

Col	Num	Nome	Equipa	Sx	Cat	Tempo	Média	Cat.
1.	40	Délio Ferreira	Associação de Toledo	M	M40	02:27:55,943	04:56	1
2.	28	Miguel Delgado	G.D.M. Trail Team	M	M35	02:36:35,672	05:13	1
3.	98	Rodrigo Silva	Monsanto Running Team	M	Sen M	02:38:09,139	05:16	1
4.	58	Paulo Roque		M	M45	02:39:23,607	05:19	1
5.	99	João Pereira	Monsanto Running Team	M	M40	02:39:40,355	05:19	2
6.	68	Emanuel Simões	Run Crew Trail Montijo	M	M40	02:40:16,120	05:20	3
7.	33	Francisco Inacio	g.d.zambujeira e serra	M	Sen M	02:42:03,781	05:24	2
8.	73	Cláudio Nóbrega	Run Crew Trail Montijo	M	Sen M	02:42:31,873	05:25	3
9.	78	Carlos Taveira	Aminhacorrida/Myprotein	M	M45	02:47:36,475	05:35	2
10.	66	Marco Quedas	ACR Mealhada	M	Sen M	02:57:54,036	05:56	4
11.	15	Paulo Ferreira	Clube Desportivo Ribeirense	M	M35	03:01:12,740	06:02	2
12.	3	Gonçalo Carregueiro	Dolce Furadouro	M	Sen M	03:01:57,181	06:04	5
13.	94	Cristóvão Ginja	Trolls	M	M40	03:04:44,351	06:10	4
14.	23	Emanuel Silva	Run 4 Fun	M	M35	03:06:14,356	06:13	3
15.	77	Francisco Cachulo	20 km Almeirim - Desportos Montanha	M	M35	03:08:47,184	06:17	4
16.	53	Hugo Miguel	Trilho Perdido Eventos / Importlux	M	M40	03:09:04,889	06:18	5
17.	72	Paulo Barry	Run Crew Trail Montijo	M	M45	03:09:05,033	06:18	3
18.	29	Henrique Dias	Caracol Trail Team	M	Sub23 M	03:10:08,274	06:20	1
19.	60	António Morgado	Chitas de Alcobaça	M	M50	03:10:10,433	06:20	1
20.	89	Nelson Santos	Running Wild	M	M45	03:10:14,532	06:20	4
21.	34	Fábio Silva	ACBatalha	M	Sen M	03:12:33,637	06:25	6
22.	76	Vera Reis	Morcegos Trail	F	F40	03:14:36,524	06:29	1
23.	49	Ricardo Ferreira	Trilhos Per Ludum	M	M35	03:14:51,493	06:30	5
24.	48	Daniel Sousa	Morcegos Trail	M	M35	03:14:58,013	06:30	6
25.	12	Jaime Lamego	MultiRunners	M	M55	03:16:26,672	06:33	1
26.	52	Luis Silva	Trilho Perdido Eventos / Importlux	M	M45	03:17:45,025	06:35	5
27.	54	Lénia Silva	Trilho Perdido Eventos / Importlux	F	F40	03:19:23,374	06:39	2
28.	14	Rodolfo Deyllot	Clube Desportivo Ribeirense	M	M50	03:20:19,465	06:41	2
29.	27	Rui Pereira		M	M40	03:20:34,572	06:41	6
30.	11	Possidonio Graça	Granho Runners	M	M45	03:20:35,680	06:41	6
31.	38	Marisa Figueiredo	Associação de Toledo	F	F40	03:24:37,902	06:49	3
32.	43	Miguel Carmo	Casa Benfica Torres Vedras	M	M45	03:28:45,404	06:58	7
33.	9	Glória Serrazina	CRP - Ribafria	F	F60	03:30:26,133	07:01	1
34.	39	Luís Nobre	Associação de Toledo	M	M45	03:30:36,679	07:01	8
35.	93	Patrícia Rodrigues	Trolls	F	F35	03:32:05,995	07:04	1
36.	47	Rui Inácio	Dolce Furadouro	M	M35	03:34:54,775	07:10	7
37.	35	João Ribau	Artroses	M	Sen M	03:37:14,244	07:14	7
38.	82	Paulo José	REFISICA team	M	M35	03:37:18,107	07:14	8
39.	16	Eduardo Baptista	Peniche a correr	M	M40	03:37:18,958	07:14	7
40.	21	Paulo Paredes	Dolce Furadouro	M	M45	03:40:04,463	07:20	9
41.	5	Pedro Carvalho	Dolce Furadouro	M	Sen M	03:40:51,036	07:22	8
42.	6	João Frango	Caldas Corre +	M	M50	03:41:42,399	07:23	3
43.	18	Rita Teixeira		F	F35	03:42:56,071	07:26	2
44.	2	Claudio Franco	Dolce Furadouro	M	Sen M	03:42:58,847	07:26	9

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45.	45	Rui Vieitas	Familia Vieitas	M	M40	03:43:48,936	07:28	8
46.	61	Julio Ribeiro	SPEM	M	M45	03:44:31,514	07:29	10
47.	26	João Pereira	OK Running	M	M45	03:44:32,013	07:29	11
48.	57	Lina Mateus		F	F40	03:48:32,457	07:37	4
49.	37	Carlos Alegre	Associação de Toledo	M	M55	03:49:16,693	07:38	2
50.	95	Karina Moura	Caldas Corre +	F	F45	03:50:51,269	07:41	1
51.	7	Ricardo Cordeiro	Caldas Corre +	M	M45	03:53:31,535	07:47	12
52.	80	Nelson Dias	Dolce Furadouro	M	M35	03:55:23,054	07:51	9
53.	64	José Costa	Não fazemos nem mais um... Km	M	M55	03:57:02,953	07:54	3
54.	69	Sandra Rocha	Run Crew Trail Montijo	F	F45	03:57:06,705	07:54	2
55.	19	Luiz Reis	Clube atletismo Obidos	M	M55	03:57:07,030	07:54	4
56.	88	Rui Mateus	Não fazemos nem mais um... Km	M	M55	03:57:52,518	07:56	5
57.	20	Pedro Silva		M	M35	03:58:10,462	07:56	10
58.	81	Sara Pedro	RÓÓDINHAS-Santos Silva/OXYGEN Gym & Fitness	F	F50	03:59:06,168	07:58	1
59.	1	Humberto Borges	lesmas	M	M50	03:59:12,629	07:58	4
60.	4	João Paulo Félix	Trilho Perdido & Friends	M	M45	04:03:50,162	08:08	13
61.	96	Luis Moura	Caldas Corre +	M	M45	04:07:39,000	08:16	14
62.	75	Carlos Sousa	Trail Clube Futebol de Sassoeiros	M	M45	04:10:22,409	08:21	15
63.	74	João Sequeira	Trail Clube Futebol de Sassoeiros	M	M35	04:10:22,591	08:21	11
64.	65	Paulo Lopes	Alverca Urban Runners	M	M35	04:14:19,220	08:29	12
65.	42	Rodrigo Santos	Pimenta da Terra	M	Sen M	04:14:22,965	08:29	10
66.	79	Renato Castanheira	HORTAPRONTA	M	M40	04:14:51,623	08:29	9
67.	83	Duarte Jorge	REFISICA team	M	M40	04:17:26,449	08:35	10
68.	46	Marco Cachinho	Kaninos	M	M35	04:17:26,657	08:35	13
69.	298	Paulo Piaca		M	M35	04:19:05,024	08:38	14
70.	84	Silvia Engenheiro	REFISICA team	F	F35	04:19:05,139	08:38	3
71.	30	Rúben Lino		M	Sen M	04:19:22,009	08:39	11
72.	31	Bruno Jacquet		M	M35	04:19:24,476	08:39	15
73.	70	José Leitão	Run Crew Trail Montijo	M	M45	04:19:24,819	08:39	16
74.	85	Emanuel Antunes	REFISICA team	M	M40	04:22:18,561	08:44	11
75.	59	Paula Ventura	Rock & Roll	F	F45	04:24:26,685	08:49	3
76.	22	Nuno Afonso	Run24Run	M	M40	04:32:20,993	09:05	12
77.	86	Isabel Cardeal		F	F50	04:32:21,105	09:05	2
78.	13	Mario Silva	TURRES TRAIL	M	M55	04:32:22,130	09:05	6
79.	8	Sílvia Duarte	Caldas Corre +	F	F40	04:32:30,866	09:05	5
80.	87	Duarte Silva		M	M45	04:34:27,646	09:09	17
81.	44	Nuno Pereira		M	M45	04:39:06,389	09:18	18
82.	10	João Gaspar	Granho Runners	M	Sen M	04:41:23,321	09:23	12
83.	25	Artur Santos	Escola Superior de Desporto de Rio Maior	M	M40	04:45:05,366	09:30	13
84.	92	Filipe Lino		M	Sen M	04:45:08,408	09:30	13