

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
2004	1	1	FERNANDO PIMENTA	MINHO E LIMA TRAIL	M	26	01:19:17	05:17	MGERAL
2315	2	2	TIAGO SUBTIL	AFIFENSE TRAIL	M	36	01:21:28	05:26	MGERAL
2022	3	3	LUIS ALVES	EDV VIANA TRAIL	M	38	01:21:28	05:26	MGERAL
2342	4	4	JOSE MARTINS	TEAM WORKOUT 48	M	50	01:22:16	05:29	MGERAL
2345	5	5	ADRIANO MORAIS		M	23	01:25:23	05:42	MGERAL
2192	6	6	NUNO GOMES		M	34	01:25:56	05:44	MGERAL
2057	7	7	ABILIO ALMEIDA		M	43	01:26:12	05:45	MGERAL
2314	8	8	CARLOS COELHO	TRAIL ME	M	32	01:26:32	05:46	MGERAL
2344	9	9	VITOR CHAVES	A.D.CALCA FOLHAS	M	44	01:27:31	05:50	MGERAL
2336	10	10	SERGIO FERNANDES	INFANTES RUNNERS	M	34	01:28:10	05:52	MGERAL
2271	11	11	DAVID ALONSO		M	28	01:28:26	05:54	MGERAL
2335	12	12	ADRIANO TEIXEIRA	INFANTES RUNNERS	M	49	01:28:31	05:54	MGERAL
2226	13	13	SERGIO MARTINS	OLIMPICO VIANENSE TR	M	36	01:28:38	05:54	MGERAL
2214	14	14	ABRAHAM FERNANDEZ		M	30	01:28:38	05:54	MGERAL
2102	15	15	JOSE LEITAO	TERAPIAS ALEXANDRA C	M	48	01:30:56	06:04	MGERAL
2215	16	1	SARA RODRIGUEZ		F	29	01:30:58	06:04	FGERAL
2250	17	16	ROBERTO GRANA	LODEIROS ATHLETICS T	M	43	01:31:16	06:05	MGERAL
2188	18	17	RENATO MARTINS	CERVEIRA TEAM RUNNIN	M	37	01:32:14	06:09	MGERAL
2088	19	18	JOSE FERREIRA	TEAM WORKOUT 48	M	28	01:32:29	06:10	MGERAL
2072	20	19	DOMINGOS VALE	BARCELOS RUNNERS	M	42	01:32:29	06:10	MGERAL
2002	21	20	NUNO BARROS		M	35	01:32:44	06:11	MGERAL
2361	22	21	MARCO SILVA		M	35	01:33:58	06:16	MGERAL
2118	23	2	JOANA BARROS	TEAM WORKOUT 48	F	24	01:34:21	06:17	FGERAL
2119	24	22	LUIS COUTINHO	TEAM WORKOUT 48	M	26	01:34:22	06:17	MGERAL
2124	25	23	MARCO BOUCA	CERVEIRA TEAM RUNNIN	M	41	01:34:59	06:20	MGERAL
2369	26	24	FERNANDO		M	34	01:35:55	06:23	MGERAL
2001	27	25	RUI NUNES	VIANACYCLES	M	26	01:36:53	06:28	MGERAL
2185	28	26	BRUNO AMORIM	OLIMPICO VIANENSE TR	M	29	01:37:21	06:30	MGERAL
2184	29	27	LEONEL COUTO		M	29	01:37:21	06:30	MGERAL
2254	30	3	CARLA PEREIRA		F	35	01:38:08	06:33	FGERAL
2392	31	28	VICTOR MIRANDA	TERAPIAS ALEXANDRA C	M	55	01:38:08	06:33	MGERAL
2340	32	29	PAULINO GOMES	OS ESTRELOUCADOS	M	36	01:38:14	06:33	MGERAL
2244	33	30	GONCALO FREITAS	OLIMPICO VIANENSE TR	M	16	01:38:15	06:33	MGERAL
2168	34	31	LUIS CONDE	CERVEIRA TEAM RUNNIN	M	33	01:38:32	06:34	MGERAL
2297	35	32	NUNO FELGUEIRAS	TEAM WORKOUT 48	M	32	01:39:02	06:36	MGERAL
2033	36	33	ANDRE PIRES	EMERGENCY TEAM	M	27	01:39:34	06:38	MGERAL
2399	37	34	ANTONIO VIEIRA		M	32	01:39:52	06:40	MGERAL
2086	38	35	NUNO SILVA	BARCELOS RUNNERS	M	35	01:40:13	06:41	MGERAL
2420	39	36	DOMINGOS PEREIRA		M	26	01:40:18	06:41	MGERAL
2058	40	4	DIANA FERREIRA	BARCELOS RUNNERS	F	34	01:40:30	06:42	FGERAL
2357	41	37	PEDRO	OLIMPICO VIANENSE TR	M	42	01:40:38	06:43	MGERAL
2391	42	38	MARCO PINTO	ENCOSTAS CORNO DE BI	M	35	01:40:56	06:44	MGERAL
2230	43	39	GONCALO MACIEL	THE WOLVES / ACRVF	M	19	01:40:57	06:44	MGERAL
2317	44	40	JOSE LIMA		M	35	01:41:14	06:45	MGERAL
2120	45	41	BRUNO RODRIGUES	TEAM WORKOUT 48	M	32	01:41:25	06:46	MGERAL
2093	46	42	ILIDIO FONTE		M	44	01:41:38	06:46	MGERAL
2302	47	43	ANTONIO BORGES	OLIMPICO VIANENSE TR	M	41	01:41:55	06:48	MGERAL
2303	48	44	RICARDO NORONHA		M	36	01:42:18	06:49	MGERAL
2240	49	45	CARLOS PINHEIRO	CERVEIRA TEAM RUNNIN	M	42	01:42:26	06:50	MGERAL
2300	50	46	RUI FERNANDES	ADE TRAIL RUNNING	M	41	01:42:56	06:52	MGERAL
2089	51	47	HUGO COSTA		M	35	01:43:04	06:52	MGERAL
2180	52	48	LUIS PINTO		M	59	01:43:23	06:53	MGERAL
2076	53	49	PEDRO MEIXEDO		M	33	01:43:24	06:54	MGERAL
2023	54	5	JOANA SOUSA	MINHO E LIMA TRAIL	F	25	01:43:33	06:54	FGERAL
2341	55	50	HILARIO LEMOS		M	38	01:43:33	06:54	MGERAL
2003	56	51	RUI SOUSA		M	26	01:43:33	06:54	MGERAL
2239	57	52	ALEXANDRE SA	CERVEIRA TEAM RUNNIN	M	28	01:43:40	06:54	MGERAL
2056	58	53	VASCO PENELA		M	42	01:43:41	06:54	MGERAL
2289	59	54	ANDRE FELGUEIRAS		M	31	01:43:55	06:56	MGERAL
2060	60	55	HUGO PEREIRA		M	32	01:44:43	06:59	MGERAL
2326	61	6	RAQUEL ANDRADE		F	35	01:44:57	07:00	FGERAL
2349	62	56	BRUNO MOURA		M	34	01:44:57	07:00	MGERAL
2286	63	57	JOAO LEAO		M	46	01:44:58	07:00	MGERAL
2038	64	58	MANUEL VALE		M	41	01:45:07	07:01	MGERAL
2382	65	59	FRANCISCO BRANCO		M	33	01:45:45	07:03	MGERAL

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
2362	66	60	JOAO GOMES	CENTRO DE ATLETISMO	M	33	01:45:45	07:03	MGERAL
2356	67	61	TIAGO RICARDO		M	34	01:46:29	07:06	MGERAL
2034	68	62	SAMUEL SOUSA	EMERGENCY TEAM	M	38	01:47:11	07:09	MGERAL
2228	69	7	NATALIA MARTINS	OLIMPICO VIANENSE TR	F	35	01:47:41	07:11	FGERAL
2164	70	63	JOSE CERDEIRA	CERVEIRA TEAM RUNNIN	M	45	01:48:13	07:13	MGERAL
2179	71	64	RUI PACHECO	CERVEIRA TEAM RUNNIN	M	37	01:48:14	07:13	MGERAL
2312	72	65	BENI DOMINGUEZ		M	41	01:48:48	07:15	MGERAL
2209	73	8	CRISTINA RODRIGUES	TEAM WORKOUT 48	F	25	01:49:18	07:17	FGERAL
2070	74	66	PAULO ALMEIDA		M	49	01:49:31	07:18	MGERAL
2071	75	67	JONI ALMEIDA		M	25	01:49:31	07:18	MGERAL
2379	76	68	GILBERTO VIDEIRA		M	35	01:49:36	07:18	MGERAL
2219	77	69	RICARDO CUNHA	DBT	M	36	01:49:39	07:19	MGERAL
2353	78	70	PAULO RODRIGUES	TEAM WORKOUT 48	M	44	01:49:39	07:19	MGERAL
2097	79	71	JOSE AFONSO		M	49	01:49:40	07:19	MGERAL
2121	80	9	ANA ALMEIDA	CERVEIRA TEAM RUNNIN	F	30	01:49:52	07:19	FGERAL
2059	81	72	PAULO COSTA	BARCELOS RUNNERS	M	46	01:50:25	07:22	MGERAL
2417	82	73	BRUNO COSTA	CTAD TRILHOS DE CI	M	20	01:50:26	07:22	MGERAL
2256	83	74	ANTONIO FERNANDES		M	44	01:50:30	07:22	MGERAL
2270	84	75	RUI LAGO		M	40	01:51:19	07:25	MGERAL
2374	85	76	SERGIO VIEITAS	OS ESTRELOUCADOS	M	37	01:51:20	07:26	MGERAL
2301	86	77	JOSE SA		M	35	01:52:41	07:31	MGERAL
2193	87	10	DIANA FERNANDES		F	28	01:53:01	07:32	FGERAL
2311	88	11	SOFIA GOMEZ		F	36	01:53:07	07:32	FGERAL
1233	89	78	JOAO SILVA		M	42	01:53:07	07:32	MGERAL
2229	90	79	MIGUEL MARTINS		M	34	01:53:28	07:34	MGERAL
2052	91	12	ISABEL FERREIRA	BARCELOS RUNNERS	F	42	01:53:48	07:35	FGERAL
2225	92	13	DANIELA BARRETO	OLIMPICO VIANENSE TR	F	36	01:54:30	07:38	FGERAL
2039	93	80	BALTAZAR MATOS		M	47	01:54:34	07:38	MGERAL
2186	94	14	NOEMIA FERREIRA		F	36	01:54:35	07:39	FGERAL
2393	95	15	ADOSINDA MIRANDA	TERAPIAS ALEXANDRA C	F	54	01:54:37	07:39	FGERAL
2199	96	81	JORGE MARTINS	BTT OS GOTINHAS	M	24	01:54:37	07:39	MGERAL
2114	97	82	MANUEL PARENTE		M	45	01:54:56	07:40	MGERAL
2232	98	83	PATRIQUE LIMA	THE WOLVES / ACRVF	M	40	01:55:11	07:40	MGERAL
2231	99	84	JOAO MACIEL	THE WOLVES / ACRVF	M	21	01:55:14	07:41	MGERAL
2295	100	85	TIAGO GOMES		M	26	01:55:32	07:42	MGERAL
2053	101	86	MIGUEL LOUREIRO		M	30	01:55:32	07:42	MGERAL
2054	102	16	GRACA MARTINS	BARCELOS RUNNERS	F	40	01:56:25	07:45	FGERAL
2248	103	87	LUIS AMARO		M	33	01:56:44	07:47	MGERAL
2258	104	88	JOAQUIM ARAUJO	CERVEIRA TEAM RUNNIN	M	40	01:56:48	07:47	MGERAL
2103	105	17	ANA MARQUES		F	26	01:56:53	07:47	FGERAL
2194	106	89	RICARDO		M	36	01:56:54	07:47	MGERAL
2203	107	90	NUNO SANTOS		M	37	01:57:03	07:48	MGERAL
2227	108	91	PEDRO CASTILHO		M	34	01:57:07	07:49	MGERAL
2388	109	92	SERGIO COSTA	TERAPIAS ALEXANDRA C	M	38	01:58:01	07:52	MGERAL
2390	110	93	JOAO MENDES	TERAPIAS ALEXANDRA C	M	39	01:58:01	07:52	MGERAL
2405	111	94	JOAO ROCHA	TERAPIAS ALEXANDRA C	M	38	01:58:02	07:52	MGERAL
2190	112	18	CRISTINA CARVALHO		F	40	01:58:28	07:54	FGERAL
2191	113	95	BRUNO PENA		M	40	01:58:28	07:54	MGERAL
2134	114	96	MARIO PINHEIRO		M	46	01:58:29	07:54	MGERAL
2333	115	19	AMELIA PEREIRA		F	25	01:58:33	07:54	FGERAL
2087	116	20	JESSICA SANTOS	TEAM WORKOUT 48	F	25	01:58:50	07:55	FGERAL
2148	117	97	DAVID ANTUNES		M	38	01:59:17	07:57	MGERAL
2098	118	21	EVA	OLIMPICO VIANENSE TR	F	40	01:59:25	07:58	FGERAL
2355	119	98	J. SANTOS		M	43	01:59:25	07:58	MGERAL
2067	120	99	RICARDO MAGALHAES	PALMEIRA RUNNERS	M	39	01:59:31	07:58	MGERAL
2201	121	100	TIAGO PEREIRA		M	15	01:59:34	07:58	MGERAL
2025	122	101	ERIBERTO MATOS	TRAIL TEAM MONTARIA	M	41	02:00:06	08:00	MGERAL
2407	123	102		2407	M	0	02:00:25	08:02	MGERAL
2157	124	103	RUI ARAUJO	MELARIA LIMIANA	M	36	02:00:38	08:02	MGERAL
2073	125	104	NUNO BARRETO	TERAPIAS ALEXANDRA C	M	36	02:00:57	08:03	MGERAL
2313	126	22	MARIA FERNANDEZ		F	39	02:01:12	08:05	FGERAL
2398	127	23	YOVANNA	CAZAFANTASMAS	F	31	02:01:26	08:06	FGERAL
2396	128	105	NIEVES FERNANDEZ	NEVER TRAIL ALONE (N	M	43	02:01:52	08:07	MGERAL
2145	129	106	RAFAEL MOREIRA		M	26	02:02:24	08:10	MGERAL
2337	130	24	ANA ALPUIM		F	29	02:03:53	08:15	FGERAL

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
2200	131	107	JOEL PEREIRA		M	36	02:03:53	08:15	MGERAL
2294	132	108	JOSE LIRA		M	50	02:03:53	08:15	MGERAL
2092	133	109	LUIS COSTA		M	34	02:05:47	08:23	MGERAL
2090	134	110	LUIS CORREIA		M	32	02:05:47	08:23	MGERAL
2202	135	111	FABIANO OZORES	VIANA RUNNING	M	46	02:05:48	08:23	MGERAL
2268	136	25	SARA PATRICIO		F	41	02:05:48	08:23	FGERAL
2043	137	26	SANDRA MOURA	ARCA BARCELOS RUNNERS	F	41	02:07:46	08:31	FGERAL
2260	138	112	JOAO FREITAS		M	42	02:07:52	08:31	MGERAL
2241	139	27	SARA AZEVEDO	CERVEIRA TEAM RUNNIN	F	31	02:08:13	08:33	FGERAL
2346	140	113	TIAGO CAMPOS		M	18	02:08:25	08:34	MGERAL
2150	141	114	CRISTIANO ARAUJO		M	44	02:08:37	08:35	MGERAL
2047	142	28	MAGDA MAGALHAES		F	37	02:08:45	08:35	FGERAL
2048	143	115	JOSE CAGUANA		M	32	02:08:46	08:35	MGERAL
2404	144	116		2404	M	0	02:08:52	08:35	MGERAL
2081	145	117	ROBERTO FERREIRA		M	41	02:09:11	08:37	MGERAL
2249	146	118	JOSE PEREIRA	CERVEIRA TEAM RUNNIN	M	41	02:09:17	08:37	MGERAL
2158	147	29	SONIA SALGUEIRO	CERVEIRA TEAM RUNNIN	F	35	02:09:18	08:37	FGERAL
2080	148	119	NUNO PEREIRA		M	35	02:09:35	08:38	MGERAL
2334	149	30	ANGELA FERNANDES	INFANTES RUNNERS	F	30	02:09:38	08:38	FGERAL
2394	150	31	ALEXANDRA CARVALHO	TERAPIAS ALEXANDRA C	F	37	02:10:09	08:41	FGERAL
2062	151	32	SUSANA SILVA	PADELA NATURAL TEAM	F	30	02:10:17	08:41	FGERAL
2069	152	33	CARLA SILVA	PADELA NATURAL TEAM	F	35	02:10:17	08:41	FGERAL
2224	153	120	CARLOS CAMPAINHA	TEAM WORKOUT 48	M	23	02:11:06	08:44	MGERAL
2274	154	121	BRUNO RIBEIRO		M	19	02:11:24	08:46	MGERAL
2213	155	122	GABRIEL FREIRIA	CAZAFANTASMAS	M	28	02:11:40	08:47	MGERAL
2266	156	123	JOAO CUNHA	CERVEIRA TEAM RUNNIN	M	24	02:12:04	08:48	MGERAL
2321	157	124	JOAO DOMINGUES	ATC ASSOCIACAO TRIA	M	41	02:12:41	08:51	MGERAL
2308	158	125	RUI ARANTES		M	21	02:12:42	08:51	MGERAL
2159	159	34	ELISABETE PEREIRA	OLIMPICO VIANENSE TR	F	48	02:12:44	08:51	FGERAL
2243	160	35	MARINA	OLIMPICO VIANENSE TR	F	42	02:12:44	08:51	FGERAL
2160	161	126	JAIME PEREIRA	OLIMPICO VIANENSE TR	M	54	02:12:45	08:51	MGERAL
2242	162	127	MARCO	OLIMPICO VIANENSE TR	M	40	02:12:45	08:51	MGERAL
2272	163	128	EMANUEL GOMES	ALVATRILHOS	M	38	02:12:49	08:51	MGERAL
2096	164	36	MANUELA TAVARES		F	35	02:12:51	08:51	FGERAL
2293	165	129	ANDRE COSTA	A.D.CALCA FOLHAS	M	28	02:13:05	08:53	MGERAL
2320	166	130	GUSTAVO CACHO		M	37	02:13:20	08:53	MGERAL
2322	167	37	INES CACHO		F	34	02:13:22	08:53	FGERAL
2299	168	38	CONSTANCA NUNES	TERAPIAS ALEXANDRA C	F	18	02:13:31	08:54	FGERAL
2042	169	131	PAULO SAMPAIO		M	40	02:13:33	08:54	MGERAL
2350	170	132	FILIPPE RODRIGUES	ASSOCIACAO SOCIAL CU	M	34	02:13:33	08:54	MGERAL
2364	171	39	NOELIA GONZALEZ		F	26	02:14:08	08:56	FGERAL
2234	172	133	PAULO PENA		M	29	02:14:19	08:58	MGERAL
2416	173	134	DIONISIO GONZALEZ		M	29	02:14:46	08:59	MGERAL
2211	174	40	EVA DURAN	CAZAFANTASMAS	F	34	02:14:46	08:59	FGERAL
2389	175	41	CINTIA RODRIGUEZ	CAZAFANTASMAS	F	26	02:14:46	08:59	FGERAL
2257	176	42	HELENA SOUSA	OLIMPICO VIANENSE TR	F	37	02:14:50	08:59	FGERAL
2104	177	135	ANTONIO MACIEL	PADELA NATURAL TEAM	M	59	02:15:32	09:02	MGERAL
2403	178	136		2403	M	0	02:15:53	09:04	MGERAL
2366	179	137	CAMILO	+K@RREIROS	M	53	02:15:55	09:04	MGERAL
2365	180	43	MONICA	+K@RREIROS	F	42	02:15:56	09:04	FGERAL
2133	181	44	MARIA FIGUEIREDO	CERVEIRA TEAM RUNNIN	F	44	02:16:16	09:05	FGERAL
2074	182	45	SUSANA VIDAL	PALMEIRA RUNNERS	F	40	02:16:22	09:06	FGERAL
2152	183	46	SANDRA ARAUJO	CERVEIRA TEAM RUNNIN	F	37	02:16:25	09:06	FGERAL
2269	184	47	ANA SOUSA		F	41	02:16:27	09:06	FGERAL
2083	185	138	JAIME MACIEL	PADELA NATURAL TEAM	M	50	02:16:40	09:07	MGERAL
2304	186	48	ANDREA CAMPELO	EDV VIANA TRAIL	F	40	02:16:59	09:08	FGERAL
2064	187	139	PAULO CORDEIRO		M	36	02:16:59	09:08	MGERAL
2101	188	49	ISABEL LEITAO	TERAPIAS ALEXANDRA C	F	45	02:17:05	09:08	FGERAL
2310	189	140	PAULO COSTA		M	31	02:17:10	09:09	MGERAL
2094	190	141	BRUNO PORTO		M	35	02:17:25	09:09	MGERAL
2045	191	50	CLAUDIA OLIVEIRA		F	31	02:17:25	09:10	FGERAL
2205	192	51	RAQUEL ALMEIDA		F	38	02:17:39	09:11	FGERAL
2284	193	52	ANABELA MOREIRA	CPC TRAIL	F	36	02:18:20	09:13	FGERAL
2065	194	53	SUSANA FERREIRA		F	36	02:18:21	09:13	FGERAL
2044	195	54	MARISA AMORIM		F	29	02:18:43	09:15	FGERAL

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
2128	196	55	DEBORA SILVA		F	29	02:18:43	09:15	FGERAL
2151	197	56	LARA PIMENTEL		F	31	02:19:51	09:19	FGERAL
2419	198	142	ANTONIO BILBAO	ULTRAFONDO CANTABRIA	M	70	02:19:51	09:19	MGERAL
2283	199	57	SANDRA SANTOS		F	28	02:19:57	09:20	FGERAL
2182	200	58	MARIA GONCALVES	DIVERTIDAS.LOL	F	24	02:20:04	09:21	FGERAL
2343	201	59	ELISABETE FARIA	EDV VIANA TRAIL	F	31	02:20:04	09:21	FGERAL
2156	202	60	ELISABETE MAIA	DIVERTIDAS.LOL	F	47	02:20:04	09:21	FGERAL
2129	203	61	ANA RODRIGUES	TARTARUGAS DO CAVADO	F	27	02:20:11	09:21	FGERAL
2132	204	62	SOFIA VENADE	CERVEIRA TEAM RUNNIN	F	29	02:20:41	09:23	FGERAL
2165	205	63	SOFIA CORREIA		F	36	02:20:42	09:23	FGERAL
2178	206	143	FILIPPE COUTO		M	22	02:21:06	09:24	MGERAL
2183	207	64	JULIANA FERREIRA		F	30	02:21:19	09:25	FGERAL
2146	208	144	LEONARDO MENDES		M	13	02:21:20	09:25	MGERAL
2198	209	65	CHRYSTELLE AMORIM		F	27	02:21:21	09:25	FGERAL
2036	210	66	LURDES MOREIRA	AS BELAS E ELES	F	40	02:22:02	09:28	FGERAL
2181	211	67	MANUELA SILVA	BETWEEN	F	52	02:22:22	09:29	FGERAL
2169	212	68	GARETI PARENTE	BETWEEN	F	48	02:22:22	09:29	FGERAL
1221	213	145	DIOGO VALE		M	14	02:23:30	09:34	MGERAL
1220	214	146	CARLOS MAGNO		M	40	02:23:37	09:34	MGERAL
2116	215	147	FILIPPE SOUSA		M	39	02:23:47	09:35	MGERAL
1222	216	148	SERGIO FERREIRA		M	39	02:24:11	09:37	MGERAL
2371	217	69	MARIA MACEDO		F	41	02:24:22	09:37	FGERAL
2309	218	70	ANA PEREIRA	ADE TRAIL RUNNING	F	33	02:25:19	09:41	FGERAL
2397	219	71	CRISTINA GOMEZ	NEVER TRAIL ALONE (N	F	29	02:25:23	09:42	FGERAL
2131	220	72	SANDRA ZEFERINO		F	28	02:25:24	09:42	FGERAL
2162	221	73	EDUARDA MARTINS	TEAM WORKOUT 48	F	27	02:25:32	09:42	FGERAL
2329	222	74	CLAUDIA REGO		F	29	02:26:00	09:44	FGERAL
2063	223	75	ANA ROCHA	PADELA NATURAL TEAM	F	28	02:26:00	09:44	FGERAL
2330	224	76	CARLA SOUSA		F	35	02:26:01	09:44	FGERAL
2328	225	149	LUIS PASSOS		M	29	02:26:01	09:44	MGERAL
2327	226	77	NICOLE MACHADO		F	24	02:26:01	09:44	FGERAL
2138	227	150	RENATO SILVA		M	17	02:26:47	09:47	MGERAL
2323	228	78	MARIA PASSEIRA	PADELA NATURAL TEAM	F	43	02:26:55	09:48	FGERAL
2143	229	151	JOSE GRACA	INSANOS	M	64	02:26:57	09:48	MGERAL
2082	230	79	ISABEL GOMES	PADELA NATURAL TEAM	F	54	02:27:07	09:48	FGERAL
2370	231	152	JAIME MACEDO		M	46	02:27:27	09:50	MGERAL
2253	232	153	GONCALO PIRES		M	12	02:27:30	09:50	MGERAL
2233	233	80	ADELIA LOBO	OLIMPICO VIANENSE TR	F	47	02:27:49	09:51	FGERAL
2218	234	154	ANTONIO TIAGO	CERVEIRA TEAM RUNNIN	M	56	02:28:50	09:55	MGERAL
2255	235	81	ISABEL GONCALVES	OLIMPICO VIANENSE TR	F	46	02:28:53	09:55	FGERAL
2324	236	155	ANDRE COSTA	PADELA NATURAL TEAM	M	48	02:28:53	09:55	MGERAL
2247	237	156	ANDRE AFONSO	PADELA NATURAL TEAM	M	38	02:29:15	09:57	MGERAL
2246	238	82	MARIANA AFONSO	PADELA NATURAL TEAM	F	11	02:29:15	09:57	FGERAL
2384	239	83	IRENE MARTINEZ	CAZAFANTASMAS	F	36	02:29:32	09:58	FGERAL
2385	240	84	MARIA ESTEVEZ	CAZAFANTASMAS	F	33	02:29:32	09:58	FGERAL
2418	241	85	CARLA CALDAS		F	39	02:29:38	09:58	FGERAL
2331	242	157	JORGE NOVO		M	48	02:30:01	10:00	MGERAL
2154	243	86	ANDREIA COSTA	TARTARUGAS TRAIL	F	38	02:32:37	10:10	FGERAL
2175	244	87	SUSANA CRASTO	TARTARUGAS TRAIL	F	45	02:32:37	10:10	FGERAL
2347	245	158	JOSE SILVA		M	40	02:32:39	10:11	MGERAL
2348	246	159	ANDRE SILVA		M	12	02:32:39	10:11	MGERAL
2288	247	88	ANA VALE	AFIFENSE TRAIL	F	43	02:32:43	10:11	FGERAL
2287	248	160	ANTONIO BOGADO		M	40	02:32:43	10:11	MGERAL
2105	249	161	MARIO SOARES	TEAM LANTEMIL	M	57	02:33:01	10:12	MGERAL
2107	250	89	RAQUEL SAMPAIO	TEAM LANTEMIL	F	29	02:33:01	10:12	FGERAL
2109	251	90	ALEXANDRA CARNEIRO	TEAM LANTEMIL	F	46	02:33:01	10:12	FGERAL
2122	252	91	ANA SILVA	TEAM LANTEMIL	F	20	02:33:01	10:12	FGERAL
2332	253	162	MARIO BARBOSA	DARQUE BIKE TEAM	M	41	02:33:08	10:13	MGERAL
2292	254	92	SUSANA PEREIRA	A.D.CALCA FOLHAS	F	29	02:33:40	10:15	FGERAL
2216	255	93	CARLA TEIXEIRA		F	28	02:33:50	10:15	FGERAL
2050	256	94	ANA BARATA		F	36	02:34:47	10:19	FGERAL
2049	257	95	SARA BARATA		F	27	02:34:47	10:19	FGERAL
2378	258	96	DELFINA QUEIROS		F	44	02:36:54	10:28	FGERAL
2245	259	97	SONIA GRILO	PADELA NATURAL TEAM	F	38	02:36:54	10:28	FGERAL
2147	260	163	MANUEL MENDES		M	43	02:37:06	10:28	MGERAL

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
2367	261	98	DEOLINDA MONTEIRO		F	34	02:38:09	10:33	FGERAL
2306	262	99	MARTA ROCHA		F	25	02:38:14	10:33	FGERAL
2305	263	164	BRUNO FIGUEIREDO		M	27	02:38:14	10:33	MGERAL
2307	264	100	CLAUDIA FIUZA		F	32	02:38:43	10:35	FGERAL
2360	265	101	CRISTIANA SIMAO		F	37	02:39:23	10:38	FGERAL
2259	266	102	ANABELA CASTRO		F	44	02:40:39	10:43	FGERAL
2386	267	103	NEREA RODRIGUES		F	25	02:43:31	10:54	FGERAL
2252	268	104	JESSICA LAMEIRO	CAZAFANTASMAS	F	25	02:43:31	10:54	FGERAL
2373	269	105	SARA SOUSA		F	34	02:43:34	10:54	FGERAL
2372	270	165	OSCAR SOUSA		M	33	02:43:34	10:54	MGERAL
2136	271	166	PAULO FERNANDES	MELGACO ALVARINHO TR	M	47	02:43:58	10:56	MGERAL
2222	272	167	AMERICO FERREIRA	TEAM WORKOUT 48	M	55	02:45:01	11:00	MGERAL
2400	273	106	ELISABETE GACHINEIRO		F	26	02:45:44	11:03	FGERAL
2401	274	168	MANUEL PEREIRA		M	26	02:45:44	11:03	MGERAL
2235	275	107	ANGELA GRACA		F	48	02:47:03	11:08	FGERAL
2236	276	169	PAULO GRACA		M	51	02:47:03	11:08	MGERAL
2358	277	108	ROSA MARIA		F	39	02:52:06	11:29	FGERAL
2237	278	109	HELENA MATEUS		F	34	02:52:06	11:29	FGERAL
2155	279	110	ELISA PEREIRA		F	43	02:53:47	11:35	FGERAL
2282	280	111	MARIA PARENTE		F	46	02:54:32	11:38	FGERAL
2285	281	112	SUZANA LEO		F	45	02:54:32	11:38	FGERAL
2115	282	113	SANDRA PIRES		F	38	02:55:03	11:40	FGERAL
2223	283	114	MARIA LAMAS	TEAM WORKOUT 48	F	42	02:59:00	11:56	FGERAL
2197	284	115	ANABELA QUEIROS	TARTARUGAS TRAIL	F	44	02:59:32	11:58	FGERAL
2325	285	170	PAULO NVES	BETWEEN	M	53	02:59:59	12:00	MGERAL
2177	286	171	CARLOS LIMA		M	41	03:02:04	12:08	MGERAL
2172	287	116	LARA LIMA		F	30	03:02:17	12:09	FGERAL
2149	288	117	ELISABETE FERNANDES		F	37	03:03:01	12:12	FGERAL
2376	289	118	SUSANA RIBEIRO		F	24	03:03:06	12:13	FGERAL
2387	290	119	VANESA PEREIRA		F	27	03:03:07	12:13	FGERAL
2130	291	120	ANABELA LOURENCO		F	45	03:03:22	12:13	FGERAL
2206	292	121	SONIA CARVALHO		F	41	03:04:22	12:18	FGERAL
2377	293	172	JOSE BORLIDO		M	41	03:04:38	12:18	MGERAL
2375	294	122	MARIA LOPES		F	40	03:04:38	12:18	FGERAL
2319	295	123	SILVIA FREITAS	OLIMPICO VIANENSE TR	F	46	03:05:16	12:21	FGERAL
2174	296	173	JAIME ABREU		M	47	03:09:32	12:38	MGERAL
2402	297	124	FELIX CELESTE		F	47	03:09:46	12:39	FGERAL
2041	298	125	FELICIA ALMEIDA		F	38	03:12:32	12:50	FGERAL
2040	299	126	CLAUDIA AMARAL	GAIA RUNNING	F	36	03:12:32	12:50	FGERAL
2051	300	174	CARLOS ROCHA		M	43	03:14:05	12:56	MGERAL
2085	301	127	RAQUEL SILVA		F	36	03:14:06	12:56	FGERAL
2140	302	128	CONCEICAO SILVA		F	49	03:14:17	12:57	FGERAL
2139	303	129	TERESA SILVA		F	41	03:15:09	13:00	FGERAL
2028	304	130	ANA ARAUJO		F	38	03:16:46	13:07	FGERAL
2029	305	131	MARIA ARAUJO	OS CYCLONES	F	13	03:16:46	13:07	FGERAL
2208	306	132	ERMESINDA CARVALHO	AASM TRIATLO	F	49	03:17:33	13:10	FGERAL
2261	307	133	LURDES RAMOS	AFIFENSE TRAIL	F	40	03:17:39	13:10	FGERAL
2278	308	134	FERNANDA LOPES		F	45	03:17:39	13:10	FGERAL
2280	309	135	PATRICIA ANTUNES		F	40	03:17:43	13:11	FGERAL
2212	310	175	DAVID ALONSO	CAZAFANTASMAS	M	32	03:20:05	13:20	MGERAL
2363	311	176	ENRIQUE GONZALEZ	OS MOROSOS	M	43	03:20:05	13:20	MGERAL
2125	312	136	ANDREIA BOUCA	CERVEIRA TEAM RUNNIN	F	37	03:20:52	13:23	FGERAL
2217	313	137	FATIMA ARAUJO	CERVEIRA TEAM RUNNIN	F	59	03:20:52	13:23	FGERAL
2167	314	138	MARINA BARRETO		F	37	03:21:01	13:24	FGERAL
2171	315	139	MARIA BARREIROS		F	49	03:21:01	13:24	FGERAL
2176	316	140	ANABELA COSTA		F	40	03:21:02	13:24	FGERAL
2077	317	177	EURICO LIMA		M	63	03:21:48	13:27	MGERAL
2153	318	141	CONCEICAO FERREIRA	TARTARUGAS TRAIL	F	53	03:22:50	13:32	FGERAL
2161	319	142	HELENA PASSEIRA		F	33	03:23:41	13:35	FGERAL
2170	320	143	ROSA BARREIROS		F	44	03:25:14	13:41	FGERAL
2166	321	144	ANA NOBRE		F	50	03:25:14	13:41	FGERAL
2173	322	145	TERESA ABREU		F	44	03:25:17	13:41	FGERAL
2267	323	178	JOSE COELHO		M	36	03:28:26	13:54	MGERAL
2220	324	146	CARLA PEREIRA	PADELA NATURAL TEAM	F	37	03:29:07	13:56	FGERAL
2117	325	147	CRISTINA SOUSA		F	36	03:29:08	13:56	FGERAL

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
2290	326	179	RICARDO DIAS	INSANOS	M	36	03:31:25	14:06	MGERAL
2046	327	148	MARIA PEDRA		F	46	03:32:19	14:09	FGERAL
2351	328	149	CELESTE LIRIO		F	47	03:32:19	14:09	FGERAL
2031	329	150	ALEXANDRINA PASSOS		F	42	03:32:19	14:09	FGERAL
2380	330	151	FILOMENA BARROS		F	42	03:33:53	14:16	FGERAL
2066	331	152	ANA CASANOVA		F	42	03:33:54	14:16	FGERAL
2395	332	180	JOSE GONCALVES		M	38	03:33:54	14:16	MGERAL
2318	333	153	CARLA FREIXO		F	41	03:33:54	14:16	FGERAL
2142	334	181	JOSE CARNEIRO		M	65	03:33:55	14:16	MGERAL
2099	335	154	CARMEN SOUSA		F	43	03:34:59	14:20	FGERAL
2100	336	155	BENILDE PINTO		F	43	03:35:01	14:20	FGERAL
2354	337	182	BRUNO CARVALHO		M	36	03:41:00	14:44	MGERAL
2108	338	156	CONCEICAO MAIA	TEAM LANTEMIL	F	54	03:45:19	15:01	FGERAL
2123	339	157	ISABEL COUTO	TEAM LANTEMIL	F	33	03:45:19	15:01	FGERAL
2106	340	158	ISABEL ARAUJO	TEAM LANTEMIL	F	50	03:45:19	15:01	FGERAL
2112	341	159	BARBARA MAIA	TRINORTH	F	33	03:53:10	15:33	FGERAL
2061	342	160	HELENA		F	36	03:53:21	15:33	FGERAL
2275	343	183	PAULO ROCHA		M	45	03:55:51	15:43	MGERAL
2279	344	161	PAULA ROCHA		F	44	03:56:02	15:44	FGERAL
2137	345	162	MARISA FERREIRA		F	24	03:57:01	15:48	FGERAL
2084	346	163	VANIA LIMA		F	29	03:57:02	15:48	FGERAL
2095	347	164	SOFIA COSTA		F	25	03:57:02	15:48	FGERAL
2135	348	165	ANA SILVA		F	26	03:57:09	15:48	FGERAL
2091	349	166	MARLENE ARAUJO		F	27	03:57:10	15:49	FGERAL
2210	350	167	MA MARTINEZ		F	51	03:57:20	15:49	FGERAL
2251	351	168	MARIA ALONSO	TRINORTH	F	48	03:57:20	15:49	FGERAL