

20 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
43	26	Ricardo Rocha	b.t.m.	Veterano M40	02:32:04	+43:25	07:36
44	107	José Marquez	coutadas trail team	Veterano M60	02:33:00	+44:21	07:39
45	67	Rui Fernandes	individual	Veterano M40	02:33:04	+44:25	07:39
46	99	Carlos Carvalho	titi team	Senior Masculino	02:36:07	+47:28	07:48
47	29	Manuel carlos Martins	clube nortada aventura - mnr	Veterano M40	02:36:12	+47:33	07:49
48	93	Victor vital	reumáticos da bila	Senior Masculino	02:40:34	+51:55	08:02
49	92	ALEXANDRE SERAFIM	reumáticos da bila	Senior Masculino	02:40:34	+51:55	08:02
50	94	Nuno Fernandes	reumáticos da bila	Veterano M40	02:40:34	+51:56	08:02
51	37	Vitor Araújo	equipa minho aventura	Veterano M40	02:40:38	+51:59	08:02
52	105	José Carlos Ricardo	boavista f. c.	Veterano M40	02:41:13	+52:34	08:04
53	69	Antonino Pereira	individual	Veterano M50	02:42:10	+53:31	08:07
54	44	Gabriela Fonseca	gtt armazém do caffè	Sub 23 Feminino	02:42:13	+53:34	08:07
55	101	Paulo Natividade	individual	Veterano M40	02:42:24	+53:45	08:07
56	32	Carlos Natividade Silva	dr. merino/4moove	Veterano M50	02:42:24	+53:45	08:07
57	80	Paulo Brás	lion runners - g. d. leões da guarda	Veterano M50	02:42:45	+54:06	08:08
58	53	Joaquim Alves	individual	Senior Masculino	02:44:05	+55:26	08:12
59	89	Rui Costa	os2horas	Senior Masculino	02:50:13	+01:01:34	08:31
60	88	Lino Moreira	os turbomula	Veterano M60	02:50:26	+01:01:47	08:31
61	30	Eugénio Gonçalves	cm maia	Veterano M40	02:50:46	+01:02:07	08:32
62	68	Tiago Soeiro	individual	Veterano M40	02:54:05	+01:05:26	08:42
63	27	Alvaro Carvalhinho	baltar running	Senior Masculino	02:54:23	+01:05:44	08:43
64	78	Maria Ricardo	lion runners - g. d. leões da guarda	Veterana F50	02:56:38	+01:08:00	08:50
65	23	Ana Patrícia	b.t.m.	Senior Feminino	02:56:39	+01:08:00	08:50
66	79	Mário Soares	lion runners - g. d. leões da guarda	Veterano M50	02:56:39	+01:08:00	08:50
67	57	Ricardo Monteiro	individual	Senior Masculino	02:56:39	+01:08:00	08:50
68	40	Ana Pissarra	ginasio fit4fun	Veterana F40	02:57:40	+01:09:01	08:53
69	41	Conceição Ferreira	ginasio fit4fun	Veterana F50	02:57:40	+01:09:01	08:53
70	13	Marco Silva	abrantessilva	Senior Masculino	02:58:26	+01:09:47	08:55
71	97	Ricardo Ribeiro	saudades do sofá team	Veterano M40	03:00:33	+01:11:55	09:02
72	95	Alexandre Cardoso	saudades do sofá team	Senior Masculino	03:00:34	+01:11:55	09:02
73	96	Nuno Barros	saudades do sofá team	Senior Masculino	03:00:34	+01:11:55	09:02
74	24	Diana Carina Lima	b.t.m.	Senior Feminino	03:05:53	+01:17:14	09:18
75	25	Vitor Ramalho	b.t.m.	Senior Masculino	03:05:53	+01:17:14	09:18
76	28	Sergio Louro	clube atlanta runners	Senior Masculino	03:06:08	+01:17:29	09:18
77	66	Manuel Guedes	individual	Veterano M40	03:08:27	+01:19:48	09:25
78	56	Paulo Moreira	individual	Senior Masculino	03:08:45	+01:20:06	09:26
79	70	Fernando Soares	individual	Veterano M50	03:14:48	+01:26:10	09:44
80	72	Zé Spirit	individual	Veterano M60	03:34:45	+01:46:06	10:44
81	62	Isabel Araújo	individual	Veterana F50	03:34:46	+01:46:07	10:44
82	103	Arlete Soares	individual	Veterana F40	03:38:06	+01:49:27	10:54
83	102	José Alexandre Martins	individual	Veterano M40	03:38:07	+01:49:28	10:54
84	34	Paulo Oliveira	equipa minho aventura	Senior Masculino	04:41:50	+02:53:11	14:06

Trail 20K

20 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	20:30	11,5°C	66%
End	01:14	11,5°C	66%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
------	-----	------	------	-----	--------	------	------

Senior Feminino

1	9	Inês Moreira	A.D.Amarante trail running	Senior Feminino	02:03:49	+15:10	06:11:00
2	47	Raquel Andrade	Individual	Senior Feminino	02:16:04	+27:26	06:48:00
3	46	Elisabete Alves	Individual	Senior Feminino	02:18:13	+29:34	06:55:00
4	73	Ana Aleixo	Jobra-Associação de Jovens da Branca	Senior Feminino	02:24:39	+36:00	07:14:00
5	23	Ana Patrícia	B.T.M.	Senior Feminino	02:56:39	+01:08:00	08:50:00
6	24	Diana Carina Lima	B.T.M.	Senior Feminino	03:05:53	+01:17:14	09:18:00

Senior Masculino

1	106	Stível Medina	EDV-VIANA TRAIL	Senior Masculino	01:48:39	+00:00	05:26
2	81	Salvador Oliveira	B.T.M.	Senior Masculino	01:51:06	+02:27	05:33
3	77	Hugo Silva	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	01:52:54	+04:15	05:39
4	10	António Mendes	A.D.Amarante trail running	Senior Masculino	01:53:49	+05:10	05:41
5	76	Celso Oliveira	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	01:55:55	+07:17	05:48
6	98	Antonio ribeiro	tescoteam	Senior Masculino	02:00:38	+11:59	06:02
7	48	André Dias	Individual	Senior Masculino	02:08:36	+19:57	06:26
8	90	Jorge Pereira	Profisio Team	Senior Masculino	02:11:32	+22:54	06:35
9	50	Bruno Moura	Individual	Senior Masculino	02:16:05	+27:26	06:48
10	7	Helder Domingues	100meta	Senior Masculino	02:17:19	+28:40	06:52
11	33	Vítor Gonçalves	EDV-VIANA TRAIL	Senior Masculino	02:18:31	+29:53	06:56
12	8	Miguel Pereira	A.D.Amarante trail running	Senior Masculino	02:18:53	+30:14	06:57
13	85	Filipe Leite	Manos do Trail	Senior Masculino	02:19:24	+30:45	06:58
14	12	Marco Silva	AAAA team	Senior Masculino	02:20:13	+31:34	07:01
15	20	Ricardo Miguel Araújo	Akuafit	Senior Masculino	02:20:53	+32:15	07:03
16	82	Filipe Rocha	Maia	Senior Masculino	02:23:33	+34:54	07:11
17	39	Ricardo Ribeiro	Ginasio Fit4Fun	Senior Masculino	02:24:08	+35:29	07:12
18	91	Nelson Vaz	Profisio Team	Senior Masculino	02:24:35	+35:56	07:14
19	55	Nuno Silva	Individual	Senior Masculino	02:25:38	+36:59	07:17
20	58	Filipe Machado	Individual	Senior Masculino	02:28:22	+39:43	07:25
21	99	Carlos Carvalho	TiTi Team	Senior Masculino	02:36:07	+47:28	07:48
22	93	Victor vital	Reumáticos da Bila	Senior Masculino	02:40:34	+51:55	08:02
23	92	ALEXANDRE SERAFIM	Reumáticos da Bila	Senior Masculino	02:40:34	+51:55	08:02
24	53	Joaquim Alves	Individual	Senior Masculino	02:44:05	+55:26	08:12
25	89	Rui Costa	Os2Horas	Senior Masculino	02:50:13	+01:01:34	08:31
26	27	Alvaro Carvalhinho	Baltar Running	Senior Masculino	02:54:23	+01:05:44	08:43
27	57	Ricardo Monteiro	Individual	Senior Masculino	02:56:39	+01:08:00	08:50
28	13	Marco Silva	Abrantes Silva	Senior Masculino	02:58:26	+01:09:47	08:55

Official Timekeeper: Lap2Go	1 / 3	generate 31-mar-2018 00:12
-----------------------------	-------	----------------------------

20 KM

OFFICIAL RESULT

29	95	Alexandre Cardoso	Saudades do Sofá Team	Senior Masculino	03:00:34	+01:11:55	09:02
30	96	Nuno Barros	Saudades do Sofá Team	Senior Masculino	03:00:34	+01:11:55	09:02
31	25	Vitor Ramalho	B.T.M.	Senior Masculino	03:05:53	+01:17:14	09:18
32	28	Sergio Louro	Clube Atlanta Runners	Senior Masculino	03:06:08	+01:17:29	09:18
33	56	Paulo Moreira	Individual	Senior Masculino	03:08:45	+01:20:06	09:26
34	34	Paulo Oliveira	Equipa Minho Aventura	Senior Masculino	04:41:50	+02:53:11	14:06

1	44	Gabriela Fonseca	GTT Armazém do Caffé	Sub 23 Feminino	02:42:13	+53:34	08:07
---	----	------------------	----------------------	-----------------	----------	--------	-------

1	21	Miguel Pinto	AMIGOS DO PEDAL TRILAGARES	Sub 23 Masculino	01:49:26	+00:47	05:28
2	19	Rui Araújo	ÁGUIAS DE ALVELOS	Sub 23 Masculino	01:53:04	+04:26	05:39
3	87	GONÇALO FREITAS	OLIMPICO VIANENSE TRAIL	Sub 23 Masculino	02:31:08	+42:29	07:33

1	40	Ana Pissarra	Ginasio Fit4Fun	Veterana F40	02:57:40	+01:09:01	08:53
2	103	Arlete Soares	Individual	Veterana F40	03:38:06	+01:49:27	10:54

1	78	Maria Ricardo	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F50	02:56:38	+01:08:00	08:50
2	41	Conceição Ferreira	Ginasio Fit4Fun	Veterana F50	02:57:40	+01:09:01	08:53
3	62	Isabel Araújo	Individual	Veterana F50	03:34:46	+01:46:07	10:44

1	17	Bruno Silva	Afacycles	Veterano M40	01:48:38	05:26
2	38	Joaquim Freitas	G.D.Dramático da Retorta	Veterano M40	01:51:30	+02:51 05:34
3	15	Isaac Costa	Addicted to trail	Veterano M40	01:55:57	+07:18 05:48
4	31	Ricardo Pires	Dá-Lhe Gás	Veterano M40	02:08:48	+20:09 06:26
5	83	Luis Leite	Maia	Veterano M40	02:08:58	+20:19 06:27
6	104	Fernando Sampaio	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	02:09:10	+20:31 06:28
7	42	PAULO MACHADO	Ginasio Fit4Fun	Veterano M40	02:19:11	+30:32 06:58
8	5	Alexandre Lourenço	#maisloucossaoosqueacompanham	Veterano M40	02:19:25	+30:46 06:58
9	11	Nuno Castro	A.D.Amarante trail running	Veterano M40	02:20:37	+31:58 07:02
10	63	Ângelo Nogueira	Individual	Veterano M40	02:20:40	+32:01 07:02
11	74	Carlos Marques	Jobra-Associação de Jovens da Branca	Veterano M40	02:24:39	+36:01 07:14

20 KM

OFFICIAL RESULT

12	64	Eduardo Nascimento	Individual	Veterano M40	02:29:42	+41:03	07:29
13	26	Ricardo Rocha	B.T.M.	Veterano M40	02:32:04	+43:25	07:36
14	67	Rui Fernandes	Individual	Veterano M40	02:33:04	+44:25	07:39
15	29	Manuel carlos Martins	Clube Nortada Aventura - MNR	Veterano M40	02:36:12	+47:33	07:49
16	94	Nuno Fernandes	Reumáticos da Bila	Veterano M40	02:40:34	+51:56	08:02
17	37	Vitor Araújo	Equipa Minho Aventura	Veterano M40	02:40:38	+51:59	08:02
18	105	José Carlos Ricardo	Boavista F. C.	Veterano M40	02:41:13	+52:34	08:04
19	101	Paulo Natividade	Individual	Veterano M40	02:42:24	+53:45	08:07
20	30	Eugénio Gonçalves	CM Maia	Veterano M40	02:50:46	+01:02:07	08:32
21	68	Tiago Soeiro	Individual	Veterano M40	02:54:05	+01:05:26	08:42
22	97	Ricardo Ribeiro	Saudades do Sofá Team	Veterano M40	03:00:33	+01:11:55	09:02
23	66	Manuel Guedes	Individual	Veterano M40	03:08:27	+01:19:48	09:25
24	102	José Alexandre Martins	Individual	Veterano M40	03:38:07	+01:49:28	10:54

1	22	Jorge Moreira	AMIGOS DO PEDAL TRAILAGARES	Veterano M50	02:10:14	+21:36	06:31
2	75	Francisco Soares	Jobra-Associação de Jovens da Branca	Veterano M50	02:14:57	+26:18	06:45
3	71	Francisco Nogueira	Individual	Veterano M50	02:15:26	+26:47	06:46
4	69	Antonino Pereira	Individual	Veterano M50	02:42:10	+53:31	08:07
5	32	Carlos Natividade Silva	Dr. Merino/4moove	Veterano M50	02:42:24	+53:45	08:07
6	80	Paulo Brás	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M50	02:42:45	+54:06	08:08
7	79	Mário Soares	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M50	02:56:39	+01:08:00	08:50
8	70	Fernando Soares	Individual	Veterano M50	03:14:48	+01:26:10	09:44

1	107	José Marquez	COUTADAS TRAIL TEAM	Veterano M60	02:33:00	+44:21	07:39
2	88	Lino Moreira	Os TurboMula	Veterano M60	02:50:26	+01:01:47	08:31
3	72	Zé Spirit	Individual	Veterano M60	03:34:45	+01:46:06	10:44

