

Lugar	Dorsal	Nome	Equipa	Sexo	Idade	Cont1	Tempo
1	139	Sergio Correia	Zona Alta Trail	M	37	00:21:01.22	02:26:12.37
						00:21:01.22	02:05:11.15
2	186	Jose Rosario	Porto De Mós A Correr	M	45	00:21:44.32	02:26:12.68
						00:21:44.32	02:04:28.36
3	147	Luis Miguel Cunha	Coimbra Trail Running	M	46	00:21:43.27	02:26:12.84
						00:21:43.27	02:04:29.57
4	161	Bruno Pereira	Individual	M	44	00:22:08.40	02:29:00.87
						00:22:08.40	02:06:52.47
5	140	Miguel Pires	Ar Casaense / E. A. De Coimbra / Intermarché Condeixa	M	41	00:22:13.83	02:37:32.41
						00:22:13.83	02:15:18.58
6	120	Nuno Coelho	Montanha Clube Trail Runners / Efapel	M	38	00:22:20.08	02:37:53.29
						00:22:20.08	02:15:33.21
7	138	Nelson Costa	Ar Casaense / E. A. De Coimbra / Intermarché Condeixa	M	39	00:20:57.49	02:45:09.38
						00:20:57.49	02:24:11.89
8	185	Miguel Cotrim	Clube De Atletismo De Ferreira Do Zêzere	M	37	00:22:43.51	02:46:31.52
						00:22:43.51	02:23:48.01
9	170	Fernando Santos	Abutres	M	32	00:24:18.46	02:48:42.12
						00:24:18.46	02:24:23.66
10	188	Paulo Fernandes	Blackbulls / Clube De Condeixa	M	44	00:23:29.65	02:49:52.98
						00:23:29.65	02:26:23.33
11	184	Hélder Pereira	Clube De Atletismo De Ferreira Do Zêzere	M	42	00:22:48.61	02:50:17.24
						00:22:48.61	02:27:28.63
12	125	Diogo Pimenta	Dci/Trilhos Luso Bussaco	M	28	00:23:37.64	02:52:37.46
						00:23:37.64	02:28:59.82
13	112	Fernando Gomes	Clube De Atletismo De Ferreira Do Zêzere	M	35	00:20:58.51	02:53:57.57
						00:20:58.51	02:32:59.06
14	117	Bernardo Vieira	União Fci De Tomar	M	18	00:23:30.73	02:54:10.68
						00:23:30.73	02:30:39.95
15	148	Arlindo Ribeiro	Arcd Venda Da Luísa	M	50	00:27:05.24	02:56:12.17
						00:27:05.24	02:29:06.93
16	116	André Ferreira	União Fci De Tomar	M	29	00:25:59.76	02:57:19.73
						00:25:59.76	02:31:19.97
17	159	Rogério Fazenda	Individual	M	39	00:25:08.09	03:00:52.14
						00:25:08.09	02:35:44.05
18	173	Tetyana Vakulyuk	Caracol Trail Team	F	42	00:26:11.12	03:01:31.00
						00:26:11.12	02:35:19.88
19	166	Vitor Gomes	Flashover - Bvpenela	M	44	00:23:18.76	03:01:59.61
						00:23:18.76	02:38:40.85
20	181	Alfredo Gaspar	Grvilaverdense	M	33	00:24:31.22	03:02:23.83
						00:24:31.22	02:37:52.61
21	203	Luis Mendes		M	32	00:25:15.28	03:03:27.53
						00:25:15.28	02:38:12.25
22	201	Carlos António		M	41	00:26:32.54	03:03:32.43
						00:26:32.54	02:36:59.89

Lugar	Dorsal	Nome	Equipa	Sexo	Idade	Cont1	Tempo
23	155	Abel Valente	Ansibikers	M	41	00:24:06.06 00:24:06.06	03:03:36.45 02:39:30.39
24	100	João Paulo Oliveira Nepomuceno	Dá-Lhe Gás Team	M	45	00:25:20.23 00:25:20.23	03:03:46.52 02:38:26.29
25	127	Pedro Cruz	Etx Portugal	M	42	00:27:01.19 00:27:01.19	03:03:55.13 02:36:53.94
26	108	Amílcar Ramos	Grvilaverdense	M	41	00:26:54.80 00:26:54.80	03:06:47.37 02:39:52.57
27	129	Filipe Rodrigues	Ozxtreme/Adcrpereira	M	30	00:25:12.96 00:25:12.96	03:08:51.03 02:43:38.07
28	110	Jose Fonseca	União Fci De Tomar	M	54	00:27:49.66 00:27:49.66	03:10:33.02 02:42:43.36
29	162	Vítor Mota	Individual	M	45	00:27:25.06 00:27:25.06	03:12:16.71 02:44:51.65
30	142	André Fernandes	G.A.U. Bajouca	M	44	00:26:59.00 00:26:59.00	03:12:17.05 02:45:18.05
31	156	Dany Grilo	G.A.U. Bajouca	M	33	00:25:55.14 00:25:55.14	03:12:41.41 02:46:46.27
32	171	Luis Silva	Fonte Nova Runners	M	40	00:23:43.36 00:23:43.36	03:13:17.66 02:49:34.30
33	175	Jorge Rodrigues	Cscd Norte E Soure	M	45	00:23:56.09 00:23:56.09	03:13:57.16 02:50:01.07
34	163	Paulo Santos	Flashover - Bvpenela	M	44	00:27:46.92 00:27:46.92	03:16:46.67 02:48:59.75
35	153	Rui Pedro Gaspar Rodrigues	Individual	M	40	00:23:39.31 00:23:39.31	03:18:46.98 02:55:07.67
36	169	Paula Valente	Ansibikers	F	38	00:28:00.31 00:28:00.31	03:18:46.98 02:50:46.67
37	165	Luís Veríssimo	Figueira Kayak Clube	M	48	00:24:27.96 00:24:27.96	03:18:47.00 02:54:19.04
38	119	João Filipe De Oliveira	Figueira Da Foz	M	47	00:26:55.59 00:26:55.59	03:19:16.10 02:52:20.51
39	118	Tiago Claro	Associação Pombal Jovem	M	29	00:27:44.99 00:27:44.99	03:19:50.61 02:52:05.62
40	107	Alexandre Marcelo	Ansibikers	M	36	00:28:11.67 00:28:11.67	03:22:09.04 02:53:57.37
41	114	Ricardo Jorge	Eschmann Textures	M	36	00:27:51.87 00:27:51.87	03:22:36.37 02:54:44.50
42	136	Vitor Pereira	Águeda Action Club - Actib	M	36	00:28:12.77 00:28:12.77	03:23:30.87 02:55:18.10
43	130	Marco Mendes	Associação Pombal Jovem	M	29	00:26:25.98 00:26:25.98	03:23:39.62 02:57:13.64
44	152	Renato Carvalho	Vilaventura - Trail Running Team	M	25	00:26:36.51 00:26:36.51	03:23:52.34 02:57:15.83

Lugar	Dorsal	Nome	Equipa	Sexo	Idade	Cont1	Tempo
45	154	Gina Domingues	Blackbulls / Clube De Condeixa	F	42	00:29:52.60 00:29:52.60	03:26:41.11 02:56:48.51
46	177	Paulino Oliveira	#Osmanos	M	34	00:27:33.10 00:27:33.10	03:26:43.97 02:59:10.87
47	149	Carina Silva	Clac Entroncamento/Ondatrilhos	F	39	00:29:24.31 00:29:24.31	03:27:33.52 02:58:09.21
48	182	Luís Oliveira	Figueira Kayak Clube	M	28	00:26:53.36 00:26:53.36	03:29:56.91 03:03:03.55
49	180	Rodolfo Deyllot	Porto De Mós A Correr	M	52	00:27:03.53 00:27:03.53	03:30:38.25 03:03:34.72
50	143	João Roso	Cscd Norte E Soure	M	35	00:27:36.21 00:27:36.21	03:32:12.27 03:04:36.06
51	187	Carlos Lourenço	Pinhal Total	M	46	00:27:17.33 00:27:17.33	03:32:36.62 03:05:19.29
52	111	João Costa	Ansibikers	M	22	00:27:44.30 00:27:44.30	03:32:55.20 03:05:10.90
53	189	Ricardo Santa	Individual	M	43	00:27:14.70 00:27:14.70	03:33:37.03 03:06:22.33
54	168	João Fernandes Silva	Crossriders	M	50	00:30:48.50 00:30:48.50	03:34:29.03 03:03:40.53
55	109	Glória Serrazina	Crp Ribafria	F	61	00:29:27.82 00:29:27.82	03:34:49.16 03:05:21.34
56	150	Marco Pedro	Clac Entroncamento/Ondatrilhos	M	43	00:29:41.70 00:29:41.70	03:35:43.70 03:06:02.00
57	200	Pedro Gomes		M	41	00:29:54.45 00:29:54.45	03:36:27.14 03:06:32.69
58	160	Anabela Remédios	Individual	F	48	00:30:10.13 00:30:10.13	03:38:10.98 03:08:00.85
59	145	Luis Calheiros	Naus Trail Team	M	48	00:28:11.14 00:28:11.14	03:39:05.48 03:10:54.34
60	172	João Batista	Apj	M	38	00:29:35.33 00:29:35.33	03:44:09.59 03:14:34.26
61	202	Filipe Domingues		M	41	00:30:33.22 00:30:33.22	03:45:03.62 03:14:30.40
62	183	António Serrão	C. D. Os Águias De Alpiarça	M	42	00:29:54.87 00:29:54.87	03:48:07.00 03:18:12.13
63	174	Miguel Filipe Paiva Cardoso Coelho	Individual	M	27	00:31:01.64 00:31:01.64	03:56:15.77 03:25:14.13
64	151	Elsa Soares	Dá-Lhe Gás Team	F	38	00:32:00.45 00:32:00.45	03:57:09.71 03:25:09.26
65	178	Ricardo Carmo	Individual	M	46	00:31:30.53 00:31:30.53	03:59:54.45 03:28:23.92
66	167	Filipe Carrão	Clac Entroncamento/Ondatrilhos	M	33	00:30:10.38 00:30:10.38	04:04:32.73 03:34:22.35

Lugar	Dorsal	Nome	Equipa	Sexo	Idade	Cont1	Tempo
67	146	Ana Vaz	Naus Trail Team	F	45	00:33:10.45	04:08:47.52
						00:33:10.45	03:35:37.07
68	157	Fausto Carvalho	Arsm - Associação R. Miguel	M	63	00:33:09.28	04:17:25.20
						00:33:09.28	03:44:15.92
69	123	Paulo Bento	Abutres	M	40	00:33:14.84	04:19:17.13
						00:33:14.84	03:46:02.29
70	124	Sérgio Duarte	Abutres	M	39	00:33:15.32	04:19:19.50
						00:33:15.32	03:46:04.18
71	158	Joel Jacinto	Grvilaverdense	M	43	00:29:34.29	04:20:04.64
						00:29:34.29	03:50:30.35
72	134	Susana Castro	Trail Runners Family	F	42	00:32:26.52	04:23:17.23
						00:32:26.52	03:50:50.71
73	135	Fernando Marques	Trail Runners Family	M	43	00:32:19.73	04:23:18.15
						00:32:19.73	03:50:58.42
74	101	Kevin Gaspar	Dá-Lhe Gás Team	M	30	00:32:44.33	04:24:21.10
						00:32:44.33	03:51:36.77
75	132	Bruno Gonçalves	Montanha Clube Trail Runners / Efapel	M	31	00:23:17.55	
						00:23:17.55	
76	164	Manuel Gaspar	Jáestrada	M	54	00:30:55.14	
						00:30:55.14	
DNF	141	Margarida Nobre Nunes	Porto De Mós A Correr	F	45	00:32:12.78	
						00:32:12.78	
DNF	121	Luís Lopes	Abutres	M	47	00:34:07.61	
						00:34:07.61	
DNF	106	Paulo Lopes	Lama Solta	M	46	03:46:34.46	
						03:46:34.46	