

Lugar	Dorsal	Nome	Equipa	Escalão	Esc.	Tempo	T/Km.	Dif.
1	639	Azevedo, Sérgio	GDC Castelo de Paiva	15M40	1	1:17:15.73	05:09	
2	519	Moreira, Paulo	Aliados Trail Running Team	15SenM	1	1:19:07.79	05:17	00:01:52
3	615	Silva, Alcino	Clube Independente de Atletismo de Alpendorada	15M40	2	1:19:40.44	05:19	00:02:24
4	566	Pinho, Filipe	Cidep fornos lusavouga	15SenM	2	1:23:55.00	05:36	00:06:39
5	652	Camilo, Eduardo	CAMILOS	15SenM	3	1:25:09.53	05:41	00:07:54
6	613	Xavier, Eduardo	Devasta Trilhos	15M40	3	1:25:41.97	05:43	00:08:26
7	620	Lopes, José		15M40	4	1:28:00.02	05:52	00:10:44
8	614	Sousa, Carlos	Devasta Trilhos	15M55	1	1:28:23.42	05:54	00:11:07
9	657	Barbosa, Carlos	Running Penafiel trail	15M40	5	1:28:41.44	05:55	00:11:25
10	100	Gomes, José	A.D.Bttenros Ferro Velho	15M55	2	1:28:41.53	05:55	00:11:26
11	656	Gomes, Carmindo	Nocturno de Paredes	15M40	6	1:28:46.27	05:55	00:11:30
12	557	Almeida, José		15M55	3	1:29:21.80	05:57	00:12:06
13	663	Moura, Nuno	A.D.Amarante	15M40	7	1:32:26.60	06:10	00:15:11
14	670	Vinhas, Carlos	Running Penafiel trail	15M50	1	1:33:33.50	06:14	00:16:19
15	539	Fernandes, José	NOVA LINHA TRAIL RUNNERS	15M40	8	1:34:39.00	06:19	00:17:23
16	678	Alexandre, Nuno	Nocturno de Paredes	15M40	9	1:36:25.54	06:26	00:19:10
17	608	Cerdeiral, Paulo	Caça Raposas	15M40	10	1:39:05.12	06:36	00:21:49
18	583	Barbosa, Manuel	Copos e trilhos	15SenM	4	1:39:13.69	06:37	00:21:58
19	586	Alberto, Carlos		15M40	11	1:39:33.16	06:38	00:22:17
20	634	Pereira, Nelson	Manos kadafi	15SenM	5	1:39:35.26	06:38	00:22:19
21	635	Filipe, Luis	Manos kadafi	15SenM	6	1:39:45.03	06:39	00:22:29
22	647	Bessa, Luís		15SenM	7	1:39:56.05	06:40	00:22:40
23	607	Moreira, Pedro	Caça Raposas	15SenM	8	1:40:01.41	06:40	00:22:45
24	505	Ribeiro, José	A.D.Bttenros Ferro Velho	15SenM	9	1:40:15.10	06:41	00:22:59
25	582	Silva, José	NOVA LINHA TRAIL RUNNERS	15M50	2	1:40:47.76	06:43	00:23:32
26	517	Carvalho, José	C´um Carvalho	15M50	3	1:41:52.34	06:47	00:24:36
27	532	Sousa, Marcos	NOVA LINHA TRAIL RUNNERS	15SenM	10	1:42:23.97	06:50	00:25:08
28	612	Pereira, Tiago	Caça Raposas	15SenM	11	1:42:51.30	06:51	00:25:35
29	603	Pinto, Sérgio	Caça Raposas	15M40	12	1:42:51.97	06:51	00:25:36
30	610	Teixeira, Filipe	Caça Raposas	15M40	13	1:42:52.40	06:51	00:25:36
31	648	Moreira, Agostinho	Nocturno de Paredes	15M55	4	1:43:04.77	06:52	00:25:49
32	674	Bessa, Rui	Sob efeito trail	15SenM	12	1:43:17.16	06:53	00:26:01
33	653	Ferreira, Cidália	Running Penafiel trail	15F40	1	1:43:40.20	06:55	00:26:24
34	672	Silva, José		15SenM	13	1:43:45.55	06:55	00:26:30
35	529	Silva, Carlos	NOVA LINHA TRAIL RUNNERS	15M40	14	1:43:45.91	06:55	00:26:30
36	527	Pinto, Carlos	LUSOS XXI	15SenM	14	1:47:13.11	07:09	00:29:57
37	570	Ferreira, Fátima	Wolves Team	15F40	2	1:47:15.23	07:09	00:29:59
38	611	Teixeira, Bruno	Caça Raposas	15SenM	15	1:47:34.32	07:10	00:30:18
39	621	Barbosa, João	Copos e trilhos	15SenM	16	1:48:27.70	07:14	00:31:12
40	537	Oliveira, Vitor		15SenM	17	1:48:33.63	07:14	00:31:18
41	513	Oliveira, Pedro	OsFazConta	15SenM	18	1:48:47.47	07:15	00:31:31
42	628	Marinho, Rosalina	Travassós Running Fafe	15F50	1	1:48:52.47	07:15	00:31:36
43	555	Carvalho, Jose		15M40	15	1:48:52.94	07:16	00:31:37
44	673	Marante, Bruno		15SenM	19	1:49:16.75	07:17	00:32:01

Lugar	Dorsal	Nome	Equipa	Escalão	Esc.	Tempo	T/Km.	Dif.
45	600	Ventuzelos, José	Caça Raposas	15M50	4	1:49:18.07	07:17	00:32:02
46	668	Vieira, Carlos	Bttalegria	15SenM	20	1:50:29.93	07:22	00:33:14
47	547	Reis, Carlos		15SenM	21	1:51:24.15	07:26	00:34:08
48	568	Sousa, Bruno	Copos e trilhos	15M40	16	1:51:25.41	07:26	00:34:09
49	511	Silva, Agostinho	OsFazConta	15M55	5	1:54:52.30	07:39	00:37:36
50	641	Rocha, Adão	Bttalegria	15M50	5	1:54:53.07	07:40	00:37:37
51	604	Pinheiro, Valéria	Caça Raposas	15F40	3	1:55:11.52	07:41	00:37:56
52	636	Moreira, António		15M40	17	1:55:14.43	07:41	00:37:58
53	667	Leão, Sílvia		15SenF	1	1:55:29.48	07:42	00:38:13
54	542	Oliveira, Sandra	PAPATRAILS	15F40	4	1:56:35.12	07:46	00:39:19
55	534	Pereira, Florindo	NOVA LINHA TRAIL RUNNERS	15M55	6	1:56:40.91	07:47	00:39:25
56	645	Nunes, Paulo	Bttalegria	15M40	18	1:56:56.91	07:48	00:39:41
57	563	Pinto, Miguel	BTT Alegria // TUBANI	15SenM	22	1:57:00.33	07:48	00:39:44
58	669	Barbosa, Daniel	Bttalegria	15SenM	23	1:57:43.56	07:51	00:40:28
59	609	Ribeiro, Pedro	Caça Raposas	15M40	19	1:57:54.83	07:52	00:40:39
60	523	Camilo, Luís		15M40	20	1:57:56.24	07:52	00:40:40
61	602	Silvestre, João	Caça Raposas	15SenM	24	1:57:57.42	07:52	00:40:41
62	633	Ferreira, Hugo		15SenM	25	1:58:06.30	07:52	00:40:50
63	549	Costa, Hélder		15M40	21	1:59:08.01	07:57	00:41:52
64	548	Sousa, Desidério		15SenM	26	1:59:08.18	07:57	00:41:52
65	584	Ferreira, Carlos		15M40	22	1:59:10.44	07:57	00:41:54
66	552	Neves, José	3parte	15SenM	27	1:59:10.96	07:57	00:41:55
67	553	Neves, Egídio	3parte	15SenM	28	1:59:12.46	07:57	00:41:56
68	518	Silva, Clara	C'um Carvalho	15F40	5	1:59:17.61	07:57	00:42:02
69	619	Eiró, Sara		15SenF	2	2:00:33.42	08:02	00:43:17
70	556	Moura, Jose	Nocturno de Paredes	15M40	23	2:00:34.78	08:02	00:43:19
71	536	Carneiro, Fábio		15SenM	29	2:01:38.16	08:07	00:44:22
72	605	Rocha, Pedro	Caça Raposas	15S23M	1	2:02:28.01	08:10	00:45:12
73	654	Bessa, João	Kunalama	15SenM	30	2:04:51.07	08:19	00:47:35
74	655	Vieira, Luís	Kunalama	15SenM	31	2:04:51.32	08:19	00:47:35
75	522	Mourão, Marco	Team Agrepor	15M40	24	2:05:27.52	08:22	00:48:12
76	666	Novais, Oscar		15M50	6	2:06:25.31	08:26	00:49:09
77	646	Rocha, Manuel		15M55	7	2:06:37.86	08:27	00:49:22
78	624	Silva, Patricia	Tog	15SenF	3	2:06:51.92	08:27	00:49:36
79	623	Garcês, Sónia	Tog	15F40	6	2:06:58.94	08:28	00:49:43
80	535	Tomé, Daniel	NOVA LINHA TRAIL RUNNERS	15M40	25	2:08:01.63	08:32	00:50:46
81	503	Fernandes, Ana		15F40	7	2:09:02.70	08:36	00:51:47
82	504	., Luís		15M40	26	2:09:03.99	08:36	00:51:48
83	630	Pinto, Luís		15SenM	32	2:10:19.37	08:41	00:53:03
84	569	Carvalho, Isabel	Wolves Team	15F40	8	2:11:42.33	08:47	00:54:26
85	626	Bento, Natália	Travassós Running Fafe	15F40	9	2:11:44.15	08:47	00:54:28
86	601	Lima, Clara	Caça Raposas	15F50	2	2:11:44.39	08:47	00:54:28
87	581	Teixeira, Jose	Nocturno de Paredes	15M55	8	2:12:33.13	08:50	00:55:17
88	625	Reinaldo, João		15SenM	33	2:15:47.09	09:03	00:58:31

Lugar	Dorsal	Nome	Equipa	Escalão	Esc.	Tempo	T/Km.	Dif.
89	593	Magalhães, Manuel	Caça Raposas	15M50	7	2:16:08.56	09:05	00:58:53
90	573	Coelho, Cristina	Wolves Team	15F40	10	2:17:00.51	09:08	00:59:45
91	530	Dias, Agostinho	Wolves Team	15M50	8	2:17:19.40	09:09	01:00:03
92	524	Camilo, Sandra		15SenF	4	2:18:30.67	09:14	01:01:15
93	554	Azevedo, Philippe	3parte	15SenM	34	2:19:28.87	09:18	01:02:13
94	651	Silva, Patrícia	CAMILOS	15SenF	5	2:19:40.77	09:19	01:02:25
95	649	Pinto, Vera		15SenF	6	2:20:04.83	09:20	01:02:49
96	650	Brás, Carla		15F40	11	2:20:05.21	09:20	01:02:49
97	585	Coelho, Cláudia		15SenF	7	2:21:56.07	09:28	01:04:40
98	538	Sousa, João	EDP Running	15M55	9	2:21:56.78	09:28	01:04:41
99	531	Ferreira, Sérgio	100Kedas	15M40	27	2:21:58.74	09:28	01:04:43
100	659	Coelho, Albano	A.D.Amarante	15M40	28	2:22:02.70	09:28	01:04:47
101	575	Bonifácio, Ana	Wolves Team	15F40	12	2:22:10.09	09:29	01:04:54
102	671	Teixeira, Carlos	Trail Running Suil Park	15M40	29	2:22:14.98	09:29	01:04:59
103	660	Mendonça, Ana	A.D.Amarante	15SenF	8	2:24:17.57	09:37	01:07:02
104	550	Soares, Paulina		15F55	1	2:24:20.23	09:37	01:07:04
105	567	Damaso, Emanuel		15SenM	35	2:25:13.72	09:41	01:07:58
106	658	Brás, Margarida	A.D.Amarante	15SenF	9	2:25:34.56	09:42	01:08:19
107	661	Nunes, Marco	A.D.Amarante	15M40	30	2:25:34.58	09:42	01:08:19
108	533	Monteiro, Amália	NOVA LINHA TRAIL RUNNERS	15F40	13	2:25:46.12	09:43	01:08:30
109	546	Carvalho, João	LUSOS XXI	15SenM	36	2:27:30.48	09:50	01:10:14
110	528	Costa, Sérgio	LUSOS XXI	15SenM	37	2:27:30.68	09:50	01:10:15
111	580	Silva, Margarida	Nocturno de Paredes	15SenF	10	2:27:50.09	09:51	01:10:34
112	508	Duarte, Brigida	OsFazConta	15F40	14	2:27:51.38	09:51	01:10:35
113	543	Oliveira, Paula	PAPATRAILS	15F40	15	2:28:58.37	09:56	01:11:42
114	507	Duarte, Adriana	OsFazConta	15SenF	11	2:28:59.01	09:56	01:11:43
115	506	Silva, Jorge	OsFazConta	15M40	31	2:29:55.48	10:00	01:12:39
116	540	Teles, Helder	Amigos do Pedal - Trailagares	15SenM	38	2:30:23.06	10:02	01:13:07
117	541	Oliveira, Estela	PAPATRAILS	15F40	16	2:30:23.13	10:02	01:13:07
118	545	Alves, Jose	PAPATRAILS	15M40	32	2:30:23.88	10:02	01:13:08
119	622	Gonçalves, Luis	Copos e trilhos	15SenM	39	2:31:54.21	10:08	01:14:38
120	512	Gomes, Ricardo	OsFazConta	15M40	33	2:32:02.45	10:08	01:14:46
121	632	Pacheco, Carla	Sem limites	15F40	17	2:35:07.74	10:21	01:17:52
122	631	Gonçalves, José	Sem limites	15M40	34	2:35:07.83	10:21	01:17:52
123	560	Almeida, Florbela	Pentarun	15F40	18	2:36:12.58	10:25	01:18:57
124	561	Magalhães, Paula	Pentarun	15SenF	12	2:36:15.32	10:25	01:18:59
125	521	Soares, Rui	Team Agrepor	15SenM	40	2:36:19.26	10:25	01:19:03
126	551	Silva, Manuel	PK56	15M50	9	2:43:07.58	10:53	01:25:52
127	572	Pinto, Casimira	Wolves Team	15F40	19	2:43:11.44	10:53	01:25:55
128	642	Oliveira, Daniela	Bttalegria	15SenF	13	2:43:11.87	10:53	01:25:56
129	571	Luis, Paula	Wolves Team	15F40	20	2:44:23.33	10:58	01:27:07
130	574	Santos, Manuela	Wolves Team	15F50	3	2:44:26.53	10:58	01:27:11
131	564	Gomes, Cecília	BTT Alegria // TUBANI	15SenF	14	2:44:41.65	10:59	01:27:26
132	680	Moreira, Eva		15F40	21	2:44:50.02	10:59	01:27:34

Lugar	Dorsal	Nome	Equipa	Escalão	Esc.	Tempo	T/Km.	Dif.
133	627	Mota, Anabela	Travassós Running Fafe	15F50	4	2:47:31.04	11:10	01:30:15
134	675	Pinto, Esmeralda		15F55	2	2:47:31.17	11:10	01:30:15
135	629	Pinto, Sandra	Travassós Running Fafe	15SenF	15	2:47:31.48	11:10	01:30:15
136	509	Soares, Vania	OsFazConta	15SenF	16	2:47:37.59	11:11	01:30:22
137	520	Silva, Nuno	100Kedas	15M40	35	2:48:11.87	11:13	01:30:56
138	643	Oliveira, Miguel	Bttalegria	15SenM	41	2:48:39.27	11:15	01:31:23
139	587	Peixoto, Luis	Caça Raposas	15M50	10	2:48:53.40	11:16	01:31:37
140	562	Martins, Sandra	BTT Alegria // TUBANI	15SenF	17	2:49:09.10	11:17	01:31:53
141	606	Fonseca, Diogo	Caça Raposas	15S23M	2	2:50:47.98	11:23	01:33:32
142	599	Moreira, Paulo	Caça Raposas	15M55	10	2:50:48.12	11:23	01:33:32
143	592	Dias, Maria	Caça Raposas	15F40	22	2:51:15.15	11:25	01:33:59
144	594	Magalhaes, Ana	Caça Raposas	15S23F	1	2:51:47.36	11:27	01:34:31
145	591	Ventuzelos, Filipa	Caça Raposas	15F40	23	2:51:47.63	11:27	01:34:32
146	596	Sampaio, Alberto	Caça Raposas	15M55	11	2:51:53.34	11:28	01:34:37
147	595	Bragança, Fernanda	Caça Raposas	15F40	24	2:52:12.79	11:29	01:34:57
148	516	Sousa, Maria	BTT Ás9	15S23F	2	2:52:15.24	11:29	01:34:59
149	515	Moura, Raúl	BTT Ás9	15SenM	42	2:52:16.65	11:29	01:35:01
150	590	Oliveira, Joana	Caça Raposas	15SenF	18	2:52:27.59	11:30	01:35:12
151	589	Monteiro, M ^a	Caça Raposas	15F55	3	2:52:43.36	11:31	01:35:27
152	588	Dias, Laura	Caça Raposas	15F50	5	2:52:46.93	11:31	01:35:31
153	662	Pinto, Silvia	A.D.Amarante	15SenF	19	2:53:19.00	11:33	01:36:03
154	525	Oliveira, Juliana		15SenF	20	2:59:45.76	11:59	01:42:30
155	526	Bessa, Sofia		15SenF	21	3:00:35.58	12:02	01:43:20
156	598	Moreira, Gonçalo	Caça Raposas	15SenM	43	3:02:14.70	12:09	01:44:59
157	597	Mota, Maria	Caça Raposas	15F55	4	3:03:02.67	12:12	01:45:47
158	676	Machado, Conceição		15SenF	22	3:03:24.33	12:14	01:46:08
159	677	Alves, Dores		15SenF	23	3:03:51.35	12:15	01:46:35
160	514	Pais, Daniel	OsFazConta	15SenM	44	3:09:11.80	12:37	01:51:56
161	510	Silva, Catarina	OsFazConta	15SenF	24	3:09:12.23	12:37	01:51:56
162	638	Fernandes, Joana	Coronado Runners	15SenF	25	3:23:37.04	13:34	02:06:21
163	637	Sousa, Sandra	Clube trilheiros & amigos	15SenF	26	3:23:37.21	13:34	02:06:21