

1º TRAIL SOLIDÁRIO DE RIBEIRÃO

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23/07/2016

Chrono.pt



Classificação Geral

Trail 18,00 Km.

Pos.	Dor.	Nome	Clube	Cat.	Pos.Cat	Tempo	T/Km.	Dif.
1	315	Bruno Silva,	Águias de Alvelos	Sen-M	1	1:05:30.01	03:38	
2	139	Oscar Mendes,	Team Lantemil	Sen-M	2	1:08:29.88	03:48	0:03:00
3	28	Nuno Miguel Ferreira Carnei	CLUBE ZUPPER	Sen-M	3	1:11:16.64	03:58	0:05:47
4	309	Bruno Ribeiro,	Águias de Alvelos	Sen-M	4	1:11:21.51	03:58	0:05:52
5	301	FILIPPE CUNHA,	Águias de Alvelos	Sen-M	5	1:13:05.12	04:04	0:07:35
6	318	Adriano Sá,	Águias de Alvelos	Vt40-M	1	1:13:14.23	04:04	0:07:44
7	303	JOAQUIM RODRIGUES,	Águias de Alvelos	Vt50-M	1	1:16:06.74	04:14	0:10:37
8	207	Ricardo Campos,	Famarunners	Sen-M	6	1:16:11.30	04:14	0:10:41
9	24	Ricardo Sousa,	CAAC Clube de Atletismo de Arc	Sen-M	7	1:16:24.24	04:15	0:10:54
10	57	Ezequiel fernandes,	Team Lantemil	Vt40-M	2	1:16:25.99	04:15	0:10:56
11	109	Ricardo Manuel dos Santos (	CAAC - Clube de Atletismo de A	Sen-M	8	1:17:49.37	04:19	0:12:19
12	211	Marco Santos,	Airó&A.Cu.R.A 4 Trail	Sen-M	9	1:17:59.39	04:20	0:12:29
13	141	Hélder Ribeiro,	Airó&A.Cu.R.A 4 Trail	Sen-M	10	1:18:13.97	04:21	0:12:44
14	21	Sérgio Manuel Costa Sampai	FisioPedro	Vt40-M	3	1:18:22.15	04:21	0:12:52
15	37	Paulo Pereira,	Dragon club	Vt40-M	4	1:19:44.69	04:26	0:14:15
16	200	Nuno Alves,	Famarunners	Sen-M	11	1:20:13.90	04:27	0:14:44
17	99	Rui Manuel Sousa Lopes,		Vt40-M	5	1:20:34.44	04:29	0:15:04
18	83	Sérgio Pereira,		Sen-M	12	1:20:45.16	04:29	0:15:15
19	30	Pedro castro,	CAAC	Sen-M	13	1:22:06.59	04:34	0:16:37
20	48	Marco Paulo Gonçalves roch	dragon club	Vt40-M	6	1:22:27.09	04:35	0:16:57
21	19	Rui Pedro Silva,	SPORTING CLUBE DE PORTU	Sen-M	14	1:22:29.07	04:35	0:16:59
22	56	rodrigo silva,	Team Lantemil	Sen-M	15	1:22:29.15	04:35	0:16:59
23	156	ANTONIO JOAQUIM REIS RIO-AVE		Vt40-M	7	1:22:30.00	04:35	0:17:00
24	167	Pedro Rafael Coelho de Sá,	B.T.M.	Sub23M	1	1:22:31.00	04:35	0:17:01
25	215	Domingos Carvalho,	Fisiojoane	Vt40-M	8	1:22:52.05	04:36	0:17:22
26	35	Sergio Avelino Lopes Monte	Airó&A.Cu.R.A 4 Trail	Sen-M	16	1:22:56.27	04:36	0:17:26
27	213	Rui Araujo,		Sub23M	2	1:23:05.17	04:37	0:17:35
28	110	Tiago João Ferreira da Conceição,		Sen-M	17	1:23:07.48	04:37	0:17:37
29	131	Hugo Miguel Lima Andrade,		Sen-M	18	1:23:13.47	04:37	0:17:43
30	43	Paulo Sérgio Ribeiro Gomes,	Airó&A.Cu.R.A 4 Trail	Sen-M	19	1:23:13.71	04:37	0:17:44
31	166	MARTINHO JORGE SILVA	INDIVIDUAL	Vt50-M	2	1:25:07.72	04:44	0:19:38
32	97	josé fernando ferreira correia da costa,		Vt40-M	9	1:25:13.11	04:44	0:19:43
33	203	Renato Araújo,	Famarunners	Sen-M	20	1:25:20.05	04:44	0:19:50
34	164	Andre Martins,		Sub23M	3	1:25:50.14	04:46	0:20:20
35	314	Miguel Miranda,	Águias de Alvelos	Sub23M	4	1:25:59.19	04:47	0:20:29
36	50	Marco Paulo Sousa Andrade,	AFIPRE Team	Sen-M	21	1:26:18.92	04:48	0:20:49
37	70	Nuno Andre Silva Freitas,		Sen-M	22	1:26:21.95	04:48	0:20:52
38	206	Vitor Carneiro,	Famarunners	Vt40-M	10	1:26:41.96	04:49	0:21:12
39	311	Nelson Costa,	Águias de Alvelos	Sen-M	23	1:26:42.00	04:49	0:21:12
40	31	Marco Paulo Martins lopes,		Sen-M	24	1:26:53.30	04:50	0:21:23
41	216	Vitor Coelho,		Vt40-M	11	1:27:00.77	04:50	0:21:31
42	149	Jorge Araújo,	O Pai Já bai	Vt50-M	3	1:27:06.59	04:50	0:21:37
43	55	Elisabete Santos,	Team Lantemil	Vt40-F	1	1:27:16.07	04:51	0:21:46
44	78	Rosalia Silva,	Team lantemil	Sen-F	1	1:27:16.19	04:51	0:21:46
45	171	José António Ferreira de Cas	Airó&A.Cu.R.A 4 Trail	Sen-M	25	1:27:30.22	04:52	0:22:00

46	125	Mario Rodríguez Otero,	Atletismo Fontes do Sar	Sen-M	26	1:27:34.81	04:52	0:22:05
47	160	Veronika Moreira,	individual	Sen-F	2	1:27:37.00	04:52	0:22:07
48	159	Miguel Lopes,	individual	Sen-M	27	1:27:38.00	04:52	0:22:08
49	27	Marco Filipe Silva Moreira,	Team Lantemil	Sen-M	28	1:28:03.49	04:54	0:22:33
50	15	Francisco Carneiro,	AD Esmeriz Running	Vt40-M	12	1:28:18.08	04:54	0:22:48
51	117	José Virgílio Fernandes MacI	Individual	Vt50-M	4	1:28:38.11	04:55	0:23:08
52	177	António José Oliveira Carvalho,		Vt40-M	13	1:29:54.64	05:00	0:24:25
53	226	Helder Faria,	Amigos da onça	Sen-M	29	1:30:18.30	05:01	0:24:48
54	218	Helder Ferreira,	Lantemil	Sen-M	30	1:30:18.62	05:01	0:24:49
55	173	Helder Alexandre Silva Rodr	100Meta	Sen-M	31	1:30:52.43	05:03	0:25:22
56	229	Liedott Thierry,		Vt50-M	5	1:30:55.29	05:03	0:25:25
57	69	Filipe Ribeiro,	A.C. VERMOIM	Vt40-M	14	1:30:55.78	05:03	0:25:26
58	317	António Gomes,	Águias de Alvelos	Vt40-M	15	1:31:18.92	05:04	0:25:49
59	4	José Carlos Mendes Leitão R	Airão Trail Team (ATT)	Sub23M	5	1:31:32.40	05:05	0:26:02
60	58	Alexandre Marques,	CAAC Clube Atletismo Arentim	Sen-M	32	1:32:08.55	05:07	0:26:39
61	45	Ricardo Maia,	Team Lantemil	Sen-M	33	1:32:10.88	05:07	0:26:41
62	228	António Machado,		Vt40-M	16	1:32:29.81	05:08	0:27:00
63	233	Rui Figueiredo,		Sub23M	6	1:32:59.62	05:10	0:27:30
64	178	Nuno Ricardo Soares de Sá,		Sen-M	34	1:33:09.31	05:11	0:27:39
65	84	Helder Pereira,		Sen-M	35	1:33:40.12	05:12	0:28:10
66	230	José Dias,		Vt50-M	6	1:33:52.41	05:13	0:28:22
67	113	David Gonçalves,	Factor X / S4L/ Medense FC	Sen-M	36	1:34:19.69	05:14	0:28:50
68	41	André Costa,	Befitness Runners	Sen-M	37	1:34:39.22	05:16	0:29:09
69	66	Sérgio Fernandes,	Infantrail	Sen-M	38	1:35:01.35	05:17	0:29:31
70	85	Paulo Marques,		Vt40-M	17	1:35:15.29	05:18	0:29:45
71	68	DANIEL FILIPE SALGADC	Terror dos Montes	Sen-M	39	1:35:41.04	05:19	0:30:11
72	6	Vitor Horácio Esteves Correi	Team Lantemil	Sen-M	40	1:35:55.79	05:20	0:30:26
73	204	José Costa,	Famarunners	Vt40-M	18	1:36:09.88	05:21	0:30:40
74	22	Daniel Filipe Magalhães,	FisioPedro	Sen-M	41	1:36:28.39	05:22	0:30:58
75	175	Tiago Dinis Faria de Sousa,	CAAC - Clube de Atletismo de A	Sen-M	42	1:36:28.49	05:22	0:30:58
76	134	Jorge Peixoto,	CAAC	Sen-M	43	1:36:28.86	05:22	0:30:59
77	47	António Manuel Domingues	Dragonclub	Vt40-M	19	1:36:34.65	05:22	0:31:05
78	13	Nuno Reis,		Vt40-M	20	1:36:36.00	05:22	0:31:06
79	51	António de Neiva Rodrigues,	AFIPRE Team	Vt50-M	7	1:36:41.10	05:22	0:31:11
80	2	Carla Sofia Marques Araújo,	Team Lantemil	Sen-F	3	1:36:54.83	05:23	0:31:25
81	165	José Magalhães,	A.C. VERMOIM	Vt50-M	8	1:36:57.69	05:23	0:31:28
82	106	RUI Azevedo,		Vt40-M	21	1:37:35.15	05:25	0:32:05
83	121	José Olegário Maia Areal Ferreira,		Sen-M	44	1:37:38.95	05:25	0:32:09
84	145	José Carlos da Costa Almeida	A.D.Palmeirense	Sen-M	45	1:37:39.00	05:26	0:32:09
85	108	Claudio jorge garces carneiro,		Sen-M	46	1:37:41.02	05:26	0:32:11
86	302	AVELINO FIGUEIREDO,	Águias de Alvelos	Vt40-M	22	1:37:54.43	05:26	0:32:24
87	227	Marco Pereira,	CAAC	Sub23M	7	1:38:03.65	05:27	0:32:34
88	224	Paulo saldanha,	Fisiojoane	Vt40-M	23	1:38:18.98	05:28	0:32:49
89	3	Luísa Azevedo,	TeamLantemil	Sen-F	4	1:38:47.70	05:29	0:33:18
90	103	José Fernandes,		Vt40-M	24	1:38:51.07	05:30	0:33:21
91	73	Armando Oliveira,	Magic frends runners	Vt40-M	25	1:38:57.49	05:30	0:33:27
92	90	Nelson Joaquim de Sá Ferrei	Domoweb	Sen-M	47	1:39:18.26	05:31	0:33:48
93	89	Luís Barreiro,	Domoweb	Sen-M	48	1:39:19.50	05:31	0:33:50
94	72	Sérgio Ferreira,	Clube de atletismo de Arentim e C	Sen-M	49	1:39:25.58	05:31	0:33:56
95	223	Lola Pereira,	Fisiojoane	Sen-F	5	1:39:27.28	05:32	0:33:57
96	222	Xavier Oliveira,	Fisiojoane	Vt40-M	26	1:39:29.20	05:32	0:33:59
97	308	Carlos Gomes,	Águias de Alvelos	Vt40-M	27	1:39:29.44	05:32	0:33:59
98	54	Ricardo Luís Nicolau Oliveir	A. D. Esmeriz Running	Sen-M	50	1:39:41.98	05:32	0:34:12
99	11	Marcelo da Silva Ferreira,	TEAM LANTEMIL	Vt40-M	28	1:39:59.29	05:33	0:34:29
100	67	HÉLDER MANUEL GONÇ	Terror dos Montes	Sen-M	51	1:40:17.51	05:34	0:34:48
101	77	ANTONIO MANUEL ABREU COELHO,		Vt40-M	29	1:40:18.38	05:34	0:34:48
102	221	Berto Machado,	Fisiojoane	Vt40-M	30	1:40:52.81	05:36	0:35:23
103	96	Carlos Paulo Costa,	Team Lantemil	Vt40-M	31	1:40:53.59	05:36	0:35:24
104	133	Francisco Miranda,	A.C. VERMOIM	Vt40-M	32	1:41:13.99	05:37	0:35:44

105	93	Armindo Manuel Lopes Fern Individual	Vt40-M	33	1:41:14.54	05:37	0:35:45
106	94	António Ferreira, A.C. VERMOIM	Vt50-M	9	1:41:29.23	05:38	0:35:59
107	17	TOZÉ, Dragon club	Vt40-M	34	1:41:33.02	05:39	0:36:03
108	219	David Figueiredo, Figueiredos & Friends	Sen-M	52	1:41:50.66	05:39	0:36:21
109	71	Helio Borges, Team Lantemil	Sen-M	53	1:41:55.50	05:40	0:36:26
110	5	Miguel Teixeira, Team Lantemil	Vt40-M	35	1:41:56.77	05:40	0:36:27
111	20	João Pedro Correia da Silva, FisioPedro	Sen-M	54	1:42:10.16	05:41	0:36:40
112	126	Sandra Mesquita, Os Santa Apolónia	Vt40-F	2	1:42:34.20	05:42	0:37:04
113	105	Paulo Jorge Martins de Abreu c.d.c. de navais Póvoa de Varzim	Vt40-M	36	1:43:04.39	05:44	0:37:34
114	44	Paulo Jorge Rodrigues dos S.Lobos do monte btt	Vt50-M	10	1:43:52.27	05:46	0:38:22
115	98	Ricardo Meira, Os Santa Apolónia	Vt40-M	37	1:45:46.85	05:53	0:40:17
116	127	Maria João Rodrigues, Os Santa Apolónia	Sub23F	1	1:45:47.27	05:53	0:40:17
117	129	Ana Catarina Barbosa Azeve Os Santa Apolónia	Sen-F	6	1:45:49.08	05:53	0:40:19
118	130	Mariana Vilela Machado, Os Santa Apolónia	Sen-F	7	1:45:49.21	05:53	0:40:19
119	115	Claudio Araujo, Os Santa Apolonia	Sen-M	55	1:45:49.86	05:53	0:40:20
120	174	Vitor Santos, Os Santa Apolonia	Vt40-M	38	1:45:49.93	05:53	0:40:20
121	137	João Paulo Azevedo Pinto, AFIPRE Team	Sub23M	8	1:46:29.20	05:55	0:40:59
122	74	António Gomes, Airó&A.Cu.R.A 4 Trail	Sen-M	56	1:46:42.08	05:56	0:41:12
123	114	Joaquim Carvalho, Factor X / S4L / Medense FC	Sen-M	57	1:46:52.71	05:56	0:41:23
124	53	Sandra Silva, Befitness Runners	Sen-F	8	1:47:10.85	05:57	0:41:41
125	119	José Manuel Faia Lima, Bolhas nos pés	Sen-M	58	1:47:33.15	05:59	0:42:03
126	14	DANIEL MIRANDA,	Sen-M	59	1:48:32.96	06:02	0:43:03
127	122	Ricardo Paulo Coutinho Maia,	Sen-M	60	1:48:49.54	06:03	0:43:20
128	75	Pedro Filipe Costa Araújo,	Sen-M	61	1:49:04.05	06:04	0:43:34
129	76	Ricardo Moreira, Atalanta Runners	Sen-M	62	1:49:21.20	06:05	0:43:51
130	163	Bruno Vilaça, Atalanta runners	Sen-M	63	1:49:25.37	06:05	0:43:55
131	42	Helena Castro, Befitness Runners	Sen-F	9	1:49:25.57	06:05	0:43:56
132	1	Miguel jorge Ferreira de Ara Team Lantemil	Vt40-M	39	1:49:25.89	06:05	0:43:56
133	7	Filipe Azevedo Rodrigues, Team Lantemil	Sen-M	64	1:49:26.74	06:05	0:43:57
134	212	Paula Reis,	Sen-M	65	1:49:50.41	06:06	0:44:20
135	59	André Fernandes, Eu e o meu primo	Sen-M	66	1:50:08.28	06:07	0:44:38
136	62	Tiago Fernandes, Eu e o meu primo	Sen-M	67	1:50:10.09	06:07	0:44:40
137	32	Rita Cruz, Befitness Runners	Sen-F	10	1:51:08.97	06:10	0:45:39
138	87	Rui Pimenta Lopes,	Sen-M	68	1:52:26.55	06:15	0:46:57
139	29	Pedro Coelho, CAAC Clube Atletismo Arentim (Sen-M	69	1:52:38.93	06:15	0:47:09	
140	9	Ana Dias, Team Lantemil	Sub23F	2	1:52:43.89	06:16	0:47:14
141	231	Jorge Sá,	Sen-M	70	1:53:30.81	06:18	0:48:01
142	143	António Jorge Moreira Cardo Team Lantemil	Vt40-M	40	1:53:32.51	06:18	0:48:03
143	300	VASCO BATISTA, Águias de Alvelos	Vt40-M	41	1:53:34.52	06:19	0:48:05
144	146	Michel da Costa Ribeiro, MR&CR	Sen-M	71	1:54:04.44	06:20	0:48:34
145	144	Emanuel José Marques de Pi Team Lantemil	Sen-M	72	1:55:02.13	06:23	0:49:32
146	209	Miguel Carneiro, Famarunners	Vt40-M	42	1:55:25.32	06:25	0:49:55
147	111	Manuel Cândido Reis Rocha FAST AO KM	Vt50-M	11	1:55:47.18	06:26	0:50:17
148	161	antonio sá oliveira caridade, Team Lantemil	Vt40-M	43	1:56:56.80	06:30	0:51:27
149	49	Pedro Miguel Rodrigues Sou Evolution Trail Team -AMVE	Sen-M	73	1:57:24.78	06:31	0:51:55
150	60	Maria de Fátima Silva Costa,	Sen-F	11	1:57:32.53	06:32	0:52:03
151	225	Francisco Melo, Fisiojoane	Vt40-M	44	1:57:34.04	06:32	0:52:04
152	104	Pedro Miguel Martins Dinis, A2DRunning	Vt40-M	45	1:59:10.64	06:37	0:53:41
153	313	Eduardo Faria, Águias de Alvelos	Vt40-M	46	1:59:12.00	06:37	0:53:42
154	120	João Filipe da Costa Cruz, A2Drunning	Sen-M	74	2:04:51.44	06:56	0:59:21
155	100	Cátia Navio, Individual	Sen-F	12	2:05:52.53	07:00	1:00:23
156	101	Patrícia Macedo, Individual	Vt40-F	3	2:05:57.84	07:00	1:00:28
157	220	Rui Pereira, Lantemil	Sen-M	75	2:06:26.62	07:01	1:00:57
158	23	José Pedro Oliveira Freitas, FisioPedro	Sen-M	76	2:07:24.55	07:05	1:01:55
159	170	Bety Osório, Magic frends runners	Vt40-F	4	2:07:40.78	07:06	1:02:11
160	157	Fumitoshi Akaike,	Sen-M	77	2:07:48.02	07:06	1:02:18
161	64	Mario Rui Vaz Gomes Vilac Amigos para Correr	Sen-M	78	2:08:04.71	07:07	1:02:35
162	91	Paulo Jorge Rodrigues Abre DOMOWEB	??????		2:08:09.36	07:07	1:02:39
163	65	Andre Alexandre Costa Vasc Amigos para Correr	Sen-M	79	2:08:11.99	07:07	1:02:42

164	136 Aurélio Costa Pinto,	AFIPRE Team	Vt40-M	47	2:08:13.86	07:07	1:02:44
165	63 Bruno Ricardo Costa Vascon	Amigos para Correr	Sen-M	80	2:08:14.15	07:07	1:02:44
166	168 Élia Oliveira,	Magic frends runners	Vt40-F	5	2:08:33.01	07:09	1:03:03
167	169 Nilda Magalhães,	Magic frends runners	Vt50-F	1	2:08:33.04	07:09	1:03:03
168	202 Daniela Marques,		Sen-F	13	2:08:53.51	07:10	1:03:24
169	201 João Pinheiro,		Sen-M	81	2:08:55.42	07:10	1:03:25
170	210 Natália Santos,	Famarunners	Sen-F	14	2:08:56.24	07:10	1:03:26
171	312 XANA COUTADA,	Águias de Alvelos	Vt40-F	6	2:09:31.21	07:12	1:04:01
172	310 Susana Simões,	Águias de Alvelos	Vt40-F	7	2:09:31.23	07:12	1:04:01
173	36 Sofia Alexandra Silva Morei	Team Lantemil	Sen-F	15	2:10:32.65	07:15	1:05:03
174	40 Bruno Daniel Cruz Moreira,	Team Lantemil	Sen-M	82	2:10:35.84	07:15	1:05:06
175	107 Helder Afonso,	Domoweb	Sen-M	83	2:11:11.97	07:17	1:05:42
176	154 Gonçalo Nuno Manahu,		Vt40-M	48	2:13:24.26	07:25	1:07:54
177	153 Carla Morim,		Vt40-F	8	2:13:26.60	07:25	1:07:57
178	176 Rita moreira,		Sen-F	16	2:13:26.62	07:25	1:07:57
179	52 João Pedro Malheiro Vilas Boas,		Sen-M	84	2:13:43.04	07:26	1:08:13
180	208 Paula Ribeiro,	Famarunners	Vt40-F	9	2:13:44.00	07:26	1:08:14
181	158 Telma Filipa Araújo da Silva	Airão Trail Team (ATT)	Sen-F	17	2:15:44.66	07:32	1:10:15
182	10 Pedro Miguel Silva Ferreira,	Airão Trail Team	Sen-M	85	2:15:45.24	07:33	1:10:15
183	95 ALFREDO JOSE MACHADO RIBEIRO,		Vt40-M	49	2:17:49.44	07:39	1:12:19
184	128 Paula Carvalho,		Vt40-F	10	2:17:53.86	07:40	1:12:24
185	142 Manuel Antônio Oliveira Alr	Os santa apolonia	Vt50-M	12	2:17:54.00	07:40	1:12:24
186	150 Maria José seara,	O Pai Já bai	Vt50-F	2	2:20:50.02	07:49	1:15:20
187	151 Vítor Santos,	O Pai Já bai	Sen-M	86	2:20:50.23	07:49	1:15:20
188	102 Joaquim Costa,	Individual	Vt40-M	50	2:20:50.63	07:49	1:15:21
189	33 Vânia Cristina Lobo Campos	Farmacia Marinho	Sen-F	18	2:21:48.60	07:53	1:16:19
190	34 Hugo Manuel Couto Fernanc	Farmácia Marinho	Sen-M	87	2:21:49.62	07:53	1:16:20
191	172 Ana Abreu,	A2D	Sen-F	19	2:21:55.40	07:53	1:16:25
192	116 Rui Miguel Faria da Costa,	A2D	Vt40-M	51	2:21:56.48	07:53	1:16:26
193	147 Cátia Andreia Rodrigues Azc	MR&CR	Sen-F	20	2:22:37.66	07:55	1:17:08
194	138 Aurélio Pinto,	AFIPRE Team	Sub23M	9	2:23:09.80	07:57	1:17:40
195	12 Ana Paula Machado Martins,	Team Lantemil	Vt40-F	11	2:23:49.30	07:59	1:18:19
196	135 Henrique Teixeira,		Vt40-M	52	2:23:55.53	08:00	1:18:26
197	39 Maria Silva,	Dragon club	Vt50-F	3	2:29:49.85	08:19	1:24:20
198	38 João Silva,	Dragon club	Vt50-M	13	2:29:52.68	08:20	1:24:23
199	124 Maria Manuela Ferreira Batista,		Sen-F	21	2:36:50.49	08:43	1:31:20
200	112 Liliana Silva Moreira,	Amigos para correr	Sen-F	22	2:44:54.67	09:10	1:39:25
201	155 Ana Madalena Moreira Gonç	Amigos para correr	Sen-F	23	2:44:55.74	09:10	1:39:26
202	123 Susana Maria da Costa Moreira,		Sub23F	3	2:45:37.16	09:12	1:40:07