

TRAIL SANTA JUSTA 23KM - STAGE 1

23 KM

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REVISED

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OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:00	19,6°C	59%
End	17:00	28.4°C	53.9%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	1	Rui Muga	clube academico de mogadouro	Senior Masculino	02:32:07		06:37
2	151	Nelson Davide Pimenta da Graça	individual	Senior Masculino	02:32:24	+00:17	06:38
3	2	Armandino Taborda	individual	Veterano M40	02:33:04	+00:57	06:39
4	300	Luis Gil	multipower-gaia trail	Veterano M40	02:45:25	+13:18	07:12
5	8	Bruno Miguel Rodrigues Moreira	amigos do pedal - trailagares	Senior Masculino	02:46:16	+14:09	07:14
6	134	José Luís Pinto	individual	Senior Masculino	02:48:09	+16:02	07:19
7	407	António Martins	centro ciclista de gondomar	Veterano M40	02:50:41	+18:34	07:25
8	45	André Guedes	dr merino clinica médica	Veterano M40	02:53:14	+21:07	07:32
9	362	Pedro Marques	quintas feiras bravas	Veterano M40	02:57:54	+25:47	07:44
10	106	cesar duarte	individual	Senior Masculino	02:59:34	+27:27	07:48
11	30	JOSE MOTA	ciclistas cósmicos - gislótica	Veterano M40	03:02:11	+30:04	07:55
12	50	Ricardo Rocha	fast ao km- prr/health&nutrition	Senior Masculino	03:06:12	+34:05	08:06
13	32	Helder Manuel Silva Deveza	clube academico de mogadouro	Veterano M40	03:06:58	+34:51	08:08
14	9	Fernando Leal Neves	amigos do pedal - trailagares	Veterano M40	03:07:28	+35:21	08:09
15	279	Eurico Moura	kemedo team	Senior Masculino	03:10:22	+38:15	08:17
16	355	Sergio Manuel Moreira Duarte	quintas feiras bravas	Senior Masculino	03:12:04	+39:57	08:21
17	366	Fernando Soares	rumo aventura	Veterano M40	03:14:18	+42:11	08:27
18	44	David Ferreira	dr merino clinica médica	Senior Masculino	03:14:48	+42:41	08:28
19	41	Sérgio Santos	didáxis trail	Senior Masculino	03:14:59	+42:52	08:29
20	148	Miguel Carvalho	individual	Senior Masculino	03:15:09	+43:02	08:29
21	344	Eduardo Merino	quintas feiras bravas	Senior Masculino	03:16:13	+44:06	08:32
22	337	Patrick Marques	poteeentes - fitspot parque nascente	Veterano M40	03:16:52	+44:45	08:34
23	19	Daniel Ferreira	associação desportiva de cabroelo	Senior Masculino	03:20:17	+48:10	08:42
24	156	Nuno Maia	individual	Senior Masculino	03:22:31	+50:24	08:48
25	318	Jorge Manuel Barbosa Moreira	os dezavergonhados	Veterano M40	03:26:46	+54:39	08:59
26	255	Nelson Santos	individual	Veterano M40	03:26:51	+54:44	09:00
27	20	Maria Augusta Da Costa Loureiro	associação desportiva de cabroelo	Veterana F40	03:29:04	+56:57	09:05
28	42	Vítor Ribeiro	didáxis trail	Senior Masculino	03:30:09	+58:02	09:08
29	349	Nuno Pinho	quintas feiras bravas	Senior Masculino	03:30:29	+58:22	09:09
30	357	Tiago Amaral	quintas feiras bravas	Senior Masculino	03:30:34	+58:27	09:09
31	229	Ilidio Oliveira	individual	Veterano M40	03:30:49	+58:42	09:10
32	356	Sérgio Paulo dos Santos Sá	quintas feiras bravas	Senior Masculino	03:31:51	+59:44	09:13
33	383	Jose Miguel Fortuna Pinto	team rede ambiente	Senior Masculino	03:32:01	+59:54	09:13
34	280	Filipe Sousa	kemedo team	Senior Masculino	03:32:09	+01:00:02	09:13
35	323	Paula Lage	paredes aventura	Senior Feminino	03:33:28	+01:01:21	09:17
36	221	Dionísio Manuel Correia Sousa	individual	Veterano M40	03:33:55	+01:01:48	09:18
37	351	Paulo Machado	quintas feiras bravas	Senior Masculino	03:34:10	+01:02:03	09:19
38	178	Rúben Alves	individual	Senior Masculino	03:34:44	+01:02:37	09:20
39	346	Inuo Filipe Melo	quintas feiras bravas	Senior Masculino	03:35:01	+01:02:54	09:21
40	321	Paulo Pereira	papakm	Senior Masculino	03:35:59	+01:03:52	09:23
41	189	Tiago Rocha	individual	Senior Masculino	03:36:45	+01:04:38	09:25
42	305	Paulo Gomes	no tomorrow running team	Veterano M40	03:37:10	+01:05:03	09:27

Official Timekeeper: Lap2Go	1 / 8	generate 30-jul-2015 11:00
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TRAIL SANTA JUSTA 23KM - STAGE 1

23 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	136	leandro marco roxo pacheco	individual	Senior Masculino	03:37:30	+01:05:23	09:27
44	285	Marcio Carvalho	kemedo team	Senior Masculino	03:38:05	+01:05:58	09:29
45	143	Manuel Henrique Pereira Barbosa	individual	Senior Masculino	03:39:47	+01:07:40	09:33
46	347	José Luís Sá	quintas feiras bravas	Senior Masculino	03:42:34	+01:10:27	09:41
47	348	Marco Marques	quintas feiras bravas	Senior Masculino	03:42:35	+01:10:28	09:41
48	322	Ricardo Fernandes	papakm	Senior Masculino	03:42:42	+01:10:35	09:41
49	188	Telmo Reis	individual	Senior Masculino	03:43:01	+01:10:54	09:42
50	361	Pedro Barbosa	quintas feiras bravas	Veterano M40	03:44:52	+01:12:45	09:4
51	310	Pedro Barbosa	not run alone	Senior Masculino	03:45:03	+01:12:56	09:47
52	39	Mariana Figueiredo Delgado	ctad - trilhos de cinfaes	Senior Feminino	03:46:03	+01:13:56	09:50
53	313	Rui Pereira	ofrunning	Senior Masculino	03:46:14	+01:14:07	09:50
54	54	José Paulo Pereira Ribeiro	ginasio factor x	Veterano M40	03:48:23	+01:16:16	09:56
55	284	Manuel Costa	kemedo team	Senior Masculino	03:49:26	+01:17:19	09:59
56	84	Joana Sousa	individual	Senior Feminino	03:49:30	+01:17:23	09:59
57	244	Luís Pereira	individual	Veterano M40	03:49:47	+01:17:40	09:59
58	340	Liliana Gomes	quintas feiras bravas	Senior Feminino	03:50:01	+01:17:54	10:00
59	350	Nuno Sobral	quintas feiras bravas	Senior Masculino	03:50:24	+01:18:17	10:01
60	294	Carlos Ferreira	lusos xxi	Senior Masculino	03:50:26	+01:18:19	10:01
61	7	Edgar Silva	amigo	Senior Masculino	03:50:32	+01:18:25	10:01
62	320	Daniel Fonseca	papakm	Senior Masculino	03:50:34	+01:18:27	10:01
63	392	JOSÉ MANUEL RODRIGO NUNES	usgunas	Veterano M40	03:51:31	+01:19:24	10:04
64	395	Hugo Ferreira	white running team	Senior Masculino	03:51:31	+01:19:24	10:04
65	410	Telmo Cardoso	individual	Veterano M40	03:52:41	+01:20:34	10:07
66	377	ULISSES COSTA	run4all	Senior Masculino	03:53:51	+01:21:44	10:10
67	222	fausto teixeira	individual	Veterano M40	03:54:55	+01:22:48	10:13
68	275	Vitor Manuel Barbosa Moreira	individual	Veterano M40	03:55:16	+01:23:09	10:14
69	273	Sergio anuncioção	individual	Veterano M40	03:55:56	+01:23:49	10:15
70	336	Nuno Fontelonga	poteeentes - fitspot parque nascente	Veterano M40	03:56:08	+01:24:01	10:16
71	146	Marco Pereira	individual	Senior Masculino	03:56:29	+01:24:22	10:17
72	147	Martinho Tiago Padrão	individual	Senior Masculino	03:58:24	+01:26:17	10:22
73	46	Diogo Filipe Pereira da Silva	edp clube de gaia	Senior Masculino	03:58:26	+01:26:19	10:22
74	153	Nelson Silva	individual	Senior Masculino	03:58:29	+01:26:22	10:22
75	226	Francisco Pinheiro	individual	Veterano M40	03:58:33	+01:26:26	10:22
76	233	José Carlos Ferreira Dias	individual	Veterano M40	03:58:40	+01:26:33	10:23
77	131	Joel Marques	individual	Senior Masculino	03:58:43	+01:26:36	10:23
78	213	António Amador	individual	Veterano M40	03:58:46	+01:26:39	10:23
79	328	Juliana Rodrigues	poteeentes - fitspot parque nascente	Senior Feminino	03:59:14	+01:27:07	10:24
80	100	Bruno Filipe Ribeiro Ferreira	individual	Senior Masculino	04:00:12	+01:28:05	10:27
81	245	Luís Sá	individual	Veterano M40	04:01:00	+01:28:53	10:29
82	4	FRANCISCO CARNEIRO	ade running	Senior Masculino	04:01:47	+01:29:40	10:31
83	125	Hugo Pinto	individual	Senior Masculino	04:01:53	+01:29:46	10:31
84	16	Vitor Matos	associação desportiva da efacec	Senior Masculino	04:01:53	+01:29:46	10:31
85	48	Celso Santos	engomadoria l&a team	Senior Masculino	04:01:58	+01:29:51	10:31
86	122	Helder Filipe Silva	individual	Senior Masculino	04:02:03	+01:29:56	10:31
87	248	MANUEL F TEIXEIRA	individual	Veterano M40	04:02:12	+01:30:05	10:32
88	170	Pedro Sá	individual	Senior Masculino	04:03:31	+01:31:24	10:3

TRAIL SANTA JUSTA 23KM - STAGE 1

23 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
89	341	carlos daniel alves	quintas feiras bravas	Senior Masculino	04:04:06	+01:31:59	10:37
90	26	Américo Pinto	ccdtc.m.gondomar	Veterano M40	04:04:09	+01:32:02	10:37
91	98	Antonio Goncalves	individual	Senior Masculino	04:05:13	+01:33:06	10:40
92	282	Helder Marques	kemedo team	Senior Masculino	04:05:18	+01:33:11	10:40
93	168	Pedro Miguel Pereira Gilvaz	individual	Senior Masculino	04:06:34	+01:34:27	10:43
94	206	Sandra Miranda	individual	Veterana F40	04:06:35	+01:34:28	10:43
95	129	Joaquim Alves	individual	Senior Masculino	04:07:27	+01:35:20	10:46
96	251	Manuel oliveira	individual	Veterano M40	04:07:43	+01:35:36	10:46
97	220	Daniel Mota	individual	Veterano M40	04:07:46	+01:35:39	10:46
98	27	Miguel Pereira	ccdtc.m.gondomar	Veterano M40	04:07:55	+01:35:48	10:47
99	190	Tomé pinto	individual	Senior Masculino	04:07:57	+01:35:50	10:47
100	352	Paulo Pereira	quintas feiras bravas	Senior Masculino	04:09:00	+01:36:53	10:50
101	187	Simão Pereira	individual	Senior Masculino	04:09:14	+01:37:07	10:50
102	367	José Carvalho	rumo aventura	Veterano M40	04:11:18	+01:39:11	10:56
103	167	Pedro Miguel de Sousa Pinto	individual	Senior Masculino	04:12:02	+01:39:55	10:57
104	339	Alvero Nunes	quintas feiras bravas	Senior Masculino	04:12:18	+01:40:11	10:58
105	358	Nuno Costa	quintas feiras bravas	Veterano M40	04:12:49	+01:40:42	11:00
106	164	Pedro Filipe Dias Alves	individual	Senior Masculino	04:13:17	+01:41:10	11:01
107	11	Jorge Silva	arcorun	Veterano M40	04:13:21	+01:41:14	11:01
108	78	Cristiana Esteves	individual	Senior Feminino	04:13:55	+01:41:48	11:02
109	162	Pedro Silva	individual	Senior Masculino	04:14:52	+01:42:45	11:05
110	385	Agostinho Sousa	termas são vicente – penafiel	Veterano M40	04:15:43	+01:43:36	11:07
111	219	CARLOS SOUSA	individual	Veterano M40	04:16:15	+01:44:08	11:08
112	394	Eduardo Caramalho	valpi runners	Veterano M40	04:16:34	+01:44:27	11:09
113	306	FERNANDO ALMEIDA	nocturnos de paredes	Senior Masculino	04:16:47	+01:44:40	11:10
114	268	pedro mouro	individual	Veterano M40	04:18:08	+01:46:01	11:13
115	34	Rita Chaves Rebelo	clube do pessoal edp - delegação de gaia	Senior Feminino	04:18:11	+01:46:04	11:14
116	183	rui soares	individual	Senior Masculino	04:18:43	+01:46:36	11:15
117	246	manuel antonio ferreira pinto teixeira	individual	Veterano M40	04:19:09	+01:47:02	11:16
118	299	MARIO RUI LEITE COSTA	moreira relax runners	Veterano M40	04:19:09	+01:47:02	11:16
119	31	PAULO JORGE GONÇALVES SOARES	ciclistas cósmicos - gislótica	Veterano M40	04:21:00	+01:48:53	11:21
120	29	JOSÉ MIGUEL CRUZ PINTO	ciclistas cósmicos - gislótica	Veterano M40	04:21:01	+01:48:54	11:21
121	329	Bernardo Mouta	poteeentes - fitspot parque nascente	Senior Masculino	04:21:35	+01:49:28	11:22
122	286	Pedro Marques	kemedo team	Senior Masculino	04:22:10	+01:50:03	11:24
123	370	HUGO LOBO	run4all	Senior Masculino	04:23:10	+01:51:03	11:27
124	261	Paulo Jorge Barbosa da Rocha	not run alone	Veterano M40	04:23:15	+01:51:08	11:27
125	405	Paulo Magano	individual	Senior Masculino	04:23:26	+01:51:19	11:27
126	105	Carlos Oliveira	individual	Senior Masculino	04:23:31	+01:51:24	11:27
127	335	Alcino Vieira	poteeentes - fitspot parque nascente	Veterano M40	04:25:33	+01:53:26	11:33
128	375	RUI REBELO	run4all	Senior Masculino	04:25:37	+01:53:30	11:33
129	360	Paulo Neta	quintas feiras bravas	Veterano M40	04:25:46	+01:53:39	11:33
130	36	Susana Gabriela Costa Pinto da Neta	clube zipper	Senior Feminino	04:25:46	+01:53:39	11:33
131	58	Andreia Amorim	gondomar futsal clube	Senior Feminino	04:26:08	+01:54:01	11:34
132	353	Pedro Santos	quintas feiras bravas	Senior Masculino	04:26:55	+01:54:48	11:36

TRAIL SANTA JUSTA 23KM - STAGE 1

23 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
133	354	Ricardo Dantas	quintas feiras bravas	Senior Masculino	04:26:55	+01:54:48	11:36
134	114	Fábio Silva	individual	Senior Masculino	04:27:33	+01:55:26	11:38
135	259	Paulo Brás	individual	Veterano M40	04:27:59	+01:55:52	11:39
136	406	Gilberto Viana	paredes aventura	Senior Masculino	04:28:01	+01:55:54	11:39
137	174	Ricardo Dias da Fonseca	individual	Senior Masculino	04:28:19	+01:56:12	11:40
138	18	Daniela Alves	associação desportiva de cabroelo	Senior Feminino	04:28:47	+01:56:40	11:41
139	137	Leandro Ricardo Oliveira Pinto Simões	individual	Senior Masculino	04:29:39	+01:57:32	11:44
140	364	Rui Miranda	rumo aventura	Senior Masculino	04:29:45	+01:57:38	11:44
141	25	Carlos Viana	caetano runners	Senior Masculino	04:29:52	+01:57:45	11:44
142	247	Manuel Coelho	individual	Veterano M40	04:29:59	+01:57:52	11:44
143	371	JOSÉ SILVA	run4all	Senior Masculino	04:30:16	+01:58:09	11:45
144	332	Rafael Almeida	poteeentes - fitspot parque nascente	Senior Masculino	04:30:50	+01:58:43	11:47
145	330	Filipe Carvalho	poteeentes - fitspot parque nascente	Senior Masculino	04:31:01	+01:58:54	11:47
146	103	Bruno Ramiro	individual	Senior Masculino	04:33:33	+02:01:26	11:54
147	236	jose manuel ferreira	individual	Veterano M40	04:33:50	+02:01:43	11:54
148	139	Luis Manuel da Silva Medeiros Pereira	individual	Senior Masculino	04:36:32	+02:04:25	12:01
149	6	Paulo Leite	all about	Veterano M40	04:36:41	+02:04:34	12:02
150	116	Filipe Medeiros Guedes Fonseca	individual	Senior Masculino	04:36:50	+02:04:43	12:02
151	325	Fernando Manuel Ferreira da Costa	pernetas	Senior Masculino	04:37:24	+02:05:17	12:04
152	192	Vítor Freitas	individual	Senior Masculino	04:38:28	+02:06:21	12:06
153	132	Jorge Ribeiro	individual	Senior Masculino	04:38:58	+02:06:51	12:08
154	238	José Moura Sousa	individual	Veterano M40	04:39:48	+02:07:41	12:10
155	363	Luís Filipe	rumo aventura	Senior Masculino	04:40:04	+02:07:57	12:11
156	49	Fernando Oliveira	engomadoria l&a team	Veterano M40	04:40:09	+02:08:02	12:11
157	155	Nuno Carmo	individual	Senior Masculino	04:40:14	+02:08:07	12:11
158	252	Mário Augusto Ferreira	individual	Veterano M40	04:40:30	+02:08:23	12:12
159	303	João Vitor Ribeiro Moura Pinto	no tomorrow running team	Senior Masculino	04:40:31	+02:08:24	12:12
160	209	Alberto César	individual	Veterano M40	04:42:44	+02:10:37	12:18
161	120	Hélder Agostinho	individual	Senior Masculino	04:42:50	+02:10:43	12:18
162	55	ANSELMO ALMEIDA	ginasio fit4fun	Veterano M40	04:42:59	+02:10:52	12:18
163	283	Jose Pereira	kemedo team	Senior Masculino	04:43:16	+02:11:09	12:19
164	28	Márcio Lívio Duarte Lopes	ciclistas cósmicos - gislótica	Senior Masculino	04:44:05	+02:11:58	12:21
165	52	Jose Lopes	feras	Senior Masculino	04:44:48	+02:12:41	12:23
166	23	Christophe Moreira	c&s	Senior Masculino	04:44:50	+02:12:43	12:23
167	53	Paulo Ferreirinha	feras	Senior Masculino	04:44:54	+02:12:47	12:23
168	61	Flor Madureira	grupo desportivo leoes do veneza	Veterana F40	04:44:57	+02:12:50	12:23
169	266	Pedro Manuel Leão Bastos	individual	Veterano M40	04:44:58	+02:12:51	12:23
170	12	Americo cunha	arrasta o pé	Veterano M40	04:45:05	+02:12:58	12:24
171	14	Manuel Moura	associação desportiva da efacec	Senior Masculino	04:46:20	+02:14:13	12:27
172	289	Romulo Silva	kemedo team	Senior Masculino	04:46:24	+02:14:17	12:27
173	290	Helder Silva	la zinco	Senior Masculino	04:47:58	+02:15:51	12:31
174	253	Mário Meneses	individual	Veterano M40	04:49:27	+02:17:20	12:35
175	115	Fernando Ismael Oliveira Nogueira	individual	Senior Masculino	04:50:22	+02:18:15	12:37
176	99	António Jorge da silva Gonçalves	individual	Senior Masculino	04:50:23	+02:18:16	12:38

TRAIL SANTA JUSTA 23KM - STAGE 1

23 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
177	133	Jose Fernando Leal da Costa e Silva	individual	Senior Masculino	04:50:24	+02:18:17	12:38
178	198	Gourete Salvador	individual	Veterana F40	04:52:21	+02:20:14	12:43
179	391	david paulo pereira pinto	unidos à fresca	Veterano M40	04:52:27	+02:20:20	12:43
180	387	daniela sofia pinho soares	unidos à fresca	Senior Feminino	04:52:28	+02:20:21	12:43
181	376	TIAGO MARTINS	run4all	Senior Masculino	04:53:37	+02:21:30	12:46
182	161	Paulo Moreno Silva	individual	Senior Masculino	04:55:18	+02:23:11	12:50
183	270	porfirio da silva pereira	individual	Veterano M40	04:56:15	+02:24:08	12:53
184	203	Maria Iracema Fernandes costa	individual	Veterana F40	04:56:15	+02:24:08	12:53
185	262	Paulo Pinto	individual	Veterano M40	04:56:41	+02:24:34	12:54
186	140	Luís Pinto	individual	Senior Masculino	04:56:45	+02:24:38	12:54
187	267	Pedro Miguel Rodrigues Gavina	individual	Veterano M40	04:57:05	+02:24:58	12:55
188	374	PEDRO CARVALHO	run4all	Senior Masculino	04:57:13	+02:25:06	12:55
189	117	Filipe Miguel de Jesus Teles	individual	Senior Masculino	04:57:13	+02:25:06	12:55
190	249	Manuel Faria Sampaio	individual	Veterano M40	04:57:18	+02:25:11	12:56
191	211	Álvaro Jorge da Rocha Maia	individual	Veterano M40	04:57:22	+02:25:15	12:56
192	112	Fábio Gabriel Teles	individual	Senior Masculino	04:57:26	+02:25:19	12:56
193	124	Hugo André Vaz Faria Couto	individual	Senior Masculino	04:57:33	+02:25:26	12:56
194	231	Joaquim Lúcio Pires Ribeiro	individual	Veterano M40	05:00:03	+02:27:56	13:03
195	111	Emanuel Vieira	individual	Senior Masculino	05:01:25	+02:29:18	13:06
196	216	Antonio Santos	individual	Veterano M40	05:01:52	+02:29:45	13:07
197	81	Elisabete Maria Moreira Pinheiro	individual	Senior Feminino	05:02:34	+02:30:27	13:09
198	5	SERGIO COSTA	ade running	Senior Masculino	05:02:35	+02:30:28	13:09
199	369	CELESTINO CASTRO	run4all	Senior Masculino	05:02:37	+02:30:30	13:09
200	135	José Pedro de Sousa Dias	individual	Senior Masculino	05:02:38	+02:30:31	13:09
201	338	Ana Costa	quintas feiras bravas	Senior Feminino	05:04:15	+02:32:08	13:14
202	17	Vitor Silva	associação desportiva da efacec	Senior Masculino	05:07:21	+02:35:14	13:22
203	74	Carla Freitas	individual	Senior Feminino	05:07:35	+02:35:28	13:22
204	232	Jorge Bernardino	individual	Veterano M40	05:07:44	+02:35:37	13:23
205	80	Daniela Marta Mariano Falcão	individual	Senior Feminino	05:08:43	+02:36:36	13:25
206	235	José Fernandes Ferreira	individual	Veterano M40	05:08:49	+02:36:42	13:26
207	331	Miguel Guimaraes	poteeentes - fitspot parque nascente	Senior Masculino	05:09:09	+02:37:02	13:26
208	225	FRANCISCO JOSÉ RAMOS SANTOS	individual	Veterano M40	05:09:21	+02:37:14	13:27
209	141	Manuel Fernando Máximo Pereira	individual	Senior Masculino	05:12:04	+02:39:57	13:34
210	43	António Luís Rocha Santos Correia Peixoto	dr merino clinica médica	Senior Masculino	05:12:11	+02:40:04	13:34
211	324	Susana Canhola	pernetas	Senior Feminino	05:12:53	+02:40:46	13:36
212	241	Leonel Carlos Cardoso Teixeira Pinto	individual	Veterano M40	05:13:05	+02:40:58	13:37
213	263	Paulo Próspero	individual	Veterano M40	05:13:14	+02:41:07	13:37
214	404	Sérgio Matos	individual	Senior Masculino	05:13:38	+02:41:31	13:38
215	113	Fábio Rodrigues	individual	Senior Masculino	05:14:47	+02:42:40	13:41
216	372	LUIS LEAL	run4all	Senior Masculino	05:15:01	+02:42:54	13:42
217	66	Joel Santos	i2s run team	Senior Masculino	05:15:19	+02:43:12	13:43
218	288	Renato Sousa Pinto	kemedo team	Senior Masculino	05:16:35	+02:44:28	13:46
219	149	Miguel Mendes	individual	Senior Masculino	05:17:27	+02:45:20	13:48

TRAIL SANTA JUSTA 23KM - STAGE 1

23 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
220	197	Eugénia Teixeira	individual	Veterana F40	05:17:41	+02:45:34	13:49
221	21	José Carlos Costa Bessa	btt matosinhos	Senior Masculino	05:17:42	+02:45:35	13:49
222	291	Paula Chaves	locomotiva de paranhos	Veterana F40	05:17:44	+02:45:37	13:49
223	403	José Castelo	individual	Veterano M40	05:18:32	+02:46:25	13:51
224	237	José Manuel Martins Veloso da Veiga	individual	Veterano M40	05:18:45	+02:46:38	13:52
225	276	Vitor Manuel Coelho de Almeida	individual	Veterano M40	05:20:06	+02:47:59	13:55
226	293	MANUEL TEIXEIRA	lusos xxi	Senior Masculino	05:22:29	+02:50:22	14:0
227	69	Ana Margarida Nogueira Coelho	not run alone	Senior Feminino	05:23:36	+02:51:29	14:04
228	307	ANTONIO MIRANDA	nocturnos de paredes	Veterano M40	05:23:51	+02:51:44	14:05
229	22	Silvia Sousa	c&s	Senior Feminino	05:24:47	+02:52:40	14:07
230	152	NELSON DUARTE	individual	Senior Masculino	05:24:51	+02:52:44	14:07
231	380	Suse Silva	smells like team spirit	Senior Feminino	05:26:39	+02:54:32	14:12
232	381	Marcelo Fonseca	smells like team spirit	Senior Masculino	05:26:39	+02:54:32	14:12
233	33	Isabel Henriques	clube do pessoal edp - delegação de gaia	Senior Feminino	05:29:48	+02:57:41	14:20
234	138	Luis Filipe Marques da Silva	individual	Senior Masculino	05:29:55	+02:57:48	14:21
235	186	Sergio Filipe Maia de Sousa	individual	Senior Masculino	05:30:04	+02:57:57	14:21
236	104	Bruno Rocha	individual	Senior Masculino	05:31:33	+02:59:26	14:25
237	159	Nuno Rocha	individual	Senior Masculino	05:31:36	+02:59:29	14:25
238	87	Maria de Fátima Leite Oliveira	individual	Senior Feminino	05:31:38	+02:59:31	14:25
239	388	Artur Ferreira	unidos à fresca	Senior Masculino	05:32:00	+02:59:53	14:26
240	389	Nelson Machado	unidos à fresca	Senior Masculino	05:32:26	+03:00:19	14:27
241	97	André Filipe pinto Barros	individual	Senior Masculino	05:33:24	+03:01:17	14:30
242	399	Joaquim Rocha	individual	Veterano M40	05:34:34	+03:02:27	14:33
243	400	Carlos Silva	individual	Veterano M40	05:34:34	+03:02:27	14:33
244	402	Abilio Pacheco	individual	Veterano M40	05:34:34	+03:02:27	14:33
245	401	José Leal	individual	Veterano M40	05:34:34	+03:02:27	14:33
246	62	fernando rocha	grupo desportivo leoes do veneza	Veterano M40	05:35:52	+03:03:45	14:36
247	93	Sandra Vale	individual	Senior Feminino	05:36:14	+03:04:07	14:37
248	180	Ruben Santos	individual	Senior Masculino	05:36:32	+03:04:25	14:38
249	94	Sofia Gonçalves	individual	Senior Feminino	05:38:15	+03:06:08	14:42
250	144	Marco António Veloso Fernandes	individual	Senior Masculino	05:40:02	+03:07:55	14:47
251	311	José Rodrigues	not run alone	Veterano M40	05:41:15	+03:09:08	14:50
252	191	vitor fernando alves da costa	individual	Senior Masculino	05:41:51	+03:09:44	14:52
253	177	Rolando Paulo	individual	Senior Masculino	05:42:42	+03:10:35	14:54
254	51	Candido Rocha	fast ao km- prr/health&nutrition	Veterano M40	05:43:22	+03:11:15	14:56
255	390	Pedro Antunes de Azevedo e Taveira Marques	unidos à fresca	Senior Masculino	05:44:59	+03:12:52	15:00
256	278	jose moura	invicta runner team	Senior Masculino	05:45:02	+03:12:55	15:00
257	200	Lucília Quiesse Loureiro	individual	Veterana F40	05:45:37	+03:13:30	15:02
258	274	Vitor helder da Silva santos	individual	Veterano M40	05:45:40	+03:13:33	15:02
259	75	Carla Sofia Neves Monteiro	individual	Senior Feminino	05:45:51	+03:13:44	15:02
260	224	Fernando silva	individual	Veterano M40	05:48:12	+03:16:05	15:08
261	208	Adriano Rocha	individual	Veterano M40	05:49:06	+03:16:59	15:11
262	102	Bruno Mêda	individual	Senior Masculino	05:49:06	+03:16:59	15:11
263	59	Filipe Leitão	gondomar futsal clube	Senior Masculino	05:50:10	+03:18:03	15:13
264	65	Sérgio Silva	hard trails runners	Senior Masculino	05:50:37	+03:18:30	15:1

TRAIL SANTA JUSTA 23KM - STAGE 1

23 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
265	173	Ricardo Carvalho	individual	Senior Masculino	05:51:21	+03:19:14	15:17
266	359	Paulo Correia Alves	quintas feiras bravas	Veterano M40	05:51:25	+03:19:18	15:17
267	71	Ana Xavier	individual	Senior Feminino	05:51:25	+03:19:18	15:17
268	239	José Nogueira	individual	Veterano M40	05:51:56	+03:19:49	15:18
269	272	Rui Paulo Alexandre Dias Zilhão	individual	Veterano M40	05:52:11	+03:20:04	15:19
270	260	Paulo Graça	individual	Veterano M40	05:52:22	+03:20:15	15:19
271	64	Telma Amaral	hard trails runners	Senior Feminino	05:53:09	+03:21:02	15:21
272	123	Hélder Oliveira	individual	Senior Masculino	05:53:29	+03:21:22	15:22
273	215	António Pereira	individual	Veterano M40	05:53:58	+03:21:51	15:23
274	56	Aida Presa	girls4run	Senior Feminino	05:54:03	+03:21:56	15:24
275	57	Rita Resende	girls4run	Senior Feminino	05:54:04	+03:21:57	15:24
276	176	Ricardo Sousa	individual	Senior Masculino	05:54:13	+03:22:06	15:24
277	193	Ana Paula Teixeira	individual	Veterana F40	05:56:05	+03:23:58	15:29
278	68	Ana Cavadas	individual	Senior Feminino	05:56:30	+03:24:23	15:30
279	179	Rúben Bastos	individual	Senior Masculino	05:58:15	+03:26:08	15:35
280	334	Luisa Almeida	poteeentes - fitspot parque nascente	Veterana F40	06:04:26	+03:32:19	15:51
281	109	Daniel Pinto	individual	Senior Masculino	06:04:51	+03:32:44	15:52
282	319	Daniel Machado	os fugitivos da crise	Senior Masculino	06:07:11	+03:35:04	15:58
283	398	Armando Pinho	wtf	Senior Masculino	06:09:42	+03:37:35	16:04
284	202	Maria da Luz Olivença	individual	Veterana F40	06:10:10	+03:38:03	16:06
285	121	Hélder Cabral	individual	Senior Masculino	06:18:29	+03:46:22	16:27
286	96	Susana Moreira	individual	Senior Feminino	06:22:27	+03:50:20	16:38
287	195	Cacilda Maria Sousa Ramos	not run alone	Veterana F40	06:32:56	+04:00:49	17:05
288	108	Daniel Filipe Andrade Fernandes	individual	Senior Masculino	06:33:29	+04:01:22	17:06
289	292	João Pedro Valente Serdoura dos Santos	locomotiva de paranhos	Veterano M40	06:34:25	+04:02:18	17:09
290	240	Jose Paulo Canavarro Almeida Leite	individual	Veterano M40	06:46:53	+04:14:46	17:41
291	210	Alberto Ricardo Silva Lima	individual	Veterano M40	06:46:55	+04:14:48	17:42
292	256	Nuno Duarte Canavarro dos Santos	individual	Veterano M40	06:54:30	+04:22:23	18:01
293	40	Cristina Dias	ctad - trilhos de cinfães	Veterana F40	06:54:54	+04:22:47	18:02
294	82	Joana Martins	individual	Senior Feminino	06:58:52	+04:26:45	18:13
295	76	Catarina Maria Pereira Pinto	individual	Senior Feminino	06:58:57	+04:26:50	18:13
296	333	Ricardo Ferreira	poteeentes - fitspot parque nascente	Senior Masculino	06:59:49	+04:27:42	18:15
297	91	Rita Almeida	individual	Senior Feminino	07:02:16	+04:30:09	18:22
298	201	Luisa Moreira	individual	Veterana F40	07:07:57	+04:35:50	18:36
299	79	Cristina Rodrigues Teixeira Lopes	not run alone	Senior Feminino	07:08:38	+04:36:31	18:38
300	207	Abílio Carvalho	individual	Veterano M40	07:09:58	+04:37:51	18:42
301	118	Francisco Rebelo	individual	Senior Masculino	07:10:00	+04:37:53	18:42
302	127	João Fontoura de Oliveira	individual	Senior Masculino	07:12:54	+04:40:47	18:49
303	264	Paulo Soares	individual	Veterano M40	07:16:35	+04:44:28	18:59
304	83	Joana Neto	individual	Senior Feminino	07:20:23	+04:48:16	19:09
305	196	Clara Maria Caetano Medeiros	individual	Veterana F40	07:42:36	+05:10:29	20:07
306	204	Maria João Lebreiro	individual	Veterana F40	07:42:36	+05:10:29	20:07
307	89	Oriana Teixeira	individual	Senior Feminino	07:42:42	+05:10:35	20:07
308	145	Marco Filipe Faria Nobre	individual	Senior Masculino	07:42:43	+05:10:36	20:07
309	258	Nuno Rocha	individual	Veterano M40	07:42:43	+05:10:36	20:07



23 KM

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
310	254	Miguel Pereira Resende	individual	Veterano M40	07:42:54	+05:10:47	20:08
311	217	Carla Campos	not run alone	Veterano M40	07:55:36	+05:23:29	20:41
312	205	Paula Próspero	individual	Veterana F40	07:57:47	+05:25:40	20:46

trail santa justa 23km

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23 KM

OFFICIAL RESULT

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REVISED

	Time	Temperature	Humidity
Start	09:00	19,6°C	59%
End	17:00	28.4°C	53.9%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	323	Paula Lage	PAREDES AVENTURA	Senior Feminino	03:33:28	09:17
2	39	Mariana Figueiredo Delgado	CTAD - Trilhos de Cinfães	Senior Feminino	03:46:03	+12:35 09:50
3	84	Joana Sousa	Individual	Senior Feminino	03:49:30	+16:02 09:59
4	340	Liliana Gomes	Quintas Feiras Bravas	Senior Feminino	03:50:01	+16:33 10:00
5	328	Juliana Rodrigues	POTEEENTES - Fitspot Parque Nascente	Senior Feminino	03:59:14	+25:46 10:24
6	78	Cristiana Esteves	Individual	Senior Feminino	04:13:55	+40:27 11:02
7	34	Rita Chaves Rebelo	Clube do Pessoal EDP - Delegação de Gaia	Senior Feminino	04:18:11	+44:43 11:14
8	36	Susana Gabriela Costa Pinto da Neta	Clube Zupper	Senior Feminino	04:25:46	+52:18 11:33
9	58	Andreia Amorim	GONDOMAR FUTSAL CLUBE	Senior Feminino	04:26:08	+52:40 11:34
10	18	Daniela Alves	Associação Desportiva de Cabroelo	Senior Feminino	04:28:47	+55:19 11:41
11	387	daniela sofia pinho soares	UNIDOS À FRESCA	Senior Feminino	04:52:28	+01:19:00 12:43
12	81	Elisabete Maria Moreira Pinheiro	Individual	Senior Feminino	05:02:34	+01:29:06 13:09
13	338	Ana Costa	Quintas Feiras Bravas	Senior Feminino	05:04:15	+01:30:47 13:14
14	74	Carla Freitas	Individual	Senior Feminino	05:07:35	+01:34:07 13:22
15	80	Daniela Marta Mariano Falcão	Individual	Senior Feminino	05:08:43	+01:35:15 13:25
16	324	Susana Canhola	Pernetas	Senior Feminino	05:12:53	+01:39:25 13:36
17	69	Ana Margarida Nogueira Coelho	Not Run Alone	Senior Feminino	05:23:36	+01:50:08 14:04
18	22	Silvia Sousa	C&S	Senior Feminino	05:24:47	+01:51:19 14:07
19	380	Suse Silva	Smells like team spirit	Senior Feminino	05:26:39	+01:53:11 14:12
20	33	Isabel Henriques	Clube do Pessoal EDP - Delegação de Gaia	Senior Feminino	05:29:48	+01:56:20 14:20
21	87	Maria de Fátima Leite Oliveira	Individual	Senior Feminino	05:31:38	+01:58:10 14:25
22	93	Sandra Vale	Individual	Senior Feminino	05:36:14	+02:02:46 14:37
23	94	Sofia Gonçalves	Individual	Senior Feminino	05:38:15	+02:04:47 14:42
24	75	Carla Sofia Neves Monteiro	Individual	Senior Feminino	05:45:51	+02:12:23 15:02
25	71	Ana Xavier	Individual	Senior Feminino	05:51:25	+02:17:57 15:17
26	64	Telma Amaral	Hard Trails Runners	Senior Feminino	05:53:09	+02:19:41 15:21
27	56	Aida Presa	Girls4Run	Senior Feminino	05:54:03	+02:20:35 15:24
28	57	Rita Resende	Girls4Run	Senior Feminino	05:54:04	+02:20:36 15:24
29	68	Ana Cavadas	Individual	Senior Feminino	05:56:30	+02:23:02 15:30
30	96	Susana Moreira	Individual	Senior Feminino	06:22:27	+02:48:59 16:38
31	82	Joana Martins	Individual	Senior Feminino	06:58:52	+03:25:24 18:13
32	76	Catarina Maria Pereira Pinto	Individual	Senior Feminino	06:58:57	+03:25:29 18:13
33	91	Rita Almeida	Individual	Senior Feminino	07:02:16	+03:28:48 18:22
34	79	Cristina Rodrigues Teixeira Lopes	Not Run Alone	Senior Feminino	07:08:38	+03:35:10 18:38
35	83	Joana Neto	Individual	Senior Feminino	07:20:23	+03:46:55 19:09
36	89	Oriana Teixeira	Individual	Senior Feminino	07:42:42	+04:09:14 20:07

Official Timekeeper: Lap2Go	1 / 8	generate 30-jul-2015 11:01
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trail santa justa 23km

23 KM

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REVISED

Senior Masculino

1	1	Rui Muga	Clube Academico de Mogadouro	Senior Masculino	02:32:07	06:37
2	151	Nelson Davide Pimenta da Graça	Individual	Senior Masculino	02:32:24	+00:17 06:38
3	8	Bruno Miguel Rodrigues Moreira	Amigos do Pedal - Trailagares	Senior Masculino	02:46:16	+14:09 07:14
4	134	José Luís Pinto	Individual	Senior Masculino	02:48:09	+16:02 07:19
5	106	cesar duarte	Individual	Senior Masculino	02:59:34	+27:27 07:48
6	50	Ricardo Rocha	FAST AO KM- PRR/Health&Nutrition	Senior Masculino	03:06:12	+34:05 08:06
7	279	Eurico Moura	KeMedo Team	Senior Masculino	03:10:22	+38:15 08:1
8	355	Sergio Manuel Moreira Duarte	Quintas Feiras Bravas	Senior Masculino	03:12:04	+39:57 08:21
9	44	David Ferreira	Dr Merino Clinica Médica	Senior Masculino	03:14:48	+42:41 08:28
10	41	Sérgio Santos	Didáxis Trail	Senior Masculino	03:14:59	+42:52 08:29
11	148	Miguel Carvalho	Individual	Senior Masculino	03:15:09	+43:02 08:29
12	344	Eduardo Merino	Quintas Feiras Bravas	Senior Masculino	03:16:13	+44:06 08:32
13	19	Daniel Ferreira	Associação Desportiva de Cabroelo	Senior Masculino	03:20:17	+48:10 08:42
14	156	Nuno Maia	Individual	Senior Masculino	03:22:31	+50:24 08:48
15	42	Vítor Ribeiro	Didáxis Trail	Senior Masculino	03:30:09	+58:02 09:08
16	349	Nuno Pinho	Quintas Feiras Bravas	Senior Masculino	03:30:29	+58:22 09:09
17	357	Tiago Amaral	Quintas Feiras Bravas	Senior Masculino	03:30:34	+58:27 09:09
18	356	Sérgio Paulo dos Santos Sá	Quintas feiras bravas	Senior Masculino	03:31:51	+59:44 09:13
19	383	Jose Miguel Fortuna Pinto	team Rede Ambiente	Senior Masculino	03:32:01	+59:54 09:13
20	280	Filipe Sousa	KeMedo Team	Senior Masculino	03:32:09	+01:00:02 09:13
21	351	Paulo Machado	Quintas Feiras Bravas	Senior Masculino	03:34:10	+01:02:03 09:19
22	178	Rúben Alves	Individual	Senior Masculino	03:34:44	+01:02:37 09:20
23	346	Inuo Filipe Melo	Quintas Feiras Bravas	Senior Masculino	03:35:01	+01:02:54 09:21
24	321	Paulo Pereira	PAPAKM	Senior Masculino	03:35:59	+01:03:52 09:23
25	189	Tiago Rocha	Individual	Senior Masculino	03:36:45	+01:04:38 09:25
26	136	leandro marco roxo pacheco	Individual	Senior Masculino	03:37:30	+01:05:23 09:27
27	285	Marcio Carvalho	KeMedo Team	Senior Masculino	03:38:05	+01:05:58 09:29
28	143	Manuel Henrique Pereira Barbosa	Individual	Senior Masculino	03:39:47	+01:07:40 09:33
29	347	José Luís Sá	Quintas Feiras Bravas	Senior Masculino	03:42:34	+01:10:27 09:41
30	348	Marco Marques	Quintas Feiras Bravas	Senior Masculino	03:42:35	+01:10:28 09:41
31	322	Ricardo Fernandes	PAPAKM	Senior Masculino	03:42:42	+01:10:35 09:41
32	188	Telmo Reis	Individual	Senior Masculino	03:43:01	+01:10:54 09:42
33	310	Pedro Barbosa	Not Run Alone	Senior Masculino	03:45:03	+01:12:56 09:47
34	313	Rui Pereira	OFRunning	Senior Masculino	03:46:14	+01:14:07 09:50
35	284	Manuel Costa	KeMedo Team	Senior Masculino	03:49:26	+01:17:19 09:59
36	350	Nuno Sobral	Quintas Feiras Bravas	Senior Masculino	03:50:24	+01:18:17 10:01
37	294	Carlos Ferreira	LUSOS XXI	Senior Masculino	03:50:26	+01:18:19 10:01
38	7	Edgar Silva	Amigo	Senior Masculino	03:50:32	+01:18:25 10:01
39	320	Daniel Fonseca	PAPAKM	Senior Masculino	03:50:34	+01:18:27 10:01
40	395	Hugo Ferreira	WHITE RUNNING TEAM	Senior Masculino	03:51:31	+01:19:24 10:04
41	377	ULISSES COSTA	Run4all	Senior Masculino	03:53:51	+01:21:44 10:10
42	146	Marco Pereira	Individual	Senior Masculino	03:56:29	+01:24:22 10:17

Official Timekeeper: Lap2Go	2 / 8	generate 30-jul-2015 11:01
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trail santa justa 23km

23 KM

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OFFICIAL RESULT

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REVISED

43	147	Martinho Tiago Padrão	Individual	Senior Masculino	03:58:24	+01:26:17	10:22
44	46	Diogo Filipe Pereira da Silva	EDP Clube de Gaia	Senior Masculino	03:58:26	+01:26:19	10:22
45	153	Nelson Silva	Individual	Senior Masculino	03:58:29	+01:26:22	10:22
46	131	Joel Marques	Individual	Senior Masculino	03:58:43	+01:26:36	10:23
47	100	Bruno Filipe Ribeiro Ferreira	Individual	Senior Masculino	04:00:12	+01:28:05	10:27
48	4	FRANCISCO CARNEIRO	ADE RUNNING	Senior Masculino	04:01:47	+01:29:40	10:31
49	125	Hugo Pinto	Individual	Senior Masculino	04:01:53	+01:29:46	10:31
50	16	Vitor Matos	Associação Desportiva da Efaced	Senior Masculino	04:01:53	+01:29:46	10:31
51	48	Celso Santos	Engomadoria L&A Team	Senior Masculino	04:01:58	+01:29:51	10:31
52	122	Helder Filipe Silva	Individual	Senior Masculino	04:02:03	+01:29:56	10:31
53	170	Pedro Sá	Individual	Senior Masculino	04:03:31	+01:31:24	10:35
54	341	carlos daniel alves	Quintas Feiras Bravas	Senior Masculino	04:04:06	+01:31:59	10:37
55	98	Antonio Goncalves	Individual	Senior Masculino	04:05:13	+01:33:06	10:40
56	282	Helder Marques	KeMedo Team	Senior Masculino	04:05:18	+01:33:11	10:40
57	168	Pedro Miguel Pereira Gilvaz	Individual	Senior Masculino	04:06:34	+01:34:27	10:43
58	129	Joaquim Alves	Individual	Senior Masculino	04:07:27	+01:35:20	10:46
59	190	Tomé pinto	Individual	Senior Masculino	04:07:57	+01:35:50	10:47
60	352	Paulo Pereira	Quintas Feiras Bravas	Senior Masculino	04:09:00	+01:36:53	10:50
61	187	Simão Pereira	Individual	Senior Masculino	04:09:14	+01:37:07	10:50
62	167	Pedro Miguel de Sousa Pinto	Individual	Senior Masculino	04:12:02	+01:39:55	10:57
63	339	Alvero Nunes	Quintas Feiras Bravas	Senior Masculino	04:12:18	+01:40:11	10:58
64	164	Pedro Filipe Dias Alves	Individual	Senior Masculino	04:13:17	+01:41:10	11:01
65	162	Pedro Silva	Individual	Senior Masculino	04:14:52	+01:42:45	11:05
66	306	FERNANDO ALMEIDA	NOCTURNOS DE PAREDES	Senior Masculino	04:16:47	+01:44:40	11:10
67	183	rui soares	Individual	Senior Masculino	04:18:43	+01:46:36	11:15
68	329	Bernardo Mouta	POTEEENTES - Fitspot Parque Nascente	Senior Masculino	04:21:35	+01:49:28	11:22
69	286	Pedro Marques	KeMedo Team	Senior Masculino	04:22:10	+01:50:03	11:24
70	370	HUGO LOBO	Run4all	Senior Masculino	04:23:10	+01:51:03	11:27
71	405	Paulo Magano	Individual	Senior Masculino	04:23:26	+01:51:19	11:27
72	105	Carlos Oliveira	Individual	Senior Masculino	04:23:31	+01:51:24	11:27
73	375	RUI REBELO	Run4all	Senior Masculino	04:25:37	+01:53:30	11:33
74	353	Pedro Santos	Quintas Feiras Bravas	Senior Masculino	04:26:55	+01:54:48	11:36
75	354	Ricardo Dantas	Quintas Feiras Bravas	Senior Masculino	04:26:55	+01:54:48	11:36
76	114	Fábio Silva	Individual	Senior Masculino	04:27:33	+01:55:26	11:38
77	406	Gilberto Viana	PAREDES AVENTURA	Senior Masculino	04:28:01	+01:55:54	11:39
78	174	Ricardo Dias da Fonseca	Individual	Senior Masculino	04:28:19	+01:56:12	11:40
79	137	Leandro Ricardo Oliveira Pinto Simões	Individual	Senior Masculino	04:29:39	+01:57:32	11:43
80	364	Rui Miranda	Rumo Aventura	Senior Masculino	04:29:45	+01:57:38	11:44
81	25	Carlos Viana	CAETANO RUNNERS	Senior Masculino	04:29:52	+01:57:45	11:44
82	371	JOSÉ SILVA	Run4all	Senior Masculino	04:30:16	+01:58:09	11:45
83	332	Rafael Almeida	POTEEENTES - Fitspot Parque Nascente	Senior Masculino	04:30:50	+01:58:43	11:47
84	330	Filipe Carvalho	POTEEENTES - Fitspot Parque Nascente	Senior Masculino	04:31:01	+01:58:54	11:47
85	103	Bruno Ramiro	Individual	Senior Masculino	04:33:33	+02:01:26	11:54
86	139	Luis Manuel da Silva Medeiros Pereira	Individual	Senior Masculino	04:36:32	+02:04:25	12:02

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trail santa justa 23km

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87	116	Filipe Medeiros Guedes Fonseca	Individual	Senior Masculino	04:36:50	+02:04:43	12:02
88	325	Fernando Manuel Ferreira da Costa	Pernetas	Senior Masculino	04:37:24	+02:05:17	12:04
89	192	Vítor Freitas	Individual	Senior Masculino	04:38:28	+02:06:21	12:06
90	132	Jorge Ribeiro	Individual	Senior Masculino	04:38:58	+02:06:51	12:08
91	363	Luís Filipe	Rumo Aventura	Senior Masculino	04:40:04	+02:07:57	12:11
92	155	Nuno Carmo	Individual	Senior Masculino	04:40:14	+02:08:07	12:11
93	303	João Vítor Ribeiro Moura Pinto	NO TOMORROW RUNNING TEAM	Senior Masculino	04:40:31	+02:08:24	12:12
94	120	Hélder Agostinho	Individual	Senior Masculino	04:42:50	+02:10:43	12:18
95	283	Jose Pereira	KeMedo Team	Senior Masculino	04:43:16	+02:11:09	12:19
96	28	Márcio Lívio Duarte Lopes	CICLISTAS CÓSMICOS - GISLÓTICA	Senior Masculino	04:44:05	+02:11:58	12:21
97	52	Jose Lopes	Feras	Senior Masculino	04:44:48	+02:12:41	12:23
98	23	Christophe Moreira	C&S	Senior Masculino	04:44:50	+02:12:43	12:23
99	53	Paulo Ferreirinha	Feras	Senior Masculino	04:44:54	+02:12:47	12:23
100	14	Manuel Moura	Associação Desportiva da Efacec	Senior Masculino	04:46:20	+02:14:13	12:27
101	289	Romulo Silva	KeMedo Team	Senior Masculino	04:46:24	+02:14:17	12:27
102	290	Helder Silva	LA Zinco	Senior Masculino	04:47:58	+02:15:51	12:31
103	115	Fernando Ismael Oliveira Nogueira	Individual	Senior Masculino	04:50:22	+02:18:15	12:37
104	99	António Jorge da silva Gonçalves	Individual	Senior Masculino	04:50:23	+02:18:16	12:38
105	133	Jose Fernando Leal da Costa e Silva	Individual	Senior Masculino	04:50:24	+02:18:17	12:38
106	376	TIAGO MARTINS	Run4all	Senior Masculino	04:53:37	+02:21:30	12:46
107	161	Paulo Moreno Silva	Individual	Senior Masculino	04:55:18	+02:23:11	12:50
108	140	Luís Pinto	Individual	Senior Masculino	04:56:45	+02:24:38	12:54
109	374	PEDRO CARVALHO	Run4all	Senior Masculino	04:57:13	+02:25:06	12:55
110	117	Filipe Miguel de Jesus Teles	Individual	Senior Masculino	04:57:13	+02:25:06	12:55
111	112	Fábio Gabriel Teles	Individual	Senior Masculino	04:57:26	+02:25:19	12:56
112	124	Hugo André Vaz Faria Couto	Individual	Senior Masculino	04:57:33	+02:25:26	12:56
113	111	Emanuel Vieira	Individual	Senior Masculino	05:01:25	+02:29:18	13:06
114	5	SERGIO COSTA	ADE RUNNING	Senior Masculino	05:02:35	+02:30:28	13:09
115	369	CELESTINO CASTRO	Run4all	Senior Masculino	05:02:37	+02:30:30	13:09
116	135	José Pedro de Sousa Dias	Individual	Senior Masculino	05:02:38	+02:30:31	13:09
117	17	Vitor Silva	Associação Desportiva da Efacec	Senior Masculino	05:07:21	+02:35:14	13:22
118	331	Miguel Guimaraes	POTEEENTES - Fitspot Parque Nascente	Senior Masculino	05:09:09	+02:37:02	13:26
119	141	Manuel Fernando Máximo Pereira	Individual	Senior Masculino	05:12:04	+02:39:57	13:34
120	43	António Luís Rocha Santos Correia Peixoto	Dr Merino Clinica Médica	Senior Masculino	05:12:11	+02:40:04	13:34
121	404	Sérgio Matos	Individual	Senior Masculino	05:13:38	+02:41:31	13:38
122	113	Fábio Rodrigues	Individual	Senior Masculino	05:14:47	+02:42:40	13:41
123	372	LUIS LEAL	Run4all	Senior Masculino	05:15:01	+02:42:54	13:42
124	66	Joel Santos	I2S RUN TEAM	Senior Masculino	05:15:19	+02:43:12	13:43
125	288	Renato Sousa Pinto	KeMedo Team	Senior Masculino	05:16:35	+02:44:28	13:46
126	149	Miguel Mendes	Individual	Senior Masculino	05:17:27	+02:45:20	13:48
127	21	José Carlos Costa Bessa	BTT Matosinhos	Senior Masculino	05:17:42	+02:45:35	13:49
128	293	MANUEL TEIXEIRA	LUSOS XXI	Senior Masculino	05:22:29	+02:50:22	14:01
129	152	NELSON DUARTE	Individual	Senior Masculino	05:24:51	+02:52:44	14:07
130	381	Marcelo Fonseca	Smells like team spirit	Senior Masculino	05:26:39	+02:54:32	14:12

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131	138	Luis Filipe Marques da Silva	Individual	Senior Masculino	05:29:55	+02:57:48	14:21
132	186	Sergio Filipe Maia de Sousa	Individual	Senior Masculino	05:30:04	+02:57:57	14:21
133	104	Bruno Rocha	Individual	Senior Masculino	05:31:33	+02:59:26	14:25
134	159	Nuno Rocha	Individual	Senior Masculino	05:31:36	+02:59:29	14:25
135	388	Artur Ferreira	UNIDOS À FRESCA	Senior Masculino	05:32:00	+02:59:53	14:26
136	389	Nelson Machado	UNIDOS À FRESCA	Senior Masculino	05:32:26	+03:00:19	14:27
137	97	André Filipe pinto Barros	Individual	Senior Masculino	05:33:24	+03:01:17	14:30
138	180	Ruben Santos	Individual	Senior Masculino	05:36:32	+03:04:25	14:38
139	144	Marco António Veloso Fernandes	Individual	Senior Masculino	05:40:02	+03:07:55	14:47
140	191	vitlor fernando alves da costa	Individual	Senior Masculino	05:41:51	+03:09:44	14:52
141	177	Rolando Paulo	Individual	Senior Masculino	05:42:42	+03:10:35	14:54
142	390	Pedro Antunes de Azevedo e Taveira Marques	UNIDOS À FRESCA	Senior Masculino	05:44:59	+03:12:52	15:00
143	278	jose moura	invicta runner team	Senior Masculino	05:45:02	+03:12:55	15:00
144	102	Bruno Mêda	Individual	Senior Masculino	05:49:06	+03:16:59	15:11
145	59	Filipe Leitão	GONDOMAR FUTSAL CLUBE	Senior Masculino	05:50:10	+03:18:03	15:13
146	65	Sérgio Silva	Hard Trails Runners	Senior Masculino	05:50:37	+03:18:30	15:15
147	173	Ricardo Carvalho	Individual	Senior Masculino	05:51:21	+03:19:14	15:17
148	123	Hélder Oliveira	Individual	Senior Masculino	05:53:29	+03:21:22	15:22
149	176	Ricardo Sousa	Individual	Senior Masculino	05:54:13	+03:22:06	15:24
150	179	Rúben Bastos	Individual	Senior Masculino	05:58:15	+03:26:08	15:35
151	109	Daniel Pinto	Individual	Senior Masculino	06:04:51	+03:32:44	15:52
152	319	Daniel Machado	OS FUGITIVOS DA CRISE	Senior Masculino	06:07:11	+03:35:04	15:58
153	398	Armando Pinho	WTF	Senior Masculino	06:09:42	+03:37:35	16:04
154	121	Hélder Cabral	Individual	Senior Masculino	06:18:29	+03:46:22	16:27
155	108	Daniel Filipe Andrade Fernandes	Individual	Senior Masculino	06:33:29	+04:01:22	17:06
156	333	Ricardo Ferreira	POTEEENTES - Fitspot Parque Nascente	Senior Masculino	06:59:49	+04:27:42	18:15
157	118	Francisco Rebelo	Individual	Senior Masculino	07:10:00	+04:37:53	18:42
158	127	João Fontoura de Oliveira	Individual	Senior Masculino	07:12:54	+04:40:47	18:49
159	145	Marco Filipe Faria Nobre	Individual	Senior Masculino	07:42:43	+05:10:36	20:07

Veterana F40

1	20	Maria Augusta Da Costa Loureiro	Associação Desportiva de Cabroelo	Veterana F40	03:29:04		09:05
2	206	Sandra Miranda	Individual	Veterana F40	04:06:35	+37:31	10:43
3	61	Flor Madureira	GRUPO DESPORTIVO LEOES DO VENEZA	Veterana F40	04:44:57	+01:15:53	12:23
4	198	Gourete Salvador	Individual	Veterana F40	04:52:21	+01:23:17	12:43
5	203	Maria Iracema Fernandes costa	Individual	Veterana F40	04:56:15	+01:27:11	12:53
6	197	Eugénia Teixeira	Individual	Veterana F40	05:17:41	+01:48:37	13:49
7	291	Paula Chaves	LOCOMOTIVA DE PARANHOS	Veterana F40	05:17:44	+01:48:40	13:49
8	200	Lucília Quiesse Loureiro	Individual	Veterana F40	05:45:37	+02:16:33	15:02
9	193	Ana Paula Teixeira	Individual	Veterana F40	05:56:05	+02:27:01	15:29
10	334	Luisa Almeida	POTEEENTES - Fitspot Parque Nascente	Veterana F40	06:04:26	+02:35:22	15:51
11	202	Maria da Luz Olivença	Individual	Veterana F40	06:10:10	+02:41:06	16:06

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23 KM

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12	195	Cacilda Maria Sousa Ramos	Not Run Alone	Veterana F40	06:32:56	+03:03:52	17:05
13	40	Cristina Dias	CTAD - Trilhos de Cinfães	Veterana F40	06:54:54	+03:25:50	18:02
14	201	Luisa Moreira	Individual	Veterana F40	07:07:57	+03:38:53	18:36
15	196	Clara Maria Caetano Medeiros	Individual	Veterana F40	07:42:36	+04:13:32	20:07
16	204	Maria João Lebreiro	Individual	Veterana F40	07:42:36	+04:13:32	20:07
17	205	Paula Próspero	Individual	Veterana F40	07:57:47	+04:28:43	20:46

Veterano M40

1	2	Armandino Taborda	Individual	Veterano M40	02:33:04		06:39
2	300	Luis Gil	MULTIPOWER-GAIA TRAIL	Veterano M40	02:45:25	+12:21	07:12
3	407	António Martins	Centro Ciclista de Gondomar	Veterano M40	02:50:41	+17:37	07:25
4	45	André Guedes	Dr Merino Clinica Médica	Veterano M40	02:53:14	+20:10	07:32
5	362	Pedro Marques	Quintas Feiras Bravas	Veterano M40	02:57:54	+24:50	07:44
6	30	JOSE MOTA	CICLISTAS CÓSMICOS - GISLÓTICA	Veterano M40	03:02:11	+29:07	07:55
7	32	Helder Manuel Silva Deveza	Clube Academico de Mogadouro	Veterano M40	03:06:58	+33:54	08:08
8	9	Fernando Leal Neves	Amigos do Pedal - TraiLagares	Veterano M40	03:07:28	+34:24	08:09
9	366	Fernando Soares	Rumo Aventura	Veterano M40	03:14:18	+41:14	08:27
10	337	Patrick Marques	POTEEENTES - Fitspot Parque Nascente	Veterano M40	03:16:52	+43:48	08:34
11	318	Jorge Manuel Barbosa Moreira	Os DEZavergonhados	Veterano M40	03:26:46	+53:42	08:59
12	255	Nelson Santos	Individual	Veterano M40	03:26:51	+53:47	09:00
13	229	Ilidio Oliveira	Individual	Veterano M40	03:30:49	+57:45	09:10
14	221	Dionísio Manuel Correia Sousa	Individual	Veterano M40	03:33:55	+01:00:51	09:18
15	305	Paulo Gomes	NO TOMORROW RUNNING TEAM	Veterano M40	03:37:10	+01:04:06	09:27
16	361	Pedro Barbosa	Quintas Feiras Bravas	Veterano M40	03:44:52	+01:11:48	09:47
17	54	José Paulo Pereira Ribeiro	Ginasio Factor X	Veterano M40	03:48:23	+01:15:19	09:56
18	244	Luís Pereira	Individual	Veterano M40	03:49:47	+01:16:43	09:59
19	392	JOSÉ MANUEL RODRIGO NUNES	USGUNAS	Veterano M40	03:51:31	+01:18:27	10:04
20	410	Telmo Cardoso	Individual	Veterano M40	03:52:41	+01:19:37	10:07
21	222	fausto teixeira	Individual	Veterano M40	03:54:55	+01:21:51	10:13
22	275	Vitor Manuel Barbosa Moreira	Individual	Veterano M40	03:55:16	+01:22:12	10:14
23	273	Sergio anunciação	Individual	Veterano M40	03:55:56	+01:22:52	10:15
24	336	Nuno Fontelonga	POTEEENTES - Fitspot Parque Nascente	Veterano M40	03:56:08	+01:23:04	10:16
25	226	Francisco Pinheiro	Individual	Veterano M40	03:58:33	+01:25:29	10:22
26	233	José Carlos Ferreira Dias	Individual	Veterano M40	03:58:40	+01:25:36	10:23
27	213	António Amador	Individual	Veterano M40	03:58:46	+01:25:42	10:23
28	245	Luís Sá	Individual	Veterano M40	04:01:00	+01:27:56	10:29
29	248	MANUEL F TEIXEIRA	Individual	Veterano M40	04:02:12	+01:29:08	10:32
30	26	Américo Pinto	CCDTC.M.GONDOMAR	Veterano M40	04:04:09	+01:31:05	10:37
31	251	Manuel oliveira	Individual	Veterano M40	04:07:43	+01:34:39	10:46
32	220	Daniel Mota	Individual	Veterano M40	04:07:46	+01:34:42	10:46
33	27	Miguel Pereira	CCDTC.M.GONDOMAR	Veterano M40	04:07:55	+01:34:51	10:47
34	367	José Carvalho	Rumo Aventura	Veterano M40	04:11:18	+01:38:14	10:56

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23 KM

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35	358	Nuno Costa	Quintas Feiras Bravas	Veterano M40	04:12:49	+01:39:45	11:00
36	11	Jorge Silva	ARCORUN	Veterano M40	04:13:21	+01:40:17	11:01
37	385	Agostinho Sousa	Termas são Vicente – Penafiel	Veterano M40	04:15:43	+01:42:39	11:07
38	219	CARLOS SOUSA	Individual	Veterano M40	04:16:15	+01:43:11	11:08
39	394	Eduardo Caramalho	VALPI RUNNERS	Veterano M40	04:16:34	+01:43:30	11:09
40	268	pedro mouro	Individual	Veterano M40	04:18:08	+01:45:04	11:13
41	246	manuel antonio ferreira pinto teixeira	Individual	Veterano M40	04:19:09	+01:46:05	11:16
42	299	MARIO RUI LEITE COSTA	Moreira Relax Runners	Veterano M40	04:19:09	+01:46:05	11:16
43	31	PAULO JORGE GONÇALVES SOARES	CICLISTAS CÓSMICOS - GISLÓTICA	Veterano M40	04:21:00	+01:47:56	11:21
44	29	JOSÉ MIGUEL CRUZ PINTO	CICLISTAS CÓSMICOS - GISLÓTICA	Veterano M40	04:21:01	+01:47:57	11:21
45	261	Paulo Jorge Barbosa da Rocha	Not Run Alone	Veterano M40	04:23:15	+01:50:11	11:27
46	335	Alcino Vieira	POTEEENTES - Fispot Parque Nascente	Veterano M40	04:25:33	+01:52:29	11:33
47	360	Paulo Neta	Quintas Feiras Bravas	Veterano M40	04:25:46	+01:52:42	11:33
48	259	Paulo Brás	Individual	Veterano M40	04:27:59	+01:54:55	11:39
49	247	Manuel Coelho	Individual	Veterano M40	04:29:59	+01:56:55	11:44
50	236	jose manuel ferreira	Individual	Veterano M40	04:33:50	+02:00:46	11:54
51	6	Paulo Leite	All About	Veterano M40	04:36:41	+02:03:37	12:02
52	238	José Moura Sousa	Individual	Veterano M40	04:39:48	+02:06:44	12:10
53	49	Fernando Oliveira	Engomadoria L&A Team	Veterano M40	04:40:09	+02:07:05	12:11
54	252	Mário Augusto Ferreira	Individual	Veterano M40	04:40:30	+02:07:26	12:12
55	209	Alberto César	Individual	Veterano M40	04:42:44	+02:09:40	12:18
56	55	ANSELMO ALMEIDA	Ginasio Fit4Fun	Veterano M40	04:42:59	+02:09:55	12:18
57	266	Pedro Manuel Leão Bastos	Individual	Veterano M40	04:44:58	+02:11:54	12:23
58	12	Americo cunha	Arrasta o pé	Veterano M40	04:45:05	+02:12:01	12:24
59	253	Mário Meneses	Individual	Veterano M40	04:49:27	+02:16:23	12:35
60	391	david paulo pereira pinto	UNIDOS À FRESCA	Veterano M40	04:52:27	+02:19:23	12:43
61	270	porfirio da silva pereira	Individual	Veterano M40	04:56:15	+02:23:11	12:53
62	262	Paulo Pinto	Individual	Veterano M40	04:56:41	+02:23:37	12:54
63	267	Pedro Miguel Rodrigues Gavina	Individual	Veterano M40	04:57:05	+02:24:01	12:55
64	249	Manuel Faria Sampaio	Individual	Veterano M40	04:57:18	+02:24:14	12:56
65	211	Álvaro Jorge da Rocha Maia	Individual	Veterano M40	04:57:22	+02:24:18	12:56
66	231	Joaquim Lúcio Pires Ribeiro	Individual	Veterano M40	05:00:03	+02:26:59	13:03
67	216	Antonio Santos	Individual	Veterano M40	05:01:52	+02:28:48	13:07
68	232	Jorge Bernardino	Individual	Veterano M40	05:07:44	+02:34:40	13:23
69	235	José Fernandes Ferreira	Individual	Veterano M40	05:08:49	+02:35:45	13:26
70	225	FRANCISCO JOSÉ RAMOS SANTOS	Individual	Veterano M40	05:09:21	+02:36:17	13:27
71	241	Leonel Carlos Cardoso Teixeira Pinto	Individual	Veterano M40	05:13:05	+02:40:01	13:37
72	263	Paulo Próspero	Individual	Veterano M40	05:13:14	+02:40:10	13:37
73	403	José Castelo	Individual	Veterano M40	05:18:32	+02:45:28	13:51
74	237	José Manuel Martins Veloso da Veiga	Individual	Veterano M40	05:18:45	+02:45:41	13:52
75	276	Vitor Manuel Coelho de Almeida	Individual	Veterano M40	05:20:06	+02:47:02	13:55
76	307	ANTONIO MIRANDA	NOCTURNOS DE PAREDES	Veterano M40	05:23:51	+02:50:47	14:05
77	399	Joaquim Rocha	Individual	Veterano M40	05:34:34	+03:01:30	14:33
78	400	Carlos Silva	Individual	Veterano M40	05:34:34	+03:01:30	14:33

Official Timekeeper: Lap2Go	7 / 8	generate 30-jul-2015 11:01
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trail santa justa 23km

23 KM

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79	402	Abilio Pacheco	Individual	Veterano M40	05:34:34	+03:01:30	14:33
80	401	José Leal	Individual	Veterano M40	05:34:34	+03:01:30	14:33
81	62	fernando rocha	GRUPO DESPORTIVO LEOES DO VENEZA	Veterano M40	05:35:52	+03:02:48	14:36
82	311	José Rodrigues	Not Run Alone	Veterano M40	05:41:15	+03:08:11	14:50
83	51	Candido Rocha	FAST AO KM-PRR/Health&Nutrition	Veterano M40	05:43:22	+03:10:18	14:56
84	274	Vitor helder da Silva santos	Individual	Veterano M40	05:45:40	+03:12:36	15:02
85	224	Fernando silva	Individual	Veterano M40	05:48:12	+03:15:08	15:08
86	208	Adriano Rocha	Individual	Veterano M40	05:49:06	+03:16:02	15:11
87	359	Paulo Correia Alves	Quintas Feiras Bravas	Veterano M40	05:51:25	+03:18:21	15:17
88	239	José Nogueira	Individual	Veterano M40	05:51:56	+03:18:52	15:18
89	272	Rui Paulo Alexandre Dias Zilhão	Individual	Veterano M40	05:52:11	+03:19:07	15:19
90	260	Paulo Graça	Individual	Veterano M40	05:52:22	+03:19:18	15:19
91	215	António Pereira	Individual	Veterano M40	05:53:58	+03:20:54	15:23
92	292	João Pedro Valente Serdoura dos Santos	LOCOMOTIVA DE PARANHOS	Veterano M40	06:34:25	+04:01:21	17:09
93	240	Jose Paulo Canavarro Almeida Leite	Individual	Veterano M40	06:46:53	+04:13:49	17:41
94	210	Alberto Ricardo Silva Lima	Individual	Veterano M40	06:46:55	+04:13:51	17:42
95	256	Nuno Duarte Canavarro dos Santos	Individual	Veterano M40	06:54:30	+04:21:26	18:01
96	207	Abílio Carvalho	Individual	Veterano M40	07:09:58	+04:36:54	18:42
97	264	Paulo Soares	Individual	Veterano M40	07:16:35	+04:43:31	18:59
98	258	Nuno Rocha	Individual	Veterano M40	07:42:43	+05:09:39	20:07
99	254	Miguel Pereira Resende	Individual	Veterano M40	07:42:54	+05:09:50	20:08
100	217	Carla Campos	Not Run Alone	Veterano M40	07:55:36	+05:22:32	20:41

[illegible]

Official Timekeeper: Lap2Go	1 / 1	generate 26-jul-2015 17:09
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Rank	Bib	Name	Team	Time
1	2	Armandino Taborda	Individual	00:12:20
2	151	Nelson Davide Pimenta da Graça	Individual	00:13:10
3	300	Luis Gil	MULTIPOWER-GAIA TRAIL	00:13:17
4	8	Bruno Miguel Rodrigues Moreira	Amigos do Pedal - TrailLagares	00:14:06
5	117	Filipe Miguel de Jesus Teles	Individual	00:14:34
6	362	Pedro Marques	Quintas Feiras Bravas	00:14:42
7	1	Rui Muga	Clube Academico de Mogadouro	00:14:44
8	112	Fábio Gabriel Teles	Individual	00:14:46
9	407	António Martins	Centro Ciclista de Gondomar	00:15:00
10	99	António Jorge da Silva Gonçalves	Individual	00:15:02
11	133	Jose Fernando Leal da Costa e Silva	Individual	00:15:06
12	45	André Guedes	Dr Merino Clinica Médica	00:15:26
13	349	Nuno Pinho	Quintas Feiras Bravas	00:15:26
14	156	Nuno Maia	Individual	00:15:32
15	19	Daniel Ferreira	Associação Desportiva de Cabroelo	00:16:03
16	42	Vítor Ribeiro	Didáxis Trail	00:16:07
17	366	Fernando Soares	Rumo Aventura	00:16:14
18	134	José Luís Pinto	Individual	00:16:23
19	44	David Ferreira	Dr Merino Clinica Médica	00:16:31
20	148	Miguel Carvalho	Individual	00:16:31
21	30	JOSE MOTA	CICLISTAS CÓSMICOS - GISLÓTICA	00:16:34
22	50	Ricardo Rocha	FAST AO KM- PRR/Health&Nutrition	00:16:40
23	41	Sérgio Santos	Didáxis Trail	00:16:40
24	279	Eurico Moura	KeMedo Team	00:16:43
25	106	cesar duarte	Individual	00:16:44
26	255	Nelson Santos	Individual	00:16:46
27	344	Eduardo Merino	Quintas Feiras Bravas	00:16:52
28	143	Manuel Henrique Pereira Barbosa	Individual	00:17:05
29	170	Pedro Sá	Individual	00:17:28
30	55	ANSELMO ALMEIDA	Ginasio Fit4Fun	00:17:33
31	178	Rúben Alves	Individual	00:17:47
32	136	leandro marco roxo pacheco	Individual	00:17:56
33	9	Fernando Leal Neves	Amigos do Pedal - TrailLagares	00:17:58
34	321	Paulo Pereira	PAPAKM	00:18:10
35	337	Patrick Marques	POTEEENTES - Fitspot Parque Nascente	00:18:17
36	305	Paulo Gomes	NO TOMORROW RUNNING TEAM	00:18:19
37	7	Edgar Silva	Amigo	00:18:22
38	318	Jorge Manuel Barbosa Moreira	Os DEZavergonhados	00:18:25
39	383	Jose Miguel Fortuna Pinto	team Rede Ambiente	00:18:32
40	320	Daniel Fonseca	PAPAKM	00:18:45
41	392	JOSÉ MANUEL RODRIGO NUNES	USGUNAS	00:18:46
42	248	MANUEL F TEIXEIRA	Individual	00:18:49
43	352	Paulo Pereira	Quintas Feiras Bravas	00:18:58
44	395	Hugo Ferreira	WHITE RUNNING TEAM	00:18:59
45	355	Sergio Manuel Moreira Duarte	Quintas Feiras Bravas	00:19:01

Rank	Bib	Name	Team	Time
46	357	Tiago Amaral	Quintas Feiras Bravas	00:19:01
47	229	Ilidio Oliveira	Individual	00:19:13
48	294	Carlos Ferreira	LUSOS XXI	00:19:23
49	32	Helder Manuel Silva Deveza	Clube Academico de Mogadouro	00:19:42
50	348	Marco Marques	Quintas Feiras Bravas	00:19:55
51	261	Paulo Jorge Barbosa da Rocha	Not Run Alone	00:19:56
52	351	Paulo Machado	Quintas Feiras Bravas	00:20:00
53	192	Vítor Freitas	Individual	00:20:05
54	266	Pedro Manuel Leão Bastos	Individual	00:20:07
55	120	Hélder Agostinho	Individual	00:20:11
56	100	Bruno Filipe Ribeiro Ferreira	Individual	00:20:14
57	12	Americo cunha	Arrasta o pé	00:20:15
58	139	Luis Manuel da Silva Medeiros Pereira	Individual	00:20:20
59	283	Jose Pereira	KeMedo Team	00:20:22
60	146	Marco Pereira	Individual	00:20:23
61	104	Bruno Rocha	Individual	00:20:24
62	135	José Pedro de Sousa Dias	Individual	00:20:28
63	188	Telmo Reis	Individual	00:20:30
64	310	Pedro Barbosa	Not Run Alone	00:20:31
65	159	Nuno Rocha	Individual	00:20:32
66	247	Manuel Coelho	Individual	00:20:33
67	52	Jose Lopes	Feras	00:20:36
68	161	Paulo Moreno Silva	Individual	00:20:38
69	53	Paulo Ferreirinha	Feras	00:20:39
70	364	Rui Miranda	Rumo Aventura	00:20:41
71	268	pedro mouro	Individual	00:20:47
72	246	manuel antonio ferreira pinto teixeira	Individual	00:20:52
73	336	Nuno Fontelonga	POTEEENTES - Fitspot Parque Nascente	00:20:52
74	183	rui soares	Individual	00:20:53
75	346	Inuo Filipe Melo	Quintas Feiras Bravas	00:20:53
76	303	João Vitor Ribeiro Moura Pinto	NO TOMORROW RUNNING TEAM	00:20:55
77	187	Simão Pereira	Individual	00:20:57
78	410	Telmo Cardoso	Individual	00:20:57
79	168	Pedro Miguel Pereira Gilvaz	Individual	00:20:57
80	322	Ricardo Fernandes	PAPAKM	00:20:58
81	245	Luís Sá	Individual	00:20:58
82	6	Paulo Leite	All About	00:21:01
83	180	Ruben Santos	Individual	00:21:03
84	273	Sergio anunciação	Individual	00:21:07
85	167	Pedro Miguel de Sousa Pinto	Individual	00:21:10
86	174	Ricardo Dias da Fonseca	Individual	00:21:12
87	347	José Luís Sá	Quintas Feiras Bravas	00:21:13
88	280	Filipe Sousa	KeMedo Team	00:21:14
89	284	Manuel Costa	KeMedo Team	00:21:19
90	222	fausto teixeira	Individual	00:21:21
91	23	Christophe Moreira	C&S	00:21:23

SPRINT FINAL - 23K Masculino

Rank	Bib	Name	Team	Time
92	313	Rui Pereira	OFRunning	00:21:25
93	289	Romulo Silva	KeMedo Team	00:21:26
94	54	José Paulo Pereira Ribeiro	Ginasio Factor X	00:21:30
95	244	Luís Pereira	Individual	00:21:30
96	164	Pedro Filipe Dias Alves	Individual	00:21:37
97	122	Helder Filipe Silva	Individual	00:21:37
98	226	Francisco Pinheiro	Individual	00:21:39
99	125	Hugo Pinto	Individual	00:21:39
100	49	Fernando Oliveira	Engomadoria L&A Team	00:21:40
101	116	Filipe Medeiros Guedes Fonseca	Individual	00:21:42
102	16	Vitor Matos	Associação Desportiva da Efacec	00:21:42
103	147	Martinho Tiago Padrão	Individual	00:21:42
104	155	Nuno Carmo	Individual	00:21:42
105	220	Daniel Mota	Individual	00:21:42
106	306	FERNANDO ALMEIDA	NOCTURNOS DE PAREDES	00:21:44
107	330	Filipe Carvalho	POTEEENTES - Fitspot Parque Nascente	00:21:44
108	190	Tomé pinto	Individual	00:21:50
109	238	José Moura Sousa	Individual	00:21:53
110	131	Joel Marques	Individual	00:21:56
111	109	Daniel Pinto	Individual	00:21:58
112	406	Gilberto Viana	PAREDES AVENTURA	00:22:00
113	341	carlos daniel alves	Quintas Feiras Bravas	00:22:01
114	153	Nelson Silva	Individual	00:22:05
115	252	Mário Augusto Ferreira	Individual	00:22:05
116	11	Jorge Silva	ARCORUN	00:22:07
117	329	Bernardo Mouta	POTEEENTES - Fitspot Parque Nascente	00:22:08
118	114	Fábio Silva	Individual	00:22:10
119	263	Paulo Próspero	Individual	00:22:11
120	98	Antonio Goncalves	Individual	00:22:12
121	27	Miguel Pereira	CCDTC.M.GONDOMAR	00:22:12
122	388	Artur Ferreira	UNIDOS À FRESCA	00:22:13
123	361	Pedro Barbosa	Quintas Feiras Bravas	00:22:13
124	14	Manuel Moura	Associação Desportiva da Efacec	00:22:16
125	377	ULISSES COSTA	Run4all	00:22:19
126	189	Tiago Rocha	Individual	00:22:19
127	29	JOSÉ MIGUEL CRUZ PINTO	CICLISTAS CÓSMICOS - GISLÓTICA	00:22:32
128	389	Nelson Machado	UNIDOS À FRESCA	00:22:32
129	141	Manuel Fernando Máximo Pereira	Individual	00:22:32
130	237	José Manuel Martins Veloso da Veiga	Individual	00:22:32
131	31	PAULO JORGE GONÇALVES SOARES	CICLISTAS CÓSMICOS - GISLÓTICA	00:22:33
132	275	Vitor Manuel Barbosa Moreira	Individual	00:22:34
133	211	Álvaro Jorge da Rocha Maia	Individual	00:22:39
134	299	MARIO RUI LEITE COSTA	Moreira Relax Runners	00:22:40
135	186	Sergio Filipe Maia de Sousa	Individual	00:22:52
136	358	Nuno Costa	Quintas Feiras Bravas	00:22:56
137	375	RUI REBELO	Run4all	00:23:01

Rank	Bib	Name	Team	Time
138	391	david paulo pereira pinto	UNIDOS À FRESCA	00:23:03
139	360	Paulo Neta	Quintas Feiras Bravas	00:23:05
140	253	Mário Meneses	Individual	00:23:10
141	213	António Amador	Individual	00:23:14
142	363	Luís Filipe	Rumo Aventura	00:23:21
143	335	Alcino Vieira	POTEEENTES - Fitspot Parque Nascente	00:23:26
144	278	jose moura	invicta runner team	00:23:26
145	367	José Carvalho	Rumo Aventura	00:23:27
146	390	Pedro Antunes de Azevedo e Taveira Marques	UNIDOS À FRESCA	00:23:28
147	403	José Castelo	Individual	00:23:29
148	225	FRANCISCO JOSÉ RAMOS SANTOS	Individual	00:23:30
149	274	Vitor helder da Silva santos	Individual	00:23:30
150	270	porfirio da silva pereira	Individual	00:23:31
151	286	Pedro Marques	KeMedo Team	00:23:32
152	149	Miguel Mendes	Individual	00:23:35
153	43	António Luís Rocha Santos Correia Peixoto	Dr Merino Clinica Médica	00:23:39
154	233	José Carlos Ferreira Dias	Individual	00:23:41
155	162	Pedro Silva	Individual	00:23:45
156	405	Paulo Magano	Individual	00:23:47
157	21	José Carlos Costa Bessa	BTT Matosinhos	00:23:47
158	262	Paulo Pinto	Individual	00:23:48
159	290	Helder Silva	LA Zinco	00:23:50
160	103	Bruno Ramiro	Individual	00:23:51
161	140	Luís Pinto	Individual	00:23:51
162	210	Alberto Ricardo Silva Lima	Individual	00:23:52
163	240	Jose Paulo Canavarro Almeida Leite	Individual	00:23:52
164	105	Carlos Oliveira	Individual	00:23:52
165	209	Alberto César	Individual	00:23:58
166	353	Pedro Santos	Quintas Feiras Bravas	00:23:58
167	354	Ricardo Dantas	Quintas Feiras Bravas	00:24:00
168	285	Marcio Carvalho	KeMedo Team	00:24:01
169	381	Marcelo Fonseca	Smells like team spirit	00:24:07
170	385	Agostinho Sousa	Termas são Vicente – Penafiel	00:24:11
171	359	Paulo Correia Alves	Quintas Feiras Bravas	00:24:14
172	152	NELSON DUARTE	Individual	00:24:14
173	241	Leonel Carlos Cardoso Teixeira Pinto	Individual	00:24:15
174	256	Nuno Duarte Canavarro dos Santos	Individual	00:24:17
175	276	Vitor Manuel Coelho de Almeida	Individual	00:24:18
176	356	Sérgio Paulo dos Santos Sá	Quintas feiras bravas	00:24:23
177	370	HUGO LOBO	Run4all	00:24:28
178	137	Leandro Ricardo Oliveira Pinto Simões	Individual	00:24:31
179	249	Manuel Faria Sampaio	Individual	00:24:32
180	129	Joaquim Alves	Individual	00:24:34
181	371	JOSÉ SILVA	Run4all	00:24:36
182	46	Diogo Filipe Pereira da Silva	EDP Clube de Gaia	00:24:46
183	17	Vitor Silva	Associação Desportiva da Efacec	00:24:48

SPRINT FINAL - 23K Masculino

Rank	Bib	Name	Team	Time
184	48	Celso Santos	Engomadoria L&A Team	00:24:51
185	219	CARLOS SOUSA	Individual	00:24:55
186	369	CELESTINO CASTRO	Run4all	00:24:58
187	231	Joaquim Lúcio Pires Ribeiro	Individual	00:25:04
188	404	Sérgio Matos	Individual	00:25:09
189	259	Paulo Brás	Individual	00:25:10
190	331	Miguel Guimaraes	POTEEENTES - Fitspot Parque Nascente	00:25:10
191	4	FRANCISCO CARNEIRO	ADE RUNNING	00:25:14
192	394	Eduardo Caramalho	VALPI RUNNERS	00:25:23
193	176	Ricardo Sousa	Individual	00:25:26
194	232	Jorge Bernardino	Individual	00:25:27
195	138	Luis Filipe Marques da Silva	Individual	00:25:35
196	401	José Leal	Individual	00:25:38
197	400	Carlos Silva	Individual	00:25:41
198	399	Joaquim Rocha	Individual	00:25:42
199	402	Abilio Pacheco	Individual	00:25:51
200	221	Dionísio Manuel Correia Sousa	Individual	00:25:58
201	235	José Fernandes Ferreira	Individual	00:26:00
202	115	Fernando Ismael Oliveira Nogueira	Individual	00:26:03
203	215	António Pereira	Individual	00:26:15
204	224	Fernando silva	Individual	00:26:15
205	97	André Filipe pinto Barros	Individual	00:26:21
206	113	Fábio Rodrigues	Individual	00:26:21
207	51	Candido Rocha	FAST AO KM- PRR/Health&Nutrition	00:26:21
208	179	Rúben Bastos	Individual	00:26:22
209	398	Armando Pinho	WTF	00:26:24
210	173	Ricardo Carvalho	Individual	00:26:32
211	25	Carlos Viana	CAETANO RUNNERS	00:26:35
212	239	José Nogueira	Individual	00:26:43
213	374	PEDRO CARVALHO	Run4all	00:26:50
214	332	Rafael Almeida	POTEEENTES - Fitspot Parque Nascente	00:26:50
215	66	Joel Santos	I2S RUN TEAM	00:26:52
216	319	Daniel Machado	OS FUGITIVOS DA CRISE	00:27:11
217	272	Rui Paulo Alexandre Dias Zilhão	Individual	00:27:12
218	372	LUIS LEAL	Run4all	00:27:19
219	102	Bruno Mêda	Individual	00:27:30
220	260	Paulo Graça	Individual	00:27:31
221	208	Adriano Rocha	Individual	00:27:33
222	307	ANTONIO MIRANDA	NOCTURNOS DE PAREDES	00:27:35
223	144	Marco António Veloso Fernandes	Individual	00:27:42
224	191	vitofernando alves da costa	Individual	00:27:51
225	325	Fernando Manuel Ferreira da Costa	Pernetas	00:27:54
226	216	Antonio Santos	Individual	00:28:03
227	251	Manuel oliveira	Individual	00:28:05
228	217	Carla Campos	Not Run Alone	00:28:15
229	111	Emanuel Vieira	Individual	00:28:19

SPRINT FINAL - 23K Masculino

Rank	Bib	Name	Team	Time
230	293	MANUEL TEIXEIRA	LUSOS XXI	00:28:22
231	267	Pedro Miguel Rodrigues Gavina	Individual	00:28:26
232	62	fernando rocha	GRUPO DESPORTIVO LEOES DO VENEZA	00:28:35
233	65	Sérgio Silva	Hard Trails Runners	00:28:39
234	177	Rolando Paulo	Individual	00:28:52
235	311	José Rodrigues	Not Run Alone	00:29:09
236	26	Américo Pinto	CCDTC.M.GONDOMAR	00:29:09
237	5	SERGIO COSTA	ADE RUNNING	00:29:11
238	124	Hugo André Vaz Faria Couto	Individual	00:29:27
239	59	Filipe Leitão	GONDOMAR FUTSAL CLUBE	00:29:40
240	282	Helder Marques	KeMedo Team	00:30:04
241	123	Hélder Oliveira	Individual	00:30:11
242	258	Nuno Rocha	Individual	00:30:22
243	254	Miguel Pereira Resende	Individual	00:30:33
244	236	jose manuel ferreira	Individual	00:30:47
245	145	Marco Filipe Faria Nobre	Individual	00:31:22
246	121	Hélder Cabral	Individual	00:32:23
247	292	João Pedro Valente Serdoura dos Santos	LOCOMOTIVA DE PARANHOS	00:32:44
248	376	TIAGO MARTINS	Run4all	00:33:03
249	132	Jorge Ribeiro	Individual	00:35:32
250	28	Márcio Lívio Duarte Lopes	CICLISTAS CÓSMICOS - GISLÓTICA	00:35:52
251	207	Abílio Carvalho	Individual	00:36:07
252	118	Francisco Rebelo	Individual	00:36:33
253	127	João Fontoura de Oliveira	Individual	00:36:33
254	333	Ricardo Ferreira	POTEEENTES - Fitspot Parque Nascente	00:36:38
255	108	Daniel Filipe Andrade Fernandes	Individual	00:41:13
256	288	Renato Sousa Pinto	KeMedo Team	00:41:15
257	264	Paulo Soares	Individual	00:42:39

Rank	Bib	Name	Team	Time
1	84	Joana Sousa	Individual	00:16:56
2	20	Maria Augusta Da Costa Loureiro	Associação Desportiva de Cabroelo	00:17:27
3	78	Cristiana Esteves	Individual	00:18:43
4	323	Paula Lage	PAREDES AVENTURA	00:19:24
5	291	Paula Chaves	LOCOMOTIVA DE PARANHOS	00:19:46
6	338	Ana Costa	Quintas Feiras Bravas	00:20:07
7	34	Rita Chaves Rebelo	Clube do Pessoal EDP - Delegação de Gaia	00:20:08
8	87	Maria de Fátima Leite Oliveira	Individual	00:20:33
9	86	Luísa Almeida	Individual	00:20:40
10	61	Flor Madureira	GRUPO DESPORTIVO LEOES DO VENEZA	00:20:58
11	206	Sandra Miranda	Individual	00:21:00
12	39	Mariana Figueiredo Delgado	CTAD - Trilhos de Cinfães	00:21:26
13	334	Luisa Almeida	POTEEENTES - Fitspot Parque Nascente	00:21:33
14	340	Liliana Gomes	Quintas Feiras Bravas	00:21:38
15	58	Andreia Amorim	GONDOMAR FUTSAL CLUBE	00:21:52
16	328	Juliana Rodrigues	POTEEENTES - Fitspot Parque Nascente	00:22:15
17	324	Susana Canhola	Pernetas	00:22:29
18	18	Daniela Alves	Associação Desportiva de Cabroelo	00:22:31
19	93	Sandra Vale	Individual	00:22:35
20	387	daniela sofia pinho soares	UNIDOS À FRESCA	00:22:53
21	80	Daniela Marta Mariano Falcão	Individual	00:22:54
22	69	Ana Margarida Nogueira Coelho	Not Run Alone	00:22:56
23	36	Susana Gabriela Costa Pinto da Neta	Clube Zupper	00:23:03
24	203	Maria Iracema Fernandes costa	Individual	00:23:33
25	198	Gourete Salvador	Individual	00:23:44
26	197	Eugénia Teixeira	Individual	00:23:47
27	380	Suse Silva	Smells like team spirit	00:24:05
28	200	Lucilia Quiesse Loureiro	Individual	00:24:11
29	71	Ana Xavier	Individual	00:24:17
30	22	Silvia Sousa	C&S	00:24:20
31	75	Carla Sofia Neves Monteiro	Individual	00:24:22
32	202	Maria da Luz Olivença	Individual	00:24:32
33	76	Catarina Maria Pereira Pinto	Individual	00:24:52
34	33	Isabel Henriques	Clube do Pessoal EDP - Delegação de Gaia	00:25:10
35	82	Joana Martins	Individual	00:25:15
36	57	Rita Resende	Girls4Run	00:25:26
37	56	Aida Presa	Girls4Run	00:25:36
38	74	Carla Freitas	Individual	00:25:39
39	40	Cristina Dias	CTAD - Trilhos de Cinfães	00:26:00
40	96	Susana Moreira	Individual	00:26:53
41	94	Sofia Gonçalves	Individual	00:27:03
42	386	Ana Paula Monteiro da Costa	TUGAS NA ESTRADA	00:27:24
43	91	Rita Almeida	Individual	00:27:40
44	339	Alvero Nunes	Quintas Feiras Bravas	00:27:57
45	64	Telma Amaral	Hard Trails Runners	00:28:01

Rank	Bib	Name	Team	Time
46	193	Ana Paula Teixeira	Individual	00:28:15
47	79	Cristina Rodrigues Teixeira Lopes	Not Run Alone	00:28:17
48	68	Ana Cavadas	Individual	00:28:26
49	81	Elisabete Maria Moreira Pinheiro	Individual	00:29:07
50	204	Maria João Lebreiro	Individual	00:30:15
51	196	Clara Maria Caetano Medeiros	Individual	00:30:15
52	205	Paula Próspero	Individual	00:30:26
53	195	Cacilda Maria Sousa Ramos	Not Run Alone	00:30:26
54	201	Luisa Moreira	Individual	00:30:36
55	89	Oriana Teixeira	Individual	00:31:21
56	83	Joana Neto	Individual	00:37:02