual	Senior Feminino	02:36:35	+57:33	13:03
110	3525	Nádia Guedes	Individual	Senior Feminino	02:36:41	+57:39	13:03
111	3404	Gabriela Cardoso	Individual	Senior Feminino	02:36:47	+57:45	13:04
112	3136	Monica Jesus	Duros & Rijos	Senior Feminino	02:36:56	+57:54	13:05
113	3023	Marta Neves	Aerodance Trail Running	Senior Feminino	02:38:20	+59:18	13:12
114	4077	Paula Alves Soares Garcia	Team DUAS FACES	Senior Feminino	02:38:43	+59:41	13:14
115	4021	Cristina Barbosa	Sweet Runners	Senior Feminino	02:38:49	+59:47	13:14
116	3375	Cristina Pereira Durães Silva	Individual	Senior Feminino	02:39:22	+01:00:20	13:17
117	3821	Edite Lopes	Moinhos Run	Senior Feminino	02:39:47	+01:00:45	13:19
118	3194	Joana Ferreira	FALTA MUITO?	Senior Feminino	02:40:46	+01:01:44	13:24
119	3195	Judite Ferreira	FALTA MUITO?	Senior Feminino	02:40:47	+01:01:45	13:24
120	3266	Helena Cardoso	GONDOMAR FUTSAL CLUBE	Senior Feminino	02:40:53	+01:01:51	13:24
121	3288	Alice Viveiros	Individual	Senior Feminino	02:41:43	+01:02:41	13:29
122	3074	Bebiana Alves	Associação Desportiva de Cabroelo	Senior Feminino	02:41:43	+01:02:41	13:29
123	3327	ANDREA CRISTIANA TEIXEIRA DA CUNHA	Individual	Senior Feminino	02:41:55	+01:02:53	13:30
124	3362	Celina Tomas	Individual	Senior Feminino	02:42:09	+01:03:07	13:31
125	3557	Sara Marisa Neves Gonçalves	Individual	Senior Feminino	02:43:03	+01:04:01	13:35
126	3366	Clara Costa	Individual	Senior Feminino	02:43:11	+01:04:09	13:36
127	3570	Sofia Martins	Individual	Senior Feminino	02:43:21	+01:04:19	13:37
128	3849	MONICA CASTRO	NOCTURNOS DE PAREDES	Senior Feminino	02:43:27	+01:04:25	13:37
129	3448	Liliana	Individual	Senior Feminino	02:43:29	+01:04:27	13:37
130	3438	Joana Sofia Ferreira Oliveira	Individual	Senior Feminino	02:43:33	+01:04:31	13:38

12 KM

OFFICIAL RESULT

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OFFICIAL RESULT

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12 KM

OFFICIAL RESULT

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OFFICIAL RESULT

310	3853	SALOME GOMES	NOCTURNOS DE PAREDES	Senior Feminino	03:16:21	+01:37:19	16:22
311	1321	Bárbara Neto	Individual	Senior Feminino	03:16:23	+01:37:21	16:22
312	3518	Marta Oliveira	Individual	Senior Feminino	03:16:55	+01:37:53	16:25
313	3880	Rosinda Macedo	os caga tacos running team	Senior Feminino	03:17:04	+01:38:02	16:25
314	3516	Marta Lima	Individual	Senior Feminino	03:17:12	+01:38:10	16:26
315	3332	augusta martins	Individual	Senior Feminino	03:17:12	+01:38:10	16:26
316	3334	AURORA MORAIS	Individual	Senior Feminino	03:17:13	+01:38:11	16:26
317	3311	Ana Pinheiro	Individual	Senior Feminino	03:17:14	+01:38:12	16:26
318	3468	Márcia Patricia Lopes Moreira	Individual	Senior Feminino	03:19:05	+01:40:03	16:35
319	3290	Amelia Cardoso	Individual	Senior Feminino	03:19:43	+01:40:41	16:39
320	3319	Ana Silva	Individual	Senior Feminino	03:19:45	+01:40:43	16:39
321	3484	Maria Dulce Silva Pereira	Individual	Senior Feminino	03:19:46	+01:40:44	16:39
322	3467	marcia lopes	Individual	Senior Feminino	03:19:53	+01:40:51	16:39
323	3193	Cristina Gonçalves	FALTA MUITO?	Senior Feminino	03:19:53	+01:40:51	16:39
324	3189	Isabel Pinto	Eu+ Ginásio LMA	Senior Feminino	03:20:18	+01:41:16	16:42
325	3929	Joana Barbosa	Run4all	Senior Feminino	03:20:40	+01:41:38	16:43
326	3931	Lara Andrade	Run4all	Senior Feminino	03:20:40	+01:41:38	16:43
327	3578	Sonia Silva	Individual	Senior Feminino	03:20:46	+01:41:44	16:44
328	3577	Sónia Raquel Ferras Silva	Individual	Senior Feminino	03:20:59	+01:41:57	16:45
329	3882	Alexandra Sofia Duarte Caldeira	Os Caldeiras	Senior Feminino	03:21:05	+01:42:03	16:45
330	3356	celia carvalho	Individual	Senior Feminino	03:21:17	+01:42:15	16:46
331	3608	Teresa Montenegro	Individual	Senior Feminino	03:21:42	+01:42:40	16:48
332	3400	Fátima Susana Gomes Recarei Azevedo de Carvalho	Individual	Senior Feminino	03:21:42	+01:42:40	16:49
333	3363	CELSA MOREIRA DO ESPIRITO SANTO	Individual	Senior Feminino	03:21:50	+01:42:48	16:49
334	1404	Tania Isabel Nogueira Rebelo	Individual	Senior Feminino	03:21:52	+01:42:50	16:49
335	3315	Ana Rita VRimo Ferreira Oliveira	Individual	Senior Feminino	03:21:56	+01:42:54	16:50
336	3595	Susana Maria Ferreira de Oliveira	Individual	Senior Feminino	03:21:57	+01:42:55	16:50
337	4155	Cristiana Marina Soares Barbosa Pinto do Couto	Individual	Senior Feminino	03:22:09	+01:43:07	16:51
338	3377	Daniela Lopes	Individual	Senior Feminino	03:22:46	+01:43:44	16:54
339	3615	vera lucia moreira bessa	Individual	Senior Feminino	03:22:59	+01:43:57	16:55
340	4038	Marta Fonseca	Sweet Runners	Senior Feminino	03:23:00	+01:43:58	16:55
341	4017	Ana Rita Ribeiro	Sweet Runners	Senior Feminino	03:23:00	+01:43:58	16:55
342	3349	Carla Susana Ferreira Pinto	Individual	Senior Feminino	03:23:04	+01:44:02	16:55
343	3569	Silvina Mota	Individual	Senior Feminino	03:23:04	+01:44:02	16:55
344	3426	ISABEL REBELO	Individual	Senior Feminino	03:23:14	+01:44:12	16:56
345	3296	Ana Ferro	Individual	Senior Feminino	03:23:18	+01:44:16	16:57
346	3553	Sandra Daniela Ferreira Pinto da Costa	Individual	Senior Feminino	03:23:19	+01:44:17	16:57
347	3558	Sara Marisa Pinto Ribeiro	Individual	Senior Feminino	03:23:27	+01:44:25	16:57
348	3186	Carla Costa	Eu+ Ginásio LMA	Senior Feminino	03:23:31	+01:44:29	16:58
349	3369	Cláudia Isabel Pinto Gonçalves	Individual	Senior Feminino	03:23:54	+01:44:52	17:00
350	3423	Isabel Maria Pinto Lopes	Individual	Senior Feminino	03:23:55	+01:44:53	17:00
351	3791	Luzia da Conceição Sousa Azevedo	LagareSport	Senior Feminino	03:23:56	+01:44:54	17:00
352	4033	Maria Alzira Silva	Sweet Runners	Senior Feminino	03:24:56	+01:45:54	17:05
353	4037	Marina Pinheiro	Sweet Runners	Senior Feminino	03:24:57	+01:45:55	17:05

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399	3249	Cristina Silva	Gente do Norte	Senior Feminino	03:33:37	+01:54:35	17:48
400	3501	Maria José Teixeira Duraes	Individual	Senior Feminino	03:33:41	+01:54:39	17:48
401	4130	M ALICE COSTA	TOU QUE NEM POSSO	Senior Feminino	03:33:52	+01:54:50	17:49
402	3585	Susana Cristina Sousa Moreira	Individual	Senior Feminino	03:33:54	+01:54:52	17:50
403	3325	Anabela Rocha Moreira	Individual	Senior Feminino	03:33:56	+01:54:54	17:50
404	3611	Vania Carla Sousa Matos	Individual	Senior Feminino	03:33:56	+01:54:54	17:50
405	3343	Carla Manuela Vieira Pinheiro	Individual	Senior Feminino	03:34:21	+01:55:19	17:52
406	3160	Micaela Sabina Moreira Santos	Equipotência	Senior Feminino	03:35:34	+01:56:32	17:58
407	3161	Susana Filipa Ferreira Taipa	Equipotência	Senior Feminino	03:35:34	+01:56:32	17:58
408	3158	Ana Moreira	Equipotência	Senior Feminino	03:35:53	+01:56:51	17:59
409	3159	Cristina Meireles	Equipotência	Senior Feminino	03:35:54	+01:56:52	17:59
410	4065	Patricia Duarte	Tangerinas	Senior Feminino	03:36:21	+01:57:19	18:02
411	3832	ANGELA SILVA	NOCTURNOS DE PAREDES	Senior Feminino	03:36:57	+01:57:55	18:05
412	3308	Ana Paula Santos	Individual	Senior Feminino	03:37:26	+01:58:24	18:07
413	3473	Maria Amélia Oliveira Silva	Individual	Senior Feminino	03:37:26	+01:58:24	18:07
414	3341	Carina Maria Gonçalves Sousa	Individual	Senior Feminino	03:37:50	+01:58:48	18:09
415	3793	Rosa Manuela Sousa Azevedo	LagareSport	Senior Feminino	03:37:51	+01:58:49	18:09
416	3471	MARIA ALICE VIEIRA PINTO	Individual	Senior Feminino	03:37:52	+01:58:50	18:09
417	3466	Márcia do Rosário da Silva Oliveira	Individual	Senior Feminino	03:37:53	+01:58:51	18:09
418	3609	Teresa Raquel da Silva Oliveira	Individual	Senior Feminino	03:37:53	+01:58:51	18:09
419	3521	MAVI GONÇALVES	Individual	Senior Feminino	03:38:20	+01:59:18	18:12
420	3352	CATARINA MONTEIRO	Individual	Senior Feminino	03:38:43	+01:59:41	18:14
421	4043	Patricia Andreia Soares da Rocha	Sweet Runners	Senior Feminino	03:39:39	+02:00:37	18:18
422	4018	Carla Sousa	Sweet Runners	Senior Feminino	03:39:39	+02:00:37	18:18
423	3020	Maria Ferreira	Aerodance Trail Running	Senior Feminino	03:40:25	+02:01:23	18:22
424	3017	Liliana Cerqueira	Aerodance Trail Running	Senior Feminino	03:40:25	+02:01:23	18:22
425	3026	Rosalina Pedroso	Aerodance Trail Running	Senior Feminino	03:40:25	+02:01:23	18:22
426	3025	Rosa Maria Costa	Aerodance Trail Running	Senior Feminino	03:40:25	+02:01:23	18:22
427	3350	Catarina Lucas	Individual	Senior Feminino	03:40:35	+02:01:33	18:23
428	3022	Marina Pereira	Aerodance Trail Running	Senior Feminino	03:40:48	+02:01:46	18:24
429	3795	Alexandra Ribeiro	liketomove.com	Senior Feminino	03:42:01	+02:02:59	18:30
430	3039	Carina Moreira	Afrikan Runners	Senior Feminino	03:42:01	+02:02:59	18:30
431	3038	Ariana Martins	Afrikan Runners	Senior Feminino	03:42:01	+02:02:59	18:30
432	3987	Helena Lopes	Solmaia Runners	Senior Feminino	03:42:04	+02:03:02	18:30
433	3993	Paula Campos	Solmaia Runners	Senior Feminino	03:42:04	+02:03:02	18:30
434	3452	Liliana Patricia Ferreira Amarante	Individual	Senior Feminino	03:42:10	+02:03:08	18:31
435	3085	Ana Ferreira	BYL! BEAT YOUR LIMIT!	Senior Feminino	03:42:25	+02:03:23	18:32
436	3480	Maria de Fátima Silva Teixeira	Individual	Senior Feminino	03:42:47	+02:03:45	18:34
437	3289	Amália Maria Miranda Ferreira dos Santos	Individual	Senior Feminino	03:42:48	+02:03:46	18:34
438	3479	MARIA DE FATIMA OLIVEIRA SILVA	Individual	Senior Feminino	03:42:52	+02:03:50	18:34
439	3227	Alexandra Benedita Azevedo Loureiro Carvalho Graça	Fox	Senior Feminino	03:43:15	+02:04:13	18:36
440	3542	Raquel Ramos Vilaça	Individual	Senior Feminino	03:43:34	+02:04:32	18:38
441	3432	JOANA AMARO	Individual	Senior Feminino	03:43:34	+02:04:32	18:38
442	3550	Sandra Carvalho	Individual	Senior Feminino	03:43:36	+02:04:34	18:38
443	3527	Olena Myarkovska	Individual	Senior Feminino	03:43:36	+02:04:34	18:38

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444	3507	Maria paula cabral	Individual	Senior Feminino	03:43:36	+02:04:34	18:38
445	3520	Marta Ribeiro	Individual	Senior Feminino	03:43:38	+02:04:36	18:38
446	3012	Cátia Ferreira	Aerodance Trail Running	Senior Feminino	03:44:01	+02:04:59	18:40
447	3238	Sandra Almeida	Funky Runners	Senior Feminino	03:44:05	+02:05:03	18:40
448	3292	Ana Bárbara Valente de Castro	Individual	Senior Feminino	03:44:13	+02:05:11	18:41
449	3405	Gisela de Oliveira Santiago	Individual	Senior Feminino	03:44:14	+02:05:12	18:41
450	3969	Raquel Alexandra de Almeida Jesus	Sharm el sheikh	Senior Feminino	03:44:14	+02:05:12	18:41
451	3968	Ana Patricia Pinto Oliveira	Sharm el sheikh	Senior Feminino	03:44:18	+02:05:16	18:42
452	3497	Maria João Teixeira Rocha	Individual	Senior Feminino	03:44:49	+02:05:47	18:44
453	3492	Maria Ferreira Nunes	Individual	Senior Feminino	03:44:50	+02:05:48	18:44
454	3526	Natalia Cecilia da Rocha Ferreira	Individual	Senior Feminino	03:44:53	+02:05:51	18:44
455	3323	Anabela Ferreira Nogueira	Individual	Senior Feminino	03:44:54	+02:05:52	18:44
456	3061	Isa Paula Tomé Mateus	ARCORUN	Senior Feminino	03:45:20	+02:06:18	18:47
457	3063	Rafaela Cerdeira Silva	ARCORUN	Senior Feminino	03:45:20	+02:06:18	18:47
458	3062	Marta Monteiro	ARCORUN	Senior Feminino	03:45:20	+02:06:18	18:47
459	3300	Ana Lúcia Teixeira Correia Vieira	Individual	Senior Feminino	03:45:41	+02:06:39	18:48
460	3923	Natércia Flora Nunes	raposas do porto	Senior Feminino	03:46:51	+02:07:49	18:54
461	3606	Tânia Manuela Ferreira Rocha	Individual	Senior Feminino	03:46:52	+02:07:50	18:54
462	3388	Elisa Lopes	Individual	Senior Feminino	03:47:24	+02:08:22	18:57
463	3499	Maria José Neves	Individual	Senior Feminino	03:47:27	+02:08:25	18:57
464	3304	Ana Melo	Individual	Senior Feminino	03:48:00	+02:08:58	19:00
465	3434	Joana Daniela Silva Pereira	Individual	Senior Feminino	03:48:15	+02:09:13	19:01
466	3581	Susana Alexandra Vaz Santos Freitas	Individual	Senior Feminino	03:48:27	+02:09:25	19:02
467	3563	Sílvia de Jesus Bessa Xavier	Individual	Senior Feminino	03:48:27	+02:09:25	19:02
468	4072	Ascensão Barbosa	Team DUAS FACES	Senior Feminino	03:48:35	+02:09:33	19:03
469	4073	Claudia Ferreira	Team DUAS FACES	Senior Feminino	03:48:35	+02:09:33	19:03
470	3182	Célia Maria Cardoso Silva	Esinval	Senior Feminino	03:48:36	+02:09:34	19:03
471	3926	Ana Maria Caetano Rocha	Rompe Solas	Senior Feminino	03:48:42	+02:09:40	19:04
472	3397	Eva Natália Borges Oliveira	Individual	Senior Feminino	03:49:01	+02:09:59	19:05
473	2300	Maria Sofia Arrepia Ferreira	Individual	Senior Feminino	03:49:22	+02:10:20	19:07
474	2299	Helena Maria Carneiro Almeida Arrepia Ferreira	Individual	Senior Feminino	03:49:22	+02:10:20	19:07
475	4024	Fernanda Rocha	Sweet Runners	Senior Feminino	03:49:23	+02:10:21	19:07
476	3583	Susana Carneiro	Individual	Senior Feminino	03:49:37	+02:10:35	19:08
477	4039	Micaela Rodrigues	Sweet Runners	Senior Feminino	03:50:03	+02:11:01	19:10
478	3416	Ines Silva	Individual	Senior Feminino	03:50:04	+02:11:02	19:10
479	3535	Paula cristina Catarino reis dos anjos	Individual	Senior Feminino	03:50:04	+02:11:02	19:10
480	3486	Maria Emília da fonte	Individual	Senior Feminino	03:50:05	+02:11:03	19:10
481	4040	Nicole Rodrigues	Sweet Runners	Senior Feminino	03:50:05	+02:11:03	19:10
482	4097	Marcia Bessa	Team Idealkorpus	Senior Feminino	03:50:27	+02:11:25	19:12
483	4093	Fabia Santos	Team Idealkorpus	Senior Feminino	03:50:28	+02:11:26	19:12
484	4090	Ana Bessa	Team Idealkorpus	Senior Feminino	03:50:29	+02:11:27	19:12
485	4064	Luisa Moreno	Tangerinas	Senior Feminino	03:50:36	+02:11:34	19:13
486	4022	Deolinda Barros	Sweet Runners	Senior Feminino	03:50:55	+02:11:53	19:15
487	4027	Idalina Alves	Sweet Runners	Senior Feminino	03:50:56	+02:11:54	19:15
488	3390	Elisabete Maia	Individual	Senior Feminino	03:50:57	+02:11:55	19:15
489	3429	Isabel Susano	Individual	Senior Feminino	03:51:05	+02:12:03	19:15

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490	3446	Lídia Vale	Individual	Senior Feminino	03:51:05	+02:12:03	19:15
491	3464	Manuela Soares Silva	Individual	Senior Feminino	03:51:40	+02:12:38	19:18
492	3562	Sílvia Coelho	Individual	Senior Feminino	03:51:41	+02:12:39	19:18
493	3539	Paula Soares Silva	Individual	Senior Feminino	03:51:41	+02:12:39	19:18
494	4063	Joana Ferreira	Tangerinas	Senior Feminino	03:51:42	+02:12:40	19:18
495	4066	Paula Cardoso	Tangerinas	Senior Feminino	03:51:42	+02:12:40	19:19
496	4129	EMILIA PEIXOTO	TOU QUE NEM POSSO	Senior Feminino	03:51:48	+02:12:46	19:19
497	3811	Vanessa Barbosa	Mankinhas	Senior Feminino	03:51:53	+02:12:51	19:19
498	3806	Carla Brinco	Mankinhas	Senior Feminino	03:51:54	+02:12:52	19:20
499	3530	Olivia Coelho	Individual	Senior Feminino	03:52:13	+02:13:11	19:21
500	3241	Susana Meireles	Funky Runners	Senior Feminino	03:52:17	+02:13:15	19:21
501	3528	Olga Cristina Moreira Rodrigues	Individual	Senior Feminino	03:52:19	+02:13:17	19:22
502	3447	Lígia Maria Cepeda Machado	Individual	Senior Feminino	03:52:21	+02:13:19	19:22
503	3505	Maria Natividade Pereira Esteves	Individual	Senior Feminino	03:52:44	+02:13:42	19:24
504	3368	Cláudia Cristina Casimiro Gomes	Individual	Senior Feminino	03:52:45	+02:13:43	19:24
505	3895	Mariana Oliveira	Os Penduras	Senior Feminino	03:53:30	+02:14:28	19:28
506	3894	Leonor Teixeira	Os Penduras	Senior Feminino	03:53:31	+02:14:29	19:28
507	3414	Ines LOBO Moreira	Individual	Senior Feminino	03:53:47	+02:14:45	19:29
508	3545	Rosa Maria Santos Lobo Moreira	Individual	Senior Feminino	03:53:47	+02:14:45	19:29
509	3439	Julia Maria dos Santos Lobo Goncalves Monteiro	Individual	Senior Feminino	03:53:48	+02:14:46	19:29
510	4028	Inês Alves	Sweet Runners	Senior Feminino	03:53:53	+02:14:51	19:29
511	3918	Filipa Rocha	PRIMUS RUN	Senior Feminino	03:54:20	+02:15:18	19:32
512	3919	Isabel Nogueira	PRIMUS RUN	Senior Feminino	03:54:20	+02:15:18	19:32
513	3917	Carla Pacheco	PRIMUS RUN	Senior Feminino	03:54:21	+02:15:19	19:32
514	3019	Manuela Loureiro	Aerodance Trail Running	Senior Feminino	03:54:21	+02:15:19	19:32
515	3016	Juliana Monteiro	Aerodance Trail Running	Senior Feminino	03:54:22	+02:15:20	19:32
516	3013	Cristina Campos	Aerodance Trail Running	Senior Feminino	03:54:22	+02:15:20	19:32
517	3597	SUSANA MARIA TENTÚGAL COSTA FERREIRA	Individual	Senior Feminino	03:54:27	+02:15:25	19:32
518	3010	Alexandra Samtos	Aerodance Trail Running	Senior Feminino	03:54:34	+02:15:32	19:33
519	3015	Isabete Miranda	Aerodance Trail Running	Senior Feminino	03:54:35	+02:15:33	19:33
520	3599	Susana Monteiro Pinto	Individual	Senior Feminino	03:55:12	+02:16:10	19:36
521	3961	Joana Filipa dos Santos Neto	Sem Medo Nenhum.	Senior Feminino	03:55:31	+02:16:29	19:38
522	3959	Ana Rita Moreira Alves	Sem Medo Nenhum.	Senior Feminino	03:55:31	+02:16:29	19:38
523	4016	Ana Leal	Sweet Runners	Senior Feminino	03:55:36	+02:16:34	19:38
524	3021	Maria João Mesquita	Aerodance Trail Running	Senior Feminino	03:55:43	+02:16:41	19:39
525	3024	Rosa Castro	Aerodance Trail Running	Senior Feminino	03:55:43	+02:16:41	19:39
526	3014	Irene Bastos	Aerodance Trail Running	Senior Feminino	03:55:44	+02:16:42	19:39
527	3847	MARISA MOREIRA	NOCTURNOS DE PAREDES	Senior Feminino	03:56:09	+02:17:07	19:41
528	3027	Susana Santos	Aerodance Trail Running	Senior Feminino	03:56:25	+02:17:23	19:42
529	3018	Manuela Antunes	Aerodance Trail Running	Senior Feminino	03:56:25	+02:17:23	19:42
530	3420	Isabel Cristina Freitas Marques	Individual	Senior Feminino	03:56:28	+02:17:26	19:42
531	3938	MARTA PINHEIRO	run4fun	Senior Feminino	03:56:28	+02:17:26	19:42
532	3858	SUSANA MAGALHAES	NOCTURNOS DE PAREDES	Senior Feminino	03:56:45	+02:17:43	19:44
533	3103	Lucia Lemos	CDS Paredes	Senior Feminino	03:57:13	+02:18:11	19:46
534	3105	Suse Rocha	CDS Paredes	Senior Feminino	03:57:13	+02:18:11	19:46

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535	3850	MONICA FERREIRA	NOCTURNOS DE PAREDES	Senior Feminino	03:57:32	+02:18:30	19:48
536	3854	SANDRA PINTO	NOCTURNOS DE PAREDES	Senior Feminino	03:57:33	+02:18:31	19:48
537	3435	Joana Freitas	Individual	Senior Feminino	03:58:23	+02:19:21	19:52
538	1379	sabrina katia pedone	Individual	Senior Feminino	03:59:18	+02:20:16	19:57
539	4102	Maria Nunes	Team Idealkorpus	Senior Feminino	03:59:19	+02:20:17	19:57
540	3472	Maria Alzira Rocha Silva	Individual	Senior Feminino	03:59:28	+02:20:26	19:57
541	3367	Cláudia Catarina Silva Pereira	Individual	Senior Feminino	03:59:29	+02:20:27	19:57
542	1902	MARIANA PINTO	NOCTURNOS DE PAREDES	Senior Feminino	03:59:45	+02:20:43	19:59
543	3835	INES URBANO	NOCTURNOS DE PAREDES	Senior Feminino	03:59:45	+02:20:43	19:59
544	3838	JOANA VILARINHO	NOCTURNOS DE PAREDES	Senior Feminino	03:59:48	+02:20:46	19:59
545	3451	Liliana Maria Almeida Borges	Individual	Senior Feminino	03:59:50	+02:20:48	19:59
546	3912	Fatima Lopes	Pernetas	Senior Feminino	03:59:56	+02:20:54	20:00
547	3826	teresa sousa	"Não sei se aguento"	Senior Feminino	03:59:57	+02:20:55	20:00
548	3911	Diana Caetano	Pernetas	Senior Feminino	03:59:57	+02:20:55	20:00
549	3825	Florbela Santos	"Não sei se aguento"	Senior Feminino	03:59:57	+02:20:55	20:00
550	3232	Carla Gomes	Funky Runners	Senior Feminino	04:01:30	+02:22:28	20:08
551	3240	Sónia Ferreirinha	Funky Runners	Senior Feminino	04:01:32	+02:22:30	20:08
552	3239	Sara Mota	Funky Runners	Senior Feminino	04:01:32	+02:22:30	20:08
553	3150	Raquel Daniela Lopes Vieira da Cruz	Equipa EBC	Senior Feminino	04:01:35	+02:22:33	20:08
554	3147	Joana Margarida Fernandes Ribeiro da Silva	Equipa EBC	Senior Feminino	04:02:08	+02:23:06	20:11
555	3148	Noémia Maria de Sousa Barbosa	Equipa EBC	Senior Feminino	04:02:08	+02:23:06	20:11
556	3149	Raquel Andreia Ferreira da Rocha	Equipa EBC	Senior Feminino	04:02:08	+02:23:06	20:11
557	3143	Fátima Cecília Pereira Barbosa	Equipa EBC	Senior Feminino	04:02:09	+02:23:07	20:11
558	4106	Ana Sofia Cunha Ferreira	Tecla 3 Runners	Senior Feminino	04:02:21	+02:23:19	20:12
559	4111	Marta Filipa Gomes Vieira Ribeiro da Silva	Tecla 3 Runners	Senior Feminino	04:02:21	+02:23:19	20:12
560	4107	Ângela Sofia Monteiro Vieira	Tecla 3 Runners	Senior Feminino	04:02:23	+02:23:21	20:12
561	4108	Catarina Rocha	Tecla 3 Runners	Senior Feminino	04:02:23	+02:23:21	20:12
562	3534	Paula Cardoso de Pinho	Individual	Senior Feminino	04:03:44	+02:24:42	20:19
563	3360	Celia Soares Mauricio	Individual	Senior Feminino	04:03:44	+02:24:42	20:19
564	3358	Célia Maria Teixeira dos Santos	Individual	Senior Feminino	04:03:55	+02:24:53	20:20
565	3339	Candida. Alves	Individual	Senior Feminino	04:03:55	+02:24:53	20:20
566	3587	Susana Fernandes	Individual	Senior Feminino	04:03:55	+02:24:53	20:20
567	4031	Joana Mota	Sweet Runners	Senior Feminino	04:04:40	+02:25:38	20:23
568	3003	Fatima Borges	@venida Team	Senior Feminino	04:04:48	+02:25:46	20:24
569	3410	Helena da Conceição Sousa Silva	Individual	Senior Feminino	04:05:08	+02:26:06	20:26
570	3513	Marlene Dias Gonçalves	Individual	Senior Feminino	04:05:13	+02:26:11	20:26
571	4047	Sandra Silva	Sweet Runners	Senior Feminino	04:05:15	+02:26:13	20:26
572	4020	Cristiana Leal	Sweet Runners	Senior Feminino	04:05:15	+02:26:13	20:26
573	3151	Sofia Raque Nunes da Rocha	Equipa EBC	Senior Feminino	04:05:29	+02:26:27	20:27
574	3153	Susana Patricia da Costa Silva	Equipa EBC	Senior Feminino	04:05:29	+02:26:27	20:27
575	3128	Claudia Rocha	Desportonolimit	Senior Feminino	04:06:44	+02:27:42	20:34
576	4048	Sílvia Ribeiro	Sweet Runners	Senior Feminino	04:07:05	+02:28:03	20:35
577	3142	Célia Maria da Silva Barbosa Pereira	Equipa EBC	Senior Feminino	04:07:06	+02:28:04	20:36
578	3144	Isabel Filomena dos Santos Barbosa	Equipa EBC	Senior Feminino	04:07:06	+02:28:04	20:36
579	3152	Susana Filipa Soares de Barros	Equipa EBC	Senior Feminino	04:07:07	+02:28:05	20:36

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580	3146	Isabel Maria Rocha Moreira	Equipa EBC	Senior Feminino	04:07:07	+02:28:05	20:36
581	3188	Elva Bonifacio Andrade	Eu+ Ginásio LMA	Senior Feminino	04:07:07	+02:28:05	20:36
582	3185	Begoña Perez	Eu+ Ginásio LMA	Senior Feminino	04:07:08	+02:28:06	20:36
583	3229	Ana Meireles	Funky Runners	Senior Feminino	04:08:45	+02:29:43	20:44
584	3234	Cidália Barros	Funky Runners	Senior Feminino	04:08:46	+02:29:44	20:44
585	4140	Rita Martins	Toyota 4Runner	Senior Feminino	04:08:53	+02:29:51	20:44
586	3321	Ana Teresa Oliveira Teixeira Pinto	Individual	Senior Feminino	04:09:07	+02:30:05	20:46
587	3460	Madalena couto	Individual	Senior Feminino	04:09:22	+02:30:20	20:47
588	3427	Isabel ribeiro	Individual	Senior Feminino	04:09:22	+02:30:20	20:47
589	1402	Susana Rito	Individual	Senior Feminino	04:09:24	+02:30:22	20:47
590	3333	aurora manuela santos costa	Individual	Senior Feminino	04:09:40	+02:30:38	20:48
591	3355	Celeste Barros Lopes	Individual	Senior Feminino	04:09:41	+02:30:39	20:48
592	4094	Fátima Carvalho	Team Idealkorpus	Senior Feminino	04:10:31	+02:31:29	20:53
593	4095	Goreti Cruz	Team Idealkorpus	Senior Feminino	04:10:31	+02:31:29	20:53
594	3286	Alice Matilde Barbosa Ribeiro	Individual	Senior Feminino	04:10:47	+02:31:45	20:54
595	3586	Susana Cristina Teixeira Ferreira	Individual	Senior Feminino	04:11:39	+02:32:37	20:58
596	3011	Carla Reis	Aerodance Trail Running	Senior Feminino	04:12:35	+02:33:33	21:03
597	3921	Cristina Silva	Rainha Club	Senior Feminino	04:12:37	+02:33:35	21:03
598	1196	Raquel Fernandes	Eu+ Ginásio LMA	Senior Feminino	04:12:41	+02:33:39	21:03
599	1197	Sara Ferreira	Eu+ Ginásio LMA	Senior Feminino	04:12:41	+02:33:39	21:03
600	1303	Ana Catarina Martins	Individual	Senior Feminino	04:12:52	+02:33:50	21:04
601	3440	Juliana castro	Individual	Senior Feminino	04:12:53	+02:33:51	21:04
602	3385	Diana Portas	Individual	Senior Feminino	04:12:54	+02:33:52	21:04
603	3328	Andreia Alice moreira	Individual	Senior Feminino	04:12:54	+02:33:52	21:05
604	3307	Ana paula ribeiro	Individual	Senior Feminino	04:12:55	+02:33:53	21:05
605	3590	Susana Jorge	Individual	Senior Feminino	04:12:56	+02:33:54	21:05
606	3324	Anabela Guimarães	Individual	Senior Feminino	04:15:13	+02:36:11	21:16
607	4025	Filipa Silva	Sweet Runners	Senior Feminino	04:16:31	+02:37:29	21:23
608	4036	Maria Gloria Dias	Sweet Runners	Senior Feminino	04:16:31	+02:37:29	21:23
609	4046	Rosária Dias	Sweet Runners	Senior Feminino	04:16:31	+02:37:29	21:23
610	4035	Maria Freitas	Sweet Runners	Senior Feminino	04:16:41	+02:37:39	21:23
611	3810	Susana Castro	mankinhas	Senior Feminino	04:17:00	+02:37:58	21:25
612	3807	Mafalda Costa	Mankinhas	Senior Feminino	04:17:00	+02:37:58	21:25
613	3942	Michelle ferreira	rungo	Senior Feminino	04:17:55	+02:38:53	21:30
614	1325	Carla Salomé Freitas Lopes dos Santos	Individual	Senior Feminino	04:17:58	+02:38:56	21:30
615	3941	Joana Sousa	rungo	Senior Feminino	04:18:08	+02:39:06	21:31
616	4041	Otacília Silva	Sweet Runners	Senior Feminino	04:18:20	+02:39:18	21:32
617	4023	Elisete Viegas	Sweet Runners	Senior Feminino	04:18:20	+02:39:18	21:32
618	4045	Raquel de Jesus Barbosa Leal Gomes	Sweet Runners	Senior Feminino	04:18:20	+02:39:18	21:32
619	3364	César Filipe Moreira Magalhães	Individual	Senior Feminino	04:19:05	+02:40:03	21:35
620	3503	Maria Luisa Pinto Ribeiro	Individual	Senior Feminino	04:19:08	+02:40:06	21:36
621	3345	Carla Mariana Moreira Campos	Individual	Senior Feminino	04:19:37	+02:40:35	21:38
622	3514	Marlene Manuela Pinto Moreira	Individual	Senior Feminino	04:19:37	+02:40:35	21:38
623	3437	Joana sofia Calvario Areal	Individual	Senior Feminino	04:19:38	+02:40:36	21:38
624	3840	LIDIA MOTA	NOCTURNOS DE PAREDES	Senior Feminino	04:19:38	+02:40:36	21:38
625	3809	Sara Dias	Mankinhas	Senior Feminino	04:20:05	+02:41:03	21:40

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670	3561	Sílvia Alexandra Rodrigues da Mota	Individual	Senior Feminino	04:38:07	+02:59:05	23:11
671	3589	Susana Idalina Rodrigues Mota	Individual	Senior Feminino	04:38:08	+02:59:06	23:11
672	3603	Susana Simão	Individual	Senior Feminino	04:38:09	+02:59:07	23:11
673	3443	Kelly Florencio	Individual	Senior Feminino	04:38:09	+02:59:07	23:11
674	3257	ISABEL FERREIRA	Ginasio Fit4Fun	Senior Feminino	04:39:45	+03:00:43	23:19
675	3258	JOANA MATOS	Ginasio Fit4Fun	Senior Feminino	04:39:45	+03:00:43	23:19
676	3259	JULIA JESUS	Ginasio Fit4Fun	Senior Feminino	04:39:45	+03:00:43	23:19
677	3260	LILIANA SANTIAGO	Ginasio Fit4Fun	Senior Feminino	04:39:52	+03:00:50	23:19
678	3490	Maria Fatima Silva Fonseca	Individual	Senior Feminino	04:47:36	+03:08:34	23:58
679	3050	Teresa Maria Conceição Neves	Amigos da Quinta das Freiras	Senior Feminino	04:47:50	+03:08:48	23:59
680	3047	Catarina Alexandra Ribeiro Almeida	Amigos da Quinta das Freiras	Senior Feminino	04:47:50	+03:08:48	23:59
681	3049	Rosa Maria Almeida Ribeiro	Amigos da Quinta das Freiras	Senior Feminino	04:47:50	+03:08:48	23:59
682	3048	Cristina Lemos	Amigos da Quinta das Freiras	Senior Feminino	04:47:50	+03:08:48	23:59

1	3745	Renato Barros Coelho	Individual	Senior Masculino	01:23:26	06:57
2	3756	Rui Filipe Coelho Rodrigues	Individual	Senior Masculino	01:23:27	+00:01 06:57
3	2306	Tiago Moura	Individual	Senior Masculino	01:23:27	+00:01 06:57
4	3065	jorge ferreira gomes	ARCORUN	Senior Masculino	01:23:27	+00:01 06:57
5	3164	Luis Miguel Ferreira Neves	Equipotência	Senior Masculino	01:23:27	+00:01 06:57
6	4051	Agostinho Ferreira Alves	Sweet Runners	Senior Masculino	01:26:38	+03:12 07:13
7	3140	Ricardo Barros	Engomadoria L&A Team	Senior Masculino	01:30:15	+06:49 07:31
8	3218	Sérgio Fonseca	Feltrail	Senior Masculino	01:30:29	+07:03 07:32
9	3225	Jose Luis Aranha	FFit Gaia Trail	Senior Masculino	01:30:54	+07:28 07:35
10	4009	Luis Silva	Solmaia Runners	Senior Masculino	01:31:00	+07:34 07:35
11	3064	Carlos Couto	ARCORUN	Senior Masculino	01:31:02	+07:36 07:35
12	3067	Leonel fernando Pinto do couto	ARCORUN	Senior Masculino	01:31:29	+08:03 07:37
13	3975	João Martins	Shots International Runners	Senior Masculino	01:34:45	+11:19 07:54
14	3798	Hugo Barros	Lordelo BTT	Senior Masculino	01:35:23	+11:57 07:57
15	3732	Paulo Ferreira	Individual	Senior Masculino	01:36:20	+12:54 08:02
16	3138	João Rebelo	Engomadoria L&A Team	Senior Masculino	01:36:47	+13:21 08:04
17	3226	Mário Santiago	FFit Gaia Trail	Senior Masculino	01:37:45	+14:19 08:09
18	3216	Hélder Maias	Feltrail	Senior Masculino	01:37:46	+14:20 08:09
19	3217	José Carlos Maias	Feltrail	Senior Masculino	01:37:46	+14:20 08:09
20	3974	Artur Pereira	Shots International Runners	Senior Masculino	01:37:48	+14:22 08:09
21	3066	Jorge Manuel Marques dos Santos Silva	ARCORUN	Senior Masculino	01:38:07	+14:41 08:11
22	3137	António Lourenço	Engomadoria L&A Team	Senior Masculino	01:39:12	+15:46 08:16
23	3752	Rogério Tavares Grabulho	Individual	Senior Masculino	01:40:08	+16:42 08:21
24	3800	Jorge Moreira	Lordelo BTT	Senior Masculino	01:41:10	+17:44 08:26
25	3937	José Álvaro da Silva Ribeiro	Run4all	Senior Masculino	01:41:53	+18:27 08:29
26	4005	João Morais	Solmaia Runners	Senior Masculino	01:43:35	+20:09 08:38
27	3175	antonio coelho	ERMIDAFIT Runners	Senior Masculino	01:44:30	+21:04 08:42
28	3801	Miguel Pinho	Lordelo BTT	Senior Masculino	01:44:39	+21:13 08:43
29	3214	António Fonseca	Feltrail	Senior Masculino	01:45:10	+21:44 08:46

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Corrida Caminhada 12K

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76	3181	vit0r magalhaes	ERMIDAFIT Runners	Senior Masculino	02:05:10	+41:44	10:26
77	3165	Vitor Martins	Equipotência	Senior Masculino	02:06:50	+43:24	10:34
78	3100	Miguel Carvalho	Calheiros Runners	Senior Masculino	02:07:24	+43:58	10:37
79	3141	Sérgio Rocha	Engomadoria L&A Team	Senior Masculino	02:07:31	+44:05	10:38
80	3139	José Moreira	Engomadoria L&A Team	Senior Masculino	02:07:31	+44:05	10:38
81	3773	Tiago Mendes Rocha	Individual	Senior Masculino	02:08:13	+44:47	10:41
82	3245	Joao Rocha	Funky Runners	Senior Masculino	02:09:03	+45:37	10:45
83	3636	Carlos Gomes	Individual	Senior Masculino	02:09:32	+46:06	10:48
84	4105	Laurindo Costa	Team Idealkorpus	Senior Masculino	02:09:34	+46:08	10:48
85	2059	Bruno Silva	Run & Fitness	Senior Masculino	02:09:37	+46:11	10:48
86	3719	Nelson Ferreira	Individual	Senior Masculino	02:09:43	+46:17	10:49
87	3668	Hugo Neto	Individual	Senior Masculino	02:09:53	+46:27	10:49
88	3641	Célio Moreira	Individual	Senior Masculino	02:10:41	+47:15	10:53
89	3642	Cristiano Silva	Individual	Senior Masculino	02:11:02	+47:36	10:55
90	3110	Luis Marques da Silva	Clube do Pessoal EDP - Delegação de Gaia	Senior Masculino	02:11:44	+48:18	10:59
91	3709	MANUEL PINTO	Individual	Senior Masculino	02:11:45	+48:19	10:59
92	3670	João Manuel Sousa	Individual	Senior Masculino	02:12:23	+48:57	11:02
93	3687	José Carlos da Rocha Moreira	Individual	Senior Masculino	02:13:14	+49:48	11:06
94	3031	Filipe Coutinho	Aerodance Trail Running	Senior Masculino	02:13:21	+49:55	11:07
95	2296	Fernando Bruno Caetano Rocha	Rompe Solas	Senior Masculino	02:14:26	+51:00	11:12
96	3755	Rui Eusebio	Individual	Senior Masculino	02:14:45	+51:19	11:14
97	3748	Ricardo Pereira	Individual	Senior Masculino	02:14:46	+51:20	11:14
98	3629	António Pedro Tavares	Individual	Senior Masculino	02:14:46	+51:20	11:14
99	3763	sergio alberto costa sousa	Individual	Senior Masculino	02:14:58	+51:32	11:15
100	3079	Carlos Moreira	BitRunners	Senior Masculino	02:15:26	+52:00	11:17
101	3710	Manuel Silva	Individual	Senior Masculino	02:15:59	+52:33	11:20
102	3211	Patricio Renato Vidal da Silva	Fantastic Four	Senior Masculino	02:16:02	+52:36	11:20
103	3664	Helder marques	Individual	Senior Masculino	02:16:25	+52:59	11:22
104	3740	Pedro Nogueira	Individual	Senior Masculino	02:16:38	+53:12	11:23
105	3656	Filipe Patrício	Individual	Senior Masculino	02:16:42	+53:16	11:24
106	3676	joão silva martins	Individual	Senior Masculino	02:16:43	+53:17	11:24
107	3633	BRUNO MOREIRA	Individual	Senior Masculino	02:16:43	+53:17	11:24
108	4143	Pedro Reis	Toyota 4Runner	Senior Masculino	02:17:12	+53:46	11:26
109	3097	Fernando Ferraz	Calheiros Runners	Senior Masculino	02:18:04	+54:38	11:30
110	3106	Miguel Garcez	CDS Paredes	Senior Masculino	02:18:33	+55:07	11:33
111	3678	Joaquim Manuel Ferreira Carvalhinho	Individual	Senior Masculino	02:19:20	+55:54	11:37
112	3713	Marco Azevedo de Carvalho	Individual	Senior Masculino	02:21:07	+57:41	11:46
113	4012	Ricardo Almeida	Solmaia Runners	Senior Masculino	02:21:42	+58:16	11:48
114	3728	Oswaldo Ferreira	Individual	Senior Masculino	02:23:29	+01:00:03	11:57
115	3635	CARLOS AUGUSTO BRAS PINTO NUNES	Individual	Senior Masculino	02:23:29	+01:00:03	11:57
116	3700	Luís Filipe Ribeiro Gonçalves	Individual	Senior Masculino	02:24:06	+01:00:40	12:01
117	3776	Lénio Fernando Nogueira Marinho	Jobrinde-Montes Saloios	Senior Masculino	02:24:07	+01:00:41	12:01
118	4144	Rui Costa	Toyota 4Runner	Senior Masculino	02:24:19	+01:00:53	12:02
119	3721	Nelson Ribeiro	Individual	Senior Masculino	02:24:22	+01:00:56	12:02
120	3640	Carlos Moutinho	Individual	Senior Masculino	02:24:22	+01:00:56	12:02

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121	3868	GONALO CASTRO	NOCTURNOS DE PAREDES	Senior Masculino	02:24:49	+01:01:23	12:04
122	3655	Fernando Ribeiro	Individual	Senior Masculino	02:25:05	+01:01:39	12:05
123	3946	Ricardo Ribeiro	S&R	Senior Masculino	02:25:34	+01:02:08	12:08
124	3622	Amaro Manuel Barros Moreira	Individual	Senior Masculino	02:25:35	+01:02:09	12:08
125	4142	Pedro Gonalves	Toyota 4Runner	Senior Masculino	02:25:51	+01:02:25	12:09
126	3626	Antonio Albuquerque	Individual	Senior Masculino	02:26:18	+01:02:52	12:12
127	3071	Vitor Manuel Fontes Folgado	ARCORUN	Senior Masculino	02:26:19	+01:02:53	12:12
128	4011	Pedro Sousa	Solmaia Runners	Senior Masculino	02:27:14	+01:03:48	12:16
129	3935	ANTONIO ALMEIDA	Run4all	Senior Masculino	02:28:16	+01:04:50	12:22
130	3703	Manuel Azevedo	Individual	Senior Masculino	02:29:59	+01:06:33	12:30
131	3276	Luis Cunha	GymRecarei	Senior Masculino	02:30:07	+01:06:41	12:31
132	3192	Jos Diogo Nunes Magro Dias	Eu+ Ginsio LMA	Senior Masculino	02:30:07	+01:06:41	12:31
133	3268	Antnio Queiroz	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:31:02	+01:07:36	12:35
134	3205	Nuno Pinto	Family Pinto	Senior Masculino	02:31:07	+01:07:41	12:36
135	3204	Emanuel Nunes	Family Pinto	Senior Masculino	02:31:10	+01:07:44	12:36
136	3661	Hlder almeida	Individual	Senior Masculino	02:31:43	+01:08:17	12:39
137	4015	Antnio Pinho	SWAT	Senior Masculino	02:32:28	+01:09:02	12:42
138	3270	Pedro Goncalves	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:32:42	+01:09:16	12:43
139	3030	Elias Costa	Aerodance Trail Running	Senior Masculino	02:32:46	+01:09:20	12:44
140	3682	JORGE CARDOSO	Individual	Senior Masculino	02:32:57	+01:09:31	12:45
141	3055	Raul Silva	Anda-me Apanhar	Senior Masculino	02:33:05	+01:09:39	12:45
142	3054	Manuel Pereira	Anda-me Apanhar	Senior Masculino	02:33:05	+01:09:39	12:45
143	3804	Pedro Tavares	Los Manos	Senior Masculino	02:33:08	+01:09:42	12:46
144	3058	Jaime Fernando Moura Teixeira Sousa	Andarilhos	Senior Masculino	02:33:12	+01:09:46	12:46
145	2298	Manuel pedro rodrigues	clube praa da armada	Senior Masculino	02:33:20	+01:09:54	12:47
146	3907	Csar Moreira	Pena Team	Senior Masculino	02:33:25	+01:09:59	12:47
147	3908	Rui Gomes	Pena Team	Senior Masculino	02:33:25	+01:09:59	12:47
148	3206	Tiago Carneiro	Family Pinto	Senior Masculino	02:35:16	+01:11:50	12:56
149	4010	Miguel Moreira	Solmaia Runners	Senior Masculino	02:35:17	+01:11:51	12:56
150	3625	Andr Mota	Individual	Senior Masculino	02:35:36	+01:12:10	12:58
151	3178	joao coelho	ERMIDAFIT Runners	Senior Masculino	02:35:50	+01:12:24	12:59
152	3741	Pedro Tiago Teixeira Gomes	Individual	Senior Masculino	02:36:14	+01:12:48	13:01
153	3098	Filipe Maria	Calheiros Runners	Senior Masculino	02:36:41	+01:13:15	13:03
154	3861	ANTONIO MADUREIRA	NOCTURNOS DE PAREDES	Senior Masculino	02:37:03	+01:13:37	13:05
155	3034	Ricardo Arajo	Aerodance Trail Running	Senior Masculino	02:38:20	+01:14:54	13:12
156	3222	Bruno Daniel da Silva Sousa	FFit Gaia Trail	Senior Masculino	02:39:08	+01:15:42	13:16
157	3274	Bruno Tavares	Gulpi Trail Team	Senior Masculino	02:39:08	+01:15:42	13:16
158	3246	Pedro Reis	Funky Runners	Senior Masculino	02:39:17	+01:15:51	13:16
159	3823	Joo Moreira	Moinhos Run	Senior Masculino	02:39:46	+01:16:20	13:19
160	1601	Pedro Daniel Ferreira Teixeira	Individual	Senior Masculino	02:40:53	+01:17:27	13:24
161	2121	Bruno Ferreira	Slow Motion	Senior Masculino	02:41:02	+01:17:36	13:25
162	4146	Luis Antnio Costa Pereira	Trofa Team	Senior Masculino	02:41:40	+01:18:14	13:28
163	4145	Leonardo Costa Pereira	Trofa Team	Senior Masculino	02:41:40	+01:18:14	13:28
164	4147	Manuel Teixeira Gonalves	Trofa Team	Senior Masculino	02:41:42	+01:18:16	13:29
165	3688	JOSE CARLOS FERREIRA FARIA	Individual	Senior Masculino	02:42:03	+01:18:37	13:30
166	4087	Nuno Miguel da Silva Dias	Team DUAS FACES	Senior Masculino	02:42:05	+01:18:39	13:30

Corrida Caminhada 12K

12 KM

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OFFICIAL RESULT

167	4086	José Manuel Silva Matos	Team DUAS FACES	Senior Masculino	02:42:07	+01:18:41	13:31
168	4007	Luis Barrigas	Solmaia Runners	Senior Masculino	02:43:08	+01:19:42	13:36
169	3702	LUIS RIBEIRO	Individual	Senior Masculino	02:43:22	+01:19:56	13:37
170	3247	Sergio Reis	Funky Runners	Senior Masculino	02:43:22	+01:19:56	13:37
171	1459	daniel da cunha alves	Individual	Senior Masculino	02:43:32	+01:20:06	13:38
172	3116	Joaquim Fernando Moreira Rocha	Código Musical	Senior Masculino	02:43:38	+01:20:12	13:38
173	3122	Pedro António Garcez Mota	Código Musical	Senior Masculino	02:43:38	+01:20:12	13:38
174	3120	Miguel Angelo Pacheco Cruz	Código Musical	Senior Masculino	02:43:38	+01:20:12	13:38
175	3121	Nelson Diogo Pinto Sousa e Silva	Código Musical	Senior Masculino	02:43:38	+01:20:12	13:38
176	1886	Ricardo Oliveira	NAST	Senior Masculino	02:43:52	+01:20:26	13:39
177	3057	Daniel Nascimento Machado Neto	Andarilhos	Senior Masculino	02:44:31	+01:21:05	13:43
178	3716	Mário Jorge Teixeira Gomes	Individual	Senior Masculino	02:44:47	+01:21:21	13:44
179	3690	José Gonçalves	Individual	Senior Masculino	02:45:53	+01:22:27	13:49
180	3966	Jose Diogo dos Santos Sousa	Shark Tale	Senior Masculino	02:45:55	+01:22:29	13:50
181	3669	Ivo Joaquim Leal Loureiro	Individual	Senior Masculino	02:46:13	+01:22:47	13:51
182	4052	Álvaro Ribeiro	Sweet Runners	Senior Masculino	02:46:16	+01:22:50	13:51
183	3722	Nelson Ricardo Moreira	Individual	Senior Masculino	02:46:48	+01:23:22	13:54
184	3059	Luís Pedro Pedra Gomes Ribeiro	Andarilhos	Senior Masculino	02:46:51	+01:23:25	13:54
185	3060	Marco José Martins Nunes Mendes	Andarilhos	Senior Masculino	02:46:51	+01:23:25	13:54
186	3726	Nuno Oliveira Reis Correia	Individual	Senior Masculino	02:47:41	+01:24:15	13:58
187	3692	José Manuel Nunes Barbosa	Individual	Senior Masculino	02:47:42	+01:24:16	13:58
188	3714	Mário Alexandre Ferreira dos Santos	Individual	Senior Masculino	02:48:31	+01:25:05	14:03
189	3957	José Da Rocha Rodrigues	Saúde Viva	Senior Masculino	02:48:40	+01:25:14	14:03
190	4060	Marco Santos	Sweet Runners	Senior Masculino	02:48:51	+01:25:25	14:04
191	4084	Diogo Garcia	Team DUAS FACES	Senior Masculino	02:49:21	+01:25:55	14:07
192	3693	José Manuel Teixeira Pinto	Individual	Senior Masculino	02:49:31	+01:26:05	14:08
193	3691	José Manuel Gomes Lima	Individual	Senior Masculino	02:50:12	+01:26:46	14:11
194	1516	Joao Manuel Esteves Penas	Individual	Senior Masculino	02:50:24	+01:26:58	14:12
195	3631	António Pinto da Silva	Individual	Senior Masculino	02:52:11	+01:28:45	14:21
196	3760	Rui Pedro Moreira Morais de Sousa	Individual	Senior Masculino	02:52:20	+01:28:54	14:22
197	4150	Marco Moreira	vê se me apanhas	Senior Masculino	02:52:43	+01:29:17	14:24
198	3179	mara rocha	ERMIDAFIT Runners	Senior Masculino	02:52:46	+01:29:20	14:24
199	4128	Miguel Andrade	Thunder Team	Senior Masculino	02:53:35	+01:30:09	14:28
200	4104	João Gaspar	Team Idealkorpus	Senior Masculino	02:53:45	+01:30:19	14:29
201	3068	Luis Manuel Ferreira Gomes	ARCORUN	Senior Masculino	02:53:52	+01:30:26	14:29
202	3803	André Mota	Los Manos	Senior Masculino	02:54:47	+01:31:21	14:34
203	3704	Manuel Fernando Dos Santos Freitas	Individual	Senior Masculino	02:54:56	+01:31:30	14:35
204	3092	Lourenço Marques	CAETANO RUNNERS	Senior Masculino	02:56:05	+01:32:39	14:40
205	3163	Hello Ribeiro	Equipotência	Senior Masculino	02:58:03	+01:34:37	14:50
206	4054	Ernesto Carneiro	Sweet Runners	Senior Masculino	02:58:05	+01:34:39	14:50
207	3780	PEDRO ANDRÉ PINTO ROCHA	Kunalama Adportela RotaRomânico Btt	Senior Masculino	02:58:23	+01:34:57	14:52
208	3865	FERNANDO ROCHA	NOCTURNOS DE PAREDES	Senior Masculino	02:58:35	+01:35:09	14:53
209	4125	João Rodrigues	Thunder Team	Senior Masculino	03:00:07	+01:36:41	15:01
210	4061	Rui Alves	Sweet Runners	Senior Masculino	03:00:29	+01:37:03	15:02
211	3621	Alexandre Teles	Individual	Senior Masculino	03:01:10	+01:37:44	15:06
212	1411	Adelino Jesus Cunha Lopes Videira	Individual	Senior Masculino	03:01:17	+01:37:51	15:06

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OFFICIAL RESULT

258	3272	Margarida Moreira	Gosto de Trail	Senior Masculino	03:27:53	+02:04:27	17:19
259	3273	Vasco Lucena	Gosto de Trail	Senior Masculino	03:27:54	+02:04:28	17:20
260	3761	Rui Ribeiro	Individual	Senior Masculino	03:27:58	+02:04:32	17:20
261	3652	Fernando Garces	Individual	Senior Masculino	03:28:08	+02:04:42	17:21
262	3184	Tomás Cardoso Costa	Esinval	Senior Masculino	03:28:12	+02:04:46	17:21
263	3183	José Fernando Queiros Costa	Esinval	Senior Masculino	03:28:12	+02:04:46	17:21
264	3774	Vitor Emanuel de Sousa Ribeiro	Individual	Senior Masculino	03:28:37	+02:05:11	17:23
265	3766	Sérgio Rodrigues	Individual	Senior Masculino	03:29:26	+02:06:00	17:27
266	3255	Rui Mendes	Gente do Norte	Senior Masculino	03:29:49	+02:06:23	17:29
267	4162	Luis Baldemar Ribeiro da Silva	Individual	Senior Masculino	03:30:44	+02:07:18	17:34
268	3126	Rui Miguel Coelho monteiro	Coelho Bravo	Senior Masculino	03:31:07	+02:07:41	17:36
269	3191	Ismael Andrade	Eu+ Ginásio LMA	Senior Masculino	03:31:07	+02:07:41	17:36
270	3125	Eliana Anderia Miranda de Sousa	Coelho Bravo	Senior Masculino	03:31:08	+02:07:42	17:36
271	1951	David Morais	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	03:31:44	+02:08:18	17:39
272	3665	HELDER VIEIRA MOREIRA	Individual	Senior Masculino	03:32:19	+02:08:53	17:42
273	3114	David Joaquim Rodrigues Ferreira	Código Musical	Senior Masculino	03:32:37	+02:09:11	17:43
274	3119	Luis Miguel Rodrigues Carvalho	Código Musical	Senior Masculino	03:32:39	+02:09:13	17:43
275	3699	julio borges	Individual	Senior Masculino	03:32:59	+02:09:33	17:45
276	3624	André Alexandre de Sousa Bessa	Individual	Senior Masculino	03:33:04	+02:09:38	17:45
277	3873	MIGUEL MOREIRA	NOCTURNOS DE PAREDES	Senior Masculino	03:33:16	+02:09:50	17:46
278	3771	Tiago Barbosa da Cunha	Individual	Senior Masculino	03:34:10	+02:10:44	17:51
279	1578	NUNO MATOS	Individual	Senior Masculino	03:35:37	+02:12:11	17:58
280	4056	Jorge Augusto Silva	Sweet Runners	Senior Masculino	03:37:15	+02:13:49	18:06
281	3718	MIGUEL PINTO	Individual	Senior Masculino	03:37:48	+02:14:22	18:09
282	3637	Carlos José Barbosa Vieira	Individual	Senior Masculino	03:39:09	+02:15:43	18:16
283	3028	Adão Ferreira	Aerodance Trail Running	Senior Masculino	03:40:27	+02:17:01	18:22
284	3765	Sérgio Marco Moreira Lavrador	Individual	Senior Masculino	03:40:33	+02:17:07	18:23
285	3768	Sérgio Sousa	Individual	Senior Masculino	03:40:35	+02:17:09	18:23
286	3630	Antonio Pedroso	Individual	Senior Masculino	03:40:36	+02:17:10	18:23
287	3036	Sérgio Pereira	Aerodance Trail Running	Senior Masculino	03:40:49	+02:17:23	18:24
288	3680	Joaquim Moreira Morais	Individual	Senior Masculino	03:41:44	+02:18:18	18:29
289	4008	Luís Dias	Solmaia Runners	Senior Masculino	03:42:03	+02:18:37	18:30
290	3644	Daniel Jesus Magalhaes	Individual	Senior Masculino	03:42:07	+02:18:41	18:31
291	3767	Sergio Rui Ferreira Sousa	Individual	Senior Masculino	03:42:08	+02:18:42	18:31
292	3695	jose morais	Individual	Senior Masculino	03:43:29	+02:20:03	18:37
293	3660	Gonçalo Paixão	Individual	Senior Masculino	03:43:38	+02:20:12	18:38
294	3035	Rúben Costa	Aerodance Trail Running	Senior Masculino	03:44:01	+02:20:35	18:40
295	1426	Antonio Oliveira	Individual	Senior Masculino	03:44:18	+02:20:52	18:42
296	3970	João Pedro Monteiro de Sousa	Sharm el sheikh	Senior Masculino	03:44:22	+02:20:56	18:42
297	3971	Pedro Alexandre Moreira de Almeida	Sharm el sheikh	Senior Masculino	03:44:22	+02:20:56	18:42
298	3727	Nuno Santos Gonçalves	Individual	Senior Masculino	03:44:53	+02:21:27	18:44
299	3818	Ilidio Jose da Silva Meireles	Meireles & Cia.	Senior Masculino	03:47:18	+02:23:52	18:56
300	3817	Filipe Alexandre Pacheco Neto Duarte Geada	Meireles & Cia.	Senior Masculino	03:47:18	+02:23:52	18:57
301	3820	Jose Nuno Gomes Meireles	Meireles & Cia.	Senior Masculino	03:47:19	+02:23:53	18:57
302	3743	PEDRO VIEIRA	Individual	Senior Masculino	03:47:57	+02:24:31	19:00

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303	3645	Daniel Soares	Individual	Senior Masculino	03:48:00	+02:24:34	19:00
304	3082	Tiago Azevedo	BitRunners	Senior Masculino	03:48:08	+02:24:42	19:01
305	3638	Carlos Manuel da Rocha Gomes	Individual	Senior Masculino	03:48:14	+02:24:48	19:01
306	4089	Victor Moreira	Team DUAS FACES	Senior Masculino	03:48:28	+02:25:02	19:02
307	4082	Artur Salazar	Team DUAS FACES	Senior Masculino	03:48:30	+02:25:04	19:02
308	3928	José Fernando Bessa da Silva	Rompe Solas	Senior Masculino	03:48:42	+02:25:16	19:03
309	3654	Fernando Manuel Sousa Maduro	Individual	Senior Masculino	03:49:02	+02:25:36	19:05
310	3762	Rui Teixeira	Individual	Senior Masculino	03:50:57	+02:27:31	19:15
311	4132	ISABEL LOPES	TOU QUE NEM POSSO	Senior Masculino	03:51:49	+02:28:23	19:19
312	4135	LUÍS PEIXOTO	TOU QUE NEM POSSO	Senior Masculino	03:51:49	+02:28:23	19:19
313	3244	Carlos Viana	Funky Runners	Senior Masculino	03:52:18	+02:28:52	19:21
314	3715	Mário Emanuel Barbosa Ribeiro	Individual	Senior Masculino	03:52:20	+02:28:54	19:22
315	3650	Fábio Rafael Machado Nogueira	Individual	Senior Masculino	03:52:21	+02:28:55	19:22
316	3940	RICARDO ALVES	run4fun	Senior Masculino	03:52:23	+02:28:57	19:22
317	3749	Ricardo Santos	Individual	Senior Masculino	03:52:23	+02:28:57	19:22
318	3867	FLAVIO AGUDO	NOCTURNOS DE PAREDES	Senior Masculino	03:54:22	+02:30:56	19:32
319	3739	PEDRO NOEL REIMÃO TORRES INÁCIO	Individual	Senior Masculino	03:54:27	+02:31:01	19:32
320	3735	Pedro Miguel Barbosa Pinto Ramos	Individual	Senior Masculino	03:54:59	+02:31:33	19:35
321	3864	DIOGO CASTRO	NOCTURNOS DE PAREDES	Senior Masculino	03:56:10	+02:32:44	19:41
322	3770	Tadeu de Jesus da Rocha Ferreira	Individual	Senior Masculino	03:56:18	+02:32:52	19:42
323	3673	João Miguel Pereira da Silva Lopes	Individual	Senior Masculino	03:58:23	+02:34:57	19:52
324	3827	Paulo Araújo	"Não sei se aguento"	Senior Masculino	03:59:56	+02:36:30	20:00
325	3649	Fábio Daniel Alves Moura	Individual	Senior Masculino	04:01:35	+02:38:09	20:08
326	3157	Hugo Joaquim da Costa Santos	Equipa EBC	Senior Masculino	04:02:07	+02:38:41	20:11
327	3156	Flávio Manuel Brito da Mota Soares	Equipa EBC	Senior Masculino	04:02:07	+02:38:41	20:11
328	1905	ANTONIO BRITO	NOCTURNOS DE PAREDES	Senior Masculino	04:03:20	+02:39:54	20:17
329	3696	José Pinto	Individual	Senior Masculino	04:03:56	+02:40:30	20:20
330	4058	Luís Silva	Sweet Runners	Senior Masculino	04:04:40	+02:41:14	20:23
331	3720	Nelson Manuel Dias Gomes	Individual	Senior Masculino	04:05:09	+02:41:43	20:26
332	4141	Fernando Graça Pinto	Toyota 4Runner	Senior Masculino	04:08:53	+02:45:27	20:44
333	3758	Rui maltez	Individual	Senior Masculino	04:09:28	+02:46:02	20:47
334	3677	Joaquim Augusto Moreira da Silva	Individual	Senior Masculino	04:09:41	+02:46:15	20:48
335	3711	Manuel Silva Alves	Individual	Senior Masculino	04:09:42	+02:46:16	20:48
336	3029	Bruno Silva	Aerodance Trail Running	Senior Masculino	04:12:24	+02:48:58	21:02
337	3033	Paulo Silva	Aerodance Trail Running	Senior Masculino	04:12:25	+02:48:59	21:02
338	3032	Manuel Santos	Aerodance Trail Running	Senior Masculino	04:12:35	+02:49:09	21:03
339	3922	Angelico Jorge	Rainha Club	Senior Masculino	04:12:37	+02:49:11	21:03
340	3706	Manuel Guimarães	Individual	Senior Masculino	04:15:09	+02:51:43	21:16
341	3943	Luís sousa	rungo	Senior Masculino	04:17:55	+02:54:29	21:30
342	1532	Jonathan Dos Santos	Individual	Senior Masculino	04:18:49	+02:55:23	21:34
343	3764	sergio dinis pinto santos	Individual	Senior Masculino	04:19:05	+02:55:39	21:35
344	3898	Álvaro Gonçalves	Os Penduras	Senior Masculino	04:23:30	+03:00:04	21:57
345	3663	Helder Filipe Castro Moura	Individual	Senior Masculino	04:23:52	+03:00:26	21:59
346	3659	Gonçalo Costa	Individual	Senior Masculino	04:24:08	+03:00:42	22:01
347	3623	Ana Marta Ribeiro Resende Dias	Individual	Senior Masculino	04:26:20	+03:02:54	22:12
348	3772	Tiago Daniel Sousa Monteiro	Individual	Senior Masculino	04:27:44	+03:04:18	22:12

Corrida Caminhada 12K

12 KM

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OFFICIAL RESULT

[illegible]

349	4085	Eduarda Lopes	Team DUAS FACES	Senior Masculino	04:28:06	+03:04:40	22:21
350	4083	Diniz Ribeiro	Team DUAS FACES	Senior Masculino	04:28:06	+03:04:40	22:21
351	3005	Cesário Costa	@venida Team	Senior Masculino	04:29:37	+03:06:11	22:28
352	3862	ANTONIO OLIVEIRA	NOCTURNOS DE PAREDES	Senior Masculino	04:30:38	+03:07:12	22:33
353	3901	Hugo Couto	Os Penduras	Senior Masculino	04:33:29	+03:10:03	22:47
354	1519	João Oliveira	Individual	Senior Masculino	04:34:15	+03:10:49	22:51
355	3738	PEDRO MIGUEL FONTE ROCHA	Individual	Senior Masculino	04:35:10	+03:11:44	22:56
356	3261	CARLOS CORREIA	Ginasio Fit4Fun	Senior Masculino	04:39:46	+03:16:20	23:19
357	3262	MARCO JESUS	Ginasio Fit4Fun	Senior Masculino	04:39:46	+03:16:20	23:19
358	3051	Pedro Lima	Amigos da Quinta das Freiras	Senior Masculino	04:47:48	+03:24:22	23:59

Veterana F40

1	1708	teresa mota	Individual	Veterana F40	02:00:42		10:03
2	2061	Maria José Teixeira	Run & Fitness	Veterana F40	02:19:40	+18:58	11:38
3	2190	Ana Paula P. Ferreira	TEAM @VENIDA	Veterana F40	03:02:04	+01:01:22	15:10
4	1677	Emilia Maria Nogueira Rodrigues	Individual	Veterana F40	03:04:18	+01:03:36	15:22
5	1673	Bernardina de Jesus Nogueira Rodrigues	Individual	Veterana F40	03:05:19	+01:04:37	15:27
6	2138	Elisabete Melo	Soldado Desconhecido	Veterana F40	03:17:52	+01:17:10	16:29
7	2189	Alexandra Flor	TEAM @VENIDA	Veterana F40	04:04:48	+02:04:06	20:24
8	1692	Isilda Maria Lima Oliveira	Individual	Veterana F40	04:05:47	+02:05:05	20:29
9	1682	fernanda nogueira rodrigues	Individual	Veterana F40	04:17:59	+02:17:17	21:30

Veterano M40

1	2305	Afonso Moura	Individual	Veterano M40	01:41:30		08:27
2	1745	Carlos Lopes	Individual	Veterano M40	02:07:50	+26:20	10:39
3	1717	André Gilvaia	Individual	Veterano M40	02:14:20	+32:50	11:12
4	1748	FATIMA CARVALHO	Individual	Veterano M40	02:14:20	+32:50	11:12
5	1783	Luis Filipe Lopes dos Santos	Individual	Veterano M40	02:24:54	+43:24	12:05
6	1712	alberto martins	Individual	Veterano M40	02:42:52	+01:01:22	13:34
7	1733	Armando Moreira	Individual	Veterano M40	02:58:48	+01:17:18	14:54
8	1840	Tomas Alberto de Sousa Ferreira	Individual	Veterano M40	03:04:18	+01:22:48	15:22
9	1738	Bruno Filipe Fernandes Rodrigues	Individual	Veterano M40	03:04:20	+01:22:50	15:22
10	1806	Oscar Luis Oliveira Novais	Individual	Veterano M40	03:08:05	+01:26:35	15:40
11	1784	Luis Leitão	Individual	Veterano M40	03:12:12	+01:30:42	16:01
12	2139	Paulo Melo	Soldado Desconhecido	Veterano M40	03:17:53	+01:36:23	16:29
13	2028	pedro brizado	pipb	Veterano M40	03:29:50	+01:48:20	17:29
14	1967	Pedro Seixas	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Veterano M40	03:31:44	+01:50:14	17:39
15	1925	ACACIO TEIXEIRA	NOCTURNOS DE PAREDES	Veterano M40	03:35:37	+01:54:07	17:58
16	1812	Paulo Jorge da Silva Costa	Individual	Veterano M40	03:52:12	+02:10:42	19:21
17	1714	Alexandrina Bastos	Individual	Veterano M40	04:39:44	+02:58:14	23:19

Official Timekeeper: Lap2Go	1 / 2	generate 31-mai-2015 20:11
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[illegible]

39	Rompe Solas	13:05:11 [121 + 533 + 799 + 800]	0
40	FALTA MUITO?	13:16:30 [284 + 285 + 584 + 1044]	0
41	Tangerinas	13:44:22 [493 + 509 + 710 + 815]	0
42	Gente do Norte	13:59:12 [653 + 654 + 655 + 656]	0
43	CDS Paredes	14:40:34 [153 + 877 + 878 + 1017]	0
44	Sharm el sheikh	14:57:16 [765 + 766 + 768 + 769]	0
45	Os Penduras	15:29:28 [572 + 844 + 845 + 994]	0
46	Equipa EBC	16:07:56 [900 + 901 + 902 + 903]	0
47	Mankinhas	16:20:51 [830 + 831 + 976 + 993]	0
48	@venida Team	17:44:11 [921 + 1028 + 1039 + 1040]	0
49	Ginasio Fit4Fun	18:39:00 [1055 + 1056 + 1057 + 1058]	0
50	Amigos da Quinta das Freiras	19:11:17 [1062 + 1063 + 1064 + 1065]	0