

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
1046	1	1	NELSON LOUREIRO		M	1:03:39.10	MGERAL
1270	2	2	RICARDO ESTEVES	ACADEMIA DESPORTIVA DE ARCOS DE VALDEVEZ	M	1:10:20.87	MGERAL
1047	3	3	HENRIQUE LOUREIRO		M	1:11:03.97	MGERAL
1016	4	4	CESAR GONCALVES	AMC TRAIL	M	1:16:35.11	MGERAL
1193	5	5	PAULO CERQUEIRA	AMC TRAIL	M	1:19:26.08	MGERAL
1204	6	6	RUI SILVA		M	1:22:03.65	MGERAL
1203	7	7	ANDRE SA		M	1:22:04.50	MGERAL
1059	8	8	ALVARO VALE	ADE TRAIL RUNNING	M	1:23:44.07	MGERAL
1048	9	9	CARLOS GRADISSIMO		M	1:24:41.83	MGERAL
1123	10	10	MARCO VIEIRA		M	1:24:57.72	MGERAL
1115	11	11	MIGUEL CRUZ		M	1:25:14.17	MGERAL
1214	12	12	JOAO COSTA	MATERIALIA MATERIAIS DE CONSTRUCAO S.A	M	1:28:58.56	MGERAL
1088	13	13	RUI CARVALHO	JC	M	1:29:49.53	MGERAL
607	14	1	SARA ARAUJO	B.T.M.	F	1:30:21.36	FGERAL
1199	15	14	ANTONIO FERREIRA	HORA DO LOBO TRAIL	M	1:31:45.74	MGERAL
1227	16	15	FERNANDO SOUSA		M	1:32:04.35	MGERAL
1148	17	16	PEDRO FERNANDES	TROGLODITAS RUNNERS	M	1:33:01.42	MGERAL
1111	18	17	FREDERICO MOREIRA		M	1:33:49.32	MGERAL
1057	19	18	PEDRO CASTILHO		M	1:35:23.60	MGERAL
1063	20	19	JOAO GOMES		M	1:35:58.87	MGERAL
1217	21	20	ARNALDO TORQUATO	TROGLODITAS RUNNERS	M	1:37:17.30	MGERAL
1187	22	21	FRANCISCO AZEVEDO	RC RUNNING	M	1:37:33.98	MGERAL
1144	23	2	ANDREIA COSTA	OS SONOS	F	1:38:25.88	FGERAL
1226	24	3	MARIA ARAUJO	TROGLODITAS RUNNERS	F	1:40:19.26	FGERAL
1080	25	22	SERGIO BRAS		M	1:40:48.89	MGERAL
1077	26	23	RICARDO NORONHA		M	1:40:49.06	MGERAL
1121	27	24	JOSE FERNANDEZ		M	1:40:50.14	MGERAL
1278	28	4	ANA PEREIRA	ADE TRAIL RUNNING	F	1:41:12.94	FGERAL
1184	29	25	DINIS FREITAS	RC RUNNING	M	1:41:13.19	MGERAL
1180	30	5	ADRIANA QUEIROS		F	1:41:14.08	FGERAL
1009	31	26	LUIS FREITAS	OLIMPICO VIANENSE	M	1:41:44.26	MGERAL
1060	32	6	JERUSA RIBEIRO	APULIA A CORRER	F	1:42:32.36	FGERAL
1189	33	27	TOMAS SOTOMAIOR	RC RUNNING	M	1:44:37.42	MGERAL
1164	34	7	ROSA ARAUJO	B.T.M.	F	1:44:50.37	FGERAL
1159	35	8	CLARA LOPES	B.T.M.	F	1:44:58.75	FGERAL
1124	36	9	SUSANA SILVA	ALEXANDRA CARVALHO TEAM	F	1:45:19.31	FGERAL
1079	37	28	VASCO FARIA		M	1:45:33.36	MGERAL
1070	38	29	TIAGO VIEIRA		M	1:45:33.59	MGERAL
1211	39	30	VITOR COUTO	MATERIALIA MATERIAIS DE CONSTRUCAO S.A	M	1:46:21.29	MGERAL
1241	40	31	JUSTINO CRUZ	AMIGOS DA CORRIDA	M	1:47:36.31	MGERAL
1216	41	32	JOAO TAVARES	ALMA DE PRIMEIRA	M	1:47:48.17	MGERAL
1238	42	10	MARTA RODRIGUEZ	NTANEVER TRAIL ALONE	F	1:48:04.54	FGERAL
1242	43	33	LEANDRO VEIGA	ASCD VILR	M	1:48:37.08	MGERAL
1104	44	34	RAFAEL CARVALHO	JC	M	1:48:41.64	MGERAL

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
1243	45	35	ALVARO TORRES		M	1:49:02.80	MGERAL
1256	46	36	SERGIO TORRES	LOBOS DE VIANA	M	1:49:03.17	MGERAL
649	47	11	MARGA RODRIGUEZ	PONTEPICOSTRAIL	F	1:49:08.24	FGERAL
1175	48	37	ISAIAS BOAS		M	1:49:08.31	MGERAL
1174	49	12	JULIANA BOAS		F	1:49:08.58	FGERAL
1058	50	38	NUNO LIMA		M	1:49:41.13	MGERAL
1290	51	39	PAULO CUNHA		M	1:50:21.75	MGERAL
1140	52	40	FERNANDO PEREIRA		M	1:50:22.18	MGERAL
1118	53	41	JULIO PEREIRA		M	1:51:42.04	MGERAL
1117	54	42	ANDRE PARENTE		M	1:51:42.19	MGERAL
1132	55	43	RAFAEL COSTA		M	1:52:39.47	MGERAL
1131	56	44	BRUNO LEITE		M	1:52:40.16	MGERAL
1279	57	13	IVONE TRIGO	PHOENIX EVORUN	F	1:53:44.58	FGERAL
1220	58	45	JOEL PEREIRA		M	1:53:45.08	MGERAL
1257	59	14	CELESTE SOUSA	TROGLODITAS RUNNERS	F	1:54:23.51	FGERAL
1167	60	46	RUI CRUZ		M	1:54:26.27	MGERAL
1044	61	47	GUILHERME CRUZ		M	1:54:26.85	MGERAL
1185	62	15	CONSTANCA BRITO	ARCA BARCELOS RUNNERS	F	1:54:39.52	FGERAL
1110	63	48	JOSE VIEIRA		M	1:58:09.03	MGERAL
1154	64	16	ALDA FERNANDES	B.T.M.	F	1:58:13.50	FGERAL
1172	65	17	ANGELA MARTINS	B.T.M.	F	1:58:13.70	FGERAL
1190	66	18	MARIA ALMEIDA	APULIA A CORRER	F	1:58:16.64	FGERAL
1141	67	19	ELENA GONZALEZ	LAMARGHAAUTOTODO	F	1:58:42.34	FGERAL
611	68	20	ANA FERREIRA	TEAM WORKOUT 48/CAM	F	1:59:10.10	FGERAL
1212	69	49	FILIPPE FERREIRA	MATERIALIA MATERIAIS DE CONSTRUCAO S.A	M	1:59:42.08	MGERAL
1160	70	50	ALEX MEIRA	B.T.M.	M	1:59:45.17	MGERAL
1042	71	51	HUGO BARREIROS	AMC TRAIL	M	2:00:58.49	MGERAL
1055	72	52	ABEL MARTINS		M	2:00:58.78	MGERAL
1139	73	53	DOMINGOS PARADELA	UAU	M	2:01:16.93	MGERAL
1143	74	21	SANDRA DANTAS	TROGLODITAS RUNNERS	F	2:01:20.44	FGERAL
1224	75	54	JOSE SILVA		M	2:03:08.25	MGERAL
1244	76	55	PEDRO CARVALHO	JC	M	2:03:48.68	MGERAL
524	77	56	MIGUEL NOVO	AMC TRAIL	M	2:04:09.86	MGERAL
1138	78	57	ROBERTO SILVA	OS SONOS	M	2:04:28.95	MGERAL
1165	79	22	SILVIA FERNANDES		F	2:06:44.82	FGERAL
1157	80	23	ROSA CORREIA	B.T.M.	F	2:07:36.72	FGERAL
1050	81	24	SOFIA SOUSA		F	2:08:17.61	FGERAL
1221	82	58	EDUARDO CASTRO		M	2:08:27.10	MGERAL
1031	83	25	MARGARETE COUTO	AFIFENSE TRAIL	F	2:08:57.08	FGERAL
1037	84	26	LILIANA ROCHA		F	2:09:02.19	FGERAL
1178	85	27	MANUELA SILVA		F	2:09:17.77	FGERAL
1073	86	28	CATARINA BRITO	OS SONOS	F	2:10:11.56	FGERAL
1013	87	59	ANTONIO MATOS	TRAIL TEAM MONTARIA	M	2:10:13.02	MGERAL
1099	88	60	SERGIO SEVERINO	SOME	M	2:10:15.96	MGERAL

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
1091	89	61	JORGE ARAUJO	MELARIA LIMIANA	M	2:10:41.17	MGERAL
1156	90	29	ANA SOUSA	B.T.M.	F	2:11:04.85	FGERAL
1018	91	30	NORBERTA GRILO		F	2:11:04.94	FGERAL
1163	92	31	PATRICIA REI	B.T.M.	F	2:11:05.11	FGERAL
1162	93	32	ROSA BORGES	B.T.M.	F	2:11:05.33	FGERAL
1258	94	62	RICARDO BRANCO	OS SONOS	M	2:11:19.08	MGERAL
1253	95	33	FILIPA VIEIRA	TRAIL TEAM MONTARIA	F	2:12:11.94	FGERAL
1017	96	34	ANA RAMIAO	TRAIL TEAM MONTARIA	F	2:12:18.78	FGERAL
1052	97	35	SARA VIEIRA	TRAIL TEAM MONTARIA	F	2:12:52.78	FGERAL
1280	98	36	SANDRA NETO	CORRER POR MONCAO	F	2:13:03.28	FGERAL
1223	99	63	BRUNO BRANCO		M	2:13:12.66	MGERAL
1113	100	64	TOMAS DUQUE	MELGACO ALVARINHO TRAIL TEAM	M	2:14:00.39	MGERAL
1261	101	65	MARTIM RODRIGUES	MELGACO ALVARINHO TRAIL TEAM	M	2:14:00.52	MGERAL
1054	102	66	DIOGO VIEIRA		M	2:14:21.94	MGERAL
1061	103	37	SOFIA CARVALHIDO	TRAIL TEAM MONTARIA	F	2:14:22.00	FGERAL
1049	104	67	ARTUR BOAS		M	2:14:28.95	MGERAL
1215	105	68	PAULO ARAUJO		M	2:15:41.97	MGERAL
1222	106	69	CARLOS CANCELO		M	2:15:43.81	MGERAL
1225	107	38	PAULA ARAUJO	TROGLODITAS RUNNERS	F	2:16:24.93	FGERAL
1254	108	39	SUSANA PEREIRA	DESNIVEL POSITIVO	F	2:16:25.17	FGERAL
1245	109	40	PATRICIA MARTINS	ACRA RUNNING	F	2:16:55.92	FGERAL
1102	110	41	ROSA OLIVEIRA		F	2:19:21.69	FGERAL
1103	111	42	SOFIA OLIVEIRA		F	2:19:22.00	FGERAL
1188	112	43	ISABEL GONCALVES	OLIMPICO VIANENSE	F	2:19:38.93	FGERAL
1202	113	70	EDGAR SOUSA	ALEXANDRA CARVALHO TEAM	M	2:19:39.13	MGERAL
1006	114	44	SILVIA GIESTAS		F	2:21:30.96	FGERAL
1066	115	45	MONICA SUAREZ		F	2:21:30.96	FGERAL
1036	116	46	ANA ORFAO		F	2:21:31.10	FGERAL
1068	117	71	JORGE NOVO		M	2:21:36.31	MGERAL
1273	118	47	ANA ROCHA		F	2:22:55.43	FGERAL
1208	119	72	LUIS PINTO		M	2:22:59.83	MGERAL
534	120	48	EDUARDA ARAUJO	VIANA GARCAS CLUBE	F	2:23:02.28	FGERAL
1236	121	73	VITOR MONTEIRO		M	2:23:04.63	MGERAL
1170	122	74	ARSENIO BATATA	PES DE CHUMBO RUNNERS	M	2:24:11.02	MGERAL
1171	123	49	ELISABETE RAMOS	PES DE CHUMBO RUNNERS	F	2:24:11.33	FGERAL
1289	124	75	ANDRE MATOS		M	2:24:16.64	MGERAL
1219	125	76	JOSE AFONSO	OLIMPICO VIANENSE	M	2:24:32.53	MGERAL
1201	126	50	DANIELA VALE		F	2:24:32.60	FGERAL
1014	127	77	ANTONIO BARROS	TRAIL TEAM MONTARIA	M	2:24:42.36	MGERAL
1015	128	51	FILIPA BARROS	TRAIL TEAM MONTARIA	F	2:24:43.08	FGERAL
1228	129	52	MANUELA PARENTE		F	2:26:40.07	FGERAL
1092	130	53	TERESA SILVA	MELARIA LIMIANA	F	2:27:05.17	FGERAL
1093	131	54	MARIA ARAUJO	MELARIA LIMIANA	F	2:27:06.87	FGERAL
1268	132	78	MANUEL VIEIRA		M	2:27:06.91	MGERAL

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
1056	133	55	ARLETE BORLIDO	TEAM WORKOUT 48/CAM	F	2:27:21.05	FGERAL
1069	134	56	CARLA MARTINEZ		F	2:27:21.06	FGERAL
1176	135	79	AUGUSTO GOMES		M	2:28:29.13	MGERAL
1218	136	57	ANABELA SOUSA		F	2:29:15.60	FGERAL
1239	137	58	DINA SANTOS		F	2:29:15.80	FGERAL
1210	138	80	JOSE AZEVEDO	MATERIALIA MATERIAIS DE CONSTRUCAO S.A	M	2:29:33.02	MGERAL
1152	139	59	MARIA GOMES		F	2:29:48.66	FGERAL
1116	140	60	PATRICIA CASTRO	TROGLODITAS RUNNERS	F	2:31:06.06	FGERAL
1284	141	61	SILVIA BARROS		F	2:31:08.45	FGERAL
1127	142	81	ANTONIO DUARTE		M	2:31:22.44	MGERAL
1129	143	62	AURORA VIEIRA	BALUGAES	F	2:31:22.46	FGERAL
1108	144	82	FRANCISCO OLIVEIRA	AFIFENSE TRAIL	M	2:32:55.93	MGERAL
1181	145	63	MANUELA CERQUEIRA	AFIFENSE TRAIL	F	2:32:56.05	FGERAL
1021	146	64	SANDRA GOMES		F	2:33:57.91	FGERAL
1022	147	83	MATEUS PEDRINHA		M	2:33:58.40	MGERAL
1053	148	84	JOAO LIMA		M	2:34:29.83	MGERAL
1078	149	65	LUISA MEIRA		F	2:34:29.84	FGERAL
1288	150	66	LARA MENDES		F	2:36:51.74	FGERAL
1282	151	67	CRISTINA SOUSA	TWICE FIT	F	2:36:51.79	FGERAL
1283	152	68	SONIA SALGUEIRO	TWICE FIT	F	2:36:52.81	FGERAL
1133	153	69	VERA BARROSO	UAU	F	2:36:54.69	FGERAL
1136	154	70	ANDREIA MARTINA	UAU	F	2:36:54.92	FGERAL
1134	155	71	CATARINA PARADELA	UAU	F	2:36:55.02	FGERAL
1126	156	72	MARTA GIGANTE		F	2:39:28.87	FGERAL
1240	157	85	PEDRO TEIXEIRA		M	2:39:52.57	MGERAL
1271	158	86	ANTONIO FERNANDES		M	2:39:52.67	MGERAL
1272	159	73	ISABEL DIAS	RIO TINTO	F	2:39:52.82	FGERAL
1075	160	74	JOANA COSTA		F	2:40:44.74	FGERAL
1085	161	75	AMELIA BRANCO		F	2:41:29.03	FGERAL
1038	162	76	FILOMENA BARROS	TRAIL TEAM MONTARIA	F	2:41:29.27	FGERAL
1039	163	77	CRISTINA FERREIRA	MONCAO	F	2:41:29.77	FGERAL
1200	164	78	HALYNA ZINCHUK	MONTARIA	F	2:41:29.97	FGERAL
1177	165	79	CEU FERREIRA		F	2:43:42.03	FGERAL
1168	166	87	VITOR CARVALHO		M	2:45:16.46	MGERAL
1150	167	80	PAULA POLICIANO		F	2:45:29.97	FGERAL
1120	168	81	SONIA CORREIA		F	2:45:33.13	FGERAL
1119	169	88	LUIS RIBEIRO		M	2:45:34.39	MGERAL
1135	170	89	RAFAEL PARADELA	UAU	M	2:46:05.57	MGERAL
1043	171	82	ANA ARAUJO		F	2:47:19.59	FGERAL
1233	172	90	NUNO PALHARES		M	2:47:50.07	MGERAL
1235	173	83	MANUELA GOMES		F	2:47:50.10	FGERAL
1234	174	91	JOAO ARAUJO		M	2:47:50.56	MGERAL
1045	175	84	ANA ARAUJO		F	2:48:24.54	FGERAL
1166	176	85	ISABEL VIEIRA	AFIFENSE TRAIL	F	2:49:58.66	FGERAL

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
1105	177	86	LURDES RAMOS	AFIFENSE TRAIL	F	2:49:58.86	FGERAL
1106	178	87	MARCIA MEIRA	AFIFENSE TRAIL	F	2:49:58.93	FGERAL
1033	179	88	SUSANA FERREIRA		F	2:50:32.04	FGERAL
1107	180	89	BRANCA MEIRA	AFIFENSE TRAIL	F	2:51:29.88	FGERAL
1192	181	90	MARIA ESTEVES		F	2:53:58.41	FGERAL
1275	182	92	JOSE LAMAS		M	2:53:58.86	MGERAL
1191	183	91	SONIA KOCAS		F	2:53:59.23	FGERAL
1285	184	93	LUIS BARROS		M	2:54:18.34	MGERAL
1074	185	92	CELIA IGLESIAS		F	2:54:54.65	FGERAL
1158	186	93	SUSANA REVES	B.T.M.	F	2:56:17.83	FGERAL
1161	187	94	CARLA TORRES	B.T.M.	F	2:56:18.37	FGERAL
1151	188	95	CIDALIA LOURENCO		F	2:56:26.31	FGERAL
1281	189	96	CELIA MAGALHAES	VILA PRAIA DE ANCORA	F	2:56:27.12	FGERAL
1114	190	94	DINIS DUQUE	MELGACO ALVARINHO TRAIL TEAM	M	2:56:50.20	MGERAL
1112	191	97	EMA GONCALVES	MELGACO ALVARINHO TRAIL TEAM	F	2:56:50.34	FGERAL
1264	192	95	ALBERTO GONCALVES		M	2:58:40.92	MGERAL
1286	193	96	LUIS BARROS		M	2:58:41.70	MGERAL
1276	194	98	LARA GASPAR		F	2:59:05.37	FGERAL
1277	195	97	PEDRO MIRANDA		M	2:59:05.84	MGERAL
1086	196	99	SANDRINA CASTRO		F	3:05:38.06	FGERAL
1087	197	100	TERESA FLORENCIO		F	3:05:38.12	FGERAL
1205	198	98	LUIS LOURO		M	3:05:58.44	MGERAL
1248	199	101	MARIA ANJO	AMOROSATEAM	F	3:06:47.54	FGERAL
1090	200	102	MAGDA SANTOS		F	3:07:26.42	FGERAL
1101	201	103	SONIA LUIS	MELGACO ALVARINHO TRAIL TEAM	F	3:07:28.69	FGERAL
1081	202	104	MARIA CUNHA	MELGACO ALVARINHO TRAIL TEAM	F	3:07:29.92	FGERAL
1263	203	105	CATARINA GONCALVES	MELGACO ALVARINHO TRAIL TEAM	F	3:07:29.99	FGERAL
1251	204	106	ZELIA FELGUEIRAS	AMOROSATEAM	F	3:07:40.24	FGERAL
1252	205	99	ARNALDO FELGUEIRAS	AMOROSATEAM	M	3:07:40.46	MGERAL
1005	206	100	BRUNO PARENTE		M	3:07:52.05	MGERAL
1142	207	101	BRUNO CAMPOS		M	3:07:52.27	MGERAL
1004	208	107	SOFIA PARENTE		F	3:07:52.53	FGERAL
1196	209	102	ADELINO CAIXEIRO		M	3:08:30.00	MGERAL
1262	210	103	PAULO RODRIGUES	MELGACO ALVARINHO TRAIL TEAM	M	3:11:31.93	MGERAL
1183	211	104	GIL AFONSO	TRAIL TEAM MONTARIA	M	3:12:24.90	MGERAL
1182	212	108	SILVANA SILVA	TRAIL TEAM MONTARIA	F	3:12:25.05	FGERAL
1186	213	109	CARLA SOUSA		F	3:12:26.80	FGERAL
1034	214	110	GEORGINA FERREIRA		F	3:12:27.57	FGERAL
1084	215	111	MARTA ROCHA		F	3:16:48.61	FGERAL
1145	216	105	RUI ROCHA		M	3:16:48.73	MGERAL
1287	217	112	SANDRA FERREIRA		F	3:19:59.32	FGERAL
1259	218	106	FERNANDO OLIVEIRA		M	3:19:59.34	MGERAL
1260	219	113	MARLENE PACHECO		F	3:19:59.46	FGERAL
1207	220	114	MARIA ESTEVES		F	3:25:10.30	FGERAL

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
1197	221	115	ANA CAIXEIRO		F	3:25:10.85	FGERAL
1065	222	116	MARIA GOMES		F	3:26:06.99	FGERAL
1064	223	117	SILVIA BARBOSA		F	3:26:07.34	FGERAL
1097	224	118	TANIA ROCHA		F	3:27:48.10	FGERAL
1098	225	119	SUSANA ROCHA		F	3:27:48.24	FGERAL
1194	226	120	MARIANA CAIXEIRO		F	3:40:39.23	FGERAL
1195	227	121	CAROLINA CAIXEIRO		F	3:40:40.59	FGERAL
1206	228	122	CAROLINA LOURO		F	3:40:42.42	FGERAL
1231	229	123	MARTA DOMINGUES		F	3:44:04.78	FGERAL
1247	230	124	ANABELA BARROS	AMOROSATEAM	F	3:45:56.19	FGERAL
1249	231	125	NAZARE REGO	AMOROSATEAM	F	3:45:56.32	FGERAL
1250	232	126	MARCIA FERNANDES	AMOROSATEAM	F	3:46:04.56	FGERAL
1246	233	127	FELICIDADE FARIA	AMOROSATEAM	F	3:46:07.70	FGERAL