



CLASSIFICAÇÕES (RESULTADOS PROVISÓRIOS)

				TRAIL LONGO	TRAIL CURTO		
GERAL	GERAL M		GERAL F				
M18	M40	M50	M60				
F18	F40	F50	F60				
EQUIPAS							
	NOME		DORSAL	EQUIPA	CHEGADA	TEMPO	ESCALÃO
1	LUÍS DUARTE CASACA SEMEDO		034	ACPORTALEGRE/UTSM	11:19:04	01:49:04	M18
2	MÁRIO JOSÉ RODRIGUES TEIXEIRA		233	A.R.CASAENSE/ESCOLA DE ATLETISMO DE COIMBRA	11:30:04	02:00:04	M40

3	JOSÉ MANUEL SANTOS OLIVEIRA JESUS	109	FORMOBIKE BTT & TRAIL RUNNING	11:30:09	02:00:09	M40
4	ORLANDO M. A. PIRES	976	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:32:08	02:02:08	M40
5	LUIS MIGUEL DO VALE JARDIM PIRES	007	A.R.CASAENSE/ESCOLA DE ATLETISMO DE COIMBRA	11:33:06	02:03:06	M18
6	ARMINDO JOSE HENRIQUES ANTUNES	100	COIMBRA TRAIL RUNNING	11:34:36	02:04:36	M18
7	PAULO MANUEL RAMOS SANTOS	242	MOUNTAIN TRAILS	11:36:16	02:06:16	M40
8	MÁRCIO FILIPE SIMÕES PEREIRA	244	A.R.CASAENSE/ESCOLA DE ATLETISMO DE COIMBRA	11:36:19	02:06:19	M18
9	RUI MANUEL DA COSTA BAPTISTA	027	PES TROIKADOS - CSCS	11:36:36	02:06:36	M40
10	NUNO FILIPE GOMES ANDRADE DOMINGOS	002	FORMOBIKE BTT & TRAIL RUNNING	11:37:36	02:07:36	M40
11	JOÃO EDUARDO DA SILVA PEREIRA	191	DCI / CCDRP MEALHADA	11:41:08	02:11:08	M40
12	NUNO OLIVEIRA	247	MORE THAN ALFA	11:41:48	02:11:48	M18
13	TIAGO FILIPE GASPAR	073	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:42:04	02:12:04	M18
14	CARLOS PIMENTA	039	DCI / CCDRP MEALHADA	11:42:48	02:12:48	M40
15	PEDRO JORGE REDINHA ANSELMO	230	BTTRAIN	11:42:58	02:12:58	M40
16	LUIS CARLOS SANTOS RODRIGUES	044	CPT SOBRAL DE CEIRA	11:43:47	02:13:47	M18
17	NUNO COELHO	098	COIMBRA TRAIL RUNNING	11:45:33	02:15:33	M18
18	ANTÓNIO MOREIRA	008	KALENJI RUNNING TEAM DECATHLON	11:46:00	02:16:00	M18
19	PEDRO MIGUEL F.H. SIMÕES	019	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:46:30	02:16:30	M40
20	AURELIO PIMENTEL LAPO	253		11:46:51	02:16:51	M18
21	ANDRÉ FERREIRA CALADO DA FONTE	003	A.R.CASAENSE/ESCOLA DE ATLETISMO DE COIMBRA	11:46:53	02:16:53	M18
22	FILIPE ISMAEL MAIA ROCHA	056	PÉS TROIKADOS - CSCS	11:46:59	02:16:59	M18
23	PAULO JORGE TEIXEIRA RODRIGUES	127	URB TEODORA RUNNING TEAM	11:47:10	02:17:10	M18

24	SERGIO MIGUEL SIMOES GONÇALO	182	BTTRAIN	11:47:24	02:17:24	M18
25	PEDRO DANIEL DE OLIVEIRA VERISSIMO	024	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:48:25	02:18:20	M18
26	JORGE DA COSTA PEDRO	015	MOUNTAIN TRAILS	11:49:14	02:19:14	M40
27	JOÃO MANUEL CRUZ SILVA	248	PAPA KM	11:49:29	02:19:29	M18
28	CARLOS JESUS	147	O MUNDO DA CORRIDA	11:51:41	02:21:41	M40
29	JOSÉ MIGUEL MACHADO MARQUES DOS SANTOS	146	ASSS COLUMBÓFILA CANTANHEDE AR LIVRE E AVENTURA	11:52:56	02:22:56	M40
30	PAULO JOSÉ DE OLIVEIRA GOMES	145	COIMBRA TRAIL RUNNING	11:52:59	02:22:59	M50
31	TIAGO FILIPE PEREIRA MENDES GREGÓRIO	043	ASSS COLUMBÓFILA CANTANHEDE AR LIVRE E AVENTURA	11:53:05	02:23:05	M18
32	AURÉLIO LUÍS BESSA	112	JOGGING LOVERS COIMBRA	11:54:52	02:24:52	M18
33	HELDER BATISTA FERREIRA PIEDADE	014		11:55:00	02:25:00	M40
34	RICARDO MOREIRA	035	LOBOS DA SERRA / GRUPO FAPRICELA	11:55:04	02:25:04	M18
35	CRISTINA COUCEIRO	167	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:55:12	02:25:12	F18
36	GONÇALO RODRIGUES	148	O MUNDO DA CORRIDA	11:55:16	02:25:16	M18
37	JOSÉ GUILHERME FÉTEIRA	071	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:55:23	02:25:23	M40
38	CARLOS NUNO CARVALHO MARTINS	085		11:56:44	02:26:44	M18
39	ARNALDO OLIVEIRA FERREIRA	016	BTTRAIN	11:56:46	02:26:46	M18
40	DANIEL FILIPE DE JESUS BATATA	105	COLNATUR®- ESPECIALISTAS EM COLOGÉNIO	11:57:32	02:27:32	M18
41	RUI MIGUEL MONTEIRO SOLES GONÇALVES	001	FORMOBIKE BTT & TRAIL RUNNING	11:57:55	02:27:55	M40
42	MIGUEL RIBEIRO	222	ASSS COLUMBÓFILA CANTANHEDE AR LIVRE E AVENTURA	11:59:00	02:29:00	M18
43	MARCOS ANDRÉ RODRIGUES PINTO	025	FORMOBIKE BTT & TRAIL RUNNING	11:59:11	02:29:11	M18
44	NUNO NEVES	209	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	11:59:18	02:29:18	M18

PROBLE

45	VITOR ANTÓNIO GOMES FAIM	226	COLNATUR®- ESPECIALISTAS EM COLOGÉNIO	12:00:36	02:30:36	M50
46	RICARDO FILIPE CABETE DA SILVA	190	GAZELAS RUNNING FIGUEIRA	12:00:43	02:30:43	M18
47	EDUARDO DA SILVA MOREIRA	066	ASSS COLUMBÓFILA CANTANHEDE AR LIVRE E AVENTURA	12:01:39	02:31:39	M18
48	PEDRO MIGUEL CASTANHEIRA LONGUINHO	220	RED CROSS COIMBRA TEAM	12:01:50	02:31:50	M18
49	SÉRGIO LIMA	042	DOMPLEX	12:02:05	02:32:05	M40
50	HELDER DOMINGUES	040	OZXTREME	12:02:19	02:32:19	M18
51	TIAGO DE CASTRO NUNES SANTOS SILVA	197	COIMBRA TRAIL RUNNING	12:02:31	02:32:31	M40
52	LUIS ANTONIO RODRIGUES MIRANDA	223	AERGÓIS TRAIL RUNNING	12:02:35	02:32:35	M18
53	CÉSAR DIOGO MATEUS RAMALHO	171	ARCD VENDA DA LUÍSA	12:02:46	02:32:46	M18
54	PEDRO MIGUEL MARTINS	082	JOGGING LOVERS COIMBRA	12:02:49	02:32:49	M18
55	FERNANDO ANTÓNIO TARRAFA SANTOS	251	URB TEODORA RUNNING TEAM	12:02:55	02:32:55	M40
56	LUIS VAZ SANTOS	205		12:03:46	02:33:46	M40
57	BRUNO ALEXANDRE GIRÃO ALMEIDA	131		12:04:30	02:34:30	M18
58	JOAQUIM PAULO RODRIGUES BALTAZAR	235	CASA DO BENFICA CONDEIXA	12:05:18	02:35:18	M18
59	PEDRO MORGADO	059	#PROJECT046	12:05:27	02:35:27	M18
60	PEDRO FILIPE DIAS MOREIRA	022		12:05:49	02:35:49	M18
61	VERA BERNARDO	183	URB TEODORA RUNNING TEAM	12:05:53	02:35:53	F18
62	GABRIEL DIAS ESPÍRITO SANTO	046	100 GPS	12:05:56	02:35:56	M18
63	TIAGO MAIA	239		12:06:23	02:36:23	M18
64	OSCAR JOSE OLIVEIRA LOUREIRO SILVA	121	COIMBRA TRAIL RUNNING	12:06:41	02:36:41	M50
65	ANTONIO JOSE MENDES FERREIRA	086	URB TEODORA RUNNING TEAM	12:08:25	02:38:25	M40
66	ARMANDO MANUEL DAS NEVES VIDEIRA	013	LOUZAN TEAM / DENTAL GARDEN	12:08:27	02:38:27	M40
67	ANTONIO MANUEL SOARES	081	URB TEODORA RUNNING TEAM	12:08:43	02:38:43	M40
68	PEDRO EMANUEL SANTOS SILVA	154	MIRA Q CORREDORES	12:09:01	02:39:01	M18

69	JOÃO PEDRO REIS	113	JOGGING LOVERS COIMBRA	12:09:04	02:39:04	M18
70	CARLOS ALBERTO DE JESUS MANUEL	093		12:09:08	02:39:08	M40
71	ARTUR GANDARA	048	CNI	12:09:12	02:39:12	M18
72	PEDRO MANUEL ANTUNES SANTOS	037	LOUZAN TEAM / DENTAL GARDEN	12:09:22	02:39:22	M40
73	LUIS PEDRO DOS SANTOS CARIDADE	063	VILA SECA RUN TEAM	12:09:32	02:39:32	M40
74	JOÃO CARLOS ASSUNÇÃO DOS SANTOS	168	MIRA Q CORREDORES	12:10:20	02:40:20	M40
75	PEDRO NUNO CARDOSO CARVALHO	120		12:10:57	02:40:57	M18
76	JOSÉ REIS CARVALHO	036	LOUZAN TEAM / DENTAL GARDEN	12:11:15	02:41:15	M50
77	RUI DIAS	061	VIKINGS TRAIL RUNNERS	12:11:28	02:41:28	M18
78	ANTÓNIO MIGUEL PIMENTA DE OLIVEIRA	158	100 GPS	12:11:55	02:41:55	M40
79	MARK SARKARA	978	COIMBRA TRAIL RUNNING	12:12:01	02:42:01	M18
80	JORGE ADELINO FONSECA ALVES	245	A.R.CASAENSE/ESCOLA DE ATLETISMO DE COIMBRA	12:12:03	02:42:03	M40
81	PAULO MANUEL MELANDA AÇAFRÃO	011	MOUNTAIN TRAILS	12:12:19	02:42:19	M40
82	CARLA PATRÍCIA CARVALHO CABRAL	006	CAOH/GINÁSIO EXTREME FIT	12:12:26	02:42:26	F40
83	PAULO JORGE PINHO FERREIRA	128	CTRVC	12:13:07	02:43:07	M50
84	HORÁCIO FERREIRA	102	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	12:13:41	02:43:41	M40
85	JOÃO NUNO SILVA FERREIRA	111	AAC - REMO	12:14:03	02:44:03	M18
86	JOSÉ MANUEL BOTELHO DA COSTA DE AGUIAR DA CÂMARA	157	COIMBRA TRAIL RUNNING	12:14:13	02:44:13	M50
87	JOAO LUIS MORGADO DOS SANTOS	140	URB TEODORA RUNNING TEAM	12:14:24	02:44:24	M40
88	MARCO PAULO SIMÕES OLIVEIRA	173	ARCD VENDA DA LUÍSA	12:15:04	02:45:04	M18
89	SARA DANIELA MOREIRA DA SILVA	194	JOGGING LOVERS COIMBRA	12:15:06	02:45:06	F18
90	ANTONIO JOSÉ ROSEIRO VILÃO	227	PÉS TROIKADOS - CSCS	12:15:21	02:45:21	M18
91	TONY VIEIRA	174	BIO TEAM RUN	12:15:31	02:45:31	M18

92	EDGAR AVELINO FIGUEIRA PIRES	155	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	12:16:12	02:46:12	M18
93	MIGUEL CLAUDIO ANTUNES ALFAIATE	108	AAC - REMO	12:16:16	02:46:16	M18
94	LUÍS MANUEL SILVA	065	O MUNDO DA CORRIDA	12:16:38	02:46:38	M18
95	ISAIAS MATIAS DOS REIS	199	100 GPS	12:16:40	02:46:40	M40
96	RUI MANUEL MATIAS DOS REIS	200	100 GPS	12:16:44	02:46:44	M18
97	NUNO BERNARDO	004	FORMOBIKE BTT & TRAIL RUNNING	12:16:46	02:46:46	M18
98	JOEL LOPES	038	CLUBE DOS ATLETAS TORTOS	12:16:49	02:46:49	M18
99	JOÃO AGOSTINHO OLIVEIRA SANTOS	193		12:17:17	02:47:17	M40
100	JOÃO PAULO PIRES BATISTA	051	FORMOBIKE BTT & TRAIL RUNNING	12:17:27	02:47:27	M18
101	JORGE PESSOA	136		12:17:32	02:47:32	M50
102	JOAO PEDRO MARTINHO HELENO	107	ASSS COLUMBÓFILA CANTANHEDE AR LIVRE E AVENTURA	12:17:34	02:47:34	M18
103	PAULO ANTÓNIO GIRÃO PERALTA	141	JOGGING LOVERS COIMBRA	12:18:11	02:48:11	M40
104	VITOR MANUEL RODRIGUES JOAQUIM	215	BIO TEAM RUN	12:18:14	02:48:14	M40
105	TIAGO COELHO	096	FORMOBIKE BTT & TRAIL RUNNING	12:19:26	02:49:26	M18
106	JOÃO CARLOS RODRIGUES MIRANDA	250	AERGÓIS TRAIL RUNNING	12:20:16	02:50:16	M18
107	PATRÍCIA FERNANDES	005	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	12:20:42	02:50:42	F18
108	PEDRO MIGUEL MARTINHO VARELA	097	ASSOCIAÇÃO ACADÉMICA DE COIMBRA	12:20:45	02:50:45	M40
109	PAULO JOSÉ OLIVEIRA MARQUES	060	PÉS TROIKADOS - CSCS	12:21:43	02:51:43	M18
110	LUÍS MIGUEL BALULA GIRÃO	012	FORMOBIKE BTT & TRAIL RUNNING	12:22:51	02:52:51	M40
111	FERNANDO JORGE OLIVEIRA SANTOS	180	PAPA KM	12:22:55	02:52:55	M40
112	ANTÓNIO JOSÉ DAMAS MARTINS	187		12:23:17	02:53:17	M40
113	HÉLDER SÊCO	211	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	12:23:36	02:53:36	M18

114	MARCO ANTONIO OLIVEIRA SANTOS	977	ARCD VENDA DA LUISA	12:24:12	02:54:12	M18
115	LUIS FILIPE SANTOS CARVALHO	189	URB TEODORA RUNNING TEAM	12:24:33	02:54:33	M18
116	ANDRÉ FILIPE RODRIGUES GONÇALVES	133	NINJA	12:24:48	02:54:48	M18
117	MICHAEL MONTEIRO	179	GAZELAS RUNNING FIGUEIRA	12:24:59	02:54:59	M18
118	LILIANA CAÇOETE	125	QUIAIOS RUN TEAM	12:25:02	02:55:02	F18
119	PAULO BATISTA	126	GAZELAS RUNNING FIGUEIRA	12:25:05	02:55:05	M40
120	LUIS CORREIA	078	URB TEODORA RUNNING TEAM	12:25:12	02:55:12	M18
121	ANTÓNIO FILIPE SOUSA SILVA CORREIA	153	COMPASSO	12:25:21	02:55:21	M18
122	JOÃO OCTÁVIO CRUZ	062	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	12:26:09	02:56:09	M18
123	NUNO REIS	054	BTTRAIN	12:26:12	02:56:12	M18
124	MARCELO CARDEIAS COUTINHO	033	THIS SIDE UP - RUN TEAM	12:26:34	02:56:34	M40
125	JOSÉ FIGUEIREDO	149	O MUNDO DA CORRIDA	12:28:23	02:58:23	M40
126	GONÇALO NARCISO	258	PÉS TROIKADOS - CSCS	12:28:37	02:58:37	M18
127	DINA MARIA DA COSTA DE PINHO ROCHA	080	COIMBRA TRAIL RUNNING	12:28:56	02:58:56	F40
128	GIL ANTÓNIO FIGUEIREDO DA COSTA SANTOS	169	ARCD VENDA DA LUÍSA	12:28:58	02:58:58	M40
129	JOSE FILIPE DA COSTA	101	PÉS TROIKADOS - CSCS	12:29:57	02:59:57	M50
130	IÚRI AXEL GLÓRIA TOMÁS	118	JOGGING LOVERS COIMBRA	12:30:15	03:00:15	M18
131	RICARDO MADUREIRA	208	JOGGING LOVERS COIMBRA	12:30:33	03:00:33	M50
132	MARIA DE LURDES RAMOS GIL	241	MOUNTAIN TRAILS	12:30:42	03:00:42	F40
133	CRISTÓVÃO FERREIRA CHAVES	090	RUNNERS DO DEMO	12:30:48	03:00:48	M18
134	BRAÚLIO LORETO FLORENTINO	225	WATCH OUT RUNNERS	12:32:03	03:02:03	M18
135	PAULO JORGE FONSECA CARVALHO	177	COIMBRA TRAIL RUNNING	12:32:07	03:02:07	M40
136	FERNAND JOSE REIS MACHADO	162	ALMA TRAIL	12:32:10	03:02:10	M18
137	JOAO RAINHO	234	BIO TEAM RUN	12:32:19	03:02:19	M50
138	RUI FIGUEIREDO	089	RUNNERS DO DEMO	12:32:28	03:02:28	M18

139	FRANCISCO GIL GONÇALVES MATIAS	099	100 GPS	12:33:42	03:03:42	M18
140	GONCALO JOSE BRITES DE CARVALHO	257	AZ VAIMAMAR	12:33:50	03:03:50	M18
141	RENATO CESAR RIBEIRO	207	PAPA KM	12:34:08	03:04:08	M18
142	LUIS ANTÓNIO INÁCIO	074	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	12:34:32	03:04:32	M18
143	FREDERICO FONSECA	075	FIT&FUN	12:35:04	03:05:04	M18
144	LUIS ANTÓNIO PINTO PEREIRA	151	ESCARAVELHOS TEAM	12:35:07	03:05:07	M50
145	ANA FETEIRA	020	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	12:35:21	03:05:21	F18
146	FILIPE ESTEVES ROUXINOL	231		12:35:26	03:05:26	M40
147	RENATO FERREIRA	212	COIMBRA TRAIL RUNNING	12:35:29	03:05:29	M40
148	PAULO FERNANDO FERREIRA BAPTISTA	224		12:36:13	03:06:13	M18
149	CARLA SOFIA REIS	069	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	12:37:09	03:07:09	F40
150	GIL ANDRADE	260		12:38:10	03:08:10	M18
151	GUILHERME RODOLFO LEITE PEREIRA GONÇALVES	023	QUINTA DA MAIA RUNNERS	12:39:13	03:09:13	M18
152	ANDRÉ BARBOSA LEÃO	124	IDEALMED	12:39:21	03:09:21	M40
153	ALEXANDRE APOSTOLO	067	CLUBE DOS ATLETAS TORTOS	12:39:36	03:09:36	M18
154	RUI FILIPE GONÇALVES RAMOS	026	PÉS TROIKADOS - CSCS	12:39:43	03:09:43	M18
155	JOSE FRANCISCO EUFRASIO	009	CLUVE	12:41:24	03:11:24	M60
156	HUGO DÂMASO	259	JOGGING LOVERS COIMBRA	12:41:57	03:11:57	M18
157	DUARTE NUNO COSTA DOS ANJOS FERREIRA	192		12:43:07	03:13:07	M18
158	JOÃO PAULO NOBRE SANTOS MARQUES	076		12:43:39	03:13:39	M40
159	RICARDO ALEXANDRE DE JESUS TEIXEIRA	058		12:43:42	03:13:42	M18
160	JOEL TIAGO GARRIDO DE OLIVEIRA	106	PIRATAS RUNNERS	12:43:47	03:13:47	M18
161	DANIEL FILIPE MARTINS ESPINHAL	254	KO TRAIL RUNNING	12:43:54	03:13:54	M18

162	BRUNO ANTÓNIO SIMÕES FERNANDES BOTELHO	142		12:44:02	03:14:02	M18
163	ANTÓNIO PATRÍCIO	064	CON_DORES DO CHOUPAL	12:44:14	03:14:14	M50
164	NÉLIO GIRÃO	238		12:44:27	03:14:27	M18
165	DANIEL TABORDA	028	PÉS TROIKADOS - CSCS	12:44:33	03:14:33	M18
166	JOSÉ CARLOS FERNANDES	165	ABUTRES RUNNING TEAM	12:45:11	03:15:11	M50
167	CARLOS AUGUSTO MARTINS DA SILVA	246		12:45:36	03:15:36	M40
168	FERNANDO FERRAO	201	CNI	12:45:57	03:15:57	M18
169	HUGO CARVALHO	181	FORMOBIKE BTT & TRAIL RUNNING	12:46:18	03:16:18	M18
170	CARLOS MORGADO SANTOS	077	URB TEODORA RUNNING TEAM	12:46:21	03:16:21	M40
171	ANTÓNIO JOSÉ DA FONSECA LOURENÇO	176		12:46:25	03:16:25	M18
172	TONI AMADO	138	ALMA TRAIL	12:46:30	03:16:30	M18
173	RUI ANTÓNIO DOS SANTOS COSTA	129	COMPASSO	12:46:34	03:16:34	M40
174	BRUNO MIGUEL OLIVEIRA MARQUES	094	PÉS TROIKADOS - CSCS	12:46:48	03:16:48	M18
175	RUI MANUEL HENRIQUES MATEUS	172	ARCD VENDA DA LUÍSA	12:47:29	03:17:29	M40
176	NELSON MICHAEL DIAS SIMÕES	170	ARCD VENDA DA LUÍSA	12:47:32	03:17:32	M18
177	RUI PEDRO SIMÕES BORGES	195	JOGGING LOVERS COIMBRA	12:48:01	03:18:01	M18
178	JOÃO CARLOS BENTO	091		12:48:31	03:18:31	M18
179	MARTA SOFIA DOS SANTOS RODRIGUES	083	VILA SECA RUN TEAM	12:49:04	03:19:04	F18
180	EDGAR FILIPE DA SILVA FARIA	216	OZXTREME/GDCR	12:49:10	03:19:10	M18
181	MÁRIO RUI HENRIQUES PEDROSO	143	CON_DORES DO CHOUPAL	12:50:19	03:20:19	M18
182	LUIS CARLOS PRIMO	256	AZ VAIMAMAR	12:50:23	03:20:23	M18
183	PEDRO FILIPE NABAIS NEVES RENCA	249		12:56:32	03:26:32	M18
184	ARNALDO JOSÉ CARVALHO TOMÁS	057	CON_DORES DO CHOUPAL	12:57:14	03:27:14	M40
185	JOSÉ PAULO CORREIA NOBRE CARVALHO	032		12:57:21	03:27:21	M50
186	ANTONIO MANUEL DE JESUS BATATA	104	COLNATUR®- ESPECIALISTAS EM COLOGÉNIO	12:57:24	03:27:24	M40
187	INÊS ALFONSO TEIXEIRA DE ALMEIDA	156	IFTS I DONK AT THE TRAIL	12:57:37	03:27:37	F18

187	INES ALEXANDRA TEIXEIRA DE ALENCAR	188	LETO LOOK AT THE TRAIL	12:57:57	03:27:57	F18
188	ADRIANO GONÇALVES GALANTE	135	PÉS TROIKADOS - CSCS	12:58:16	03:28:16	M18
189	ANDRÉ RAFAEL PEREIRA BESSA AZAMBUJO	144	GATÕES BTT	12:58:44	03:28:44	M18
190	JOSE MANUEL FERREIRA ABRANTES	236	JOGGING LOVERS COIMBRA	12:59:26	03:29:26	M40
191	PEDRO MIGUEL SOUSA FERREIRA	110	CABANA IN EGA TRAIL RUNNING	13:00:01	03:30:01	M18
192	SÉRGIO MIGUEL MOITA SANTOS	229		13:00:05	03:30:05	M18
193	JOÃO CAVADAS	214	DCI / CCDRP MEALHADA	13:00:15	03:30:15	M50
194	PEDRO JOSÉ MARTINS BANDEIRA	052	AERGÓIS TRAIL RUNNING	13:00:28	03:30:28	M18
195	CARLOS ALBERTO CASTANHEIRA	072	AERGÓIS TRAIL RUNNING	13:00:31	03:30:31	M40
196	MARIA DO CARMO ALVES	041	VILA SECA RUN TEAM	13:00:36	03:30:36	F40
197	PAULO SILVA	045		13:00:39	03:30:39	M40
198	JOÃO COELHO	055	PÉS TROIKADOS - CSCS	13:01:43	03:31:43	M18
199	BRUNO DUARTE PEREIRA RODRIGUES SOARES	010	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	13:02:26	03:32:26	M18
200	RODRIGO ESPÍRITO SANTO	049	100 GPS	13:02:38	03:32:38	M18
201	JORGE MIGUEL MENDES LESTRO	137	CLUBE DOS ATLETAS TORTOS	13:03:27	03:33:27	M18
202	FILIPPE MIGUEL F. AMADO	228	XXXV	13:03:30	03:33:30	M18
203	CARLA FERNANDA SOARES	068	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	13:04:35	03:34:35	F18
204	PAULO ANTUNES	030	FORMOBIKE BTT & TRAIL RUNNING	13:04:38	03:34:38	M40
205	ARSÉNIO ALVES GAMA RODRIGUES	047	FIT&FUN	13:04:55	03:34:55	M40
206	GABRIEL VIANA	018		13:05:34	03:35:34	M18
207	PAULO NEVES SIMOES	186		13:05:41	03:35:41	M18
208	LUIS MARQUES	122	GAZELAS RUNNING FIGUEIRA	13:07:29	03:37:29	M50
209	DANIEL GASPAR	123	GAZELAS RUNNING FIGUEIRA	13:07:31	03:37:31	M18
210	PEDRO FILIPE FERREIRA GONÇALVES	152	CABANA IN EGA TRAIL RUNNING	13:07:34	03:37:34	M18
211	FRANCISCO MENDES	159	BIO TEAM RUN	13:08:31	03:38:31	M40

212	CLÁUDIA ISIDORO	252	COIMBRA TRAIL RUNNING	13:08:36	03:38:36	F40
213	ISABEL PATRÍCIA MOITALTA RESTE	017	FORMOBIKE BTT & TRAIL RUNNING	13:10:54	03:40:54	F18
214	CARLA SANTOS	029	FORMOBIKE BTT & TRAIL RUNNING	13:10:57	03:40:57	F40
215	FERNANDO LUIS	204	O MUNDO DA CORRIDA	13:12:54	03:42:54	M60
216	ISABEL TRINDADE	202	O MUNDO DA CORRIDA	13:12:57	03:42:57	F50
217	FILIPE ANDRÉ GOMES DOS REIS PIMENTEL	221	PÉS TROIKADOS - CSCS	13:13:01	03:43:01	M18
218	ROSA LUISA RAMOS BEJA	185		13:15:29	03:45:29	F40
219	SANDRA CRISTINA MARQUES MATIAS	160	FIGUEIRA KAYAK CLUBE	13:15:34	03:45:34	F18
220	FILIPE ROSA	079	URB TEODORA RUNNING TEAM	13:22:54	03:52:54	M40
221	CRISTIANA REGINA MACHADO PINTO	132		13:24:24	03:54:24	F18
222	ANA BOYÉ DE SOUSA	218	RED CROSS COIMBRA TEAM	13:25:10	03:55:10	F18
223	RICARDO MANUEL MORAIS DA ROCHA	095	CON_DORES DO CHOUPAL	13:26:16	03:56:16	M40
224	CATARINA ISABEL GOMES	070	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	13:27:51	03:57:51	F18
225	DULCE MARIA REIS CARVALHO	050	ASSS COLUMBÓFILA CANTANHEDE AR LIVRE E AVENTURA	13:27:53	03:57:53	F40
226	RUI SÉRGIO CORREIA MENESES	163	JOGGING LOVERS COIMBRA	13:28:42	03:58:42	M18
227	ELZA MENDES CORDEIRO	084		13:30:39	04:00:39	F40
228	ISABEL MARIA PRIMO DOS SANTOS	178	COIMBRA TRAIL RUNNING	13:30:42	04:00:42	F40
229	LÚCIA MARTINS	203	O MUNDO DA CORRIDA	13:33:55	04:03:55	F18
230	ROSA GUARDÃO	053		13:33:59	04:03:59	F40
231	ANA MARGARIDA PASCOAL DOURADO	198	COIMBRA TRAIL RUNNING	13:36:13	04:06:13	F18
232	MARGARIDA CARVALHO	213	COIMBRA TRAIL RUNNING	13:36:18	04:06:18	F40
233	JOÃO VILHENA PEDRO	117	JOGGING LOVERS COIMBRA	13:40:55	04:10:55	M18
234	DINA MARISA MAMEDE SIMÃO	184		13:47:21	04:17:21	F18
235	SANDRA SANTOS MARQUES	021	COMPASSO	13:51:20	04:21:20	F18

236	RICARDO JOSÉ PEREIRA JUSTINO	139	COMPASSO	13:51:23	04:21:23	M18
237	PEDRO JORGE DO ROSARIO SANTOS	219	RED CROSS COIMBRA TEAM	13:51:43	04:21:43	M18

237 REGISTOS