

TRAIL CURTO - STAGE 1

27 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
42	247	Gonalo Seabra	os zatopeques	Veterano M40	04:29:15	+01:55:02	09:58
43	246	S�rgio Manuel Teixeira Gonales	os zatopeques	Senior Masculino	04:29:16	+01:55:03	09:58
44	241	Rui Ant�nio Carreiro Esteves	individual	Veterano M50	04:32:24	+01:58:11	10:05
45	234	jose manuel soares canuto	individual	Veterano M40	04:46:02	+02:11:50	10:36
46	232	Jo�o Tavares	individual	Veterano M40	04:48:35	+02:14:23	10:41
47	228	Carlos Batista da Costa	individual	Veterano M40	04:48:35	+02:14:23	10:41
48	254	Fernanda Cardoso	runners da frente ribeirinha da p�voa de santa �ria	Veterana F40	05:02:54	+02:28:42	11:13
49	236	Paulo Alexandre Costa	individual	Veterano M40	05:02:54	+02:28:42	11:13
50	204	Graa Nobre	alverca urban runners	Veterana F50	05:04:45	+02:30:32	11:17
51	215	Patr�cia Sofia Lucas Ramos	individual	Senior Feminino	05:23:25	+02:49:13	11:59
52	248	Ana Cristina Jacinto	papa kms	Veterana F40	05:23:27	+02:49:14	11:59
53	242	Alfredo Fernando Ramos	individual	Veterano M60	05:23:29	+02:49:17	11:59
54	202	ELISABETE MACHADO	agregar	Veterana F40	05:28:37	+02:54:25	12:10
55	213	Sara Domingos Gaspar	fur�es do alentejo	Senior Feminino	05:45:57	+03:11:45	12:49
56	217	T�nia Sofia da Silva Pereira	individual	Senior Feminino	05:45:58	+03:11:45	12:49
57	214	N�dia Afonso	individual	Senior Feminino	05:45:59	+03:11:47	12:49

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	Time	Temperature	Humidity
Start	08:30	18.1°C	42%
End	14:20	30°C	19%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	257	CRISTINA MADANÇOS	TRAIL RUNNERS PORTIMÃO	Senior Feminino	03:31:38	+57:26	07:50
2	261	Tânia Oliveira	Individual	Senior Feminino	03:53:00	+01:18:47	08:38
3	216	Rosa Maria Pereira Martins	Individual	Senior Feminino	04:19:02	+01:44:50	09:36
4	215	Patrícia Sofia Lucas Ramos	Individual	Senior Feminino	05:23:25	+02:49:13	11:59
5	213	Sara Domingos Gaspar	Furões do Alentejo	Senior Feminino	05:45:57	+03:11:45	12:49
6	217	Tânia Sofia da Silva Pereira	Individual	Senior Feminino	05:45:58	+03:11:45	12:49
7	214	Nádia Afonso	Individual	Senior Feminino	05:45:59	+03:11:47	12:49

Senior Masculino

1	222	Vitor Marques	Individual	Senior Masculino	02:38:31	+04:19	05:52
2	221	Ruben David figueira Santos	Individual	Senior Masculino	02:44:10	+09:57	06:05
3	255	Nuno Manuel Ferreira Granadas	Tough Trails Alenquer	Senior Masculino	03:06:07	+31:54	06:54
4	12	Pedro Santos	Individual	Senior Masculino	03:09:01	+34:48	07:00
5	201	Pedro Graça	AGREGAR	Senior Masculino	03:15:44	+41:31	07:15
6	218	André Silveira Castanho	Individual	Senior Masculino	03:35:44	+01:01:32	07:59
7	209	Ricardo Polónio	Clube Corrida Externato da Luz	Senior Masculino	03:53:19	+01:19:06	08:38
8	203	Bruno Morais	Alverca Urban Runners	Senior Masculino	04:03:27	+01:29:15	09:01
9	263	Nuno Jesus	Individual	Senior Masculino	04:13:39	+01:39:26	09:24
10	219	Bruno Nunes Vaz	Individual	Senior Masculino	04:19:03	+01:44:50	09:36
11	220	Marco Silva	Individual	Senior Masculino	04:29:14	+01:55:02	09:58
12	246	Sérgio Manuel Teixeira Gonçalves	Os Zatopeques	Senior Masculino	04:29:16	+01:55:03	09:58

Veterana F40

1	224	Olga Maria caiado	Individual	Veterana F40	03:38:58	+01:04:45	08:07
2	258	Filipa Francisco	Trail Runners Portimão	Veterana F40	03:52:06	+01:17:53	08:36
3	223	Luísa Alexandra Guerra Santos	Individual	Veterana F40	04:13:40	+01:39:28	09:24
4	211	Susana Freitas	CORRER LISBOA	Veterana F40	04:26:16	+01:52:04	09:52
5	254	Fernanda Cardoso	Runners da Frente Ribeirinha da Póvoa de Santa Iria	Veterana F40	05:02:54	+02:28:42	11:13
6	248	Ana Cristina Jacinto	Papa Kms	Veterana F40	05:23:27	+02:49:14	11:59
7	202	ELISABETE MACHADO	AGREGAR	Veterana F40	05:28:37	+02:54:25	12:10

Veterana F50

1	226	Céu Miguel	Individual	Veterana F50	04:13:04	+01:38:52	09:22:22
2	204	Graça Nobre	Alverca Urban Runners	Veterana F50	05:04:45	+02:30:32	11:17:17

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Veterano M40

1	207	José Geadá	Associação Vale Grande	Veterano M40	02:34:12		05:43
2	240	sergio ramos	Individual	Veterano M40	02:49:18	+15:05	06:16
3	256	Pedro Jorge Ferreira Granadas	Tough Trails Alenquer	Veterano M40	02:55:32	+21:19	06:30
4	239	Rui Leão	Individual	Veterano M40	03:04:17	+30:04	06:50
5	237	Paulo Manuel Costa	Individual	Veterano M40	03:13:45	+39:33	07:11
6	260	José Jacinto	ZingaRun	Veterano M40	03:19:54	+45:42	07:24
7	230	humberto borges	Individual	Veterano M40	03:26:47	+52:34	07:40
8	206	Joaquim Mário Guerreiro	Associação de atletismo Lebres do sado	Veterano M40	03:31:39	+57:27	07:50
9	238	Ricardo Leitão	Individual	Veterano M40	03:38:58	+01:04:46	08:07
10	233	Jorge Neto	Individual	Veterano M40	03:41:57	+01:07:45	08:13
11	231	João Canhoto	Individual	Veterano M40	03:52:04	+01:17:52	08:36
12	259	Nuno Francisco	Trail Runners Portimão	Veterano M40	03:52:05	+01:17:53	08:36
13	245	Luis São Pedro	Luis Manuel Rodrigues	Veterano M40	03:52:56	+01:18:43	08:38
14	210	Paulo Jorge Morgado Martins	Clube Corrida Externato da Luz	Veterano M40	03:53:18	+01:19:06	08:38
15	208	Paulo Monteiro	Associação Vale Grande	Veterano M40	03:53:19	+01:19:07	08:39
16	205	Pedro Miguel Nunes Ferreira	Alverca Urban Runners	Veterano M40	04:03:27	+01:29:15	09:01
17	249	João Fernandes	Papa Kms	Veterano M40	04:18:07	+01:43:55	09:34
18	235	Luis António Carvalho Alves	Individual	Veterano M40	04:19:02	+01:44:49	09:36
19	212	Ricardo Santos	CORRER LISBOA	Veterano M40	04:26:15	+01:52:03	09:52
20	247	Gonçalo Seabra	Os Zatopeques	Veterano M40	04:29:15	+01:55:02	09:58
21	234	jose manuel soares canuto	Individual	Veterano M40	04:46:02	+02:11:50	10:36
22	232	João Tavares	Individual	Veterano M40	04:48:35	+02:14:23	10:41
23	228	Carlos Batista da Costa	Individual	Veterano M40	04:48:35	+02:14:23	10:41
24	236	Paulo Alexandre Costa	Individual	Veterano M40	05:02:54	+02:28:42	11:13

Veterano M50

1	250	Armando Teixeira	Papa Kms	Veterano M50	04:18:25	+01:44:13	09:34
2	241	Rui António Carreiro Esteves	Individual	Veterano M50	04:32:24	+01:58:11	10:05

Veterano M60

1	243	Henrique Sacadura	Individual	Veterano M60	03:48:07	+01:13:55	08:27
2	244	Jorge Costa Matos	Individual	Veterano M60	04:14:52	+01:40:40	09:26
3	242	Alfredo Fernando Ramos	Individual	Veterano M60	05:23:29	+02:49:17	11:59