

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
MESSIAS DIAS	Dci/Ccdrpedrulha-Mealhada	595	1	01:09:58.820	00:00:00.000
DIOGO PIMENTA	Dci/Ccdrpedrulha-Mealhada	440	2	01:10:04.063	00:00:05.243
RICARDO TEIXEIRA	Dci/Ccdrpedrulha-Mealhada	252	3	01:10:22.343	00:00:23.523
ARLINDO RIBEIRO	Formobike Btt & Trail Running	653	4	01:13:49.077	00:03:50.257
JOSÉ RODRIGUES	Arsm - Associação Recreativa De S. Miguel	705	5	01:14:30.827	00:04:32.007
ANDRÉ FERREIRA	Ozxtreme/Adcrpereira	635	6	01:14:38.080	00:04:39.260
ERNESTO NABEIRO	Soure Mov	552	7	01:15:26.083	00:05:27.263
NUNO COUTINHO	Norte E Soure	429	8	01:15:35.083	00:05:36.263
LUIS MARTINS	O Mundo Da Corrida	624	9	01:15:46.590	00:05:47.770
ANTÓNIO TRIGUEIRO	Individual	491	10	01:18:40.097	00:08:41.277
NUNO AZUL	Bio Team Run	717	11	01:18:48.840	00:08:50.020
MARCO MATOS	Individual	528	12	01:19:16.340	00:09:17.520
LUIS SANTOS	Individual	407	13	01:19:33.840	00:09:35.020
ANDRE MAGALHAES	Arsm - Associação Recreativa De S. Miguel	400	14	01:19:38.343	00:09:39.523
JOÃO DOMINGUES	Arcude Trail Team	723	15	01:19:47.593	00:09:48.773
ALBERTO FRECHES	Associação Académica De Coimbra	633	16	01:20:01.347	00:10:02.527
JOÃO DOMINGUES	Pés Troikados-Cscs	414	17	01:20:19.093	00:10:20.273
PAULO NEVES	Lama Solta	582	18	01:20:44.097	00:10:45.277
LUÍS ALMEIDA	Individual	413	19	01:21:36.603	00:11:37.783
JOAQUIM MARTINS	Dci/Ccdrpedrulha-Mealhada	594	20	01:22:58.623	00:12:59.803
ANDRÉ DIAS	Tribo Nr	580	21	01:23:11.353	00:13:12.533
TIAGO SILVA	Gatões Btt	744	22	01:23:19.850	00:13:21.030
EUGÉNIO SANTOS	Individual	454	23	01:23:28.607	00:13:29.787
PEDRO MARQUES	Gatões Btt	502	24	01:23:41.600	00:13:42.780
JORGE CRUZ	Individual	564	25	01:23:46.103	00:13:47.283
NUNO TEODORO	Lama Solta	583	26	01:23:52.853	00:13:54.033
MARIO MADEIRA	Formobike Btt & Trail Running	208	27	01:23:54.603	00:13:55.783
PEDRO VARELA	Associação Académica De Coimbra	631	28	01:24:30.107	00:14:31.287
JOSÉ PINHO	Ozxtreme/Adcrpereira	465	29	01:24:39.853	00:14:41.033
PEDRO ACÚRCIO	Individual	656	30	01:25:20.360	00:15:21.540
JOAO PEREIRA	Out 2 Run/Miro	577	31	01:25:39.353	00:15:40.533
FREDERICO CRASTO	Liz Runners	634	32	01:25:40.853	00:15:42.033
SÉRGIO FORTE	Aventuras Forte(S)	612	33	01:26:15.107	00:16:16.287
ALEX SILVA	Grv	647	34	01:26:21.857	00:16:23.037
JOEL OLIVEIRA	Arco Venda Da Luisa	495	35	01:26:40.103	00:16:41.283
MARIA RAMOS	Dci/Ccdrpedrulha-Mealhada	439	36	01:26:46.617	00:16:47.797
ÓSCAR MAIA	Os Primos	573	37	01:26:47.860	00:16:49.040
PEDRO FIGUEIREDO	Bio Team Run	706	38	01:26:54.357	00:16:55.537
ADERITO SILVA	A.D.Travassô	643	39	01:27:03.107	00:17:04.287
TIAGO FERNANDES	Caminhar Ao Luar	662	40	01:27:27.360	00:17:28.540
ANDRÉ RASTEIRO	Individual	442	41	01:27:42.157	00:17:43.337
FERNANDO AGANTE	Associação Académica De Coimbra	632	42	01:28:28.363	00:18:29.543
ANTÓNIO CAMILO	Esgravulhas Team	537	43	01:28:48.863	00:18:50.043
PEDRO MARQUES	Individual	431	44	01:28:54.363	00:18:55.543
JOSE PAULOS	A.D.Travassô	645	45	01:29:19.617	00:19:20.797
PAULO PIRES	A.D.Travassô	642	46	01:29:23.617	00:19:24.797
RENATA VINAGRE	Ozxtreme/Adcrpereira	609	47	01:29:48.367	00:19:49.547

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
FABIO COSTA	Individual	460	48	01:29:48.617	00:19:49.797
PAULO LOPES	Almeidoce	699	49	01:30:28.367	00:20:29.547
ANDRÉ DUARTE	Soure Mov	547	50	01:30:39.867	00:20:41.047
JOAO LUCAS	Assscc - Ar Livre E Aventura	713	51	01:30:58.117	00:20:59.297
CARLOS PALAIO	Grv	503	52	01:31:33.370	00:21:34.550
JOSÉ MADEIRA	Soure Mov	182	53	01:31:48.620	00:21:49.800
FILIPE BUCO	Individual	236	54	01:31:59.370	00:22:00.550
ROBERTO DUARTE	Vikings Trail Runners / Ccr Alcabideque	576	55	01:32:03.877	00:22:05.057
JOEL AMADO	Individual	611	56	01:32:04.870	00:22:06.050
JOSE ALVES	Caminhar Ao Luar	675	57	01:32:05.123	00:22:06.303
VIRGÍLIO NETO	Casa Do Benfica De Condeixa	409	58	01:32:48.623	00:22:49.803
BRUNO GONÇALVES	Individual	504	59	01:32:57.147	00:22:58.327
FERNANDO ROLO	Soure Mov	180	60	01:33:23.127	00:23:24.307
JOSÉ DUARTE	Individual	721	61	01:33:52.127	00:23:53.307
DIOGO FIGUEIREDO	Esgravulhas Team	536	62	01:35:01.127	00:25:02.307
HUMBERTO SOUSA	Caminhar Ao Luar	679	63	01:35:01.877	00:25:03.057
BRUNO MARQUES	Pés Troikados-Cscs	443	64	01:35:02.630	00:25:03.810
MARCO GOMES	Soure Mov	562	65	01:35:04.143	00:25:05.323
EDUARDO RIBEIRO	Individual	655	66	01:35:05.630	00:25:06.810
PAULO MORGADO	C. B. Viseu Running Team	43	67	01:35:31.630	00:25:32.810
MARIO JORGE	Individual	700	68	01:35:33.130	00:25:34.310
VICTOR BERNARDES	Individual	600	69	01:35:55.147	00:25:56.327
PAULO MARQUES	Pés Troikados-Cscs	428	70	01:35:57.630	00:25:58.810
NUNO CARVALHO	Caminhar Ao Luar	659	71	01:36:00.137	00:26:01.317
LUIS RAMOS	Caminhar Ao Luar	687	72	01:36:02.633	00:26:03.813
CARLOS DUARTE	Individual	485	73	01:36:44.133	00:26:45.313
ANDRÉ LADEIRO	Individual	412	74	01:37:23.633	00:27:24.813
BRUNO FERREIRA	Acdrs Quinhendros	423	75	01:37:31.383	00:27:32.563
TELMO SANTOS	Individual	578	76	01:37:38.637	00:27:39.817
GONÇALO DEUS	Arçd Venda Da Luisa	492	77	01:37:39.633	00:27:40.813
PAULO MARTINS	Bio Team Run	707	78	01:37:43.400	00:27:44.580
LUIS DIOGO	Individual	249	79	01:38:21.383	00:28:22.563
ANTONIO BATALHA	Soure Mov	558	80	01:38:21.387	00:28:22.567
RICARDO JESUS	Individual	711	81	01:38:31.637	00:28:32.817
DANIEL CARVALHO	Arsm - Associação Recreativa De S. Miguel	239	82	01:38:40.137	00:28:41.317
RODRIGO NUNES	Ccdr Matas E Cipreste Trailteam	585	83	01:39:03.637	00:29:04.817
CAROLINA CARVALHO	Aac - Remo	411	84	01:39:11.897	00:29:13.077
FILIPE REIS	Pés Troikados-Cscs	538	85	01:39:58.147	00:29:59.327
LUIS AZENHA	Bio Team Run	719	86	01:40:31.643	00:30:32.823
ANDREIA BRÁS	Soure Mov	548	87	01:40:32.140	00:30:33.320
TIAGO PIRES	Casa Do Benfica De Condeixa	712	88	01:41:38.893	00:31:40.073
MARCO GOMES	Soure Mov	561	89	01:42:02.897	00:32:04.077
LEONEL ALMEIDA	Kick Runners	507	90	01:42:11.897	00:32:13.077
PEDRO SANTOS	Individual	251	91	01:42:22.397	00:32:23.577
JORGE LESTRO	Lestro	720	92	01:42:54.147	00:32:55.327
SÉRGIO LEITE	Individual	498	93	01:42:54.897	00:32:56.077
PAULO BARREIRINHAS	Lobos Da Serra/Loureiro	416	94	01:43:15.647	00:33:16.827

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
CRISPIM TRIBUNA	Centro Veterinário De Vilarinho	541	95	01:43:22.400	00:33:23.580
MARGARIDA PORTUGAL	Individual	569	96	01:43:37.150	00:33:38.330
JOANA DIONISIO	Soure Mov	554	97	01:43:43.150	00:33:44.330
LISETE ANTUNES	Associação Pombal Jovem	544	98	01:44:28.400	00:34:29.580
SÍLVIA COELHO	C. B. Viseu Running Team	420	99	01:44:35.157	00:34:36.337
JOSÉ PERES	C. B. Viseu Running Team	419	100	01:44:36.150	00:34:37.330
RENATO BATISTA	Passoapasso Team	459	101	01:45:07.900	00:35:09.080
JORGE CONTENTE	Gatinhos Assanhados	657	102	01:45:17.653	00:35:18.833
ANTÓNIO VILÃO	Pés Troikados-Cscs	724	103	01:46:00.790	00:36:01.970
MÁRCIO SILVA	Cmd	648	104	01:46:01.157	00:36:02.337
LUÍS GOMES	Cmd	649	105	01:46:02.403	00:36:03.583
JORGE MARQUES	Atbv	743	106	01:46:06.183	00:36:07.363
GONÇALO ROCHA	Arcude Trail Team	722	107	01:46:23.663	00:36:24.843
PEDRO PEREIRA	Individual	523	108	01:46:26.153	00:36:27.333
NATÉRCIA BENTO	Caminhar Ao Luar	690	109	01:46:37.657	00:36:38.837
MARA PEREIRA	Caminhar Ao Luar	660	110	01:46:47.157	00:36:48.337
SAMUEL SANTOS	Caminhar Ao Luar	681	111	01:46:47.907	00:36:49.087
JOÃO PINTO	Mad Runners	650	112	01:46:50.157	00:36:51.337
CARLOS PEREIRA	S.C. Povoense - Caracóis De Corrida	417	113	01:46:51.157	00:36:52.337
JOSÉ SARAIVA	Compasso	726	114	01:46:51.917	00:36:53.097
FILIPE COELHO	Gatinhos Assanhados	651	115	01:47:04.907	00:37:06.087
MARIANA ESTEVES	Soure Mov	545	116	01:47:23.907	00:37:25.087
DANIEL RODRIGUES	Individual	458	117	01:47:26.160	00:37:27.340
JOÃO RODRIGUES	Lama Solta	457	118	01:47:32.157	00:37:33.337
VANIA LEAL	Associação Pombal Jovem	629	119	01:47:40.910	00:37:42.090
DIOGO DUARTE	Associação Pombal Jovem	627	120	01:47:41.407	00:37:42.587
FILIPE COSTA	Esamaga Canelas	531	121	01:47:58.410	00:37:59.590
JOÃO MARICATO	Moinhos Da Gândara Trail	519	122	01:48:12.907	00:38:14.087
RAQUEL MATIAS	Formobike Btt & Trail Running	430	123	01:48:31.660	00:38:32.840
JOÃO SOARES	Individual	421	124	01:49:21.413	00:39:22.593
FLAVIO CARVALHO	Individual	637	125	01:49:27.170	00:39:28.350
PAULA VALENTE	Individual	730	126	01:49:27.663	00:39:28.843
CELIA AGUIAR	A.D.Travassô	644	127	01:49:52.667	00:39:53.847
RAQUEL MENDES	C. B. Viseu Running Team	425	128	01:49:55.913	00:39:57.093
DANIELA SANTOS	Caminhar Ao Luar	658	129	01:49:59.663	00:40:00.843
VITOR GARISO	Soure Mov	557	130	01:50:16.920	00:40:18.100
NUNO OLIVEIRA	Urb Teodora Running Team	480	131	01:50:32.417	00:40:33.597
JACQUELINE DIAS	Tribo Nr	716	132	01:50:44.170	00:40:45.350
NUNO ALMEIDA	Compasso	728	133	01:50:46.667	00:40:47.847
RUI FERNANDES	Teromovigo / Casa Do Pão / Efapel / A. D. Serpinense	243	134	01:51:11.167	00:41:12.347
PEDRO PEREIRA	Individual	250	135	01:51:12.670	00:41:13.850
OLGA FELAMINO	Moinhos Da Gândara Trail	434	136	01:51:12.670	00:41:13.850
FERNANDO LOURENÇO	Teromovigo / Casa Do Pão / Efapel / A. D. Serpinense	242	137	01:51:12.917	00:41:14.097
LUÍS GASPAR	Moinhos Da Gândara Trail	435	138	01:51:15.167	00:41:16.347
CARMO GONÇALO	A.D.Travassô	641	139	01:51:16.667	00:41:17.847
VÂNIA AMARAL	Individual	477	140	01:51:25.417	00:41:26.597
BRIGITTE CAMPOS	Gear Up	483	141	01:51:52.170	00:41:53.350

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ROMEU AZEVEDO	Gear Up	451	142	01:51:52.420	00:41:53.600
CÁTIA FARIA	Individual	422	143	01:52:03.420	00:42:04.600
ANA POETA	Individual	607	144	01:52:03.420	00:42:04.600
MARTA PAULOS	Individual	714	145	01:52:31.677	00:42:32.857
JORGE FERREIRA	Individual	471	146	01:52:32.420	00:42:33.600
JOAO MARQUES	Pés Troikados-Cscs	246	147	01:52:34.920	00:42:36.100
JOAO MATOS	Individual	603	148	01:52:41.420	00:42:42.600
LUIS PAIVA	Kick Runners	514	149	01:52:53.423	00:42:54.603
ANA FERREIRA	Individual	602	150	01:52:55.920	00:42:57.100
MÁRIO MATOS	Individual	473	151	01:52:57.420	00:42:58.600
JOÃO MARQUES	Irogon	709	152	01:53:05.420	00:43:06.600
VÂNIA PAIXÃO	Acdrs Quinhendros	618	153	01:53:19.427	00:43:20.607
GUALDINA MENDES	Dias & Filhos Team	482	154	01:53:21.173	00:43:22.353
GABRIELA GOMES	Eac/Jpaiva	701	155	01:54:37.677	00:44:38.857
RICARDO ESCADA	Caminhar Ao Luar	691	156	01:55:16.430	00:45:17.610
RODRIGO MARTINS	Caminhar Ao Luar	680	157	01:55:18.927	00:45:20.107
CLÁUDIA SILVA	Individual	527	158	01:56:00.430	00:46:01.610
MARIA RODRIGUES	Individual	584	159	01:56:20.930	00:46:22.110
ANTÓNIO SERÓDIO	Soure Mov	549	160	01:56:32.680	00:46:33.860
MARINA LEMOS	Individual	529	161	01:56:36.970	00:46:38.150
SAUL LAMEIRAS	Caminhar Ao Luar	698	162	01:56:38.183	00:46:39.363
JOANA PINTO	Individual	444	163	01:56:57.930	00:46:59.110
JÚLIO RODRIGUES	Individual	521	164	01:57:12.680	00:47:13.860
CATARINA CORDEIRO	Soure Mov	550	165	01:57:14.937	00:47:16.117
TIAGO MADEIRA	Caminhar Ao Luar	692	166	01:57:28.433	00:47:29.613
ELISABETE GIRÃO	Arcd Venda Da Luisa	574	167	01:57:31.433	00:47:32.613
PEDRO SILVA	Arcd Venda Da Luisa	575	168	01:57:32.683	00:47:33.863
PAULO FONSECA	Individual	530	169	01:57:49.190	00:47:50.370
MARIANA FERNANDES	Caminhar Ao Luar	694	170	01:57:54.687	00:47:55.867
NUNO FERNANDES	Caminhar Ao Luar	668	171	01:58:11.183	00:48:12.363
CARLA CARVALHO	More Team	455	172	01:58:13.937	00:48:15.117
FILIPE CARVALHO	More Team	464	173	01:58:14.183	00:48:15.363
EUGENIA BATISTA	Soure Mov	553	174	01:58:30.933	00:48:32.113
TANIA RODRIGUES	Vikings Trail Runners / Ccr Alcabideque	610	175	01:58:50.440	00:48:51.620
MARIA SOARES	Individual	418	176	01:58:53.183	00:48:54.363
MARCO RIBEIRO	Arcd Venda Da Luisa	497	177	01:59:00.447	00:49:01.627
JOSÉ SANTOS	Out 2 Run/Miro	4	178	01:59:01.690	00:49:02.870
ISABEL JESUS	Out 2 Run/Miro	448	179	01:59:02.437	00:49:03.617
CARINA JORDÃO	Moinhos Da Gândara Trail	520	180	01:59:32.187	00:49:33.367
PEDRO PENA	Esamaga Canelas	568	181	01:59:37.937	00:49:39.117
ANDREIA MATOS	A.D.Travassô	646	182	02:00:37.190	00:50:38.370
NUNO PATRÍCIO	Urb Teodora Running Team	481	183	02:00:48.687	00:50:49.867
NATERCIA MARQUES	Caminhar Ao Luar	663	184	02:01:31.193	00:51:32.373
CATARINA ALVES	Ozxtreme/Adcrpereira	408	185	02:01:36.940	00:51:38.120
ZEFERINO FERNANDES	Ozxtreme/Adcrpereira	621	186	02:01:37.940	00:51:39.120
ANABELA AMARAL	Individual	579	187	02:01:43.190	00:51:44.370
PEDRO SIMÕES	Individual	599	188	02:01:43.690	00:51:44.870

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença	
DANIELA BERNARDES	Soure Mov	559	189	02:02:37.193	00:52:38.373	
FLÁVIO LEBRE	Formobike Btt & Trail Running	426	190	02:02:40.943	00:52:42.123	
PATRICIA BEJA	Soure Mov	179	191	02:02:42.197	00:52:43.377	
SÉRGIO PEREIRA	Individual	581	192	02:03:47.947	00:53:49.127	
RITA CORDEIRO	Soure Mov	555	193	02:03:56.697	00:53:57.877	
ROSALIA DUARTE	Soure Mov	556	194	02:04:00.447	00:54:01.627	
DANIEL REIS	Individual	461	195	02:04:53.947	00:54:55.127	
SILVIA MARQUES	Fitting Point	469	196	02:04:59.700	00:55:00.880	
PEDRO LEMOS	Tiba Running Team	74	197	02:05:00.957	00:55:02.137	
BRUNO MARQUES	Bombeiros Brasfemes	566	198	02:05:13.230	00:55:14.410	
DANIEL COUCEIRO	Individual	513	199	02:05:14.950	00:55:16.130	
FILIFE FONSECA	Individual	487	200	02:05:54.953	00:55:56.133	
RAQUEL CORREIA	Individual	608	201	02:06:45.953	00:56:47.133	
JOSÉ GONÇALVES	Individual	479	202	02:07:14.987	00:57:16.167	
GISELA JORGE	Atbv	941	203	02:07:45.707	00:57:46.887	
TIAGO CRUZ	Caminhar Ao Luar	685	204	02:08:02.957	00:58:04.137	
SÍLVIA PEDRO	Out 2 Run/Miro	601	205	02:08:26.207	00:58:27.387	
CÉLIA OLIVEIRA	Individual	593	206	02:08:27.207	00:58:28.387	
DORA OLIVEIRA	Individual	715	207	02:08:52.207	00:58:53.387	
SÉRGIO SANTOS	Compasso	725	208	02:09:29.217	00:59:30.397	
PEDRO FERREIRA	Compasso	729	209	02:09:35.960	00:59:37.140	
SÉRGIO RODRIGUES	Soure Mov	181	210	02:09:43.210	00:59:44.390	
DORA SANTOS	Soure Mov	551	211	02:09:54.960	00:59:56.140	
PAULO PITA	Rodas D´Aço	447	212	02:10:17.210	01:00:18.390	
MARTA RODRIGUES	Individual	617	213	02:10:17.210	01:00:18.390	
ANA FERREIRA	Salgis	543	214	02:11:24.963	01:01:26.143	
DIOGO MARTINS	Salgis	539	215	02:11:42.713	01:01:43.893	
TOMAS MURTA	Caminhar Ao Luar	672	216	02:12:10.967	01:02:12.147	
AMILCAR OLIVEIRA	Caminhar Ao Luar	686	217	02:12:12.217	01:02:13.397	
BRUNO MURTA	Caminhar Ao Luar	667	218	02:12:14.467	01:02:15.647	
GRAÇA SIMÕES	Arçd Venda Da Luisa	493	219	02:12:28.217	01:02:29.397	
ALDA SANTOS	Soure Mov	560	220	02:12:34.967	01:02:36.147	
FLAVIA LOPES	Caminhar Ao Luar	666	221	02:13:03.220	01:03:04.400	
LUIS CHELINHO	Caminhar Ao Luar	697	222	02:13:19.720	01:03:20.900	
SANDRA RIBEIRO	Out 2 Run/Miro	606	223	02:14:19.983	01:04:21.163	
SÓNIA MARTINS	Individual	467	224	02:15:15.473	01:05:16.653	
IVO SANTOS	Individual	710	225	02:15:18.723	01:05:19.903	
MARIA TAVARES	A.A.C.	533	226	02:15:42.473	01:05:43.653	
CLÁUDIA SIMÕES	Gear Up	484	227	02:15:43.223	01:05:44.403	
FRANCISCO BARREIROS		1904	614	228	02:15:43.473	01:05:44.653
FILIFE AMADO		1904	613	229	02:16:02.477	01:06:03.657
ANA RODRGUES	Soure Mov	546	230	02:16:08.727	01:06:09.907	
FÁBIO LOURENÇO	O Mundo Da Corrida	708	231	02:16:10.477	01:06:11.657	
JOÃO SIMÕES	Moinhos Da Gândara Trail	605	232	02:16:14.723	01:06:15.903	
RUI AZEVEDO	Teromovigo / Casa Do Pão / Efapel / A. D. Serpinense	244	233	02:16:23.727	01:06:24.907	
ANDREIA DIAS	Individual	456	234	02:18:18.230	01:08:19.410	
MELISSA CINTRA	Individual	639	235	02:18:18.980	01:08:20.160	

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
JOEL FERREIRA	Individual	640	236	02:18:19.730	01:08:20.910
VERA RAPOSO	Individual	596	237	02:18:40.237	01:08:41.417
ISABEL PARREIRAL	Gear Up	532	238	02:19:06.490	01:09:07.670
MIGUEL ALBUQUERQUE	Gear Up	524	239	02:19:06.980	01:09:08.160
MARINA LINO	Flower Team	500	240	02:19:07.730	01:09:08.910
CRISTIANA CATARINO	Flower Team	501	241	02:19:18.983	01:09:20.163
VITOR FIDALGO	Caminhar Ao Luar	695	242	02:19:24.233	01:09:25.413
ANA GONÇALVES	Individual	505	243	02:19:37.240	01:09:38.420
CARLA RODRIGUES	Os Primos	571	244	02:21:37.237	01:11:38.417
CÁTIA RODRIGUES	Os Primos	572	245	02:21:40.737	01:11:41.917
CÁTIA CASTANHEIRA	Grupo Desportivo Ferreirense / Mountain Trails	463	246	02:22:16.003	01:12:17.183
RITA BARROSO	Bossatrail	587	247	02:22:48.240	01:12:49.420
MARINA DOMINGUES	Caminhar Ao Luar	693	248	02:24:39.493	01:14:40.673
FRANCISCO MATOS	Red Cross Coimbra Team	625	249	02:24:58.497	01:14:59.677
GONÇALO RODRIGUES	Individual	474	250	02:24:59.743	01:15:00.923
SERGIO FERREIRA	Individual	525	251	02:25:50.247	01:15:51.427
JOANA CORTESAO	Individual	526	252	02:25:55.247	01:15:56.427
TELMO RAIMUNDO	Individual	742	253	02:26:25.497	01:16:26.677
ISABEL SANTOS	Individual	466	254	02:26:25.750	01:16:26.930
ANA RIBEIRO	Bossatrail	588	255	02:26:36.750	01:16:37.930
ANA QUENTAL	Bossatrail	590	256	02:26:36.750	01:16:37.930
VICTOR SILVA	Out 2 Run/Miro	475	257	02:28:58.513	01:18:59.693
CATARINA SIMÕES	Out 2 Run/Miro	636	258	02:29:00.003	01:19:01.183
MARIA ABRANTES	Caminhar Ao Luar	684	259	02:29:09.763	01:19:10.943
VERA MARQUES	Caminhar Ao Luar	665	260	02:29:10.507	01:19:11.687
PEDRO FERREIRA	Salgis	542	261	02:29:20.753	01:19:21.933
CLÁUDIA CRUZ	Ozxtreme/Adcrpereira	622	262	02:29:21.007	01:19:22.187
DANIEL COSTA	Bossatrail	586	263	02:29:26.007	01:19:27.187
PAULO AROSO	Bossatrail	589	264	02:29:27.507	01:19:28.687
MARIA ALMEIDA	Caminhar Ao Luar	670	265	02:29:37.507	01:19:38.687
PAULO SANTA	Individual	598	266	02:29:44.007	01:19:45.187
ELIANA TAVARES	Individual	433	267	02:29:53.507	01:19:54.687
PEDRO BAILÃO	Individual	432	268	02:29:54.013	01:19:55.193
ISABEL PINTO	Caminhar Ao Luar	689	269	02:29:59.253	01:20:00.433
CARLA COSTA	Individual	516	270	02:39:39.027	01:29:40.207
CARLA FLORENTINO	Individual	518	271	02:39:39.527	01:29:40.707
ANTÓNIO FLORENTINO	Individual	517	272	02:39:39.530	01:29:40.710
JOÃO CRUZ	Individual	515	273	02:39:39.780	01:29:40.960
MARIO SANTIAGO	Individual	535	274	02:40:21.030	01:30:22.210
CAROLINA MORIM	Individual	462	275	02:40:21.530	01:30:22.710
CATARINA SILVA	Ozxtreme/Adcrpereira	623	276	02:40:35.530	01:30:36.710
LILIANA LOURENCO	Caminhar Ao Luar	671	277	02:41:02.530	01:31:03.710
CRISTINA CORTEZ	Caminhar Ao Luar	673	278	02:41:03.280	01:31:04.460
ALICE GONÇALVES	Trailokas	510	279	02:42:07.533	01:32:08.713
CIDÁLIA FRANCISCO	Trailokas	718	280	02:42:08.783	01:32:09.963
MARINA REIS	Trailokas	509	281	02:50:49.553	01:40:50.733
MANUELA GONÇALVES	Trailokas	511	282	02:50:50.053	01:40:51.233

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
NEUZA CAS AIS	Individual	522	283	02:50:58.803	01:40:59.983
BEATRIZ BRANDÃO	Individual	453	284	02:51:11.557	01:41:12.737
LUÍS BRANDÃO	Individual	452	285	02:51:12.803	01:41:13.983
PAULO FACHADA	Caminhar Ao Luar	682	286	02:51:16.057	01:41:17.237
TÂNIA FELIX	Flower Team	540	287	02:51:18.053	01:41:19.233
CAROLINA RODRIGUES	Caminhar Ao Luar	683	288	02:51:19.803	01:41:20.983
ANDREIA PIMENTA	Trailokas	488	289	02:52:27.057	01:42:28.237
CARLA BATISTA	Trailokas	508	290	02:52:27.807	01:42:28.987
MARIA PEREIRA	Trailokas	534	291	02:52:58.557	01:42:59.737
LUZIA JORGE	Caminhar Ao Luar	664	292	02:55:17.817	01:45:18.997
SUSANA SANTOS	Caminhar Ao Luar	669	293	02:55:18.813	01:45:19.993
MARLENE BERNARDES	Caminhar Ao Luar	674	294	02:55:19.063	01:45:20.243
SONIA FERNANDES	Caminhar Ao Luar	661	295	02:55:39.063	01:45:40.243
SANDRA LOPES	Caminhar Ao Luar	696	296	02:55:39.813	01:45:40.993
ANDREIA DIAS	Out 2 Run/Miro	450	297	02:58:34.067	01:48:35.247
ADRIANA SANTOS	Caminhar Ao Luar	677	298	03:01:17.827	01:51:19.007
RUI SANTOS	Caminhar Ao Luar	676	299	03:01:19.077	01:51:20.257
ANDRÉ ALEXANDRE	Chuc Team	615	300	03:02:19.577	01:52:20.757
SARA SILVA	Chuc Team	638	301	03:02:20.330	01:52:21.510
VILMA FERNANDES	Chuc Team	478	302	03:02:21.077	01:52:22.257
HENRIQUE RODRIGUES	Individual	604	303	03:14:43.103	02:04:44.283
CATARINA OLIVEIRA	Chuc Team	620	304	03:14:46.103	02:04:47.283