

Dorsal	Lugar	Esc.	Nome	Equipa	Sexo	Idade	Tempo	Ritmo	Escalão
1040	1	1	LUIS MARTINS	GTT ARMAZEM DO CAFFE	M	38	01:57:45	04:43	MSEN
79	2	1	AMANDIO ANTUNES	AFIFENSE TRAIL	M	40	01:57:51	04:43	M40
49	3	2	IGOR MOREIRA	MELGACO ALVARINHO TRAIL	M	40	01:59:32	04:47	M40
108	4	3	ADRIANO SA	AGUIAS DE ALVELOS	M	46	02:01:34	04:51	M40
1098	5	2	BRUNO RIBEIRO	AGUIAS DE ALVELOS	M	37	02:07:30	05:06	MSEN
23	6	3	SERGIO SA	GTT ARMAZEM DO CAFFE	M	33	02:10:59	05:14	MSEN
1025	7	4	HUGO ARAUJO	GTT ARMAZEM DO CAFFE	M	31	02:11:18	05:15	MSEN
1036	8	5	JORGE ARAUJO	OXYGEN TRIATHLON A.S.D.	M	36	02:14:40	05:23	MSEN
80	9	6	EDUARDO CUNHA	AGUIAS DE ALVELOS	M	39	02:15:04	05:24	MSEN
1037	10	7	PEDRO ALVES	G D CASTELENSE	M	30	02:15:25	05:25	MSEN
50	11	8	NUNO SILVA		M	38	02:17:45	05:31	MSEN
58	12	9	MARTINHO DIAS	ERMIDA TEAM	M	33	02:17:55	05:31	MSEN
70	13	1	PAULO DOMINGUES	OLIMPICO VIANENSE TRAIL	M	50	02:20:53	05:38	M50
27	14	2	CARLOS GANDRA	GTT ARMAZEM DO CAFFE	M	52	02:22:50	05:43	M50
101	15	3	JOSE SANTOS	EDVVIANA TRAIL	M	51	02:23:21	05:44	M50
57	16	1	CARLA PEREIRA	OLIMPICO VIANENSE TRAIL	F	36	02:23:21	05:44	FSEN
1045	17	10	NUNO PAREDINHA	OLIMPICO VIANENSE TRAIL	M	38	02:23:21	05:44	MSEN
1061	18	11	JOAO CASTELBRANCO	OLIMPICO VIANENSE TRAIL	M	24	02:23:24	05:44	MSEN
1072	19	4	JOAO PEREIRA	MEDIA 10 TEAM BTT	M	44	02:24:04	05:45	M40
1024	20	5	MANUEL FERREIRA		M	42	02:24:06	05:46	M40
1034	21	12	ANTONIO ROCHA	TRINCAMETAS	M	30	02:24:52	05:47	MSEN
20	22	4	HENRIQUE FARIA	CLUBE SPIRIDON DE GAIA	M	50	02:26:39	05:52	M50
1016	23	13	NUNO LOMBA	APULIA A CORRER	M	29	02:27:25	05:54	MSEN
78	24	14	BRUNO MARQUES	CORRER ANTAS A NOITE	M	31	02:28:09	05:55	MSEN
16	25	15	BRUNO IAT	OLIMPICO VIANENSE TRAIL	M	37	02:28:10	05:55	MSEN
43	26	6	LUIS LOBO	ALL TITUDES TRAIL TEAM	M	45	02:29:13	05:58	M40
1064	27	5	JOAO SOUSA	VIDA ATIVARUNERS	M	56	02:29:17	05:59	M50
54	28	7	MIGUEL ARAUJO	TRAIL ME	M	47	02:29:20	05:59	M40
75	29	8	PEDRO PEREIRA	OLIMPICO VIANENSE TRAIL	M	43	02:29:43	05:59	M40
1063	30	16	BRUNO PIRES	OLIMPICO VIANENSE TRAIL	M	30	02:29:43	05:59	MSEN
1062	31	17	BERNARDO FARIA		M	24	02:29:50	06:00	MSEN
84	32	9	RUI ARAUJO	FAMA RUNNERS	M	42	02:29:52	06:00	M40
52	33	6	JOSE CARDOSO	ARCA BARCELOS RUNNERS	M	50	02:30:35	06:02	M50
72	34	2	OLGA MARTINS	GTT ARMAZEM DO CAFFE	F	33	02:30:35	06:02	FSEN
86	35	10	JOSE COSTA	FAMA RUNNERS	M	40	02:31:43	06:04	M40
1027	36	11	JOSE LOPES	GTT ARMAZEM DO CAFFE	M	47	02:31:52	06:04	M40
1067	37	18	JOSE PEREIRA	GTT ARMAZEM DO CAFFE	M	30	02:32:34	06:06	MSEN
1050	38	12	BENJAMIM CRUZ		M	44	02:33:31	06:08	M40
19	39	19	PEDRO FERREIRA		M	33	02:33:32	06:08	MSEN
46	40	13	ANTONIO GOMES	AGUIAS DE ALVELOS	M	47	02:33:41	06:09	M40
109	41	7	FERNANDO AREZES	GTT ARMAZEM DO CAFFE	M	50	02:35:32	06:13	M50
1069	42	20	RICARDO BRIOTE	ADE TRAIL RUNNING	M	38	02:35:33	06:13	MSEN
1100	43	14	JOSE FIGUEIRAS		M	48	02:35:59	06:14	M40
1032	44	21	RICARDO BOUCINHA	TRINCAMETAS	M	37	02:36:44	06:16	MSEN
17	45	15	PEDRO BARBOSA		M	46	02:37:02	06:17	M40

Dorsal	Lugar	Esc.	Nome	Equipa	Sexo	Idade	Tempo	Ritmo	Escalão
15	46	22	NELSON LEAL		M	33	02:37:15	06:17	MSEN
73	47	3	SUSANA RODRIGUES	CLUBE ATLETISMO FAFE	F	32	02:37:18	06:18	FSEN
77	48	8	RUI PEREIRA	CLUBE DE MONTANHISMO DE BRAGA	M	55	02:38:23	06:20	M50
31	49	16	DANIEL FONSECA		M	41	02:38:53	06:22	M40
83	50	17	PEDRO SANTOS	FAMA RUNNERS	M	40	02:39:10	06:22	M40
1022	51	9	ADELINO BRITO		M	55	02:39:46	06:23	M50
68	52	1	GORETI CORREIA	AMIGO TRAIL RUN	F	42	02:40:10	06:25	FVET
1048	53	18	NUNO MENESES	VAMOS EQUIPE	M	40	02:40:14	06:25	M40
51	54	19	NELSON CARVALHO	ALVELINHOS RUNNING	M	43	02:40:22	06:25	M40
28	55	23	DANIEL SILVA		M	36	02:41:24	06:27	MSEN
1070	56	24	MAURO ROXO	ADE TRAIL RUNNING	M	37	02:43:17	06:32	MSEN
37	57	25	LUCIANO	MELGACO ALVARINHO TRAIL	M	36	02:44:14	06:34	MSEN
59	58	26	JOEL GOMES	AGUIAS DE ALVELOS	M	31	02:44:26	06:35	MSEN
25	59	27	DANIEL FERNANDES	VIMARUNNERS	M	27	02:45:42	06:38	MSEN
1057	60	20	RUI TEIXEIRA		M	43	02:47:02	06:41	M40
47	61	21	RUI BOAS	ASSOCIACAO DESPORTIVA CARVALHAL	M	41	02:47:28	06:42	M40
76	62	10	JOSE MACHADO	CYCLONESSPORTS	M	55	02:47:45	06:43	M50
66	63	28	JOSE LIMA		M	36	02:50:15	06:48	MSEN
1099	64	22	CARLOS PEREIRA		M	45	02:50:15	06:48	M40
63	65	29	PEDRO OLIVEIRA	FLASH MACHINE RUNNERS	M	38	02:50:15	06:49	MSEN
62	66	30	RICARDO MONTEIRO	FLASH MACHINE RUNNERS	M	32	02:50:15	06:49	MSEN
35	67	2	ROSA NOGUEIRA	EDVVIANA TRAIL	F	50	02:52:17	06:53	FVET
1042	68	23	VITOR CAMPOS	GTT ARMAZEM DO CAFFE	M	44	02:52:57	06:55	M40
1055	69	24	FILIFE GONCALVES	ADE TRAIL RUNNING	M	42	02:56:25	07:03	M40
1058	70	31	NUNO		M	37	02:56:54	07:04	MSEN
1071	71	32	FILIFE MIQUELINO	ADE TRAIL RUNNING	M	39	02:57:35	07:06	MSEN
1044	72	33	SAUL LEITE		M	30	02:58:49	07:09	MSEN
42	73	11	JOSE PINTO	CICLISTAS COSMICOS GISLOTICA	M	52	02:58:56	07:09	M50
40	74	25	JOSE ORGANISTA	NOS CONSEGUIMOS	M	44	02:58:56	07:09	M40
45	75	12	FIRMINO SILVA	ARCA BARCELOS RUNNERS	M	53	02:59:43	07:11	M50
44	76	34	LUIS CAMPOS		M	33	02:59:57	07:12	MSEN
41	77	35	CARLOS MOREIRA	UNIDOS AO PO	M	26	03:02:30	07:18	MSEN
1031	78	26	DAVID RIBEIRO	GTT ARMAZEM DO CAFFE	M	45	03:03:39	07:21	M40
1049	79	36	DANIEL ROCHA		M	30	03:03:57	07:21	MSEN
1033	80	27	PEDRO BARROS	HAPPYRUN	M	42	03:05:10	07:24	M40
64	81	3	SUSY COSTA	MINHO AVENTURA	F	40	03:05:21	07:25	FVET
65	82	37	PAULO OLIVEIRA	MINHO AVENTURA	M	36	03:05:21	07:25	MSEN
1060	83	38	RICARDO		M	33	03:05:25	07:25	MSEN
1056	84	28	CLAUDIO CANDIDO	ADE TRAIL RUNNING	M	41	03:05:45	07:26	M40
38	85	4	CARLA GONCALVES		F	47	03:06:15	07:27	FVET
1030	86	39	JOSE LIMA		M	23	03:06:32	07:27	MSEN
34	87	29	LUIS MARQUES	TERAPIAS ALEXANDRA CARVALHO	M	44	03:07:53	07:31	M40
33	88	5	ELSA RODRIGUES	TERAPIAS ALEXANDRA CARVALHO	F	42	03:07:53	07:31	FVET
1018	89	40	DANIEL SILVA		M	30	03:09:23	07:34	MSEN
32	90	41	CARLOS TEIXEIRA	TRINCAMETAS	M	32	03:10:17	07:37	MSEN

Dorsal	Lugar	Esc.	Nome	Equipa	Sexo	Idade	Tempo	Ritmo	Escalão
1043	91	6	FLORINDA FERNANDES	TEAM WORKOUT 48/CAM	F	48	03:11:57	07:40	FVET
1046	92	30	MARCO CALDAS	PORTO SENTIDO RUNNERS	M	41	03:16:10	07:51	M40
1029	93	4	MARIANA BALLESTER		F	28	03:17:16	07:54	FSEN
56	94	7	GISA MARTINS	EDVVIANA TRAIL	F	40	03:17:17	07:54	FVET
1019	95	42	JOSE FARIA	EDVVIANA TRAIL	M	31	03:17:17	07:54	MSEN
1028	96	31	CARLOS GUEDES	ALL TITUDES TRAIL TEAM	M	41	03:17:34	07:54	M40
48	97	32	MARCO AFONSO	MELGACO ALVARINHO TRAIL	M	40	03:18:14	07:56	M40
81	98	8	SOLANGE CABRAL	TERAPIAS ALEXANDRA CARVALHO	F	41	03:22:01	08:05	FVET
82	99	13	JOSE RIBEIRO	TERAPIAS ALEXANDRA CARVALHO	M	53	03:22:02	08:05	M50
26	100	5	OLGA MARTINS	ERMIDA TEAM	F	33	03:25:45	08:14	FSEN
1059	101	6	JU CORREIA	B LIFEOUTDOOR TEAM	F	34	03:26:46	08:16	FSEN
1053	102	9	MONICA FERREIRA	SPIN&RUN ESPOSENDE	F	40	03:26:55	08:16	FVET
1054	103	33	JORGE CUNHA		M	47	03:35:22	08:37	M40
1051	104	43	FABIO VIEIRA		M	33	03:40:27	08:49	MSEN
1068	105	7	SAOZITA ROSA		F	33	04:00:41	09:38	FSEN
36	106	44	TIAGO COSTA	ERMIDA TEAM	M	34	04:00:42	09:38	MSEN