

TRAIL CURTO - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

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REVISED

	Time	Temperature	Humidity
Start	09:15	1.6°C	86%
End	13:19	1.6°C	86%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1097	Tiago Pinto	douroconta - gabinete de apoio e contabilidade, lda	Senior Masculino	01:06:44		04:27
2	1056	António Martins	boavista trail	Veterano M45	01:10:09	+03:25	04:41
3	1416	Igor Moreira	melgaço alvarinho trail team	Veterano M40	01:10:10	+03:25	04:41
4	1022	Fábio Pinto	a.d.amarante	Senior Masculino	01:10:26	+03:41	04:42
5	1432	Sérgio Silva	mss contabilidade trail team	Senior Masculino	01:10:44	+03:59	04:43
6	1331	Hugo Brito	individual	Veterano M45	01:17:36	+10:52	05:10
7	1563	Carlos Barroso	individual	Veterano M50	01:18:19	+11:34	05:13
8	1069	Rui Sousa	centro ciclista de gondomar	Veterano M40	01:18:25	+11:40	05:14
9	1512	David Tavares	runriver - escola atletismo de rio tinto	Veterano M55	01:19:00	+12:15	05:16
10	1070	Fernando Figueiredo	centro ciclista de gondomar	Veterano M45	01:19:17	+12:33	05:17
11	1413	Sérgio Pereira	magic mushrooms	Veterano M40	01:19:45	+13:00	05:19
12	1510	Carlos alberto mendes barbosa	running penafiel trail	Veterano M40	01:19:49	+13:04	05:19
13	1142	Patrick Marques	fridão sem limites	Veterano M40	01:20:07	+13:22	05:20
14	1378	Ivo Barbosa	leões de tardariz trail	Senior Masculino	01:20:10	+13:26	05:21
15	1307	José Ribeiro	individual	Veterano M40	01:20:15	+13:31	05:21
16	1315	Pedro Guimaraes	individual	Veterano M40	01:20:19	+13:35	05:21
17	1381	Mário Ferreira	leões de tardariz trail	Senior Masculino	01:20:25	+13:41	05:22
18	1068	Filipe Sousa	centro ciclista de gondomar	Veterano M40	01:20:34	+13:49	05:22
19	1420	Leandro Pacheco	monte dos amigos	Veterano M40	01:20:37	+13:52	05:22
20	1096	Bruno Santos	douroconta - gabinete de apoio e contabilidade, lda	Senior Masculino	01:20:55	+14:11	05:24
21	1072	Vitor Sousa	centro ciclista de gondomar	Veterano M50	01:21:01	+14:17	05:24
22	1383	Josué Alberto	leões de tardariz trail	Senior Masculino	01:22:39	+15:55	05:31
23	2019	Leonel Ferreira	a.d.amarante	Senior Masculino	01:22:46	+16:01	05:31
24	1377	Eduardo Xavier	leões de tardariz trail	Senior Masculino	01:23:00	+16:15	05:32
25	1042	Roberto Freitas	adsebolido trail boneca douro	Senior Masculino	01:23:00	+16:16	05:32
26	1540	Nuno Silva	the newbies	Senior Masculino	01:23:04	+16:20	05:32
27	1026	Jorge Oliveira	a.d.amarante	Veterano M40	01:23:29	+16:45	05:34
28	1032	BRUNO MOREIRA	ad marco 09	Senior Masculino	01:24:01	+17:17	05:36
29	1071	Asdrubal Freitas	centro ciclista de gondomar	Veterano M50	01:24:13	+17:28	05:37
30	1021	António Mendes	a.d.amarante	Senior Masculino	01:24:40	+17:55	05:39
31	1403	Ricardo Vidal	lion runners - g.d. leões da guarda	Veterano M40	01:24:49	+18:04	05:39
32	1407	Nelson Pires	lusitanos	Senior Masculino	01:24:57	+18:12	05:40
33	1525	João Barbosa	sc espinho / antónio leitão	Veterano M45	01:24:58	+18:13	05:40
34	1019	Filipe Barros	a.d.amarante	Senior Masculino	01:25:06	+18:22	05:40
35	1457	Ricardo Couto	os barriguitas	Senior Masculino	01:25:19	+18:34	05:41
36	1481	Miguel Freitas	pó na lama trail runners	Senior Masculino	01:25:26	+18:42	05:42
37	1006	Bruno Alexandre Santos	a.d.amarante	Veterano M40	01:25:31	+18:47	05:42
38	1314	Pedro Gilvaz	individual	Veterano M40	01:25:32	+18:47	05:42
39	1435	Ibraim Sousa	mss contabilidade trail team	Veterano M40	01:25:34	+18:49	05:42
40	1388	Dario Cardoso	leões de tardariz trail	Veterano M45	01:25:47	+19:02	05:43
41	1409	Adriano Oliveira	lusitanos	Veterano M45	01:25:54	+19:10	05:44

TRAIL CURTO - STAGE 1

15 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	1452	Carmino Paulo Moreira Gomes	nocturnos de paredes	Veterano M40	01:26:07	+19:23	05:45
43	1214	Helder De paiva	individual	Senior Masculino	01:26:26	+19:42	05:46
44	1396	Carlos Sousa	leões de tardariz trail	Veterano M55	01:26:39	+19:55	05:47
45	1333	Nelson Castro	individual	Veterano M45	01:26:41	+19:57	05:47
46	1001	Inês Moreira	a.d.amarante	Senior Feminino	01:28:07	+21:22	05:52
47	1039	RUI RODRIGUES	ad marco 09	Veterano M40	01:28:08	+21:23	05:53
48	1511	Carlos Vinhas	running penafiel trail	Veterano M50	01:28:33	+21:48	05:54
49	1143	José Morais	gaia trail	Veterano M55	01:28:42	+21:57	05:55
50	4	Paula Lage	sim summit	Veterana F40	01:28:54	+22:09	05:56
51	1035	PEDRO NOGUEIRA	ad marco 09	Senior Masculino	01:29:16	+22:31	05:57
52	1299	António Coelho	individual	Veterano M40	01:29:27	+22:42	05:58
53	1098	Cláudio Monteiro	douroconta - gabinete de apoio e contabilidade, lda	Veterano M50	01:29:42	+22:58	05:59
54	1027	Nuno Moura	a.d.amarante	Veterano M40	01:30:06	+23:21	06:00
55	1322	António Cunha	individual	Veterano M45	01:30:10	+23:25	06:01
56	1410	Paulo Azevedo	lusitanos	Veterano M50	01:30:10	+23:26	06:01
57	1454	João Barros	leões de tardariz trail	Veterano M45	01:30:17	+23:32	06:01
58	1206	Diogo Ferreira	individual	Senior Masculino	01:31:26	+24:42	06:06
59	1103	José Pereira	equipa a	Veterano M50	01:31:31	+24:47	06:06
60	1480	André Oliveira	pó na lama trail runners	Senior Masculino	01:31:32	+24:48	06:06
61	1077	Carlos Ferreira	clube zipper	Veterano M55	01:31:40	+24:56	06:07
62	1159	Filipe Pinto	gondomar futsal clube	Veterano M40	01:32:24	+25:40	06:10
63	1122	Ivo Oliveira	factor x/s4l/medense fc	Veterano M40	01:32:38	+25:54	06:11
64	1501	Agostinho Sequeira	riberras trail	Veterano M45	01:32:39	+25:55	06:11
65	1328	Filipe Bastos	individual	Veterano M45	01:32:58	+26:14	06:12
66	1344	Joaquim Coelho	individual	Veterano M50	01:33:11	+26:26	06:13
67	1003	Brígida Raquel Pinto	oralklass - amigos do trail	Senior Feminino	01:33:13	+26:28	06:13
68	1220	Joao Oliveira	individual	Senior Masculino	01:33:19	+26:34	06:13
69	1049	Sandra Carina Cabral Cunha	amigos do pedal trailagares	Senior Feminino	01:33:24	+26:39	06:14
70	1308	Manuel Abreu	individual	Veterano M40	01:33:28	+26:44	06:14
71	1240	Ricardo Pais	individual	Senior Masculino	01:33:28	+26:44	06:14
72	1136	Ricardo Rocha	fast ao km	Veterano M40	01:33:52	+27:07	06:15
73	1539	Marcelo Teixeira	the newbies	Senior Masculino	01:34:04	+27:19	06:16
74	1340	vit0r santos	individual	Veterano M45	01:34:05	+27:20	06:16
75	1446	José Vaz	mss contabilidade trail team	Veterano M55	01:34:21	+27:37	06:17
76	1515	António Oliveira	s. s. montepio	Veterano M40	01:34:31	+27:46	06:18
77	1444	Zeferino Fernandes	mss contabilidade trail team	Veterano M45	01:34:31	+27:47	06:18
78	1354	António Teixeira	individual	Veterano M55	01:34:41	+27:56	06:19
79	1387	Américo França	leões de tardariz trail	Veterano M45	01:34:49	+28:05	06:19
80	1332	luis almeida	individual	Veterano M45	01:34:56	+28:11	06:20
81	1133	António Neves	pardetas	Veterano M40	01:34:57	+28:13	06:20
82	1408	Rui Rosas	lusitanos	Senior Masculino	01:35:20	+28:35	06:21
83	1349	Mário Lima	individual	Veterano M50	01:35:53	+29:08	06:24
84	1066	Jorge Madureira	cb run	Senior Masculino	01:35:56	+29:11	06:24
85	1005	José Capela	individual	Veterano M55	01:36:00	+29:15	06:24
86	1437	Márcio Almeida	mss contabilidade trail team	Veterano M40	01:36:01	+29:16	06:24

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15 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	1392	Pedro Ferreira	leões de tardariz trail	Veterano M45	01:36:03	+29:18	06:24
88	1025	Pedro Vieira	a.d.amarante	Senior Masculino	01:36:03	+29:18	06:24
89	1345	Joaquim Rocha	individual	Veterano M50	01:36:03	+29:18	06:24
90	1148	Carlos Ferreira	geadas running	Senior Masculino	01:36:05	+29:21	06:24
91	1215	Hugo Silva	individual	Senior Masculino	01:36:10	+29:25	06:25
92	1509	Cidália Ferreira	running penafiel trail	Veterana F45	01:36:26	+29:41	06:26
93	1051	Mario lima	avesrunners	Senior Masculino	01:36:26	+29:41	06:26
94	1018	Angela Soares	a.d.amarante	Senior Feminino	01:36:30	+29:45	06:26
95	1213	Gilberto Ferreira	individual	Senior Masculino	01:36:40	+29:55	06:27
96	1352	vitoe Coelho	individual	Veterano M50	01:36:42	+29:57	06:27
97	1327	CARLOS JORGE OLIVEIRA	individual	Veterano M45	01:36:42	+29:57	06:27
98	1050	Armindo Lopes	arc vale s. cosme	Veterano M50	01:37:00	+30:15	06:28
99	1427	Fábio Sousa	mss contabilidade trail team	Senior Masculino	01:37:05	+30:20	06:28
100	1325	ANTÓNIO JOSÉ NUNES FREIRE	individual	Veterano M45	01:37:13	+30:29	06:29
101	1234	Pedro Coelho	individual	Senior Masculino	01:37:56	+31:11	06:32
102	1053	Emanuel rocha	bcl	Senior Masculino	01:37:56	+31:12	06:32
103	1116	JoanaR.Sousa	exerciceforyou	Veterana F40	01:38:28	+31:43	06:34
104	1011	Ricardo Pereira	#atéchoras!	Senior Masculino	01:38:48	+32:04	06:35
105	1164	Pedro Sousa	gondomar futsal clube	Veterano M50	01:39:12	+32:27	06:37
106	1415	Vítor Duarte Silva	marco runners	Senior Masculino	01:39:20	+32:36	06:37
107	1218	João Guedes	individual	Senior Masculino	01:39:23	+32:39	06:38
108	1260	Tiago Pereira	individual	Sub 23 Masculino	01:39:35	+32:50	06:38
109	1347	José Mesquita	individual	Veterano M50	01:39:36	+32:51	06:38
110	1440	Fernando Branco	mss contabilidade trail team	Veterano M45	01:39:44	+32:59	06:39
111	1040	ALEXANDRE MOREIRA	ad marco 09	Veterano M45	01:39:44	+32:59	06:39
112	1442	Paulo Queirós	mss contabilidade trail team	Veterano M45	01:39:44	+33:00	06:39
113	1433	Tiago Sequeira	mss contabilidade trail team	Senior Masculino	01:39:59	+33:15	06:40
114	1090	JOÃO PAULO CAMPOS	ddt runners	Veterano M40	01:40:10	+33:26	06:41
115	1441	Manuel Ribeiro	mss contabilidade trail team	Veterano M45	01:40:14	+33:29	06:41
116	1074	PAULO RIBEIRO	clube novo banco	Veterano M40	01:40:14	+33:29	06:41
117	1553	Carlos Moreira	vivacidade	Senior Masculino	01:40:16	+33:32	06:41
118	1024	Marco Nunes	a.d.amarante	Senior Masculino	01:40:19	+33:35	06:41
119	1319	SILVIO MIGUEL ALVES FERREIRA	individual	Veterano M40	01:40:23	+33:39	06:42
120	1211	Filipe Truta	individual	Senior Masculino	01:40:25	+33:40	06:42
121	1222	Jorge cardoso	individual	Senior Masculino	01:40:30	+33:45	06:42
122	1361	António Conceição Pereira	individual	Veterano M60	01:40:37	+33:53	06:43
123	1439	António Rocha	mss contabilidade trail team	Veterano M45	01:40:53	+34:08	06:44
124	1462	Joaquim Manuel Pinto Vieira	os cachos	Veterano M50	01:41:34	+34:50	06:46
125	1461	Carlos Manuel Pinto Vieira	os cachos	Veterano M50	01:41:40	+34:56	06:47
126	1281	Cristina Maria Fundevila Teixeira	individual	Veterana F45	01:41:43	+34:58	06:47
127	1306	José Pedro Pinto Silva	individual	Veterano M40	01:41:51	+35:06	06:47
128	1545	Fernando Silva	trepatrihos team	Veterano M40	01:42:03	+35:18	06:48
129	1479	Sandra Castro	pó na lama trail runners	Senior Feminino	01:42:11	+35:26	06:49
130	1219	João Miguel Almeida da Silva	individual	Senior Masculino	01:42:38	+35:53	06:51

TRAIL CURTO - STAGE 1

15 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	1199	André Filipe Martins Magalhães	individual	Senior Masculino	01:42:38	+35:54	06:51
132	1232	PAULO LIMA	individual	Senior Masculino	01:42:44	+35:59	06:51
133	1353	alipio lopes	individual	Veterano M55	01:42:50	+36:05	06:51
134	1379	Luís Martins	leões de tardariz trail	Senior Masculino	01:43:20	+36:35	06:53
135	1428	Luís Silva	mss contabilidade trail team	Senior Masculino	01:43:25	+36:41	06:54
136	1360	xavier Barbosa	individual	Veterano M55	01:43:45	+37:01	06:55
137	1339	Seca José	individual	Veterano M45	01:43:58	+37:13	06:56
138	1047	Eliseu gomes	amigos da borga	Veterano M40	01:43:58	+37:14	06:56
139	1559	Telmo Mendonça	monte dos amigos	Veterano M40	01:44:02	+37:17	06:56
140	1209	Filipe Daniel Pereira Bessa	individual	Senior Masculino	01:44:18	+37:34	06:57
141	1300	Aurelio Salas Salas	individual	Veterano M40	01:44:31	+37:46	06:58
142	1346	José Amaro	individual	Veterano M50	01:44:42	+37:58	06:59
143	1195	Abilio Silva	individual	Senior Masculino	01:44:49	+38:04	06:59
144	1324	Antonio Guedes Pinto	individual	Veterano M45	01:44:49	+38:04	06:59
145	1112	JOAQUIM TEIXEIRA	equipa joao ferreira	Veterano M55	01:44:56	+38:12	07:00
146	1424	Bruno Miguel Martins Delgado	mraco trail	Senior Masculino	01:44:58	+38:14	07:00
147	1217	João Costa	individual	Senior Masculino	01:45:06	+38:22	07:00
148	1034	MARIO NOGUEIRA	ad marco 09	Senior Masculino	01:45:07	+38:23	07:01
149	1476	Carlos Manuel ferreira Silva	pernas inertes	Veterano M55	01:45:14	+38:29	07:01
150	1398	Miguel Mendes	lion runners - g.d. leões da guarda	Senior Masculino	01:45:14	+38:30	07:01
151	1411	Belém Marques	magic friends runners	Veterana F40	01:45:14	+38:30	07:01
152	1055	Francisco Calejo	bitrunners	Senior Masculino	01:45:16	+38:31	07:01
153	1475	Maria Albina Fernandes Almeida Silva	pernas inertes	Veterana F45	01:45:17	+38:32	07:01
154	1393	António Pinto	leões de tardariz trail	Veterano M50	01:45:28	+38:43	07:02
155	1350	Sérgio M. Pereira	individual	Veterano M50	01:45:30	+38:46	07:02
156	1100	Bruno Pereira	endovelico	Senior Masculino	01:45:37	+38:52	07:02
157	1102	Alexandre Pereira	equipa a	Veterano M40	01:45:47	+39:02	07:03
158	1491	Diogo Santos	ribeiras trail	Sub 23 Masculino	01:45:58	+39:13	07:04
159	1149	Antonio Quadros	geadas running	Veterano M45	01:46:01	+39:16	07:04
160	1246	Sérgio Silva	individual	Senior Masculino	01:46:02	+39:17	07:04
161	1038	JOAO CUNHA	ad marco 09	Sub 23 Masculino	01:46:20	+39:36	07:05
162	1472	Nuno Diogo Ferreira Cardoso	papa tudo!!	Senior Masculino	01:46:22	+39:37	07:05
163	1469	Lino Moreira	os turbomula	Veterano M60	01:46:26	+39:41	07:06
164	1484	RICARDO PEREIRA	portocargo runners	Senior Masculino	01:46:33	+39:48	07:06
165	13	Luisa Teixeira	a.d.amarante	Veterana F40	01:46:34	+39:50	07:06
166	1431	Ricardo Moreira	mss contabilidade trail team	Senior Masculino	01:46:37	+39:53	07:07
167	1538	Hugo Faria	the newbies	Senior Masculino	01:46:43	+39:59	07:07
168	1029	Carlos A .C .MACEDO	a.d.amarante	Veterano M60	01:46:46	+40:02	07:07
169	1453	Sofia Coelho	núcleo de montanha de espinho	Veterana F45	01:47:01	+40:16	07:08
170	1399	Rúben Neto	lion runners - g.d. leões da guarda	Senior Masculino	01:47:02	+40:17	07:08
171	1304	Jorge Pinheiro	individual	Veterano M40	01:47:03	+40:19	07:08
172	1470	Nelson Duarte	outsiders trail team	Veterano M40	01:47:04	+40:20	07:08
173	1099	José Santos	douroconta - gabinete de apoio e contabilidade, lda	Veterano M55	01:47:08	+40:23	07:09
174	1367	Anabela dos Santos Marques	juventude cortegacense	Veterana F45	01:47:11	+40:27	07:09

TRAIL CURTO - STAGE 1

15 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
175	1334	Paulo Lara	individual	Veterano M45	01:47:14	+40:29	07:09
176	1355	fernando rocha	individual	Veterano M55	01:47:42	+40:57	07:11
177	1504	José Moura	ribeiras trail	Veterano M50	01:47:53	+41:09	07:12
178	1466	Ricardo Carriço	os sarrotes	Senior Masculino	01:47:54	+41:09	07:12
179	1380	Manuel Fernandes	leões de tardariz trail	Senior Masculino	01:48:09	+41:24	07:13
180	1017	Alice Pereira	a.d.amarante	Senior Feminino	01:48:20	+41:35	07:13
181	1366	Miguel Pinheiro Matos	juventude cortegacense	Senior Masculino	01:48:23	+41:38	07:14
182	1239	Ricardo Neves	individual	Senior Masculino	01:48:34	+41:49	07:14
183	1287	Maria Susana Lobo Oliveira Santos	individual	Veterana F45	01:48:38	+41:53	07:15
184	1323	António Gomes	individual	Veterano M45	01:48:49	+42:05	07:15
185	1236	Pedro Leao	individual	Senior Masculino	01:49:04	+42:19	07:16
186	1212	Francisco Zenha	individual	Senior Masculino	01:49:04	+42:20	07:16
187	1081	Hugo Couto	comdor runners	Senior Masculino	01:49:04	+42:20	07:16
188	1216	Humberto José de Lima Barros	individual	Senior Masculino	01:49:07	+42:23	07:17
189	1180	Gisela de Castro Monteiro da Mota e Costa	individual	Senior Feminino	01:49:11	+42:27	07:17
190	1321	Amandio Sousa	individual	Veterano M45	01:49:29	+42:44	07:18
191	1498	Margarida Martins	ribeiras trail	Veterana F55	01:49:42	+42:58	07:19
192	1357	João Manuel Santos Silva	individual	Veterano M55	01:49:47	+43:02	07:19
193	1091	PAULO FERREIRA	ddt runners	Veterano M40	01:49:48	+43:04	07:19
194	1036	TIAGO MARINHO	ad marco 09	Senior Masculino	01:49:52	+43:07	07:19
195	1061	Fátima Silva	brincalhões	Veterana F45	01:50:06	+43:21	07:20
196	1108	CARLOS JORGE	equipa joao ferreira	Veterano M45	01:50:06	+43:21	07:20
197	1336	Paulo Pinto	individual	Veterano M45	01:50:19	+43:35	07:21
198	1317	Ricardo Conceição	individual	Veterano M40	01:50:24	+43:40	07:22
199	1138	Nilda Magalhães	fisicorpus casa da costura	Veterana F50	01:50:25	+43:41	07:22
200	1121	Susana Silva	factor x/s4l/medense fc	Senior Feminino	01:50:42	+43:57	07:23
201	1557	José Miguel Neves	vivacidade	Veterano M50	01:51:26	+44:41	07:26
202	1113	Manuel Ailva	ermentão	Veterano M50	01:51:30	+44:46	07:26
203	1560	Carlos Oliveira	gondomar futsal clube	Veterano M60	01:51:43	+44:58	07:27
204	1445	António Póvoas	mss contabilidade trail team	Veterano M50	01:51:46	+45:02	07:27
205	1101	Pedro Serra	endovelico	Senior Masculino	01:51:47	+45:03	07:27
206	1514	Pedro Machado	s. s. montepio	Senior Masculino	01:52:10	+45:26	07:29
207	1226	Manuel Filipe Ruivo	individual	Senior Masculino	01:52:13	+45:28	07:29
208	1376	Tânia Gonçalves	leões de tardariz trail	Senior Feminino	01:52:28	+45:44	07:30
209	1389	João Vieira	leões de tardariz trail	Veterano M45	01:52:29	+45:44	07:30
210	1505	Domingos Vieira	ribeiras trail	Veterano M55	01:52:37	+45:52	07:30
211	1126	Sandra Pinto	fama runners	Senior Feminino	01:52:52	+46:07	07:31
212	1140	Ricardo A. Silva Sousa	fit gaia trail	Veterano M40	01:52:57	+46:12	07:32
213	1179	GABRIELA MADEIRA	individual	Senior Feminino	01:52:58	+46:14	07:32
214	1242	Rui Filipe	individual	Senior Masculino	01:53:11	+46:26	07:33
215	1132	Marisa Doreta	pardetas	Veterana F40	01:53:17	+46:32	07:33
216	1253	Vitor Santos	individual	Senior Masculino	01:53:19	+46:35	07:33
217	1167	Nelson Silva	gondomar futsal clube	Veterano M55	01:53:22	+46:38	07:34
218	1343	FERNANDO PAIS	individual	Veterano M50	01:53:32	+46:47	07:34
219	1155	Cristina Loureiro	gondomar futsal clube	Veterana F45	01:53:35	+46:51	07:34

TRAIL CURTO - STAGE 1

15 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
220	1256	Diogo Figueiredo	individual	Sub 23 Masculino	01:53:39	+46:54	07:35
221	1278	Sonia Gilvaz	individual	Veterana F40	01:54:06	+47:21	07:36
222	1418	Emanuel Dias	monte dos amigos	Senior Masculino	01:54:22	+47:38	07:38
223	1516	João Lino Moreira	s. s. montepio	Veterano M40	01:54:27	+47:42	07:38
224	1521	Fernando Carvalho	s. s. montepio	Veterano M50	01:54:27	+47:43	07:38
225	1248	Thomas Magalhães	individual	Senior Masculino	01:54:38	+47:54	07:39
226	1301	edgar bruno freitas Câmara	individual	Veterano M40	01:55:10	+48:25	07:41
227	56	Daniel Mendes	gondomar futsal clube	Senior Masculino	01:55:15	+48:31	07:41
228	1537	Serafim Cruz	team taylor's	Veterano M45	01:55:19	+48:34	07:41
229	1528	José Magalhães	sk	Veterano M45	01:55:25	+48:40	07:42
230	1037	VITOR QUEIROS	ad marco 09	Senior Masculino	01:55:28	+48:43	07:42
231	1023	Luís Mendes	a.d.amarante	Senior Masculino	01:55:31	+48:46	07:42
232	1544	Luís Magalhães	trailers	Veterano M40	01:55:32	+48:47	07:42
233	1318	Ricardo Ferreira	individual	Veterano M40	01:55:37	+48:52	07:42
234	1365	Cristiana Marques de Carvalho	juventude cortegacense	Senior Feminino	01:55:42	+48:57	07:43
235	1059	Rúben Rocha	brincalhões	Sub 23 Masculino	01:56:12	+49:28	07:45
236	1250	Tiago Ferreira	individual	Senior Masculino	01:56:26	+49:42	07:46
237	1194	Tânia Pinto	individual	Senior Feminino	01:56:27	+49:43	07:46
238	1060	Elisabete Leal	brincalhões	Veterana F45	01:56:28	+49:43	07:46
239	1558	José Sá	individual	Senior Masculino	01:56:29	+49:44	07:46
240	1086	Joao Franca	conflagração das pataniscas	Senior Masculino	01:56:35	+49:51	07:46
241	1459	José Moura de Sousa	os barriguitas	Veterano M60	01:56:36	+49:51	07:46
242	1041	RODRIGO AGUIAR	ad marco 09	Veterano M50	01:57:04	+50:19	07:48
243	1013	Vitor Ósorio	#atéchoras!	Veterano M40	01:57:04	+50:20	07:48
244	1390	Manuel Alvarino	leões de tardariz trail	Veterano M45	01:57:07	+50:22	07:48
245	1362	Fernando Duarte Ferreira	individual	Veterano M60	01:57:10	+50:25	07:49
246	1473	Ricardo Costa	papa tudo!!	Senior Masculino	01:57:25	+50:40	07:50
247	1312	Nuno Reis	individual	Veterano M40	01:57:36	+50:52	07:50
248	1109	EDGAR SARAIVA	equipa joao ferreira	Veterano M45	01:57:54	+51:10	07:52
249	1555	Luís Ribeiro	vivacidade	Senior Masculino	01:58:28	+51:43	07:54
250	1080	Cristina Rocha	comdor runners	Senior Feminino	01:58:38	+51:54	07:55
251	1274	Rosmery Silva	individual	Veterana F40	01:58:38	+51:54	07:55
252	1329	Floriberto castro	individual	Veterano M45	01:58:43	+51:58	07:55
253	1163	José Carlos Lascasas	gondomar futsal clube	Veterano M50	01:58:58	+52:13	07:56
254	1448	Rui Coelho	navara	Senior Masculino	01:58:59	+52:14	07:56
255	1107	ARTUR CARDOSO	equipa joao ferreira	Veterano M45	01:59:19	+52:35	07:57
256	1447	Pedro Xavier Baldaia	navara	Senior Masculino	01:59:24	+52:39	07:58
257	1106	António Cunha	equipa joao ferreira	Veterano M45	01:59:34	+52:50	07:58
258	1137	Manuel Rocha	fast ao km	Veterano M60	01:59:39	+52:54	07:59
259	1526	Ana Bessa	sk	Senior Feminino	01:59:55	+53:10	08:00
260	1273	Patrícia Fernandes	individual	Veterana F40	01:59:56	+53:11	08:00
261	1532	Domingos Faustino	stcp runners - papelaria abc	Veterano M45	02:00:05	+53:20	08:00
262	1192	Raquel Almeida Fernandes	individual	Senior Feminino	02:00:17	+53:32	08:01
263	1257	Diogo Ribeiro	individual	Sub 23 Masculino	02:00:23	+53:38	08:02
264	1190	Mónica Magalhães	individual	Senior Feminino	02:00:27	+53:42	08:02
265	1016	Rui Sá	10temidos	Veterano M40	02:00:33	+53:48	08:02

TRAIL CURTO - STAGE 1

15 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
266	1067	Nuno Oliveira	cb run	Senior Masculino	02:00:41	+53:57	08:03
267	1135	José Castelo	fardetas	Veterano M60	02:00:47	+54:03	08:03
268	1129	Fátima Costa	fama runners	Veterana F45	02:00:53	+54:08	08:04
269	1238	Ricardo Barbosa	individual	Senior Masculino	02:01:05	+54:20	08:04
270	1285	Margarida Pinto	individual	Veterana F45	02:01:19	+54:35	08:05
271	1161	Celso Mota	gondomar futsal clube	Veterano M45	02:01:45	+55:01	08:07
272	165	Alberto Martins	individual	Veterano M55	02:01:56	+55:12	08:08
273	1235	Pedro Henrique Soares Barata	individual	Senior Masculino	02:02:02	+55:18	08:08
274	1359	Valdemar Silva	individual	Veterano M55	02:02:08	+55:24	08:09
275	1502	José Tavares	ribeiras trail	Veterano M45	02:02:17	+55:33	08:09
276	1014	Rui Teixeira	#atéchoras!	Veterano M45	02:02:25	+55:40	08:10
277	1310	Mário Araújo	individual	Veterano M40	02:02:46	+56:01	08:11
278	1556	Joaquim Cardoso	vivacidade	Veterano M40	02:03:12	+56:27	08:13
279	1249	Tiago	individual	Senior Masculino	02:03:32	+56:47	08:14
280	1221	João Rodrigues	individual	Senior Masculino	02:03:35	+56:50	08:14
281	1499	Nuno Almeida	ribeiras trail	Veterano M40	02:03:41	+56:57	08:15
282	1054	Paulo Torres	bcl	Senior Masculino	02:03:53	+57:08	08:16
283	1012	Álvaro Pereira	#atéchoras!	Veterano M40	02:03:53	+57:09	08:16
284	1227	Márcio Ferreira	individual	Senior Masculino	02:04:11	+57:27	08:17
285	1374	Micaela Brito	leões de tardariz trail	Senior Feminino	02:04:12	+57:27	08:17
286	1386	Agostinho Cardoso	leões de tardariz trail	Veterano M45	02:04:13	+57:28	08:17
287	1436	Manuel Gomes	mss contabilidade trail team	Veterano M40	02:04:24	+57:40	08:18
288	1158	Rosa Mendes	gondomar futsal clube	Veterana F55	02:04:28	+57:44	08:18
289	1330	Gonçalo Nunes	individual	Veterano M45	02:04:28	+57:44	08:18
290	1414	Sílvia Morais	marco runners	Senior Feminino	02:04:30	+57:46	08:18
291	1244	Rui Miguel Ferreira Sá	individual	Senior Masculino	02:04:32	+57:47	08:18
292	1045	Sergio Melo	amigos da borga	Senior Masculino	02:04:53	+58:08	08:20
293	1305	Jorge Vasconcelos	individual	Veterano M40	02:05:40	+58:55	08:23
294	1518	Rui Carvalho	s. s. montepio	Veterano M40	02:06:13	+59:28	08:25
295	1342	Eduardo Castro	individual	Veterano M50	02:06:48	+01:00:03	08:27
296	1057	Inês Silva	brincalhões	Sub 23 Feminino	02:06:53	+01:00:08	08:28
297	1058	Franclim Neves	brincalhões	Sub 23 Masculino	02:06:53	+01:00:09	08:28
298	1348	Manuel Paiva	individual	Veterano M50	02:07:00	+01:00:15	08:28
299	1207	Diogo Silva	individual	Senior Masculino	02:07:00	+01:00:16	08:28
300	1152	Patrícia Pereira	gondomar futsal clube	Senior Feminino	02:07:34	+01:00:50	08:30
301	1160	Sérgio Pereira	gondomar futsal clube	Veterano M40	02:07:35	+01:00:50	08:30
302	1405	Joana Teixeira	los fófuxos	Senior Feminino	02:07:36	+01:00:51	08:30
303	1406	Ricardo Teixeira	los fófuxos	Veterano M40	02:07:36	+01:00:51	08:30
304	1404	Ana Silva	los fófuxos	Senior Feminino	02:07:36	+01:00:52	08:30
305	1198	André Eduardo de Oliveira Machado	individual	Senior Masculino	02:07:47	+01:01:03	08:31
306	1471	Miguel Carvalho	papa tudo!!	Senior Masculino	02:07:48	+01:01:03	08:31
307	1474	Rui Rêgo	papa tudo!!	Senior Masculino	02:07:48	+01:01:03	08:31
308	1417	Sara Soares	monte dos amigos	Senior Feminino	02:07:53	+01:01:09	08:32
309	1419	Paula Guedes	monte dos amigos	Veterana F40	02:07:54	+01:01:09	08:32
310	1527	Susana Bessa	sk	Veterana F40	02:08:07	+01:01:23	08:33

TRAIL CURTO - STAGE 1

15 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
311	1489	Ricardo Pinto	ribeiras trail	Senior Masculino	02:08:07	+01:01:23	08:33
312	1259	Marco André Sá	individual	Sub 23 Masculino	02:08:18	+01:01:33	08:33
313	1430	Paulo Silva	mss contabilidade trail team	Senior Masculino	02:08:24	+01:01:39	08:34
314	1131	Rosa Vilhena	fama runners	Veterana F60	02:08:24	+01:01:39	08:34
315	1052	César Moreira	bcl	Senior Masculino	02:08:55	+01:02:11	08:36
316	1094	Elisia Gonçalves	desnível positivo	Veterana F40	02:08:58	+01:02:13	08:36
317	1429	Márcio Teixeira	mss contabilidade trail team	Senior Masculino	02:09:10	+01:02:26	08:37
318	1438	Rui Augusto	mss contabilidade trail team	Veterano M40	02:09:11	+01:02:26	08:37
319	1543	Paula Afonso	trailers	Veterana F40	02:09:24	+01:02:39	08:38
320	1316	Pedro José Oliveira da Silva	individual	Veterano M40	02:09:33	+01:02:49	08:38
321	1464	Diogo Pimenta	os goguinhos	Senior Masculino	02:09:36	+01:02:51	08:38
322	1463	Marta Pimenta	os goguinhos	Senior Feminino	02:09:37	+01:02:52	08:38
323	1124	Daniela Marques	fama runners	Senior Feminino	02:10:21	+01:03:37	08:41
324	1128	Fernando Pinto	fama runners	Senior Masculino	02:10:21	+01:03:37	08:41
325	1191	Patrícia pinto	individual	Senior Feminino	02:10:27	+01:03:43	08:42
326	1517	Ricardo Resende	s. s. montepio	Veterano M40	02:10:32	+01:03:47	08:42
327	1326	António Manuel dos Santos Couto	individual	Veterano M45	02:10:33	+01:03:48	08:42
328	1076	Maria Fátima Marques Ribeiro	clube zipper	Veterana F50	02:10:45	+01:04:01	08:43
329	1520	Francisco Moreira	s. s. montepio	Veterano M45	02:10:49	+01:04:05	08:43
330	1276	Sandra Raimundo	individual	Veterana F40	02:10:51	+01:04:06	08:43
331	1130	Ana Paula Simões	fama runners	Veterana F50	02:10:54	+01:04:09	08:44
332	1546	Nuno Manuel da Costa Carneiro	trilha colorida	Senior Masculino	02:10:54	+01:04:09	08:44
333	1421	Paulo Graça	monte dos amigos	Veterano M50	02:11:12	+01:04:28	08:45
334	1105	MARIA FONSECA	equipa joao ferreira	Veterana F45	02:11:28	+01:04:44	08:46
335	1175	Catarina Silva	individual	Senior Feminino	02:11:53	+01:05:08	08:48
336	1320	Alberto César	individual	Veterano M45	02:11:57	+01:05:12	08:48
337	1127	Vânia Costa	fama runners	Senior Feminino	02:12:13	+01:05:28	08:49
338	1172	Ana Santos	individual	Senior Feminino	02:12:25	+01:05:41	08:50
339	1449	Diogo Baldaia	navara	Sub 23 Masculino	02:14:03	+01:07:19	08:56
340	1247	Telmo Rocha	individual	Senior Masculino	02:14:13	+01:07:28	08:57
341	1298	Amílcar Castro	individual	Veterano M40	02:14:13	+01:07:28	08:57
342	1303	Joaquim Pacheco	individual	Veterano M40	02:14:13	+01:07:29	08:57
343	1531	Marco Batista	stcp runners - papelaria abc	Veterano M40	02:14:36	+01:07:52	08:58
344	1391	Marco Oliveira	leões de tardariz trail	Veterano M45	02:14:40	+01:07:55	08:59
345	1092	Susana Pereira	desnível positivo	Senior Feminino	02:14:48	+01:08:03	08:59
346	1165	Joaquim Matos	gondomar futsal clube	Veterano M55	02:14:58	+01:08:13	09:00
347	1369	Isabel Santos	leais	Veterana F50	02:15:01	+01:08:16	09:00
348	1370	José Leal	leais	Veterano M50	02:15:01	+01:08:16	09:00
349	1157	Branca Marques	gondomar futsal clube	Veterana F50	02:15:02	+01:08:17	09:00
350	1189	Milene Machado	individual	Senior Feminino	02:15:05	+01:08:20	09:00
351	1291	Ana Paula Teixeira	individual	Veterana F50	02:15:07	+01:08:23	09:01
352	1522	Ana Margarida Brito	salgueiros running	Senior Feminino	02:15:12	+01:08:27	09:01
353	1523	Tiago Rocha Lages	salgueiros running	Senior Masculino	02:15:12	+01:08:27	09:01
354	1225	Luis Teixeira	individual	Senior Masculino	02:15:30	+01:08:45	09:02
355	1174	Andreia Sofia Santos Mota	individual	Senior Feminino	02:15:55	+01:09:10	09:04

TRAIL CURTO - STAGE 1

15 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
356	1141	GABRIEL ANJOS PIRES	fit gaia trail	Veterano M50	02:16:08	+01:09:23	09:05
357	1467	Carla Almeida	os tranquilos	Veterana F45	02:16:19	+01:09:34	09:05
358	1468	Rogério Rocha	os tranquilos	Veterano M45	02:16:19	+01:09:34	09:05
359	1082	Sandra Pina	comdor runners	Veterana F40	02:16:28	+01:09:44	09:06
360	1228	Miguel Sousa	individual	Senior Masculino	02:16:38	+01:09:53	09:07
361	1043	Daniel Leitao	amigos da borga	Senior Masculino	02:16:39	+01:09:55	09:07
362	1258	João Rito	individual	Sub 23 Masculino	02:17:01	+01:10:17	09:08
363	1280	Ana Rito	individual	Veterana F45	02:17:01	+01:10:17	09:08
364	1356	Isaac Batista Pereirs	individual	Veterano M55	02:17:13	+01:10:28	09:09
365	1541	Paulina soares	tog	Veterana F55	02:17:15	+01:10:30	09:09
366	1075	Cândida Vilas-Boas	clube zipper	Veterana F45	02:17:29	+01:10:44	09:10
367	1202	Carlos Azevedo	individual	Senior Masculino	02:17:35	+01:10:51	09:10
368	1456	Bruno Castelo	os aventureiros	Senior Masculino	02:17:42	+01:10:57	09:11
369	1031	Peixinho	abrevalas	Veterano M40	02:17:43	+01:10:58	09:11
370	1554	Cláudia Almeida	vivacidade	Senior Feminino	02:17:59	+01:11:15	09:12
371	1030	Susana Carneiro	abrevalas	Veterana F40	02:18:17	+01:11:32	09:13
372	1156	Ana Sousa	gondomar futsal clube	Veterana F50	02:18:27	+01:11:43	09:14
373	1117	Cecilia Martins	exerciceforyou	Veterana F45	02:18:33	+01:11:48	09:14
374	1114	Ana Rita Mura	exerciceforyou	Senior Feminino	02:18:33	+01:11:48	09:14
375	1115	Pedro Domingues	exerciceforyou	Senior Masculino	02:18:34	+01:11:49	09:14
376	1542	Paula Pinto	top runners	Veterana F40	02:18:58	+01:12:13	09:16
377	1104	ANA MARGARIDA	equipa joao ferreira	Veterana F45	02:19:23	+01:12:38	09:18
378	1395	José Ferreira	leões de tardariz trail	Veterano M50	02:19:26	+01:12:42	09:18
379	1139	SÓNIA ISABEL BARREIRA TAVEIRA PIRES	fit gaia trail	Veterana F40	02:19:55	+01:13:10	09:20
380	1551	Carla Ferreira	vivacidade	Senior Feminino	02:19:55	+01:13:10	09:20
381	1552	Bruno Rocha	vivacidade	Senior Masculino	02:19:55	+01:13:10	09:20
382	1425	Joana Ferreira	mss contabilidade trail team	Senior Feminino	02:20:31	+01:13:46	09:22
383	1529	Luísa Reis	stcp runners - papelaria abc	Senior Feminino	02:20:38	+01:13:54	09:23
384	1125	Julieta Araújo	fama runners	Senior Feminino	02:21:51	+01:15:07	09:27
385	1123	Cristina Cruz	fama runners	Senior Feminino	02:21:52	+01:15:07	09:27
386	1095	Fernanda Esteves	desnível positivo	Veterana F60	02:21:56	+01:15:11	09:28
387	1046	Marta Oliveira	amigos da borga	Veterana F45	02:22:54	+01:16:09	09:32
388	1048	Pedro Martins	amigos da borga	Veterano M45	02:22:54	+01:16:10	09:32
389	1450	Filipe Pinto	nocturnos de paredes	Senior Masculino	02:23:05	+01:16:20	09:32
390	1146	Igor Santos	gdct unice	Senior Masculino	02:23:34	+01:16:50	09:34
391	1500	Vítor Costa	ribeiras trail	Veterano M40	02:23:52	+01:17:08	09:36
392	1497	Albina Vieira	ribeiras trail	Veterana F50	02:23:52	+01:17:08	09:36
393	2077	João Resende	gansos	Veterano M45	02:24:03	+01:17:18	09:36
394	1183	Joana Mendes Teixeira	individual	Senior Feminino	02:24:03	+01:17:19	09:36
395	1401	Susana Luis	lion runners - g.d. leões da guarda	Veterana F45	02:24:37	+01:17:53	09:39
396	1284	Ivete Rodrigues Gonçalves Alves	individual	Veterana F45	02:24:40	+01:17:56	09:39
397	1270	Graça Soares Rodrigues	individual	Veterana F40	02:24:40	+01:17:56	09:39
398	1188	Marlene Hermenegildo	individual	Senior Feminino	02:24:45	+01:18:01	09:39
399	1065	Damião Cardoso	brincalhões	Veterano M50	02:24:50	+01:18:05	09:39
400	1089	BRUNO CARDOSO	ddt runners	Senior Masculino	02:25:09	+01:18:24	09:41

TRAIL CURTO - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
401	1422	Isabel Santos	mountain climbers	Veterana F40	02:26:23	+01:19:38	09:46
402	1423	José Santos	mountain climbers	Veterano M60	02:26:23	+01:19:38	09:46
403	1485	DULCE RESENDE	portocargo runners	Veterana F45	02:26:30	+01:19:45	09:46
404	1144	Joaquim Garcés	gansos	Veterano M50	02:26:32	+01:19:47	09:46
405	1292	ANA SOUSA	individual	Veterana F50	02:26:33	+01:19:49	09:46
406	1385	Jesus Castro	leões de tardariz trail	Veterana F45	02:27:36	+01:20:52	09:50
407	1372	Cláudia Rocha	leões de tardariz trail	Senior Feminino	02:27:37	+01:20:52	09:50
408	1535	Manuel Jorge	team aguenta aí	Veterano M45	02:27:46	+01:21:01	09:51
409	1548	Fatima Ribeiro	turminha	Veterana F40	02:27:52	+01:21:07	09:51
410	1550	Susana Ferreira	turminha	Veterana F40	02:27:52	+01:21:07	09:51
411	1460	Manuel Moura	os barriguitas	Veterano M60	02:28:08	+01:21:24	09:53
412	1193	Sara Brandao	individual	Senior Feminino	02:28:31	+01:21:46	09:54
413	1451	Paulo Amorim	nocturnos de paredes	Senior Masculino	02:28:39	+01:21:54	09:55
414	1533	Paulo Gonçalves	stop runners - papelaria abc	Veterano M45	02:28:51	+01:22:06	09:55
415	1482	Patrícia Ribeiro	porto sentido runners	Senior Feminino	02:28:51	+01:22:07	09:55
416	1266	Cátia Oliveira	individual	Veterana F40	02:29:23	+01:22:38	09:58
417	1208	Edgar Santos	individual	Senior Masculino	02:29:23	+01:22:39	09:58
418	1302	João Cardoso	individual	Veterano M40	02:30:12	+01:23:27	10:01
419	1177	Cristina Costa	individual	Senior Feminino	02:30:12	+01:23:27	10:01
420	1311	Nuno Pessoa	individual	Veterano M40	02:30:29	+01:23:44	10:02
421	1182	Isabel Nunes	individual	Senior Feminino	02:30:29	+01:23:44	10:02
422	1085	Bruno Gomes	conflagração das pataniscas	Senior Masculino	02:31:11	+01:24:26	10:05
423	1513	Patricia Rebelo	s. s. montepio	Senior Feminino	02:31:22	+01:24:37	10:05
424	1519	Rui Rebelo	s. s. montepio	Veterano M40	02:31:22	+01:24:37	10:05
425	1201	BRUNO GONCALVES	individual	Senior Masculino	02:31:38	+01:24:53	10:07
426	1275	Sandra Gonçalves	individual	Veterana F40	02:31:52	+01:25:07	10:08
427	1286	Maria Sousa	individual	Veterana F45	02:31:52	+01:25:08	10:08
428	1277	Sara Azevedo	individual	Veterana F40	02:31:53	+01:25:08	10:08
429	1562	Filipe Lima	santander totta	Veterano M40	02:32:01	+01:25:16	10:08
430	1524	Carla Pereira	santander totta	Veterana F40	02:32:01	+01:25:16	10:08
431	1283	Ilda Cardadeiro	individual	Veterana F45	02:32:15	+01:25:30	10:09
432	1297	Adrien Rocha	individual	Veterano M40	02:32:41	+01:25:56	10:11
433	1176	Cátia Santos	individual	Senior Feminino	02:32:49	+01:26:04	10:11
434	1196	André Almeida	individual	Senior Masculino	02:32:49	+01:26:04	10:11
435	1205	Diogo Durais	individual	Senior Masculino	02:33:21	+01:26:36	10:13
436	1503	Rolando Marques	ribeiras trail	Veterano M45	02:34:30	+01:27:46	10:18
437	1358	Jose Almeida	individual	Veterano M55	02:35:08	+01:28:24	10:21
438	1394	Gualter Castro	leões de tardariz trail	Veterano M50	02:35:09	+01:28:24	10:21
439	1371	Anabela Sousa	leões de tardariz trail	Senior Feminino	02:35:35	+01:28:51	10:22
440	1384	Marta Marques	leões de tardariz trail	Veterana F40	02:35:39	+01:28:55	10:23
441	1265	Catarina Sapage	individual	Veterana F40	02:36:06	+01:29:22	10:24
442	1187	Marisa Andréa Brás Alves	individual	Senior Feminino	02:36:07	+01:29:22	10:24
443	1241	Ricardo Silva	individual	Senior Masculino	02:36:07	+01:29:23	10:25
444	1426	Soraia Póvoas	mss contabilidade trail team	Senior Feminino	02:38:42	+01:31:58	10:35
445	1288	Olívia Maria Sousa da Silva	individual	Veterana F45	02:39:52	+01:33:07	10:40
446	1267	Diana Lima	individual	Veterana F40	02:39:52	+01:33:08	10:40

TRAIL CURTO - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
447	1290	Susana Vieira	individual	Veterana F45	02:40:03	+01:33:19	10:40
448	1455	Vanessa Santos	os aventureiros	Senior Feminino	02:40:13	+01:33:29	10:41
449	1338	RUI SILVA	individual	Veterano M45	02:40:30	+01:33:45	10:42
450	1478	Paulo Mota	pernetas no trail filigrana	Veterano M45	02:40:30	+01:33:46	10:42
451	1153	Patrícia Santos	gondomar futsal clube	Senior Feminino	02:40:51	+01:34:06	10:43
452	1272	Marlene Romariz	individual	Veterana F40	02:41:26	+01:34:41	10:46
453	1262	Andreia Sá	individual	Veterana F40	02:41:26	+01:34:41	10:46
454	1151	Rosa Afonso	gondaràfrente	Veterana F40	02:42:05	+01:35:21	10:48
455	1397	Raquel Santos	lion runners - g.d. leões da guarda	Senior Feminino	02:43:23	+01:36:38	10:54
456	1015	Amílcar Teixeira	100meta	Veterano M40	02:43:23	+01:36:38	10:54
457	1400	Joana Martins	lion runners - g.d. leões da guarda	Veterana F40	02:43:23	+01:36:39	10:54
458	1078	Celina Baptista	cncbacadapasso	Veterana F50	02:44:18	+01:37:33	10:57
459	1079	Carlos Navega	cncbacadapasso	Veterano M50	02:44:18	+01:37:33	10:57
460	1295	Maria Filomena Venâncio Lopes Marcelo	individual	Veterana F60	02:44:20	+01:37:36	10:57
461	1313	Paulo Santos	individual	Veterano M40	02:46:42	+01:39:57	11:07
462	1008	Liliana Silva	#atéchoras!	Senior Feminino	02:48:37	+01:41:52	11:14
463	1009	Susana Pereira	#atéchoras!	Senior Feminino	02:48:37	+01:41:52	11:14
464	1496	Paula Coutinho	ribeiras trail	Veterana F45	02:48:42	+01:41:58	11:15
465	1493	Sónia Silva	ribeiras trail	Veterana F40	02:48:43	+01:41:58	11:15
466	1373	Cristina Silva	leões de tardariz trail	Senior Feminino	02:48:46	+01:42:01	11:15
467	1296	Rosa Bispo	individual	Veterana F60	02:49:39	+01:42:54	11:19
468	1506	Manuel Santos	ribeiras trail	Veterano M55	02:50:35	+01:43:50	11:22
469	1495	Ana Paula Santos	ribeiras trail	Veterana F45	02:52:48	+01:46:04	11:31
470	1494	Alexandra Marques	ribeiras trail	Veterana F45	02:52:49	+01:46:04	11:31
471	1282	Eduarda Freitas	individual	Veterana F45	02:55:26	+01:48:42	11:42
472	1402	Isabel Lopes	lion runners - g.d. leões da guarda	Veterana F50	02:55:26	+01:48:42	11:42
473	1170	Maria de Lurdes Alcobia Maia	grupo desportivo santander totta	Veterana F45	02:55:30	+01:48:45	11:42
474	1178	francisca fernandes	individual	Senior Feminino	02:56:38	+01:49:54	11:47
475	1269	gloria silva	individual	Veterana F40	02:56:38	+01:49:54	11:47
476	1145	Bruna Peixoto	gdct unicre	Senior Feminino	02:57:36	+01:50:51	11:50
477	1263	Ângela Pereira	individual	Veterana F40	03:02:06	+01:55:21	12:08
478	1254	Andreia Ferraz	individual	Sub 23 Feminino	03:02:15	+01:55:30	12:09
479	1261	vitó santos	individual	Sub 23 Masculino	03:03:10	+01:56:25	12:13
480	1279	Susana Rito	individual	Veterana F40	03:09:09	+02:02:24	12:37
481	1173	Ana Segadães	individual	Senior Feminino	03:13:36	+02:06:51	12:54
482	1184	Juliana luis	individual	Senior Feminino	03:13:36	+02:06:52	12:54
483	1203	Carlos Pinheiro	individual	Senior Masculino	03:13:37	+02:06:52	12:54
484	1271	Maria fernanda santos da costa fária	individual	Veterana F40	03:16:47	+02:10:03	13:07
485	1508	Lucilia Cadavez	run for life	Veterana F50	03:17:16	+02:10:32	13:09
486	1185	Manuela Moreira	individual	Senior Feminino	03:19:32	+02:12:48	13:18
487	1007	Juliana Cardinal	#atéchoras!	Senior Feminino	03:27:17	+02:20:33	13:49

Obs

BIB	NOTE	NAME	TEAM	CAT
1483	DQ	Márcio Meireles	PORTO SENTIDO RUNNERS	Veterano M40

Official Timekeeper: Lap2Go	11 / 13	generate 15-Jan-2019 12:14
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TRAIL CURTO - STAGE 1

15 KM

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REVISED

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OFFICIAL RESULT

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1002	DNS	Pedro Tapadas	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino
1004	DNS	António Brazuela Rocha	Oralklass - Amigos Do Trail	Sub 23 Masculino
1010	DNS	Diogo Carvalho	#atéchoras!	Senior Masculino
1020	DNS	Gabriela Pinto	A.D.Amarante	Senior Feminino
1033	DNS	JOEL PINTO	AD Marco 09	Senior Masculino
1044	DNS	Filipe Almeida	Amigos da borga	Senior Masculino
1073	DNS	Ricardo Duarte	Cerveira Team Running	Senior Masculino
1087	DNS	Pedro Silva	Conflagração das Pataniscas	Senior Masculino
1093	DNS	Elisia Gonçalves	Desnível Positivo	Veterana F40
1110	DNS	PAULO SILVA	EQUIPA JOAO FERREIRA	Veterano M45
1111	DNS	RUI COMPLETO	EQUIPA JOAO FERREIRA	Veterano M45
1118	DNS	Lurdes Sanguedo	exerciceforyou	Veterana F45
1119	DNS	Sandra Ferreira	exerciceforyou	Veterana F45
1120	DNS	Suzana Rios	exerciceforyou	Veterana F45
1134	DNS	Miguel Queirós	Fardetas	Veterano M40
1147	DNS	Nuno Duarte	GDCT UNICRE	Veterano M40
1150	DNS	JOSÉ MELO	Ginásio Fit4un	Senior Masculino
1154	DNS	Sandra Pera	GONDOMAR FUTSAL CLUBE	Senior Feminino
1162	DNS	Mário Ribeiro	GONDOMAR FUTSAL CLUBE	Veterano M45
1166	DNS	Manuel Rocha	GONDOMAR FUTSAL CLUBE	Veterano M55
1168	DNS	André Rocha	Grupo Desportivo dos Outeiros - Trail Team	Senior Masculino
1169	DNS	Mário Rui Rocha	Grupo Desportivo dos Outeiros - Trail Team	Senior Masculino
1171	DNS	Jose Filipe Lima	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M40
1181	DNS	Helena Passos	Individual	Senior Feminino
1186	DNS	Mariana delgado	Individual	Senior Feminino
1197	DNS	André Dias	Individual	Senior Masculino
1200	DNS	Andre Ribeiro Fraga	Individual	Senior Masculino
1204	DNS	Cláudio Araújo	Individual	Senior Masculino
1223	DNS	Jorge Machado	Individual	Senior Masculino
1224	DNS	Luís Pedro	Individual	Senior Masculino
1229	DNS	Nelson Loureiro	Individual	Senior Masculino
1230	DNS	NUNO JOSÉ PEREIRA REIS DOS SANTOS	Individual	Senior Masculino
1231	DNS	Paulo César de Sousa Cardoso	Individual	Senior Masculino
1233	DNS	Paulo Vidinha	Individual	Senior Masculino
1237	DNS	Pedro Pacheco	Individual	Senior Masculino
1245	DNS	Rui Pedro Ferreira	Individual	Senior Masculino
1251	DNS	Tiago Miguel Oliveira Brandão	Individual	Senior Masculino
1252	DNS	viktor das neves pereira vieira	Individual	Senior Masculino
1255	DNS	Daniela Faria	Individual	Sub 23 Feminino
1264	DNS	Carla Patrícia Santos Vigário de Sousa	Individual	Veterana F40
1268	DNS	Fernandina Ribeiro	Individual	Veterana F40
1293	DNS	Isaura de Almeida	Individual	Veterana F50
1294	DNS	Margarida Pereira	Individual	Veterana F55
1309	DNS	Marco Vigário	Individual	Veterano M40
1335	DNS	Paulo leite	Individual	Veterano M45
1337	DNS	Rui manuel da rocha moreira	Individual	Veterano M45

15 KM

OFFICIAL RESULT

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REVISED

1351	DNS	Vasco Rodrigues	Individual	Veterano M50
1364	DNS	Manuel Rebelo	Individual	Veterano M60
1368	DNS	Gabriela Rola França	Juventude Cortegacense	Veterana F45
1375	DNS	Raquel Gandra	Leões de Tardariz Trail	Senior Feminino
1382	DNS	Pedro Oliveira	Leões de Tardariz Trail	Sub 23 Masculino
1434	DNS	Maria Alves	MSS CONTABILIDADE TRAIL TEAM	Veterana F50
1443	DNS	Rui Rodrigues	MSS CONTABILIDADE TRAIL TEAM	Veterano M45
1458	DNS	José Moura de Sousa	OS BARRIGUITAS	Veterano M60
1465	DNS	Bruno Gaio	Os Sarrotes	Senior Masculino
1486	DNS	CARLOS OLIVEIRA	PORTOCARGO RUNNERS	Veterano M45
1490	DNS	Ricardo Rocha	Ribeiras Trail	Senior Masculino
1492	DNS	Elsa Fernandes	Ribeiras Trail	Veterana F40
1530	DNS	Valter Barbosa	STCP Runners - Papelaria ABC	Senior Masculino
1534	DNS	Pedro Perpétua	Strongteam	Veterano M45
1536	DNS	Clara cruz	Team Taylor's	Veterana F45
1547	DNS	Carla Rodrigues	Turminha	Veterana F40
1549	DNS	Ilda Ruela	Turminha	Veterana F40

Trail Curto

15 KM

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OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	09:15	1.6°C	86%
End	13:19	1.6°C	86%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	1001	Inês Moreira	A.D.Amarante	Senior Feminino	01:28:07	+21:22	05:52
2	1003	Brígida Raquel Pinto	Oralklass - Amigos Do Trail	Senior Feminino	01:33:13	+26:28	06:13
3	1049	Sandra Carina Cabral Cunha	AMIGOS DO PEDAL TRILAGARES	Senior Feminino	01:33:24	+26:39	06:14
4	1018	Angela Soares	A.D.Amarante	Senior Feminino	01:36:30	+29:45	06:26
5	1479	Sandra Castro	PÓ NA LAMA TRAIL RUNNERS	Senior Feminino	01:42:11	+35:26	06:49
6	1017	Alice Pereira	A.D.Amarante	Senior Feminino	01:48:20	+41:35	07:13
7	1180	Gisela de Castro Monteiro da Mota e Costa	Individual	Senior Feminino	01:49:11	+42:27	07:17
8	1121	Susana Silva	Factor X/S4L/Medense FC	Senior Feminino	01:50:42	+43:57	07:23
9	1376	Tânia Gonçalves	Leões de Tardariz Trail	Senior Feminino	01:52:28	+45:44	07:30
10	1126	Sandra Pinto	FAMA RUNNERS	Senior Feminino	01:52:52	+46:07	07:31
11	1179	GABRIELA MADEIRA	Individual	Senior Feminino	01:52:58	+46:14	07:32
12	1365	Cristiana Marques de Carvalho	Juventude Cortegacense	Senior Feminino	01:55:42	+48:57	07:43
13	1194	Tânia Pinto	Individual	Senior Feminino	01:56:27	+49:43	07:46
14	1080	Cristina Rocha	ComDor Runners	Senior Feminino	01:58:38	+51:54	07:55
15	1526	Ana Bessa	SK	Senior Feminino	01:59:55	+53:10	08:00
16	1192	Raquel Almeida Fernandes	Individual	Senior Feminino	02:00:17	+53:32	08:01
17	1190	Mónica Magalhães	Individual	Senior Feminino	02:00:27	+53:42	08:02
18	1374	Micaela Brito	Leões de Tardariz Trail	Senior Feminino	02:04:12	+57:27	08:17
19	1414	Sílvia Morais	Marco Runners	Senior Feminino	02:04:30	+57:46	08:18
20	1152	Patrícia Pereira	GONDOMAR FUTSAL CLUBE	Senior Feminino	02:07:34	+01:00:50	08:30
21	1405	Joana Teixeira	Los Fófuxos	Senior Feminino	02:07:36	+01:00:51	08:30
22	1404	Ana Silva	Los Fófuxos	Senior Feminino	02:07:36	+01:00:52	08:30
23	1417	Sara Soares	Monte dos Amigos	Senior Feminino	02:07:53	+01:01:09	08:32
24	1463	Marta Pimenta	Os Goguinhos	Senior Feminino	02:09:37	+01:02:52	08:38
25	1124	Daniela Marques	FAMA RUNNERS	Senior Feminino	02:10:21	+01:03:37	08:41
26	1191	Patrícia pinto	Individual	Senior Feminino	02:10:27	+01:03:43	08:42
27	1175	Catarina Silva	Individual	Senior Feminino	02:11:53	+01:05:08	08:48
28	1127	Vânia Costa	FAMA RUNNERS	Senior Feminino	02:12:13	+01:05:28	08:49
29	1172	Ana Santos	Individual	Senior Feminino	02:12:25	+01:05:41	08:50
30	1092	Susana Pereira	Desnível Positivo	Senior Feminino	02:14:48	+01:08:03	08:59
31	1189	Milene Machado	Individual	Senior Feminino	02:15:05	+01:08:20	09:00
32	1522	Ana Margarida Brito	Salgueiros Running	Senior Feminino	02:15:12	+01:08:27	09:01
33	1174	Andreia Sofia Santos Mota	Individual	Senior Feminino	02:15:55	+01:09:10	09:04
34	1554	Cláudia Almeida	Vivacidade	Senior Feminino	02:17:59	+01:11:15	09:12
35	1114	Ana Rita Mura	exerciceforyou	Senior Feminino	02:18:33	+01:11:48	09:14
36	1551	Carla Ferreira	Vivacidade	Senior Feminino	02:19:55	+01:13:10	09:20
37	1425	Joana Ferreira	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:20:31	+01:13:46	09:22

Official Timekeeper: Lap2Go	1 / 13	generate 15-Jan-2019 12:14
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Trail Curto

15 KM

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OFFICIAL RESULT

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REVISED

38	1529	Luísa Reis	STCP Runners - Papelaria ABC	Senior Feminino	02:20:38	+01:13:54	09:23
39	1125	Julieta Araújo	FAMA RUNNERS	Senior Feminino	02:21:51	+01:15:07	09:27
40	1123	Cristina Cruz	FAMA RUNNERS	Senior Feminino	02:21:52	+01:15:07	09:27
41	1183	Joana Mendes Teixeira	Individual	Senior Feminino	02:24:03	+01:17:19	09:36
42	1188	Marlene Hermenegildo	Individual	Senior Feminino	02:24:45	+01:18:01	09:39
43	1372	Cláudia Rocha	Leões de Tardariz Trail	Senior Feminino	02:27:37	+01:20:52	09:50
44	1193	Sara Brandao	Individual	Senior Feminino	02:28:31	+01:21:46	09:54
45	1482	Patrícia Ribeiro	PORTO SENTIDO RUNNERS	Senior Feminino	02:28:51	+01:22:07	09:55
46	1177	Cristina Costa	Individual	Senior Feminino	02:30:12	+01:23:27	10:01
47	1182	Isabel Nunes	Individual	Senior Feminino	02:30:29	+01:23:44	10:02
48	1513	Patricia Rebelo	S. S. Montepio	Senior Feminino	02:31:22	+01:24:37	10:05
49	1176	Cátia Santos	Individual	Senior Feminino	02:32:49	+01:26:04	10:11
50	1371	Anabela Sousa	Leões de Tardariz Trail	Senior Feminino	02:35:35	+01:28:51	10:22
51	1187	Marisa Andréa Brás Alves	Individual	Senior Feminino	02:36:07	+01:29:22	10:24
52	1426	Soraia Póvoas	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:38:42	+01:31:58	10:35
53	1455	Vanessa Santos	os aventureiros	Senior Feminino	02:40:13	+01:33:29	10:41
54	1153	Patrícia Santos	GONDOMAR FUTSAL CLUBE	Senior Feminino	02:40:51	+01:34:06	10:43
55	1397	Raquel Santos	LION RUNNERS - G.D. Leões da Guarda	Senior Feminino	02:43:23	+01:36:38	10:54
56	1008	Liliana Silva	#atéchoras!	Senior Feminino	02:48:37	+01:41:52	11:14
57	1009	Susana Pereira	#atéchoras!	Senior Feminino	02:48:37	+01:41:52	11:14
58	1373	Cristina Silva	Leões de Tardariz Trail	Senior Feminino	02:48:46	+01:42:01	11:15
59	1178	francisca fernandes	Individual	Senior Feminino	02:56:38	+01:49:54	11:47
60	1145	Bruna Peixoto	GDCT UNICRE	Senior Feminino	02:57:36	+01:50:51	11:50
61	1173	Ana Segadães	Individual	Senior Feminino	03:13:36	+02:06:51	12:54
62	1184	Juliana luis	Individual	Senior Feminino	03:13:36	+02:06:52	12:54
63	1185	Manuela Moreira	Individual	Senior Feminino	03:19:32	+02:12:48	13:18
64	1007	Juliana Cardinal	#atéchoras!	Senior Feminino	03:27:17	+02:20:33	13:49

Senior Masculino

1	1097	Tiago Pinto	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	01:06:44	04:27
2	1022	Fábio Pinto	A.D.Amarante	Senior Masculino	01:10:26	+03:41 04:42
3	1432	Sérgio Silva	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:10:44	+03:59 04:43
4	1378	Ivo Barbosa	Leões de Tardariz Trail	Senior Masculino	01:20:10	+13:26 05:21
5	1381	Mário Ferreira	Leões de Tardariz Trail	Senior Masculino	01:20:25	+13:41 05:22
6	1096	Bruno Santos	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	01:20:55	+14:11 05:24
7	1383	Josué Alberto	Leões de Tardariz Trail	Senior Masculino	01:22:39	+15:55 05:31
8	2019	Leonel Ferreira	A.D.Amarante	Senior Masculino	01:22:46	+16:01 05:31
9	1377	Eduardo Xavier	Leões de Tardariz Trail	Senior Masculino	01:23:00	+16:15 05:32
10	1042	Roberto Freitas	ADSebolido Trail Boneca Douro	Senior Masculino	01:23:00	+16:16 05:32
11	1540	Nuno Silva	The Newbies	Senior Masculino	01:23:04	+16:20 05:32
12	1032	BRUNO MOREIRA	AD Marco 09	Senior Masculino	01:24:01	+17:17 05:36
13	1021	António Mendes	A.D.Amarante	Senior Masculino	01:24:40	+17:55 05:39

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Trail Curto

15 KM



OFFICIAL RESULT

14	1407	Nelson Pires	Lusitanos	Senior Masculino	01:24:57	+18:12	05:40
15	1019	Filipe Barros	A.D.Amarante	Senior Masculino	01:25:06	+18:22	05:40
16	1457	Ricardo Couto	OS BARRIGUITAS	Senior Masculino	01:25:19	+18:34	05:41
17	1481	Miguel Freitas	PÓ NA LAMA TRAIL RUNNERS	Senior Masculino	01:25:26	+18:42	05:42
18	1214	Helder De paiva	Individual	Senior Masculino	01:26:26	+19:42	05:46
19	1035	PEDRO NOGUEIRA	AD Marco 09	Senior Masculino	01:29:16	+22:31	05:57
20	1206	Diogo Ferreira	Individual	Senior Masculino	01:31:26	+24:42	06:06
21	1480	André Oliveira	PÓ NA LAMA TRAIL RUNNERS	Senior Masculino	01:31:32	+24:48	06:06
22	1220	Joao Oliveira	Individual	Senior Masculino	01:33:19	+26:34	06:13
23	1240	Ricardo Pais	Individual	Senior Masculino	01:33:28	+26:44	06:14
24	1539	Marcelo Teixeira	The Newbies	Senior Masculino	01:34:04	+27:19	06:16
25	1408	Rui Rosas	Lusitanos	Senior Masculino	01:35:20	+28:35	06:21
26	1066	Jorge Madureira	CB RUN	Senior Masculino	01:35:56	+29:11	06:24
27	1025	Pedro Vieira	A.D.Amarante	Senior Masculino	01:36:03	+29:18	06:24
28	1148	Carlos Ferreira	Geadas Running	Senior Masculino	01:36:05	+29:21	06:24
29	1215	Hugo Silva	Individual	Senior Masculino	01:36:10	+29:25	06:25
30	1051	Mario lima	Avesrunners	Senior Masculino	01:36:26	+29:41	06:26
31	1213	Gilberto Ferreira	Individual	Senior Masculino	01:36:40	+29:55	06:27
32	1427	Fábio Sousa	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:37:05	+30:20	06:28
33	1234	Pedro Coelho	Individual	Senior Masculino	01:37:56	+31:11	06:32
34	1053	Emanuel rocha	Bcl	Senior Masculino	01:37:56	+31:12	06:32
35	1011	Ricardo Pereira	#atéchoras!	Senior Masculino	01:38:48	+32:04	06:35
36	1415	Vítor Duarte Silva	Marco Runners	Senior Masculino	01:39:20	+32:36	06:37
37	1218	João Guedes	Individual	Senior Masculino	01:39:23	+32:39	06:38
38	1433	Tiago Sequeira	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:39:59	+33:15	06:40
39	1553	Carlos Moreira	Vivacidade	Senior Masculino	01:40:16	+33:32	06:41
40	1024	Marco Nunes	A.D.Amarante	Senior Masculino	01:40:19	+33:35	06:41
41	1211	Filipe Truta	Individual	Senior Masculino	01:40:25	+33:40	06:42
42	1222	Jorge cardoso	Individual	Senior Masculino	01:40:30	+33:45	06:42
43	1219	João Miguel Almeida da Silva	Individual	Senior Masculino	01:42:38	+35:53	06:51
44	1199	André Filipe Martins Magalhães	Individual	Senior Masculino	01:42:38	+35:54	06:51
45	1232	PAULO LIMA	Individual	Senior Masculino	01:42:44	+35:59	06:51
46	1379	Luís Martins	Leões de Tardariz Trail	Senior Masculino	01:43:20	+36:35	06:53
47	1428	Luís Silva	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:43:25	+36:41	06:54
48	1209	Filipe Daniel Pereira Bessa	Individual	Senior Masculino	01:44:18	+37:34	06:57
49	1195	Abilio Silva	Individual	Senior Masculino	01:44:49	+38:04	06:59
50	1424	Bruno Miguel Martins Delgado	Mraco Trail	Senior Masculino	01:44:58	+38:14	07:00
51	1217	João Costa	Individual	Senior Masculino	01:45:06	+38:22	07:00
52	1034	MARIO NOGUEIRA	AD Marco 09	Senior Masculino	01:45:07	+38:23	07:01
53	1398	Miguel Mendes	LION RUNNERS - G.D. Leões da Guarda	Senior Masculino	01:45:14	+38:30	07:01
54	1055	Francisco Calejo	BitRunners	Senior Masculino	01:45:16	+38:31	07:01
55	1100	Bruno Pereira	Endovelico	Senior Masculino	01:45:37	+38:52	07:02
56	1246	Sérgio Silva	Individual	Senior Masculino	01:46:02	+39:17	07:04
57	1472	Nuno Diogo Ferreira Cardoso	Papa tudo!!	Senior Masculino	01:46:22	+39:37	07:05

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Trail Curto

15 KM

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OFFICIAL RESULT

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58	1484	RICARDO PEREIRA	PORTOCARGO RUNNERS	Senior Masculino	01:46:33	+39:48	07:06
59	1431	Ricardo Moreira	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:46:37	+39:53	07:07
60	1538	Hugo Faria	The Newbies	Senior Masculino	01:46:43	+39:59	07:07
61	1399	Rúben Neto	LION RUNNERS - G.D. Leões da Guarda	Senior Masculino	01:47:02	+40:17	07:08
62	1466	Ricardo Carriço	Os Sarrotes	Senior Masculino	01:47:54	+41:09	07:12
63	1380	Manuel Fernandes	Leões de Tardariz Trail	Senior Masculino	01:48:09	+41:24	07:13
64	1366	Miguel Pinheiro Matos	Juventude Cortegacense	Senior Masculino	01:48:23	+41:38	07:14
65	1239	Ricardo Neves	Individual	Senior Masculino	01:48:34	+41:49	07:14
66	1236	Pedro Leao	Individual	Senior Masculino	01:49:04	+42:19	07:16
67	1212	Francisco Zenha	Individual	Senior Masculino	01:49:04	+42:20	07:16
68	1081	Hugo Couto	ComDor Runners	Senior Masculino	01:49:04	+42:20	07:16
69	1216	Humberto José de Lima Barros	Individual	Senior Masculino	01:49:07	+42:23	07:17
70	1036	TIAGO MARINHO	AD Marco 09	Senior Masculino	01:49:52	+43:07	07:19
71	1101	Pedro Serra	Endovelico	Senior Masculino	01:51:47	+45:03	07:27
72	1514	Pedro Machado	S. S. Montepio	Senior Masculino	01:52:10	+45:26	07:29
73	1226	Manuel Filipe Ruivo	Individual	Senior Masculino	01:52:13	+45:28	07:29
74	1242	Rui Filipe	Individual	Senior Masculino	01:53:11	+46:26	07:33
75	1253	Vitor Santos	Individual	Senior Masculino	01:53:19	+46:35	07:33
76	1418	Emanuel Dias	Monte dos Amigos	Senior Masculino	01:54:22	+47:38	07:38
77	1248	Thomas Magalhães	Individual	Senior Masculino	01:54:38	+47:54	07:39
78	56	Daniel Mendes	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:55:15	+48:31	07:41
79	1037	VITOR QUEIROS	AD Marco 09	Senior Masculino	01:55:28	+48:43	07:42
80	1023	Luís Mendes	A.D.Amarante	Senior Masculino	01:55:31	+48:46	07:42
81	1250	Tiago Ferreira	Individual	Senior Masculino	01:56:26	+49:42	07:46
82	1558	José Sá	Individual	Senior Masculino	01:56:29	+49:44	07:46
83	1086	Joao Franca	Conflagração das Pataniscas	Senior Masculino	01:56:35	+49:51	07:46
84	1473	Ricardo Costa	Papa tudo!!	Senior Masculino	01:57:25	+50:40	07:50
85	1555	Luís Ribeiro	Vivacidade	Senior Masculino	01:58:28	+51:43	07:54
86	1448	Rui Coelho	Navara	Senior Masculino	01:58:59	+52:14	07:56
87	1447	Pedro Xavier Baldaia	Navara	Senior Masculino	01:59:24	+52:39	07:58
88	1067	Nuno Oliveira	CB RUN	Senior Masculino	02:00:41	+53:57	08:03
89	1238	Ricardo Barbosa	Individual	Senior Masculino	02:01:05	+54:20	08:04
90	1235	Pedro Henrique Soares Barata	Individual	Senior Masculino	02:02:02	+55:18	08:08
91	1249	Tiago	Individual	Senior Masculino	02:03:32	+56:47	08:14
92	1221	João Rodrigues	Individual	Senior Masculino	02:03:35	+56:50	08:14
93	1054	Paulo Torres	Bcl	Senior Masculino	02:03:53	+57:08	08:16
94	1227	Márcio Ferreira	Individual	Senior Masculino	02:04:11	+57:27	08:17
95	1244	Rui Miguel Ferreira Sá	Individual	Senior Masculino	02:04:32	+57:47	08:18
96	1045	Sergio Melo	Amigos da borga	Senior Masculino	02:04:53	+58:08	08:20
97	1207	Diogo Silva	Individual	Senior Masculino	02:07:00	+01:00:16	08:28
98	1198	André Eduardo de Oliveira Machado	Individual	Senior Masculino	02:07:47	+01:01:03	08:31
99	1471	Miguel Carvalho	Papa tudo!!	Senior Masculino	02:07:48	+01:01:03	08:31
100	1474	Rui Rêgo	Papa tudo!!	Senior Masculino	02:07:48	+01:01:03	08:31
101	1489	Ricardo Pinto	Ribeiras Trail	Senior Masculino	02:08:07	+01:01:23	08:33

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Trail Curto

15 KM

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102	1430	Paulo Silva	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	02:08:24	+01:01:39	08:34
103	1052	César Moreira	Bcl	Senior Masculino	02:08:55	+01:02:11	08:36
104	1429	Márcio Teixeira	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	02:09:10	+01:02:26	08:37
105	1464	Diogo Pimenta	Os Goguinhos	Senior Masculino	02:09:36	+01:02:51	08:38
106	1128	Fernando Pinto	FAMA RUNNERS	Senior Masculino	02:10:21	+01:03:37	08:41
107	1546	Nuno Manuel da Costa Carneiro	Trilha Colorida	Senior Masculino	02:10:54	+01:04:09	08:44
108	1247	Telmo Rocha	Individual	Senior Masculino	02:14:13	+01:07:28	08:57
109	1523	Tiago Rocha Lages	Salgueiros Running	Senior Masculino	02:15:12	+01:08:27	09:01
110	1225	Luis Teixeira	Individual	Senior Masculino	02:15:30	+01:08:45	09:02
111	1228	Miguel Sousa	Individual	Senior Masculino	02:16:38	+01:09:53	09:07
112	1043	Daniel Leitaο	Amigos da borgia	Senior Masculino	02:16:39	+01:09:55	09:07
113	1202	Carlos Azevedo	Individual	Senior Masculino	02:17:35	+01:10:51	09:10
114	1456	Bruno Castelo	os aventureiros	Senior Masculino	02:17:42	+01:10:57	09:11
115	1115	Pedro Domingues	exerciceforyou	Senior Masculino	02:18:34	+01:11:49	09:14
116	1552	Bruno Rocha	Vivacidade	Senior Masculino	02:19:55	+01:13:10	09:20
117	1450	Filipe Pinto	NOCTURNOS DE PAREDES	Senior Masculino	02:23:05	+01:16:20	09:32
118	1146	Igor Santos	GDCT UNICRE	Senior Masculino	02:23:34	+01:16:50	09:34
119	1089	BRUNO CARDOSO	DDT RUNNERS	Senior Masculino	02:25:09	+01:18:24	09:41
120	1451	Paulo Amorim	NOCTURNOS DE PAREDES	Senior Masculino	02:28:39	+01:21:54	09:55
121	1208	Edgar Santos	Individual	Senior Masculino	02:29:23	+01:22:39	09:58
122	1085	Bruno Gomes	Conflagração das Pataniscas	Senior Masculino	02:31:11	+01:24:26	10:05
123	1201	BRUNO GONCALVES	Individual	Senior Masculino	02:31:38	+01:24:53	10:07
124	1196	André Almeida	Individual	Senior Masculino	02:32:49	+01:26:04	10:11
125	1205	Diogo Durais	Individual	Senior Masculino	02:33:21	+01:26:36	10:13
126	1241	Ricardo Silva	Individual	Senior Masculino	02:36:07	+01:29:23	10:25
127	1203	Carlos Pinheiro	Individual	Senior Masculino	03:13:37	+02:06:52	12:54

Sub 23 Feminino

1	1057	Inês Silva	Brincalhões	Sub 23 Feminino	02:06:53	+01:00:08	08:28
2	1254	Andreia Ferraz	Individual	Sub 23 Feminino	03:02:15	+01:55:30	12:09

Sub 23 Masculino

1	1260	Tiago Pereira	Individual	Sub 23 Masculino	01:39:35	+32:50	06:38
2	1491	Diogo Santos	Ribeiras Trail	Sub 23 Masculino	01:45:58	+39:13	07:04
3	1038	JOAO CUNHA	AD Marco 09	Sub 23 Masculino	01:46:20	+39:36	07:05
4	1256	Diogo Figueiredo	Individual	Sub 23 Masculino	01:53:39	+46:54	07:35
5	1059	Rúben Rocha	Brincalhões	Sub 23 Masculino	01:56:12	+49:28	07:45
6	1257	Diogo Ribeiro	Individual	Sub 23 Masculino	02:00:23	+53:38	08:02
7	1058	Franclim Neves	Brincalhões	Sub 23 Masculino	02:06:53	+01:00:09	08:28
8	1259	Marco André Sá	Individual	Sub 23 Masculino	02:08:18	+01:01:33	08:33
9	1449	Diogo Baldaia	Navara	Sub 23 Masculino	02:14:03	+01:07:19	08:56
10	1258	João Rito	Individual	Sub 23 Masculino	02:17:01	+01:10:17	09:08

Trail Curto

15 KM

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OFFICIAL RESULT

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11	1261	vit0r santos	Individual	Sub 23 Masculino	03:03:10	+01:56:25	12:13
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Veterana F40

1	4	Paula Lage	SiM Summit	Veterana F40	01:28:54	+22:09	05:56
2	1116	JoanaR.Sousa	exerciceforyou	Veterana F40	01:38:28	+31:43	06:34
3	1411	Belém Marques	Magic Friends Runners	Veterana F40	01:45:14	+38:30	07:01
4	13	Luisa Teixeira	A.D.Amarante	Veterana F40	01:46:34	+39:50	07:06
5	1132	Marisa Doreta	Fardetas	Veterana F40	01:53:17	+46:32	07:33
6	1278	Sonia Gilvaz	Individual	Veterana F40	01:54:06	+47:21	07:36
7	1274	Rosmery Silva	Individual	Veterana F40	01:58:38	+51:54	07:55
8	1273	Patrícia Fernandes	Individual	Veterana F40	01:59:56	+53:11	08:00
9	1419	Paula Guedes	Monte dos Amigos	Veterana F40	02:07:54	+01:01:09	08:32
10	1527	Susana Bessa	SK	Veterana F40	02:08:07	+01:01:23	08:33
11	1094	Elisia Gonçalves	Desnível Positivo	Veterana F40	02:08:58	+01:02:13	08:36
12	1543	Paula Afonso	Trailers	Veterana F40	02:09:24	+01:02:39	08:38
13	1276	Sandra Raimundo	Individual	Veterana F40	02:10:51	+01:04:06	08:43
14	1082	Sandra Pina	ComDor Runners	Veterana F40	02:16:28	+01:09:44	09:06
15	1030	Susana Carneiro	abrevaes	Veterana F40	02:18:17	+01:11:32	09:13
16	1542	Paula Pinto	TOP RUNNERS	Veterana F40	02:18:58	+01:12:13	09:16
17	1139	SÓNIA ISABEL BARREIRA TAVEIRA PIRES	FIT GAIA TRAIL	Veterana F40	02:19:55	+01:13:10	09:20
18	1270	Graça Soares Rodrigues	Individual	Veterana F40	02:24:40	+01:17:56	09:39
19	1422	Isabel Santos	Mountain Climbers	Veterana F40	02:26:23	+01:19:38	09:46
20	1548	Fatima Ribeiro	Turminha	Veterana F40	02:27:52	+01:21:07	09:51
21	1550	Susana Ferreira	Turminha	Veterana F40	02:27:52	+01:21:07	09:51
22	1266	Cátia Oliveira	Individual	Veterana F40	02:29:23	+01:22:38	09:58
23	1275	Sandra Gonçalves	Individual	Veterana F40	02:31:52	+01:25:07	10:08
24	1277	Sara Azevedo	Individual	Veterana F40	02:31:53	+01:25:08	10:08
25	1524	Carla Pereira	Santander Totta	Veterana F40	02:32:01	+01:25:16	10:08
26	1384	Marta Marques	Leões de Tardariz Trail	Veterana F40	02:35:39	+01:28:55	10:23
27	1265	Catarina Sapage	Individual	Veterana F40	02:36:06	+01:29:22	10:24
28	1267	Diana Lima	Individual	Veterana F40	02:39:52	+01:33:08	10:40
29	1272	Marlene Romariz	Individual	Veterana F40	02:41:26	+01:34:41	10:46
30	1262	Andreia Sá	Individual	Veterana F40	02:41:26	+01:34:41	10:46
31	1151	Rosa Afonso	Gondaràfrente	Veterana F40	02:42:05	+01:35:21	10:48
32	1400	Joana Martins	LION RUNNERS - G.D. Leões da Guarda	Veterana F40	02:43:23	+01:36:39	10:54
33	1493	Sónia Silva	Ribeiras Trail	Veterana F40	02:48:43	+01:41:58	11:15
34	1269	gloria silva	Individual	Veterana F40	02:56:38	+01:49:54	11:47
35	1263	Ângela Pereira	Individual	Veterana F40	03:02:06	+01:55:21	12:08
36	1279	Susana Rito	Individual	Veterana F40	03:09:09	+02:02:24	12:37
37	1271	Maria fernanda santos da costa faria	Individual	Veterana F40	03:16:47	+02:10:03	13:07

Trail Curto

15 KM



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Veterana F45

1	1509	Cidália Ferreira	Running Penafiel Trail	Veterana F45	01:36:26	+29:41	06:26
2	1281	Cristina Maria Fundevila Teixeira	Individual	Veterana F45	01:41:43	+34:58	06:47
3	1475	Maria Albina Fernandes Almeida Silva	PERNAS INERTES	Veterana F45	01:45:17	+38:32	07:01
4	1453	Sofia Coelho	Núcleo de Montanha de Espinho	Veterana F45	01:47:01	+40:16	07:08
5	1367	Anabela dos Santos Marques	Juventude Cortegacense	Veterana F45	01:47:11	+40:27	07:09
6	1287	Maria Susana Lobo Oliveira Santos	Individual	Veterana F45	01:48:38	+41:53	07:15
7	1061	Fátima Silva	Brincalhães	Veterana F45	01:50:06	+43:21	07:20
8	1155	Cristina Loureiro	GONDOMAR FUTSAL CLUBE	Veterana F45	01:53:35	+46:51	07:34
9	1060	Elisabete Leal	Brincalhães	Veterana F45	01:56:28	+49:43	07:46
10	1129	Fátima Costa	FAMA RUNNERS	Veterana F45	02:00:53	+54:08	08:04
11	1285	Margarida Pinto	Individual	Veterana F45	02:01:19	+54:35	08:05
12	1105	MARIA FONSECA	EQUIPA JOAO FERREIRA	Veterana F45	02:11:28	+01:04:44	08:46
13	1467	Carla Almeida	Os Tranquilos	Veterana F45	02:16:19	+01:09:34	09:05
14	1280	Ana Rito	Individual	Veterana F45	02:17:01	+01:10:17	09:08
15	1075	Cândida Vilas-Boas	Clube Zupper	Veterana F45	02:17:29	+01:10:44	09:10
16	1117	Cecília Martins	exerciceforyou	Veterana F45	02:18:33	+01:11:48	09:14
17	1104	ANA MARGARIDA	EQUIPA JOAO FERREIRA	Veterana F45	02:19:23	+01:12:38	09:18
18	1046	Marta Oliveira	Amigos da borga	Veterana F45	02:22:54	+01:16:09	09:32
19	1401	Susana Luis	LION RUNNERS - G.D. Leões da Guarda	Veterana F45	02:24:37	+01:17:53	09:39
20	1284	Ivete Rodrigues Gonçalves Alves	Individual	Veterana F45	02:24:40	+01:17:56	09:39
21	1485	DULCE RESENDE	PORTOCARGO RUNNERS	Veterana F45	02:26:30	+01:19:45	09:46
22	1385	Jesus Castro	Leões de Tardariz Trail	Veterana F45	02:27:36	+01:20:52	09:50
23	1286	Maria Sousa	Individual	Veterana F45	02:31:52	+01:25:08	10:08
24	1283	Ilda Cardadeiro	Individual	Veterana F45	02:32:15	+01:25:30	10:09
25	1288	Olívia Maria Sousa da Silva	Individual	Veterana F45	02:39:52	+01:33:07	10:40
26	1290	Susana Vieira	Individual	Veterana F45	02:40:03	+01:33:19	10:40
27	1496	Paula Coutinho	Ribeiras Trail	Veterana F45	02:48:42	+01:41:58	11:15
28	1495	Ana Paula Santos	Ribeiras Trail	Veterana F45	02:52:48	+01:46:04	11:31
29	1494	Alexandra Marques	Ribeiras Trail	Veterana F45	02:52:49	+01:46:04	11:31
30	1282	Eduarda Freitas	Individual	Veterana F45	02:55:26	+01:48:42	11:42
31	1170	Maria de Lurdes Alcobia Maia	GRUPO DESPORTIVO SANTANDER TOTTA	Veterana F45	02:55:30	+01:48:45	11:42

Veterana F50

1	1138	Nilda Magalhães	Fisicorpus casa da costura	Veterana F50	01:50:25	+43:41	07:22
2	1076	Maria Fátima Marques Ribeiro	Clube Zupper	Veterana F50	02:10:45	+01:04:01	08:43
3	1130	Ana Paula Simões	FAMA RUNNERS	Veterana F50	02:10:54	+01:04:09	08:44
4	1369	Isabel Santos	Leais	Veterana F50	02:15:01	+01:08:16	09:00
5	1157	Branca Marques	GONDOMAR FUTSAL CLUBE	Veterana F50	02:15:02	+01:08:17	09:00
6	1291	Ana Paula Teixeira	Individual	Veterana F50	02:15:07	+01:08:23	09:01
7	1156	Ana Sousa	GONDOMAR FUTSAL CLUBE	Veterana F50	02:18:27	+01:11:43	09:14
8	1497	Albina Vieira	Ribeiras Trail	Veterana F50	02:23:52	+01:17:08	09:36

Trail Curto

15 KM

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9	1292	ANA SOUSA	Individual	Veterana F50	02:26:33	+01:19:49	09:46
10	1078	Celina Baptista	CNCBacadapasso	Veterana F50	02:44:18	+01:37:33	10:57
11	1402	Isabel Lopes	LION RUNNERS - G.D. Leões da Guarda	Veterana F50	02:55:26	+01:48:42	11:42
12	1508	Lucilia Cadavez	Run For Life	Veterana F50	03:17:16	+02:10:32	13:09

Veterana F55

1	1498	Margarida Martins	Ribeiras Trail	Veterana F55	01:49:42	+42:58	07:19
2	1158	Rosa Mendes	GONDOMAR FUTSAL CLUBE	Veterana F55	02:04:28	+57:44	08:18
3	1541	Paulina soares	Tog	Veterana F55	02:17:15	+01:10:30	09:09

Veterana F60

1	1131	Rosa Vilhena	FAMA RUNNERS	Veterana F60	02:08:24	+01:01:39	08:34
2	1095	Fernanda Esteves	Desnível Positivo	Veterana F60	02:21:56	+01:15:11	09:28
3	1295	Maria Filomena Venâncio Lopes Marcelo	Individual	Veterana F60	02:44:20	+01:37:36	10:57
4	1296	Rosa Bispo	Individual	Veterana F60	02:49:39	+01:42:54	11:19

Veterano M40

1	1416	Igor Moreira	Melgaço Alvarinho Trail Team	Veterano M40	01:10:10	+03:25	04:41
2	1069	Rui Sousa	CENTRO CICLISTA DE GONDOMAR	Veterano M40	01:18:25	+11:40	05:14
3	1413	Sérgio Pereira	Magic Mushrooms	Veterano M40	01:19:45	+13:00	05:19
4	1510	Carlos alberto mendes barbosa	Running Penafiel Trail	Veterano M40	01:19:49	+13:04	05:19
5	1142	Patrick Marques	Fridão Sem Limites	Veterano M40	01:20:07	+13:22	05:20
6	1307	José Ribeiro	Individual	Veterano M40	01:20:15	+13:31	05:21
7	1315	Pedro Guimaraes	Individual	Veterano M40	01:20:19	+13:35	05:21
8	1068	Filipe Sousa	CENTRO CICLISTA DE GONDOMAR	Veterano M40	01:20:34	+13:49	05:22
9	1420	Leandro Pacheco	Monte dos Amigos	Veterano M40	01:20:37	+13:52	05:22
10	1026	Jorge Oliveira	A.D.Amarante	Veterano M40	01:23:29	+16:45	05:34
11	1403	Ricardo Vidal	LION RUNNERS - G.D. Leões da Guarda	Veterano M40	01:24:49	+18:04	05:39
12	1006	Bruno Alexandre Santos	A.D.Amarante	Veterano M40	01:25:31	+18:47	05:42
13	1314	Pedro Gilvaz	Individual	Veterano M40	01:25:32	+18:47	05:42
14	1435	Ibraim Sousa	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:25:34	+18:49	05:42
15	1452	Carmino Paulo Moreira Gomes	NOCTURNOS DE PAREDES	Veterano M40	01:26:07	+19:23	05:45
16	1039	RUI RODRIGUES	AD Marco 09	Veterano M40	01:28:08	+21:23	05:53
17	1299	António Coelho	Individual	Veterano M40	01:29:27	+22:42	05:58
18	1027	Nuno Moura	A.D.Amarante	Veterano M40	01:30:06	+23:21	06:00
19	1159	Filipe Pinto	GONDOMAR FUTSAL CLUBE	Veterano M40	01:32:24	+25:40	06:10
20	1122	Ivo Oliveira	Factor X/S4L/Medense FC	Veterano M40	01:32:38	+25:54	06:11
21	1308	Manuel Abreu	Individual	Veterano M40	01:33:28	+26:44	06:14

Trail Curto

15 KM

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22	1136	Ricardo Rocha	FAST AO KM	Veterano M40	01:33:52	+27:07	06:15
23	1515	António Oliveira	S. S. Montepio	Veterano M40	01:34:31	+27:46	06:18
24	1133	António Neves	Fardetas	Veterano M40	01:34:57	+28:13	06:20
25	1437	Márcio Almeida	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:36:01	+29:16	06:24
26	1090	JOÃO PAULO CAMPOS	DDT RUNNERS	Veterano M40	01:40:10	+33:26	06:41
27	1074	PAULO RIBEIRO	CLUBE NOVO BANCO	Veterano M40	01:40:14	+33:29	06:41
28	1319	SILVIO MIGUEL ALVES FERREIRA	Individual	Veterano M40	01:40:23	+33:39	06:42
29	1306	José Pedro Pinto Silva	Individual	Veterano M40	01:41:51	+35:06	06:4
30	1545	Fernando Silva	TrepaTrilhos Team	Veterano M40	01:42:03	+35:18	06:48
31	1047	Eliseu gomes	Amigos da borga	Veterano M40	01:43:58	+37:14	06:56
32	1559	Telmo Mendonça	Monte dos Amigos	Veterano M40	01:44:02	+37:17	06:56
33	1300	Aurelio Salas Salas	Individual	Veterano M40	01:44:31	+37:46	06:58
34	1102	Alexandre Pereira	Equipa A	Veterano M40	01:45:47	+39:02	07:03
35	1304	Jorge Pinheiro	Individual	Veterano M40	01:47:03	+40:19	07:08
36	1470	Nelson Duarte	Outsiders trail team	Veterano M40	01:47:04	+40:20	07:08
37	1091	PAULO FERREIRA	DDT RUNNERS	Veterano M40	01:49:48	+43:04	07:19
38	1317	Ricardo Conceição	Individual	Veterano M40	01:50:24	+43:40	07:22
39	1140	Ricardo A. Silva Sousa	FIT GAIA TRAIL	Veterano M40	01:52:57	+46:12	07:32
40	1516	João Lino Moreira	S. S. Montepio	Veterano M40	01:54:27	+47:42	07:38
41	1301	edgar bruno freitas Câmara	Individual	Veterano M40	01:55:10	+48:25	07:41
42	1544	Luís Magalhães	Trailers	Veterano M40	01:55:32	+48:47	07:42
43	1318	Ricardo Ferreira	Individual	Veterano M40	01:55:37	+48:52	07:42
44	1013	Vitor Ósorio	#atéchoras!	Veterano M40	01:57:04	+50:20	07:48
45	1312	Nuno Reis	Individual	Veterano M40	01:57:36	+50:52	07:50
46	1016	Rui Sá	10TEMIDOS	Veterano M40	02:00:33	+53:48	08:02
47	1310	Mário Araújo	Individual	Veterano M40	02:02:46	+56:01	08:11
48	1556	Joaquim Cardoso	Vivacidade	Veterano M40	02:03:12	+56:27	08:13
49	1499	Nuno Almeida	Ribeiras Trail	Veterano M40	02:03:41	+56:57	08:15
50	1012	Álvaro Pereira	#atéchoras!	Veterano M40	02:03:53	+57:09	08:16
51	1436	Manuel Gomes	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	02:04:24	+57:40	08:18
52	1305	Jorge Vasconcelos	Individual	Veterano M40	02:05:40	+58:55	08:23
53	1518	Rui Carvalho	S. S. Montepio	Veterano M40	02:06:13	+59:28	08:25
54	1160	Sérgio Pereira	GONDOMAR FUTSAL CLUBE	Veterano M40	02:07:35	+01:00:50	08:30
55	1406	Ricardo Teixeira	Los Fófuxos	Veterano M40	02:07:36	+01:00:51	08:30
56	1438	Rui Augusto	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	02:09:11	+01:02:26	08:37
57	1316	Pedro José Oliveira da Silva	Individual	Veterano M40	02:09:33	+01:02:49	08:38
58	1517	Ricardo Resende	S. S. Montepio	Veterano M40	02:10:32	+01:03:47	08:42
59	1298	Amílcar Castro	Individual	Veterano M40	02:14:13	+01:07:28	08:57
60	1303	Joaquim Pacheco	Individual	Veterano M40	02:14:13	+01:07:29	08:57
61	1531	Marco Batista	STCP Runners - Papelaria ABC	Veterano M40	02:14:36	+01:07:52	08:58
62	1031	Peixinho	abrevaes	Veterano M40	02:17:43	+01:10:58	09:11
63	1500	Vítor Costa	Ribeiras Trail	Veterano M40	02:23:52	+01:17:08	09:36
64	1302	João Cardoso	Individual	Veterano M40	02:30:12	+01:23:27	10:01
65	1311	Nuno Pessoa	Individual	Veterano M40	02:30:29	+01:23:44	10:02

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Trail Curto

15 KM

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66	1519	Rui Rebelo	S. S. Montepio	Veterano M40	02:31:22	+01:24:37	10:05
67	1562	Filipe Lima	Santander Totta	Veterano M40	02:32:01	+01:25:16	10:08
68	1297	Adrien Rocha	Individual	Veterano M40	02:32:41	+01:25:56	10:11
69	1015	Amilcar Teixeira	100meta	Veterano M40	02:43:23	+01:36:38	10:54
70	1313	Paulo Santos	Individual	Veterano M40	02:46:42	+01:39:57	11:07

Veterano M45

1	1056	António Martins	Boavista Trail	Veterano M45	01:10:09	+03:25	04:41
2	1331	Hugo Brito	Individual	Veterano M45	01:17:36	+10:52	05:10
3	1070	Fernando Figueiredo	CENTRO CICLISTA DE GONDOMAR	Veterano M45	01:19:17	+12:33	05:17
4	1525	João Barbosa	SC ESPINHO / ANTÓNIO LEITÃO	Veterano M45	01:24:58	+18:13	05:40
5	1388	Dario Cardoso	Leões de Tardariz Trail	Veterano M45	01:25:47	+19:02	05:43
6	1409	Adriano Oliveira	Lusitanos	Veterano M45	01:25:54	+19:10	05:4
7	1333	Nelson Castro	Individual	Veterano M45	01:26:41	+19:57	05:47
8	1322	António Cunha	Individual	Veterano M45	01:30:10	+23:25	06:01
9	1454	João Barros	Leões de Tardariz Trail	Veterano M45	01:30:17	+23:32	06:01
10	1501	Agostinho Sequeira	Ribeiras Trail	Veterano M45	01:32:39	+25:55	06:11
11	1328	Filipe Bastos	Individual	Veterano M45	01:32:58	+26:14	06:12
12	1340	vítor santos	Individual	Veterano M45	01:34:05	+27:20	06:16
13	1444	Zeferino Fernandes	MSS CONTABILIDADE TRAIL TEAM	Veterano M45	01:34:31	+27:47	06:18
14	1387	Américo França	Leões de Tardariz Trail	Veterano M45	01:34:49	+28:05	06:19
15	1332	luis almeida	Individual	Veterano M45	01:34:56	+28:11	06:20
16	1392	Pedro Ferreira	Leões de Tardariz Trail	Veterano M45	01:36:03	+29:18	06:24
17	1327	CARLOS JORGE OLIVEIRA	Individual	Veterano M45	01:36:42	+29:57	06:27
18	1325	ANTÓNIO JOSÉ NUNES FREIRE	Individual	Veterano M45	01:37:13	+30:29	06:29
19	1440	Fernando Branco	MSS CONTABILIDADE TRAIL TEAM	Veterano M45	01:39:44	+32:59	06:39
20	1040	ALEXANDRE MOREIRA	AD Marco 09	Veterano M45	01:39:44	+32:59	06:39
21	1442	Paulo Queirós	MSS CONTABILIDADE TRAIL TEAM	Veterano M45	01:39:44	+33:00	06:39
22	1441	Manuel Ribeiro	MSS CONTABILIDADE TRAIL TEAM	Veterano M45	01:40:14	+33:29	06:41
23	1439	António Rocha	MSS CONTABILIDADE TRAIL TEAM	Veterano M45	01:40:53	+34:08	06:44
24	1339	Seca José	Individual	Veterano M45	01:43:58	+37:13	06:56
25	1324	Antonio Guedes Pinto	Individual	Veterano M45	01:44:49	+38:04	06:59
26	1149	Antonio Quadros	Geadas Running	Veterano M45	01:46:01	+39:16	07:04
27	1334	Paulo Lara	Individual	Veterano M45	01:47:14	+40:29	07:09
28	1323	António Gomes	Individual	Veterano M45	01:48:49	+42:05	07:15
29	1321	Amandio Sousa	Individual	Veterano M45	01:49:29	+42:44	07:18
30	1108	CARLOS JORGE	EQUIPA JOAO FERREIRA	Veterano M45	01:50:06	+43:21	07:20
31	1336	Paulo Pinto	Individual	Veterano M45	01:50:19	+43:35	07:21
32	1389	João Vieira	Leões de Tardariz Trail	Veterano M45	01:52:29	+45:44	07:30
33	1537	Serafim Cruz	Team Taylor's	Veterano M45	01:55:19	+48:34	07:41
34	1528	José Magalhães	SK	Veterano M45	01:55:25	+48:40	07:42

Trail Curto

15 KM

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35	1390	Manuel Alvarino	Leões de Tardariz Trail	Veterano M45	01:57:07	+50:22	07:48
36	1109	EDGAR SARAIVA	EQUIPA JOAO FERREIRA	Veterano M45	01:57:54	+51:10	07:52
37	1329	Floriberto castro	Individual	Veterano M45	01:58:43	+51:58	07:55
38	1107	ARTUR CARDOSO	EQUIPA JOAO FERREIRA	Veterano M45	01:59:19	+52:35	07:57
39	1106	António Cunha	EQUIPA JOAO FERREIRA	Veterano M45	01:59:34	+52:50	07:58
40	1532	Domingos Faustino	STCP Runners - Papelaria ABC	Veterano M45	02:00:05	+53:20	08:00
41	1161	Celso Mota	GONDOMAR FUTSAL CLUBE	Veterano M45	02:01:45	+55:01	08:07
42	1502	José Tavares	Ribeiras Trail	Veterano M45	02:02:17	+55:33	08:09
43	1014	Rui Teixeira	#atéchoras!	Veterano M45	02:02:25	+55:40	08:10
44	1386	Agostinho Cardoso	Leões de Tardariz Trail	Veterano M45	02:04:13	+57:28	08:17
45	1330	Gonçalo Nunes	Individual	Veterano M45	02:04:28	+57:44	08:18
46	1326	António Manuel dos Santos Couto	Individual	Veterano M45	02:10:33	+01:03:48	08:42
47	1520	Francisco Moreira	S. S. Montepio	Veterano M45	02:10:49	+01:04:05	08:43
48	1320	Alberto César	Individual	Veterano M45	02:11:57	+01:05:12	08:48
49	1391	Marco Oliveira	Leões de Tardariz Trail	Veterano M45	02:14:40	+01:07:55	08:59
50	1468	Rogério Rocha	Os Tranquilos	Veterano M45	02:16:19	+01:09:34	09:05
51	1048	Pedro Martins	Amigos da borga	Veterano M45	02:22:54	+01:16:10	09:32
52	2077	João Resende	Gansos	Veterano M45	02:24:03	+01:17:18	09:36
53	1535	Manuel Jorge	Team aguenta Aí	Veterano M45	02:27:46	+01:21:01	09:51
54	1533	Paulo Gonçalves	STCP Runners - Papelaria ABC	Veterano M45	02:28:51	+01:22:06	09:55
55	1503	Rolando Marques	Ribeiras Trail	Veterano M45	02:34:30	+01:27:46	10:18
56	1338	RUI SILVA	Individual	Veterano M45	02:40:30	+01:33:45	10:42
57	1478	Paulo Mota	Pernetas no trail filigrana	Veterano M45	02:40:30	+01:33:46	10:42

Veterano M50

1	1563	Carlos Barroso	Individual	Veterano M50	01:18:19	+11:34	05:13
2	1072	Vitor Sousa	CENTRO CICLISTA DE GONDOMAR	Veterano M50	01:21:01	+14:17	05:24
3	1071	Asdrubal Freitas	CENTRO CICLISTA DE GONDOMAR	Veterano M50	01:24:13	+17:28	05:37
4	1511	Carlos Vinhas	Running Penafiel Trail	Veterano M50	01:28:33	+21:48	05:54
5	1098	Cláudio Monteiro	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M50	01:29:42	+22:58	05:59
6	1410	Paulo Azevedo	Lusitanos	Veterano M50	01:30:10	+23:26	06:01
7	1103	José Pereira	Equipa A	Veterano M50	01:31:31	+24:47	06:06
8	1344	Joaquim Coelho	Individual	Veterano M50	01:33:11	+26:26	06:13
9	1349	Mário Lima	Individual	Veterano M50	01:35:53	+29:08	06:24
10	1345	Joaquim Rocha	Individual	Veterano M50	01:36:03	+29:18	06:24
11	1352	vitoeoelhoe	Individual	Veterano M50	01:36:42	+29:57	06:27
12	1050	Armindo Lopes	ARC Vale S. Cosme	Veterano M50	01:37:00	+30:15	06:28
13	1164	Pedro Sousa	GONDOMAR FUTSAL CLUBE	Veterano M50	01:39:12	+32:27	06:37
14	1347	José Mesquita	Individual	Veterano M50	01:39:36	+32:51	06:38
15	1462	Joaquim Manuel Pinto Vieira	OS CACHOS	Veterano M50	01:41:34	+34:50	06:46
16	1461	Carlos Manuel Pinto Vieira	OS CACHOS	Veterano M50	01:41:40	+34:56	06:47
17	1346	José Amaro	Individual	Veterano M50	01:44:42	+37:58	06:59
18	1393	António Pinto	Leões de Tardariz Trail	Veterano M50	01:45:28	+38:43	07:02

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Trail Curto

15 KM

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19	1350	Sérgio M. Pereira	Individual	Veterano M50	01:45:30	+38:46	07:02
20	1504	José Moura	Ribeiras Trail	Veterano M50	01:47:53	+41:09	07:12
21	1557	José Miguel Neves	Vivacidade	Veterano M50	01:51:26	+44:41	07:26
22	1113	Manuel Ailva	Ermentão	Veterano M50	01:51:30	+44:46	07:26
23	1445	António Póvoas	MSS CONTABILIDADE TRAIL TEAM	Veterano M50	01:51:46	+45:02	07:27
24	1343	FERNANDO PAIS	Individual	Veterano M50	01:53:32	+46:47	07:34
25	1521	Fernando Carvalho	S. S. Montepio	Veterano M50	01:54:27	+47:43	07:38
26	1041	RODRIGO AGUIAR	AD Marco 09	Veterano M50	01:57:04	+50:19	07:48
27	1163	José Carlos Lascasas	GONDOMAR FUTSAL CLUBE	Veterano M50	01:58:58	+52:13	07:56
28	1342	Eduardo Castro	Individual	Veterano M50	02:06:48	+01:00:03	08:27
29	1348	Manuel Paiva	Individual	Veterano M50	02:07:00	+01:00:15	08:28
30	1421	Paulo Graça	Monte dos Amigos	Veterano M50	02:11:12	+01:04:28	08:45
31	1370	José Leal	Leais	Veterano M50	02:15:01	+01:08:16	09:00
32	1141	GABRIEL ANJOS PIRES	FIT GAIA TRAIL	Veterano M50	02:16:08	+01:09:23	09:05
33	1395	José Ferreira	Leões de Tardariz Trail	Veterano M50	02:19:26	+01:12:42	09:18
34	1065	Damião Cardoso	Brincalhões	Veterano M50	02:24:50	+01:18:05	09:39
35	1144	Joaquim Garcés	Gansos	Veterano M50	02:26:32	+01:19:47	09:46
36	1394	Gualter Castro	Leões de Tardariz Trail	Veterano M50	02:35:09	+01:28:24	10:21
37	1079	Carlos Navega	CNCBacadapasso	Veterano M50	02:44:18	+01:37:33	10:57

Veterano M55

1	1512	David Tavares	RunRiver - Escola Atletismo de Rio Tinto	Veterano M55	01:19:00	+12:15	05:16
2	1396	Carlos Sousa	Leões de Tardariz Trail	Veterano M55	01:26:39	+19:55	05:47
3	1143	José Morais	Gaia Trail	Veterano M55	01:28:42	+21:57	05:55
4	1077	Carlos Ferreira	Clube Zupper	Veterano M55	01:31:40	+24:56	06:07
5	1446	José Vaz	MSS CONTABILIDADE TRAIL TEAM	Veterano M55	01:34:21	+27:37	06:17
6	1354	António Teixeira	Individual	Veterano M55	01:34:41	+27:56	06:19
7	1005	José Capela	Individual	Veterano M55	01:36:00	+29:15	06:24
8	1353	alipio lopes	Individual	Veterano M55	01:42:50	+36:05	06:51
9	1360	xavier Barbosa	Individual	Veterano M55	01:43:45	+37:01	06:55
10	1112	JOAQUIM TEIXEIRA	EQUIPA JOAO FERREIRA	Veterano M55	01:44:56	+38:12	07:00
11	1476	Carlos Manuel ferreira Silva	PERNAS INERTES	Veterano M55	01:45:14	+38:29	07:01
12	1099	José Santos	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M55	01:47:08	+40:23	07:09
13	1355	fernando rocha	Individual	Veterano M55	01:47:42	+40:57	07:11
14	1357	João Manuel Santos Silva	Individual	Veterano M55	01:49:47	+43:02	07:19
15	1505	Domingos Vieira	Ribeiras Trail	Veterano M55	01:52:37	+45:52	07:30
16	1167	Nelson Silva	GONDOMAR FUTSAL CLUBE	Veterano M55	01:53:22	+46:38	07:34
17	165	Alberto Martins	Individual	Veterano M55	02:01:56	+55:12	08:08
18	1359	Valdemar Silva	Individual	Veterano M55	02:02:08	+55:24	08:09
19	1165	Joaquim Matos	GONDOMAR FUTSAL CLUBE	Veterano M55	02:14:58	+01:08:13	09:00
20	1356	Isaac Batista Pereirs	Individual	Veterano M55	02:17:13	+01:10:28	09:09
21	1358	Jose Almeida	Individual	Veterano M55	02:35:08	+01:28:24	10:21

15 KM

OFFICIAL RESULT

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REVISED

22	1506	Manuel Santos	Ribeiras Trail	Veterano M55	02:50:35	+01:43:50	11:22
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1	1361	António Conceição Pereira	Individual	Veterano M60	01:40:37	+33:53	06:43
2	1469	Lino Moreira	Os TurboMula	Veterano M60	01:46:26	+39:41	07:06
3	1029	Carlos A .C .MACEDO	A.D.Amarante	Veterano M60	01:46:46	+40:02	07:07
4	1560	Carlos Oliveira	GONDOMAR FUTSAL CLUBE	Veterano M60	01:51:43	+44:58	07:27
5	1459	José Moura de Sousa	OS BARRIGUITAS	Veterano M60	01:56:36	+49:51	07:46
6	1362	Fernando Duarte Ferreira	Individual	Veterano M60	01:57:10	+50:25	07:49
7	1137	Manuel Rocha	FAST AO KM	Veterano M60	01:59:39	+52:54	07:59
8	1135	José Castelo	Fardetas	Veterano M60	02:00:47	+54:03	08:03
9	1423	José Santos	Mountain Climbers	Veterano M60	02:26:23	+01:19:38	09:46
10	1460	Manuel Moura	OS BARRIGUITAS	Veterano M60	02:28:08	+01:21:24	09:53

COLETIVO - TRAIL CURTO

[illegible]

RANK	TEAM	DESCRIPTION	POINTS
1	CENTRO CICLISTA DE GONDOMAR	8 + 10 + 18	36
2	LEÕES DE TARDARIZ TRAIL	14 + 17 + 22	53
3	A.D.AMARANTE	4 + 23 + 27	54
4	DOUROCONTA - GABINETE DE APOIO E CONTABILIDADE, LDA	1 + 20 + 51	72
5	MSS CONTABILIDADE TRAIL TEAM	5 + 37 + 73	115
6	AD MARCO 09	28 + 45 + 49	122
7	LUSITANOS	32 + 39 + 54	125
8	RUNNING PENAFIEL TRAIL	12 + 46 + 90	148
9	PÓ NA LAMA TRAIL RUNNERS	36 + 58 + 127	221
10	THE NEWBIES	26 + 71 + 165	262
11	LION RUNNERS - G.D. LEÕES DA GUARDA	31 + 148 + 168	347
12	GONDOMAR FUTSAL CLUBE	60 + 103 + 201	364
13	RIBEIRAS TRAIL	62 + 156 + 175	393
14	S. S. MONTEPIO	74 + 204 + 221	499
15	MONTE DOS AMIGOS	19 + 220 + 306	545
16	FARDETAS	79 + 213 + 265	557
17	VIVACIDADE	115 + 199 + 247	561
18	JUVENTUDE CORTEGACENSE	172 + 179 + 232	583
19	EQUIPA JOAO FERREIRA	143 + 194 + 246	583
20	#ATÉCHORAS!	102 + 241 + 274	617
21	BRINCALHÕES	193 + 233 + 236	662
22	OS BARRIGUITAS	35 + 239 + 409	683
23	BCL	100 + 280 + 313	693
24	DDT RUNNERS	112 + 191 + 398	701
25	PAPA TUDO!!	160 + 244 + 304	708
26	CLUBE ZUPPER	59 + 326 + 364	749
27	AMIGOS DA BORGA	136 + 290 + 359	785
28	FAMA RUNNERS	209 + 266 + 312	787
29	COMDOR RUNNERS	185 + 249 + 357	791
30	SK	227 + 257 + 308	792
31	NOCTURNOS DE PAREDES	40 + 387 + 411	838
32	NAVARA	252 + 254 + 337	843
33	EXERCICEFORYOU	101 + 371 + 372	844
34	LOS FÓFUXOS	300 + 301 + 302	903
35	FIT GAIA TRAIL	210 + 354 + 377	941
36	STCP RUNNERS - PAPELARIA ABC	259 + 341 + 381	981
37	DESNÍVEL POSITIVO	314 + 343 + 384	1041