

Lugar	Dorsal	Nome	Tempo	Diferença	Escalão	Equipa
1.	264	Mario Firmino	01:16:11.0	00:00:00.0	Seniores M	Dolce Furadouro
2.	251	Mario Ramos	01:19:33.4	00:03:22.4	Seniores M	S. do pa♦o/zatapogues
3.	208	Sergio Figueiredo	01:20:45.6	00:04:34.6	Seniores M	Individual
4.	313	Joao Pereira	01:21:21.9	00:05:10.9	Seniores M	ZONA ALTA TRAIL
5.	315	Luis Paulo Costa Cipriano	01:24:07.7	00:07:56.7	M 40	A.M.C.R.Fonte Grada
6.	256	Samuel Alfaiate	01:24:12.9	00:08:01.9	Seniores M	Individual
7.	212	Jose Manuel Magalhaes Dias	01:24:20.1	00:08:09.1	M 40	Individual
8.	245	Filipe Oliveira	01:25:45.4	00:09:34.4	M 40	Oliveiras
9.	210	Telmo Alexandre Ramos Fonseca	01:26:49.8	00:10:38.8	Seniores M	Individual
10.	289	Carlos Queiroz	01:27:30.2	00:11:19.2	M 40	CONQUISTA Gin♦sio
11.	237	Luis Antonio	01:31:05.5	00:14:54.5	M 40	Caminhantes
12.	312	Bruno Dias	01:32:42.5	00:16:31.5	M 40	Individual
13.	259	Elisabete Gomes	01:32:52.1	00:16:41.1	F 40	Casa Benfica TV
14.	329	Jose Pedro Magalhaes	01:33:27.5	00:17:16.5	Seniores M	Individual
15.	269	Sergio Vicente	01:33:45.4	00:17:34.4	M 40	Individual
16.	275	Luis Ferreira	01:34:42.2	00:18:31.2	Seniores M	Individual
17.	282	Celso Santos	01:34:46.4	00:18:35.4	M 50	CAPenafirme
18.	250	Nelson Norte	01:34:53.6	00:18:42.6	M 40	Individual
19.	321	Paul Pilton	01:35:33.3	00:19:22.3	M 40	Sandy G
20.	224	Edgar Francisco	01:35:43.7	00:19:32.7	M 50	tituaria
21.	314	Sofia Agostinho	01:36:02.3	00:19:51.3	F 40	ZONA ALTA TRAIL
22.	295	Carlos Rebelo	01:38:09.3	00:21:58.3	M 50	CAPenafirme
23.	322	Rafaela Alexandra Camoes Dos Santos	01:39:07.2	00:22:56.2	Sub 23 F	DOLCE FURADOURO
24.	200	Manuel Fernandes Barbosa	01:40:11.2	00:24:00.2	M 50	Individual
25.	302	Sergio Melro	01:41:40.8	00:25:29.8	M 50	bora l♦
26.	258	Bruno Marques	01:41:50.3	00:25:39.3	Senior M	Esquadr♦o □,
27.	271	Carolina Pereira	01:41:54.9	00:25:43.9	Sub 23 F	Dolce Furadouro
28.	333	Dino Soares	01:41:58.7	00:25:47.7	Seniores M	
29.	201	Rita Rodrigues	01:43:53.0	00:27:42.0	Seniores F	Movets
30.	320	Joana Lopes	01:43:56.4	00:27:45.4	Seniores F	Sandy G
31.	309	Sandro Leitao	01:46:38.5	00:30:27.5	Seniores M	bora l♦
32.	303	Maria Noronha	01:46:43.4	00:30:32.4	F 40	bora l♦
33.	272	Antonio Marques	01:48:09.9	00:31:58.9	M 40	Alquimia
34.	297	Artur Costa	01:48:16.7	00:32:05.7	M 50	Conquista Gin♦sio
35.	226	Andre Mota	01:49:54.5	00:33:43.5	M 40	tituaria
36.	246	Diogo Costa	01:50:11.2	00:34:00.2	Sub 23 M	Individual
37.	244	Ricardo Ladislau	01:50:19.3	00:34:08.3	M 40	Ladislau
38.	310	Diogo Luis Santos Lourenco	01:52:08.4	00:35:57.4	Seniores M	Individual
39.	285	Jose Catarino	01:52:12.2	00:36:01.2	M 50	CAPenafirme
40.	318	Sonia Barros	01:52:28.4	00:36:17.4	F 40	Ai N♦s Jamor
41.	301	Joao Silva	01:52:32.5	00:36:21.5	M 40	Andorinhas
42.	249	Rita Garcia	01:52:41.4	00:36:30.4	Seniores F	RUN TEAM BOMBARRAL
43.	206	Carlos Moreira	01:53:41.7	00:37:30.7	M 40	PDA
44.	283	Carlos Benavente	01:54:06.3	00:37:55.3	M 50	CAPenafirme
45.	276	Jorge Lopes	01:54:45.6	00:38:34.6	Seniores M	Individual

Lugar	Dorsal	Nome	Tempo	Diferença	Escalão	Equipa
46.	324	Bruno Fonseca	01:54:49.4	00:38:38.4	Seniores M	Individual
47.	294	Nelson Ruivo	01:55:01.5	00:38:50.5	M 50	Individual
48.	222	Telmo Cardoso	01:58:15.0	00:42:04.0	Seniores M	ANTIVEGAN
49.	209	Ruben Francisco	01:58:25.8	00:42:14.8	Seniores M	ORB MAXIAL OESTE
50.	311	Almerinda Frazao	02:00:53.5	00:44:42.5	F 50	Individual
51.	223	Marco Loura	02:00:58.3	00:44:47.3	Seniores M	ANTIVEGAN
52.	287	Sonia Santos	02:01:09.8	00:44:58.8	Seniores F	Dolce Furadouro
53.	286	Mario Silva	02:01:25.5	00:45:14.5	M 50	Turres Trail Team
54.	257	Elsa Palmelao	02:01:48.1	00:45:37.1	F 40	Esquadrão □,
55.	288	Antonio Sousa	02:02:26.2	00:46:15.2	M 40	Individual
56.	207	Luis Jorge Baptista Duarte Dias	02:03:36.9	00:47:25.9	M 50	Individual
57.	265	Carla Morgado	02:04:57.5	00:48:46.5	F 40	Individual
58.	242	Andre Noivo	02:05:01.2	00:48:50.2	Seniores M	Zipalho Team
59.	234	Sofia Nobre	02:05:04.7	00:48:53.7	Seniores F	Dolce Furadouro
60.	243	Sofia Franca	02:05:09.0	00:48:58.0	Seniores F	Zipalho Team
61.	225	Paulo Tomas	02:05:14.3	00:49:03.3	M 40	tituaria
62.	304	Cristina Fernandes	02:05:38.7	00:49:27.7	F 40	bora I
63.	291	Antonio Duarte	02:06:27.2	00:50:16.2	M 60	60%VIP
64.	239	Luis Dias	02:06:53.4	00:50:42.4	M 40	individual
65.	317	Patricia Monteiro	02:07:08.9	00:50:57.9	F 40	Ai N's Jamor
66.	202	Gisela Monteiro	02:09:01.3	00:52:50.3	Seniores F	Estrelas Lisboa
67.	248	Pedro Carvalho	02:09:06.9	00:52:55.9	M 40	Solera Runners
68.	290	Angelo Marcos	02:09:29.8	00:53:18.8	Seniores M	Rumo ao 37
69.	316	Patricia Isael Carrilho	02:09:56.0	00:53:45.0	Sub 23 F	Individual
70.	213	Marta Santos	02:10:20.1	00:54:09.1	F 40	Individual
71.	306	Marta Vaz	02:11:32.7	00:55:21.7	F 40	bola I
72.	253	Anibal Matos Luis	02:12:48.9	00:56:37.9	M 50	Borinhas
73.	274	Sofia Cachapa	02:16:37.5	01:00:26.5	Seniores F	Cool
74.	273	Filipa Ferreira	02:16:42.4	01:00:31.4	Seniores F	Cool
75.	228	Mario Atilho	02:16:44.7	01:00:33.7	M 40	Ao ritmo das 200ppm
76.	241	Dina Damil Dias	02:17:31.5	01:01:20.5	Seniores F	Individual
77.	278	Analia Claudino	02:17:55.9	01:01:44.9	Seniores F	Runners24
78.	218	Iris Reto	02:18:52.8	01:02:41.8	F 40	Individual
79.	219	Nuno Venancio	02:18:56.1	01:02:45.1	Seniores M	Individual
80.	217	Marcia Reto	02:19:01.7	01:02:50.7	F 40	Individual
81.	296	Rui	02:19:45.4	01:03:34.4	Seniores M	Individual
82.	247	Ines Colaco	02:20:59.9	01:04:48.9	Sub 23 F	Individual
83.	270	Darry Diogo	02:21:39.4	01:05:28.4	F 40	Individual
84.	220	Mario Branco	02:21:43.3	01:05:32.3	M 60	Semprandar
85.	205	Maria Ferreira	02:22:06.1	01:05:55.1	F 40	Individual
86.	238	Dina Dias	02:22:33.8	01:06:22.8	F 40	individual
87.	267	Sandra Proenca	02:22:37.9	01:06:26.9	F 40	Run Team Bombarral
88.	300	Sandra Lopo	02:22:40.5	01:06:29.5	F 40	Andorinhas
89.	240	Patricia Pedro	02:25:02.1	01:08:51.1	Sub 23 F	Individual
90.	263	Daniela Silva	02:27:06.2	01:10:55.2	F 40	Run Team Bombarral

Lugar	Dorsal	Nome	Tempo	Diferença	Escalão	Equipa
91.	293	Daniela Norberto	02:29:58.2	01:13:47.2	Seniores F	Alquimia
92.	254	Maria Isabel Silva Simoes	02:30:23.7	01:14:12.7	F 50	Borinhas
93.	277	Rute Guilherme	02:36:35.3	01:20:24.3	M 40	Runners24
94.	279	Olga Nunes	02:36:48.9	01:20:37.9	Seniores F	Runners24
95.	280	Unnamed Racer	02:36:52.2	01:20:41.2		Runners24
96.	231	Hugo Vieira	02:40:47.3	01:24:36.3	M 40	Ao ritmo das 200ppm
97.	330	Sandra Mota	02:41:20.1	01:25:09.1	Seniores F	Lidl runners
98.	204	Helena Raquel Filipe Vitorino Alves	02:42:00.1	01:25:49.1	F 40	Individual
99.	292	Rita Inverno	02:45:04.4	01:28:53.4	Seniores F	Alquimia
100.	203	Susana Barreiros	02:45:09.1	01:28:58.1	F 40	Individual
101.	229	Carla Atilho	02:48:32.1	01:32:21.1	F 40	Ao ritmo das 200ppm
102.	232	Sonia Alvarez	02:48:36.2	01:32:25.2	F 40	Ao ritmo das 200ppm
103.	261	Susan Pereira	02:53:55.0	01:37:44.0	F 40	Running Sisters
104.	260	Ana Lucia Mota	02:53:58.1	01:37:47.1	F 40	Running Sisters
105.	233	Magda Reis	02:54:46.1	01:38:35.1	F 40	Individual
106.	326	Rita Santos	02:56:33.2	01:40:22.2	F 50	Corrida Noturna P.N.
107.	325	Alberto Santos	02:56:36.5	01:40:25.5	M 50	Corrida Noturna P.N.
108.	327	Anna Chemagina	02:56:42.7	01:40:31.7	Seniores F	Corrida Noturna P.N.
109.	221	Mario Lobo	03:04:29.1	01:48:18.1	M 40	Individual
110.	214	Luis Manuel Da Carvalha Lopes	03:04:33.2	01:48:22.2	M 60	Individual
111.	319	Sara Maria Lopes Da Carvalha	03:04:48.3	01:48:37.3	F 40	Individual
112.	328	Ana Teresa Daniel Oliveira	03:04:52.4	01:48:41.4	F 50	Individual
113.	252	Gi Ribeiro	03:22:48.8	02:06:37.8	F 50	Ao Ritmo das 200 PPM
114.	227	Carla Sofia Atilho	03:22:53.3	02:06:42.3	F 40	Ao ritmo das 200ppm
115.	236	Silvia Cristina Barradas	03:23:05.2	02:06:54.2	Seniores F	Ao ritmo das 200ppm
116.	230	Paula Vieira	03:25:28.6	02:09:17.6	F 40	Ao ritmo das 200ppm
117.	298	Susana Pinto	03:25:33.4	02:09:22.4	Seniores F	Ninjas do Ribatejo