

Col	Num	Nome	Equipa	Sx	Cat	Tempo	Média	Cat.
1.	409	Carlos Barbara	A. C. S. Mamede	M	Sen M	01:54:00,274	04:58	1
2.	411	Nélio Almeida	A. C. S. Mamede	M	Sen M	01:54:00,360	04:58	2
3.	565	Ricardo Carreira	GAC-Grupo Caranguejeira	M	Sen M	01:58:11,939	05:08	3
4.	536	Filipe Costa	ESTRELA CAMPO AVIACAO FC COVILHA	M	Sen M	02:03:38,594	05:23	4
5.	592	Tomás Estevães	Run.pt	M	S23M	02:07:45,662	05:33	1
6.	591	Luis Martins	AC Batalha	M	M35	02:08:19,690	05:35	1
7.	413	Samuel Reis	A. C. S. Mamede	M	Sen M	02:08:29,163	05:35	5
8.	576	João Ferreira	Porto de Mós a Correr	M	Sen M	02:09:41,628	05:38	6
9.	458	Luís Avelar	RÓÓDINHAS-Santos Silva/OXYGEN Gym & Fitness	M	M40	02:10:04,151	05:40	1
10.	502	José Figueira	CCRD Burinhosa	M	M45	02:11:53,873	05:44	1
11.	533	Luis Guarda	GAC-Grupo Caranguejeira	M	M50	02:13:23,314	05:48	1
12.	521	Rui João	Bombeiros Municipais Leiria	M	M35	02:14:42,679	05:52	2
13.	500	Narciso Cordeiro	""O PASTOR ARRIMALANO""	M	M50	02:14:51,796	05:52	2
14.	613	Sandro Jordão	RÓÓDINHAS-Santos Silva/OXYGEN Gym & Fitness	M	M35	02:15:23,293	05:53	3
15.	477	Tiago Ferreira	Clube Veteranos do Lis	M	Sen M	02:16:22,468	05:56	7
16.	446	Jorge Silva	GAU Bajouca	M	M50	02:16:38,953	05:56	3
17.	454	Cristóvão Ginja	TROLLS	M	M35	02:17:44,797	05:59	4
18.	438	Joaquim Santos	GAC-Grupo Caranguejeira	M	M45	02:18:29,007	06:01	2
19.	463	Diogo Cunha	RÓÓDINHAS-Santos Silva/OXYGEN Gym & Fitness	M	Sen M	02:18:40,005	06:02	8
20.	402	Luis Silva	GRF Benedita-Atletismo	M	Sen M	02:18:51,320	06:02	9
21.	459	Jorge Miguel	Porto de Mós a Correr	M	M40	02:19:08,171	06:03	2
22.	540	Abel Lopes	O nosso projecto	M	Sen M	02:19:24,203	06:04	10
23.	474	Gonçalo Lopes	Clube Veteranos do Lis	M	M35	02:19:36,637	06:04	5
24.	443	André Fernandes	GAU Bajouca	M	M40	02:19:45,767	06:05	3
25.	416	Valter Barreirinhas	OPSAS BA5	M	Sen M	02:21:25,449	06:09	11
26.	415	Ismael Costa	Free Runners	M	Sen M	02:21:25,489	06:09	12
27.	539	David Silva	os simonenses	M	M35	02:22:55,566	06:13	6
28.	566	Ricardo Marques	GAC-Grupo Caranguejeira	M	Sen M	02:23:06,798	06:13	13
29.	541	Jose Silva	Casa do Benfica em Abrantes	M	M55	02:23:15,252	06:14	1
30.	482	Paulo Cruz	CA Barreira	M	M45	02:23:43,763	06:15	3
31.	503	Andre Salgueiro	CCRD Burinhosa	M	Sen M	02:23:46,852	06:15	14
32.	548	Helder Matos	AC Batalha	M	M40	02:24:24,980	06:17	4
33.	440	Rui Cadete	Lama Solta	M	M35	02:24:42,175	06:17	7
34.	442	Dany Grilo	GAU Bajouca	M	Sen M	02:25:34,910	06:20	15
35.	425	Jorge Agostinho	CA Barreira	M	M55	02:25:40,807	06:20	2
36.	445	José Gonçalves	GAU Bajouca	M	M50	02:26:10,302	06:22	4
37.	560	Fernando Miguel		M	M45	02:26:19,672	06:22	4
38.	509	Tiago Tomás	CCRD Burinhosa	M	Sen M	02:26:27,074	06:22	16
39.	452	Nuno Vitorino	ADRM	M	Sen M	02:26:37,426	06:22	17
40.	473	Leandro Santos	Clube Veteranos do Lis	M	M35	02:27:07,181	06:24	8
41.	498	Frederico Carreira	AC Batalha	M	M35	02:27:15,370	06:24	9
42.	615	Filipa Casimiro	A. C. S. Mamede	F	Sen F	02:27:16,116	06:24	1
43.	550	Cristiano Ferreira	Porto de Mós a Correr	M	M35	02:27:35,974	06:25	10
44.	410	Carlos Cunha	A. C. S. Mamede	M	M40	02:28:08,131	06:26	5

Col	Num	Nome	Equipa	Sx	Cat	Tempo	Média	Cat.
45.	543	José Santos		M	M50	02:28:44,451	06:28	5
46.	519	Joao Bota		M	M40	02:28:49,982	06:28	6
47.	546	Fábio Silva	AC Batalha	M	Sen M	02:29:37,166	06:31	18
48.	481	Wilson Bastos		M	Sen M	02:31:04,162	06:34	19
49.	407	Adriano Campos	Pocariça Runners	M	M40	02:31:06,533	06:34	7
50.	511	Pedro Guerra	Moinhos	M	M40	02:31:13,863	06:34	8
51.	568	Luis Bento	GAC-Grupo Caranguejeira	M	M45	02:31:37,903	06:35	5
52.	534	Nelson Oliveira	Xiripititeam	M	M35	02:32:21,549	06:37	11
53.	437	André Crespo		M	Sen M	02:32:32,774	06:38	20
54.	467	Jorge Henriques	Lourival Bike Team	M	Sen M	02:32:53,109	06:39	21
55.	506	Paulo Duarte	CCRD Burinhosa	M	M50	02:32:59,926	06:39	6
56.	479	Tomé Lopes	Da-lhe Gas Team	M	Sen M	02:33:04,770	06:40	22
57.	462	Paulo Santos	Airbike	M	M45	02:33:11,248	06:40	6
58.	414	Nuno Ferreira	Fonte Nova Runners	M	M45	02:33:21,579	06:40	7
59.	485	Frederico Sismeiro	Os Intocáveis	M	M40	02:34:06,604	06:42	9
60.	418	Filipe Lima	Free Runners	M	M35	02:34:13,118	06:43	12
61.	453	Emanuel Lopes	Porto de Mós a Correr	M	M40	02:34:28,137	06:43	10
62.	472	Cristóvão Gomes	Clube Veteranos do Lis	M	M35	02:34:56,446	06:44	13
63.	464	Gonçalo Vieira	My team had a problem with the night!	M	Sen M	02:35:16,375	06:45	23
64.	504	Vanda Jerónimo	CCRD Burinhosa	F	F35	02:35:40,495	06:46	1
65.	478	Lino Silva	Lama Solta	M	Sen M	02:35:56,329	06:47	24
66.	557	Rui Ferreira	CRP Ribafria	M	M35	02:35:58,823	06:47	14
67.	567	Nelson Sousa	GAC-Grupo Caranguejeira	M	M40	02:36:22,633	06:48	11
68.	529	Norberto Rosa	Jaestrada	M	M40	02:36:25,153	06:48	12
69.	507	Carmen Almeida	CCRD Burinhosa	F	F35	02:36:28,258	06:48	2
70.	475	Vitor Godinho	Clube Veteranos do Lis	M	M40	02:36:58,408	06:49	13
71.	501	Mauricio Rodrigues	CCRD Burinhosa	M	M35	02:37:03,675	06:50	15
72.	450	António Carreira	ADRM	M	M40	02:37:17,903	06:50	14
73.	487	Hélder Pereira	Os Tolinhas	M	M45	02:37:18,592	06:50	8
74.	522	Saul Leite		M	Sen M	02:37:27,734	06:51	25
75.	520	Diogo Caseiro		M	Sen M	02:37:36,996	06:51	26
76.	587	Fernando Neves	Grupo Desportivo e Cultural Eirapedrense	M	M45	02:37:43,102	06:52	9
77.	447	Barqueiro HUGO	GAU Bajouca	M	M35	02:37:48,248	06:52	16
78.	401	Joana Paulo	GRF Benedita-Atletismo	F	Sen F	02:37:48,359	06:52	2
79.	406	Pedro Soares	Toupeiras Running Team	M	M35	02:37:54,066	06:52	17
80.	554	Hugo Horta	AC Batalha	M	M35	02:38:17,258	06:53	18
81.	427	Pedro Rodrigues	CA Barreira	M	M45	02:39:13,608	06:55	10
82.	466	Pedro Marques	Lama Solta	M	Sen M	02:40:22,699	06:58	27
83.	588	Jorge Gomes	Grupo Desportivo e Cultural Eirapedrense	M	M50	02:40:55,671	07:00	7
84.	512	Luís Silva	AMSGC-Silveirinha Claras	M	M45	02:40:56,569	07:00	11
85.	430	Hugo Feliciano		M	M35	02:41:31,360	07:01	19
86.	432	Bruno Pimenta	Free Runners	M	Sen M	02:41:42,628	07:02	28
87.	431	Sérgio Silva	Juventude Vidigalense	M	M40	02:42:29,681	07:04	15
88.	405	Virginia Simões		F	F40	02:43:11,372	07:05	1

Col	Num	Nome	Equipa	Sx	Cat	Tempo	Média	Cat.
89.	527	Sérgio Silva		M	M40	02:44:02,951	07:08	16
90.	489	Cândido Alves	CCD Crédito Agrícola	M	M45	02:44:27,211	07:09	12
91.	423	João Costa	Da-lhe Gas Team	M	Sen M	02:44:55,571	07:10	29
92.	488	Filipe Oliveira	Porto de Mós a Correr	M	Sen M	02:46:40,919	07:15	30
93.	589	Carlos Major	Grupo Desportivo e Cultural Eirapedrense	M	M55	02:46:54,882	07:16	3
94.	455	Patrícia Rodrigues	TROLLS	F	Sen F	02:46:57,304	07:16	3
95.	577	Capelle Fabrice		M	M60	02:47:03,606	07:16	1
96.	505	Anibal Silva	CCRD Burinhosa	M	M50	02:48:19,589	07:19	8
97.	419	Diogo Olival		M	Sen M	02:48:25,302	07:19	31
98.	531	Manuel Gaspar	Jaestrada	M	M50	02:48:52,351	07:20	9
99.	484	Paulo Pedras	Os Intocáveis	M	M40	02:49:13,234	07:22	17
100.	471	Vasco Marques	Clube Veteranos do Lis	M	M45	02:50:15,799	07:24	13
101.	448	Ramiro Rodrigues	GAU Bajouca	M	M60	02:50:42,883	07:25	2
102.	590	Henrique Simão	C.B./Viseu Running Team	M	M40	02:51:31,871	07:28	18
103.	460	Luis Pedrosa		M	M40	02:51:38,373	07:28	19
104.	480	Paulo Fernandes	GDI	M	M45	02:51:53,244	07:28	14
105.	582	Miguel Matias	CSCRFCCHARNECA	M	M40	02:51:59,267	07:29	20
106.	420	Gonçalo Lopes	Trilhos do Valado - BIR	M	M35	02:52:30,743	07:30	20
107.	517	Fábio Ferraz		M	Sen M	02:52:33,081	07:30	32
108.	544	Cristina Barros	SINMETRO	F	F40	02:52:35,748	07:30	2
109.	497	Pedro Rodrigues	Clube Veteranos do Lis	M	M50	02:52:56,477	07:31	10
110.	476	Jose Martins	Clube Veteranos do Lis	M	M50	02:53:48,941	07:34	11
111.	526	Raul Martins		M	M50	02:54:29,698	07:35	12
112.	547	Rafaela Moreira	AC Batalha	F	Sen F	02:54:43,368	07:36	4
113.	435	Humberto Farrier	Free Runners	M	M40	02:54:43,939	07:36	21
114.	495	Antero Rodrigues	Clube Veteranos do Lis	M	M45	02:54:44,680	07:36	15
115.	510	José Rato	CCRD Burinhosa	M	M55	02:55:00,975	07:37	4
116.	528	Paulo Dias	NEL - Pédatleta	M	Sen M	02:55:54,738	07:39	33
117.	518	Andreia Pires		F	Sen F	02:55:57,522	07:39	5
118.	523	Luís Ruivo		M	M40	02:56:03,073	07:39	22
119.	433	Hugo Fernandes	Free Runners	M	Sen M	02:57:35,766	07:43	34
120.	537	André Domingues	Fisiofute Trail Running	M	Sen M	02:58:57,191	07:47	35
121.	538	Luis Soares		M	Sen M	02:59:14,662	07:47	36
122.	434	Diogo Lisboa	Free Runners	M	Sen M	02:59:28,541	07:48	37
123.	421	João Santos	XX	M	M45	03:00:03,243	07:50	16
124.	524	Luis Afonso	STRENDURE RUNNING TEAM	M	M45	03:00:39,415	07:51	17
125.	465	Pedro Santos	Lama Solta	M	M35	03:01:41,810	07:54	21
126.	408	João Costa		M	Sen M	03:01:49,495	07:55	38
127.	449	Luís Marques	Lama Solta	M	Sen M	03:01:50,363	07:55	39
128.	563	Luís Oliveira	Lama Solta	M	Sen M	03:01:58,973	07:55	40
129.	422	Rui Gaspar		M	M45	03:04:51,452	08:02	18
130.	417	Paulo Mauricio		M	Sen M	03:05:24,290	08:04	41
131.	499	Diogo Crespo		M	Sen M	03:05:32,556	08:04	42
132.	535	Sergio Miranda	LizRunners	M	M50	03:06:22,236	08:06	13

Col	Num	Nome	Equipa	Sx	Cat	Tempo	Média	Cat.
133.	542	Miguel Marques		M	M45	03:06:30,723	08:07	19
134.	451	Fernando Passadouro	ADRM	M	Sen M	03:07:24,574	08:09	43
135.	456	Benilde Santos	TROLLS	F	F45	03:09:28,478	08:14	1
136.	570	Lino Moreira	Os TurboMula	M	M60	03:10:50,884	08:18	3
137.	559	Tânia Guiomar	Pipocas	F	Sen F	03:11:12,232	08:19	6
138.	551	Fred Lisboa	A.R.Meirinhas	M	M40	03:11:33,257	08:20	23
139.	572	António Ferreira		M	M45	03:12:19,715	08:22	20
140.	439	Pedro Batista	Clube de atletismo da Nazaré	M	M35	03:14:12,981	08:26	22
141.	564	Ana Gomes	LizRunners	F	F40	03:14:41,244	08:28	3
142.	508	Luís Conceição	CCRD Burinhosa	M	M55	03:14:42,582	08:28	5
143.	513	Ricardo Nogueira	Os Lesmas	M	M35	03:14:48,338	08:28	23
144.	574	Tina Silva	Juventude Vidigalense	F	F55	03:15:43,920	08:31	1
145.	611	Leandro Santos		M	M60	03:20:36,677	08:43	4
146.	457	José Bertolino		M	M55	03:22:47,893	08:49	6
147.	623	Nuno Oliveira	Surias do Trail	M	Sen M	03:24:43,775	08:54	44
148.	496	Paula Rodrigues	Clube Veteranos do Lis	F	F45	03:27:30,670	09:01	2
149.	561	Nuno Fernandes	OPraticante.pt	M	M40	03:31:44,139	09:13	24
150.	562	Zina Fernandes	OPraticante.pt	F	F40	03:31:51,307	09:13	4
151.	581	Carlos Conceição	CSCRFCHARNECA	M	M45	03:35:35,290	09:22	21
152.	469	Ana Martins	Clube Veteranos do Lis	F	F45	03:37:05,229	09:26	3
153.	553	Joel Valente	NEL - Pédatleta	M	M40	03:37:44,355	09:28	25
154.	483	Sonia Vieira	CCRD Burinhosa	F	F35	03:38:10,516	09:29	3
155.	585	Bruno Lima	CSCRFCHARNECA	M	M40	03:38:54,082	09:31	26
156.	552	David Carreira		M	Sen M	03:40:24,703	09:35	45
157.	468	Miguel Baltazar	Clube SEM	M	M35	03:42:58,472	09:41	24
158.	583	Pascoal Oliveira	CSCRFCHARNECA	M	M45	03:50:23,177	10:01	22
159.	514	Rogério Duarte	Os Lesmas	M	M35	03:51:10,095	10:03	25
160.	441	Luísa Areia	GAU Bajouca	F	Sen F	03:53:08,328	10:08	7
161.	532	Gilvania Gaspar	Jaestrada	F	F35	03:58:26,007	10:22	4
162.	530	Elisabete Pereira	Jaestrada	F	F40	03:58:26,049	10:22	5
163.	571	Sebastião Santos	CAFZ	M	M50	04:00:40,321	10:28	14
164.	545	Susana Bértolo	Os Tolinhas	F	F45	04:00:53,491	10:28	4
165.	584	Arlindo Oliveira	CSCRFCHARNECA	M	M50	04:13:10,203	11:01	15
166.	515	Tiago Vieira		M	Sen M	04:25:21,765	11:32	46
167.	516	Joana Silva		F	Sen F	04:28:31,176	11:40	8
168.	555	Dulcina Ferreira		F	F35	05:13:37,589	13:38	5
169.	556	Paula Marcelino		F	F35	05:13:38,173	13:38	6