

## Classificação Geral - Mini Trail 11km

Pos.	Dorsal	Nome	Equipa	Categ.	Pos. Categ	Tempo	T/Km.	Dif.
1	1045	GUEDES, Camilo	Clube Do Pessoal Aguas De Gaia	M40M11	1	<b>53:53.50</b>	04:54	
2	1281	ROCHA, José	Individual	M40M11	2	<b>54:08.09</b>	04:55	0:00:14
3	1173	SANTOS, Bruno	Douroconta Trail Team	SENM11	1	<b>54:37.88</b>	04:58	0:00:44
4	1188	AZEVEDO, Alberto	Melres Trail Running Ordem Para Arriar	SENM11	2	<b>1:00:44.19</b>	05:31	0:06:50
5	1226	AZEVEDO, Fábio	Melres Trail Running Ordem Para Arriar	SENM11	3	<b>1:00:59.77</b>	05:33	0:07:06
6	1088	CANCELO, Pedro	Clube Zupper	SENM11	4	<b>1:01:07.94</b>	05:33	0:07:14
7	1087	MACHADO, Bruno	Individual	SENM11	5	<b>1:01:08.44</b>	05:33	0:07:14
8	1294	TAVARES, Celso	Individual	SENM11	6	<b>1:02:55.42</b>	05:43	0:09:01
9	1182	RIO, Vítor	Douroconta Trail Team	SENM11	7	<b>1:02:56.27</b>	05:43	0:09:02
10	1220	ROCHA, Duarte	Individual	SENM11	8	<b>1:03:22.52</b>	05:46	0:09:29
11	1208	NEVES, Bruno	Melres Trail Running Ordem Para Arriar	SENM11	9	<b>1:05:37.52</b>	05:58	0:11:44
12	1174	FONSECA, Armando	Douroconta Trail Team	SENM11	10	<b>1:05:49.60</b>	05:59	0:11:56
13	1073	OSORIO, Laurindo	Kemedo Team	M40M11	3	<b>1:06:06.67</b>	06:01	0:12:13
14	1197	FREITAS, Hugo	Individual	SENM11	11	<b>1:10:10.62</b>	06:23	0:16:17
15	1072	FERREIRA, Cristiana	Individual	SENF11	1	<b>1:10:34.46</b>	06:25	0:16:40
16	1185	PEREIRA, Jorge	Individual	SENM11	12	<b>1:11:47.04</b>	06:32	0:17:53
17	1243	SARMENTO, Laurindo	Melres Trail Running Ordem Para Arriar	SENM11	13	<b>1:11:53.94</b>	06:32	0:18:00
18	1063	REIS, Vítor	Farroncos Papa Km	SENM11	14	<b>1:12:52.23</b>	06:37	0:18:58
19	1183	CASTRO, Marco	Douroconta Trail Team	SENM11	15	<b>1:13:01.00</b>	06:38	0:19:07
20	1239	BARBOSA, João	Porto Sentido Runners	M40M11	4	<b>1:13:22.24</b>	06:40	0:19:28
21	1079	AZEVEDO, José	Individual	SENM11	16	<b>1:13:25.72</b>	06:41	0:19:32
22	1113	ALMEIDA, Vítor	Milltrail	M50M11	1	<b>1:13:27.49</b>	06:41	0:19:33
23	1291	AZEVEDO, Fernando	Kemedo Team	SENM11	17	<b>1:13:37.31</b>	06:42	0:19:43
24	1227	PAÍS, Fátima	Caldas De São Jorge	M50F11	1	<b>1:13:47.27</b>	06:42	0:19:53
25	1225	SOUSA, Eunice	Imagorun	SENF11	2	<b>1:15:08.17</b>	06:50	0:21:14
26	1077	BARBOSA, Ricardo	Btt Alegria/Tubani	SENM11	18	<b>1:17:08.27</b>	07:01	0:23:14
27	1078	PEIXOTO, Marcelo	Individual	SENM11	19	<b>1:17:08.37</b>	07:01	0:23:14
28	2753	OLIVEIRA, Gonçalo	Individual	SENM11	20	<b>1:17:34.63</b>	07:03	0:23:41
29	1167	TELES, Ricardo	Individual	SENM11	21	<b>1:18:03.48</b>	07:06	0:24:09
30	1153	TORRÃO, Jorge	Individual	SENM11	22	<b>1:18:26.11</b>	07:08	0:24:32
31	1084	NUNES, Gil	Walk2See	SENM11	23	<b>1:18:43.35</b>	07:09	0:24:49
32	1205	GERALDES , Armando	Siiga	SENM11	24	<b>1:18:56.22</b>	07:11	0:25:02
33	1037	GUEDES, Bruno	Individual	SENM11	25	<b>1:19:15.58</b>	07:12	0:25:22
34	1094	OLIVEIRA, Ivo	Walk2See	SENM11	26	<b>1:19:36.41</b>	07:14	0:25:42
35	1116	SANTOS, Fábio	Caldas De São Jorge	SENM11	27	<b>1:19:40.61</b>	07:15	0:25:47
36	1093	SOARES, Abilio	Individual	M50M11	2	<b>1:19:42.74</b>	07:15	0:25:49

37	1086	MOREIRA, Hélder	Individual	SENM11	28	<b>1:19:46.03</b>	07:15	0:25:52
38	1193	VIEIRA, Orlando	Individual	SENM11	29	<b>1:19:49.35</b>	07:15	0:25:55
39	1140	DIAS, Miguel	Cloudworks	M40M11	5	<b>1:20:26.49</b>	07:19	0:26:32
40	1076	BRITES, Xavier	Boutique Dos Lavoeres	SENM11	30	<b>1:20:41.74</b>	07:20	0:26:48
41	1141	SOUSA, Vasco	Cloudworks	SENM11	31	<b>1:20:51.11</b>	07:21	0:26:57
42	1020	TORRES, Armandina	Gdct Incm	M40F11	1	<b>1:20:59.69</b>	07:22	0:27:06
43	1231	MARIA, Filipe	Porto Sentido Runners	SENM11	32	<b>1:21:00.82</b>	07:22	0:27:07
44	1259	CHAVES, Paula	Locomotiva De Paranhos	M40F11	2	<b>1:21:10.94</b>	07:23	0:27:17
45	1047	SANTIAGO, Manuel	Clube Do Pessoal Aguas De Gaia	M50M11	3	<b>1:21:29.47</b>	07:24	0:27:35
46	1007	PEREIRA, Avelino	Individual	M50M11	4	<b>1:21:32.39</b>	07:25	0:27:38
47	1230	CONCEIÇÃO, Filipe	Locomotiva De Paranhos	SENM11	33	<b>1:22:01.65</b>	07:27	0:28:08
48	1135	PEREIRA, Bruno	Individual	SENM11	34	<b>1:22:43.40</b>	07:31	0:28:49
49	1032	MOUTINHO, Carlos	Individual	M40M11	6	<b>1:22:59.56</b>	07:33	0:29:06
50	1132	PEIXOTO, Renato	Individual	SENM11	35	<b>1:23:11.48</b>	07:34	0:29:17
51	1034	SANTOS, Antonio	Individual	SENM11	36	<b>1:23:29.32</b>	07:35	0:29:35
52	1053	AMORIM, Tiago	S.C. Dez De Junho	SENM11	37	<b>1:24:02.12</b>	07:38	0:30:08
53	1031	MAGANO, Paulo	S.C. Dez De Junho	SENM11	38	<b>1:24:06.47</b>	07:39	0:30:12
54	1248	FERREIRA, Manuel	Melres Trail Running Ordem Para Arriar	SENM11	39	<b>1:24:19.52</b>	07:40	0:30:26
55	1283	TRUTA, Filipe	Individual	SENM11	40	<b>1:25:01.70</b>	07:44	0:31:08
56	1187	COSTA, Tiago	Individual	SENM11	41	<b>1:26:19.76</b>	07:51	0:32:26
57	1198	MARQUES, Ana	Melres Trail Running Ordem Para Arriar	SENF11	3	<b>1:26:21.52</b>	07:51	0:32:28
58	1059	NEVES, Paulo	Individual	SENM11	42	<b>1:26:21.58</b>	07:51	0:32:28
59	1055	CRUZ, Agostinho	S.C. Dez De Junho	M50M11	5	<b>1:26:52.49</b>	07:54	0:32:58
60	1222	LOUREIRO, Elizabete	Porto Sentido Runners	M40F11	3	<b>1:27:04.93</b>	07:55	0:33:11
61	1075	LUCAS, Joana	Individual	SENF11	4	<b>1:27:31.98</b>	07:57	0:33:38
62	1046	SANTOS, Jorge	Clube Do Pessoal Aguas De Gaia	M50M11	6	<b>1:27:37.09</b>	07:58	0:33:43
63	1212	ROCHA, Cecília	Individual	SENF11	5	<b>1:27:37.98</b>	07:58	0:33:44
64	1267	CARVALHO, Sandra	Porto Sentido Runners	M40F11	4	<b>1:27:38.48</b>	07:58	0:33:44
65	1149	MENDES, Sofia	M&M'S	SENF11	6	<b>1:28:36.92</b>	08:03	0:34:43
66	1290	SANTOS, Célio	Individual	SENM11	43	<b>1:28:52.16</b>	08:05	0:34:58
67	1289	SOUSA, Tiago	Individual	SENM11	44	<b>1:28:52.66</b>	08:05	0:34:59
68	1287	PEREIRA, Henrique	Masters	SENM11	45	<b>1:28:57.06</b>	08:05	0:35:03
69	1288	SOARES, Nuno	Masters	SENM11	46	<b>1:28:57.46</b>	08:05	0:35:03
70	1263	PEREIRA, Raquel	Porto Sentido Runners	SENF11	7	<b>1:28:57.76</b>	08:05	0:35:04
71	1115	TEIXEIRA, Fernando	Milltrail	M40M11	7	<b>1:28:58.59</b>	08:05	0:35:05
72	1144	SILVA, Pedro	Famelga	SENM11	47	<b>1:29:09.25</b>	08:06	0:35:15
73	1151	SOARES, Joana	Famelga	SENF11	8	<b>1:29:09.75</b>	08:06	0:35:16
74	1080	MOURA, Raquel	Individual	M40F11	5	<b>1:29:19.36</b>	08:07	0:35:25
75	1168	FERREIRA, Bruno	100Pernas	SENM11	48	<b>1:29:42.51</b>	08:09	0:35:49
76	1074	REIS, Andreia	100Pernas	SENF11	9	<b>1:29:43.45</b>	08:09	0:35:49
77	1021	NABAIS, Branca	Ccdfpjp	M40F11	6	<b>1:30:31.26</b>	08:14	0:36:37

78	1161	MOTA, Marta	Os Turbomula	SENF11	10	<b>1:32:02.71</b>	08:22	0:38:09
79	1163	MOREIRA, Marcelo	Individual	SENM11	49	<b>1:32:33.08</b>	08:25	0:38:39
80	1114	ALMEIDA, Carlos	Milltrail	M50M11	7	<b>1:33:43.53</b>	08:31	0:39:50
81	1150	MARTINS, Nelson	M&M'S	SENM11	50	<b>1:34:17.91</b>	08:34	0:40:24
82	1195	SILVA, Rui	Individual	SENM11	51	<b>1:35:46.27</b>	08:42	0:41:52
83	1228	FERRAZ, Fernando	Porto Sentido Runners	M50M11	8	<b>1:35:55.88</b>	08:43	0:42:02
84	1224	COSTA, Emília	Gangue Das Maças	SENF11	11	<b>1:35:58.94</b>	08:44	0:42:05
85	1095	SILVA, Maria	Individual	SENF11	12	<b>1:36:03.52</b>	08:44	0:42:10
86	2129	ALMEIDA, Joana	Mentolitos	SENF11	13	<b>1:37:02.86</b>	08:49	0:43:09
87	1261	TAVARES, Paulo	Siiga	M40M11	8	<b>1:37:26.34</b>	08:51	0:43:32
88	1121	SAMPAIO, Paulo	Individual	SENM11	52	<b>1:37:58.80</b>	08:54	0:44:05
89	1052	ALMEIDA, Isaura	S.C. Dez De Junho	SENF11	14	<b>1:38:09.30</b>	08:55	0:44:15
90	1054	SANTOS, Ana	S.C. Dez De Junho	SENF11	15	<b>1:39:10.97</b>	09:01	0:45:17
91	1203	BERNARDO, António	Caldas De São Jorge	M40M11	9	<b>1:39:13.52</b>	09:01	0:45:20
92	1244	FERREIRA , Lúdia	Caldas De São Jorge	SENF11	16	<b>1:39:14.67</b>	09:01	0:45:21
93	1110	MATOS, Mónica	Os Mariolas	M40F11	7	<b>1:39:16.16</b>	09:01	0:45:22
94	2013	ESPANHA, Ana	Mentolitos	SENF11	17	<b>1:39:41.28</b>	09:04	0:45:47
95	1136	CRUZ, Bárbara	Individual	SENF11	18	<b>1:39:42.21</b>	09:04	0:45:48
96	1279	FERREIRA, Selenio	Hs Climatização Trail Team	SENM11	53	<b>1:40:10.14</b>	09:06	0:46:16
97	1160	ARMANDO, Nuno	Into The Wild	SENM11	54	<b>1:40:10.24</b>	09:06	0:46:16
98	1273	RODRIGUES, Vera	Hs Climatização Trail Team	SENF11	19	<b>1:40:10.42</b>	09:06	0:46:16
99	1137	HUGO, Hugo	Into The Wild	SENM11	55	<b>1:40:10.94</b>	09:06	0:46:17
100	1162	MOTA, Carlos	Os Turbomula	M40M11	10	<b>1:40:13.35</b>	09:07	0:46:19
101	1049	LOPES, Antonio	Individual	M50M11	9	<b>1:40:38.52</b>	09:09	0:46:45
102	1270	FERREIRA, Sónia	Gangue Das Maças	SENF11	20	<b>1:41:28.07</b>	09:13	0:47:34
103	1218	MOURÃO , Duarte	Siiga	SENM11	56	<b>1:41:29.26</b>	09:14	0:47:35
104	1042	PEREIRA, Susana	Farroncos Papa Km	SENF11	21	<b>1:41:44.27</b>	09:15	0:47:50
105	1061	PEREIRA, Joao	Farroncos Papa Km	SENM11	57	<b>1:41:47.32</b>	09:15	0:47:53
106	1036	TEIXEIRA, Carla	Individual	SENF11	22	<b>1:41:55.20</b>	09:16	0:48:01
107	1233	PINTO, Gisela	Ciclistas Cosmicos- Gislótica	SENF11	23	<b>1:41:56.54</b>	09:16	0:48:03
108	2062	ABRUNHOSA, Celeste	Ginásio Desafios	M50F11	2	<b>1:42:25.40</b>	09:19	0:48:31
109	1250	PAULINO, Manuel	Ginásio Desafios	M50M11	10	<b>1:42:25.48</b>	09:19	0:48:31
110	1081	VIEIRA, Claudia	Intensos	SENF11	24	<b>1:42:46.01</b>	09:21	0:48:52
111	1019	ALMEIDA, Daniel	Intensos	SENM11	58	<b>1:42:51.82</b>	09:21	0:48:58
112	1022	TOMÁS, Celina	Individual	SENF11	25	<b>1:43:20.87</b>	09:24	0:49:27
113	2162	VIEIRA, Laura	Portocargo	M40F11	8	<b>1:43:38.97</b>	09:25	0:49:45
114	1027	SANTOS, Líliana	Tgv	SENF11	26	<b>1:44:18.43</b>	09:29	0:50:24
115	1253	PAREDES, Natália	Porto Sentido Runners	M40F11	9	<b>1:44:36.56</b>	09:31	0:50:43
116	1172	SANTOS, Vitor	Into The Wild	SENM11	59	<b>1:44:36.88</b>	09:31	0:50:43
117	1207	ANJOS, Bruno	Ffit Gaia Trail	SENM11	60	<b>1:44:46.89</b>	09:32	0:50:53
118	1106	OLIVEIRA, Andreia	Uma Vez Perdi-Me No Monte	SENF11	27	<b>1:44:50.59</b>	09:32	0:50:57

119	1006	SILVA, Elisabete	Papakms	M40F11	10	<b>1:45:14.30</b>	09:34	0:51:20
120	1105	ALMEIDA, Adriana	Uma Vez Perdi-Me No Monte	SENF11	28	<b>1:45:14.50</b>	09:34	0:51:21
121	1033	ARAÚJO, Ricardo	Aerodance Trail Running	SENM11	61	<b>1:45:16.07</b>	09:34	0:51:22
122	1191	COSTA, Fabio	Individual	SENM11	62	<b>1:45:23.00</b>	09:35	0:51:29
123	1189	GOMES, Sara	Individual	SENF11	29	<b>1:45:25.47</b>	09:35	0:51:31
124	1192	CORREIA, Ana	Caldas De São Jorge	M40F11	11	<b>1:45:28.78</b>	09:35	0:51:35
125	2111	MOURA, Helena	Gondomar Futsal Clube	M40F11	12	<b>1:46:02.37</b>	09:38	0:52:08
126	1071	SOUSA, Manuela	Individual	M50F11	3	<b>1:46:46.64</b>	09:42	0:52:53
127	1262	SILVA, Ramiro	Caldas De São Jorge	M40M11	11	<b>1:47:06.62</b>	09:44	0:53:13
128	1268	SANTOS, Sandra	Caldas De São Jorge	M40F11	13	<b>1:47:07.12</b>	09:44	0:53:13
129	1090	MAIA, Samanta	Individual	SENF11	30	<b>1:47:15.90</b>	09:45	0:53:22
130	1096	PAIS, Vera	Individual	SENF11	31	<b>1:47:16.13</b>	09:45	0:53:22
131	1070	RESENDE, Ana	Individual	SENF11	32	<b>1:47:16.74</b>	09:45	0:53:23
132	1100	BASTOS, Josefa	Corridaurbana.Com	SENF11	33	<b>1:47:16.76</b>	09:45	0:53:23
133	1035	TAVARES, Monica	Equipa Xpto'S	SENF11	34	<b>1:47:28.35</b>	09:46	0:53:34
134	1179	SOUSA, Emanuel	Aerodance Trail Running	SENM11	63	<b>1:48:23.77</b>	09:51	0:54:30
135	1293	SANTOS, Paulo	Individual	SENM11	64	<b>1:48:29.67</b>	09:52	0:54:36
136	1148	MAGALHÃES, Carla	Individual	SENF11	35	<b>1:48:33.24</b>	09:52	0:54:39
137	1292	PINTO, Camila	Individual	M40F11	14	<b>1:48:49.13</b>	09:54	0:54:55
138	1245	PEREIRA, Lisa	Porto Sentido Runners	SENF11	36	<b>1:50:44.10</b>	10:04	0:56:50
139	1003	MOURA, Fábio	Opticalia Running Team	SENM11	65	<b>1:51:27.68</b>	10:08	0:57:34
140	1109	MARQUES, Hugo	Individual	M40M11	12	<b>1:51:27.95</b>	10:08	0:57:34
141	1235	CARNEIRO, Isabel	Ginásio Desafios	M40F11	15	<b>1:51:38.51</b>	10:09	0:57:45
142	1242	UYEKI, Kisy	Ffit Gaia Trail	SENF11	37	<b>1:51:52.79</b>	10:10	0:57:59
143	1065	SANTIAGO, Pedro	Farroncos Papa Km	SENM11	66	<b>1:52:10.07</b>	10:12	0:58:16
144	1060	CHIN, João	Farroncos Papa Km	SENM11	67	<b>1:52:10.33</b>	10:12	0:58:16
145	1194	MACHADO, Ana	Gangue Das Maças	SENF11	38	<b>1:52:31.24</b>	10:14	0:58:37
146	1024	SILVA, Lúcia	Individual	SENF11	39	<b>1:52:39.76</b>	10:15	0:58:46
147	1112	GARCIA, Eufémia	Individual	M40F11	16	<b>1:53:02.18</b>	10:17	0:59:08
148	1064	LAREZ, Estefania	Farroncos Papa Km	SENF11	40	<b>1:53:15.91</b>	10:18	0:59:22
149	1171	SOUSA, Sónia	Aerodance Trail Running	SENF11	41	<b>1:53:27.65</b>	10:19	0:59:34
150	1178	FERREIRA, Pedro	Melres Trail Running Ordem Para Arriar	SENM11	68	<b>1:54:31.19</b>	10:25	1:00:37
151	1265	SOUSA, Ricardo	Melres Trail Running Ordem Para Arriar	SENM11	69	<b>1:54:31.20</b>	10:25	1:00:37
152	1089	RIBEIRO, Elisabete	Individual	SENF11	42	<b>1:54:40.03</b>	10:25	1:00:46
153	1139	MATOS, José	Cloudworks	M40M11	13	<b>1:55:37.51</b>	10:31	1:01:44
154	1120	FERREIRA, Gisela	Individual	M50F11	4	<b>1:56:16.82</b>	10:34	1:02:23
155	1152	MOREIRA, Ana	Os Turbomula	M50F11	5	<b>1:56:55.42</b>	10:38	1:03:01
156	1119	MARQUES, Liliana	Individual	SENF11	43	<b>1:56:56.01</b>	10:38	1:03:02
157	1062	SOUSA, Ana	Farroncos Papa Km	SENF11	44	<b>1:57:06.16</b>	10:39	1:03:12
158	1050	PEREIRA, Marta	Farroncos Papa Km	SENF11	45	<b>1:57:09.19</b>	10:39	1:03:15
159	1285	COSTA, Elisabete	Costa Sousa	M40F11	17	<b>1:57:41.78</b>	10:42	1:03:48

160	1284	SOUSA, Rui	Costa Sousa	M40M11	14	<b>1:57:43.36</b>	10:42	1:03:49
161	1102	FERNANDES, Sofia	Individual	SENF11	46	<b>1:57:45.19</b>	10:42	1:03:51
162	1048	RIBEIRO, Augusto	Tgv	M40M11	15	<b>1:58:13.75</b>	10:45	1:04:20
163	1026	SANTOS, Claudia	Tgv	M40F11	18	<b>1:58:15.33</b>	10:45	1:04:21
164	1124	SILVA, Joao	Individual	M50M11	11	<b>1:58:22.70</b>	10:46	1:04:29
165	1134	S.BAPTISTA, Ana	Individual	M50F11	6	<b>1:58:23.69</b>	10:46	1:04:30
166	1068	RAMOS, Luis	Individual	M50M11	12	<b>2:01:11.00</b>	11:01	1:07:17
167	1030	COSTA, Nelson	Intensos	SENM11	70	<b>2:01:20.02</b>	11:02	1:07:26
168	1025	PASSOS, Helena	Intensos	SENF11	47	<b>2:01:20.13</b>	11:02	1:07:26
169	2079	DIAS, Dilsa	Ginásio Desafios	SENF11	48	<b>2:01:42.70</b>	11:04	1:07:49
170	1232	MARTINS, Filipe	Ginásio Desafios	M40M11	16	<b>2:01:43.15</b>	11:04	1:07:49
171	1213	PARENTE, Claudia	Ginásio Desafios	M40F11	19	<b>2:01:43.35</b>	11:04	1:07:49
172	1286	ROCHA, Emanuela	Intensos	SENF11	49	<b>2:01:53.47</b>	11:05	1:07:59
173	1029	DIAS, Marta	Intensos	SENF11	50	<b>2:01:54.36</b>	11:05	1:08:00
174	1125	SANTOS, Tânia	Uma Vez Perdi-Me No Monte	SENF11	51	<b>2:01:55.16</b>	11:05	1:08:01
175	1186	CORREIA, Nuno	Intensos	SENM11	71	<b>2:02:03.25</b>	11:06	1:08:09
176	1107	CARDOSO, Agostinho	Uma Vez Perdi-Me No Monte	M40M11	17	<b>2:02:16.31</b>	11:07	1:08:22
177	1175	FIGUEIREDO, Catarina	Melres Trail Running Ordem Para Arriar	SENF11	52	<b>2:02:39.40</b>	11:09	1:08:45
178	1164	TEIXEIRA, Sofia	SInutritioncrossboxgondomar	SENF11	53	<b>2:02:40.12</b>	11:09	1:08:46
179	1145	ROCHA, Nuno	SInutritioncrossboxgondomar	SENM11	72	<b>2:02:42.96</b>	11:09	1:08:49
180	1165	RIBEIRO, Mariana	SInutritioncrossboxgondomar	SENF11	54	<b>2:02:46.00</b>	11:10	1:08:52
181	1101	SANTOS, Isabel	Individual	SENF11	55	<b>2:03:02.65</b>	11:11	1:09:09
182	1111	MARQUES, Rafaela	Individual	SENF11	56	<b>2:03:03.00</b>	11:11	1:09:09
183	1012	LOURENÇO, Isabel	Fortexx	SENF11	57	<b>2:03:27.99</b>	11:13	1:09:34
184	1014	MESQUITA, Inês	Fortexx	SENF11	58	<b>2:03:28.76</b>	11:14	1:09:35
185	1166	REIS, Ana	SInutritioncrossboxgondomar	SENF11	59	<b>2:03:45.64</b>	11:15	1:09:52
186	1133	TRIGO, Ana	Os Mariolas	M40F11	20	<b>2:04:33.35</b>	11:19	1:10:39
187	1206	AMARAL, Bárbara	Locomotiva De Paranhos	SENF11	60	<b>2:05:17.75</b>	11:23	1:11:24
188	1108	MADUREIRA, Sónia	Os Mariolas	M40F11	21	<b>2:05:18.57</b>	11:24	1:11:25
189	1269	GAMA, Silvina	Gondomar Futsal Clube	M40F11	22	<b>2:05:30.44</b>	11:25	1:11:36
190	1004	GARCIA, Meg	Individual	M40F11	23	<b>2:05:31.55</b>	11:25	1:11:38
191	1118	PALMEIRO, Carla	Individual	M40F11	24	<b>2:05:31.77</b>	11:25	1:11:38
192	1236	MARQUES, Isabel	Budeguita Runners	M40F11	25	<b>2:05:41.31</b>	11:26	1:11:47
193	1138	CARRIÇO, Liliana	Individual	SENF11	61	<b>2:05:58.78</b>	11:27	1:12:05
194	1158	MATOS, Cláudia	Individual	SENF11	62	<b>2:06:21.49</b>	11:29	1:12:27
195	1082	PINHEIRO, Marta	Gondofriends	SENF11	63	<b>2:07:08.02</b>	11:33	1:13:14
196	1130	PIRES, José	Opticalia Running Team	M50M11	13	<b>2:07:21.97</b>	11:35	1:13:28
197	1246	ALMEIDA, Manuel	Portocargo	M40M11	18	<b>2:07:33.91</b>	11:36	1:13:40
198	1147	ROCHA, Pedro	Individual	SENM11	73	<b>2:07:37.01</b>	11:36	1:13:43
199	1051	TERCEIRO, Marina	Gondofriends	M40F11	26	<b>2:07:48.02</b>	11:37	1:13:54
200	1126	CARVALHO, Andreia	La Zinco	SENF11	64	<b>2:08:54.26</b>	11:43	1:15:00

201	1200	MARTINS, Ana	Portocargo	SENF11	65	<b>2:08:55.35</b>	11:43	1:15:01
202	1067	VILAÇA, Vanessa	Não Corram Meninas (Abigail / Caetana)	SENF11	66	<b>2:09:23.42</b>	11:46	1:15:29
203	1127	MARQUES, Isabel	Gondofriends	SENF11	67	<b>2:10:09.46</b>	11:50	1:16:15
204	1146	OLIVEIRA, José	Hs Climatização Trail Team	M50M11	14	<b>2:10:18.80</b>	11:51	1:16:25
205	1254	PINTO, Natália	Hs Climatização Trail Team	M40F11	27	<b>2:10:20.03</b>	11:51	1:16:26
206	1241	ALEIXO, José	Hs Climatização Trail Team	M40M11	19	<b>2:10:20.86</b>	11:51	1:16:27
207	1271	OLIVEIRA, Teresa	Ginásio Desafios	SENF11	68	<b>2:11:10.82</b>	11:56	1:17:17
208	1211	MORATO, Cátia	Ginásio Desafios	SENF11	69	<b>2:11:11.29</b>	11:56	1:17:17
209	1255	CAMPOS, Nuno	Ginásio Desafios	SENM11	74	<b>2:11:11.89</b>	11:56	1:17:18
210	1238	ROCHA, Joana	Melres Trail Running Ordem Para Arriar	SENF11	70	<b>2:11:52.19</b>	11:59	1:17:58
211	1221	SOUSA, Elisabete	Melres Trail Running Ordem Para Arriar	SENF11	71	<b>2:11:52.54</b>	11:59	1:17:59
212	1258	TEIXEIRA, Patrícia	Melres Trail Running Ordem Para Arriar	M40F11	28	<b>2:12:14.89</b>	12:01	1:18:21
213	1001	RODRIGUES, Ines	Intensos	SENF11	72	<b>2:13:55.26</b>	12:10	1:20:01
214	1023	EMÍDIO, Mario	Intensos	SENM11	75	<b>2:13:56.35</b>	12:11	1:20:02
215	1028	ROSINHAS, Ana	Intensos	SENF11	73	<b>2:13:57.25</b>	12:11	1:20:03
216	1201	SILVA, Ana	Siiga	SENF11	74	<b>2:16:17.36</b>	12:23	1:22:23
217	1209	SILVA, Carla	Siiga	SENF11	75	<b>2:16:19.47</b>	12:24	1:22:25
218	1275	SOUSA, Vera	Melres Trail Running Ordem Para Arriar	SENF11	76	<b>2:16:44.16</b>	12:26	1:22:50
219	1214	MACEDO, Conceição	Melres Trail Running Ordem Para Arriar	M50F11	7	<b>2:16:44.45</b>	12:26	1:22:50
220	1190	ANDRADE, Alexandra	Melres Trail Running Ordem Para Arriar	M40F11	29	<b>2:16:52.10</b>	12:27	1:22:58
221	1264	MARTINS, Ricardo	Budeguita Runners	M40M11	20	<b>2:18:25.55</b>	12:35	1:24:32
222	1199	MARTINS, Ana	Budeguita Runners	M40F11	30	<b>2:18:26.30</b>	12:35	1:24:32
223	1103	SILVA, Lurdes	Uma Vez Perdi-Me No Monte	M50F11	8	<b>2:18:45.78</b>	12:37	1:24:52
224	1011	MARQUES, Alexandra	Fortexx	SENF11	77	<b>2:20:03.20</b>	12:44	1:26:09
225	1013	MESQUITA, Carlota	Fortexx	SENF11	78	<b>2:20:03.90</b>	12:44	1:26:10
226	1177	CARDOSO, Jorge	Uma Vez Perdi-Me No Monte	M40M11	21	<b>2:20:29.97</b>	12:46	1:26:36
227	1017	COELHO, Olivia	Gondofriends	M40F11	31	<b>2:24:31.86</b>	13:08	1:30:38
228	1018	SANTOS, Ricardo	Gondofriends	SENM11	76	<b>2:24:32.64</b>	13:08	1:30:39
229	1104	PONTES, Damião	Uma Vez Perdi-Me No Monte	M50M11	15	<b>2:24:47.47</b>	13:10	1:30:53
230	1128	FERREIRA, Jorge	Opticalia Running Team	M40M11	22	<b>2:28:56.21</b>	13:32	1:35:02
231	1002	SOUSA, Ricardo	Opticalia Running Team	SENM11	77	<b>2:28:59.42</b>	13:33	1:35:05
232	1129	FERREIRA, Andrea	Opticalia Running Team	SENF11	79	<b>2:29:00.37</b>	13:33	1:35:06
233	1000	OLIVEIRA, Filipa	Aerodance Trail Running	SENF11	80	<b>2:31:20.49</b>	13:45	1:37:26
234	1039	COSTA, Rosa	Aerodance Trail Running	M40F11	32	<b>2:31:21.75</b>	13:46	1:37:28
235	1009	FERREIRA, Mi	Aerodance Trail Running	M40F11	33	<b>2:31:21.94</b>	13:46	1:37:28
236	1010	PONTES, Carla	Aerodance Trail Running	M40F11	34	<b>2:31:22.05</b>	13:46	1:37:28
237	1005	PEDROSO, Rosalina	Aerodance Trail Running	M40F11	35	<b>2:31:22.27</b>	13:46	1:37:28
238	1016	CERQUEIRA, Liliana	Aerodance Trail Running	SENF11	81	<b>2:31:22.39</b>	13:46	1:37:28
239	1015	PEDROSO, Antonio	Aerodance Trail Running	M50M11	16	<b>2:31:23.24</b>	13:46	1:37:29
240	1043	ALMEIDA, Rui	Individual	M50M11	17	<b>2:43:44.11</b>	14:53	1:49:50
241	1044	ALMEIDA, Teresa	Individual	M50F11	9	<b>2:43:45.39</b>	14:53	1:49:51

242	1276	SOUZA, Ana	Individual	M40F11	36	<b>2:44:38.82</b>	14:58	1:50:45
243	1155	OLIVEIRA, Eugénio	Individual	M40M11	23	<b>2:46:09.12</b>	15:06	1:52:15
244	1156	ALMEIDA, Pedro	Individual	M40M11	24	<b>2:46:15.82</b>	15:07	1:52:22