

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
FERNANDO LEMOS	Gaia Trail	2035	1	01:43:11.263	00:00:00.000
MÁRIO PINTO	Grupo Desportivo E Cultural Castelo De Paiva	2328	2	01:44:27.187	00:01:15.924
DINIS GONÇALVES	Gaia Trail	2128	3	01:44:31.647	00:01:20.384
ANASTASIA RUDNAYA	Ms Parma	2182	4	01:44:31.777	00:01:20.514
VIACHESLAV MARTYNOVSKII	Nord West	2222	5	01:45:40.470	00:02:29.207
NIKOLAI KUDRIAVTCEV	Nord West	2224	6	01:46:39.957	00:03:28.694
PEDRO TAPADAS	Douroconta - Gabinete De Apoio E Contabilidade	2290	7	01:47:49.943	00:04:38.680
SEMEN PETROV	Nord West	2223	8	01:54:17.097	00:11:05.834
ANTONIO AMORIM	Fiaes Sport Clube	2313	9	01:55:37.560	00:12:26.297
IVAN SILVA	Edv Viana Trail	2285	10	01:55:37.693	00:12:26.430
EURICO MOURA	Gdr Retorta	2363	11	01:55:50.227	00:12:38.964
RICARDO ALMEIDA	Morcegos Trail	2104	12	01:56:06.360	00:12:55.097
DANIIL KASHIN	Nord West	2221	13	01:56:06.847	00:12:55.584
PATRICK MARQUES	Fridão Sem Limites	2042	14	01:56:41.587	00:13:30.324
FILIPE PINTO	Btt Alegria // Tubani	2144	15	01:57:03.330	00:13:52.067
JOÃO TRIGUEIROS	Gaia Trail	2269	16	01:57:18.627	00:14:07.364
CRISTIANO SANTOS	A.D.Amarante	2323	17	01:58:45.090	00:15:33.827
HÉLIO DIAS	Hsantamariart	2043	18	01:58:54.327	00:15:43.064
TIAGO SOARES	Moinhos Run - Adrm	2085	19	01:58:56.440	00:15:45.177
MÁRCIO CARVALHO	Gdr Retorta	2364	20	01:59:41.277	00:16:30.014
BRUNO ALLEN	Gdr Retorta	2071	21	02:01:02.517	00:17:51.254
CARLOS VIEIRA	Adsebolido Trail Boneca Douro	2027	22	02:01:25.477	00:18:14.214
GILBERTO PIMENTA	Oralklass-Amigos Do Trail	2314	23	02:01:53.633	00:18:42.370
RUI TAVARES	Ddt Runners	2180	24	02:01:54.607	00:18:43.344
PEDRO MOREIRA	Trail Santa Marta / Tristes Mas Duros	2121	25	02:01:57.280	00:18:46.017
MALYSHEV MIKAIL	Nord West	2225	26	02:02:37.697	00:19:26.434
ANTÓNIO MENDES	A.D.Amarante	2322	27	02:02:42.330	00:19:31.067
DARIA PANCHENKO	Nord West	2226	28	02:03:24.557	00:20:13.294
PEDRO GUIMARÃES	Ctad - Consumo Zero	2246	29	02:03:44.360	00:20:33.097
JORGE MOREIRA	Amigos Do Pedal Trailagares	2331	30	02:04:52.143	00:21:40.880
CARLOS COSTA	Abrevaes	2114	31	02:05:08.483	00:21:57.220
ERNESTO ALVES	Juventude Cortegacense	2271	32	02:05:33.983	00:22:22.720
PEDRO BARBOSA	Individual	2300	33	02:05:50.743	00:22:39.480
TATIANA BEVZA	Nord West	2227	34	02:06:34.713	00:23:23.450
JOSÉ RIBEIRO	Individual	2018	35	02:06:40.527	00:23:29.264
FERNANDO NEVES	Centro Ciclista De Gondomar	2247	36	02:06:57.523	00:23:46.260
PAULO MADEIRA	Gaia Trail	2127	37	02:07:43.187	00:24:31.924
IVO PEKO	Gaia Trail	2068	38	02:07:43.897	00:24:32.634
PEDRO VIANA	Factor X / S4I / Medense Fc	2129	39	02:08:09.933	00:24:58.670
HÉLDER FRANCO	Lethes Trail Team	2181	40	02:08:52.773	00:25:41.510
ANDRE SENDAO	Lethes Trail Team	2239	41	02:09:13.103	00:26:01.840
RICARDO PEREIRA	#Lobosolitário	2176	42	02:09:14.343	00:26:03.080
SÉRGIO MONTEIRO	Sardonisca Runners	2064	43	02:09:35.230	00:26:23.967
MÁRIO MARTINS	Moka Trail Team	2370	44	02:09:51.667	00:26:40.404

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
FILIFE RAMOS	Gondomar Futsal Clube	2274	45	02:10:12.473	00:27:01.210
MANUEL FARIA	Mss Contabilidade Trail Team	2339	46	02:10:47.317	00:27:36.054
DANIEL TERRA	Factor X / S4I / Medense Fc	2136	47	02:10:53.017	00:27:41.754
JORGE BASTOS	Pernetas	2381	48	02:10:56.907	00:27:45.644
FILIFE PÓVOAS	Mss Contabilidade Trail Team	2116	49	02:11:05.603	00:27:54.340
PAULO SARMENTO	Grupo Desportivo de Bragança	2193	50	02:11:20.940	00:28:09.677
TELMO SILVA	A.D.Amarante	2382	51	02:11:25.240	00:28:13.977
BRUNO SANTOS	Douroconta - Gabinete De Apoio E Contabilidade	2261	52	02:11:29.250	00:28:17.987
ANTÓNIO ROCHA	Factor X / S4I / Medense Fc	2139	53	02:11:29.567	00:28:18.304
PAULO SILVA	Clube Zupper	2150	54	02:11:43.817	00:28:32.554
NUNO CARDOSO	Papam Tudo	2360	55	02:12:15.437	00:29:04.174
JOSÉ FORTUNA	Douroconta - Gabinete De Apoio E Contabilidade	2293	56	02:12:16.503	00:29:05.240
CARLOS ALVES	Gaia Trail	2047	57	02:12:31.257	00:29:19.994
JOSE COSTA	Oralklass-Amigos Do Trail	2358	58	02:12:45.253	00:29:33.990
BEATRIZ ALVES	Geadas Running	2304	59	02:12:56.597	00:29:45.334
ORLANDO MARTINS	Cerveira Team Running	2147	60	02:14:00.750	00:30:49.487
HUGO FIGUEIREDO	Gramidense lfc	2081	61	02:14:12.957	00:31:01.694
PAULO MELO	All About	2031	62	02:14:21.500	00:31:10.237
HUGO TEIXEIRA	Individual	2296	63	02:14:28.770	00:31:17.507
PEDRO ALVES	Factor X / S4I / Medense Fc	2089	64	02:14:38.823	00:31:27.560
JOSÉ FIGUEIREDO	Amigos Do Empeno	2308	65	02:14:53.030	00:31:41.767
JOAO OLIVEIRA	Individual	2257	66	02:14:56.723	00:31:45.460
JOAO OLIVEIRA	Juventude Cortegacense	2312	67	02:15:02.930	00:31:51.667
ANTONIO BORGES	Porto Sentido Runners	2356	68	02:15:07.097	00:31:55.834
HERMENEGILDO MENDES	Gondomar Futsal Clube	2273	69	02:15:19.703	00:32:08.440
NUNO CUNHA	Geadas Running	2283	70	02:15:29.230	00:32:17.967
RITA LOUREIRO	Oralklass-Amigos Do Trail	2033	71	02:15:46.760	00:32:35.497
LUÍS REIS	Beapt	2373	72	02:16:02.077	00:32:50.814
PAULO PINHO	Gaia Trail	2054	73	02:17:29.807	00:34:18.544
ALBERTO AZEVEDO	Walking Dead	2220	74	02:17:54.650	00:34:43.387
ALFREDO MOREIRA	Moinhos Run - Adrm	2004	75	02:18:19.010	00:35:07.747
GABRIEL COUTINHO	Clube Efacec	2053	76	02:18:29.883	00:35:18.620
VICTOR AZEVEDO	Mss Contabilidade Trail Team	2101	77	02:18:47.887	00:35:36.624
PAULO FERREIRA	Individual	2016	78	02:18:57.863	00:35:46.600
ANTONIO DUARTE	Espinho Trail	2153	79	02:19:18.847	00:36:07.584
FRANCISCO MOREIRA	Os Barriguitas	2341	80	02:19:44.200	00:36:32.937
ROGÉRIO COELHO	Gdr Retorta	2367	81	02:19:50.063	00:36:38.800
ISMAEL TEIXEIRA	Individual	2374	82	02:20:56.293	00:37:45.030
FÁBIO MOTA	Factor X / S4I / Medense Fc	2132	83	02:21:12.833	00:38:01.570
NUNO TEIXEIRA	Portocargo Runners	2163	84	02:21:13.267	00:38:02.004
NUNO CUNHA	Trail Santa Marta / Tristes Mas Duros	2120	85	02:21:15.017	00:38:03.754
ALBINO PIRES	Porto Sentido Runners	2372	86	02:21:40.207	00:38:28.944
EMANUEL COSTA	Gtt - Armazém Do Caffè	2041	87	02:21:50.237	00:38:38.974
PEDRO FONSECA	Individual	2021	88	02:21:53.610	00:38:42.347

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
HUGO SOARES	Weekend Runners	2336	89	02:22:08.020	00:38:56.757
HELDER SILVA	Equipa A	2325	90	02:22:18.453	00:39:07.190
JOÃO PEREIRA	Individual	2383	91	02:22:21.847	00:39:10.584
GUILHERMINO MEIRELES	Ctm Vila Pouca De Aguiar	2347	92	02:22:27.907	00:39:16.644
NUNO CARVALHO	Individual	2125	93	02:22:57.397	00:39:46.134
RICARDO COUTO	Os Barriguitas	2260	94	02:23:00.600	00:39:49.337
MIGUEL BARROS	Pernetas	2380	95	02:23:13.990	00:40:02.727
NUNO SENDÃO	Lethes Trail Team	2160	96	02:23:38.613	00:40:27.350
MIGUEL SANTOS	Weekend Runners	2335	97	02:23:43.820	00:40:32.557
TIAGO GOMES	Ginásio Clube De Bragança	2069	98	02:24:19.653	00:41:08.390
JORGE GOMES	Outlaw Runners	2107	99	02:24:20.663	00:41:09.400
PAULO GAMA	Gondomar Futsal Clube	2279	100	02:24:24.837	00:41:13.574
VERA BARBOSA	Boavista Trail	2009	101	02:24:31.460	00:41:20.197
VITOR MOREIRA	Geocrosstrail	2319	102	02:25:12.727	00:42:01.464
SANDRA ARAÚJO	Fisio.	2371	103	02:25:33.510	00:42:22.247
JOSÉ MORAIS	Gaia Trail	2157	104	02:26:13.400	00:43:02.137
JOSÉ PEREIRA	Equipa A	2049	105	02:26:15.740	00:43:04.477
PAULO SILVA	Individual	2384	106	02:26:19.413	00:43:08.150
NUNO ARAUJO	Juventude Cortegacense	2303	107	02:26:33.010	00:43:21.747
FERNANDO CARDOSO	Porto Sentido Runners	2094	108	02:27:02.323	00:43:51.060
RICARDO RODRIGUES	Individual	2289	109	02:27:05.563	00:43:54.300
FABIO SANTOS	Hospital De Santa Maria - Porto	2377	110	02:27:37.973	00:44:26.710
ANA AMARAL	Centro Ciclista De Gondomar	2036	111	02:27:41.173	00:44:29.910
MANUEL FREIRE	Clube Trilheiros & Amigos	2346	112	02:28:01.737	00:44:50.474
RAÚL MOURA	Bttás9	2105	113	02:28:08.937	00:44:57.674
LUIS RIBEIRO	Arrastassolas	2200	114	02:28:27.343	00:45:16.080
PEDRO CARVALHO	Arrastassolas	2198	115	02:28:28.507	00:45:17.244
JORGE DUARTE	Espinho Trail	2152	116	02:28:52.027	00:45:40.764
FÁBIO CAMPOS	Individual	2097	117	02:28:57.620	00:45:46.357
BRUNO FREITAS	The Last Of Us	2118	118	02:29:11.510	00:46:00.247
JORGE PEREIRA	Pp'S Team	2188	119	02:29:14.337	00:46:03.074
FERNANDO PEREIRA	Gondomar Futsal Clube	2292	120	02:29:24.900	00:46:13.637
LUCIA COSTA	Juventude Cortegacense	2264	121	02:29:28.307	00:46:17.044
RICARDO CUNHA	Trail Santa Marta / Tristes Mas Duros	2123	122	02:29:53.303	00:46:42.040
ANTÓNIO REIS	Individual	2385	123	02:30:02.893	00:46:51.630
AGOSTINHO SOUSA	Kunalama Runners	2330	124	02:30:09.040	00:46:57.777
MONICA CARVALHAIS	Castelo Crossfit	2124	125	02:30:46.043	00:47:34.780
PEDRO PISCO	Moreira Relax Runners	2229	126	02:30:46.383	00:47:35.120
MIGUEL SILVA	Individual	2082	127	02:30:47.510	00:47:36.247
MIGUEL BARBOSA	Clube Efacec	2061	128	02:30:47.623	00:47:36.360
FRANCISCO OLIVEIRA	Castelo Crossfit	2316	129	02:30:49.520	00:47:38.257
PEDRO PINTO	Clube Efacec	2379	130	02:31:13.147	00:48:01.884
JORGE BELIAGO	Gansos	1104	131	02:31:22.750	00:48:11.487
JORGE RODRIGUES	Ctad - Consumo Zero	2093	132	02:32:33.023	00:49:21.760

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
NUNO BARROS	Factor X / S4I / Medense Fc	2133	133	02:32:35.730	00:49:24.467
HELDER PARRACHO	Individual	2324	134	02:32:36.817	00:49:25.554
RICARDO ROCHA	Rocha	2070	135	02:32:38.137	00:49:26.874
HELENA GOMES	Wolves	2253	136	02:33:30.107	00:50:18.844
CÉSAR ROCHA	#Correratenumdarmais	2361	137	02:33:44.280	00:50:33.017
RICARDO PAIS	Running Espinho	2096	138	02:33:47.873	00:50:36.610
FILIPE MIRANDA	Bitrunners	2201	139	02:34:20.777	00:51:09.514
TONY MENDES	Btt Alegria // Tubani	2145	140	02:35:02.250	00:51:50.987
CARLOS MAGALHÃES	Porto Cycling Team	2113	141	02:35:53.127	00:52:41.864
FILIPE SOUSA	Maissaúde - Fisioterapia E Osteopatia	2103	142	02:36:07.550	00:52:56.287
ELISABETE ALVES	Trogloditas Runners	3035	143	02:36:28.580	00:53:17.317
VITOR COELHO	Pernetas	2305	144	02:36:53.577	00:53:42.314
VITOR GONÇALVES	Trogloditas Runners	3034	145	02:36:56.460	00:53:45.197
PAULO PIMENTA	Pernetas	2286	146	02:37:59.470	00:54:48.207
JORGE SANTOS	Outlaw Runners	2108	147	02:38:35.587	00:55:24.324
LEANDRO COSTA	Individual	2186	148	02:39:24.027	00:56:12.764
FILIPE CRUZ	Gondomar Futsal Clube	2277	149	02:39:31.287	00:56:20.024
ANABELA CORDEIRO	Ctad - Consumo Zero	2202	150	02:39:35.600	00:56:24.337
MARIETA BRANCO	Ctad - Consumo Zero	2141	151	02:39:40.453	00:56:29.190
EMERSON FALCÃO	Ctad - Consumo Zero	2100	152	02:40:00.930	00:56:49.667
JOSÉ ORGANISTA	Nós Conseguimos	2175	153	02:40:17.943	00:57:06.680
RICARDO CARVALHO	Ctad-Trilhos De Cinfães	2178	154	02:40:53.683	00:57:42.420
MARCO OLIVEIRA	Portocargo Runners	2165	155	02:41:02.227	00:57:50.964
CARLOS BENTO	Douroconta - Gabinete De Apoio E Contabilidade	2288	156	02:41:13.480	00:58:02.217
ANDRÉ FRAGA	Locomotiva De Paranhos	2306	157	02:41:21.187	00:58:09.924
VITOR MANSILHAS	Fisio	2179	158	02:41:57.673	00:58:46.410
FRANCISCO ESTEVES	Melgaço Alvarinho Trail	2233	159	02:42:07.043	00:58:55.780
RITA FERREIRA	Nutricao Fácil	2091	160	02:42:13.043	00:59:01.780
CRISTINA LOUREIRO	Gondomar Futsal Clube	2278	161	02:42:17.877	00:59:06.614
SÉRGIO HENRIQUES	Pp'S Team	2187	162	02:42:32.820	00:59:21.557
DOMINGOS CAMBOA	Juventude Cortegacense	2267	163	02:43:25.977	01:00:14.714
PEDRO SENDÃO	Lethes Trail Team	2192	164	02:43:26.393	01:00:15.130
PAULO SOARES	Lethes Trail Team	2197	165	02:43:26.800	01:00:15.537
PAULO TEIXEIRA	Agrupamento De Escolas À Beira Douro	2207	166	02:43:46.080	01:00:34.817
ROSA GUEDES	Equipa A	2126	167	02:43:47.970	01:00:36.707
NUNO SANTOS	Equipa A	2117	168	02:43:48.960	01:00:37.697
JORGE MOREIRA	Geocrosstrail	2321	169	02:43:54.183	01:00:42.920
NUNO RAMALHETE	Nuno Ramalhete	2357	170	02:44:09.973	01:00:58.710
DANIEL SOUSA	Btt Alegria // Tubani	2143	171	02:44:17.817	01:01:06.554
ANTÓNIO GASPAR	Rdmrun	2262	172	02:44:23.017	01:01:11.754
PAULO LARA	Boavista Trail	2218	173	02:44:52.323	01:01:41.060
OSCAR SOARES	Melres Trail Running	2158	174	02:45:01.190	01:01:49.927
JOSÉ PECEGUEIRO	Melres Trail Running	2040	175	02:45:01.637	01:01:50.374
BRUNO ANDRADE	Factor X / S4I / Medense Fc	2348	176	02:45:12.920	01:02:01.657

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
BRUNO GAIO	Os Sarrotes	2245	177	02:45:15.360	01:02:04.097
JORGE RIBEIRO	Trotamontes	2317	178	02:45:18.003	01:02:06.740
VITOR VIEIRA	Agrupamento De Escolas À Beira Douro	2212	179	02:45:37.953	01:02:26.690
RICARDO GODINHO	Geocrosstrail	2320	180	02:45:39.490	01:02:28.227
AGOSTINHO TORRES	Pernetas	2265	181	02:45:44.683	01:02:33.420
JORGE SILVA	Câmara Municipal De Gondomar	2329	182	02:46:42.823	01:03:31.560
MARIO SANTOS	Arrastassolas	2199	183	02:46:47.450	01:03:36.187
ALFREDO FRAGA	Arrastassolas	2369	184	02:46:47.733	01:03:36.470
SÉRGIO CHACIM	Individual	2254	185	02:46:49.377	01:03:38.114
RICARDO DUARTE	Espinho Trail	2155	186	02:46:59.907	01:03:48.644
MARCIO MOREIRA	Espinho Trail	2156	187	02:47:04.333	01:03:53.070
BRUNO DUARTE	Espinho Trail	2154	188	02:47:04.333	01:03:53.070
SYLVIE DUARTE	Gondomar Futsal Clube	3136	189	02:47:21.290	01:04:10.027
PATRICIA RAMOS	Equipa A	2065	190	02:47:21.793	01:04:10.530
MIGUEL TEIXEIRA	Gramidense Ifc	2075	191	02:47:27.720	01:04:16.457
DANIEL RAMALHAO	Portocargo Runners	2169	192	02:47:32.013	01:04:20.750
PEDRO NEVES	Individual	2318	193	02:47:35.540	01:04:24.277
RUI OLIVEIRA	Factor X / S4I / Medense Fc	2131	194	02:47:40.170	01:04:28.907
JORGE TORRAO	Torrão	2003	195	02:47:45.620	01:04:34.357
MÁRCIO SOUSA	Adsebolido Trail Boneca Douro	2034	196	02:47:46.917	01:04:35.654
MIGUEL SOUSA	Melres Trail Running	2106	197	02:47:47.530	01:04:36.267
FERNANDO BORGES	Melres Trail Running	2216	198	02:47:47.667	01:04:36.404
CARLA NEVES	Factor X / S4I / Medense Fc	2134	199	02:47:50.577	01:04:39.314
EUGÉNIO SOARES	Factor X / S4I / Medense Fc	2135	200	02:47:52.670	01:04:41.407
RICARDO CARRIÇO	Os Sarrotes	2238	201	02:48:01.220	01:04:49.957
DAVID COSTA	Individual	2142	202	02:48:08.510	01:04:57.247
FERNANDO OLIVEIRA	Bixos	2098	203	02:48:25.837	01:05:14.574
MARCIO TAVARES	Tavares	2161	204	02:48:39.323	01:05:28.060
PAULO PINTO	Individual	2284	205	02:49:07.710	01:05:56.447
ANTÓNIO GONÇALVES	Amigos 100 Limites	2007	206	02:49:17.910	01:06:06.647
PATRÍCIA CONCEIÇÃO	Amigos 100 Limites	2008	207	02:49:19.123	01:06:07.860
MIGUEL MENDES	Lion Runners - G. D. Leões Da Guarda	2172	208	02:49:50.477	01:06:39.214
RICAS ALMEIDA	Hora Do Lobo Trail - Cf Perosinho Atletismo	2060	209	02:50:12.203	01:07:00.940
PEDRO PACHECO	Individual	2026	210	02:50:38.373	01:07:27.110
JOSÉ PAULINO	Individual	2110	211	02:51:10.973	01:07:59.710
PAULO FERREIRA	Trail Santa Marta / Tristes Mas Duros	2122	212	02:51:12.767	01:08:01.504
VITOR SANTOS	Outlaw Runners	2109	213	02:51:14.457	01:08:03.194
VITOR FOLGADO	Outlaw Runners	2115	214	02:51:15.017	01:08:03.754
RUI CARVALHO	S. S. Montepio	2252	215	02:52:27.587	01:09:16.324
FERNANDO CARVALHO	S. S. Montepio	2250	216	02:52:27.617	01:09:16.354
MARCIA COSTA	Juventude Cortegacense	2270	217	02:52:28.323	01:09:17.060
LUIS SANTOS	Dream Team	2148	218	02:52:30.680	01:09:19.417
PAULO SOUSA	Gaia Trail	2072	219	02:52:35.173	01:09:23.910
JOSÉ MARQUES	Os Finos	2203	220	02:52:37.217	01:09:25.954

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
BRUNO TEIXEIRA	Individual	2315	221	02:52:39.793	01:09:28.530
LUIS LOUREIRO	Clube Efacec	2074	222	02:52:57.180	01:09:45.917
LUIS RIBEIRO	Sem Equipa	2259	223	02:53:01.437	01:09:50.174
FILIPE NUNES	Juventude Cortegacense	2299	224	02:53:03.380	01:09:52.117
CECILIO FERREIRA	Juventude Cortegacense	2268	225	02:53:03.493	01:09:52.230
ALBERTO PEREIRA	Individual	2111	226	02:53:05.147	01:09:53.884
MÁRIO FERREIRA	Clube Efacec	3050	227	02:53:06.263	01:09:55.000
SÉRGIO CUNHA	Sucupira Fc	2291	228	02:53:29.957	01:10:18.694
ANA AREDE	Individual	2236	229	02:53:30.520	01:10:19.257
JOANA AZEVEDO	Marco Runners	2030	230	02:54:08.617	01:10:57.354
AFONSO FERNANDES	Individual	2368	231	02:54:10.343	01:10:59.080
BRUNO MAIA	Javalis Portugal	2050	232	02:54:35.237	01:11:23.974
MIGUEL BARROS	Arcorun	2332	233	02:55:19.997	01:12:08.734
PAULO GRILO	Arcorun	2333	234	02:55:20.113	01:12:08.850
SANDRO PINHEIRO	Factor X / S4I / Medense Fc	2138	235	02:55:35.840	01:12:24.577
HUGO DIAS	Factor X / S4I / Medense Fc	2353	236	02:55:36.033	01:12:24.770
JORGE SOUSA	Bitrunners	2352	237	02:55:41.553	01:12:30.290
LUÍS VIEIRA	Kunalama Runners	2375	238	02:56:24.173	01:13:12.910
FRANCISCO ZENHA	Polibans Runners	2112	239	02:58:42.087	01:15:30.824
HUGO COUTO	Comdor Runners	2244	240	02:58:43.417	01:15:32.154
BRUNO PEREIRA	X	2052	241	02:59:14.390	01:16:03.127
GERALDO SANTOS	Núcleo De Montanha De Espinho	2067	242	02:59:43.817	01:16:32.554
DANIEL SILVA	Hora Do Lobo Trail - Cf Perosinho Atletismo	2051	243	02:59:51.337	01:16:40.074
ILÍDIO FREITAS	Gondomar Futsal Clube	2275	244	03:00:40.067	01:17:28.804
MANUEL RUIVO	Individual	2297	245	03:00:53.720	01:17:42.457
JOSÉ SOUSA	Os Barriguitas	2256	246	03:01:30.807	01:18:19.544
LISETA PINTO	Moreira Relax Runners	2230	247	03:01:52.693	01:18:41.430
JOÃO SILVA	Individual	2083	248	03:02:07.317	01:18:56.054
RICARDO SOUSA	Fit Gaia Trail	2019	249	03:02:08.863	01:18:57.600
ANDRÉ RAMOS	Agrupamento De Escolas À Beira Douro	2215	250	03:02:31.927	01:19:20.664
JOANA SOUSA	Agrupamento De Escolas À Beira Douro	2214	251	03:02:32.737	01:19:21.474
PAULO SILVA	Gramidense Ifc	2080	252	03:02:40.947	01:19:29.684
NUNO SANTOS	Hora Do Lobo Trail - Cf Perosinho Atletismo	2058	253	03:02:44.403	01:19:33.140
GUSTAVO SANTOS	Gramidense Ifc	2076	254	03:02:56.107	01:19:44.844
HELDER OLIVEIRA	Clube Efacec	2189	255	03:03:29.397	01:20:18.134
GILBERTO SOUSA	Tbr	2048	256	03:03:29.987	01:20:18.724
PEDRO BARROS	Happyrun	2378	257	03:03:43.237	01:20:31.974
JOSÉ PINTO	Ciclistas Cósmicos - Gislótica	2044	258	03:04:16.600	01:21:05.337
PAULO SOARES	Ciclistas Cósmicos - Gislótica	2045	259	03:04:18.633	01:21:07.370
NUNO FIRMINO	Lion Runners - G. D. Leões Da Guarda	2174	260	03:05:00.027	01:21:48.764
MIGUEL AZEVEDO	Porto Sentido Runners	2102	261	03:05:24.857	01:22:13.594
RICARDO FERREIRA	Bankinter	2073	262	03:05:28.957	01:22:17.694
JOÃO BALDAIA	Ovar	2243	263	03:05:57.710	01:22:46.447
MARGARIDA NEVES	Hora Do Lobo Trail - Cf Perosinho Atletismo	2057	264	03:06:16.353	01:23:05.090

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
RUI MARANTE	Pastilhas	2206	265	03:06:57.330	01:23:46.067
FLORBELA PEIXOTO	Bixos	2099	266	03:07:17.447	01:24:06.184
ANA RODRIGUES	Sem Equipa	2022	267	03:08:23.780	01:25:12.517
CELSO MOTA	Gondomar Futsal Clube	2272	268	03:08:58.593	01:25:47.330
FILIPE LEITÃO	Gondomar Futsal Clube	2280	269	03:09:01.793	01:25:50.530
FLORINDA CARVALHO	Gansos	2088	270	03:10:06.633	01:26:55.370
ALCINO TAVARES	Gansos	2087	271	03:10:11.220	01:26:59.957
SUSANA CANHOLA	Pernetas	2025	272	03:10:15.187	01:27:03.924
PAOLO POZZAN	Che Palle	2023	273	03:10:42.860	01:27:31.597
ANTERO CUNHA	Individual	2355	274	03:11:51.237	01:28:39.974
FLÁVIO CARDOSO	Índios De Btrail	2017	275	03:11:56.380	01:28:45.117
JOSÉ ANTUNES	Tog Associação Running Team	2234	276	03:12:03.840	01:28:52.577
PAULO LIMA	Kemedo Running Team	2219	277	03:12:10.880	01:28:59.617
CÉDRIC SILVA	Índios De Btrail	2056	278	03:12:31.677	01:29:20.414
JOÃO OLIVEIRA	Furadouro	2002	279	03:12:34.537	01:29:23.274
RICARDO PEREIRA	Portocargo Runners	2164	280	03:13:57.453	01:30:46.190
FERNANDO MENDES	Team Shark	2337	281	03:14:25.980	01:31:14.717
BRUNO RIBEIRO	As Melhores Castas	2281	282	03:16:01.337	01:32:50.074
RUI TEIXEIRA	Porto Sentido Runners	2235	283	03:19:45.970	01:36:34.707
ANDRÉ BARROS	Hora Do Lobo Trail - Cf Perosinho Atletismo	2059	284	03:19:46.693	01:36:35.430
FERNANDO OLIVEIRA	Os Freitas	2037	285	03:22:49.980	01:39:38.717
RUI CARMO	Individual	2046	286	03:23:12.877	01:40:01.614
LUÍS MAGALHÃES	Lm	2038	287	03:25:07.657	01:41:56.394
PAULO VILARINHO	Gaia-Running	2194	288	03:25:11.807	01:42:00.544
GABRIEL RODRIGUES	Gaia-Running	2191	289	03:25:14.393	01:42:03.130
BEATRIZ LOUREIRO	Pernetas	2217	290	03:25:17.007	01:42:05.744
NELSON DOMINGUES	Focado	2159	291	03:25:39.603	01:42:28.340
FRANCISCO MOREIRA	S. S. Montepio	2251	292	03:25:41.143	01:42:29.880
NORBERTO AGUIAR	Lion Runners - G. D. Leões Da Guarda	2171	293	03:26:02.167	01:42:50.904
CARLOS OLIVEIRA	Portocargo Runners	2167	294	03:26:06.220	01:42:54.957
JOSÉ AMARAL	Os Arratões	2062	295	03:29:22.347	01:46:11.084
FREDDY RAMOS	Os Arratões	2066	296	03:29:22.670	01:46:11.407
MAFALDA COELHO	Nutricao Fácil	2092	297	03:30:06.533	01:46:55.270
MARIA SILVA	Nutricao Fácil	2090	298	03:30:07.880	01:46:56.617
RICARDO MOREIRA	Abrevaes	2195	299	03:31:20.213	01:48:08.950
CARLA FRANCO	Pernetas	2287	300	03:31:43.390	01:48:32.127
SOFIA CANEZ	Pernetas	2343	301	03:31:45.180	01:48:33.917
SÉRGIO FERREIRA	Pernetas	2344	302	03:31:45.697	01:48:34.434
RUI RODRIGUES	Castelo Crossfit	2149	303	03:31:58.590	01:48:47.327
SUSANA CARNEIRO	Abrevaes	2196	304	03:32:30.927	01:49:19.664
MÁRCIO FERREIRA	Individual	2170	305	03:34:28.743	01:51:17.480
PAULO ALMEIDA	Boavista Trail	2241	306	03:34:54.370	01:51:43.107
CARLA COSTA	Boavista Trail	2240	307	03:34:57.757	01:51:46.494
MARIA OLIVEIRA	Trogloditas Runners	2258	308	03:34:59.517	01:51:48.254

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
RUI RODRIGUES	Individual	2177	309	03:35:20.560	01:52:09.297
MARCO DIAS	As Melhores Castas	2282	310	03:35:51.117	01:52:39.854
ELSA SILVA	Tartarugas Do Asfalto	2342	311	03:36:37.037	01:53:25.774
PAULINA SOARES	Tog Associação Running Team	2298	312	03:39:15.737	01:56:04.474
RUI MARQUES	Os Manos Running Team	2302	313	03:40:28.790	01:57:17.527
LILIANA PINTO	Pernetas	2266	314	03:40:58.983	01:57:47.720
CESAR VAZ	Agrupamento De Escolas À Beira Douro	2211	315	03:42:40.607	01:59:29.344
DIANA LEITE	Agrupamento De Escolas À Beira Douro	2209	316	03:42:40.840	01:59:29.577
MIGUEL SILVA	Agrupamento De Escolas À Beira Douro	2210	317	03:42:43.267	01:59:32.004
FERNANDO PEREIRA	Os Finos	2013	318	03:43:06.270	01:59:55.007
ANA SOUSA	Castelo	2024	319	03:43:23.003	02:00:11.740
VÍTOR SILVA	Pernetas	2340	320	03:44:52.877	02:01:41.614
LUIS CARVALHO	Os Finos	2255	321	03:45:02.073	02:01:50.810
PAULO SILVA	Individual	2386	322	03:46:26.967	02:03:15.704
CLAUDIA LOPES	Team Shark	2338	323	03:47:43.277	02:04:32.014
ANDREIA VIEIRA	Boavista Trail	2263	324	03:52:11.173	02:08:59.910
DULCE RESENDE	Portocargo Runners	2166	325	03:54:12.613	02:11:01.350
ARTUR FONSECA	Ruptura Total	2010	326	03:55:33.723	02:12:22.460
MICHAEL OLIVEIRA	Individual	2232	327	03:55:47.857	02:12:36.594
ANA CANEZ	Pernetas	2294	328	04:00:31.830	02:17:20.567
MARCO OLIVEIRA	Factor X / S4I / Medense Fc	2354	329	04:00:31.953	02:17:20.690
MÁRIO CARDOSO	Pernetas	2295	330	04:00:32.693	02:17:21.430
PEDRO PEREIRA	Pernetas	2162	331	04:00:33.343	02:17:22.080
FÁTIMA MEINEDO	Individual	2387	332	04:00:33.687	02:17:22.424
IVA SOUSA	Castelo Crossfit	2350	333	04:03:55.097	02:20:43.834
CECÍLIA SOUSA	Castelo Crossfit	2349	334	04:04:01.290	02:20:50.027
CELESTE RIBEIRO	Pernetas	2327	335	04:04:08.583	02:20:57.320
ISABEL MANADAS	All About	2084	336	04:04:33.093	02:21:21.830
ANA MOREIRA	Gondomar Futsal Clube	2362	337	04:09:12.037	02:26:00.774
ANA BEM	Agrupamento De Escolas À Beira Douro	2208	338	04:12:24.033	02:29:12.770
RUI QUINTA	Moinhos Run - Adrm	2351	339	04:12:24.280	02:29:13.017
BRUNO PINHO	Lion Runners - G. D. Leões Da Guarda	2173	340	04:15:29.660	02:32:18.397
PAULA SANTOS	Vassoura Tsi 21Km	2366	341	04:15:30.593	02:32:19.330
JOSÉ LASCASAS	Vassoura Tsi 21Km	2365	342	04:15:33.410	02:32:22.147