



CLASSIFICAÇÕES (RESULTADOS PROVISÓRIOS)

				TRAIL LONGO	TRAIL CURTO		
GERAL	GERAL M		GERAL F				
M18	M40	M50	M60				
F18	F40	F50	F60				
EQUIPAS							
NOME			DORSAL	EQUIPA	CHEGADA	TEMPO	ESCALÃO
1	ANDRÉ MIGUEL LAMEIRO MONTEIRO		529	ARCD VENDA DA LUÍSA	10:40:00	00:56:59	M18
2	JOSÉ ANTÓNIO RODRIGUES SEQUEIRA		330	MONTANHA CLUBE TRAIL RUNNING/RUNNERS	10:41:00	00:57:09	M18
3	DAVID GOUVEIA		509	ESCARAVELHOS TEAM	10:43:27	00:58:07	M18

4	RICARDO JORGE DA CRUZ AGUIAR	535	ASSS COLUMBÓFILA CANTANHEDE AR LIVRE E AVENTURA	10:43:54	00:58:34	M40
5	VITOR CAÇÃO	313	GATÕES BTT	10:46:24	01:01:04	M18
6	JOSÉ CARLOS DA SILVA RODRIGUES	593	FIGUEIRA KAYAK CLUBE	10:47:15	01:01:55	M50
7	JOSÉ ALEXANDRE AFONSO MENDES	273		10:47:38	01:02:18	M40
8	NELSON JOSÉ VAZ CORREIA	525	ARCD VENDA DA LUÍSA	10:48:19	01:02:59	M18
9	FERNANDO LUÍS LOPES SANTOS	400	ESCARAVELHOS TEAM	10:48:24	01:03:04	M18
10	PEDRO CARDOSO	301	ASSS COLUMBÓFILA CANTANHEDE AR LIVRE E AVENTURA	10:48:27	01:03:07	M18
11	MARIA ISABEL AREIAS	318	ORALKLASS-AMIGOS DO TRAIL	10:48:46	01:03:26	F18
12	GUI CORREIA	418	QUIAIOS RUN TEAM	10:49:08	01:03:48	M18
13	JOSÉ MANUEL ANTUNES CORREIA	457	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	10:49:15	01:03:55	M50
14	FRANCISCO ANTUNES MATEUS	261	JOGGING LOVERS COIMBRA	10:49:23	01:04:03	M18
15	HUGO MANUEL FERNANDES PEREIRA	464	ESCARAVELHOS TEAM	10:49:27	01:04:07	M18
16	PAULO FERNANDO ESMERADO CAVALEIRO	527		10:49:35	01:04:15	M50
17	ANTÓNIO JOSÉ RAMOS TRIGUEIRO	470		10:49:47	01:04:27	M40
18	ACÍLIO SANTOS FRANCO RODRIGUES NORO	307	FALSOS LENTOS	10:49:52	01:04:32	M40
19	RUI ZI	419	QUIAIOS RUN TEAM	10:50:28	01:05:08	M40
20	TANIA BATISTA	407	COIMBRA TRAIL RUNNING	10:51:25	01:06:05	F18
21	HUGO ALEXANDRE DO NASCIMENTO BERA	475	COIMBRA TRAIL RUNNING	10:52:22	01:07:02	M18
22	EDUARDO MEIRELES	390	UMELGA TRAIL RUNNERS TEAM	10:52:24	01:07:04	M50
23	CELSO MANUEL CORREIA PEREIRA	566	CPT SOBRAL DE CEIRA	10:52:27	01:07:07	M40
24	RAFAEL CHA-CHA GOMES	953	ESCARAVELHOS TEAM	10:52:38	01:07:18	M18
25	JOÃO PEDRO RIBEIRO DOS SANTOS CARVALHO	584		10:52:41	01:07:21	M18
26	MARCO FILIPE CABRAL MATOS	381		10:52:45	01:07:25	M40

27	DANIEL CARVALHO	274	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	10:52:48	01:07:28	M18
28	SOFIA LOURENÇO	348	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	10:53:14	01:07:54	F40
29	VÍTOR MANUEL LAGES ANTUNES DA FONSECA	386	COIMBRA TRAIL RUNNING	10:53:37	01:08:17	M18
30	RUI FONSECA	337		10:54:14	01:08:54	M40
31	NUNO COSTA	564	A.R.CASAENSE/ESCOLA DE ATLETISMO DE COIMBRA	10:54:29	01:09:09	M40
32	BRUNO MACIEL MAIA RODRIGUES	409	ACDRS QUINHENDROS	10:54:32	01:09:12	M18
33	BRUNO TORREIRA	310	ACDRS QUINHENDROS	10:54:35	01:09:15	M18
34	ALLAN ALMEIDA	272	KALENJI RUNNING TEAM DECATHLON	10:54:37	01:09:17	M18
35	JOÃO CRISTÓVÃO LOPES ALMEIDA	952	ESCARAVELHOS TEAM	10:54:41	01:09:21	M18
36	MÁRCIO RODRIGUES	375	ACDRS QUINHENDROS	10:54:44	01:09:24	M18
37	DAVID JOSÉ VAZ RODRIGUES	287	WATCH OUT RUNNERS	10:54:55	01:09:35	M18
38	LUIS FONSECA	556	A.R.CASAENSE/ESCOLA DE ATLETISMO DE COIMBRA	10:54:58	01:09:38	M40
39	JOSÉ RUI DIAS LEITE MALEIRO	459		10:55:08	01:09:48	M18
40	LUIS MIGUEL MARTINS	481	O MUNDO DA CORRIDA	10:55:20	01:10:00	M18
41	VASCO RAFAEL CARIDADE MONTEIRO	262	VIKINGS TRAIL RUNNERS	10:55:23	01:10:03	M18
42	LUIS VILELA	455	TEAM 28	10:55:51	01:10:31	M18
43	TIAGO MIGUEL FIGUEIRA DE ALMEIDA	569		10:55:58	01:10:38	M18
44	EDGAR EMANUEL MONTEIRO ESPÍRITO SANTO	496		10:56:09	01:10:49	M18
45	JOANA RAQUEL MIRANDA PINTO	399		10:56:41	01:11:21	F18
46	MARCO SILVA	592	TEAM 28	10:56:47	01:11:27	M18
47	MIGUEL DURTE	358	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	10:57:18	01:11:58	M40
48	IGOR BENTES	492	O MUNDO DA CORRIDA	10:57:49	01:12:29	M18

49	JORGE MIGUEL BRANDÃO COELHO	461	BAIRRADA RUNNERS / AFA	10:58:32	01:13:12	M18
50	ROGÉRIO GABRIEL COIMBRA RIBEIRO	473	BIO TEAM RUN	10:58:46	01:13:26	M18
51	PEDRO NUNO DA COSTA FONTES	365	RODA DIANTEIRA BTT-SPEM	10:58:55	01:13:35	M40
52	CARLA ISABEL CORREIA SOUSA SANTOS	305	MONTANHA CLUBE TRAIL RUNNING/RUNNERS	10:59:24	01:14:04	F18
53	ANDRÉ FERRO	427		10:59:46	01:14:26	M18
54	JOEL TIAGO MENDES AMADO	487	RUNNINGDEAD	10:59:51	01:14:31	M18
55	VIRGÍLIO AUGUSTO FERNANDES NETO	308	TBSIC	11:00:11	01:14:51	M40
56	RUI MANUEL PAIVA MONTEIRO	534	ARCD VENDA DA LUÍSA	11:00:35	01:15:15	M18
57	DIOGO MANUEL BAPTISTA DO ROSÁRIO	331		11:03:49	01:18:29	M18
58	JOÃO FILIPE BERNARDO NEVES	550	LAUSANA RUNNERS	11:03:57	01:18:37	M18
59	NUNO MIGUEL	542	PÉS TROIKADOS - CSCS	11:04:06	01:18:46	M18
60	JOSÉ SANTOS	524		11:04:35	01:19:15	M18
61	PEDRO FIGUEIREDO	551	BIO TEAM RUN	11:04:38	01:19:18	M18
62	ÂNGELO ADRIANO DOS SANTOS GASPAR	462	URB TEODORA RUNNING TEAM	11:04:42	01:19:22	M18
63	ANTÓNIO JOSÉ MENDES SERRA JORGE	385	MOR(E)FIT	11:04:50	01:19:30	M40
64	RICARDO JOSE DA SILVA SANTOS	559	BIO TEAM RUN	11:04:56	01:19:36	M18
65	JOÃO CARLOS LOPES DE OLIVEIRA	505	JOGGING LOVERS COIMBRA	11:05:00	01:19:40	M18
66	CELESTINO MANUEL MATOS BIZARRO	397		11:05:03	01:19:43	M40
67	LEANDRO FILIPE LOURENÇO GRAIS	295	TIBA RUNNING TEAM	11:05:07	01:19:47	M18
68	LUIS TIAGO PEDRO SANTOS	599	TIBA RUNNING TEAM	11:05:10	01:19:50	M18
69	MARIA ISABEL DA SILVA FERNANDES	271	KALENJI RUNNING TEAM DECATHLON	11:05:13	01:19:53	F18
70	CÉLIA MARIA FIGUEIREDO DO SANTOS	526	ARCD VENDA DA LUÍSA	11:05:15	01:19:55	F40
71	JOÃO CARLOS FÉTEIRA	354	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:05:17	01:19:57	M40
72	SEBASTIEN DELEU	597	TIBA RUNNING TEAM	11:05:20	01:20:00	M40
73	CARLA SOFIA DA SILVA QUEDA VENTURA	279		11:05:23	01:20:03	F18

74	LUIS MIGUEL ROCHA VENTURA	278		11:05:25	01:20:05	M18
75	BRUNO RAFAEL PINTO LEITE	523		11:05:32	01:20:12	M18
76	HENRIQUE AMARO	351	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:05:34	01:20:14	M40
77	RICARDO SANTOS	404	USBATKU	11:05:36	01:20:16	M18
78	CARLOS MANUEL DE OLIVEIRA CANAIS	532	ARCD VENDA DA LUÍSA	11:05:40	01:20:20	M40
79	DIOGO OLIVEIRA ALVES	438	VIKINGS TRAIL RUNNERS	11:05:42	01:20:22	M18
80	HUGO OLIVEIRA SANTOS	437	VIKINGS TRAIL RUNNERS	11:05:49	01:20:29	M18
81	FAUSTO CARVALHO	367	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:05:51	01:20:31	M60
82	RUBEN SILVA DIAS	439	VIKINGS TRAIL RUNNERS	11:05:54	01:20:34	M18
83	MAURO DANIEL SILVA MARTINS	538		11:05:56	01:20:36	M18
84	LUIS MIGUEL MOREIRA MOÇO	574		11:05:59	01:20:39	M18
85	TELMO JOSÉ LOPES REIS	372		11:06:00	01:20:40	M18
86	ANABELA NUNES DE ALMEIDA	373		11:06:01	01:20:41	F18
87	BRUNO MIGUEL FERREIRA DA SILVA RIBEIRO	493		11:06:04	01:20:44	M18
88	LUÍS AMARO	356	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:06:08	01:20:48	M40
89	MOISÉS MANSO NUNES	491	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:06:13	01:20:53	M40
90	PEDRO MIGUEL SANTOS CORTESÃO	568	URB TEODORA RUNNING TEAM	11:06:14	01:20:54	M18
91	PEDRO MIGUEL NUNES SILVA	471		11:06:16	01:20:56	M18
92	NUNO ANDRÉ LIBÓRIO CARDEAS	503	JOGGING LOVERS COIMBRA	11:06:18	01:20:58	M18
93	JORGE HUMBERTO CORREIA BENTO	539	URB TEODORA RUNNING TEAM	11:06:20	01:21:00	M18
94	DORA CRISTINA MARQUES NEVES	302	ASSS COLUMBÓFILA CANTANHEDE AR LIVRE E AVENTURA	11:06:35	01:21:15	F40
95	CELSO FERREIRA	300	OUT 2 RUN	11:06:38	01:21:18	M40

96	ANDRÉ GONÇALVES MENDES BOINO	382		11:06:42	01:21:22	M18
97	VALTER MIGUEL GASPAR RAINHO	423	BIO TEAM RUN	11:06:44	01:21:24	M40
98	CARLOS MANUEL RIBEIRO MIRANDA	335	WEPADEL	11:06:47	01:21:27	M40
99	MARINA CARVALHO	357	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:06:49	01:21:29	F18
100	NUNO GONÇALO SIMÕES CAÇÃO	458	GAZELAS RUNNING FIGUEIRA	11:06:51	01:21:31	M18
101	PEDRO GOMES MARTINS	264	VIKINGS TRAIL RUNNERS	11:06:57	01:21:37	M18
102	DAVID TOMÉ NUNES DELGADO	369		11:07:11	01:21:51	M18
103	JOÃO FRANCISCO GONÇALVES MARQUES	469	RUNNINGDEAD	11:07:19	01:21:59	M18
104	CARLOS MIGUEL CALEIRAS ANTUNES	478	CLUBE DOS ATLETAS TORTOS	11:07:00	01:22:00	M18
105	JOÃO PINHO	290	COIMBRA TRAIL RUNNING	11:07:26	01:22:06	M40
106	HELENA MATIAS	544	FIGUEIRA KAYAK CLUBE	11:07:36	01:22:16	F18
107	ANDRÉ PIMENTEL	345	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:07:40	01:22:20	M18
108	DANIELA LILIANA JESUS RODRIGUES	576	FORMOBIKE BTT & TRAIL RUNNING	11:07:44	01:22:24	F18
109	JOÃO PEDRO ANDRADE DE OLIVEIRA SALTÃO	497	"OS MEIO CAÍDOS"	11:07:52	01:22:32	M18
110	PEDRO SEQUEIRA	521	MONTANHA CLUBE TRAIL RUNNING/RUNNERS	11:07:56	01:22:36	M18
111	AMARO JOSÉ LEONARDO RODRIGUES	954	GINÁSIO EXTREME FIT	11:08:12	01:22:52	M40
112	JOÃO PEDRO SANCHES BANDEIRA	281	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:08:19	01:22:59	M40
113	LUÍSA TERESA MONTEIRO DA COSTA MIRANDA	338	O TRIO	11:08:50	01:23:30	F18
114	ANTÓNIO MANUEL DOMINGUES CARPINTEIRO	450		11:09:39	01:24:19	M18
115	JOANA ISABEL FERREIRA PARDAL	486	MOR(E)FIT	11:09:45	01:24:25	F18
116	CIDÁLIA MARIA DOS SANTOS OLIVEIRA	520	MOR(E)FIT	11:09:50	01:24:30	F40
117	FERNANDO DOMINGUES MOITA	531		11:10:00	01:24:40	M40
118	MARCO ALEXANDRE COSTA SANTOS	336	JOGGING LOVERS COIMBRA	11:10:24	01:25:04	M18

119	LAURA CABETE	433	MOINHOS DA GÂNDARA TRAIL	11:10:43	01:25:23	F18
120	MANUEL CABETE	434	MOINHOS DA GÂNDARA TRAIL	11:10:45	01:25:25	M40
121	HUGO MOREIRA RODRIGUES	557		11:10:53	01:25:33	M18
122	NUNO ALEXANDRE DOS SANTOS CARIDADE	955	VILA SECA RUN TEAM	11:11:08	01:25:48	M18
123	GUILHERME CRUZ	594	DECATHLON COIMBRA	11:11:16	01:25:56	M18
124	ROMEU DE AZEVEDO	413	JOGGING LOVERS COIMBRA	11:11:19	01:25:59	M40
125	MIGUEL ALBUQUERQUE	567	JOGGING LOVERS COIMBRA	11:11:21	01:26:01	M18
126	SERGIO ALMEIDA	595		11:11:43	01:26:23	M40
127	RUI JORGE GOMES DE CARVALHO	410	OUT 2 RUN	11:12:18	01:26:58	M18
128	MARCO ANTÓNIO RAINHO FERREIRA AGANTE	340		11:13:12	01:27:52	M18
129	ANDRÉ FILIPE GONÇALVES GÓIS GIRÃO RASTEIRO	537		11:14:01	01:28:41	M18
130	PEDRO JOSE BATALHA FONSECA	516		11:14:34	01:29:14	M18
131	JORGE BARRETO	270	KALENJI RUNNING TEAM DECATHLON	11:14:48	01:29:28	M40
132	CARLA CRISTINA FERREIRA PEREIRA	956	FORMOBIKE BTT & TRAIL RUNNING	11:14:47	01:29:28	F40
133	MARCO AUGUSTO MATA DA CUNHA	518	COMPASSO	11:14:51	01:29:31	M18
134	DIOGO PIMENTEL CRUZ	280	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:14:54	01:29:34	M18
135	SOFIA ALEXANDRA JORGE SIMÕES	332	COMPASSO	11:15:03	01:29:43	F18
136	FRANCISCO DUARTE	474	QUINTA DA MAIA RUNNERS	11:15:07	01:29:47	M18
137	PEDRO RAFAEL GIRAO MEDINA	394		11:15:10	01:29:50	M40
138	JOSÉ ALMEIDA CORREIA	533	ARCD VENDA DA LUÍSA	11:15:19	01:29:59	M50
139	PEDRO MANUEL DOMINGOS SIMÕES	424		11:16:17	01:30:57	M18
140	RENATO JOÃO SIMÕES RODRIGUES	555	CPT SOBRAL DE CEIRA	11:16:26	01:31:06	M18
141	JOÃO PEDRO GAIOSO BARBOSA	412	#EXTREMAMENTEDUROS	11:16:33	01:31:13	M18
142	PEDRO TIAGO SILVA MARIANO BATISTA	585	CENTRO SOCIAL E DESPORTIVO SANTANA	11:16:37	01:31:17	M18

143	NUNO BANDARRA	543	FIGUEIRA KAYAK CLUBE	11:16:44	01:31:24	M18
144	DANIEL COUCEIRO	460		11:16:53	01:31:33	M18
145	ALEXANDRE JOSE LOPES COSTA	554	GAZELAS RUNNING FIGUEIRA	11:17:05	01:31:45	M40
146	CLAUDIA SOFIA DA CONCEIÇÃO ROCHA	449	BIO TEAM RUN	11:17:23	01:32:03	F40
147	DIOGO VIEIRA	311	CLUB TRAIL VELHA ACADEMIA	11:17:40	01:32:20	M18
148	NUNO OLIVEIRA	379	URB TEODORA RUNNING TEAM	11:17:46	01:32:26	M18
149	NUNO PATRÍCIO	477	URB TEODORA RUNNING TEAM	11:17:48	01:32:28	M40
150	MIGUEL ALEXANDRE PEREIRA MENDES DA COSTA	582		11:17:51	01:32:31	M18
151	JOANA CATARINA COSTA BRANCO	288		11:17:53	01:32:33	F18
152	AMÍLCAR DA MOTA MIRANDA	265	O TRIO	11:17:57	01:32:37	M40
153	JORGE MIGUEL RAPOSO LAPA	502	ZÁS-TRÁS	11:18:02	01:32:42	M18
154	NUNO ALBERTO VALENTE LOPES	391	ZÁS-TRÁS	11:18:05	01:32:45	M18
155	TIAGO EMANUEL SOARES CRUZ	519	COMPASSO	11:18:08	01:32:48	M18
156	BRUNO B. FERREIRA	463	CVP MAIORCA	11:18:14	01:32:54	M18
157	MARINA ANDREIA DA SILVA CARDOSO LEMOS	383		11:18:56	01:33:36	F18
158	LUIS RICARDO PAIVA SEQUEIRA MACHADO	420	MOR(E)FIT	11:19:11	01:33:51	M18
159	SUSANA MARIA RODRIGUES MORGADO	395		11:19:13	01:33:53	F40
160	CARLA ALEXANDRA DAS NEVES ABREU	506	ZÁS-TRÁS	11:19:17	01:33:57	F18
161	ILIDIO CORDEIRO	499	TRILHOS DE SICÓ	11:19:20	01:34:00	M50
162	JOSÉ EDUARDO GIL ANDRADE	371	MOUNTAIN TRAILS	11:19:25	01:34:05	M18
163	PEDRO MANUEL FRANCISCO LOPES	392	ZÁS-TRÁS	11:19:32	01:34:12	M18
164	BRUNA ANDREIA SOUSA FARIA	296	TIBA RUNNING TEAM	11:19:46	01:34:26	F18
165	PEDRO MIGUEL AIRES LEMOS	293		11:19:56	01:34:36	M18
166	SANDRA BARATA	362	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:19:59	01:34:39	F40

167	RUI PEDRO FERNANDES MARQUES	495	FALSOS LENTOS	11:20:02	01:34:42	M18
168	JOÃO MANUEL DA COSTA ANTUNES	549		11:20:13	01:34:53	M18
169	CARLA ISABEL PAIVA SERGIO	291		11:20:16	01:34:56	F40
170	FILOMENA CRISTINA OLIVEIRA RODRIGUES	501		11:20:20	01:35:00	F40
171	BRUNO VALDAGUA COUTINHO	324	THIS SIDE UP - RUN TEAM	11:20:35	01:35:15	M18
172	GISELA MARGARIDA ALVES JORGE	380	ATBV	11:20:38	01:35:18	F40
173	ANNE STEPHANIE PACHECO	346	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:20:41	01:35:21	F18
174	ISABEL RIBEIRO PEGO	435	RUN @ FIGUEIRA	11:21:16	01:35:56	F40
175	JORGE MANUEL RODRIGUES TIAGO	285	COIMBRA TRAIL RUNNING	11:21:19	01:35:59	M40
176	CATARINA ALEXANDRA FONSECA LAPA	378	COIMBRA TRAIL RUNNING	11:21:32	01:36:12	F18
177	OLGA EDUARDA GONÇALVES FELAMINO	387	MOINHOS DA GÂNDARA TRAIL	11:21:45	01:36:25	F18
178	RICARDO ANTUNES	540	URB TEODORA RUNNING TEAM	11:21:47	01:36:27	M18
179	BRUNO FERREIRA	347	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:22:04	01:36:44	M18
180	SÓNIA ANTUNES	578	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:22:09	01:36:49	F18
181	OLGA CRISTINA CORREIA SIMOES	263	COIMBRA TRAIL RUNNING	11:22:30	01:37:10	F40
182	ANA MARISA DIAS LEITE MALEIRO	479		11:22:50	01:37:30	F18
183	JOSE MIGUEL RODRIGUES BRAGA	299	TIBA RUNNING TEAM	11:23:27	01:38:07	M18
184	RUI ANTÓNIO LAMAS DE ABREU MARQUES	465		11:25:50	01:40:30	M50
185	NUNO JOSÉ GÓIS COELHO	575	FORMOBIKE BTT & TRAIL RUNNING	11:25:52	01:40:32	M18
186	HUGO MIGUEL SIMÕES GARISO	317	FORMOBIKE BTT & TRAIL RUNNING	11:25:59	01:40:39	M18
187	ELISABETE MARIA VIDEIRA BAPTISTA	572	TRILHOS DE SICÓ	11:26:25	01:41:05	F18
188	MARIA GLÓRIA SOARES	444	COMPASSO	11:26:49	01:41:29	F50
189	NUNO MIGUEL DOS SANTOS PEREIRA	507		11:27:52	01:42:32	M18
190	ADRIANA DOS SANTOS VIANA	432	BIO TEAM RUN	11:27:56	01:42:36	F18

191	JOSÉ FILIPE RODRIGUES MENDES	508		11:28:00	01:42:40	M18
192	PATRICIA FIGUEIREDO	552	BIO TEAM RUN	11:28:03	01:42:43	F18
193	SANDRA SOFIA DE JESUS GONÇALVES	292		11:28:06	01:42:46	F18
194	GONÇALO SIMÕES DE DEUS	415		11:28:09	01:42:49	M18
195	EUGENIA BATISTA	570	BOOTCAMP	11:28:16	01:42:56	F50
196	ANDREIA ROMANA ALVES COSTA	327	OZXTREME/GDCR	11:28:24	01:43:04	F18
197	JOANA ESPÍRITO-SANTO	353	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:28:42	01:43:22	F18
198	INÊS ISABEL PAULETE CORREIA	522		11:28:50	01:43:30	F18
199	ANA RITA DE SOUSA GAMBOA	269	ARCD VENDA DA LUISA	11:28:52	01:43:32	F18
200	ANDRÉ HÉLIO FONSECA CORREIA	494	ESCARAVELHOS TEAM	11:28:59	01:43:39	M18
201	DIOGO MARQUES POCINHO	546	JOGGING LOVERS COIMBRA	11:29:01	01:43:41	M18
202	MARIA JOSÉ PEREIRA COELHO	453	PÉS TROIKADOS - CSCS	11:29:05	01:43:45	F18
203	ALEXANDRE FERNANDES	343	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:29:08	01:43:48	M18
204	DANIELA MATEUS	440	ESCARAVELHOS TEAM	11:29:11	01:43:51	F18
205	JOÃO CARLOS MELANDA SIMÕES	306	MOINHOS DA GÂNDARA TRAIL	11:29:14	01:43:54	M18
206	BRUNO JOSE SAMPAIO SANTOS	565		11:29:25	01:44:05	M18
207	SUSANA MANUELA LAMEGO BRAGA LEAL	297	TIBA RUNNING TEAM	11:29:29	01:44:09	F40
208	SANDRA SOFIA PEREIRA SIMÕES	528	ARCD VENDA DA LUÍSA	11:30:30	01:45:10	F18
209	MARISA LEONOR DE OLIVEIRA RAINHO MENDES	530	ARCD VENDA DA LUÍSA	11:30:33	01:45:13	F18
210	PEDRO ANDRÉ FERREIRA	547	COMPASSO	11:30:52	01:45:32	M18
211	VERA MARIA DE SA RAPOSO	304		11:32:05	01:46:45	F18
212	ÁUREA ALEXANDRA CRAVEIRO TEIXEIRA DE JESUS MATIAS	329	100 GPS	11:32:11	01:46:51	F18
213	ANA FILIPA TINOCO SANTOS	393	100 GPS	11:32:15	01:46:55	F18

214	NUNO TIAGO ALMEIDA	512	COMPASSO	11:32:25	01:47:05	M18
215	FILIPPE MIGUEL SAAVEDRA	513	COMPASSO	11:32:30	01:47:10	M18
216	JOSÉ PEDRO OLIVEIRA SARAIVA	511	COMPASSO	11:32:48	01:47:28	M18
217	RICARDO MIGUEL PEREIRA MARTINS AROSO	454		11:32:53	01:47:33	M18
218	ISABEL SIMÕES	352	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:32:57	01:47:37	F40
219	CÉU SANTOS	951	O MUNDO DA CORRIDA	11:33:38	01:48:18	F50
220	MARIANA FONSECA	490	O MUNDO DA CORRIDA	11:33:46	01:48:26	F18
221	TELMA MARQUES PIRES	366		11:33:49	01:48:29	F18
222	CARLA SOFIA GONÇALVES FELAMINO	294	MOINHOS DA GANDARA TRAIL	11:33:59	01:48:39	F18
223	CARLA MARIA JORGE SIMÕES	333	COMPASSO	11:34:03	01:48:43	F18
224	TELMA ALEXANDRA JESUS MATIAS	553		11:34:07	01:48:47	F18
225	CARLA ISABEL PIRES COTAS	541		11:34:16	01:48:56	F18
226	CATARINA ANDREIA AZEVEDO HENRIQUES	320		11:34:20	01:49:00	F18
227	MÁRCIO ALEXANDRE PINHO PEREIRA	319		11:34:23	01:49:03	M18
228	ANA SOFIA SANTOS	485	BIO TEAM RUN	11:35:11	01:49:51	F18
229	MARIA JOÃO SIMÕES	401	USBATKU	11:35:16	01:49:56	F40
230	CLAUDIA GOUVEIA	456	USBATKU	11:35:19	01:49:59	F18
231	JOANA CATARINA LOPES CARIDADE	206		11:36:40	01:51:20	F18
232	ELISABETE JACINTO	275	URB TEODORA RUNNING TEAM	11:40:50	01:55:30	F40
233	ANDREIA RAQUEL DOS SANTOS COSTA	443	COMPASSO	11:40:53	01:55:33	F18
234	JOÃO EURICO FERREIRA MIRALDO	282		11:41:12	01:55:52	M60
235	ALEXANDRA MARIA REBELO PEREIRA	421	ASSS COLUMBÓFILA CANTANHEDE AR LIVRE E AVENTURA	11:41:14	01:55:54	F40
236	JULIANA RAINHO	467	BIO TEAM RUN	11:41:52	01:56:32	F18
237	MARA LIGIA PINHEIRO JANEIRO	289	IDEALMED	11:42:55	01:57:35	F18

238	BRUNA CORDEIRO	466		11:44:15	01:58:55	F18
239	VERA REIS	364	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:46:34	02:01:14	F18
240	PAULO JORGE FORTUNATO	360	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:46:43	02:01:23	M40
241	DIANA CRISTINA DA SILVA CARVALHO	591	RED CROSS COIMBRA TEAM	11:46:47	02:01:27	F18
242	LÚCIA COSTA	579	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:47:33	02:02:13	F40
243	DORA CASTANHEIRA	350	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:47:39	02:02:19	F18
244	ANA CAROLINA DINIS	430	JOGGING LOVERS COIMBRA	11:47:43	02:02:23	F18
245	CARLA SOFIA GÓIS FERNANDES	377	JOGGING LOVERS COIMBRA	11:47:47	02:02:27	F18
246	MARIA JOSE´VASCO CACEIRO	489	ASSOCIAÇÃO DE SURF DA FIGUEIRA DA FOZ	11:47:58	02:02:38	F18
247	JOANA VALA RIBEIRO JOSÉ	403	JOGGING LOVERS COIMBRA	11:48:01	02:02:41	F18
248	CATARINA CANARIAS	446	COMPASSO	11:48:04	02:02:44	F18
249	HENRIQUE MIGUEL SILVA	447	COMPASSO	11:48:11	02:02:51	M18
250	ANA ISABEL FERREIRA	448	COMPASSO	11:48:15	02:02:55	F18
251	ZÉLIA MARIA DE BAIROS SOARES GARISO	283	RDMTEAM	11:49:55	02:04:35	F50
252	FÁBIO SOARES LOURENÇO	284	O MUNDO DA CORRIDA	11:49:58	02:04:38	M18
253	MÓNICA ISABEL VAZ PINTO DOS SANTOS	563		11:50:01	02:04:41	F18
254	ABILIO JOSE FERREIRA SILVA	298	TIBA RUNNING TEAM	11:50:50	02:05:30	M40
255	SALOMÉ DOS SANTOS BAPTISTA BIZARRO	396		11:51:55	02:06:35	F40
256	JOÃO ANDRADE	416	LETS LOOK AT THE TRAIL	11:51:59	02:06:39	M18
257	INÊS DE SOUSA BERNARDINO	374	LETS LOOK AT THE TRAIL	11:52:02	02:06:42	F18
258	JOSÉ EDUARDO DE FIGUEIREDO LIMA REBOLA	476	LETS LOOK AT THE TRAIL	11:52:05	02:06:45	M18
259	JOÃO VALENTE DUARTE	267	LETS LOOK AT THE TRAIL	11:52:08	02:06:48	M18
260	SÉRGIO DA COSTA MORAIS	398	URB TEODORA RUNNING TEAM	11:54:41	02:09:21	M18

261	NIDIA CUNHA ADRIANO	388	URB TEODORA RUNNING TEAM	11:54:43	02:09:23	F18
262	MARTA CATARINA CORREIA PEREIRA DOS SANTOS	504	JOGGING LOVERS COIMBRA	11:55:26	02:10:06	F18
263	MÁRIO LANÇA	517	COMPASSO	11:56:03	02:10:43	M40
264	CARLA SOFIA SILVA	429	COMPASSO	11:56:08	02:10:48	F40
265	MARTA DA SILVA ANTUNES	548	COMPASSO	12:05:06	02:19:46	F18
266	ANA BEATRIZ BAPTISTA DO ROSÁRIO	323		12:07:37	02:22:17	F18
267	ANA PATRÍCIA TINOCO NUNES	326	100 GPS	12:07:40	02:22:20	F18
268	ADRIANA	334	100 GPS	12:07:42	02:22:22	F18
269	JULIO RODRIGUES	562		12:07:45	02:22:25	M18
270	MARIA JOÃO SILVA ANTUNES	514	COMPASSO	12:08:11	02:22:51	F18
271	SÉRGIO LOPES DOS SANTOS	515	COMPASSO	12:08:13	02:22:53	M18
272	ANABELA ALVES	325	LOBOS DA SERRA / GRUPO FAPRICELA	12:08:17	02:22:57	F40
273	ZINIA FERREIRA ANTUNES	376		12:08:22	02:23:02	F18
274	DANIELA GOUVEIA	349	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	12:09:15	02:23:55	F18
275	MARIANA CARVALHO	580	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	12:09:19	02:23:59	F18
276	LUIS MIGUEL MANAIA CARIDADE	571		12:09:46	02:24:26	M18
277	SANDRA SILVA	363	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	12:09:49	02:24:29	F40
278	NEUZA CASAIS	561		12:09:58	02:24:38	F18
279	MARIA DE FÁTIMA LISBOA BRANCO	417		12:11:06	02:25:46	F18
280	GRAÇA MARIA MARTINS SIMÕES	414		12:11:11	02:25:51	F18
281	ÓSCAR RODRIGO TRINDADE GOMES	303		12:14:32	02:29:12	M18
282	ANA SALOME FERREIRA DA GLORIA AMARAL	406	ASSS COLUMBÓFILA CANTANHEDE AR LIVRE E AVENTURA	12:19:29	02:34:09	F18

			AVENTURA			
283	JORGE MANUEL MACEDO ABRANTES	441	ASSS COLUMBÓFILA CANTANHEDE AR LIVRE E AVENTURA	12:19:51	02:34:31	M60
284	ANDRE FERNANDO FERREIRA	425	JOGGING LOVERS COIMBRA	12:22:16	02:36:56	M18
285	SANDRA ISABEL GASPAR	426	JOGGING LOVERS COIMBRA	12:22:18	02:36:58	F18
286	MURILO EVANGELISTA RODRIGUES NASCIMENTO	587	RED CROSS COIMBRA TEAM	12:22:22	02:37:02	M18
287	JOANA TEIXEIRA SIMÕES	588	RED CROSS COIMBRA TEAM	12:22:25	02:37:05	F18
287 REGISTOS						