



Candoso



Classificação Geral

Trail Curto

15,00 Km.

| Pos. | Dor. | Nome                          | Clube                      | Categoria | Pos. | Tempo      | Km./h. |
|------|------|-------------------------------|----------------------------|-----------|------|------------|--------|
| 1    | 646  | alberto da silva,             | individual                 | M50C      | 1    | 1:28:59.22 | 10,11  |
| 2    | 698  | Manuel António neves ribeiro, |                            | M40C      | 1    | 1:29:28.84 | 10,06  |
| 3    | 670  | Ricardo Pais,                 | ErmidaFit                  | SMC       | 1    | 1:31:17.81 | 9,86   |
| 4    | 580  | JOSÉ SAMPAIO,                 |                            | M50C      | 2    | 1:31:50.91 | 9,80   |
| 5    | 775  | Paulo Cesar Almeida M         | C.R.Candoso                | M40C      | 2    | 1:32:46.32 | 9,70   |
| 6    | 519  | Sergio paulo Ferreira ma      | A r negrelos clinica+saude | M40C      | 3    | 1:33:00.90 | 9,68   |
| 7    | 715  | Ricardo Nogueira,             | Individual                 | SMC       | 2    | 1:34:23.13 | 9,54   |
| 8    | 522  | Carlos Manuel Vinhas L        | Nocturnos de Paredes       | M50C      | 3    | 1:35:14.90 | 9,45   |
| 9    | 641  | Maurício Ferreira,            | Travassós Running Fafe     | M40C      | 4    | 1:35:42.36 | 9,40   |
| 10   | 800  | Ricardo Joaquim Rodrig        | Brabus Runners             | SMC       | 3    | 1:36:04.67 | 9,37   |
| 11   | 711  | Vitor Sérgio Fernandes,       | Infantrail                 | SMC       | 4    | 1:37:32.63 | 9,23   |
| 12   | 565  | Nuno lemos,                   | Clube atletismo fafe       | SMC       | 5    | 1:38:07.78 | 9,17   |
| 13   | 773  | Hélder Pereira Borges,        | AFIPRE Team                | M40C      | 5    | 1:38:59.41 | 9,09   |
| 14   | 581  | JORGE PEREIRA,                |                            | SMC       | 6    | 1:39:50.25 | 9,02   |
| 15   | 520  | Bruno Eusébio da Rocha        | Adeca Associação desporti  | SMC       | 7    | 1:40:05.46 | 8,99   |
| 16   | 669  | Telma Duarte,                 | ErmidaFit                  | SFC       | 1    | 1:41:05.95 | 8,90   |
| 17   | 650  | Gominhães Freitas,            | Fisioveralemos             | M40C      | 6    | 1:41:36.60 | 8,86   |
| 18   | 655  | Paulo Jorge Rodrigues o       | RonfeaCorrer               | M50C      | 4    | 1:41:41.67 | 8,85   |
| 19   | 502  | Helder Pereira,               | Travassós Running Fafe     | SMC       | 8    | 1:41:52.19 | 8,84   |
| 20   | 603  | Marco Alexandre Castro        | Salgado,                   | SMC       | 9    | 1:42:23.88 | 8,79   |
| 21   | 500  | Mario Paulo Ribeiro Coelho,   |                            | M40C      | 7    | 1:43:54.20 | 8,66   |
| 22   | 693  | Adriana Sousa,                | C.R.Candoso                | SFC       | 2    | 1:44:13.50 | 8,64   |
| 23   | 694  | Tomás Pereira,                |                            | M50C      | 5    | 1:44:15.52 | 8,63   |
| 24   | 739  | Jorge Pinheiro,               | Monte dos Amigos/Juveni    | M40C      | 8    | 1:44:16.36 | 8,63   |
| 25   | 651  | Eduardo Jorge Gomes L         | Fisioveralemos             | M40C      | 9    | 1:46:48.39 | 8,43   |
| 26   | 626  | Filipe Daniel Salgado da      | Terror dos Montes          | SMC       | 10   | 1:46:54.60 | 8,42   |
| 27   | 701  | Joao Pedro Teixeira Oliveira, |                            | SMC       | 11   | 1:46:57.46 | 8,42   |
| 28   | 521  | Davide Filipe Ferreira        | Guimarães,                 | SMC       | 12   | 1:47:07.02 | 8,40   |
| 29   | 630  | MANUEL DA SILVA FRIO          | FIT RUNNING                | M40C      | 10   | 1:47:17.49 | 8,39   |
| 30   | 629  | JOÃO CARLOS ANTU              | FIT RUNNING                | M40C      | 11   | 1:47:17.95 | 8,39   |
| 31   | 510  | Pedro Manuel Silva M          | Fernandes,                 | SMC       | 13   | 1:47:45.14 | 8,35   |
| 32   | 695  | Carmino Paulo Moreir          | e Nocturnos de Paredes     | M40C      | 12   | 1:48:56.64 | 8,26   |
| 33   | 660  | avsilva,                      |                            | M40C      | 13   | 1:48:57.99 | 8,26   |
| 34   | 599  | Jorge Alberto Pinheiro de     | Lemos,                     | SMC       | 14   | 1:49:24.08 | 8,23   |
| 35   | 699  | paulo vieira guimaraes,       | clube atletismo fafe       | M40C      | 14   | 1:49:36.28 | 8,21   |
| 36   | 584  | Manuel Filipe Gonçalves       | Bootcamp Brito             | M40C      | 15   | 1:49:36.55 | 8,21   |
| 37   | 637  | Adriano Filipe Fernande       | Bootcamp brito             | SMC       | 15   | 1:49:37.14 | 8,21   |
| 38   | 635  | Jorge Daniel Cardoso Fe       | bootcamp                   | SMC       | 16   | 1:49:37.75 | 8,21   |
| 39   | 595  | José Sampaio Silva,           | CONQUISTADORES             | M50C      | 6    | 1:49:38.95 | 8,21   |
| 40   | 619  | Vitor Manuel Castro Ri        | Brabus Runners             | SMC       | 17   | 1:49:39.13 | 8,21   |
| 41   | 534  | João Gonçalves,               | Barcelos Runners           | M40C      | 16   | 1:50:35.04 | 8,14   |
| 42   | 577  | RICARDO LEMOS,                |                            | M40C      | 17   | 1:51:06.50 | 8,10   |
| 43   | 609  | Alberto Ferreira Leite,       | Correr com C'alma          | M50C      | 7    | 1:51:08.55 | 8,10   |
| 44   | 553  | Teresa Silva,                 | Amigos da corrida          | F40C      | 1    | 1:51:11.46 | 8,09   |

|     |     |                                   |                          |        |    |            |      |
|-----|-----|-----------------------------------|--------------------------|--------|----|------------|------|
| 45  | 552 | Fernando Nunes,                   | Amigos da corrida        | M40C   | 18 | 1:51:12.11 | 8,09 |
| 46  | 678 | Carlos Martins,                   | Porto Sentido Runners    | M50C   | 8  | 1:51:44.41 | 8,05 |
| 47  | 771 | Marco Paulo Sousa And             | AFIPRE Team              | SMC    | 18 | 1:52:06.45 | 8,03 |
| 48  | 544 | Carlos Manuel Almeida             | CSE HOOLS                | SMC    | 19 | 1:52:09.43 | 8,02 |
| 49  | 589 | PAULO FERNANDO B                  | AMIGOS PARQUE VIZE       | M40C   | 19 | 1:52:31.00 | 8,00 |
| 50  | 628 | ABILIO DA SILVA OL                | RIOFIT RUNNING           | M40C   | 20 | 1:52:38.07 | 7,99 |
| 51  | 623 | JOSÉ MIGUEL FERREIRA DE FREITAS,  |                          | M40C   | 21 | 1:52:40.95 | 7,99 |
| 52  | 604 | VITOR MANUEL FREITAS PINTO,       |                          | M40C   | 22 | 1:52:41.80 | 7,99 |
| 53  | 643 | Fernando Almeida,                 | Individual               | M40C   | 23 | 1:52:57.80 | 7,97 |
| 54  | 545 | Fárido Daniel da Silva T          | CSE HOOLS                | SMC    | 20 | 1:53:24.11 | 7,94 |
| 55  | 627 | Álvaro Sérgio Oliveira M          | Terror dos Montes        | SMC    | 21 | 1:53:51.86 | 7,91 |
| 56  | 516 | Pedro Miguel da Silva F           | Airão Trail Team         | SMC    | 22 | 1:53:56.97 | 7,90 |
| 57  | 671 | Diogo José Alves Dias,            |                          | SMC    | 23 | 1:54:00.18 | 7,89 |
| 58  | 772 | António Neiva Rodrigue            | AFIPRE Team              | M50C   | 9  | 1:54:09.10 | 7,88 |
| 59  | 774 | Rui lobo Castro,                  | Rinus Fafe               | SMC    | 24 | 1:54:26.34 | 7,86 |
| 60  | 598 | José Almeida,                     | CONQUISTADORES           | M50C   | 10 | 1:54:48.07 | 7,84 |
| 61  | 806 | Maria Céu Lopes Lemos             | GTT - ARMAZÉM DO C/      | F50C   | 1  | 1:54:49.15 | 7,84 |
| 62  | 801 | Humberto Pinho,                   | Porto Sentido Runners    | M50C   | 11 | 1:54:49.87 | 7,84 |
| 63  | 703 | Ismael Alves,                     |                          | M40C   | 24 | 1:54:56.95 | 7,83 |
| 64  | 702 | Nuno Filipe da Cunha Fernandes,   |                          | SMC    | 25 | 1:55:09.90 | 7,82 |
| 65  | 713 | Luís Marques,                     |                          | SMC    | 26 | 1:55:18.34 | 7,81 |
| 66  | 811 | Vitor Manuel Silva Ca             | GTT - ARMAZÉM DO C/      | M40C   | 25 | 1:55:40.37 | 7,78 |
| 67  | 542 | Jorge Lemos,                      | Guimarães Corre Corre    | M40C   | 26 | 1:55:44.36 | 7,78 |
| 68  | 624 | Nuno Manuel Dias Alve             | Guimarães corre corre    | SMC    | 27 | 1:56:20.82 | 7,74 |
| 69  | 625 | Hélder Manuel Gonçalves           | Terror dos Montes        | SMC    | 28 | 1:56:34.79 | 7,72 |
| 70  | 608 | Manuel Ferreira Leite,            | Correr com C'alma        | M50C   | 12 | 1:56:46.21 | 7,71 |
| 71  | 579 | OSCAR LEMOS,                      |                          | M40C   | 27 | 1:56:54.37 | 7,70 |
| 72  | 575 | Nelson Teixeira,                  | True Evolution           | M40C   | 28 | 1:56:54.84 | 7,70 |
| 73  | 588 | Sérgio Ferreira,                  | CAAC - Clube de atletism | SMC    | 29 | 1:56:56.75 | 7,70 |
| 74  | 566 | Susana ascensão Ramalho Costa,    |                          | F40C   | 2  | 1:57:18.40 | 7,67 |
| 75  | 810 | Bruno Freitas,                    |                          | SMC    | 30 | 1:57:22.72 | 7,67 |
| 76  | 616 | DOMINGOS COSTA,                   | ADDC RUN                 | M40C   | 29 | 1:57:24.57 | 7,67 |
| 77  | 574 | João Teixeira,                    | True Evolution           | SMC    | 31 | 1:57:43.56 | 7,65 |
| 78  | 570 | Joaquim Carvalho,                 | CELTIC CHALLENGE         | M50C   | 13 | 1:58:24.41 | 7,60 |
| 79  | 750 | Manuel Marques,                   | Comandos, Delegação de C | M40C   | 30 | 1:58:26.13 | 7,60 |
| 80  | 723 | Casimiro Tavares,                 | Amigos do caneco         | M50C   | 14 | 1:58:59.19 | 7,56 |
| 81  | 621 | Luis Carlos Silva,                |                          | SMC    | 32 | 2:01:00.37 | 7,44 |
| 82  | 538 | Belém Sampaio-Marques,            |                          | SFC    | 3  | 2:01:06.96 | 7,43 |
| 83  | 518 | Bruno emanuel oliveira l          | Vimarunners              | SMC    | 33 | 2:01:44.30 | 7,39 |
| 84  | 770 | António José Oliveira C           | AFIPRE Team              | M40C   | 31 | 2:02:23.25 | 7,35 |
| 85  | 587 | Vitor manuel faria da silva,      |                          | M40C   | 32 | 2:02:30.42 | 7,35 |
| 86  | 560 | Arnaldo Filipe de Abreu Teixeira, |                          | SMC    | 34 | 2:03:53.28 | 7,26 |
| 87  | 817 | José Benardino,                   | CR Candoso               | M50C   | 15 | 2:03:53.99 | 7,26 |
| 88  | 803 | Diana Alexandra Dias L            | GTT - ARMAZÉM DO C/      | SFC    | 4  | 2:04:39.31 | 7,22 |
| 89  | 530 | Albino Bento,                     |                          | M50C   | 16 | 2:05:00.07 | 7,20 |
| 90  | 813 | Marlene Costa,                    | Barcelos Runners         | F40C   | 3  | 2:05:01.62 | 7,20 |
| 91  | 541 | Cesar Augusto Abreu Batista,      |                          | M40C   | 33 | 2:05:03.10 | 7,20 |
| 92  | 642 | Manuel Ferreira sampaic           | Individual               | M50C   | 17 | 2:05:27.14 | 7,17 |
| 93  | 601 | Nelson Andrade,                   |                          | SMC    | 35 | 2:05:33.99 | 7,17 |
| 94  | 554 | António coelho,                   | Os sem medo              | M50C   | 18 | 2:05:36.58 | 7,17 |
| 95  | 706 | Paulo Alexandre Carneir           | Individual               | M40C   | 34 | 2:06:12.47 | 7,13 |
| 96  | 685 | João Pinheiro,                    | Porto Sentido Runners    | M40C   | 35 | 2:06:33.38 | 7,11 |
| 97  | 712 | *****,                            | Dorsal 712               | ?????? |    | 2:06:53.72 | 7,09 |
| 98  | 562 | Filipe Ferreira,                  | Sole Mates               | SFC    | 5  | 2:07:17.27 | 7,07 |
| 99  | 558 | Cristina Teixeira,                | Sole Mates               | SFC    | 6  | 2:07:17.63 | 7,07 |
| 100 | 754 | Patricia Ferraz,                  | Monte dos Amigos/Juventu | SFC    | 7  | 2:08:08.32 | 7,02 |
| 101 | 535 | Isabel Ferreira,                  | Barcelos Runners         | F40C   | 4  | 2:08:51.36 | 6,98 |
| 102 | 708 | Paulo Sergio Fernandes,           | C.R.Candoso              | M40C   | 36 | 2:08:54.45 | 6,98 |

|     |     |                                     |                          |        |    |            |      |
|-----|-----|-------------------------------------|--------------------------|--------|----|------------|------|
| 103 | 505 | Jose Carvalho,                      | Travassós Running Fafe   | SMC    | 36 | 2:09:01.69 | 6,98 |
| 104 | 764 | Damião Duarte,                      | Travassós running Fafe   | SMC    | 37 | 2:09:02.51 | 6,97 |
| 105 | 765 | Andreia Dias,                       | Monte dos Amigos/Juventu | F40C   | 5  | 2:09:04.23 | 6,97 |
| 106 | 760 | Helena Pacheco,                     | Monte dos Amigos/Juventu | F40C   | 6  | 2:09:04.52 | 6,97 |
| 107 | 780 | Marisa Novais,                      | Rinus Fafe               | SFC    | 8  | 2:09:31.79 | 6,95 |
| 108 | 728 | Priscila Nantua,                    | Guimarunning             | SFC    | 9  | 2:10:06.49 | 6,92 |
| 109 | 620 | José Manuel Cardoso Ferreira,       |                          | M40C   | 37 | 2:10:07.33 | 6,92 |
| 110 | 631 | Gonçalo Lopes,                      |                          | SMC    | 38 | 2:10:18.64 | 6,91 |
| 111 | 733 | António Cunha,                      | Boxfeet                  | M40C   | 38 | 2:10:40.87 | 6,89 |
| 112 | 89  | Leandro Oliveira,                   |                          | SMC    | 39 | 2:10:44.93 | 6,88 |
| 113 | 90  | Duarte Martins,                     |                          | SMC    | 40 | 2:10:45.46 | 6,88 |
| 114 | 736 | Alberto Quintiães,                  | EDV- Viana Trail         | M40C   | 39 | 2:11:00.44 | 6,87 |
| 115 | 689 | Marina Pereira da Silva,            | Porto Sentido Runners    | F40C   | 7  | 2:11:11.46 | 6,86 |
| 116 | 648 | Alexandre Manuel Fernã              | RonfeACorrer             | SMC    | 41 | 2:11:18.72 | 6,85 |
| 117 | 653 | Marisa Susana Teixeira              | ! RonfeACorrer           | SFC    | 10 | 2:11:19.65 | 6,85 |
| 118 | 539 | Lino Abreu,                         |                          | M40C   | 40 | 2:13:29.56 | 6,74 |
| 119 | 536 | Rui Jorge Magalhães Novais,         |                          | SMC    | 42 | 2:13:29.71 | 6,74 |
| 120 | 761 | Augusto Freitas,                    |                          | M40C   | 41 | 2:13:50.49 | 6,72 |
| 121 | 809 | António Pereira,                    |                          | M40C   | 42 | 2:13:50.77 | 6,72 |
| 122 | 659 | Pedro Leandro Gomes L               | Só Trilhos BTT           | SMC    | 43 | 2:13:58.44 | 6,72 |
| 123 | 602 | Jorge Manuel Magalhães Soares,      |                          | M40C   | 43 | 2:14:34.04 | 6,69 |
| 124 | 683 | José Ricardo,                       | Porto Sentido Runners    | F40C   | 8  | 2:14:34.90 | 6,69 |
| 125 | 673 | Hélder Manuel Pinto de              | Team Gym Amigalhaços -   | M40C   | 44 | 2:14:36.52 | 6,69 |
| 126 | 784 | *****,                              | Dorsal 784               | ?????? |    | 2:14:50.41 | 6,67 |
| 127 | 717 | Manuel Gomes,                       | Amigos da corrida        | M50C   | 19 | 2:14:56.49 | 6,67 |
| 128 | 718 | Isabel Gomes,                       | Amigos da corrida        | F40C   | 9  | 2:15:06.89 | 6,66 |
| 129 | 563 | João Fernando Relvas Pena Gil,      |                          | M50C   | 20 | 2:15:16.84 | 6,65 |
| 130 | 697 | Maria Inês Medeiros Oli             | GIPA                     | F40C   | 10 | 2:16:16.19 | 6,60 |
| 131 | 647 | ANDRE FERNANDO DIAS PEIXOTO,        |                          | SMC    | 44 | 2:16:31.03 | 6,59 |
| 132 | 622 | Marco Paulo Antunes C               | BootCamp Brito           | M40C   | 45 | 2:16:47.79 | 6,58 |
| 133 | 737 | Filipe Fernandes Ribeir             | Bootcamp Brito           | SMC    | 45 | 2:16:48.56 | 6,58 |
| 134 | 573 | Silvestre da Silva Azeve            | Bootcamp Brito           | M40C   | 46 | 2:16:49.93 | 6,58 |
| 135 | 663 | João Carlos da Silva Go             | Individual               | M40C   | 47 | 2:16:56.77 | 6,57 |
| 136 | 612 | PEDRO FALCÃO,                       | ADDC RUN                 | M40C   | 48 | 2:17:21.64 | 6,55 |
| 137 | 769 | Eva Ribeiro,                        | Monte dos Amigos?Juvent  | F40C   | 11 | 2:18:09.68 | 6,51 |
| 138 | 745 | Tiago Neiva,                        | Monte dos Amigos/Juventu | SMC    | 46 | 2:18:09.97 | 6,51 |
| 139 | 668 | RUBEN ALEXANDRE OLIVEIRA LIMA,      |                          | SMC    | 47 | 2:18:29.20 | 6,50 |
| 140 | 677 | Fernando Ferraz,                    | Porto Sentido Runners    | M50C   | 21 | 2:19:26.79 | 6,45 |
| 141 | 596 | José Lino Silva,                    | CONQUISTADORES           | M50C   | 22 | 2:19:28.74 | 6,45 |
| 142 | 688 | Miguel Pereira,                     | Porto Sentido Runners    | M40C   | 49 | 2:20:43.01 | 6,40 |
| 143 | 779 | Vitor Alves,                        | Rinus Fafe               | M40C   | 50 | 2:20:51.78 | 6,39 |
| 144 | 664 | José Cruz,                          | Comandos, Delegação de C | M40C   | 51 | 2:21:41.46 | 6,35 |
| 145 | 567 | Helder Augusto Santos               | Salgueiros Running       | SMC    | 48 | 2:22:13.28 | 6,33 |
| 146 | 614 | JOAQUIM LOBO,                       | ADDC RUN                 | M40C   | 52 | 2:22:38.46 | 6,31 |
| 147 | 704 | Andreia de Fátima Ribeiro Martins,  |                          | SFC    | 11 | 2:22:41.43 | 6,31 |
| 148 | 812 | Filipe Sousa,                       |                          | SMC    | 49 | 2:22:43.36 | 6,31 |
| 149 | 636 | Paulo Alexandre da Silv             | Bootcamp Brito           | M40C   | 53 | 2:23:31.74 | 6,27 |
| 150 | 576 | Vitor Oliveira,                     | True Evolution           | SMC    | 50 | 2:23:48.82 | 6,26 |
| 151 | 605 | Maria conceição Esteves rodrigues,  |                          | SFC    | 12 | 2:23:53.83 | 6,26 |
| 152 | 654 | Marta Daniela Lobo Teixeira,        |                          | F40C   | 12 | 2:23:54.16 | 6,25 |
| 153 | 523 | Maria Graça Dias Ribeir             | Nocturnos de Paredes     | F50C   | 2  | 2:24:02.74 | 6,25 |
| 154 | 672 | Luís Orlando Vaz de Mi              | Team Gym Amigalhaços -   | M40C   | 54 | 2:24:19.55 | 6,24 |
| 155 | 610 | Pedro Miguel do sacramento pimenta, |                          | M40C   | 55 | 2:24:43.79 | 6,22 |
| 156 | 591 | Jorge P. Cunha,                     | QC-15                    | M40C   | 56 | 2:24:55.63 | 6,21 |
| 157 | 590 | Helder Costa,                       | Juventude Cortegacence   | M40C   | 57 | 2:25:53.95 | 6,17 |
| 158 | 707 | Rui Pedro Almeida Gala              | Juventude Cortegacence   | M40C   | 58 | 2:25:54.00 | 6,17 |
| 159 | 814 | Isabel Costa,                       | Barcelos Runners         | SFC    | 13 | 2:25:54.08 | 6,17 |
| 160 | 583 | Rafael Rogério Coelho               | MPédiCá PédiLá           | SMC    | 51 | 2:26:22.99 | 6,15 |

|     |     |                                |                           |      |    |            |      |
|-----|-----|--------------------------------|---------------------------|------|----|------------|------|
| 161 | 533 | Vitor Martins,                 | Barcelos Runners          | SMC  | 52 | 2:26:30.99 | 6,14 |
| 162 | 600 | Davide Daniel Lopes Co         | Pé de cá Pé de lá         | SMC  | 53 | 2:26:33.52 | 6,14 |
| 163 | 710 | Graça Martins,                 | Barcelos Runners          | F40C | 13 | 2:26:58.97 | 6,12 |
| 164 | 667 | FABIA PATRICIA FREITAS SOARES, |                           | SFC  | 14 | 2:27:15.70 | 6,11 |
| 165 | 666 | Sofia Teixeira,                |                           | SFC  | 15 | 2:27:15.78 | 6,11 |
| 166 | 783 | Hugo Carvalhã,                 | Boxfeet                   | SMC  | 54 | 2:27:34.87 | 6,10 |
| 167 | 753 | Alzira Fontes,                 | C.R.Candoso               | F40C | 14 | 2:27:38.69 | 6,10 |
| 168 | 555 | Armindo carvalho,              | Os sem medo               | M40C | 59 | 2:28:04.05 | 6,08 |
| 169 | 705 | Carlos Frutuoso,               | Factor X / S4L / MedenseF | SMC  | 55 | 2:28:23.42 | 6,07 |
| 170 | 564 | sonia alexandra dias bras,     |                           | SFC  | 16 | 2:29:05.13 | 6,04 |
| 171 | 543 | Maria Conceição Oliveira,      |                           | F40C | 15 | 2:29:11.10 | 6,03 |
| 172 | 618 | Inês Ribeiro Silva,            |                           | SFC  | 17 | 2:29:15.04 | 6,03 |
| 173 | 568 | Ricardo Filipe Lemos Sousa,    |                           | SMC  | 56 | 2:29:29.82 | 6,02 |
| 174 | 681 | Berta Ferreira,                | Porto Sentido Runners     | F40C | 16 | 2:29:40.26 | 6,01 |
| 175 | 639 | Alzira Rosa Carvalho de        | Turbulentos               | F40C | 17 | 2:30:02.55 | 6,00 |
| 176 | 531 | Natália Bento,                 |                           | F40C | 18 | 2:32:09.79 | 5,92 |
| 177 | 611 | RUI SILVA,                     | ADDC RUN                  | M40C | 60 | 2:32:12.04 | 5,91 |
| 178 | 752 | Paula Guedes,                  | Monte dos Amigos/Juventu  | SFC  | 18 | 2:33:53.68 | 5,85 |
| 179 | 747 | Sara Soares,                   | Monte dos Amigos/Juventu  | SFC  | 19 | 2:33:54.16 | 5,85 |
| 180 | 640 | Esmeralda Pinto,               |                           | F40C | 19 | 2:35:50.03 | 5,78 |
| 181 | 606 | Anabela Ferreira Gonçal        | Correr com C'alma         | SFC  | 20 | 2:36:12.17 | 5,76 |
| 182 | 730 | sandra cristina da silva fi    | ArcoRun                   | F40C | 20 | 2:36:22.55 | 5,76 |
| 183 | 607 | MARIA Das Dolores Viei         | Correr com C'alma         | F50C | 3  | 2:36:24.81 | 5,75 |
| 184 | 729 | José António Ribeiro Peixoto,  |                           | SMC  | 57 | 2:36:54.57 | 5,74 |
| 185 | 692 | Patrícia Rocha,                | Porto Sentido Runners     | SFC  | 21 | 2:37:09.24 | 5,73 |
| 186 | 691 | Pedro Mendes,                  | Porto Sentido Runners     | M40C | 61 | 2:37:10.81 | 5,73 |
| 187 | 722 | Ana Rebelo,                    |                           | F40C | 21 | 2:39:32.71 | 5,64 |
| 188 | 721 | Maria Lurdes Silva Mendes,     |                           | F40C | 22 | 2:39:33.27 | 5,64 |
| 189 | 582 | José Ferreira,                 | Bootcamp brit             | SMC  | 58 | 2:39:37.36 | 5,64 |
| 190 | 571 | EDUARDA CRISTINA               | CELTIC CHALLENGE          | SFC  | 22 | 2:42:09.93 | 5,55 |
| 191 | 569 | Lurdes Ribeiro,                | CELTIC CHALLENGE          | F50C | 4  | 2:42:10.59 | 5,55 |
| 192 | 504 | Eduarda Barros,                |                           | SFC  | 23 | 2:43:08.05 | 5,52 |
| 193 | 503 | Sergio Torre,                  |                           | SMC  | 59 | 2:43:09.62 | 5,52 |
| 194 | 557 | Ana Rita Carneiro Pereira,     |                           | SFC  | 24 | 2:45:53.92 | 5,43 |
| 195 | 547 | Susana Cristina da Silva       | Paredes Aventura          | SMC  | 60 | 2:45:54.82 | 5,42 |
| 196 | 506 | Ana Trigo,                     | EDV-Viana Trail           | F40C | 23 | 2:46:05.84 | 5,42 |
| 197 | 585 | Francisco Jorge da Silva       | Fernandes Correia,        | SMC  | 61 | 2:47:04.71 | 5,39 |
| 198 | 649 | Cidália Santos,                | Barcelos Runners          | F40C | 24 | 2:47:16.76 | 5,38 |
| 199 | 586 | Maria José Gomes de            | O Sole Mates              | SFC  | 25 | 2:48:29.89 | 5,34 |
| 200 | 528 | Claudia Moura,                 | Danados                   | SFC  | 26 | 2:50:28.36 | 5,28 |
| 201 | 529 | Carlos Barbosa,                | Danados                   | SMC  | 62 | 2:50:31.16 | 5,28 |
| 202 | 716 | Rosa Fernandes,                | Amigos da corrida         | F40C | 25 | 2:53:59.19 | 5,17 |
| 203 | 719 | Carla Gouveia,                 | Amigos da corrida         | F40C | 26 | 2:53:59.26 | 5,17 |
| 204 | 550 | Patrícia Manuela de Aln        | Paredes Aventura          | SFC  | 27 | 2:53:59.78 | 5,17 |
| 205 | 676 | Raul Manuel Leite da C         | UnHaX                     | M40C | 62 | 2:54:34.66 | 5,16 |
| 206 | 634 | Carina Dolores Pontes Faria,   |                           | SFC  | 28 | 2:55:17.72 | 5,13 |
| 207 | 807 | Mónica Leonilde Neiva          | GTT - ARMAZÉM DO C/       | SFC  | 29 | 2:55:19.04 | 5,13 |
| 208 | 782 | Luis Silva,                    | ADDC Run                  | M40C | 63 | 2:55:21.00 | 5,13 |
| 209 | 714 | Pedro Miguel Barros Morgado,   |                           | SMC  | 63 | 2:55:28.99 | 5,13 |
| 210 | 763 | Conceição Ribeiro,             | Monte dos Amigos/Juventu  | F40C | 27 | 2:56:26.28 | 5,10 |
| 211 | 559 | MARTA CRISTINA FARIA           | FERNANDES TEIXE           | SFC  | 30 | 2:56:27.83 | 5,10 |
| 212 | 684 | Vera Lúcia Sousa,              | Porto Sentido Runners     | SFC  | 31 | 2:56:56.12 | 5,09 |
| 213 | 687 | Cláudio Cerqueira,             | Porto Sentido Runners     | M40C | 64 | 2:57:03.64 | 5,08 |
| 214 | 679 | Elizabete Loureiro,            | Porto Sentido Runners     | F40C | 28 | 2:57:36.47 | 5,07 |
| 215 | 820 | Dania Rocha,                   |                           | SFC  | 32 | 2:58:01.13 | 5,06 |
| 216 | 819 | José Macedo,                   |                           | SMC  | 64 | 2:58:01.23 | 5,06 |
| 217 | 532 | Anabela Mota,                  |                           | F50C | 5  | 2:59:18.01 | 5,02 |
| 218 | 816 | Jorge França,                  |                           | SMC  | 65 | 2:59:18.42 | 5,02 |

|     |     |                                                 |      |    |            |      |
|-----|-----|-------------------------------------------------|------|----|------------|------|
| 219 | 632 | Ana Manuela Fernandes Teixeira França,          | F40C | 29 | 2:59:19.91 | 5,02 |
| 220 | 815 | Domingos Vale, Barcelos Runners                 | M40C | 65 | 3:00:20.92 | 4,99 |
| 221 | 674 | Sónia Mafalda Brás Ferr Team Gym Amigalhaços -  | SFC  | 33 | 3:02:16.49 | 4,94 |
| 222 | 724 | Kika Martins, Porto Sentido Runners             | F40C | 30 | 3:02:17.32 | 4,94 |
| 223 | 767 | Paula Fernandes, Travassós running Fafe         | F40C | 31 | 3:02:25.07 | 4,93 |
| 224 | 734 | Joaquim oliveira, Boxfeet                       | SMC  | 66 | 3:02:32.15 | 4,93 |
| 225 | 540 | Sandra Pinto,                                   | SFC  | 34 | 3:02:34.42 | 4,93 |
| 226 | 675 | Paula Marília Pinto de S Team Gym Amigalhaços - | F40C | 32 | 3:06:58.03 | 4,81 |
| 227 | 509 | Cristiana Gonçalves, Turbulentos                | SFC  | 35 | 3:08:24.81 | 4,78 |
| 228 | 735 | natalia fernandes,                              | F40C | 33 | 3:08:27.03 | 4,78 |
| 229 | 758 | Cidália Ferreira,                               | F40C | 34 | 3:13:50.48 | 4,64 |
| 230 | 593 | Carla Pereira, CONQUISTADORES                   | F40C | 35 | 3:14:00.22 | 4,64 |
| 231 | 742 | Klaus Buchroithner,                             | SMC  | 67 | 3:14:01.57 | 4,64 |
| 232 | 597 | Manuela Silva, CONQUISTADORES                   | F40C | 36 | 3:14:02.63 | 4,64 |
| 233 | 696 | Octávio João Gonçalves CONQUISTADORES           | M40C | 66 | 3:14:02.83 | 4,64 |
| 234 | 592 | Isilda Ribeiro, CONQUISTADORES                  | F40C | 37 | 3:14:06.10 | 4,64 |
| 235 | 759 | Marília Marques,                                | SFC  | 36 | 3:15:18.44 | 4,61 |
| 236 | 537 | Alberto Neto, Individual                        | M50C | 23 | 3:15:53.50 | 4,59 |
| 237 | 680 | Lisa Pereira, Porto Sentido Runners             | SFC  | 37 | 3:21:49.67 | 4,46 |
| 238 | 731 | Alexandra Nunes Vilar, Braga a Correr           | F40C | 38 | 3:21:50.11 | 4,46 |
| 239 | 720 | Ana Duarte, Porto Sentido Runners               | F40C | 39 | 3:21:50.35 | 4,46 |
| 240 | 690 | Cristina Silva, Porto Sentido Runners           | F40C | 40 | 3:21:51.94 | 4,46 |
| 241 | 524 | Luís Miguel da Silva Sai Passarinhos do Monte   | SMC  | 68 | 3:31:22.50 | 4,26 |
| 242 | 525 | Elisabete Gomes de Pinl Passarinhos do Monte    | SFC  | 38 | 3:31:23.27 | 4,26 |
| 243 | 656 | Susana andreia silva per Carapaus de corrida    | SFC  | 39 | 3:31:29.43 | 4,26 |
| 244 | 657 | Ricardo joao tato pereira Carapaus de corrida   | SMC  | 69 | 3:31:29.70 | 4,26 |
| 245 | 644 | Liliana carina magalhaes Carapaus de corrida    | SFC  | 40 | 3:31:34.58 | 4,25 |
| 246 | 661 | hugo filipe pinto heitor, carapaus de corrida   | SMC  | 70 | 3:31:36.00 | 4,25 |
| 247 | 662 | Sandra Cristina Moreira Carapaus de corrida     | SFC  | 41 | 3:31:37.27 | 4,25 |
| 248 | 527 | António Luis da Silva S Passarinhos do Monte    | M40C | 67 | 3:31:38.84 | 4,25 |
| 249 | 501 | Susana Rito, EDV-Viana Trail                    | F40C | 41 | 3:38:54.67 | 4,11 |
| 250 | 709 | PEDRO OLIVEIRA,                                 | M40C | 68 | 3:38:54.70 | 4,11 |
| 251 | 549 | Silvia Batista, Paredes Aventura                | SFC  | 42 | 3:38:54.99 | 4,11 |
| 252 | 548 | Sílvia Milena Matos Rib Paredes Aventura        | F40C | 42 | 3:38:56.04 | 4,11 |