

Class. Geral	Class. Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
1	1	175	Pedro SOUSA	Satecnosol Outdour / La Sportiva	SENIORES M	M	02:54:14
2	2	30	Bruno MOREIRA	Amigos do Pedal Trailagares	SENIORES M	M	02:54:15
3	3	37	Rafael MENAU	Associação Onda Sólida-Arraial	SENIORES M	M	03:01:50
4	4	181	Carlos DIAS	Satecnosol Outdour / La Sportiva	SENIORES M	M	03:07:02
5	1	177	Armandino TABORDA	Satecnosol Outdour / La Sportiva	M-40	M	03:07:32
6	5	4	Albino MAGALHÃES	Dr Merino / Nutrifit	SENIORES M	M	03:12:31
7	6	9	Vitor COSTA	A.D.Amarante Trail Running	SENIORES M	M	03:13:39
8	7	179	Rui SANTOS	Satecnosol Outdour / La Sportiva	SENIORES M	M	03:14:49
9	8	10	Paulo COSTA	A.D.Amarante Trail Running	SENIORES M	M	03:15:04
10	9	153	João RODRIGUES	O Mundo da Corrida	SENIORES M	M	03:19:29
11	10	38	Diogo TEIXEIRA	Associação Onda Sólida-Arraial	SENIORES M	M	03:25:46
12	11	8	Jose PEREIRA	A.D.Amarante Trail Running	SENIORES M	M	03:29:49
13	12	75	Rafael PEREIRA	Cnpl	SENIORES M	M	03:29:50
14	2	22	Duarte GIL	All About	M-40	M	03:31:38
15	3	166	Joaquim FREITAS	Retorta	M-40	M	03:33:41
16	13	167	Inuo MELO	Run 4 All	SENIORES M	M	03:36:00
17	14	77	Tiago ARAGÃO	Ctad - Trilhos de Cinfães	SENIORES M	M	03:38:26
18	15	184	César BARROS	Sport Clube Beira Mar	SENIORES M	M	03:38:39
19	4	2	Marco SILVA	All About	M-40	M	03:40:18
20	1	161	José OLIVEIRA	Petro Basto	M-50	M	03:42:27
21	16	124	Eurico MOURA	Kemedo Team	SENIORES M	M	03:43:16
22	17	107	José RIBEIRO	Gondomar Futsal Clube	SENIORES M	M	03:43:16
23	18	89	Eduardo MERINO	Dr Merino / Nutrifit	SENIORES M	M	03:44:15
24	19	96	Ricardo ROCHA	Fast ao Km	SENIORES M	M	03:46:49
25	2	62	Jorge SILVA	Centro Ciclista de Gondomar	M-50	M	03:48:51
26	20	17	Vitor PINTO	Aliança de Gandra	SENIORES M	M	03:49:04
27	5	69	Marco VIEIRA	Clube Zupper	M-40	M	03:49:09
28	6	227	Luís SÁ	Individual	M-40	M	03:49:16
29	21	223	Antonio PINTO	Individual	SENIORES M	M	03:50:19
30	22	146	Fernando ALMEIDA	Nocturnos de Paredes	SENIORES M	M	03:50:43
31	23	155	André NOGUEIRA	Oralklass-Amigos do Trail	SENIORES M	M	03:52:40
32	24	152	Pedro BARBOSA	not Run Alone	SENIORES M	M	03:55:20
33	25	159	António PINTO	Oralklass-Amigos do Trail	SENIORES M	M	03:55:43
34	26	114	Filipe LIMA	Grupo desportivo Santander Totta	SENIORES M	M	03:56:00
35	7	68	Henrique FARIA	Clube Spiridon de Gaia	M-40	M	03:56:08
36	27	33	Ricardo MOREIRA	Amigos do Pedal Trailagares	SENIORES M	M	03:56:35
37	28	93	Tiago AMARAL	Dr Merino / Nutrifit	SENIORES M	M	03:56:57
38	3	64	Angelo PEREIRA	Centro Ciclista de Gondomar	M-50	M	03:57:02

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39	8	34	Fernando FERREIRA	Amor Perfeito	M-40	M	03:57:05
40	29	78	Luís SILVA	Ctad - Trilhos de Cinfães	SENIORES M	M	03:57:11
41	9	81	Viriato DIAS	Ctad - Trilhos de Cinfães	M-40	M	03:57:12
42	10	16	Carlos SILVA	Aliança de Gandra	M-40	M	03:57:51
43	4	232	António ROCHA	Gondomar Futsal Clube	M-50	M	03:59:59
44	30	178	Tiago PINHEIRO	Satecnosol Outdour / La Sportiva	SENIORES M	M	04:00:49
45	5	61	José CAPELA	Casa da Criança	M-50	M	04:02:39
46	31	173	Sérgio MONTEIRO	Sardonisca Runners	SENIORES M	M	04:02:44
47	32	128	Telmo REIS	Lousada Runners	SENIORES M	M	04:02:44
48	33	228	Bruno RAMIRO	Individual	SENIORES M	M	04:02:54
49	34	108	Paulo OLIVEIRA	Gondomar Futsal Clube	SENIORES M	M	04:03:49
50	35	14	Miguel OLIVEIRA	A.D.Sebolido Trail Boneca douro	SENIORES M	M	04:04:19
51	11	46	José GRAÇA	Boavista F.C.	M-40	M	04:04:32
52	36	48	Vítor CALDEIRA	Boavista F.C.	SENIORES M	M	04:04:32
53	37	1046	Ruben ALVES	Royal School of Languages	SENIORES M	M	04:04:51
54	12	66	António MARIA	Cfit	M-40	M	04:05:34
55	13	85	Paulo FERREIRA	Ctr Vale de Cambra	M-40	M	04:05:35
56	1	36	Maria LOUREIRO	Associação desportiva de Cabroelo	F-40	F	04:06:20
57	38	72	Duarte DELGADO	Clube Zupper	SENIORES M	M	04:07:42
58	39	231	João DINIS	Individual	SENIORES M	M	04:07:56
59	14	94	Sérgio ANUNCIAÇÃO	Extreme Runners	M-40	M	04:08:39
60	40	156	Sérgio SUZANO	Oralklass-Amigos do Trail	SENIORES M	M	04:08:39
61	15	209	Ângelo NETO	Individual	M-40	M	04:08:40
62	41	29	Filipe SOUSA	All About	SENIORES M	M	04:08:52
63	42	121	Hélder GOMES	Kemedo Team	SENIORES M	M	04:09:36
64	43	55	Bruno FERREIRA	Bruno Ferreira - Fisioterapia	SENIORES M	M	04:10:18
65	16	194	Filipe LAGES	Vimarunners	M-40	M	04:10:37
66	44	174	José SÁ	Satecnosol Outdour / La Sportiva	SENIORES M	M	04:10:40
67	1	111	Andreia AMORIM	Gondomar Futsal Clube	SENIORES F	F	04:10:53
68	45	154	Nuno SOUSA	Oralklass-Amigos do Trail	SENIORES M	M	04:11:04
69	17	163	Luis PINTO	Playlife	M-40	M	04:13:58
70	46	164	Sérgio MOREIRA	Playlife	SENIORES M	M	04:13:59
71	47	951	José BARROSO	Individual	SENIORES M	M	04:16:41
72	18	73	Paulo DOMINGUES	Clube Zupper	M-40	M	04:16:55
73	48	13	Rui TEIXEIRA	A.D.Sebolido Trail Boneca douro	SENIORES M	M	04:17:04
74	49	120	Manuel COSTA	Kemedo Team	SENIORES M	M	04:17:17
75	50	54	Rogério MACHADO	Brigada do Trail	SENIORES M	M	04:17:24
76	51	43	Carlos CARVALHO	Blip.Pt	SENIORES M	M	04:17:28

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77	52	138	Paulo FERREIRA	Minions	SENIORES M	M	04:17:39
78	53	12	Bruno VINHÓS	A.D.Amarante Trail Running	SENIORES M	M	04:17:47
79	6	134	José FERREIRA	Melres Trail Run	M-50	M	04:18:51
80	2	88	Liliana GOMES	Dr Merino / Nutrifit	SENIORES F	F	04:18:54
81	54	189	Helder CAMPOS	Time To Run	SENIORES M	M	04:18:54
82	55	214	Mário GONÇALVES	Individual	SENIORES M	M	04:21:04
83	56	185	Andre ROCHA	Team Javali	SENIORES M	M	04:21:04
84	3	180	Raquel FERREIRA	Satecnosol Outdour / La Sportiva	SENIORES F	F	04:21:06
85	57	35	Ricardo PEREIRA	Arranca Troços	SENIORES M	M	04:25:18
86	58	52	Alexandre SERAFIM	Brigada do Reumático	SENIORES M	M	04:25:25
87	59	7	Urbano RIBEIRO	A.D.Amarante Trail Running	SENIORES M	M	04:27:37
88	19	21	Eduardo PINTO	All About	M-40	M	04:27:37
89	20	70	Madureira RODRIGUES	Clube Zupper	M-40	M	04:27:52
90	60	238	Micael CUNHA	Individual	SENIORES M	M	04:28:22
91	61	26	Filipe MEDEIROS	All About	SENIORES M	M	04:28:24
92	21	115	Jorge LEMOS	Guimarães Corre Corre	M-40	M	04:29:27
93	62	503	Filipe BARBOSA	GemS	SENIORES M	M	04:30:27
94	22	40	António LOUREIRO	Autistic	M-40	M	04:30:33
95	23	87	Miguel SÁ	desnível Positivo	M-40	M	04:31:27
96	63	47	Andre COSTA	Boavista F.C.	SENIORES M	M	04:31:29
97	2	63	Rosario MARTINS	Centro Ciclista de Gondomar	F-40	F	04:32:21
98	24	171	Joao CARDOSO	S. S. Montepio	M-40	M	04:32:31
99	64	236	Claudio TRIGAIS	Individual	SENIORES M	M	04:32:50
100	4	233	Sergia PINTO	Individual	SENIORES F	F	04:32:56
101	25	234	Pedro GOMES	Individual	M-40	M	04:32:56
102	65	197	Daniel FERNANDES	Worth A Grid	SENIORES M	M	04:33:18
103	66	198	José DIAS	Worth A Grid	SENIORES M	M	04:33:19
104	3	110	Ana AMARAL	Gondomar Futsal Clube	F-40	F	04:33:23
105	26	109	Paulo ALVES	Gondomar Futsal Clube	M-40	M	04:33:23
106	67	235	Pedro FRANÇA	Individual	SENIORES M	M	04:33:31
107	68	71	Hugo MOITA	Clube Zupper	SENIORES M	M	04:33:47
108	4	58	Sara SILVA	Cães DAvenida / Apt	F-40	F	04:34:02
109	69	44	Sérgio MOREIRA	Blue O	SENIORES M	M	04:34:02
110	7	119	António SOUTO	Já Fomos	M-50	M	04:34:03
111	27	215	António MARTINS	Individual	M-40	M	04:34:29
112	28	15	Renato CARVALHO	Adcr Polícia Judiciária	M-40	M	04:34:51
113	29	98	Jose SILVA	Fatextil Runers	M-40	M	04:36:41
114	5	11	Ana FERREIRA	A.D.Amarante Trail Running	SENIORES F	F	04:36:47

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115	70	219	Ricardo PEIXOTO	Individual	SENIORES M	M	04:37:46
116	8	116	Manuel TEIXEIRA	Ha Aventura/Lousada Runners	M-50	M	04:40:35
117	5	212	Helena GOMES	Individual	F-40	F	04:40:39
118	71	217	Ricardo DUARTE	Individual	SENIORES M	M	04:41:15
119	72	137	Nuno RODRIGUES	Minions	SENIORES M	M	04:41:16
120	73	160	João PINTO	Oralklass-Amigos do Trail	SENIORES M	M	04:41:39
121	74	158	José SANTOS	Oralklass-Amigos do Trail	SENIORES M	M	04:41:39
122	6	192	Maria OLIVENÇA	Trocópasso	F-40	F	04:43:32
123	30	162	Antonio MARQUES	Pinheiro da Bemposta	M-40	M	04:44:34
124	6	187	Lucília SILVA	Tecla 3 Runners	SENIORES F	F	04:46:38
125	75	186	Hugo SOUSA	Tecla 3 Runners	SENIORES M	M	04:46:38
126	9	95	José DUARTE	Família Pereira	M-50	M	04:47:05
127	31	84	Eduardo TEIXEIRA	Ctad - Trilhos de Cinfães	M-40	M	04:49:51
128	32	79	Humberto ALMEIDA	Ctad - Trilhos de Cinfães	M-40	M	04:49:51
129	76	222	Bruno CAVADAS	Individual	SENIORES M	M	04:50:34
130	77	141	Pedro MARINHO	Nexplore - Réccua douro Ultra Trail	SENIORES M	M	04:53:59
131	78	213	Hélder AGOSTINHO	Individual	SENIORES M	M	04:55:12
132	79	182	Hélder MARQUES	Serrateam	SENIORES M	M	04:55:38
133	80	193	Bruno VILAÇA	Vanila Vilessa	SENIORES M	M	04:56:28
134	33	25	Pedro SANTOS	All About	M-40	M	04:57:31
135	7	204	Armando PINHO	Wtf	F-40	M	04:57:32
136	7	41	Gisela SOUSA	Bitrunners	SENIORES F	F	04:58:20
137	8	42	Margarida SOUSA	Bitrunners	F-40	F	04:58:21
138	1	100	Esmeralda MELO	Fkc A-Team	F-50	F	04:59:52
139	81	216	José PINTO	Individual	SENIORES M	M	05:00:08
140	82	169	Emanuel ALMEIDA	S. S. Montepio	SENIORES M	M	05:01:38
141	34	172	Jose COSTA	S. S. Montepio	M-40	M	05:01:39
142	83	170	Hugo LOPES	S. S. Montepio	SENIORES M	M	05:01:39
143	84	211	Hugo COUTO	Individual	SENIORES M	M	05:03:37
144	10	67	Serafim RAMOS	Clube do Pessoal Edp - Porto	M-50	M	05:04:11
145	85	165	Jorge CARNEIRO	Playlife	SENIORES M	M	05:05:00
146	86	210	Telmo SILVA	Individual	SENIORES M	M	05:05:13
147	9	147	Goreti ROCHA	Nocturnos de Paredes	F-40	F	05:05:24
148	11	150	António CARVALHO	Nocturnos de Paredes	M-50	M	05:05:24
149	87	202	Rúben NOGUEIRA	Worth A Grid	SENIORES M	M	05:05:26
150	88	56	José BESSA	Btt Matosinhos	SENIORES M	M	05:08:08
151	89	131	Célio SOARES	Marco Runners	SENIORES M	M	05:09:59
152	12	133	Fernando PEREIRA	Mcoutinho	M-50	M	05:11:22

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153	90	50	Victor VITAL	Brigada do Reumático	SENIORES M	M	05:11:45
154	35	51	Paulo LOURENÇO	Brigada do Reumático	M-40	M	05:11:45
155	91	49	Nuno BARROSO	Brigada do Reumático	SENIORES M	M	05:11:45
156	92	218	Rodrigo MIGUEL	Individual	SENIORES M	M	05:12:05
157	93	126	Fábio SOARES	Kunalama Runners	SENIORES M	M	05:14:41
158	36	127	Luís FREITAS	Lf201Xs/Bosch	M-40	M	05:16:17
159	37	196	Jose NEVES	Voleibol Runners	M-40	M	05:16:28
160	38	130	Filipe PINTO	Marco Runners	M-40	M	05:16:31
161	39	53	Jorge COELHO	Brigada do Trail	M-40	M	05:20:38
162	8	83	Severina ALMEIDA	Ctad - Trilhos de Cinfães	SENIORES F	F	05:21:33
163	40	113	Pedro SOUSA	Gondomar Futsal Clube	M-40	M	05:21:39
164	94	205	Andre CAVADAS	Individual	SENIORES M	M	05:24:12
165	41	39	João DOMINGUES	Atc - Associação Triatlo de Caminha	M-40	M	05:24:13
166	95	199	Pedro ALMEIDA	Worth A Grid	SENIORES M	M	05:24:18
167	9	106	Monica CARVALHAIS	Gondomar Futsal Clube	SENIORES F	F	05:25:23
168	96	207	Manuel TEIXEIRA	Individual	SENIORES M	M	05:26:31
169	13	118	Henrique PEREIRA	Já Fomos	M-50	M	05:28:08
170	42	86	Nuno RIBEIRO	Dbearth	M-40	M	05:29:42
171	97	183	Francisco GOMES	Shots International Runners	SENIORES M	M	05:32:44
172	98	188	Luis TEIXEIRA	Teixeira	SENIORES M	M	05:32:46
173	43	208	Paulo COSTA	Individual	M-40	M	05:35:55
174	44	19	Ricardo TEIXEIRA	All About	M-40	M	05:36:11
175	10	20	Ana DOLORES	All About	F-40	F	05:36:11
176	11	82	Isabel ALMEIDA	Ctad - Trilhos de Cinfães	F-40	F	05:36:57
177	14	140	Vitorino CORAGEM	Mundo da Corrida	M-50	M	05:36:57
178	10	229	Cristina ROCHA	Individual	SENIORES F	F	05:48:24
179	99	240	Joao SILVA	Individual	SENIORES M	M	05:50:13
180	12	1	Paula SANTOS	All About	F-40	F	05:52:42
181	100	226	Óscar FIGUEIREDO	Individual	SENIORES M	M	06:02:49
182	11	80	Rita GASPAR	Ctad - Trilhos de Cinfães	SENIORES F	F	06:02:50
183	101	220	Pedro MADUREIRA	Individual	SENIORES M	M	06:03:58
184	102	117	Nuno MORGADO	Isep Runners	SENIORES M	M	06:03:59
185	103	201	Daniel COELHO	Worth A Grid	SENIORES M	M	06:18:31
186	104	200	Bernardo FARIA	Worth A Grid	SENIORES M	M	06:18:35
187	105	203	Mauro SILVA	Worth A Grid	SENIORES M	M	06:18:35
188	12	28	Raquel VASCONCELOS	All About	SENIORES F	F	06:19:40
189	13	27	Paula LOPES	All About	SENIORES F	F	06:19:40
190	106	142	João PINTO	no Tomorrow Running Team	SENIORES M	M	06:19:41

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191	107	59	Filipe SILVA	Carreiro Team	SENIORES M	M	06:39:07
192	108	60	Joel REIS	Carreiro Team	SENIORES M	M	06:39:07