

Lugar	Dorsal	Nome		Equipa	Sexo	Escalão	Inter	Tempo	Chip	Média	Cat.
1.	380	Mario FONSECA		NAST	Male	TL SEN M	01:27:21	2:34:33.470	2:34:33.470	05:09	1
2.	167	Pedro RIBEIRO		Vitória FC Trail Running	Male	TL SEN M	01:26:59	2:37:04.130	2:37:04.130	05:14	2
3.	329	Leonel CUNHA		TRAIL TEAM BIFASE	Male	TL SEN M	01:30:14	2:39:07.740	2:39:07.740	05:18	3
4.	224	Nelson SANTOS		Dão Nelas Runners	Male	TL M 40	01:27:52	2:40:05.420	2:40:05.420	05:20	1
5.	231	Filipe COSTA		Clube Desportivo de Espite	Male	TL SEN M	01:31:14	2:43:10.570	2:43:10.270	05:26	4
6.	394	Bruno FERREIRA		Team Lantermil	Male	TL SEN M	01:27:52	2:43:47.220	2:43:47.220	05:28	5
7.	331	António FERREIRA		Runners do Demo	Male	TL M 45	01:31:37	2:44:06.070	2:44:06.070	05:28	1
8.	367	Pedro ROCHA		Retorta - Quinta das Arcas	Male	TL SEN M	01:34:38	2:48:09.380	2:48:09.380	05:36	6
9.	33	Marco FARIA		Dá-lhe Gás Trail Team Fisioduo	Male	TL M 40	01:31:33	2:49:59.520	2:49:59.520	05:40	2
10.	187	Paulo PALHINHA		AR Casaense/Escola Atletismo Coimbra/Intermarché Condeixa	Male	TL SEN M	01:31:23	2:51:28.790	2:51:28.790	05:43	7
11.	309	Vitor COSTA		A.D. Amarante Trail Running	Male	TL M 40	01:34:39	2:51:56.390	2:51:56.390	05:44	3
12.	366	Nelson TEIXEIRA		NAST	Male	TL SEN M	01:36:48	2:52:30.560	2:52:26.280	05:45	8
13.	358	Germano FIGUEIRA			Male	TL SEN M	01:38:02	2:54:51.960	2:54:46.660	05:50	9
14.	363	Davide MARQUES		AMCF - Arrábida Trail Team	Male	TL SEN M	01:37:03	2:55:49.250	2:55:48.530	05:52	10
15.	234	Miguel RIBEIRO		ZONA ALTA TRAIL	Male	TL M 40	01:39:03	2:57:10.730	2:57:10.730	05:55	4
16.	104	João CRUZ		CB Run	Male	TL SEN M	01:36:51	2:57:50.960	2:57:50.960	05:56	11
17.	181	Victor CORREIA		EDV - Viana Trail	Male	TL M 45	01:35:55	2:58:30.010	2:58:30.010	05:57	2
18.	111	Márcio PEREIRA		AR Casaense/Escola Atletismo Coimbra/Intermarché Condeixa	Male	TL M 40	01:41:23	2:59:09.820	2:59:09.820	05:58	5
19.	112	Nelson COSTA		AR Casaense/Escola Atletismo Coimbra/Intermarché Condeixa	Male	TL M 40	01:41:16	2:59:14.540	2:59:14.540	05:58	6
20.	34	Nuno NUNES		Dá-lhe Gás Trail Team Fisioduo	Male	TL SEN M	01:39:49	3:00:46.540	3:00:46.540	06:02	12
21.	150	Carlos FERNANDES		CA Barreira	Male	TL SEN M	01:37:56	3:01:15.060	3:01:11.320	06:02	13
22.	395	Rui SILVA		VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Male	TL SEN M	01:37:16	3:01:21.560	3:01:21.560	06:02	14
23.	253	Micael COSTA		Clube Desportivo de Espite	Male	TL SEN M	01:40:50	3:01:47.930	3:01:47.050	06:04	15
24.	29	Carlos FERREIRA		BTT Alegria // TUBANI	Male	TL M 40	01:40:46	3:02:08.320	3:02:06.220	06:04	7
25.	245	Ricardo MORDOMO		Clube Desportivo de Espite	Male	TL SEN M	01:40:03	3:02:32.650	3:02:32.650	06:05	16
26.	204	Paulo ESTEVES		Dão Nelas Runners	Male	TL SEN M	01:41:16	3:03:56.420	3:03:55.490	06:08	17
27.	316	Tiago PINTO		Douroconta - Gabinete de Apoio e Contabilidade	Male	TL SEN M	01:37:31	3:04:16.530	3:04:15.960	06:08	18
28.	138	André MACHADO		Adosa-Os Santa Apolónia	Male	TL SEN M	01:39:30	3:05:43.050	3:05:42.190	06:11	19
29.	188	Ricardo AGUIAR		AR Casaense/Escola Atletismo Coimbra/Intermarché Condeixa	Male	TL M 45	01:41:39	3:05:54.380	3:05:54.380	06:12	3
30.	123	Joaquim DUARTE		Dá-lhe Gás Trail Team Fisioduo	Male	TL SEN M	01:43:07	3:05:55.450	3:05:48.120	06:12	20
31.	110	Eduardo MOREIRA		AR Casaense/Escola Atletismo Coimbra/Intermarché Condeixa	Male	TL M 40	01:41:56	3:06:01.070	3:06:01.070	06:12	8
32.	182	Tiago TEIXEIRA		EDV - Viana Trail	Male	TL SEN M	01:41:14	3:07:03.740	3:07:03.740	06:14	21
33.	78	Carlos SIMÕES		ARSM - Associação Recreativa de S. Miguel	Male	TL M 50	01:42:20	3:07:19.410	3:07:19.410	06:14	1
34.	106	Carlos BARBOSA		Global Trail	Male	TL M 40	01:42:26	3:07:37.180	3:07:37.180	06:15	9
35.	306	Miguel NETO		Furfor	Male	TL SEN M	01:39:48	3:08:03.850	3:08:03.850	06:16	22
36.	171	Nuno RAPOSO			Male	TL M 40	01:45:32	3:08:25.740	3:08:25.740	06:17	10
37.	265	Carlos VIEIRA		A D Sebolido Trail Boneca Douro	Male	TL SEN M	01:37:00	3:08:28.440	3:08:27.300	06:17	23
38.	222	Cláudio ROÇAS		Dão Nelas Runners	Male	TL SEN M	01:43:05	3:10:31.060	3:10:31.060	06:21	24
39.	228	Manuel COSTA		DCI - Trilhos Luso Bussaco	Male	TL M 60	01:43:50	3:10:39.430	3:10:39.430	06:22	1
40.	347	Filipe PINTO		BTT Alegria // TUBANI	Male	TL SEN M	01:41:12	3:10:49.370	3:10:47.700	06:22	25
41.	350	Paula SOARES		A.D. Amarante Trail Running	Female	TL SEN F	01:46:38	3:11:22.680	3:11:22.680	06:23	1
42.	172	Luís NARCISO		O MUNDO DA CORRIDA	Male	TL SEN M	01:46:26	3:15:08.740	3:15:07.550	06:30	26
43.	419	Hugo ARAUJO		Alveolos	Male	TL SEN M	01:45:00	3:15:36.300	3:15:36.300	06:31	27
44.	335	José MENESES		Nocturnos de Paredes	Male	TL M 40	01:43:49	3:15:37.950	3:15:37.950	06:31	11
45.	247	Joao RIBEIRO		ORALKLASS-AMIGOS DO TRAIL	Male	TL SEN M	01:40:54	3:16:18.010	3:16:16.100	06:32	28
46.	31	Abilio MARTINS		Dá-lhe Gás Trail Team Fisioduo	Male	TL M 45	01:41:41	3:17:09.730	3:17:09.730	06:34	4
47.	377	Eusebio FERNANDES		Clube Atletismo Fafe	Male	TL M 40	01:45:03	3:17:44.170	3:17:44.170	06:35	12

Lugar	Dorsal	Nome	Equipa	Sexo	Escalão	Inter	Tempo	Chip	Média	Cat.
48.	134	Gilberto PIMENTA	ORALKLASS-AMIGOS DO TRAIL	Male	TL SEN M	01:46:33	3:18:34.060	3:18:34.060	06:37	29
49.	287	Pedro VIANA	Factor X / S4L / Medense FC	Male	TL SEN M	01:52:30	3:20:34.156	3:20:11.186	06:41	30
50.	370	Cristina COUCEIRO	ARSM - Associação Recreativa de S. Miguel	Female	TL F 40	01:52:37	3:20:57.740	3:20:57.740	06:42	1
51.	203	Tony FIGUEIREDO	Dão Nelas Runners	Male	TL SEN M	01:46:59	3:21:34.570	3:21:34.050	06:43	31
52.	323	Antonio PINTO	BTT Alegria // TUBANI	Male	TL M 40	01:43:04	3:21:41.890	3:21:41.280	06:43	13
53.	378	Rui POVO	Clube Atletismo Fafe	Male	TL M 45	01:45:01	3:23:49.430	3:23:49.270	06:47	5
54.	57	José MACHADO	Viseu Running Team	Male	TL SEN M	01:48:56	3:23:51.400	3:23:47.190	06:48	32
55.	170	Bernardino PINTO	SiM Summit	Male	TL SEN M	01:50:08	3:23:58.460	3:23:58.460	06:48	33
56.	315	Pedro TAPADAS	Douroconta - Gabinete de Apoio e Contabilidade	Male	TL SEN M	01:37:33	3:24:20.980	3:24:20.500	06:49	34
57.	282	Maria FERREIRO	Boavista Trail	Female	TL SEN F	01:52:09	3:24:31.370	3:24:31.370	06:49	2
58.	210	António MAIA	Team Trail Bem Viver	Male	TL SEN M	01:51:39	3:25:51.900	3:25:44.790	06:52	35
59.	39	Carlos PRUDENCIO	Dá-lhe Gás Trail Team Fisioduo	Male	TL SEN M	01:47:36	3:26:20.460	3:26:12.980	06:53	36
60.	271	Marco PINTO	Bravos Runners	Male	TL SEN M	01:48:16	3:26:21.110	3:26:18.770	06:53	37
61.	59	Paulo CASTRO	Clube Efacec	Male	TL SEN M	01:50:10	3:26:50.360	3:26:45.390	06:53	38
62.	250	Nuno OLIVEIRA	Moinhos da Gândara Trail	Male	TL SEN M	01:51:01	3:27:25.780	3:27:18.790	06:55	39
63.	246	José PAIVA	Caes D'Avenida	Male	TL M 50	01:53:35	3:28:31.200	3:28:30.410	06:57	2
64.	341	João LEAL	OFRUNNING	Male	TL SEN M	01:46:27	3:28:59.340	3:28:55.590	06:58	40
65.	215	Paulo RIBEIRO	Apúlia a Correr	Male	TL SEN M	01:53:41	3:30:02.690	3:29:52.010	07:00	41
66.	217	Luís MAGALHÃES	Boavista Trail	Male	TL SEN M	01:54:32	3:30:06.090	3:30:06.090	07:00	42
67.	373	Ivo BARBOSA	Devasta Trilhos	Male	TL SEN M	01:50:59	3:30:49.740	3:30:49.740	07:02	43
68.	345	Filipe FERNANDES	Palmeira Runners	Male	TL SEN M	01:53:44	3:30:52.870	3:30:51.940	07:02	44
69.	403	Alice LOPES	GINASIO FIT4FUN	Female	TL F 40	01:53:43	3:31:31.280	3:31:31.280	07:03	2
70.	301	Frank FRITSCHÉ		Male	TL M 40	01:53:09	3:31:58.620	3:31:49.190	07:04	14
71.	161	Nuno GUIMARÃES	Trogloditas runners	Male	TL SEN M	01:53:16	3:32:03.390	3:32:03.390	07:04	45
72.	252	Adelino SILVA	Retorta - Quinta das Arcas	Male	TL M 45	01:47:01	3:32:30.340	3:32:30.340	07:05	6
73.	199	Carlos SILVA	Clube Trilheiros & Amigos	Male	TL M 50	01:55:02	3:32:34.890	3:32:28.160	07:05	3
74.	186	Joel SIMPLÍCIO	Dr. Runner's Team	Male	TL SEN M	01:51:04	3:32:51.120	3:32:38.150	07:06	46
75.	32	Carlos CUNHA	Dá-lhe Gás Trail Team Fisioduo	Male	TL SEN M	01:52:07	3:33:30.500	3:33:24.790	07:07	47
76.	26	André SILVA		Male	TL SEN M	01:50:57	3:33:42.240	3:33:32.010	07:07	48
77.	270	Pedro PINHO	EDV - Viana Trail	Male	TL M 40	01:55:33	3:34:08.660	3:34:08.110	07:08	15
78.	327	Ricardo CARREIRA		Male	TL SEN M	01:50:04	3:35:53.970	3:35:50.850	07:12	49
79.	357	Bruno RIBEIRO	ÁGUIAS DE ALVELOS	Male	TL SEN M	02:04:22	3:37:15.890	3:36:51.080	07:14	50
80.	74	Vasco SOUSA	Coimbra Trail Running	Male	TL M 50	01:54:55	3:38:29.990	3:38:14.750	07:17	4
81.	10	Pedro SILVA	CB Run	Male	TL M 40	01:58:59	3:38:47.660	3:38:43.830	07:17	16
82.	354	Paulo RIBEIRO	Adosa-Os Santa Apolónia	Male	TL M 45	02:00:11	3:39:03.050	3:38:59.820	07:18	7
83.	101	Leandro PACHECO	Associação Desportiva Monte dos Amigos	Male	TL M 40	01:56:38	3:39:46.250	3:39:27.520	07:20	17
84.	368	Sérgio GOMES	Os Preguiças Team	Male	TL M 40	01:58:28	3:40:18.550	3:40:17.930	07:20	18
85.	107	Mario MELO	Galhardos Runners	Male	TL M 40	01:58:24	3:40:27.960	3:40:22.850	07:21	19
86.	324	Maria RAMOS	DCI - Trilhos Luso Bussaco	Female	TL SEN F	02:04:25	3:40:28.130	3:40:27.100	07:21	3
87.	221	Daniel TERRA	Factor X / S4L / Medense FC	Male	TL SEN M	01:57:39	3:41:04.650	3:41:02.420	07:22	51
88.	313	Eliseu LEITE	Lobos de Monte run	Male	TL M 40	01:58:27	3:42:26.940	3:42:24.260	07:25	20
89.	311	Carlos COSTA	Aliança de Gandra	Male	TL SEN M	01:51:29	3:42:36.010	3:42:36.010	07:25	52
90.	65	Filipe LEMOS	NorTrail	Male	TL M 40	01:51:27	3:44:00.520	3:44:00.520	07:28	21
91.	19	Tony GRAÇA	DCI - Trilhos Luso Bussaco	Male	TL M 55	03:24:55	3:44:04.010	3:43:54.320	07:28	1
92.	17	Jorge LOPES	Equipa A	Male	TL M 40	01:57:16	3:44:22.680	3:44:20.530	07:29	22
93.	393	Vítor CARDOSO	TOG - Trinca Orelhas de Gato	Male	TL M 40	02:53:05	3:44:26.580	3:44:16.270	07:29	23
94.	339	Antonio TELES	Clube Trilheiros & Amigos	Male	TL M 40	01:53:09	3:45:27.550	3:45:20.680	07:31	24

Lugar	Dorsal	Nome	Equipa	Sexo	Escalão	Inter	Tempo	Chip	Média	Cat.
95.	128	Amândio FREITAS	EDV - Viana Trail	Male	TL SEN M	01:49:46	3:45:37.650	3:45:37.650	07:31	53
96.	83	Nuno PEREIRA	Clube OGMA	Male	TL M 40	01:57:24	3:45:51.680	3:45:47.680	07:32	25
97.	85	Carlos JESUS	Associação Beat Your Limit!	Male	TL M 40	01:57:28	3:45:54.060	3:45:52.500	07:32	26
98.	299	José PINHEIRO	A.D. Amarante Trail Running	Male	TL M 45	02:00:05	3:46:02.360	3:46:01.650	07:32	8
99.	237	Nuno BAPTISTA	Adosa-Os Santa Apolónia	Male	TL SUB23 M	01:58:30	3:46:18.590	3:46:14.450	07:32	1
100.	99	António SIMÕES	Rx Runners	Male	TL M 40	02:01:01	3:47:16.880	3:47:05.510	07:35	27
101.	220	José PINTO	Douroconta - Gabinete de Apoio e Contabilidade	Male	TL SEN M	02:01:11	3:47:25.160	3:47:22.350	07:35	54
102.	212	Pedro CARNEIRO	Team Trail Bem Viver	Male	TL SEN M	01:56:48	3:47:42.680	3:47:34.120	07:35	55
103.	218	Helder BARBOSA	Boavista Trail	Male	TL SEN M	01:57:07	3:47:44.640	3:47:44.640	07:35	56
104.	369	Nuno PINHO	SiM Summit	Male	TL SEN M	02:01:46	3:47:53.070	3:47:49.920	07:36	57
105.	257	Bruno FONTÃO	Trilhos D'Aventura	Male	TL SEN M	02:04:44	3:47:57.460	3:47:41.470	07:36	58
106.	361	Filipe MACHADO		Male	TL SEN M	02:01:50	3:48:13.220	3:48:13.220	07:37	59
107.	362	Paulo NETA	Clube Zupper	Male	TL M 45	02:06:53	3:48:49.230	3:48:36.570	07:38	9
108.	213	Marta SILVA	Boavista Trail	Female	TL F 45	02:06:59	3:48:52.340	3:48:52.340	07:38	1
109.	147	João BARBOSA	Global Trail	Male	TL SUB23 M	01:59:47	3:49:21.340	3:49:21.340	07:38	2
110.	214	Luís GOMES		Male	TL SEN M	02:05:32	3:49:43.150	3:49:22.050	07:40	60
111.	251	Paulo COELHO	Clube Atletismo Fafe	Male	TL M 45	02:01:47	3:50:10.890	3:50:10.890	07:40	10
112.	113	Alcino SANTOS	Vertical Navis	Male	TL M 55	02:03:22	3:51:07.320	3:51:01.610	07:42	2
113.	79	Horácio CAETANO	Alquimia Health Club	Male	TL M 40	02:03:29	3:51:19.470	3:51:00.890	07:43	28
114.	238	Bruno FERNANDES	Boavista Trail	Male	TL SEN M	01:59:51	3:51:37.590	3:51:37.590	07:43	61
115.	268	Marcos RIBEIRO		Male	TL SEN M	02:01:54	3:52:01.810	3:51:45.930	07:44	62
116.	58	David GONÇALVES	Factor X / S4L / Medense FC	Male	TL SEN M	01:54:58	3:52:09.870	3:51:59.540	07:44	63
117.	286	Nuno BARROS	Factor X / S4L / Medense FC	Male	TL SEN M	02:07:20	3:52:20.310	3:52:14.850	07:44	64
118.	109	Rui SOUSA	Palmeira Runners	Male	TL SUB23 M	02:04:49	3:52:39.100	3:52:21.290	07:46	3
119.	162	António SILVA	EDV - Viana Trail	Male	TL SEN M	02:03:16	3:52:49.380	3:52:48.800	07:46	65
120.	312	Agostinho NEVES	Juventude Desportiva de Gondomar	Male	TL M 60	02:01:44	3:53:24.040	3:53:20.700	07:47	2
121.	303	Pedro NEVES	Juventude Desportiva de Gondomar	Male	TL SEN M	01:58:03	3:53:26.100	3:53:21.320	07:47	66
122.	100	Alexandre LEITE	Juventude Cortegacense	Male	TL SEN M	02:08:37	3:53:27.530	3:53:10.890	07:47	67
123.	183	Paulo COSTA		Male	TL M 50	02:08:53	3:53:34.550	3:53:14.330	07:47	5
124.	63	Rodrigo VIEIRA	100 Gás trail team	Male	TL SUB23 M	02:02:36	3:54:12.560	3:54:06.350	07:49	4
125.	93	Estela MARTINHO	AMCF - Arrábida Trail Team	Female	TL SEN F	02:05:26	3:54:20.420	3:54:20.420	07:49	4
126.	45	Nelson VILELA	FigueiróFit	Male	TL SEN M	02:10:31	3:54:33.570	3:54:19.480	07:49	68
127.	125	Fernando RODRIGUES		Male	TL M 45	02:10:34	3:54:57.630	3:54:43.140	07:50	11
128.	206	Paulo PINTO	ARSM - Associação Recreativa de S. Miguel	Male	TL M 40	01:57:46	3:55:23.630	3:55:19.830	07:51	29
129.	209	Rui MADUREIRA	Team Trail Bem Viver	Male	TL SEN M	02:08:13	3:55:27.080	3:55:20.700	07:51	69
130.	166	Paulo COSTA		Male	TL M 40	02:02:19	3:55:32.560	3:55:30.040	07:51	30
131.	116	Dário SILVA	Boavista Trail	Male	TL M 40	02:01:10	3:56:01.070	3:56:01.070	07:52	31
132.	338	Flávio SILVA	OFRUNNING	Male	TL SEN M	02:06:40	3:56:21.060	3:56:14.590	07:53	70
133.	211	Bruno GONCALVES	Team Trail Bem Viver	Male	TL SEN M	02:06:06	3:57:27.090	3:57:20.620	07:55	71
134.	87	João MOITA	Associação Beat Your Limit!	Male	TL SEN M	01:55:48	3:57:30.420	3:57:28.960	07:55	72
135.	140	Alfredo COSTA	oursense	Male	TL M 60	02:05:02	3:58:54.340	3:58:54.340	07:58	3
136.	21	Hermenegildo MENDES	Gondomar Futsal Clube	Male	TL SEN M	02:03:36	3:59:28.860	3:59:04.550	07:59	73
137.	151	Rui GOMES	Hora do Lobo Trail - CF Perosinho Atletismo	Male	TL SEN M	02:05:55	4:00:04.040	3:59:37.200	08:00	74
138.	351	Andre LOPES	Os Sarrotes	Male	TL SEN M	02:11:38	4:00:37.250	4:00:17.100	08:01	75
139.	274	Fernando GOMES	Kemedo Team	Male	TL M 45	02:06:32	4:00:46.860	4:00:36.530	08:02	12
140.	254	André CARDÃO		Male	TL SEN M	02:15:00	4:00:50.110	4:00:29.110	08:02	76
141.	27	Mario CARIDADE	COA / CORVUS TRAIL TEAM	Male	TL SEN M	02:08:24	4:00:51.000	4:00:51.000	08:02	77

Lugar	Dorsal	Nome	Equipa	Sexo	Escalão	Inter	Tempo	Chip	Média	Cat.
142.	86	Ivo SANTOS	Associação Beat Your Limit!	Male	TL SEN M	02:04:17	4:02:07.350	4:02:04.840	08:04	78
143.	226	Nuno SALVADOR	Dão Nelas Runners	Male	TL M 40	02:03:05	4:02:58.340	4:02:57.830	08:06	32
144.	173	Carla SANTOS	Montanha Clube Trail Running / EFAPEL	Female	TL SEN F	02:03:28	4:03:00.900	4:03:00.900	08:06	5
145.	75	Pedro CASTRO	Clube Efacec	Male	TL SEN M	02:05:39	4:03:07.920	4:02:58.410	08:06	79
146.	25	José SEQUEIRA	Montanha Clube Trail Running / EFAPEL	Male	TL SEN M	02:03:09	4:03:08.010	4:03:08.000	08:06	80
147.	77	Sérgio PEREIRA	Aliança de Gandra	Male	TL M 40	02:14:25	4:03:11.700	4:03:01.670	08:07	33
148.	290	Carlos AZEVEDO	Factor X / S4L / Medense FC	Male	TL SEN M	02:11:59	4:04:06.090	4:04:04.230	08:08	81
149.	137	Filipe SALTÃO	ACDRS QUINHENDROS	Male	TL SEN M	02:11:04	4:04:38.360	4:04:36.310	08:09	82
150.	319	Manuel COSTA	Retorta - Quinta das Arcas	Male	TL M 40	02:12:54	4:04:42.610	4:04:32.620	08:10	34
151.	30	Fabio SANTOS	HsantaMariaRT	Male	TL SEN M	02:11:10	4:04:43.210	4:04:33.790	08:10	83
152.	340	Pedro ROCHA	OFRUNNING	Male	TL SEN M	02:15:13	4:04:46.950	4:04:39.670	08:10	84
153.	47	Tiago LOUREIRO		Male	TL SEN M	02:13:03	4:05:36.110	4:05:17.250	08:11	85
154.	342	Rui PEREIRA	OFRUNNING	Male	TL M 40	02:13:11	4:05:49.780	4:05:37.300	08:11	35
155.	240	Rogério HORTA	COA / CORVUS TRAIL TEAM	Male	TL M 45	02:13:59	4:05:51.090	4:05:43.770	08:12	13
156.	256	Carla REIS	ARSM - Associação Recreativa de S. Miguel	Female	TL F 45	02:13:19	4:06:07.080	4:05:56.690	08:12	2
157.	46	José MESQUITA		Male	TL M 50	02:19:54	4:06:33.090	4:06:15.310	08:13	6
158.	325	Fernando OLIVEIRA	Hora do Lobo Trail - CF Perosinho Atletismo	Male	TL M 60	02:10:44	4:07:02.410	4:06:41.380	08:14	4
159.	35	Vítor NUNO	Dá-lhe Gás Trail Team Fisioduo	Male	TL SEN M	02:20:02	4:07:20.250	4:07:12.890	08:14	86
160.	64	Eliana RAIMUNDO	100 Gás trail team	Female	TL SEN F	02:18:51	4:07:28.290	4:07:22.380	08:15	6
161.	174	Fábio RODRIGUES	Boavista Trail	Male	TL SEN M	02:13:12	4:08:20.590	4:08:13.230	08:17	87
162.	168	Manuel CARRIÇO	Lobos de Monte run	Male	TL M 55	02:06:45	4:09:37.200	4:09:33.910	08:19	3
163.	132	Rúben ALVES	CarpeDiemTrailRunning	Male	TL M 40	02:12:51	4:10:06.500	4:09:57.240	08:20	36
164.	197	Pedro BARBOSA		Male	TL M 50	02:14:13	4:10:12.130	4:10:12.130	08:20	7
165.	164	Hélder SOARES	Bruxos Runners	Male	TL M 40	02:17:11	4:10:22.470	4:10:17.560	08:21	37
166.	69	João NEPOMUCENO	Dá-lhe Gás Trail Team Fisioduo	Male	TL M 45	02:18:50	4:11:16.220	4:11:09.310	08:23	14
167.	236	Gomes RICARDO		Male	TL SEN M	02:24:19	4:11:21.030	4:11:00.130	08:23	88
168.	259	Joao MACHADO	Global Trail	Male	TL SUB23 M	02:09:15	4:11:21.410	4:11:18.550	08:23	5
169.	272	Pedro MARQUES	Kemedo Team	Male	TL SEN M	02:19:37	4:11:31.830	4:11:16.290	08:23	89
170.	302	Milton RODRIGUES		Male	TL M 40	02:21:56	4:12:02.150	4:11:33.930	08:24	38
171.	163	Paulo GOMES	Team Lantermil	Male	TL M 40	02:06:14	4:12:29.150	4:12:07.580	08:25	39
172.	127	Artur ALMEIDA		Male	TL M 50	02:15:18	4:12:36.560	4:12:19.970	08:25	8
173.	88	Pedro MACHADO	Shots International Runners	Male	TL M 40	02:22:29	4:12:40.120	4:12:26.820	08:25	40
174.	191	Fernando SANTOS	GTT - Armazém do Caffè	Male	TL M 50	02:15:56	4:12:50.010	4:12:33.230	08:26	9
175.	266	Agostinho COSTA	Dá-lhe Gás Trail Team Fisioduo	Male	TL M 40	02:07:42	4:13:09.950	4:13:09.950	08:26	41
176.	349	Márcio CASTRO	A.D. Amarante Trail Running	Male	TL SEN M	02:08:21	4:15:16.950	4:15:11.650	08:31	90
177.	277	Laurindo OSORIO	Kemedo Team	Male	TL M 45	02:15:10	4:15:18.960	4:15:07.830	08:31	15
178.	308	José MENESES	Clube Efacec	Male	TL M 40	02:10:36	4:15:25.120	4:15:21.210	08:31	42
179.	90	Joaquim LEITE	Leões de Tardariz Trail	Male	TL M 55	02:12:28	4:16:53.890	4:16:41.280	08:34	4
180.	388	Jorge MESQUITA	TOG - Trinca Orelhas de Gato	Male	TL M 40	02:12:05	4:17:13.690	4:17:13.690	08:34	43
181.	261	Bruno BARROS	A D Sebolido Trail Boneca Douro	Male	TL SEN M	02:19:20	4:17:14.690	4:17:05.210	08:34	91
182.	9	Roberto CANEIRA	SCD Glória do Ribatejo	Male	TL M 45	02:19:40	4:17:53.480	4:17:39.800	08:36	16
183.	383	Ana PINTO	TOG - Trinca Orelhas de Gato	Female	TL F 45	02:19:09	4:18:02.260	4:18:01.660	08:36	3
184.	280	José ORGANISTA		Male	TL M 45	02:20:02	4:18:55.580	4:18:34.170	08:38	17
185.	244	Dina ROCHA	ARSM - Associação Recreativa de S. Miguel	Female	TL F 40	02:21:42	4:19:22.690	4:19:09.420	08:39	3
186.	133	Miguel BARNABÉ	Vertical Navis	Male	TL M 50	02:19:07	4:22:11.950	4:22:02.960	08:44	10
187.	255	Amadeu OSTEOPATA	Global Trail	Male	TL M 50	02:13:10	4:22:23.960	4:22:21.180	08:45	11
188.	317	Paula ALMEIDA	PaçoSprint	Female	TL SEN F	02:22:13	4:22:53.070	4:22:35.530	08:46	7

Lugar	Dorsal	Nome	Equipa	Sexo	Escalão	Inter	Tempo	Chip	Média	Cat.
189.	269	Humberto PINHO	Porto Sentido Runners	Male	TL M 60	02:21:12	4:23:06.770	4:22:59.150	08:46	5
190.	385	Vicente SOUSA	TOG - Trinca Orelhas de Gato	Male	TL M 40	02:19:14	4:25:16.400	4:25:15.060	08:50	44
191.	225	Jose COSTA	Runners do Demo	Male	TL M 50	02:17:25	4:25:17.970	4:24:56.670	08:50	12
192.	262	Beatriz ALVES	DCI - Trilhos Luso Bussaco	Female	TL SUB23 F	02:08:56	4:25:18.770	4:25:18.770	08:50	1
193.	348	Ricardo SOUSA	A.D. Amarante Trail Running	Male	TL SEN M	02:19:23	4:25:20.950	4:25:12.270	08:50	92
194.	84	Eduardo XAVIER	Devasta Trilhos	Male	TL M 40	02:00:10	4:25:48.850	4:25:48.850	08:52	45
195.	119	Daniel MENDES	Gondomar Futsal Clube	Male	TL SEN M	02:28:22	4:25:51.120	4:25:25.930	08:52	93
196.	89	Cesar SOUSA		Male	TL M 40	02:19:17	4:25:56.000	4:25:38.350	08:52	46
197.	124	Ricardo PIRES	Dá-lhe Gás Trail Team Fisioduo	Male	TL M 40	02:18:57	4:25:56.880	4:25:47.990	08:52	47
198.	179	Carlos PALAIO	GRVilaverdense	Male	TL M 45	02:26:54	4:26:25.100	4:26:16.760	08:53	18
199.	56	Nelson AMARAL		Male	TL SEN M	02:21:44	4:26:27.410	4:26:15.810	08:53	94
200.	142	Paula OLIVEIRA	GRV trail	Female	TL F 45	02:21:35	4:26:28.040	4:26:20.260	08:53	4
201.	2	José MENDES	Gondomar Futsal Clube	Male	TL M 55	02:24:37	4:26:33.840	4:26:08.870	08:53	5
202.	305	Joao OLIVEIRA	Juventude Cortegacense	Male	TL M 40	02:22:56	4:29:31.200	4:29:11.590	08:59	48
203.	193	Joao SILVA	Clube Millennium bcp	Male	TL M 50	02:29:03	4:29:42.300	4:29:26.080	08:59	13
204.	102	Joaquim LOBATO	Running Espinho	Male	TL M 50	02:19:55	4:29:46.690	4:29:32.820	08:59	14
205.	284	Ernesto ALVES	Juventude Cortegacense	Male	TL M 50	02:22:59	4:30:01.300	4:29:42.390	09:00	15
206.	92	Ana LÚCIA	AMCF - Arrábida Trail Team	Female	TL F 45	02:31:35	4:30:07.090	4:29:44.920	09:00	5
207.	44	Artur FERREIRA	Unidos à Fresca	Male	TL M 40	02:23:56	4:30:38.750	4:30:25.750	09:01	49
208.	43	Daniela SOARES	Unidos à Fresca	Female	TL SEN F	02:23:59	4:30:38.860	4:30:26.330	09:01	8
209.	328	Delfim NUNES	Kemedo Team	Male	TL M 45	02:20:54	4:31:01.970	4:30:54.180	09:02	19
210.	141	Cidália OLIVEIRA	ACDRS QUINHENDROS	Female	TL F 50	02:23:07	4:31:14.350	4:31:12.190	09:02	1
211.	389	José SILVA	TOG - Trinca Orelhas de Gato	Male	TL M 45	02:26:54	4:31:42.950	4:31:37.410	09:04	20
212.	4	Helder MARQUES	Caldas S. Jorge Sport Clube	Male	TL SEN M	03:24:56	4:32:01.760	4:31:42.630	09:04	95
213.	175	André FIGUEIREDO		Male	TL M 45	02:21:19	4:32:21.660	4:32:12.560	09:05	21
214.	126	Cristina ARREIOL		Female	TL SEN F	02:36:34	4:32:27.660	4:32:10.110	09:05	9
215.	52	Pedro DOMINGUES	Hora do Lobo Trail - CF Perosinho Atletismo	Male	TL M 40	02:21:18	4:32:28.350	4:32:04.300	09:05	50
216.	121	Pedro PISCO	Moreira Relax Runners	Male	TL M 50	02:36:18	4:32:28.710	4:32:24.260	09:05	16
217.	49	Fábio VASCONCELOS	Clube Efacec	Male	TL SEN M	02:11:07	4:32:31.750	4:32:20.670	09:05	96
218.	410	Mário TEIXEIRA	Wolves Wolves	Male	TL SEN M	02:21:30	4:32:32.070	4:32:29.890	09:05	97
219.	371	Mario COSTA	Moreira Relax Runners	Male	TL M 55	02:25:07	4:32:32.130	4:32:25.990	09:05	6
220.	409	Ricardo FRANÇA	Wolves Wolves	Male	TL SEN M	02:25:01	4:32:32.300	4:32:31.990	09:05	98
221.	227	Adriano CARDOSO	Global Trail	Male	TL M 45	02:13:54	4:33:18.120	4:33:18.120	09:07	22
222.	20	Rui BESSA	Sob Efeito Trail	Male	TL SEN M	02:37:36	4:33:50.180	4:33:34.870	09:08	99
223.	235	Joaquim ARAÚJO	Póvoa de Varzim	Male	TL SEN M	02:19:42	4:34:48.510	4:34:43.870	09:10	100
224.	201	José BARBOSA	Boavista Trail	Male	TL SEN M	02:22:40	4:35:52.520	4:35:51.880	09:12	101
225.	267	Diana COSTA		Female	TL F 40	02:33:46	4:36:29.200	4:36:22.500	09:13	4
226.	232	Alexandre LOURENÇO	TAYLORS	Male	TL M 40	02:28:45	4:36:35.420	4:36:27.600	09:13	51
227.	41	Manuel BARBOSA	Paredes Running	Male	TL M 40	02:21:04	4:37:23.630	4:37:10.670	09:15	52
228.	8	Rogério FERNANDES	SÓBE - Só Bim Eu	Male	TL M 40	02:24:42	4:37:23.940	4:37:10.340	09:15	53
229.	241	Carmen FERREIRA	Associação Vale Grande	Female	TL F 50	02:28:41	4:38:12.320	4:38:08.920	09:16	2
230.	352	Nuno RAMOS	Clube Futebol Guadiana	Male	TL M 40	02:28:42	4:38:17.330	4:38:05.920	09:17	54
231.	239	Tiago FERREIRA	100PRESSA	Male	TL SEN M	02:23:33	4:38:37.760	4:38:30.770	09:17	102
232.	105	Manuel GUEDES	C.I.A. Alpendorada	Male	TL M 40	02:25:57	4:39:19.020	4:39:10.570	09:19	55
233.	356	José GONÇALVES	TEAM CM - Valongo Capital Desporto Outdoor	Male	TL M 45	02:18:18	4:39:46.220	4:39:41.530	09:20	23
234.	273	Sara RAFAEL	Kemedo Team	Female	TL F 40	02:29:14	4:39:54.000	4:39:41.910	09:20	5
235.	169	Nuno ENGENHEIRO	ARSM - Associação Recreativa de S. Miguel	Male	TL M 45	02:19:00	4:41:01.340	4:40:48.250	09:22	24

Lugar	Dorsal	Nome	Equipa	Sexo	Escalão	Inter	Tempo	Chip	Média	Cat.
236.	387	Fernando VITAL	TOG - Trinca Orelhas de Gato	Male	TL M 55	02:23:54	4:41:25.780	4:41:20.370	09:23	7
237.	94	Maria LOPES		Female	TL F 45	02:23:49	4:41:59.900	4:41:55.280	09:24	6
238.	71	Carlos Paiva	Correr Leça	Male	TL M 40		4:43:55.980	4:43:38.140	09:28	56
239.	300	Luisa TEIXEIRA	A.D. Amarante Trail Running	Female	TL F 40	02:28:11	4:44:01.150	4:44:00.100	09:28	6
240.	154	Sandro PINHEIRO	Factor X / S4L / Medense FC	Male	TL SEN M	02:35:10	4:44:21.740	4:44:02.070	09:29	103
241.	146	Ana CARNEIRO		Female	TL SUB23 F	02:37:18	4:45:46.650	4:45:42.740	09:32	2
242.	156	André FRAGA	Locomotiva de Paranhos	Male	TL SEN M	02:18:05	4:45:47.880	4:45:47.880	09:32	104
243.	38	Nuno MOREIRA	Retorta - Quinta das Arcas	Male	TL SEN M	02:13:10	4:46:52.620	4:46:42.200	09:34	105
244.	343	Diogo BARROS	CB Run	Male	TL M 40	02:16:05	4:46:53.500	4:46:53.500	09:34	57
245.	208	Dionisio FERREIRA	Team Trail Bem Viver	Male	TL M 40	02:22:47	4:46:53.790	4:46:44.270	09:34	58
246.	180	António SIMÕES		Male	TL M 50	02:32:39	4:47:05.350	4:46:56.920	09:34	17
247.	318	João MONTEIRO	PaçoSprint	Male	TL SEN M	02:33:38	4:47:30.570	4:47:06.040	09:35	106
248.	322	Liliana AGUIAR	Gatus Trail	Female	TL F 40	02:34:50	4:47:52.830	4:47:38.710	09:36	7
249.	321	Pedro LOPES		Male	TL M 40	02:34:43	4:47:53.640	4:47:42.880	09:36	59
250.	243	Lino MOREIRA	Os TurboMula	Male	TL M 60	02:28:33	4:50:39.690	4:50:37.820	09:41	6
251.	334	Nuno ALEXANDRE	Nocturnos de Paredes	Male	TL M 40	02:14:55	4:51:07.800	4:51:02.530	09:42	60
252.	375	Susana RODRIGUES	Clube Atletismo Fafe	Female	TL SEN F	02:34:16	4:51:17.350	4:51:00.290	09:43	10
253.	1	Luis RODRIGUES	Marco Runners	Male	TL SEN M	02:34:50	4:51:58.910	4:51:45.790	09:44	107
254.	189	Maria FELISARDO	OCS strendure trail running	Female	TL F 45	02:35:02	4:52:00.460	4:51:57.210	09:44	7
255.	51	Rogério RIBEIRO	CB Run	Male	TL M 40	02:34:54	4:52:14.540	4:51:59.560	09:44	61
256.	6	Joanna WISNIEWSKA-BARRETO	Almost Athletes	Female	TL F 40	02:35:45	4:52:48.540	4:52:40.780	09:46	8
257.	96	Sergio GUIMARÃES	Hora do Lobo Trail - CF Perosinho Atletismo	Male	TL M 40	02:33:46	4:53:42.320	4:53:17.470	09:47	62
258.	98	Maria FRANCO	Hora do Lobo Trail - CF Perosinho Atletismo	Female	TL SEN F	02:41:41	4:53:42.670	4:53:18.370	09:47	11
259.	81	Jorge AGUIAR	Referee Team	Male	TL M 40	02:28:49	4:55:26.730	4:55:15.780	09:51	63
260.	196	Alvaro NUNES	NAST	Male	TL M 45	02:36:17	4:55:30.010	4:55:23.700	09:51	25
261.	242	Ricardo SOUSA		Male	TL SEN M	02:19:26	4:56:14.020	4:56:02.580	09:52	108
262.	260	Pedro MARQUES	Factor X / S4L / Medense FC	Male	TL M 45	02:33:13	4:56:49.510	4:56:44.630	09:53	26
263.	230	Luis EMIDIO	COA / CORVUS TRAIL TEAM	Male	TL M 50	02:39:11	4:56:57.920	4:56:42.490	09:54	18
264.	153	Carla NEVES	Factor X / S4L / Medense FC	Female	TL SEN F	02:42:38	4:57:06.130	4:56:50.310	09:54	12
265.	3	Joao PINHEIRO	Porto Sentido Runners	Male	TL M 50	02:36:15	4:57:08.680	4:57:08.680	09:54	19
266.	165	Célia HENRIQUES	Bruxos Runners	Female	TL F 45	02:20:01	4:58:21.350	4:58:17.070	09:56	8
267.	202	Paulo FERREIRA	Boavista Trail	Male	TL M 55	02:29:40	4:58:42.310	4:58:41.310	09:58	8
268.	53	Ricardo PIMENTA	Correr Leça	Male	TL SEN M	02:31:51	4:59:12.160	4:58:54.320	09:58	109
269.	143	Nuno BARATA	COA / CORVUS TRAIL TEAM	Male	TL M 45	02:41:06	4:59:17.590	4:59:08.370	09:59	27
270.	320	Manuel LOPES	A D Sebolido Trail Boneca Douro	Male	TL SEN M	02:21:50	4:59:36.050	4:59:25.510	09:59	110
271.	152	Paulo FREITAS	Factor X / S4L / Medense FC	Male	TL M 40	02:33:16	4:59:37.790	4:59:28.710	09:59	64
272.	13	Luis RIBEIRO		Male	TL M 40	02:40:24	5:00:46.910	5:00:35.890	10:02	65
273.	293	Mi COUTO	Boavista Trail	Female	TL SEN F	02:42:41	5:01:12.300	5:01:12.300	10:02	13
274.	55	Maria FERREIRA	Correr Leça	Female	TL F 40	02:37:44	5:01:32.520	5:01:15.960	10:03	9
275.	120	Belmiro MAGALHÃES		Male	TL SEN M	02:43:42	5:02:18.100	5:02:08.200	10:05	111
276.	192	Artur SILVA	Clube Millennium bcp	Male	TL M 50	02:41:05	5:03:28.310	5:03:12.260	10:07	20
277.	264	Patrícia COSTA	Esgravulhas Team	Female	TL SUB23 F	02:36:49	5:03:56.770	5:03:56.330	10:08	3
278.	281	António GONÇALVES	Esgravulhas Team	Male	TL SEN M	02:36:55	5:03:57.760	5:03:57.090	10:08	112
279.	360	Margarida NEVES	Hora do Lobo Trail - CF Perosinho Atletismo	Female	TL F 50	02:43:25	5:04:41.240	5:04:20.650	10:10	3
280.	336	Jorge COELHO	S C ESPINHO - ATLETISMO / ANTONIO LEITAO	Male	TL M 45	02:41:58	5:07:13.100	5:07:08.070	10:14	28
281.	198	Bruno LOUREIRO	Boavista Trail	Male	TL SEN M	02:26:08	5:07:18.600	5:07:10.080	10:14	113
282.	296	Fernando BANCA	Wikaboo	Male	TL M 40	02:50:33	5:10:12.190	5:09:49.220	10:20	66

Lugar	Dorsal	Nome	Equipa	Sexo	Escalão	Inter	Tempo	Chip	Média	Cat.
283.	390	Nuno MAIO	TOG - Trinca Orelhas de Gato	Male	TL SEN M	02:41:24	5:10:27.960	5:10:04.700	10:21	114
284.	48	Fernanda CARNEIRO	Porto Sentido Runners	Female	TL F 50	02:43:30	5:11:13.280	5:11:02.240	10:22	4
285.	386	Carla SANTOS	TOG - Trinca Orelhas de Gato	Female	TL F 40	02:44:12	5:13:29.990	5:13:07.480	10:27	10
286.	420	Bruno SANTOS	TOG - Trinca Orelhas de Gato	Male	TL M 40	02:44:11	5:13:35.110	5:13:10.580	10:27	67
287.	396	Sandra FERREIRA	Arcorun	Female	TL F 45	02:50:38	5:13:46.610	5:13:44.380	10:28	9
288.	129	João SILVA	COA / CORVUS TRAIL TEAM	Male	TL M 45	02:44:55	5:15:18.140	5:15:04.140	10:31	29
289.	275	Soledade SOUSA	Kemedo Team	Female	TL F 60	02:48:18	5:15:32.240	5:15:28.890	10:31	1
290.	76	Carla PEREIRA	Aliança de Gandra	Female	TL SEN F	02:52:02	5:16:03.270	5:15:45.150	10:32	14
291.	337	Porfírio SILVA	S C ESPINHO - ATLETISMO / ANTONIO LEITAO	Male	TL M 45	02:42:22	5:18:00.890	5:17:55.590	10:36	30
292.	72	David NOGUEIRA		Male	TL SEN M	02:44:00	5:19:01.770	5:18:47.930	10:38	115
293.	355	Pedro GOMES	TEAM CM - Valongo Capital Desporto Outdoor	Male	TL M 40	02:50:47	5:19:06.220	5:19:02.150	10:38	68
294.	314	Filipe LIMA		Male	TL SEN M	02:45:43	5:19:17.410	5:19:01.660	10:38	116
295.	155	Nuno AMORIM	Factor X / S4L / Medense FC	Male	TL SEN M	02:37:16	5:21:25.970	5:21:06.980	10:43	117
296.	416	Alberto MARTINS	Wolves Wolves	Male	TL M 55	02:47:45	5:21:30.100	5:21:25.280	10:43	9
297.	364	Iracema COSTA	Wolves Wolves	Female	TL F 50	02:49:35	5:21:37.540	5:21:32.600	10:43	5
298.	344	Manuel LIMA	EXPERIENCIAR	Male	TL M 60	02:54:34	5:25:25.430	5:25:02.520	10:51	7
299.	122	Liseta PINTO	Moreira Relax Runners	Female	TL F 45	02:47:10	5:25:56.940	5:25:49.400	10:52	10
300.	276	Ricardo LIMA	Kemedo Team	Male	TL SEN M	02:46:01	5:28:32.950	5:28:15.500	10:57	118
301.	40	Rui DINIS	Porto	Male	TL SEN M	02:48:10	5:28:54.720	5:28:38.280	10:58	119
302.	289	Rui OLIVEIRA	Factor X / S4L / Medense FC	Male	TL SEN M	02:44:42	5:29:55.710	5:29:36.030	11:00	120
303.	285	Bruno MARTINS	Factor X / S4L / Medense FC	Male	TL SEN M	02:44:39	5:29:58.100	5:29:38.430	11:00	121
304.	279	Bruno ARAUJO	Kemedo Team	Male	TL M 40	02:47:22	5:30:58.770	5:30:45.840	11:02	69
305.	418	Rui MARANTE	Pastilhas team	Male	TL SEN M	02:58:11	5:32:45.430	5:32:35.450	11:05	122
306.	24	Pedro OLIVEIRA	Sob Efeito Trail	Male	TL SEN M	02:43:30	5:34:34.120	5:34:16.900	11:09	123
307.	12	Artur FONSECA	Ruptura Total	Male	TL M 40	02:54:24	5:38:23.710	5:38:04.030	11:17	70
308.	326	Micaela BRITO	Devasta Trilhos	Female	TL SEN F	03:05:43	5:43:37.520	5:43:36.800	11:27	15
309.	223	Vitor LOURENÇO	Montes Saloios Trail Team	Male	TL M 50	03:13:11	5:44:19.890	5:44:05.700	11:29	21
310.	108	Valdemar ALMEIDA	Invicta Runners Team	Male	TL M 55	03:00:19	5:45:43.010	5:45:38.200	11:31	10
311.	114	Hugo LOPES		Male	TL SEN M	02:54:37	5:48:44.990	5:48:26.350	11:37	124
312.	304	Carlos TAVEIRA		Male	TL M 50	02:54:35	5:51:04.770	5:50:45.770	11:42	22
313.	229	Manuel ALVARINO	Leões de Tardariz Trail	Male	TL M 45	03:00:18	5:55:21.140	5:55:06.090	11:50	31
314.	15	Maria ALVES	CB Run	Female	TL SEN F	03:11:29	5:56:27.350	5:56:12.240	11:53	16
315.	54	Tiago MONTALVÃO	Correr Leça	Male	TL SEN M	03:16:14	5:59:56.200	5:59:36.650	12:00	125
316.	118	Cândida BENTO	Correr Leça	Female	TL SEN F	03:16:12	5:59:57.170	5:59:38.120	12:00	17
317.	176	Susete MARQUES	Run4Eat	Female	TL F 45	03:12:19	6:00:24.720	6:00:05.350	12:01	11
318.	97	Claudia MOURA		Female	TL SEN F	03:20:14	6:06:11.050	6:06:02.650	12:13	18
319.	177	Maria COLAÇO	Run4Eat	Female	TL F 50	03:12:53	6:07:44.830	6:07:25.180	12:16	6
320.	60	Ricardo SILVA		Male	TL M 45	03:15:09	6:09:00.070	6:08:41.760	12:18	32
321.	145	Rodrigo MÉREN	ATR- Algarve Trail Running	Male	TL M 40	03:18:08	6:12:15.290	6:12:01.170	12:25	71
322.	144	Cláudia MARTINS	ATR- Algarve Trail Running	Female	TL F 45	03:18:27	6:12:16.230	6:12:00.840	12:25	12
323.	190	Jorge MOTA	Hora do Lobo Trail - CF Perosinho Atletismo	Male	TL M 55	03:13:03	6:12:56.440	6:12:35.140	12:26	11
324.	66	Joao ALMEIDA		Male	TL SEN M	03:12:50	6:15:24.430	6:15:03.120	12:31	126
325.	37	Jose LACERDA	jogging club epernay	Male	TL M 45	03:13:02	6:15:26.350	6:15:05.150	12:31	33
326.	278	Rita LEAL	Kemedo Team	Female	TL SEN F	03:20:48	6:15:52.480	6:15:33.470	12:32	19
327.	62	Carla MAGALHÃES	Salgueiros Running	Female	TL F 45	03:24:30	6:15:57.870	6:15:52.700	12:32	13
328.	103	Flor ALVES	Algarunners	Female	TL F 40	03:18:00	6:19:47.910	6:19:25.220	12:40	11
329.	5	Vasco BARRETO	Almost Athletes	Male	TL M 45	03:26:08	6:26:04.830	6:25:57.170	12:52	34

Lugar	Dorsal	Nome	Equipa	Sexo	Escalão	Inter	Tempo	Chip	Média	Cat.
330.	372	Rosa COSTA	Moreira Relax Runners	Female	TL F 55	03:24:56	6:27:07.670	6:27:00.710	12:54	1
331.	391	Patrícia MAIO	TOG - Trinca Orelhas de Gato	Female	TL SEN F	03:22:56	6:41:46.190	6:41:23.380	13:23	20
332.	95	Sónia GUIMARÃES	Hora do Lobo Trail - CF Perosinho Atletismo	Female	TL F 40	03:22:53	6:41:47.510	6:41:21.600	13:23	12
333.	421	VASSOURA 30 K					6:41:54.290	5:41:03.380	13:24	
-	200	Igor PAIVA	Factor X / S4L / Medense FC	Male	TL SEN M		Withdrawal			
-	330	Bruno JESUS	TRAIL TEAM BIFASE	Male	TL SEN M	01:31:31	Withdrawal			
-	258	Nelson GRAÇA	TEAM GOLDNUTRITION SCOTT PORTUGAL	Male	TL SEN M		Withdrawal			
-	422	Hugo ARAUJO	Alveolos	Male	TL SEN M		Withdrawal			
-	91	Mafalda MONIZ	AMCF - Arrábida Trail Team	Female	TL SEN F	02:29:03	Withdrawal			
-	2180	Paulo GRAÇA		Male	TL M 50	02:38:25	Withdrawal			
-	346	Paulo OLIVEIRA		Male	TL SEN M	02:55:09	Withdrawal			
-	1265	Rui MARANTE	Pastilhas team	Male	TL SEN M		Withdrawal			
-	22	Joao VALENTE	Juventude Cortegacense	Male	TL SEN M		Disqualified			
-	248	Manuel MORENO	HL Runners Club	Male	TL M 60		Disqualified			
-	288	André ALMEIDA	Factor X / S4L / Medense FC	Male	TL SEN M	01:54:32	Disqualified			
-	307	Ricardo BABO	Runners do Demo	Male	TL SEN M	02:14:01	Disqualified			
-	82	José RODRIGUES	Referee Team	Male	TL M 40		Disqualified			
-	392	Tiago LAGES	TOG - Trinca Orelhas de Gato	Male	TL SEN M		Disqualified			
-	283	Luís MAIA	Factor X / S4L / Medense FC	Male	TL SUB23 M		Disqualified			
-	194	Ricardo BEIRAO	Clube Millennium bcp	Male	TL M 50		Disqualified			
-	207	Zenaide ALVES	ARSM - Associação Recreativa de S. Miguel	Female	TL F 45		Disqualified			
-	384	Bruna SANTOS	TOG - Trinca Orelhas de Gato	Female	TL SUB23 F		Disqualified			
-	310	António GONÇALVES	Dive Into The Mountains	Male	TL M 55		Disqualified			