

Classificação Geral - Trail 17km

Pos.	Dorsal	Nome	Equipa	Categ.	Pos. Categ	Tempo	T/Km.	Dif.
1	2734	SARAIVA, Luís	Ctm Vila Pouca De Aguiar	SENM17	1	1:22:39.97	04:52	
2	2051	SILVA, Bruno	Oralklass - Amigos Do Trail	SENM17	2	1:22:40.86	04:52	0:00:01
3	2051	SANTOS, João	Boccasballs	SENM17	3	1:22:41.00	04:52	0:00:01
4	2052	SILVA, Bruno	Individual	SENM17	4	1:22:43.52	04:52	0:00:04
5	2616	MARTINS, Antonio	Centro Ciclista De Gondomar	M40M17	1	1:23:01.07	04:53	0:00:21
6	2717	GONÇALVES, Hugo	Danigon / Auto Serão	SENM17	5	1:26:28.79	05:05	0:03:49
7	3089	ARAGÃO, Tiago	Ctad - Trilhos De Cinfães	SENM17	6	1:26:33.05	05:05	0:03:53
8	2617	FREITAS, Asdrubal	Centro Ciclista De Gondomar	M40M17	2	1:26:36.25	05:06	0:03:56
9	2252	SILVA, Renato	Caldas De São Jorge	M40M17	3	1:27:35.45	05:09	0:04:55
10	2737	VIEIRA, Carlos	Individual	SENM17	7	1:27:51.81	05:10	0:05:12
11	2699	CAMPOS, António	Ctm Vila Pouca De Aguiar	M40M17	4	1:28:22.02	05:12	0:05:42
12	2549	MARTINS, Luís	Gtt - Armazém Do Caffè	SENM17	8	1:29:57.14	05:17	0:07:17
13	2758	COSTA, Paulo	A.D.Amarante Trail Running	SENM17	9	1:30:13.49	05:18	0:07:33
14	3009	AMORIM, António	Caldas De São Jorge	M40M17	5	1:31:34.97	05:23	0:08:55
15	2055	ALVES, Carlos	Multipower Gaia Trail	SENM17	10	1:31:51.31	05:24	0:09:11
16	2618	TAVARES, David	Centro Ciclista De Gondomar	M50M17	1	1:32:02.96	05:25	0:09:23
17	2157	RIBEIRO, José	Gondomar Futsal Clube	M40M17	6	1:33:56.48	05:32	0:11:16
18	2219	MARQUES, Patrick	Gondomar Futsal Clube	M40M17	7	1:34:00.33	05:32	0:11:20
19	2154	NETO, José	Oralklass - Amigos Do Trail	SENM17	11	1:34:11.77	05:32	0:11:32
20	2613	MARTINS, Miguel	Centro Ciclista De Gondomar	SENM17	12	1:34:29.62	05:34	0:11:50
21	2153	MOTA, Jose	Ciclistas Cosmicos- Gislótica	M50M17	2	1:34:34.16	05:34	0:11:54
22	2801	MACHADO, Paulo	Doutor Merini	SENM17	13	1:34:41.48	05:34	0:12:01
23	2645	MENDES, Filipe	Individual	SENM17	14	1:36:02.09	05:39	0:13:22
24	2206	MAIA, Nuno	Multipower Gaia Trail	SENM17	15	1:36:04.63	05:39	0:13:25
25	2092	FIGUEIREDO, Fernando	Gondomar Futsal Clube	M40M17	8	1:36:53.80	05:42	0:14:14
26	2392	PINTO, Américo	Individual	M50M17	3	1:37:54.93	05:46	0:15:15
27	2082	LIMA, Diogo	Mentolitos	SENM17	16	1:38:04.52	05:46	0:15:25
28	2721	CARDOSO, Bruno	Individual	SENM17	17	1:38:13.55	05:47	0:15:34
29	2520	JESUS, António	Team Rede Ambiente	M40M17	9	1:38:18.43	05:47	0:15:38
30	2574	PINHEIRO, Francisco	Individual	M40M17	10	1:38:19.70	05:47	0:15:40
31	2036	ROCHA, António	Gondomar Futsal Clube	M50M17	4	1:38:33.07	05:48	0:15:53
32	2509	SILVA, Ivan	Corridaurbana.Com	SENM17	18	1:38:37.57	05:48	0:15:58
33	2577	DUARTE, Cesar	Individual	SENM17	19	1:39:05.89	05:50	0:16:26
34	2474	SILVA, Nuno	Individual	SENM17	20	1:39:18.53	05:51	0:16:39
35	2412	MOREIRA, Josué	Individual	SENM17	21	1:39:21.32	05:51	0:16:41
36	2727	GONÇALVES, Bruno	Individual	SENM17	22	1:39:30.61	05:51	0:16:51

37	2294	MESQUITA, Tiago	Melres Trail Running Ordem Para Arriar	SENM17	23	1:39:44.11	05:52	0:17:04
38	2063	COSTA, César	Melres Trail Running Ordem Para Arriar	SENM17	24	1:39:44.71	05:52	0:17:05
39	2632	SILVA, Jorge	Centro Ciclista De Gondomar	M50M17	5	1:39:47.37	05:52	0:17:07
40	2187	SUSANO, Sérgio	Oralklass - Amigos Do Trail	SENM17	25	1:40:11.91	05:54	0:17:32
41	2250	COELHO, Renato	Amigos Do Pedal Trailagares	SENM17	26	1:40:21.64	05:54	0:17:42
42	2409	ADELINO, José	Clube Do Pessoal Aguas De Gaia	M50M17	6	1:40:22.44	05:54	0:17:42
43	2769	CAMPOS, Helder	Individual	SENM17	27	1:40:28.82	05:55	0:17:49
44	2184	AREIAS, Maria	Oralklass - Amigos Do Trail	SENF17	1	1:40:31.72	05:55	0:17:52
45	2595	PRATAS, Pedro	Paredes Aventura	M40M17	11	1:40:37.34	05:55	0:17:57
46	2265	ANDRADE, Rui	Crocodilos	M40M17	12	1:40:45.22	05:56	0:18:05
47	2465	PACHECO, Leandro	Monte Dos Amigos	SENM17	28	1:40:45.96	05:56	0:18:06
48	2756	MENDES, João	Boccasballs	SENM17	29	1:41:25.16	05:58	0:18:45
49	2655	GOMES, Sandro	Ascários De Escariz	SENM17	30	1:42:19.96	06:01	0:19:40
50	2138	MOTA, Joaquim	Melres Trail Running Ordem Para Arriar	SENM17	31	1:43:04.63	06:04	0:20:25
51	2106	GOMES, Helder	Kemedo Team	SENM17	32	1:43:08.73	06:04	0:20:29
52	2248	ABREU, Rafael	Imagorun	SENM17	33	1:43:10.38	06:04	0:20:30
53	2109	CARDOSO, Vitor	Ctad - Trilhos De Cinfães	SENM17	34	1:43:22.70	06:05	0:20:43
54	2338	TEIXEIRA, Francisco	A. R. Luz E Vida Gondomarense	M40M17	13	1:43:28.14	06:05	0:20:48
55	2434	GRILO, Manuel	Caldas S. Jorge Sport Clube	M40M17	14	1:43:32.87	06:05	0:20:53
56	2173	FONSECA, Luís	Gangue Das Maças	SENM17	35	1:43:43.72	06:06	0:21:04
57	2530	CONCEIÇÃO, João	Individual	SENM17	36	1:43:44.57	06:06	0:21:05
58	2563	DIAS, José	Ctad - Trilhos De Cinfães	M40M17	15	1:43:56.60	06:07	0:21:17
59	2555	COSTA, Emanuel	Gtt - Armazém Do Caffè	SENM17	37	1:44:00.25	06:07	0:21:20
60	2023	DIAS, André	Gaia-Running	M40M17	16	1:44:00.92	06:07	0:21:21
61	2069	TEIXEIRA, Clemente	Shots International Runners	M40M17	17	1:44:01.11	06:07	0:21:21
62	2829	COSTA, Ricardo	Individual	SENM17	38	1:44:02.79	06:07	0:21:23
63	2644	GOUVEIA, Alcino	Ascários De Escariz	M40M17	18	1:44:11.77	06:08	0:21:32
64	2298	SILVA, Tiago	A.D. Sebolido Trail Boneca D'Ouro	SENM17	39	1:44:34.68	06:09	0:21:55
65	2081	JOÃO, Diogo	Multipower Gaia Trail	SENM17	40	1:44:35.51	06:09	0:21:56
66	2491	MOREIRA, Ricardo	Individual	SENM17	41	1:44:35.68	06:09	0:21:56
67	2615	SOUSA, Filipe	Centro Ciclista De Gondomar	M40M17	19	1:45:29.16	06:12	0:22:49
68	2400	ALVES, Miguel	Uma Vez Perdi-Me No Monte	SENM17	42	1:45:45.15	06:13	0:23:05
69	2230	JORGE, Paulo	Gondomar Futsal Clube	SENM17	43	1:45:52.82	06:14	0:23:13
70	2548	FIGUEIREDO, Nuno	Gtt - Armazém Do Caffè	SENM17	44	1:45:54.01	06:14	0:23:14
71	2232	MADEIRA, Paulo	Multipower Gaia Trail	SENM17	45	1:45:55.00	06:14	0:23:15
72	2384	BARROS, Pedro	Factor X / S4L / Medensefc	SENM17	46	1:46:15.91	06:15	0:23:36
73	2102	OLIVEIRA, Francisco	Gaia-Running	M40M17	20	1:46:35.95	06:16	0:23:56
74	2648	GONÇALVES, Luis	Individual	M40M17	21	1:46:36.88	06:16	0:23:57
75	2730	PELICANO, Paulo	Corridas De Pernas Pro Ar	M40M17	22	1:46:37.56	06:16	0:23:58
76	2229	GRILO, Paulo	Arcorun	M40M17	23	1:47:21.02	06:19	0:24:41
77	2754	LÁZARO, João	Boccasballs	M40M17	24	1:47:22.48	06:19	0:24:42

78	2267	GOMES, Rui	Hs Climatização Trail Team	SENM17	47	1:47:24.68	06:19	0:24:45
79	2619	PEREIRA, Angelo	Centro Ciclista De Gondomar	M50M17	7	1:47:28.92	06:19	0:24:49
80	2761	GASPAR, Luis	Aztrail	SENM17	48	1:47:55.94	06:21	0:25:16
81	2376	BARBOSA, Miguel	Individual	M40M17	25	1:48:02.64	06:21	0:25:23
82	2053	SOUSA, Bruno	Ctm Vila Pouca De Aguiar	SENM17	49	1:48:10.87	06:22	0:25:31
83	2522	ROCHA, Márcio	Team Rede Ambiente	SENM17	50	1:48:13.82	06:22	0:25:34
84	2740	MARTINS, Rosário	Centro Ciclista De Gondomar	M40F17	1	1:48:25.31	06:23	0:25:45
85	2179	SILVA, Manuel	Gondomar Futsal Clube	SENM17	51	1:48:25.54	06:23	0:25:46
86	2406	TORRES, Luis	Individual	M40M17	26	1:48:29.43	06:23	0:25:49
87	2134	MOUTINHO, João	Crocodilos	SENM17	52	1:48:35.15	06:23	0:25:55
88	2602	TEIXEIRA, Antonio	Individual	SENM17	53	1:49:18.74	06:26	0:26:39
89	2692	PINTO, Joel	Individual	SENM17	54	1:49:43.36	06:27	0:27:03
90	2130	CARDOSO, Joana	Gondomar Futsal Clube	SENF17	2	1:50:23.83	06:30	0:27:44
91	2300	SOUSA, Tiago	A.D. Sebolido Trail Boneca D'Ouro	SENM17	55	1:50:24.20	06:30	0:27:44
92	2032	CARVALHO, António	Polícia Municipal De Gondomar	M40M17	27	1:50:25.22	06:30	0:27:45
93	2236	RIBEIRO, Paulo	Invicta Runners Team	M40M17	28	1:50:26.04	06:30	0:27:46
94	2486	SÁ, Rui	Individual	SENM17	56	1:50:31.50	06:30	0:27:52
95	2341	FERREIRA, Paulo	Associação Desportiva De Cabroelo	M40M17	29	1:50:34.42	06:30	0:27:54
96	2445	SOUSA, Jorge	Blasqem Runners	SENM17	57	1:50:37.25	06:30	0:27:57
97	2423	GUISE, Luís	Individual	M40M17	30	1:50:41.48	06:31	0:28:01
98	2132	MARTINS, Joao	Shots International Runners	SENM17	58	1:50:55.60	06:32	0:28:16
99	2443	CORREIA, Paulo	Individual	M40M17	31	1:50:55.79	06:32	0:28:16
100	2313	NOGUEIRA, Ricardo	Individual	SENM17	59	1:51:38.82	06:34	0:28:59
101	2671	CARVALHO, Nuno	Os Reumaticos	M40M17	32	1:51:54.89	06:35	0:29:15
102	2626	REIS, Rui	Runriver - Escola De Atletismo De Rio Tinto	SENM17	60	1:51:56.13	06:35	0:29:16
103	2028	COSTA, Ângelo	Ctm Vila Pouca De Aguiar	SENM17	61	1:52:00.01	06:35	0:29:20
104	2057	COUTO, Carlos	Arcorun	M40M17	33	1:52:13.08	06:36	0:29:33
105	2224	AMADEU, Paulo	Multipower Gaia Trail	SENM17	62	1:52:18.60	06:36	0:29:39
106	2762	LOPO, Rui	Aztrail	SENM17	63	1:52:26.79	06:37	0:29:47
107	2404	FREITAS, Bruno	Divisão De Elite	SENM17	64	1:52:28.70	06:37	0:29:49
108	2540	CARDOSO, João	S. S. Montepio	M40M17	34	1:52:46.42	06:38	0:30:06
109	3072	SANTOS, Pedro	Crocodilos	SENM17	65	1:52:46.54	06:38	0:30:07
110	2629	CARVALHO, Elisabete	Trocopasso Runners	SENF17	3	1:52:57.10	06:39	0:30:17
111	2628	SILVA, Filipe	Trocopasso Runners	SENM17	66	1:52:56.50	06:39	0:30:17
112	2503	FERREIRA, Carlos	Gd Bpi	M50M17	8	1:53:12.99	06:40	0:30:33
113	2205	FERNANDES, Nuno	Arcorun	SENM17	67	1:53:18.15	06:40	0:30:38
114	2088	RIBEIRO, Ernesto	Porto Sentido Runners	M40M17	35	1:53:41.50	06:41	0:31:03
115	2239	SARMENTO, Paulo	Ffit Gaia Trail	SENM17	68	1:53:45.36	06:41	0:31:05
116	2597	FERREIRA, Luís	Associação Desportiva De Cabroelo	SENM17	69	1:54:10.86	06:43	0:31:31
117	2156	REGUEIRAS, José	Ccdfpjp	M40M17	36	1:54:10.90	06:43	0:31:31
118	2274	TEIXEIRA, Rui	A.D. Sebolido Trail Boneca D'Ouro	SENM17	70	1:54:10.92	06:43	0:31:31

119	2104	MEIRELES, Guilhermino	Ctm Vila Pouca De Aguiar	SENM17	71	1:54:29.64	06:44	0:31:50
120	2385	SANTOS, Pedro	Factor X / S4L / Medensefc	SENM17	72	1:54:40.24	06:45	0:32:00
121	2281	SOUSA, Sérgio	Melres Trail Running Ordem Para Arriar	SENM17	73	1:54:42.52	06:45	0:32:03
122	2096	SOUSA, Fernando	Melres Trail Running Ordem Para Arriar	M40M17	37	1:54:42.63	06:45	0:32:03
123	2282	VILELA, Sérgio	Ctm Vila Pouca De Aguiar	SENM17	74	1:54:43.80	06:45	0:32:04
124	2026	AMORIM, Andreia	Gondomar Futsal Clube	SENF17	4	1:54:57.72	06:46	0:32:18
125	2386	NEVES, João	Factor X / S4L / Medensefc	M40M17	38	1:55:12.33	06:47	0:32:32
126	2225	ARAÚJO, Paulo	A.D. Sebolido Trail Boneca D'Ouro	SENM17	75	1:55:35.14	06:48	0:32:55
127	2203	NOVAL, Nelson	Mentolitos	M40M17	39	1:55:36.25	06:48	0:32:56
128	2627	FERREIRA, David	Individual	M40M17	40	1:55:46.53	06:49	0:33:07
129	2593	FRANÇA, Pedro	Individual	SENM17	76	1:55:49.70	06:49	0:33:10
130	2594	TRIGAIS, Cláudio	Individual	SENM17	77	1:55:51.09	06:49	0:33:11
131	2307	MOREIRA, Vítor	Caldas De São Jorge	SENM17	78	1:55:54.11	06:49	0:33:14
132	2075	MORAIS, David	Oralklass - Amigos Do Trail	SENM17	79	1:55:57.88	06:49	0:33:18
133	2590	VIEIRA, Pedro	Individual	SENM17	80	1:55:59.57	06:49	0:33:20
134	2720	CAETANO, Catarina	Individual	SENF17	5	1:56:07.81	06:50	0:33:28
135	2633	OLIVEIRA, José	Ascários De Escariz	M40M17	41	1:56:11.86	06:50	0:33:32
136	2060	SOUSA, Carlos	Ctm Vila Pouca De Aguiar	M40M17	42	1:56:17.61	06:50	0:33:38
137	2547	AREZES, Fernando	Gtt - Armazém Do Caffè	M40M17	43	1:56:17.71	06:50	0:33:38
138	2528	PARRACHO, Helder	Individual	SENM17	81	1:56:18.84	06:51	0:33:39
139	2624	FERNANDES, Marco	Individual	SENM17	82	1:56:28.03	06:51	0:33:48
140	2	LOBO, Luís	Melres Medas	M40M17	44	1:56:47.66	06:52	0:34:08
141	2021	FREITAS, Anabela	Multipower Gaia Trail	SENF17	6	1:57:02.91	06:53	0:34:23
142	2580	EUSEBIO, Paulo	Melres Trail Running Ordem Para Arriar	M40M17	45	1:57:19.17	06:54	0:34:39
143	2666	MARQUES, Pedro	Kemedo Team	SENM17	83	1:57:23.08	06:54	0:34:43
144	2570	MOURO, Pedro	Clube Do Pessoal Edp - Delegação De Gaia	M40M17	46	1:57:28.50	06:55	0:34:49
145	2163	GOMES, Laurindo	Porto Sentido Runners	M40M17	47	1:57:36.74	06:55	0:34:57
146	2253	COUTO, Ricardo	Gondomar Futsal Clube	SENM17	84	1:57:36.87	06:55	0:34:57
147	2429	MARTINS, José	Individual	M50M17	9	1:57:40.00	06:55	0:35:00
148	2411	MARTINS, Ivo	Individual	SENM17	85	1:57:51.81	06:56	0:35:12
149	2478	CARVALHO, Ricardo	Individual	SENM17	86	1:57:59.99	06:56	0:35:20
150	2119	SOUSA, Hugo	Mentolitos	SENM17	87	1:58:23.87	06:58	0:35:44
151	2394	GOMES, Tiago	Individual	SENM17	88	1:58:25.09	06:58	0:35:45
152	2382	ALMEIDA, André	Factor X / S4L / Medensefc	SENM17	89	1:58:28.19	06:58	0:35:48
153	2365	SANTOS, Nuno	Mifc Runners	SENM17	90	1:58:29.98	06:58	0:35:50
154	2709	SANTOS, Nuno	Individual	SENM17	91	1:58:30.57	06:58	0:35:51
155	2485	SOUSA, Jorge	Individual	M40M17	48	1:58:32.19	06:58	0:35:52
156	2305	FOLGADO, Vitor	Arcorun	M40M17	49	1:58:32.36	06:58	0:35:52
157	2197	BARROS, Miguel	Arcorun	M40M17	50	1:58:32.48	06:58	0:35:52
158	2430	AMARAL, Ana	Gondomar Futsal Clube	M40F17	2	1:58:36.34	06:59	0:35:56
159	2117	PEIXOTO, Hugo	Ffit Gaia Trail	SENM17	92	1:58:40.84	06:59	0:36:01

160	2257	SILVA, Ricardo	Siiga	SENM17	93	1:58:44.71	06:59	0:36:05
161	2182	MOREIRA, Marcio	Mentolitos	SENM17	94	1:58:47.15	06:59	0:36:07
162	2746	MOURA, Miguel	Individual	M40M17	51	1:58:55.06	07:00	0:36:15
163	2571	SOUSA, Sergio	Individual	SENM17	95	1:59:09.57	07:01	0:36:30
164	3172	MARINHO, António	Individual	SENM17	96	1:59:26.06	07:02	0:36:46
165	2277	CRISTINA, Sara	Caldas De São Jorge	SENF17	7	1:59:26.57	07:02	0:36:47
166	2497	RAMOS, Serafim	Clube Do Pessoal Edp - Porto	M50M17	10	1:59:28.98	07:02	0:36:49
167	2554	PALMEIRA, Hugo	Gtt - Armazém Do Caffè	SENM17	97	1:59:29.29	07:02	0:36:49
168	2408	SANTOS, Fernando	Clube Do Pessoal Aguas De Gaia	M40M17	52	1:59:33.94	07:02	0:36:54
169	2005	NEVES, Alexandre	Polícia Municipal De Gondomar	SENM17	98	1:59:34.24	07:02	0:36:54
170	2625	FERNANDES, Adelino	Individual	M50M17	11	1:59:41.77	07:02	0:37:02
171	2004	FERNANDES, Alexandre	Arcorun	M40M17	53	1:59:45.83	07:03	0:37:06
172	2711	GUIMARÃES, Pedro	Pedro	M40M17	54	2:00:16.25	07:04	0:37:36
173	2536	COELHO, Emanuel	Individual	SENM17	99	2:00:19.79	07:05	0:37:40
174	2490	TEIXEIRA, Manuel	Individual	M40M17	55	2:00:26.04	07:05	0:37:46
175	2299	SOUSA, Tiago	Siiga	SENM17	100	2:00:27.92	07:05	0:37:48
176	2349	SILVA, Hermengardo	Tgv	M40M17	56	2:00:29.84	07:05	0:37:50
177	2696	SANTOS, Nuno	Grupo Desportivo Do Bairro Dos Pescadores De Matos	SENM17	101	2:00:30.23	07:05	0:37:50
178	2524	PAIS, António	Individual	M50M17	12	2:00:34.99	07:06	0:37:55
179	2002	PEREIRA, Alcindo	Portocargo	M50M17	13	2:00:45.58	07:06	0:38:06
180	2603	RIBEIRO, César	Individual	SENM17	102	2:00:46.22	07:06	0:38:06
181	2517	FERREIRA, José	Individual	M50M17	14	2:00:56.40	07:07	0:38:16
182	2607	SECA, Miguel	Individual	SENM17	103	2:00:59.32	07:07	0:38:19
183	2679	VILAÇA, Bruno	Não Corram Meninas (Abigail / Caetana)	SENM17	104	2:01:03.95	07:07	0:38:24
184	2543	MARTINS, Helder	Individual	SENM17	105	2:01:07.83	07:08	0:38:28
185	2151	MENDES, José	Gondomar Futsal Clube	M50M17	15	2:01:14.19	07:08	0:38:34
186	2518	PINTO, Alcino	Athlon Esportes	M40M17	57	2:01:18.95	07:08	0:38:39
187	2531	QUADROSA, Dênis	Athlon Esportes	SENM17	106	2:01:38.04	07:09	0:38:58
188	2306	MOREIRA, Vitor	Melres Trail Running Ordem Para Arriar	SENM17	107	2:01:59.78	07:11	0:39:20
189	2442	ANDRADE, Raquel	Individual	SENF17	8	2:02:01.32	07:11	0:39:21
190	2441	MOURA, Bruno	Individual	SENM17	108	2:02:02.08	07:11	0:39:22
191	2008	FERREIRA, Amílcar	Arcorun	M40M17	58	2:02:04.79	07:11	0:39:25
192	2247	SOUSA, Pedro	Gondomar Futsal Clube	M40M17	59	2:02:10.81	07:11	0:39:31
193	2308	RIBEIRO, Vitor	Gondomar Futsal Clube	M50M17	16	2:02:21.22	07:12	0:39:41
194	2748	FERNANDES, João	Individual	SENM17	109	2:02:26.28	07:12	0:39:46
195	2749	MOREIRA, Francisco	Individual	M40M17	60	2:02:26.59	07:12	0:39:47
196	2458	PINTO, Joaquim	Monte Dos Amigos	M40M17	61	2:02:36.97	07:13	0:39:57
197	2169	PEREIRA, Liliana	Shots International Runners	SENF17	9	2:02:40.99	07:13	0:40:01
198	2724	MARQUES, António	Individual	SENM17	110	2:02:52.23	07:14	0:40:12
199	2204	ALMEIDA, Nuno	Ccdfpjp	SENM17	111	2:03:03.99	07:14	0:40:24
200	2383	MOTA, Rui	Factor X / S4L / Medensefc	M40M17	62	2:03:05.55	07:14	0:40:26

201	2293	FREITAS, Teófilo	Hs Climatização Trail Team	M40M17	63	2:03:05.62	07:14	0:40:26
202	2432	MOREIRA, Lino	Os Turbomula	M50M17	17	2:03:06.90	07:15	0:40:27
203	2084	GONÇALVES, Eduardo	Melres Trail Running Ordem Para Arriar	M40M17	64	2:03:15.54	07:15	0:40:36
204	2200	SOUSA, Miguel	Melres Trail Running Ordem Para Arriar	SENM17	112	2:03:15.59	07:15	0:40:36
205	2056	ANDRADE, Carlos	Melres Trail Running Ordem Para Arriar	M40M17	65	2:03:15.72	07:15	0:40:36
206	2213	SOARES, Oscar	Melres Trail Running Ordem Para Arriar	SENM17	113	2:03:16.42	07:15	0:40:36
207	2668	FERREIRA, Nuno	Individual	M40M17	66	2:03:20.82	07:15	0:40:41
208	2651	JAVIER, Javier	Individual	SENM17	114	2:03:22.85	07:15	0:40:43
209	2710	RAMOS, Emanuel	Pedro	SENM17	115	2:03:33.43	07:16	0:40:53
210	2767	VIEIRA, Tiago	Individual	SENM17	116	2:03:34.21	07:16	0:40:54
211	2415	MOURA, Raúl	Individual	SENM17	117	2:03:34.84	07:16	0:40:55
212	2270	RODRIGUES, Rui	Gaia-Running	M40M17	67	2:03:35.94	07:16	0:40:56
213	2222	DIAS, Claudia	Gaia-Running	SENF17	10	2:03:40.48	07:16	0:41:00
214	2188	LEÃO, Maria	Amigos Do Pedal Trailagares	SENF17	11	2:03:47.46	07:17	0:41:07
215	2500	TELES, Marcelo	Gtt - Armazém Do Caffè	SENM17	118	2:03:49.79	07:17	0:41:10
216	2579	PEREIRA, Hugo	Gtt - Armazém Do Caffè	SENM17	119	2:03:49.85	07:17	0:41:10
217	2256	PEREIRA, Ricardo	Portocargo	SENM17	120	2:03:50.37	07:17	0:41:10
218	2682	FERREIRA, Raquel	Uec	SENF17	12	2:03:57.86	07:18	0:41:18
219	2605	COELHO, Telmo	Individual	SENM17	121	2:03:58.86	07:18	0:41:19
220	2683	MAGANO, Paulo	Individual	SENM17	122	2:03:59.37	07:18	0:41:19
221	2585	SANTOS, José	Individual	SENM17	123	2:04:00.06	07:18	0:41:20
222	2196	ANDRADE, Miguel	Arcorun	SENM17	124	2:04:02.92	07:18	0:41:23
223	2379	QUINTAS, Rui	Marretas#Quase#Atletas	SENM17	125	2:04:08.89	07:18	0:41:29
224	2031	BATISTA, Antonio	Arcorun	SENM17	126	2:04:10.35	07:18	0:41:30
225	2142	MONTEIRO, Jorge	Siiga	SENM17	127	2:04:11.32	07:18	0:41:31
226	3112	PINTO, Nuno	Individual	SENM17	128	2:04:16.09	07:19	0:41:36
227	2245	SÁ, Pedro	Ctm Vila Pouca De Aguiar	M40M17	68	2:04:21.38	07:19	0:41:41
228	2037	PEREIRA, Artur	Shots International Runners	SENM17	129	2:04:21.75	07:19	0:41:42
229	2095	PEREIRA, Fernando	Gondomar Futsal Clube	M40M17	69	2:04:24.24	07:19	0:41:44
230	2438	CARVALHO, Carlos	Individual	SENM17	130	2:04:24.95	07:19	0:41:45
231	2541	ARAUJO, Liliana	Gtt - Armazém Do Caffè	SENF17	13	2:04:34.74	07:20	0:41:55
232	2199	PEREIRA, Miguel	Porto Sentido Runners	SENM17	131	2:04:39.25	07:20	0:41:59
233	2112	SOBRAL, Henrique	Hs Climatização Trail Team	M40M17	70	2:04:41.51	07:20	0:42:02
234	2006	TAVARES, Alexandre	Caldas De São Jorge	SENM17	132	2:05:37.24	07:23	0:42:57
235	2334	DUARTE, Jose	Familia Pereira	M50M17	18	2:05:49.05	07:24	0:43:09
236	2623	SOUSA, Ricardo	Individual	SENM17	133	2:05:54.35	07:24	0:43:14
237	2466	PINHO, Ernesto	Individual	SENM17	134	2:05:57.17	07:25	0:43:17
238	2735	PINTO, Luis	Individual	SENM17	135	2:05:59.07	07:25	0:43:19
239	2469	LOPES, Fernando	Bruno Barge	SENM17	136	2:06:01.11	07:25	0:43:21
240	2468	BARGE, Bruno	Bruno Barge	SENM17	137	2:06:04.32	07:25	0:43:24
241	2155	PINTO, José	Ciclistas Cosmicos- Gislótica	M50M17	19	2:06:09.24	07:25	0:43:29

242	2337	LARANJA, Carlos	Individual	SENM17	138	2:06:12.04	07:25	0:43:32
243	2065	TEIXEIRA, César	Gaia-Running	M40M17	71	2:06:13.85	07:26	0:43:34
244	2009	COELHO, Ana	Gaia-Running	SENF17	14	2:06:15.39	07:26	0:43:35
245	2304	FERNANDES, Vitor	Gaia-Running	M40M17	72	2:06:15.47	07:26	0:43:35
246	2368	SANTOS, Angelo	Marretas#Quase#Atletas	SENM17	139	2:06:18.59	07:26	0:43:39
247	2115	DUARTE, Hugo	A.D.Amarante Trail Running	SENM17	140	2:06:29.65	07:26	0:43:50
248	2174	OLIVEIRA, Luís	Generosos	SENM17	141	2:06:44.44	07:27	0:44:04
249	2695	DUARTE, Nuno	Pedro	SENM17	142	2:06:54.12	07:28	0:44:14
250	2241	DUARTE, Pedro	Melres Trail Running Ordem Para Arriar	SENM17	143	2:07:03.56	07:28	0:44:24
251	2003	AFONSO, Alexandre	Trocopasso Runners	SENM17	144	2:07:10.50	07:29	0:44:32
252	2481	FREITAS, Rui	Nice Runners	M40M17	73	2:07:19.57	07:29	0:44:40
253	2526	MARTINS, Ernesto	Touquenemosso	M50M17	20	2:07:34.19	07:30	0:44:54
254	1240	SUZANO, Jorge	Gondomar Futsal Clube	M40M17	74	2:07:34.78	07:30	0:44:55
255	2351	FEGUEIREDO, Catarina	Gaia-Running	SENF17	15	2:07:34.87	07:30	0:44:55
256	2100	FREITAS, Francisco	Gaia-Running	M40M17	75	2:07:38.54	07:31	0:44:59
257	2502	SILVA, Jorge	Gd Bpi	M40M17	76	2:08:01.40	07:32	0:45:21
258	2038	RODRIGUES, Avelino	Porto Sentido Runners	M40M17	77	2:08:05.56	07:32	0:45:26
259	2463	GRAÇA, Paulo	Monte Dos Amigos	M50M17	21	2:08:18.66	07:33	0:45:39
260	2428	MACHADO, Filipe	Dieselinvicta	SENM17	145	2:08:30.88	07:34	0:45:51
261	2391	ROCHA, Paulo	Individual	SENM17	146	2:08:32.33	07:34	0:45:52
262	2407	SANTOS, Silvério	Clube Do Pessoal Aguas De Gaia	M40M17	78	2:08:35.83	07:34	0:45:56
263	2639	ORLANDO, Gilberto	Os Lebres Btt Sai Da Frente	SENM17	147	2:08:37.73	07:34	0:45:58
264	2638	RIBEIRO, Ricardo	Os Lebres Btt Sai Da Frente	SENM17	148	2:08:37.74	07:34	0:45:58
265	2641	PINHEIRO, Adelino	Os Lebres Btt Sai Da Frente	SENM17	149	2:08:38.24	07:34	0:45:58
266	2640	RIBEIRO, Nuno	Os Lebres Btt Sai Da Frente	SENM17	150	2:08:38.32	07:34	0:45:58
267	2664	PINTO, Daniel	Individual	SENM17	151	2:08:46.68	07:35	0:46:07
268	2614	SANTOS, Isabel	Centro Ciclista De Gondomar	SENF17	16	2:08:55.84	07:35	0:46:16
269	2370	PEREIRA, Rui	Individual	M40M17	79	2:08:57.99	07:35	0:46:18
270	2086	TEIXEIRA, Eduardo	Gaia-Running	M40M17	80	2:09:08.57	07:36	0:46:29
271	2747	ROCHA, Manuel	Individual	M50M17	22	2:09:11.80	07:36	0:46:32
272	2499	MONTEIRO, Paulo	Individual	M40M17	81	2:09:12.73	07:36	0:46:33
273	2108	SILVA, Helder	Os Atletas	SENM17	152	2:09:21.03	07:37	0:46:41
274	2046	LOPES, Bruno	Imagorun	SENM17	153	2:09:41.66	07:38	0:47:02
275	2697	MOREIRA, Fernando	Individual	SENM17	154	2:10:05.40	07:39	0:47:25
276	2665	COUTO, Hugo	Individual	SENM17	155	2:10:06.32	07:39	0:47:26
277	2604	RODRIGUES, Gabriel	Individual	M40M17	82	2:10:07.10	07:39	0:47:27
278	2558	TEIXEIRA, Miguel	Individual	M40M17	83	2:10:08.26	07:39	0:47:28
279	2609	FERREIRA, António	Individual	SENM17	156	2:10:22.36	07:40	0:47:42
280	2235	QUEIRÓS, Paulo	Gondomar Futsal Clube	M40M17	84	2:10:35.68	07:41	0:47:56
281	2093	NOVAIS, Fernando	Ginásio Desafios	M50M17	23	2:10:38.58	07:41	0:47:59
282	2589	MOREIRA, Miguel	Individual	SENM17	157	2:10:47.45	07:42	0:48:07

283	2240	VILARINHO, Paulo	Gaia-Running	M40M17	85	2:10:52.70	07:42	0:48:13
284	2135	PINTO, João	Oralklass - Amigos Do Trail	SENM17	158	2:11:18.04	07:43	0:48:38
285	2297	SABENÇA, Tiago	Oralklass - Amigos Do Trail	SENM17	159	2:11:18.19	07:43	0:48:38
286	2335	MARÇAL, Paulo	Individual	M50M17	24	2:11:20.76	07:44	0:48:41
287	2118	SECO, Hugo	Mentolitos	SENM17	160	2:11:23.61	07:44	0:48:44
288	2329	FERNANDES, António	Wolves Run Trail	M40M17	86	2:11:32.01	07:44	0:48:52
289	2145	RAMOS, Jorge	Arcorun	SENM17	161	2:11:43.04	07:45	0:49:03
290	2161	SILVA, José	Imagorun	SENM17	162	2:11:45.58	07:45	0:49:06
291	2766	FIGUEIREDO, Adalberto	Individual	M40M17	87	2:11:46.69	07:45	0:49:07
292	2389	GARCIA, Fernando	Individual	M40M17	88	2:11:49.83	07:45	0:49:10
293	2397	OLIVEIRA, Sérgio	Uma Vez Perdi-Me No Monte	SENM17	163	2:11:56.21	07:46	0:49:16
294	2498	VIDAL, Joaquim	Individual	SENM17	164	2:12:27.97	07:48	0:49:48
295	2131	DUARTE, João	Locomotiva De Paranhos	SENM17	165	2:12:31.82	07:48	0:49:52
296	2260	SOUSA, Ricardo	Ffit Gaia Trail	M40M17	89	2:12:49.06	07:49	0:50:09
297	2677	CORDEIRO, Anabela	Individual	SENF17	17	2:12:58.35	07:49	0:50:18
298	2178	COUTO, Manuel	Caldas De São Jorge	M50M17	25	2:13:14.17	07:50	0:50:34
299	2544	SILVA, Marcos	Individual	SENM17	166	2:13:18.01	07:50	0:50:38
300	2158	RICARDO, José	Porto Sentido Runners	M40M17	90	2:13:21.72	07:51	0:50:42
301	2268	MOTA, Rui	Imagorun	SENM17	167	2:13:28.78	07:51	0:50:49
302	2050	SILVA, Bruno	Imagorun	SENM17	168	2:13:38.26	07:52	0:50:58
303	2598	NEVES, José	Voleibol Runners	M40M17	91	2:13:51.96	07:52	0:51:12
304	2360	FERREIRA, Mário	Individual	M40M17	92	2:14:05.00	07:53	0:51:25
305	2367	VIEIRA, Joaquim	Os Cachos	M50M17	26	2:14:08.52	07:53	0:51:29
306	2564	COSTA, Ricardo	Individual	SENM17	169	2:14:11.18	07:54	0:51:31
307	2401	CARNEIRO, Manuel	Os Cachos	M50M17	27	2:14:12.26	07:54	0:51:32
308	2076	TORRES, Diamantino	Arcorun	SENM17	170	2:14:12.27	07:54	0:51:32
309	2369	VIEIRA, Carlos	Os Cachos	M40M17	93	2:14:12.28	07:54	0:51:32
310	2431	SOUSA, Hugo	Individual	SENM17	171	2:14:19.71	07:54	0:51:40
311	2310	SEIXAS, Pedro	Oralklass - Amigos Do Trail	M40M17	94	2:14:24.27	07:54	0:51:44
312	2295	MOREIRA, Tiago	Gangue Das Maças	SENM17	172	2:14:25.34	07:54	0:51:45
313	2215	FERREIRA, Patrícia	Gangue Das Maças	SENF17	18	2:14:25.70	07:54	0:51:46
314	2212	REGO, Orlanda	Gaia-Running	M40F17	3	2:14:40.25	07:55	0:52:00
315	2437	CARNEIRO, Paulo	Individual	M40M17	95	2:14:40.79	07:55	0:52:01
316	2209	SANTOS, Nuno	Gaia-Running	M40M17	96	2:14:41.21	07:55	0:52:01
317	2731	TERRA, Júlio	Built To Resist	M50M17	28	2:14:55.03	07:56	0:52:15
318	2361	PAIS, César	Individual	SENM17	173	2:15:07.23	07:57	0:52:27
319	2202	CARVALHAIS, Mónica	Gondomar Futsal Clube	SENF17	19	2:15:07.56	07:57	0:52:28
320	2726	SILVA, Luis	Individual	SENM17	174	2:15:10.24	07:57	0:52:30
321	2606	ROCHA, Cristina	Individual	SENF17	20	2:15:23.03	07:58	0:52:43
322	2302	VALE, Valter	Locomotiva De Paranhos	SENM17	175	2:15:24.26	07:58	0:52:44
323	2374	SILVA, Helder	La Zinco	SENM17	176	2:15:27.60	07:58	0:52:48

324	2254	FONSECA, Ricardo	Os Atletas	SENM17	177	2:15:29.98	07:58	0:52:50
325	2729	PEREIRA, Pedro	Individual	M40M17	97	2:15:30.99	07:58	0:52:51
326	2049	REIS, Bruno	100Fôlego	SENM17	178	2:15:35.95	07:59	0:52:56
327	2552	ARAUJO, Liliana	Gtt - Armazém Do Caffè	SENF17	21	2:15:37.88	07:59	0:52:58
328	2600	AZEVEDO, Benigno	Individual	M40M17	98	2:15:54.15	08:00	0:53:14
329	2601	MIRANDA, Sandra	Individual	M40F17	4	2:16:29.50	08:02	0:53:50
330	2208	SANTOS, Nuno	Crocodilos	SENM17	179	2:16:52.69	08:03	0:54:13
331	3114	SOUSA, José	Individual	SENM17	180	2:17:10.90	08:04	0:54:31
332	2669	CAMPOS, Fabio	Os Reumaticos	SENM17	181	2:17:13.91	08:04	0:54:34
333	2149	GOMES, José	Melres Trail Running Ordem Para Arriar	M40M17	99	2:17:25.04	08:05	0:54:45
334	2377	NUNES, Paulo	Btt Alegria/Tubani	M40M17	100	2:17:29.42	08:05	0:54:49
335	2487	ALBUQUERQUE, João	Individual	SENM17	182	2:17:29.87	08:05	0:54:50
336	2233	PEIXOTO, Paulo	Ccdfpjp	M50M17	29	2:17:32.25	08:05	0:54:52
337	2393	FERREIRA, André	Individual	SENM17	183	2:17:47.34	08:06	0:55:07
338	2133	MONTEIRO, João	Budeguita Runners	SENM17	184	2:17:49.13	08:06	0:55:09
339	2702	TRIGO, Ivone	Individual	SENF17	22	2:18:11.67	08:08	0:55:32
340	2330	HENRIQUES, Bruno	Wolves Run Trail	SENM17	185	2:18:26.84	08:09	0:55:47
341	2312	SILVA, Nuno	Wolves Run Trail	SENM17	186	2:18:27.33	08:09	0:55:47
342	2399	LEITE, Joaquim	Uma Vez Perdi-Me No Monte	M50M17	30	2:18:37.92	08:09	0:55:58
343	2030	BARROS, António	Ccdfpjp	SENM17	187	2:18:58.38	08:10	0:56:18
344	2332	PINTO, Carlos	3'4Run	SENM17	188	2:19:09.26	08:11	0:56:29
345	2165	TATO, Leonor	Os Finos	SENF17	23	2:19:20.49	08:12	0:56:40
346	2621	FERREIRA, José	Individual	M40M17	101	2:20:11.88	08:15	0:57:32
347	2521	FERREIRA, Osvaldo	Team Rede Ambiente	SENM17	189	2:20:11.97	08:15	0:57:32
348	2357	FREITAS, Carla	Marretas#Quase#Atletas	SENF17	24	2:20:13.63	08:15	0:57:34
349	2572	ALVES, Pedro	Nice Runners	SENM17	190	2:20:14.52	08:15	0:57:35
350	2739	REIS, Nuno	Snutritioncrossboxgondomar	SENM17	191	2:20:17.40	08:15	0:57:37
351	2364	CARVALHO, Ricardo	Mifc Runners	SENM17	192	2:20:22.98	08:15	0:57:43
352	2506	, Ribeiro	Individual	SENM17	193	2:20:35.41	08:16	0:57:55
353	2116	PEGAS, Hugo	Melres Trail Running Ordem Para Arriar	SENM17	194	2:20:42.14	08:17	0:58:02
354	2704	PINTO, Rui	Individual	SENM17	195	2:20:50.30	08:17	0:58:10
355	2561	BASTOS, Pedro	Via Verde Team	M40M17	102	2:20:55.32	08:17	0:58:15
356	2575	GOUVEIA, José	Grupo Anti-Mutantes	SENM17	196	2:20:58.03	08:18	0:58:18
357	2582	DELGADO, Rafael	Grupo Anti-Mutantes	SENM17	197	2:20:58.61	08:18	0:58:19
358	2237	SANTOS, Paulo	Ffit Gaia Trail	SENM17	198	2:21:45.59	08:20	0:59:06
359	2264	MENDES, Rosa	Gondomar Futsal Clube	M50F17	1	2:21:49.41	08:21	0:59:09
360	2410	MENDES, Miguel	Individual	SENM17	199	2:21:57.34	08:21	0:59:17
361	2751	NASCIMENTO, Eduardo	Individual	M40M17	103	2:22:21.35	08:22	0:59:41
362	2612	MARTINS, Marlene	Centro Ciclista De Gondomar	SENF17	25	2:22:29.46	08:23	0:59:49
363	2657	SOUSA, Solange	Individual	SENF17	26	2:22:34.74	08:23	0:59:55
364	2688	SAMPAIO, Patrícia	Moinhos Run	M40F17	5	2:22:51.02	08:24	1:00:11

365	2689	SÁ, Pedro	Moinhos Run	M40M17	104	2:22:52.20	08:24	1:00:12
366	2375	CASTRO, Carlos	Individual	SENM17	200	2:23:04.84	08:25	1:00:25
367	2359	ALMEIDA, Nuno	Individual	SENM17	201	2:23:05.50	08:25	1:00:26
368	2279	BRITES, Sérgio	Gangue Das Maças	M40M17	105	2:23:14.88	08:26	1:00:35
369	2366	LUÍS, Susana	Individual	M40F17	6	2:23:23.44	08:26	1:00:43
370	3180	GONÇALVES, Luís	Individual	SENM17	202	2:23:33.81	08:27	1:00:54
371	2750	FERNANDES, Rui	Individual	M40M17	106	2:23:36.19	08:27	1:00:56
372	2164	ALMEIDA, Leonel	Mentolitos	M40M17	107	2:24:59.47	08:32	1:02:19
373	2035	REIS, António	Arcorun	M40M17	108	2:25:00.45	08:32	1:02:20
374	2226	COSTA, Paulo	Ffit Gaia Trail	SENM17	203	2:25:40.92	08:34	1:03:01
375	2565	FERREIRA, Joao	Individual	M40M17	109	2:25:55.90	08:35	1:03:16
376	2007	NUNES, Alvaro	Inquipa	M40M17	110	2:25:56.44	08:35	1:03:16
377	2435	TEIXEIRA, Manuel	Individual	M40M17	111	2:26:04.45	08:36	1:03:24
378	2569	HENRIQUES, Isabel	Clube Do Pessoal Edp - Delegação De Gaia	SENF17	27	2:26:05.37	08:36	1:03:25
379	2271	SÁ, Rui	Ffit Gaia Trail	M50M17	31	2:26:24.39	08:37	1:03:44
380	2194	PINTO, Marlene	Ffit Gaia Trail	SENF17	28	2:26:24.63	08:37	1:03:45
381	2426	RIBEIRO, Alexandra	Individual	SENF17	29	2:26:25.78	08:37	1:03:46
382	2622	AZEVEDO, Ricardo	At Balote	SENM17	204	2:26:36.82	08:37	1:03:57
383	2741	GUEDES, Carlos	Município De Gondomar	SENM17	205	2:26:43.77	08:38	1:04:04
384	2559	CUNHA, Sérgio	Individual	SENM17	206	2:26:49.25	08:38	1:04:09
385	2317	PEREIRA, Filipe	Touquenemosso	SENM17	207	2:26:59.77	08:39	1:04:20
386	2346	OLIVEIRA, Paulo	Factor X / S4L / Medensefc	SENM17	208	2:27:00.06	08:39	1:04:20
387	2246	SOARES, Pedro	A.D. Sebolido Trail Boneca D' Ouro	SENM17	209	2:27:08.71	08:39	1:04:29
388	2387	SOUSA, João	Factor X / S4L / Medensefc	SENM17	210	2:27:11.63	08:40	1:04:32
389	2348	DIAS, Pedro	Opticalia Running Team	M40M17	112	2:27:38.08	08:41	1:04:58
390	2421	FERNANDES, Eduardo	Opticalia Running Team	M40M17	113	2:27:38.59	08:41	1:04:59
391	2473	MOREIRA, Filipe	Individual	SENM17	211	2:27:39.65	08:41	1:05:00
392	2736	FERREIRA, Joaquim	I-Run	M40M17	114	2:27:41.60	08:41	1:05:02
393	2507	GUERRA, Mariana	Individual	SENF17	30	2:27:47.35	08:42	1:05:07
394	2674	CAMPOS, Paulo	Individual	SENM17	212	2:27:48.43	08:42	1:05:08
395	2511	SILVA, Daniel	Individual	SENM17	213	2:27:51.23	08:42	1:05:11
396	2765	MATEUS, Eurico	Individual	SENM17	214	2:28:07.70	08:43	1:05:28
397	2316	BARBOS, Daniel	Individual	SENM17	215	2:28:16.87	08:43	1:05:37
398	2172	LEMOS, Lúcia	Ctm Vila Pouca De Aguiar	M40F17	7	2:28:52.61	08:45	1:06:13
399	2137	MATOS, Joaquim	Gondomar Futsal Clube	M50M17	32	2:28:53.32	08:45	1:06:13
400	2568	MIRANTE, Fátima	Individual	SENF17	31	2:29:13.71	08:47	1:06:34
401	2311	OLIVEIRA, Nelson	Individual	SENM17	216	2:29:49.82	08:49	1:07:10
402	2324	SOUSA, Jurcelie	Individual	SENF17	32	2:29:51.76	08:49	1:07:12
403	2573	BESSA, Filipe	Individual	SENM17	217	2:29:53.50	08:49	1:07:14
404	2272	SANTOS, Rui	Gondomar Futsal Clube	SENM17	218	2:29:58.23	08:49	1:07:18
405	2452	PINTO, Miguel	Monte Dos Amigos	SENM17	219	2:30:01.74	08:50	1:07:22

406	2449	COSTA, Vitor	Monte Dos Amigos	SENM17	220	2:30:02.81	08:50	1:07:23
407	2024	FRAGA, André	Locomotiva De Paranhos	SENM17	221	2:30:27.62	08:51	1:07:48
408	2587	ALVES, Hélder	Individual	SENM17	222	2:30:51.69	08:52	1:08:12
409	2319	SILVA, Cândido	Individual	M40M17	115	2:30:53.14	08:53	1:08:13
410	2160	RODRIGUES, José	Gaia-Running	M40M17	116	2:30:53.96	08:53	1:08:14
411	2583	MACHADO, Albertina	Bilarunners	M40F17	8	2:30:59.20	08:53	1:08:19
412	2078	VIEIRA, Diana	Melres Trail Running Ordem Para Arriar	SENF17	33	2:31:07.50	08:53	1:08:27
413	2166	DUARTE, Lia	Melres Trail Running Ordem Para Arriar	SENF17	34	2:31:08.75	08:53	1:08:29
414	2223	ZUZARTE, Paula	Ginásio Desafios	M50F17	2	2:32:02.74	08:57	1:09:23
415	2725	FERREIRA, Márcia	Individual	SENF17	35	2:32:12.68	08:57	1:09:33
416	2018	RODRIGUES, Ana	Oralklass - Amigos Do Trail	SENF17	36	2:32:13.14	08:57	1:09:33
417	2703	FREITAS, Paulo	Individual	M40M17	117	2:32:30.00	08:58	1:09:50
418	2693	SOUSA, Joana	Individual	SENF17	37	2:32:31.18	08:58	1:09:51
419	2512	SOUSA, Joana	Individual	SENF17	38	2:32:32.38	08:58	1:09:52
420	2288	PEREIRA, Sónia	Inquipa	M40F17	9	2:32:50.53	08:59	1:10:11
421	2698	SILVA, Pedro	Factor X / S4L / Medensefc	M40M17	118	2:32:50.87	08:59	1:10:11
422	2242	PACHECO, Pedro	100Fôlego	SENM17	223	2:32:53.00	09:00	1:10:13
423	2436	ANJOS, Pedro	Individual	SENM17	224	2:32:58.10	09:00	1:10:18
424	2757	BARBOSA, Jorge	Paredes Aventura	M40M17	119	2:33:15.12	09:01	1:10:35
425	2141	LEITE, Jorge	Arcorun	M40M17	120	2:33:18.70	09:01	1:10:39
426	2001	REIS, Adriano	Amigos Do Pedal Trailagares	SENM17	225	2:33:28.00	09:02	1:10:48
427	2150	MARQUES, José	Os Finos	M40M17	121	2:33:28.93	09:02	1:10:49
428	2273	SCHUMACHER, Rui	Os Finos	M40M17	122	2:33:29.97	09:02	1:10:50
429	2405	SOARES, Sara	Individual	SENF17	39	2:33:34.51	09:02	1:10:55
430	2413	SILVA, Fabio	Individual	SENM17	226	2:33:39.25	09:02	1:10:59
431	2326	FERNANDES, Paulo	Individual	M40M17	123	2:33:39.47	09:02	1:10:59
432	2684	MACIEIRA, Bruno	Bikes & Friends	SENM17	227	2:33:40.64	09:02	1:11:01
433	2344	COUTINHO, Filipe	Aerodance Trail Running	M40M17	124	2:34:13.27	09:04	1:11:33
434	2422	AFONSO, Marlene	Individual	SENF17	40	2:34:15.12	09:04	1:11:35
435	2261	ALMEIDA, Ricas	Os Atletas	SENM17	228	2:34:25.43	09:05	1:11:45
436	2238	SANTOS, Paulo	Arcorun	SENM17	229	2:34:29.12	09:05	1:11:49
437	2323	MAGALHÃES, Rodrigo	Individual	SENM17	230	2:34:35.44	09:06	1:11:55
438	2652	NELSON, Nelson	Individual	M40M17	125	2:34:41.25	09:06	1:12:01
439	2630	MENDES, Maria	Individual	M40F17	10	2:35:19.98	09:08	1:12:40
440	2620	MACEDO, Raul	Individual	M50M17	33	2:35:20.64	09:08	1:12:41
441	2243	REIS, Pedro	Generosos	SENM17	231	2:36:10.16	09:11	1:13:30
442	2417	NUNES, Paulo	Legion Combat	M40M17	126	2:36:40.10	09:13	1:14:00
443	2416	LOPES, Jose	Legion Combat	M40M17	127	2:36:40.93	09:13	1:14:01
444	2097	VIEIRA, Fernando	Gaia-Running	M50M17	34	2:36:42.28	09:13	1:14:02
445	2107	OLIVEIRA, Helder	Gaia-Running	M50M17	35	2:36:43.69	09:13	1:14:04
446	2284	PERALTA, Silvia	Gaia-Running	SENF17	41	2:36:51.61	09:14	1:14:12

447	2000	VIGÁRIO, Adelaide	Gondomar Futsal Clube	M50F17	3	2:36:54.15	09:14	1:14:14
448	2599	PINTO, Paulo	Individual	SENM17	232	2:36:56.46	09:14	1:14:16
449	2529	ALMEIDA, Elisabete	Individual	SENF17	42	2:37:00.46	09:14	1:14:20
450	2694	RODRIGUES, José	Individual	M40M17	128	2:37:13.54	09:15	1:14:34
451	2642	OLIVEIRA, Osvaldo	Individual	M40M17	129	2:37:13.90	09:15	1:14:34
452	2059	PINTO, Carlos	Gaia-Running	M50M17	36	2:37:53.07	09:17	1:15:13
453	2087	REPAS, Elisabete	Gaia-Running	M40F17	11	2:37:54.31	09:17	1:15:14
454	2690	SILVA, Pedro	Individual	M40M17	130	2:38:00.96	09:18	1:15:21
455	2398	ALVARINO, Manuel	Uma Vez Perdi-Me No Monte	M40M17	131	2:38:03.34	09:18	1:15:23
456	2654	OLIVEIRA, João	Individual	SENM17	233	2:38:19.62	09:19	1:15:40
457	2395	MOREIRA, Inês	Moinhos Run	SENF17	43	2:39:02.03	09:21	1:16:22
458	2396	QUINTA, Rui	Moinhos Run	M50M17	37	2:39:03.14	09:21	1:16:23
459	2763	PEREIRA, Sónia	Individual	SENF17	44	2:39:09.82	09:22	1:16:30
460	2350	SILVA, Mario	Tgv	M40M17	132	2:39:35.35	09:23	1:16:55
461	2495	GONÇALVES, Abel	Individual	SENM17	234	2:39:43.81	09:24	1:17:04
462	2722	SOUSA, Gilberto	Individual	SENM17	235	2:39:46.25	09:24	1:17:06
463	2539	OLIVEIRA, Hélder	Individual	SENM17	236	2:39:46.70	09:24	1:17:07
464	2658	AZEVEDO, Ricardo	At Balote	SENM17	237	2:39:54.54	09:24	1:17:15
465	2440	RODRIGUES, Cristiana	Individual	SENF17	45	2:40:13.53	09:26	1:17:34
466	2723	MARTINS, Joana	Individual	SENF17	46	2:40:16.38	09:26	1:17:36
467	2347	OLIVEIRA, Tiago	Individual	SENM17	238	2:40:27.13	09:26	1:17:47
468	2244	RODRIGUES, Pedro	Gondomar Futsal Clube	SENM17	239	2:40:50.19	09:28	1:18:10
469	2525	HENRIQUES, Paulo	Touquenemposso	M50M17	38	2:41:25.97	09:30	1:18:46
470	2128	ABREU, Joana	Família Unida Runners	SENF17	47	2:41:52.93	09:31	1:19:13
471	2099	LEITÃO, Filipe	Gondomar Futsal Clube	SENM17	240	2:41:56.21	09:32	1:19:16
472	2354	GONÇALVES, António	Gd Bpi	M50M17	39	2:42:02.63	09:32	1:19:23
473	2201	FERNANDES, Mirian	Shots International Runners	SENF17	48	2:42:10.62	09:32	1:19:31
474	2269	RODRIGUES, Rui	100Fôlego	M40M17	133	2:42:46.33	09:34	1:20:06
475	2019	RODRIGUES, Ana	A.D. Sebolido Trail Boneca D'Ouro	SENF17	49	2:43:00.40	09:35	1:20:20
476	2285	CARVALHO, Sofia	A.D. Sebolido Trail Boneca D'Ouro	SENF17	50	2:43:00.78	09:35	1:20:21
477	3039	SERDOURA, João	Locomotiva De Paranhos	M40M17	134	2:43:02.82	09:35	1:20:23
478	2419	SILVA, Rute	Legion Combat	SENF17	51	2:43:23.86	09:37	1:20:44
479	2418	MAGALHÃES, Francisco	Legion Combat	SENM17	241	2:43:23.87	09:37	1:20:44
480	2280	SANTOS, Sérgio	Locomotiva De Paranhos	SENM17	242	2:43:38.50	09:38	1:20:59
481	2289	SANTOS, Sónia	Locomotiva De Paranhos	SENF17	52	2:43:38.74	09:38	1:20:59
482	2403	MAGALHÃES, Joana	Legion Combat	SENF17	53	2:44:22.35	09:40	1:21:42
483	2121	CARVALHO, Isabel	Pernetas	M40F17	12	2:45:06.44	09:43	1:22:26
484	2659	VIEIRA, Ana	Individual	SENF17	54	2:45:51.16	09:45	1:23:11
485	3117	RIBEIRO, Dário	Individual	SENM17	243	2:45:51.31	09:45	1:23:11
486	2080	FERREIRA, Diogo	The Aa Team	SENM17	244	2:46:14.26	09:47	1:23:34
487	2048	PEREIRA, Bruno	The Aa Team	SENM17	245	2:46:14.49	09:47	1:23:34

488	2047	PEREIRA, Bruno	The Aa Team	SENM17	246	2:46:15.23	09:47	1:23:35
489	2191	FERREIRA, Mário	The Aa Team	M40M17	135	2:46:16.75	09:47	1:23:37
490	2041	SOUSA, Bino	Locomotiva De Paranhos	M40M17	136	2:46:17.54	09:47	1:23:38
491	2560	MIRANDA, Ana	Individual	M40F17	13	2:46:20.82	09:47	1:23:41
492	2181	GONÇALVES, Manuela	Melres Trail Running Ordem Para Arriar	M40F17	14	2:46:21.41	09:47	1:23:41
493	2576	MACHADO, Nuno	Anonymous Prosports Challenger	SENM17	247	2:47:03.85	09:50	1:24:24
494	2653	MACHADO, Ticiana	Anonymous Prosports Challenger	M40F17	15	2:47:04.74	09:50	1:24:25
495	2402	RIBEIRO, Paulo	Individual	M40M17	137	2:47:27.15	09:51	1:24:47
496	2358	SOUSA, Rui	Wolves Run Trail	SENM17	248	2:47:36.18	09:52	1:24:56
497	2331	SILVA, Cláudio	Wolves Run Trail	SENM17	249	2:47:36.91	09:52	1:24:57
498	2578	TEIXEIRA, José	Individual	SENM17	250	2:47:37.53	09:52	1:24:58
499	2356	SOFIA, Isabel	Familia Pereira	SENF17	55	2:48:06.32	09:53	1:25:26
500	2433	NETO, Vitor	Individual	M40M17	138	2:48:21.18	09:54	1:25:41
501	2022	BARROS, Andre	Os Atletas	SENM17	251	2:48:21.46	09:54	1:25:41
502	2482	FASTINO, Angelo	Monte Dos Amigos	SENM17	252	2:48:35.05	09:55	1:25:55
503	2453	MOURA, Jose	Monte Dos Amigos	M40M17	139	2:48:37.90	09:55	1:25:58
504	2451	ALVES, Joao	Monte Dos Amigos	SENM17	253	2:48:38.68	09:55	1:25:59
505	2255	MURIAS, Ricardo	Locomotiva De Paranhos	M40M17	140	2:48:43.33	09:55	1:26:03
506	2101	LIMA, Francisco	Locomotiva De Paranhos	SENM17	254	2:48:45.28	09:56	1:26:05
507	2147	BARBOSA, José	Locomotiva De Paranhos	M40M17	141	2:48:46.30	09:56	1:26:06
508	2144	MACEDO, Rita	Gondomar Futsal Clube	SENF17	56	2:48:50.76	09:56	1:26:11
509	2455	ALMEIDA, Rosa	Monte Dos Amigos	SENF17	57	2:48:50.78	09:56	1:26:11
510	2457	RIBEIRO, Eva	Monte Dos Amigos	SENF17	58	2:48:50.97	09:56	1:26:11
511	2472	MOURA, Joana	Individual	SENF17	59	2:48:51.04	09:56	1:26:11
512	2333	FERREIRA, Ana	Individual	SENF17	60	2:48:51.88	09:56	1:26:12
513	2322	LUÍS, Mafalda	Individual	SENF17	61	2:48:52.00	09:56	1:26:12
514	2596	PESTANA, Ana	Individual	M40F17	16	2:48:52.90	09:56	1:26:13
515	2667	GONÇALVES, Filipa	Individual	SENF17	62	2:48:53.24	09:56	1:26:13
516	2611	SOUSA, Rui	Snutritioncrossboxgondomar	SENM17	255	2:48:54.54	09:56	1:26:15
517	2713	CATURNA, Raquel	Snutritioncrossboxgondomar	SENF17	63	2:48:55.35	09:56	1:26:15
518	2715	OLIVEIRA, Carla	Snutritioncrossboxgondomar	SENF17	64	2:48:55.56	09:56	1:26:16
519	2680	CARVALHO, Miguel	Snutritioncrossboxgondomar	SENM17	256	2:48:55.63	09:56	1:26:16
520	2180	FERREIRA, Manuela	Pernetas	M40F17	17	2:48:59.23	09:56	1:26:19
521	2139	PEREIRA, Joaquim	Pernetas	M40M17	142	2:49:00.50	09:56	1:26:21
522	2489	SOUSA, Cecília	Individual	SENF17	65	2:49:03.42	09:57	1:26:23
523	2553	CARLOS, Inês	Individual	SENF17	66	2:49:19.36	09:58	1:26:39
524	2042	MARQUES, Branca	Gondomar Futsal Clube	M50F17	4	2:49:33.82	09:58	1:26:54
525	2227	FERREIRA, Paulo	Portocargo	M40M17	143	2:49:42.27	09:59	1:27:02
526	2072	SOUSA, Cristina	Inquipa	M40F17	18	2:49:47.54	09:59	1:27:08
527	2259	SILVA, Ricardo	Inquipa	M40M17	144	2:49:47.60	09:59	1:27:08
528	2175	PEREIRA, Luis	Os Finos	SENM17	257	2:49:56.67	10:00	1:27:17

529	2551	MOURA, Manuel	Os Barriguitas	M50M17	40	2:50:20.24	10:01	1:27:40
530	2454	RIBEIRO, Conceicao	Monte Dos Amigos	M40F17	19	2:50:28.21	10:02	1:27:48
531	2126	AMORIM, Jacinta	Caldas De São Jorge	SENF17	67	2:50:53.54	10:03	1:28:14
532	2143	PEREIRA, Jorge	Gaia-Running	M40M17	145	2:50:54.08	10:03	1:28:14
533	2094	PEREIRA, Fernando	Os Finos	M40M17	146	2:50:56.48	10:03	1:28:16
534	2176	SCHUMACHER, Luis	Os Finos	M40M17	147	2:50:56.84	10:03	1:28:17
535	2676	LOPES, Ricardo	Corpo De Sonho	SENM17	258	2:50:57.84	10:03	1:28:18
536	2496	PEREIRATEIXEIRA, Luís	Individual	SENM17	259	2:50:57.96	10:03	1:28:18
537	2542	MONTEIRO, Elisabete	Individual	SENF17	68	2:50:58.78	10:03	1:28:19
538	2373	MARTINS, Diogo	Individual	SENM17	260	2:50:58.99	10:03	1:28:19
539	2533	MARTINS, Rosana	Reumatico	SENF17	69	2:51:01.90	10:04	1:28:22
540	2103	SILVA, Francisco	A.D.Amarante Trail Running	SENM17	261	2:51:04.14	10:04	1:28:24
541	2681	PINHEIRO, Agostinho	Individual	M40M17	148	2:51:09.32	10:04	1:28:29
542	2719	FERREIRA, Elisabete	Run 4 Life	SENF17	70	2:51:20.18	10:05	1:28:40
543	2718	ALVES, Sónia	Run 4 Life	SENF17	71	2:51:21.03	10:05	1:28:41
544	2686	CARIA, Carla	Moreira Relax Runners	M40F17	20	2:51:25.05	10:05	1:28:45
545	2687	MONTEIRO, Fernando	Moreira Relax Runners	M40M17	149	2:51:26.58	10:05	1:28:47
546	2040	SOUSA, Beta	Mentolitos	M40F17	21	2:51:35.90	10:06	1:28:56
547	2034	QUEIROZ, António	Gondomar Futsal Clube	M50M17	41	2:51:51.25	10:07	1:29:11
548	2015	MARTINS, Ana	Melres Trail Running Ordem Para Arriar	M40F17	22	2:52:41.99	10:10	1:30:02
549	2303	GOMES, Vera	Melres Trail Running Ordem Para Arriar	M40F17	23	2:52:42.06	10:10	1:30:02
550	2292	ROCHA, Telma	Amigos Do Pedal Trailagares	SENF17	72	2:52:49.03	10:10	1:30:09
551	2728	SOUSA, Anabela	Individual	M40F17	24	2:53:17.67	10:12	1:30:38
552	2470	MOURA, Rufino	Bruno Barge	M40M17	150	2:53:18.94	10:12	1:30:39
553	2631	RODRIGUES, Tiago	Nice Runners	SENM17	262	2:53:28.95	10:12	1:30:49
554	2189	CARDOSO, Mario	Pernetas	M40M17	151	2:54:01.26	10:14	1:31:21
555	2266	CARVALHO, Rui	Pernetas	M40M17	152	2:54:01.48	10:14	1:31:21
556	2170	PINTO, Liliana	Pernetas	SENF17	73	2:54:02.07	10:14	1:31:22
557	2089	CUNHA, Fabio	Pernetas	SENM17	263	2:54:02.29	10:14	1:31:22
558	2070	ARAUJO, Cristina	Ginásio Desafios	SENF17	74	2:54:14.75	10:15	1:31:35
559	2090	TEIXEIRA, Fabio	A.D.Amarante Trail Running	SENM17	264	2:54:42.08	10:17	1:32:02
560	2296	OLIVEIRA, Tiago	Siiga	SENM17	265	2:54:54.93	10:17	1:32:15
561	2362	SOUSA, Paulo	Os Mariolas	SENM17	266	2:55:14.74	10:19	1:32:35
562	2707	SANTOS, Raquel	Individual	SENF17	75	2:55:15.06	10:19	1:32:35
563	2534	FREITAS, Mara	Reumatico	SENF17	76	2:55:21.24	10:19	1:32:41
564	2649	APARICIO, John	Individual	SENM17	267	2:55:50.42	10:21	1:33:10
565	2537	SOUSA, Vera	Individual	SENF17	77	2:55:50.51	10:21	1:33:11
566	2650	MARQUES, Andreia	Individual	SENF17	78	2:55:50.83	10:21	1:33:11
567	2745	PINA, Sandra	Individual	M40F17	25	2:56:06.20	10:22	1:33:26
568	2663	OLIVENÇA, Maria	Individual	M40F17	26	2:56:48.54	10:24	1:34:09
569	2475	PORTUGAL, Maria	Tartarugas Do Asfalto	M40F17	27	2:57:05.84	10:25	1:34:26

570	2477	MONTEIRO, Glória	Tartarugas Do Asfalto	M40F17	28	2:57:05.95	10:25	1:34:26
571	2538	SOARES, José	Individual	M40M17	153	2:59:08.18	10:32	1:36:28
572	2764	SOUSA, Vitor	Individual	M40M17	154	2:59:32.44	10:34	1:36:52
573	2646	SANTOS, Rui	100Pernas	SENM17	268	2:59:32.49	10:34	1:36:52
574	2515	COSTA, Paulo	Individual	M40M17	155	2:59:42.98	10:34	1:37:03
575	2514	MALHEIRO, Nuno	Individual	M50M17	42	2:59:44.86	10:34	1:37:05
576	2424	SOUSA, Liliana	3'4Run	SENF17	79	2:59:52.25	10:35	1:37:12
577	2336	RODRIGUES, Vania	3'4Run	SENF17	80	2:59:54.90	10:35	1:37:15
578	2371	CASTRO, Rafael	Opticalia Running Team	SENM17	269	3:00:57.44	10:39	1:38:17
579	2321	LIMA, Adélio	Opticalia Running Team	SENM17	270	3:00:58.31	10:39	1:38:18
580	2381	CORREIA, Nuno	Factor X / S4L / Medensefc	SENM17	271	3:00:59.64	10:39	1:38:20
581	2068	COELHO, Cláudia	Generosos	SENF17	81	3:01:18.96	10:40	1:38:39
582	2527	BORGES, Ines	Generosos	SENF17	82	3:01:19.13	10:40	1:38:39
583	2550	LOPES, Daniela	Individual	SENF17	83	3:01:19.44	10:40	1:38:39
584	2190	DIAS, Mário	Locomotiva De Paranhos	SENM17	272	3:03:18.94	10:47	1:40:39
585	2027	VALENTE, Andreia	Os Caga Tacos Running Team	SENF17	84	3:03:35.94	10:48	1:40:56
586	2216	MAIA, Patricia	Mentolitos	SENF17	85	3:04:18.28	10:50	1:41:38
587	2471	ROXO, Helena	Monte Dos Amigos	M40F17	29	3:04:27.88	10:51	1:41:48
588	2217	PEREIRA, Patrícia	Gondomar Futsal Clube	SENF17	86	3:05:47.48	10:56	1:43:07
589	2054	VIGÁRIO, Bruno	Gondomar Futsal Clube	SENM17	273	3:05:48.25	10:56	1:43:08
590	3169	VIDAL, Sérgio	Individual	SENM17	274	3:05:51.31	10:56	1:43:11
591	2647	SILVA, Fernando	100Pernas	SENM17	275	3:05:53.46	10:56	1:43:13
592	2714	CATURNA, Bárbara	Snutritioncrossboxgondomar	SENF17	87	3:06:03.34	10:57	1:43:23
593	2712	SOBRAL, Márcia	Snutritioncrossboxgondomar	SENF17	88	3:06:08.89	10:57	1:43:29
594	2427	TEIXEIRA, Pedro	Snutritioncrossboxgondomar	SENM17	276	3:06:10.27	10:57	1:43:30
595	2733	MACHADO, Rui	M&M'S	SENM17	277	3:06:28.67	10:58	1:43:49
596	2768	COSTA, Rosa	Individual	M50F17	5	3:07:12.32	11:01	1:44:32
597	2043	MEIRELES, Bruna	Shots International Runners	SENF17	89	3:07:39.75	11:02	1:45:00
598	2343	PEREIRA, Fatima	Familia Pereira	M50F17	6	3:09:24.42	11:08	1:46:44
599	2691	QUEIRÓS, Mariana	Individual	SENF17	90	3:13:23.91	11:23	1:50:44
600	2685	OLIVEIRA, Alcino	Individual	M40M17	156	3:13:27.74	11:23	1:50:48
601	2425	MAGALHÃES, Fernanda	Individual	M40F17	30	3:13:46.74	11:24	1:51:07
602	2480	CORREIA, Rui	Individual	SENM17	278	3:13:57.34	11:25	1:51:17
603	2584	MOUTINHO, Filipe	Individual	M40M17	157	3:14:11.83	11:25	1:51:32
604	2010	COELHO, Ana	Amigos Do Pedal Trailagares	SENF17	91	3:15:25.63	11:30	1:52:46
605	2071	DUARTE, Cristina	Generosos	M40F17	31	3:16:48.16	11:35	1:54:08
606	2220	FERREIRA, Paula	Generosos	M40F17	32	3:16:48.31	11:35	1:54:08
607	2278	LOPES, Sara	Generosos	SENF17	92	3:16:48.76	11:35	1:54:09
608	2263	FERRAZ, Rodrigo	Generosos	M40M17	158	3:16:49.23	11:35	1:54:09
609	2286	TADEU, Sofia	Generosos	SENF17	93	3:16:49.28	11:35	1:54:09
610	2025	PEREIRA, Manuel	Portocargo	M50M17	43	3:17:23.07	11:37	1:54:43

611	2124	VIEIRA, Isabel	Portocargo	M40F17	33	3:17:24.42	11:37	1:54:44
612	2033	MARTINS, Antonio	Portocargo	M40M17	159	3:17:25.72	11:37	1:54:46
613	2251	OLIVEIRA, Renato	Portocargo	M40M17	160	3:17:25.79	11:37	1:54:46
614	2309	SILVA, Zara	Portocargo	SENF17	94	3:17:25.79	11:37	1:54:46
615	2462	GRAÇA, Angela	Monte Dos Amigos	M40F17	34	3:17:28.81	11:37	1:54:49
616	2456	DIAS, Angela	Monte Dos Amigos	SENF17	95	3:17:29.31	11:37	1:54:49
617	2635	CARVALHO, Bruno	Individual	SENM17	279	3:17:30.40	11:37	1:54:50
618	2448	NETO, Sandra	Individual	SENF17	96	3:19:24.95	11:44	1:56:45
619	2504	TEIXEIRA, Filipe	Individual	M40M17	161	3:20:56.92	11:49	1:58:17
620	2634	DIAS, Ricardo	Individual	SENM17	280	3:21:35.04	11:51	1:58:55
621	2700	ALVES, Sara	Individual	SENF17	97	3:23:28.20	11:58	2:00:48
622	2701	SOUSA, Diogo	Individual	SENM17	281	3:23:28.48	11:58	2:00:48
623	2262	COSTA, Roberto	Ginásio Desafios	SENM17	282	3:24:35.25	12:02	2:01:55
624	2077	FUNINA, Diana	Ginásio Desafios	SENF17	98	3:24:35.86	12:02	2:01:56
625	2127	MENDES, Jani	Ginásio Desafios	SENF17	99	3:24:35.98	12:02	2:01:56
626	2643	SOUSA, Rui	Individual	SENM17	283	3:24:42.96	12:03	2:02:03
627	2608	CASTRO, Luciana	Individual	SENF17	100	3:24:45.36	12:03	2:02:05
628	2444	BESSA, Helder	Individual	SENM17	284	3:25:00.10	12:04	2:02:20
629	2446	SILVA, Daniela	Individual	SENF17	101	3:25:05.96	12:04	2:02:26
630	2083	RESENDE, Dulce	Portocargo	M40F17	35	3:25:15.25	12:04	2:02:35
631	2390	ANJOS, Mavilde	Individual	M40F17	36	3:25:56.48	12:07	2:03:16
632	2510	COSTA, Rita	Individual	SENF17	102	3:26:39.48	12:09	2:03:59
633	2581	PIRES, Prazeres	Team Duas Faces	M50F17	7	3:28:49.43	12:17	2:06:09
634	2340	FERREIRA, José	Individual	M50M17	44	3:31:52.97	12:28	2:09:13
635	2339	TEIXEIRA, Ismael	Individual	SENM17	285	3:32:03.23	12:28	2:09:23
636	2152	MENDONÇA, José	Inquipa	M40M17	162	3:33:51.34	12:35	2:11:11
637	2218	PORTO, Patricia	Inquipa	M40F17	37	3:33:52.15	12:35	2:11:12
638	2012	MARIA DIAS, Ana	Amigos Do Pedal Trailagares	M50F17	8	3:33:59.52	12:35	2:11:20
639	2011	ISABEL DIAS, Ana	Amigos Do Pedal Trailagares	SENF17	103	3:34:03.60	12:36	2:11:24
640	2185	CONCEIÇÃO, Maria	Ginásio Desafios	M50F17	9	3:39:34.52	12:55	2:16:55
641	2195	MAGALHAES, Marta	Ginásio Desafios	SENF17	104	3:39:34.65	12:55	2:16:55
642	2342	MARIA, Ana	Familia Pereira	M50F17	10	3:39:52.14	12:56	2:17:12
643	2345	PEREIRA, Delfina	Familia Pereira	M50F17	11	3:39:54.00	12:56	2:17:14
644	2459	LOPES, Maria	Monte Dos Amigos	SENF17	105	3:41:10.75	13:01	2:18:31
645	2461	LOPES, Sandra	Monte Dos Amigos	M40F17	38	3:41:10.81	13:01	2:18:31
646	2183	SANTOS, Marcos	Familia Unida Runners	SENM17	286	3:41:43.80	13:03	2:19:04
647	2464	COELHO, Andreia	Monte Dos Amigos	SENF17	106	3:42:41.16	13:06	2:20:01
648	2460	FERRAZ, Patricia	Monte Dos Amigos	SENF17	107	3:42:42.27	13:06	2:20:02
649	2171	SILVA, Liliana	Mentolitos	SENF17	108	3:47:14.86	13:22	2:24:35
650	2290	SILVA, Soraia	Mentolitos	SENF17	109	3:47:15.63	13:22	2:24:36
651	2168	CASTRO, Liliana	Mentolitos	SENF17	110	3:47:15.71	13:22	2:24:36

652	2140	MILTON, Joni	Mentolitos	SENM17	287	3:47:16.96	13:22	2:24:37
653	2207	PEREIRA, Nuno	Mentolitos	SENM17	288	3:47:17.00	13:22	2:24:37
654	2073	VIEIRA, Daniel	Mentolitos	SENM17	289	3:47:17.41	13:22	2:24:37
655	2610	DUARTE, Filipe	Individual	SENM17	290	3:48:50.07	13:28	2:26:10
656	2318	VIDEIRA, Adelino	Individual	SENM17	291	3:48:50.84	13:28	2:26:11
657	2045	GONÇALVES, Bruno	Família Unida Runners	SENM17	292	3:51:22.85	13:37	2:28:43
658	2258	SILVA, Ricardo	Família Unida Runners	SENM17	293	3:51:23.48	13:37	2:28:43
659	2301	UNI, Uni	Família Unida Runners	SENF17	111	3:51:55.11	13:39	2:29:15
660	2186	CUNHA, Maria	Família Unida Runners	SENF17	112	3:51:55.50	13:39	2:29:16
661	2636	LACERDA, Paulo	Extreme Academy	SENM17	294	3:52:33.01	13:41	2:29:53
662	2637	LACERDA, Paulo	Extreme Academy	M50M17	45	3:52:34.00	13:41	2:29:54
663	2061	VAZ-PIRES, Carolina	Família Unida Runners	SENF17	113	3:59:44.71	14:06	2:37:05