

#	Nome	Equipa	Dorsal	Tempo	Diferença
1	Nuno Raposo	CATA- Clube de Atletismo de Amora	208	01:14:04.037	----
2	Emanuel Simões	CDRAU	26	01:15:58.289	00:01:54.252
3	Fernando Santos	Clube de Praças da Armada	88	01:18:35.330	00:04:31.293
4	Nelson Fernandes Diogo	AMFC-Arrábida Trail Team	211	01:19:00.695	00:04:56.658
5	JOÃO CORREIA	CATA	52	01:19:46.597	00:05:42.560
6	Tiago Abrantes Moraes	Amigos do Atletismo da Charneca de Caparica	135	01:21:19.182	00:07:15.145
7	Carlos Pinho	CrossFit AlphaDen	105	01:21:36.869	00:07:32.832
8	António Madeira	Clube de Praças da Armada	79	01:21:56.016	00:07:51.979
9	Agostinho Gonçalves	CDRAU	205	01:22:23.382	00:08:19.345
10	Joaquim António Velhinho Dias	Clube de Praças da Armada	86	01:23:52.436	00:09:48.399
11	Alaor Nascimento	CATA-Clube de Atletismo de Amora	39	01:24:04.584	00:10:00.547
12	João Paixão	NAPA - Núcleo Amigos Perna Assada	56	01:24:39.928	00:10:35.891
13	antónio josé rodrigues alves inácio	sem equipa.	16	01:24:42.281	00:10:38.244
14	Guilherme Hora	OCS Proaventuras	147	01:24:58.348	00:10:54.311
15	Marco Mendes	CDRAU	204	01:25:07.714	00:11:03.677
16	Luis Vitorino	run and smile	124	01:25:43.268	00:11:39.231
17	Filipe Jorge Lopes Pimenta	Individual	160	01:26:24.034	00:12:19.997
18	João Carlos Lourenço e Silva	3ª Companhia	151	01:27:54.697	00:13:50.660
19	Ricardo Salgueiro	Bancaleiro Bikes/Clinica Santa Beatriz/happy Life Training	128	01:28:58.297	00:14:54.260
20	Ricardo Pereira	Clube OGMA	187	01:29:49.074	00:15:45.037
21	José Luís Nunes Mendes A. Lopes	Tálenos Team	96	01:30:38.451	00:16:34.414
22	Alexandre Figueiredo	NAPA - Núcleo Amigos Perna Assada	75	01:31:00.412	00:16:56.375
23	Laura Grilo	NAPA - Núcleo Amigos Perna Assada	68	01:31:42.354	00:17:38.317
24	Luís Filipe da Silva Martins Soares	CLUBE OGMA	186	01:31:56.399	00:17:52.362
25	Nuno pereira	Clube Ogma	188	01:32:33.631	00:18:29.594
26	Paulo Marçalo	Individual	144	01:32:44.728	00:18:40.691
27	João Gonçalves	Individual	19	01:32:50.949	00:18:46.912
28	Luís Mendes	NAPA - Núcleo Amigos Perna Assada	54	01:33:41.406	00:19:37.369
29	Rodrigo Tavares	Clube de Praças da Armada	87	01:33:43.863	00:19:39.826
30	Jorge Franco	PolRunners	209	01:33:52.312	00:19:48.275
31	António Ventura Silva	Beja Atlético Clube	162	01:35:19.253	00:21:15.216
32	Alexandre Cantanhede	Clube de Praças da Armada	81	01:35:23.052	00:21:19.015
33	Bruno Regalo	Nucleo Amigos Perna Assada	163	01:35:28.495	00:21:24.458
34	PAULO GONÇALVES	POLRUNNRES	218	01:36:10.638	00:22:06.601
35	Eduardo Manuel Coelho Luís	Atómicos	59	01:36:12.105	00:22:08.068
36	Célia Cecílio	NAPA - Núcleo Amigos Perna Assada	55	01:36:13.915	00:22:09.878
37	Sérgio Santos	Os coxos da Caparica	161	01:36:16.708	00:22:12.671
38	Luís Sousa	individual	141	01:36:20.988	00:22:16.951
39	JOSE Hilário	Individual	159	01:36:54.511	00:22:50.474
40	Mauricio Costa	Individual	67	01:36:59.231	00:22:55.194
41	Duarte Aguiar	A Natureza Ensina	111	01:39:44.219	00:25:40.182
42	Rui Tiago Coelho	Atlântico Escola de Futebol	58	01:39:53.444	00:25:49.407
43	Andreia Cristina Ramos Neves	Geração Rasca	97	01:40:03.056	00:25:59.019
44	Carla Fernandes	Asas do Milénio	20	01:40:06.554	00:26:02.517
45	Rui Marques	GDU AZOIA	11	01:40:09.690	00:26:05.653

#	Nome	Equipa	Dorsal	Tempo	Diferença
46	João Rebelo	CATA-Clube de Atletismo de Amora	22	01:40:52.530	00:26:48.493
47	Edgar Prazeres	Os Quenias	127	01:41:12.701	00:27:08.664
48	José Pulido	CDRAU	206	01:41:31.224	00:27:27.187
49	José Marcos Guerreiro Mira	TEAM BAIA DO SEIXAL	51	01:41:54.868	00:27:50.831
50	Miguel Sergio Henriques Guedes Gomes	individual	14	01:41:56.868	00:27:52.831
51	Maurício Marques	Individual	153	01:42:01.020	00:27:56.983
52	Márcia Cantanhede	Clube de Praças da Armada	80	01:42:07.560	00:28:03.523
53	Bruno Firme	Núcleo Amigos Perna Assada	164	01:43:05.178	00:29:01.141
54	Rui Marques	Individual	175	01:43:36.489	00:29:32.452
55	filipe jose gaspar guertas	individual	196	01:43:50.359	00:29:46.322
56	antonio domingos	pardais	61	01:43:54.748	00:29:50.711
57	Mario Louro	NAPA-Núcleo Amigos Perna Assada	167	01:43:57.521	00:29:53.484
58	Joaquim Carrilho	SS CGD	50	01:44:37.018	00:30:32.981
59	João Fernandes	Apocalypse Runners	41	01:44:39.718	00:30:35.681
60	Vera Reis	Morcegos Trail	174	01:44:50.042	00:30:46.005
61	José Trindade	ARSM-Associação Recreativa de S.Miguel	17	01:45:24.654	00:31:20.617
62	Paulo Rana	Individual	179	01:45:26.446	00:31:22.409
63	Julio Moreira	PolRunners	210	01:45:31.079	00:31:27.042
64	Manuel Victorino	CCDALVITEJO	77	01:45:44.622	00:31:40.585
65	Carmen Henriques	run and smile	123	01:45:50.513	00:31:46.476
66	Jorge Gois	Clube de Praças da Armada	83	01:46:08.122	00:32:04.085
67	André Silveira Castanho	Lone Wolf	130	01:47:03.319	00:32:59.282
68	Joao Ferreira	Margaças	9	01:47:10.971	00:33:06.934
69	Manuel Gonçalves da Silva	Individual	38	01:47:24.734	00:33:20.697
70	Nelson Moraes	Apocalypse Runners	42	01:47:28.117	00:33:24.080
71	Paulo Batista	Individual	57	01:48:11.448	00:34:07.411
72	Bernardo Manuel da Silva Veríssimo	Negócio das carnes	184	01:48:57.744	00:34:53.707
73	Henrique Narciso	Tokatodos	92	01:49:00.079	00:34:56.042
74	Adolfo Manuel Ameixa	Bikers do Pior	12	01:49:29.341	00:35:25.304
75	MNUEL AMARO	Clube de Praças da Armada	212	01:49:30.988	00:35:26.951
76	Pedro Neves	Bykers do Pior	142	01:49:37.948	00:35:33.911
77	Carlos Rodrigues	individual	74	01:50:17.526	00:36:13.489
78	Carla Angueira	Ginásio Clube de Bragança	13	01:50:25.587	00:36:21.550
79	José Carlos Melo	Run 4 Fun	192	01:50:31.051	00:36:27.014
80	Vitor	Drivers Legion	27	01:51:24.109	00:37:20.072
81	Virgílio Martins Rodrigues	Individual	29	01:51:27.516	00:37:23.479
82	João Santos	individual	37	01:52:12.275	00:38:08.238
83	Jose Moga	Amigos Vale do Silencio	32	01:52:47.930	00:38:43.893
84	Vítor Manuel Ricardo Correia Passarinho	-	10	01:52:49.930	00:38:45.893
85	Nelson Lourenço	Individual	30	01:53:14.787	00:39:10.750
86	JOÃO SANTOS	Clube de Praças da Armada	85	01:53:31.393	00:39:27.356
87	Possidonio Constantino	Clube de Praças da Armada	84	01:54:28.775	00:40:24.738
88	Bruno Vaz	Apocalypse Runners	43	01:58:31.833	00:44:27.796
89	Catarina Carvalho	Individual	199	01:58:35.107	00:44:31.070
90	paulo serranito	Individual	129	01:58:43.454	00:44:39.417

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91	Fernanda Rebelo	CATA-Clube de Atletismo de Amora	23	01:59:38.031	00:45:33.994
92	Patrícia Vieira	CDRAU	207	02:00:11.678	00:46:07.641
93	Nuno	Superpatos	69	02:02:03.789	00:47:59.752
94	Sérgio Amaral	SS CGD	33	02:03:20.054	00:49:16.017
95	Pedro Claudio	SS CGD	132	02:03:47.845	00:49:43.808
96	Rui Madeira	Particular	90	02:03:50.877	00:49:46.840
97	Sandro Leitão	BSSL	98	02:03:55.852	00:49:51.815
98	PAULO VIRIATO	Tartarugas nocturnas	193	02:04:53.211	00:50:49.174
99	Bruno Afonso	Individual	18	02:04:55.459	00:50:51.422
100	Nuno Gonçalo da Silva Alves	Margem Sul Racing Team	31	02:04:58.491	00:50:54.454
101	Alexandre Jorge	Individual	72	02:08:33.900	00:54:29.863
102	Ludovico Belo	A Natureza Ensina	78	02:09:13.832	00:55:09.795
103	Paulo Jorge da Silva Pereira	Individual	137	02:09:42.720	00:55:38.683
104	Kina Seabra	Tálenos Team	139	02:11:28.207	00:57:24.170
105	José Carlos Almeida Fernandes da Silva	Fortíssimos Running Team	106	02:12:00.642	00:57:56.605
106	Nuno Filipe Dias	Fortíssimos Running Team	102	02:13:03.479	00:58:59.442
107	NUNO FARINHO	OS LENTOS	117	02:13:21.159	00:59:17.122
108	Rui pires	Equipa os lentos	116	02:13:22.703	00:59:18.666
109	Rodrigo Palla e Carmo Pinto Rodrigues	Individual	156	02:13:25.575	00:59:21.538
110	jorge manuel martins rodrigues	Margacas	194	02:13:49.240	00:59:45.203
111	Nuno Mulero	Individual	216	02:15:25.392	01:01:21.355
112	Rúben Couto	Asas do Milénio	21	02:15:27.686	01:01:23.649
113	Paulo Bailão	SS CGD	63	02:17:27.731	01:03:23.694
114	Carlos Silva	Margaças	189	02:18:40.123	01:04:36.086
115	Paulo Alexandre da Costa do Rosário	Asas do Mllénium	94	02:22:17.707	01:08:13.670
116	paulo abadia	Team Bizarro	34	02:22:26.465	01:08:22.428
117	NUNO Henriques	run and smail	40	02:24:45.016	01:10:40.979
118	Alexandra Clemente	Idealvida	7	02:24:47.016	01:10:42.979
119	TIAGO LOURENÇO	Idealvida	8	02:24:52.016	01:10:47.979
120	Tobias Rocha	Tálenos Team	140	02:24:56.016	01:10:51.979
121	Paulo Duarte Silva	Seixalrunning	119	02:33:48.218	01:19:44.181
122	Sergio Neves	Seixal Running	126	02:37:45.346	01:23:41.309
123	Ana Azevedo	SS CGD	46	02:37:48.346	01:23:44.309
124	Anabela Esteves	SS CGD	154	02:37:50.346	01:23:46.309
--	Fernando José Monteiro Jesus	Os Lentos	118	--:--:-- (NT)	----
--	Miguel Costa	Os Lentos	114	--:--:-- (NT)	----
--	MARCIO ALEXANDRE VASSALO HORTA	OS LENTOS	115	--:--:-- (NT)	----
--	Lurdes Henriques	run and smile	122	--:--:-- (NT)	----
--	antero CARDOSO	SerraDura	203	--:--:-- (NT)	----
--	Carlos César de Melo Pereira	Asas Nos Pés	36	--:--:-- (NT)	----
--	João Abelho Rosa	OCS ProAventuras	35	--:--:-- (NT)	----
--	José Silva	pardais	60	--:--:-- (NT)	----
--	Sonia Kanji	SuperPatos	65	--:--:-- (NT)	----
--	JORGE LEÃO	INDIVIDUAL	76	--:--:-- (NT)	----
--	Pedro Baptista	Casa da Dizima	25	--:--:-- (NT)	----

#	Nome	Equipa	Dorsal	Tempo	Diferença
--	Hugo Miguel Nunes Mateus	INDIVIDUAL	131	--:--:-- (NT)	----
--	ANTÓNIO PEREIRA	Clube de Praças da Armada	82	--:--:-- (NT)	----
--	Rui Eduardo Horta	Os Lesmas	6	--:--:-- (NT)	----