

TRAIL LONGO 28KM - STAGE 1

28 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	08:30	23,8°C	46,4%
End	15:21	32,2°C	25.9%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	26	Nuno Fernandes	sociedade recreio cepanense	Senior Masculino	02:55:39		06:16
2	24	Paulo Manuel Monteiro da Costa	a.d.amarante trail running	Senior Masculino	03:03:55	+08:16	06:34
3	25	Victor Manuel Monteiro da Costa	a.d.amarante trail running	Senior Masculino	03:04:16	+08:37	06:35
4	30	Luís Miguel Pereira	individual	Senior Masculino	03:12:48	+17:09	06:53
5	41	José Soares	individual	Veterano M40	03:29:42	+34:03	07:29
6	40	José Joaquim de Almeida Ferreira	individual	Veterano M50	03:33:48	+38:09	07:38
7	48	Paulo Azevedo	individual	Veterano M40	03:35:37	+39:58	07:42
8	23	Urbano Filipe de Abreu Vitorino Ribeiro	a.d.amarante trail running	Senior Masculino	03:35:37	+39:58	07:42
9	46	António da Costa	individual	Veterano M50	03:36:17	+40:38	07:43
10	17	Nuno Filipe Oliveira Vasconcelos	celorico btt team	Veterano M40	03:36:43	+41:04	07:44
11	45	Mark Macedo	individual	Senior Masculino	03:37:30	+41:51	07:46
12	33	Albino Sousa Abreu	sociedade recreio cepanense	Veterano M50	03:37:39	+42:00	07:46
13	42	António Júlio Carvalho Martins	individual	Senior Masculino	03:39:23	+43:44	07:50
14	44	Júlia Conceição	individual	Veterana F40	03:41:47	+46:08	07:55
15	49	Vitor Andrade	individual	Senior Masculino	03:43:00	+47:21	07:58
16	18	Luis António Monteiro Simões Gomes	celorico btt team	Veterano M40	03:43:34	+47:55	07:59
17	21	Clemente Teixeira	shots international runners	Veterano M40	03:48:48	+53:09	08:10
18	32	Jorge Anjos	individual	Veterano M40	03:49:22	+53:43	08:11
19	47	Gil Barros Rodrigues Silva Oliveira	mimoarte.com	Veterano M40	03:50:33	+54:54	08:14
20	16	ANTÓNIO GONÇALVES	uf08 runners	Senior Masculino	04:04:20	+01:08:41	08:44
21	13	Filipe Alexandre Soares de Oliveira	individual	Senior Masculino	04:07:08	+01:11:29	08:50
22	22	António Daniel Pinto Mendes	a.d.amarante trail running	Senior Masculino	04:11:24	+01:15:45	08:59
23	10	Paulo Alves	gondomar futsal clube	Veterano M40	04:12:28	+01:16:49	09:01
24	12	José Oliveira	sociedade recreio cepanense	Veterano M40	04:17:43	+01:22:04	09:12
25	37	JOSE DUARTE	ginasio pura forma	Veterano M50	04:23:48	+01:28:09	09:25
26	15	António Filipe Sousa Teixeira	individual	Senior Masculino	04:23:50	+01:28:11	09:25
27	28	Joaquim Alves	individual	Veterano M40	04:32:30	+01:36:51	09:44
28	27	Susana Gabriela Costa Pinto da Neta	clube zipper	Senior Feminino	04:36:33	+01:40:54	09:53
29	29	Victor Manuel Leite Fernandes	individual	Senior Masculino	04:36:33	+01:40:54	09:53
30	19	antónio carlos teixeira	individual	Veterano M50	04:50:59	+01:55:20	10:24
31	43	PAULO JORGE PIRES TEIXEIRA AFONSO	individual	Veterano M40	05:06:41	+02:11:02	10:57
32	34	Luis Filipe Salgado Oliveira ATRP 1504	individual	Senior Masculino	05:11:03	+02:15:24	11:07
33	31	Humberto Fontes	individual	Veterano M40	05:11:03	+02:15:24	11:07
34	38	Carla Moreira	individual	Veterana F40	05:35:39	+02:40:00	11:59
35	14	Filipe Daniel Neves Pereira	individual	Senior Masculino	05:37:46	+02:42:07	12:04
36	35	Pedro Gabriel Costa Pinto	individual	Veterano M40	05:52:07	+02:56:28	12:35
37	36	Nuno Filipe de Resende e maiato	individual	Veterano M40	06:16:21	+03:20:42	13:26

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28 KM

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	Time	Temperature	Humidity
Start	08:30	23,8°C	46,4%
End	15:21	32,2°C	25.9%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	27	Susana Gabriela Costa Pinto da Neta	Clube Zupper	Senior Feminino	04:36:33	09:53
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Senior Masculino

1	26	Nuno Fernandes	SOCIEDADE RECREIO CEPANENSE	Senior Masculino	02:55:39		06:16:39
2	24	Paulo Manuel Monteiro da Costa	A.D.Amarante trail running	Senior Masculino	03:03:55	+08:16	06:34:55
3	25	Victor Manuel Monteiro da Costa	A.D.Amarante trail running	Senior Masculino	03:04:16	+08:37	06:35:16
4	30	Luís Miguel Pereira	Individual	Senior Masculino	03:12:48	+17:09	06:53:48
5	23	Urbano Filipe de Abreu Vitorino Ribeiro	A.D.Amarante trail running	Senior Masculino	03:35:37	+39:58	07:42:37
6	45	Mark Macedo	Individual	Senior Masculino	03:37:30	+41:51	07:46:30
7	42	António Júlio Carvalho Martins	Individual	Senior Masculino	03:39:23	+43:44	07:50:23
8	49	Vitor Andrade	Individual	Senior Masculino	03:43:00	+47:21	07:58:00
9	16	ANTÓNIO GONÇALVES	UF08 RUNNERS	Senior Masculino	04:04:20	+01:08:41	08:44:20
10	13	Filipe Alexandre Soares de Oliveira	Individual	Senior Masculino	04:07:08	+01:11:29	08:50:08
11	22	António Daniel Pinto Mendes	A.D.Amarante trail running	Senior Masculino	04:11:24	+01:15:45	08:59:24
12	15	António Filipe Sousa Teixeira	Individual	Senior Masculino	04:23:50	+01:28:11	09:25:50
13	29	Victor Manuel Leite Fernandes	Individual	Senior Masculino	04:36:33	+01:40:54	09:53:33
14	34	Luis Filipe Salgado Oliveira ATRP 1504	Individual	Senior Masculino	05:11:03	+02:15:24	11:07:03
15	14	Filipe Daniel Neves Pereira	Individual	Senior Masculino	05:37:46	+02:42:07	12:04:46

Veterana F40

1	44	Júlia Conceição	Individual	Veterana F40	03:41:47	07:55:52
2	38	Carla Moreira	Individual	Veterana F40	05:35:39	+01:53:52 11:59:31

Veterano M40

1	41	José Soares	Individual	Veterano M40	03:29:42	07:29:42
2	48	Paulo Azevedo	Individual	Veterano M40	03:35:37	+05:55 07:42:42
3	17	Nuno Filipe Oliveira Vasconcelos	Celorico BTT Team	Veterano M40	03:36:43	+07:01 07:44:43
4	18	Luis António Monteiro Simões Gomes	Celorico BTT Team	Veterano M40	03:43:34	+13:52 07:59:43
5	21	Clemente Teixeira	Shots International Runners	Veterano M40	03:48:48	+19:06 08:10:48
6	32	Jorge Anjos	Individual	Veterano M40	03:49:22	+19:40 08:11:42
7	47	Gil Barros Rodrigues Silva Oliveira	mimoarte.com	Veterano M40	03:50:33	+20:51 08:14:43
8	10	Paulo Alves	GONDOMAR FUTSAL CLUBE	Veterano M40	04:12:28	+42:46 09:01:43
9	12	José Oliveira	SOCIEDADE RECREIO CEPANENSE	Veterano M40	04:17:43	+48:01 09:12:43
10	28	Joaquim Alves	Individual	Veterano M40	04:32:30	+01:02:48 09:44:43

Official Timekeeper: Lap2Go	1 / 2	generate 17-mai-2015 15:34
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28 KM

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[illegible]

11	43	PAULO JORGE PIRES TEIXEIRA AFONSO	Individual	Veterano M40	05:06:41	+01:36:59	10:57
12	31	Humberto Fontes	Individual	Veterano M40	05:11:03	+01:41:21	11:07
13	35	Pedro Gabriel Costa Pinto	Individual	Veterano M40	05:52:07	+02:22:25	12:35
14	36	Nuno Filipe de Resende e maiato	Individual	Veterano M40	06:16:21	+02:46:39	13:26

Veterano M50

1	40	José Joaquim de Almeida Ferreira	Individual	Veterano M50	03:33:48	07:38
2	46	António da Costa	Individual	Veterano M50	03:36:17	+02:29 07:43
3	33	Albino Sousa Abreu	SOCIEDADE RECREIO CEPANENSE	Veterano M50	03:37:39	+03:51 07:46
4	37	JOSE DUARTE	GINASIO PURA FORMA	Veterano M50	04:23:48	+50:00 09:25
5	19	antónio carlos teixeira	Individual	Veterano M50	04:50:59	+01:17:11 10:24

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RANK	TEAM	DESCRIPTION	POINTS
1	A.D.Amarante trail running	2 + 3 + 8	13
2	SOCIEDADE RECREIO CEPANENSE	1 + 12 + 24	37