

MINI TRAIL - STAGE 1

13 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	10.4°C	93%
End	13:48	10.4°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1119	Nelson Loureiro	individual	Senior Masculino	01:01:12		04:43
2	1213	Bruno Rodrigues	minho e lima trail	Senior Masculino	01:06:20	+05:07	05:06
3	1022	Marcelo Costa	amc-trail	Senior Masculino	01:06:20	+05:07	05:06
4	1066	Ivan Silva	edv viana trail	Senior Masculino	01:08:03	+06:50	05:14
5	1114	Joao Sousa	individual	Senior Masculino	01:08:05	+06:52	05:14
6	1024	João Moita	associação beat your limit	Senior Masculino	01:11:08	+09:56	05:28
7	1017	Miguel Barros	a.d.amarante trail running	Veterano M40	01:13:05	+11:53	05:37
8	1109	Fabien Lebechec	individual	Senior Masculino	01:13:30	+12:17	05:39
9	133	César Gonçalves	amc-trail	Veterano M40	01:15:04	+13:52	05:47
10	1036	Fernando Maia	blasqem runners	Veterano M50	01:16:27	+15:14	05:53
11	1179	José Sá	lion runners - g. d. leões da guarda	Senior Masculino	01:17:09	+15:57	05:56
12	1176	Bruno Batista	lion runners - g. d. leões da guarda	Senior Masculino	01:18:35	+17:22	06:03
13	1026	Amândio Jorge Pinheiro	bike espinhosa	Veterano M50	01:19:48	+18:36	06:08
14	1032	Jorge Sousa	blasqem runners	Senior Masculino	01:21:14	+20:01	06:15
15	1035	Carlos Canito	blasqem runners	Veterano M50	01:21:14	+20:01	06:15
16	1015	Daniel Santos	a.d.amarante trail running	Senior Masculino	01:21:50	+20:37	06:18
17	1107	César Machado	individual	Senior Masculino	01:21:50	+20:37	06:18
18	1122	Pedro Ribeiro	individual	Senior Masculino	01:21:51	+20:38	06:18
19	1128	Vitor Silva	individual	Senior Masculino	01:21:52	+20:40	06:18
20	1146	Nuno Reis	individual	Veterano M40	01:23:44	+22:31	06:26
21	1106	Carlos Brito	individual	Senior Masculino	01:25:08	+23:55	06:33
22	1001	Rosa Barros	a.d.amarante trail running	Veterana F50	01:26:37	+25:24	06:40
23	140	Paulo Neto	individual	Senior Masculino	01:26:58	+25:45	06:41
24	1116	José Martins	individual	Senior Masculino	01:27:06	+25:54	06:42
25	1115	José Fundo	individual	Senior Masculino	01:27:11	+25:58	06:42
26	1111	Helder Pinto	individual	Senior Masculino	01:27:11	+25:58	06:42
27	1055	Rui Machado	cm maia	Veterano M40	01:27:14	+26:01	06:43
28	1018	Nuno Moura	a.d.amarante trail running	Veterano M40	01:28:53	+27:40	06:50
29	1090	Bruno Nogueira	individual	Juvenil Masculino	01:31:06	+29:54	07:01
30	1037	Manuel Carneiro	blasqem runners	Veterano M50	01:31:07	+29:55	07:01
31	1200	Hugo Ramos	magnunssens	Senior Masculino	01:31:09	+29:56	07:01
32	1125	Rui Monteiro	individual	Senior Masculino	01:31:13	+30:00	07:01
33	1063	José Cardoso	dá corda aos vitorinos	Veterano M50	01:31:14	+30:01	07:01
34	1058	Rui Santos	correr leça	Senior Masculino	01:31:16	+30:04	07:01
35	1049	André Artur Conceição	cm maia	Veterano M40	01:31:45	+30:33	07:04
36	1194	Paulo Brás	lion runners - g. d. leões da guarda	Veterano M50	01:31:46	+30:33	07:04
37	1029	António Coimbra	blasqem runners	Senior Masculino	01:32:00	+30:47	07:05
38	1048	Afonso Gonçalves	cm maia	Veterano M40	01:32:43	+31:30	07:08
39	139	Nelson Silva	individual	Veterano M40	01:32:48	+31:35	07:08
40	1012	Rúben Fernandes	a.d.amarante trail running	Juvenil Masculino	01:33:02	+31:49	07:09
41	1203	Emanuel Correia	magnunssens	Sub 23 Masculino	01:33:05	+31:52	07:10
42	1110	Filipe Ribeiro	individual	Senior Masculino	01:33:07	+31:54	07:10

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	1174	Sofia Pimenta	lion runners - g. d. leões da guarda	Senior Feminino	01:33:37	+32:24	07:12
44	1156	Fernando Ferreira	individual	Veterano M60	01:35:33	+34:21	07:21
45	1005	RICARDO Pereira	#atechoras!	Senior Masculino	01:35:47	+34:34	07:22
46	1091	Diogo Gomes	individual	Juvenil Masculino	01:35:53	+34:40	07:23
47	1155	Alberto Sá	individual	Veterano M60	01:36:12	+34:59	07:24
48	1215	Manuel Gomes	mss contabilidade / strong team	Veterano M40	01:36:33	+35:20	07:26
49	1221	Ana Domingues	olímpico vianense trail	Juvenil Feminino	01:37:10	+35:57	07:28
50	1230	NELSON DUARTE	outsiders trail team	Veterano M40	01:37:15	+36:03	07:29
51	1246	Helder Oliveira	run labruge	Veterano M40	01:37:55	+36:42	07:32
52	1077	José Melo	ginásio fit4fun	Senior Masculino	01:37:55	+36:42	07:32
53	1227	Sérgio Santos	os pachones	Senior Masculino	01:39:16	+38:04	07:38
54	1025	Paulo Fernandes	barrancos fc/biogado	Veterano M40	01:39:27	+38:14	07:39
55	1019	Carlos Macedo	a.d.amarante trail running	Veterano M60	01:39:38	+38:26	07:40
56	1113	João Rodrigues	individual	Senior Masculino	01:39:44	+38:31	07:40
57	1250	Luis Cardoso	trixie	Senior Masculino	01:40:11	+38:59	07:42
58	1167	Tiago Maia	lion runners - g. d. leões da guarda	Juvenil Masculino	01:41:28	+40:15	07:48
59	1201	João Maia	magnunssens	Senior Masculino	01:41:31	+40:18	07:49
60	1120	Paulo Assis	individual	Senior Masculino	01:41:32	+40:19	07:49
61	1102	Maria Fernandes	individual	Senior Feminino	01:41:33	+40:21	07:49
62	1166	Marisa Pereira	kalenji team by decathlon	Senior Feminino	01:41:49	+40:36	07:50
63	1251	Maria Silva	trixie	Senior Feminino	01:41:57	+40:44	07:51
64	1117	Jose Santos	individual	Senior Masculino	01:42:09	+40:57	07:52
65	1033	Pedro Carneiro	blasqem runners	Senior Masculino	01:42:15	+41:02	07:52
66	1185	Marlene Ferreira	lion runners - g. d. leões da guarda	Veterana F40	01:42:18	+41:06	07:52
67	1145	Luis Fernandes	individual	Veterano M40	01:42:48	+41:35	07:54
68	1143	Fernando Oliveira	individual	Veterano M40	01:42:53	+41:40	07:55
69	1054	Pedro Brízido	cm maia	Veterano M40	01:42:56	+41:43	07:55
70	1209	Céu Costa	maia runners	Veterana F40	01:43:15	+42:02	07:57
71	1208	Sofia Azevedo	maia runners	Senior Feminino	01:43:15	+42:03	07:57
72	1220	Luis Martins	norte trail	Senior Masculino	01:43:22	+42:09	07:57
73	1222	Paula Sá	online team	Veterana F40	01:44:29	+43:16	08:02
74	1021	Gonçalo Freitas	amc-trail	Juvenil Masculino	01:44:41	+43:29	08:03
75	1112	Hugo Gomes	individual	Senior Masculino	01:44:43	+43:30	08:03
76	1170	Claudia Carcau	lion runners - g. d. leões da guarda	Senior Feminino	01:44:57	+43:44	08:04
77	1183	Daniela Sarmento	lion runners - g. d. leões da guarda	Veterana F40	01:44:57	+43:45	08:04
78	1127	Vitor Santos	individual	Senior Masculino	01:46:15	+45:02	08:10
79	1087	Serafim Almeida	ginásio fit4fun	Veterano M60	01:46:58	+45:46	08:14
80	1202	Paulo Santos	magnunssens	Senior Masculino	01:47:00	+45:47	08:14
81	1232	José Rodrigues	prestígio - imobiliária maia	Veterano M50	01:47:09	+45:57	08:15
82	1042	ANSELMO PINTO	clube millennium bcp	Veterano M50	01:47:33	+46:20	08:16
83	1196	Alzira Armada	lobos do monte	Veterana F40	01:47:56	+46:43	08:18
84	1245	Ricardo Ferreira	mantive	Senior Masculino	01:49:04	+47:52	08:23
85	1118	Luís Magalhães	individual	Senior Masculino	01:49:10	+47:57	08:24
86	1069	Yolanda Gonzalez	galicia maxica	Senior Feminino	01:49:42	+48:29	08:26
87	1007	Rui Teixeira	#atechoras!	Veterano M40	01:51:03	+49:51	08:33
88	1233	Sergio Queiros	snowboard	Veterano M40	01:51:35	+50:22	08:35

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
89	1217	Ivo Pereira	nem que chova	Veterano M40	01:51:41	+50:29	08:36
90	1216	Gastão Ferreira	nem que chova	Senior Masculino	01:51:42	+50:29	08:36
91	1218	Jorge Rebelo	nem que chova	Veterano M40	01:51:42	+50:29	08:36
92	1212	Ana Sofia Vieira	minho e lima trail	Senior Feminino	01:52:07	+50:54	08:37
93	1008	Vitor Osorio	#atechoras!	Veterano M40	01:52:09	+50:57	08:38
94	1129	Ze Manel Lima	individual	Senior Masculino	01:53:20	+52:07	08:43
95	1147	Nuno Sousa	individual	Veterano M40	01:54:02	+52:49	08:46
96	1123	Pedro Silva	individual	Senior Masculino	01:54:09	+52:57	08:47
97	1043	CELESTINO BRAS	clube millennium bcp	Veterano M50	01:54:34	+53:21	08:49
98	1132	Ana Fernandes	individual	Veterana F40	01:54:40	+53:27	08:49
99	1178	João Campelo	lion runners - g. d. leões da guarda	Senior Masculino	01:54:43	+53:30	08:49
100	1177	Daniel Viana	lion runners - g. d. leões da guarda	Senior Masculino	01:54:43	+53:30	08:49
101	1061	Andreia Cardoso	dá corda aos vitorinos	Senior Feminino	01:55:10	+53:58	08:52
102	1006	Alvaro Pereira	#atechoras!	Veterano M40	01:55:10	+53:58	08:52
103	2086	Miguel Silva	individual	Senior Masculino	01:55:50	+54:37	08:55
104	1016	Albano Coelho	a.d.amarante trail running	Veterano M40	01:56:08	+54:56	08:56
105	1158	Paulo Ribeiro	invicta runners team	Veterano M40	01:56:17	+55:04	08:57
106	1098	Diane Pereira	individual	Senior Feminino	01:56:17	+55:05	08:57
107	1244	Cláudia Leite	tesco team running	Senior Feminino	01:57:15	+56:03	09:01
108	1171	Daniela Silva	lion runners - g. d. leões da guarda	Senior Feminino	01:58:22	+57:10	09:06
109	1009	Rui Oliveira	#ékéstolo	Juvenil Masculino	01:58:24	+57:11	09:06
110	1010	Carlos Cadilhe	#ékéstolo	Senior Masculino	01:58:24	+57:11	09:06
111	1140	António Couto	individual	Veterano M40	01:59:02	+57:50	09:09
112	1149	Ricardo Fangueiro	individual	Veterano M40	01:59:52	+58:39	09:13
113	1188	Anabela Cunha	lion runners - g. d. leões da guarda	Veterana F50	02:01:24	+01:00:12	09:20
114	1078	Ricardo Almeida	ginásio fit4fun	Senior Masculino	02:02:15	+01:01:03	09:24
115	1255	J.David Gomes	trixie	Veterano M50	02:02:21	+01:01:08	09:25
116	1199	João Carvalho	lusos xxi	Senior Masculino	02:02:40	+01:01:28	09:26
117	1162	Claudia Vasconcelos	ji-jane	Veterana F40	02:02:51	+01:01:38	09:27
118	1238	Pedro Perpétuo	strong team	Veterano M40	02:02:54	+01:01:41	09:27
119	1214	Isabel Santos	mountain climbers	Veterana F40	02:02:58	+01:01:46	09:28
120	1186	Marta Almeida	lion runners - g. d. leões da guarda	Veterana F40	02:03:31	+01:02:18	09:30
121	1190	Luis Miguel Ferreira	lion runners - g. d. leões da guarda	Veterano M40	02:03:31	+01:02:18	09:30
122	1223	Fernanda Macedo	online team	Veterana F50	02:03:38	+01:02:25	09:31
123	1219	Clemente Meireles	nem que chova	Veterano M50	02:03:45	+01:02:33	09:31
124	1153	José Castro	individual	Veterano M50	02:04:19	+01:03:06	09:34
125	1225	Fernanda Simoes	os pachones	Senior Feminino	02:04:19	+01:03:06	09:34
126	1099	Georgina Ferreira	individual	Senior Feminino	02:04:19	+01:03:06	09:34
127	1076	Daniela Ferreira	ginásio fit4fun	Senior Feminino	02:05:20	+01:04:07	09:38
128	2088	Nuno Carmo	individual	Senior Masculino	02:05:22	+01:04:09	09:39
129	1205	Isabel Araujo	maia north side run	Veterana F50	02:05:25	+01:04:12	09:39
130	1057	Joyce Silva	cmr	Juvenil Feminino	02:05:28	+01:04:16	09:39
131	2080	Joaquim Silva	individual	Veterano M60	02:05:30	+01:04:17	09:39
132	2071	Olivia Carmo	individual	Veterana F50	02:05:41	+01:04:28	09:40
133	1195	Raul Ferreira	lion runners - g. d. leões da guarda	Veterano M50	02:05:44	+01:04:31	09:40
134	1206	Isabel Jean-Mairet	maia north side run	Veterana F50	02:05:52	+01:04:39	09:41

MINI TRAIL - STAGE 1

13 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
135	1039	Alexandra Azevedo	clínica médica da foz	Senior Feminino	02:05:52	+01:04:39	09:41
136	1038	Manuel Casais	blasqem runners	Veterano M50	02:06:00	+01:04:47	09:42
137	1027	Mafalda Casais	blasqem runners	Juvenil Feminino	02:06:00	+01:04:48	09:42
138	1137	Ana Sousa	individual	Veterana F50	02:06:10	+01:04:58	09:42
139	1064	Rui Santos	duas de letra	Veterano M40	02:06:24	+01:05:11	09:43
140	1065	Rui Silva	duas de letra	Veterano M40	02:06:25	+01:05:12	09:43
141	1131	Gustavo GOMES	individual	Sub 23 Masculino	02:06:32	+01:05:20	09:44
142	1030	Hugo Ribeiro	blasqem runners	Senior Masculino	02:06:48	+01:05:35	09:45
143	1100	Inês Arcos	individual	Senior Feminino	02:06:55	+01:05:42	09:46
144	1094	Alexandra Pereira	individual	Senior Feminino	02:06:55	+01:05:43	09:46
145	1060	João Rocha	correr leça	Veterano M50	02:07:39	+01:06:27	09:49
146	1088	Nuno Cruz	trixie	Veterano M40	02:07:40	+01:06:27	09:49
147	1234	Patricia Martins	solo	Veterana F40	02:07:40	+01:06:27	09:49
148	1108	Daniela Silva	individual	Senior Feminino	02:09:30	+01:08:17	09:58
149	1105	Carlos Azevedo	individual	Senior Masculino	02:09:45	+01:08:32	09:59
150	1165	José Teixeira	juventude desportiva de gondomar	Veterano M40	02:10:46	+01:09:34	10:04
151	1164	Jorge Teixeira	juventude desportiva de gondomar	Veterano M40	02:10:46	+01:09:34	10:04
152	1243	Joaquim Oliveira	juventude desportiva de gondomar	Veterano M40	02:10:47	+01:09:34	10:04
153	1150	Valter Caseiro	individual	Veterano M40	02:11:20	+01:10:07	10:06
154	1072	Ana Almeida	ginásio fit4fun	Senior Feminino	02:12:00	+01:10:48	10:09
155	1071	Ana Almeida	ginásio fit4fun	Senior Feminino	02:12:01	+01:10:48	10:09
156	1228	JOANA AMORIM	outsiders trail team	Senior Feminino	02:14:08	+01:12:55	10:19
157	1161	Vera Dias	ji-jane	Senior Feminino	02:14:08	+01:12:56	10:19
158	1180	Carina Silva	lion runners - g. d. leões da guarda	Veterana F40	02:15:51	+01:14:38	10:27
159	1070	Filipa Vilar	ginásio fit4fun	Juvenil Feminino	02:16:05	+01:14:52	10:28
160	1080	Silvia Vilar	ginásio fit4fun	Veterana F40	02:16:05	+01:14:52	10:28
161	1074	Andreia Castro	ginásio fit4fun	Senior Feminino	02:16:05	+01:14:52	10:28
162	1083	Júlia Castro	ginásio fit4fun	Veterana F50	02:16:05	+01:14:53	10:28
163	1097	Carmina Gomes	individual	Senior Feminino	02:16:08	+01:14:56	10:28
164	1103	Raquel Tomé	individual	Senior Feminino	02:16:09	+01:14:56	10:28
165	1163	Sonia Melo	ji-jane	Veterana F40	02:16:27	+01:15:15	10:30
166	1229	MARTA DUARTE	outsiders trail team	Senior Feminino	02:16:27	+01:15:15	10:30
167	1226	Bruno Fernandes	os pachones	Senior Masculino	02:17:00	+01:15:47	10:32
168	1241	Joao Paulo Soares	trofam team	Senior Masculino	02:17:10	+01:15:58	10:33
169	1240	Catia Santos	trofam team	Senior Feminino	02:17:11	+01:15:58	10:33
170	1056	Arlindo Colónia	cm maia	Veterano M50	02:17:55	+01:16:42	10:37
171	1050	Arcílio Santos	cm maia	Veterano M40	02:17:55	+01:16:43	10:37
172	1073	Ana Santos	ginásio fit4fun	Senior Feminino	02:20:52	+01:19:40	10:50
173	1239	José Dara	trepatilhos trail team	Veterano M60	02:20:53	+01:19:40	10:50
174	1151	Fernando Moreira	individual	Veterano M50	02:21:01	+01:19:48	10:51
175	1134	Rosa Ribeiro	individual	Veterana F40	02:21:05	+01:19:52	10:51
176	1020	André Santos	aja trail	Senior Masculino	02:22:10	+01:20:57	10:56
177	1168	Ana Costa	lion runners - g. d. leões da guarda	Senior Feminino	02:23:14	+01:22:01	11:01
178	1253	Ana Cristina	trixie	Senior Feminino	02:25:02	+01:23:49	11:09
179	1252	Rui Mesquita	trixie	Veterano M50	02:25:03	+01:23:50	11:09
180	1254	Filipe Pereira	trixie	Senior Masculino	02:25:03	+01:23:51	11:10

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13 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
181	1141	Eduardo Santos	individual	Veterano M40	02:25:41	+01:24:28	11:12
182	1003	Susana Pereira	#atechoras!	Senior Feminino	02:26:12	+01:25:00	11:15
183	1093	José Pedro Sousa	individual	Juvenil Masculino	02:26:40	+01:25:27	11:17
184	1089	Cristiana Gomes	individual	Juvenil Feminino	02:26:40	+01:25:27	11:17
185	1152	Jose Carneiro	individual	Veterano M50	02:26:44	+01:25:32	11:17
186	1075	Carla Correia	ginásio fit4fun	Senior Feminino	02:30:54	+01:29:41	11:36
187	1084	Marco Pinto	ginásio fit4fun	Veterano M40	02:30:56	+01:29:43	11:37
188	1067	Bruno Sousa	fit gaia trail	Senior Masculino	02:31:31	+01:30:19	11:39
189	1068	Ricardo A. Silva Sousa	fit gaia trail	Veterano M40	02:31:31	+01:30:19	11:39
190	1014	Silvia Pinto	a.d.amarante trail running	Senior Feminino	02:35:16	+01:34:03	11:57
191	1182	Cristina Gonçalves	lion runners - g. d. leões da guarda	Veterana F40	02:36:53	+01:35:40	12:04
192	1011	Amílcar Teixeira	100meta	Veterano M40	02:36:53	+01:35:41	12:04
193	1184	Joana Martins	lion runners - g. d. leões da guarda	Veterana F40	02:36:55	+01:35:42	12:04
194	1191	Miguel Fonseca	lion runners - g. d. leões da guarda	Veterano M40	02:36:55	+01:35:43	12:04
195	1169	Andreia Santos	lion runners - g. d. leões da guarda	Senior Feminino	02:40:36	+01:39:23	12:21
196	1172	Liliana Vieira	lion runners - g. d. leões da guarda	Senior Feminino	02:40:38	+01:39:25	12:21
197	1160	Tatiana Borges	ji-jane	Senior Feminino	02:40:50	+01:39:37	12:22
198	1159	Ana Patricia Silva	ji-jane	Senior Feminino	02:40:51	+01:39:38	12:22
199	1092	Duarte Mendes	individual	Veterano M40	02:41:11	+01:39:59	12:24
200	1095	Andreia Freitas	individual	Senior Feminino	02:41:12	+01:39:59	12:24
201	1047	Paula Sousa	cm maia	Veterana F40	02:43:17	+01:42:04	12:34
202	1052	João Gentil Ferreira	cm maia	Veterano M40	02:43:38	+01:42:25	12:35
203	1135	Roseane Costa	individual	Veterana F40	02:44:08	+01:42:56	12:38
204	1130	Ana Sousa	individual	Sub 23 Feminino	02:50:36	+01:49:24	13:07
205	1104	Sara Martins	individual	Senior Feminino	02:50:37	+01:49:24	13:07
206	1053	Miguel Pinto	cm maia	Veterano M40	03:12:11	+02:10:58	14:47
207	1133	Manuela Reis	individual	Veterana F40	03:14:46	+02:13:34	14:59
208	1236	Joana Faria	strong team	Senior Feminino	03:19:44	+02:18:32	15:22
209	1235	Andreia Peixe	strong team	Senior Feminino	03:19:45	+02:18:33	15:22
210	1249	Fatima Lobo	strong team	Senior Feminino	03:19:46	+02:18:33	15:22
211	1247	Ricardo Paiva	strong team	Senior Masculino	03:19:46	+02:18:33	15:22
212	1096	Carla Moreira	individual	Senior Feminino	03:19:50	+02:18:38	15:22
213	1197	Maty Vieira	los necos	Senior Feminino	03:47:51	+02:46:39	17:32
214	1198	Nuno Vieira	los necos	Veterano M40	03:47:51	+02:46:39	17:32
215	1142	Eusebio Coelho	individual	Veterano M40	03:47:52	+02:46:39	17:32

Mini Trail

13 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	10.4°C	93%
End	13:48	10.4°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Juvenil Feminino

1	1221	Ana Domingues	Olímpico Vianense Trail	Juvenil Feminino	01:37:10	+35:57	07:28:47
2	1057	Joyce Silva	CMR	Juvenil Feminino	02:05:28	+01:04:16	09:39:54
3	1027	Mafalda Casais	Blasqem Runners	Juvenil Feminino	02:06:00	+01:04:48	09:42:06
4	1070	Filipa Vilar	Ginásio Fit4Fun	Juvenil Feminino	02:16:05	+01:14:52	10:28:57
5	1089	Cristiana Gomes	Individual	Juvenil Feminino	02:26:40	+01:25:27	11:17:37

Juvenil Masculino

1	1090	Bruno Nogueira	Individual	Juvenil Masculino	01:31:06	+29:54	07:01
2	1012	Rúben Fernandes	A.D.Amarante trail running	Juvenil Masculino	01:33:02	+31:49	07:09
3	1091	Diogo Gomes	Individual	Juvenil Masculino	01:35:53	+34:40	07:23
4	1167	Tiago Maia	LION RUNNERS - G. D. Leões da Guarda	Juvenil Masculino	01:41:28	+40:15	07:48
5	1021	Gonçalo Freitas	AMC-Trail	Juvenil Masculino	01:44:41	+43:29	08:03
6	1009	Rui Oliveira	#ékéstolo	Juvenil Masculino	01:58:24	+57:11	09:06
7	1093	José Pedro Sousa	Individual	Juvenil Masculino	02:26:40	+01:25:27	11:17

Senior Feminino

1	1174	Sofia Pimenta	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	01:33:37	+32:24	07:12
2	1102	Maria Fernandes	Individual	Senior Feminino	01:41:33	+40:21	07:49
3	1166	Marisa Pereira	Kalenji Team By Decathlon	Senior Feminino	01:41:49	+40:36	07:50
4	1251	Maria Silva	Trixie	Senior Feminino	01:41:57	+40:44	07:51
5	1208	Sofia Azevedo	Maia Runners	Senior Feminino	01:43:15	+42:03	07:57
6	1170	Claudia Carcau	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	01:44:57	+43:44	08:04
7	1069	Yolanda Gonzalez	Galicia Maxica	Senior Feminino	01:49:42	+48:29	08:26
8	1212	Ana Sofia Vieira	Minho e Lima Trail	Senior Feminino	01:52:07	+50:54	08:37
9	1061	Andreia Cardoso	Dá corda aos vitorinos	Senior Feminino	01:55:10	+53:58	08:52
10	1098	Diane Pereira	Individual	Senior Feminino	01:56:17	+55:05	08:57
11	1244	Cláudia Leite	Tesco Team Running	Senior Feminino	01:57:15	+56:03	09:01
12	1171	Daniela Silva	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	01:58:22	+57:10	09:06
13	1225	Fernanda Simoes	Os Pachones	Senior Feminino	02:04:19	+01:03:06	09:34
14	1099	Georgina Ferreira	Individual	Senior Feminino	02:04:19	+01:03:06	09:34
15	1076	Daniela Ferreira	Ginásio Fit4Fun	Senior Feminino	02:05:20	+01:04:07	09:38
16	1039	Alexandra Azevedo	Clínica Médica da Foz	Senior Feminino	02:05:52	+01:04:39	09:41
17	1100	Inês Arcos	Individual	Senior Feminino	02:06:55	+01:05:42	09:46
18	1094	Alexandra Pereira	Individual	Senior Feminino	02:06:55	+01:05:43	09:46

Official Timekeeper: Lap2Go	1 / 6	generate 25-Nov-2018 13:49
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Mini Trail

13 KM

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OFFICIAL RESULT

[illegible]

19	1108	Daniela Silva	Individual	Senior Feminino	02:09:30	+01:08:17	09:58
20	1072	Ana Almeida	Ginásio Fit4Fun	Senior Feminino	02:12:00	+01:10:48	10:09
21	1071	Ana Almeida	Ginásio Fit4Fun	Senior Feminino	02:12:01	+01:10:48	10:09
22	1228	JOANA AMORIM	Outsiders trail team	Senior Feminino	02:14:08	+01:12:55	10:19
23	1161	Vera Dias	Ji-Jane	Senior Feminino	02:14:08	+01:12:56	10:19
24	1074	Andreia Castro	Ginásio Fit4Fun	Senior Feminino	02:16:05	+01:14:52	10:28
25	1097	Carmina Gomes	Individual	Senior Feminino	02:16:08	+01:14:56	10:28
26	1103	Raquel Tomé	Individual	Senior Feminino	02:16:09	+01:14:56	10:28
27	1229	MARTA DUARTE	Outsiders trail team	Senior Feminino	02:16:27	+01:15:15	10:30
28	1240	Catia Santos	Trofam Team	Senior Feminino	02:17:11	+01:15:58	10:33
29	1073	Ana Santos	Ginásio Fit4Fun	Senior Feminino	02:20:52	+01:19:40	10:50
30	1168	Ana Costa	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	02:23:14	+01:22:01	11:01
31	1253	Ana Cristina	Trixie	Senior Feminino	02:25:02	+01:23:49	11:09
32	1003	Susana Pereira	#atechoras!	Senior Feminino	02:26:12	+01:25:00	11:15
33	1075	Carla Correia	Ginásio Fit4Fun	Senior Feminino	02:30:54	+01:29:41	11:36
34	1014	Silvia Pinto	A.D.Amarante trail running	Senior Feminino	02:35:16	+01:34:03	11:57
35	1169	Andreia Santos	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	02:40:36	+01:39:23	12:21
36	1172	Liliana Vieira	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	02:40:38	+01:39:25	12:21
37	1160	Tatiana Borges	Ji-Jane	Senior Feminino	02:40:50	+01:39:37	12:22
38	1159	Ana Patricia Silva	Ji-Jane	Senior Feminino	02:40:51	+01:39:38	12:22
39	1095	Andreia Freitas	Individual	Senior Feminino	02:41:12	+01:39:59	12:24
40	1104	Sara Martins	Individual	Senior Feminino	02:50:37	+01:49:24	13:07
41	1236	Joana Faria	Strong Team	Senior Feminino	03:19:44	+02:18:32	15:22
42	1235	Andreia Peixe	Strong Team	Senior Feminino	03:19:45	+02:18:33	15:22
43	1249	Fatima Lobo	Strong Team	Senior Feminino	03:19:46	+02:18:33	15:22
44	1096	Carla Moreira	Individual	Senior Feminino	03:19:50	+02:18:38	15:22
45	1197	Maty Vieira	Los Necos	Senior Feminino	03:47:51	+02:46:39	17:32

Senior Masculino

1	1119	Nelson Loureiro	Individual	Senior Masculino	01:01:12	04:43
2	1213	Bruno Rodrigues	Minho e Lima Trail	Senior Masculino	01:06:20	+05:07 05:06
3	1022	Marcelo Costa	AMC-Trail	Senior Masculino	01:06:20	+05:07 05:06
4	1066	Ivan Silva	EDV VIANA TRAIL	Senior Masculino	01:08:03	+06:50 05:14
5	1114	Joao Sousa	Individual	Senior Masculino	01:08:05	+06:52 05:14
6	1024	João Moita	Associação Beat Your Limit	Senior Masculino	01:11:08	+09:56 05:28
7	1109	Fabien Lebechec	Individual	Senior Masculino	01:13:30	+12:17 05:39
8	1179	José Sá	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	01:17:09	+15:57 05:56
9	1176	Bruno Batista	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	01:18:35	+17:22 06:03
10	1032	Jorge Sousa	Blasqem Runners	Senior Masculino	01:21:14	+20:01 06:15
11	1015	Daniel Santos	A.D.Amarante trail running	Senior Masculino	01:21:50	+20:37 06:18
12	1107	César Machado	Individual	Senior Masculino	01:21:50	+20:37 06:18
13	1122	Pedro Ribeiro	Individual	Senior Masculino	01:21:51	+20:38 06:18

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Mini Trail

13 KM

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OFFICIAL RESULT

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14	1128	Vitor Silva	Individual	Senior Masculino	01:21:52	+20:40	06:18
15	1106	Carlos Brito	Individual	Senior Masculino	01:25:08	+23:55	06:33
16	140	Paulo Neto	Individual	Senior Masculino	01:26:58	+25:45	06:41
17	1116	José Martins	Individual	Senior Masculino	01:27:06	+25:54	06:42
18	1115	José Fundo	Individual	Senior Masculino	01:27:11	+25:58	06:42
19	1111	Helder Pinto	Individual	Senior Masculino	01:27:11	+25:58	06:42
20	1200	Hugo Ramos	MAGNUNSSSENS	Senior Masculino	01:31:09	+29:56	07:01
21	1125	Rui Monteiro	Individual	Senior Masculino	01:31:13	+30:00	07:01
22	1058	Rui Santos	CORRER LEÇA	Senior Masculino	01:31:16	+30:04	07:01
23	1029	António Coimbra	Blasqem Runners	Senior Masculino	01:32:00	+30:47	07:05
24	1110	Filipe Ribeiro	Individual	Senior Masculino	01:33:07	+31:54	07:10
25	1005	RICARDO Pereira	#atechoras!	Senior Masculino	01:35:47	+34:34	07:22
26	1077	José Melo	Ginásio Fit4Fun	Senior Masculino	01:37:55	+36:42	07:32
27	1227	Sérgio Santos	Os Pachones	Senior Masculino	01:39:16	+38:04	07:38
28	1113	João Rodrigues	Individual	Senior Masculino	01:39:44	+38:31	07:40
29	1250	Luis Cardoso	Trixie	Senior Masculino	01:40:11	+38:59	07:42
30	1201	João Maia	MAGNUNSSSENS	Senior Masculino	01:41:31	+40:18	07:49
31	1120	Paulo Assis	Individual	Senior Masculino	01:41:32	+40:19	07:49
32	1117	Jose Santos	Individual	Senior Masculino	01:42:09	+40:57	07:52
33	1033	Pedro Carneiro	Blasqem Runners	Senior Masculino	01:42:15	+41:02	07:52
34	1220	Luis Martins	Norte Trail	Senior Masculino	01:43:22	+42:09	07:57
35	1112	Hugo Gomes	Individual	Senior Masculino	01:44:43	+43:30	08:03
36	1127	Vitor Santos	Individual	Senior Masculino	01:46:15	+45:02	08:10
37	1202	Paulo Santos	MAGNUNSSSENS	Senior Masculino	01:47:00	+45:47	08:14
38	1245	Ricardo Ferreira	Mantive	Senior Masculino	01:49:04	+47:52	08:23
39	1118	Luís Magalhães	Individual	Senior Masculino	01:49:10	+47:57	08:24
40	1216	Gastão Ferreira	Nem que chova	Senior Masculino	01:51:42	+50:29	08:36
41	1129	Ze Manel Lima	Individual	Senior Masculino	01:53:20	+52:07	08:43
42	1123	Pedro Silva	Individual	Senior Masculino	01:54:09	+52:57	08:47
43	1178	João Campelo	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	01:54:43	+53:30	08:49
44	1177	Daniel Viana	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	01:54:43	+53:30	08:49
45	2086	Miguel Silva	Individual	Senior Masculino	01:55:50	+54:37	08:55
46	1010	Carlos Cadilhe	#ékéstolo	Senior Masculino	01:58:24	+57:11	09:06
47	1078	Ricardo Almeida	Ginásio Fit4Fun	Senior Masculino	02:02:15	+01:01:03	09:24
48	1199	João Carvalho	LUSOS XXI	Senior Masculino	02:02:40	+01:01:28	09:26
49	2088	Nuno Carmo	Individual	Senior Masculino	02:05:22	+01:04:09	09:39
50	1030	Hugo Ribeiro	Blasqem Runners	Senior Masculino	02:06:48	+01:05:35	09:45
51	1105	Carlos Azevedo	Individual	Senior Masculino	02:09:45	+01:08:32	09:59
52	1226	Bruno Fernandes	Os Pachones	Senior Masculino	02:17:00	+01:15:47	10:32
53	1241	Joao Paulo Soares	Trofam Team	Senior Masculino	02:17:10	+01:15:58	10:33
54	1020	André Santos	AJA Trail	Senior Masculino	02:22:10	+01:20:57	10:56
55	1254	Filipe Pereira	Trixie	Senior Masculino	02:25:03	+01:23:51	11:10
56	1067	Bruno Sousa	Fit Gaia Trail	Senior Masculino	02:31:31	+01:30:19	11:39
57	1247	Ricardo Paiva	Strong Team	Senior Masculino	03:19:46	+02:18:33	15:22

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Mini Trail

13 KM

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OFFICIAL RESULT

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Sub 23 Feminino

1	1130	Ana Sousa	Individual	Sub 23 Feminino	02:50:36	+01:49:24	13:07
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Sub 23 Masculino

1	1203	Emanuel Correia	MAGNUNSSSENS	Sub 23 Masculino	01:33:05	+31:52	07:10:37
2	1131	Gustavo GOMES	Individual	Sub 23 Masculino	02:06:32	+01:05:20	09:44:09

Veterana F40

1	1185	Marlene Ferreira	LION RUNNERS - G. D. Leões da Guarda	Veterana F40	01:42:18	+41:06	07:52
2	1209	Céu Costa	Maia Runners	Veterana F40	01:43:15	+42:02	07:57
3	1222	Paula Sá	Online Team	Veterana F40	01:44:29	+43:16	08:02
4	1183	Daniela Sarmento	LION RUNNERS - G. D. Leões da Guarda	Veterana F40	01:44:57	+43:45	08:04
5	1196	Alzira Armada	Lobos Do Monte	Veterana F40	01:47:56	+46:43	08:18
6	1132	Ana Fernandes	Individual	Veterana F40	01:54:40	+53:27	08:49
7	1162	Claudia Vasconcelos	Ji-Jane	Veterana F40	02:02:51	+01:01:38	09:27
8	1214	Isabel Santos	Mountain Climbers	Veterana F40	02:02:58	+01:01:46	09:28
9	1186	Marta Almeida	LION RUNNERS - G. D. Leões da Guarda	Veterana F40	02:03:31	+01:02:18	09:30
10	1234	Patricia Martins	Solo	Veterana F40	02:07:40	+01:06:27	09:49
11	1180	Carina Silva	LION RUNNERS - G. D. Leões da Guarda	Veterana F40	02:15:51	+01:14:38	10:27
12	1080	Silvia Vilar	Ginásio Fit4Fun	Veterana F40	02:16:05	+01:14:52	10:28
13	1163	Sonia Melo	Ji-Jane	Veterana F40	02:16:27	+01:15:15	10:30
14	1134	Rosa Ribeiro	Individual	Veterana F40	02:21:05	+01:19:52	10:51
15	1182	Cristina Gonçalves	LION RUNNERS - G. D. Leões da Guarda	Veterana F40	02:36:53	+01:35:40	12:04
16	1184	Joana Martins	LION RUNNERS - G. D. Leões da Guarda	Veterana F40	02:36:55	+01:35:42	12:04
17	1047	Paula Sousa	CM Maia	Veterana F40	02:43:17	+01:42:04	12:34
18	1135	Roseane Costa	Individual	Veterana F40	02:44:08	+01:42:56	12:38
19	1133	Manuela Reis	Individual	Veterana F40	03:14:46	+02:13:34	14:59

Veterana F50

1	1001	Rosa Barros	A.D.Amarante trail running	Veterana F50	01:26:37	+25:24	06:40
2	1188	Anabela Cunha	LION RUNNERS - G. D. Leões da Guarda	Veterana F50	02:01:24	+01:00:12	09:20
3	1223	Fernanda Macedo	Online Team	Veterana F50	02:03:38	+01:02:25	09:31
4	1205	Isabel Araujo	MAIA NORTH SIDE RUN	Veterana F50	02:05:25	+01:04:12	09:39
5	2071	Olivia Carmo	Individual	Veterana F50	02:05:41	+01:04:28	09:40
6	1206	Isabel Jean-Mairet	MAIA NORTH SIDE RUN	Veterana F50	02:05:52	+01:04:39	09:41

Mini Trail

13 KM

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OFFICIAL RESULT

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7	1137	Ana Sousa	Individual	Veterana F50	02:06:10	+01:04:58	09:42
8	1083	Júlia Castro	Ginásio Fit4Fun	Veterana F50	02:16:05	+01:14:53	10:28

Veterano M40

1	1017	Miguel Barros	A.D.Amarante trail running	Veterano M40	01:13:05	+11:53	05:37
2	133	César Gonçalves	AMC-Trail	Veterano M40	01:15:04	+13:52	05:47
3	1146	Nuno Reis	Individual	Veterano M40	01:23:44	+22:31	06:26
4	1055	Rui Machado	CM Maia	Veterano M40	01:27:14	+26:01	06:43
5	1018	Nuno Moura	A.D.Amarante trail running	Veterano M40	01:28:53	+27:40	06:50
6	1049	André Artur Conceição	CM Maia	Veterano M40	01:31:45	+30:33	07:04
7	1048	Afonso Gonçalves	CM Maia	Veterano M40	01:32:43	+31:30	07:08
8	139	Nelson Silva	Individual	Veterano M40	01:32:48	+31:35	07:08
9	1215	Manuel Gomes	MSS Contabilidade / Strong Team	Veterano M40	01:36:33	+35:20	07:26
10	1230	NELSON DUARTE	Outsiders trail team	Veterano M40	01:37:15	+36:03	07:29
11	1246	Helder Oliveira	Run Labruge	Veterano M40	01:37:55	+36:42	07:32
12	1025	Paulo Fernandes	Barrancos FC/Biogado	Veterano M40	01:39:27	+38:14	07:39
13	1145	Luis Fernandes	Individual	Veterano M40	01:42:48	+41:35	07:54
14	1143	Fernando Oliveira	Individual	Veterano M40	01:42:53	+41:40	07:55
15	1054	Pedro Brízido	CM Maia	Veterano M40	01:42:56	+41:43	07:55
16	1007	Rui Teixeira	#atechoras!	Veterano M40	01:51:03	+49:51	08:33
17	1233	Sergio Queiros	Snowboard	Veterano M40	01:51:35	+50:22	08:35
18	1217	Ivo Pereira	Nem que chova	Veterano M40	01:51:41	+50:29	08:36
19	1218	Jorge Rebelo	Nem que chova	Veterano M40	01:51:42	+50:29	08:36
20	1008	Vitor Osorio	#atechoras!	Veterano M40	01:52:09	+50:57	08:38
21	1147	Nuno Sousa	Individual	Veterano M40	01:54:02	+52:49	08:46
22	1006	Alvaro Pereira	#atechoras!	Veterano M40	01:55:10	+53:58	08:52
23	1016	Albano Coelho	A.D.Amarante trail running	Veterano M40	01:56:08	+54:56	08:56
24	1158	Paulo Ribeiro	Invicta Runners Team	Veterano M40	01:56:17	+55:04	08:57
25	1140	António Couto	Individual	Veterano M40	01:59:02	+57:50	09:09
26	1149	Ricardo Fangueiro	Individual	Veterano M40	01:59:52	+58:39	09:13
27	1238	Pedro Perpétuo	Strong Team	Veterano M40	02:02:54	+01:01:41	09:27
28	1190	Luis Miguel Ferreira	LION RUNNERS - G. D. Leões da Guarda	Veterano M40	02:03:31	+01:02:18	09:30
29	1064	Rui Santos	Duas de Letra	Veterano M40	02:06:24	+01:05:11	09:43
30	1065	Rui Silva	Duas de Letra	Veterano M40	02:06:25	+01:05:12	09:43
31	1088	Nuno Cruz	Trixie	Veterano M40	02:07:40	+01:06:27	09:49
32	1165	José Teixeira	JUVENTUDE DESPORTIVA DE GONDOMAR	Veterano M40	02:10:46	+01:09:34	10:04
33	1164	Jorge Teixeira	JUVENTUDE DESPORTIVA DE GONDOMAR	Veterano M40	02:10:46	+01:09:34	10:04
34	1243	Joaquim Oliveira	JUVENTUDE DESPORTIVA DE GONDOMAR	Veterano M40	02:10:47	+01:09:34	10:04
35	1150	Valter Caseiro	Individual	Veterano M40	02:11:20	+01:10:07	10:06
36	1050	Arcílio Santos	CM Maia	Veterano M40	02:17:55	+01:16:43	10:37
37	1141	Eduardo Santos	Individual	Veterano M40	02:25:41	+01:24:28	11:12
38	1084	Marco Pinto	Ginásio Fit4Fun	Veterano M40	02:30:56	+01:29:43	11:37

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Mini Trail

13 KM

[illegible]

OFFICIAL RESULT

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39	1068	Ricardo A. Silva Sousa	Fit Gaia Trail	Veterano M40	02:31:31	+01:30:19	11:39
40	1011	Amílcar Teixeira	100Meta	Veterano M40	02:36:53	+01:35:41	12:04
41	1191	Miguel Fonseca	LION RUNNERS - G. D. Leões da Guarda	Veterano M40	02:36:55	+01:35:43	12:04
42	1092	Duarte Mendes	Individual	Veterano M40	02:41:11	+01:39:59	12:24
43	1052	João Gentil Ferreira	CM Maia	Veterano M40	02:43:38	+01:42:25	12:35
44	1053	Miguel Pinto	CM Maia	Veterano M40	03:12:11	+02:10:58	14:47
45	1198	Nuno Vieira	Los Necos	Veterano M40	03:47:51	+02:46:39	17:32
46	1142	Eusebio Coelho	Individual	Veterano M40	03:47:52	+02:46:39	17:32

Veterano M50

1	1036	Fernando Maia	Blasqem Runners	Veterano M50	01:16:27	+15:14	05:53
2	1026	Amândio Jorge Pinheiro	Bike Espinhosa	Veterano M50	01:19:48	+18:36	06:08
3	1035	Carlos Canito	Blasqem Runners	Veterano M50	01:21:14	+20:01	06:15
4	1037	Manuel Carneiro	Blasqem Runners	Veterano M50	01:31:07	+29:55	07:01
5	1063	José Cardoso	Dá corda aos vitorinos	Veterano M50	01:31:14	+30:01	07:01
6	1194	Paulo Brás	LION RUNNERS - G. D. Leões da Guarda	Veterano M50	01:31:46	+30:33	07:04
7	1232	José Rodrigues	Prestígio - Imobiliária Maia	Veterano M50	01:47:09	+45:57	08:15
8	1042	ANSELMO PINTO	Clube Millennium BCP	Veterano M50	01:47:33	+46:20	08:16
9	1043	CELESTINO BRAS	Clube Millennium BCP	Veterano M50	01:54:34	+53:21	08:49
10	1255	J.David Gomes	Trixie	Veterano M50	02:02:21	+01:01:08	09:25
11	1219	Clemente Meireles	Nem que chova	Veterano M50	02:03:45	+01:02:33	09:31
12	1153	José Castro	Individual	Veterano M50	02:04:19	+01:03:06	09:34
13	1195	Raul Ferreira	LION RUNNERS - G. D. Leões da Guarda	Veterano M50	02:05:44	+01:04:31	09:40
14	1038	Manuel Casais	Blasqem Runners	Veterano M50	02:06:00	+01:04:47	09:42
15	1060	João Rocha	CORRER LEÇA	Veterano M50	02:07:39	+01:06:27	09:49
16	1056	Arlindo Colónia	CM Maia	Veterano M50	02:17:55	+01:16:42	10:37
17	1151	Fernando Moreira	Individual	Veterano M50	02:21:01	+01:19:48	10:51
18	1252	Rui Mesquita	Trixie	Veterano M50	02:25:03	+01:23:50	11:09
19	1152	Jose Carneiro	Individual	Veterano M50	02:26:44	+01:25:32	11:17

Veterano M60

1	1156	Fernando Ferreira	Individual	Veterano M60	01:35:33	+34:21	07:21
2	1155	Alberto Sá	Individual	Veterano M60	01:36:12	+34:59	07:24
3	1019	Carlos Macedo	A.D.Amarante trail running	Veterano M60	01:39:38	+38:26	07:40
4	1087	Serafim Almeida	Ginásio Fit4Fun	Veterano M60	01:46:58	+45:46	08:14
5	2080	Joaquim Silva	Individual	Veterano M60	02:05:30	+01:04:17	09:39
6	1239	José Dara	TrepaTrilhos Trail Team	Veterano M60	02:20:53	+01:19:40	10:50

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