

TRAIL CURTO - STAGE 1

18 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:45	15°C	100%
End	13:12	15°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	108	Miguel Ferrás	a.d.amarante trail running	Senior Masculino	01:31:19		05:04
2	113	Jorge Oliveira	a.d.amarante trail running	Veterano M40	01:40:16	+08:57	05:34
3	170	Paulo Filipe Loureiro Ferreira	individual	Senior Masculino	01:40:17	+08:58	05:34
4	160	Carlos Pinto	individual	Senior Masculino	01:40:59	+09:39	05:37
5	114	Manuel Vieira	a.d.amarante trail running	Veterano M40	01:41:00	+09:40	05:37
6	145	João Nunes	c.r.candoso	Veterano M40	01:41:34	+10:15	05:39
7	166	Norberto Celestino Vasques Loureiro	individual	Senior Masculino	01:43:13	+11:54	05:44
8	109	Tiago Teles	a.d.amarante trail running	Senior Masculino	01:43:53	+12:33	05:46
9	206	José Oliveira	petro basto	Veterano M40	01:45:58	+14:39	05:53
10	205	PAULO SOUSA	nos acreditamos	Veterano M40	01:51:35	+20:15	06:12
11	197	Silva José	individual	Veterano M40	01:52:01	+20:42	06:13
12	200	Pedro Miguel de Ascensão Neves	juventude desportiva de gondomar	Senior Masculino	01:53:25	+22:05	06:18
13	231	Filipe couto	rachão trail team	Senior Masculino	01:55:21	+24:01	06:25
14	183	Eugénio cunha	individual	Veterano M40	01:55:52	+24:32	06:26
15	201	Agostinho da Silva Neves	juventude desportiva de gondomar	Veterano M40	01:57:48	+26:28	06:33
16	161	Carlos Teixeira	individual	Senior Masculino	02:00:42	+29:23	06:42
17	149	Paulo Jorge Silva Alves	gondomar futsal clube	Veterano M40	02:05:14	+33:54	06:57
18	159	Carlos Lemos	individual	Senior Masculino	02:08:16	+36:56	07:08
19	168	Nuno Miguel da Silva Lemos	individual	Senior Masculino	02:08:21	+37:01	07:08
20	230	Rui Miguel Borges	a.d.amarante trail running	Senior Masculino	02:09:09	+37:50	07:11
21	103	Célia Silva	a.d.amarante trail running	Senior Feminino	02:09:37	+38:17	07:12
22	196	Pedro Coelho	individual	Veterano M40	02:09:40	+38:20	07:12
23	118	Valter cerqueira	ama associação mondim atletismo	Senior Masculino	02:10:32	+39:13	07:15
24	142	Pedro Moura	basto running club	Senior Masculino	02:10:33	+39:13	07:15
25	227	Ricardo Sousa	rachão trail team	Senior Masculino	02:11:42	+40:22	07:19
26	212	Vítor Maia	rachão trail team	Senior Masculino	02:11:42	+40:23	07:19
27	189	Luís Fernando Moura Pinto	individual	Veterano M40	02:11:51	+40:32	07:20
28	217	cidalia novais	rinus fafe	Veterana F40	02:11:55	+40:35	07:20
29	107	Marco Nunes	a.d.amarante trail running	Senior Masculino	02:12:11	+40:52	07:21
30	101	Alice Barbosa	a.d.amarante trail running	Senior Feminino	02:12:12	+40:52	07:21
31	171	Pedro Dias	individual	Senior Masculino	02:13:04	+41:44	07:24
32	139	Bruno Alexandre Oliveira	basto running club	Senior Masculino	02:14:57	+43:37	07:30
33	185	Helder costa	individual	Veterano M40	02:16:24	+45:04	07:35
34	157	Alfredo Ribeiro	individual	Senior Masculino	02:18:56	+47:36	07:43
35	173	Rui Pedro Marinho Pinto	individual	Senior Masculino	02:19:07	+47:47	07:44
36	122	Francisco teixeira	ama associação mondim atletismo	Veterano M40	02:19:22	+48:02	07:45
37	154	Rafaela Bento	individual	Senior Feminino	02:19:51	+48:31	07:46
38	187	José Pereira	individual	Veterano M40	02:20:07	+48:47	07:47
39	156	Agostinho Lopes	individual	Senior Masculino	02:23:50	+52:30	07:59
40	211	Márcio Moreira	rachão trail team	Senior Masculino	02:25:01	+53:41	08:03

TRAIL CURTO - STAGE 1

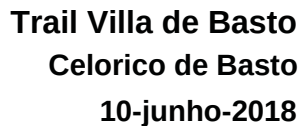
18 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	104	Gabriela Pinto	a.d.amarante trail running	Senior Feminino	02:27:32	+56:12	08:12
42	152	Joana Magalhães	individual	Senior Feminino	02:27:58	+56:38	08:13
43	178	dulce maria oliveira ribeiro	individual	Veterana F40	02:29:03	+57:43	08:17
44	169	Nuno Tiago Lamego	individual	Senior Masculino	02:29:49	+58:29	08:19
45	216	Orlando Alves	regadas runners	Veterano M40	02:31:50	+01:00:30	08:26
46	214	Carla Machado	regadas runners	Veterana F40	02:31:50	+01:00:30	08:26
47	199	Vitor Gabriel Marinho Alves	individual	Veterano M40	02:31:55	+01:00:36	08:26
48	215	Filipe Alferes	regadas runners	Veterano M40	02:32:37	+01:01:18	08:29
49	218	António Boavista Coelho	s. s. montepio	Veterano M40	02:33:59	+01:02:39	08:33
50	233	Nadine Silva	individual	Senior Feminino	02:36:23	+01:05:03	08:41
51	223	Eurico Xavier Freitas Martins de Sousa	individual	Senior Masculino	02:36:23	+01:05:03	08:41
52	167	Nuno Filipe Freitas de Brito Lopes	individual	Senior Masculino	02:36:51	+01:05:31	08:43
53	106	Daniel Correia	a.d.amarante trail running	Senior Masculino	02:36:57	+01:05:37	08:43
54	163	Helder Andre Sousa Pinto	individual	Senior Masculino	02:36:57	+01:05:37	08:43
55	128	Maria Moniz	amigos dos semáforos, bamulá	Veterana F40	02:38:12	+01:06:52	08:47
56	225	Francisco José da Silva Magalhães	individual	Senior Masculino	02:38:20	+01:07:00	08:48
57	195	Paulo Nogueira	individual	Veterano M40	02:38:20	+01:07:01	08:48
58	229	Diogo Daniel Sousa Teixeira	individual	Senior Masculino	02:39:50	+01:08:30	08:53
59	186	João Teixeira.	individual	Veterano M40	02:39:59	+01:08:39	08:53
60	125	Rogério dinis	ama associação mondim atletismo	Veterano M40	02:41:29	+01:10:10	08:58
61	164	Luis Tiago Vieira	individual	Senior Masculino	02:41:34	+01:10:14	08:59
62	115	Nuno Moura	a.d.amarante trail running	Veterano M40	02:43:47	+01:12:28	09:06
63	162	Eduardo Seabra	individual	Senior Masculino	02:46:11	+01:14:51	09:14
64	194	Nuno Peixoto	individual	Veterano M40	02:46:26	+01:15:06	09:15
65	112	Armando Meireles	a.d.amarante trail running	Veterano M40	02:46:54	+01:15:34	09:16
66	127	Cristina Amaral	amigos dos semáforos, bamulá	Veterana F40	02:49:42	+01:18:23	09:26
67	131	Marco Pacheco	amigos dos semáforos, bamulá	Veterano M40	02:49:42	+01:18:23	09:26
68	105	Lucia Leite	a.d.amarante trail running	Senior Feminino	02:49:54	+01:18:34	09:26
69	204	Renato Manuel Silva da Mota	naturbasto team	Senior Masculino	02:57:07	+01:25:47	09:50
70	180	Fatima Mendes	individual	Veterana F40	02:58:12	+01:26:52	09:54
71	224	Ricardo Teixeira	individual	Veterano M40	02:58:12	+01:26:52	09:54
72	228	Ricardo Duarte	rachão trail team	Senior Masculino	02:58:58	+01:27:38	09:57
73	226	Bruno Duarte	rachão trail team	Senior Masculino	02:58:58	+01:27:38	09:57
74	210	patricia Gomes	rachão trail team	Senior Feminino	02:58:58	+01:27:38	09:57
75	133	Cláudia Ramos	basto running club	Senior Feminino	02:58:58	+01:27:39	09:57
76	141	Nelson Silva	basto running club	Senior Masculino	02:59:01	+01:27:41	09:57
77	136	Márcia Carvalho	basto running club	Senior Feminino	02:59:01	+01:27:41	09:57
78	207	Magda Pereira	pipocas	Senior Feminino	02:59:28	+01:28:08	09:58
79	119	agostinho martins	ama associação mondim atletismo	Veterano M40	03:00:27	+01:29:07	10:02
80	193	Manuel Mota	individual	Veterano M40	03:02:20	+01:31:01	10:08
81	177	Anabela Mesquita	individual	Veterana F40	03:02:22	+01:31:02	10:08
82	179	Eduarda Mesquita	individual	Veterana F40	03:02:22	+01:31:02	10:08
83	188	Luís Coelho	individual	Veterano M40	03:02:23	+01:31:04	10:08
84	147	Helena Cardoso	exerciceforyou	Veterana F40	03:15:22	+01:44:03	10:51



18 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	208	Sara Castro	pipocas	Senior Feminino	03:28:04	+01:56:44	11:34
86	209	José Pinto	pipocas	Veterano M40	03:28:05	+01:56:45	11:34
87	129	Sónia Morais	amigos dos semáforos, bamulá	Veterana F40	03:39:11	+02:07:51	12:11
88	126	Miguel Alves	amigos dos semáforos, bamulá	Senior Masculino	03:39:14	+02:07:55	12:11

Trail Curto

18 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:45	15°C	100%
End	13:12	15°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	103	Célia Silva	A.D.Amarante trail running	Senior Feminino	02:09:37	+38:17	07:12:54
2	101	Alice Barbosa	A.D.Amarante trail running	Senior Feminino	02:12:12	+40:52	07:21:14
3	154	Rafaela Bento	Individual	Senior Feminino	02:19:51	+48:31	07:46:15
4	104	Gabriela Pinto	A.D.Amarante trail running	Senior Feminino	02:27:32	+56:12	08:12:14
5	152	Joana Magalhães	Individual	Senior Feminino	02:27:58	+56:38	08:13:15
6	233	Nadine Silva	Individual	Senior Feminino	02:36:23	+01:05:03	08:41:16
7	105	Lucia Leite	A.D.Amarante trail running	Senior Feminino	02:49:54	+01:18:34	09:26:16
8	210	patricia Gomes	RACHÃO TRAIL TEAM	Senior Feminino	02:58:58	+01:27:38	09:57:19
9	133	Cláudia Ramos	Basto running club	Senior Feminino	02:58:58	+01:27:39	09:57:19
10	136	Márcia Carvalho	Basto running club	Senior Feminino	02:59:01	+01:27:41	09:57:22
11	207	Magda Pereira	Pipocas	Senior Feminino	02:59:28	+01:28:08	09:58:36
12	208	Sara Castro	Pipocas	Senior Feminino	03:28:04	+01:56:44	11:34:40

Senior Masculino

1	108	Miguel Ferrás	A.D.Amarante trail running	Senior Masculino	01:31:19	05:04
2	170	Paulo Filipe Loureiro Ferreira	Individual	Senior Masculino	01:40:17	+08:58 05:34
3	160	Carlos Pinto	Individual	Senior Masculino	01:40:59	+09:39 05:37
4	166	Norberto Celestino Vasques Loureiro	Individual	Senior Masculino	01:43:13	+11:54 05:44
5	109	Tiago Teles	A.D.Amarante trail running	Senior Masculino	01:43:53	+12:33 05:46
6	200	Pedro Miguel de Ascensão Neves	Juventude Desportiva de Gondomar	Senior Masculino	01:53:25	+22:05 06:18
7	231	Filipe couto	RACHÃO TRAIL TEAM	Senior Masculino	01:55:21	+24:01 06:25
8	161	Carlos Teixeira	Individual	Senior Masculino	02:00:42	+29:23 06:42
9	159	Carlos Lemos	Individual	Senior Masculino	02:08:16	+36:56 07:08
10	168	Nuno Miguel da Silva Lemos	Individual	Senior Masculino	02:08:21	+37:01 07:08
11	230	Rui Miguel Borges	A.D.Amarante trail running	Senior Masculino	02:09:09	+37:50 07:11
12	118	Valter cerqueira	AMA ASSOCIAÇÃO MONDIM ATLETISMO	Senior Masculino	02:10:32	+39:13 07:15
13	142	Pedro Moura	Basto running club	Senior Masculino	02:10:33	+39:13 07:15
14	227	Ricardo Sousa	RACHÃO TRAIL TEAM	Senior Masculino	02:11:42	+40:22 07:19
15	212	Vítor Maia	RACHÃO TRAIL TEAM	Senior Masculino	02:11:42	+40:23 07:19
16	107	Marco Nunes	A.D.Amarante trail running	Senior Masculino	02:12:11	+40:52 07:21
17	171	Pedro Dias	Individual	Senior Masculino	02:13:04	+41:44 07:24
18	139	Bruno Alexandre Oliveira	Basto running club	Senior Masculino	02:14:57	+43:37 07:30
19	157	Alfredo Ribeiro	Individual	Senior Masculino	02:18:56	+47:36 07:43
20	173	Rui Pedro Marinho Pinto	Individual	Senior Masculino	02:19:07	+47:47 07:44
21	156	Agostinho Lopes	Individual	Senior Masculino	02:23:50	+52:30 07:59
22	211	Márcio Moreira	RACHÃO TRAIL TEAM	Senior Masculino	02:25:01	+53:41 08:03
23	169	Nuno Tiago Lamego	Individual	Senior Masculino	02:29:49	+58:29 08:19

Official Timekeeper: Lap2Go	1 / 3	generate 10-jun-2018 13:13
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Trail Curto

18 KM

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OFFICIAL RESULT

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24	223	Eurico Xavier Freitas Martins de Sousa	Individual	Senior Masculino	02:36:23	+01:05:03	08:41
25	167	Nuno Filipe Freitas de Brito Lopes	Individual	Senior Masculino	02:36:51	+01:05:31	08:43
26	106	Daniel Correia	A.D.Amarante trail running	Senior Masculino	02:36:57	+01:05:37	08:43
27	163	Helder Andre Sousa Pinto	Individual	Senior Masculino	02:36:57	+01:05:37	08:43
28	225	Francisco José da Silva Magalhães	Individual	Senior Masculino	02:38:20	+01:07:00	08:48
29	229	Diogo Daniel Sousa Teixeira	Individual	Senior Masculino	02:39:50	+01:08:30	08:53
30	164	Luis Tiago Vieira	Individual	Senior Masculino	02:41:34	+01:10:14	08:59
31	162	Eduardo Seabra	Individual	Senior Masculino	02:46:11	+01:14:51	09:14
32	204	Renato Manuel Silva da Mota	NATURBASTO TEAM	Senior Masculino	02:57:07	+01:25:47	09:50
33	228	Ricardo Duarte	RACHÃO TRAIL TEAM	Senior Masculino	02:58:58	+01:27:38	09:57
34	226	Bruno Duarte	RACHÃO TRAIL TEAM	Senior Masculino	02:58:58	+01:27:38	09:57
35	141	Nelson Silva	Basto running club	Senior Masculino	02:59:01	+01:27:41	09:57
36	126	Miguel Alves	Amigos dos Semáforos, Bamulá	Senior Masculino	03:39:14	+02:07:55	12:11

Veterana F40

1	217	cidalia novais	RINUS FAFE	Veterana F40	02:11:55	+40:35	07:20
2	178	dulce maria oliveira ribeiro	Individual	Veterana F40	02:29:03	+57:43	08:17
3	214	Carla Machado	Regadas Runners	Veterana F40	02:31:50	+01:00:30	08:26
4	128	Maria Moniz	Amigos dos Semáforos, Bamulá	Veterana F40	02:38:12	+01:06:52	08:47
5	127	Cristina Amaral	Amigos dos Semáforos, Bamulá	Veterana F40	02:49:42	+01:18:23	09:26
6	180	Fatima Mendes	Individual	Veterana F40	02:58:12	+01:26:52	09:54
7	177	Anabela Mesquita	Individual	Veterana F40	03:02:22	+01:31:02	10:08
8	179	Eduarda Mesquita	Individual	Veterana F40	03:02:22	+01:31:02	10:08
9	147	Helena Cardoso	Exerciceforyou	Veterana F40	03:15:22	+01:44:03	10:51
10	129	Sónia Morais	Amigos dos Semáforos, Bamulá	Veterana F40	03:39:11	+02:07:51	12:11

Veterano M40

1	113	Jorge Oliveira	A.D.Amarante trail running	Veterano M40	01:40:16	+08:57	05:34
2	114	Manuel Vieira	A.D.Amarante trail running	Veterano M40	01:41:00	+09:40	05:37
3	145	João Nunes	C.R.CANDOSO	Veterano M40	01:41:34	+10:15	05:39
4	206	José Oliveira	PETRO BASTO	Veterano M40	01:45:58	+14:39	05:53
5	205	PAULO SOUSA	Nos Acreditamos	Veterano M40	01:51:35	+20:15	06:12
6	197	Silva José	Individual	Veterano M40	01:52:01	+20:42	06:13
7	183	Eugénio cunha	Individual	Veterano M40	01:55:52	+24:32	06:26
8	201	Agostinho da Silva Neves	Juventude Desportiva de Gondomar	Veterano M40	01:57:48	+26:28	06:33
9	149	Paulo Jorge Silva Alves	GONDOMAR FUTSAL CLUBE	Veterano M40	02:05:14	+33:54	06:57
10	196	Pedro Coelho	Individual	Veterano M40	02:09:40	+38:20	07:12
11	189	Luís Fernando Moura Pinto	Individual	Veterano M40	02:11:51	+40:32	07:20
12	185	Helder costa	Individual	Veterano M40	02:16:24	+45:04	07:35
13	122	Francisco teixeira	AMA ASSOCIAÇÃO MONDIM ATLETISMO	Veterano M40	02:19:22	+48:02	07:45
14	187	José Pereira	Individual	Veterano M40	02:20:07	+48:47	07:47
15	216	Orlando Alves	Regadas Runners	Veterano M40	02:31:50	+01:00:30	08:26

18 KM

OFFICIAL RESULT

16	199	Vitor Gabriel Marinho Alves	Individual	Veterano M40	02:31:55	+01:00:36	08:26
17	215	Filipe Alferes	Regadas Runners	Veterano M40	02:32:37	+01:01:18	08:29
18	218	António Boavista Coelho	S. S. Montepio	Veterano M40	02:33:59	+01:02:39	08:33
19	195	Paulo Nogueira	Individual	Veterano M40	02:38:20	+01:07:01	08:48
20	186	João Teixeira.	Individual	Veterano M40	02:39:59	+01:08:39	08:53
21	125	Rogério dinis	AMA ASSOCIAÇÃO MONDIM ATLETISMO	Veterano M40	02:41:29	+01:10:10	08:58
22	115	Nuno Moura	A.D.Amarante trail running	Veterano M40	02:43:47	+01:12:28	09:06
23	194	Nuno Peixoto	Individual	Veterano M40	02:46:26	+01:15:06	09:15
24	112	Armando Meireles	A.D.Amarante trail running	Veterano M40	02:46:54	+01:15:34	09:16
25	131	Marco Pacheco	Amigos dos Semáforos, Bamulá	Veterano M40	02:49:42	+01:18:23	09:26
26	224	Ricardo Teixeira	Individual	Veterano M40	02:58:12	+01:26:52	09:54
27	119	agostinho martins	AMA ASSOCIAÇÃO MONDIM ATLETISMO	Veterano M40	03:00:27	+01:29:07	10:02
28	193	Manuel Mota	Individual	Veterano M40	03:02:20	+01:31:01	10:08
29	188	Luís Coelho	Individual	Veterano M40	03:02:23	+01:31:04	10:08
30	209	José Pinto	Pipocas	Veterano M40	03:28:05	+01:56:45	11:34

[illegible]

RANK	TEAM	DESCRIPTION	POINTS
1	A.D.AMARANTE TRAIL RUNNING	1 + 2 + 5	8
2	RACHÃO TRAIL TEAM	13 + 25 + 26	64
3	AMA ASSOCIAÇÃO MONDIM ATLETISMO	23 + 36 + 60	119
4	BASTO RUNNING CLUB	24 + 32 + 75	131
5	REGADAS RUNNERS	45 + 46 + 48	139
6	AMIGOS DOS SEMÁFOROS, BAMULÁ	55 + 66 + 67	188
7	PIPOCAS	78 + 85 + 86	249