

VII Trail Terras de Ansião - 27K

Classificação Geral

Pos	Dorsal	Nome	Equipa	Sexo	Type	Tempo	Laps	Km/h	Cat/Pos
1	106	SÉRGIO CORREIA	ZONA ALTA TRAIL	M: 1	Trail Longo	Cont: 2 02:06:24.57	2	N/A	MSen: 1
Descrição Tempo t/km Km/h Acumulado									
				Controlo1	01:01:13.189	05:22	11.2kph	01:01:13.189	
				Final	01:05:11.389	04:49	12.4kph	02:06:24.578	
2	29	FÁBIO MENDES	MONTANHA CLUBE TRAIL RUNNING / EFAPEL	M: 2	Trail Longo	Cont: 2 02:07:48.13	2	N/A	MSen: 2
Descrição Tempo t/km Km/h Acumulado									
				Controlo1	01:01:46.673	05:25	11.1kph	01:01:46.673	
				Final	01:06:01.461	04:53	12.3kph	02:07:48.134	
3	67	BRUNO PEREIRA	INDIVIDUAL	M: 3	Trail Longo	Cont: 2 02:08:07.42	2	N/A	M40: 1
Descrição Tempo t/km Km/h Acumulado									
				Controlo1	01:01:47.482	05:25	11.1kph	01:01:47.482	
				Final	01:06:19.942	04:54	12.2kph	02:08:07.424	
4	84	JOSE ROSARIO	PORTO DE MÓS A CORRER	M: 4	Trail Longo	Cont: 2 02:09:44.31	2	N/A	M45: 1
Descrição Tempo t/km Km/h Acumulado									
				Controlo1	01:02:04.624	05:26	11.0kph	01:02:04.624	
				Final	01:07:39.693	05:00	12.0kph	02:09:44.317	
5	100	HELDER PEREIRA	CLUBE DE ATLETISMO DE FERREIRA DO ZÊZERE	M: 5	Trail Longo	Cont: 2 02:11:41.81	2	N/A	M40: 2
Descrição Tempo t/km Km/h Acumulado									
				Controlo1	01:02:06.609	05:26	11.0kph	01:02:06.609	
				Final	01:09:35.203	05:09	11.6kph	02:11:41.812	
6	130	FERNANDO ROSA	MONTANHA CLUBE TRAIL RUNNING / EFAPEL	M: 6	Trail Longo	Cont: 2 02:12:12.83	2	N/A	MSen: 3
Descrição Tempo t/km Km/h Acumulado									
				Controlo1	01:00:53.329	05:20	11.2kph	01:00:53.329	
				Final	01:11:19.508	05:17	11.4kph	02:12:12.837	
7	140	NUNO COELHO	MONTANHA CLUBE TRAIL RUNNING / EFAPEL	M: 7	Trail Longo	Cont: 2 02:12:33.98	2	N/A	:
Descrição Tempo t/km Km/h Acumulado									
				Controlo1	01:03:25.687	05:33	10.8kph	01:03:25.687	
				Final	01:09:08.301	05:07	11.7kph	02:12:33.988	
8	133	PEDRO MENDES	ABUTRES	M: 8	Trail Longo	Cont: 2 02:13:48.73	2	N/A	MSen: 4
Descrição Tempo t/km Km/h Acumulado									
				Controlo1	01:04:31.007	05:39	10.6kph	01:04:31.007	
				Final	01:09:17.725	05:07	11.7kph	02:13:48.732	
9	36	VITOR GOMES	FLASHOVER-BVPENELA	M: 9	Trail Longo	Cont: 2 02:14:01.60	2	N/A	M40: 3
Descrição Tempo t/km Km/h Acumulado									
				Controlo1	01:04:31.132	05:39	10.6kph	01:04:31.132	
				Final	01:09:30.476	05:08	11.7kph	02:14:01.608	
10	105	MIGUEL RIBEIRO	ZONA ALTA TRAIL	M: 10	Trail Longo	Cont: 2 02:14:09.01	2	N/A	M40: 4
Descrição Tempo t/km Km/h Acumulado									
				Controlo1	01:05:09.057	05:42	10.5kph	01:05:09.057	
				Final	01:08:59.957	05:06	11.7kph	02:14:09.014	
11	69	BERNARDO VIEIRA	UNIÃO FCI DE TOMAR	M: 11	Trail Longo	Cont: 2 02:16:26.36	2	N/A	MJunior: 1
Descrição Tempo t/km Km/h Acumulado									
				Controlo1	01:05:50.613	05:46	10.4kph	01:05:50.613	
				Final	01:10:35.751	05:13	11.5kph	02:16:26.364	
12	70	ANDRÉ FERREIRA	UNIÃO FCI DE TOMAR	M: 12	Trail Longo	Cont: 2 02:16:26.53	2	N/A	MSen: 5
Descrição Tempo t/km Km/h Acumulado									
				Controlo1	01:05:51.617	05:46	10.4kph	01:05:51.617	
				Final	01:10:34.917	05:13	11.5kph	02:16:26.534	

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Pos	Dorsal	Nome	Equipa	Sexo	Type	Tempo	Laps	Km/h	Cat/Pos
13	126	MICAEL COSTA	CLUBE DESPORTIVO DE ESPITE	M: 13	Trail Longo	Cont: 2 02:18:51.34	2	N/A	MSen: 6
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:05:13.611	05:43		10.5kph	01:05:13.611
				Final	01:13:37.738	05:27		11.0kph	02:18:51.349
14	46	JOÃO TOMÁS	INDIVIDUAL	M: 14	Trail Longo	Cont: 2 02:19:15.30	2	N/A	MSen: 7
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:07:58.466	05:57		10.1kph	01:07:58.466
				Final	01:11:16.843	05:16		11.4kph	02:19:15.309
15	88	LUIS SILVA	FONTE NOVA RUNNERS	M: 15	Trail Longo	Cont: 2 02:21:13.70	2	N/A	MSen: 8
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:08:11.313	05:58		10.0kph	01:08:11.313
				Final	01:13:02.391	05:24		11.1kph	02:21:13.704
16	65	ALFREDO GASPAR	GRVILAVERDENSE	M: 16	Trail Longo	Cont: 2 02:24:09.12	2	N/A	MSen: 9
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:09:03.639	06:03		9.9kph	01:09:03.639
				Final	01:15:05.485	05:33		10.8kph	02:24:09.124
17	7	IVO FERNANDES	INDIVIDUAL	M: 17	Trail Longo	Cont: 2 02:24:12.22	2	N/A	MSen: 10
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:09:41.307	06:06		9.8kph	01:09:41.307
				Final	01:14:30.918	05:31		10.9kph	02:24:12.225
18	122	FERNANDO MARQUES	DCI/TRILHOS LUSO BUSSACO	M: 18	Trail Longo	Cont: 2 02:24:31.31	2	N/A	MSen: 11
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:07:58.548	05:57		10.1kph	01:07:58.548
				Final	01:16:32.768	05:40		10.6kph	02:24:31.316
19	108	JORGE RODRIGUES	NAZA NÚCLEO DE ATLETISMO ZONA DA ABÓBADA	M: 19	Trail Longo	Cont: 2 02:24:56.24	2	N/A	M50: 1
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:10:16.796	06:09		9.7kph	01:10:16.796
				Final	01:14:39.445	05:31		10.8kph	02:24:56.241
20	132	INÊS MARQUES	#INTOTHEWORLD	F: 1	Trail Longo	Cont: 2 02:24:58.39	2	N/A	FSen: 1
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:10:18.384	06:10		9.7kph	01:10:18.384
				Final	01:14:40.007	05:31		10.8kph	02:24:58.391
21	557	MIKEL SANTAMARIA		M: 20	Trail Longo	Cont: 2 02:25:18.80	2	N/A	MSub23: 1
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:09:54.677	06:07		9.8kph	01:09:54.677
				Final	01:15:24.127	05:35		10.7kph	02:25:18.804
22	10	ANTÓNIO SIMÕES	INDIVIDUAL	M: 21	Trail Longo	Cont: 2 02:25:58.98	2	N/A	M40: 5
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:08:53.984	06:02		9.9kph	01:08:53.984
				Final	01:17:05.000	05:42		10.5kph	02:25:58.984
23	1	JOÃO NEPOMUCENO	DA-LHE GÁS TEAM	M: 22	Trail Longo	Cont: 2 02:27:03.55	2	N/A	M45: 2
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:11:28.461	06:16		9.6kph	01:11:28.461
				Final	01:15:35.095	05:35		10.7kph	02:27:03.556
24	120	RICARDO SILVA	ATLETISMO CLUBE DA TOCHA	M: 23	Trail Longo	Cont: 2 02:27:45.77	2	N/A	MSen: 12
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:11:21.790	06:15		9.6kph	01:11:21.790
				Final	01:16:23.981	05:39		10.6kph	02:27:45.771

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25	85	ROGÉRIO FAZENDA	INDIVIDUAL	M: 24	Trail Longo	Cont: 2 02:27:50.09	2	N/A	MSen: 13
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:12:06.899 06:19 9.5kph 01:12:06.899									
Final 01:15:43.194 05:36 10.7kph 02:27:50.093									
26	51	HENRIQUE FERNANDES	FONTE NOVA RUNNERS	M: 25	Trail Longo	Cont: 2 02:27:58.89	2	N/A	MSen: 14
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:10:58.464 06:13 9.6kph 01:10:58.464									
Final 01:17:00.427 05:42 10.5kph 02:27:58.891									
27	57	FILIPPE RODRIGUES	OZXTREME/ADCRPEREIRA	M: 26	Trail Longo	Cont: 2 02:29:15.95	2	N/A	MSen: 15
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:13:07.709 06:24 9.4kph 01:13:07.709									
Final 01:16:08.244 05:38 10.6kph 02:29:15.953									
28	30	VANDA SANTOS	TOPGYM	F: 2	Trail Longo	Cont: 2 02:29:24.85	2	N/A	FSen: 2
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:12:30.773 06:21 9.4kph 01:12:30.773									
Final 01:16:54.080 05:41 10.5kph 02:29:24.853									
29	150	150 150		M: 27	Trail Longo	Cont: 2 02:29:57.81	2	N/A	MJunior: 2
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:10:51.368 06:12 9.7kph 01:10:51.368									
Final 01:19:06.450 05:51 10.2kph 02:29:57.818									
30	59	HELDER GANTE	INDIVIDUAL	M: 28	Trail Longo	Cont: 2 02:31:44.53	2	N/A	M50: 2
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:13:45.441 06:28 9.3kph 01:13:45.441									
Final 01:17:59.096 05:46 10.4kph 02:31:44.537									
31	28	PEDRO CRUZ	INDIVIDUAL	M: 29	Trail Longo	Cont: 2 02:32:02.17	2	N/A	M40: 6
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:14:01.775 06:29 9.2kph 01:14:01.775									
Final 01:18:00.403 05:46 10.4kph 02:32:02.178									
32	63	RICARDO GONÇALVES	VESPINGA SAUDÁVEL/FET	M: 30	Trail Longo	Cont: 2 02:32:31.64	2	N/A	M40: 7
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:13:26.894 06:26 9.3kph 01:13:26.894									
Final 01:19:04.754 05:51 10.2kph 02:32:31.648									
33	62	DÉLIO NUNES	VESPINGA SAUDÁVEL/FET	M: 31	Trail Longo	Cont: 2 02:33:51.34	2	N/A	M45: 3
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:14:02.347 06:29 9.2kph 01:14:02.347									
Final 01:19:48.999 05:54 10.1kph 02:33:51.346									
34	76	MIGUEL MARQUES	CA BARREIRA	M: 32	Trail Longo	Cont: 2 02:34:21.56	2	N/A	M45: 4
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:15:26.979 06:37 9.1kph 01:15:26.979									
Final 01:18:54.589 05:50 10.3kph 02:34:21.568									
35	61	MIGUEL BÉRTOLO	VESPINGA SAUDÁVEL/FET	M: 33	Trail Longo	Cont: 2 02:35:49.66	2	N/A	MSen: 16
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:13:53.127 06:28 9.3kph 01:13:53.127									
Final 01:21:56.539 06:04 9.9kph 02:35:49.666									
36	48	AMÍLCAR RAMOS	GRVILAVERDENSE	M: 34	Trail Longo	Cont: 2 02:36:03.46	2	N/A	M40: 8
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:15:11.401 06:35 9.1kph 01:15:11.401									
Final 01:20:52.059 05:59 10.0kph 02:36:03.460									

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37	74	VITOR PEREIRA	ÁGUEDA ACTION CLUB - ACTIB	M: 35	Trail Longo	Cont: 2 02:36:07.63	2	N/A	MSen: 17
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:16:36.909	06:43		8.9kph	01:16:36.909
				Final	01:19:30.723	05:53		10.2kph	02:36:07.632
38	79	SÉRGIO FAZENDA	INDIVIDUAL	M: 36	Trail Longo	Cont: 2 02:36:53.43	2	N/A	MSen: 18
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:14:32.185	06:32		9.2kph	01:14:32.185
				Final	01:22:21.247	06:06		9.8kph	02:36:53.432
39	81	VÍTOR MOTA	BLACK BULLS / CLUBE DE CONDEIXA	M: 37	Trail Longo	Cont: 2 02:37:44.09	2	N/A	M45: 5
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:15:31.376	06:37		9.1kph	01:15:31.376
				Final	01:22:12.723	06:05		9.9kph	02:37:44.099
40	34	PAULO SANTOS	FLASHOVER-BVPENELA	M: 38	Trail Longo	Cont: 2 02:37:54.76	2	N/A	M40: 9
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:16:16.621	06:41		9.0kph	01:16:16.621
				Final	01:21:38.143	06:02		9.9kph	02:37:54.764
41	127	LUIS OLIVEIRA	FIGUEIRA KAYAK CLUBE	M: 39	Trail Longo	Cont: 2 02:39:16.58	2	N/A	MSen: 19
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:18:11.809	06:51		8.7kph	01:18:11.809
				Final	01:21:04.775	06:00		10.0kph	02:39:16.584
42	11	PAULINO OLIVEIRA	INDIVIDUAL	M: 40	Trail Longo	Cont: 2 02:39:21.15	2	N/A	MSen: 20
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:15:24.460	06:36		9.1kph	01:15:24.460
				Final	01:23:56.698	06:13		9.6kph	02:39:21.158
43	77	BRUNO PAIVA	ABUTRES	M: 41	Trail Longo	Cont: 2 02:39:32.09	2	N/A	MSen: 21
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:16:49.931	06:44		8.9kph	01:16:49.931
				Final	01:22:42.166	06:07		9.8kph	02:39:32.097
44	107	JOSE FONSECA	UNIÃO FCI DE TOMAR	M: 42	Trail Longo	Cont: 2 02:39:46.95	2	N/A	M50: 3
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:19:10.319	06:56		8.6kph	01:19:10.319
				Final	01:20:36.635	05:58		10.0kph	02:39:46.954
45	17	RUI PEREIRA	VILAVENTURA - TRAIL RUNNING TEAM	M: 43	Trail Longo	Cont: 2 02:39:47.16	2	N/A	MSen: 22
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:16:37.977	06:43		8.9kph	01:16:37.977
				Final	01:23:09.184	06:09		9.7kph	02:39:47.161
46	35	ALFREDO VALENTE	INDIVIDUAL	M: 44	Trail Longo	Cont: 2 02:39:50.82	2	N/A	M55: 1
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:13:44.905	06:28		9.3kph	01:13:44.905
				Final	01:26:05.922	06:22		9.4kph	02:39:50.827
47	68	CARLOS ANTÓNIO	NÃO DÁ +	M: 45	Trail Longo	Cont: 2 02:39:53.37	2	N/A	M40: 10
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:14:31.966	06:32		9.2kph	01:14:31.966
				Final	01:25:21.413	06:19		9.5kph	02:39:53.379
48	21	JOÃO OLIVEIRA	GRVILAVERDENSE	M: 46	Trail Longo	Cont: 2 02:39:57.48	2	N/A	M45: 6
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:15:09.732	06:35		9.1kph	01:15:09.732
				Final	01:24:47.753	06:16		9.6kph	02:39:57.485

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49	129	ANDRÉ BENTO	G.R.CORREDOURA	M: 47	Trail Longo	Cont: 2 02:41:44.24	2	N/A	MSen: 23
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:13:25.237 06:26 9.3kph 01:13:25.237									
Final 01:28:19.012 06:32 9.2kph 02:41:44.249									
50	119	JORGE HENRIQUES	LOURIVAL BIKE TEAM	M: 48	Trail Longo	Cont: 2 02:42:16.77	2	N/A	MSen: 24
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:17:45.935 06:49 8.8kph 01:17:45.935									
Final 01:24:30.838 06:15 9.6kph 02:42:16.773									
51	96	GINA DOMINGUES	BLACK BULLS / CLUBE DE CONDEIXA	F: 3	Trail Longo	Cont: 2 02:42:17.84	2	N/A	F40: 1
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:19:11.147 06:56 8.6kph 01:19:11.147									
Final 01:23:06.702 06:09 9.7kph 02:42:17.849									
52	26	MARIO CARIDADE	COA / CORVUS TRAIL TEAM	M: 49	Trail Longo	Cont: 2 02:43:17.26	2	N/A	MSen: 25
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:18:33.026 06:53 8.7kph 01:18:33.026									
Final 01:24:44.238 06:16 9.6kph 02:43:17.264									
53	152	152 152		M: 50	Trail Longo	Cont: 2 02:45:10.80	2	N/A	MJunior: 3
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:18:31.419 06:53 8.7kph 01:18:31.419									
Final 01:26:39.385 06:25 9.3kph 02:45:10.804									
54	117	DANY GRILO	GRUPO ALEGRE E UNIDO BAJOUCA	M: 51	Trail Longo	Cont: 2 02:45:59.12	2	N/A	MSen: 26
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:18:06.271 06:51 8.8kph 01:18:06.271									
Final 01:27:52.851 06:30 9.2kph 02:45:59.122									
55	5	MARCO MENDES	ASSOCIAÇÃO POMBAL JOVEM	M: 52	Trail Longo	Cont: 2 02:46:43.91	2	N/A	MSen: 27
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:18:22.268 06:52 8.7kph 01:18:22.268									
Final 01:28:21.647 06:32 9.2kph 02:46:43.915									
56	82	NORBERTO ROSA	JÁESTRADA	M: 53	Trail Longo	Cont: 2 02:47:59.66	2	N/A	M40: 11
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:19:39.386 06:59 8.6kph 01:19:39.386									
Final 01:28:20.282 06:32 9.2kph 02:47:59.668									
57	141	GONÇALO FREITAS	CCD CREDITO AGRICOLA	M: 54	Trail Longo	Cont: 2 02:49:39.20	2	N/A	:
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:20:19.560 07:02 8.5kph 01:20:19.560									
Final 01:29:19.647 06:37 9.1kph 02:49:39.207									
58	41	BRUNO FONSECA	CROSSFIT FÁTIMA	M: 55	Trail Longo	Cont: 2 02:50:37.12	2	N/A	MSen: 28
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:18:00.094 06:50 8.8kph 01:18:00.094									
Final 01:32:37.027 06:51 8.7kph 02:50:37.121									
59	125	RICARDO SANTA	INDIVIDUAL	M: 56	Trail Longo	Cont: 2 02:51:28.59	2	N/A	M40: 12
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:17:41.443 06:48 8.8kph 01:17:41.443									
Final 01:33:47.155 06:56 8.6kph 02:51:28.598									
60	25	RUI LUIS	OS TOLINHOS	M: 57	Trail Longo	Cont: 2 02:57:23.84	2	N/A	M45: 7
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:22:09.289 07:12 8.3kph 01:22:09.289									
Final 01:35:14.555 07:03 8.5kph 02:57:23.844									

VII Trail Terras de Ansião - 27K

Classificação Geral

Pos	Dorsal	Nome	Equipa	Sexo	Type	Tempo	Laps	Km/h	Cat/Pos
61	24	VITOR DINIZ	TOMAR RUNNERS	M: 58	Trail Longo	Cont: 2 02:57:26.39	2	N/A	M45: 8
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:19:31.921	06:58		8.6kph	01:19:31.921
				Final	01:37:54.471	07:15		8.3kph	02:57:26.392
62	99	CUSTÓDIO LOUREIRO	C.C.C. COIMBRA	M: 59	Trail Longo	Cont: 2 02:58:48.82	2	N/A	M50: 4
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:23:13.185	07:17		8.2kph	01:23:13.185
				Final	01:35:35.637	07:04		8.5kph	02:58:48.822
63	134	MANUEL VICTORINO	CCD ALVITEJO	M: 60	Trail Longo	Cont: 2 02:59:06.17	2	N/A	M60: 1
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:22:04.484	07:11		8.3kph	01:22:04.484
				Final	01:37:01.688	07:11		8.3kph	02:59:06.172
64	101	BRUNO ESPADEIRO	INDIVIDUAL	M: 61	Trail Longo	Cont: 2 03:00:11.03	2	N/A	M40: 13
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:27:21.351	07:39		7.8kph	01:27:21.351
				Final	01:32:49.688	06:52		8.7kph	03:00:11.039
65	58	JOÃO BATISTA	GIM RUNNING TEAM	M: 62	Trail Longo	Cont: 2 03:00:24.80	2	N/A	MSen: 29
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:23:50.158	07:21		8.2kph	01:23:50.158
				Final	01:36:34.648	07:09		8.4kph	03:00:24.806
66	56	PEDRO DIAS	CLAC ENTRONCAMENTO/ONDATRILHOS	M: 63	Trail Longo	Cont: 2 03:00:25.44	2	N/A	MSen: 30
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:25:21.965	07:29		8.0kph	01:25:21.965
				Final	01:35:03.481	07:02		8.5kph	03:00:25.446
67	73	NANCY CANTANTE	GRVILAVERDENSE	F: 4	Trail Longo	Cont: 2 03:01:01.02	2	N/A	FSen: 3
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:32:54.364	08:08		7.4kph	01:32:54.364
				Final	01:28:06.663	06:31		9.2kph	03:01:01.027
68	8	LUÍS HILÁRIO	O AVENTUREIRO DA BICICLETA	M: 64	Trail Longo	Cont: 2 03:01:02.64	2	N/A	M40: 14
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:28:58.922	07:48		7.7kph	01:28:58.922
				Final	01:32:03.727	06:49		8.8kph	03:01:02.649
69	72	HELDER PEREIRA	PORTO DE MÓS A CORRER	M: 65	Trail Longo	Cont: 2 03:01:05.80	2	N/A	M45: 9
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:22:07.461	07:12		8.3kph	01:22:07.461
				Final	01:38:58.344	07:19		8.2kph	03:01:05.805
70	93	JOÃO COSTA	INDIVIDUAL	M: 66	Trail Longo	Cont: 2 03:01:12.00	2	N/A	MSub23: 2
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:23:43.355	07:20		8.2kph	01:23:43.355
				Final	01:37:28.654	07:13		8.3kph	03:01:12.009
71	109	PAULA PENEDO	BOAVISTA TRAIL	F: 5	Trail Longo	Cont: 2 03:01:26.69	2	N/A	F40: 2
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:29:12.961	07:49		7.7kph	01:29:12.961
				Final	01:32:13.736	06:49		8.8kph	03:01:26.697
72	92	ANA SABORANO	ATLETISMO CLUBE DA TOCHA	F: 6	Trail Longo	Cont: 2 03:01:34.96	2	N/A	FSen: 4
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:23:19.820	07:18		8.2kph	01:23:19.820
				Final	01:38:15.146	07:16		8.2kph	03:01:34.966

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Classificação Geral

Pos	Dorsal	Nome	Equipa	Sexo	Type	Tempo	Laps	Km/h	Cat/Pos
73	116	NELSON PEREIRA	CLAC ENTRONCAMENTO/ONDATRILHOS	M: 67	Trail Longo	Cont: 2 03:03:04.56	2	N/A	M45: 10
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:26:46.394	07:36		7.9kph	01:26:46.394
				Final	01:36:18.168	07:08		8.4kph	03:03:04.562
74	66	ANABELA REMÉDIOS	INDIVIDUAL	F: 7	Trail Longo	Cont: 2 03:03:41.55	2	N/A	F45: 1
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:25:19.398	07:29		8.0kph	01:25:19.398
				Final	01:38:22.153	07:17		8.2kph	03:03:41.551
75	6	EUGÉNIO DIAS	ATLETISMO CLUBE DA TOCHA	M: 68	Trail Longo	Cont: 2 03:04:42.05	2	N/A	MSen: 31
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:24:58.112	07:27		8.1kph	01:24:58.112
				Final	01:39:43.945	07:23		8.1kph	03:04:42.057
76	75	MARGARIDA NUNES	PORTO DE MÓS A CORRER	F: 8	Trail Longo	Cont: 2 03:04:58.02	2	N/A	F40: 3
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:29:01.872	07:48		7.7kph	01:29:01.872
				Final	01:35:56.150	07:06		8.4kph	03:04:58.022
77	97	HELDER COSTA	PORTO DE MÓS A CORRER	M: 69	Trail Longo	Cont: 2 03:04:59.17	2	N/A	M45: 11
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:29:01.442	07:48		7.7kph	01:29:01.442
				Final	01:35:57.728	07:06		8.4kph	03:04:59.170
78	87	JOÃO QUEIRÓS	C.C.C. COIMBRA	M: 70	Trail Longo	Cont: 2 03:05:22.18	2	N/A	M50: 5
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:26:32.080	07:35		7.9kph	01:26:32.080
				Final	01:38:50.106	07:19		8.2kph	03:05:22.186
79	43	JOÃO SILVA	CROSSRIDERS	M: 71	Trail Longo	Cont: 2 03:06:17.66	2	N/A	M50: 6
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:19:16.675	06:57		8.6kph	01:19:16.675
				Final	01:47:00.991	07:55		7.6kph	03:06:17.666
80	102	ANA TOMÉ	ZONA ALTA TRAIL	F: 9	Trail Longo	Cont: 2 03:06:20.47	2	N/A	F45: 2
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:29:43.471	07:52		7.6kph	01:29:43.471
				Final	01:36:37.004	07:09		8.4kph	03:06:20.475
81	91	CRISTIANO MALHÃO	ATLETISMO CLUBE DA TOCHA	M: 72	Trail Longo	Cont: 2 03:07:28.79	2	N/A	M40: 15
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:31:42.473	08:02		7.5kph	01:31:42.473
				Final	01:35:46.326	07:05		8.5kph	03:07:28.799
82	32	SOFIA COELHO	NÚCLEO DE MONTANHA DE ESPINHO	F: 10	Trail Longo	Cont: 2 03:07:37.19	2	N/A	F45: 3
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:31:15.001	08:00		7.5kph	01:31:15.001
				Final	01:36:22.190	07:08		8.4kph	03:07:37.191
83	42	RENATO CARVALHO	VILAVENTURA - TRAIL RUNNING TEAM	M: 73	Trail Longo	Cont: 2 03:07:42.66	2	N/A	MSen: 32
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:21:37.405	07:09		8.4kph	01:21:37.405
				Final	01:46:05.257	07:51		7.6kph	03:07:42.662
84	52	CARLOS COSTA	TRAILLERS	M: 74	Trail Longo	Cont: 2 03:08:11.23	2	N/A	M50: 7
				<u>Descrição</u>	<u>Tempo</u>	<u>t/km</u>		<u>Km/h</u>	<u>Acumulado</u>
				Controlo1	01:31:52.939	08:03		7.4kph	01:31:52.939
				Final	01:36:18.291	07:08		8.4kph	03:08:11.230

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Classificação Geral

Pos	Dorsal	Nome	Equipa	Sexo	Type	Tempo	Laps	Km/h	Cat/Pos
85	71	PAULO MAURICIO	N.A.D.A	M: 75	Trail Longo	Cont: 2 03:08:20.57	2	N/A	MSen: 33
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:27:05.424 07:38 7.9kph 01:27:05.424									
Final 01:41:15.152 07:30 8.0kph 03:08:20.576									
86	80	DAVID CLEMENTE	CUAB	M: 76	Trail Longo	Cont: 2 03:08:32.32	2	N/A	MSen: 34
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:29:28.851 07:50 7.6kph 01:29:28.851									
Final 01:39:03.470 07:20 8.2kph 03:08:32.321									
87	83	MANUEL GASPAR	JÁESTRADA	M: 77	Trail Longo	Cont: 2 03:08:33.36	2	N/A	M50: 8
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:26:17.779 07:34 7.9kph 01:26:17.779									
Final 01:42:15.588 07:34 7.9kph 03:08:33.367									
88	39	EDUARDO GONÇALVES	VILAVENTURA - TRAIL RUNNING TEAM	M: 78	Trail Longo	Cont: 2 03:09:47.64	2	N/A	MSen: 35
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:16:28.175 06:42 8.9kph 01:16:28.175									
Final 01:53:19.470 08:23 7.1kph 03:09:47.645									
89	40	MARTA RIBEIRO	OS TOLINHOS	F: 11	Trail Longo	Cont: 2 03:11:05.95	2	N/A	F40: 4
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:33:22.803 08:11 7.3kph 01:33:22.803									
Final 01:37:43.155 07:14 8.3kph 03:11:05.958									
90	49	JOSÉ ANTUNES	DA-LHE GÁS TEAM	M: 79	Trail Longo	Cont: 2 03:11:31.44	2	N/A	M40: 16
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:28:56.497 07:48 7.7kph 01:28:56.497									
Final 01:42:34.944 07:35 7.9kph 03:11:31.441									
91	89	MIGUEL GONÇALVES	DA-LHE GÁS TEAM	M: 80	Trail Longo	Cont: 2 03:11:33.88	2	N/A	M40: 17
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:29:01.967 07:48 7.7kph 01:29:01.967									
Final 01:42:31.913 07:35 7.9kph 03:11:33.880									
92	124	ANDRÉ SANTA	INDIVIDUAL	M: 81	Trail Longo	Cont: 2 03:12:27.15	2	N/A	M40: 18
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:28:49.605 07:47 7.7kph 01:28:49.605									
Final 01:43:37.547 07:40 7.8kph 03:12:27.152									
93	50	PEDRO CARRIÇO	SERVIÇOS SOCIAIS MONTEPIO GERAL	M: 82	Trail Longo	Cont: 2 03:12:37.91	2	N/A	MSen: 36
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:26:50.487 07:37 7.9kph 01:26:50.487									
Final 01:45:47.431 07:50 7.7kph 03:12:37.918									
94	45	RUI GONÇALVES	INDIVIDUAL	M: 83	Trail Longo	Cont: 2 03:12:38.76	2	N/A	M40: 19
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:26:51.395 07:37 7.9kph 01:26:51.395									
Final 01:45:47.370 07:50 7.7kph 03:12:38.765									
95	9	PEDRO DE LEMOS	COIMBRA TRAIL RUNNING	M: 84	Trail Longo	Cont: 2 03:13:45.87	2	N/A	M50: 9
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:24:32.489 07:24 8.1kph 01:24:32.489									
Final 01:49:13.388 08:05 7.4kph 03:13:45.877									
96	64	FAUSTO CARVALHO	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	M: 85	Trail Longo	Cont: 2 03:13:46.35	2	N/A	M60: 2
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:32:52.896 08:08 7.4kph 01:32:52.896									
Final 01:40:53.457 07:28 8.0kph 03:13:46.353									

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Classificação Geral

Pos	Dorsal	Nome	Equipa	Sexo	Type	Tempo	Laps	Km/h	Cat/Pos
97	128	RUI SANTOS	BLACK BULLS / CLUBE DE CONDEIXA	M: 86	Trail Longo	Cont: 2 03:13:56.23	2	N/A	M45: 12
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:32:53.912 08:08 7.4kph 01:32:53.912									
Final 01:41:02.320 07:29 8.0kph 03:13:56.232									
98	4	KEVIN GASPAR	DA-LHE GÁS TEAM	M: 87	Trail Longo	Cont: 2 03:13:58.34	2	N/A	MSen: 37
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:31:48.895 08:03 7.4kph 01:31:48.895									
Final 01:42:09.452 07:34 7.9kph 03:13:58.347									
99	78	LINA MATEUS	INDIVIDUAL	F: 12	Trail Longo	Cont: 2 03:14:05.55	2	N/A	F40: 5
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:36:19.793 08:26 7.1kph 01:36:19.793									
Final 01:37:45.763 07:14 8.3kph 03:14:05.556									
100	37	HENRIQUE SANTOS	VILAVENTURA - TRAIL RUNNING TEAM	M: 88	Trail Longo	Cont: 2 03:15:01.72	2	N/A	M45: 13
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:34:42.757 08:18 7.2kph 01:34:42.757									
Final 01:40:18.969 07:25 8.1kph 03:15:01.726									
101	135	IVONE VIEIRA	PORTO DE MÓS A CORRER	F: 13	Trail Longo	Cont: 2 03:15:15.16	2	N/A	F40: 6
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:35:13.091 08:21 7.2kph 01:35:13.091									
Final 01:40:02.078 07:24 8.1kph 03:15:15.169									
102	14	HUGO FERRAZ	PACE.MAKERS	M: 89	Trail Longo	Cont: 2 03:15:40.82	2	N/A	MSen: 38
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:38:12.425 08:36 7.0kph 01:38:12.425									
Final 01:37:28.395 07:13 8.3kph 03:15:40.820									
103	15	JOSÉ EUFRÁSIO	CLUVE	M: 90	Trail Longo	Cont: 2 03:19:19.26	2	N/A	M60: 3
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:35:59.889 08:25 7.1kph 01:35:59.889									
Final 01:43:19.376 07:39 7.8kph 03:19:19.265									
104	33	SARA PALRINHAS	MORCEGOS TRAIL	F: 14	Trail Longo	Cont: 2 03:19:27.80	2	N/A	FSen: 5
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:37:36.630 08:33 7.0kph 01:37:36.630									
Final 01:41:51.171 07:32 8.0kph 03:19:27.801									
105	13	PEDRO HENRIQUES	INDIVIDUAL	M: 91	Trail Longo	Cont: 2 03:19:51.75	2	N/A	M40: 20
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:38:42.131 08:39 6.9kph 01:38:42.131									
Final 01:41:09.621 07:29 8.0kph 03:19:51.752									
106	60	SILVINA BAPTISTA	TIMIM	F: 15	Trail Longo	Cont: 2 03:19:52.13	2	N/A	F40: 7
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:38:44.768 08:39 6.9kph 01:38:44.768									
Final 01:41:07.363 07:29 8.0kph 03:19:52.131									
107	55	SARA CARVALHO	ARCD VENDA DA LUISA	F: 16	Trail Longo	Cont: 2 03:28:00.61	2	N/A	FSen: 6
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:35:37.382 08:23 7.2kph 01:35:37.382									
Final 01:52:23.229 08:19 7.2kph 03:28:00.611									
108	54	NELSON CORREIA	ARCD VENDA DA LUISA	M: 92	Trail Longo	Cont: 2 03:28:01.45	2	N/A	MSen: 39
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:35:12.988 08:21 7.2kph 01:35:12.988									
Final 01:52:48.463 08:21 7.2kph 03:28:01.451									

VII Trail Terras de Ansião - 27K

Classificação Geral

Pos	Dorsal	Nome	Equipa	Sexo	Type	Tempo	Laps	Km/h	Cat/Pos
109	115	ANDRÉ PAIVA	FARMÁCIA LUCIANO E MATOS	M: 93	Trail Longo	Cont: 2 03:28:02.25	2	N/A	MSen: 40
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:12:15.046 06:20 9.5kph 01:12:15.046									
Final 02:15:47.207 10:03 6.0kph 03:28:02.253									
110	53	EDUARD AGAYEV	INDIVIDUAL	M: 94	Trail Longo	Cont: 2 03:30:28.42	2	N/A	MSen: 41
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:34:47.320 08:18 7.2kph 01:34:47.320									
Final 01:55:41.106 08:34 7.0kph 03:30:28.426									
111	123	CESARIO ROCHA	INDIVIDUAL	M: 95	Trail Longo	Cont: 2 03:31:44.22	2	N/A	M50: 10
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:36:32.136 08:28 7.1kph 01:36:32.136									
Final 01:55:12.085 08:32 7.0kph 03:31:44.221									
112	121	HELENA LOPES	TRIBO NR	F: 17	Trail Longo	Cont: 2 03:44:52.35	2	N/A	F40: 8
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:49:56.414 09:38 6.2kph 01:49:56.414									
Final 01:54:55.941 08:30 7.0kph 03:44:52.355									
113	112	IRIS MAURICIO	OPRATICANTE.PT / MTBA	F: 18	Trail Longo	Cont: 2 03:51:28.36	2	N/A	F40: 9
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:53:40.504 09:58 6.0kph 01:53:40.504									
Final 01:57:47.861 08:43 6.9kph 03:51:28.365									
114	111	LUIS FERREIRA	OPRATICANTE.PT / MTBA	M: 96	Trail Longo	Cont: 2 03:51:30.46	2	N/A	M50: 11
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:53:42.466 09:58 6.0kph 01:53:42.466									
Final 01:57:47.998 08:43 6.9kph 03:51:30.464									
115	20	JOÃO NOGUEIRA	VILAVENTURA - TRAIL RUNNING TEAM	M: 97	Trail Longo	Cont: 2 03:53:52.92	2	N/A	MSen: 42
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:46:19.783 09:19 6.4kph 01:46:19.783									
Final 02:07:33.143 09:26 6.4kph 03:53:52.926									
116	113	JAIME MAURICIO	OPRATICANTE.PT / MTBA	M: 98	Trail Longo	Cont: 2 03:55:16.72	2	N/A	M40: 21
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:53:38.882 09:58 6.0kph 01:53:38.882									
Final 02:01:37.844 09:00 6.7kph 03:55:16.726									
117	110	FRANCISCO AMARO	OPRATICANTE.PT / MTBA	M: 99	Trail Longo	Cont: 2 03:56:52.82	2	N/A	M50: 12
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:53:42.983 09:58 6.0kph 01:53:42.983									
Final 02:03:09.842 09:07 6.6kph 03:56:52.825									
118	18	CARLOS FERRAZ	INDIVIDUAL	M: 100	Trail Longo	Cont: 2 03:57:13.51	2	N/A	M60: 4
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:49:55.544 09:38 6.2kph 01:49:55.544									
Final 02:07:17.973 09:25 6.4kph 03:57:13.517									
119	151	451 451		M: 101	Trail Longo	Cont: 1 01:27:42.41	1	N/A	:
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:27:42.410 07:41 7.8kph 01:27:42.410									
120	103	ANDRÉ ROSÁRIO	ZONA ALTA TRAIL	M: 102	Trail Longo	Cont: 1 01:32:48.13	1	N/A	:
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:32:48.133 08:08 7.4kph 01:32:48.133									
121	16	SIMÃO CASTRO	COIMBRA TRAIL RUNNING	M: 103	Trail Longo	Cont: 1 01:39:34.86	1	N/A	:
Descrição Tempo t/km Km/h Acumulado									
Controlo1 01:39:34.868 08:44 6.9kph 01:39:34.868									

Classificação Geral

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