

Classificação Geral - Trail 37km

Pos.	Dorsal	Nome	Equipa	Categ.	Pos. Categ	Tempo	T/Km.	Dif.
1	3011	TEIXEIRA, Armando	Salomon Suunto Portugal	M40M37	1	3:39:27.04	05:56	
2	3051	GIL, Luis	Multipower Gaia Trail	M40M37	2	3:43:42.96	06:03	0:04:16
3	3014	MOREIRA, Bruno	Amigos Do Pedal Trailagares	SENM37	1	3:44:33.56	06:04	0:05:07
4	3105	TEIXEIRA, Tiago	Edv-Viana Trail	SENM37	2	3:49:24.83	06:12	0:09:58
5	3086	VELOSO, Telmo	Corremos.Pt - A Tua Loja	M40M37	3	3:52:08.59	06:16	0:12:42
6	3062	FERREIRA, Paulo	Ctad - Trilhos De Cinfães	SENM37	3	3:55:04.60	06:21	0:15:38
7	3074	CRUZ, Rafael	Melres Trail Running Ordem Para Arriar	SENM37	4	3:56:18.56	06:23	0:16:52
8	3202	SANTOS, Rui	Uec	SENM37	5	4:06:26.73	06:40	0:27:00
9	3120	RAMOS, Carlos	Individual	SENM37	6	4:06:42.06	06:40	0:27:15
10	3071	ROCHA, Pedro	Gondomar Futsal Clube	SENM37	7	4:09:09.52	06:44	0:29:43
11	3224	PINTO, Pedro	Individual	SENM37	8	4:12:32.58	06:50	0:33:06
12	3153	FREITAS, Joaquim	Individual	M40M37	4	4:13:30.57	06:51	0:34:04
13	3150	SANTOS, Tiago	Team Duas Faces	SENM37	9	4:22:00.82	07:05	0:42:34
14	3128	SOUSA, Manuel	A. R. Luz E Vida Gondomarense	M50M37	1	4:22:12.15	07:05	0:42:45
15	3061	DOMINGUES, Paulo	Shots International Runners	SENM37	10	4:24:40.24	07:09	0:45:13
16	3040	MOREIRA, Jorge	Amigos Do Pedal Trailagares	M40M37	5	4:24:52.66	07:10	0:45:26
17	3027	NEVES, Fernando	Amigos Do Pedal Trailagares	M50M37	2	4:25:29.81	07:11	0:46:03
18	3012	MOREIRA, Belmiro	Oralklass - Amigos Do Trail	SENM37	11	4:27:59.61	07:15	0:48:33
19	3102	DIAS, Bruno	Individual	SENM37	12	4:30:05.56	07:18	0:50:39
20	3037	GONÇALVES, João	Ctm Vila Pouca De Aguiar	M50M37	3	4:31:01.01	07:19	0:51:34
21	3048	SOUSA, Lucinda	Gondomar Futsal Clube	M40F37	1	4:31:16.40	07:20	0:51:49
22	3035	MORAIS, Ivo	Individual	SENM37	13	4:31:20.18	07:20	0:51:53
23	3064	CONDE, Pedro	Corremos.Pt - A Tua Loja	M40M37	6	4:31:22.59	07:20	0:51:56
24	3220	SILVA, Humberto	Aztrail	SENM37	14	4:31:43.92	07:21	0:52:17
25	3149	FERREIRA, Marco	Team Duas Faces	SENM37	15	4:33:39.01	07:24	0:54:12
26	3095	PINTO, José	Team Rede Ambiente	SENM37	16	4:33:50.95	07:24	0:54:24
27	3154	FIGUEIREDO, José	Individual	SENM37	17	4:34:43.01	07:25	0:55:16
28	3043	FERREIRA, José	Melres Trail Running Ordem Para Arriar	M50M37	4	4:36:22.73	07:28	0:56:56
29	3046	SANTOS, Jose	Melres Trail Running Ordem Para Arriar	M40M37	7	4:37:58.11	07:31	0:58:31
30	3017	PEREIRA, Carlos	Melres Trail Running Ordem Para Arriar	M40M37	8	4:38:55.98	07:32	0:59:29
31	3156	RODRIGUES, Carlos	Individual	M40M37	9	4:40:13.34	07:34	1:00:46
32	3078	MOREIRA, Ricardo	Amigos Do Pedal Trailagares	SENM37	18	4:45:52.67	07:44	1:06:26
33	3084	SIMÕES, Susana	Corremos.Pt - A Tua Loja	M40F37	2	4:47:08.30	07:46	1:07:41
34	3176	SOUSA, David	Ciclo Cabanas	SENM37	19	4:47:10.42	07:46	1:07:43
35	3221	BRITES, Jorge	Aztrail	M40M37	10	4:47:23.92	07:46	1:07:57
36	3108	BARBOSA, Pedro	Not Run Alone	SENM37	20	4:47:56.47	07:47	1:08:29

37	3109	LOUREIRO, Maria	Associação Desportiva De Cabroelo	M40F37	3	4:48:10.92	07:47	1:08:44
38	3145	COELHO, Sergio	Gtt - Armazém Do Caffè	SENM37	21	4:49:24.02	07:49	1:09:57
39	3125	CANITO, Cesar	Gtt - Armazém Do Caffè	M40M37	11	4:49:24.46	07:49	1:09:57
40	3126	TEIXEIRA, Nuno	Edv-Viana Trail	SENM37	22	4:49:33.75	07:50	1:10:07
41	3146	JEMP, Moura	Individual	SENM37	23	4:49:38.59	07:50	1:10:12
42	3174	PINTO, Mário	Individual	SENM37	24	4:52:28.08	07:54	1:13:01
43	3115	FERREIRA, Nuno	Lopes Car	SENM37	25	4:52:45.26	07:55	1:13:18
44	3195	FONTES, Filipe	Clube Atletismo De Lamas	M40M37	12	4:54:08.86	07:57	1:14:42
45	3005	SOUSA, Ana	Budeguita Runners	SENF37	1	4:54:31.48	07:58	1:15:04
46	3170	SÁ, Luís	Individual	M40M37	13	4:56:24.58	08:01	1:16:58
47	3030	LIMA, Filipe	Grupo Desportivo Santander Totta	SENM37	26	4:57:16.90	08:02	1:17:50
48	3164	TELMO, Telmo	Individual	M40M37	14	4:57:49.92	08:03	1:18:23
49	3013	MACEDO, Bruno	Os Caga Tacos Running Team	SENM37	27	4:59:17.52	08:05	1:19:51
50	3205	SANTOS, Fernando	Núcleo De Montanha De Espinho	M40M37	15	4:59:18.80	08:05	1:19:52
51	3218	SOBRAL, Nuno	Team Duas Faces	SENM37	28	5:00:07.06	08:07	1:20:40
52	3223	PINTO, Paulo	Aztrail	SENM37	29	5:01:04.46	08:08	1:21:37
53	3058	MARQUES, Nelson	Multipower Gaia Trail	SENM37	30	5:02:38.17	08:11	1:23:11
54	3057	CUNHA, Micael	Multipower Gaia Trail	SENM37	31	5:02:39.62	08:11	1:23:13
55	3141	SOUSA, NéLson	Individual	SENM37	32	5:03:13.92	08:12	1:23:47
56	3206	MORAIS, António	Individual	M40M37	16	5:03:14.22	08:12	1:23:47
57	3096	SILVA, Carlos	Individual	M50M37	5	5:03:14.78	08:12	1:23:48
58	3123	TEMPORÃO, Fernando	Individual	SENM37	33	5:07:03.52	08:18	1:27:37
59	3045	RODRIGUES, José	Trocopasso Runners	M40M37	17	5:07:26.97	08:19	1:28:00
60	3111	MAGALHÃES, Carlos	Individual	SENM37	34	5:08:10.85	08:20	1:28:44
61	3211	COSTA, Tiago	Núcleo De Montanha De Espinho	SENM37	35	5:08:42.47	08:21	1:29:15
62	3052	LEÇA, Luís	Trocopasso Runners	M40M37	18	5:08:51.81	08:21	1:29:25
63	3000	CARVALHO, Abel	100Fôlego	SENM37	36	5:09:31.34	08:22	1:30:04
64	3069	NOGUEIRA, Pedro	Shots International Runners	SENM37	37	5:11:22.39	08:25	1:31:55
65	3093	ALVES, Rúben	Individual	SENM37	38	5:13:14.93	08:28	1:33:48
66	3076	DANTAS, Ricardo	Crocodilos	SENM37	39	5:14:53.67	08:31	1:35:27
67	3019	GOMES, Celestino	Melres Trail Running Ordem Para Arriar	SENM37	40	5:16:37.35	08:33	1:37:10
68	3152	TEIXEIRA, Hugo	Individual	SENM37	41	5:16:38.80	08:33	1:37:12
69	3122	SILVA, Hélio	Individual	M40M37	19	5:17:40.04	08:35	1:38:13
70	3137	PINTO, Jose	Individual	SENM37	42	5:17:44.82	08:35	1:38:18
71	3192	MARTINS, Estela	Individual	SENF37	2	5:19:07.39	08:37	1:39:40
72	3209	MARTINS, Olga	Individual	SENF37	3	5:19:08.86	08:38	1:39:42
73	3026	COSTA, Fernando	Pernetas	M40M37	20	5:19:09.07	08:38	1:39:42
74	3186	FONTINHA, Luís	Bilarunners	M50M37	6	5:22:33.13	08:43	1:43:06
75	3184	CARVALHAIS, Luís	Bilarunners	M50M37	7	5:22:35.29	08:43	1:43:08
76	3044	PECEGUEIRO, José	Melres Trail Running Ordem Para Arriar	SENM37	43	5:22:48.13	08:43	1:43:21
77	3200	RODRIGUES, Paulo	Individual	SENM37	44	5:26:16.99	08:49	1:46:50

78	3127	PEREIRA, Miguel	Individual	M40M37	21	5:26:24.38	08:49	1:46:57
79	3118	MARQUES, João	No Tomorrow Running Team	SENM37	45	5:26:37.30	08:50	1:47:10
80	3151	LAGOA, Paulo	Budeguita Runners	M40M37	22	5:27:34.19	08:51	1:48:07
81	3140	REITOR, Tiago	Beat Your Limit!	SENM37	46	5:27:35.01	08:51	1:48:08
82	3177	ALMEIDA, Rafael	Individual	SENM37	47	5:28:52.02	08:53	1:49:25
83	3129	CARVALHO, Filipe	Individual	SENM37	48	5:28:52.46	08:53	1:49:25
84	3047	RODRIGUES, Juliana	Pernetas	SENF37	4	5:28:53.46	08:53	1:49:26
85	3188	CARLOS, António	Individual	M50M37	8	5:29:10.61	08:54	1:49:44
86	3133	ABREU, Rui	Individual	M40M37	23	5:29:16.52	08:54	1:49:50
87	3208	MORAIS, Micael	Individual	SENM37	49	5:30:31.61	08:56	1:51:05
88	3165	SILVA, Helder	Papakms	M40M37	24	5:30:44.92	08:56	1:51:18
89	3006	VIEIRA, Ana	Amigos Do Pedal Trailagares	SENF37	5	5:31:16.81	08:57	1:51:50
90	3121	MALHEIRO, Abilio	Time To Run	M40M37	25	5:31:22.16	08:57	1:51:55
91	3094	SIMÕES, Leandro	Adega Tia Micas	SENM37	50	5:33:33.70	09:01	1:54:07
92	3049	ANDRADE, Luis	Melres Trail Running Ordem Para Arriar	M40M37	26	5:34:12.97	09:02	1:54:46
93	3002	TORRES, Agostinho	Pernetas	M40M37	27	5:34:39.13	09:03	1:55:12
94	3207	TEIXEIRA, Manuel	Individual	M40M37	28	5:34:48.60	09:03	1:55:22
95	3217	PEDRO SILVA, José	Município De Gondomar	M40M37	29	5:34:49.27	09:03	1:55:22
96	3075	CAMPOS, Raquel	Decathlon Matosinhos	SENF37	6	5:36:14.77	09:05	1:56:48
97	3132	BORGES, Jorge	Individual	SENM37	51	5:40:42.17	09:12	2:01:15
98	3131	SILVA, Hélder	Gtt - Armazém Do Caffè	SENM37	52	5:42:14.30	09:15	2:02:47
99	3139	FREITAS, Nuno	Individual	M40M37	30	5:43:34.50	09:17	2:04:08
100	3159	GOMES, Pedro	Individual	M40M37	31	5:47:44.21	09:24	2:08:17
101	3160	PINTO, Sergia	Individual	SENF37	7	5:47:44.63	09:24	2:08:18
102	3142	MARTINS, Joao	A.D. Sebolido Trail Boneca D'Ouro	SENM37	53	5:47:45.49	09:24	2:08:18
103	3106	OLIVEIRA, Miguel	A.D. Sebolido Trail Boneca D'Ouro	SENM37	54	5:47:47.05	09:24	2:08:20
104	3197	SILVA, Manuel	Individual	SENM37	55	5:48:53.37	09:26	2:09:26
105	3088	ALMEIDA, Tiago	Budeguita Runners	M40M37	32	5:49:10.96	09:26	2:09:44
106	3162	SILVA, Nelson	Individual	SENM37	56	5:49:51.02	09:27	2:10:24
107	3185	RAPOSO, Nuno	Núcleo De Montanha De Espinho	SENM37	57	5:51:47.85	09:30	2:12:21
108	3213	GRAÇA, João	Núcleo De Montanha De Espinho	SENM37	58	5:51:47.92	09:30	2:12:21
109	3201	SABROSO, Miguel	Individual	SENM37	59	5:52:14.13	09:31	2:12:47
110	3082	FERREIRA, Sergio	Ginásio Desafios	SENM37	60	5:52:45.57	09:32	2:13:19
111	3214	BARROS, César	Individual	SENM37	61	5:52:45.76	09:32	2:13:19
112	3124	BEZERRA, Humberto	Individual	SENM37	62	5:54:09.67	09:34	2:14:43
113	3216	SANTOS, Geraldo	Município De Gondomar	SENM37	63	5:55:16.01	09:36	2:15:49
114	3056	OLIVEIRA, Martinho	Caldas De São Jorge	M40M37	33	5:55:30.31	09:36	2:16:03
115	3038	PINTO, João	No Tomorrow Running Team	SENM37	64	5:58:14.71	09:41	2:18:48
116	3210	TAMAGNINI, Nuno	Núcleo De Montanha De Espinho	M40M37	34	5:59:21.73	09:43	2:19:55
117	3079	PEREIRA, Rui	Shots International Runners	SENM37	65	6:00:59.56	09:45	2:21:33
118	3077	HENRIQUES, Ricardo	Shots International Runners	SENM37	66	6:00:59.74	09:45	2:21:33

119	3101	OLIVEIRA, Luis	G D Santander Totta	M40M37	35	6:01:40.08	09:46	2:22:13
120	3110	SILVA, Raul	Individual	M40M37	36	6:01:58.99	09:47	2:22:32
121	3116	NAVEGA, Carlos	Sem Rota	M40M37	37	6:02:21.03	09:48	2:22:54
122	3085	BATEIRA, Tania	Portocargo	SENF37	8	6:04:43.31	09:51	2:25:16
123	3054	FARIA, Manuela	Portocargo	M40F37	4	6:04:44.72	09:51	2:25:18
124	3022	RAMALHÃO, Daniel	Portocargo	SENM37	67	6:04:46.00	09:52	2:25:19
125	3001	BASTOS, Jorge	Pernetas	SENM37	68	6:08:01.18	09:57	2:28:34
126	3158	CARDOSO, Carlos	Clube Atletismo De Lamas	M40M37	38	6:08:59.76	09:58	2:29:33
127	3196	GOMES, Américo	Clube Atletismo De Lamas	M40M37	39	6:09:01.03	09:58	2:29:34
128	3042	FERREIRA, José	Melres Trail Running Ordem Para Arriar	M40M37	40	6:09:20.94	09:59	2:29:54
129	3092	SARAIVA, Cristina	Individual	M50F37	1	6:09:23.22	09:59	2:29:56
130	3181	MARQUES, Nuno	Individual	SENM37	69	6:09:42.83	10:00	2:30:16
131	3104	CASTRO, Hélder	Individual	SENM37	70	6:11:15.53	10:02	2:31:49
132	3020	FREITAS, Cristina	Melres Trail Running Ordem Para Arriar	M40F37	5	6:11:49.01	10:03	2:32:22
133	3068	MATOS, Pedro	Gondomar Futsal Clube	SENM37	71	6:12:32.77	10:04	2:33:06
134	3081	PERA, Sandra	Gondomar Futsal Clube	SENF37	9	6:12:33.95	10:04	2:33:07
135	3193	CARVALHO, Rodolfo	Individual	SENM37	72	6:12:52.24	10:05	2:33:25
136	3024	MORAIS, Domingos	Multipower Gaia Trail	M40M37	41	6:13:32.58	10:06	2:34:06
137	3178	SAMPAIO, Manuel	Individual	M50M37	9	6:13:38.00	10:06	2:34:11
138	3073	VIDAL, Pedro	100Fôlego	M40M37	42	6:15:09.29	10:08	2:35:42
139	3203	SANTANA, Diogo	Individual	SENM37	73	6:17:42.94	10:13	2:38:16
140	3010	OLIVEIRA, António	Os Finos	M40M37	43	6:20:17.20	10:17	2:40:50
141	3212	MAGALHÃES, Mika	Núcleo De Montanha De Espinho	M40M37	44	6:20:35.39	10:17	2:41:08
142	3161	OLIVEIRA, Vasco	Individual	SENM37	74	6:23:30.36	10:22	2:44:03
143	3091	SOARES, José	Individual	SENM37	75	6:26:07.56	10:26	2:46:41
144	3187	PEREIRA, Alexandre	Individual	SENM37	76	6:26:20.85	10:27	2:46:54
145	3036	COUTO, João	Os Finos	M40M37	45	6:28:12.30	10:30	2:48:45
146	3103	RIBEIRO, Luis	Individual	M40M37	46	6:28:21.17	10:30	2:48:54
147	3130	RIBEIRO, Jorge	Individual	M40M37	47	6:28:21.69	10:30	2:48:55
148	3194	COELHO, José	Clube Atletismo De Lamas	SENM37	77	6:28:27.38	10:30	2:49:00
149	3155	FERNANDES, Rui	Individual	M40M37	48	6:30:33.03	10:33	2:51:06
150	3190	RAINHO, Eurico	Individual	SENM37	78	6:30:50.00	10:34	2:51:23
151	3136	OLIVEIRA, Pedro	Clube Galp Energia Norte	M40M37	49	6:30:54.61	10:34	2:51:28
152	3135	DIAS, Rui	Clube Galp Energia Norte	SENM37	79	6:30:54.97	10:34	2:51:28
153	3179	FERREIRA, Bruno	Individual	SENM37	80	6:35:26.29	10:41	2:55:59
154	3138	SÁ, Sílvio	Individual	SENM37	81	6:35:53.93	10:42	2:56:27
155	3018	VILAÇA, Carlos	100Fôlego	M40M37	50	6:37:19.54	10:44	2:57:53
156	3143	MENDES, José	Individual	M40M37	51	6:38:26.50	10:46	2:59:00
157	3198	NEVES, Ricardo	Individual	SENM37	82	6:45:29.19	10:58	3:06:02
158	3066	LOPES, Pedro	Os Caga Tacos Running Team	SENM37	83	6:48:42.49	11:03	3:09:15
159	3173	PINHO, Bruno	Individual	SENM37	84	6:53:27.37	11:10	3:14:00

160	3204	SOUSA, João	Individual	SENM37	85	6:53:29.03	11:11	3:14:02
161	3055	LOUREIRO, Maria	Budeguita Runners	M40F37	6	6:53:51.67	11:11	3:14:25
162	3007	AMORIM, André	Budeguita Runners	M40M37	52	6:53:51.77	11:11	3:14:25
163	3003	DIAS, Ana	Budeguita Runners	M40F37	7	6:53:51.86	11:11	3:14:25
164	3119	AIROSA, Rui	Budeguita Runners	SENM37	86	6:53:53.44	11:11	3:14:26
165	3090	SILVA, Vitor	Pernetas	SENM37	87	6:55:31.39	11:14	3:16:04
166	3083	CANHOLA, Susana	Pernetas	M40F37	8	6:55:31.92	11:14	3:16:05
167	3016	MAIA, Carlos	Os Finos	M40M37	53	6:55:39.62	11:14	3:16:13
168	3098	TEIXEIRA, Ricardo	All About	M40M37	54	6:57:08.00	11:16	3:17:41
169	3097	DOLORES, Ana	All About	SENF37	10	6:57:08.96	11:16	3:17:42
170	3182	MACEDO, João	Individual	M40M37	55	7:00:35.92	11:22	3:21:09
171	3215	PIRES, Rui	Individual	SENM37	88	7:04:43.81	11:29	3:25:17
172	3191	NOGUEIRA, Vera	Individual	SENF37	11	7:04:43.99	11:29	3:25:17
173	3166	SALGUEIRO, Tiago	Sawadee	SENM37	89	7:05:04.74	11:29	3:25:38
174	3167	SALGUEIRO, Pedro	Sawadee	SENM37	90	7:05:04.81	11:29	3:25:38
175	3189	MONTEIRO, Carla	Individual	SENF37	12	7:11:07.13	11:39	3:31:40
176	3171	PINHEIRO, António	Team Duas Faces	SENM37	91	7:13:52.91	11:44	3:34:26
177	3004	PAULA, Ana	Os Finos	M40F37	9	7:14:55.76	11:45	3:35:29
178	2378	ARAUJO, Isabel	Individual	M40F37	10	7:19:29.98	11:53	3:40:03
179	3100	SOARES, Mário	Lion Runners - G. D. Leões Da Guarda	M50M37	10	7:23:53.07	12:00	3:44:26
180	3099	RICARDO, Maria	Lion Runners - G. D. Leões Da Guarda	M50F37	2	7:23:53.14	12:00	3:44:26
181	3065	LEITE, Pedro	Ginásio Desafios	SENM37	92	7:57:15.08	12:54	4:17:48
182	3034	FERREIRA, Ivo	Ginásio Desafios	SENM37	93	7:57:15.19	12:54	4:17:48
183	3041	CARVALHO, Jose	Portocargo	SENM37	94	8:05:59.23	13:08	4:26:32
184	3113	FARDILHA, José	Individual	SENM37	95	8:06:09.56	13:08	4:26:43
185	3087	ALMEIDA, Tiago	Budeguita Runners	SENM37	96	8:18:36.07	13:29	4:39:09
186	3033	LIMA, Isabel	Budeguita Runners	SENF37	13	8:18:39.27	13:29	4:39:12
187	3080	OLIVEIRA, Sandra	Budeguita Runners	M40F37	11	8:19:00.00	13:29	4:39:33
188	3050	CAMPOS, Luis	Ginásio Desafios	SENM37	97	8:27:47.33	13:43	4:48:20
189	3025	CARVALHO, Fabio	Ginásio Desafios	SENM37	98	8:27:47.81	13:43	4:48:21