

TRAIL TERRAS DO LIDADOR - STAGE 1

20 KM

[illegible][illegible]

OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	09:30	10°C	93%
End	12:57	10°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	122	Leonel Cunha	team bifase	Senior Masculino	01:34:52		04:45
2	5	Victor Fernandes	a.d.amarante trail running	Veterano M40	01:34:52	+00:00	04:45
3	120	Nuno Pereira	oralklass - amigos do trail	Senior Masculino	01:38:18	+03:25	04:55
4	126	Nelson Teixeira	tua saúde	Senior Masculino	01:40:10	+05:18	05:01
5	2	Bruno Silva	afacycles	Veterano M40	01:41:09	+06:16	05:03
6	31	António Amorim	fiães sport club	Veterano M40	01:43:01	+08:08	05:09
7	3	Nuno Cardoso	individual	Veterano M40	01:43:48	+08:55	05:11
8	132	Luís Gil	gaia trail	Veterano M40	01:44:39	+09:46	05:14
9	7	Isaac Costa	addicted to trail	Veterano M40	01:51:27	+16:34	05:34
10	102	Hugo Silva	lion runners - g. d. leões da guarda	Senior Masculino	01:51:53	+17:00	05:36
11	32	Ricardo Nunes	fridão sem limites	Senior Masculino	01:53:57	+19:04	05:42
12	58	André Costa	individual	Senior Masculino	01:54:13	+19:21	05:43
13	20	Vasco Sousa	coimbra trail running	Veterano M50	01:55:16	+20:23	05:46
14	85	Pedro Reis	individual	Veterano M40	01:55:17	+20:24	05:46
15	118	Paulo Domingues	olímpico vianense trail	Veterano M50	01:55:34	+20:42	05:47
16	84	Pedro Pinho	individual	Veterano M40	01:56:01	+21:08	05:48
17	22	José Duarte	coronado runners	Veterano M40	01:56:43	+21:50	05:50
18	29	José Carlos Dias	ctad - trilhos de cinfães	Veterano M50	01:58:24	+23:32	05:55
19	53	Luís Pinho	ginásio fit4fun	Veterano M40	01:58:28	+23:36	05:55
20	63	Jacinto Sousa	individual	Senior Masculino	01:59:24	+24:31	05:58
21	52	Ivo Almeida	ginásio fit4fun	Veterano M40	02:00:17	+25:25	06:01
22	74	Daniel Mota	individual	Veterano M40	02:00:36	+25:43	06:02
23	61	Bruno Moura	individual	Senior Masculino	02:01:51	+26:58	06:06
24	14	Francisco Nogueira	clube millennium bcp	Veterano M50	02:02:10	+27:17	06:07
25	10	Bruno Teles	arrasa montanhas	Senior Masculino	02:02:11	+27:19	06:07
26	41	Bernardo Giraldez	galicia maxica	Veterano M40	02:02:39	+27:46	06:08
27	82	Nuno Maia	individual	Veterano M40	02:03:09	+28:16	06:09
28	130	Domingos Teixeira	individual	Veterano M40	02:04:14	+29:21	06:13
29	34	Rui Pedro	gaia-running	Senior Masculino	02:04:27	+29:34	06:13
30	134	Pedro Pisco	mrr	Veterano M40	02:05:29	+30:36	06:16
31	68	Vitor Pereira	individual	Senior Masculino	02:05:47	+30:55	06:17
32	42	Jorge Beliago	gansos	Sub 23 Masculino	02:06:15	+31:22	06:19
33	97	Jorge Marques Marques	invidual	Veterano M40	02:06:24	+31:31	06:19
34	137	Nuno Queirós	individual	Senior Masculino	02:06:38	+31:45	06:20
35	111	Fausto Teixeira	lobos do monte	Veterano M40	02:06:39	+31:46	06:20
36	1	Alice Lopes	ginásio fit4fun	Veterana F40	02:06:45	+31:53	06:20
37	4	Paula Lage	sim summit, trail team	Veterana F40	02:06:45	+31:53	06:20
38	86	Ricardo Rocha	individual	Veterano M40	02:07:05	+32:13	06:21
39	99	Eliseu Leite	laundostrail	Veterano M40	02:07:35	+32:42	06:23
40	59	António Carlos Tavares De Paiva	individual	Senior Masculino	02:08:01	+33:08	06:24
41	33	Pedro Monteiro	gaia-running	Senior Masculino	02:08:52	+33:59	06:27

Official Timekeeper: Lap2Go	1 / 3	generate 26-Nov-2018 14:51
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TRAIL TERRAS DO LIDADOR - STAGE 1

20 KM

[illegible]

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	112	Miguel Pereira	lobos do monte	Veterano M40	02:09:03	+34:10	06:27
43	81	Nuno Carvalho	individual	Veterano M40	02:11:26	+36:34	06:34
44	128	Helder Silva	individual	Senior Masculino	02:11:40	+36:47	06:35
45	64	Luís Sá	individual	Senior Masculino	02:11:49	+36:56	06:35
46	83	Oscar Maximino	individual	Veterano M40	02:12:13	+37:20	06:37
47	136	Albino Campos	gttarmazem do café	Veterano M50	02:12:19	+37:26	06:37
48	56	Daniel Silva	grupo desportivo banco de portugal	Senior Masculino	02:12:58	+38:06	06:39
49	109	Ricardo Vidal	lion runners - g. d. leões da guarda	Veterano M40	02:13:08	+38:15	06:39
50	129	Vitor Coelho	individual	Veterano M40	02:13:28	+38:35	06:40
51	91	Paulo Dias	individual	Veterano M50	02:13:36	+38:43	06:41
52	117	Pedro Ferreira	ofrunning	Senior Masculino	02:13:36	+38:44	06:41
53	92	Pedro Ribeiro	individual	Veterano M50	02:13:40	+38:47	06:41
54	105	Fernando Sampaio	lion runners - g. d. leões da guarda	Veterano M40	02:14:56	+40:04	06:45
55	119	Simão Dias	online team	Veterano M50	02:16:05	+41:12	06:48
56	96	Manuel Sampaio	individual	Veterano M60	02:17:27	+42:34	06:52
57	79	Luis Lucas	gttarmazem do café	Veterano M40	02:18:05	+43:12	06:54
58	75	Fernando Santos	individual	Veterano M40	02:18:25	+43:32	06:55
59	38	Rui Pereira	gaia-running	Veterano M40	02:18:25	+43:32	06:55
60	77	Joaquim Oliveira Oliveira	individual	Veterano M40	02:19:05	+44:13	06:57
61	78	Luis Almeida	individual	Veterano M40	02:19:38	+44:45	06:59
62	94	Vitor Coelho Coelho	individual	Veterano M50	02:19:38	+44:45	06:59
63	27	Emerson Fialho	ctad - trilhos de cinfães	Veterano M40	02:19:41	+44:48	06:59
64	40	Gonzalo Esteves	galicia maxica	Veterano M40	02:19:43	+44:50	06:59
65	131	Jose Maciel	trail running nigräu	Veterano M40	02:19:43	+44:50	06:59
66	17	Bruno Pinto	clube zipper	Senior Masculino	02:19:45	+44:52	06:59
67	114	Hélder Moreira	mata elefantes	Senior Masculino	02:19:46	+44:54	06:59
68	115	Alcídio Moreira	mata elefantes	Veterano M40	02:19:52	+44:59	07:00
69	44	Carina Pinho	ginásio fit4fun	Senior Feminino	02:20:00	+45:07	07:00
70	69	Filipe Truta	individual	Sub 23 Masculino	02:20:13	+45:20	07:01
71	39	Carlos Pinto	gaia-running	Veterano M50	02:21:12	+46:19	07:04
72	76	Henrique Silva	individual	Veterano M40	02:21:55	+47:03	07:06
73	26	Marieta Branco	ctad - trilhos de cinfães	Veterana F40	02:21:59	+47:06	07:06
74	28	Jorge Rodrigues	ctad - trilhos de cinfães	Veterano M40	02:21:59	+47:06	07:06
75	62	Helder Parracho	individual	Senior Masculino	02:22:39	+47:46	07:08
76	110	Paulo Reis	lobos do monte	Senior Masculino	02:22:53	+48:01	07:09
77	55	Durbalino Ferreira	ginásio fit4fun	Veterano M50	02:23:14	+48:21	07:10
78	51	Conceição Ferreira	ginásio fit4fun	Veterana F50	02:23:41	+48:49	07:11
79	13	Jil Coelho	c.d.c. paradela	Senior Masculino	02:24:17	+49:25	07:13
80	46	António Silva	ginásio fit4fun	Senior Masculino	02:24:24	+49:31	07:13
81	95	Manuel Jesus	individual	Veterano M60	02:26:13	+51:20	07:19
82	123	Carlos Carvalho	titi team	Senior Masculino	02:27:06	+52:13	07:21
83	6	António Gonçalves	acsp	Veterano M40	02:28:09	+53:16	07:24
84	15	João Lopes	clube millennium bcp	Veterano M50	02:28:36	+53:43	07:26
85	11	Sérgio Louro	atalanta runners	Senior Masculino	02:28:43	+53:51	07:26
86	30	Gabriela Fonseca	dive into the mountains	Sub 23 Feminino	02:29:34	+54:41	07:29
87	12	Márcio Mendes	boot	Sub 23 Masculino	02:29:47	+54:54	07:29

TRAIL TERRAS DO LIDADOR - STAGE 1

20 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
88	70	Sylvie Duarte	individual	Veterana F40	02:30:06	+55:13	07:30
89	35	Orlanda Rego	gaia-running	Veterana F40	02:31:17	+56:25	07:34
90	54	Carlos Ferreira	ginásio fit4fun	Veterano M50	02:31:27	+56:34	07:34
91	60	Antonio Tavares	individual	Senior Masculino	02:31:29	+56:36	07:34
92	116	Bruno Ferreira	monte dos amigos	Senior Masculino	02:32:55	+58:02	07:39
93	90	João António Miranda Dos Santos	individual	Veterano M50	02:34:21	+59:29	07:43
94	88	António Pinto	individual	Veterano M50	02:35:17	+01:00:24	07:46
95	50	Raquel Vasconcelos	ginásio fit4fun	Veterana F40	02:37:25	+01:02:32	07:52
96	135	Lisete Pinto	mrr	Veterana F40	02:38:04	+01:03:12	07:54
97	65	Manuel Ruivo	individual	Senior Masculino	02:38:16	+01:03:24	07:55
98	43	Ana Tavares	ginásio fit4fun	Senior Feminino	02:40:41	+01:05:48	08:02
99	127	Luis Leite	maia runners	Veterano M40	02:41:11	+01:06:18	08:04
100	87	Vitor Miranda	individual	Veterano M40	02:41:21	+01:06:28	08:04
101	104	Lucinda Gomes	lion runners - g. d. leões da guarda	Veterana F50	02:41:31	+01:06:38	08:05
102	48	Ana Barroso	ginásio fit4fun	Veterana F40	02:45:15	+01:10:22	08:16
103	37	Paulo Vilarinho	gaia-running	Veterano M40	02:45:15	+01:10:22	08:16
104	73	Carlos Taveira	individual	Veterano M40	02:46:54	+01:12:01	08:21
105	106	Filipe Pereira	lion runners - g. d. leões da guarda	Veterano M40	02:50:44	+01:15:51	08:32
106	23	Regina Silva	correr para o sucesso	Senior Feminino	02:50:52	+01:15:59	08:33
107	24	Nelson Fernandes	correr para o sucesso	Senior Masculino	02:50:52	+01:15:59	08:33
108	108	Nuno Cabral	lion runners - g. d. leões da guarda	Veterano M40	02:50:59	+01:16:07	08:33
109	107	Jorge Cruz	lion runners - g. d. leões da guarda	Veterano M40	02:51:00	+01:16:07	08:33
110	100	Tatiana Silva	lion runners - g. d. leões da guarda	Senior Feminino	02:51:31	+01:16:39	08:35
111	89	Hercílio Santos	individual	Veterano M50	02:52:24	+01:17:31	08:37
112	113	Pedro Rodrigues	boavista trail	Senior Masculino	02:52:43	+01:17:50	08:38
113	16	RICARDO BEIRAO	clube millennium bcp	Veterano M50	02:53:52	+01:19:00	08:42
114	36	Silvia Peralta	gaia-running	Veterana F40	02:54:46	+01:19:53	08:44
115	103	Ricardo Freitas	lion runners - g. d. leões da guarda	Senior Masculino	02:57:08	+01:22:16	08:51
116	18	Isidro Silva	cm maia	Veterano M50	03:23:43	+01:48:50	10:11
117	49	Fátima Matos	ginásio fit4fun	Veterana F40	03:27:07	+01:52:15	10:21

Trail Terras do Lيدador

20 KM

[illegible]

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REVISED

	Time	Temperature	Humidity
Start	09:30	10°C	93%
End	12:57	10°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	44	Carina Pinho	Ginásio Fit4Fun	Senior Feminino	02:20:00	+45:07	07:00
2	43	Ana Tavares	Ginásio Fit4Fun	Senior Feminino	02:40:41	+01:05:48	08:02
3	23	Regina Silva	Correr para o Sucesso	Senior Feminino	02:50:52	+01:15:59	08:33
4	100	Tatiana Silva	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	02:51:31	+01:16:39	08:35

Senior Masculino

1	122	Leonel Cunha	Team Bifase	Senior Masculino	01:34:52	04:45
2	120	Nuno Pereira	Oralklass - Amigos Do Trail	Senior Masculino	01:38:18	+03:25 04:55
3	126	Nelson Teixeira	Tua Saúde	Senior Masculino	01:40:10	+05:18 05:01
4	102	Hugo Silva	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	01:51:53	+17:00 05:36
5	32	Ricardo Nunes	Fridão Sem Limites	Senior Masculino	01:53:57	+19:04 05:42
6	58	André Costa	Individual	Senior Masculino	01:54:13	+19:21 05:43
7	63	Jacinto Sousa	Individual	Senior Masculino	01:59:24	+24:31 05:58
8	61	Bruno Moura	Individual	Senior Masculino	02:01:51	+26:58 06:06
9	10	Bruno Teles	arrasa montanhas	Senior Masculino	02:02:11	+27:19 06:07
10	34	Rui Pedro	GAIA-RUNNING	Senior Masculino	02:04:27	+29:34 06:13
11	68	Vitor Pereira	Individual	Senior Masculino	02:05:47	+30:55 06:17
12	137	Nuno Queirós	Individual	Senior Masculino	02:06:38	+31:45 06:20
13	59	António Carlos Tavares De Paiva	Individual	Senior Masculino	02:08:01	+33:08 06:24
14	33	Pedro Monteiro	GAIA-RUNNING	Senior Masculino	02:08:52	+33:59 06:27
15	128	Helder Silva	Individual	Senior Masculino	02:11:40	+36:47 06:35
16	64	Luís Sá	Individual	Senior Masculino	02:11:49	+36:56 06:35
17	56	Daniel Silva	Grupo Desportivo Banco de Portugal	Senior Masculino	02:12:58	+38:06 06:39
18	117	Pedro Ferreira	OFRUNNING	Senior Masculino	02:13:36	+38:44 06:41
19	17	Bruno Pinto	Clube Zupper	Senior Masculino	02:19:45	+44:52 06:59
20	114	Hélder Moreira	Mata elefantes	Senior Masculino	02:19:46	+44:54 06:59
21	62	Helder Parracho	Individual	Senior Masculino	02:22:39	+47:46 07:08
22	110	Paulo Reis	Lobos Do Monte	Senior Masculino	02:22:53	+48:01 07:09
23	13	Jil Coelho	C.D.C. Paradela	Senior Masculino	02:24:17	+49:25 07:13
24	46	António Silva	Ginásio Fit4Fun	Senior Masculino	02:24:24	+49:31 07:13
25	123	Carlos Carvalho	TiTi Team	Senior Masculino	02:27:06	+52:13 07:21
26	11	Sérgio Louro	ATALANTA runners	Senior Masculino	02:28:43	+53:51 07:26
27	60	Antonio Tavares	Individual	Senior Masculino	02:31:29	+56:36 07:34
28	116	Bruno Ferreira	MONTE DOS AMIGOS	Senior Masculino	02:32:55	+58:02 07:39
29	65	Manuel Ruivo	Individual	Senior Masculino	02:38:16	+01:03:24 07:55
30	24	Nelson Fernandes	Correr para o Sucesso	Senior Masculino	02:50:52	+01:15:59 08:33

Official Timekeeper: Lap2Go	1 / 4	generate 26-Nov-2018 14:51
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Trail Terras do Lidador

20 KM

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REVISED

31	113	Pedro Rodrigues	Boavista Trail	Senior Masculino	02:52:43	+01:17:50	08:38
32	103	Ricardo Freitas	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	02:57:08	+01:22:16	08:51

Sub 23 Feminino

1	30	Gabriela Fonseca	Dive Into the Mountains	Sub 23 Feminino	02:29:34	+54:41	07:29
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Sub 23 Masculino

1	42	Jorge Beliago	Gansos	Sub 23 Masculino	02:06:15	+31:22	06:19
2	69	Filipe Truta	Individual	Sub 23 Masculino	02:20:13	+45:20	07:01
3	12	Márcio Mendes	Boot	Sub 23 Masculino	02:29:47	+54:54	07:29

Veterana F40

1	1	Alice Lopes	Ginásio Fit4Fun	Veterana F40	02:06:45	+31:53	06:20
2	4	Paula Lage	Sim Summit,Trail Team	Veterana F40	02:06:45	+31:53	06:20
3	26	Marieta Branco	CTAD - Trilhos de Cinfães	Veterana F40	02:21:59	+47:06	07:06
4	70	Sylvie Duarte	Individual	Veterana F40	02:30:06	+55:13	07:30
5	35	Orlanda Rego	GAIA-RUNNING	Veterana F40	02:31:17	+56:25	07:34
6	50	Raquel Vasconcelos	Ginásio Fit4Fun	Veterana F40	02:37:25	+01:02:32	07:52
7	135	Lisete Pinto	MRR	Veterana F40	02:38:04	+01:03:12	07:54
8	48	Ana Barroso	Ginásio Fit4Fun	Veterana F40	02:45:15	+01:10:22	08:16
9	36	Silvia Peralta	GAIA-RUNNING	Veterana F40	02:54:46	+01:19:53	08:44
10	49	Fátima Matos	Ginásio Fit4Fun	Veterana F40	03:27:07	+01:52:15	10:21

Veterana F50

1	51	Conceição Ferreira	Ginásio Fit4Fun	Veterana F50	02:23:41	+48:49	07:11
2	104	Lucinda Gomes	LION RUNNERS - G. D. Leões da Guarda	Veterana F50	02:41:31	+01:06:38	08:05

Veterano M40

1	5	Victor Fernandes	A.D.Amarante trail running	Veterano M40	01:34:52	+00:00	04:45
2	2	Bruno Silva	AFACYCLES	Veterano M40	01:41:09	+06:16	05:03
3	31	António Amorim	Fiães sport club	Veterano M40	01:43:01	+08:08	05:09
4	3	Nuno Cardoso	Individual	Veterano M40	01:43:48	+08:55	05:11
5	132	Luís Gil	Gaia Trail	Veterano M40	01:44:39	+09:46	05:14
6	7	Isaac Costa	Addicted to trail	Veterano M40	01:51:27	+16:34	05:34
7	85	Pedro Reis	Individual	Veterano M40	01:55:17	+20:24	05:46
8	84	Pedro Pinho	Individual	Veterano M40	01:56:01	+21:08	05:48
9	22	José Duarte	Coronado Runners	Veterano M40	01:56:43	+21:50	05:50
10	53	Luís Pinho	Ginásio Fit4Fun	Veterano M40	01:58:28	+23:36	05:55

Trail Terras do Lيدador

20 KM

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OFFICIAL RESULT

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REVISED

11	52	Ivo Almeida	Ginásio Fit4Fun	Veterano M40	02:00:17	+25:25	06:01
12	74	Daniel Mota	Individual	Veterano M40	02:00:36	+25:43	06:02
13	41	Bernardo Giraldez	Galicia Maxica	Veterano M40	02:02:39	+27:46	06:08
14	82	Nuno Maia	Individual	Veterano M40	02:03:09	+28:16	06:09
15	130	Domingos Teixeira	Individual	Veterano M40	02:04:14	+29:21	06:13
16	134	Pedro Pisco	MRR	Veterano M40	02:05:29	+30:36	06:16
17	97	Jorge Marques Marques	Invidual	Veterano M40	02:06:24	+31:31	06:19
18	111	Fausto Teixeira	Lobos Do Monte	Veterano M40	02:06:39	+31:46	06:20
19	86	Ricardo Rocha	Individual	Veterano M40	02:07:05	+32:13	06:21
20	99	Eliseu Leite	Laundostrail	Veterano M40	02:07:35	+32:42	06:23
21	112	Miguel Pereira	Lobos Do Monte	Veterano M40	02:09:03	+34:10	06:27
22	81	Nuno Carvalho	Individual	Veterano M40	02:11:26	+36:34	06:34
23	83	Oscar Maximino	Individual	Veterano M40	02:12:13	+37:20	06:37
24	109	Ricardo Vidal	LION RUNNERS - G. D. Leões da Guarda	Veterano M40	02:13:08	+38:15	06:39
25	129	Vitor Coelho	Individual	Veterano M40	02:13:28	+38:35	06:40
26	105	Fernando Sampaio	LION RUNNERS - G. D. Leões da Guarda	Veterano M40	02:14:56	+40:04	06:45
27	79	Luis Lucas	GTTArmazem do Café	Veterano M40	02:18:05	+43:12	06:54
28	75	Fernando Santos	Individual	Veterano M40	02:18:25	+43:32	06:55
29	38	Rui Pereira	GAIA-RUNNING	Veterano M40	02:18:25	+43:32	06:55
30	77	Joaquim Oliveira Oliveira	Individual	Veterano M40	02:19:05	+44:13	06:57
31	78	Luis Almeida	Individual	Veterano M40	02:19:38	+44:45	06:59
32	27	Emerson Fialho	CTAD - Trilhos de Cinfães	Veterano M40	02:19:41	+44:48	06:59
33	40	Gonzalo Esteves	Galicia Maxica	Veterano M40	02:19:43	+44:50	06:59
34	131	Jose Maciel	Trail Running Nigrau	Veterano M40	02:19:43	+44:50	06:59
35	115	Alcídio Moreira	Mata elefantes	Veterano M40	02:19:52	+44:59	07:00
36	76	Henrique Silva	Individual	Veterano M40	02:21:55	+47:03	07:06
37	28	Jorge Rodrigues	CTAD - Trilhos de Cinfães	Veterano M40	02:21:59	+47:06	07:06
38	6	António Gonçalves	ACSP	Veterano M40	02:28:09	+53:16	07:24
39	127	Luis Leite	Maia Runners	Veterano M40	02:41:11	+01:06:18	08:04
40	87	Vitor Miranda	Individual	Veterano M40	02:41:21	+01:06:28	08:04
41	37	Paulo Vilarinho	GAIA-RUNNING	Veterano M40	02:45:15	+01:10:22	08:16
42	73	Carlos Taveira	Individual	Veterano M40	02:46:54	+01:12:01	08:21
43	106	Filipe Pereira	LION RUNNERS - G. D. Leões da Guarda	Veterano M40	02:50:44	+01:15:51	08:32
44	108	Nuno Cabral	LION RUNNERS - G. D. Leões da Guarda	Veterano M40	02:50:59	+01:16:07	08:33
45	107	Jorge Cruz	LION RUNNERS - G. D. Leões da Guarda	Veterano M40	02:51:00	+01:16:07	08:33

Veterano M50

1	20	Vasco Sousa	Coimbra Trail Running	Veterano M50	01:55:16	+20:23	05:46
2	118	Paulo Domingues	Olímpico Vianense Trail	Veterano M50	01:55:34	+20:42	05:47
3	29	José Carlos Dias	CTAD - Trilhos de Cinfães	Veterano M50	01:58:24	+23:32	05:55
4	14	Francisco Nogueira	Clube Millennium BCP	Veterano M50	02:02:10	+27:17	06:07
5	136	Albino Campos	GTTArmazem do Café	Veterano M50	02:12:19	+37:26	06:37

Official Timekeeper: Lap2Go	3 / 4	generate 26-Nov-2018 14:51
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Trail Terras do Lidador

20 KM

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OFFICIAL RESULT

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6	91	Paulo Dias	Individual	Veterano M50	02:13:36	+38:43	06:41
7	92	Pedro Ribeiro	Individual	Veterano M50	02:13:40	+38:47	06:41
8	119	Simão Dias	Online Team	Veterano M50	02:16:05	+41:12	06:48
9	94	Vitor Coelho Coelho	Individual	Veterano M50	02:19:38	+44:45	06:59
10	39	Carlos Pinto	GAIA-RUNNING	Veterano M50	02:21:12	+46:19	07:04
11	55	Durbalino Ferreira	Ginásio Fit4Fun	Veterano M50	02:23:14	+48:21	07:10
12	15	João Lopes	Clube Millennium BCP	Veterano M50	02:28:36	+53:43	07:26
13	54	Carlos Ferreira	Ginásio Fit4Fun	Veterano M50	02:31:27	+56:34	07:34
14	90	João António Miranda Dos Santos	Individual	Veterano M50	02:34:21	+59:29	07:43
15	88	António Pinto	Individual	Veterano M50	02:35:17	+01:00:24	07:46
16	89	Hercílio Santos	Individual	Veterano M50	02:52:24	+01:17:31	08:37
17	16	RICARDO BEIRAO	Clube Millennium BCP	Veterano M50	02:53:52	+01:19:00	08:42
18	18	Isidro Silva	CM Maia	Veterano M50	03:23:43	+01:48:50	10:11

Veterano M60

1	96	Manuel Sampaio	Individual	Veterano M60	02:17:27	+42:34	06:52
2	95	Manuel Jesus	Individual	Veterano M60	02:26:13	+51:20	07:19

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Official Timekeeper: Lap2Go	1 / 1	generate 25-Nov-2018 13:37
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