

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
NELSON LOUREIRO	Individual	1005	1	00:55:25.037	00:00:00.000
JORGE NETO	Nba Barrosas	1038	2	00:59:20.940	00:03:55.903
ANDRÉ SILVA	Sc Espinho - Atletismo / António Leitão	1446	3	00:59:57.580	00:04:32.543
DANIEL MARTINS	Nba Barrosas	1036	4	01:00:01.313	00:04:36.276
JOSÉ BARROS	Douroconta - Gabinete De Apoio E Contabilidade	1491	5	01:00:08.583	00:04:43.546
SÉRGIO SILVA	Mss Contabilidade Trail Team	1154	6	01:00:33.057	00:05:08.020
RAMIRO RIBEIRO	Nba Barrosas	1042	7	01:02:46.107	00:07:21.070
ALEKSANDR GONCHARUK	Crimea	1324	8	01:03:20.103	00:07:55.066
BRUNO PEREIRA	Amigos 100 Limites	1007	9	01:03:32.000	00:08:06.963
JOÃO BARBOSA	Sc Espinho - Atletismo / António Leitão	1447	10	01:03:41.330	00:08:16.293
ABILIO RIBEIRO	Trilhos De Espinho	1657	11	01:05:02.593	00:09:37.556
JOÃO VIGÁRIO	Amigos 100 Limites	1008	12	01:05:21.240	00:09:56.203
NICOLAS LEBECHEC	France	1319	13	01:05:35.067	00:10:10.030
JOSÉ MOTA	Cdcr Ctt Porto	1089	14	01:06:18.547	00:10:53.510
RUI SOUSA	Centro Ciclista De Gondomar	1050	15	01:06:23.693	00:10:58.656
TIAGO OLIVEIRA	Sob Efeito Trail	1548	16	01:06:41.943	00:11:16.906
PEDRO GAUDÊNCIO	Nba Barrosas	1037	17	01:07:11.697	00:11:46.660
PEDRO COSTA	Arouca Trail Team	1656	18	01:07:39.747	00:12:14.710
HENRIQUE LOUREIRO	Individual	1023	19	01:07:56.330	00:12:31.293
WILLIAM CAETANO	Correria	1239	20	01:08:50.287	00:13:25.250
RICARDO ROCHA	Fast Ao Km	1197	21	01:09:22.967	00:13:57.930
ADÃO MONTEIRO	Fridão Sem Limites	1560	22	01:10:09.087	00:14:44.050
JOSÉ ROCHA	Douroconta - Gabinete De Apoio E Contabilidade	1495	23	01:10:21.917	00:14:56.880
PAULO AMADEU	Gaia Trail	1093	24	01:10:35.050	00:15:10.013
PEDRO MAGALHÃES	Arrastões	1176	25	01:10:44.523	00:15:19.486
SAMUEL SILVA	A.D.Amarante	1588	26	01:10:47.893	00:15:22.856
FILIPE SOUSA	Centro Ciclista De Gondomar	1339	27	01:10:54.620	00:15:29.583
ANTONIO OLIVEIRA	S. S. Montepio	1385	28	01:11:06.360	00:15:41.323
JULIO SANTOS	S. S. Montepio	1387	29	01:11:06.513	00:15:41.476
ZLATA MALYSHEVA	Nord West	1321	30	01:11:28.317	00:16:03.280
MARCELO PEREIRA	Clarinha Team	1279	31	01:11:29.573	00:16:04.536
JOSÉ ALMEIDA	Individual	1195	32	01:11:31.400	00:16:06.363
ANNA VOLKOVA	Nord West	1322	33	01:11:49.197	00:16:24.160
AMÉRICO PINTO	Ccdtc.M.Gondomar	1515	34	01:11:55.233	00:16:30.196
CARLOS COUTO	Outlaw Runners	1156	35	01:11:58.007	00:16:32.970
JOSÉ CONCEIÇÃO	Douroconta - Gabinete De Apoio E Contabilidade	1511	36	01:12:10.887	00:16:45.850
RICARDO COSTA	Arouca Trail Team	1655	37	01:12:20.490	00:16:55.453
JOSÉ LOPES	Individual	1669	38	01:12:46.287	00:17:21.250
DARIO CARDOSO	Leões De Tardariz Trail	1103	39	01:13:06.230	00:17:41.193
ÂNGELO CABRAL	Gramidense Ifc	1101	40	01:13:13.443	00:17:48.406
RICARDO VIEIRA	Individual	1615	41	01:14:25.150	00:19:00.113
MANUEL TEIXEIRA	Fridão Sem Limites	1292	42	01:14:29.730	00:19:04.693
FILIPE PINTO	Gondomar Futsal Clube	1470	43	01:14:33.757	00:19:08.720
CLÁUDIO MONTEIRO	Douroconta - Gabinete De Apoio E Contabilidade	1295	44	01:14:38.493	00:19:13.456

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ALENA GERASIMOVA	Crimea	1325	45	01:14:50.270	00:19:25.233
POLINA ZAITSEVA	Nord West	1320	46	01:15:10.410	00:19:45.373
NUNO MOURA	A.D.Amarante	1581	47	01:15:14.413	00:19:49.376
CARDOSO LINO	Nba Barrosas	1039	48	01:15:18.560	00:19:53.523
FLÁVIO FERNANDES	Nba Barrosas	1043	49	01:15:18.950	00:19:53.913
ELENA SAVENKOVA	Nord West	1323	50	01:15:37.880	00:20:12.843
RUI LOPES	Amigos Do Pedal Trailagares	1638	51	01:15:38.890	00:20:13.853
RUI FELGUEIRAS	Millennium Bcp	1331	52	01:16:00.710	00:20:35.673
DANIEL SANTOS	A.D.Amarante	1583	53	01:16:10.980	00:20:45.943
CÉSAR SOUSA	Sc Espinho - Atletismo / António Leitão	1448	54	01:16:12.857	00:20:47.820
IBRAIM SOUSA	Mss Contabilidade Trail Team	1137	55	01:16:15.327	00:20:50.290
ANTÓNIO PÓVOAS	Mss Contabilidade Trail Team	1207	56	01:16:26.847	00:21:01.810
NÉLSON SILVA	Amigos 100 Limites	1542	57	01:16:31.263	00:21:06.226
ALBANO COELHO	A.D.Amarante	1580	58	01:17:01.870	00:21:36.833
JÚLIO SOUSA	Factor X / S4I / Medense Fc	1190	59	01:17:32.453	00:22:07.416
DIOGO GOMES	Santos	1259	60	01:17:39.553	00:22:14.516
PAULO SOUSA	Focoteam24	1410	61	01:18:03.810	00:22:38.773
ZEZA CARVALHO	Nba Barrosas	1041	62	01:18:07.527	00:22:42.490
VASCO FARIA	Cb Run	1639	63	01:18:08.853	00:22:43.816
SÉRGIO FERNANDES	Infantes Runners	1397	64	01:18:12.050	00:22:47.013
FILIPE NASCIMENTO	Porto Sentido Runners	1666	65	01:18:28.367	00:23:03.330
PATRICIA PINHO	Amigos Do Trail	1337	66	01:18:33.837	00:23:08.800
PEDRO FONSECA	Individual	1419	67	01:18:34.830	00:23:09.793
JOEL GONÇALVES	Trail Santa Marta / Tristes Mas Duros	1653	68	01:18:38.130	00:23:13.093
HUGO PEREIRA	Millennium Bcp	1370	69	01:18:46.107	00:23:21.070
PAULO PEREIRA	Alpha Running	1330	70	01:18:49.427	00:23:24.390
CÉLINE GOMES	Cdcr Ctt Porto	1090	71	01:18:50.587	00:23:25.550
JOAQUIM VIEIRA	Os Cachos	1304	72	01:18:54.037	00:23:29.000
FÁBIO SOUSA	Mss Contabilidade Trail Team	1307	73	01:18:54.207	00:23:29.170
GABRIEL FACEIRA	Individual	1658	74	01:19:01.683	00:23:36.646
MONICA OLIVEIRA	Geocrosstrail	1574	75	01:19:25.820	00:24:00.783
ANTONIO LEAL	Maia	1631	76	01:19:35.013	00:24:09.976
ANTÓNIO NEVES	Fardetas	1145	77	01:20:06.273	00:24:41.236
NUNO GOMES	Vila Maior Runners	1459	78	01:20:23.593	00:24:58.556
CARLOS SOARES	Alpha Running	1327	79	01:20:34.647	00:25:09.610
IVO OLIVEIRA	Factor X / S4I / Medense Fc	1185	80	01:20:35.590	00:25:10.553
DANIEL RIBEIRO	A.D.Amarante	1585	81	01:20:41.297	00:25:16.260
RÚBEN ROCHA	Brincalhães	1528	82	01:20:41.987	00:25:16.950
BRUNO MELO	Individual	1675	83	01:21:03.100	00:25:38.063
PEDRO COUTO	Legion Combat	1610	84	01:21:19.110	00:25:54.073
RUI BESSA	Sob Efeito Trail	1464	85	01:21:32.120	00:26:07.083
ALDO FELPETO	Ciimar	1297	86	01:21:35.353	00:26:10.316
GILBERTO FERREIRA	C.C.Recreativo São Martinho	1456	87	01:21:37.020	00:26:11.983
EDUARDO SILVA	Garrafão Umbilical	1294	88	01:21:45.613	00:26:20.576

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
DANIELA DIAS	Individual	1199	89	01:21:48.277	00:26:23.240
JOAQUIM ROCHA	Nao Tem	1356	90	01:21:48.757	00:26:23.720
AGOSTINHO COELHO	Douroconta - Gabinete De Apoio E Contabilidade	1434	91	01:22:06.633	00:26:41.596
FLORINDO PEREIRA	Nova Linha Trail Runners	1020	92	01:22:08.357	00:26:43.320
ANTÓNIO AZEVEDO	Douroconta - Gabinete De Apoio E Contabilidade	1494	93	01:22:09.677	00:26:44.640
ANTÓNIO GOMES	Gomes	1085	94	01:22:09.817	00:26:44.780
CIDÁLIA FERREIRA	Nova Linha Trail Runners	1001	95	01:22:16.933	00:26:51.896
IGOR AFANAS	Individual	1022	96	01:22:24.420	00:26:59.383
NUNO MARTINS	Fam	1384	97	01:22:25.813	00:27:00.776
ANDRÉ PINHO	Reumatico Trail Team	1168	98	01:22:30.340	00:27:05.303
RUI MOREIRA	Individual	1553	99	01:22:35.383	00:27:10.346
RUI DIAS	#Correratenumdarmais	1230	100	01:22:36.547	00:27:11.510
JOAO COSTA	Papatrails	1048	101	01:22:39.537	00:27:14.500
JOSÉ ALVES	Adsebolido Trail Boneca Douro	1044	102	01:23:05.777	00:27:40.740
JOSÉ MACHADO	Achados Ao Acaso	1644	103	01:23:09.547	00:27:44.510
PEDRO OLIVEIRA	Sob Efeito Trail	1183	104	01:23:11.550	00:27:46.513
ANTÓNIO PEREIRA	Amigos Quinta Das Freiras	1347	105	01:23:15.290	00:27:50.253
FÁTIMA SOUSA	Nba Barrosas	1040	106	01:23:21.320	00:27:56.283
JOÃO CAMPOS	Ddt Runners	1100	107	01:23:37.940	00:28:12.903
TIAGO SEQUEIRA	Mss Contabilidade Trail Team	1192	108	01:23:43.587	00:28:18.550
MÁRCIO ALMEIDA	Mss Contabilidade Trail Team	1142	109	01:24:15.353	00:28:50.316
EMANUEL ROCHA	Bcl	1366	110	01:24:18.573	00:28:53.536
LUIS GONÇALVES	Amigos Do Trail	1335	111	01:24:30.517	00:29:05.480
PEDRO SILVA	Bixos	1128	112	01:24:32.793	00:29:07.756
PEDRO LEÃO	Ciimar	1300	113	01:24:41.443	00:29:16.406
RUI CORREIA	Mss Contabilidade Trail Team	1510	114	01:24:45.043	00:29:20.006
TÂNIA RIBEIRO	Geadas Running	1457	115	01:24:48.697	00:29:23.660
CARLOS FERREIRA	Geadas Running	1536	116	01:24:49.570	00:29:24.533
BRUNO CARVALHO	Geadas Running	1523	117	01:24:49.717	00:29:24.680
PEDRO FERREIRA	Porto Sentido Runners	1110	118	01:24:57.753	00:29:32.716
VITOR AZEVEDO	Geocrosstrail	1573	119	01:25:27.307	00:30:02.270
NUNO ROCHA	Individual	1616	120	01:25:28.480	00:30:03.443
ANTONIO SILVA	Individual	1066	121	01:25:47.040	00:30:22.003
PEDRO SALGUEIRO	Gaia Trail	1062	122	01:25:50.010	00:30:24.973
JOÃO CARDOSO	Garrafão Umbilical	1016	123	01:25:54.423	00:30:29.386
MARCO CANDEIAS	Juventude Cortegacense	1592	124	01:25:59.290	00:30:34.253
DANIEL VIEIRA	Nova Linha Trail Runners	1011	125	01:26:03.687	00:30:38.650
CELSO RIBEIRO	Amigos 100 Limites	1024	126	01:26:17.700	00:30:52.663
ARMANDO FONSECA	Douroconta - Gabinete De Apoio E Contabilidade	1488	127	01:26:18.090	00:30:53.053
ELIANA TEIXEIRA	Fridão Sem Limites	1291	128	01:26:21.257	00:30:56.220
PAULO FERREIRA	Amigos Do Trail	1338	129	01:26:28.197	00:31:03.160
DIOGO CRUZ	Ciimar	1299	130	01:26:33.827	00:31:08.790
JORGE PROENÇA	Castelo Crossfit	1213	131	01:26:44.997	00:31:19.960
MARCOS SANTOS	Factor X / S4I / Medense Fc	1187	132	01:26:46.483	00:31:21.446

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
PEDRO FERREIRA	Factor X / S4I / Medense Fc	1188	133	01:26:48.993	00:31:23.956
JOÃO TELES	Factor X / S4I / Medense Fc	1186	134	01:26:49.407	00:31:24.370
MANUEL RIBEIRO	Mss Contabilidade Trail Team	1425	135	01:26:52.267	00:31:27.230
FATIMA PAIS	Fiaes Sport Clube	1032	136	01:27:06.603	00:31:41.566
LEANDRO MATOS	Amigos Do Trail	1231	137	01:27:13.613	00:31:48.576
RUI COELHO	Patrol	1343	138	01:27:16.723	00:31:51.686
SERGIO LOPES	Individual	1670	139	01:27:32.827	00:32:07.790
ANTÓNIO ROCHA	Mss Contabilidade Trail Team	1424	140	01:27:36.263	00:32:11.226
PEDRO MACHADO	S. S. Montepio	1389	141	01:28:01.907	00:32:36.870
AMÉRICO FRANÇA	Leões De Tardariz Trail	1205	142	01:28:13.400	00:32:48.363
PEDRO RIBEIRO	Individual	1617	143	01:28:22.127	00:32:57.090
ANDRÉ ROCHA	Individual	1618	144	01:28:22.730	00:32:57.693
FERNANDO OLIVEIRA	Gramidense Ifc	1662	145	01:28:26.490	00:33:01.453
CARLOS VIEIRA	Os Cachos	1305	146	01:28:30.157	00:33:05.120
RUI FREITAS	S. S. Montepio	1391	147	01:28:33.633	00:33:08.596
FILIPE PINHO	Outlaw Runners	1160	148	01:28:36.677	00:33:11.640
JORGE FONTES	Sc Espinho - Atletismo / António Leitão	1627	149	01:29:02.927	00:33:37.890
ANTÓNIO ALBUQUERQUE	Sc Espinho - Atletismo / António Leitão	1625	150	01:29:04.517	00:33:39.480
PEDRO SILVA	Amigos Do Trail	1334	151	01:29:18.287	00:33:53.250
DIOGO PEREIRA	Individual	1255	152	01:29:30.167	00:34:05.130
MANUEL MORAIS	Morais	1070	153	01:29:30.297	00:34:05.260
VALTER BARBOSA	Stcp Runners	1074	154	01:29:38.730	00:34:13.693
NELLY FRAISSINETTE	Ciimar	1298	155	01:29:44.260	00:34:19.223
PEDRO ALMEIDA	Pressinhas	1268	156	01:29:54.967	00:34:29.930
RUI ALVES	Rui Alves	1214	157	01:29:59.617	00:34:34.580
ALCINO SILVA	Amigos 100 Limites	1006	158	01:30:12.077	00:34:47.040
PEDRO BALDAIA	Patrol	1350	159	01:30:15.967	00:34:50.930
HUGO OLIVEIRA	925 Silverjewels	1534	160	01:30:18.567	00:34:53.530
PEDRO SOARES	Factor X / S4I / Medense Fc	1641	161	01:30:22.867	00:34:57.830
DUARTE ROCHA	Duarte Rocha	1633	162	01:30:24.533	00:34:59.496
MARIA FREITAS	Individual	1221	163	01:30:34.013	00:35:08.976
SILVIA BAPTISTA	Fiaes Sport Clube	1091	164	01:30:34.843	00:35:09.806
HUGO SANTOS	Factor X / S4I / Medense Fc	1189	165	01:30:37.457	00:35:12.420
AURÉLIO SALAS	Mss Contabilidade Trail Team	1555	166	01:30:43.103	00:35:18.066
DALILA MARIA	Invicta Runners Team	1257	167	01:30:46.157	00:35:21.120
XAVIER BARBOSA	C.C.Recreativo São Martinho	1455	168	01:30:50.577	00:35:25.540
CARLOS SILVA	Rafa	1621	169	01:31:12.510	00:35:47.473
LUÍS MARTINS	Leões De Tardariz Trail	1502	170	01:31:19.103	00:35:54.066
JOSE ALMEIDA	Gaia Trail	1069	171	01:31:21.097	00:35:56.060
HUGO SANTOS	46	1345	172	01:31:23.193	00:35:58.156
MAFALDA VALENTE	Geocrosstrail	1568	173	01:31:32.430	00:36:07.393
JOSÉ ROCHA	G.D. Luz Verde	1170	174	01:31:33.570	00:36:08.533
CARLOS FARIA	Reumatico Trail Team	1364	175	01:31:35.947	00:36:10.910
SANDRINA GOMES	Lethes Trail Team	1242	176	01:31:37.917	00:36:12.880

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
PAULO FERREIRA	Ddt Runners	1099	177	01:31:40.360	00:36:15.323
RUI MOREIRA	Papatrails	1052	178	01:31:55.807	00:36:30.770
MANUEL DOMINGUES	Individual	1235	179	01:32:00.507	00:36:35.470
MANUEL CARNEIRO	Os Cachos	1352	180	01:32:00.637	00:36:35.600
TIAGO BORGES	Team Shark	1406	181	01:32:05.417	00:36:40.380
PAULO DIAS	Individual	1234	182	01:32:07.710	00:36:42.673
FÁBIO SOUSA	Recarei	1564	183	01:32:09.017	00:36:43.980
FLÁVIO TEIXEIRA	Amigos 100 Limites	1059	184	01:32:10.433	00:36:45.396
MAURO SILVA	Amigos 100 Limites	1030	185	01:32:10.760	00:36:45.723
NELSON TEIXEIRA	Gdct Unicre	1431	186	01:32:18.827	00:36:53.790
DIOGO FIGUEIREDO	Individual	1275	187	01:32:28.613	00:37:03.576
ENRIQUE CUNHA	Geocrosstrail	1577	188	01:32:30.483	00:37:05.446
ALVARO PINTO	Clube Zupper	1332	189	01:32:31.800	00:37:06.763
MARCO COELHO	Runner'S Do Demo	1437	190	01:32:34.553	00:37:09.516
JORGE PEREIRA	Porto Sentido Runners	1117	191	01:33:04.487	00:37:39.450
FILIPA CARVALHO	Bixos	1133	192	01:33:09.663	00:37:44.626
JOAO MOREIRA	S. S. Montepio	1386	193	01:33:28.307	00:38:03.270
BRUNO GONÇALVES	Trail Santa Marta / Tristes Mas Duros	1179	194	01:33:33.370	00:38:08.333
DIOGO MOREIRA	Geocrosstrail	1576	195	01:33:35.737	00:38:10.700
ANABELA MARQUES	Juventude Cortegacense	1465	196	01:33:38.737	00:38:13.700
TONY MATIAS	Insígnia-Mobiliario	1264	197	01:33:39.387	00:38:14.350
DANIEL SILVA	Grupo Desportivo Banco De Portugal	2039	198	01:33:47.947	00:38:22.910
RICARDO RESENDE	S. S. Montepio	1390	199	01:34:08.530	00:38:43.493
PAULO TORES	Bcl	1367	200	01:34:17.377	00:38:52.340
CARLOS MACEDO	A.D.Amarante	1584	201	01:34:18.483	00:38:53.446
FÁTIMA SILVA	Brincalhões	1532	202	01:34:21.430	00:38:56.393
MARIA OLIVEIRA	Juventude Cortegacense	1507	203	01:34:25.357	00:39:00.320
CRISTIANA CARVALHO	Juventude Cortegacense	1561	204	01:34:32.090	00:39:07.053
MANUEL OLIVEIRA	925 Silverjewels	1535	205	01:34:36.573	00:39:11.536
ISABEL DIAS	#Semprejuntos	1556	206	01:34:40.453	00:39:15.416
FRANCLIM NEVES	Brincalhões	1526	207	01:34:42.817	00:39:17.780
ANTONIO BARBOSA	Paredes Running	1140	208	01:34:51.207	00:39:26.170
PAULO COSTA	Amigos Quinta Das Freiras	1498	209	01:35:08.800	00:39:43.763
PEDRO CARDOSO	Renas Do Monte	1519	210	01:35:13.693	00:39:48.656
JOSÉ SANTOS	Douroconta - Gabinete De Apoio E Contabilidade	1496	211	01:35:14.447	00:39:49.410
PAULO RIBEIRO	Invicta Runners Team	1333	212	01:35:16.067	00:39:51.030
ANA FERREIRA	Marão Z Bike	1281	213	01:35:22.877	00:39:57.840
CARLA DIAS	Dreca	1303	214	01:35:23.667	00:39:58.630
ANDRÉ CARDOSO	Dreca	1665	215	01:35:27.317	00:40:02.280
RUI MOREIRA	Geocrosstrail	1569	216	01:35:29.720	00:40:04.683
LUIS OLIVEIRA	Geocrosstrail	1579	217	01:35:32.317	00:40:07.280
MIGUEL ROCHA	Miguel Rocha	1619	218	01:35:34.583	00:40:09.546
RICARDO SOUSA	Os Barriguitas	1288	219	01:35:36.213	00:40:11.176
CLOTILDE SANTOS	Vale Dos Duros	1606	220	01:35:37.820	00:40:12.783

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
CARLOS BASTOS	Vale Dos Duros	1607	221	01:35:38.580	00:40:13.543
RUI COELHO	Gondomar Futsal Clube	1650	222	01:35:39.743	00:40:14.706
ANTÓNIO SOUSA	Porto Sentido Runners	1114	223	01:35:49.413	00:40:24.376
ANA OLIVEIRA	Sob Efeito Trail	1547	224	01:35:49.530	00:40:24.493
TIAGO QUEIROS	Renas Do Monte	1517	225	01:36:00.937	00:40:35.900
DOUGLAS PINHO	Alpha Running	1328	226	01:36:06.083	00:40:41.046
JOSÉ RIBEIRO	Leões De Tardariz Trail	1311	227	01:36:10.417	00:40:45.380
NELSON SILVA	Gondomar Futsal Clube	1469	228	01:36:39.573	00:41:14.536
MARINA SILVA	Porto Sentido Runners	1408	229	01:36:43.820	00:41:18.783
ELISABETE LEAL	Brincalhões	1525	230	01:36:45.087	00:41:20.050
IVO COUTO	Outlaw Runners	1161	231	01:36:52.453	00:41:27.416
LUIS FERNANDES	Os Sarrotes	1609	232	01:37:04.747	00:41:39.710
RUI RAMOS	N/D	1590	233	01:37:20.937	00:41:55.900
VITOR MOTA	Running Espinho	1263	234	01:37:27.623	00:42:02.586
PEDRO OLIVEIRA	Leões De Tardariz Trail	1149	235	01:37:43.447	00:42:18.410
ISABEL CARVALHO	Wolves	1396	236	01:37:44.063	00:42:19.026
PEDRO RODRIGUES	Boavista Trail	1004	237	01:37:53.643	00:42:28.606
DESCONHECIDO	Individual	1671	238	01:37:55.890	00:42:30.853
SOFIA CARNEIRO	Clube Trilheiros & Amigos	1635	239	01:37:57.213	00:42:32.176
ALEXIS BOLÍVAR	Outlaw Runners	1155	240	01:37:59.497	00:42:34.460
MARCO BATISTA	Stcp Runners	1076	241	01:38:00.323	00:42:35.286
DOMINGOS FAUSTINO	Stcp Runners	1073	242	01:38:06.250	00:42:41.213
ANDRÉS FERREIRA	Amigos Do Trail	1336	243	01:38:06.380	00:42:41.343
TIAGO GAIO	Os Sarrotes	1538	244	01:38:08.683	00:42:43.646
JOAO REMEDIOS	Allen	1382	245	01:38:09.997	00:42:44.960
SILVIO FERREIRA	Mocidade Sangemil	1010	246	01:38:26.243	00:43:01.206
RAQUEL FERNANDES	Geocrosstrail	1566	247	01:38:27.290	00:43:02.253
RUI FERREIRA	Bad River Boys	1236	248	01:38:34.453	00:43:09.416
PEDRO FERREIRA	Reumatico Trail Team	1463	249	01:38:37.517	00:43:12.480
AVELINO RODRIGUES	Porto Sentido Runners	1489	250	01:38:40.697	00:43:15.660
DIOGO CERQUEIRA	Diogo Cerqueira	1492	251	01:39:06.770	00:43:41.733
DIANA RCOHA	Individual	1672	252	01:39:13.623	00:43:48.586
JORGE ALMEIDA	Factor X / S4I / Medense Fc	2130	253	01:39:23.383	00:43:58.346
CARLOS VIEIRA	Btt Alegria // Tubani	1210	254	01:39:26.703	00:44:01.666
VERA PINHO	Amigos Do Trail	1232	255	01:39:33.327	00:44:08.290
JOÃO VIEIRA	Vestefardas	1422	256	01:39:34.290	00:44:09.253
RICARDO BARBOSA	Amigos Das Curvas	1233	257	01:39:35.850	00:44:10.813
MÁRIO ARAÚJO	Equipa A	1097	258	01:39:40.373	00:44:15.336
CARLOS SIMÕES	Reumatico Trail Team	1369	259	01:39:51.767	00:44:26.730
SÓNIA FELIX	Leões De Tardariz Trail	1313	260	01:39:55.803	00:44:30.766
DOMINGOS VENTURA	Geocrosstrail	1565	261	01:40:00.947	00:44:35.910
SARA SILVA	Amigos 100 Limites	1359	262	01:40:01.913	00:44:36.876
CARLOS CLEMENTE	Reumatico Trail Team	1401	263	01:40:07.247	00:44:42.210
SANDRA CRISTINA	#Correratenumdarmais	1237	264	01:40:08.607	00:44:43.570

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
OSCAR BARROSO	Pernetas	1601	265	01:40:10.200	00:44:45.163
MARIA SOUSA	Ninguém As Pára	1260	266	01:40:11.467	00:44:46.430
JOSÉ ALVES	α46α	1346	267	01:40:19.313	00:44:54.276
INÊS SILVA	Brincalhães	1531	268	01:40:24.087	00:44:59.050
BRUNO OLIVEIRA	Renas Do Monte	1518	269	01:40:39.930	00:45:14.893
ARTUR MORAIS	Pinturas Charrão	1537	270	01:41:13.443	00:45:48.406
MARA FREITAS	Reumatico Trail Team	1082	271	01:41:18.527	00:45:53.490
JOEL MARQUES	Fast Ao Km	1415	272	01:41:21.380	00:45:56.343
MANUEL ROCHA	Fast Ao Km	1198	273	01:41:22.323	00:45:57.286
CRISTIANO SILVA	Patrol	1418	274	01:41:27.950	00:46:02.913
SERGIO OLIVEIRA	Individual	1165	275	01:41:54.710	00:46:29.673
CARLOS MAIA	Eles Estão À Rasca	1206	276	01:42:09.320	00:46:44.283
SÉRGIO PEREIRA	Gondomar Futsal Clube	1467	277	01:42:29.360	00:47:04.323
ROSA MENDES	Gondomar Futsal Clube	1471	278	01:42:31.337	00:47:06.300
CHARLY GOMES	Espinho Trail	1227	279	01:42:43.320	00:47:18.283
LUCIA LEITE	A.D.Amarante	1586	280	01:42:44.947	00:47:19.910
ELISABETE NOGUEIRA	Fridão Sem Limites	1365	281	01:42:47.357	00:47:22.320
DANIEL CORREIA	A.D.Amarante	1587	282	01:42:50.753	00:47:25.716
MONICA MAGALHAES	Papatrails	1033	283	01:42:52.840	00:47:27.803
CARLOS MARTINS	QI	1102	284	01:42:53.167	00:47:28.130
PATRICIA GOMES	Espinho Trail	1226	285	01:42:55.553	00:47:30.516
GILBERTO COELHO	Adsebolido Trail Boneca Douro	1055	286	01:42:56.597	00:47:31.560
CIDÁLIA SOARES	Porto Sentido Runners	1113	287	01:42:58.107	00:47:33.070
CLEMENTE MEIRELES	Nem Que Chova	1363	288	01:43:11.107	00:47:46.070
IVONE PARDAL	Academico De Mogadouro	1377	289	01:43:12.413	00:47:47.376
DANIEL GOMES	Individual	1545	290	01:43:14.927	00:47:49.890
LILIANA BARROS	Verticalurban	1522	291	01:43:24.167	00:47:59.130
VITOR NEVES	Individual	1053	292	01:43:25.377	00:48:00.340
JOÃO RESENDE	Invicta Runners Team	1439	293	01:43:25.490	00:48:00.453
SERAFIM FERREIRA	Leões De Tardariz Trail	1312	294	01:43:36.813	00:48:11.776
CARLA TEIXEIRA	Individual	1286	295	01:44:00.217	00:48:35.180
JOÃO ESTEVES	Box230	1310	296	01:44:01.500	00:48:36.463
RUI REGO	Papam Tudo	1647	297	01:44:08.333	00:48:43.296
LUIS MIGUEL	Papam Tudo	1646	298	01:44:09.660	00:48:44.623
DIOGO BARROS	Cb Run	1086	299	01:44:15.090	00:48:50.053
MARCELA FERNANDES	Cb Run	1087	300	01:44:15.977	00:48:50.940
FRANCISCO CASTRO	Individual	2020	301	01:44:17.690	00:48:52.653
ANABELA CARVALHO	Clube Trilheiros & Amigos	1620	302	01:44:19.427	00:48:54.390
DANIEL CARVALHO	Kontakilómetros	1342	303	01:44:40.103	00:49:15.066
NUNO PEIXOTO	Kontakilómetros	1340	304	01:44:43.313	00:49:18.276
PEDRO SOUSA	Ps	1660	305	01:44:45.327	00:49:20.290
DANIEL AMARAL	Studio Sun&Beauty	1460	306	01:44:51.287	00:49:26.250
RUBEN MOREIRA	Studio Sun&Beauty	1243	307	01:44:51.400	00:49:26.363
RUI PEREIRA	Os Besugos	1047	308	01:44:53.347	00:49:28.310

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
NAIR PINTO	Castelo Crossfit	1222	309	01:44:56.633	00:49:31.596
FILIPA BARATA	Castelo Crossfit	1216	310	01:44:57.037	00:49:32.000
RICARDO SANTOS	Legion Combat	1444	311	01:45:14.130	00:49:49.093
CÂNDIDA MOREIRA	Trail Santa Marta / Tristes Mas Duros	1180	312	01:45:16.597	00:49:51.560
NUNO DUARTE	Gdct Unicre	1427	313	01:45:21.767	00:49:56.730
ANA TEIXEIRA	Geocrosstrail	1578	314	01:45:23.673	00:49:58.636
RAUL SOUSA	Individual	1152	315	01:45:26.300	00:50:01.263
TIAGO BOAS	Individual	1134	316	01:45:29.120	00:50:04.083
ANTÓNIO PINHEIRO	Sim Summit	1208	317	01:45:32.897	00:50:07.860
ANDRÉ OLIVEIRA	Porto Sentido Runners	1120	318	01:46:31.270	00:51:06.233
FRANCISCO PIÇARRA	Os Sobrinhos	1095	319	01:46:38.877	00:51:13.840
SARA MOREIRA	Geocrosstrail	1575	320	01:46:39.277	00:51:14.240
PAULA ALMEIDA	Geocrosstrail	1567	321	01:46:40.857	00:51:15.820
LUIS SOUSA	Adsebolido Trail Boneca Douro	1084	322	01:46:54.433	00:51:29.396
JOSÉ TEIXEIRA	Teixeiras	1245	323	01:47:02.837	00:51:37.800
DANIEL TEIXEIRA	Teixeiras	1246	324	01:47:03.720	00:51:38.683
SANDRA OLIVEIRA	Papatrails	1031	325	01:47:05.967	00:51:40.930
ALCÍDIO FIGUEIREDO	Individual	1274	326	01:47:11.133	00:51:46.096
GABRIEL PIRES	Fit Gaia Trail	1002	327	01:47:12.217	00:51:47.180
NELSON SOUSA	Bia Team	1487	328	01:47:13.510	00:51:48.473
SOLANGE SOUSA	Bia Team	1486	329	01:47:16.030	00:51:50.993
PAULO SILVA	Mss Contabilidade Trail Team	1265	330	01:47:32.660	00:52:07.623
DIANA PAIVA	Adsebolido Trail Boneca Douro	1046	331	01:47:36.397	00:52:11.360
ALBANO SOUSA	Adsebolido Trail Boneca Douro	1083	332	01:47:36.617	00:52:11.580
RUI AUGUSTO	Mss Contabilidade Trail Team	1278	333	01:47:39.350	00:52:14.313
MANUEL SILVA	Arrastassolas	1404	334	01:47:52.257	00:52:27.220
VITOR TEIXEIRA	Individual	1057	335	01:48:10.150	00:52:45.113
ANA CRUZ	Espinho Trail	1223	336	01:48:15.727	00:52:50.690
ADÃO CASTRO	Os Sarrotes	1485	337	01:48:17.907	00:52:52.870
ISABEL VIEIRA	Portocargo Runners	1247	338	01:48:28.910	00:53:03.873
NORBERTO SOARES	Sempre A 30	1029	339	01:48:35.517	00:53:10.480
PAULO SILVA	Sem Medo	1546	340	01:48:38.147	00:53:13.110
HELDER PINTO	Helder Pinto	1344	341	01:48:42.357	00:53:17.320
PAULO FREITAS	Câmara Municipal De Gondomar	1594	342	01:48:46.183	00:53:21.146
LIGIA FREITAS	Câmara Municipal De Gondomar	1595	343	01:48:47.850	00:53:22.813
ALESSANDRA MOSCATO	Correr Leça	1349	344	01:48:56.447	00:53:31.410
CARLA FREITAS	Castelo Crossfit	1241	345	01:49:04.110	00:53:39.073
ALEXANDRA LOPES	Scespinho	1559	346	01:49:07.933	00:53:42.896
MARIA FERREIRA	Amigos 100 Limites	1013	347	01:49:15.250	00:53:50.213
FERNANDO FERRAZ	Porto Sentido Runners	1490	348	01:49:18.667	00:53:53.630
MÁRIO BRANCO	Mss Contabilidade Trail Team	1351	349	01:49:28.083	00:54:03.046
SONIA SILVA	Paredes Running	1141	350	01:49:32.620	00:54:07.583
MARIA AGUIAR	Individual	1476	351	01:49:32.987	00:54:07.950
DAVID TAVARES	Runriver	1477	352	01:49:35.673	00:54:10.636

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
JOÃO RIBEIRO	Ja Moreira Runner	1164	353	01:49:37.940	00:54:12.903
JOÃO ALMEIDA	Equipa 1	1092	354	01:49:38.367	00:54:13.330
SUSETE SOARES	Ss	1316	355	01:49:44.480	00:54:19.443
DIOGO PIMENTA	Os Goguinhos	1064	356	01:49:47.037	00:54:22.000
MARTA PIMENTA	Os Goguinhos	1065	357	01:49:48.010	00:54:22.973
FRANCISCO FERREIRA	Adeca	1355	358	01:50:00.333	00:54:35.296
ANTÓNIO FARIA	Amigos 100 Limites	1012	359	01:50:05.943	00:54:40.906
CELSO CUNHA	Prosantiago	1603	360	01:50:28.080	00:55:03.043
HELENA ALVARENGA	Gansos	1105	361	01:50:38.513	00:55:13.476
JOAQUIM GARCES	Gansos	1107	362	01:50:39.187	00:55:14.150
CRISTIANO SILVA	Castelo Crossfit	1212	363	01:50:41.690	00:55:16.653
RUI FERREIRA	Castelo Crossfit	1640	364	01:50:44.730	00:55:19.693
MIGUEL QUEIRÓS	Fardetas	1144	365	01:50:48.060	00:55:23.023
LAURA ABREU	Clarinha Team	1244	366	01:50:50.187	00:55:25.150
EDUARDO SILVA	Castelo Crossfit	1314	367	01:50:55.247	00:55:30.210
AMÁLIA MONTEIRO	Nova Linha Trail Runners	1019	368	01:50:56.117	00:55:31.080
ARLINDO MENDES	Meam Clarinha	1215	369	01:50:59.227	00:55:34.190
PEDRO PERPETUA	Strongteam	1376	370	01:51:06.450	00:55:41.413
NUNO PEIXE	Strongteam	1375	371	01:51:07.397	00:55:42.360
MÁRIO RIBEIRO	Gondomar Futsal Clube	1472	372	01:51:12.863	00:55:47.826
MIGUEL PEREIRA	Conflagração Das Pataniscas	1504	373	01:51:46.493	00:56:21.456
RUI PEREIRA	Conflagração Das Pataniscas	1506	374	01:51:46.867	00:56:21.830
INES NUNES	Conflagração Das Pataniscas	1505	375	01:51:48.377	00:56:23.340
GASTÃO FERREIRA	Nem Que Chova	1361	376	01:51:50.627	00:56:25.590
MARCELO FERREIRA	Nem Que Chova	1362	377	01:51:51.373	00:56:26.336
FILIPE ROCHA	Câmara Municipal De Gondomar	1596	378	01:52:06.570	00:56:41.533
ADÉLIO LIMA	Câmara Municipal De Gondomar	1597	379	01:52:07.950	00:56:42.913
DELFINA EIRAS	Trail Santa Marta / Tristes Mas Duros	1181	380	01:52:09.700	00:56:44.663
MARTA REGUENGO	Individual	1258	381	01:52:24.687	00:56:59.650
SANDRA FERREIRA	Smile To Life	1254	382	01:52:25.060	00:57:00.023
JORGE REBELO	Nem Que Chova	1360	383	01:52:43.117	00:57:18.080
ANA TEIXEIRA	Individual	2028	384	01:52:44.623	00:57:19.586
DANIEL VIEIRA	Garrafão Umbilical	1015	385	01:53:17.350	00:57:52.313
PAULO FERREIRA	Portocargo Runners	2168	386	01:53:44.573	00:58:19.536
MANUEL PEREIRA	Portocargo Runners	1248	387	01:53:49.593	00:58:24.556
MARCO OLIVEIRA	Leões De Tardariz Trail	1148	388	01:53:53.603	00:58:28.566
NUNO OLIVEIRA	Individual	1667	389	01:54:12.027	00:58:46.990
JOAQUINA MARTINS	Invicta Runners Team	1634	390	01:54:37.457	00:59:12.420
CARLA ALVES	Adsebolido Trail Boneca Douro	1061	391	01:54:39.190	00:59:14.153
SÍLVIA CASTELO	Fardetas	1147	392	01:54:46.800	00:59:21.763
JOSÉ CASTELO	Fardetas	1146	393	01:54:47.103	00:59:22.066
SÉRGIO SANTOS	Locomotiva De Paranhos	1096	394	01:54:57.857	00:59:32.820
ANA OLIVEIRA	Ana F. Oliveira	1442	395	01:55:00.790	00:59:35.753
JOÃO CARDOSO	João Cardoso	1443	396	01:55:01.237	00:59:36.200

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ANTÓNIO FERNANDES	#Semprejuntos	1557	397	01:55:04.830	00:59:39.793
AMÉRICO LEAL	Mss Contabilidade Trail Team	1138	398	01:55:06.877	00:59:41.840
MIGUEL COSTA	Gansos	1106	399	01:55:30.113	01:00:05.076
ANA MENDONÇA	A.D.Amarante	1582	400	01:55:31.463	01:00:06.426
MARTA LEITE	Budeguita Runners	1123	401	01:55:32.613	01:00:07.576
EVA SANTOS	Trail Santa Marta / Tristes Mas Duros	1182	402	01:55:46.600	01:00:21.563
MARCELO MOREIRA	A.D.Cabroelo	1306	403	01:55:49.683	01:00:24.646
ELISABETE MELO	All About	1049	404	01:55:59.100	01:00:34.063
TERESA CAPELA	Geocrosstrail	1572	405	01:56:00.677	01:00:35.640
NATÁLIA SEDNEVA	Slim Butter	1480	406	01:56:04.033	01:00:38.996
PAULO AMORIM	Nocturnos De Paredes	1203	407	01:56:21.257	01:00:56.220
SONIA FREITAS	Slim Butter	1481	408	01:56:45.280	01:01:20.243
VITOR QUINTAS	Reumatico Trail Team	1413	409	01:57:14.353	01:01:49.316
BRUNO SILVA	Geocrosstrail	1571	410	01:57:50.937	01:02:25.900
SUSANA SANTOS	Geocrosstrail	1570	411	01:57:51.067	01:02:26.030
ANA SOUSA	Gondomar Futsal Clube	1473	412	01:58:11.550	01:02:46.513
SORAIA SOUSA	Focoteam24	1409	413	01:58:12.383	01:02:47.346
FERNANDA BENTO	Douroconta - Gabinete De Apoio E Contabilidade	1493	414	01:58:16.177	01:02:51.140
CIDALIA SILVA	#Correratenumdarmais	1240	415	01:58:29.190	01:03:04.153
ARMANDO SILVA	Brincalhões	1530	416	01:58:29.347	01:03:04.310
RUI ROCHA	Brincalhões	1529	417	01:58:32.457	01:03:07.420
DAMIÃO CARDOSO	Brincalhões	1524	418	01:58:37.420	01:03:12.383
AVELINO PEREIRA	Ccdtc.M.Gondomar	1516	419	01:58:44.010	01:03:18.973
JOSE ALVES	Papatrails	1051	420	01:58:46.590	01:03:21.553
ESTELA OLIVEIRA	Papatrails	1034	421	01:58:56.813	01:03:31.776
JAMILLE SILVA	Tiago Aragao	1451	422	01:58:58.127	01:03:33.090
JOÃO LOBATO	Tiago Aragão	1452	423	01:59:20.547	01:03:55.510
DIANA BERNARDO	Demm	1379	424	01:59:29.753	01:04:04.716
MÓNICA SILVA	Demm	1380	425	01:59:30.237	01:04:05.200
FILIPE PINTO	Nocturnos De Paredes	1204	426	01:59:46.033	01:04:20.996
MARCO VIGÁRIO	Mss Contabilidade Trail Team	1426	427	02:00:46.263	01:05:21.226
SARA FRANCO	Lethes Trail Team	1271	428	02:01:05.853	01:05:40.816
IGOR SANTOS	Gdct Unicre	1429	429	02:01:09.310	01:05:44.273
TITO 10	Gdct Unicre	1433	430	02:01:10.507	01:05:45.470
RICARDO LEAL	Amigos 100 Limites	1009	431	02:01:11.637	01:05:46.600
MIGUEL PINTO	Gdct Unicre	1432	432	02:01:11.753	01:05:46.716
IVO SOARES	Serlem	1399	433	02:01:29.020	01:06:03.983
JOAQUIM MATOS	Gondomar Futsal Clube	1475	434	02:01:33.860	01:06:08.823
LUIS CUNHA	Serlem	1238	435	02:01:44.663	01:06:19.626
LUCIANA SOUSA	Slim Butter	1482	436	02:01:47.630	01:06:22.593
CÉSAR ALVES	Slim Butter	1483	437	02:01:50.787	01:06:25.750
FÁTIMA AZEVEDO	Stcp Runners	1075	438	02:02:16.413	01:06:51.376
CRISTINA SOUSA	Stcp Runners	1218	439	02:02:16.667	01:06:51.630
MARIA ALVES	Mss Contabilidade Trail Team	1200	440	02:02:20.620	01:06:55.583

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ANA CRISTINA	Gansos	1383	441	02:02:21.537	01:06:56.500
RICARDO MOREIRA	Mss Contabilidade Trail Team	1438	442	02:02:22.280	01:06:57.243
PAULO GONÇALVES	Stcp Runners	1072	443	02:02:23.613	01:06:58.576
DANIELA SILVA	Bixos	1131	444	02:02:25.247	01:07:00.210
PAULO FERREIRA	Serlem	1077	445	02:02:30.470	01:07:05.433
BRUNA SANTOS	Tog Associação Running Team	1654	446	02:02:33.047	01:07:08.010
RUI REBELO	S. S. Montepio	1392	447	02:02:38.797	01:07:13.760
PATRICIA REBELO	S. S. Montepio	1388	448	02:02:39.767	01:07:14.730
RUI SILVA	Porto Sentido Runners	1111	449	02:02:40.843	01:07:15.806
PAULO ROCHA	Porto Sentido Runners	1285	450	02:02:41.767	01:07:16.730
VERA SOUSA	Porto Sentido Runners	1115	451	02:02:43.590	01:07:18.553
JOANA GONÇALVES	Vimarunners	1251	452	02:03:13.837	01:07:48.800
SOFIA FERNANDES	Vimarunners	1000	453	02:03:14.680	01:07:49.643
BRUNO FERNANDES	Vimarunners	1252	454	02:03:16.813	01:07:51.776
MANUEL MOURA	Os Barriguitas	1253	455	02:03:17.917	01:07:52.880
ANA JACINTO	Os Sobrinhos	1094	456	02:03:18.717	01:07:53.680
BRUNO CARDOSO	Ddt Runners	1098	457	02:03:23.607	01:07:58.570
ALEXANDRE ROCHA	Garrafão Umbilical	1017	458	02:03:25.267	01:08:00.230
MARINA SOUSA	Mss Contabilidade Trail Team	1136	459	02:03:47.717	01:08:22.680
RAQUEL MARQUES	Mss Contabilidade Trail Team	1153	460	02:03:48.767	01:08:23.730
MANUEL PÓVOAS	Mss Contabilidade Trail Team	2086	461	02:04:19.383	01:08:54.346
SÓNIA SILVA	Mountain Runners	1280	462	02:05:40.000	01:10:14.963
LUÍS LEAL	Amigos 100 Limites	1014	463	02:05:54.317	01:10:29.280
ZÉLIA ANDRADE	Empenados	1414	464	02:06:10.113	01:10:45.076
SORAIA PÓVOAS	Mss Contabilidade Trail Team	1175	465	02:06:32.573	01:11:07.536
SANDRA OLIVEIRA	Papa Léguas	1027	466	02:07:03.717	01:11:38.680
ANA CARVALHO	Juventude Desportiva De Gondomar	1513	467	02:07:14.637	01:11:49.600
PEDRO MARQUES	Garrafão Umbilical	1018	468	02:07:23.373	01:11:58.336
CATARINA CARVALHO	Castelo Crossfit	1196	469	02:07:29.643	01:12:04.606
GRAÇA RODRIGUES	Individual	1636	470	02:08:07.443	01:12:42.406
PATRÍCIA RIBEIRO	Porto Sentido Runners	1116	471	02:08:22.683	01:12:57.646
JOANA ALMEIDA	Legion Combat	1453	472	02:08:39.917	01:13:14.880
PAULA ANJOS	Gansos	1109	473	02:08:41.113	01:13:16.076
JOANA CORDEIRO	Legion Combat	1445	474	02:08:44.137	01:13:19.100
SANDRA GONÇALVES	Ninguém As Pára	1261	475	02:08:46.743	01:13:21.706
SARA AZEVEDO	Ninguém As Pára	1262	476	02:08:48.230	01:13:23.193
CRISTINA COELHO	Wolves	1318	477	02:08:48.237	01:13:23.200
IRINA COSTA	Legion Combat	1461	478	02:09:11.517	01:13:46.480
RUI SILVA	Rs Team	1270	479	02:09:11.687	01:13:46.650
MIGUEL GUIMARAES	Legion Combat	1462	480	02:09:12.427	01:13:47.390
NATÁLIA CARVALHO	Mss Contabilidade Trail Team	1135	481	02:09:14.400	01:13:49.363
PAULO NOGUERIA	Fariarunning	1449	482	02:09:14.777	01:13:49.740
BALBINA LEITE	Ai De Ti Que Nao Aparecas	1605	483	02:09:23.373	01:13:58.336
CARLA MOREIRA	Melres Trail Running	1591	484	02:09:29.590	01:14:04.553

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
VERA GOMES	Melres Trail Running	1056	485	02:09:31.190	01:14:06.153
VASCO ANDRADE	Os Marretas	1622	486	02:09:33.623	01:14:08.586
ANA CAPELA	Ai De Ti Que Nao Aparecas	1604	487	02:09:36.193	01:14:11.156
VIRGÍNIA VIEIRA	Kunalama Runners	1661	488	02:10:46.333	01:15:21.296
GABRIELA FRANÇA	Juventude Cortegacense	1436	489	02:10:51.387	01:15:26.350
MAGALI GOMES	Individual	1058	490	02:10:51.550	01:15:26.513
ARMENIO PINTO	Pinto	1520	491	02:11:03.133	01:15:38.096
ELISABETE SANTOS	Castelo Crossfit	1289	492	02:11:13.237	01:15:48.200
FLÁVIA ROCHA	Cr Team	1079	493	02:11:20.560	01:15:55.523
ANA MONTEIRO	Cr Team	1512	494	02:11:23.047	01:15:58.010
RICARDO BRAGA	Castelo Crossfit	1166	495	02:11:27.870	01:16:02.833
MÓNICA MORAIS	Hora Do Lobo Trail - Cf Perosinho Atletismo	1078	496	02:11:34.040	01:16:09.003
JOSÉ COELHO	Adeca	1544	497	02:11:38.457	01:16:13.420
SANDRA CARVALHO	Mountain Runners	1287	498	02:11:39.623	01:16:14.586
GERMANO MOURA	Barriguitas	1354	499	02:11:41.177	01:16:16.140
RITA MOURA	Os Barriguitas	1421	500	02:11:41.493	01:16:16.456
ILDA CARDADEIRO	Individual	1637	501	02:11:43.710	01:16:18.673
SUSANA PASAJE	Ai De Ti Que Nao Aparecas	1608	502	02:12:42.050	01:17:17.013
ANA TEIXEIRA	Casal Robusto	1417	503	02:12:45.043	01:17:20.006
CÁTIA SOUSA	Mss Contabilidade Trail Team	1308	504	02:12:47.207	01:17:22.170
JORGE FRANÇA	Casal Robusto	1416	505	02:12:58.513	01:17:33.476
RICARDO BRAGA	Rechonchudos Trail Runners	1071	506	02:13:02.247	01:17:37.210
FERNANDO FERREIRA	Hora Do Lobo Trail - Cf Perosinho Atletismo	1420	507	02:13:05.263	01:17:40.226
MANUEL ALMEIDA	Portocargo Runners	1250	508	02:14:07.647	01:18:42.610
JOANA COSTA	Individual	1554	509	02:14:31.263	01:19:06.226
MANUEL SILVA	Team Aguenta Aí	1435	510	02:14:31.703	01:19:06.666
RICARDO PAIVA	Strongteam	1508	511	02:14:40.220	01:19:15.183
LILIA LIMA	Gondomar Futsal Clube	1649	512	02:14:48.947	01:19:23.910
RUI MACHADO	Gansos	1400	513	02:14:49.557	01:19:24.520
SANDRA FERREIRA	Outlaw Runners	1162	514	02:15:03.087	01:19:38.050
MARLENE GOMES	Outlaw Runners	1159	515	02:15:03.783	01:19:38.746
CECÍLIA ROCHA	Ceciliarocha	1632	516	02:15:08.907	01:19:43.870
CLÁUDIA DIAS	Outlaw Runners	1157	517	02:15:10.917	01:19:45.880
CRISTINA DUARTE	Espinho Trail	1224	518	02:15:40.837	01:20:15.800
LETÍCIA OLIVEIRA	Espinho Trail	1228	519	02:15:41.497	01:20:16.460
ANA DUARTE	Espinho Trail	1225	520	02:15:42.227	01:20:17.190
ALEXANDRE TELES	Patás Negras	1173	521	02:16:05.853	01:20:40.816
PAULO CUNHA	Patás Negras	1220	522	02:16:06.290	01:20:41.253
ANA RODRIGUES	Hsantamariart	1068	523	02:16:11.567	01:20:46.530
PAULA SILVA	Trepatrihos	1613	524	02:16:17.297	01:20:52.260
MARIA PRAÇA	Pressinhas	1269	525	02:16:20.623	01:20:55.586
MANUEL LEONARDO	Individual	1503	526	02:17:03.080	01:21:38.043
MÁRCIO COSTA	Mss Contabilidade Trail Team	1353	527	02:17:14.683	01:21:49.646
ISABEL SOUSA	Mccb Clínica Médica Ldª	1550	528	02:17:16.360	01:21:51.323

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
RICARDO MOREIRA	Mccb Clínica Médica Ld ^a	1552	529	02:17:16.983	01:21:51.946
MARLENE MARQUES	Budeguita Runners	1124	530	02:17:38.870	01:22:13.833
CARLA PINHO	Juventude Cortegacense	1440	531	02:18:41.547	01:23:16.510
RICARDO TEIXEIRA	Juventude Cortegacense	1441	532	02:18:41.847	01:23:16.810
ANA COELHO	Gaia-Running	1326	533	02:18:42.077	01:23:17.040
EDUARDA FREITAS	Budeguita Runners	1060	534	02:18:44.340	01:23:19.303
SANDRA SOARES	Budeguita Runners	1125	535	02:18:45.327	01:23:20.290
LUISA ALMEIDA	Tartarugas Do Asfalto	1302	536	02:18:45.617	01:23:20.580
NUNO VIANA	Empenados	1497	537	02:19:18.560	01:23:53.523
ZÉLIA RIBEIRO	Empenados	1533	538	02:19:20.333	01:23:55.296
MANUELA SANTOS	Paredes	1209	539	02:19:37.173	01:24:12.136
LUCINDA MARQUES	Paredes Running	1194	540	02:19:41.093	01:24:16.056
LUIS RIBEIRO	Paredes Running	1193	541	02:19:42.407	01:24:17.370
JOSE PINHO	Bixos	1126	542	02:19:55.447	01:24:30.410
OLIMPIA OLIVEIRA	Pinto	1521	543	02:20:21.227	01:24:56.190
RITA FALCAO	As Melhores Castas	1478	544	02:20:31.027	01:25:05.990
SARA GONÇALVES	As Melhores Castas	1479	545	02:20:31.317	01:25:06.280
VERÔNICA SAMPAIO	Outlaw Runners	1163	546	02:24:18.030	01:28:52.993
CLAUDIA CARVALHAL	Mss Contabilidade Trail Team	1151	547	02:24:21.070	01:28:56.033
SANDRA MARTINS	Sc Espinho - Atletismo / António Leitão	1626	548	02:24:22.083	01:28:57.046
MANUEL CARDOSO	Individual	1290	549	02:24:34.153	01:29:09.116
PAULO PEREIRA	Individual	1293	550	02:24:34.800	01:29:09.763
ANTONIO SOUSA	Individual	1372	551	02:27:26.587	01:32:01.550
ANDREIA DUARTE	Individual	1371	552	02:27:26.937	01:32:01.900
ERIKA JESUS	Outlaw Runners	1158	553	02:28:40.317	01:33:15.280
PAULO ROCHA	Cr Team	1081	554	02:28:46.877	01:33:21.840
RUI MOREIRA	Mccb Clínica Médica Ld ^a	1551	555	02:30:42.077	01:35:17.040
JOANA MAIA	Achados Ao Acaso	1600	556	02:30:42.467	01:35:17.430
CARLOS BAPTISTA	Individual	1628	557	02:33:02.607	01:37:37.570
BRUNA PEIXOTO	Gdct Unicre	1428	558	02:34:13.723	01:38:48.686
ANA CARAVANA	Gdct Unicre	1430	559	02:34:13.847	01:38:48.810
CARLOS MOREIRA	Runriver	1171	560	02:34:13.993	01:38:48.956
TÂNIA FERREIRA	Runriver	1172	561	02:34:14.560	01:38:49.523
MÓNICA CARVALHO	Porto Sentido Runners	1112	562	02:34:27.400	01:39:02.363
ISABEL MOREIRA	Porto Sentido Runners	1348	563	02:34:37.700	01:39:12.663
PAULO RIBEIRO	Clube Novo Banco	1088	564	02:35:46.353	01:40:21.316
CONCEICAO REMEDIOS	Allen	1381	565	02:35:49.687	01:40:24.650
SUSANA PEREIRA	Kandimba Runners	1025	566	02:35:56.003	01:40:30.966
PAULA SALGADO	Salgueiros Running	1045	567	02:35:57.450	01:40:32.413
JOANA ROCHA	Jofi Team	1201	568	02:36:17.440	01:40:52.403
JOANA PENA	Individual	1562	569	02:42:16.903	01:46:51.866
JOANA VIEIRA	Tog Associação Running Team	1405	570	02:45:17.803	01:49:52.766
JORGE DUARTE	Gondomar Futsal Clube	1651	571	02:45:18.873	01:49:53.836
FRANCISCA FERNANDES	Corajosas	1403	572	02:46:36.230	01:51:11.193

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
GLÓRIA SILVA	Corajosas	1402	573	02:46:37.333	01:51:12.296
JOANA MAGALHAES	Trailento	1499	574	02:48:41.443	01:53:16.406
CATARINA FERREIRA	Trailento	1500	575	02:48:42.087	01:53:17.050
FATIMA LOBO	Strongteam	1509	576	02:48:44.647	01:53:19.610
JOANA FARIA	Strongteam	1373	577	02:48:47.420	01:53:22.383
ANDREIA PEIXE	Strongteam	1374	578	02:48:52.717	01:53:27.680
MARIA FERREIRA	Câmara Municipal De Gondomar	1593	579	02:49:04.993	01:53:39.956
SANDRA ALMEIDA	Câmara Municipal De Gondomar	1599	580	02:49:06.217	01:53:41.180
CARLA OLIVEIRA	Gondomar Futsal Clube	1648	581	02:52:56.410	01:57:31.373
FERNANDA MAGALHÃES	Ou Vai Ou Racha	1394	582	02:53:08.287	01:57:43.250
PAULO MAGALHÃES	Ou Vai Ou Racha	1395	583	02:53:09.707	01:57:44.670
SILVIA COSTA	Caipirinha Runners	1276	584	02:57:18.567	02:01:53.530
PAULO FERREIRA	Caipirinha Runners	2184	585	02:57:20.327	02:01:55.290
PALMIRA BATISTA	Caipirinha Runners	1277	586	02:57:30.237	02:02:05.200
INÊS CUNHA	Cr Team	1080	587	02:58:14.737	02:02:49.700
ELI MAIA	Porto Sentido Runners	1623	588	03:01:34.777	02:06:09.740
FERNANDO PEREIRA	Amigos De Santiago	1539	589	03:04:20.917	02:08:55.880
SOFIA FERNANDES	Caracoletas Velozes	1021	590	03:06:07.963	02:10:42.926
ANGELINA GONÇALVES	Caracoletas Velozes	1256	591	03:06:12.040	02:10:47.003
RUI SCHUMACHER	Bixos	1127	592	05:10:14.523	04:14:49.486