

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
FERNANDO LEMOS	Gaia Trail	2251	1	01:57:39.327	00:00:00.000
ABEL SOTELO	Viafarma Clinica Dental Cifuentes-Amz	2370	2	02:02:32.840	00:04:53.513
ANTÓNIO MARTINS	Boavista F. C.	2513	3	02:05:23.847	00:07:44.520
PEDRO SABUGUEIRO	C.M.M. Escaravelhos Team	2981	4	02:05:36.597	00:07:57.270
JOSÉ OLIVEIRA	Oliveira Fitness	2014	5	02:13:20.617	00:15:41.290
TIAGO ARAGÃO	Ctad - Trilhos De Cinfães	2449	6	02:14:14.157	00:16:34.830
BRUNO MOREIRA	Amigos Do Pedal Trailagares	2280	7	02:14:14.620	00:16:35.293
JORGE RODRIGUEZ	Viafarma Clinica Dental Cifuentes-Amz	2369	8	02:15:41.880	00:18:02.553
HÉLIO DIAS	Individual	2431	9	02:16:50.877	00:19:11.550
IVAN SILVA	Limitless	2298	10	02:17:44.627	00:20:05.300
MIGUEL FERREIRA	Individual	2003	11	02:19:19.880	00:21:40.553
PAULO MACHADO	Individual	2474	12	02:19:56.140	00:22:16.813
HUGO MOREIRA	Douroconta - Gabinete De Apoio E Contabilidade, Lda	2348	13	02:21:58.910	00:24:19.583
ANTONIO PINTO	Monte Dos Amigos	2302	14	02:22:57.900	00:25:18.573
GILBERTO PIMENTA	Oraklass - Amigos Do Trail	2080	15	02:22:57.903	00:25:18.576
JOSE FORTUNA	Douroconta - Gabinete De Apoio E Contabilidade, Lda	2349	16	02:24:18.143	00:26:38.816
LUÍS SILVA	Ctad - Trilhos De Cinfães	2508	17	02:24:20.643	00:26:41.316
ASDRUBAL FREITAS	Centro Ciclista De Gondomar	2176	18	02:25:30.147	00:27:50.820
LUCINDA SOUSA	Prozis Xtrail Team By Berg Outdoor	2534	19	02:25:45.147	00:28:05.820
ALFREDO MOREIRA	Moinhos Run - Adrm	2167	20	02:25:54.397	00:28:15.070
PEDRO VIANA	Factor X / S4l / Medense Fc	2007	21	02:26:17.900	00:28:38.573
NELSON ANDRADE	Individual	2252	22	02:26:23.897	00:28:44.570
BRUNO SANTOS	Douroconta - Gabinete De Apoio E Contabilidade, Lda	2995	23	02:26:28.897	00:28:49.570
JOSÉ SANTOS	Melres Trail Running - Ordem Para Arrear	2415	24	02:26:55.120	00:29:15.793
ALFONSO LOPEZ	Viafarma Clinica Dental Cifuentes-Amz	2367	25	02:27:51.660	00:30:12.333
ANTÓNIO BORGES	Porto Sentido Runners	2473	26	02:28:58.657	00:31:19.330
MIGUEL CATARINO	Individual	2988	27	02:30:06.407	00:32:27.080
RUI REIS	Individual	2979	28	02:30:11.657	00:32:32.330
PEDRO SOUSA	Oporto Wolves Sc	2288	29	02:30:13.657	00:32:34.330
DIOGO SILVA	Douroconta - Gabinete De Apoio E Contabilidade, Lda	2352	30	02:30:39.660	00:33:00.333
CARLOS FERNANDES	As Belas E Eles	2263	31	02:30:59.160	00:33:19.833
VITOR SOUSA	Centro Ciclista De Gondomar	2177	32	02:31:16.693	00:33:37.366
RICARDO PEREIRA	Individual	2268	33	02:31:18.167	00:33:38.840
AMÉRICO PINTO	Ccdtc.M.Gondomar	2200	34	02:31:34.663	00:33:55.336
JOSE RODRIGUEZ	Viafarma Clinica Dental Cifuentes-Amz	2368	35	02:31:43.663	00:34:04.336
CLAUDIO MONTEIRO	Douroconta - Gabinete De Apoio E Contabilidade, Lda	2347	36	02:33:30.917	00:35:51.590
JOSÉ RIBEIRO	Airão Trail Team	2272	37	02:33:31.167	00:35:51.840
CARLOS SANTOS	Extreme Academy	2392	38	02:33:59.673	00:36:20.346
JOEL BARBOSA	Powerrunners #1000Pecadosparedes	2400	39	02:34:16.917	00:36:37.590
TIAGO SOUSA	Clube Efacec	2984	40	02:34:47.670	00:37:08.343
RICARDO OLIVEIRA	Oliveira Fitness	2290	41	02:34:55.423	00:37:16.096
ANTONIO FERNANDEZ	Viafarma Clinica Dental Cifuentes-Amz	2366	42	02:35:10.670	00:37:31.343
LUIS LEÇA	Trocopasso Runners	2212	43	02:35:39.920	00:38:00.593
JOSÉ LOUREIRO	Apt - Armada Portuguesa De Trail	2498	44	02:35:40.027	00:38:00.700

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
JOSÉ RODRIGUES	Trocopasso Runners	2213	45	02:35:44.173	00:38:04.846
PAULA LAGE	Dr. Merino/4Moove	2376	46	02:35:49.173	00:38:09.846
MANUEL BRANDÃO	Gaia Trail	2145	47	02:36:03.427	00:38:24.100
NUNO SILVA	The Newbies	2270	48	02:36:06.673	00:38:27.346
BRUNO VINHÓS	A.D.Amarante Trail Running	2501	49	02:36:15.027	00:38:35.700
PEDRO MATOS	Gondomar Futsal Clube	2493	50	02:37:04.923	00:39:25.596
JOÃO NETO	Individual	2990	51	02:37:24.173	00:39:44.846
JOSÉ DIAS	Ctad - Trilhos De Cinfães	2453	52	02:37:30.180	00:39:50.853
PAULO CASTRO	Clube Efacec	2316	53	02:37:33.683	00:39:54.356
JOSÉ MORAIS	Gaia Trail	2137	54	02:37:49.677	00:40:10.350
MANUEL SILVA	Gondomar Futsal Clube	2490	55	02:37:55.927	00:40:16.600
ALCINO GOUVEIA	Sentir Escariz	2169	56	02:38:02.427	00:40:23.100
VITOR RIO	Douroconta - Gabinete De Apoio E Contabilidade, Lda	2351	57	02:39:41.997	00:42:02.670
EMANUEL COSTA	Gtt - Armazem Do Caffè	2008	58	02:39:47.933	00:42:08.606
MANUEL SEGUNDO	Arcorun	2190	59	02:40:00.940	00:42:21.613
IVO MORAIS	Beat Your Limit	2036	60	02:40:14.683	00:42:35.356
RUI MARTINS	Individual	2222	61	02:40:15.750	00:42:36.423
NUNO NUNES	Melres Trail Running - Ordem Para Arrear	2201	62	02:40:18.433	00:42:39.106
MARCO SILVA	All About	2525	63	02:40:37.440	00:42:58.113
ÂNGELA SOARES	A.D.Amarante Trail Running	2447	64	02:40:40.187	00:43:00.860
NÉLSON SOUSA	Individual	2989	65	02:41:00.493	00:43:21.166
JOSE GUIMARAES	Individual	2124	66	02:41:13.297	00:43:33.970
CARLOS FELISBERTO	Individual	2373	67	02:41:24.437	00:43:45.110
JOSÉ ALMEIDA	Trocopasso Runners	2214	68	02:42:27.440	00:44:48.113
RAFAEL MOTA	Individual	2182	69	02:42:30.737	00:44:51.410
CARLOS AZEVEDO	Factor X / S4I / Medense Fc	2010	70	02:42:33.187	00:44:53.860
JOÃO ALEXANDRE	Individual	2510	71	02:42:36.187	00:44:56.860
PAULO AMADEU	Gaia Trail	2106	72	02:43:05.497	00:45:26.170
JOAO LEITE	Mexilhão Da Montanha	2472	73	02:43:29.947	00:45:50.620
HUGO FARIA	The Newbies	2269	74	02:43:50.207	00:46:10.880
ROMEU ROCHA	Os Falta D?Ar	2234	75	02:43:53.440	00:46:14.113
CESAR SOUSA	Individual	2095	76	02:43:58.440	00:46:19.113
CATIA NETO	Oliveira Fitness	2015	77	02:44:26.693	00:46:47.366
LUIS LOBO	All Titudes Trail Team	2471	78	02:45:04.207	00:47:24.880
DAVID GONÇALVES	Factor X / S4I / Medense Fc	2025	79	02:45:18.703	00:47:39.376
PEDRO NEVES	Juventude Desportiva De Gondomar	2253	80	02:45:26.443	00:47:47.116
CARLOS MAGALHÃES	Individual	2307	81	02:45:48.707	00:48:09.380
PAULO GRILO	Arcorun	2192	82	02:45:51.197	00:48:11.870
TIAGO GOMES	Extreme Academy	2206	83	02:45:54.950	00:48:15.623
MARCO BOTELHO	Os Falta D?Ar	2229	84	02:46:05.187	00:48:25.860
FÁTIMA COELHO	Somos Nós Team	2066	85	02:46:24.197	00:48:44.870
JOSÉ ALVES	Trocopasso Runners	2218	86	02:47:03.177	00:49:23.850
MANUELA MACHADO	Individual	2993	87	02:47:03.497	00:49:24.170
FRANCISCO SILVA	Mss Contabilidade Trail Team	2345	88	02:47:06.680	00:49:27.353

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
FABIO SANTOS	Hospital De Santa Maria Rt	2065	89	02:47:57.703	00:50:18.376
RENATO OLIVEIRA	Portocargo	2144	90	02:48:03.953	00:50:24.626
MIGUEL PEREIRA	Ccdtc.M.Gondomar	2199	91	02:48:10.420	00:50:31.093
CARLOS BARROS	Individual	2435	92	02:48:27.453	00:50:48.126
MANUEL PÓVOAS	Mss Contabilidade Trail Team	2170	93	02:48:30.203	00:50:50.876
JOSÉ SOUSA	Redline	2378	94	02:48:36.913	00:50:57.586
RICARDO PINTO	Éjali...Clube De Amigos Trailrunners	2104	95	02:49:10.707	00:51:31.380
VICTOR AZEVEDO	Mss Contabilidade Trail Team	2171	96	02:49:14.207	00:51:34.880
PEDRO ALVES	Factor X / S4I / Medense Fc	2031	97	02:49:16.413	00:51:37.086
BRUNO SANTIAGO	Gaia Trail	2361	98	02:49:28.960	00:51:49.633
MÁRIO LEITE	Yazaki Runners	2292	99	02:49:32.957	00:51:53.630
HELDER KICKER	Nascidos Para Correr	2461	100	02:49:33.917	00:51:54.590
HUGO FERNANDES	Individual	2519	101	02:49:44.940	00:52:05.613
FILIPE RAMOS	Gondomar Futsal Clube	2485	102	02:49:45.707	00:52:06.380
RICARDO RODRIGUES	Moinhos Run - Adrm	2058	103	02:49:55.960	00:52:16.633
VASCO FIGUEIREDO	Individual	2049	104	02:50:25.710	00:52:46.383
JORGE MOREIRA	Individual	2478	105	02:50:40.480	00:53:01.153
JOSÉ VAZ	Individual	2470	106	02:50:42.150	00:53:02.823
JORGE GOMES	Arcorun	2184	107	02:51:05.467	00:53:26.140
MANUEL BARBOSA	Paredes Running	2437	108	02:51:08.213	00:53:28.886
PEDRO BORGES	Ei Team Trail	2081	109	02:51:28.913	00:53:49.586
JOÃO FIGUEIREDO	Individual	2312	110	02:51:33.717	00:53:54.390
MANUEL FERREIRA	Amigos Do Pedal Trailagares	2281	111	02:51:41.720	00:54:02.393
SIMÃO SOUSA	Moinhos Run - Adrm	2424	112	02:52:20.147	00:54:40.820
PAULO GAMA	Gondomar Futsal Clube	2492	113	02:52:23.467	00:54:44.140
MIGUEL SANTOS	Moinhos Run - Adrm	2425	114	02:52:27.477	00:54:48.150
JORGE SOUSA	Individual	2146	115	02:53:09.723	00:55:30.396
NUNO JAIME	Adi-Higiene	2413	116	02:53:25.467	00:55:46.140
JOSÉ OLIVEIRA	Sentir Escariz	2168	117	02:53:47.987	00:56:08.660
CARLOS COUTO	Arcorun	2183	118	02:54:00.733	00:56:21.406
JORGE DURÃES	Kandimba Runners	2343	119	02:54:01.870	00:56:22.543
HUGO SANTOS	Valongo Trilhos Trail	2423	120	02:54:04.120	00:56:24.793
PAULO QUINTAS	Individual	2057	121	02:54:19.867	00:56:40.540
ADRIANA DIAS	Individual	2074	122	02:54:19.970	00:56:40.643
GIL CASTRO	Individual	2032	123	02:54:59.470	00:57:20.143
PAULO ARAÚJO	Ad Sebolido Trail Boneca Douro	2227	124	02:55:14.113	00:57:34.786
VÍTOR MARQUES	Factor X / S4I / Medense Fc	2414	125	02:55:27.227	00:57:47.900
ANDRÉ FRAGA	Locomotiva De Paranhos	2477	126	02:55:35.103	00:57:55.776
VÍTOR MAIA	Individual	2509	127	02:55:38.360	00:57:59.033
JORGE SOUSA	Bitrunners	2287	128	02:56:16.987	00:58:37.660
AGOSTINHO NEVES	Juventude Desportiva De Gondomar	2276	129	02:56:28.723	00:58:49.396
RICARDO BAILÃO	Individual	2385	130	02:56:29.733	00:58:50.406
MIGUEL SECA	Shots International Runners	2101	131	02:56:59.847	00:59:20.520
FÁBIO SILVA	Clube Efacec	2318	132	02:57:14.977	00:59:35.650

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
FERNANDO MORAIS	Somos Nós Team	2119	133	02:57:25.737	00:59:46.410
JOÃO GOMES	Individual	2980	134	02:57:30.727	00:59:51.400
VITOR TEIXEIRA	#Correratenumdarmais	2377	135	02:57:40.977	01:00:01.650
JOÃO MOREIRA	Individual	2026	136	02:58:26.240	01:00:46.913
JORGE RODRIGUES	Ctad - Trilhos De Cinfães	2450	137	02:59:01.233	01:01:21.906
DAVID CAMELO	Ctad - Trilhos De Cinfães	2085	138	02:59:35.237	01:01:55.910
ALCINDO PEREIRA	Individual	2294	139	02:59:43.980	01:02:04.653
BRUNO PINTO	Clube Zupper	2338	140	02:59:44.483	01:02:05.156
CARLOS DUARTE	Mss Contabilidade Trail Team	2330	141	03:00:09.983	01:02:30.656
RAÚL MOURA	Bttás9	2108	142	03:00:12.233	01:02:32.906
MARCO VIEIRA	Individual	2209	143	03:00:25.987	01:02:46.660
MANUELA FARIA	Portocargo	3047	144	03:00:42.987	01:03:03.660
NUNO TEIXEIRA	Portocargo	2141	145	03:00:43.487	01:03:04.160
AFONSO BONIFACIO	Pernetas	2426	146	03:01:31.487	01:03:52.160
MARIETA BRANCO	Ctad - Trilhos De Cinfães	2455	147	03:01:53.747	01:04:14.420
PAULO SILVA	Movol	2311	148	03:01:53.990	01:04:14.663
AGOSTINHO TORRES	Pernetas	2109	149	03:03:32.000	01:05:52.673
DIMITRI MATOS	Gtt - Armazem Do Caffè	2236	150	03:04:37.000	01:06:57.673
RUI BESSA	Sob Efeito Trail	2267	151	03:04:40.997	01:07:01.670
RUI MOTA	Factor X / S4I / Medense Fc	2024	152	03:04:46.277	01:07:06.950
VITOR ALMEIDA	All About	2531	153	03:04:55.747	01:07:16.420
ARMANDO ROCHA	Individual	2346	154	03:05:06.030	01:07:26.703
PAULO SILVA	Pernetas	2151	155	03:05:13.997	01:07:34.670
TIAGO MONTALVÃO	Correr Leça	2138	156	03:05:27.503	01:07:48.176
PAULO SOUSA	Gaia Trail	2147	157	03:05:31.997	01:07:52.670
PEDRO MARQUES	Factor X / S4I / Medense Fc	2030	158	03:05:45.547	01:08:06.220
GERALDO SANTOS	Núcleo De Montanha De Espinho	2220	159	03:05:49.750	01:08:10.423
BRUNO MARTINS	Factor X / S4I / Medense Fc	2011	160	03:06:23.007	01:08:43.680
ANDRE PINHO	Reumático Trail Team	2035	161	03:06:42.000	01:09:02.673
RUI MOTA	Individual	2089	162	03:06:50.750	01:09:11.423
PALMIRA GOUVEIA	Individual	2084	163	03:06:55.007	01:09:15.680
CARLOS CORREIA	Aztrail/Mercentro	2083	164	03:06:55.523	01:09:16.196
BRUNO BARROS	A. D. Sebolido	2301	165	03:06:55.807	01:09:16.480
JOAQUIM LOBATO	Running Espinho	2283	166	03:06:58.257	01:09:18.930
HENRIQUE MATOS	Centro Ciclista De Gondomar	2172	167	03:07:09.013	01:09:29.686
VITOR BARROSO	Fontainhas Runners	2358	168	03:07:10.790	01:09:31.463
CLÁUDIO TAVEIRA	Fontainhas Runners	2359	169	03:07:11.250	01:09:31.923
CATARINA PEREIRA	Ei Team Trail	2082	170	03:07:15.503	01:09:36.176
JOSÉ LAGE	Cricas, Bamulá	2421	171	03:07:18.760	01:09:39.433
PAULO CORREIA	A. D. Sebolido	2375	172	03:07:21.263	01:09:41.936
SILVIA GOMES	Individual	2987	173	03:07:24.027	01:09:44.700
RUI AIROSA	Budeguita Runners	2285	174	03:07:24.753	01:09:45.426
SOLANGE SOUSA	Individual	2430	175	03:07:42.003	01:10:02.676
RUI TEIXEIRA	Gondomar Futsal Clube	2495	176	03:07:45.780	01:10:06.453

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
CARMINDO GOMES	Nocturnos De Paredes	2523	177	03:08:22.510	01:10:43.183
VITOR SILVA	Dá-Lhe Gás	2521	178	03:08:43.013	01:11:03.686
RICARDO CARVALHO	Ctad - Trilhos De Cinfães	2456	179	03:09:24.747	01:11:45.420
BRUNO FERREIRA	Individual	2067	180	03:09:40.757	01:12:01.430
HENRIQUE MARQUES	All About	2528	181	03:09:46.007	01:12:06.680
LUIS DIAS	Amd Family	2123	182	03:09:50.007	01:12:10.680
PEDRO FERREIRA	Airão Trail Team	2099	183	03:10:01.513	01:12:22.186
NUNO ALVES	Airão Trail Team	2277	184	03:10:01.973	01:12:22.646
LUIS OLIVEIRA	Individual	2309	185	03:10:09.507	01:12:30.180
PEDRO LOPES	Factor X / S4I / Medense Fc	2157	186	03:10:17.507	01:12:38.180
TIAGO VIEIRA	Bttás8	2286	187	03:10:43.720	01:13:04.393
RUI TEIXEIRA	Os Falta D?Ar	2235	188	03:10:46.017	01:13:06.690
FILIPE CRUZ	Individual	2040	189	03:10:47.220	01:13:07.893
HUGO SOARES	Moinhos Run - Adrm	2520	190	03:10:52.527	01:13:13.200
FILIPE ROCHA	Marco Runners	2999	191	03:10:56.767	01:13:17.440
MIGUEL ROCHA	Paramos Garage Box	2297	192	03:12:07.760	01:14:28.433
JOÃO CARDOSO	Ss Montepio	2059	193	03:12:19.263	01:14:39.936
LUIS TORRES	Comdor Runners	2499	194	03:12:20.023	01:14:40.696
CARLOS MOTA	Nast	2536	195	03:12:20.513	01:14:41.186
AMILCAR FERREIRA	Arcorun	2115	196	03:12:29.773	01:14:50.446
RUI FREITAS	Ss Montepio	2064	197	03:12:33.557	01:14:54.230
MARCOS SANTOS	Factor X / S4I / Medense Fc	2156	198	03:12:33.563	01:14:54.236
MIGUEL FERRAZ	Individual	2416	199	03:12:45.273	01:15:05.946
VITOR COELHO	Individual	2417	200	03:12:45.960	01:15:06.633
FERNANDO BORGES	Melres Trail Running - Ordem Para Arrear	2210	201	03:12:48.457	01:15:09.130
RUI FERNANDES	Individual	2132	202	03:12:49.453	01:15:10.126
NUNO FREITAS	Individual	2308	203	03:13:00.017	01:15:20.690
MARCO LOURENÇO	Clube Efacec	2319	204	03:13:01.017	01:15:21.690
JOÃO GRAÇA	Núcleo De Montanha De Espinho	2038	205	03:14:32.300	01:16:52.973
LUÍS GOMES	Cruzerun	2100	206	03:14:33.267	01:16:53.940
SÓNIA MADUREIRA	Trocopasso Runners	2216	207	03:15:04.270	01:17:24.943
AMÉRICO SANTOS	Taylors	2465	208	03:15:14.770	01:17:35.443
LINO MOREIRA	Os Turbomula	2537	209	03:16:24.523	01:18:45.196
CARMO MARINHO	Gondomar Futsal Clube	2482	210	03:16:39.777	01:19:00.450
JORGE SANTOS	Arcorun	2188	211	03:16:51.913	01:19:12.586
JOSE SILVA	Running Espinho	2048	212	03:16:54.023	01:19:14.696
JOANA SANTOS	Individual	2238	213	03:17:04.277	01:19:24.950
EDUARDO NASCIMENTO	Individual	2271	214	03:17:22.527	01:19:43.200
TIAGO ALMEIDA	Budeguita Runners	2462	215	03:17:27.277	01:19:47.950
VITOR CORREIA	Arrastassolas	2245	216	03:17:57.033	01:20:17.706
PEDRO CARVALHO	Arrastassolas	2240	217	03:17:57.530	01:20:18.203
MARIO SANTOS	Arrastassolas	2242	218	03:17:57.537	01:20:18.210
HUGO SA	Atr - Algarve Trail Running	2077	219	03:17:58.777	01:20:19.450
JOSÉ MARQUES	Os Finos	2072	220	03:18:01.153	01:20:21.826

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
LUÍS ANDRADE	Melres Trail Running - Ordem Para Arrear	2113	221	03:18:31.660	01:20:52.333
JOAO DUARTE	Locomotiva De Paranhos	2165	222	03:18:38.530	01:20:59.203
JORGE MOTA	Lousada Runners	2284	223	03:18:45.173	01:21:05.846
CÉSAR ROCHA	#Correratenumdarmais	2332	224	03:18:56.780	01:21:17.453
SILVÉRIO SANTOS	Clube Pessoal Aguas Gaia	2078	225	03:18:58.780	01:21:19.453
JOSÉ SILVA	Individual	2274	226	03:19:16.787	01:21:37.460
NUNO COSTA	Sucupira F.C	2126	227	03:19:53.040	01:22:13.713
NUNO FERNANDES	Arcorun	2116	228	03:19:58.290	01:22:18.963
PAULO RENATO	Paramos Garage Box	2296	229	03:20:02.037	01:22:22.710
LIEVEN VERRAEST	Individual	2502	230	03:20:15.290	01:22:35.963
JORGE SILVA	Os Falta D?Ar	2231	231	03:20:18.533	01:22:39.206
CRISTINA TEIXEIRA	Individual	2275	232	03:20:31.140	01:22:51.813
JORGE SILVA	Desporto Câmara De Gondomar	2442	233	03:20:32.537	01:22:53.210
MANUEL OLIVEIRA	Os Falta D?Ar	2232	234	03:20:34.537	01:22:55.210
PEDRO GOMES	Éjali...Clube De Amigos Trailrunners	2092	235	03:20:55.037	01:23:15.710
MANUEL PEREIRA	Moinhos Run - Adrm	2428	236	03:21:11.287	01:23:31.960
RUI SILVA	Clube Douro E Paiva	2161	237	03:21:41.037	01:24:01.710
ANTÓNIO MENDES	Clube Douro E Paiva	2160	238	03:21:44.537	01:24:05.210
PATRICIA CONCEIÇÃO	Amigos 100 Limites	2027	239	03:21:55.587	01:24:16.260
ANTÓNIO GONÇALVES	Individual	2387	240	03:21:55.593	01:24:16.266
ALBANO MARTINS	Individual	2250	241	03:22:42.790	01:25:03.463
PAULO MARQUES	Individual	2273	242	03:22:42.790	01:25:03.463
JOSE MENDES	Individual	2411	243	03:23:01.547	01:25:22.220
TIAGO SOUSA	Ad Sebolido Trail Boneca Douro	2228	244	03:23:01.793	01:25:22.466
GIL COSTA	Gondomar Futsal Clube	2486	245	03:23:31.050	01:25:51.723
PAULO HENRIQUES	Gondomar Futsal Clube	2009	246	03:23:43.047	01:26:03.720
FILIPE CORREIA	Melres Trail Running - Ordem Para Arrear	2013	247	03:24:06.543	01:26:27.216
JOAQUIM GONÇALVES	Amigos	2068	248	03:25:17.550	01:27:38.223
VITOR VIANA	Clube Zupper	2306	249	03:25:23.297	01:27:43.970
MARGARIDA SOUSA	16.9 Crossfit	2468	250	03:25:24.553	01:27:45.226
HÉLDER AGOSTINHO	Individual	2436	251	03:25:39.553	01:28:00.226
GISELA SOUSA	16.9 Crossfit	2469	252	03:25:41.053	01:28:01.726
NUNO ROCHA	Individual	2460	253	03:25:46.047	01:28:06.720
MARIA FERREIRA	Correr Leça	2152	254	03:25:55.047	01:28:15.720
RICARDO GONÇALVES	Correr Leça	2153	255	03:25:57.297	01:28:17.970
IGOR PAIVA	Clube Douro E Paiva	2159	256	03:26:03.547	01:28:24.220
PEDRO SOUSA	Gondomar Futsal Clube	2494	257	03:26:08.557	01:28:29.230
NUNO RAMALHETE	Individual	2037	258	03:26:12.797	01:28:33.470
NUNO CAPELA	Nme	2016	259	03:26:16.797	01:28:37.470
RUI CARVALHO	Pernetas	2264	260	03:26:25.297	01:28:45.970
OCTAVIO SOUSA	Amigos	2069	261	03:26:31.797	01:28:52.470
JORGE GUERRA	Os Falta D?Ar	2230	262	03:26:41.797	01:29:02.470
RICARDO TAVARES	As Belas E Eles	2262	263	03:26:45.047	01:29:05.720
RICARDO MAGALHÃES	As Belas E Eles	2261	264	03:26:45.550	01:29:06.223

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
BRUNO PEREIRA	Individual	2055	265	03:26:48.800	01:29:09.473
PEDRO OLIVEIRA	Sob Efeito Trail	2076	266	03:27:00.313	01:29:20.986
FLOR PEIXOTO	Gondomar Futsal Clube	2985	267	03:27:03.550	01:29:24.223
LUIS SILVA	Gondomar Futsal Clube	2986	268	03:27:03.800	01:29:24.473
ANABELA CORDEIRO	Individual	2412	269	03:27:07.807	01:29:28.480
PEDRO SOUSA	Individual	2047	270	03:27:33.053	01:29:53.726
MARLENE SOARES	Individual	2391	271	03:27:50.800	01:30:11.473
RICARDO SILVA	Individual	2002	272	03:27:53.300	01:30:13.973
TONY MENDES	Btt Alegria // Tubani	2248	273	03:27:58.053	01:30:18.726
RICARDO MOREIRA	Mss Contabilidade Trail Team	2514	274	03:27:58.560	01:30:19.233
DAVID TAVARES	Centro Ciclista De Gondomar	2174	275	03:28:02.310	01:30:22.983
NILZA PAIXÃO	Individual	2503	276	03:28:02.313	01:30:22.986
JOANA AZEVEDO	Marco Runners	2075	277	03:28:03.303	01:30:23.976
JOSÉ SOUSA	Os Barriguitas	2432	278	03:28:10.800	01:30:31.473
ALBERTO ESPINHEIRA	Individual	2497	279	03:28:11.550	01:30:32.223
SERGIO CHACIM	Individual	2372	280	03:28:52.060	01:31:12.733
JORGE TORRAO	Individual	2149	281	03:29:02.810	01:31:23.483
LUCIE TRPISOVSKA	Gondomar Futsal Clube	2489	282	03:29:35.317	01:31:55.990
EMANUEL ALMEIDA	Comdor Runners	2028	283	03:30:13.060	01:32:33.733
BRUNO ESTEVES	Ss Montepio	2060	284	03:30:13.067	01:32:33.740
FERNANDO BARBOSA	Bootseals	2410	285	03:30:37.063	01:32:57.736
MIGUEL MENDES	Tú Tú Team	2328	286	03:31:05.310	01:33:25.983
NUNO LAGO	Clube Douro E Paiva	2163	287	03:31:12.310	01:33:32.983
ROBERTO MOREIRA	Aliança De Gandra	2260	288	03:31:21.813	01:33:42.486
NUNO SILVA	Individual	2087	289	03:31:41.313	01:34:01.986
MARCO NUNES	A.D.Amarante Trail Running	2466	290	03:31:48.560	01:34:09.233
ANA LIRIO	A.D.Amarante Trail Running	2445	291	03:31:48.563	01:34:09.236
JORGE MOREIRA	10Temidos	2114	292	03:31:57.570	01:34:18.243
HÉLDER MOREIRA	Aliança De Gandra	2259	293	03:32:08.563	01:34:29.236
JOSE CORREIA	Arcorun	2189	294	03:32:19.570	01:34:40.243
VASCO LUXO	Porto Sentido Runners	2225	295	03:32:42.073	01:35:02.746
CRISTINA LOUREIRO	Taylors	2464	296	03:32:46.063	01:35:06.736
RUI GOMES	Marretas Team	2211	297	03:32:58.063	01:35:18.736
NUNO PEREIRA	Bad Team / Raríssimas	2304	298	03:33:02.563	01:35:23.236
CRISTINA FREITAS	Melres Trail Running - Ordem Para Arrear	2112	299	03:33:05.563	01:35:26.236
CARLOS MAIA	Eles Estão À Rasca	2335	300	03:33:46.570	01:36:07.243
MÁRIO ESTÊVÃO	Btt Alegria // Tubani	2246	301	03:34:08.567	01:36:29.240
RICARDO PEREIRA	Portocargo	2142	302	03:34:41.320	01:37:01.993
VITOR FOLGADO	Arcorun	2005	303	03:34:56.587	01:37:17.260
FERNANDO NOGUEIRA	Amigos Do Pedal Trailagares	2279	304	03:35:03.820	01:37:24.493
FILIPE LEITÃO	Gondomar Futsal Clube	2484	305	03:35:14.570	01:37:35.243
CARINA PEREIRA	Individual	2313	306	03:35:16.073	01:37:36.746
FERNANDO CARVALHO	Ss Montepio	2061	307	03:35:20.320	01:37:40.993
HELENA DIAS	Budeguita Runners	2467	308	03:35:21.323	01:37:41.996

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ANA DIAS	Budeguita Runners	2463	309	03:35:21.323	01:37:41.996
FILIPE BESSA	Clube Efacec	2317	310	03:35:31.823	01:37:52.496
EMERSON FIALHO	Ctad - Trilhos De Cinfães	2452	311	03:35:33.573	01:37:54.246
TIAGO LEITE	Individual	2418	312	03:35:55.820	01:38:16.493
NUNO MOURA	Individual	2405	313	03:35:55.823	01:38:16.496
CLÁUDIA PEREIRA	Powerrunners #1000Pecadosparedes	2402	314	03:35:56.573	01:38:17.246
GISELA COSTA	Individual	2422	315	03:35:58.073	01:38:18.746
ANTERO CUNHA	Individual	2512	316	03:36:04.573	01:38:25.246
NELSON DOMINGUES	Nunca Mais Team	2086	317	03:36:05.323	01:38:25.996
ROLANDO PAULO	Trail Running Clube Btt Sanguedo	2148	318	03:36:17.577	01:38:38.250
PEDRO MELO	Arcorun	2194	319	03:36:43.073	01:39:03.746
SERGIO COELHO	Btt Alegria // Tubani	2247	320	03:36:47.827	01:39:08.500
ARMANDO MORENO	Individual	2339	321	03:36:57.577	01:39:18.250
NORBERTO AGUIAR	Tú Tú Team	2326	322	03:37:08.823	01:39:29.496
GABRIELA MADEIRA	#Mirras	2511	323	03:37:43.327	01:40:04.000
MARIA SILVA	Ctad - Trilhos De Cinfães	2451	324	03:37:43.827	01:40:04.500
LUÍS MENDES	A.D.Amarante Trail Running	2448	325	03:37:46.080	01:40:06.753
BRUNO FERNANDES	Academia Kickboxing Boavista Futebol Clube	2019	326	03:37:52.077	01:40:12.750
RICARDO PINTO	Academia Kickboxing Boavista Futebol Clube	2446	327	03:37:52.827	01:40:13.500
ANDRÉ MONTENEGRO	Individual	2384	328	03:38:16.577	01:40:37.250
PAULO LARA	Larocas Team	2427	329	03:38:22.327	01:40:43.000
SILVIO FERREIRA	Mocidade Sangemil	2050	330	03:38:24.830	01:40:45.503
PATRICIA MOREIRA	Mocidade Sangemil	2303	331	03:38:25.327	01:40:46.000
JORGE RAMOS	Arcorun	2187	332	03:40:21.833	01:42:42.506
JOSE COELHO	Valongo Trilhos Trail	2444	333	03:40:48.083	01:43:08.756
HERMENEGILDO MENDES	Gondomar Futsal Clube	2487	334	03:41:38.337	01:43:59.010
JOSÉ MENDES	Gondomar Futsal Clube	2488	335	03:41:38.337	01:43:59.010
ANA BRANCO	Wild Challenge	2255	336	03:42:05.340	01:44:26.013
RUI FERREIRA	Wild Challenge	2254	337	03:42:06.087	01:44:26.760
FÁBIO CAMPOS	Cruzerun	2096	338	03:42:45.590	01:45:06.263
DANIEL MOREIRA	Powerrunners #1000Pecadosparedes	2399	339	03:44:22.840	01:46:43.513
LARA SANTOS	Clube Efacec	2321	340	03:44:41.343	01:47:02.016
MÁRIO FERREIRA	Clube Efacec	2315	341	03:44:41.343	01:47:02.016
ANTÓNIO BARROS	Correr Leça	2997	342	03:44:42.197	01:47:02.870
MARIA LOUREIRO	Budeguita Runners	2341	343	03:44:42.420	01:47:03.093
MARIA BARBEDO	Sucupira F.C	2130	344	03:45:12.843	01:47:33.516
HENRIQUE BARBEDO	Sucupira F.C	2129	345	03:45:13.343	01:47:34.016
HELDER CASTRO	Sucupira F.C	2125	346	03:45:13.347	01:47:34.020
HELDER MONTEIRO	Sucupira F.C	2128	347	03:45:14.093	01:47:34.766
SÉRGIO CUNHA	Sucupira F.C	2127	348	03:45:15.593	01:47:36.266
MANUEL MARTINS	Clube Nortada Aventura	2983	349	03:48:05.353	01:50:26.026
LUIS RIBEIRO	Arrastassolas	2244	350	03:48:26.600	01:50:47.273
HERMÍNIO PINHO	Ccdfpjp	2438	351	03:48:27.350	01:50:48.023
TELMO OLIVEIRA	Individual	2155	352	03:48:40.853	01:51:01.526

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
LUIS LOUREIRO	Clube Efacec	2320	353	03:49:05.857	01:51:26.530
RUI OLIVEIRA	Factor X / S4I / Medense Fc	2012	354	03:49:34.860	01:51:55.533
TÂNIA MENDES	Factor X / S4I / Medense Fc	2208	355	03:49:35.107	01:51:55.780
PEDRO MUCHA	Yazaki Runners	2291	356	03:49:55.107	01:52:15.780
MIGUEL FERREIRA	Reguilas	2505	357	03:50:18.107	01:52:38.780
ALEXANDRE AFONSO	Trocopasso Runners	2219	358	03:50:50.110	01:53:10.783
HUGO OLIVEIRA	Pigs Do Mato	2439	359	03:50:51.623	01:53:12.296
JORGE ALMEIDA	Soplabifana	2131	360	03:50:56.610	01:53:17.283
SOUSA HENRIQUE	Soplabifana	2140	361	03:50:57.113	01:53:17.786
MÁRIO CARDOSO	Pernetas	2135	362	03:51:25.920	01:53:46.593
VITOR VIEIRA	Academia Kickboxing Boavista Futebol Clube	2021	363	03:52:47.860	01:55:08.533
RICARDO LENTO	Individual	2300	364	03:53:10.613	01:55:31.286
ÂNGELO FAUSTINO	Ribeiras Trail	2111	365	03:54:04.367	01:56:25.040
CESAR VAZ	Academia Kickboxing Boavista Futebol Clube	2020	366	03:54:59.383	01:57:20.056
PAULO ALMEIDA	Individual	2459	367	03:55:02.867	01:57:23.540
CARLA COSTA	Individual	2458	368	03:55:02.870	01:57:23.543
MARA FREITAS	Reumático Trail Team	2034	369	03:55:08.617	01:57:29.290
ALEXANDRA SILVA	Zuper	2322	370	03:55:41.370	01:58:02.043
VITOR PEREIRA	Individual	2515	371	03:56:29.623	01:58:50.296
TERESA ALVES	Individual	2516	372	03:56:29.623	01:58:50.296
RUI TRIGO	Individual	2266	373	03:57:17.373	01:59:38.046
RICARDO DIAS	Individual	2289	374	03:57:18.123	01:59:38.796
MÁRCIO FERREIRA	Individual	2379	375	03:57:37.880	01:59:58.553
ALEXANDRE SOUSA	Kandimba Runners	2342	376	03:57:41.880	02:00:02.553
SUSANA MENDES	Kandimba Runners	2310	377	03:57:42.123	02:00:02.796
ELIANA PEREIRA	Individual	2293	378	03:58:06.377	02:00:27.050
TIAGO LEMOS	Individual	2337	379	03:58:07.377	02:00:28.050
LEONEL MEDAS	Trepatrihos Trail Team	2518	380	03:58:46.377	02:01:07.050
ANA NOGUEIRA	Trepatrihos Trail Team	2517	381	03:58:46.877	02:01:07.550
ANA DUARTE	Mss Contabilidade Trail Team	2994	382	03:58:50.877	02:01:11.550
TIAGO MOREIRA	Individual	2239	383	03:59:27.877	02:01:48.550
CARLOS GONÇALVES	Individual	2406	384	03:59:28.877	02:01:49.550
MIGUEL MENDES	Individual	2371	385	03:59:38.627	02:01:59.300
SONIA ALVES	Ct Jesuitas/Motocar/Cafedorio	2334	386	04:00:21.630	02:02:42.303
DIANA LEITE	Academia Kickboxing Boavista Futebol Clube	2018	387	04:01:05.380	02:03:26.053
MIGUEL SILVA	Academia Kickboxing Boavista Futebol Clube	2022	388	04:01:05.383	02:03:26.056
DIOGO SILVA	Individual	2207	389	04:01:37.883	02:03:58.556
LILIANA PINTO	Pernetas	2110	390	04:01:39.383	02:04:00.056
ADELAIDE VIGÁRIO	Gondomar Futsal Clube	2479	391	04:01:39.760	02:04:00.433
ANTÓNIO FERNANDES	#Correratenumdarmais	2333	392	04:01:41.133	02:04:01.806
DAN GREGORY	Wild Challenge	2256	393	04:01:57.640	02:04:18.313
CELSO MOTA	Gondomar Futsal Clube	2483	394	04:03:19.647	02:05:40.320
PAULO SOARES	Ciclistas Cósmicos - Gislótica	2134	395	04:03:45.637	02:06:06.310
JOSÉ PINTO	Ciclistas Cósmicos - Gislótica	2133	396	04:03:46.137	02:06:06.810

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
RICARDO MOREIRA	Pó Na Lama Trail Runners	2102	397	04:03:52.890	02:06:13.563
JORGE LEITE	Arcorun	2185	398	04:04:04.643	02:06:25.316
DANIEL PINTO	Comdor Runners	2043	399	04:04:46.897	02:07:07.570
SANDRA PINA	Comdor Runners	2500	400	04:04:47.140	02:07:07.813
DIANA CANCELA	All About	2533	401	04:04:49.393	02:07:10.066
MARIA OLIVENÇA	Comdor Runners	2006	402	04:04:50.650	02:07:11.323
SUSANA CARNEIRO	Pó Na Lama Trail Runners	2103	403	04:05:13.227	02:07:33.900
RICARDO FERREIRA	Rmaf	2023	404	04:06:03.393	02:08:24.066
PAULA CRISTINA	Bootseals	2408	405	04:06:07.937	02:08:28.610
HELDER OLIVEIRA	Clube Efacec	2052	406	04:06:31.907	02:08:52.580
GILBERTO SOUSA	Individual	2041	407	04:06:32.147	02:08:52.820
ANA TEIXEIRA	Individual	2071	408	04:06:32.397	02:08:53.070
RUI MOREIRA	Individual	2419	409	04:06:32.397	02:08:53.070
RUI TEIXEIRA	Individual	2305	410	04:06:38.643	02:08:59.316
PAULA ESTRELA	Bootseals	2409	411	04:06:39.897	02:09:00.570
ALCIDES FREIRE	Jn Running	2991	412	04:06:44.643	02:09:05.316
ANGELA ALMEIDA	Individual	2538	413	04:07:23.403	02:09:44.076
RICARDO RIBEIRO	Wild Challenge	2257	414	04:07:28.147	02:09:48.820
DANIEL MACHADO	Individual	2079	415	04:07:47.147	02:10:07.820
GLORIA SANTOS	Arcorun	2203	416	04:09:54.663	02:12:15.336
SANDRA FERREIRA	Arcorun	2181	417	04:09:54.907	02:12:15.580
ALEXANDRA VIEIRA	Arcorun	2117	418	04:09:54.907	02:12:15.580
PAULO REIS	Arcorun	2193	419	04:09:55.157	02:12:15.830
JORGE OLIVEIRA	Arcorun	2186	420	04:09:55.403	02:12:16.076
RUI CARVALHO	Ss Montepio	2063	421	04:10:26.403	02:12:47.076
FRANCISCO MOREIRA	Ss Montepio	2062	422	04:10:26.407	02:12:47.080
RUI SÁ	10Temidos	2107	423	04:11:02.407	02:13:23.080
TITO BAIA	10Temidos	2507	424	04:11:02.660	02:13:23.333
ANTÓNIO QUEIROZ	Gondomar Futsal Clube	2481	425	04:13:38.413	02:15:59.086
MÁRIO RIBEIRO	Gondomar Futsal Clube	2491	426	04:13:40.400	02:16:01.073
PAULO LIMA	Individual	2382	427	04:13:47.913	02:16:08.586
ANTÓNIO BARROS	Ccdfpjp	2404	428	04:14:45.413	02:17:06.086
CARLOS VILAFANHA	Clube De Futebol Os Belenenses	2396	429	04:15:47.417	02:18:08.090
RUI BARROSO	Powerrunners #1000Pecadosparedes	2401	430	04:19:46.177	02:22:06.850
MANUEL PEREIRA	Alta Performance	2364	431	04:19:49.183	02:22:09.856
MARIA FÁTIMA	Individual	2429	432	04:19:49.423	02:22:10.096
CARLOS CLEMENTE	Alta Performance	2365	433	04:19:49.683	02:22:10.356
ANA CARVALHO	Run4life	2380	434	04:21:54.440	02:24:15.113
CARLA VARANDAS	Ctad - Trilhos De Cinfães	2457	435	04:22:51.940	02:25:12.613
SANDRA OLIVEIRA	Budeguita Runners	2154	436	04:22:52.933	02:25:13.606
MIGUEL PEREIRA	Alta Performance	2363	437	04:23:28.933	02:25:49.606
ELI MAIA	Individual	2331	438	04:23:29.187	02:25:49.860
FERNANDO SANTOS	Individual	2340	439	04:23:30.943	02:25:51.616
HELENA CUNHA	Arrastassolas	2241	440	04:23:31.687	02:25:52.360

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
MANUEL SILVA	Arrastassolas	2243	441	04:23:31.687	02:25:52.360
JORGE SANTOS	Individual	2202	442	04:25:02.187	02:27:22.860
ANA GÓIS	Aztrail/Mercentro	2476	443	04:25:43.937	02:28:04.610
PATRICK MARQUES	Centro Ciclista De Gondomar	2179	444	04:25:50.453	02:28:11.126
SANDRA MATOS	Centro Ciclista De Gondomar	2173	445	04:25:51.440	02:28:12.113
RICARDO PEREIRA	Reguilas	2504	446	04:26:26.443	02:28:47.116
MARIA PORTUGAL	All About	2530	447	04:26:30.940	02:28:51.613
JOSÉ SISTELO	All About	2529	448	04:26:31.193	02:28:51.866
HELDER RODRIGUES	Individual	2299	449	04:27:09.777	02:29:30.450
PEDRO FERREIRA	Factor X / S4I / Medense Fc	2390	450	04:27:12.703	02:29:33.376
LUIS LEAL	Runners	2073	451	04:29:03.703	02:31:24.376
NUNO FIRMINO	Tú Tú Team	2329	452	04:29:03.947	02:31:24.620
PEDRO JUSTO	Correr Leça	2434	453	04:30:14.197	02:32:34.870
PATRÍCIA MARTINS	Correr Leça	2440	454	04:30:14.197	02:32:34.870
ANDREIA VALENTE	Caga Tacos Running Team	2282	455	04:30:16.980	02:32:37.653
MARIA RIBEIRO	Clube Zupper	2314	456	04:31:32.950	02:33:53.623
CÂNDIDA VILAS-BOAS	Clube Zupper	2325	457	04:31:32.953	02:33:53.626
FERNANDO PEREIRA	Os Finos	2042	458	04:33:20.707	02:35:41.380
ANA CANEZ	Pernetas	2136	459	04:34:10.213	02:36:30.886
ISABEL CARVALHO	Pernetas	2265	460	04:34:10.457	02:36:31.130
MARLENE MARQUES	Individual	2223	461	04:39:27.483	02:41:48.156
MARTA LEITE	Budeguita Runners	2158	462	04:39:27.750	02:41:48.423
BRUNO PINHO	Tú Tú Team	2327	463	04:41:11.220	02:43:31.893
VANESSA DIAS	Individual	1027	464	04:41:13.970	02:43:34.643
DYANELIS CABALLERO	Amigos	2070	465	04:41:14.220	02:43:34.893
SANDRA NETO	Individual	2403	466	04:43:34.727	02:45:55.400
MARLENE AFONSO	Spem	2433	467	04:43:34.873	02:45:55.546
LUCIANA SOUSA	Individual	2324	468	04:47:48.987	02:50:09.660
CÉSAR ALVES	Individual	2323	469	04:47:49.737	02:50:10.410
VERA NOGUEIRA	Aztrail/Mercentro	2353	470	04:49:06.247	02:51:26.920
TIAGO LEAL	All About	2532	471	05:04:38.020	03:06:58.693
ISABEL MANADAS	All About	2527	472	05:04:38.023	03:06:58.696
ELISABETE FERREIRA	Run4life	2381	473	05:17:50.047	03:20:10.720
SILVIA AZEVEDO	Individual	2386	474	05:17:50.297	03:20:10.970
FERNANDA MAGALHÃES	All About	2992	475	05:53:51.117	03:56:11.790
PAULA SANTOS	All About	2524	476	05:53:52.117	03:56:12.790