

25 KM

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	109	Albino Daniel Almeida Magalhães	dr. merino clínica médica (run&shine)	Senior Masculino	02:02:02		04:53
2	410	Armandino Taborda	oralklass-aliança-amigos do trail	Veterano M40	02:09:44	+07:42	05:11
3	40	Leonel Rodrigues da Cunha	amigos do pedal trailagares	Senior Masculino	02:10:20	+08:18	05:13
4	402	Nuno Alves	oralklass-aliança-amigos do trail	Senior Masculino	02:11:47	+09:45	05:16
5	75	Antonio Martins	centro ciclista de gondomar	Veterano M45	02:12:48	+10:46	05:19
6	41	Bruno Miguel Rodrigues Moreira	amigos do pedal trailagares	Senior Masculino	02:13:05	+11:03	05:19
7	163	João Nunes	ice power gaia trail	Senior Masculino	02:16:11	+14:09	05:2
8	153	joaquim manuel martins de Freitas	grupo dramatico e recreativo da retorta	Senior Masculino	02:20:27	+18:25	05:37
9	342	Manuel Oscar Marques Ferreira	individual	Veterano M50	02:20:56	+18:54	05:38
10	469	César Edgar de Sousa Leão	unidade especial de corrida	Senior Masculino	02:21:53	+19:51	05:41
11	396	Bruno Silva	oralklass-aliança-amigos do trail	Senior Masculino	02:22:57	+20:55	05:43
12	247	Nuno Fernandes	individual	Senior Masculino	02:23:48	+21:46	05:45
13	157	Bruno Santiago	ice power gaia trail	Senior Masculino	02:23:53	+21:51	05:45
14	110	David Ferreira	dr. merino clínica médica (run&shine)	Senior Masculino	02:23:53	+21:51	05:45
15	275	Rogério Soares	individual	Senior Masculino	02:24:48	+22:46	05:48
16	254	Paulo manuel monteiro da costa	individual	Senior Masculino	02:25:22	+23:20	05:49
17	454	Fernando Miguel	team trail da cal	Senior Masculino	02:25:30	+23:28	05:49
18	158	Carlos Alves	ice power gaia trail	Senior Masculino	02:25:36	+23:34	05:49
19	398	Fernando Taborda	oralklass-aliança-amigos do trail	Senior Masculino	02:25:49	+23:47	05:50
20	455	Fernando Leal Neves	team trail da cal	Veterano M50	02:26:04	+24:02	05:51
21	284	vítor Manuel Monteiro da Costa	individual	Senior Masculino	02:26:12	+24:10	05:51
22	162	Ivo Peko	ice power gaia trail	Senior Masculino	02:26:35	+24:33	05:52
23	344	Modesto Vieira	individual	Veterano M50	02:27:07	+25:05	05:53
24	486	Joaquim Rocha	gdr retorta	Veterano M50	02:28:58	+26:56	05:58
25	412	Jose neves	oralklass-aliança-amigos do trail	Veterano M40	02:29:16	+27:14	05:58
26	394	Belmiro Moreira	oralklass-aliança-amigos do trail	Senior Masculino	02:29:16	+27:14	05:58
27	482	Filipe Miguel Grilo Teixeira	unidade especial de corrida	Senior Masculino	02:29:42	+27:40	05:59
28	1	Marco Silva	all about	Veterano M40	02:29:49	+27:47	06:00
29	382	Nuno Ferreira	nast	Senior Masculino	02:30:33	+28:31	06:01
30	121	Adão Silva	f. c. penafiel	Veterano M50	02:31:59	+29:57	06:05
31	201	César Augusto Teixeira de Oliveira	individual	Senior Masculino	02:32:00	+29:58	06:05
32	196	António Manuel Ribeiro Carvalho de Sousa Moreira	corredores noturnos de paredes	Senior Masculino	02:33:01	+30:59	06:07
33	385	Paulo Gomes	no tomorrow running team	Veterano M40	02:34:04	+32:02	06:10
34	258	Paulo Oliveira	individual	Senior Masculino	02:34:56	+32:54	06:12
35	340	José Oliveira	individual	Veterano M50	02:35:59	+33:57	06:14
36	256	Paulo Machado	individual	Senior Masculino	02:36:06	+34:04	06:15
37	147	Lucinda Santos Sousa	gondomar futsal clube	Veterana F40	02:36:07	+34:05	06:15
38	318	Victor Emanuel de Castro Correia	individual	Veterano M40	02:36:07	+34:05	06:15
39	164	Nélson Marques	ice power gaia trail	Senior Masculino	02:36:22	+34:20	06:15
40	408	Sergio Suzano	oralklass-aliança-amigos do trail	Senior Masculino	02:36:24	+34:22	06:15
41	142	Rogério Manuel de Almeida Coelho	gdr retorta	Senior Masculino	02:36:29	+34:27	06:1

TRAIL SERRA DO MURO 25KM

25 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	127	Ricardo Rocha	fast ao km	Senior Masculino	02:36:56	+34:54	06:17
43	407	Rui Pereira	oralklass-aliança-amigos do trail	Senior Masculino	02:37:11	+35:09	06:17
44	358	Jorge Manuel Coelho	legion trail	Veterano M40	02:37:54	+35:52	06:19
45	401	Jose Paulo Neto	oralklass-aliança-amigos do trail	Senior Masculino	02:38:19	+36:17	06:20
46	403	Oscar Rodrigues	oralklass-aliança-amigos do trail	Senior Masculino	02:39:40	+37:38	06:23
47	145	Pedro Rocha	gondomar futsal clube	Senior Masculino	02:39:59	+37:57	06:24
48	393	António Pinto	oralklass-aliança-amigos do trail	Senior Masculino	02:40:06	+38:04	06:24
49	349	José Campos	individual	Veterano M55	02:40:18	+38:16	06:25
50	480	Tiago Moreira	individual	Senior Masculino	02:40:37	+38:35	06:25
51	108	Casimira Moura	dr. merino clínica médica (run&shine)	Senior Feminino	02:41:13	+39:11	06:27
52	361	André Fraga	locomotiva de paranhos	Senior Masculino	02:41:16	+39:14	06:27
53	369	José Capela	minho aventura	Veterano M50	02:41:47	+39:45	06:28
54	124	José Paulo Pereira Ribeiro	factor x	Senior Masculino	02:42:14	+40:12	06:29
55	152	Filipe Lima	grupo desportivo santander totta	Senior Masculino	02:42:15	+40:13	06:29
56	273	Roberto Teixeira Correia	individual	Senior Masculino	02:43:13	+41:11	06:32
57	217	Hélder Campos	individual	Senior Masculino	02:43:33	+41:31	06:33
58	112	Tiago Amaral	dr. merino clínica médica (run&shine)	Senior Masculino	02:44:09	+42:07	06:34
59	272	Ricardo Luís Sevilha Coelho	individual	Senior Masculino	02:44:16	+42:14	06:34
60	406	Rui Costa	oralklass-aliança-amigos do trail	Senior Masculino	02:44:18	+42:16	06:34
61	277	Rui Fernandes	individual	Senior Masculino	02:44:20	+42:18	06:34
62	77	Jorge Silva	centro ciclista de gondomar	Veterano M50	02:44:23	+42:21	06:35
63	475	Fernando Coelho	vaindo	Senior Masculino	02:44:26	+42:24	06:35
64	160	Henrique Oliveira	ice power gaia trail	Senior Masculino	02:44:56	+42:54	06:36
65	391	Pedro Nunes	ontrack	Senior Masculino	02:45:55	+43:53	06:38
66	198	António Ricardo da Rocha Ferreira	individual	Senior Masculino	02:46:02	+44:00	06:38
67	238	Marco Marques	individual	Senior Masculino	02:46:55	+44:53	06:41
68	248	Nuno Miguel Maia	individual	Senior Masculino	02:47:08	+45:06	06:41
69	203	Constantino Mendes Cidade	individual	Senior Masculino	02:47:13	+45:11	06:41
70	161	Hugo Gonçalves	ice power gaia trail	Senior Masculino	02:47:25	+45:23	06:42
71	471	Pedro Valentim Batista	unidade especial de corrida	Senior Masculino	02:48:14	+46:12	06:44
72	357	Rogério Nuno Ferraz Machado	legion trail	Senior Masculino	02:48:14	+46:12	06:44
73	241	Mário Pedro Rocha Santos	individual	Senior Masculino	02:48:38	+46:36	06:45
74	253	Patrick Marques	individual	Senior Masculino	02:48:39	+46:37	06:45
75	276	Rúben Alves	individual	Senior Masculino	02:48:43	+46:41	06:45
76	386	PEDRO BARBOSA	not run alone	Senior Masculino	02:48:43	+46:41	06:45
77	141	paulo rodrigues	galaicus trail runners	Senior Masculino	02:48:44	+46:42	06:45
78	378	Diogo Soares da Costa Almeida	mountain way - http://mountainway.tumblr.com	Senior Masculino	02:49:13	+47:11	06:46
79	379	Filipe barros	moure trail running	Senior Masculino	02:49:23	+47:21	06:47
80	300	Aurélio Vieira	individual	Veterano M40	02:49:31	+47:29	06:47
81	194	André Moreira Pinto	individual	Senior Masculino	02:49:32	+47:30	06:47
82	380	Diogo João	multipower i gaia trail	Senior Masculino	02:49:35	+47:33	06:47
83	245	Nuno André Ferreira Ferraz	individual	Senior Masculino	02:49:52	+47:50	06:48
84	82	Hugo Freixo	clube zipper	Senior Masculino	02:50:10	+48:08	06:48
85	87	Lano Valente	clube zipper	Senior Masculino	02:50:10	+48:08	06:48
86	135	AUGUSTO OLIVEIRA	gaia-running	Veterano M40	02:50:11	+48:09	06:48

TRAIL SERRA DO MURO 25KM

25 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
87	36	Victor Sousa	all about	Veterano M50	02:50:13	+48:11	06:49
88	324	José Mesquita	individual	Veterano M45	02:50:46	+48:44	06:50
89	302	Fernando Pinheiro Mendes	individual	Veterano M40	02:51:35	+49:33	06:52
90	331	Antonio Azevedo	individual	Veterano M50	02:52:06	+50:04	06:53
91	137	JORGE PEREIRA	gaia-running	Veterano M40	02:53:39	+51:37	06:57
92	319	António José Machado Loureiro	individual	Veterano M45	02:54:21	+52:19	06:58
93	92	Marco Vieira	clube zipper	Veterano M40	02:54:25	+52:23	06:59
94	111	Nuno Pinho	dr. merino clínica médica (run&shine)	Senior Masculino	02:54:34	+52:32	06:59
95	76	Ângelo Pereira	centro ciclista de gondomar	Veterano M50	02:55:02	+53:00	07:00
96	5	António Mendes	a.d.amarante trail running	Senior Masculino	02:55:03	+53:01	07:00
97	310	Marco Magalhães	individual	Veterano M40	02:55:03	+53:01	07:00
98	290	Maria Augusta Da Costa Loureiro	individual	Veterana F40	02:55:23	+53:21	07:01
99	113	Luis Miguel	edv - viana trail	Senior Masculino	02:55:24	+53:22	07:01
100	96	Mauro Cardoso	corredores noturnos de paredes	Senior Masculino	02:55:40	+53:38	07:02
101	107	Paulo Jorge Pinho Ferreira	ctr vale de cambra	Veterano M45	02:55:43	+53:41	07:02
102	197	Antonio pedro reis garces soares	individual	Senior Masculino	02:55:58	+53:56	07:02
103	390	Manuel Soares	ontrack	Senior Masculino	02:56:07	+54:05	07:03
104	334	Carlos Justo	individual	Veterano M50	02:56:39	+54:37	07:04
105	88	Nuno Ribeiro	clube zipper	Senior Masculino	02:56:57	+54:55	07:05
106	452	Emanuel Lourenço	team paredes	Veterano M40	02:57:01	+54:59	07:05
107	404	Pedro Duarte	oralklass-aliança-amigos do trail	Senior Masculino	02:57:05	+55:03	07:05
108	337	José Luis Loureiro	individual	Veterano M50	02:57:07	+55:05	07:05
109	347	Albino Sousa Abreu	individual	Veterano M55	02:57:19	+55:17	07:06
110	472	Ricardo Zeferino Ribeiro Costa	unidade especial de corrida	Senior Masculino	02:57:34	+55:32	07:06
111	74	Rosario Martins	centro ciclista de gondomar	Veterana F45	02:57:49	+55:47	07:07
112	443	Antonio Coelho	sapadores da invicta	Veterano M40	02:58:22	+56:20	07:08
113	78	António Teixeira	clínica dentária-dr.rui couto e dra sofia alves	Veterano M55	02:58:22	+56:20	07:08
114	281	Sérgio José da Costa Moreira	individual	Senior Masculino	02:58:25	+56:23	07:08
115	419	Artur Caetano	parjovem / satecnosol outdoor	Senior Masculino	02:58:27	+56:25	07:08
116	103	Arnaldo Santos	corredores noturnos de paredes	Veterano M40	02:58:27	+56:25	07:08
117	90	Rui Neves	clube zipper	Senior Masculino	02:58:27	+56:25	07:08
118	432	Pedro Sá	running team maia	Senior Masculino	02:58:41	+56:39	07:09
119	191	André Campos	individual	Senior Masculino	02:58:41	+56:39	07:09
120	314	Paulo Jorge Moreira da Silva	individual	Veterano M40	02:59:33	+57:31	07:11
121	233	Luís Miguel Pinto Almeida	individual	Senior Masculino	02:59:35	+57:33	07:11
122	411	João Marques	oralklass-aliança-amigos do trail	Veterano M40	02:59:48	+57:46	07:12
123	456	Márcio Sousa	tecla3 runners	Senior Masculino	02:59:52	+57:50	07:12
124	67	Jorge Maia	budeguita runners	Veterano M45	03:00:28	+58:26	07:13
125	84	João Carolo	clube zipper	Senior Masculino	03:00:28	+58:26	07:13
126	33	Vitor Lima	all about	Veterano M45	03:00:57	+58:55	07:14
127	244	Micael cunha	individual	Senior Masculino	03:01:13	+59:11	07:15
128	94	Antonio Brito Teixeira	corredores noturnos de paredes	Senior Masculino	03:01:20	+59:18	07:15
129	52	Daniel Ribeiro	bitrunners	Senior Masculino	03:01:22	+59:20	07:15
130	42	Manuel Arcanjo Freitas Ferreira	amigos do pedal trailagares	Veterano M45	03:01:34	+59:32	07:16
131	7	Urbano Ribeiro	a.d.amarante trail running	Senior Masculino	03:01:41	+59:39	07:16
132	262	Pedro Miguel Fonseca Magalhães	individual	Senior Masculino	03:02:06	+01:00:04	07:17

TRAIL SERRA DO MURO 25KM

25 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
133	285	Vitor Santos	individual	Senior Masculino	03:02:19	+01:00:17	07:18
134	304	Hélder Manuel Rosa da Silva Deveza	individual	Veterano M40	03:02:25	+01:00:23	07:18
135	414	Carlos Silva	oralklass-aliança-amigos do trail	Veterano M55	03:02:30	+01:00:28	07:18
136	83	Hugo Moita	clube zipper	Senior Masculino	03:03:09	+01:01:07	07:20
137	423	Vitor parente	parjovem / satecnosol outdoor	Senior Masculino	03:03:27	+01:01:25	07:20
138	100	Rogério Sousa	corredores noturnos de paredes	Senior Masculino	03:03:27	+01:01:25	07:20
139	267	Raul Caetano	individual	Senior Masculino	03:03:28	+01:01:26	07:20
140	409	Vitor Pinto	oralklass-aliança-amigos do trail	Senior Masculino	03:03:29	+01:01:27	07:20
141	268	Ricardo Carvalho	individual	Senior Masculino	03:04:13	+01:02:11	07:22
142	444	Paulo Marú	sapadores da invicta	Veterano M45	03:04:16	+01:02:14	07:22
143	445	Joaquim Sousa	sapadores da invicta	Veterano M50	03:04:17	+01:02:15	07:22
144	464	RICHARD GUSTAVO NOGUEIRA DA SILVA	trail running clube btt de sanguedo	Veterano M40	03:04:23	+01:02:21	07:23
145	325	Lieven Verraest	individual	Veterano M45	03:04:26	+01:02:24	07:23
146	436	Albino Augusto Sousa Pinto	sai da frente	Senior Masculino	03:04:28	+01:02:26	07:23
147	439	Paulo Sérgio Faria Pereira	sai da frente	Senior Masculino	03:04:28	+01:02:26	07:23
148	185	Paula lage	individual	Senior Feminino	03:04:30	+01:02:28	07:23
149	461	ANDRÉ LUÍS GOMES DA SILVA	trail running clube btt de sanguedo	Senior Masculino	03:04:32	+01:02:30	07:23
150	359	Flor Madureira	leões de veneza	Veterana F45	03:04:45	+01:02:43	07:23
151	101	Sergio Vale	corredores noturnos de paredes	Senior Masculino	03:04:49	+01:02:47	07:24
152	377	Natália Pires Amoedo	mountain way - http://mountainway.tumblr.com	Senior Feminino	03:05:16	+01:03:14	07:25
153	308	José Regueiras	individual	Veterano M40	03:05:23	+01:03:21	07:25
154	228	JORGE MANUEL COTA PEREIRA	individual	Senior Masculino	03:05:23	+01:03:21	07:25
155	466	Miguel Alves	uma vez perdi-me no monte	Senior Masculino	03:05:31	+01:03:29	07:25
156	474	Manuela Teixeira	vaindo	Senior Feminino	03:06:32	+01:04:30	07:28
157	9	Paula Barbosa	afs estofos auto	Senior Feminino	03:06:57	+01:04:55	07:29
158	317	RUI FERNANDES	individual	Veterano M40	03:07:05	+01:05:03	07:29
159	205	Daniel Lacerda	individual	Senior Masculino	03:07:18	+01:05:16	07:30
160	221	Hugo Sousa	individual	Senior Masculino	03:07:26	+01:05:24	07:30
161	202	César Gonçalves	individual	Senior Masculino	03:07:32	+01:05:30	07:30
162	165	Paulo Alexandre da Fonseca Amadeu	ice power gaia trail	Senior Masculino	03:07:40	+01:05:38	07:30
163	376	Paulo Natividade	moreira relax runners	Veterano M40	03:07:40	+01:05:38	07:30
164	209	Fernando Jorge da Costa Pereira	individual	Senior Masculino	03:07:48	+01:05:46	07:31
165	89	Pedro Cancelo	clube zipper	Senior Masculino	03:07:48	+01:05:46	07:31
166	338	José Mendes	individual	Veterano M50	03:07:54	+01:05:52	07:31
167	416	Angelo Tiago Sousa Ribeiro	parjovem / satecnosol outdoor	Senior Masculino	03:08:08	+01:06:06	07:32
168	210	Fernando Lourenço Almeida Fernandes	individual	Senior Masculino	03:08:27	+01:06:25	07:32
169	327	Paulo Machado	individual	Veterano M45	03:09:02	+01:07:00	07:34
170	405	Ruben Martins	oralklass-aliança-amigos do trail	Senior Masculino	03:09:09	+01:07:07	07:34
171	282	Sérgio Manuel Pinto Carneiro	individual	Senior Masculino	03:09:12	+01:07:10	07:34
172	166	Paulo Madeira	ice power gaia trail	Senior Masculino	03:09:24	+01:07:22	07:35
173	6	Paulo Rocha	a.d.amarante trail running	Senior Masculino	03:09:53	+01:07:51	07:36
174	102	Tiago Andre Moreira	corredores noturnos de paredes	Senior Masculino	03:10:09	+01:08:07	07:36
175	387	JOSE SILVA	not run alone	Veterano M45	03:10:53	+01:08:51	07:38

TRAIL SERRA DO MURO 25KM

25 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
176	339	jose morais	individual	Veterano M50	03:11:17	+01:09:15	07:39
177	64	Paulo Lagoa Marques	budeguita runners	Veterano M40	03:11:47	+01:09:45	07:40
178	278	Sandro Rodrigues	individual	Senior Masculino	03:12:04	+01:10:02	07:41
179	365	antero carvalho	loja do empenado	Veterano M45	03:12:15	+01:10:13	07:41
180	21	Paulo Ferreira	all about	Senior Masculino	03:12:15	+01:10:13	07:41
181	283	Telmo Reis	individual	Senior Masculino	03:12:33	+01:10:31	07:42
182	22	Pedro Magalhães	all about	Senior Masculino	03:12:34	+01:10:32	07:42
183	237	Marco Freire	individual	Senior Masculino	03:12:39	+01:10:37	07:42
184	187	Susana Andrade	individual	Senior Feminino	03:12:41	+01:10:39	07:42
185	425	Jorge Manuel Nogueira Magalhães	porto runners	Veterano M40	03:12:44	+01:10:42	07:43
186	462	HUGO DANIEL FERNANDES DA SILVA	trail running clube btt de sanguedo	Senior Masculino	03:13:43	+01:11:41	07:45
187	299	Antonio Martins	individual	Veterano M40	03:14:44	+01:12:42	07:47
188	23	Cristina Moura	all about	Veterana F50	03:14:44	+01:12:42	07:47
189	154	Jorge Lemos	guimarães corre corre	Veterano M40	03:15:06	+01:13:04	07:48
190	348	Arnaldo Marinho	individual	Veterano M55	03:15:06	+01:13:04	07:48
191	2	Paula Santos	all about	Veterana F40	03:15:11	+01:13:09	07:48
192	478	Tiago Costa	x5 health club	Senior Masculino	03:15:35	+01:13:33	07:49
193	18	Francisco Gomes	all about	Senior Masculino	03:15:51	+01:13:49	07:50
194	114	Ângelo Semedo	equipa mcoutinho	Senior Masculino	03:16:10	+01:14:08	07:51
195	333	Antonio Santos	individual	Veterano M50	03:16:10	+01:14:08	07:51
196	214	FRANCISCO PACHECO	individual	Senior Masculino	03:16:11	+01:14:09	07:51
197	50	Margarida Sousa	bitrunners	Senior Feminino	03:16:23	+01:14:21	07:51
198	49	Gisela Sousa	bitrunners	Senior Feminino	03:16:23	+01:14:21	07:51
199	146	Ana Amaral	gondomar futsal clube	Veterana F40	03:16:37	+01:14:35	07:52
200	230	José Miguel Fortuna Pinto	individual	Senior Masculino	03:16:41	+01:14:39	07:52
201	320	António Pinto	individual	Veterano M45	03:16:56	+01:14:54	07:53
202	227	Jorge Barbosa	individual	Senior Masculino	03:16:57	+01:14:55	07:53
203	427	Flávia Vieira	quinta das arcas / interdesign / xarão	Senior Feminino	03:17:00	+01:14:58	07:53
204	148	Paulo Alves	gondomar futsal clube	Veterano M40	03:17:10	+01:15:08	07:53
205	8	Renato Carvalho	adcr polícia judiciária	Senior Masculino	03:17:30	+01:15:28	07:54
206	236	Márcio Silva	individual	Senior Masculino	03:17:30	+01:15:28	07:54
207	80	Duarte Delgado	clube zipper	Senior Masculino	03:17:56	+01:15:54	07:55
208	392	Agostinho Sousa	oralklass-aliança-amigos do trail	Senior Masculino	03:18:07	+01:16:05	07:55
209	138	VÍTOR FERNANDES	gaia-running	Veterano M40	03:18:07	+01:16:05	07:55
210	85	Joaquim Madureira	clube zipper	Senior Masculino	03:18:38	+01:16:36	07:57
211	223	João Graça	individual	Senior Masculino	03:18:39	+01:16:37	07:57
212	397	David Moraes	oralklass-aliança-amigos do trail	Senior Masculino	03:18:59	+01:16:57	07:58
213	260	Pedro Cunha	individual	Senior Masculino	03:19:01	+01:16:59	07:58
214	428	CARLOS RIPOLINS	ripolins.com eventos	Veterano M55	03:19:03	+01:17:01	07:58
215	352	Adriano Teixeira	individual	Veterano M60	03:19:55	+01:17:53	08:00
216	476	Pedro Miguel de Figueiredo Teixeira	vaindo	Senior Masculino	03:20:27	+01:18:25	08:01
217	360	Luis Freitas	lf201xs	Veterano M45	03:20:59	+01:18:57	08:02
218	388	Joao Guimaraes	ontrack	Senior Masculino	03:21:18	+01:19:16	08:03
219	350	JOSÉ DUARTE	individual	Veterano M55	03:22:24	+01:20:22	08:06
220	453	Jorge Oliveira	team paredes	Veterano M40	03:22:25	+01:20:23	08:06

25 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
221	39	Ana Paula Soares Vieira	amigos do pedal trailagares	Senior Feminino	03:23:28	+01:21:26	08:08
222	313	Paulo Jorge Ferreira Oliveira	individual	Veterano M40	03:23:40	+01:21:38	08:09
223	28	Eduardo Pinto	all about	Veterano M40	03:23:58	+01:21:56	08:10
224	335	Fernando Pereira Moreira de Oliveira	individual	Veterano M50	03:23:58	+01:21:56	08:10
225	326	Marco Antonio Marques Ferreira Vasconcelos Monteiro	individual	Veterano M45	03:24:02	+01:22:00	08:10
226	383	João Marques	no tomorrow running team	Senior Masculino	03:24:39	+01:22:37	08:11
227	263	Pedro Montenegro	individual	Senior Masculino	03:24:47	+01:22:45	08:11
228	200	Carlos Carvalho	individual	Senior Masculino	03:24:55	+01:22:53	08:12
229	204	CRISTIANO RUI FERREIRA VENTURA	individual	Senior Masculino	03:24:59	+01:22:57	08:12
230	280	Sérgio Edgar Rodrigues Moreira	individual	Senior Masculino	03:25:00	+01:22:58	08:12
231	150	Paulo Gama	gondomar futsal clube	Veterano M45	03:25:04	+01:23:02	08:12
232	239	Marco Sousa	individual	Senior Masculino	03:25:06	+01:23:04	08:12
233	303	Gil Megre	individual	Veterano M40	03:25:11	+01:23:09	08:12
234	81	Gabriel Moreira	clube zipper	Senior Masculino	03:25:25	+01:23:23	08:13
235	188	Susana Pereira	individual	Senior Feminino	03:25:29	+01:23:27	08:13
236	341	José Rodrigues	individual	Veterano M50	03:25:39	+01:23:37	08:14
237	364	Paula Chaves	locomotiva de paranhos	Veterana F45	03:25:40	+01:23:38	08:14
238	30	Rui Manuel	all about	Veterano M40	03:25:41	+01:23:39	08:14
239	206	Diogo Xavier Pastor Oliveira	individual	Senior Masculino	03:26:58	+01:24:56	08:17
240	149	Fernando Jose Moreira Pereira	gondomar futsal clube	Veterano M45	03:27:10	+01:25:08	08:17
241	104	Nuno Salgado	corredores noturnos de paredes	Veterano M40	03:27:33	+01:25:31	08:18
242	95	Jose Correia	corredores noturnos de paredes	Senior Masculino	03:27:33	+01:25:31	08:18
243	470	José Nelson Da Silva Nunes	unidade especial de corrida	Senior Masculino	03:28:04	+01:26:02	08:19
244	170	Anabela Cordeiro	individual	Senior Feminino	03:28:04	+01:26:02	08:19
245	43	André Pinho	associação s4l	Senior Masculino	03:28:48	+01:26:46	08:21
246	60	Rui Airosa	budeguita runners	Senior Masculino	03:28:51	+01:26:49	08:21
247	208	Fernando Ismael Oliveira Nogueira	individual	Senior Masculino	03:29:03	+01:27:01	08:22
248	242	Mauro Fernando Lopes da Silva	individual	Senior Masculino	03:29:09	+01:27:07	08:22
249	329	Rui Lebre	individual	Veterano M45	03:29:20	+01:27:18	08:22
250	353	Agostinho Sousa	individual	Veterano M60	03:29:20	+01:27:18	08:22
251	225	Joel Malveiro	individual	Senior Masculino	03:29:21	+01:27:19	08:22
252	332	António Lino Ferreira do Souto	individual	Veterano M50	03:29:21	+01:27:19	08:22
253	367	Manuel Teixeira	lusosxxi	Senior Masculino	03:30:33	+01:28:31	08:25
254	395	Bruno Pinto	oralklass-aliança-amigos do trail	Senior Masculino	03:31:04	+01:29:02	08:27
255	199	Carlos Alexandre Teixeira do Amaral Resende	individual	Senior Masculino	03:31:22	+01:29:20	08:27
256	413	Pedro Seixas	oralklass-aliança-amigos do trail	Veterano M40	03:31:22	+01:29:20	08:27
257	447	francisco jorge moreira da silva	sexta a fundo	Senior Masculino	03:32:18	+01:30:16	08:30
258	44	Fernando Nunes	associação s4l	Senior Masculino	03:32:19	+01:30:17	08:30
259	151	Vitor Ribeiro	gondomar futsal clube	Veterano M50	03:32:20	+01:30:18	08:30
260	222	Isaac Costa	individual	Senior Masculino	03:32:20	+01:30:18	08:30
261	384	João Vitor Ribeiro Moura Pinto	no tomorrow running team	Senior Masculino	03:32:41	+01:30:39	08:30
262	143	Alexandra Fernandes	gira	Veterana F45	03:32:50	+01:30:48	08:31
263	144	Antonio Fernandes	gira	Veterano M45	03:32:50	+01:30:48	08:31

TRAIL SERRA DO MURO 25KM

25 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
264	106	Eduardo Teixeira	ctad-trilhos de cinfães	Veterano M45	03:33:13	+01:31:11	08:32
265	257	paulo miguel da costa pereira loureiro	individual	Senior Masculino	03:33:23	+01:31:21	08:32
266	27	David Sousa	all about	Veterano M40	03:33:29	+01:31:27	08:32
267	136	CÉSAR TEIXEIRA	gaia-running	Veterano M40	03:33:30	+01:31:28	08:32
268	240	Mario Francisco Lamas Gonçalves	individual	Senior Masculino	03:33:52	+01:31:50	08:33
269	229	jose agostinho moreira pinto	individual	Senior Masculino	03:33:52	+01:31:50	08:33
270	322	Jorge Azevedo	individual	Veterano M45	03:33:57	+01:31:55	08:33
271	122	Andreia Amorim	factor x	Senior Feminino	03:33:57	+01:31:55	08:33
272	479	Emanuel Vieira	individual	Senior Masculino	03:33:58	+01:31:56	08:34
273	307	jose manuel ferreira	individual	Veterano M40	03:34:07	+01:32:05	08:34
274	306	José Graça	individual	Veterano M40	03:34:09	+01:32:07	08:34
275	46	Jorge Azevedo	associação s4l	Senior Masculino	03:34:17	+01:32:15	08:34
276	183	Maria João Gonçalves Silva	individual	Senior Feminino	03:34:49	+01:32:47	08:36
277	296	Paula Silva	individual	Veterana F45	03:34:49	+01:32:47	08:36
278	368	Nuno Fernandes	minho aventura	Senior Masculino	03:35:57	+01:33:55	08:38
279	115	Miguel Aroso	equipa mcoutinho	Senior Masculino	03:35:57	+01:33:55	08:38
280	231	José Semblano	individual	Senior Masculino	03:35:59	+01:33:57	08:38
281	79	Serafim Ramos	clube do pessoal edp - porto	Veterano M55	03:36:00	+01:33:58	08:38
282	328	Pedro Sousa	individual	Veterano M45	03:36:08	+01:34:06	08:39
283	45	João Pedro Sousa	associação s4l	Senior Masculino	03:36:10	+01:34:08	08:39
284	139	EDUARDO TEIXEIRA	gaia-running	Veterano M45	03:36:19	+01:34:17	08:39
285	374	Fernanda Pinho	moreira relax runners	Veterana F45	03:36:20	+01:34:18	08:39
286	34	Ernesto Martins	all about	Veterano M50	03:37:01	+01:34:59	08:41
287	216	Hélder Agostinho	individual	Senior Masculino	03:37:06	+01:35:04	08:41
288	477	jose miguel neves	voleibol runners	Veterano M45	03:37:11	+01:35:09	08:41
289	56	José Carlos Costa Bessa	btt matosinhos	Senior Masculino	03:37:12	+01:35:10	08:41
290	246	Nuno Barbosa	individual	Senior Masculino	03:37:31	+01:35:29	08:42
291	481	Marta Regina Queirós Couto	unidade especial de corrida	Senior Feminino	03:37:35	+01:35:33	08:42
292	269	Ricardo Dias da Fonseca	individual	Senior Masculino	03:37:57	+01:35:55	08:43
293	264	Pedro Nuno Brás da Silva	individual	Senior Masculino	03:38:07	+01:36:05	08:43
294	178	Joana Azevedo	individual	Senior Feminino	03:38:34	+01:36:32	08:45
295	288	Helena. Gomes	individual	Veterana F40	03:38:55	+01:36:53	08:45
296	330	agostinho moreira	individual	Veterano M50	03:39:26	+01:37:24	08:47
297	86	José Soares	clube zipper	Senior Masculino	03:40:52	+01:38:50	08:50
298	437	Antero António de Sousa Teixeira	sai da frente	Senior Masculino	03:41:30	+01:39:28	08:52
299	441	Luis Filipe de Sousa Almeida	sai da frente	Veterano M40	03:41:31	+01:39:29	08:52
300	293	Sofia Coelho	individual	Veterana F40	03:41:40	+01:39:38	08:52
301	434	Emanuel Almeida	s. s. montepio	Senior Masculino	03:42:39	+01:40:37	08:54
302	451	Tiago Silva	s. s. montepio	Senior Masculino	03:42:40	+01:40:38	08:54
303	417	Antonio Neto	parjovem / satecnosol outdoor	Senior Masculino	03:42:42	+01:40:40	08:54
304	220	Hugo Gomes	individual	Senior Masculino	03:43:03	+01:41:01	08:55
305	463	ROSA MARIA OLIVEIRA CONCEIÇÃO FERREIRA	trail running clube btt de sanguedo	Veterana F45	03:44:07	+01:42:05	08:58
306	465	QUINTINO MANUEL GOMES DE AMORIM	trail running clube btt de sanguedo	Veterano M45	03:44:07	+01:42:05	08:58
307	460	José Pinto Leal	tombatrilhos	Veterano M45	03:44:26	+01:42:24	08:59

Official Timekeeper: Lap2Go	7 / 10	generate 22-fev-2015 14:39
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25 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
308	305	Hugo Costa	individual	Veterano M40	03:44:42	+01:42:40	08:59
309	53	Marta Monteiro	bolas rolantes team	Senior Feminino	03:46:12	+01:44:10	09:03
310	54	Bruno Faria	bolas rolantes team	Senior Masculino	03:46:13	+01:44:11	09:03
311	195	André Queirós	individual	Senior Masculino	03:46:16	+01:44:14	09:03
312	37	Mario Soares	all about	Veterano M55	03:46:23	+01:44:21	09:03
313	48	Pedro Guimaraes	bai k andas team	Veterano M45	03:47:44	+01:45:42	09:07
314	321	Henrique Pereira	individual	Veterano M45	03:47:45	+01:45:43	09:07
315	250	Nuno Reis	individual	Senior Masculino	03:48:04	+01:46:02	09:0
316	132	Rodrigo Ferraz	funky runners	Veterano M45	03:48:11	+01:46:09	09:08
317	130	Goreti Rocha	funky runners	Senior Feminino	03:48:12	+01:46:10	09:08
318	133	António Carvalho	funky runners	Veterano M50	03:48:12	+01:46:10	09:08
319	375	Helder F. Silva	moreira relax runners	Veterano M40	03:48:34	+01:46:32	09:09
320	373	Paulo Pires	moreira relax runners	Senior Masculino	03:48:34	+01:46:32	09:09
321	55	Pedro Martins	bolas rolantes team	Senior Masculino	03:48:54	+01:46:52	09:09
322	343	MARIO COSTA	individual	Veterano M50	03:50:16	+01:48:14	09:13
323	99	Pedro Nogueira	corredores noturnos de paredes	Senior Masculino	03:50:20	+01:48:18	09:13
324	3	Madalena Cristina Santos Casaca	+ 50	Senior Feminino	03:50:20	+01:48:18	09:13
325	172	Cristiana Cardoso Rodrigues	individual	Senior Feminino	03:50:27	+01:48:25	09:13
326	32	Luis Pedro Nogueira	all about	Veterano M45	03:50:31	+01:48:29	09:13
327	215	geraldo andre ribeiro da rocha	individual	Senior Masculino	03:50:37	+01:48:35	09:13
328	301	Fernando Monteiro	individual	Veterano M40	03:52:09	+01:50:07	09:17
329	167	Helena Isabel Andrade Alves	individual	Senior Feminino	03:52:19	+01:50:17	09:18
330	316	Pedro Manuel Leão Bastos	individual	Veterano M40	03:52:20	+01:50:18	09:18
331	294	Sônia Almeida	individual	Veterana F40	03:52:53	+01:50:51	09:19
332	105	Vítor André da Silva Cardoso	ctad-trilhos de cinfães	Senior Masculino	03:52:53	+01:50:51	09:19
333	438	Filipe Manuel Faria Pereira	sai da frente	Senior Masculino	03:52:57	+01:50:55	09:19
334	173	Daniela Barbosa	individual	Senior Feminino	03:53:12	+01:51:10	09:20
335	155	Ana Vieira	ice power gaia trail	Senior Feminino	03:56:35	+01:54:33	09:28
336	159	Fernando Patrício	ice power gaia trail	Senior Masculino	03:56:35	+01:54:33	09:28
337	12	Carla Pinto	all about	Senior Feminino	03:56:48	+01:54:46	09:28
338	207	Fernando Daniel Alves Freitas	individual	Senior Masculino	03:56:49	+01:54:47	09:28
339	298	antonio da silva teixeira	individual	Veterano M40	03:57:10	+01:55:08	09:29
340	116	Nuno Andrade	equipa mcoutinho	Senior Masculino	03:57:17	+01:55:15	09:29
341	91	Tiago Ramalho	clube zipper	Senior Masculino	03:57:38	+01:55:36	09:30
342	312	Paulo Jorge da Silva Costa	individual	Veterano M40	03:57:49	+01:55:47	09:31
343	291	Paula Cristina Oliveira	individual	Veterana F40	03:58:09	+01:56:07	09:32
344	189	Túlia Pinto Aires	individual	Senior Feminino	03:58:11	+01:56:09	09:32
345	279	Sergio brochado	individual	Senior Masculino	03:58:11	+01:56:09	09:32
346	234	Manuel Brabosa	individual	Senior Masculino	03:58:51	+01:56:49	09:33
347	354	Bruno Albuquerque	ju team	Senior Masculino	03:59:46	+01:57:44	09:35
348	356	Pedro Teixeira	ju team	Senior Masculino	03:59:46	+01:57:44	09:35
349	355	Nuno Teixeira	ju team	Senior Masculino	03:59:47	+01:57:45	09:35
350	65	Tiago Almeida	budeguita runners	Veterano M40	04:00:34	+01:58:32	09:37
351	57	Ana Dias	budeguita runners	Senior Feminino	04:00:34	+01:58:32	09:37
352	259	Pedro Arlindo Vieira Madureira	individual	Senior Masculino	04:00:37	+01:58:35	09:37
353	35	Paulo Henriques	all about	Veterano M50	04:00:42	+01:58:40	09:38

TRAIL SERRA DO MURO 25KM

25 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
354	484	Raquel Vasconcelos	all about	Senior Feminino	04:01:27	+01:59:25	09:39
355	235	Márcio Castro	individual	Senior Masculino	04:01:28	+01:59:26	09:40
356	193	Andre Filipe Pinto Barros	individual	Senior Masculino	04:02:38	+02:00:36	09:42
357	289	Isabel Carvalho	individual	Veterana F40	04:03:11	+02:01:09	09:44
358	117	José Pereira	equipa vario legau	Senior Masculino	04:03:52	+02:01:50	09:45
359	336	FRANCISCO NETO	individual	Veterano M50	04:05:40	+02:03:38	09:50
360	473	Mafalda Pinho	vaindo	Senior Feminino	04:05:52	+02:03:50	09:50
361	274	Rodolfo Carvalho	individual	Senior Masculino	04:05:52	+02:03:50	09:50
362	190	Acácio Santos	individual	Senior Masculino	04:05:52	+02:03:50	09:50
363	171	Carla Sofia Neves Monteiro	individual	Senior Feminino	04:07:20	+02:05:18	09:54
364	176	Daniela Mota Machado	individual	Senior Feminino	04:08:07	+02:06:05	09:55
365	459	Joaquim Fernando Carneiro Rocha	tombatrilhos	Veterano M45	04:08:50	+02:06:48	09:57
366	457	Abilio José Moreira Pacheco	tombatrilhos	Veterano M40	04:08:51	+02:06:49	09:57
367	182	Liliana Isabel Pinto Magalhães	individual	Senior Feminino	04:10:29	+02:08:27	10:01
368	179	Joana Montenegro	individual	Senior Feminino	04:10:32	+02:08:30	10:01
369	128	Candido Rocha	fast ao km	Veterano M60	04:11:05	+02:09:03	10:03
370	372	Mário Vinhas	mocidade sangemil ac	Veterano M45	04:11:58	+02:09:56	10:05
371	370	Bruno ALves	mocidade sangemil ac	Senior Masculino	04:11:58	+02:09:56	10:05
372	371	Luis Pereira	mocidade sangemil ac	Senior Masculino	04:11:58	+02:09:56	10:05
373	363	Isabel Mariani	locomotiva de paranhos	Veterana F40	04:12:01	+02:09:59	10:05
374	16	Vera Martins	all about	Senior Feminino	04:12:01	+02:09:59	10:05
375	26	Bernardino Andrade	all about	Veterano M40	04:12:01	+02:09:59	10:05
376	123	MONICA CARVALAIS	factor x	Senior Feminino	04:12:03	+02:10:01	10:05
377	366	Leandro Ramos	lusosxxi	Senior Masculino	04:12:13	+02:10:11	10:05
378	118	Liliana Ribeiro	esmoriz runners	Senior Feminino	04:13:08	+02:11:06	10:08
379	119	Silvia rocha	esmoriz runners	Senior Feminino	04:13:08	+02:11:06	10:08
380	120	Filipe nunes	esmoriz runners	Senior Masculino	04:13:10	+02:11:08	10:08
381	10	Filipe Sousa	afs estofos auto	Senior Masculino	04:13:37	+02:11:35	10:09
382	458	Carlos Manuel Malheiro Coelho Silva	tombatrilhos	Veterano M45	04:17:03	+02:15:01	10:17
383	93	Carmen Cristina Santos Lima	confraria trotamontes	Senior Feminino	04:18:10	+02:16:08	10:20
384	485	António Morais	confraria trotamontes	Veterano M40	04:18:10	+02:16:08	10:20
385	98	Nuno Rocha	corredores noturnos de paredes	Senior Masculino	04:19:07	+02:17:05	10:22
386	181	Liliana Filipa Dias Teixeira	individual	Senior Feminino	04:19:07	+02:17:05	10:22
387	11	Ana Dolores	all about	Senior Feminino	04:19:45	+02:17:43	10:23
388	25	Abilio Malheiro	all about	Veterano M40	04:19:45	+02:17:43	10:23
389	442	Paulo Sérgio de Sousa Almeida	sai da frente	Veterano M45	04:22:14	+02:20:12	10:29
390	440	Emanuel Fernando de Oliveira Durães	sai da frente	Veterano M40	04:22:14	+02:20:12	10:29
391	131	Sónia Soares	funky runners	Senior Feminino	04:23:05	+02:21:03	10:31
392	129	Andreia Rocha	funky runners	Senior Feminino	04:23:07	+02:21:05	10:31
393	4	Ana Isabel Abreu Mendonça	a.d.amarante trail running	Senior Feminino	04:23:23	+02:21:21	10:32
394	346	ALBINO FERREIRA	individual	Veterano M55	04:23:46	+02:21:44	10:33
395	351	Manuel Moura	individual	Veterano M55	04:25:23	+02:23:21	10:37
396	31	Sergio Carvalho	all about	Veterano M40	04:28:08	+02:26:06	10:44
397	29	Miguel Faria	all about	Veterano M40	04:28:08	+02:26:06	10:44
398	430	Fernando Silva	running team maia	Senior Masculino	04:28:11	+02:26:09	10:44

Official Timekeeper: Lap2Go	9 / 10	generate 22-fev-2015 14:39
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TRAIL SERRA DO MURO 25KM

25 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
399	51	Rui Silva	bitrunners	Senior Feminino	04:28:46	+02:26:44	10:45
400	184	maria joao silva	individual	Senior Feminino	04:30:13	+02:28:11	10:49
401	224	joel barbosa	individual	Senior Masculino	04:31:41	+02:29:39	10:52
402	186	Sandra Bessa	individual	Senior Feminino	04:31:41	+02:29:39	10:52
403	271	RICARDO JOSE RODRIGUES ALVES DIAS	individual	Senior Masculino	04:32:04	+02:30:02	10:53
404	311	Miguel Rufino	individual	Veterano M40	04:32:27	+02:30:25	10:54
405	323	José Carlos Castro Resse Lascasas	individual	Veterano M45	04:34:04	+02:32:02	10:58
406	433	Pedro Tavares	running team maia	Senior Masculino	04:35:24	+02:33:22	11:01
407	212	Filipe Jose Freitas da Silva	individual	Senior Masculino	04:41:17	+02:39:15	11:15
408	226	JOEL REIS	individual	Senior Masculino	04:41:17	+02:39:15	11:15
409	134	Adelaide Vigário	fx ginásio	Veterana F50	04:43:00	+02:40:58	11:19
410	266	Philip Gordon da Silva Manteigas	individual	Senior Masculino	04:44:04	+02:42:02	11:22
411	213	Filipe Moreira	individual	Senior Masculino	04:47:41	+02:45:39	11:30
412	125	CIDÁLIA PEIXOTO	factor x	Veterana F40	04:47:56	+02:45:54	11:31
413	14	Liliana Costa	all about	Senior Feminino	04:50:58	+02:48:56	11:38
414	20	Marco Costa	all about	Senior Masculino	04:50:59	+02:48:57	11:38
415	66	André Lopes Amorim	budeguita runners	Veterano M45	04:58:06	+02:56:04	11:55
416	59	Sandra Oliveira	budeguita runners	Senior Feminino	04:58:06	+02:56:04	11:55
417	38	Fernando Paiva Santos	all about	Veterano M60	04:59:26	+02:57:24	11:59
418	287	Fernanda Alves	individual	Veterana F40	04:59:27	+02:57:25	11:59
419	297	Lurdes Monteiro	individual	Veterana F50	05:00:46	+02:58:44	12:02
420	13	Joana Martins	all about	Senior Feminino	05:01:54	+02:59:52	12:05
421	243	Mauro Pena	individual	Senior Masculino	05:02:24	+03:00:22	12:06
422	232	Luís Filipe Ribeiro Gonçalves	individual	Senior Masculino	05:05:08	+03:03:06	12:12
423	17	Fernando Silva	all about	Senior Masculino	05:08:05	+03:06:03	12:19
424	255	paulo aguiar	individual	Senior Masculino	05:11:32	+03:09:30	12:28
425	448	filipe monteiro pinto	sexta a fundo	Veterano M40	05:11:33	+03:09:31	12:28
426	449	jose fernando moreira da silva	sexta a fundo	Veterano M40	05:11:33	+03:09:31	12:28
427	168	Ana Ferreira	individual	Senior Feminino	05:24:30	+03:22:28	12:59
428	169	Ana Rosa Guerra Silva	individual	Senior Feminino	05:29:11	+03:27:09	13:10
429	177	Gisela Moraes	individual	Senior Feminino	05:32:23	+03:30:21	13:18

Trail Serra do Muro 25KM

25 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:00	5,9°C	75,7%
End	14:36	5.9°C	75.7%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	108	Casimira Moura	Dr. Merino Clínica Médica (Run&Shine)	Senior Feminino	02:41:13	06:27
2	185	Paula Iage	Individual	Senior Feminino	03:04:30	+23:17 07:23
3	377	Natália Pires Amoedo	Mountain Way - http://mountainway.tumblr.com	Senior Feminino	03:05:16	+24:03 07:25
4	474	Manuela Teixeira	VAINDO	Senior Feminino	03:06:32	+25:19 07:28
5	9	Paula Barbosa	AFS Estofos AUTO	Senior Feminino	03:06:57	+25:44 07:29
6	187	Susana Andrade	Individual	Senior Feminino	03:12:41	+31:28 07:42
7	50	Margarida Sousa	BitRunners	Senior Feminino	03:16:23	+35:10 07:51
8	49	Gisela Sousa	BitRunners	Senior Feminino	03:16:23	+35:10 07:51
9	427	Flávia Vieira	Quinta das Arcas / Interdesign / Xarão	Senior Feminino	03:17:00	+35:47 07:53
10	39	Ana Paula Soares Vieira	AMIGOS DO PEDAL TRILAGARES	Senior Feminino	03:23:28	+42:15 08:08
11	188	Susana Pereira	Individual	Senior Feminino	03:25:29	+44:16 08:13
12	170	Anabela Cordeiro	Individual	Senior Feminino	03:28:04	+46:51 08:19
13	122	Andreia Amorim	Factor X	Senior Feminino	03:33:57	+52:44 08:33
14	183	Maria João Gonçalves Silva	Individual	Senior Feminino	03:34:49	+53:36 08:36
15	481	Marta Regina Queirós Couto	Unidade Especial de Corrida	Senior Feminino	03:37:35	+56:22 08:42
16	178	Joana Azevedo	Individual	Senior Feminino	03:38:34	+57:21 08:45
17	53	Marta Monteiro	Bolas Rolantes Team	Senior Feminino	03:46:12	+01:04:59 09:03
18	130	Goreti Rocha	Funky Runners	Senior Feminino	03:48:12	+01:06:59 09:08
19	3	Madalena Cristina Santos Casaca	+ 50	Senior Feminino	03:50:20	+01:09:07 09:13
20	172	Cristiana Cardoso Rodrigues	Individual	Senior Feminino	03:50:27	+01:09:14 09:13
21	167	Helena Isabel Andrade Alves	Individual	Senior Feminino	03:52:19	+01:11:06 09:18
22	173	Daniela Barbosa	Individual	Senior Feminino	03:53:12	+01:11:59 09:20
23	155	Ana Vieira	ICE POWER GAIA TRAIL	Senior Feminino	03:56:35	+01:15:22 09:28
24	12	Carla Pinto	All About	Senior Feminino	03:56:48	+01:15:35 09:28
25	189	Túlia Pinto Aires	Individual	Senior Feminino	03:58:11	+01:16:58 09:32
26	57	Ana Dias	BUDEGUITA RUNNERS	Senior Feminino	04:00:34	+01:19:21 09:37
27	484	Raquel Vasconcelos	All About	Senior Feminino	04:01:27	+01:20:14 09:39
28	473	Mafalda Pinho	VAINDO	Senior Feminino	04:05:52	+01:24:39 09:50
29	171	Carla Sofia Neves Monteiro	Individual	Senior Feminino	04:07:20	+01:26:07 09:54
30	176	Daniela Mota Machado	Individual	Senior Feminino	04:08:07	+01:26:54 09:55
31	182	Liliana Isabel Pinto Magalhães	Individual	Senior Feminino	04:10:29	+01:29:16 10:01
32	179	Joana Montenegro	Individual	Senior Feminino	04:10:32	+01:29:19 10:01
33	16	Vera Martins	All About	Senior Feminino	04:12:01	+01:30:48 10:05
34	123	MONICA CARVALAIS	Factor X	Senior Feminino	04:12:03	+01:30:50 10:05
35	118	Liliana Ribeiro	Esmoriz runners	Senior Feminino	04:13:08	+01:31:55 10:08
36	119	Silvia rocha	Esmoriz runners	Senior Feminino	04:13:08	+01:31:55 10:08
37	93	Carmen Cristina Santos Lima	Confraria Trotamontes	Senior Feminino	04:18:10	+01:36:57 10:20

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Trail Serra do Muro 25KM

25 KM

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38	181	Liliana Filipa Dias Teixeira	Individual	Senior Feminino	04:19:07	+01:37:54	10:22
39	11	Ana Dolores	All About	Senior Feminino	04:19:45	+01:38:32	10:23
40	131	Sónia Soares	Funky Runners	Senior Feminino	04:23:05	+01:41:52	10:31
41	129	Andreia Rocha	Funky Runners	Senior Feminino	04:23:07	+01:41:54	10:31
42	4	Ana Isabel Abreu Mendonça	A.D.Amarante trail running	Senior Feminino	04:23:23	+01:42:10	10:32
43	51	Rui Silva	BitRunners	Senior Feminino	04:28:46	+01:47:33	10:45
44	184	maria joao silva	Individual	Senior Feminino	04:30:13	+01:49:00	10:49
45	186	Sandra Bessa	Individual	Senior Feminino	04:31:41	+01:50:28	10:52
46	14	Liliana Costa	All About	Senior Feminino	04:50:58	+02:09:45	11:38
47	59	Sandra Oliveira	BUDEGUITA RUNNERS	Senior Feminino	04:58:06	+02:16:53	11:55
48	13	Joana Martins	All About	Senior Feminino	05:01:54	+02:20:41	12:05
49	168	Ana Ferreira	Individual	Senior Feminino	05:24:30	+02:43:17	12:59
50	169	Ana Rosa Guerra Silva	Individual	Senior Feminino	05:29:11	+02:47:58	13:10
51	177	Gisela Morais	Individual	Senior Feminino	05:32:23	+02:51:10	13:18

Senior Masculino

1	109	Albino Daniel Almeida Magalhães	Dr. Merino Clínica Médica (Run&Shine)	Senior Masculino	02:02:02	04:53
2	40	Leonel Rodrigues da Cunha	AMIGOS DO PEDAL TRILAGARES	Senior Masculino	02:10:20	+08:18 05:13
3	402	Nuno Alves	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	02:11:47	+09:45 05:16
4	41	Bruno Miguel Rodrigues Moreira	AMIGOS DO PEDAL TRILAGARES	Senior Masculino	02:13:05	+11:03 05:19
5	163	João Nunes	ICE POWER GAIA TRAIL	Senior Masculino	02:16:11	+14:09 05:27
6	153	joaquim manuel martins de freitas	grupo dramatico e recreativo da retorta	Senior Masculino	02:20:27	+18:25 05:37
7	469	César Edgar de Sousa Leão	Unidade Especial de Corrida	Senior Masculino	02:21:53	+19:51 05:41
8	396	Bruno Silva	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	02:22:57	+20:55 05:43
9	247	Nuno Fernandes	Individual	Senior Masculino	02:23:48	+21:46 05:45
10	157	Bruno Santiago	ICE POWER GAIA TRAIL	Senior Masculino	02:23:53	+21:51 05:45
11	110	David Ferreira	Dr. Merino Clínica Médica (Run&Shine)	Senior Masculino	02:23:53	+21:51 05:45
12	275	Rogério Soares	Individual	Senior Masculino	02:24:48	+22:46 05:48
13	254	Paulo manuel monteiro da costa	Individual	Senior Masculino	02:25:22	+23:20 05:49
14	454	Fernando Miguel	Team Trail da Cal	Senior Masculino	02:25:30	+23:28 05:49
15	158	Carlos Alves	ICE POWER GAIA TRAIL	Senior Masculino	02:25:36	+23:34 05:49
16	398	Fernando Taborda	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	02:25:49	+23:47 05:50
17	284	vítor Manuel Monteiro da Costa	Individual	Senior Masculino	02:26:12	+24:10 05:51
18	162	Ivo Peko	ICE POWER GAIA TRAIL	Senior Masculino	02:26:35	+24:33 05:52
19	394	Belmiro Moreira	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	02:29:16	+27:14 05:58
20	482	Filipe Miguel Grilo Teixeira	Unidade Especial de Corrida	Senior Masculino	02:29:42	+27:40 05:59
21	382	Nuno Ferreira	NAST	Senior Masculino	02:30:33	+28:31 06:01
22	201	César Augusto Teixeira de Oliveira	Individual	Senior Masculino	02:32:00	+29:58 06:05

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Trail Serra do Muro 25KM

25 KM

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OFFICIAL RESULT

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23	196	António Manuel Ribeiro Carvalho de Sousa Moreira	Corredores Noturnos de Paredes	Senior Masculino	02:33:01	+30:59	06:07
24	258	Paulo Oliveira	Individual	Senior Masculino	02:34:56	+32:54	06:12
25	256	Paulo Machado	Individual	Senior Masculino	02:36:06	+34:04	06:15
26	164	Nélson Marques	ICE POWER GAIA TRAIL	Senior Masculino	02:36:22	+34:20	06:15
27	408	Sergio Suzano	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	02:36:24	+34:22	06:15
28	142	Rogério Manuel de Almeida Coelho	GDR RETORTA	Senior Masculino	02:36:29	+34:27	06:16
29	127	Ricardo Rocha	FAST AO KM	Senior Masculino	02:36:56	+34:54	06:1
30	407	Rui Pereira	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	02:37:11	+35:09	06:17
31	401	Jose Paulo Neto	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	02:38:19	+36:17	06:20
32	403	Oscar Rodrigues	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	02:39:40	+37:38	06:23
33	145	Pedro Rocha	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:39:59	+37:57	06:24
34	393	António Pinto	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	02:40:06	+38:04	06:24
35	480	Tiago Moreira	Individual	Senior Masculino	02:40:37	+38:35	06:25
36	361	André Fraga	LOCOMOTIVA DE PARANHOS	Senior Masculino	02:41:16	+39:14	06:27
37	124	José Paulo Pereira Ribeiro	Factor X	Senior Masculino	02:42:14	+40:12	06:29
38	152	Filipe Lima	GRUPO DESPORTIVO SANTANDER TOTTA	Senior Masculino	02:42:15	+40:13	06:29
39	273	Roberto Teixeira Correia	Individual	Senior Masculino	02:43:13	+41:11	06:32
40	217	Hélder Campos	Individual	Senior Masculino	02:43:33	+41:31	06:33
41	112	Tiago Amaral	Dr. Merino Clínica Médica (Run&Shine)	Senior Masculino	02:44:09	+42:07	06:34
42	272	Ricardo Luís Sevilha Coelho	Individual	Senior Masculino	02:44:16	+42:14	06:34
43	406	Rui Costa	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	02:44:18	+42:16	06:34
44	277	Rui Fernandes	Individual	Senior Masculino	02:44:20	+42:18	06:34
45	475	Fernando Coelho	VAINDO	Senior Masculino	02:44:26	+42:24	06:35
46	160	Henrique Oliveira	ICE POWER GAIA TRAIL	Senior Masculino	02:44:56	+42:54	06:36
47	391	Pedro Nunes	OnTrack	Senior Masculino	02:45:55	+43:53	06:38
48	198	António Ricardo da Rocha Ferreira	Individual	Senior Masculino	02:46:02	+44:00	06:38
49	238	Marco Marques	Individual	Senior Masculino	02:46:55	+44:53	06:41
50	248	Nuno Miguel Maia	Individual	Senior Masculino	02:47:08	+45:06	06:41
51	203	Constantino Mendes Cidade	Individual	Senior Masculino	02:47:13	+45:11	06:41
52	161	Hugo Gonçalves	ICE POWER GAIA TRAIL	Senior Masculino	02:47:25	+45:23	06:42
53	471	Pedro Valentim Batista	Unidade Especial de Corrida	Senior Masculino	02:48:14	+46:12	06:44
54	357	Rogério Nuno Ferraz Machado	Legion Trail	Senior Masculino	02:48:14	+46:12	06:44
55	241	Mário Pedro Rocha Santos	Individual	Senior Masculino	02:48:38	+46:36	06:45
56	253	Patrick Marques	Individual	Senior Masculino	02:48:39	+46:37	06:45
57	276	Rúben Alves	Individual	Senior Masculino	02:48:43	+46:41	06:45
58	386	PEDRO BARBOSA	Not Run Alone	Senior Masculino	02:48:43	+46:41	06:45
59	141	paulo rodrigues	galaicus trail runners	Senior Masculino	02:48:44	+46:42	06:45
60	378	Diogo Soares da Costa Almeida	Mountain Way - http://mountainway.tumblr.com	Senior Masculino	02:49:13	+47:11	06:46
61	379	Filipe barros	Moure Trail Running	Senior Masculino	02:49:23	+47:21	06:47
62	194	André Moreira Pinto	Individual	Senior Masculino	02:49:32	+47:30	06:47

Official Timekeeper: Lap2Go	3 / 11	generate 22-fev-2015 14:39
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Trail Serra do Muro 25KM

25 KM

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OFFICIAL RESULT

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63	380	Diogo João	Multipower I Gaia Trail	Senior Masculino	02:49:35	+47:33	06:47
64	245	Nuno André Ferreira Ferraz	Individual	Senior Masculino	02:49:52	+47:50	06:48
65	82	Hugo Freixo	Clube Zupper	Senior Masculino	02:50:10	+48:08	06:48
66	87	Lano Valente	Clube Zupper	Senior Masculino	02:50:10	+48:08	06:48
67	111	Nuno Pinho	Dr. Merino Clínica Médica (Run&Shine)	Senior Masculino	02:54:34	+52:32	06:59
68	5	António Mendes	A.D.Amarante trail running	Senior Masculino	02:55:03	+53:01	07:00
69	113	Luis Miguel	EDV - Viana Trail	Senior Masculino	02:55:24	+53:22	07:01
70	96	Mauro Cardoso	Corredores Noturnos de Paredes	Senior Masculino	02:55:40	+53:38	07:02
71	197	Antonio pedro reis garces soares	Individual	Senior Masculino	02:55:58	+53:56	07:02
72	390	Manuel Soares	OnTrack	Senior Masculino	02:56:07	+54:05	07:03
73	88	Nuno Ribeiro	Clube Zupper	Senior Masculino	02:56:57	+54:55	07:05
74	404	Pedro Duarte	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	02:57:05	+55:03	07:05
75	472	Ricardo Zeferino Ribeiro Costa	Unidade Especial de Corrida	Senior Masculino	02:57:34	+55:32	07:06
76	281	Sérgio José da Costa Moreira	Individual	Senior Masculino	02:58:25	+56:23	07:08
77	419	Artur Caetano	ParJovem / Satecnosol Outdoor	Senior Masculino	02:58:27	+56:25	07:08
78	90	Rui Neves	Clube Zupper	Senior Masculino	02:58:27	+56:25	07:08
79	432	Pedro Sá	RUNNING TEAM MAIA	Senior Masculino	02:58:41	+56:39	07:09
80	191	André Campos	Individual	Senior Masculino	02:58:41	+56:39	07:09
81	233	Luís Miguel Pinto Almeida	Individual	Senior Masculino	02:59:35	+57:33	07:11
82	456	Márcio Sousa	Tecla3 Runners	Senior Masculino	02:59:52	+57:50	07:12
83	84	João Carolo	Clube Zupper	Senior Masculino	03:00:28	+58:26	07:13
84	244	Micael cunha	Individual	Senior Masculino	03:01:13	+59:11	07:15
85	94	Antonio Brito Teixeira	Corredores Noturnos de Paredes	Senior Masculino	03:01:20	+59:18	07:15
86	52	Daniel Ribeiro	BitRunners	Senior Masculino	03:01:22	+59:20	07:15
87	7	Urbano Ribeiro	A.D.Amarante trail running	Senior Masculino	03:01:41	+59:39	07:16
88	262	Pedro Miguel Fonseca Magalhães	Individual	Senior Masculino	03:02:06	+01:00:04	07:17
89	285	Vitor Santos	Individual	Senior Masculino	03:02:19	+01:00:17	07:18
90	83	Hugo Moita	Clube Zupper	Senior Masculino	03:03:09	+01:01:07	07:20
91	423	Vitor parente	ParJovem / Satecnosol Outdoor	Senior Masculino	03:03:27	+01:01:25	07:20
92	100	Rogério Sousa	Corredores Noturnos de Paredes	Senior Masculino	03:03:27	+01:01:25	07:20
93	267	Raul Caetano	Individual	Senior Masculino	03:03:28	+01:01:26	07:20
94	409	Vitor Pinto	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	03:03:29	+01:01:27	07:20
95	268	Ricardo Carvalho	Individual	Senior Masculino	03:04:13	+01:02:11	07:22
96	436	Albino Augusto Sousa Pinto	SAI DA FRENTE	Senior Masculino	03:04:28	+01:02:26	07:23
97	439	Paulo Sérgio Faria Pereira	SAI DA FRENTE	Senior Masculino	03:04:28	+01:02:26	07:23
98	461	ANDRÉ LUÍS GOMES DA SILVA	Trail Running Clube BTT de Sanguedo	Senior Masculino	03:04:32	+01:02:30	07:23
99	101	Sergio Vale	Corredores Noturnos de Paredes	Senior Masculino	03:04:49	+01:02:47	07:24
100	228	JORGE MANUEL COTA PEREIRA	Individual	Senior Masculino	03:05:23	+01:03:21	07:25
101	466	Miguel Alves	Uma Vez Perdi-me no Monte	Senior Masculino	03:05:31	+01:03:29	07:25
102	205	Daniel Lacerda	Individual	Senior Masculino	03:07:18	+01:05:16	07:30
103	221	Hugo Sousa	Individual	Senior Masculino	03:07:26	+01:05:24	07:30
104	202	César Gonçalves	Individual	Senior Masculino	03:07:32	+01:05:30	07:30
105	165	Paulo Alexandre da Fonseca Amadeu	ICE POWER GAIA TRAIL	Senior Masculino	03:07:40	+01:05:38	07:30
106	209	Fernando Jorge da Costa Pereira	Individual	Senior Masculino	03:07:48	+01:05:46	07:31

Official Timekeeper: Lap2Go	4 / 11	generate 22-fev-2015 14:39
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Trail Serra do Muro 25KM

25 KM

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OFFICIAL RESULT

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107	89	Pedro Cancelo	Clube Zupper	Senior Masculino	03:07:48	+01:05:46	07:31
108	416	Angelo Tiago Sousa Ribeiro	ParJovem / Satecnosol Outdoor	Senior Masculino	03:08:08	+01:06:06	07:32
109	210	Fernando Lourenço Almeida Fernandes	Individual	Senior Masculino	03:08:27	+01:06:25	07:32
110	405	Ruben Martins	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	03:09:09	+01:07:07	07:34
111	282	Sérgio Manuel Pinto Carneiro	Individual	Senior Masculino	03:09:12	+01:07:10	07:34
112	166	Paulo Madeira	ICE POWER GAIA TRAIL	Senior Masculino	03:09:24	+01:07:22	07:35
113	6	Paulo Rocha	A.D.Amarante trail running	Senior Masculino	03:09:53	+01:07:51	07:36
114	102	Tiago Andre Moreira	Corredores Noturnos de Paredes	Senior Masculino	03:10:09	+01:08:07	07:36
115	278	Sandro Rodrigues	Individual	Senior Masculino	03:12:04	+01:10:02	07:41
116	21	Paulo Ferreira	All About	Senior Masculino	03:12:15	+01:10:13	07:41
117	283	Telmo Reis	Individual	Senior Masculino	03:12:33	+01:10:31	07:42
118	22	Pedro Magalhães	All About	Senior Masculino	03:12:34	+01:10:32	07:42
119	237	Marco Freire	Individual	Senior Masculino	03:12:39	+01:10:37	07:42
120	462	HUGO DANIEL FERNANDES DA SILVA	Trail Running Clube BTT de Sanguedo	Senior Masculino	03:13:43	+01:11:41	07:45
121	478	Tiago Costa	X5 Health Club	Senior Masculino	03:15:35	+01:13:33	07:49
122	18	Francisco Gomes	All About	Senior Masculino	03:15:51	+01:13:49	07:50
123	114	Ângelo Semedo	EQUIPA MCOUTINHO	Senior Masculino	03:16:10	+01:14:08	07:51
124	214	FRANCISCO PACHECO	Individual	Senior Masculino	03:16:11	+01:14:09	07:51
125	230	José Miguel Fortuna Pinto	Individual	Senior Masculino	03:16:41	+01:14:39	07:52
126	227	Jorge Barbosa	Individual	Senior Masculino	03:16:57	+01:14:55	07:53
127	8	Renato Carvalho	ADCR Polícia Judiciária	Senior Masculino	03:17:30	+01:15:28	07:54
128	236	Márcio Silva	Individual	Senior Masculino	03:17:30	+01:15:28	07:54
129	80	Duarte Delgado	Clube Zupper	Senior Masculino	03:17:56	+01:15:54	07:55
130	392	Agostinho Sousa	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	03:18:07	+01:16:05	07:55
131	85	Joaquim Madureira	Clube Zupper	Senior Masculino	03:18:38	+01:16:36	07:57
132	223	João Graça	Individual	Senior Masculino	03:18:39	+01:16:37	07:57
133	397	David Morais	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	03:18:59	+01:16:57	07:58
134	260	Pedro Cunha	Individual	Senior Masculino	03:19:01	+01:16:59	07:58
135	476	Pedro Miguel de Figueiredo Teixeira	VAINDO	Senior Masculino	03:20:27	+01:18:25	08:01
136	388	Joao Guimaraes	OnTrack	Senior Masculino	03:21:18	+01:19:16	08:03
137	383	João Marques	NO TOMORROW RUNNING TEAM	Senior Masculino	03:24:39	+01:22:37	08:11
138	263	Pedro Montenegro	Individual	Senior Masculino	03:24:47	+01:22:45	08:11
139	200	Carlos Carvalho	Individual	Senior Masculino	03:24:55	+01:22:53	08:12
140	204	CRISTIANO RUI FERREIRA VENTURA	Individual	Senior Masculino	03:24:59	+01:22:57	08:12
141	280	Sérgio Edgar Rodrigues Moreira	Individual	Senior Masculino	03:25:00	+01:22:58	08:12
142	239	Marco Sousa	Individual	Senior Masculino	03:25:06	+01:23:04	08:12
143	81	Gabriel Moreira	Clube Zupper	Senior Masculino	03:25:25	+01:23:23	08:13
144	206	Diogo Xavier Pastor Oliveira	Individual	Senior Masculino	03:26:58	+01:24:56	08:17
145	95	Jose Correia	Corredores Noturnos de Paredes	Senior Masculino	03:27:33	+01:25:31	08:18
146	470	José Nelson Da Silva Nunes	Unidade Especial de Corrida	Senior Masculino	03:28:04	+01:26:02	08:19
147	43	André Pinho	Associação S4L	Senior Masculino	03:28:48	+01:26:46	08:21
148	60	Rui Airosa	BUDEGUITA RUNNERS	Senior Masculino	03:28:51	+01:26:49	08:21

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Trail Serra do Muro 25KM

25 KM

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149	208	Fernando Ismael Oliveira Nogueira	Individual	Senior Masculino	03:29:03	+01:27:01	08:22
150	242	Mauro Fernando Lopes da Silva	Individual	Senior Masculino	03:29:09	+01:27:07	08:22
151	225	Joel Malveiro	Individual	Senior Masculino	03:29:21	+01:27:19	08:22
152	367	Manuel Teixeira	LUSOSXXI	Senior Masculino	03:30:33	+01:28:31	08:25
153	395	Bruno Pinto	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Senior Masculino	03:31:04	+01:29:02	08:27
154	199	Carlos Alexandre Teixeira do Amaral Resende	Individual	Senior Masculino	03:31:22	+01:29:20	08:27
155	447	francisco jorge moreira da silva	sexta a fundo	Senior Masculino	03:32:18	+01:30:16	08:30
156	44	Fernando Nunes	Associação S4L	Senior Masculino	03:32:19	+01:30:17	08:30
157	222	Isaac Costa	Individual	Senior Masculino	03:32:20	+01:30:18	08:30
158	384	João Vitor Ribeiro Moura Pinto	NO TOMORROW RUNNING TEAM	Senior Masculino	03:32:41	+01:30:39	08:30
159	257	paulo miguel da costa pereira loureiro	Individual	Senior Masculino	03:33:23	+01:31:21	08:32
160	240	Mario Francisco Lamas Gonçalves	Individual	Senior Masculino	03:33:52	+01:31:50	08:33
161	229	jose agostinho moreira pinto	Individual	Senior Masculino	03:33:52	+01:31:50	08:33
162	479	Emanuel Vieira	Individual	Senior Masculino	03:33:58	+01:31:56	08:34
163	46	Jorge Azevedo	Associação S4L	Senior Masculino	03:34:17	+01:32:15	08:34
164	368	Nuno Fernandes	MINHO AVENTURA	Senior Masculino	03:35:57	+01:33:55	08:38
165	115	Miguel Aroso	EQUIPA MCOUTINHO	Senior Masculino	03:35:57	+01:33:55	08:38
166	231	José Semblano	Individual	Senior Masculino	03:35:59	+01:33:57	08:38
167	45	João Pedro Sousa	Associação S4L	Senior Masculino	03:36:10	+01:34:08	08:39
168	216	Hélder Agostinho	Individual	Senior Masculino	03:37:06	+01:35:04	08:41
169	56	José Carlos Costa Bessa	BTT Matosinhos	Senior Masculino	03:37:12	+01:35:10	08:41
170	246	Nuno Barbosa	Individual	Senior Masculino	03:37:31	+01:35:29	08:42
171	269	Ricardo Dias da Fonseca	Individual	Senior Masculino	03:37:57	+01:35:55	08:43
172	264	Pedro Nuno Brás da Silva	Individual	Senior Masculino	03:38:07	+01:36:05	08:43
173	86	José Soares	Clube Zupper	Senior Masculino	03:40:52	+01:38:50	08:50
174	437	Antero António de Sousa Teixeira	SAI DA FRENTE	Senior Masculino	03:41:30	+01:39:28	08:52
175	434	Emanuel Almeida	S. S. Montepio	Senior Masculino	03:42:39	+01:40:37	08:54
176	451	Tiago Silva	S. S. Montepio	Senior Masculino	03:42:40	+01:40:38	08:54
177	417	Antonio Neto	ParJovem / Satecnosol Outdoor	Senior Masculino	03:42:42	+01:40:40	08:54
178	220	Hugo Gomes	Individual	Senior Masculino	03:43:03	+01:41:01	08:55
179	54	Bruno Faria	Bolas Rolantes Team	Senior Masculino	03:46:13	+01:44:11	09:03
180	195	André Queirós	Individual	Senior Masculino	03:46:16	+01:44:14	09:03
181	250	Nuno Reis	Individual	Senior Masculino	03:48:04	+01:46:02	09:07
182	373	Paulo Pires	Moreira Relax Runners	Senior Masculino	03:48:34	+01:46:32	09:09
183	55	Pedro Martins	Bolas Rolantes Team	Senior Masculino	03:48:54	+01:46:52	09:09
184	99	Pedro Nogueira	Corredores Noturnos de Paredes	Senior Masculino	03:50:20	+01:48:18	09:13
185	215	geraldo andre ribeiro da rocha	Individual	Senior Masculino	03:50:37	+01:48:35	09:13
186	105	Vítor André da Silva Cardoso	CTAD-Trilhos de Cinfães	Senior Masculino	03:52:53	+01:50:51	09:19
187	438	Filipe Manuel Faria Pereira	SAI DA FRENTE	Senior Masculino	03:52:57	+01:50:55	09:19
188	159	Fernando Patrício	ICE POWER GAIA TRAIL	Senior Masculino	03:56:35	+01:54:33	09:28
189	207	Fernando Daniel Alves Freitas	Individual	Senior Masculino	03:56:49	+01:54:47	09:28
190	116	Nuno Andrade	EQUIPA MCOUTINHO	Senior Masculino	03:57:17	+01:55:15	09:29
191	91	Tiago Ramalho	Clube Zupper	Senior Masculino	03:57:38	+01:55:36	09:30
192	279	Sergio brochado	Individual	Senior Masculino	03:58:11	+01:56:09	09:32

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Trail Serra do Muro 25KM

25 KM

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193	234	Manuel Brabosa	Individual	Senior Masculino	03:58:51	+01:56:49	09:33
194	354	Bruno Albuquerque	JU TEAM	Senior Masculino	03:59:46	+01:57:44	09:35
195	356	Pedro Teixeira	JU TEAM	Senior Masculino	03:59:46	+01:57:44	09:35
196	355	Nuno Teixeira	JU TEAM	Senior Masculino	03:59:47	+01:57:45	09:35
197	259	Pedro Arlindo Vieira Madureira	Individual	Senior Masculino	04:00:37	+01:58:35	09:37
198	235	Márcio Castro	Individual	Senior Masculino	04:01:28	+01:59:26	09:40
199	193	Andre Filipe Pinto Barros	Individual	Senior Masculino	04:02:38	+02:00:36	09:42
200	117	José Pereira	Equipa Vario Legau	Senior Masculino	04:03:52	+02:01:50	09:45
201	274	Rodolfo Carvalho	Individual	Senior Masculino	04:05:52	+02:03:50	09:50
202	190	Acácio Santos	Individual	Senior Masculino	04:05:52	+02:03:50	09:50
203	370	Bruno Alves	Mocidade Sangemil AC	Senior Masculino	04:11:58	+02:09:56	10:05
204	371	Luis Pereira	Mocidade Sangemil AC	Senior Masculino	04:11:58	+02:09:56	10:05
205	366	Leandro Ramos	LUSOSXXI	Senior Masculino	04:12:13	+02:10:11	10:05
206	120	Filipe nunes	Esmoriz runners	Senior Masculino	04:13:10	+02:11:08	10:08
207	10	Filipe Sousa	AFS Estofos AUTO	Senior Masculino	04:13:37	+02:11:35	10:09
208	98	Nuno Rocha	Corredores Noturnos de Paredes	Senior Masculino	04:19:07	+02:17:05	10:22
209	430	Fernando Silva	RUNNING TEAM MAIA	Senior Masculino	04:28:11	+02:26:09	10:44
210	224	joel barbosa	Individual	Senior Masculino	04:31:41	+02:29:39	10:52
211	271	RICARDO JOSE RODRIGUES ALVES DIAS	Individual	Senior Masculino	04:32:04	+02:30:02	10:53
212	433	Pedro Tavares	RUNNING TEAM MAIA	Senior Masculino	04:35:24	+02:33:22	11:01
213	212	Filipe Jose Freitas da Silva	Individual	Senior Masculino	04:41:17	+02:39:15	11:15
214	226	JOEL REIS	Individual	Senior Masculino	04:41:17	+02:39:15	11:15
215	266	Philip Gordon da Silva Manteigas	Individual	Senior Masculino	04:44:04	+02:42:02	11:22
216	213	Filipe Moreira	Individual	Senior Masculino	04:47:41	+02:45:39	11:30
217	20	Marco Costa	All About	Senior Masculino	04:50:59	+02:48:57	11:38
218	243	Mauro Pena	Individual	Senior Masculino	05:02:24	+03:00:22	12:06
219	232	Luís Filipe Ribeiro Gonçalves	Individual	Senior Masculino	05:05:08	+03:03:06	12:12
220	17	Fernando Silva	All About	Senior Masculino	05:08:05	+03:06:03	12:19
221	255	paulo aguiar	Individual	Senior Masculino	05:11:32	+03:09:30	12:28

Veterana F40

1	147	Lucinda Santos Sousa	GONDOMAR FUTSAL CLUBE	Veterana F40	02:36:07	06:15
2	290	Maria Augusta Da Costa Loureiro	Individual	Veterana F40	02:55:23	+19:16 07:01
3	2	Paula Santos	All About	Veterana F40	03:15:11	+39:04 07:48
4	146	Ana Amaral	GONDOMAR FUTSAL CLUBE	Veterana F40	03:16:37	+40:30 07:52
5	288	Helena. Gomes	Individual	Veterana F40	03:38:55	+01:02:48 08:45
6	293	Sofia Coelho	Individual	Veterana F40	03:41:40	+01:05:33 08:52
7	294	Sônia Almeida	Individual	Veterana F40	03:52:53	+01:16:46 09:19
8	291	Paula Cristina Oliveira	Individual	Veterana F40	03:58:09	+01:22:02 09:32
9	289	Isabel Carvalho	Individual	Veterana F40	04:03:11	+01:27:04 09:44
10	363	Isabel Mariani	LOCOMOTIVA DE PARANHOS	Veterana F40	04:12:01	+01:35:54 10:05
11	125	CIDÁLIA PEIXOTO	Factor X	Veterana F40	04:47:56	+02:11:49 11:31
12	287	Fernanda Alves	Individual	Veterana F40	04:59:27	+02:23:20 11:59

25 KM

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1	74	Rosario Martins	CENTRO CICLISTA DE GONDOMAR	Veterana F45	02:57:49	07:07
2	359	Flor Madureira	Leões de Veneza	Veterana F45	03:04:45	+06:56 07:23
3	364	Paula Chaves	LOCOMOTIVA DE PARANHOS	Veterana F45	03:25:40	+27:51 08:14
4	143	Alexandra Fernandes	GIRA	Veterana F45	03:32:50	+35:01 08:31
5	296	Paula Silva	Individual	Veterana F45	03:34:49	+37:00 08:36
6	374	Fernanda Pinho	Moreira Relax Runners	Veterana F45	03:36:20	+38:31 08:39
7	463	ROSA MARIA OLIVEIRA CONCEIÇÃO FERREIRA	Trail Running Clube BTT de Sanguedo	Veterana F45	03:44:07	+46:18 08:58

1	23	Cristina Moura	All About	Veterana F50	03:14:44	07:47
2	134	Adelaide Vigário	FX Ginásio	Veterana F50	04:43:00	+01:28:16 11:19
3	297	Lurdes Monteiro	Individual	Veterana F50	05:00:46	+01:46:02 12:02

1	410	Armandino Taborda	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Veterano M40	02:09:44	05:11
2	412	Jose neves	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Veterano M40	02:29:16	+19:32 05:58
3	1	Marco Silva	All About	Veterano M40	02:29:49	+20:05 06:00
4	385	Paulo Gomes	NO TOMORROW RUNNING TEAM	Veterano M40	02:34:04	+24:20 06:10
5	318	Victor Emanuel de Castro Correia	Individual	Veterano M40	02:36:07	+26:23 06:15
6	358	Jorge Manuel Coelho	Legion Trail	Veterano M40	02:37:54	+28:10 06:19
7	300	Aurélio Vieira	Individual	Veterano M40	02:49:31	+39:47 06:47
8	135	AUGUSTO OLIVEIRA	GAIA-RUNNING	Veterano M40	02:50:11	+40:27 06:48
9	302	Fernando Pinheiro Mendes	Individual	Veterano M40	02:51:35	+41:51 06:52
10	137	JORGE PEREIRA	GAIA-RUNNING	Veterano M40	02:53:39	+43:55 06:57
11	92	Marco Vieira	Clube Zupper	Veterano M40	02:54:25	+44:41 06:59
12	310	Marco Magalhães	Individual	Veterano M40	02:55:03	+45:19 07:00
13	452	Emanuel Lourenço	Team Paredes	Veterano M40	02:57:01	+47:17 07:05
14	443	Antonio Coelho	Sapadores da Invicta	Veterano M40	02:58:22	+48:38 07:08
15	103	Arnaldo Santos	Corredores Noturnos de Paredes	Veterano M40	02:58:27	+48:43 07:08
16	314	Paulo Jorge Moreira da Silva	Individual	Veterano M40	02:59:33	+49:49 07:11
17	411	João Marques	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Veterano M40	02:59:48	+50:04 07:12
18	304	Hélder Manuel Rosa da Silva Deveza	Individual	Veterano M40	03:02:25	+52:41 07:18
19	464	RICHARD GUSTAVO NOGUEIRA DA SILVA	Trail Running Clube BTT de Sanguedo	Veterano M40	03:04:23	+54:39 07:23
20	308	José Regueiras	Individual	Veterano M40	03:05:23	+55:39 07:25
21	317	RUI FERNANDES	Individual	Veterano M40	03:07:05	+57:21 07:29
22	376	Paulo Natividade	Moreira Relax Runners	Veterano M40	03:07:40	+57:56 07:30
23	64	Paulo Lagoa Marques	BUDEGUITA RUNNERS	Veterano M40	03:11:47	+01:02:03 07:40

Trail Serra do Muro 25KM

25 KM

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24	425	Jorge Manuel Nogueira Magalhães	Porto Runners	Veterano M40	03:12:44	+01:03:00	07:43
25	299	Antonio Martins	Individual	Veterano M40	03:14:44	+01:05:00	07:47
26	154	Jorge Lemos	Guimarães Corre Corre	Veterano M40	03:15:06	+01:05:22	07:48
27	148	Paulo Alves	GONDOMAR FUTSAL CLUBE	Veterano M40	03:17:10	+01:07:26	07:53
28	138	VÍTOR FERNANDES	GAIA-RUNNING	Veterano M40	03:18:07	+01:08:23	07:55
29	453	Jorge Oliveira	Team Paredes	Veterano M40	03:22:25	+01:12:41	08:06
30	313	Paulo Jorge Ferreira Oliveira	Individual	Veterano M40	03:23:40	+01:13:56	08:09
31	28	Eduardo Pinto	All About	Veterano M40	03:23:58	+01:14:14	08:10
32	303	Gil Megre	Individual	Veterano M40	03:25:11	+01:15:27	08:12
33	30	Rui Manuel	All About	Veterano M40	03:25:41	+01:15:57	08:14
34	104	Nuno Salgado	Corredores Noturnos de Paredes	Veterano M40	03:27:33	+01:17:49	08:18
35	413	Pedro Seixas	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Veterano M40	03:31:22	+01:21:38	08:27
36	27	David Sousa	All About	Veterano M40	03:33:29	+01:23:45	08:32
37	136	CÉSAR TEIXEIRA	GAIA-RUNNING	Veterano M40	03:33:30	+01:23:46	08:32
38	307	jose manuel ferreira	Individual	Veterano M40	03:34:07	+01:24:23	08:34
39	306	José Graça	Individual	Veterano M40	03:34:09	+01:24:25	08:34
40	441	Luis Filipe de Sousa Almeida	SAI DA FRENTE	Veterano M40	03:41:31	+01:31:47	08:52
41	305	Hugo Costa	Individual	Veterano M40	03:44:42	+01:34:58	08:59
42	375	Helder F. Silva	Moreira Relax Runners	Veterano M40	03:48:34	+01:38:50	09:09
43	301	Fernando Monteiro	Individual	Veterano M40	03:52:09	+01:42:25	09:17
44	316	Pedro Manuel Leão Bastos	Individual	Veterano M40	03:52:20	+01:42:36	09:18
45	298	antonio da silva teixeira	Individual	Veterano M40	03:57:10	+01:47:26	09:29
46	312	Paulo Jorge da Silva Costa	Individual	Veterano M40	03:57:49	+01:48:05	09:31
47	65	Tiago Almeida	BUDEGUITA RUNNERS	Veterano M40	04:00:34	+01:50:50	09:37
48	457	Abilio José Moreira Pacheco	Tombatrilhos	Veterano M40	04:08:51	+01:59:07	09:57
49	26	Bernardino Andrade	All About	Veterano M40	04:12:01	+02:02:17	10:05
50	485	António Morais	Confraria Trotamontes	Veterano M40	04:18:10	+02:08:26	10:20
51	25	Abilio Malheiro	All About	Veterano M40	04:19:45	+02:10:01	10:23
52	440	Emanuel Fernando de Oliveira Durães	SAI DA FRENTE	Veterano M40	04:22:14	+02:12:30	10:29
53	31	Sergio Carvalho	All About	Veterano M40	04:28:08	+02:18:24	10:44
54	29	Miguel Faria	All About	Veterano M40	04:28:08	+02:18:24	10:44
55	311	Miguel Rufino	Individual	Veterano M40	04:32:27	+02:22:43	10:54
56	448	filipe monteiro pinto	sexta a fundo	Veterano M40	05:11:33	+03:01:49	12:28
57	449	jose fernando moreira da silva	sexta a fundo	Veterano M40	05:11:33	+03:01:49	12:28

Veterano M45

1	75	Antonio Martins	CENTRO CICLISTA DE GONDOMAR	Veterano M45	02:12:48	05:19
2	324	José Mesquita	Individual	Veterano M45	02:50:46	+37:58 06:50
3	319	António José Machado Loureiro	Individual	Veterano M45	02:54:21	+41:33 06:58
4	107	Paulo Jorge Pinho Ferreira	CTR Vale de Cambra	Veterano M45	02:55:43	+42:55 07:02
5	67	Jorge Maia	BUDEGUITA RUNNERS	Veterano M45	03:00:28	+47:40 07:13
6	33	Vitor Lima	All About	Veterano M45	03:00:57	+48:09 07:14
7	42	Manuel Arcanjo Freitas Ferreira	AMIGOS DO PEDAL TRILAGARES	Veterano M45	03:01:34	+48:46 07:16

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Trail Serra do Muro 25KM

25 KM

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8	444	Paulo Marú	Sapadores da Invicta	Veterano M45	03:04:16	+51:28	07:22
9	325	Lieven Verraest	Individual	Veterano M45	03:04:26	+51:38	07:23
10	327	Paulo Machado	Individual	Veterano M45	03:09:02	+56:14	07:34
11	387	JOSE SILVA	Not Run Alone	Veterano M45	03:10:53	+58:05	07:38
12	365	antero carvalho	loja do empenado	Veterano M45	03:12:15	+59:27	07:41
13	320	António Pinto	Individual	Veterano M45	03:16:56	+01:04:08	07:53
14	360	Luis Freitas	LF201xs	Veterano M45	03:20:59	+01:08:11	08:02
15	326	Marco Antonio Marques Ferreira Vasconcelos Monteiro	Individual	Veterano M45	03:24:02	+01:11:14	08:10
16	150	Paulo Gama	GONDOMAR FUTSAL CLUBE	Veterano M45	03:25:04	+01:12:16	08:12
17	149	Fernando Jose Moreira Pereira	GONDOMAR FUTSAL CLUBE	Veterano M45	03:27:10	+01:14:22	08:17
18	329	Rui Lebre	Individual	Veterano M45	03:29:20	+01:16:32	08:22
19	144	Antonio Fernandes	GIRA	Veterano M45	03:32:50	+01:20:02	08:31
20	106	Eduardo Teixeira	CTAD-Trilhos de Cinfães	Veterano M45	03:33:13	+01:20:25	08:32
21	322	Jorge Azevedo	Individual	Veterano M45	03:33:57	+01:21:09	08:33
22	328	Pedro Sousa	Individual	Veterano M45	03:36:08	+01:23:20	08:39
23	139	EDUARDO TEIXEIRA	GAIA-RUNNING	Veterano M45	03:36:19	+01:23:31	08:39
24	477	jose miguel neves	Voleibol Runners	Veterano M45	03:37:11	+01:24:23	08:41
25	465	QUINTINO MANUEL GOMES DE AMORIM	Trail Running Clube BTT de Sanguedo	Veterano M45	03:44:07	+01:31:19	08:58
26	460	José Pinto Leal	Tombatrilhos	Veterano M45	03:44:26	+01:31:38	08:59
27	48	Pedro Guimaraes	BAI K ANDAS TEAM	Veterano M45	03:47:44	+01:34:56	09:07
28	321	Henrique Pereira	Individual	Veterano M45	03:47:45	+01:34:57	09:07
29	132	Rodrigo Ferraz	Funky Runners	Veterano M45	03:48:11	+01:35:23	09:08
30	32	Luis Pedro Nogueira	All About	Veterano M45	03:50:31	+01:37:43	09:13
31	459	Joaquim Fernando Carneiro Rocha	Tombatrilhos	Veterano M45	04:08:50	+01:56:02	09:57
32	372	Mário Vinhas	Mocidade Sangemil AC	Veterano M45	04:11:58	+01:59:10	10:05
33	458	Carlos Manuel Malheiro Coelho Silva	Tombatrilhos	Veterano M45	04:17:03	+02:04:15	10:17
34	442	Paulo Sérgio de Sousa Almeida	SAI DA FRENTE	Veterano M45	04:22:14	+02:09:26	10:29
35	323	José Carlos Castro Resse Lascasas	Individual	Veterano M45	04:34:04	+02:21:16	10:58
36	66	André Lopes Amorim	BUDEGUITA RUNNERS	Veterano M45	04:58:06	+02:45:18	11:55

Veterano M50

1	342	Manuel Oscar Marques Ferreira	Individual	Veterano M50	02:20:56	05:38
2	455	Fernando Leal Neves	Team Trail da Cal	Veterano M50	02:26:04	+05:08 05:51
3	344	Modesto Vieira	Individual	Veterano M50	02:27:07	+06:11 05:53
4	486	Joaquim Rocha	GDR RETORTA	Veterano M50	02:28:58	+08:02 05:58
5	121	Adão Silva	F. C. Penafiel	Veterano M50	02:31:59	+11:03 06:05
6	340	José Oliveira	Individual	Veterano M50	02:35:59	+15:03 06:14
7	369	José Capela	MINHO AVENTURA	Veterano M50	02:41:47	+20:51 06:28
8	77	Jorge Silva	CENTRO CICLISTA DE GONDOMAR	Veterano M50	02:44:23	+23:27 06:35
9	36	Victor Sousa	All About	Veterano M50	02:50:13	+29:17 06:49
10	331	Antonio Azevedo	Individual	Veterano M50	02:52:06	+31:10 06:53
11	76	Ângelo Pereira	CENTRO CICLISTA DE GONDOMAR	Veterano M50	02:55:02	+34:06 07:00

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Trail Serra do Muro 25KM

25 KM

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12	334	Carlos Justo	Individual	Veterano M50	02:56:39	+35:43	07:04
13	337	José Luis Loureiro	Individual	Veterano M50	02:57:07	+36:11	07:05
14	445	Joaquim Sousa	Sapadores da Invicta	Veterano M50	03:04:17	+43:21	07:22
15	338	José Mendes	Individual	Veterano M50	03:07:54	+46:58	07:31
16	339	jose morais	Individual	Veterano M50	03:11:17	+50:21	07:39
17	333	Antonio Santos	Individual	Veterano M50	03:16:10	+55:14	07:51
18	335	Fernando Pereira Moreira de Oliveira	Individual	Veterano M50	03:23:58	+01:03:02	08:10
19	341	José Rodrigues	Individual	Veterano M50	03:25:39	+01:04:43	08:14
20	332	António Lino Ferreira do Souto	Individual	Veterano M50	03:29:21	+01:08:25	08:22
21	151	Vitor Ribeiro	GONDOMAR FUTSAL CLUBE	Veterano M50	03:32:20	+01:11:24	08:30
22	34	Ernesto Martins	All About	Veterano M50	03:37:01	+01:16:05	08:41
23	330	agostinho moreira	Individual	Veterano M50	03:39:26	+01:18:30	08:47
24	133	António Carvalho	Funky Runners	Veterano M50	03:48:12	+01:27:16	09:08
25	343	MARIO COSTA	Individual	Veterano M50	03:50:16	+01:29:20	09:13
26	35	Paulo Henriques	All About	Veterano M50	04:00:42	+01:39:46	09:38
27	336	FRANCISCO NETO	Individual	Veterano M50	04:05:40	+01:44:44	09:50

Veterano M55

1	349	José Campos	Individual	Veterano M55	02:40:18	06:25
2	347	Albino Sousa Abreu	Individual	Veterano M55	02:57:19	+17:01 07:06
3	78	António Teixeira	Clínica Dentária-Dr.Rui Couto e Dra Sofia Alves	Veterano M55	02:58:22	+18:04 07:08
4	414	Carlos Silva	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	Veterano M55	03:02:30	+22:12 07:18
5	348	Arnaldo Marinho	Individual	Veterano M55	03:15:06	+34:48 07:48
6	428	CARLOS RIPOLINS	RIPOLINS.COM EVENTOS	Veterano M55	03:19:03	+38:45 07:58
7	350	JOSÉ DUARTE	Individual	Veterano M55	03:22:24	+42:06 08:06
8	79	Serafim Ramos	Clube do Pessoal EDP - Porto	Veterano M55	03:36:00	+55:42 08:38
9	37	Mario Soares	All About	Veterano M55	03:46:23	+01:06:05 09:03
10	346	ALBINO FERREIRA	Individual	Veterano M55	04:23:46	+01:43:28 10:33
11	351	Manuel Moura	Individual	Veterano M55	04:25:23	+01:45:05 10:37

Veterano M60

1	352	Adriano Teixeira	Individual	Veterano M60	03:19:55	08:00
2	353	Agostinho Sousa	Individual	Veterano M60	03:29:20	+09:25 08:22
3	128	Candido Rocha	FAST AO KM	Veterano M60	04:11:05	+51:10 10:03
4	38	Fernando Paiva Santos	All About	Veterano M60	04:59:26	+01:39:31 11:59

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