

TRAIL TERRAS DO LIDADOR 20KM - STAGE 1

20 KM

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OFFICIAL RESULT

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REVISED

	Time	Temperature	Humidity
Start	20:30	16°C	77%
End	23:46	14°C	87%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	145	Bruno Silva	satecnosol outdoor	Senior Masculino	01:33:20		04:40
2	148	Pedro Sousa	satecnosol outdoor	Senior Masculino	01:34:50	+01:29	04:45
3	149	Nuno Silva	satecnosol outdoor	Senior Masculino	01:36:12	+02:51	04:49
4	12	Paulo Manuel Monteiro da Costa	a.d.amaranthe trail running	Senior Masculino	01:36:55	+03:35	04:51
5	4	Bruno Coelho	satecnosol outdoor	Senior Masculino	01:41:37	+08:17	05:05
6	147	Cesar Barros	satecnosol outdoor	Senior Masculino	01:41:38	+08:17	05:05
7	143	Paulo Mesquita	vilaverdeacorrer	Senior Masculino	01:44:20	+11:00	05:13
8	2	Pedro Marques	dr. merino/4moove	Veterano M50	01:46:39	+13:19	05:20
9	19	Humberto Silva	aztrail	Senior Masculino	01:46:39	+13:19	05:20
10	10	José Filipe Dinis Barros	a.d.amaranthe trail running	Senior Masculino	01:49:50	+16:30	05:30
11	26	Estivel Martinez Medina	cazafantasmas	Senior Masculino	01:50:02	+16:41	05:30
12	100	Marco Prieto	individual	Veterano M40	01:50:49	+17:28	05:32
13	23	David Alonso Alonso	cazafantasmas	Senior Masculino	01:51:20	+17:59	05:34
14	115	André Nogueira	oralklass-amigos do trail	Senior Masculino	01:52:15	+18:55	05:37
15	146	Paulo Barbosa	satecnosol outdoor	Senior Masculino	01:54:05	+20:45	05:42
16	121	Tiago Pinheiro	satecnosol outdoor	Senior Masculino	01:54:55	+21:34	05:45
17	42	Nelson Teixeira	crocodilos	Senior Masculino	01:55:20	+21:59	05:46
18	135	Tiago Sousa	team lantermil	Senior Masculino	01:58:48	+25:27	05:56
19	8	Antonio Mendes	a.d.amaranthe trail running	Senior Masculino	01:59:26	+26:05	05:58
20	96	Duarte Gil Ribeiro Barbosa	individual	Veterano M40	01:59:44	+26:23	05:59
21	80	Mark Macedo	cazafantasmas	Senior Masculino	02:01:08	+27:47	06:03
22	79	Marco Silva	individual	Senior Masculino	02:01:12	+27:51	06:04
23	118	Rodrigo Silva	team lantermil	Veterano M40	02:02:04	+28:44	06:06
24	109	Francisco Soares	jobra-associação de jovens da branca	Veterano M50	02:02:14	+28:53	06:07
25	38	Sérgio Eduardo Teixeira Vieira	cdm running	Senior Masculino	02:02:31	+29:10	06:08
26	81	Miguel Torres	individual	Senior Masculino	02:02:38	+29:18	06:08
27	5	Paula Lage	dr. merino/4moove	Veterana F40	02:02:47	+29:27	06:08
28	21	Mario Fonseca	aztrail	Veterano M40	02:03:23	+30:02	06:10
29	104	henrique borges	individual	Veterano M50	02:03:47	+30:26	06:11
30	152	Helder Camilo	individual	Senior Masculino	02:03:55	+30:35	06:12
31	142	Diogo Torres	vilaverdeacorrer	Senior Masculino	02:04:06	+30:46	06:12
32	136	Humberto Carlos Ferreira Reis	team lantermil	Veterano M40	02:04:11	+30:50	06:13
33	93	André Violante	individual	Veterano M40	02:05:31	+32:10	06:17
34	98	João arbosa	individual	Veterano M40	02:05:41	+32:21	06:17
35	90	Paula da Silva Barbosa	oralklass-amigos do trail	Veterana F40	02:05:44	+32:24	06:17
36	39	Miguel Ângelo de Brito Gomes Ferreira	cdm running	Veterano M40	02:06:34	+33:14	06:20
37	150	José Sá	satecnosol outdoor	Senior Masculino	02:06:40	+33:19	06:20
38	72	Hugo Miguel Sousa da Silva	individual	Senior Masculino	02:06:41	+33:21	06:20
39	132	João Silva	team lantermil	Senior Masculino	02:07:02	+33:42	06:21
40	22	Sérgio Miguel Batista Couto	budeguita runners	Veterano M40	02:07:05	+33:45	06:21

TRAIL TERRAS DO LIDADOR 20KM - STAGE 1

20 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	33	Javier Navia Garcia	cazafantasmas	Veterano M40	02:07:15	+33:55	06:22
42	41	Paulo Neta	clube zipper	Veterano M40	02:08:07	+34:46	06:24
43	58	Duarte Conceição	hora do lobo trail	Senior Masculino	02:08:39	+35:18	06:26
44	20	Jorge Brites	aztrail	Veterano M40	02:09:00	+35:39	06:27
45	64	Adriano Pinto	individual	Senior Masculino	02:09:20	+36:00	06:28
46	127	Jorge mota	step by step	Veterano M40	02:10:02	+36:41	06:30
47	49	Helder Costa	ginásio fit4fun	Senior Masculino	02:10:22	+37:01	06:31
48	30	Julian Martinez Corbacho	cazafantasmas	Senior Masculino	02:11:37	+38:17	06:35
49	153	Ines Moreira	individual	Senior Feminino	02:11:40	+38:19	06:35
50	124	Andre Príncipe	sport clube beira-mar	Senior Masculino	02:11:57	+38:36	06:36
51	47	Domingos Martins	gafanhori - arraiolos	Senior Masculino	02:12:10	+38:50	06:37
52	46	Inês Pinto	gafanhori - arraiolos	Senior Feminino	02:12:11	+38:50	06:37
53	71	Filipe rocha	individual	Senior Masculino	02:12:13	+38:53	06:37
54	128	Paulo silva	step by step	Veterano M40	02:14:35	+41:15	06:44
55	68	Bruno Ricardo Gomes de Pinho	individual	Senior Masculino	02:14:43	+41:22	06:44
56	157	Americo Pinto	individual	Veterano M50	02:15:36	+42:15	06:47
57	15	António Gonçalves	acsp	Veterano M40	02:16:13	+42:53	06:49
58	133	Marco Filipe Silva Moreira	team lantermil	Senior Masculino	02:17:56	+44:36	06:54
59	137	Joaquim Silva	team lantermil	Veterano M40	02:17:56	+44:36	06:54
60	62	Raquel Andrade	individual	Senior Feminino	02:18:00	+44:40	06:54
61	67	Bruno Moura	individual	Senior Masculino	02:18:00	+44:40	06:54
62	126	Ivo Almeida	step by step	Veterano M40	02:18:35	+45:15	06:56
63	28	Ivan Iglesias Amil	cazafantasmas	Senior Masculino	02:18:43	+45:22	06:56
64	134	Nuno Silva	team lantermil	Senior Masculino	02:21:37	+48:16	07:05
65	59	Jorge Silva	hora do lobo trail	Veterano M40	02:21:43	+48:23	07:05
66	24	Denis Pintos Barros	cazafantasmas	Senior Masculino	02:21:44	+48:23	07:05
67	116	Lino Moreira	os turbomula	Veterano M60	02:22:05	+48:44	07:06
68	154	Claudia Moreira	individual	Senior Feminino	02:23:09	+49:49	07:09
69	89	vitor Teixeira	individual	Senior Masculino	02:23:22	+50:01	07:10
70	13	Paulo Alexandre Espinha Correia de Jesus Alves	a.d.amarante trail running	Veterano M40	02:24:34	+51:13	07:14
71	16	Frederico Máximo	aesthetical running team	Senior Masculino	02:25:18	+51:57	07:16
72	17	Filipe Ramos	aesthetical running team	Veterano M40	02:25:18	+51:57	07:16
73	34	Pablo Sio Otero	cazafantasmas	Veterano M40	02:26:21	+53:01	07:19
74	14	Pedro Filipe de Sá Guimarães Marinho	a.d.amarante trail running	Veterano M40	02:27:54	+54:34	07:24
75	119	Paulo Pereira	running team maia	Veterano M40	02:28:08	+54:48	07:24
76	32	Carlos Mario Gomez Pereiro	cazafantasmas	Veterano M40	02:28:51	+55:30	07:27
77	140	Nelson Teixeira	true evolution	Veterano M40	02:28:52	+55:31	07:27
78	65	António Carlos Tavares de Paiva	individual	Senior Masculino	02:29:15	+55:55	07:28
79	36	Filipe Santos	cdm running	Senior Masculino	02:29:17	+55:56	07:28
80	141	Ana Filipa Gomes	vilaverdeacorrer	Senior Feminino	02:29:27	+56:07	07:28
81	48	Carlos Martins	ginásio fit4fun	Senior Masculino	02:29:56	+56:36	07:30
82	102	Mike Dias	individual	Veterano M40	02:29:56	+56:36	07:30
83	138	Miguel Araújo	team lantermil	Veterano M40	02:30:06	+56:46	07:30

TRAIL TERRAS DO LIDADOR 20KM - STAGE 1

20 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
84	106	Rui Eduardo Pereira	individual	Veterano M50	02:30:19	+56:58	07:31
85	9	Hugo Duarte	a.d.amarante trail running	Senior Masculino	02:30:28	+57:07	07:31
86	125	Jorge pereira	step by step	Senior Masculino	02:30:47	+57:27	07:32
87	54	blandine craveiro	gobs	Veterana F40	02:31:27	+58:07	07:34
88	37	João Pedro Abreu Santos	cdm running	Senior Masculino	02:31:56	+58:36	07:36
89	35	Ricardo Monje Garcia	cazafantasmas	Veterano M40	02:32:18	+58:58	07:37
90	111	Paulo Oliveira	minho aventura	Senior Masculino	02:32:24	+59:04	07:37
91	112	Susy costa	minho aventura	Veterana F40	02:32:25	+59:04	07:37
92	95	Carlos Saragoça	individual	Veterano M40	02:33:58	+01:00:38	07:42
93	57	Pedro Barros	happyrun	Veterano M40	02:34:30	+01:01:09	07:44
94	75	Jorge Miguel Dias Couto Reis	individual	Senior Masculino	02:34:47	+01:01:26	07:44
95	40	M. Carlos Martins	clube nortada aventura	Veterano M40	02:35:20	+01:02:00	07:46
96	82	Nuno Pina	individual	Senior Masculino	02:35:50	+01:02:29	07:48
97	60	Celia Cunha	individual	Senior Feminino	02:36:20	+01:02:59	07:49
98	84	Pedro Gonçalves	individual	Senior Masculino	02:38:08	+01:04:47	07:54
99	51	Conceição Ferreira	ginásio fit4fun	Veterana F50	02:38:17	+01:04:56	07:55
100	52	Fernando Bastos	ginásio fit4fun	Veterano M40	02:38:17	+01:04:56	07:55
101	156	Nuno Moreira	individual	Senior Masculino	02:39:19	+01:05:58	07:58
102	27	Gabriel Ledo Freiria	cazafantasmas	Senior Masculino	02:39:23	+01:06:03	07:58
103	83	Pedro Ferreira	individual	Senior Masculino	02:39:25	+01:06:05	07:58
104	77	Luis silva	individual	Senior Masculino	02:42:24	+01:09:03	08:07
105	120	Ana Costa	running team maia	Senior Feminino	02:44:39	+01:11:18	08:14
106	114	Nuno Filipe Cardoso Maia	nuno filipe	Senior Masculino	02:45:18	+01:11:58	08:16
107	131	Sandra Dias Pereira	team lantermil	Senior Feminino	02:45:22	+01:12:01	08:16
108	94	António Jorge Sá	individual	Veterano M40	02:47:26	+01:14:05	08:22
109	70	Emanuel Pinho Gomes	individual	Senior Masculino	02:47:27	+01:14:07	08:22
110	155	Carlos Gonçalves	individual	Senior Masculino	02:47:55	+01:14:35	08:24
111	144	Rui Quinta	moinhos run adrm	Veterano M50	02:47:55	+01:14:35	08:24
112	66	ANTÓNIO TAVARES	individual	Senior Masculino	02:50:40	+01:17:20	08:32
113	11	José Miguel Monteiro Pereira	a.d.amarante trail running	Senior Masculino	02:50:42	+01:17:21	08:32
114	113	José Semblano	no tomorrow running team	Veterano M40	02:55:35	+01:22:15	08:47
115	122	Alexandre Cardoso	saudades do sofá!	Senior Masculino	02:56:05	+01:22:44	08:48
116	108	JOSÉ ESPÍRITO SANTO	individual	Veterano M60	02:56:05	+01:22:44	08:48
117	123	Ricardo Ribeiro	saudades do sofá!	Veterano M40	02:56:05	+01:22:45	08:48
118	130	Fernando Soares	stout & lager	Veterano M50	02:57:03	+01:23:42	08:51
119	63	TERESA SOFIA ALMEIDA ALVES	individual	Senior Feminino	02:58:15	+01:24:55	08:55
120	61	GABRIELA BI MADEIRA	individual	Senior Feminino	02:58:53	+01:25:32	08:57
121	92	MARIA RICARDO	individual	Veterana F50	02:59:42	+01:26:21	08:59
122	129	Hugo Ventura	stout & lager	Senior Masculino	03:00:46	+01:27:25	09:02
123	107	Rui Lira Cardoso	individual	Veterano M50	03:01:32	+01:28:12	09:05
124	78	Marcelo Domingues	individual	Senior Masculino	03:04:04	+01:30:43	09:12
125	85	Ricardo Nuno Almeida Pereira	individual	Senior Masculino	03:04:04	+01:30:43	09:12
126	105	MARIO SOARES	individual	Veterano M50	03:04:31	+01:31:10	09:14
127	91	ISABEL ARAUJO	individual	Veterana F50	03:04:31	+01:31:11	09:14
128	97	Fernando Ferreira Vilarinho	individual	Veterano M40	03:04:39	+01:31:19	09:14

TRAIL TERRAS DO LIDADOR 20KM - STAGE 1

20 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
129	103	Paulo	individual	Veterano M40	03:08:11	+01:34:50	09:25
130	43	António Pinheiro	dr. merino/4moove	Senior Masculino	03:14:21	+01:41:01	09:43

trail terras do lidador 20km

OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	20:30	16°C	77%
End	23:46	14°C	87%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	153	Ines Moreira	Individual	Senior Feminino	02:11:40	06:35:11
2	46	Inês Pinto	GafanhOri - Arraiolos	Senior Feminino	02:12:11	+00:31 06:37:02
3	62	Raquel Andrade	Individual	Senior Feminino	02:18:01	+06:21 06:54:43
4	154	Claudia Moreira	Individual	Senior Feminino	02:23:10	+11:30 07:09:53
5	141	Ana Filipa Gomes	VilaVerdeaCorrer	Senior Feminino	02:29:28	+17:48 07:28:41
6	60	Celia Cunha	Individual	Senior Feminino	02:36:20	+24:40 07:49:01
7	120	Ana Costa	RUNNING TEAM MAIA	Senior Feminino	02:44:39	+32:59 08:14:00
8	131	Sandra Dias Pereira	TEAM LANTEMIL	Senior Feminino	02:45:22	+33:42 08:16:22
9	63	TERESA SOFIA ALMEIDA ALVES	Individual	Senior Feminino	02:58:16	+46:36 08:55:38
10	61	GABRIELA BI MADEIRA	Individual	Senior Feminino	02:58:53	+47:13 08:57:15

Senior Masculino

1	145	Bruno Silva	Satecnosol Outdoor	Senior Masculino	01:33:21	04:40
2	148	Pedro Sousa	Satecnosol Outdoor	Senior Masculino	01:34:50	+01:29 04:45
3	149	Nuno Silva	Satecnosol Outdoor	Senior Masculino	01:36:12	+02:51 04:49
4	12	Paulo Manuel Monteiro da Costa	A.D.Amarante trail running	Senior Masculino	01:36:56	+03:35 04:51
5	4	Bruno Coelho	Satecnosol Outdoor	Senior Masculino	01:41:38	+08:17 05:05
6	147	Cesar Barros	Satecnosol Outdoor	Senior Masculino	01:41:38	+08:17 05:05
7	143	Paulo Mesquita	VilaVerdeaCorrer	Senior Masculino	01:44:21	+11:00 05:13
8	19	Humberto Silva	AZTrail	Senior Masculino	01:46:40	+13:19 05:20
9	10	José Filipe Dinis Barros	A.D.Amarante trail running	Senior Masculino	01:49:51	+16:30 05:30
10	26	Estivel Martinez Medina	Cazafantasmas	Senior Masculino	01:50:02	+16:41 05:30
11	23	David Alonso Alonso	Cazafantasmas	Senior Masculino	01:51:20	+17:59 05:34
12	115	André Nogueira	Oralklass-Amigos do Trail	Senior Masculino	01:52:16	+18:55 05:37
13	146	Paulo Barbosa	Satecnosol Outdoor	Senior Masculino	01:54:06	+20:45 05:42
14	121	Tiago Pinheiro	Satecnosol Outdoor	Senior Masculino	01:54:55	+21:34 05:45
15	42	Nelson Teixeira	Crocodilos	Senior Masculino	01:55:20	+21:59 05:46
16	135	Tiago Sousa	TEAM LANTEMIL	Senior Masculino	01:58:48	+25:27 05:56
17	8	Antonio Mendes	A.D.Amarante trail running	Senior Masculino	01:59:26	+26:05 05:58
18	80	Mark Macedo	Cazafantasmas	Senior Masculino	02:01:08	+27:47 06:03
19	79	Marco Silva	Individual	Senior Masculino	02:01:12	+27:51 06:04
20	38	Sérgio Eduardo Teixeira Vieira	CDM Running	Senior Masculino	02:02:31	+29:10 06:08
21	81	Miguel Torres	Individual	Senior Masculino	02:02:39	+29:18 06:08
22	152	Helder Camilo	Individual	Senior Masculino	02:03:56	+30:35 06:12
23	142	Diogo Torres	VilaVerdeaCorrer	Senior Masculino	02:04:07	+30:46 06:12
24	150	José Sá	Satecnosol Outdoor	Senior Masculino	02:06:40	+33:19 06:20
25	72	Hugo Miguel Sousa da Silva	Individual	Senior Masculino	02:06:42	+33:21 06:20
26	132	João Silva	TEAM LANTEMIL	Senior Masculino	02:07:03	+33:42 06:21

trail terras do lidador 20km

20 KM

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OFFICIAL RESULT

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REVISED

27	58	Duarte Conceição	Hora do Lobo Trail	Senior Masculino	02:08:39	+35:18	06:26
28	64	Adriano Pinto	Individual	Senior Masculino	02:09:21	+36:00	06:28
29	49	Helder Costa	Ginásio Fit4Fun	Senior Masculino	02:10:22	+37:01	06:31
30	30	Julian Martinez Corbacho	Cazafantasmas	Senior Masculino	02:11:38	+38:17	06:35
31	124	Andre Príncipe	Sport Clube Beira-Mar	Senior Masculino	02:11:57	+38:36	06:36
32	47	Domingos Martins	GafanhOri - Arraiolos	Senior Masculino	02:12:11	+38:50	06:37
33	71	Filipe rocha	Individual	Senior Masculino	02:12:14	+38:53	06:3
34	68	Bruno Ricardo Gomes de Pinho	Individual	Senior Masculino	02:14:43	+41:22	06:44
35	133	Marco Filipe Silva Moreira	TEAM LANTEMIL	Senior Masculino	02:17:57	+44:36	06:54
36	67	Bruno Moura	Individual	Senior Masculino	02:18:01	+44:40	06:54
37	28	Ivan Iglesias Amil	Cazafantasmas	Senior Masculino	02:18:43	+45:22	06:56
38	134	Nuno Silva	TEAM LANTEMIL	Senior Masculino	02:21:37	+48:16	07:05
39	24	Denis Pintos Barros	Cazafantasmas	Senior Masculino	02:21:44	+48:23	07:05
40	89	vitlor Teixeira	Individual	Senior Masculino	02:23:22	+50:01	07:10
41	16	Frederico Máximo	Aesthetical Running Team	Senior Masculino	02:25:18	+51:57	07:16
42	65	António Carlos Tavares de Paiva	Individual	Senior Masculino	02:29:16	+55:55	07:28
43	36	Filipe Santos	CDM Running	Senior Masculino	02:29:17	+55:56	07:28
44	48	Carlos Martins	Ginásio Fit4Fun	Senior Masculino	02:29:57	+56:36	07:30
45	9	Hugo Duarte	A.D.Amarante trail running	Senior Masculino	02:30:28	+57:07	07:31
46	125	Jorge pereira	STEP BY STEP	Senior Masculino	02:30:48	+57:27	07:32
47	37	João Pedro Abreu Santos	CDM Running	Senior Masculino	02:31:57	+58:36	07:36
48	111	Paulo Oliveira	MINHO AVENTURA	Senior Masculino	02:32:25	+59:04	07:37
49	75	Jorge Miguel Dias Couto Reis	Individual	Senior Masculino	02:34:47	+01:01:26	07:44
50	82	Nuno Pina	Individual	Senior Masculino	02:35:50	+01:02:29	07:48
51	84	Pedro Gonçalves	Individual	Senior Masculino	02:38:08	+01:04:47	07:54
52	156	Nuno Moreira	Individual	Senior Masculino	02:39:19	+01:05:58	07:58
53	27	Gabriel Ledo Freiria	Cazafantasmas	Senior Masculino	02:39:24	+01:06:03	07:58
54	83	Pedro Ferreira	Individual	Senior Masculino	02:39:26	+01:06:05	07:58
55	77	Luis silva	Individual	Senior Masculino	02:42:24	+01:09:03	08:07
56	114	Nuno Filipe Cardoso Maia	Nuno Filipe	Senior Masculino	02:45:19	+01:11:58	08:16
57	70	Emanuel Pinho Gomes	Individual	Senior Masculino	02:47:28	+01:14:07	08:22
58	155	Carlos Gonçalves	Individual	Senior Masculino	02:47:56	+01:14:35	08:24
59	66	ANTÓNIO TAVARES	Individual	Senior Masculino	02:50:41	+01:17:20	08:32
60	11	José Miguel Monteiro Pereira	A.D.Amarante trail running	Senior Masculino	02:50:42	+01:17:21	08:32
61	122	Alexandre Cardoso	Saudades do sofá!	Senior Masculino	02:56:05	+01:22:44	08:48
62	129	Hugo Ventura	Stout & Lager	Senior Masculino	03:00:46	+01:27:25	09:02
63	78	Marcelo Domingues	Individual	Senior Masculino	03:04:04	+01:30:43	09:12
64	85	Ricardo Nuno Almeida Pereira	Individual	Senior Masculino	03:04:04	+01:30:43	09:12
65	43	António Pinheiro	Dr. Merino/4moove	Senior Masculino	03:14:22	+01:41:01	09:43

Veterana F40

1	5	Paula Lage	Dr. Merino/4moove	Veterana F40	02:02:48	06:08
2	90	Paula da Silva Barbosa	Oralklass-Amigos do Trail	Veterana F40	02:05:45	+02:57 06:17
3	54	blandine craveiro	GOBS	Veterana F40	02:31:28	+28:40 07:34
4	112	Susy costa	MINHO AVENTURA	Veterana F40	02:32:25	+29:37 07:37

Official Timekeeper: Lap2Go	2 / 4	generate 18-abr-2017 10:41
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trail terras do lidador 20km

20 KM

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Veterana F50

1	51	Conceição Ferreira	Ginásio Fit4Fun	Veterana F50	02:38:17	07:55
2	92	MARIA RICARDO	Individual	Veterana F50	02:59:42	+21:25 08:59
3	91	ISABEL ARAUJO	Individual	Veterana F50	03:04:32	+26:15 09:14

Veterano M40

1	100	Marco Prieto	Individual	Veterano M40	01:50:49		05:32
2	96	Duarte Gil Ribeiro Barbosa	Individual	Veterano M40	01:59:44	+08:55	05:59
3	118	Rodrigo Silva	TEAM LANTEMIL	Veterano M40	02:02:05	+11:16	06:06
4	21	Mario Fonseca	AZTrail	Veterano M40	02:03:23	+12:34	06:10
5	136	Humberto Carlos Ferreira Reis	TEAM LANTEMIL	Veterano M40	02:04:11	+13:22	06:13
6	93	André Violante	Individual	Veterano M40	02:05:31	+14:42	06:17
7	98	João arbosa	Individual	Veterano M40	02:05:42	+14:53	06:17
8	39	Miguel Ângelo de Brito Gomes Ferreira	CDM Running	Veterano M40	02:06:35	+15:46	06:20
9	22	Sérgio Miguel Batista Couto	BUDEGUITA RUNNERS	Veterano M40	02:07:06	+16:17	06:21
10	33	Javier Navia Garcia	Cazafantasmas	Veterano M40	02:07:16	+16:27	06:22
11	41	Paulo Neta	Clube Zupper	Veterano M40	02:08:07	+17:18	06:24
12	20	Jorge Brites	AZTrail	Veterano M40	02:09:00	+18:11	06:27
13	127	Jorge mota	STEP BY STEP	Veterano M40	02:10:02	+19:13	06:30
14	128	Paulo silva	STEP BY STEP	Veterano M40	02:14:36	+23:47	06:44
15	15	António Gonçalves	acsp	Veterano M40	02:16:14	+25:25	06:49
16	137	Joaquim Silva	TEAM LANTEMIL	Veterano M40	02:17:57	+27:08	06:54
17	126	Ivo Almeida	STEP BY STEP	Veterano M40	02:18:36	+27:47	06:56
18	59	Jorge Silva	Hora do Lobo Trail	Veterano M40	02:21:44	+30:55	07:05
19	13	Paulo Alexandre Espinha Correia de Jesus Alves	A.D.Amarante trail running	Veterano M40	02:24:34	+33:45	07:14
20	17	Filipe Ramos	Aesthetical Running Team	Veterano M40	02:25:18	+34:29	07:16
21	34	Pablo Sio Otero	Cazafantasmas	Veterano M40	02:26:22	+35:33	07:19
22	14	Pedro Filipe de Sá Guimarães Marinho	A.D.Amarante trail running	Veterano M40	02:27:55	+37:06	07:24
23	119	Paulo Pereira	RUNNING TEAM MAIA	Veterano M40	02:28:09	+37:20	07:24
24	32	Carlos Mario Gomez Pereiro	Cazafantasmas	Veterano M40	02:28:51	+38:02	07:27
25	140	Nelson Teixeira	True evolution	Veterano M40	02:28:52	+38:03	07:27
26	102	Mike Dias	Individual	Veterano M40	02:29:57	+39:08	07:30
27	138	Miguel Araújo	TEAM LANTEMIL	Veterano M40	02:30:07	+39:18	07:30
28	35	Ricardo Monje Garcia	Cazafantasmas	Veterano M40	02:32:19	+41:30	07:37
29	95	Carlos Saragoça	Individual	Veterano M40	02:33:59	+43:10	07:42
30	57	Pedro Barros	HappyRun	Veterano M40	02:34:30	+43:41	07:44
31	40	M. Carlos Martins	Clube Nortada Aventura	Veterano M40	02:35:21	+44:32	07:46
32	52	Fernando Bastos	Ginásio Fit4Fun	Veterano M40	02:38:17	+47:28	07:55
33	94	António Jorge Sá	Individual	Veterano M40	02:47:26	+56:37	08:22
34	113	José Semblano	NO TOMORROW RUNNING TEAM	Veterano M40	02:55:36	+01:04:47	08:47
35	123	Ricardo Ribeiro	Saudades do sofá!	Veterano M40	02:56:06	+01:05:17	08:48

trail terras do lidador 20km

20 KM

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OFFICIAL RESULT

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36	97	Fernando Ferreira Vilarinho	Individual	Veterano M40	03:04:40	+01:13:51	09:14
37	103	Paulo	Individual	Veterano M40	03:08:11	+01:17:22	09:25

Veterano M50

1	2	Pedro Marques	Dr. Merino/4moove	Veterano M50	01:46:40	05:20
2	109	Francisco Soares	Jobra-Associação de Jovens da Branca	Veterano M50	02:02:14	+15:34 06:07
3	104	henrique borges	Individual	Veterano M50	02:03:47	+17:07 06:11
4	157	Americo Pinto	Individual	Veterano M50	02:15:36	+28:56 06:47
5	106	Rui Eduardo Pereira	Individual	Veterano M50	02:30:19	+43:39 07:31
6	144	Rui Quinta	Moinhos Run ADRM	Veterano M50	02:47:56	+01:01:16 08:24
7	130	Fernando Soares	Stout & Lager	Veterano M50	02:57:03	+01:10:23 08:51
8	107	Rui Lira Cardoso	Individual	Veterano M50	03:01:33	+01:14:53 09:05
9	105	MARIO SOARES	Individual	Veterano M50	03:04:31	+01:17:51 09:14

Veterano M60

1	116	Lino Moreira	Os TurboMula	Veterano M60	02:22:05	07:06
2	108	JOSÉ ESPÍRITO SANTO	Individual	Veterano M60	02:56:05	+34:00 08:48

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