

Pos.	Dorsal	G	Nome	País	Equipa	escalão	Tempo	Diferença
1	1061	M	NELSON LOUREIRO	PORTUGAL	OPRATICANTE.PT	M40	00:40:58.793	00:00:00.000
2	1038	M	BRUNO PEREIRA	PORTUGAL	AMIGOS 100 LIMITES	M SENIORES	00:44:19.410	00:03:20.617
3	1198	M	ALCINO SILVA	PORTUGAL	CLUBE INDEPENDENTE DE ATLETISMO DE ALPENDORADA	M45	00:44:40.320	00:03:41.527
4	1540	M	ABILIO RIBEIRO	PORTUGAL	TRILHOS DE ESPINHO	M45	00:45:29.483	00:04:30.690
5	1262	M	RICARDO SILVA	PORTUGAL	S C ESPINHO	M SENIORES	00:46:48.390	00:05:49.597
6	1263	M	ANDRE SILVA	PORTUGAL	S C ESPINHO	M SENIORES	00:48:00.507	00:07:01.714
7	1258	M	RUI ALVIM	PORTUGAL	MSS CONTABILIDADE TRAIL TEAM	M45	00:48:30.860	00:07:32.067
8	1518	M	MARCO CARVALHO	PORTUGAL	DOUROCONTA TRAIL TEAM	M SUB23	00:48:43.477	00:07:44.684
9	1218	M	RUI REIS	PORTUGAL	HSANTAMARIART	M40	00:48:56.310	00:07:57.517
10	1319	M	PEDRO SILVA	PORTUGAL	OS BIXOS	M SENIORES	00:50:05.133	00:09:06.340
11	1055	M	GABRIEL FACEIRA	PORTUGAL	LINCES DO MARAO	M SENIORES	00:50:43.750	00:09:44.957
12	1554	M	JOAO LEITE	PORTUGAL	MEXILHÃO DA MONTANHA	M SENIORES	00:50:48.080	00:09:49.287
13	2092	M	JOAO OLIVEIRA	PORTUGAL	JUVENTUDE CORTEGACENSE	M45	00:50:57.773	00:09:58.980
14	1430	M	PEDRO SILVA	PORTUGAL	PEDRO SILVA	M40	00:51:20.273	00:10:21.480
15	1128	M	JOSÉ MOTA	PORTUGAL	C D C R CTT PORTO	M55	00:51:26.587	00:10:27.794
16	2079	M	ANTÓNIO CUNHA	PORTUGAL	INDIVIDUAL	M45	00:51:50.797	00:10:52.004
17	1463	M	CARLOS MAGALHÃES	PORTUGAL	INDIVIDUAL	M JUVENIL	00:52:03.000	00:11:04.207
18	1183	M	DIOGO BARROS	PORTUGAL	CB RUN	M45	00:52:03.957	00:11:05.164
19	1147	M	CLÁUDIO MONTEIRO	PORTUGAL	DOUROCONTA TRAIL TEAM	M50	00:52:22.603	00:11:23.810
20	1467	M	PEDRO CAMPOS	PORTUGAL	DOUROCONTA TRAIL TEAM	M SENIORES	00:52:55.887	00:11:57.094
21	1426	M	SAMUEL SILVA	PORTUGAL	A.D.AMARANTE	M JUVENIL	00:53:15.537	00:12:16.744
22	1107	M	MANUEL SILVA	PORTUGAL	TEAM SÃO	M55	00:53:18.523	00:12:19.730
23	1385	M	FILIPE PINHEIRO	PORTUGAL	A.D.AMARANTE	M40	00:53:25.647	00:12:26.854
24	1211	M	EDGAR AZENHA	PORTUGAL	INDIVIDUAL	M SENIORES	00:53:26.613	00:12:27.820
25	1269	M	SÉRGIO FERNANDES	PORTUGAL	CIDEP FORNOS LUSAVOUGA	M SENIORES	00:53:34.567	00:12:35.774
26	1036	M	ANTÓNIO GONÇALVES	PORTUGAL	AMIGOS 100 LIMITES	M SENIORES	00:53:40.037	00:12:41.244
27	1342	M	JOSE GUIMARAES	PORTUGAL	INDIVIDUAL	M45	00:53:54.223	00:12:55.430
28	2127	M	SÉRGIO LIMA	PORTUGAL	AEABD - TRINCA BOLOTAS	M SENIORES	00:54:05.170	00:13:06.377
29	1562	F	LUCINDA SOUSA	PORTUGAL	PROZIS ATHLETES	F45	00:54:37.637	00:13:38.844
30	1318	M	LEONEL NEVES	PORTUGAL	ALIANÇA GANDRA	M45	00:54:49.587	00:13:50.794
31	1548	M	HUGO FERNANDES	PORTUGAL	RUNRIVER-ESCOLAATLETISMO DE RIO TINTO	M SENIORES	00:54:51.737	00:13:52.944
32	2157	M	RICARDO PEREIRA	PORTUGAL	S C ESPINHO	M40	00:54:56.370	00:13:57.577
33	1348	M	GILBERTO CRUZ	PORTUGAL	DOURO	M SENIORES	00:55:07.717	00:14:08.924
34	1044	M	EMANUEL ROCHA	PORTUGAL	BCL	M SENIORES	00:55:24.400	00:14:25.607
35	1403	M	RICARDO AZEVEDO	PORTUGAL	GEOCROSSTRAIL	M SENIORES	00:55:44.380	00:14:45.587
36	1210	M	FILIPE PINTO	PORTUGAL	GONDOMAR FUTSAL CLUBE	M40	00:55:47.693	00:14:48.900
37	1414	F	ANA MARIA	PORTUGAL	INDIVIDUAL	F40	00:55:48.343	00:14:49.550
38	1515	M	MARCELO PEREIRA	PORTUGAL	OMÃ TEAM	M SENIORES	00:55:59.390	00:15:00.597
39	1491	M	PEDRO OLIVEIRA	PORTUGAL	OS CACHOS	M SENIORES	00:56:02.550	00:15:03.757
40	1148	M	JOÃO CRUZ	PORTUGAL	INDIVIDUAL	M SUB23	00:56:02.907	00:15:04.114
41	1374	M	JOAQUIM VIEIRA	PORTUGAL	OS CACHOS	M55	00:56:08.050	00:15:09.257
42	1457	F	JOANA CARDOSO	PORTUGAL	GONDOMAR FUTSAL CLUBE	F SENIORES	00:56:34.017	00:15:35.224
43	1561	M	JOSÉ MARQUES	PORTUGAL	INDIVIDUAL	M50	00:56:45.357	00:15:46.564
44	1456	M	FERNANDO PEREIRA	PORTUGAL	GONDOMAR FUTSAL CLUBE	M50	00:57:33.633	00:16:34.840

Pos.	Dorsal	G	Nome	Pais	Equipa	escalão	Tempo	Diferença
45	1366	M	RUBENS SOARES	PORTUGAL	SPORTARC	M40	00:57:58.527	00:16:59.734
46	2098	F	MARLENE FERREIA	PORTUGAL	JUVENTUDE CORTEGACENSE	F SENIORES	00:58:04.290	00:17:05.497
47	1185	M	HELDER OLIVEIRA	PORTUGAL	GEOCROSSTRAIL	M SENIORES	00:58:33.817	00:17:35.024
48	1333	M	RICARDO BARROS	PORTUGAL	S C ESPINHO	M SENIORES	00:58:49.520	00:17:50.727
49	1405	M	HELDER MENDES	PORTUGAL	CLUBE ZUPPER	M SENIORES	00:58:55.507	00:17:56.714
50	1345	M	FERNANDO TEIXEIRA	PORTUGAL	OS PREGUIÇAS TEAM	M SENIORES	00:59:06.387	00:18:07.594
51	1425	M	RICARDO MILITÃO	PORTUGAL	LINCES DO MARAO	M SENIORES	00:59:08.657	00:18:09.864
52	1565	F	PATRÍCIA CONCEIÇÃO	PORTUGAL	AMIGOS 100 LIMITES	F40	00:59:10.463	00:18:11.670
53	1129	F	CÉLINE GOMES	PORTUGAL	C D C R CTT PORTO	F SENIORES	00:59:13.447	00:18:14.654
54	1400	M	RICARDO CUNHA	PORTUGAL	TRAIL SANTA MARTA / TRISTES MAS DUROS	M40	00:59:25.247	00:18:26.454
55	1231	M	JOSÉ ROCHA	PORTUGAL	DOUROCONTA TRAIL TEAM	M40	00:59:26.127	00:18:27.334
56	1307	M	ANDRÉ PINHO	PORTUGAL	REUMATICO TRAIL TEAM	M40	00:59:29.820	00:18:31.027
57	1066	M	ANTÓNIO GOMES	PORTUGAL	ANTÓNIO GOMES	M45	01:00:01.800	00:19:03.007
58	1394	M	ALCINDO PEREIRA	PORTUGAL	SEM EQUIPA	M60	01:00:08.007	00:19:09.214
59	1167	M	MIGUEL ROCHA	PORTUGAL	MIGUEL ROCHA	M JUVENIL	01:00:22.537	00:19:23.744
60	1190	M	MICAEL VINHAS	PORTUGAL	MICAEL	M SENIORES	01:00:32.340	00:19:33.547
61	1225	F	ROSALINA MARINHO	PORTUGAL	TRAVASSOS RUNNING FAFE	F50	01:00:52.747	00:19:53.954
62	1452	M	MÁRIO BRANCO	PORTUGAL	MSS CONTABILIDADE TRAIL TEAM	M SENIORES	01:01:13.483	00:20:14.690
63	3118	M	JORGE DUARTE	PORTUGAL	ESPINHO TRAIL	M SUB23	01:01:38.457	00:20:39.664
64	1316	M	JOÃO CAMPOS	PORTUGAL	DDT RUNNERS	M40	01:01:51.973	00:20:53.180
65	1465	M	HENRIQUE SANTOS	PORTUGAL	BOAVISTA KICKBOXING	M SUB23	01:01:52.950	00:20:54.157
66	1067	M	JOÃO SOUSA	PORTUGAL	LINCES DO MARAO	M SENIORES	01:01:53.677	00:20:54.884
67	1054	M	PEDRO OLIVEIRA	PORTUGAL	OSFAZCONTA	M SENIORES	01:01:55.220	00:20:56.427
68	1386	M	JOSÉ CASTELO	PORTUGAL	FARDETS	M55	01:01:56.700	00:20:57.907
69	1362	M	TIAGO PEREIRA	PORTUGAL	RUNNING ESPINHO	M SENIORES	01:02:09.313	00:21:10.520
70	1046	M	DANIEL CARVALHO	PORTUGAL	LINCES DO MARAO	M SENIORES	01:02:18.137	00:21:19.344
71	1202	M	PEDRO FERREIRA	PORTUGAL	FACTOR X / S4L / MEDENSE FC	M40	01:02:23.977	00:21:25.184
72	1184	M	DIOGO NOGUEIRA	PORTUGAL	PERNA AS COSTAS	M SENIORES	01:02:25.607	00:21:26.814
73	1499	M	JOEL GOMES	PORTUGAL	SIRIUS	M SENIORES	01:02:29.990	00:21:31.197
74	1122	M	RUI RAMOS	PORTUGAL	RUI RAMOS	M SENIORES	01:02:31.137	00:21:32.344
75	1204	M	JÚLIO SOUSA	PORTUGAL	FACTOR X / S4L / MEDENSE FC	M SENIORES	01:02:43.843	00:21:45.050
76	1145	M	JOAQUIM ROCHA	PORTUGAL	INDIVIDUAL	M50	01:02:50.357	00:21:51.564
77	1437	M	LEANDRO MATOS	PORTUGAL	AMIGOS DO TRAIL	M40	01:02:56.467	00:21:57.674
78	1462	M	CARLOS MAGALHÃES	PORTUGAL	INDIVIDUAL	M SENIORES	01:02:59.043	00:22:00.250
79	1395	F	ALZIRA PEREIRA	PORTUGAL	SEM EQUIPA	F55	01:03:00.503	00:22:01.710
80	1237	M	BRUNO NUNES	PORTUGAL	INDIVIDUAL	M SENIORES	01:03:10.143	00:22:11.350
81	1506	M	LUIS OLIVEIRA	PORTUGAL	GEOCROSSTRAIL	M SENIORES	01:03:12.263	00:22:13.470
82	1051	M	AGOSTINHO SILVA	PORTUGAL	OSFAZCONTA	M60	01:03:13.293	00:22:14.500
83	1514	M	PAULO TORRES	PORTUGAL	BCL	M SENIORES	01:03:18.790	00:22:19.997
84	1187	M	PAULO FERREIRA	PORTUGAL	AMIGOS DO TRAIL	M SENIORES	01:03:29.800	00:22:31.007
85	1216	M	RICARDO FERREIRA	PORTUGAL	CENTRO CULTURAL DA STCP	M SENIORES	01:03:31.013	00:22:32.220
86	1359	M	PEDRO PAIVA	PORTUGAL	DOURO	M SUB23	01:03:51.100	00:22:52.307
87	1516	M	TOMÁS COSTA	PORTUGAL	OMÃ TEAM	M SENIORES	01:03:53.787	00:22:54.994
88	1546	M	OSCAR SOARES	PORTUGAL	MELRES TRAIL RUINNING	M40	01:04:06.990	00:23:08.197

Pos.	Dorsal	G	Nome	País	Equipa	escalão	Tempo	Diferença
89	1401	M	ARLINDO MENDES	PORTUGAL	CLARINHA TIM	M SENIORES	01:04:07.353	00:23:08.560
90	1503	M	HUGO OLIVEIRA	PORTUGAL	925 SILVERJEWELS	M40	01:04:22.547	00:23:23.754
91	1159	M	ANTONIO SILVA	PORTUGAL	ARRASA TRILHOS	M50	01:04:28.067	00:23:29.274
92	1454	F	MARLENE MARTINS	PORTUGAL	MSS CONTABILIDADE TRAIL TEAM	F40	01:04:30.040	00:23:31.247
93	1322	M	RÓMULO SILVA	PORTUGAL	FACTOR X / S4L / MEDENSE FC	M40	01:04:35.337	00:23:36.544
94	1354	M	ANTÓNIO LUÍS	PORTUGAL	MSS CONTABILIDADE TRAIL TEAM	M50	01:04:46.560	00:23:47.767
95	1241	M	JOSÉ FREITAS	PORTUGAL	HEMATOTEAM	M SENIORES	01:04:49.960	00:23:51.167
96	1383	M	JOSÉ MATOS	PORTUGAL	N/A	M45	01:04:56.967	00:23:58.174
97	1015	M	FLÁVIO TEIXEIRA	PORTUGAL	AMIGOS 100 LIMITES	M SENIORES	01:04:58.087	00:23:59.294
98	1372	F	ISABEL SOARES	PORTUGAL	SPORTARC	F40	01:05:09.183	00:24:10.390
99	1270	M	VÍTOR SOUSA	PORTUGAL	CIDEP FORNOS LUSAVOUGA	M SENIORES	01:05:23.007	00:24:24.214
100	1387	F	RICARDO VIEIRA	PORTUGAL	VIEIRA	F JÚNIOR	01:05:28.197	00:24:29.404
101	1161	M	JOAO MOREIRA	PORTUGAL	ARRASA TRILHOS	M SENIORES	01:05:31.723	00:24:32.930
102	1375	M	CARLOS VIEIRA	PORTUGAL	OS CACHOS	M50	01:05:35.043	00:24:36.250
103	1283	M	ANTONIO SOUSA	PORTUGAL	PORTO SENTIDO RUNNERS	M45	01:05:43.740	00:24:44.947
104	1453	M	PEDRO LEAL	PORTUGAL	MSS CONTABILIDADE TRAIL TEAM	M SENIORES	01:05:44.883	00:24:46.090
105	1123	M	RUI DIAS	PORTUGAL	@CORRERATENUMDARMAIS	M40	01:05:55.277	00:24:56.484
106	1398	M	NUNO CUNHA	PORTUGAL	TRAIL SANTA MARTA / TRISTES MAS DUROS	M SENIORES	01:06:00.353	00:25:01.560
107	1321	F	MARIA OLIVEIRA	PORTUGAL	JUVENTUDE CORTEGACENSE	F45	01:06:01.787	00:25:02.994
108	1249	M	JOÃO JERÓNIMO	PORTUGAL	MINI MERCADO GOMES	M SENIORES	01:06:03.550	00:25:04.757
109	1487	M	FRANCISCO TUNICO	PORTUGAL	VILA DO CONDE	M40	01:06:03.953	00:25:05.160
110	1282	F	ANA FERREIRA	PORTUGAL	MARÃO Z BIKE	F SENIORES	01:06:06.483	00:25:07.690
111	1310	M	PAULO FERREIRA	PORTUGAL	DDT RUNNERS	M45	01:06:16.617	00:25:17.824
112	1531	F	PATRÍCIA GOMES	PORTUGAL	ESPINHO TRAIL	F SENIORES	01:06:25.587	00:25:26.794
113	1156	M	LEANDRO QUEIROS	PORTUGAL	INDIVIDUAL	M SENIORES	01:07:07.267	00:26:08.474
114	1155	M	JOÃO ANDRADE	PORTUGAL	FORMAÇÃO TARTARUGA	M SENIORES	01:07:15.867	00:26:17.074
115	1079	F	MARIA SILVA	PORTUGAL	PERNAS INERTES	F50	01:07:37.380	00:26:38.587
116	1078	M	"CARLOS SILVA"	PORTUGAL	PERNAS INERTES	M55	01:07:37.707	00:26:38.914
117	1360	F	LUCIA LEITE	PORTUGAL	A.D.AMARANTE	F SENIORES	01:08:01.187	00:27:02.394
118	1380	M	PEDRO CAMPOS	PORTUGAL	TRILHOS MDF	M SENIORES	01:08:04.487	00:27:05.694
119	1182	M	MÁRCIO ALMEIDA	PORTUGAL	MSS CONTABILIDADE TRAIL TEAM	M40	01:08:12.903	00:27:14.110
120	1550	M	PAULO AROSO	PORTUGAL	-	M SENIORES	01:08:13.077	00:27:14.284
121	1368	F	SANDRA COUTO	PORTUGAL	#DESISTIRNÃOÉOPÇÃO	F40	01:08:21.607	00:27:22.814
122	1296	M	JORGE MOREIRA	PORTUGAL	GEOCROSSTRAIL	M45	01:08:24.367	00:27:25.574
123	1290	M	HUGO SANTOS	PORTUGAL	FACTOR X / S4L / MEDENSE FC	M40	01:08:25.027	00:27:26.234
124	1009	M	MANUEL DOMINGUES	PORTUGAL	INDIVIDUAL	M50	01:08:25.600	00:27:26.807
125	1203	M	JOÃO TELES	PORTUGAL	FACTOR X / S4L / MEDENSE FC	M SENIORES	01:08:26.313	00:27:27.520
126	1014	M	FÁBIO MOREIRA	PORTUGAL	AMIGOS 100 LIMITES	M SENIORES	01:08:34.707	00:27:35.914
127	1223	F	VIRGINIE SOUSA	PORTUGAL	DDT RUNNERS	F SENIORES	01:08:35.933	00:27:37.140
128	1314	M	MANUEL OLIVEIRA	PORTUGAL	DDT RUNNERS	M45	01:08:36.463	00:27:37.670
129	1101	F	ISABEL CARVALHO	PORTUGAL	WOLVES	F45	01:08:36.930	00:27:38.137
130	1221	M	JOSÉ OLIVEIRA	PORTUGAL	20 VER CORRER	M45	01:08:42.923	00:27:44.130
131	1222	F	LÍGIA LOPES	PORTUGAL	20 VER CORRER	F40	01:08:49.307	00:27:50.514
132	1455	M	RICARDO MENDES	PORTUGAL	OS MENDES	M SENIORES	01:09:03.160	00:28:04.367

Pos.	Dorsal	G	Nome	Pais	Equipa	escalão	Tempo	Diferença
133	1278	M	JOAO ALVES	PORTUGAL	INDIVIDUAL	M55	01:09:03.957	00:28:05.164
134	1315	M	DANIEL VIEIRA	PORTUGAL	NOVA LINHA TRAIL RUNNERS	M45	01:09:11.467	00:28:12.674
135	1431	M	FILIPE CLEMENTE	PORTUGAL	REUMATICO TRAIL TEAM	M SENIORES	01:09:12.083	00:28:13.290
136	1331	F	LUISA CRUZ	PORTUGAL	INDIVIDUAL	F40	01:09:14.310	00:28:15.517
137	1504	M	MANUEL OLIVEIRA	PORTUGAL	925 SILVERJEWELS	M50	01:09:21.227	00:28:22.434
138	1047	M	PEDRO SOUSA	PORTUGAL	LINCES DO MARAO	M40	01:09:23.113	00:28:24.320
139	1045	M	NUNO PEIXOTO	PORTUGAL	LINCES DO MARAO	M40	01:09:24.010	00:28:25.217
140	1208	F	SÍLVIA FERREIRA	PORTUGAL	SÍLVIA FERREIRA	F40	01:09:31.193	00:28:32.400
141	1286	M	JORGE CUNHA	PORTUGAL	SEM NOME	M55	01:09:43.513	00:28:44.720
142	1160	M	JOSE FERREIRA	PORTUGAL	ARRASA TRILHOS	M50	01:09:45.783	00:28:46.990
143	1289	M	RICARDO SOUSA	PORTUGAL	FACTOR X / S4L / MEDENSE FC	M45	01:09:48.020	00:28:49.227
144	1379	M	LUIS RIBEIRO	PORTUGAL	INDIVIDUAL	M45	01:10:00.120	00:29:01.327
145	1013	M	EDUARDO SILVA	PORTUGAL	AMIGOS 100 LIMITES	M JÚNIOR	01:10:04.553	00:29:05.760
146	1294	F	ANA BRANDÃO	PORTUGAL	VLC	F SENIORES	01:10:14.187	00:29:15.394
147	1293	F	CARINA ALMEIDA	PORTUGAL	VLC	F SENIORES	01:10:14.537	00:29:15.744
148	1361	M	DANIEL CORREIA	PORTUGAL	A.D.AMARANTE	M40	01:10:25.037	00:29:26.244
149	1535	F	MARLENE GOMES	PORTUGAL	AZTRAIL/MERCENTRO	F SENIORES	01:10:25.310	00:29:26.517
150	1069	F	FÁTIMA SILVA	PORTUGAL	BRINCALHÕES	F50	01:10:28.537	00:29:29.744
151	1021	M	MAURO SILVA	PORTUGAL	AMIGOS 100 LIMITES	M SENIORES	01:10:45.637	00:29:46.844
152	1192	M	ANDRES FERREIRA	PORTUGAL	AMIGOS DO TRAIL	M SENIORES	01:10:50.287	00:29:51.494
153	1234	M	PEDRO SILVA	PORTUGAL	BOTELHO TEAM	M40	01:10:52.203	00:29:53.410
154	1008	M	PAULO DIAS	PORTUGAL	INDIVIDUAL	M55	01:10:52.990	00:29:54.197
155	1446	M	CELSO RIBEIRO	PORTUGAL	AMIGOS 100 LIMITES	M SENIORES	01:10:58.250	00:29:59.457
156	1186	F	SÓNIA BESSA	PORTUGAL	GEOCROSSTRAIL	F SENIORES	01:11:18.943	00:30:20.150
157	1213	F	ANA OLIVEIRA	PORTUGAL	SOB EFEITO TRAIL	F SUB23	01:11:20.240	00:30:21.447
158	1028	M	TIAGO MOTA	PORTUGAL	AMIGOS 100 LIMITES	M SENIORES	01:11:25.367	00:30:26.574
159	1058	M	PEDRO FERREIRA	PORTUGAL	LINCES DO MARAO	M SENIORES	01:11:28.827	00:30:30.034
160	1292	M	PAULO OLIVEIRA	PORTUGAL	FACTOR X / S4L / MEDENSE FC	M SENIORES	01:11:34.600	00:30:35.807
161	1214	M	PAULO GONÇALVES	PORTUGAL	CENTRO CULTURAL DA STCP	M45	01:11:45.550	00:30:46.757
162	1291	M	JOAO SOUSA	PORTUGAL	FACTOR X / S4L / MEDENSE FC	M SENIORES	01:11:46.257	00:30:47.464
163	1505	F	ANA TEIXEIRA	PORTUGAL	GEOCROSSTRAIL	F SENIORES	01:11:48.030	00:30:49.237
164	1254	M	DIOGO MOREIRA	PORTUGAL	GEOCROSSTRAIL	M SENIORES	01:11:52.957	00:30:54.164
165	1496	M	ENRIQUE CUNHA	PORTUGAL	GEOCROSSTRAIL	M SENIORES	01:11:55.257	00:30:56.464
166	1113	M	XAVIER BARBOSA	PORTUGAL	CIDEP FORNOS LUSAVOUGA	M55	01:11:58.017	00:30:59.224
167	1157	F	BRUNA MAGALHÃES	PORTUGAL	INDIVIDUAL	F SENIORES	01:11:59.933	00:31:01.140
168	1312	M	DOMINGOS VENTURA	PORTUGAL	GEOCROSSTRAIL	M SENIORES	01:12:06.020	00:31:07.227
169	1220	M	PEDRO SOUSA	PORTUGAL	20 VER CORRER	M50	01:12:08.937	00:31:10.144
170	1438	F	VERA PINHO	PORTUGAL	AMIGOS DO TRAIL	F SENIORES	01:12:10.890	00:31:12.097
171	1344	M	JOSE RIBEIRO	PORTUGAL	LEÕES DE TARDARIZ TRAIL	M SENIORES	01:12:13.697	00:31:14.904
172	1037	M	HÉLDER CASTRO	PORTUGAL	KEMEDO TEAM	M40	01:12:16.593	00:31:17.800
173	1140	M	JOÃO RESENDE	PORTUGAL	INVICTA RUNNERS TEAM	M45	01:12:19.240	00:31:20.447
174	1492	M	CARLOS CRUZ	PORTUGAL	AMIGOS DO TRAIL	M SENIORES	01:12:20.020	00:31:21.227
175	1317	M	RUI GONÇALVES	PORTUGAL	SONIC	M40	01:12:25.577	00:31:26.784
176	1311	F	RAQUEL FERNANDES	PORTUGAL	GEOCROSSTRAIL	F SENIORES	01:12:26.680	00:31:27.887

Pos.	Dorsal	G	Nome	País	Equipa	escalão	Tempo	Diferença
177	1288	F	CONSTANTINA ROCHA	PORTUGAL	FACTOR X / S4L / MEDENSE FC	F45	01:12:35.200	00:31:36.407
178	1018	M	LUÍS LEAL	PORTUGAL	AMIGOS 100 LIMITES	M40	01:12:37.823	00:31:39.030
179	1209	M	JOÃO COSTA	PORTUGAL	OS MARRETAS	M SENIORES	01:12:40.347	00:31:41.554
180	1498	M	FÁBIO GOMES	PORTUGAL	SIRIUS	M SENIORES	01:12:43.010	00:31:44.217
181	1162	F	SOFIA MARTINS	PORTUGAL	RUNNING ESPINHO	F50	01:12:58.487	00:31:59.694
182	1173	F	GLÓRIA SANTOS	PORTUGAL	ARCORUN	F60	01:13:03.343	00:32:04.550
183	1458	M	SÉRGIO PEREIRA	PORTUGAL	GONDOMAR FUTSAL CLUBE	M40	01:13:21.613	00:32:22.820
184	1111	M	RICARDO ROCHA	PORTUGAL	PERNA AS COSTAS	M SENIORES	01:13:25.540	00:32:26.747
185	1171	M	PAULINO FERREIRA	PORTUGAL	PERNA AS COSTAS	M50	01:13:25.913	00:32:27.120
186	1194	M	MIGUEL PEIXOTO	PORTUGAL	PERNA AS COSTAS	M SENIORES	01:13:36.250	00:32:37.457
187	1507	M	JOSE ROCHA	PORTUGAL	GAZELLA	M55	01:13:39.997	00:32:41.204
188	1285	F	CIDALIA SOARES	PORTUGAL	PORTO SENTIDO RUNNERS	F45	01:13:44.227	00:32:45.434
189	1279	M	NELSON DOMINGUES	PORTUGAL		2003 M45	01:13:47.380	00:32:48.587
190	1297	F	SARA MOREIRA	PORTUGAL	GEOCROSSTRAIL	F45	01:13:48.427	00:32:49.634
191	1043	M	RAUL SOUSA	PORTUGAL	BUNKER LOUNGE TRAIL	M45	01:13:52.257	00:32:53.464
192	1295	M	DANIEL COSTA	PORTUGAL	VLC	M SENIORES	01:13:52.973	00:32:54.180
193	1175	F	MARIA FERNANDES	PORTUGAL	ARCORUN	F40	01:13:59.517	00:33:00.724
194	1115	M	SERGIO ALVES	PORTUGAL	ESPINHO TRAIL	M40	01:14:01.763	00:33:02.970
195	1396	F	ELIANA PEREIRA	PORTUGAL	SEM EQUIPA	F SENIORES	01:14:14.897	00:33:16.104
196	1191	F	PAULA ALMEIDA	PORTUGAL	GEOCROSSTRAIL	F45	01:14:23.217	00:33:24.424
197	1475	M	JOSÉ GABRIEL	PORTUGAL	MSS CONTABILIDADE TRAIL TEAM	M SENIORES	01:14:30.260	00:33:31.467
198	1016	M	JOÃO MOREIRA	PORTUGAL	AMIGOS 100 LIMITES	M55	01:14:30.403	00:33:31.610
199	1477	M	HUGO BARBOSA	PORTUGAL	MSS CONTABILIDADE TRAIL TEAM	M SENIORES	01:14:38.993	00:33:40.200
200	1099	M	ANDRÉ D'AZEVEDO	PORTUGAL	LOBOS DA MONTANHA	M SENIORES	01:14:41.460	00:33:42.667
201	1100	M	RICARDO ROCHA	PORTUGAL	LOBOS DA MONTANHA	M SENIORES	01:14:42.940	00:33:44.147
202	1000	F	FLÁVIA ROCHA	PORTUGAL	MMPN	F SENIORES	01:14:44.827	00:33:46.034
203	1281	M	JOSÉ PEREIRA	PORTUGAL	CTAD - CONSUMO ZERO	M60	01:14:46.193	00:33:47.400
204	1068	M	ALCÍDIO FIGUEIREDO	PORTUGAL	INDIVIDUAL	M50	01:14:57.007	00:33:58.214
205	1102	F	ANA BONIFACIO	PORTUGAL	WOLVES	F45	01:15:01.287	00:34:02.494
206	1459	F	SILVINA GAMA	PORTUGAL	GONDOMAR FUTSAL CLUBE	F45	01:15:20.980	00:34:22.187
207	1205	M	RUI FERREIRA	PORTUGAL	AD SEBOLIDO	M SENIORES	01:15:21.850	00:34:23.057
208	1302	M	HUGO SOARES	PORTUGAL	BADRIVERBOYS	M SENIORES	01:15:23.017	00:34:24.224
209	1275	M	PAULO SILVA	PORTUGAL	MSS CONTABILIDADE TRAIL TEAM	M SENIORES	01:15:29.007	00:34:30.214
210	1320	F	DANIELA FARIA	PORTUGAL	OS BIXOS	F SENIORES	01:15:47.633	00:34:48.840
211	1010	M	AMÍLCAR SANGUEDO	PORTUGAL	AMIGOS 100 LIMITES	M SENIORES	01:15:49.503	00:34:50.710
212	1238	F	SANDRA SILVA	PORTUGAL	INDIVIDUAL	F SENIORES	01:16:01.790	00:35:02.997
213	1412	M	PEDRO ALVES	PORTUGAL	OMC RUNNERS	M40	01:16:02.093	00:35:03.300
214	1030	F	EVA SANTOS	PORTUGAL	TRAIL SANTA MARTA / TRISTES MAS DUROS	F50	01:16:02.927	00:35:04.134
215	1415	M	RICARDO BARBOSA	PORTUGAL	AMIGOS DAS CURVAS	M SENIORES	01:16:14.083	00:35:15.290
216	2129	F	DIANA LEITE	PORTUGAL	AEABD - TRINCA BOLOTAS	F40	01:16:24.040	00:35:25.247
217	2128	M	MIGUEL SILVA	PORTUGAL	AEABD - TRINCA BOLOTAS	M40	01:16:26.650	00:35:27.857
218	1253	F	MARIA FERREIRA	PORTUGAL	AMIGOS 100 LIMITES	F50	01:16:29.573	00:35:30.780
219	1371	F	ASSUNÇÃO AZEVEDO	PORTUGAL	SPORTARC	F55	01:16:40.227	00:35:41.434
220	1526	F	SUSANA BESSA	PORTUGAL	GDC FIDELIDADE	F40	01:16:45.363	00:35:46.570

Pos.	Dorsal	G	Nome	País	Equipa	escalão	Tempo	Diferença
221	1265	F	MARGARIDA MACHADO	PORTUGAL	S C ESPINHO	F55	01:16:48.243	00:35:49.450
222	1196	M	BRUNO MENDES	PORTUGAL	TRAIL RUNNERS	M SENIORES	01:16:50.747	00:35:51.954
223	1334	M	RUI SILVA	PORTUGAL	NOCTURNOS DE PAREDES	M45	01:16:56.623	00:35:57.830
224	1335	F	MARIA JESUS	PORTUGAL	NOCTURNOS DE PAREDES	F45	01:16:58.777	00:35:59.984
225	1118	M	DANIEL GOMES	PORTUGAL	TEAM	M45	01:16:59.247	00:36:00.454
226	1215	M	NUNO FIDALGO	PORTUGAL	CENTRO CULTURAL DA STCP	M SENIORES	01:17:05.900	00:36:07.107
227	1201	F	FILIPA CARVALHO	PORTUGAL	BIXOS	F SENIORES	01:17:08.973	00:36:10.180
228	1217	M	AURÉLIO SILVA	PORTUGAL	CENTRO CULTURAL DA STCP	M SENIORES	01:17:26.280	00:36:27.487
229	1502	M	RICARDO RIBEIRO	PORTUGAL	SIRIUS	M SENIORES	01:17:27.037	00:36:28.244
230	1497	F	ANA SOUSA	PORTUGAL	SIRIUS	F SENIORES	01:17:28.413	00:36:29.620
231	1508	F	ISABEL VIEIRA	PORTUGAL	PORTOCARGO RUNNERS	F45	01:17:41.887	00:36:43.094
232	1086	M	PEDRO CHARAIS	PORTUGAL	PEDRO CHARAIS	M55	01:17:50.640	00:36:51.847
233	1532	F	CINDY SOARES	PORTUGAL	AZTRAIL/MERCENTRO	F SENIORES	01:17:57.920	00:36:59.127
234	1084	F	SUSANA FERREIRA	PORTUGAL	INSANE TRAIL TEAM	F40	01:18:02.417	00:37:03.624
235	1085	F	DANIELA COUTINHO	PORTUGAL	INSANE TRAIL TEAM	F SENIORES	01:18:12.397	00:37:13.604
236	1255	F	TÂNIA SANTOS	PORTUGAL	GEOCROSSTRAIL	F SENIORES	01:18:12.560	00:37:13.767
237	1486	M	JORGE MENDES	PORTUGAL	INDIVIDUAL	M45	01:18:34.787	00:37:35.994
238	1413	F	SUSANA ARAÚJO	PORTUGAL	RUNNING ESPINHO	F SENIORES	01:18:36.650	00:37:37.857
239	1381	M	LINO SOUSA	PORTUGAL	LOBOS DO MONTE RUN	M55	01:18:42.767	00:37:43.974
240	1559	F	CRISTINA COELHO	PORTUGAL	INDIVIDUAL	F45	01:18:44.670	00:37:45.877
241	1539	M	JOÃO COSTA	PORTUGAL	AZTRAIL/MERCENTRO	M SENIORES	01:18:46.610	00:37:47.817
242	1193	F	MARILIA CUNHA	PORTUGAL	INDIVIDUAL	F45	01:18:54.620	00:37:55.827
243	1287	F	LUISA CUNHA	PORTUGAL	SEM NOME	F50	01:18:57.733	00:37:58.940
244	1445	M	VÍTOR SANTOS	PORTUGAL	AMIGOS 100 LIMITES	M SENIORES	01:19:02.400	00:38:03.607
245	1469	M	MIGUEL CARVALHO	PORTUGAL	FACTOR X / S4L / MEDENSE FC	M SENIORES	01:19:04.797	00:38:06.004
246	1468	M	PAULO DANTAS	PORTUGAL	FACTOR X / S4L / MEDENSE FC	M SENIORES	01:19:05.093	00:38:06.300
247	1365	M	DAVID PEREIRA	PORTUGAL	DAVIDPEREIRA	M SENIORES	01:19:15.387	00:38:16.594
248	1466	F	ELISABETE FERNANDES	PORTUGAL	BOAVISTA KICKBOXING	F SENIORES	01:19:17.223	00:38:18.430
249	1052	M	RICARDO GOMES	PORTUGAL	OSFAZCONTA	M45	01:19:20.527	00:38:21.734
250	1033	M	FILIPE MOURA	PORTUGAL	MB	M SENIORES	01:19:26.070	00:38:27.277
251	1313	F	CECÍLIA GONÇALVES	PORTUGAL	DDT RUNNERS	F50	01:19:28.797	00:38:30.004
252	1541	F	LURDES MOREIRA	PORTUGAL	AZTRAIL/MERCENTRO	F40	01:19:28.847	00:38:30.054
253	1003	M	MANUEL BASTOS	PORTUGAL	MB	M50	01:19:35.630	00:38:36.837
254	1276	F	SANDRA FERREIRA	PORTUGAL	DOIMASNAOPARA	F40	01:19:36.873	00:38:38.080
255	1181	F	MARTA REGUENGO	PORTUGAL	INDIVIDUAL	F SENIORES	01:19:37.370	00:38:38.577
256	1117	M	PEDRO RODRIGUES	PORTUGAL	BOAVISTA TRAIL	M SENIORES	01:19:41.367	00:38:42.574
257	1397	M	JOÃO GONÇALVES	PORTUGAL	AKG RUNNERS	M40	01:19:43.603	00:38:44.810
258	1070	F	INÊS SILVA	PORTUGAL	BRINCALHÕES	F SUB23	01:20:14.970	00:39:16.177
259	1402	F	TERESA NOGUEIRA	PORTUGAL	GEOCROSSTRAIL	F SENIORES	01:20:16.330	00:39:17.537
260	1440	M	ANTONIO LOUREIRO	PORTUGAL	TREPATRILHOS TRAIL TEAM	M55	01:20:20.750	00:39:21.957
261	1106	M	ALVARO SILVA	PORTUGAL	TEAM SÃO	M55	01:20:31.050	00:39:32.257
262	1105	M	FERNANDO OLIVEIRA	PORTUGAL	TEAM SÃO	M50	01:20:32.243	00:39:33.450
263	1303	F	ANDREIA TEIXEIRA	PORTUGAL	DDT RUNNERS	F SENIORES	01:20:33.867	00:39:35.074
264	1026	M	RICARDO LEAL	PORTUGAL	AMIGOS 100 LIMITES	M SENIORES	01:20:45.527	00:39:46.734

Pos.	Dorsal	G	Nome	Pais	Equipa	escalão	Tempo	Diferença
265	1246	M	RICARDO SILVA	PORTUGAL	TITAN RUNNERS	M SENIORES	01:20:53.153	00:39:54.360
266	1141	F	IVONE PARDAL	PORTUGAL	CLUBE ACADÉMICO DE MOGADOURO	F45	01:21:00.923	00:40:02.130
267	1200	M	JOSÉ PINHO	PORTUGAL	BIXOS	M45	01:21:15.583	00:40:16.790
268	1232	M	ROBERTO SILVA	PORTUGAL	OS SONOS	M SENIORES	01:22:19.350	00:41:20.557
269	1048	M	JORGE SILVA	PORTUGAL	OSFAZCONTA	M40	01:22:41.443	00:41:42.650
270	1363	F	ANA VELHO	PORTUGAL	INDIVIDUAL	F SENIORES	01:22:43.773	00:41:44.980
271	1137	M	GIL PAÇO	PORTUGAL	SPARKLERUNNERS	M SENIORES	01:22:44.727	00:41:45.934
272	1347	F	RITA DIAS	PORTUGAL	OS PREGUIÇAS TEAM	F SENIORES	01:22:55.167	00:41:56.374
273	1116	M	HELDER SILVA	PORTUGAL	TRILHADOS	M40	01:23:02.073	00:42:03.280
274	1251	M	PAULO SANTOS	PORTUGAL	TOG - TRINCA ORELHAS DE GATO	M45	01:23:12.967	00:42:14.174
275	1473	F	VÂNIA CARDOSO	PORTUGAL	MSS CONTABILIDADE TRAIL TEAM	F40	01:23:19.463	00:42:20.670
276	1284	F	VERA SOUSA	PORTUGAL	PORTO SENTIDO RUNNERS	F40	01:23:21.073	00:42:22.280
277	1407	M	LUÍS MONTEIRO	PORTUGAL	SEM EQUIPA	M55	01:23:25.510	00:42:26.717
278	1023	M	NÉLSON FERNANDES	PORTUGAL	AMIGOS 100 LIMITES	M40	01:23:45.747	00:42:46.954
279	1001	M	FERNANDO SILVA	PORTUGAL	SEM ROTULO	M60	01:23:46.423	00:42:47.630
280	1142	M	ANTÓNIO COUTO	PORTUGAL	INDIVIDUAL	M50	01:23:48.583	00:42:49.790
281	1199	F	CARINA OLIVEIRA	PORTUGAL	AEABD - TRINCA BOLOTAS	F SENIORES	01:23:51.210	00:42:52.417
282	1163	M	JOAO FIGUEIREDO	PORTUGAL	S&F RUNNERS	M SENIORES	01:23:52.093	00:42:53.300
283	1490	M	PEDRO SILVA	PORTUGAL	S&F RUNNERS	M45	01:23:52.203	00:42:53.410
284	1299	F	SÍLVIA CASTELO	PORTUGAL	FARDETS	F40	01:23:52.780	00:42:53.987
285	1406	F	ROSA MONTEIRO	PORTUGAL	INDIVIDUAL	F SUB23	01:23:52.923	00:42:54.130
286	1460	F	ADELAIDE VIGÁRIO	PORTUGAL	GONDOMAR FUTSAL CLUBE	F55	01:23:54.367	00:42:55.574
287	1022	F	NÁDIA FERNANDES	PORTUGAL	AMIGOS 100 LIMITES	F SENIORES	01:23:55.767	00:42:56.974
288	1355	M	ABEL CARDOSO	PORTUGAL	STUDIO SUN E BEAUTY	M SENIORES	01:23:56.527	00:42:57.734
289	1143	M	TIAGO COUTO	PORTUGAL	INDIVIDUAL	M JUVENIL	01:23:59.233	00:43:00.440
290	1393	F	SARA PEREIRA	PORTUGAL	SARA RAMADINHA	F SENIORES	01:24:06.833	00:43:08.040
291	1304	M	RÚBEN COSTA	PORTUGAL	DDT RUNNERS	M SENIORES	01:24:15.997	00:43:17.204
292	1273	F	CARLA FERREIRA	PORTUGAL	ESPINHO TRAIL	F SENIORES	01:24:22.977	00:43:24.184
293	1470	M	PEDRO CARVALHO	PORTUGAL	FACTOR X / S4L / MEDENSE FC	M40	01:24:28.503	00:43:29.710
294	1243	M	RUI MIRANDA	PORTUGAL	LET'S GO TEAM	M45	01:24:28.850	00:43:30.057
295	1340	M	RAÚL FERREIRA	PORTUGAL	LET'S GO TEAM	M50	01:24:29.783	00:43:30.990
296	1179	M	HUGO GRANJA	PORTUGAL	ARCORUN	M SENIORES	01:24:32.093	00:43:33.300
297	1139	F	JOANA FREITAS	PORTUGAL	.	F SENIORES	01:25:16.083	00:44:17.290
298	1020	F	MARINA MOREIRA	PORTUGAL	AMIGOS 100 LIMITES	F SENIORES	01:25:27.320	00:44:28.527
299	1527	M	HELDER OLIVEIRA	PORTUGAL	GAIA - RUNNING	M55	01:25:29.623	00:44:30.830
300	1271	M	AMÉRICO LEAL	PORTUGAL	MSS CONTABILIDADE TRAIL TEAM	M60	01:25:30.590	00:44:31.797
301	1206	F	CATARINA BRITO	PORTUGAL	AMC TRAIL	F SENIORES	01:25:49.953	00:44:51.160
302	1050	F	BRIGIDA DUARTE	PORTUGAL	OSFAZCONTA	F40	01:25:50.967	00:44:52.174
303	1049	F	ADRIANA DUARTE	PORTUGAL	OSFAZCONTA	F SENIORES	01:26:02.917	00:45:04.124
304	1127	M	FILIPE PEREIRA	PORTUGAL	EL COMANDANTE TEAM	M SENIORES	01:26:08.263	00:45:09.470
305	1423	M	TIAGO FERREIRA	PORTUGAL	PLANO AUTOMOVEL	M40	01:26:14.567	00:45:15.774
306	1064	M	PEDRO CARDOSO	PORTUGAL	EL_PERNETAS	M SENIORES	01:26:19.823	00:45:21.030
307	1328	F	JOANA SILVA	PORTUGAL	VAI, TARTARUGUINHA VAI...	F SENIORES	01:26:31.877	00:45:33.084
308	1464	F	ALEXANDRA SELTZER	PORTUGAL	BOAVISTA KICKBOXING	F SENIORES	01:26:33.257	00:45:34.464

Pos.	Dorsal	G	Nome	Pais	Equipa	escalão	Tempo	Diferença
309	1257	F	CRISTINA DUARTE	PORTUGAL	ESPINHO TRAIL	F45	01:26:33.543	00:45:34.750
310	1305	F	MADALENA TEIXEIRA	PORTUGAL	DDT RUNNERS	F55	01:26:33.667	00:45:34.874
311	1364	F	CECÍLIA ROCHA	PORTUGAL	CECILIA ROCHA	F SENIORES	01:26:44.603	00:45:45.810
312	1510	M	MÁRIO ARAÚJO	PORTUGAL	EQUIPA A	M40	01:26:56.023	00:45:57.230
313	1144	M	HELDER TELES	PORTUGAL	PAPATRAILS	M40	01:26:56.170	00:45:57.377
314	1346	M	TIAGO MORAIS	PORTUGAL	OS PREGUIÇAS TEAM	M SENIORES	01:26:58.440	00:45:59.647
315	1024	M	NUNO CARVALHO	PORTUGAL	AMIGOS 100 LIMITES	M SENIORES	01:27:02.873	00:46:04.080
316	1025	M	PEDRO MONTEIRO	PORTUGAL	AMIGOS 100 LIMITES	M SENIORES	01:27:04.067	00:46:05.274
317	1357	F	RITA SOUSA	PORTUGAL	OS BARRIGUITAS	F SENIORES	01:27:09.593	00:46:10.800
318	1266	M	GERMANO MOURA	PORTUGAL	BARRIGUITAS	M60	01:27:10.117	00:46:11.324
319	1168	M	JOSE ALVES	PORTUGAL	PAPATRAILS	M45	01:27:10.373	00:46:11.580
320	1169	F	ESTELA OLIVEIRA	PORTUGAL	PAPATRAILS	F40	01:27:10.673	00:46:11.880
321	1207	F	MONICA MAGALHAES	PORTUGAL	PAPATRAILS	F SENIORES	01:27:10.860	00:46:12.067
322	1476	M	PEDRO PERPETUA	PORTUGAL	STRONG TEAM	M45	01:27:16.520	00:46:17.727
323	1530	F	MARISA PAULOS	PORTUGAL	INDIVIDUAL	F SENIORES	01:27:38.757	00:46:39.964
324	1034	F	LETICIA OLIVEIRA	PORTUGAL	ESPINHO TRAIL	F SENIORES	01:27:42.667	00:46:43.874
325	1517	F	JOANA PORTILHO	PORTUGAL	TRAILENTO	F SENIORES	01:27:52.320	00:46:53.527
326	1308	F	VÂNIA FERREIRA	PORTUGAL	TRAILENTO	F SENIORES	01:27:52.910	00:46:54.117
327	1158	F	SANDRA PAIVA	PORTUGAL	ZUMBA COM BÁRBARA	F SENIORES	01:28:22.827	00:47:24.034
328	1197	F	PAULA MORAIS	PORTUGAL	ÉJÁLI...CLUBE DE AMIGOS TRAILRUNNERS	F40	01:28:26.007	00:47:27.214
329	1110	M	JOSÉ COELHO	PORTUGAL	O QUE QUEREMOS É MONTE	M50	01:28:31.117	00:47:32.324
330	1356	F	MARCELA FERNANDES	PORTUGAL	CB RUN	F SENIORES	01:28:34.210	00:47:35.417
331	1230	F	BÁRBARA FEIO	PORTUGAL	—	F40	01:28:34.793	00:47:35.1000
332	1408	M	NUNO OLIVEIRA	PORTUGAL	CB RUN	M SENIORES	01:28:36.633	00:47:37.840
333	1444	F	ADELAIDE TORRES	PORTUGAL	XXX	F SENIORES	01:28:45.823	00:47:47.030
334	1443	M	NUNO NEVES	PORTUGAL		444 M SENIORES	01:28:58.517	00:47:59.724
335	1138	F	MONICA MORAIS	PORTUGAL	MADUGYM	F SENIORES	01:29:04.243	00:48:05.450
336	1448	M	CÉSAR PAIS	PORTUGAL	PIT POWER	M SENIORES	01:29:14.413	00:48:15.620
337	1449	F	MARTA GOMES	PORTUGAL	PIT POWER	F SENIORES	01:29:14.477	00:48:15.684
338	1511	F	ANTÓNIA TOMAZ	PORTUGAL	EQUIPA A	F45	01:29:29.507	00:48:30.714
339	1006	F	ROSA BISPO	PORTUGAL	PERNAS INERTES	F60	01:29:49.073	00:48:50.280
340	1007	M	JOSÉ LIMA	PORTUGAL	PERNAS INERTES	M60	01:29:50.317	00:48:51.524
341	1212	F	CARLA BORGES	PORTUGAL	GTT - ARMAZÉM DO CAFFÈ	F40	01:30:14.513	00:49:15.720
342	1032	F	DELFINA EIRAS	PORTUGAL	TRAIL SANTA MARTA / TRISTES MAS DUROS	F55	01:30:17.673	00:49:18.880
343	1031	F	CÂNDIDA MOREIRA	PORTUGAL	TRAIL SANTA MARTA / TRISTES MAS DUROS	F40	01:30:31.297	00:49:32.504
344	1132	F	MARGARIDA MAGALHAES	PORTUGAL	INDIVIDUAL	F50	01:30:31.847	00:49:33.054
345	1404	F	GABRIELA FRANÇA	PORTUGAL	JUVENTUDE CORTEGACENSE	F50	01:30:32.377	00:49:33.584
346	2298	F	PAULI SILVA	PORTUGAL	-	F45	01:30:33.117	00:49:34.324
347	1219	M	BRUNO CARDOSO	PORTUGAL	DDT RUNNERS	M SENIORES	01:30:33.253	00:49:34.460
348	1060	F	CARLA MOTA	PORTUGAL	DIVIGIRLS	F SENIORES	01:30:42.070	00:49:43.277
349	1226	F	CÁTIA SOUSA	PORTUGAL	MSS CONTABILIDADE TRAIL TEAM	F SENIORES	01:30:44.493	00:49:45.700
350	1533	M	PAULO VIDINHA	PORTUGAL	#ESTAMOSJUNTOS	M SENIORES	01:30:45.333	00:49:46.540
351	1534	F	CATARINA SILVA	PORTUGAL	#ESTAMOSJUNTOS	F SENIORES	01:30:45.473	00:49:46.680
352	1104	F	MANUELA SANTOS	PORTUGAL	WOLVES	F50	01:30:48.837	00:49:50.044

Pos.	Dorsal	G	Nome	Pais	Equipa	escalão	Tempo	Diferença
353	1059	F	VERA GOMES	PORTUGAL	DIVIGIRLS	F SENIORES	01:30:52.693	00:49:53.900
354	1177	M	FERNANDO LOPES	PORTUGAL	ARCORUN	M40	01:30:58.023	00:49:59.230
355	1358	F	ANA RAMOS	PORTUGAL	CTAD - CONSUMO ZERO	F40	01:31:13.387	00:50:14.594
356	1411	F	LAURIE SOUSA	PORTUGAL	N	F40	01:31:14.340	00:50:15.547
357	2046	M	CELMO MOTA	PORTUGAL	MAGICAL MUSHROOMS	M45	01:31:15.810	00:50:17.017
358	1195	M	ANTÓNIO FERNANDES	PORTUGAL	-	M60	01:31:17.790	00:50:18.997
359	1092	F	CLÁUDIA SOTTOMAYOR	PORTUGAL	SÃO TEAM	F50	01:31:27.980	00:50:29.187
360	1493	F	CLÁUDIA CARDOSO	PORTUGAL	MSX	F SENIORES	01:31:28.053	00:50:29.260
361	1074	F	ELISABETE LEAL	PORTUGAL	BRINCALHÕES	F45	01:31:41.110	00:50:42.317
362	1125	F	SILVIA PIRES	PORTUGAL	JUVENTUDE CORTEGACENSE	F SENIORES	01:31:55.030	00:50:56.237
363	1094	F	ROSÁRIO GUERRA	PORTUGAL	SÃO TEAM	F50	01:31:55.283	00:50:56.490
364	1261	F	SANDRA PINTO	PORTUGAL	S C ESPINHO	F45	01:32:03.377	00:51:04.584
365	1391	F	CARLA SILVA	PORTUGAL	BAGUIM OUTDOOR ACTIVITIES (B.O.A.S)	F40	01:32:05.160	00:51:06.367
366	1324	F	TERESA SILVA	PORTUGAL	BAGUIM OUTDOOR ACTIVITIES (B.O.A.S)	F45	01:32:05.990	00:51:07.197
367	1370	F	CARLA LOPES	PORTUGAL	BAGUIM OUTDOOR ACTIVITIES (B.O.A.S)	F SENIORES	01:32:06.197	00:51:07.404
368	1248	M	MANUEL BRANDÃO	PORTUGAL	MINI MERCADO GOMES	M50	01:32:12.243	00:51:13.450
369	1260	F	SONIA QUEIROS	PORTUGAL	S C ESPINHO	F40	01:32:16.607	00:51:17.814
370	1392	F	EUGÉNIA MONTEIRO	PORTUGAL	BAGUIM OUTDOOR ACTIVITIES (B.O.A.S)	F45	01:32:19.347	00:51:20.554
371	1124	F	CIDALIA SILVA	PORTUGAL	@CORRERATENUMDARMAIS	F50	01:32:44.167	00:51:45.374
372	1472	M	MÁRIO SOARES	PORTUGAL	LION RUNNERS	M60	01:33:01.293	00:52:02.500
373	1151	M	SERGIO PEREIRA	PORTUGAL	OS REMENDADOS	M45	01:33:04.467	00:52:05.674
374	1461	F	MARIA PRAÇA	PORTUGAL	DEVAGAR DEVAGARINHO	F50	01:33:10.667	00:52:11.874
375	1432	F	CARLA MOREIRA	PORTUGAL	CARLA MOREIRA - MELRES	F45	01:33:11.507	00:52:12.714
376	1119	F	VERA GOMES	PORTUGAL	MELRES TRAIL RUINNING	F45	01:33:12.010	00:52:13.217
377	1382	M	JOSÉ SANTOS	PORTUGAL	ESCOLA LIVRE	M50	01:33:14.067	00:52:15.274
378	1019	F	MÁRCIA MOTA	PORTUGAL	AMIGOS 100 LIMITES	F SENIORES	01:33:23.923	00:52:25.130
379	1035	M	LUIS SILVA	PORTUGAL	ESPINHO TRAIL	M SENIORES	01:33:31.947	00:52:33.154
380	1544	F	ANA CABAÇO	PORTUGAL	PIXELS	F SENIORES	01:33:32.383	00:52:33.590
381	1545	M	ÁLVARO BARROSO	PORTUGAL	PIXELS	M SENIORES	01:33:34.100	00:52:35.307
382	1373	F	SILVIA COSTA	PORTUGAL	RUNNING ESPINHO	F40	01:33:53.490	00:52:54.697
383	1267	F	CELINA TEIXEIRA	PORTUGAL	ADSEBOLIDO TRAIL BONECA DOURO	F SENIORES	01:33:53.537	00:52:54.744
384	1178	F	ALCINA MOURA	PORTUGAL	ARCORUN	F60	01:33:57.977	00:52:59.184
385	2338	F	DULCE RESENDE	PORTUGAL	PORTOCARGO RUNNERS	F50	01:34:15.247	00:53:16.454
386	1152	M	PEDRO PEREIRA	PORTUGAL	OS REMENDADOS	M40	01:34:21.680	00:53:22.887
387	1149	F	VÂNIA PEREIRA	PORTUGAL	OS REMENDADOS	F SENIORES	01:34:33.940	00:53:35.147
388	1422	M	SERGIO SAMPAIO	PORTUGAL	PLANO AUTOMOVEL	M SENIORES	01:34:37.180	00:53:38.387
389	1421	F	CLAUDIA SOUSA	PORTUGAL	PLANO AUTOMOVEL	F SENIORES	01:34:37.997	00:53:39.204
390	1424	M	MIGUEL GOMES	PORTUGAL	PLANO AUTOMOVEL	M40	01:34:39.267	00:53:40.474
391	1542	F	LÍGIA EIRAS	PORTUGAL	LÍGIA EIRAS	F SENIORES	01:34:39.393	00:53:40.600
392	1418	M	MANUEL SANTOS	PORTUGAL	RIBEIRAS TRAIL	M55	01:34:48.010	00:53:49.217
393	1376	F	CÁTIA VIEIRA	PORTUGAL	CB RUN	F SENIORES	01:35:04.607	00:54:05.814
394	1327	M	ADRIANO GONÇALVES	PORTUGAL	MSS CONTABILIDADE TRAIL TEAM	M50	01:35:07.497	00:54:08.704
395	1433	M	LUÍS MAGALHÃES	PORTUGAL	THE FREITAS	M40	01:35:09.970	00:54:11.177
396	1436	F	LUISA NUNES	PORTUGAL	THE FREITAS	F40	01:35:10.780	00:54:11.987

Pos.	Dorsal	G	Nome	Pais	Equipa	escalão	Tempo	Diferença
397	1435	M	FERNANDO OLIVEIRA	PORTUGAL	THE FREITAS	M40	01:35:11.450	00:54:12.657
398	1434	F	ANA GUIMARAES	PORTUGAL	THE FREITAS	F40	01:35:11.797	00:54:13.004
399	1543	M	DIOGO CUNHA	PORTUGAL	AMIGOS 100 LIMITES	M SENIORES	01:35:30.353	00:54:31.560
400	1416	F	ANA PAULA	PORTUGAL	RIBEIRAS TRAIL	F50	01:35:51.090	00:54:52.297
401	1323	F	PAULA COUTINHO	PORTUGAL	RIBEIRAS TRAIL	F45	01:35:52.107	00:54:53.314
402	1451	F	ALEXANDRA GONÇALVES	PORTUGAL	RIBEIRAS TRAIL	F40	01:35:58.230	00:54:59.437
403	1512	F	JOANA MACEDO	PORTUGAL	CAGA TACOS RUNNING TEAM	F SENIORES	01:36:04.863	00:55:06.070
404	1417	F	SÓNIA SILVA	PORTUGAL	RIBEIRAS TRAIL	F40	01:36:05.073	00:55:06.280
405	1521	M	ANTÓNIO MACEDO	PORTUGAL	CAGA TACOS RUNNING TEAM	M60	01:36:05.857	00:55:07.064
406	1520	F	ROSINDA MACEDO	PORTUGAL	CAGA TACOS RUNNING TEAM	F55	01:36:05.977	00:55:07.184
407	1174	F	JULIANA CUNHA	PORTUGAL	ARCORUN	F SENIORES	01:36:08.153	00:55:09.360
408	1053	F	VANIA SOARES	PORTUGAL	OSFAZCONTA	F SENIORES	01:37:03.527	00:56:04.734
409	1224	M	ANTÓNIO BARBOSA	PORTUGAL	CLUBE TRILHEIROS E AMIGOS	M SENIORES	01:37:04.867	00:56:06.074
410	1233	M	SÉRGIO SANTOS	PORTUGAL	SÉRGIO SANTOS	M SENIORES	01:37:05.010	00:56:06.217
411	1329	F	VÂNIA TEIXEIRA	PORTUGAL	VTAFTTEAM	F SENIORES	01:37:13.740	00:56:14.947
412	1378	F	ÂNGELA FERREIRA	PORTUGAL	VTAFTTEAM	F40	01:37:14.417	00:56:15.624
413	1564	M	NUNO MARTINS	PORTUGAL	INDIVIDUAL	M45	01:38:22.083	00:57:23.290
414	1513	F	FATIMA LOPES	PORTUGAL	CAGA TACOS RUNNING TEAM	F60	01:38:42.833	00:57:44.040
415	1126	M	AUGUSTO SILVA	PORTUGAL	JUVENTUDE CORTEGACENSE	M55	01:38:42.967	00:57:44.174
416	1529	F	JOANA LEITE	PORTUGAL	INDIVIDUAL	F JUVENIL	01:38:44.030	00:57:45.237
417	1349	F	BEATRIZ CASTELO	PORTUGAL	JUVENTUDE CORTEGACENSE	F JÚNIOR	01:38:46.187	00:57:47.394
418	1164	M	PAULO CASTELO	PORTUGAL	JUVENTUDE CORTEGACENSE	M50	01:38:47.143	00:57:48.350
419	1528	F	LAURA PINTO	PORTUGAL	INDIVIDUAL	F50	01:38:50.953	00:57:52.160
420	1350	F	DIVA MARTINS	PORTUGAL	JUVENTUDE CORTEGACENSE	F SENIORES	01:38:59.097	00:58:00.304
421	1351	F	LILIANA CASTELO	PORTUGAL	JUVENTUDE CORTEGACENSE	F40	01:38:59.150	00:58:00.357
422	1165	F	MANUELA CASTELO	PORTUGAL	JUVENTUDE CORTEGACENSE	F55	01:39:00.490	00:58:01.697
423	1500	F	DANIELA SILVA	PORTUGAL	SIRIUS	F SENIORES	01:39:02.400	00:58:03.607
424	1501	M	JOÃO MENDES	PORTUGAL	SIRIUS	M SENIORES	01:39:03.687	00:58:04.894
425	1377	F	VIRGÍNIA VIEIRA	PORTUGAL	KUNALAMA RUNNERS	F SENIORES	01:39:33.343	00:58:34.550
426	1352	F	SÍLVIA ALMEIDA	PORTUGAL	LET'S GO TEAM	F45	01:39:34.600	00:58:35.807
427	1235	F	PAULA MONTEIRO	PORTUGAL	LET'S GO TEAM	F45	01:39:34.847	00:58:36.054
428	1029	F	VÂNIA MOREIRA	PORTUGAL	AMIGOS 100 LIMITES	F SENIORES	01:39:38.443	00:58:39.650
429	1027	F	SÓNIA FONSECA	PORTUGAL	AMIGOS 100 LIMITES	F40	01:39:42.480	00:58:43.687
430	1056	F	RENATA PINTO	PORTUGAL	AMIGOS 100 LIMITES	F SENIORES	01:39:54.647	00:58:55.854
431	1259	F	INES SANTOS	PORTUGAL	S C ESPINHO	F SENIORES	01:40:10.957	00:59:12.164
432	1441	M	ABÍLIO COSTA	PORTUGAL	20 VER CORRER	M55	01:40:35.573	00:59:36.780
433	1442	F	FÁTIMA COSTA	PORTUGAL	20 VER CORRER	F50	01:40:35.837	00:59:37.044
434	1227	F	ANA SOUSA	PORTUGAL	20 VER CORRER	F55	01:40:36.697	00:59:37.904
435	1057	M	RICARDO PINTO	PORTUGAL	AMIGOS 100 LIMITES	M SENIORES	01:40:39.170	00:59:40.377
436	1042	F	MARIA MACHADO	PORTUGAL	FORMAÇÃO TARTARUGA	F SENIORES	01:40:47.497	00:59:48.704
437	1041	M	RUI CASTRO	PORTUGAL	FORMAÇÃO TARTARUGA	M45	01:40:48.903	00:59:50.110
438	1040	M	PEDRO GOMES	PORTUGAL	FORMAÇÃO TARTARUGA	M SENIORES	01:41:01.317	01:00:02.524
439	1095	M	JOSÉ FERNANDES	PORTUGAL	SÃO TEAM	M50	01:41:19.887	01:00:21.094
440	1089	M	MOHAMMED MOUDNIB	PORTUGAL	SÃO TEAM	M45	01:41:20.077	01:00:21.284

Pos.	Dorsal	G	Nome	País	Equipa	escalão	Tempo	Diferença
441	1087	F	CONCEIÇÃO PINTO	PORTUGAL	SÃO TEAM	F50	01:41:21.857	01:00:23.064
442	1252	M	GONÇALO ROCHA	PORTUGAL	TOG - TRINCA ORELHAS DE GATO	M SUB23	01:41:35.163	01:00:36.370
443	1082	M	JOSÉ SILVA	PORTUGAL	EQUIPA UNIDOS PELOS TRILHOS	M50	01:42:13.490	01:01:14.697
444	1080	M	ARTUR CARDOSO	PORTUGAL	EQUIPA UNIDOS PELOS TRILHOS	M50	01:42:13.877	01:01:15.084
445	1083	M	MANUEL GARCIA	PORTUGAL	EQUIPA UNIDOS PELOS TRILHOS	M55	01:42:28.083	01:01:29.290
446	1343	M	MANUEL MOURA	PORTUGAL	OS BARRIGUITAS	M60	01:42:50.633	01:01:51.840
447	1428	F	ROSALINA LEMOS	PORTUGAL	ARCORUN	F55	01:43:04.507	01:02:05.714
448	1176	F	ROSINA COUTO	PORTUGAL	ARCORUN	F60	01:43:17.317	01:02:18.524
449	1180	F	ALICE ALMEIDA	PORTUGAL	ARCORUN	F55	01:43:17.753	01:02:18.960
450	1131	F	ANA MAGALHÃES	PORTUGAL	INDIVIDUAL	F SENIORES	01:43:43.190	01:02:44.397
451	1130	M	DIOGO SILVA	PORTUGAL	INDIVIDUAL	M SENIORES	01:43:43.433	01:02:44.640
452	1388	F	ISILDA OLIVEIRA	PORTUGAL	OAZ	F45	01:45:07.700	01:04:08.907
453	1133	M	VITOR MAGALHAES	PORTUGAL	INDIVIDUAL	M60	01:45:29.667	01:04:30.874
454	1120	F	CARLA BRANCO	PORTUGAL	PASTILHAS TEAM	F40	01:45:34.773	01:04:35.980
455	1384	F	NATHALIE PINHEIRO	PORTUGAL	INDIVIDUAL	F40	01:46:44.667	01:05:45.874
456	1389	F	SÍLVIA FERRAZ	PORTUGAL	INDIVIDUAL	F SENIORES	01:47:01.693	01:06:02.900
457	1247	F	ANDREIA BRANDÃO	PORTUGAL	MINI MERCADO GOMES	F SENIORES	01:47:53.293	01:06:54.500
458	1439	F	MARTA SILVA	PORTUGAL	NÃO TEM EQUIPA	F SENIORES	01:49:15.563	01:08:16.770
459	1471	M	RUI RODRIGUES	PORTUGAL	SEM EQUIPA	M40	01:49:17.597	01:08:18.804
460	1489	M	CARLOS CLEMENTE	PORTUGAL	ABC DO CRIME RUNNERS	M45	01:49:20.897	01:08:22.104
461	1488	F	ALICE CLEMENTE	PORTUGAL	ABC DO CRIME RUNNERS	F45	01:49:21.447	01:08:22.654
462	1072	M	RÚBEN ROCHA	PORTUGAL	BRINCALHÕES	M JÚNIOR	01:49:26.593	01:08:27.800
463	1017	M	JOSÉ DIAS	PORTUGAL	AMIGOS 100 LIMITES	M45	01:49:41.937	01:08:43.144
464	1136	F	LUÍSA ROCHA	PORTUGAL	CR TEAM	F45	01:50:03.600	01:09:04.807
465	1134	M	PAULO ROCHA	PORTUGAL	CR TEAM	M45	01:50:04.230	01:09:05.437
466	1135	F	INÊS CUNHA	PORTUGAL	CR TEAM	F40	01:50:04.747	01:09:05.954
467	1447	M	BRUNO SOUSA	PORTUGAL	AKG RUNNERS	M SENIORES	01:50:14.017	01:09:15.224
468	1240	F	CIDÁLIA CAPITAO	PORTUGAL	INDIVIDUAL	F SENIORES	01:50:53.207	01:09:54.414
469	1429	F	MANUELA ROUXINOL	PORTUGAL	ARCORUN	F50	01:50:54.273	01:09:55.480
470	1239	M	PEDRO BALDAIA	PORTUGAL	INDIVIDUAL	M40	01:50:55.727	01:09:56.934
471	1427	F	MARTA CARVALHO	PORTUGAL	ARCORUN	F SENIORES	01:50:57.170	01:09:58.377
472	1556	F	MARIA ANDRADE	PORTUGAL	INDIVIDUAL	F55	01:51:31.647	01:10:32.854
473	1557	M	JOSÉ ANDRADE	PORTUGAL	INDIVIDUAL	M55	01:51:42.373	01:10:43.580
474	1229	F	MARIA CUNHA	PORTUGAL	LET'S GO TEAM	F40	01:51:54.050	01:10:55.257
475	1367	F	ISABEL MACEDO	PORTUGAL	PORTO SENTIDO RUNNERS	F45	01:52:01.360	01:11:02.567
476	1326	F	MAGNA OLIVEIRA	PORTUGAL	20 VER CORRER	F40	01:52:03.627	01:11:04.834
477	1236	F	ROSA CERQUEIRA	PORTUGAL	LET'S GO TEAM	F50	01:52:09.507	01:11:10.714
478	1419	F	ALEXANDRA MARQUES	PORTUGAL	RIBEIRAS TRAIL	F45	01:52:12.507	01:11:13.714
479	1325	M	DAVID LOPES	PORTUGAL	20 VER CORRER	M40	01:52:16.967	01:11:18.174
480	1277	M	RAFAEL SILVA	PORTUGAL	LOBOS DA MONTANHA	M SENIORES	01:52:23.233	01:11:24.440
481	1073	M	RUI ROCHA	PORTUGAL	BRINCALHÕES	M40	01:52:39.613	01:11:40.820
482	1341	F	ISABEL MOREIRA	PORTUGAL	PORTO SENTIDO RUNNERS	F45	01:52:39.773	01:11:40.980
483	1337	M	JOSÉ BARBOSA	PORTUGAL	IRMANDADE DA RODA	M50	01:52:46.827	01:11:48.034
484	1339	M	PAULO MAGALHÃES	PORTUGAL	IRMANDADE DA RODA	M45	01:52:47.590	01:11:48.797

Pos.	Dorsal	G	Nome	Pais	Equipa	escalão	Tempo	Diferença
485	1076	M	JOSÉ NEVES	PORTUGAL	BRINCALHÕES	M45	01:54:06.793	01:13:08.000
486	1525	M	JOSÉ CUNHA	PORTUGAL	J. ROCHA	M45	01:54:08.843	01:13:10.050
487	1075	F	ELISABETE SILVA	PORTUGAL	BRINCALHÕES	F45	01:54:15.567	01:13:16.774
488	1071	M	ARMANDO SILVA	PORTUGAL	BRINCALHÕES	M50	01:54:20.217	01:13:21.424
489	1280	F	LUIA DOMINGUES	PORTUGAL		2003 F JUVENIL	01:56:24.690	01:15:25.897
490	1494	F	MATHILDE PAALSSON	PORTUGAL		2003 F JUVENIL	01:56:25.440	01:15:26.647
491	1495	F	EMMA PALSSON	DENMARK		2003 F JUVENIL	01:56:27.710	01:15:28.917
492	1154	M	VITORINO SILVA	PORTUGAL	SÃO TEAM	M55	01:58:39.440	01:17:40.647
493	1153	F	ANA COSTA	PORTUGAL	SÃO TEAM	F45	01:58:39.443	01:17:40.650
494	1450	F	CRISTINA COSTA	PORTUGAL	INDIVIDUAL	F50	02:00:22.947	01:19:24.154
495	1242	F	ANABELA REIS	PORTUGAL	MSS CONTABILIDADE TRAIL TEAM	F45	02:00:35.750	01:19:36.957
496	1250	F	PAULA SALGADO	PORTUGAL	MSS CONTABILIDADE TRAIL TEAM	F55	02:00:36.277	01:19:37.484
497	1420	F	ANA RODRIGUES	PORTUGAL	HSANTAMARIART	F50	02:00:55.877	01:19:57.084
498	1098	F	ALBERTINA SILVA	PORTUGAL	SÃO TEAM	F50	02:00:56.887	01:19:58.094
499	1558	F	BEATRIZ RODRIGUES	PORTUGAL	INDIVIDUAL	F SENIORES	02:00:59.327	01:20:00.534
500	1555	F	ANDREIA PEIXE	PORTUGAL	STRONG TEAM	F40	02:03:16.517	01:22:17.724
501	1547	M	RICARDO PAIVA	PORTUGAL	STRONG TEAM	M SENIORES	02:03:32.787	01:22:33.994
502	1484	M	NUNO BARBOSA	PORTUGAL	INDIVIDUAL	M SENIORES	02:03:32.963	01:22:34.170
503	1552	F	JOANA FARIA	PORTUGAL	STRONG TEAM	F SENIORES	02:03:32.997	01:22:34.204
504	1088	F	BENEDITA BARREIROS	PORTUGAL	SÃO TEAM	F SENIORES	02:03:39.797	01:22:41.004
505	1353	M	AMÉRICO PEREIRA	PORTUGAL	LET'S GO TEAM	M45	02:06:34.220	01:25:35.427
506	1039	M	ANTÓNIO RAPOSO	PORTUGAL	TEAM SÃO	M45	02:10:13.380	01:29:14.587
507	1524	F	BALBINA BROCHADO	PORTUGAL	J. ROCHA	F45	02:13:34.227	01:32:35.434
508	1523	F	MARTA SOUSA	PORTUGAL	J. ROCHA	F40	02:13:38.687	01:32:39.894
509	1522	M	JOSÉ SOUSA	PORTUGAL	J. ROCHA	M45	02:13:44.217	01:32:45.424
510	1090	M	PEDRO DIAS	PORTUGAL	SÃO TEAM	M SENIORES	02:16:54.423	01:35:55.630
511	1390	M	JOÃO PERES	PORTUGAL	INDIVIDUAL	M55	02:17:06.227	01:36:07.434
512	1338	F	ANA MAGALHÃES	PORTUGAL	IRMANDADE DA RODA	F45	02:17:18.720	01:36:19.927
513	1336	F	FERNANDA MAGALHÃES	PORTUGAL	IRMANDADE DA RODA	F45	02:17:19.030	01:36:20.237
514	1097	M	LUIA LENCASTRE	PORTUGAL	SÃO TEAM	M55	02:34:10.450	01:53:11.657
515	1093	F	LUIA VALENTE	PORTUGAL	SÃO TEAM	F50	02:34:39.773	01:53:40.980
516	1096	M	MIGUEL BANDEIRA	PORTUGAL	SÃO TEAM	M50	02:34:39.777	01:53:40.984